

VR3 PULLDOWN

12620-01

Parts Manual

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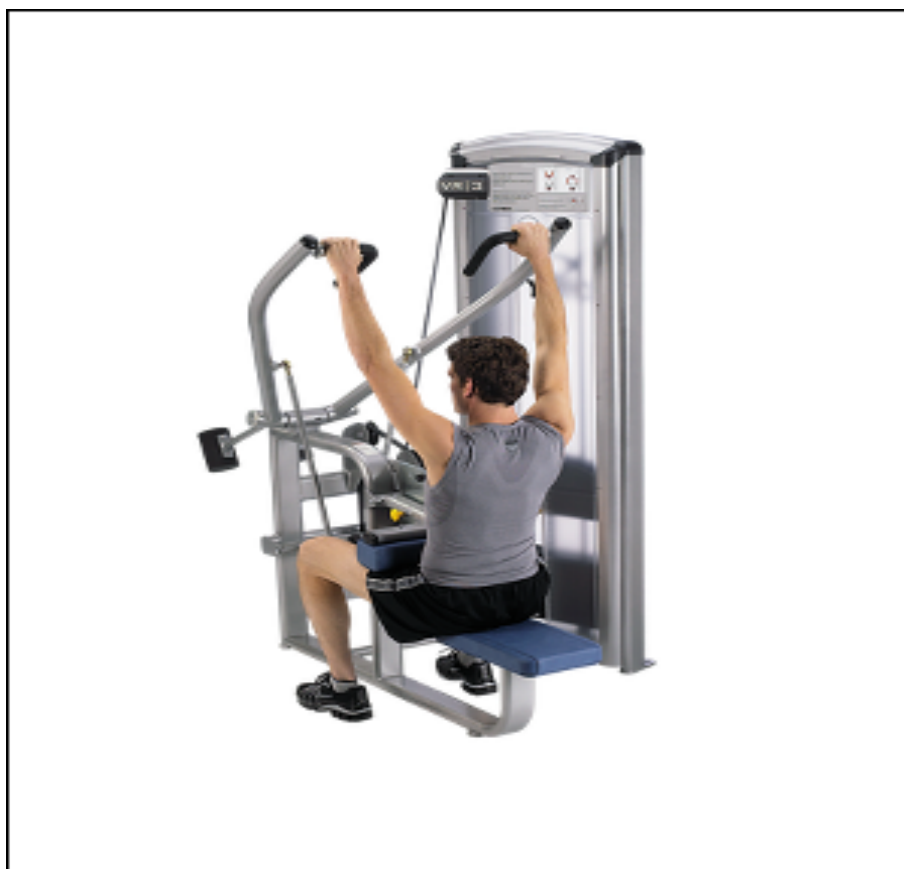
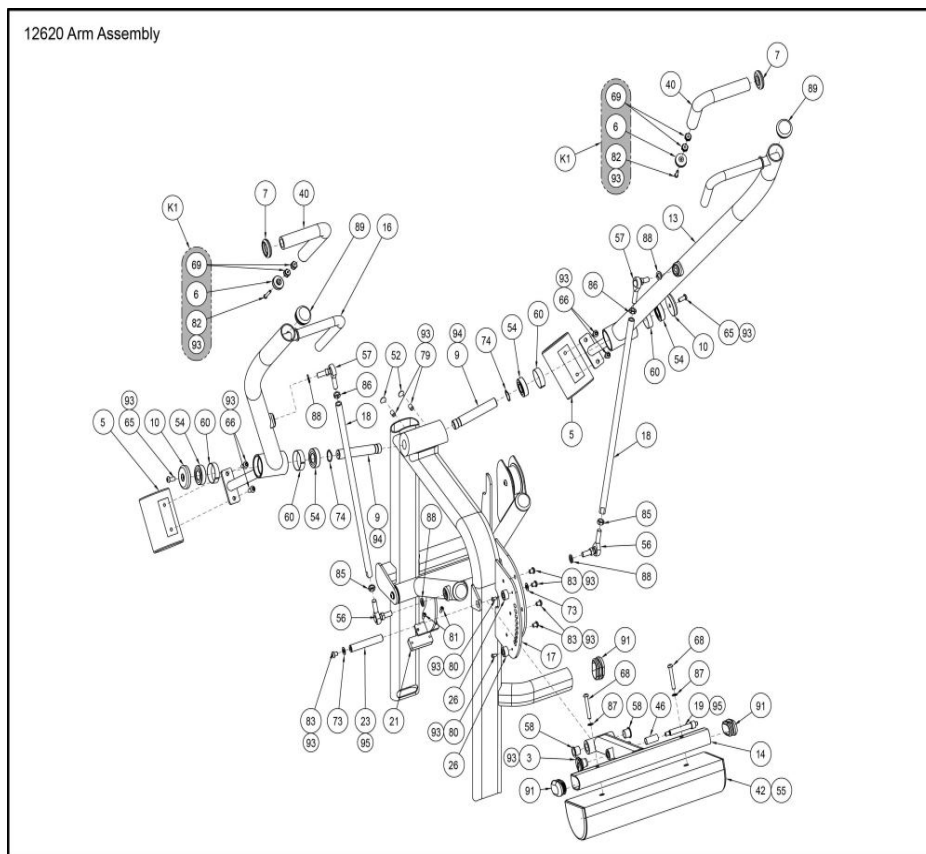


