

VR3 GLUTE

12470-01

Parts Manual

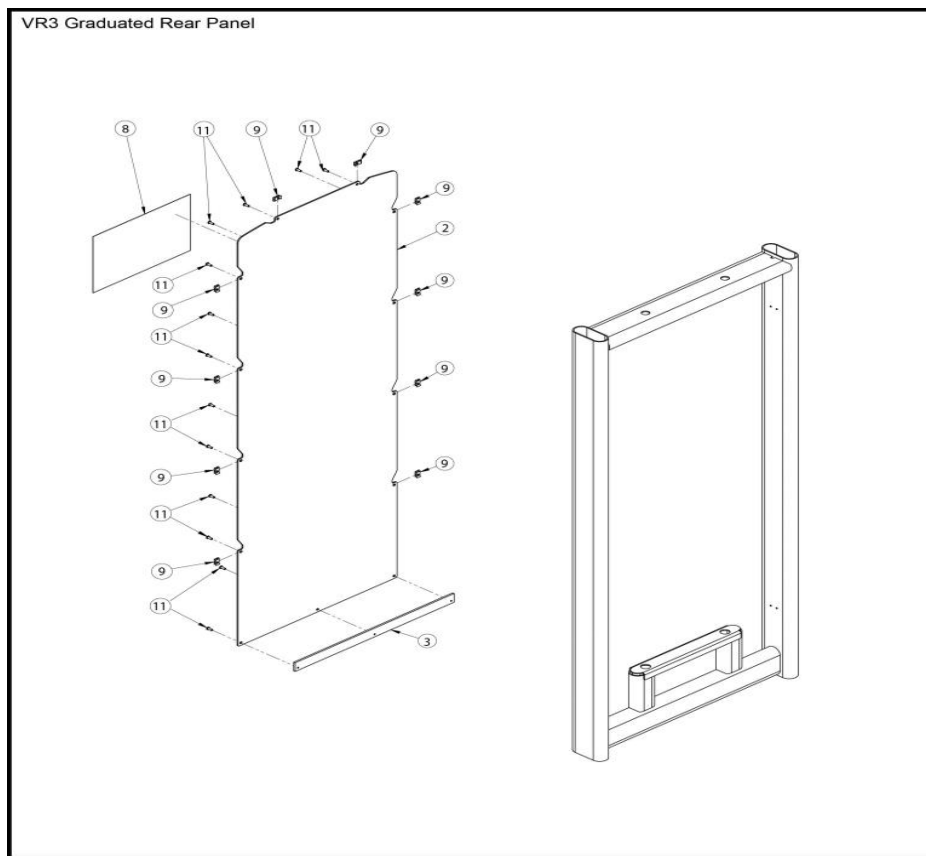
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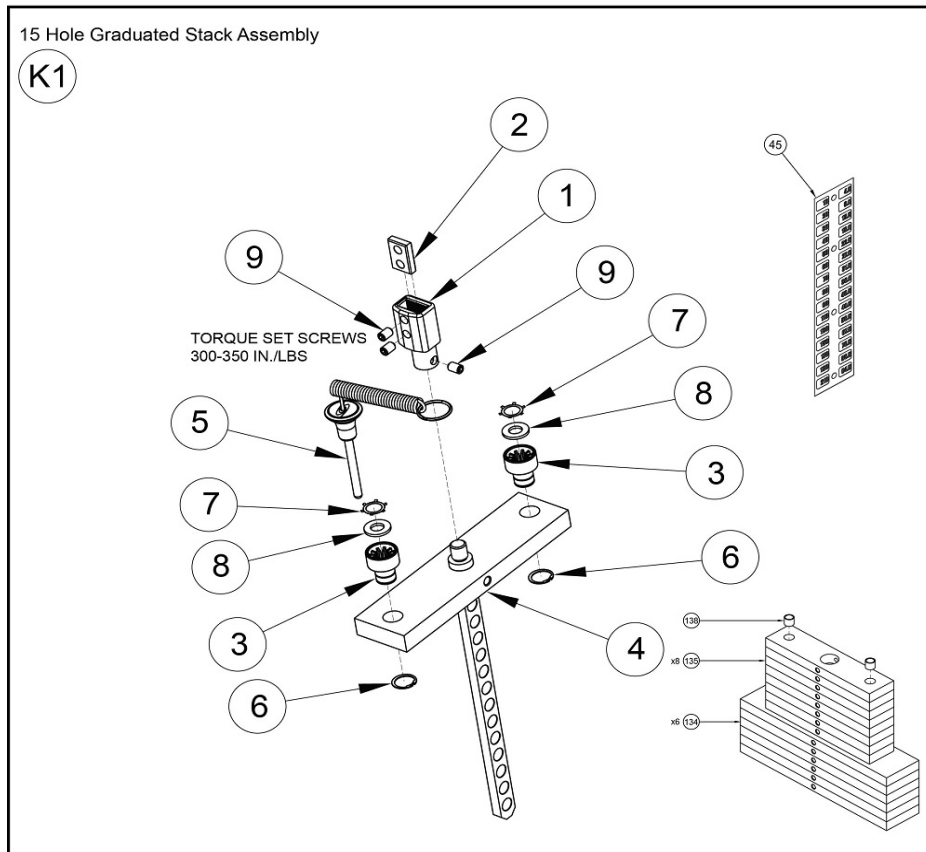
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VR3 Graduated Back Panel (12000-375)



