

Vr3 Seat Leg Curl (Total Rld)Sbom V01

12362-01

Parts Manual

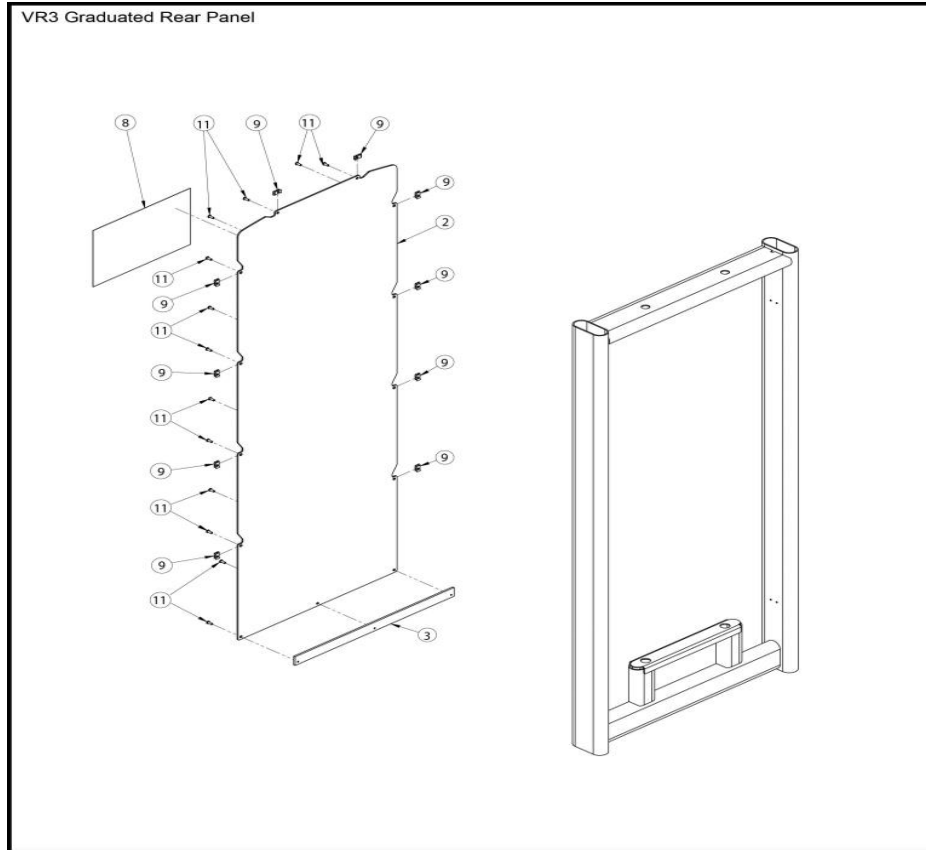
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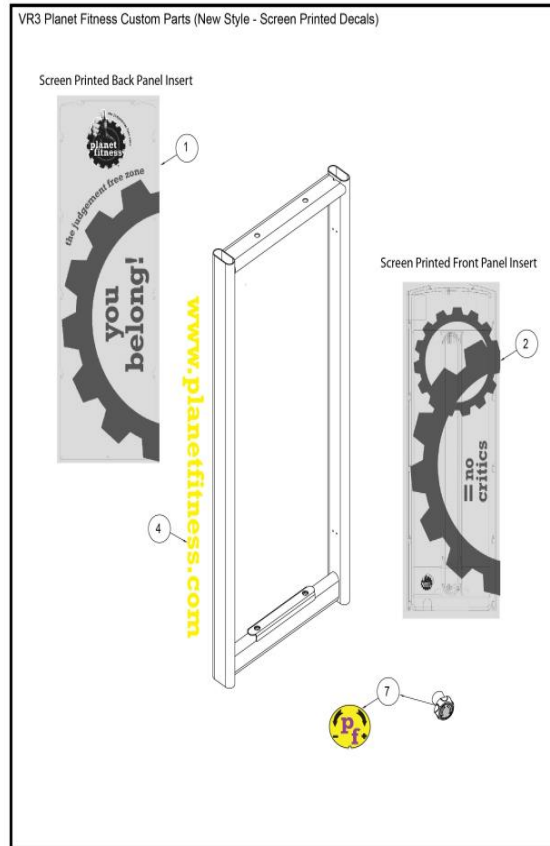
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VR3 Graduated Back Panel (12000-375)



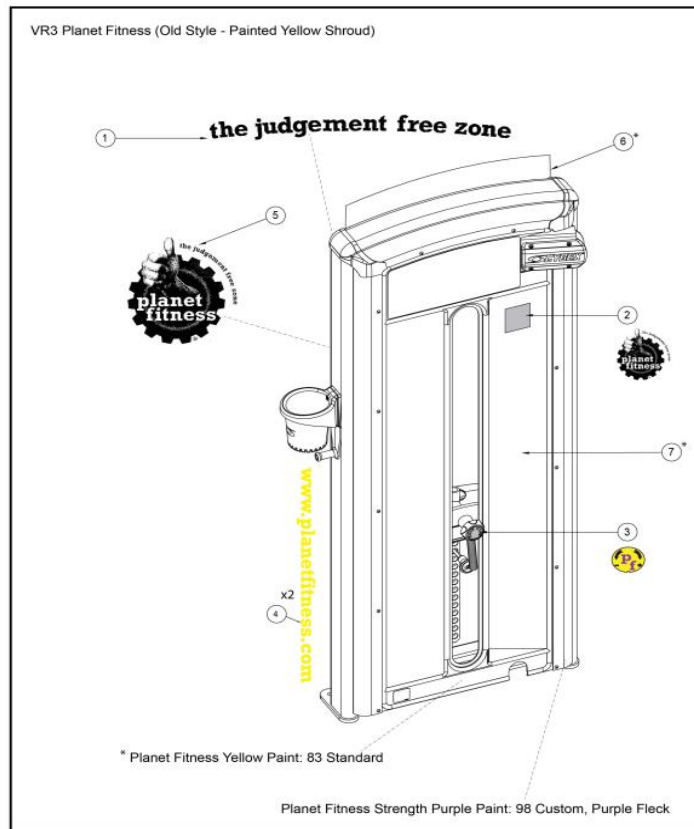
Ref #	Part Number	Qty	Description
2	12000-375	1	PANEL INSERT
3	12000-378	1	SUPPORT
8	3900-441	1	DECAL CYBEX VER BLACK
9	HF579000	10	PANEL FASTENER 10-24 U TYPE
11	HX570412	13	BHSCS 10-24 X .50 SS

