

EAGLE ABDOMINAL CRUNCH

11090-01

Parts Manual

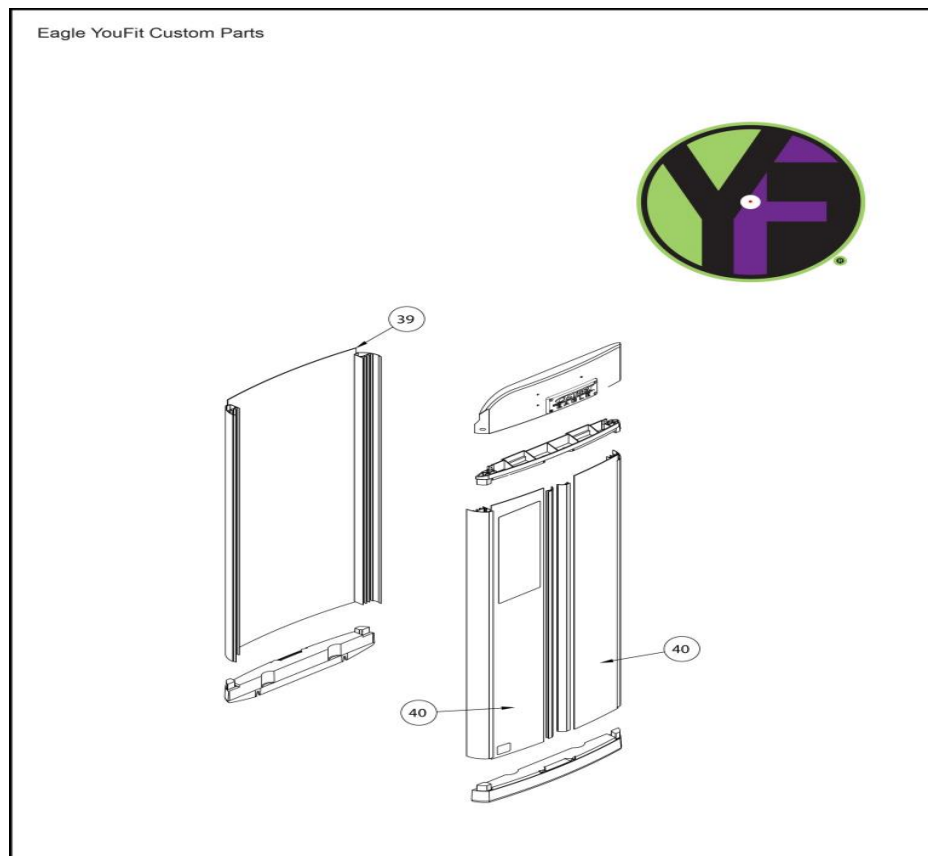
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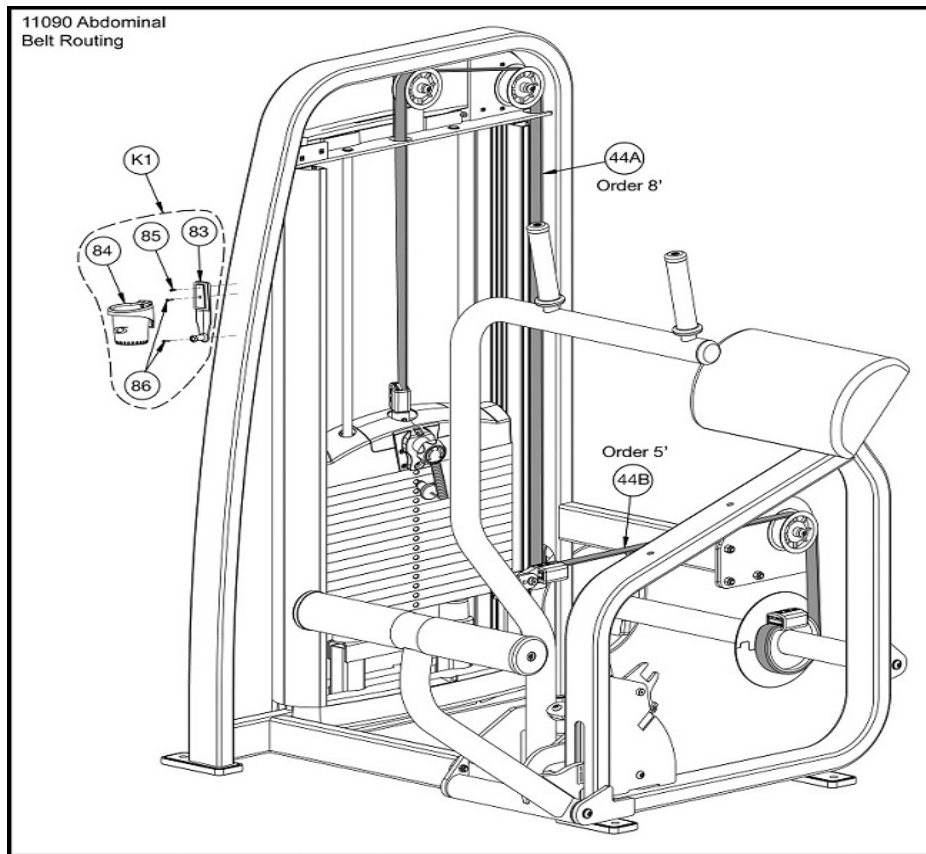
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Eagle YouFit Panel assembly



