

VR3 PULLDOWN

12020-01

Parts Manual

1/5/2019 2:15:56 AM

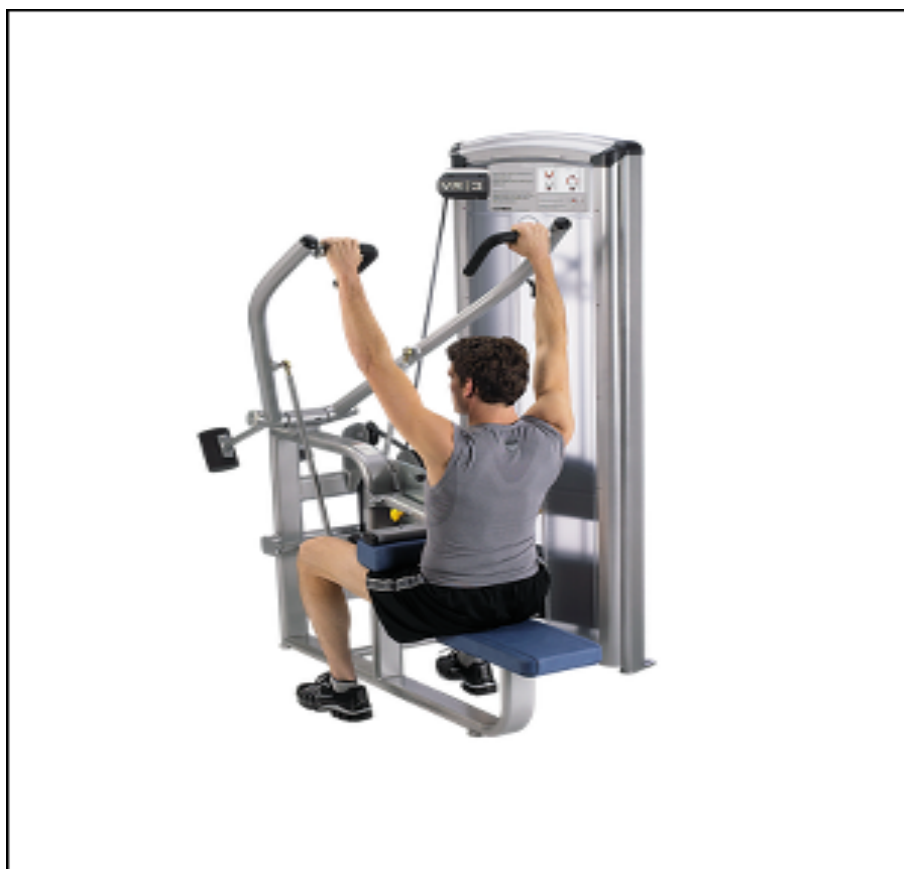
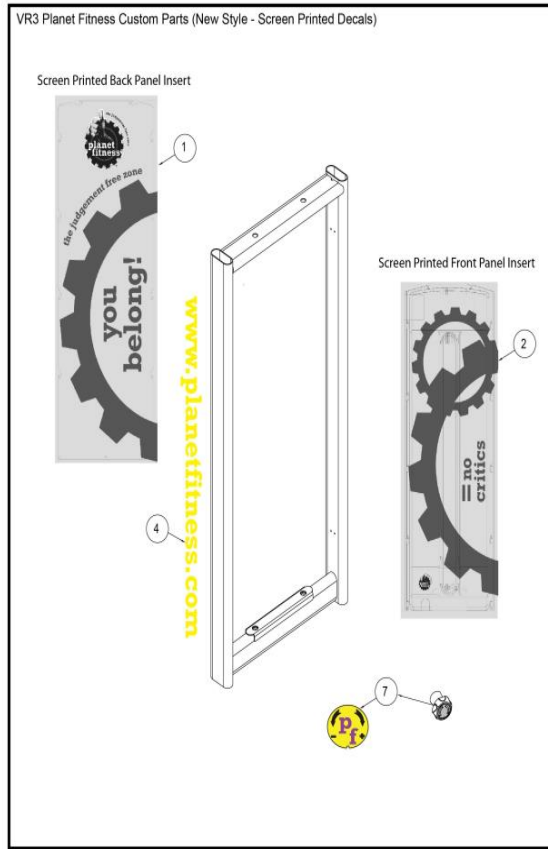


