

VR3 LAT PULLDOWN

12430-01

Parts Manual

1/5/2019 2:34:11 AM

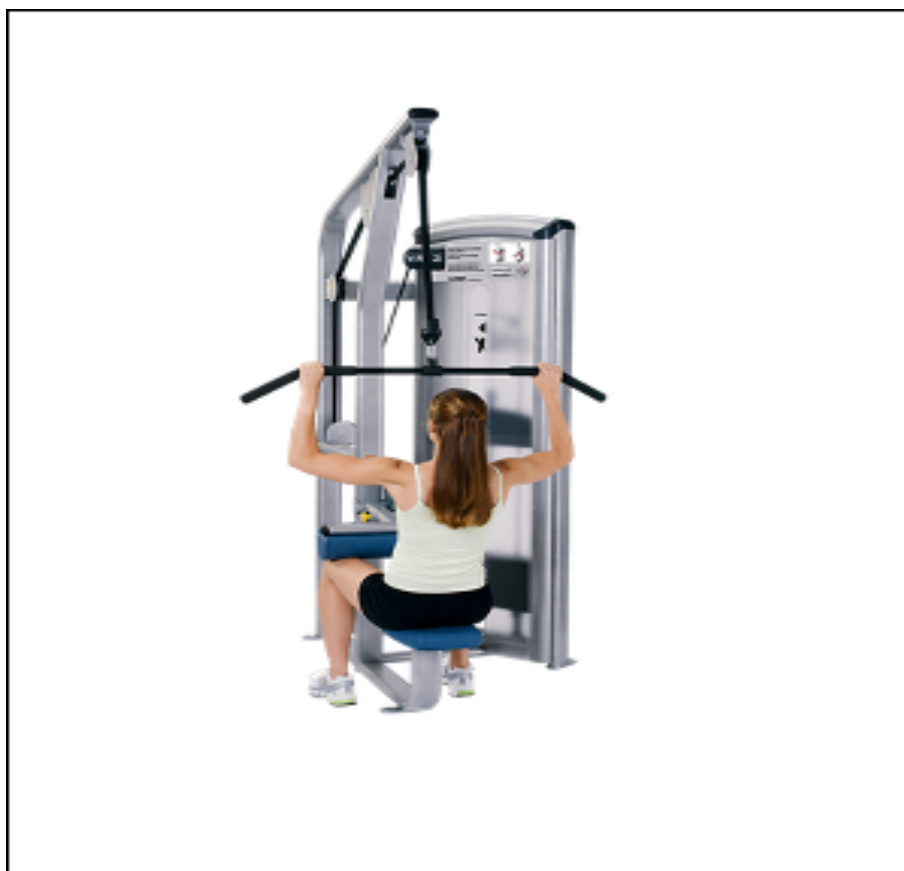
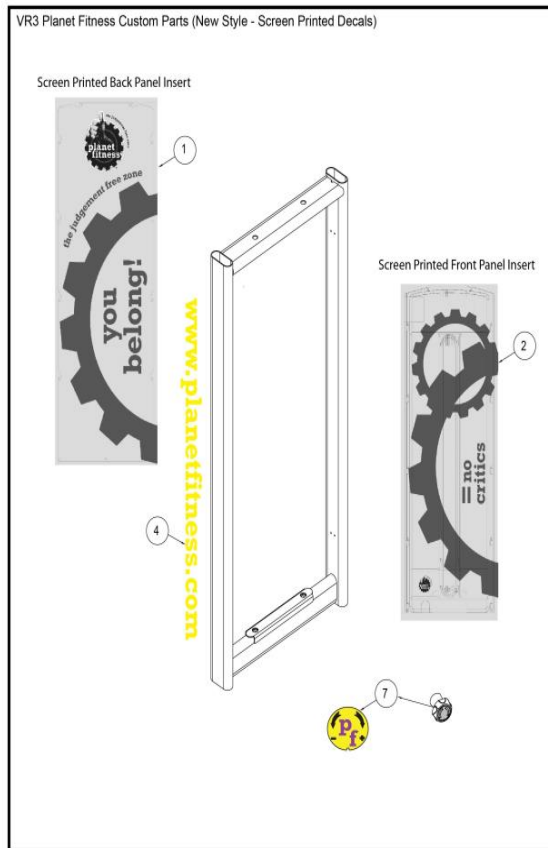