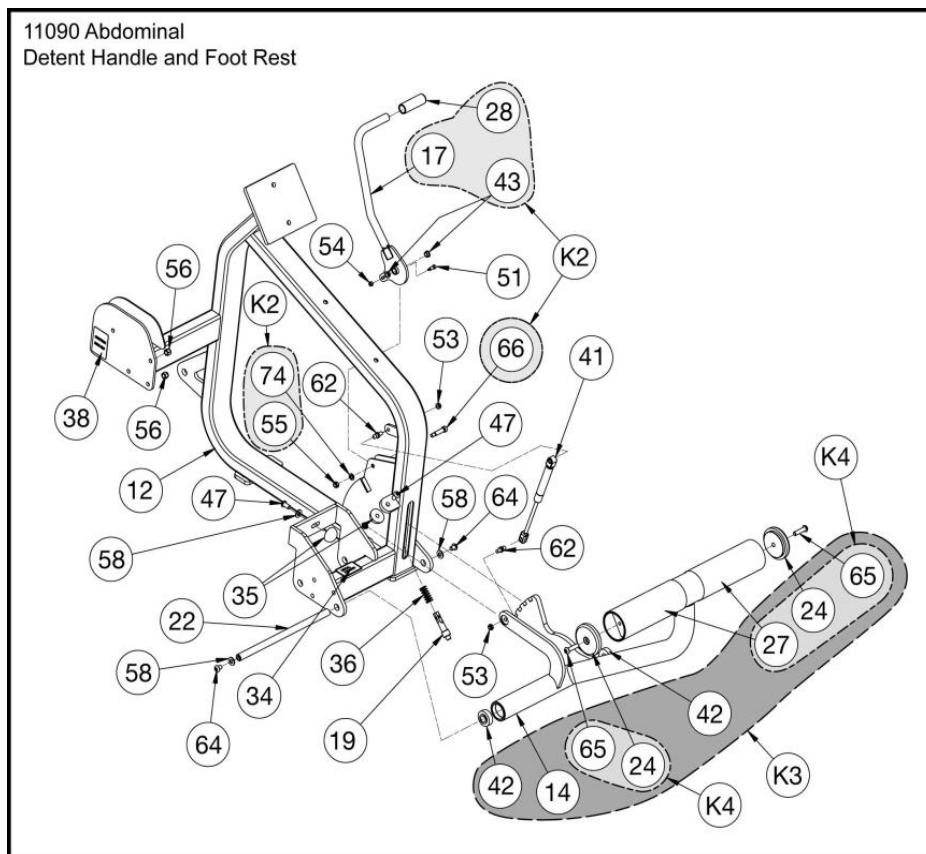
Ref #	Part Number	Qty	Description
39B	11040-760PY	1	PANEL, SHROUD BACK
39A	11040-760GY	1	PANEL, SHROUD BACK
40A	11040-762GY	1	PANEL, SHROUD FRONT
40B	11040-762PY	1	PANEL, SHROUD FRONT