VR3 Planet Fitness Custom (New Style)



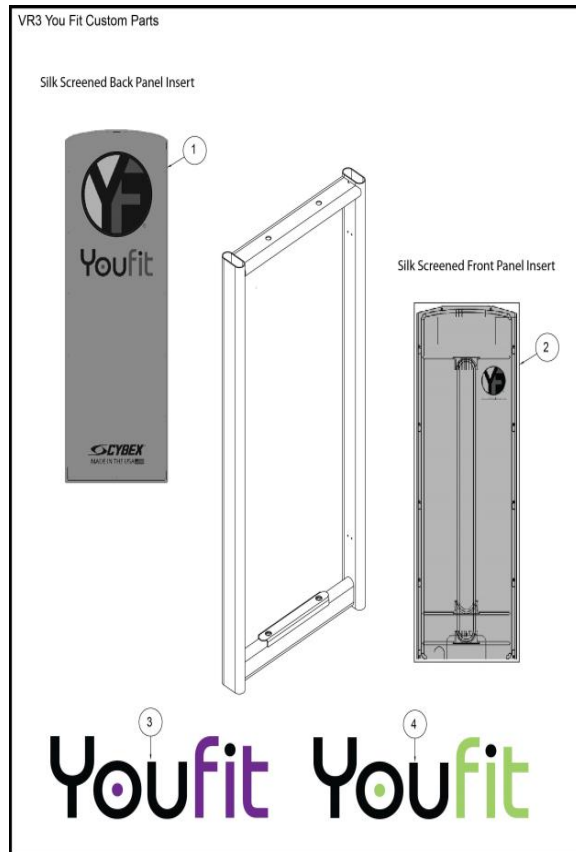
Ref #	Part Number	Qty	Description
1	12000-375P	1	BACK PANEL INSERT, PLANET FITNESS
2	12000-399P	1	Panel insert, Planet Fitness
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
7	DE-60231	1	DECAL ROTATION PLANET FITNESS

VR3 Planet Fitness Custom (Old Style) □



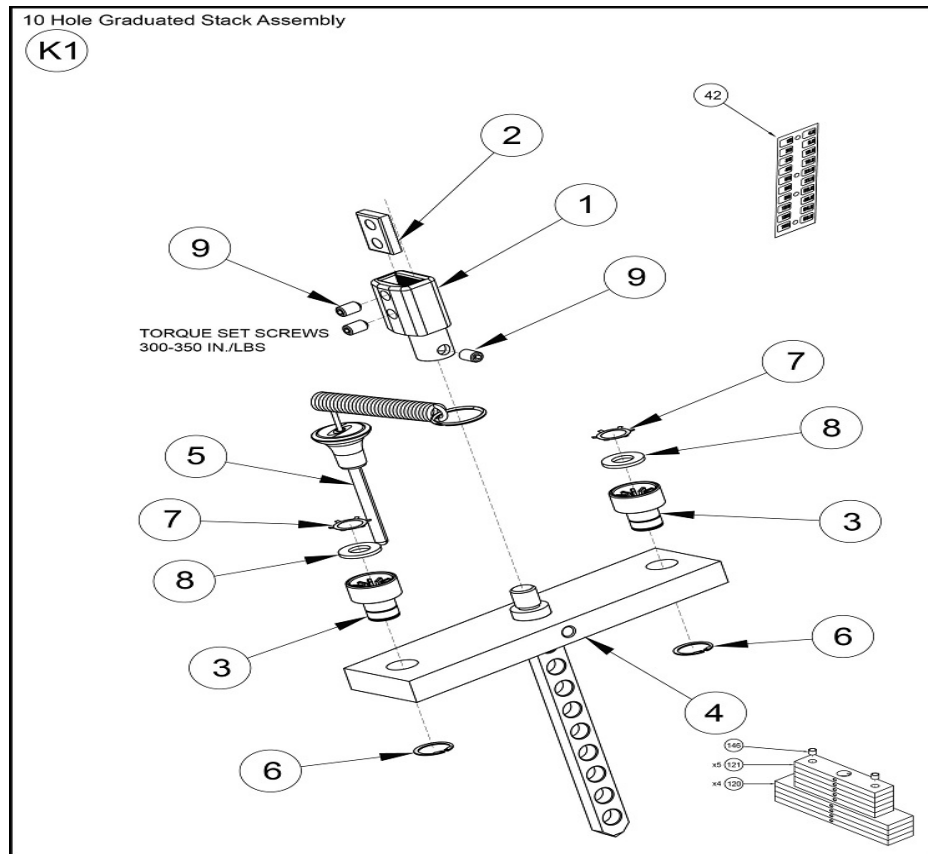
Ref #	Part Number	Qty	Description
1	DE-60232	1	DECAL JUDGEMENT FREE ZONE
2	DE-60233	1	DECAL THUMBS UP 3 INCH PLANET FITNESS
3	DE-60231	1	DECAL ROTATION PLANET FITNESS
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
5	DE-60235	1	DECAL THUMBS UP 13 INCH PLANET FITNESS
6	12000-375Y	1	BACK PANEL INSERT YELLOW
7	12000-399Y	1	PANEL INSERT YELLOW