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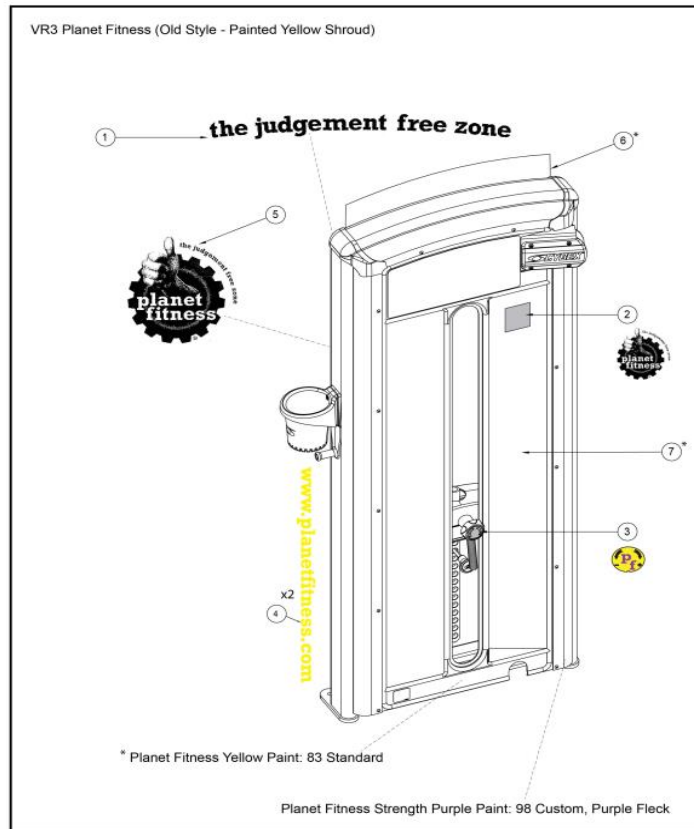
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VR3 Planet Fitness Custom (New Style)



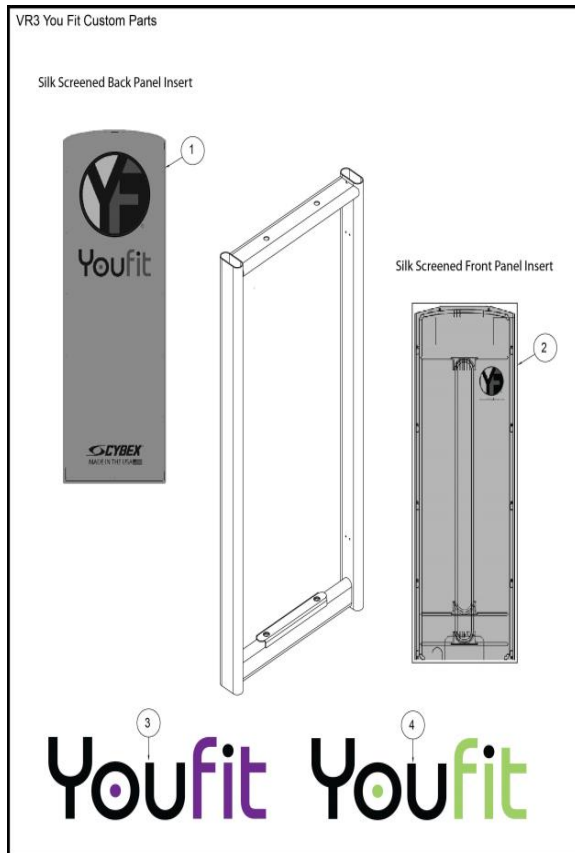
Ref #	Part Number	Qty	Description
1	12000-375P	1	BACK PANEL INSERT, PLANET FITNESS
2	12000-399P	1	Panel insert, Planet Fitness
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
7	DE-60231	1	DECAL ROTATION PLANET FITNESS

VR3 Planet Fitness Custom (Old Style) □



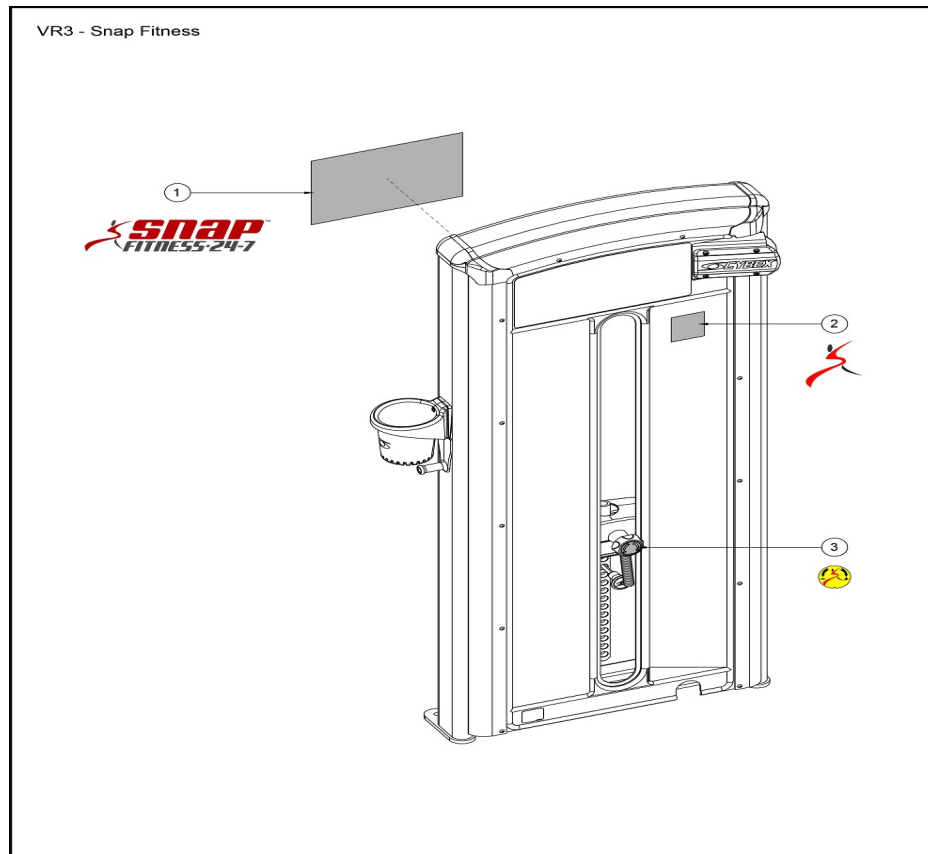
Ref #	Part Number	Qty	Description
1	DE-60232	1	DECAL JUDGEMENT FREE ZONE
2	DE-60233	1	DECAL THUMBS UP 3 INCH PLANET FITNESS
3	DE-60231	1	DECAL ROTATION PLANET FITNESS
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
5	DE-60235	1	DECAL THUMBS UP 13 INCH PLANET FITNESS
6	12000-375Y	1	BACK PANEL INSERT YELLOW
7	12000-399Y	1	PANEL INSERT YELLOW