11090 Belt Routing



Ref #	Part Number	Qty	Description
K1	11000K007	1	Kit Water Bottle Holder
44A, 44B	GB000202	1	BELT .95 WIDE
83	13000-401	1	Mount Water Bottle Holder
84	13000-400	1	Holder Water Bottle
85	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
86	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK

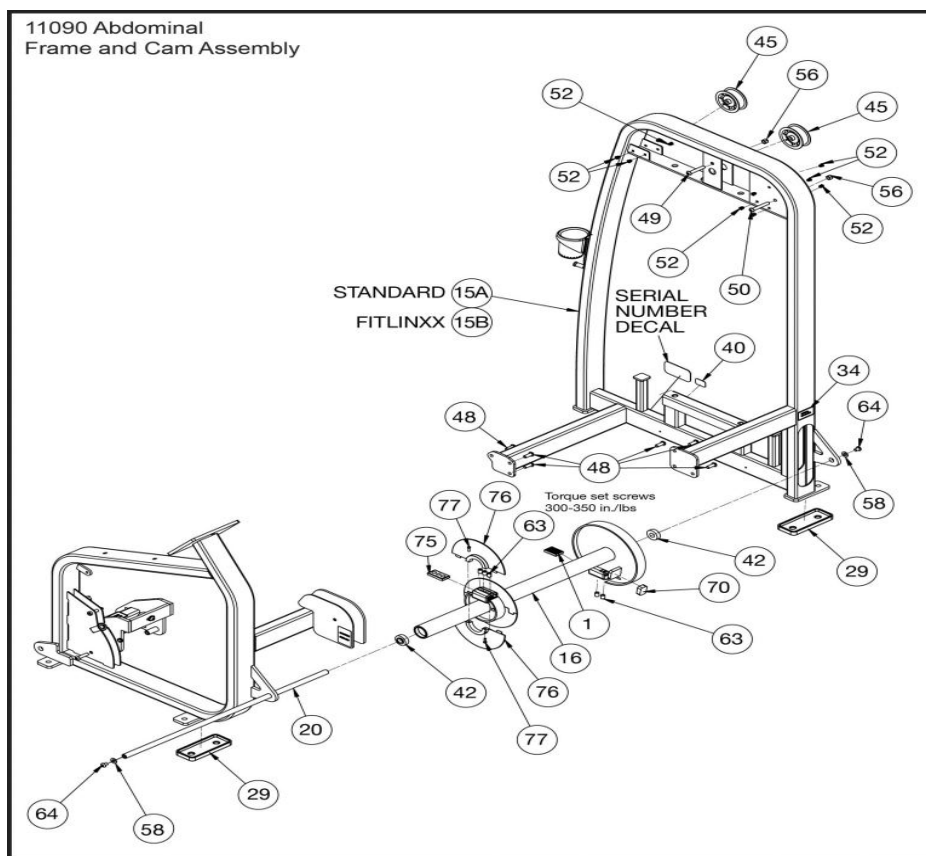
11090 Detent Handle and Foot Rest



Ref #	Part Number	Qty	Description
K2	11090K004	1	KIT HANDLE Custom
K3	11090K005	1	KIT ADJUSTING FOOT REST W/ DECAL Custom
K4	11090K007	1	KIT GRIP REPLACEMENT
12	11090-200	1	W FRAME Custom
14	11090-202	1	W FOOT REST Custom
17	20090-205	1	W/DETENT HANDLE Custom
19	11090-314	1	PIN DETENT
22	11090-369	1	SHAFT PIVOT
24	11090-398	2	END CAP
27	11090-400	2	GRIP 8.75
28	11090-385	1	GRIP
34	4000Y316	1	DECAL CAUTION
35	4505-331	2	BUMPER 1.50 DIA
36	4715-346	1	COM SPRING .72 X 1.50 LG
38	8500-026-4	1	DECAL CAUTION ENGLISH
41	EZ000005	1	GAS SPRING 500N
42	FB030232	2	BRG RADIAL 17MM ID EXT RACE
43	FB050211	3	BRG FLG .38 X .50 .25 LG
47	HC700415	2	BHSCS .375-16 X .75
51	HD303312	1	S BOLT .250 X .500 .190-10-24
53	HN-60065	1	NUT SELF-LOCKING 5-16-18 B-ZN
54	HN575100	3	LOCKNUT .190-NO 10-24

