

VR3 ARM EXTENSION

12380-01

Parts Manual

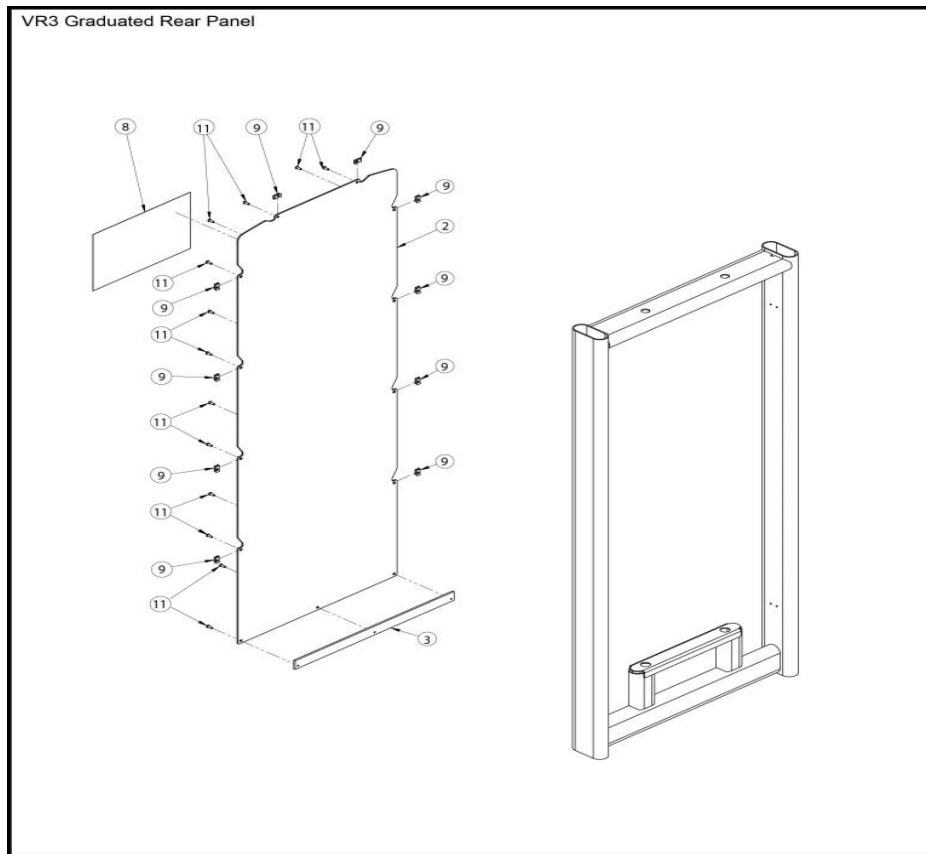
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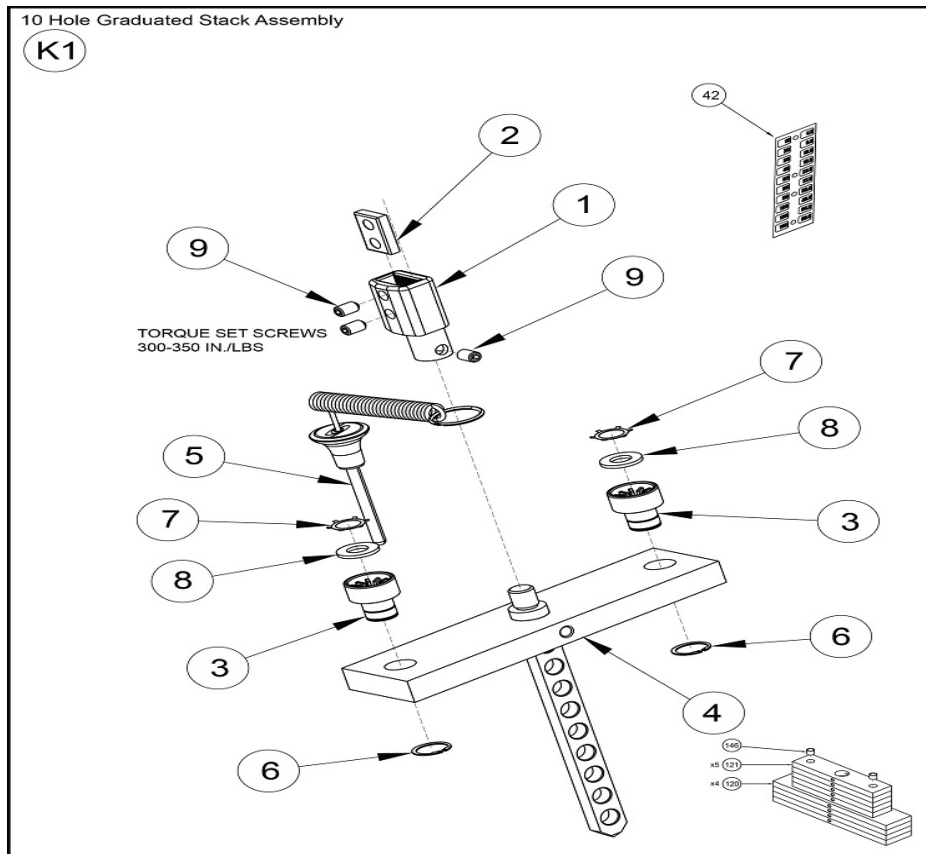
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VR3 Graduated Back Panel (12000-375)



