

VR3 ARM EXTENSION

12080-01

Parts Manual

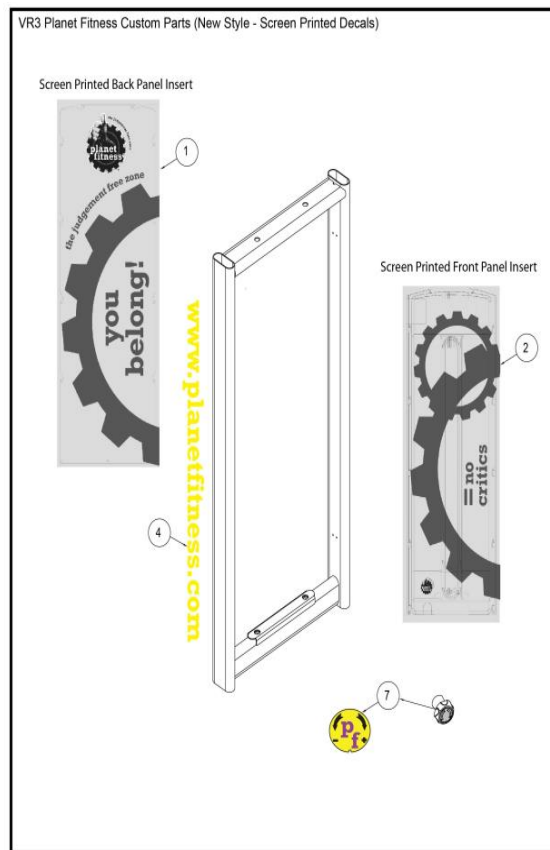
1/5/2019 2:20:13 AM



Table of Contents

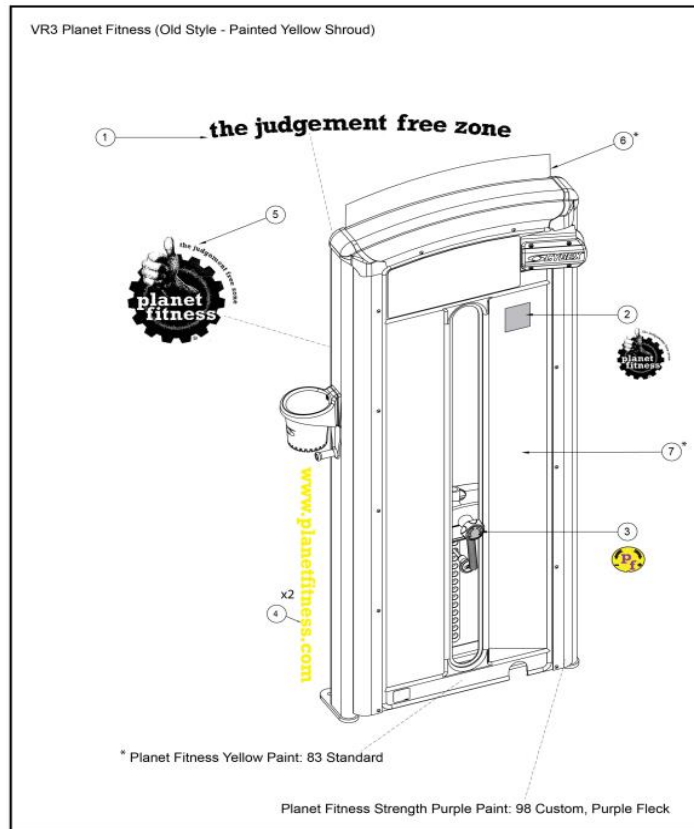
<u>VR3 Planet Fitness Custom (New Style)</u>	3
<u>VR3 Planet Fitness Custom (Old Style)</u>	4
<u>VR3 You Fit Custom</u>	5
<u>VR3 - Snap Fitness</u>	6
<u>VR3 - 10 Top Weight Assembly Before G1231</u>	7
<u>12080K002</u>	9
<u>12080 Arm and back Pad</u>	10
<u>12080 Belt Routing</u>	11
<u>12080 Frame Assembly</u>	12
<u>12080 Heavy Stack Assembly</u>	14
<u>12080 Light Stack Assembly</u>	15
<u>12080 Panel Assembly</u>	16
<u>12080 Parts Not Shown</u>	17
<u>12080 Pivot Arm</u>	18
<u>12080 Seat Pad</u>	19

VR3 Planet Fitness Custom (New Style)



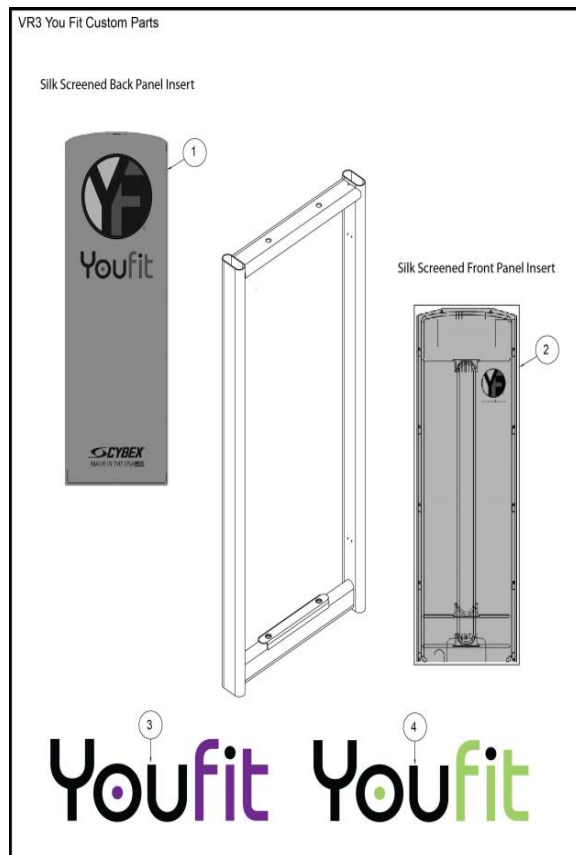
Ref #	Part Number	Qty	Description
1	12000-375P	1	BACK PANEL INSERT, PLANET FITNESS
2	12000-399P	1	Panel insert, Planet Fitness
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
7	DE-60231	1	DECAL ROTATION PLANET FITNESS