VR3 You Fit Custom ☐



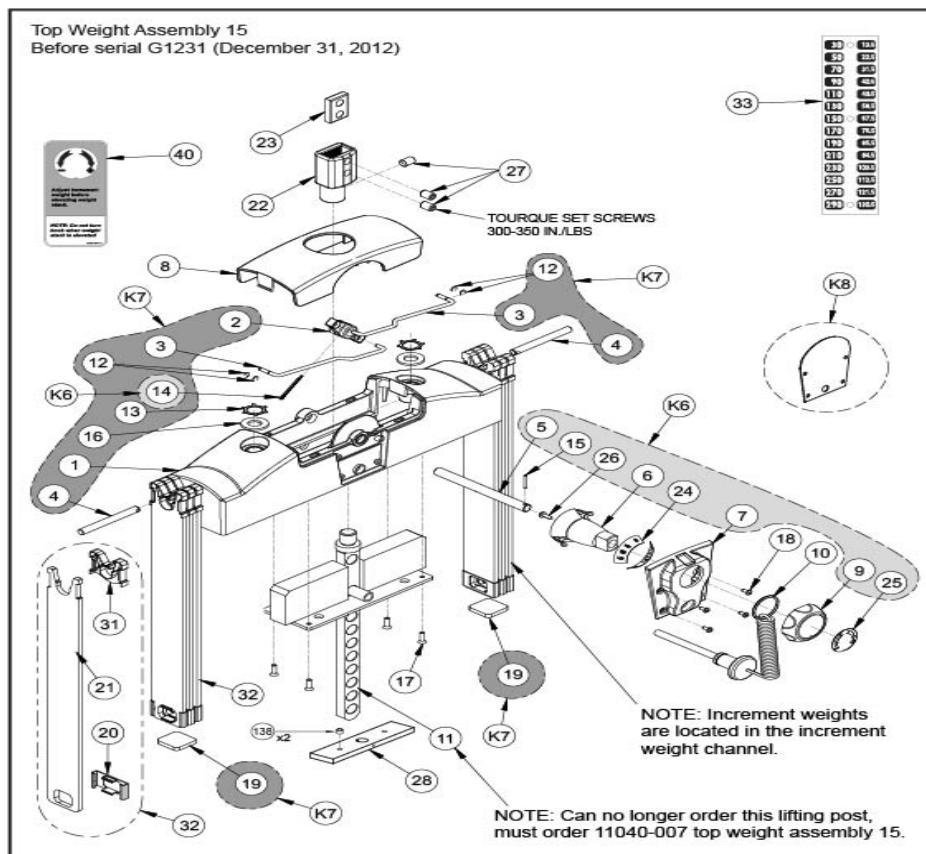
Ref #	Part Number	Qty	Description
1B	12000-375YG	1	BACK PANEL INSERT, YOUFIT GREEN
1C	12000-375PY	1	BACK PANEL INSERT, YOUFIT PURPLE
1A	12000-375GY	1	BACK PANEL INSERT, YOUFIT GREEN
1D	12000-375YP	1	BACK PANEL INSERT, YOUFIT PURPLE
2A	12000-399GY	1	PANEL INSERT, YOUFIT GREEN
2B	12000-399YP	1	PANEL INSERT, YOUFIT PURPLE
3	DE-60274	1	DECAL, YOUFIT PURPLE
4	DE-60275	1	DECAL, YOUFIT GREEN

VR3 - Snap Fitness



Ref #	Part Number	Qty	Description
1	12000-422	1	Decal Snap Fitness Logo 13.00
2	12000-423	1	DECAL SNAP FITNESS RUNNING MAN 3.00
3	12000-424	1	Decal Snap Fitness Rotation