VR3 You Fit Custom ☐



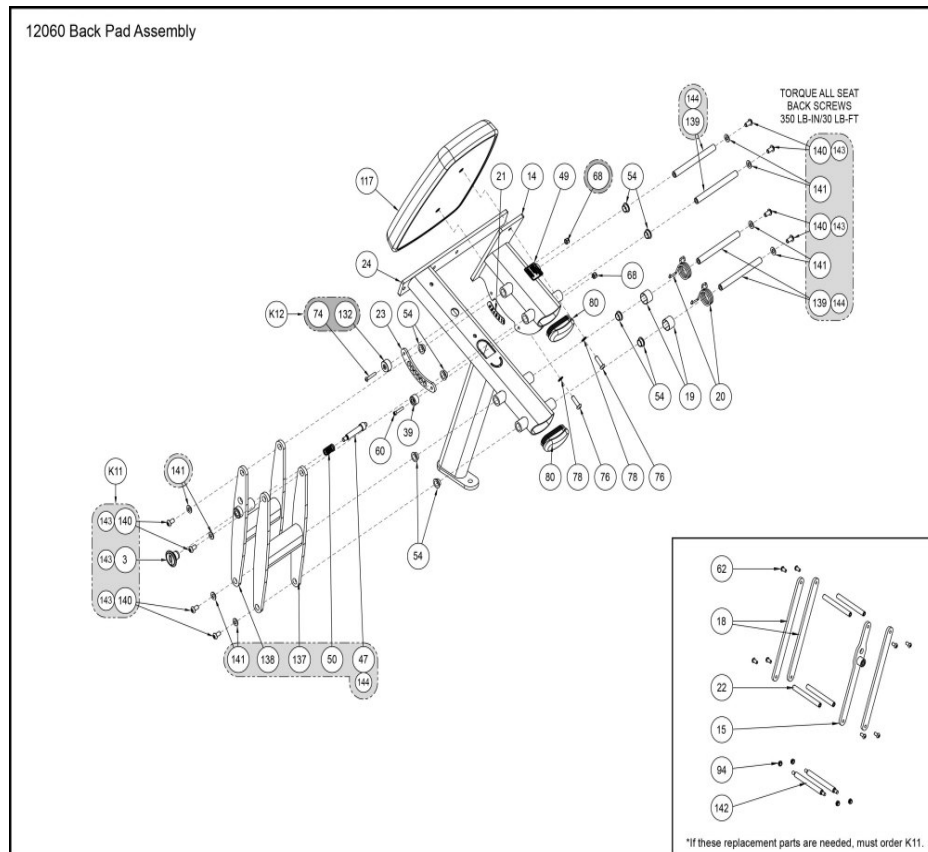
Ref #	Part Number	Qty	Description
1C	12000-375PY	1	BACK PANEL INSERT, YOUFIT PURPLE
1A	12000-375GY	1	BACK PANEL INSERT, YOUFIT GREEN
1B	12000-375YG	1	BACK PANEL INSERT, YOUFIT GREEN
1D	12000-375YP	1	BACK PANEL INSERT, YOUFIT PURPLE
2A	12000-399GY	1	PANEL INSERT, YOUFIT GREEN
2B	12000-399YP	1	PANEL INSERT, YOUFIT PURPLE
3	DE-60274	1	DECAL, YOUFIT PURPLE
4	DE-60275	1	DECAL, YOUFIT GREEN

VR3 - 10 Hole Graduated Stack Assembly



Ref #	Part Number	Qty	Description
1	11040-216	1	P BELT CLAMP
K1	12301-006	1	Top Weight Assy 10
2	11040-301	1	INSERT CLAMP BLOCK
3	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
4	4700-265	1	C Top WT 10-3X12
5	BH030207	1	PIN WEIGHT SELECTOR
6	BR030206	2	RETAINING RING
7	BR030220	2	RETAINING RING 1.250 INTERNAL
8	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
9	HY740000	3	SET SCREW
42	12301-551	1	DECAL, WT PLATE GRADUATED (10-140)
120	4000C101	4	C STACK WT 4X18
121	4700-337	5	C Stack Weight 10 lbs exact
146	FB130216	2	Bushing Weight Stack