VR3 Planet Fitness Custom (Old Style) □



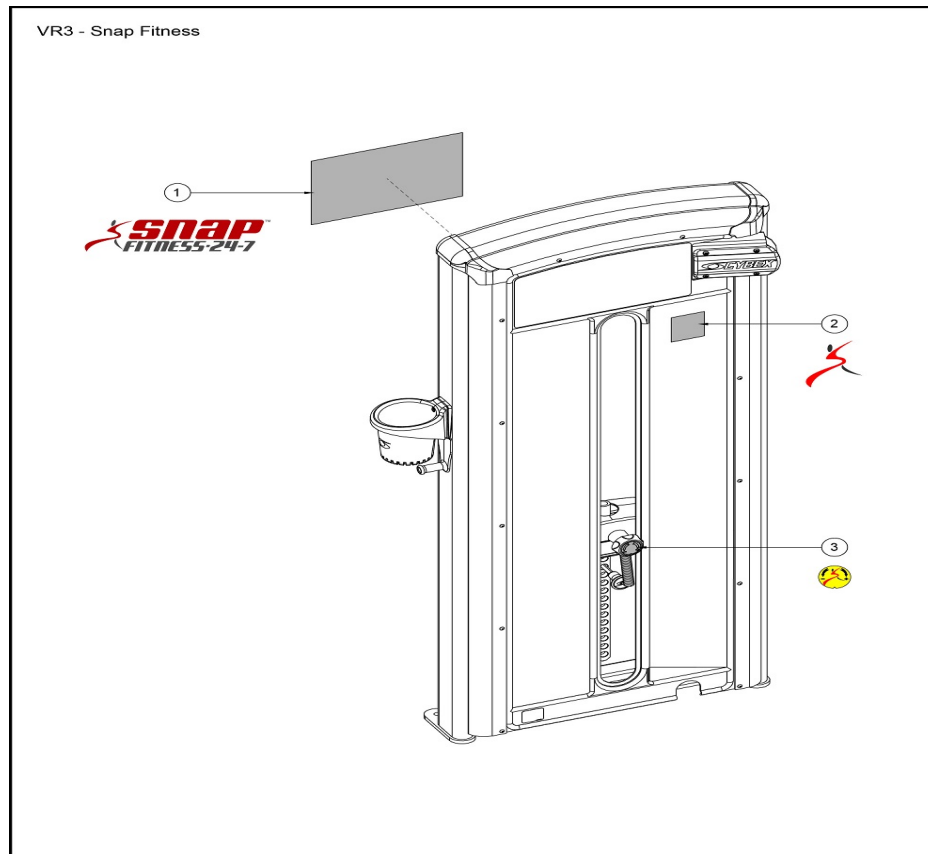
Ref #	Part Number	Qty	Description
1	DE-60232	1	DECAL JUDGEMENT FREE ZONE
2	DE-60233	1	DECAL THUMBS UP 3 INCH PLANET FITNESS
3	DE-60231	1	DECAL ROTATION PLANET FITNESS
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
5	DE-60235	1	DECAL THUMBS UP 13 INCH PLANET FITNESS
6	12000-375Y	1	BACK PANEL INSERT YELLOW
7	12000-399Y	1	PANEL INSERT YELLOW

VR3 You Fit Custom ☐



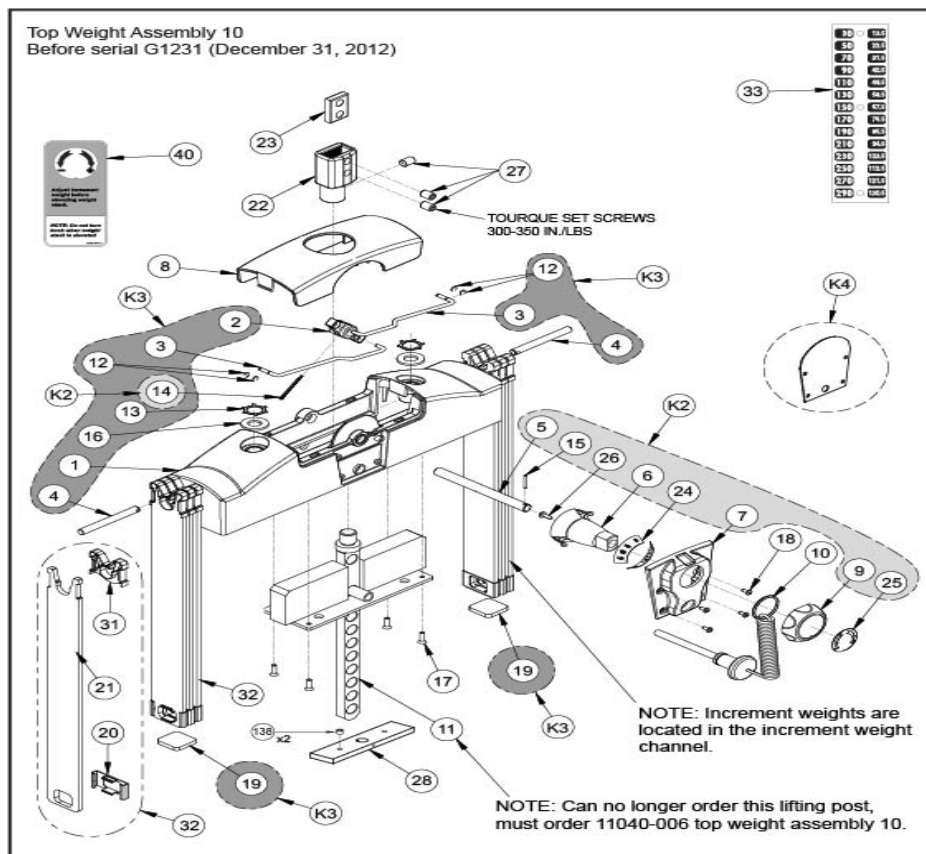
Ref #	Part Number	Qty	Description
1B	12000-375YG	1	BACK PANEL INSERT, YOUFIT GREEN
1C	12000-375PY	1	BACK PANEL INSERT, YOUFIT PURPLE
1A	12000-375GY	1	BACK PANEL INSERT, YOUFIT GREEN
1D	12000-375YP	1	BACK PANEL INSERT, YOUFIT PURPLE
2A	12000-399GY	1	PANEL INSERT, YOUFIT GREEN
2B	12000-399YP	1	PANEL INSERT, YOUFIT PURPLE
3	DE-60274	1	DECAL, YOUFIT PURPLE
4	DE-60275	1	DECAL, YOUFIT GREEN