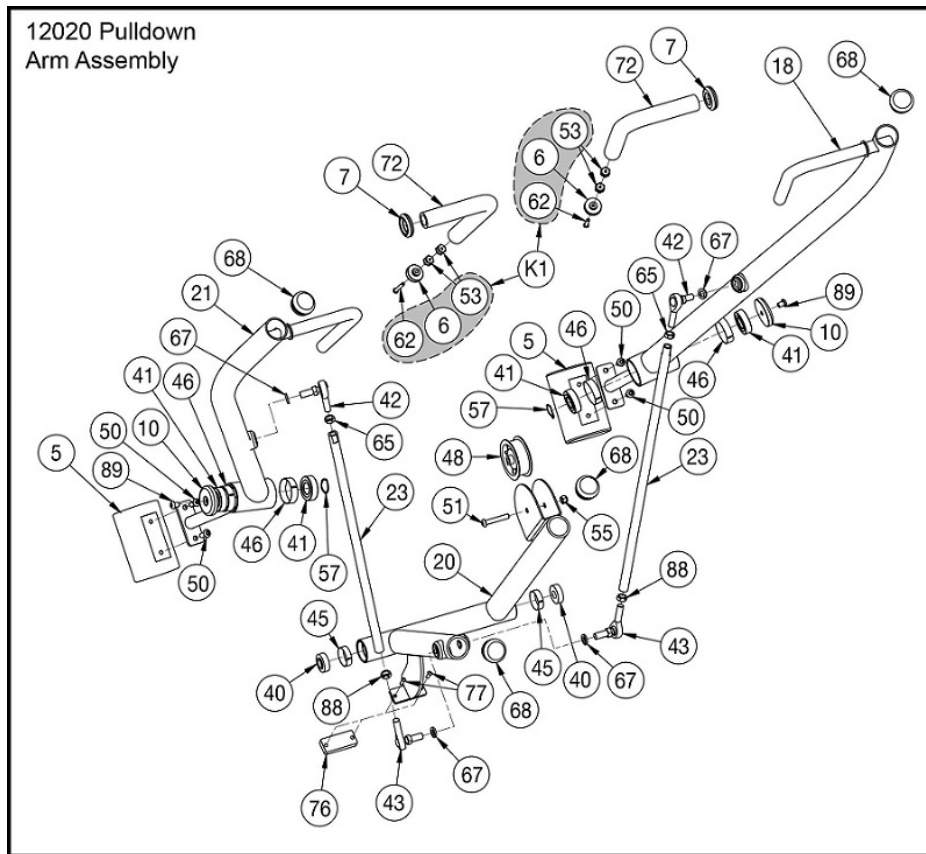
VR3 - 15 Top Weight Assembly Before G1231



Ref #	Part Number	Qty	Description
1	11040-366	1	TOP WEIGHT ASSEMBLY MOLDED
2	11040-367	1	HUB MOLDED
3	11040-369	2	ROD LINKAGE
4	11040-370	2	PIN
5	11040-427	1	ROD
K6	11040K009	2	KIT INCREMENT WEIGHT KNOB
6	11040-426	1	STEM
K7	11040K010	3	Kit Top Weight Hardware
7	11040-424	1	COVER PLATE
K8	11040K007	1	KIT NON-INCREMENTAL TOP WEIGHT
8	11040-416	1	COVER TOP WEIGHT
9	11040-425	1	KNOB
10	BH030207	2	PIN WEIGHT SELECTOR
11	4700-251	1	NLA: C LIFTING POST 15
12	BR030209	4	RETAINING RING .188
13	BR030220	1	RETAINING RING 1.250 INTERNAL
14	HP016820	1	COTTER PIN .125 X 1.25
15	HP266765	1	ROLL PIN .125 X .938
16	HS720004	1	WASHER FELT .641 ID X 1.250 OD X .125 T
17	HT562715	1	TAP SC NO 10 X .750 F PHIL
18	HT582510	2	TAP SC NO 10 X .375 PN HD PHIL
19	11040-409	2	BUMPER

Ref #	Part Number	Qty	Description
20	11040-572	1	GUARD INCREMENT WEIGHT
21,32	11040-030	3	INCREMENT WEIGHT S/A
22	11040-216	1	P BELT CLAMP
23	11040-301	1	INSERT CLAMP BLOCK
24	11040-428	1	DECAL ADJUSTMENT
25	20000-429	1	ROTATION DECAL
26	HT552512	1	TAP SC NO. 8-16 X .50 PLASTITE PAN HEAD PHILLIPS BLACK
27	HY740000	2	SET SCREW
28	4000C101	1	C STACK WT 4X18
29	12050-007	1	WT PAC 11 4X18 BLACK
30	4701-013	1	WT PAC 14 4 X 18 BLACK
31	11040-578	1	GUARD, INCREMENT WEIGHT
33	12000-560	1	DECAL WT PLATE (30-290)
40	11000-407	1	Decal Increment Weight
138	FB130216	1	Bushing Weight Stack