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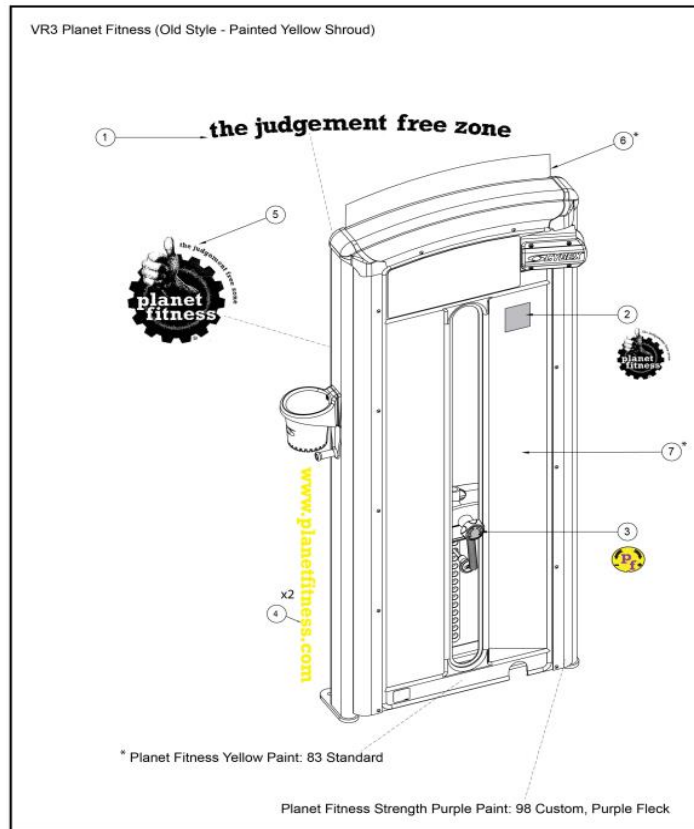
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VR3 Planet Fitness Custom (New Style)



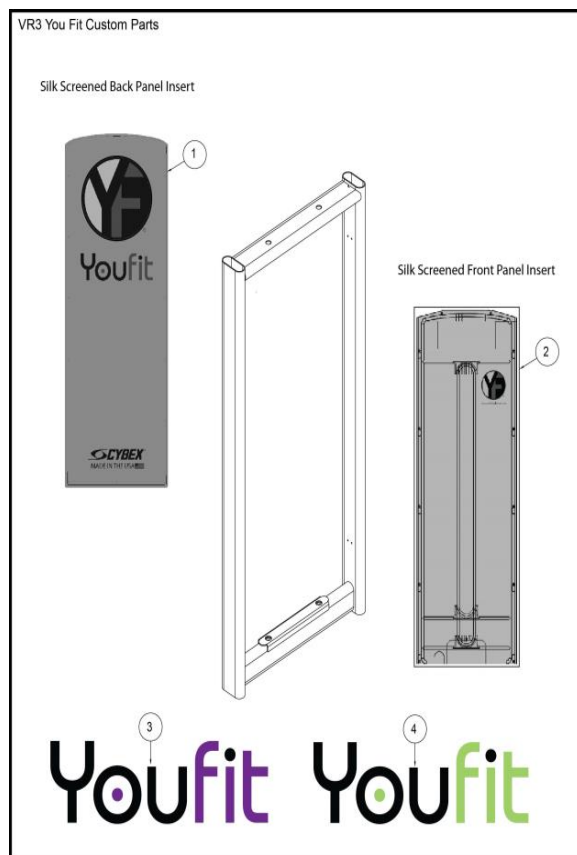
Ref #	Part Number	Qty	Description
1	12000-375P	1	BACK PANEL INSERT, PLANET FITNESS
2	12000-399P	1	Panel insert, Planet Fitness
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
7	DE-60231	1	DECAL ROTATION PLANET FITNESS