VR3 - Snap Fitness



Ref #	Part Number	Qty	Description
1	12000-422	1	Decal Snap Fitness Logo 13.00
2	12000-423	1	DECAL SNAP FITNESS RUNNING MAN 3.00
3	12000-424	1	Decal Snap Fitness Rotation

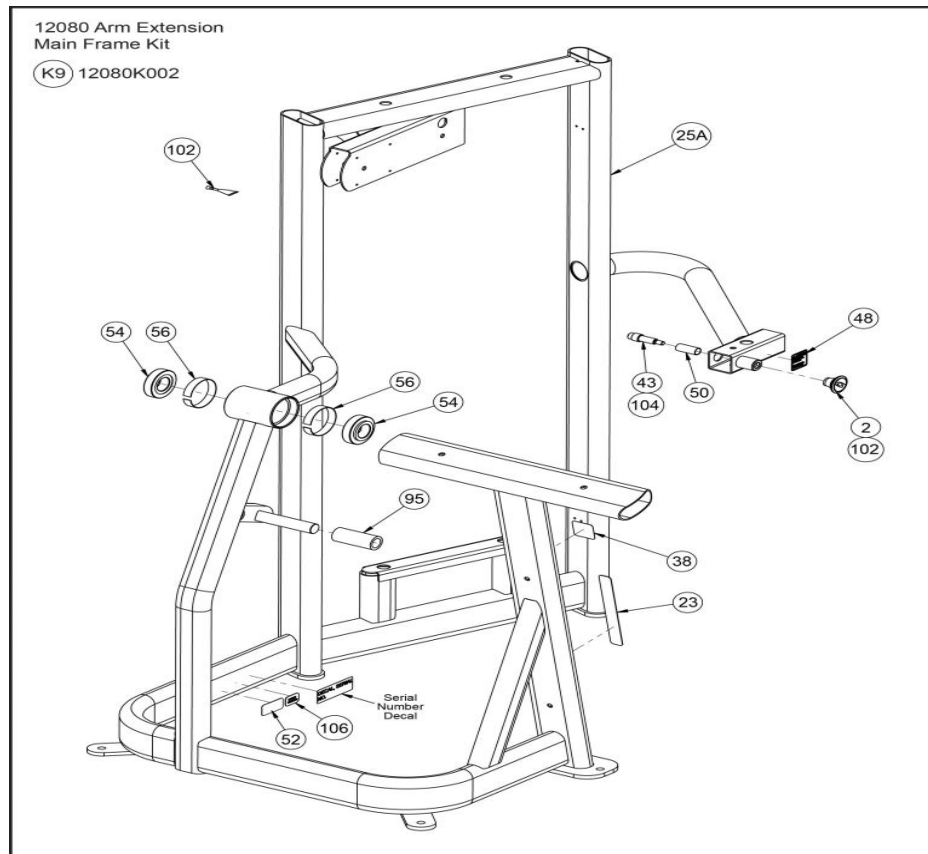
VR3 - 10 Top Weight Assembly Before G1231



Ref #	Part Number	Qty	Description
1	11040-366	1	TOP WEIGHT ASSEMBLY MOLDED
2	11040-367	1	HUB MOLDED
3	11040-369	2	ROD LINKAGE
4	11040-370	2	PIN
5	11040-427	1	ROD
6	11040-426	1	STEM
K6	11040K009	2	KIT INCREMENT WEIGHT KNOB
K7	11040K010	3	Kit Top Weight Hardware
7	11040-424	1	COVER PLATE
K8	11040K007	1	KIT NON-INCREMENTAL TOP WEIGHT
8	11040-416	1	COVER TOP WEIGHT
9	11040-425	1	KNOB
10	BH030207	2	PIN WEIGHT SELECTOR
11	4700-251	1	NLA: C LIFTING POST 15
12	BR030209	4	RETAINING RING .188
13	BR030220	1	RETAINING RING 1.250 INTERNAL
14	HP016820	1	COTTER PIN .125 X 1.25
15	HP266765	1	ROLL PIN .125 X .938
16	HS720004	1	WASHER FELT .641 ID X 1.250 OD X .125 T
17	HT562715	1	TAP SC NO 10 X .750 F PHIL
18	HT582510	2	TAP SC NO 10 X .375 PN HD PHIL
19	11040-409	2	BUMPER