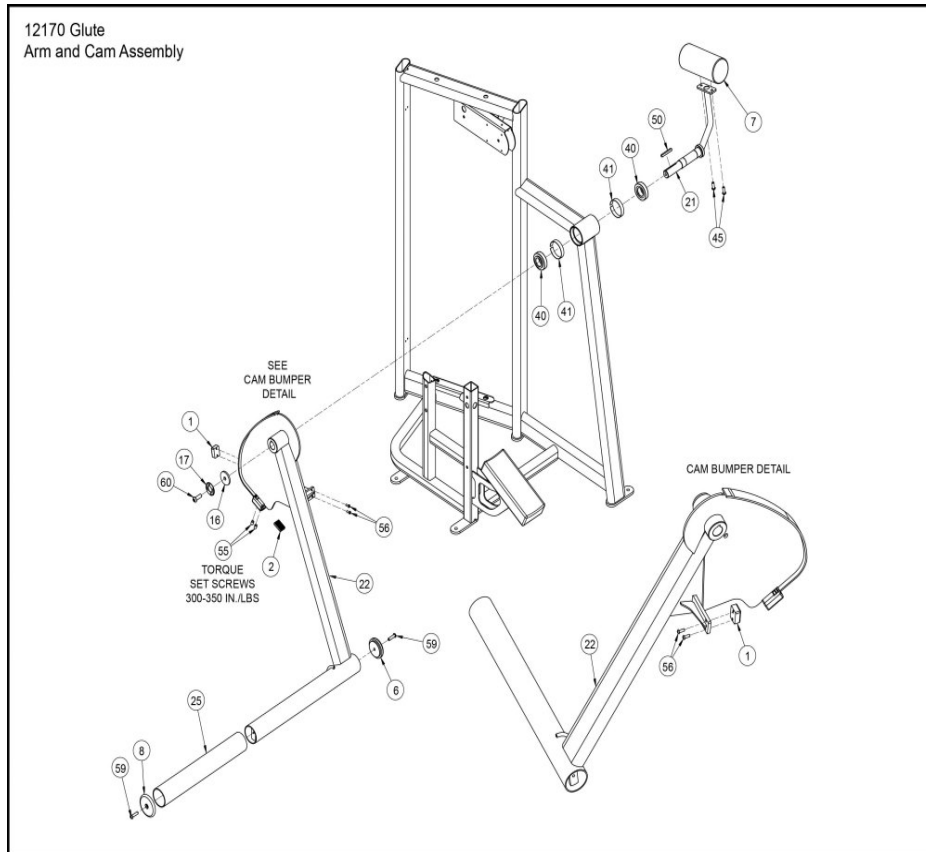
Ref #	Part Number	Qty	Description
2	12000-375	1	PANEL INSERT
3	12000-378	1	SUPPORT
8	3900-441	1	DECAL CYBEX VER BLACK
9	HF579000	10	PANEL FASTENER 10-24 U TYPE
11	HX570412	13	BHSCS 10-24 X .50 SS