VR3 Planet Fitness Custom (Old Style) □



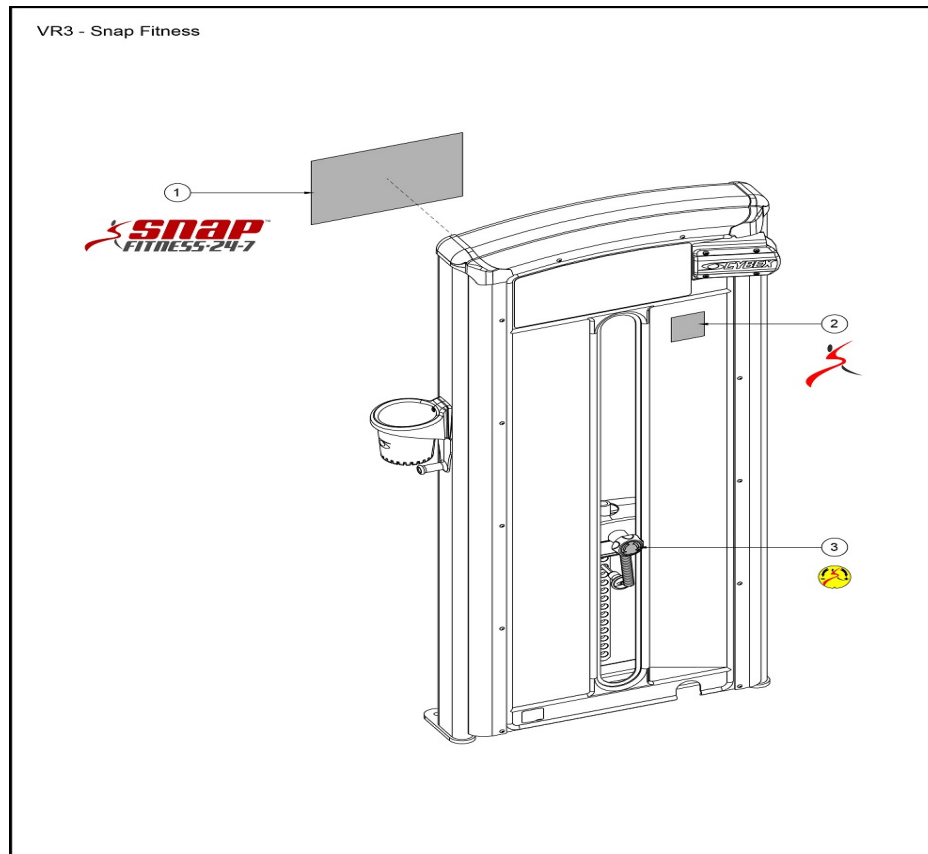
Ref #	Part Number	Qty	Description
1	DE-60232	1	DECAL JUDGEMENT FREE ZONE
2	DE-60233	1	DECAL THUMBS UP 3 INCH PLANET FITNESS
3	DE-60231	1	DECAL ROTATION PLANET FITNESS
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
5	DE-60235	1	DECAL THUMBS UP 13 INCH PLANET FITNESS
6	12000-375Y	1	BACK PANEL INSERT YELLOW
7	12000-399Y	1	PANEL INSERT YELLOW