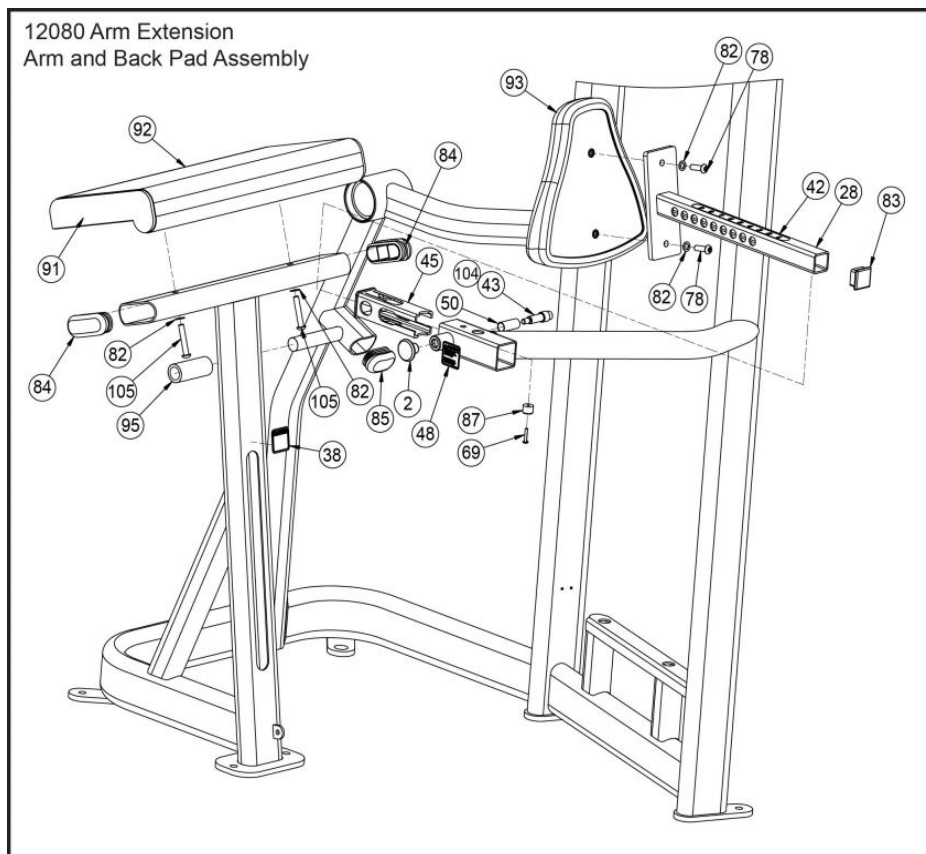
Ref #	Part Number	Qty	Description
20	11040-572	1	GUARD INCREMENT WEIGHT
21,32	11040-030	3	INCREMENT WEIGHT S/A
22	11040-216	1	P BELT CLAMP
23	11040-301	1	INSERT CLAMP BLOCK
24	11040-428	1	DECAL ADJUSTMENT
25	20000-429	1	ROTATION DECAL
26	HT552512	1	TAP SC NO. 8-16 X .50 PLASTITE PAN HEAD PHILLIPS BLACK
27	HY740000	2	SET SCREW
28	4000C101	1	C STACK WT 4X18
29	12050-007	1	WT PAC 11 4X18 BLACK
30	4701-013	1	WT PAC 14 4 X 18 BLACK
31	11040-578	1	GUARD, INCREMENT WEIGHT
33	12000-560	1	DECAL WT PLATE (30-290)
40	11000-407	1	Decal Increment Weight
138	FB130216	1	Bushing Weight Stack

12080K002



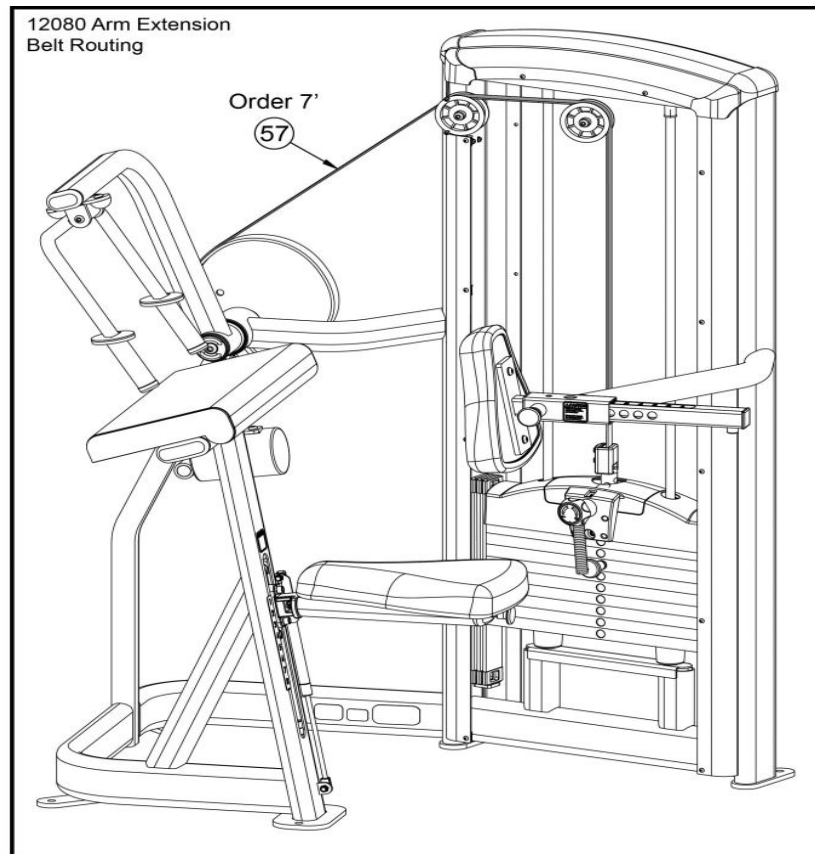
Ref #	Part Number	Qty	Description
2	11040-440	1	KNOB
K9	12080K002	1	KIT, VR3 ARM EXTENSION Custom
23	12070-329	1	DECAL ADJUSTING
25A	12080-200	1	NLA: W MAIN FRAME
38	4520-362	1	DECAL SEAT CAUTION Custom
43	4605-322	1	PIN DETENT
48	8500-025	1	DECAL CAUTION Custom
50	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
52	CM000211	1	DECAL PATENT
54	FB030249	2	BEARING RADIAL 35MM EXT RACE
56	FC030009	2	TOLERANCE RING 72MM
95	4605-515	1	GRAB GRIP 3.25
106	CM000260	1	DECAL, CAPACITY