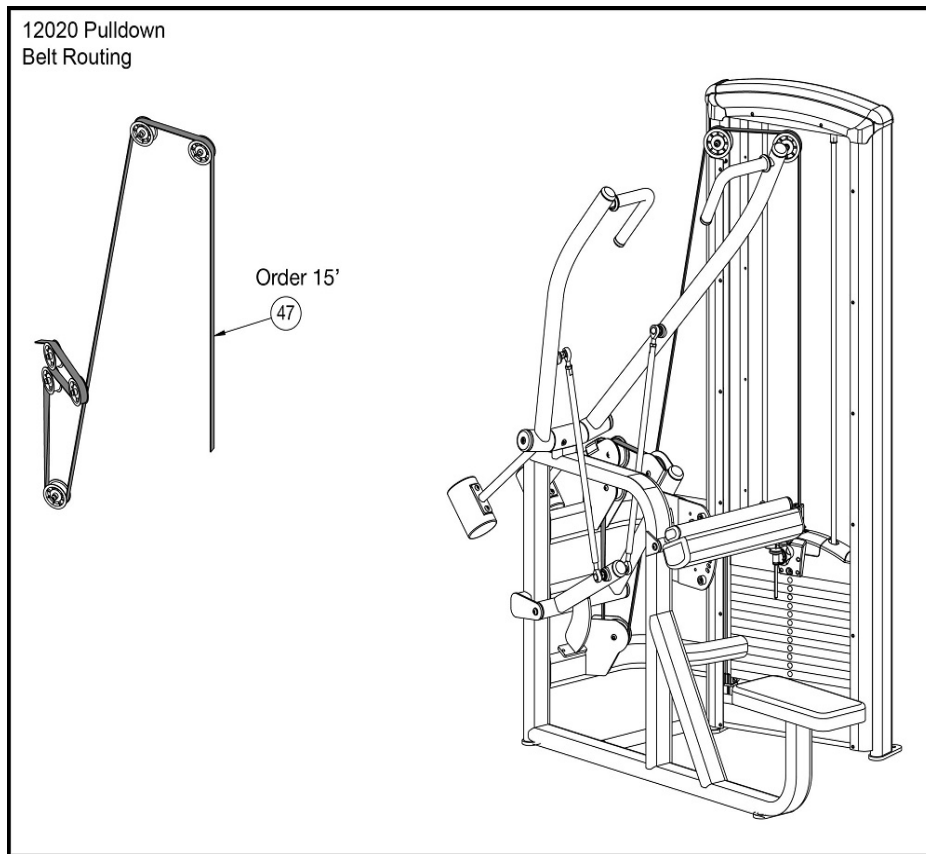
12020 Arm Assembly



Ref #	Part Number	Qty	Description
K1	11090K006	1	KIT HANDLE TRIM RING
5	11070-332	2	C COUNTERWEIGHT
6	11090-374	2	END CAP
7	11090-376	2	RING HANDLE GRIP
10	12000-368	2	END CAP
18	12020-201	1	W ARM Custom
20	12020-203	1	W PIVOT Custom
21	12020-204	1	W ARM Custom
23	12020-315	2	TIE ROD
40	FB030232	2	BRG RADIAL 17MM ID EXT RACE
41	FB030247	4	BEARING RADIAL 25MM EXTENDED RACE
42	FB030251	2	BEARING ROD END MALE .500-20LH
43	FB030250	2	BEARING ROD END MALE .500-20RH
45	FC030006	2	TOLERANCE RING 1.575 ID
46	FC030007	4	TOLERANCE RING 2.047 ID
48	GP000209	1	PULLEY ASSEMBLY-3.50
50	HC700417	4	BHSCS .375-16 X 1.00
51	HC700428	1	BHSCS .375-16 X 2.25
53	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
55	HN704901	1	LOCKNUT .375-16 NYLON
57	HS477100	2	WASHER SPRING 1.050X1.271X.100
62	JC620422	2	BHSCS .250-20 X 1.50