VR3 You Fit Custom ☐



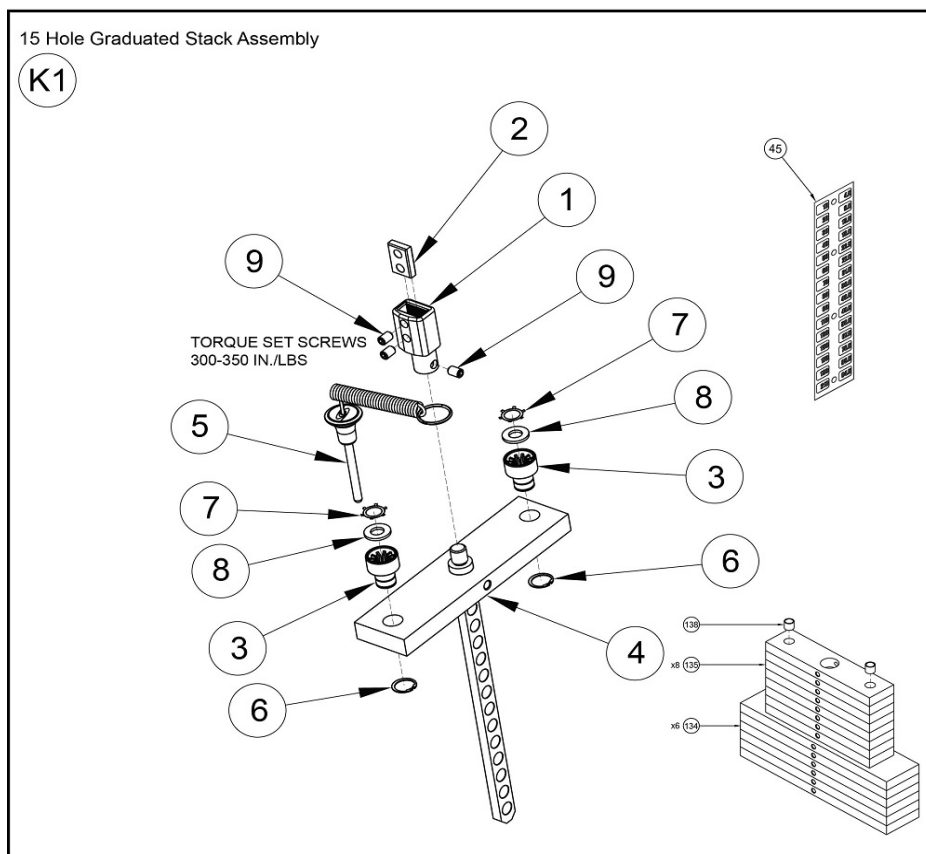
Ref #	Part Number	Qty	Description
1B	12000-375YG	1	BACK PANEL INSERT, YOUFIT GREEN
1A	12000-375GY	1	BACK PANEL INSERT, YOUFIT GREEN
1C	12000-375PY	1	BACK PANEL INSERT, YOUFIT PURPLE
1D	12000-375YP	1	BACK PANEL INSERT, YOUFIT PURPLE
2B	12000-399YP	1	PANEL INSERT, YOUFIT PURPLE
2A	12000-399GY	1	PANEL INSERT, YOUFIT GREEN
3	DE-60274	1	DECAL, YOUFIT PURPLE
4	DE-60275	1	DECAL, YOUFIT GREEN

VR3 - Snap Fitness



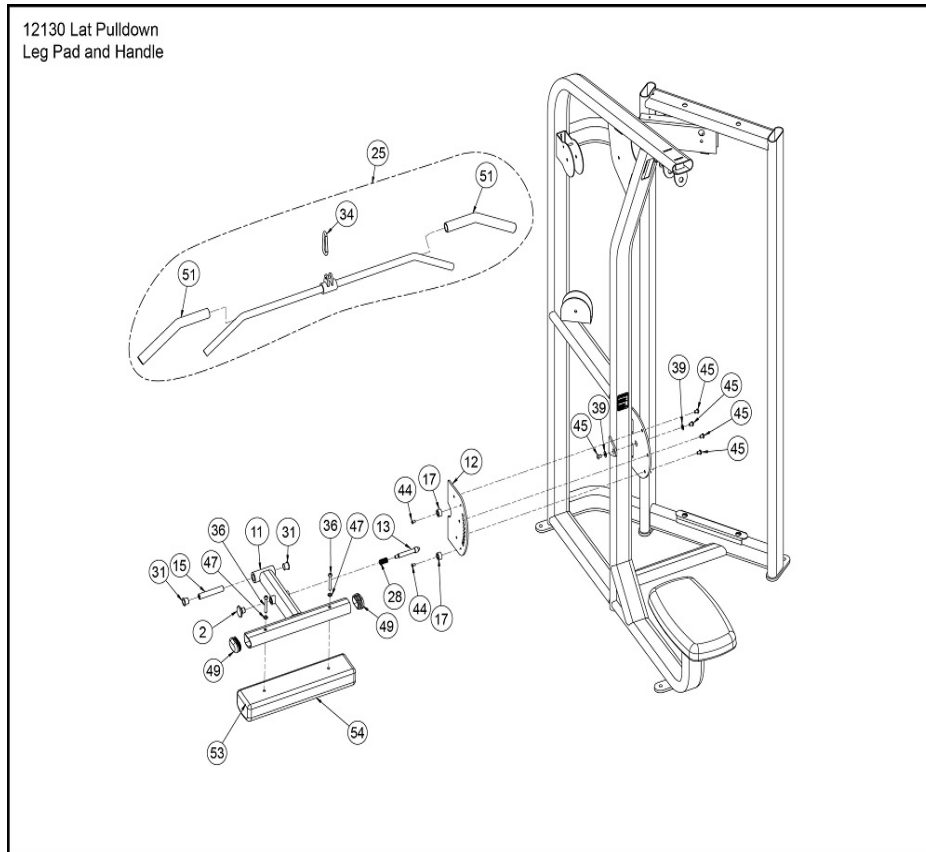
Ref #	Part Number	Qty	Description
1	12000-422	1	Decal Snap Fitness Logo 13.00
2	12000-423	1	DECAL SNAP FITNESS RUNNING MAN 3.00
3	12000-424	1	Decal Snap Fitness Rotation