VR3 - 15 Hole Graduated Stack Assembly



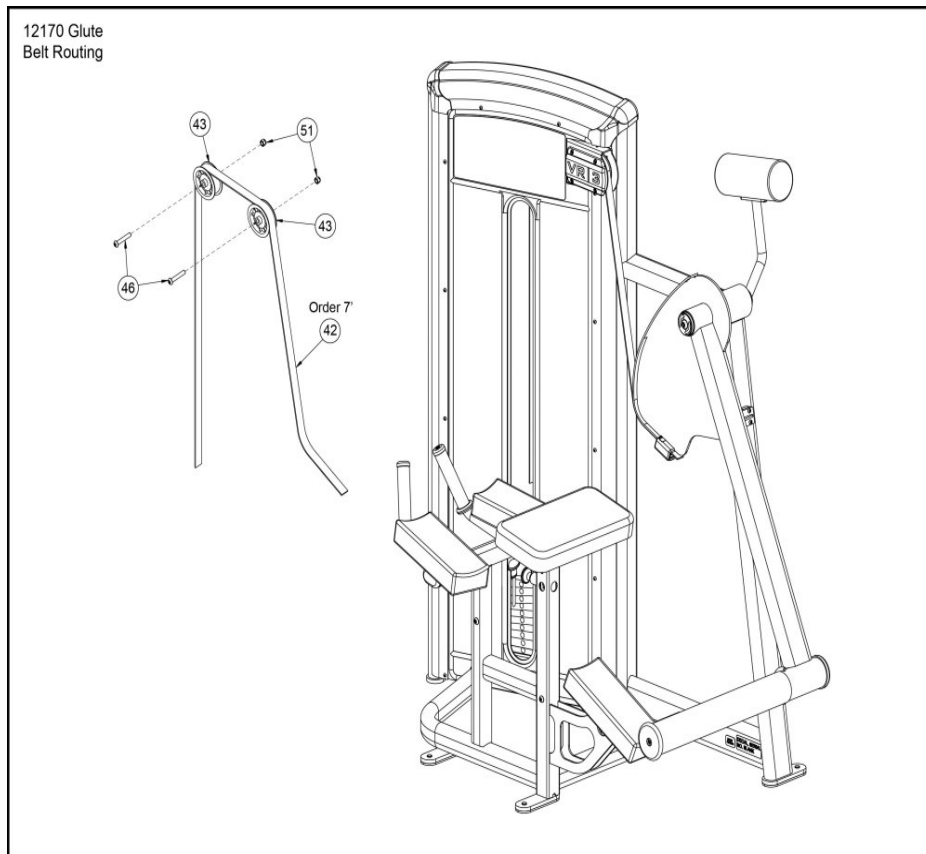
Ref #	Part Number	Qty	Description
1	11040-216	1	P BELT CLAMP
K1	12301-007	1	Top Weight Assy 15
2	11040-301	1	INSERT CLAMP BLOCK
3	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
4	4700-266	1	C Top WT 15-3X12
5	BH030207	1	PIN WEIGHT SELECTOR
6	BR030206	2	RETAINING RING
7	BR030220	2	RETAINING RING 1.250 INTERNAL
8	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
9	HY740000	3	SET SCREW
45	12301-552	1	DECAL, WT PLATE GRADUATED (10-210)
134	4000C101	8	C STACK WT 4X18
135	4700-337	8	C Stack Weight 10 lbs exact
138	FB130216	1	Bushing Weight Stack