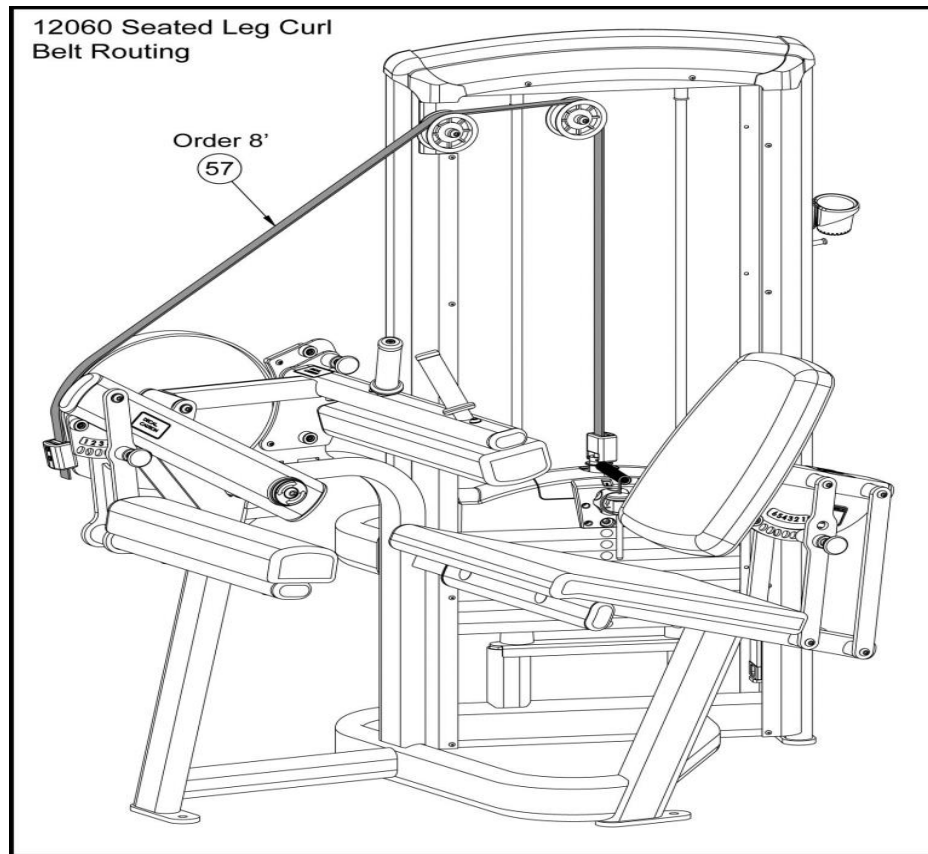
12060 Back Pad Assembly



Ref #	Part Number	Qty	Description
3	11040-440	1	KNOB
K11	12050K009	1	KIT, SEAT BAR LINKAGE Custom
K12	12050K007	1	KIT, BUMPER REPLACEMENT
14	12050-212	2	W SEAT BACK Custom
15	12050-213	1	NLA: W DETENT LINK
18	12050-368	2	NLA: LINK SEAT MOUNT
19	12050-369	2	ENDCAP
20	12050-370	2	SPRING TORSION
21	12050-374	2	DECAL SEAT ADJUST
22	12050-375	1	NLA: PIN PIVOT
23	12050-380	1	P DETENT PLATE
24	12060-200	1	W MAIN FRAME Custom
39	12100-303	1	BUMPER
47	4713-318	1	PIN DETENT
49	8500-025	1	DECAL CAUTION Custom
50	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
54	FB130205	8	BRG FLG .62 X .75 .38 LG
60	HC622820	1	SHCS .250-20 X 1.25
62	HC700417	1	BHSCS .375-16 X 1.00
68	HN625200	2	LOCKNUT .250-20 NYLON HVY
74	JC620422	1	BHSCS .250-20 X 1.50
76	JC700420	2	BHSCS .375-16 X 1.25

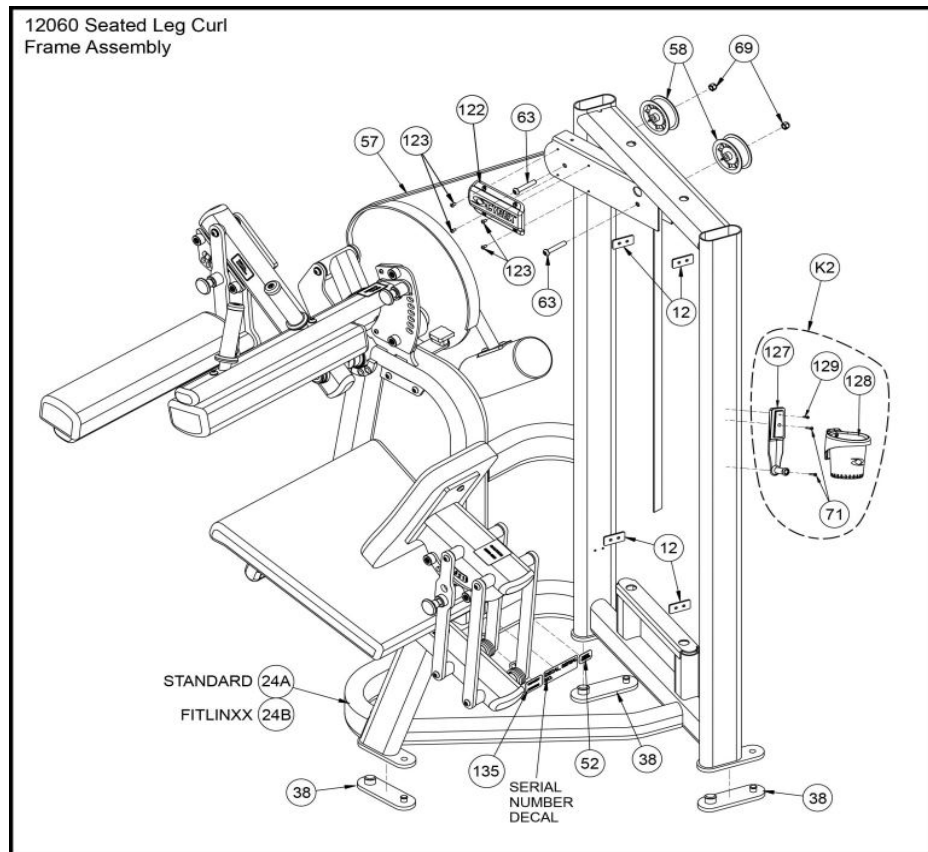
Ref #	Part Number	Qty	Description
78	JS347400	2	LOCKWASHER INT TOOTH .375
80	PP130002	2	INSERT DOMED PLASTIC
94	HN704902	1	LOCKNUT NYLON .375-16
117	4800-176	1	CUSHION SA BACK 18 MOLDED Custom
132	12100-312	1	BUMPER
137	12000-211	1	W DETENT LINK Custom
138	12050-217	1	NLA: W DETENT LINK
139	12000-480	4	PIN, PIVOT
140	HC700415	8	BHSCS .375-16 X .75
141	HS347600	7	WASHER SAE .375
142	12600-305	1	NLA: PIVOT SHAFT