VR3 - 15 Hole Graduated Stack Assembly



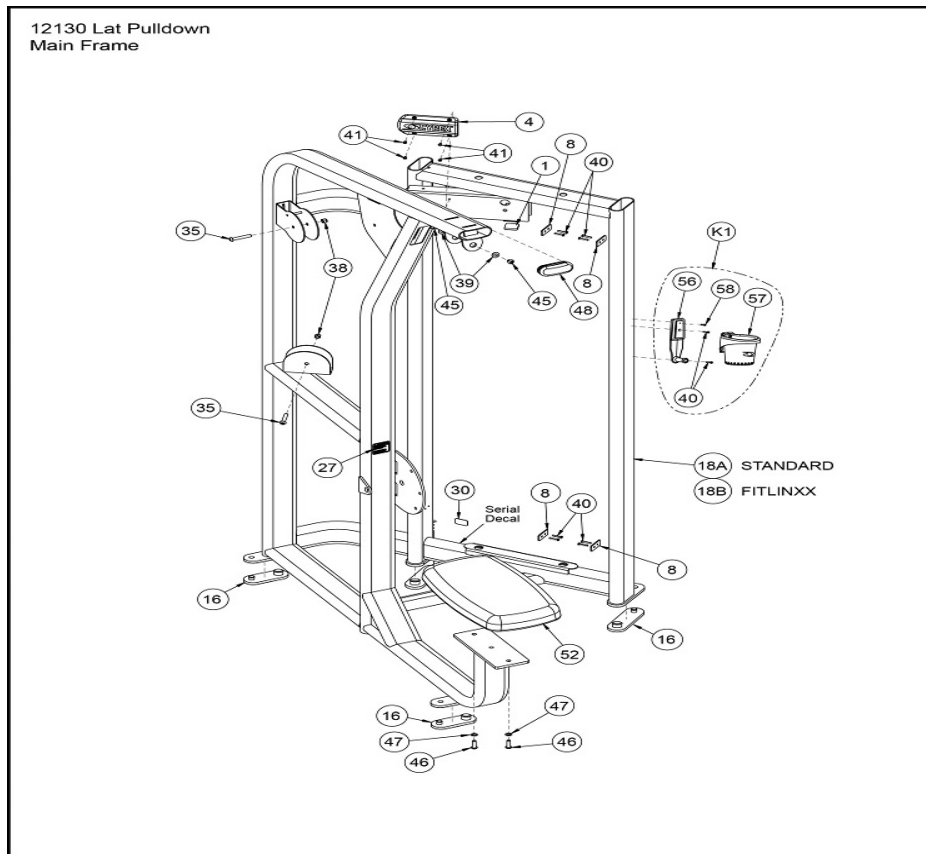
Ref #	Part Number	Qty	Description
K1	12301-007	1	Top Weight Assy 15
1	11040-216	1	P BELT CLAMP
2	11040-301	1	INSERT CLAMP BLOCK
3	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
4	4700-266	1	C Top WT 15-3X12
5	BH030207	1	PIN WEIGHT SELECTOR
6	BR030206	2	RETAINING RING
7	BR030220	2	RETAINING RING 1.250 INTERNAL
8	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
9	HY740000	3	SET SCREW
45	12301-552	1	DECAL, WT PLATE GRADUATED (10-210)
134	4000C101	8	C STACK WT 4X18
135	4700-337	8	C Stack Weight 10 lbs exact
138	FB130216	1	Bushing Weight Stack