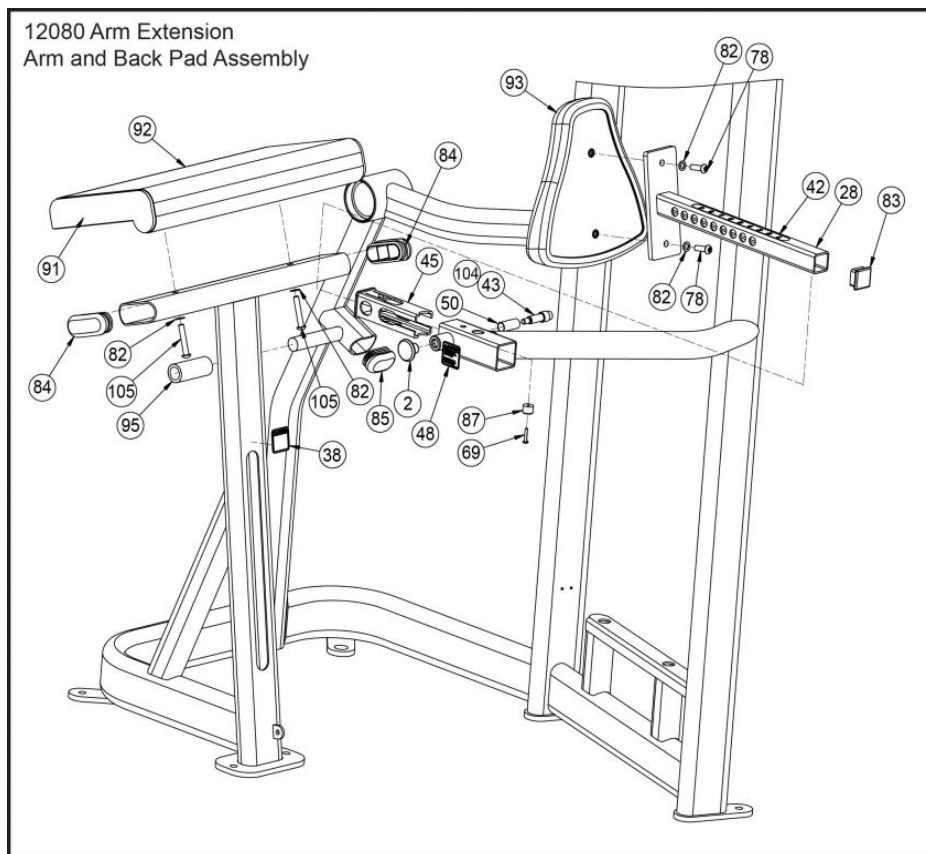
Ref #	Part Number	Qty	Description
2	12000-375	1	PANEL INSERT
3	12000-378	1	SUPPORT
8	3900-441	1	DECAL CYBEX VER BLACK
9	HF579000	10	PANEL FASTENER 10-24 U TYPE
11	HX570412	13	BHSCS 10-24 X .50 SS