12060 Belt Routing



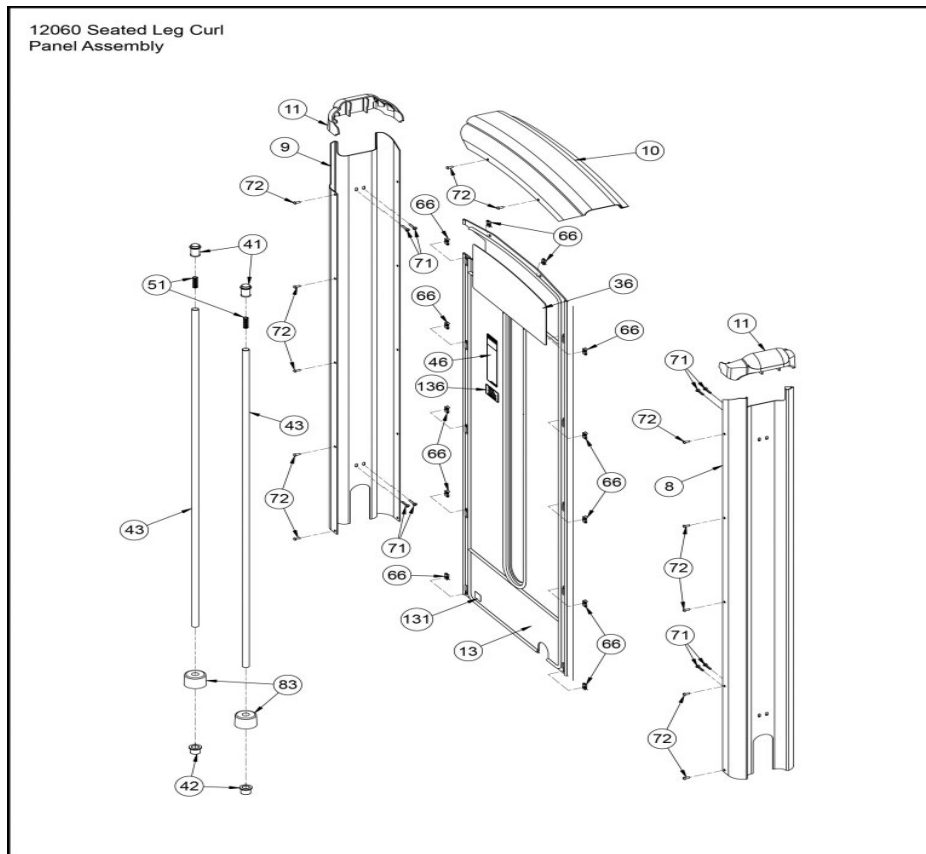
Ref #	Part Number	Qty	Description
57	GB000202	1	BELT .95 WIDE

12060 Frame Assembly



Ref #	Part Number	Qty	Description
K2	12000K017	1	Kit Water Bottle Holder
12	12000-398	4	SPACER
24B	12068-200	1	W MAIN FRAME Custom
24A	12060-200	1	W MAIN FRAME Custom
38	12090-322	3	PAD FOOT
52	CM000211	1	DECAL PATENT
57	GB000202	1	BELT .95 WIDE
58	GP000209	2	PULLEY ASSEMBLY-3.50
63	HC700428	2	BHSCS .375-16 X 2.25
69	HN704901	2	LOCKNUT .375-16 NYLON
71	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
122	12000-466	1	PULLEY COVER
123	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
127	13000-402	1	Mount Water Bottle Holder
128	13000-400	1	Holder Water Bottle
129	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
135	DE000005	1	Decal Caution Custom