12130 Leg Pad and Handle



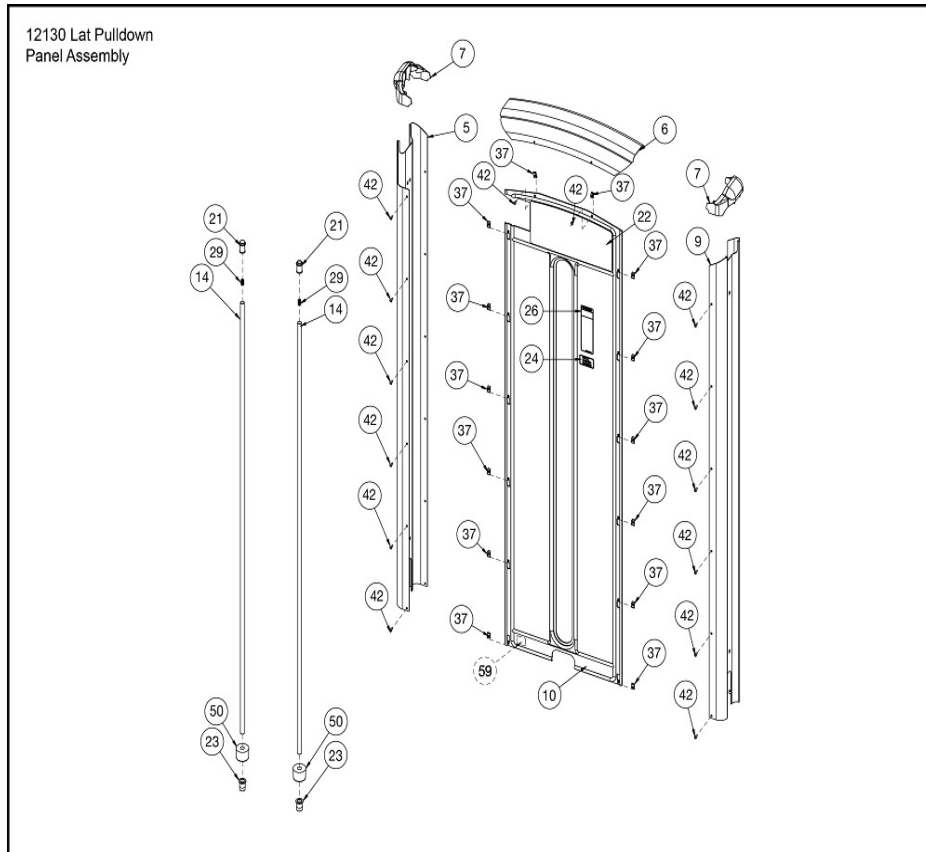
Ref #	Part Number	Qty	Description
2	11040-440	1	KNOB
11	12020-202	1	W CUSHION PIVOT Custom
12	12020-313	1	PLATE DETENT
13	12020-336	1	PIN DETENT
15	12060-347	1	PIN PIVOT
17	12100-303	2	BUMPER
25	4005-105	1	PULLDOWN BAR SA
31	FB130212	2	BUSHING FLANGE FOOTPLATE.75ID
34	3250201	1	Snap Link 3/8" D
36	HC700430	2	BHSCS .375-16 X 2.50
39	HS347600	2	WASHER SAE .375
44	JC620412	2	BHSCS .250-20 X .50
45	JC700412	5	BHSCS .375-16 X .50
47	JS347400	2	LOCKWASHER INT TOOTH .375
49	PP130003	2	INSERT PLASTIC
51	PR400201	2	GRIP 14.0 LG .940 ID .188 WA
53	4800-196	1	COVERED CUSHION AS CONTOUR 20 Custom
54	4800-093	1	WEAR COVER SA 4.5 X 20 Custom

12130 Main Frame



Ref #	Part Number	Qty	Description
K1	12000K017	1	Kit Water Bottle Holder
1	11040-409	1	BUMPER
4	12000-466	1	PULLEY COVER
8	12000-398	4	SPACER
16	12090-322	3	PAD FOOT
18B	12138-200	1	W MAIN FRAME Custom
18A	12130-200	1	W MAIN FRAME Custom
27	8500-025	1	DECAL CAUTION Custom
30	CM000211	1	DECAL PATENT
35	HC700428	2	BHSCS .375-16 X 2.25
38	HN704901	2	LOCKNUT .375-16 NYLON
39	HS347600	2	WASHER SAE .375
40	HT512517	6	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
41	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
45	JC700412	2	BHSCS .375-16 X .50
46	JC700420	2	BHSCS .375-16 X 1.25
47	JS347400	2	LOCKWASHER INT TOOTH .375
48	PP130002	1	INSERT DOMED PLASTIC
52	4800-188	1	CUSHION SA 10 X 18 NS Custom
56	13000-402	1	Mount Water Bottle Holder
57	13000-400	1	Holder Water Bottle
58	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK

12130 Panel Assembly



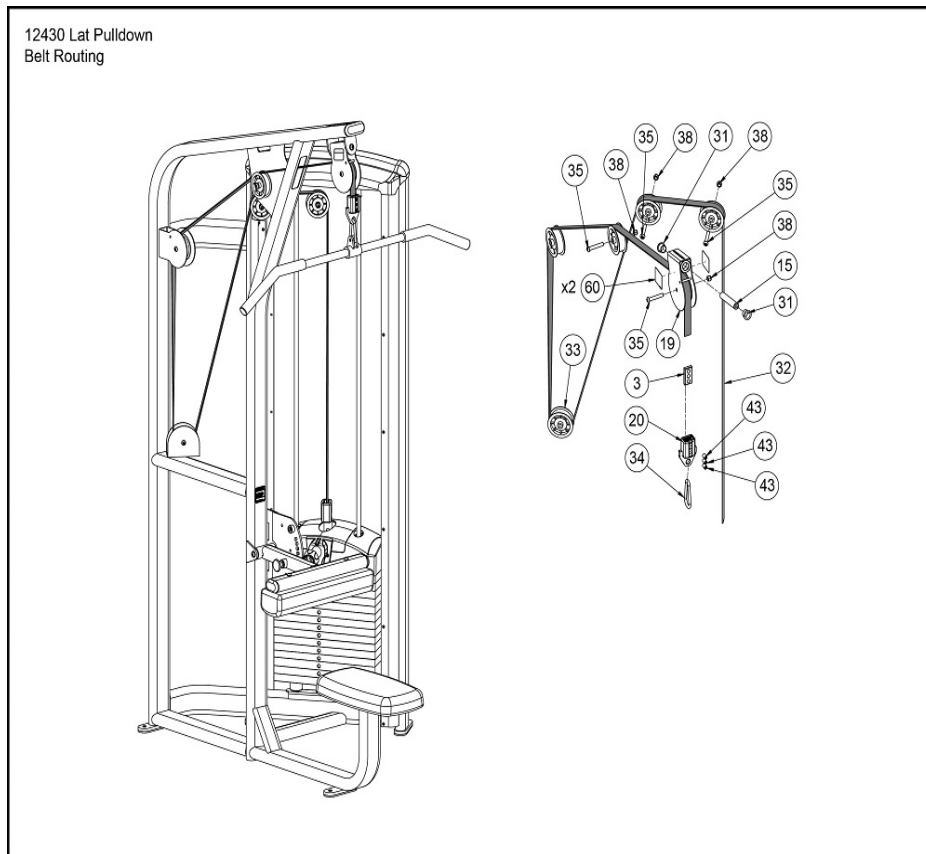
Ref #	Part Number	Qty	Description
5	12000-391	1	CHANNEL INCREMENT WEIGHT
6	12000-395	1	CAP TOP
7	12000-396	2	END CAP
9	12000-402	1	CHANNEL INCREMENT WEIGHT
10	12000-411	1	PANEL INSERT
14	12040-336	2	WT ROD .625 DIA X 68.625
21	12210-347	2	CAP GUIDE ROD
22	12130-598	1	Placard VR3 Lat Pulldown
23	12210-348	2	CAP GUIDE ROD
24	DE000005	1	Decal Caution Custom
26	DE000001	1	Decal Warning Custom
29	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
37	HF579000	14	PANEL FASTENER 10-24 U TYPE
42	HX570412	14	BHSCS 10-24 X .50 SS
50	PR060005	2	BUMPER WEIGHT
59	11040-790	1	NLA: DECAL, MADE IN THE USA

12130 Parts Not Shown

Other Parts Not Shown

Ref #	Part Number	Qty	Description
K5	12000K019	1	Kit Hardware VR3

12430 Belt Routing



Ref #	Part Number	Qty	Description
3	11040-568	1	CLAMP BLOCK INSERT
15	12060-347	1	PIN PIVOT
19	12130-202	1	W PULLEY TAB
20	12130-203	1	W CLAMP
31	FB130212	2	BUSHING FLANGE FOOTPLATE.75ID
32	12430-362	1	
33	GP000209	1	PULLEY ASSEMBLY-3.50
34	3250201	1	Snap Link 3/8" D
35	HC700428	4	BHSCS .375-16 X 2.25
38	HN704901	4	LOCKNUT .375-16 NYLON
43	HY740000	3	SET SCREW
60	DE000028	2	Decal Warning Custom