VR3 - 10 Hole Graduated Stack Assembly



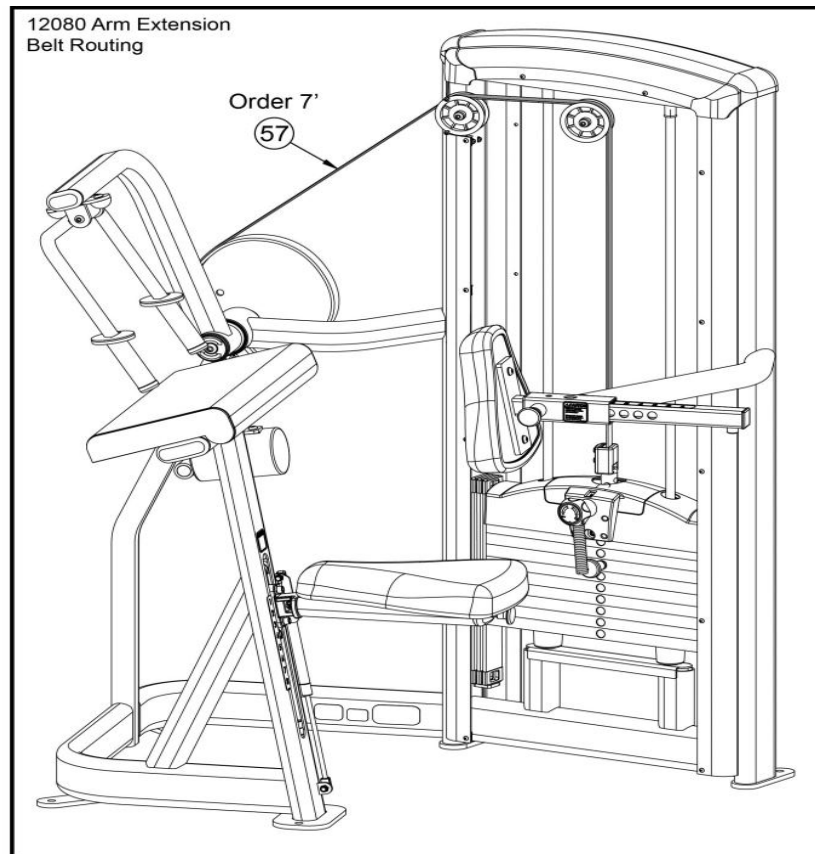
Ref #	Part Number	Qty	Description
K1	12301-006	1	Top Weight Assy 10
1	11040-216	1	P BELT CLAMP
2	11040-301	1	INSERT CLAMP BLOCK
3	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
4	4700-265	1	C Top WT 10-3X12
5	BH030207	1	PIN WEIGHT SELECTOR
6	BR030206	2	RETAINING RING
7	BR030220	2	RETAINING RING 1.250 INTERNAL
8	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
9	HY740000	3	SET SCREW
42	12301-551	1	DECAL, WT PLATE GRADUATED (10-140)
120	4000C101	4	C STACK WT 4X18
121	4700-337	5	C Stack Weight 10 lbs exact
146	FB130216	2	Bushing Weight Stack