12060 Panel Assembly



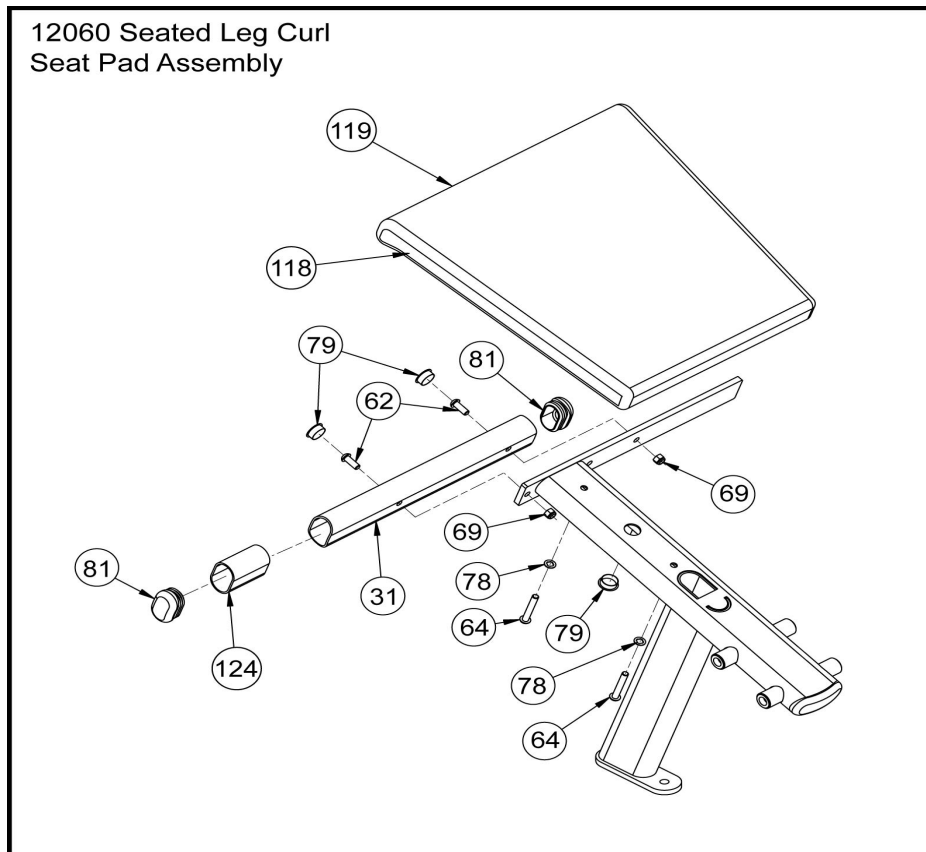
Ref #	Part Number	Qty	Description
8	12000-392	1	CHANNEL INCREMENT WEIGHT
9	12000-394	1	CHANNEL INCREMENT WEIGHT
10	12000-395	1	CAP TOP
11	12000-396	2	END CAP
13	12000-405	1	PANEL INSERT
36	12060-598	1	Placard VR3 Seat Leg C
41	12210-347	2	CAP GUIDE ROD
42	12210-348	2	CAP GUIDE ROD
43	12210-350	2	WT ROD .625 DIA X 49.53
46	DE000001	1	Decal Warning Custom
51	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
66	HF579000	12	PANEL FASTENER 10-24 U TYPE
71	HT512517	10	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
72	HX570412	10	BHSCS 10-24 X .50 SS
83	PR060005	2	BUMPER WEIGHT
131	11040-790	1	NLA: DECAL, MADE IN THE USA
136	DE000005	1	Decal Caution Custom

12060 Parts Not Shown

Other Parts Not Shown

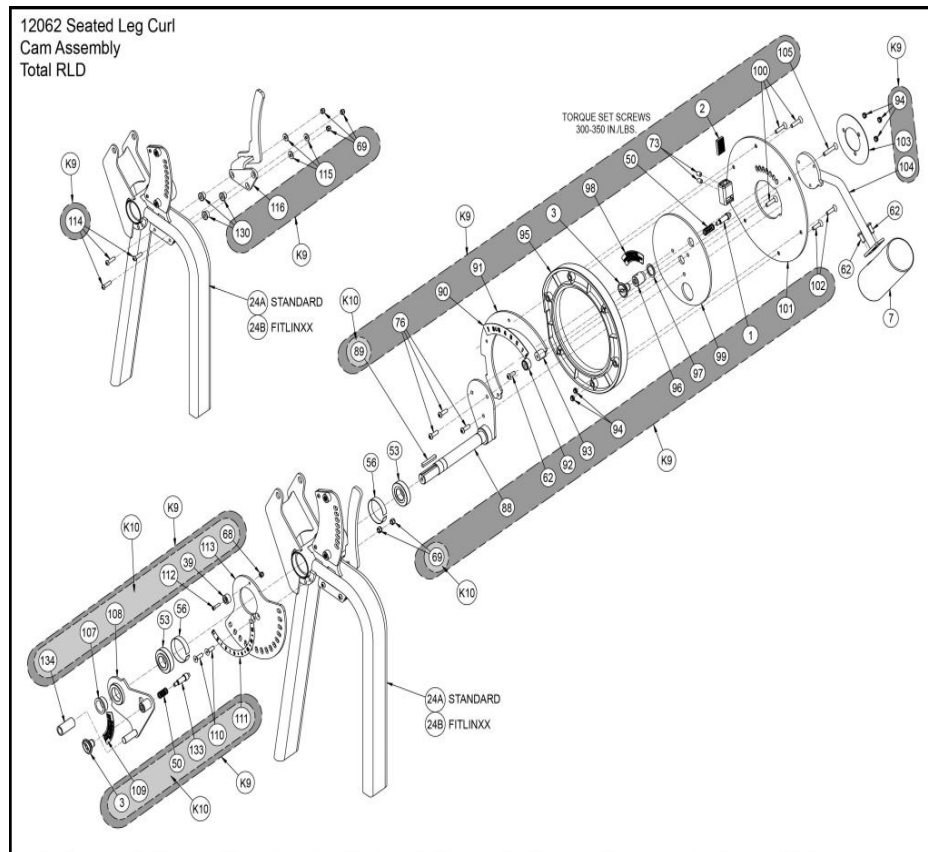
Ref #	Part Number	Qty	Description
K7	12000K019	1	Kit Hardware VR3

12060 Seat Pad Assembly



Ref #	Part Number	Qty	Description
31	12060-317	1	TUBE SUPPORT
62	HC700417	2	BHSCS .375-16 X 1.00
64	HC700430	2	BHSCS .375-16 X 2.50
69	HN704901	2	LOCKNUT .375-16 NYLON
78	JS347400	2	LOCKWASHER INT TOOTH .375
79	PN660200	2	INSERT PLASTIC 1.00 DIA-11 GA
81	PP130003	2	INSERT PLASTIC
118	01655	1	COVERED CUSHION SA TPR 20X20 Custom
119	01656	1	COVER SA TPR 20 X 20 Custom
124	12060-362	1	GRIP 2.94 LG X 2.00 OD X 11GA