12170 Arm and Cam Assembly



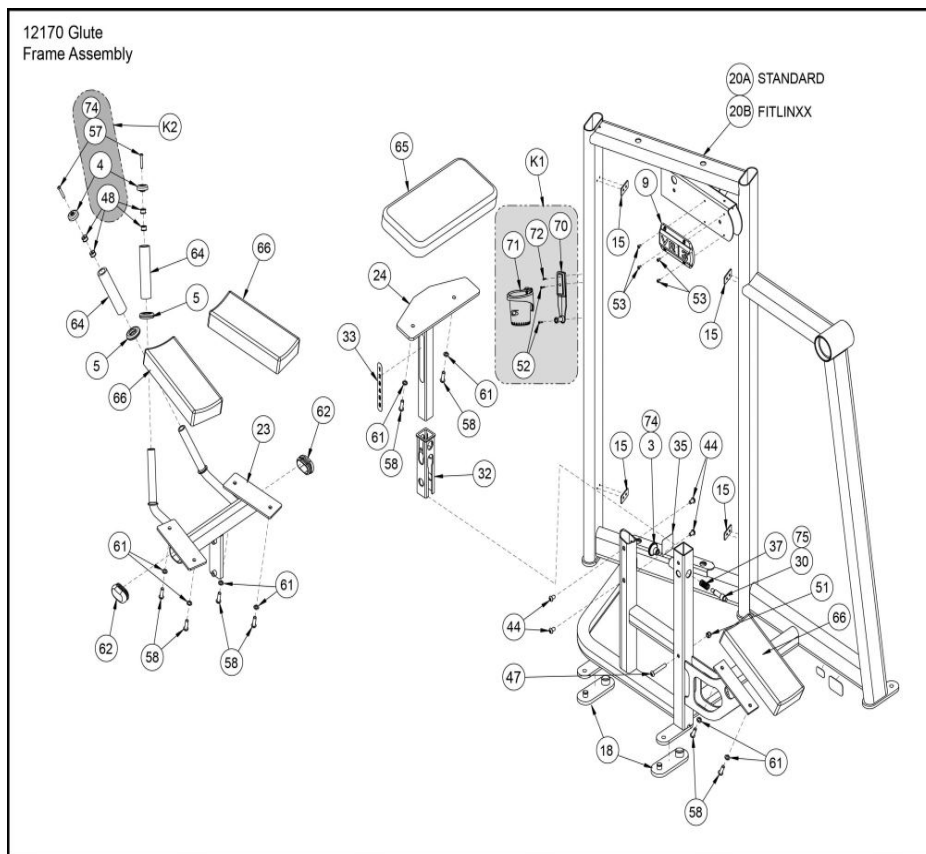
Ref #	Part Number	Qty	Description
1	11000-384	2	BLOCK STOP
2	11040-301	1	INSERT CLAMP BLOCK
6	11090-398	1	END CAP
7	11100-363	1	C/COUNTERWEIGHT
8	11170-345	1	END CAP
16	12050-343	1	WASHER
17	12050-355	1	DECAL ROTATION
21	12170-201	1	W PIVOT SHAFT Custom
22	12170-202	2	W INPUT ARM Custom
25	12170-333	1	GRIP 21.75
40	FB030249	2	BEARING RADIAL 35MM EXT RACE
41	FC030009	2	TOLERANCE RING 72MM
45	HC700417	2	BHSCS .375-16 X 1.00
50	HH320030	1	KEY .313 SQ X 2.50
55	HY740000	2	SET SCREW
56	JC620415	4	BHSCS .250-20 X .75
59	JC700422	2	BHSCS .375-16 X 1.50
60	JC780422	1	BHSCS .500-13 X 1.50

12170 Belt Routing



Ref #	Part Number	Qty	Description
42	GB000202	1	BELT .95 WIDE
43	GP000209	1	PULLEY ASSEMBLY-3.50
46	HC700428	1	BHSCS .375-16 X 2.25
51	HN704901	1	LOCKNUT .375-16 NYLON