12080 Arm and back Pad



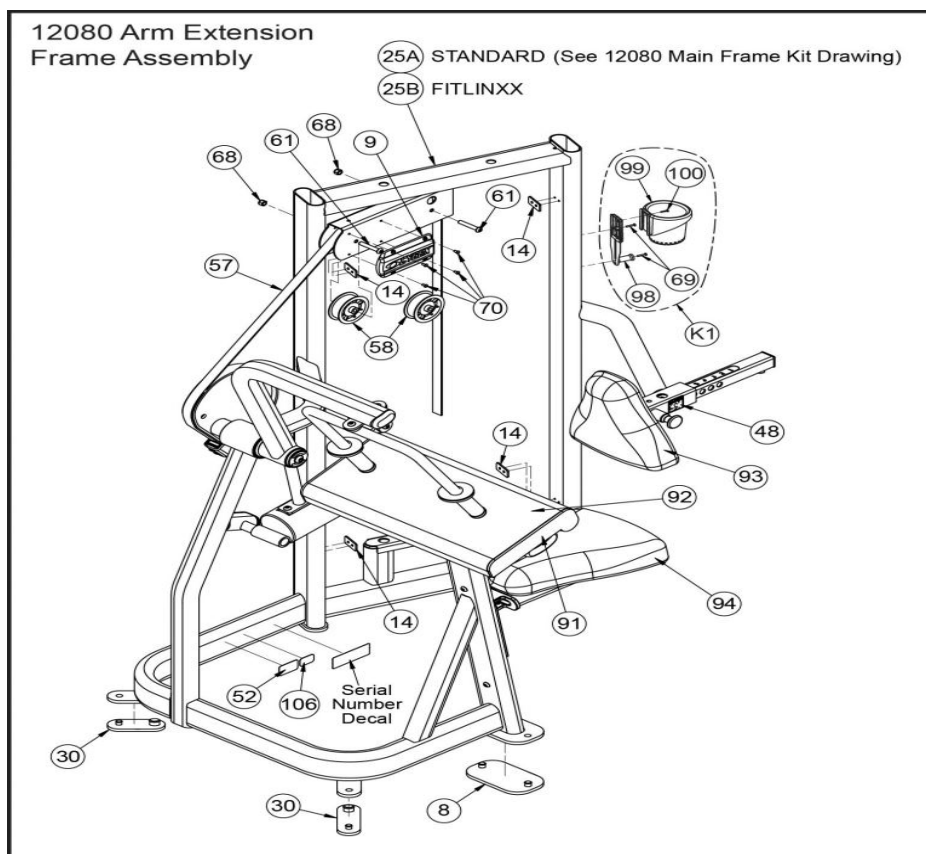
Ref #	Part Number	Qty	Description
2	11040-440	1	KNOB
28	12080-205	1	P CUSHION TUBE
38	4520-362	1	DECAL SEAT CAUTION Custom
42	4540-323	1	DECAL ADJUSTING
43	4605-322	2	PIN DETENT
45	4605-511	1	INSERT PLASTIC 5.94
48	8500-025	1	DECAL CAUTION Custom
50	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
61	HC700428	1	BHSCS .375-16 X 2.25
69	HT512517	1	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
78	JC700420	2	BHSCS .375-16 X 1.25
82	JS347400	4	LOCKWASHER INT TOOTH .375
83	PP090211	1	INSERT PL 1.50 SQ X 10-14 GA
84	PP130002	2	INSERT DOMED PLASTIC
85	PP130003	1	INSERT PLASTIC
87	PR060006	1	BUMPER RECESS
91	4800-163	1	COVERED CUSHION CONTOUR 10 X 2 Custom
92	4800-162	1	WEAR COVER CONTOUR 10 X 22 Custom
93	4800-168	1	CUSHION SA BIKE SEAT 12IN MOLDED Custom
95	4605-515	1	GRAB GRIP 3.25
105	HC700430	2	BHSCS .375-16 X 2.50