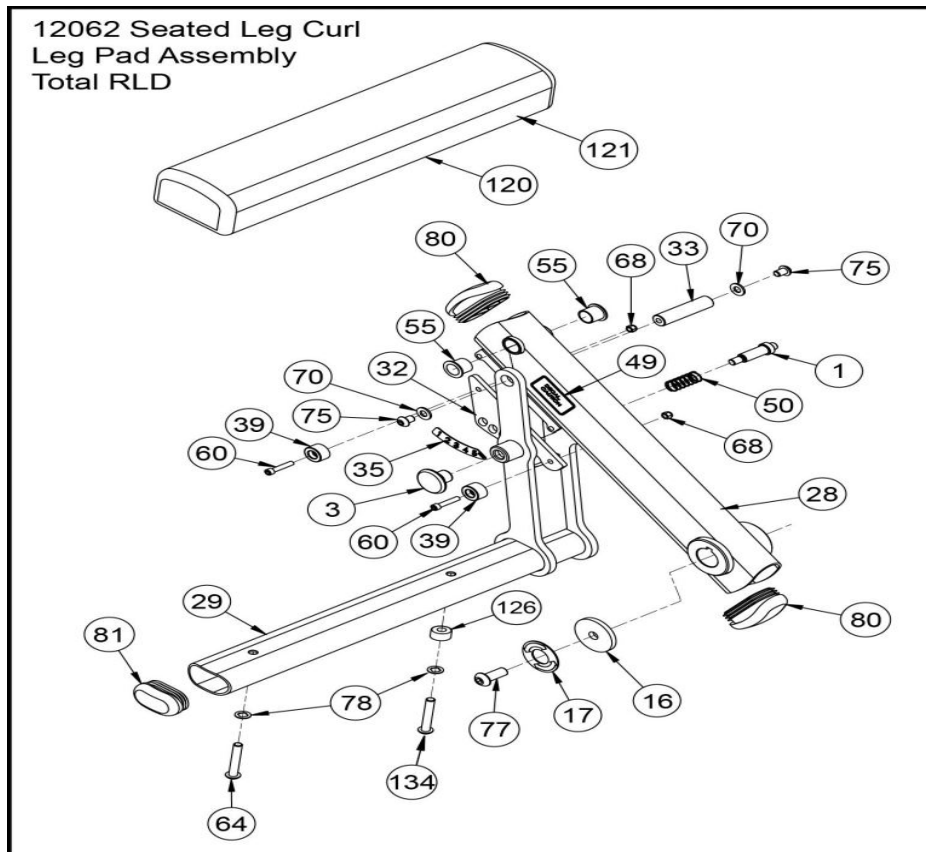
12062 Cam Assembly Total RLD



Ref #	Part Number	Qty	Description
1	08229	1	P PIN DETENT
2	11040-301	1	INSERT CLAMP BLOCK
3	11040-440	1	KNOB
7	11100-363	1	C/COUNTERWEIGHT
K8	12060K002	4	KIT NON TO START RLD Custom
24A	12060-200	2	W MAIN FRAME Custom
24B	12068-200	2	W MAIN FRAME Custom
40	12101-300	1	SPACER
50	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
53	FB030249	2	BEARING RADIAL 35MM EXT RACE
56	FC030009	2	TOLERANCE RING 72MM
62	HC700417	3	BHSCS .375-16 X 1.00
69	HN704901	3	LOCKNUT .375-16 NYLON
73	HY740000	2	SET SCREW
76	JC700420	3	BHSCS .375-16 X 1.25
82	PP660006	2	PLUG SNAP IN
88	12060-201	1	W PIVOT SHAFT
89	HH320030	1	KEY .313 SQ X 2.50
90	12060-354	1	DECAL ADJUSTMENT
91	11060-339	1	PLATE DECAL CAM
92	FB030239	1	CAM FOLLOWER 10 MM
93	12060-345	1	STOP CAM FOLLOWER

Ref #	Part Number	Qty	Description
94	HN704902	5	LOCKNUT NYLON .375-16
95	11050-333	1	CAM
96	11050-407	1	RETAINER
97	11050-408	1	SPACER
98	12050-377	1	DECAL START RLD Custom
99	12060-360	1	PLATE ECCENTRIC
100	JC700924	3	FHSCS .375-16 X 1.75
101	12060-204	1	W CAM PLATE
102	JC700922	2	FHSCS .375-16 X 1.50
103	12102-339	1	STOP GUARD
104	12060-207	1	W COUNTERWEIGHT MOUNT Custom
105	JC700928	1	FHSCS .375-16 X 2.25
114	JC700422	3	BHSCS .375-16 X 1.50
115	HS347700	3	WASHER USS .375
116	12060-213	1	W CAM FOLLOWER Custom
130	PR740300	3	MOUNT CENTER BONDED