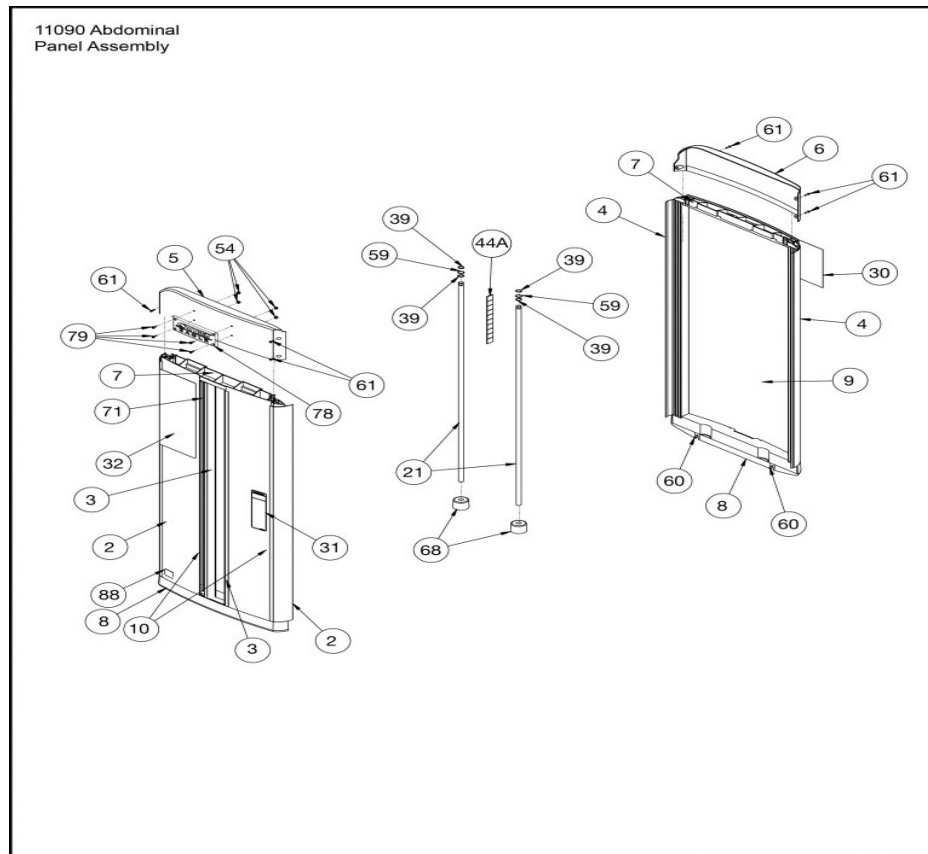
Ref #	Part Number	Qty	Description
55	HN664900	1	LOCKNUT .312-18 NYLON INSERT
56	HN704901	2	LOCKNUT .375-16 NYLON
58	HS347600	2	WASHER SAE .375
62	HX-60184	1	BALL,STUD,5/16 -18X10MM
64	JC700412	2	BHSCS .375-16 X .50
65	JC700422	2	BHSCS .375-16 X 1.50
66	JD343320	1	S BOLT .375 X 1.25 .312-18
74	HS760100	1	WASH FLAT .380 .625 .090 T

11090 Frame and Cam Assembly



Ref #	Part Number	Qty	Description
1	11040-301	1	INSERT CLAMP BLOCK
15B	11098-200	1	W WEIGHT FRAME Custom
15A	11090-204	1	W WEIGHT FRAME Custom
16	11090-206	1	W PULLEY SHAFT Custom
20	11090-342	1	SHAFT PIVOT
29	11090-392	2	COVER FOOT
34	4000Y316	1	DECAL CAUTION
40	CM000211	1	DECAL PATENT
42	FB030232	2	BRG RADIAL 17MM ID EXT RACE
45	GP000209	2	PULLEY ASSEMBLY-3.50
48	HC700417	4	BHSCS .375-16 X 1.00
49	HC700428	1	BHSCS .375-16 X 2.25
50	HC700430	2	BHSCS .375-16 X 2.50
52	HF540200	10	GROMMET NYLON
56	HN704901	2	LOCKNUT .375-16 NYLON
58	HS347600	2	WASHER SAE .375
63	HY740000	4	SET SCREW
64	JC700412	2	BHSCS .375-16 X .50
70	PU060201	1	BUMPER
75	11040-568	1	CLAMP BLOCK INSERT
76	11090-403	4	SHIELD CAM
77	HC572814	4	SHCS .190-10-24 X .625