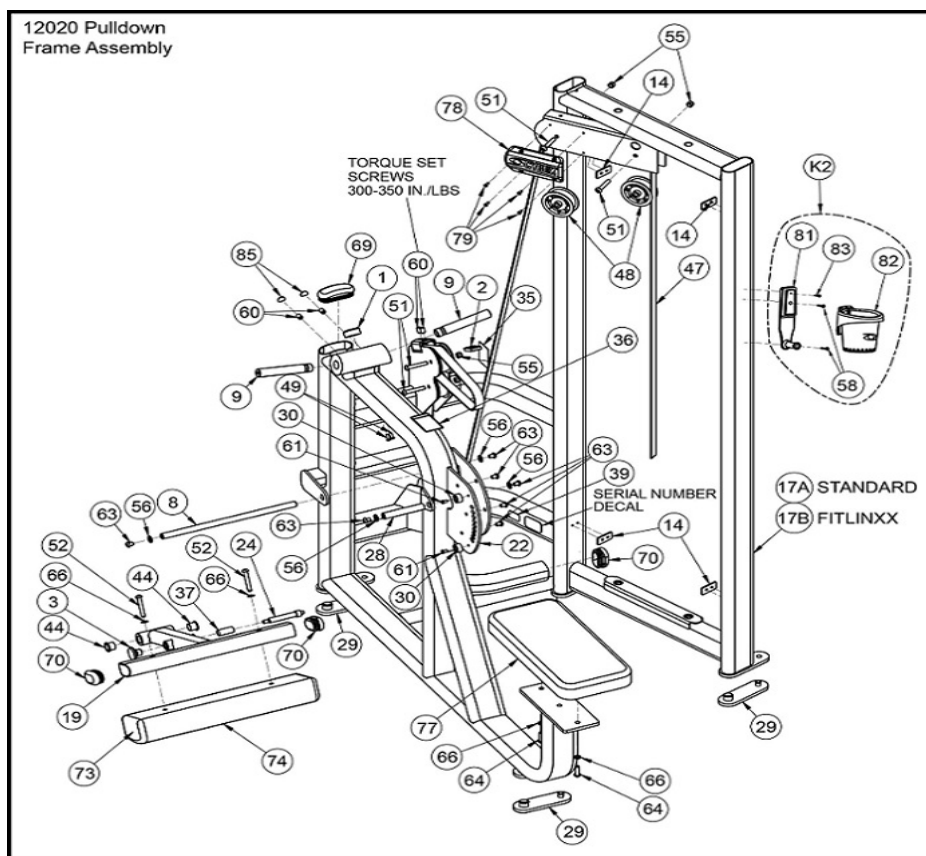
Ref #	Part Number	Qty	Description
63	JC700412	1	BHSCS .375-16 X .50
65	JN794401	2	NUT JAM .500-20LH
67	JS388300	4	LOCKWASHER SPLIT .500
68	PP080226	4	INSERT PLASTIC 2.00 DIA-RIB
72	4605-526	2	GRIP 14.50
76	12030-353	1	BLOCK STOP
77	JC620415	1	BHSCS .250-20 X .75
88	JN794400	2	JAM NUT .500-20
89	HC700416	2	BHSCS .375-16 X .875