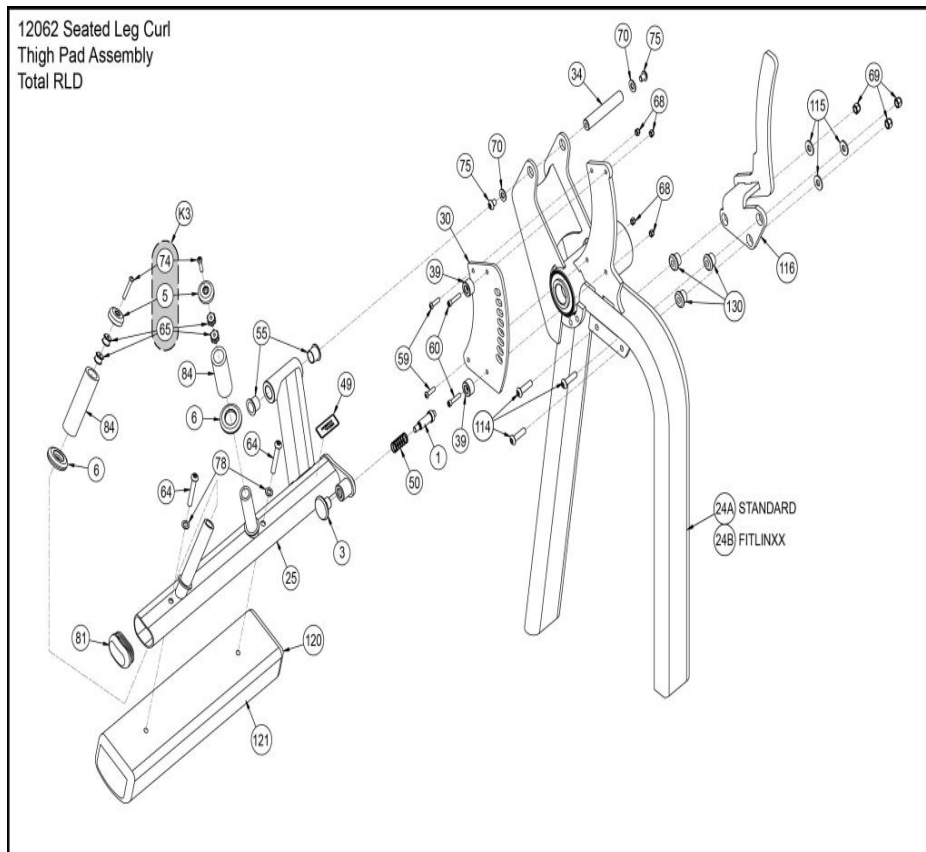
12062 Leg Pad Assembly Total RLD



Ref #	Part Number	Qty	Description
1	08229	1	P PIN DETENT
3	11040-440	1	KNOB
16	12050-343	1	WASHER
17	12050-355	1	DECAL ROTATION
28	12060-211	1	W INPUT ARM Custom
29	12060-212	1	W CUSHION ARM Custom
32	12060-336	1	P DETENT PLATE
33	12060-346	1	PIN PIVOT
35	12060-356	1	DECAL ADJUSTING
39	12100-303	2	BUMPER
49	8500-025	1	DECAL CAUTION Custom
50	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
55	FB130212	2	BUSHING FLANGE FOOTPLATE.75ID
60	HC622820	2	SHCS .250-20 X 1.25
64	HC700430	1	BHSCS .375-16 X 2.50
68	HN625200	2	LOCKNUT .250-20 NYLON HVY
70	HS347600	2	WASHER SAE .375
75	JC700412	2	BHSCS .375-16 X .50
77	JC780420	1	BHSCS .500-13 X 1.25
78	JS347400	2	LOCKWASHER INT TOOTH .375
80	PP130002	2	INSERT DOMED PLASTIC
81	PP130003	1	INSERT PLASTIC

Ref #	Part Number	Qty	Description
120	4800-196	1	COVERED CUSHION AS CONTOUR 20 Custom
121	4800-199	1	WEAR COVER CS Custom
126	PR060003	1	BUMPER RECESS
134	HC700432	1	BHSCS .375-16 X 2.75

12062 Thigh Pad Assembly Total RLD



Ref #	Part Number	Qty	Description
K3	11090K006	1	KIT HANDLE TRIM RING
3	11040-440	1	KNOB
5	11090-374	1	END CAP
6	11090-376	2	RING HANDLE GRIP
24A	12060-200	1	W MAIN FRAME Custom
24B	12068-200	1	W MAIN FRAME Custom
25	12060-206	1	W CUSHION PIVOT Custom
30	12060-315	1	P DETENT PLATE
34	12060-347	1	PIN PIVOT
39	12100-303	2	BUMPER
49	8500-025	1	DECAL CAUTION Custom
50	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
55	FB130212	2	BUSHING FLANGE FOOTPLATE.75ID
59	HC620417	2	BHSCS .250-20 X 1.00
60	HC622820	2	SHCS .250-20 X 1.25
64	HC700430	2	BHSCS .375-16 X 2.50
65	HF449063	1	INSERT 3-4X1-4-20 CONNECTOR
68	HN625200	4	LOCKNUT .250-20 NYLON HVY
69	HN704901	3	LOCKNUT .375-16 NYLON
70	HS347600	2	WASHER SAE .375
74	JC620422	2	BHSCS .250-20 X 1.50
75	JC700412	2	BHSCS .375-16 X .50

Ref #	Part Number	Qty	Description
78	JS347400	1	LOCKWASHER INT TOOTH .375
81	PP130003	2	INSERT PLASTIC
82	PP660006	2	PLUG SNAP IN
84	4605-514	2	GRAB GRIP 4.50
114	JC700422	3	BHSCS .375-16 X 1.50
115	HS347700	3	WASHER USS .375
116	12060-213	1	W CAM FOLLOWER Custom
120	4800-196	1	COVERED CUSHION AS CONTOUR 20 Custom
121	4800-199	1	WEAR COVER CS Custom
130	PR740300	3	MOUNT CENTER BONDED