12080 Belt Routing



Ref #	Part Number	Qty	Description
57	GB000202	1	BELT .95 WIDE

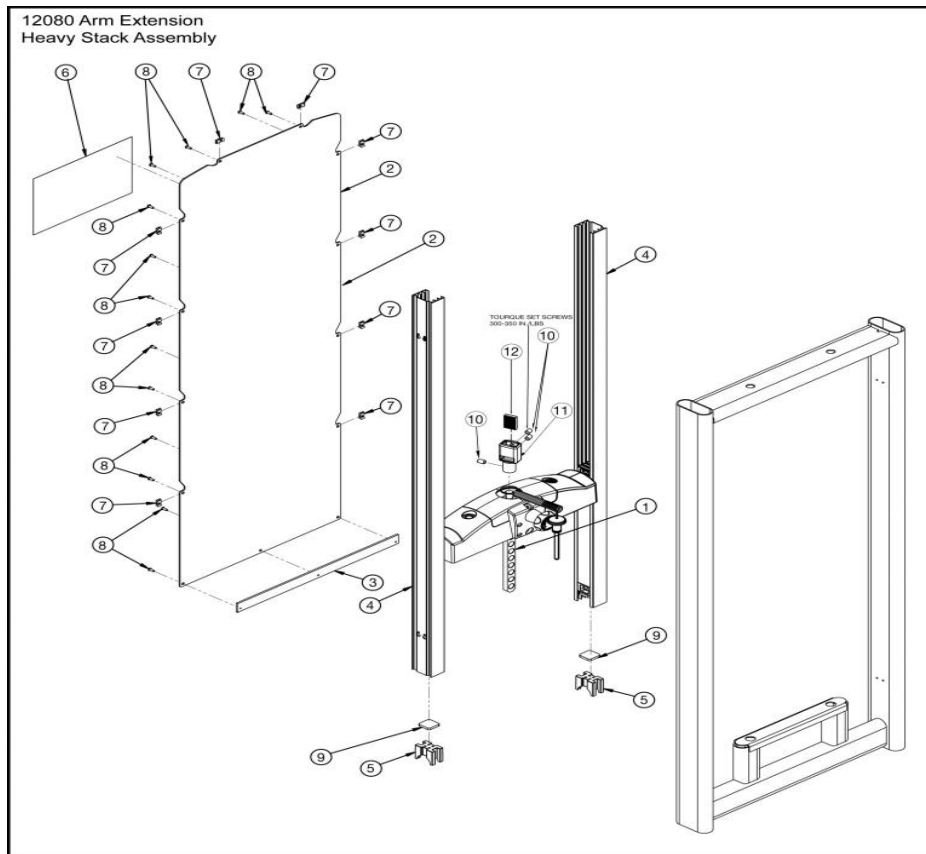
12080 Frame Assembly



Ref #	Part Number	Qty	Description
K1	12000K017	1	Kit Water Bottle Holder
8	12000-345	1	FOOT PAD 4.00 X 7.00
9	12000-466	1	PULLEY COVER
14	12000-398	4	SPACER
25B	12088-200	1	W MAIN FRAME Custom
25A	12080K002	1	KIT, VR3 ARM EXTENSION Custom
30	12090-322	2	PAD FOOT
36	4000Y316	1	DECAL CAUTION
48	8500-025	1	DECAL CAUTION Custom
52	CM000211	1	DECAL PATENT
57	GB000202	1	BELT .95 WIDE
58	GP000209	2	PULLEY ASSEMBLY-3.50
61	HC700428	2	BHSCS .375-16 X 2.25
68	HN704901	2	LOCKNUT .375-16 NYLON
69	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
70	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
91	4800-163	1	COVERED CUSHION CONTOUR 10 X 2 Custom
92	4800-162	1	WEAR COVER CONTOUR 10 X 22 Custom
93	4800-168	1	CUSHION SA BIKE SEAT 12IN MOLDED Custom
94	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom
98	13000-402	1	Mount Water Bottle Holder
99	13000-400	1	Holder Water Bottle

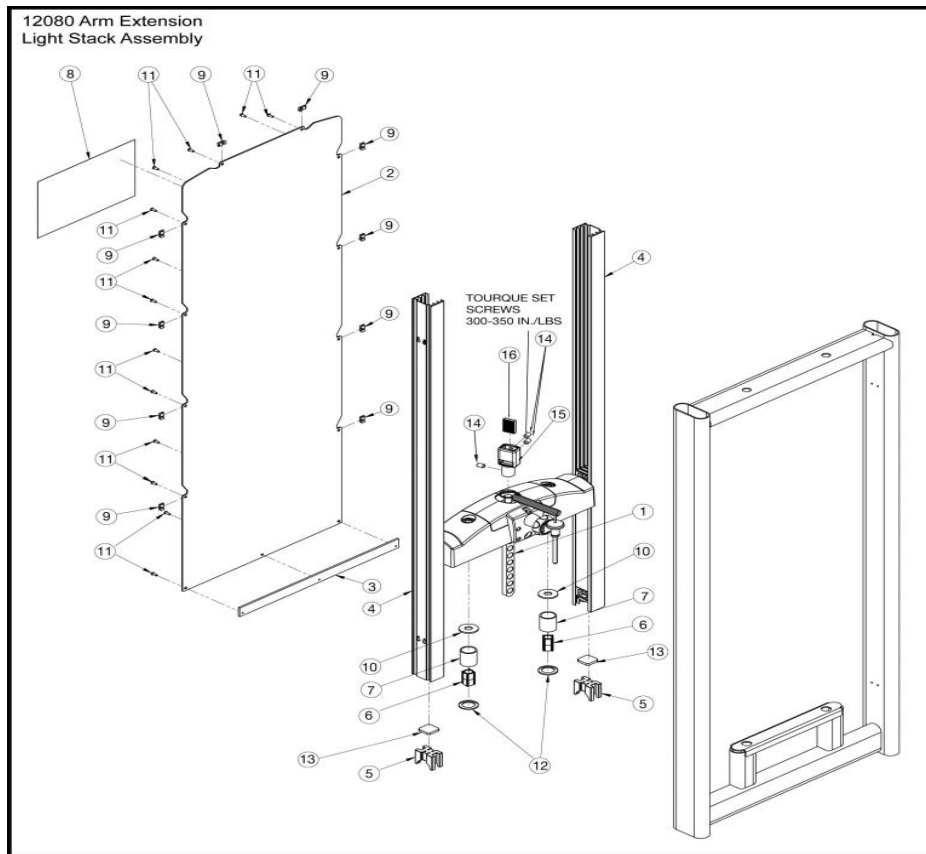
Ref #	Part Number	Qty	Description
100	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
106	CM000260	1	DECAL, CAPACITY