12080 Arm and back Pad



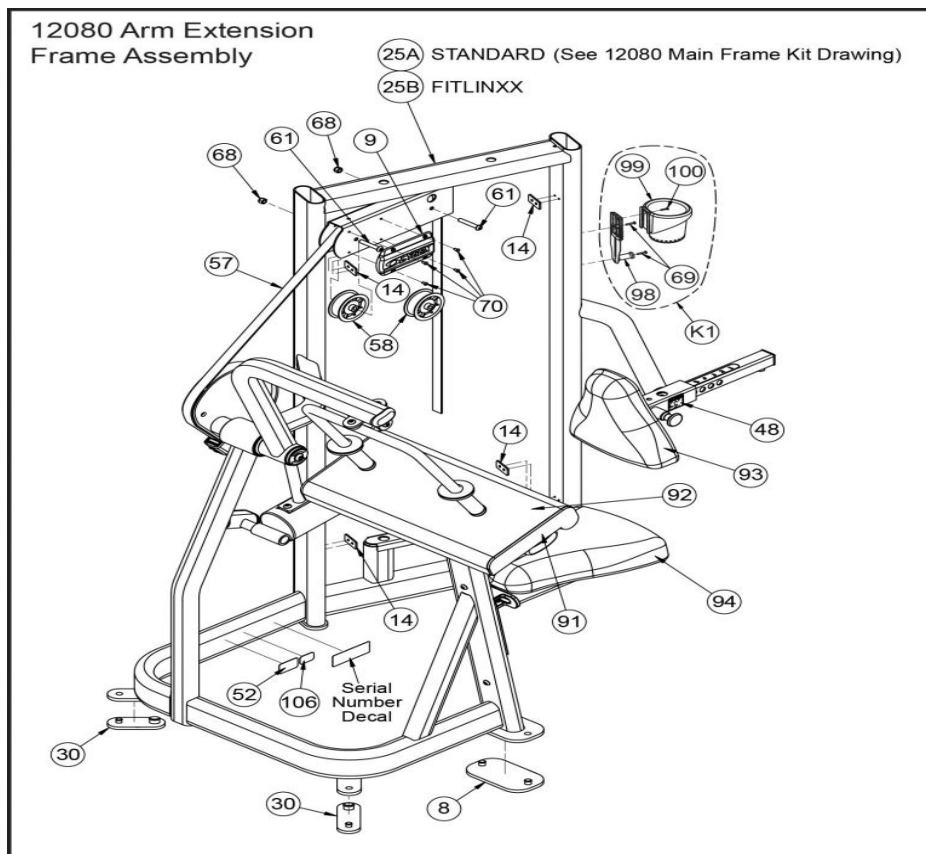
Ref #	Part Number	Qty	Description
2	11040-440	1	KNOB
28	12080-205	1	P CUSHION TUBE
38	4520-362	1	DECAL SEAT CAUTION Custom
42	4540-323	1	DECAL ADJUSTING
43	4605-322	2	PIN DETENT
45	4605-511	1	INSERT PLASTIC 5.94
48	8500-025	1	DECAL CAUTION Custom
50	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
61	HC700428	1	BHSCS .375-16 X 2.25
69	HT512517	1	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
78	JC700420	2	BHSCS .375-16 X 1.25
82	JS347400	4	LOCKWASHER INT TOOTH .375
83	PP090211	1	INSERT PL 1.50 SQ X 10-14 GA
84	PP130002	2	INSERT DOMED PLASTIC
85	PP130003	1	INSERT PLASTIC
87	PR060006	1	BUMPER RECESS
91	4800-163	1	COVERED CUSHION CONTOUR 10 X 2 Custom
92	4800-162	1	WEAR COVER CONTOUR 10 X 22 Custom
93	4800-168	1	CUSHION SA BIKE SEAT 12IN MOLDED Custom
95	4605-515	1	GRAB GRIP 3.25
105	HC700430	2	BHSCS .375-16 X 2.50