12020 Belt Routing



Ref #	Part Number	Qty	Description
47	GB000202	1	BELT .95 WIDE

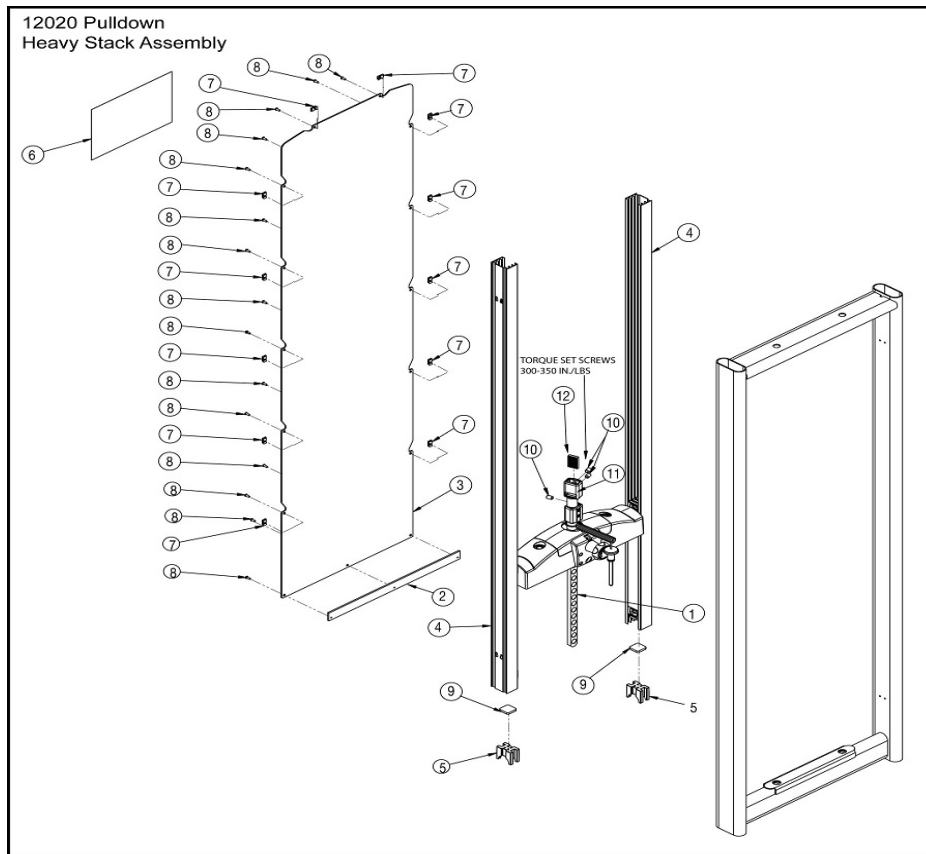
12020 Frame Assembly



Ref #	Part Number	Qty	Description
1	11000-384	1	BLOCK STOP
2	11040-301	1	INSERT CLAMP BLOCK
K2	12000K017	1	Kit Water Bottle Holder
3	11040-440	1	KNOB
8	11120-336	1	SHAFT PIVOT
9	12000-307	2	PIN PIVOT
14	12000-398	4	SPACER
17B	12028-200	1	W MAIN FRAME Custom
17A	12020-200	1	W FRAME Custom
19	12020-202	1	W CUSHION PIVOT Custom
22	12020-313	1	PLATE DETENT
24	12020-336	1	PIN DETENT
28	12060-347	1	PIN PIVOT
29	12090-322	3	PAD FOOT
30	12100-303	2	BUMPER
36	8500-025	1	DECAL CAUTION Custom
37	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
39	CM000211	1	DECAL PATENT
44	FB130212	2	BUSHING FLANGE FOOTPLATE.75ID
47	GB000202	1	BELT .95 WIDE
48	GP000209	2	PULLEY ASSEMBLY-3.50
49	HC620414	2	BHSCS .250-20 X .625

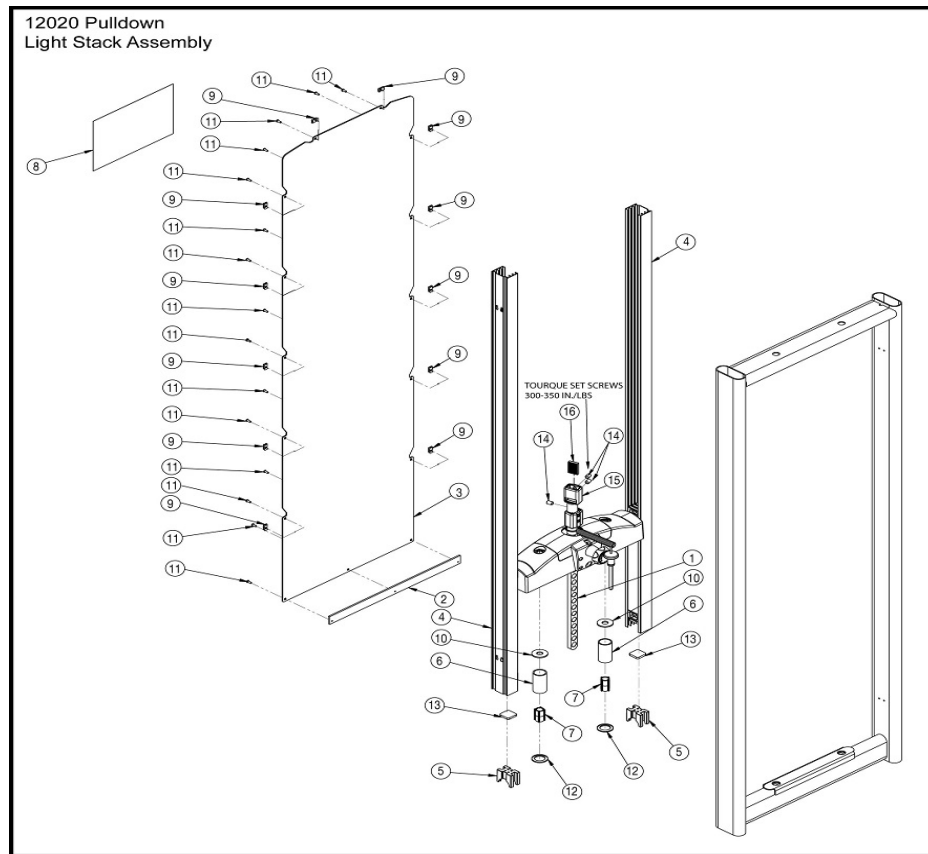
Ref #	Part Number	Qty	Description
51	HC700428	4	BHSCS .375-16 X 2.25
52	HC700430	2	BHSCS .375-16 X 2.50
55	HN704901	3	LOCKNUT .375-16 NYLON
56	HS347600	4	WASHER SAE .375
58	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
60	HY740000	2	SET SCREW
61	JC620412	2	BHSCS .250-20 X .50
63	JC700412	7	BHSCS .375-16 X .50
64	JC700420	2	BHSCS .375-16 X 1.25
66	JS347400	4	LOCKWASHER INT TOOTH .375
69	PP130002	1	INSERT DOMED PLASTIC
70	PP130003	3	INSERT PLASTIC
73	4800-196	1	COVERED CUSHION AS CONTOUR 20 Custom
74	4800-093	1	WEAR COVER SA 4.5 X 20 Custom
77	4800-188	1	CUSHION SA 10 X 18 NS Custom
78	12000-366	1	PULLEY COVER
79	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
81	13000-402	1	Mount Water Bottle Holder
82	13000-400	1	Holder Water Bottle
83	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
85	DE-60261	1	PLUG, W/CUT, HOLE