12080 Heavy Stack Assembly



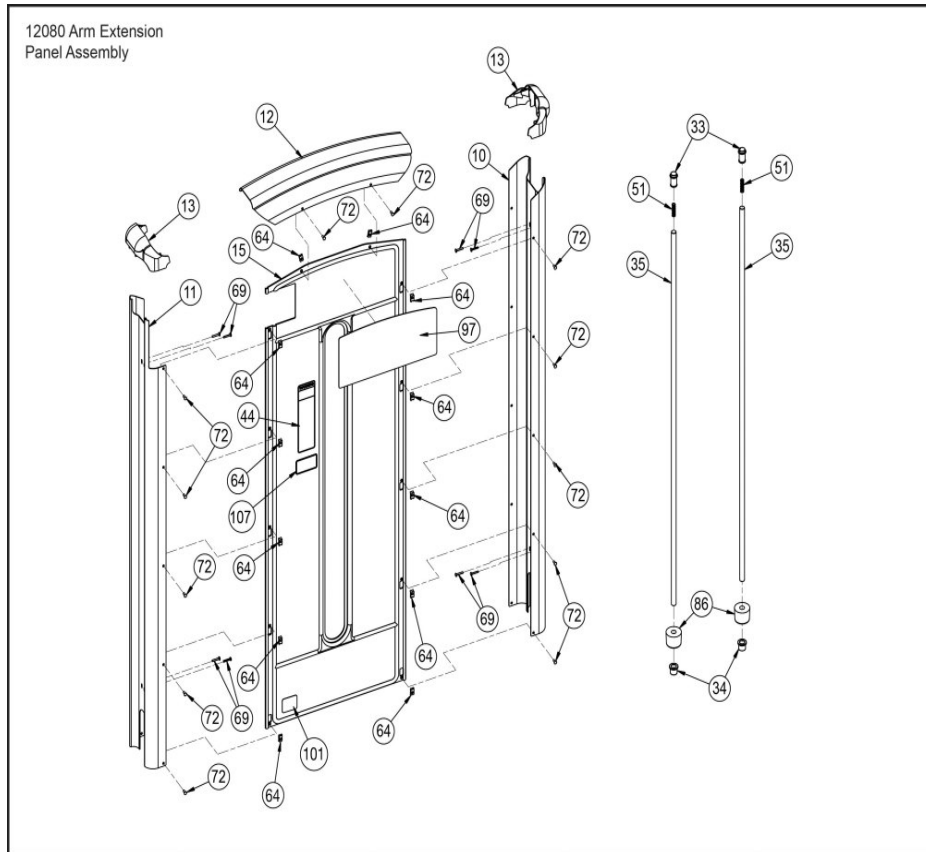
Ref #	Part Number	Qty	Description
1	11040-006	1	TOP WEIGHT ASSY 10
2	12000-375	2	PANEL INSERT
3	12000-378	1	SUPPORT
4	12000-387	2	EXTRUSION INC WT CHANNEL
5	12102-330	2	INSERT INCREMENT WEIGHT
6	3900-441	1	DECAL CYBEX VER BLACK
7	HF579000	10	PANEL FASTENER 10-24 U TYPE
8	HX570412	11	BHSCS 10-24 X .50 SS
9	11040-409	1	BUMPER
10	HY740000	3	SET SCREW
11	11040-216	1	P BELT CLAMP
12	11040-301	1	INSERT CLAMP BLOCK

12080 Light Stack Assembly



Ref #	Part Number	Qty	Description
1	11040-006	1	TOP WEIGHT ASSY 10
2	12000-375	1	PANEL INSERT
3	12000-378	1	SUPPORT
4	12000-387	2	EXTRUSION INC WT CHANNEL
5	12102-330	2	INSERT INCREMENT WEIGHT
6	12210-352	2	INSERT PLASTIC
7	12210-358	1	TUBE SPACER
8	3900-441	1	DECAL CYBEX VER BLACK
9	HF579000	10	PANEL FASTENER 10-24 U TYPE
10	HS760106	2	WASH FLAT 1.750 .688 .140 T
11	HX570412	13	BHSCS 10-24 X .50 SS
12	JS497600	2	WASHER 1.19 ID X 1.75 OD X .12 THK
13	11040-409	2	BUMPER
14	HY740000	3	SET SCREW
15	11040-216	1	P BELT CLAMP
16	11040-301	1	INSERT CLAMP BLOCK

12080 Panel Assembly



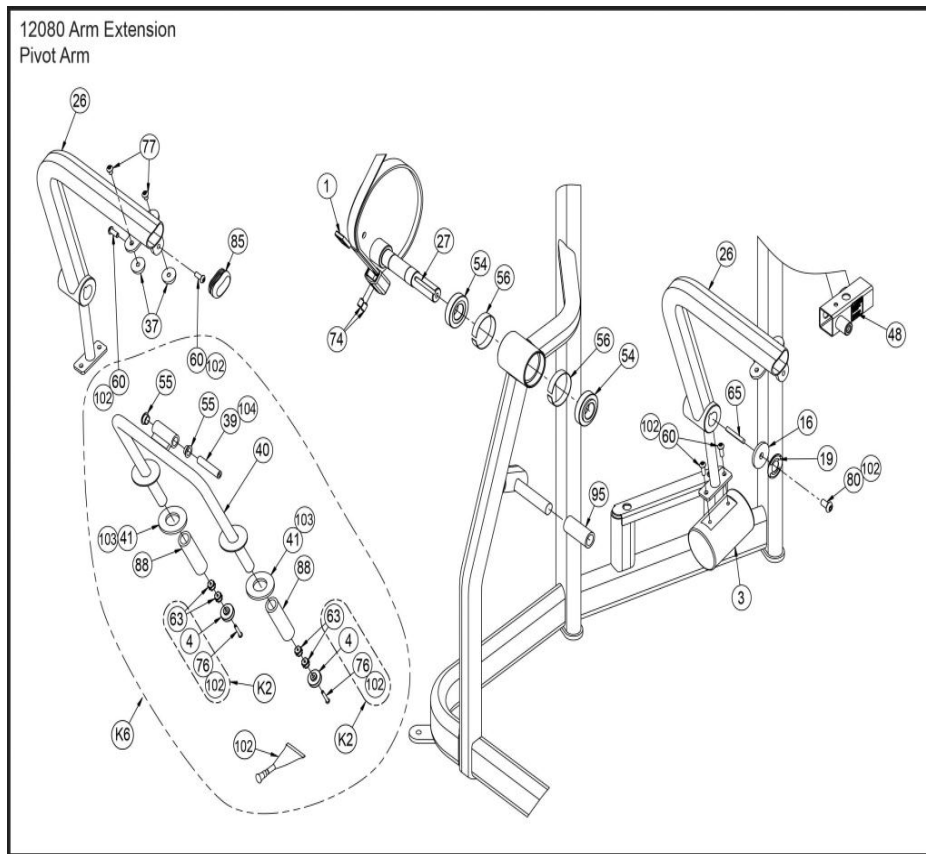
Ref #	Part Number	Qty	Description
10	12000-392	1	CHANNEL INCREMENT WEIGHT
11	12000-394	1	CHANNEL INCREMENT WEIGHT
12	12000-395	1	CAP TOP
13	12000-396	2	END CAP
15	12000-404	1	PANEL INSERT
33	12210-347	2	CAP GUIDE ROD
34	12210-348	2	CAP GUIDE ROD
35	12210-350	2	WT ROD .625 DIA X 49.53
44	DE000001	1	Decal Warning Custom
51	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
64	HF579000	12	PANEL FASTENER 10-24 U TYPE
69	HT512517	8	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
72	HX570412	13	BHSCS 10-24 X .50 SS
86	PR060005	2	BUMPER WEIGHT
97	12080-598	1	Placard VR3 Arm Ext
101	11040-790	1	NLA: DECAL, MADE IN THE USA
107	DE000005	1	Decal Caution Custom