12080 Belt Routing



Ref #	Part Number	Qty	Description
57	GB000202	1	BELT .95 WIDE

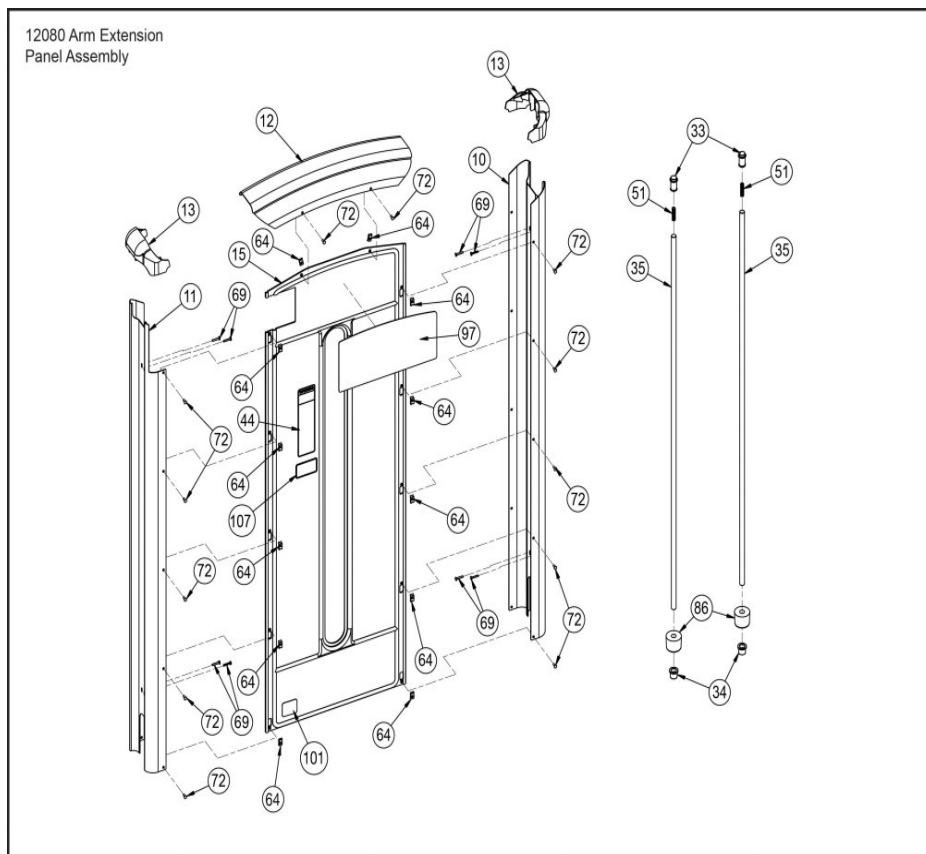
12080 Frame Assembly



Ref #	Part Number	Qty	Description
K1	12000K017	1	Kit Water Bottle Holder
8	12000-345	1	FOOT PAD 4.00 X 7.00
9	12000-466	1	PULLEY COVER
14	12000-398	4	SPACER
25A	12080K002	1	KIT, VR3 ARM EXTENSION Custom
25B	12088-200	1	W MAIN FRAME Custom
30	12090-322	2	PAD FOOT
36	4000Y316	1	DECAL CAUTION
48	8500-025	1	DECAL CAUTION Custom
52	CM000211	1	DECAL PATENT
57	GB000202	1	BELT .95 WIDE
58	GP000209	2	PULLEY ASSEMBLY-3.50
61	HC700428	2	BHSCS .375-16 X 2.25
68	HN704901	2	LOCKNUT .375-16 NYLON
69	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
70	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
91	4800-163	1	COVERED CUSHION CONTOUR 10 X 2 Custom
92	4800-162	1	WEAR COVER CONTOUR 10 X 22 Custom
93	4800-168	1	CUSHION SA BIKE SEAT 12IN MOLDED Custom
94	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom
98	13000-402	1	Mount Water Bottle Holder
99	13000-400	1	Holder Water Bottle

Ref #	Part Number	Qty	Description
100	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
106	CM000260	1	DECAL, CAPACITY

12080 Panel Assembly



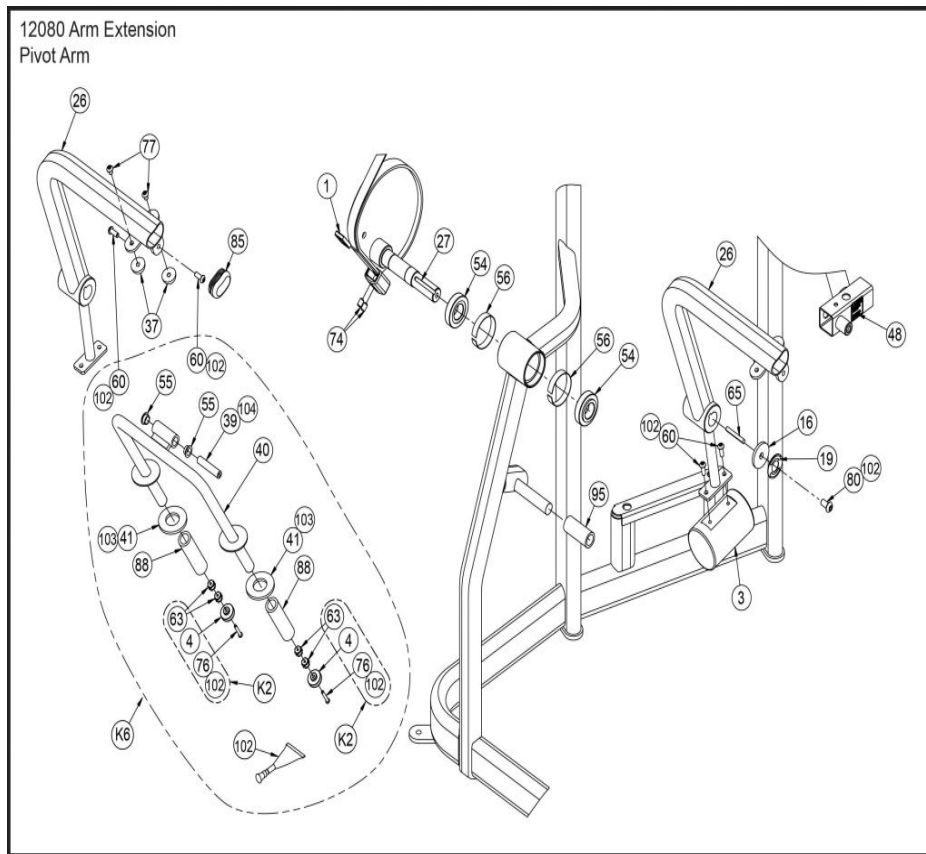
Ref #	Part Number	Qty	Description
10	12000-392	1	CHANNEL INCREMENT WEIGHT
11	12000-394	1	CHANNEL INCREMENT WEIGHT
12	12000-395	1	CAP TOP
13	12000-396	2	END CAP
15	12000-404	1	PANEL INSERT
33	12210-347	2	CAP GUIDE ROD
34	12210-348	2	CAP GUIDE ROD
35	12210-350	2	WT ROD .625 DIA X 49.53
44	DE000001	1	Decal Warning Custom
51	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
64	HF579000	12	PANEL FASTENER 10-24 U TYPE
69	HT512517	8	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
72	HX570412	13	BHSCS 10-24 X .50 SS
86	PR060005	2	BUMPER WEIGHT
97	12080-598	1	Placard VR3 Arm Ext
101	11040-790	1	NLA: DECAL, MADE IN THE USA
107	DE000005	1	Decal Caution Custom