11090 Panel Assembly



Ref #	Part Number	Qty	Description
2	11040-750	2	EXTRUDED INC WT CHANNEL
3	11040-754	2	EXTRUDED GUARD
4	11040-751	2	EXTRUDED INC WT CHANNEL
5	11040-770	1	COVER TOP
6	11040-768	1	COVER TOP
7	11040-776	2	CHASSIS
8	11040-777	2	TRAY BOTTOM
9	11040-760	1	PANEL SHROUD BACK
10	11040-762	2	PANEL SHROUD FRONT
21	11090-359	2	WT ROD .625 DIA X 44.00
30	3900-441	1	DECAL CYBEX VER BLACK
31	4605-381	1	DECAL WARNING
32	11090-610	1	Placard Eagle Abdominal
39	BR030214	4	RETAINING RING .625
44A	GB000202	1	BELT .95 WIDE
54	HN575100	2	LOCKNUT .190-NO 10-24
59	HS407100	2	WASH SPRG .650 .790 .062 T
60	HT102214	4	SCREW,10-24,HXHD WSHR PHIL,TYP 23
61	HT542514	18	TAP SC NO 8-32 X .625 A PHIL
68	PR060005	2	BUMPER WEIGHT
71	PR250203-NOT-USE D	2	NLA: FOAM STRIP .12 X .25

Ref #	Part Number	Qty	Description
78	11040-789	1	EAGLE PLAQUE
79	HT572512	4	TAP SC NO. 10 - 24 X .50 PN HD PHIL
88	11040-790	1	NLA: DECAL, MADE IN THE USA