12020 Heavy Stack Assembly



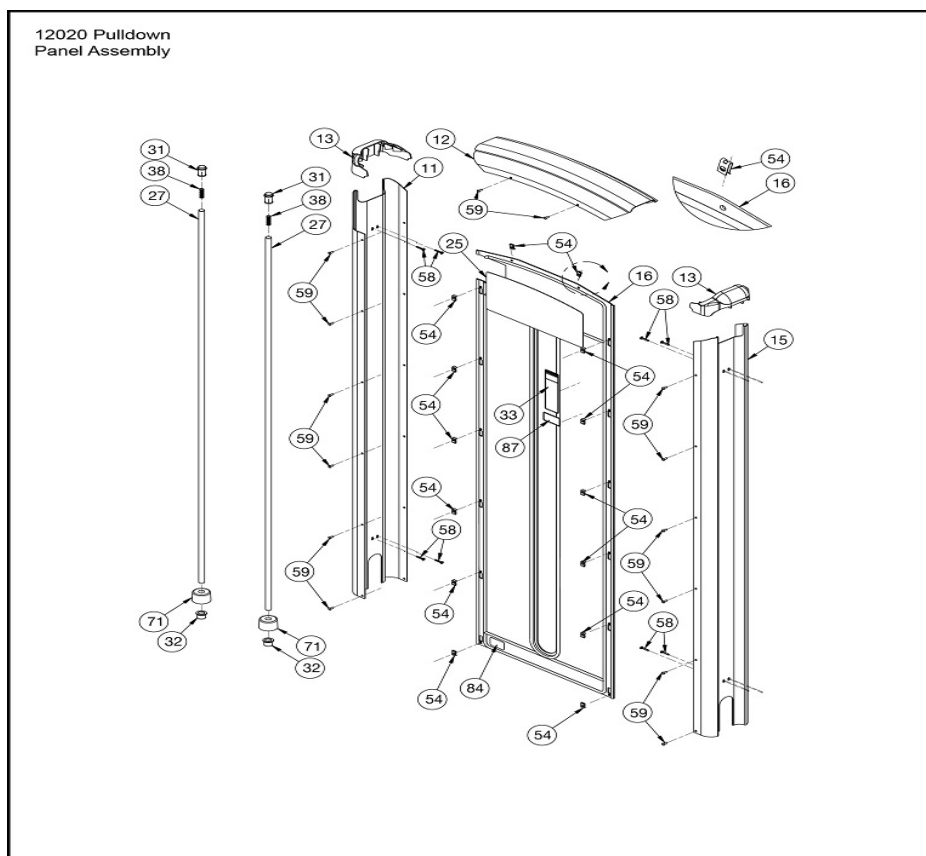
Ref #	Part Number	Qty	Description
1	11040-007	1	TOP WEIGHT ASSY 15
2	12000-378	1	SUPPORT
3	12000-384	1	PANEL INSERT
4	12000-388	2	EXTRUSION INC WT CHANNEL
5	12102-330	1	INSERT INCREMENT WEIGHT
6	3900-441	1	DECAL CYBEX VER BLACK
7	HF579000	14	PANEL FASTENER 10-24 U TYPE
8	HX570412	15	BHSCS 10-24 X .50 SS
9	11040-409	2	BUMPER
10	HY740000	3	SET SCREW
11	11040-216	1	P BELT CLAMP
12	11040-301	1	INSERT CLAMP BLOCK

12020 Light Stack Assembly



Ref #	Part Number	Qty	Description
1	11040-007	1	TOP WEIGHT ASSY 15
2	12000-378	1	SUPPORT
3	12000-384	1	PANEL INSERT
4	12000-388	2	EXTRUSION INC WT CHANNEL
5	12102-330	2	INSERT INCREMENT WEIGHT
6	12210-351	2	TUBE SPACER
7	12210-352	2	INSERT PLASTIC
8	3900-441	1	DECAL CYBEX VER BLACK
9	HF579000	12	PANEL FASTENER 10-24 U TYPE
10	HS760106	2	WASH FLAT 1.750 .688 .140 T
11	HX570412	15	BHSCS 10-24 X .50 SS
12	JS497600	2	WASHER 1.19 ID X 1.75 OD X .12 THK
13	11040-409	2	BUMPER
14	HY740000	3	SET SCREW
15	11040-216	1	P BELT CLAMP
16	11040-301	1	INSERT CLAMP BLOCK

12020 Panel Assembly



Ref #	Part Number	Qty	Description
11	12000-391	1	CHANNEL INCREMENT WEIGHT
12	12000-395	1	CAP TOP
13	12000-396	2	END CAP
15	12000-402	1	CHANNEL INCREMENT WEIGHT
16	12000-403	2	INSERT PANEL
25	12020-598	1	Placard VR3 Pulldown
27	12040-336	2	WT ROD .625 DIA X 68.625
31	12210-347	2	CAP GUIDE ROD
32	12210-348	2	CAP GUIDE ROD
33	DE000001	1	Decal Warning Custom
38	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
54	HF579000	15	PANEL FASTENER 10-24 U TYPE
58	HT512517	8	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
59	HX570412	14	BHSCS 10-24 X .50 SS
71	PR060005	2	BUMPER WEIGHT
80	11000-407	1	Decal Increment Weight
84	11040-790	1	NLA: DECAL, MADE IN THE USA
87	DE000005	1	Decal Caution Custom

12020 Parts Not Shown

Ref #	Part Number	Qty	Description
K6	12000K019	1	Kit Hardware VR3