12080 Parts Not Shown

Other Parts Not Shown

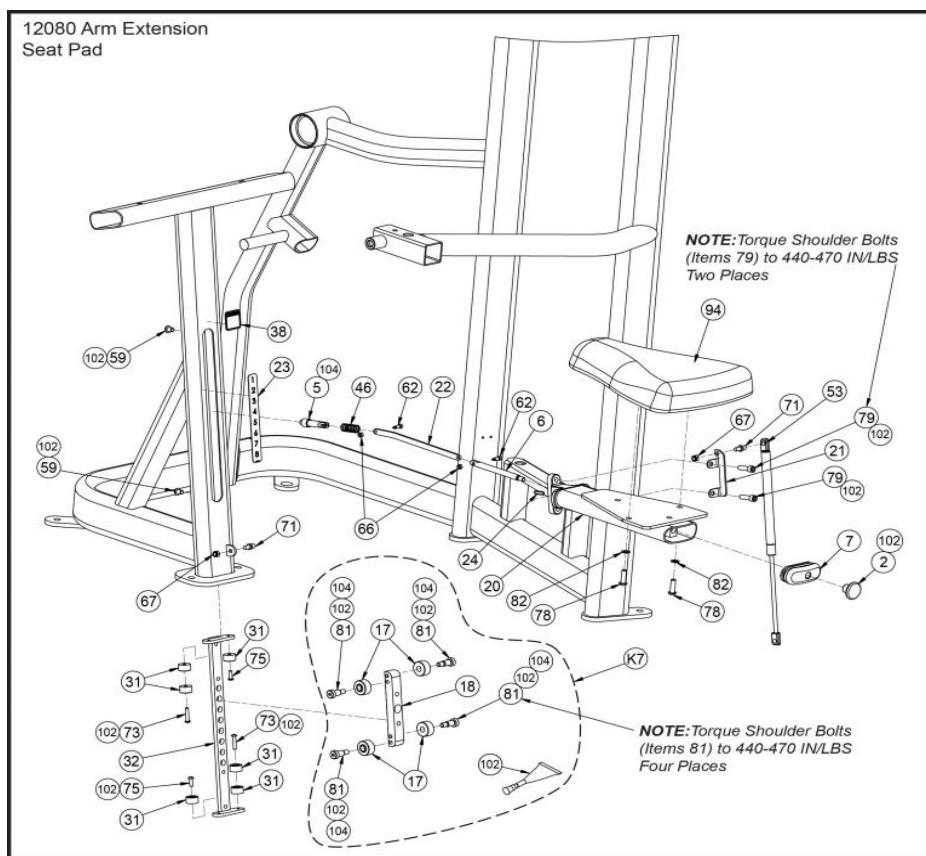
Ref #	Part Number	Qty	Description
K8	12000K019	1	Kit Hardware VR3

12080 Pivot Arm



Ref #	Part Number	Qty	Description
1	11040-301	1	INSERT CLAMP BLOCK
K2	11090K006	2	KIT HANDLE TRIM RING
4	11090-374	1	END CAP
K6	4540K003	1	Kit Handle Custom
26	12080-201	2	W INPUT ARM Custom
27	12080-202	1	W CAM Custom
37	4505-331	2	BUMPER 1.50 DIA
39	4535-328	1	PIN PIVOT-SHORT
40	4540-204	1	W HANDLE Custom
41	4540-321	2	BUMPER HANDLE
54	FB030249	2	BEARING RADIAL 35MM EXT RACE
55	FB130205	2	BRG FLG .62 X .75 .38 LG
56	FC030009	2	TOLERANCE RING 72MM
60	HC700417	3	BHSCS .375-16 X 1.00
63	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
74	HY740000	2	SET SCREW
76	JC620422	2	BHSCS .250-20 X 1.50
77	JC700412	1	BHSCS .375-16 X .50
85	PP130003	1	INSERT PLASTIC
88	4605-510	2	GRAB GRIP 4.75
95	4605-515	1	GRAB GRIP 3.25