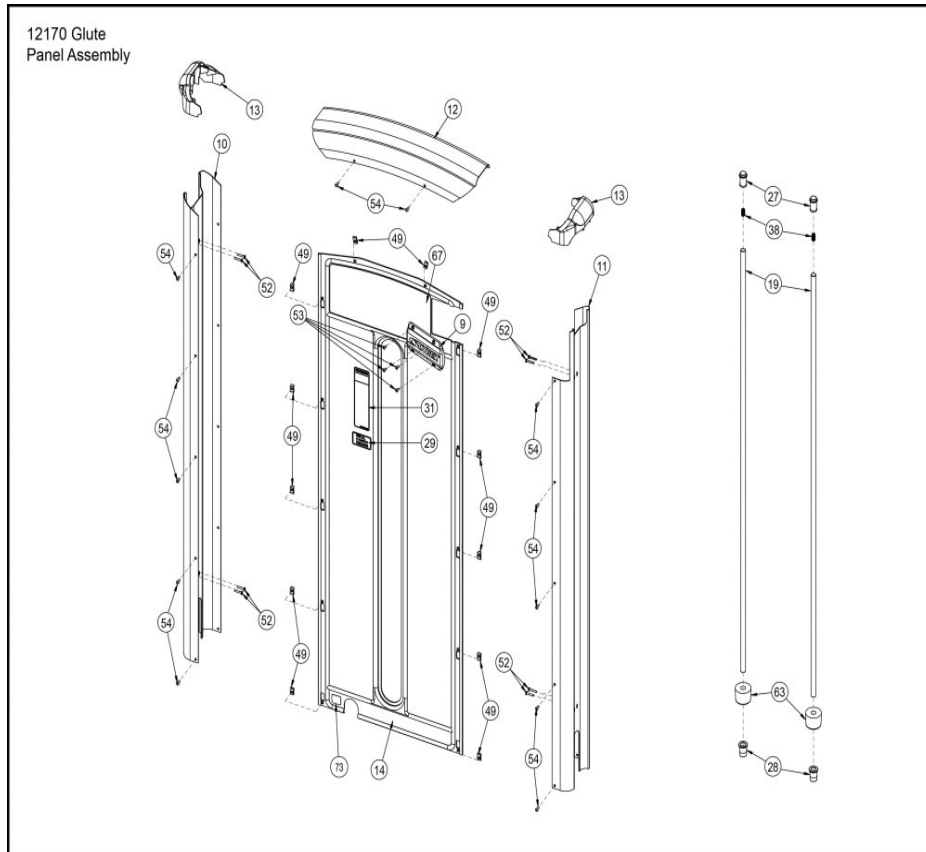
12170 Frame Assembly



Ref #	Part Number	Qty	Description
K1	12000K017	1	Kit Water Bottle Holder
K2	11090K006	1	KIT HANDLE TRIM RING
3	11040-440	1	KNOB
4	11090-374	2	END CAP
5	11090-376	2	RING HANDLE GRIP
9	12000-467	1	PULLEY COVER
15	12000-398	4	SPACER
18	12090-322	2	PAD FOOT
20A	12170-200	1	W MAIN FRAME Custom
20B	12178-200	1	W MAIN FRAME Custom
23	12170-204	1	W PAD MOUNT Custom
24	12170-205	1	W ADJUSTING POST Custom
30	4505-329	1	PIN DETENT
32	4605-512	1	INSERT PLASTIC 7.94
33	4855-317	1	DECAL ADJUSTING
35	8500-025	1	DECAL CAUTION Custom
37	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
44	HC700414	4	BHSCS .375-16 X .62
47	HC700430	1	BHSCS .375-16 X 2.50
48	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
51	HN704901	1	LOCKNUT .375-16 NYLON
52	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK

Ref #	Part Number	Qty	Description
53	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
57	JC620422	2	BHSCS .250-20 X 1.50
58	JC700420	8	BHSCS .375-16 X 1.25
61	JS347400	8	LOCKWASHER INT TOOTH .375
62	PP130003	2	INSERT PLASTIC
64	4605-520	2	GRAB GRIP 6.25
65	4800-021	1	CUSHION SA 8 X 16 Custom
66	4800-017	2	CUSHION SA 5 X 12 Custom
70	13000-402	1	Mount Water Bottle Holder
71	13000-400	1	Holder Water Bottle
72	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK

12170 Panel Assembly



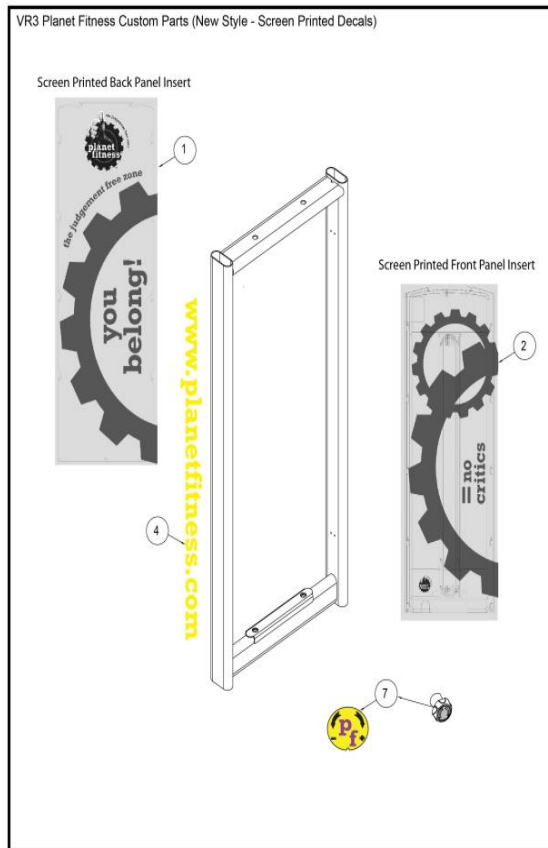
Ref #	Part Number	Qty	Description
9	12000-467	1	PULLEY COVER
10	12000-392	1	CHANNEL INCREMENT WEIGHT
11	12000-393	1	CHANNEL INCREMENT WEIGHT
12	12000-395	1	CAP TOP
13	12000-396	2	END CAP
14	12000-397	1	PANEL INSERT
19	12060-350	2	WT ROD .625 DIA X 54.63
27	12210-347	2	CAP GUIDE ROD
28	12210-348	2	CAP GUIDE ROD
29	DE000005	1	Decal Caution Custom
31	DE000001	1	Decal Warning Custom
38	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
49	HF579000	12	PANEL FASTENER 10-24 U TYPE
52	HT512517	8	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
53	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
54	HX570412	12	BHSCS 10-24 X .50 SS
63	PR060005	2	BUMPER WEIGHT
67	12170-598	1	Placard VR3 Glute- order language specific item
73	11040-790	1	NLA: DECAL, MADE IN THE USA

12170 Parts Not Shown

Other Parts Not Shown

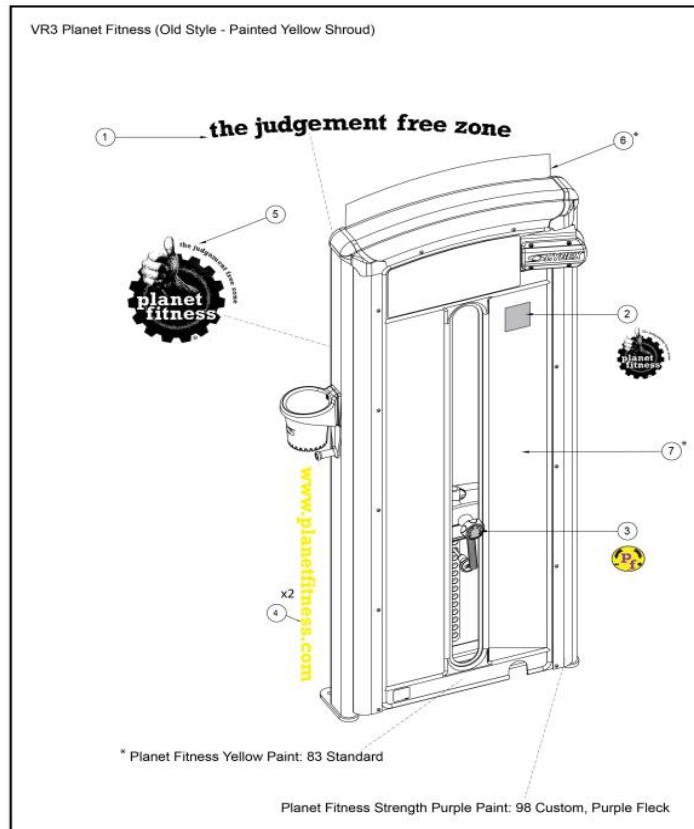
Ref #	Part Number	Qty	Description
K6	12000K019	1	Kit Hardware VR3
26	12170-999-2	1	OWNERS MANUAL VR3 GLUTE FRENCH
26	12170-999-3	1	OWNERS MANUAL VR3 GLUTE SPANISH
26	12170-999-6	1	OWNERS MANUAL VR3 GLUTE JAPANESE
26	12170-999-7	1	OWNERS MANUAL VR3 GLUTE SWEDISH
26	12170-999-8	1	OWNERS MANUAL VR3 GLUTE RUSSIAN
26	12170-999-1	1	OWNERS MANUAL VR3 GLUTE GERMAN
26	12170-999-4	1	OWNERS MANUAL VR3 GLUTE ENGLISH