12080 Parts Not Shown

Other Parts Not Shown

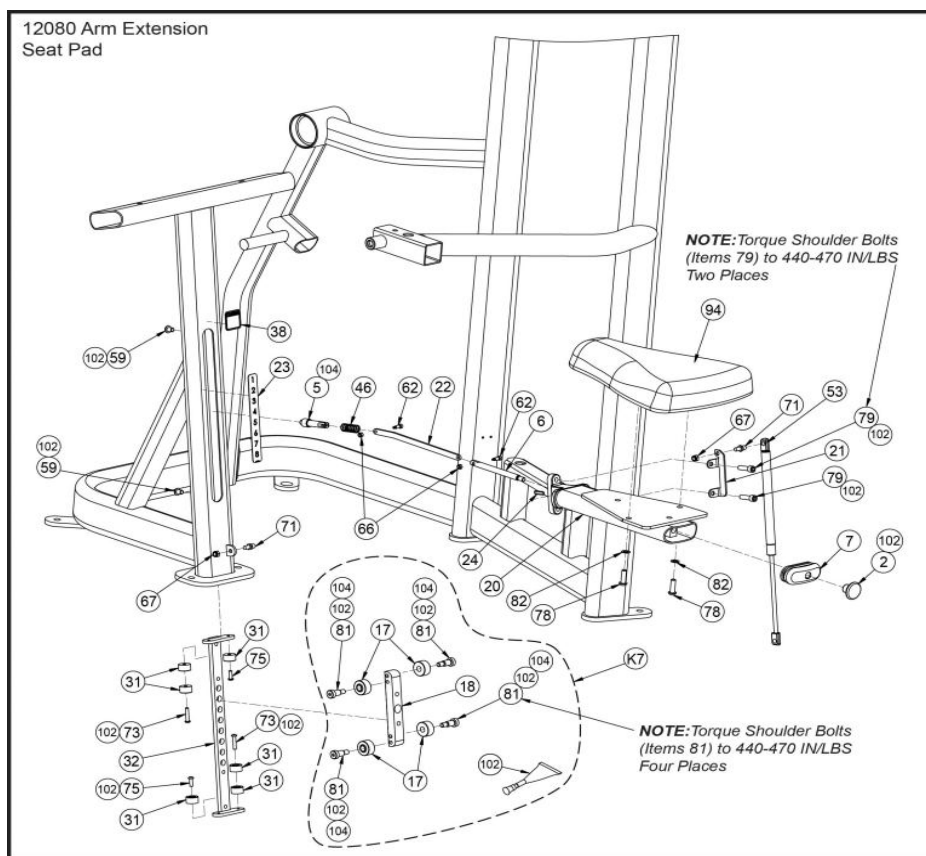
Ref #	Part Number	Qty	Description
K8	12000K019	1	Kit Hardware VR3

12080 Pivot Arm



Ref #	Part Number	Qty	Description
1	11040-301	1	INSERT CLAMP BLOCK
K2	11090K006	2	KIT HANDLE TRIM RING
4	11090-374	1	END CAP
K6	4540K003	1	Kit Handle Custom
26	12080-201	2	W INPUT ARM Custom
27	12080-202	1	W CAM Custom
37	4505-331	2	BUMPER 1.50 DIA
39	4535-328	1	PIN PIVOT-SHORT
40	4540-204	1	W HANDLE Custom
41	4540-321	2	BUMPER HANDLE
54	FB030249	2	BEARING RADIAL 35MM EXT RACE
55	FB130205	2	BRG FLG .62 X .75 .38 LG
56	FC030009	2	TOLERANCE RING 72MM
60	HC700417	3	BHSCS .375-16 X 1.00
63	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
74	HY740000	2	SET SCREW
76	JC620422	2	BHSCS .250-20 X 1.50
77	JC700412	1	BHSCS .375-16 X .50
85	PP130003	1	INSERT PLASTIC
88	4605-510	2	GRAB GRIP 4.75
95	4605-515	1	GRAB GRIP 3.25

12080 Seat Pad



Ref #	Part Number	Qty	Description
2	11040-440	1	KNOB
5	12000-339	1	PIN DETENT
6	12000-342	1	PIN DETENT
7	12000-346	1	INSERT, PLASTIC
17,18,K7	12000K012	6	KIT. ROLLER ASSEMBLY
20	12080-206	1	W Seat Bottom Custom
21	12070-308	1	MOUNT SPRING
22	12080-311	1	Bar Linkage
23	12070-329	1	DECAL ADJUSTING
24	12070-394	1	DECAL INDICATOR
31	12100-303	6	BUMPER
32	12190-208	1	P DETENT BAR
38	4520-362	1	DECAL SEAT CAUTION Custom
46	4715-346	1	COM SPRING .72 X 1.50 LG
53	EZ000008	1	GAS SPRING 100N
59	HC700412	2	BHSCS .375-16 X .50
62	HD303312	2	S BOLT .250 X .500 .190-10-24
66	HN575100	2	LOCKNUT .190-NO 10-24
67	HN664900	2	LOCKNUT .312-18 NYLON INSERT
71	HX-60184	2	BALL,STUD,5/16 -18X10MM
73	HX620420	2	BHSCS .250-20 X 1.250
75	JC620415	2	BHSCS .250-20 X .75

Ref #	Part Number	Qty	Description
78	JC700420	2	BHSCS .375-16 X 1.25
79	JC702820	2	SHCS .375-16 X 1.25
81	JD383315	4	S BOLT .500 X .75 .375-16
82	JS347400	2	LOCKWASHER INT TOOTH .375
94	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom