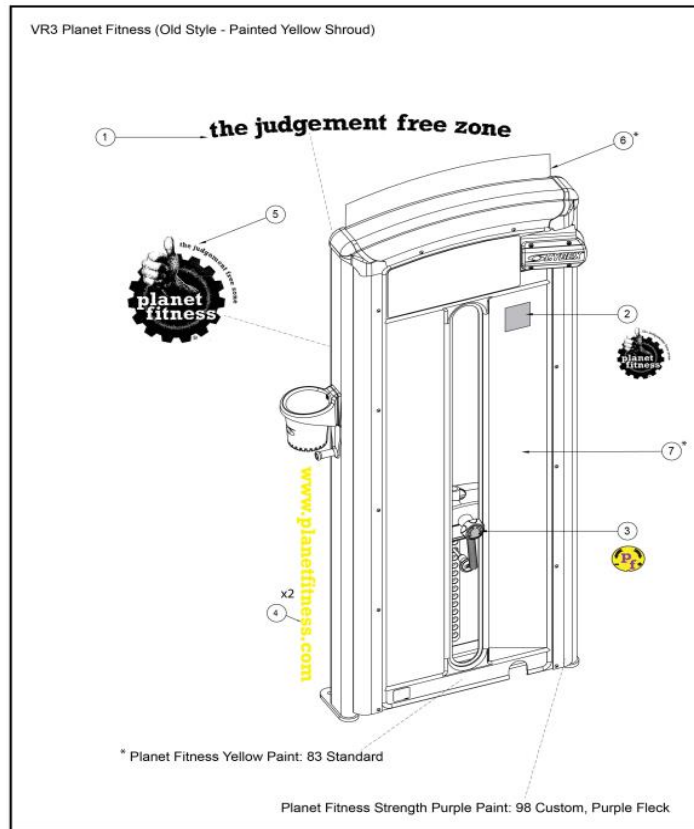
12080 Seat Pad



Ref #	Part Number	Qty	Description
2	11040-440	1	KNOB
5	12000-339	1	PIN DETENT
6	12000-342	1	PIN DETENT
7	12000-346	1	INSERT, PLASTIC
17,18,K7	12000K012	6	KIT. ROLLER ASSEMBLY
20	12080-206	1	W Seat Bottom Custom
21	12070-308	1	MOUNT SPRING
22	12080-311	1	Bar Linkage
23	12070-329	1	DECAL ADJUSTING
24	12070-394	1	DECAL INDICATOR
31	12100-303	6	BUMPER
32	12190-208	1	P DETENT BAR
38	4520-362	1	DECAL SEAT CAUTION Custom
46	4715-346	1	COM SPRING .72 X 1.50 LG
53	EZ000008	1	GAS SPRING 100N
59	HC700412	2	BHSCS .375-16 X .50
62	HD303312	2	S BOLT .250 X .500 .190-10-24
66	HN575100	2	LOCKNUT .190-NO 10-24
67	HN664900	2	LOCKNUT .312-18 NYLON INSERT
71	HX-60184	2	BALL,STUD,5/16 -18X10MM
73	HX620420	2	BHSCS .250-20 X 1.250
75	JC620415	2	BHSCS .250-20 X .75