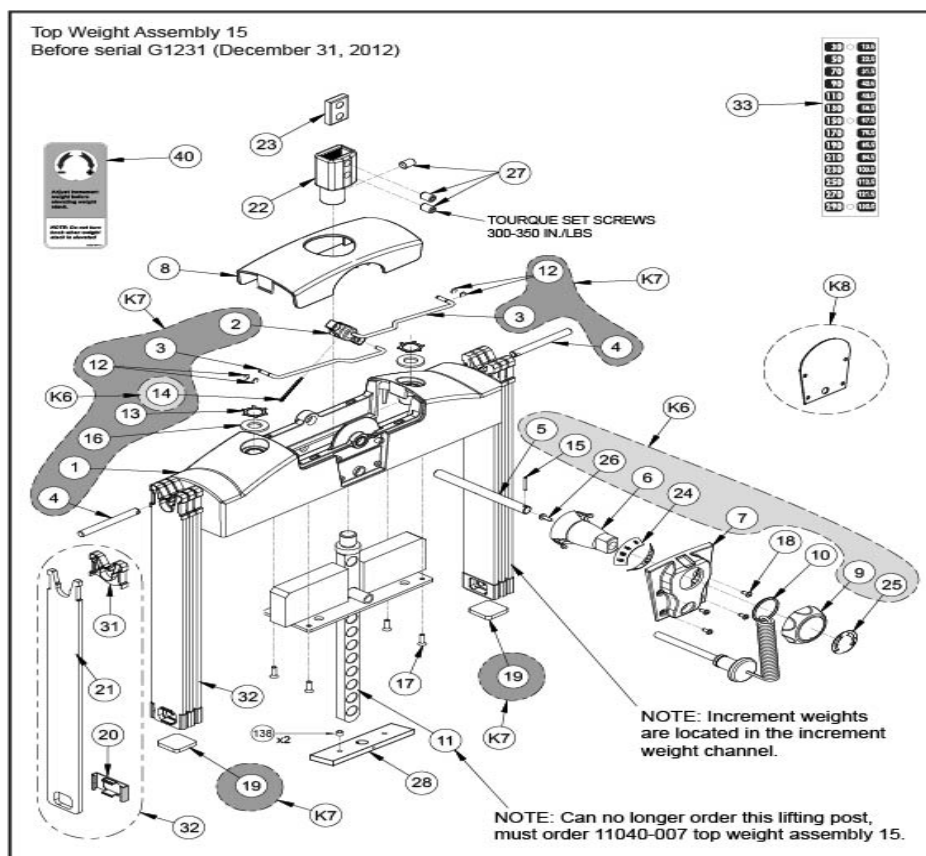
11090 Parts Not Shown

Other Parts Not Shown

Ref #	Part Number	Qty	Description
K7	11080K003	1	KIT ARM EXTENSION GUARD
K8	11000K010	1	Kit Hardware Eagle

Ref #	Part Number	Qty	Description
63	HY740000	4	SET SCREW
64	JC700412	2	BHSCS .375-16 X .50
65	JC700422	1	BHSCS .375-16 X 1.50
66	JD343320	1	S BOLT .375 X 1.25 .312-18
67	PP080226	1	INSERT PLASTIC 2.00 DIA-RIB
69	4605-520	2	GRAB GRIP 6.25
72	11090-387	1	DECAL ADJUSTMENT
73	JS347400	4	LOCKWASHER INT TOOTH .375
75	11040-568	1	CLAMP BLOCK INSERT
80	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom
81	4800-127	1	COVERED CUSHION SA CONTOUR 9 X 14 Custom
82	4800-130	1	WEAR COVER SA CONTOUR 9 X 14 Custom
89	HF449063	2	INSERT 3-4X1-4-20 CONNECTOR

15 TOP WEIGHT ASSEMBLY BEFORE G1231



Ref #	Part Number	Qty	Description
1	11040-366	1	TOP WEIGHT ASSEMBLY MOLDED
2	11040-367	1	HUB MOLDED
K3	11040K009	1	KIT INCREMENT WEIGHT KNOB
3	11040-369	2	ROD LINKAGE
K4	11040K010	1	Kit Top Weight Hardware
4	11040-370	2	PIN
5	11040-427	1	ROD
K5	11040K007	1	KIT NON-INCREMENTAL TOP WEIGHT
6	11040-426	1	STEM
7	11040-424	1	COVER PLATE
8	11040-416	1	COVER TOP WEIGHT
9	11040-425	1	KNOB
10	BH030207	1	PIN WEIGHT SELECTOR
11	4700-252	1	NLA: C LIFTING POST 20
12	BR030209	4	RETAINING RING .188
13	BR030220	1	RETAINING RING 1.250 INTERNAL
14	HP016820	1	COTTER PIN .125 X 1.25
15	HP266765	1	ROLL PIN .125 X .938
16	HS720004	1	WASHER FELT .641 ID X 1.250 OD X .125 T
17	HT562715	1	TAP SC NO 10 X .750 F PHIL
18	HT582510	1	TAP SC NO 10 X .375 PN HD PHIL
19	11040-409	2	BUMPER

Ref #	Part Number	Qty	Description
20	11040-572	1	GUARD INCREMENT WEIGHT
21,33	11040-030	2	INCREMENT WEIGHT S/A
22	11040-216	1	P BELT CLAMP
23	11040-301	1	INSERT CLAMP BLOCK
24	11040-428	1	DECAL ADJUSTMENT
25	20000-429	1	ROTATION DECAL
26	HT552512	1	TAP SC NO. 8-16 X .50 PLASTITE PAN HEAD PHILLIPS BLACK
27	HY740000	3	SET SCREW
28	4000C101	1	C STACK WT 4X18
29	4701-011	1	WT PAC 9 4 X 18 BLACK
30	4701-012	1	WT PAC 10 4 X 18 BLACK
31	14000-401	2	DECAL, WT PLATE TA
32	11040-578	1	GUARD, INCREMENT WEIGHT
34	12000-560	2	DECAL WT PLATE (30-290)
35	12000-561	4	DECAL WT PLATE (310-490)
40	11000-407	1	Decal Increment Weight