12200, 12210, 12500, 12510 Planet Shrouds with 12000-375 (New Style)



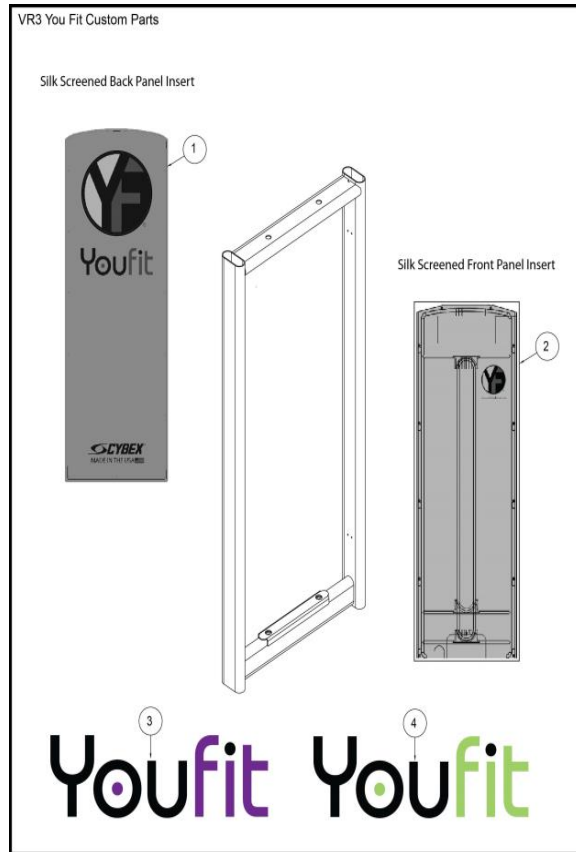
Ref #	Part Number	Qty	Description
1	12000-375P	1	BACK PANEL INSERT, PLANET FITNESS
2	12000-399P	1	Panel insert, Planet Fitness
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
7	DE-60231	1	DECAL ROTATION PLANET FITNESS

12200, 12210, 12500, 12510 Planet Shrouds with 12000-375 (Old Style)



Ref #	Part Number	Qty	Description
1	DE-60232	1	DECAL JUDGEMENT FREE ZONE
2	DE-60233	1	DECAL THUMBS UP 3 INCH PLANET FITNESS
3	DE-60231	1	DECAL ROTATION PLANET FITNESS
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
5	DE-60235	1	DECAL THUMBS UP 13 INCH PLANET FITNESS
6	12000-375Y	1	BACK PANEL INSERT YELLOW
7	12000-399Y	1	PANEL INSERT YELLOW

12200, 12210, 12500, 12510 You Fit Shrouds with 12000-375



Ref #	Part Number	Qty	Description
1B	12000-375YG	1	BACK PANEL INSERT, YOUFIT GREEN
1A	12000-375GY	1	BACK PANEL INSERT, YOUFIT GREEN
1D	12000-375YP	1	BACK PANEL INSERT, YOUFIT PURPLE
1C	12000-375PY	1	BACK PANEL INSERT, YOUFIT PURPLE
2A	12000-399GY	1	PANEL INSERT, YOUFIT GREEN
2B	12000-399YP	1	PANEL INSERT, YOUFIT PURPLE
3	DE-60274	1	DECAL, YOUFIT PURPLE
4	DE-60275	1	DECAL, YOUFIT GREEN