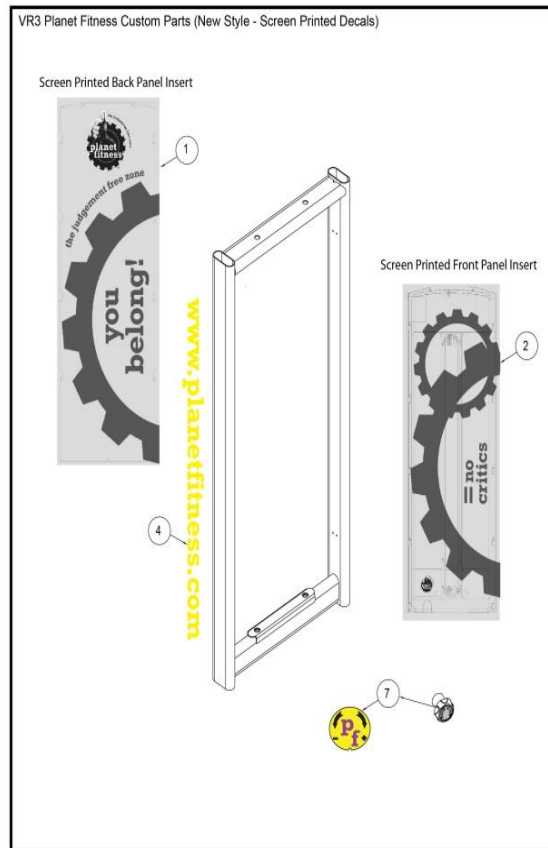
Ref #	Part Number	Qty	Description
78	JC700420	2	BHSCS .375-16 X 1.25
79	JC702820	2	SHCS .375-16 X 1.25
81	JD383315	4	S BOLT .500 X .75 .375-16
82	JS347400	2	LOCKWASHER INT TOOTH .375
94	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom

12200, 12210, 12500, 12510 Planet Shrouds with 12000-375



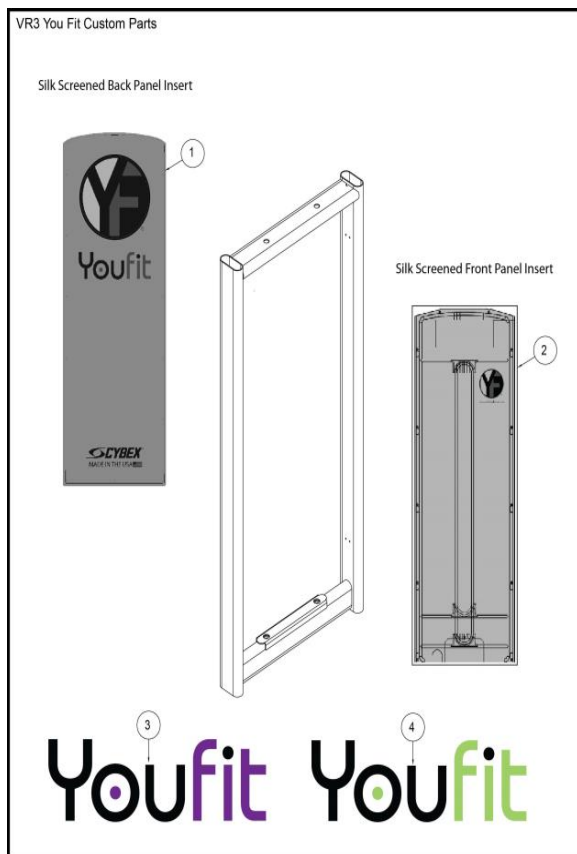
Ref #	Part Number	Qty	Description
1	DE-60232	1	DECAL JUDGEMENT FREE ZONE
2	DE-60233	1	DECAL THUMBS UP 3 INCH PLANET FITNESS
3	DE-60231	1	DECAL ROTATION PLANET FITNESS
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
5	DE-60235	1	DECAL THUMBS UP 13 INCH PLANET FITNESS
6	12000-375Y	1	BACK PANEL INSERT YELLOW
7	12000-399Y	1	PANEL INSERT YELLOW

12200, 12210, 12500, 12510 Planet Shrouds with 12000-375 (New Style)



Ref #	Part Number	Qty	Description
1	12000-375P	1	BACK PANEL INSERT, PLANET FITNESS
2	12000-399P	1	Panel insert, Planet Fitness
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
7	DE-60231	1	DECAL ROTATION PLANET FITNESS

12200, 12210, 12500, 12510 You Fit Shrouds with 12000-375



Ref #	Part Number	Qty	Description
1C	12000-375PY	1	BACK PANEL INSERT, YOUFIT PURPLE
1D	12000-375YP	1	BACK PANEL INSERT, YOUFIT PURPLE
1B	12000-375YG	1	BACK PANEL INSERT, YOUFIT GREEN
1A	12000-375GY	1	BACK PANEL INSERT, YOUFIT GREEN
2A	12000-399GY	1	PANEL INSERT, YOUFIT GREEN
2B	12000-399YP	1	PANEL INSERT, YOUFIT PURPLE
3	DE-60274	1	DECAL, YOUFIT PURPLE
4	DE-60275	1	DECAL, YOUFIT GREEN