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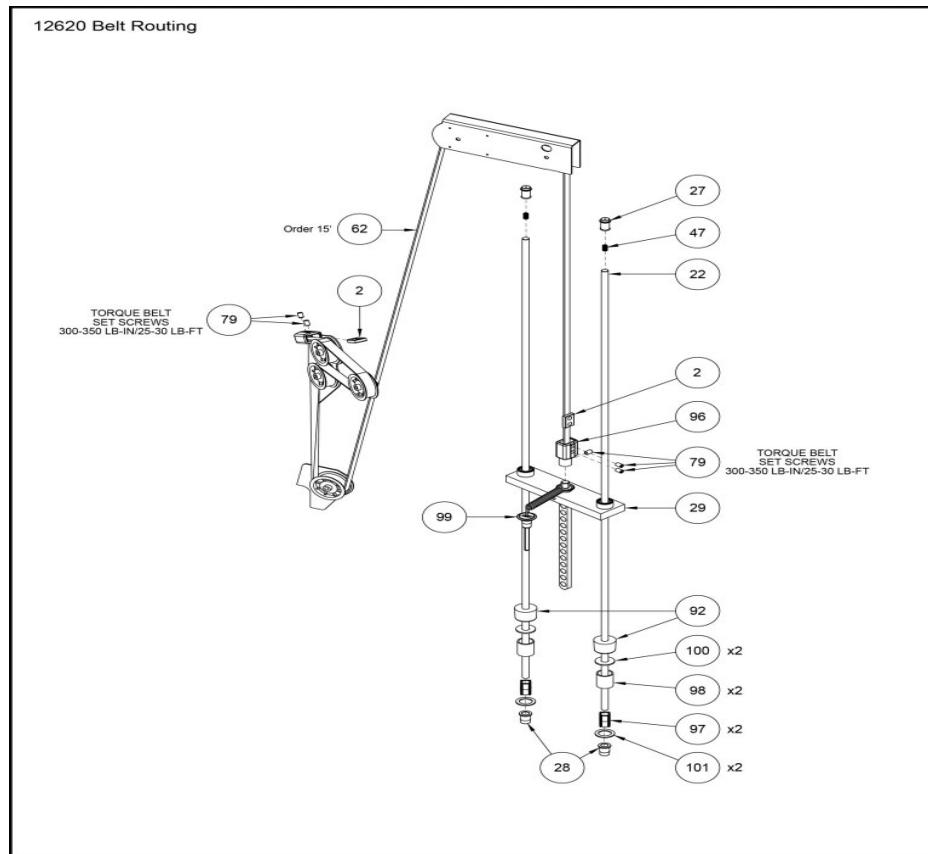
12620 Arm Assembly



Ref #	Part Number	Qty	Description
K1	11090K006	2	KIT HANDLE TRIM RING
3	11040-440	1	KNOB
5	11070-332	2	C COUNTERWEIGHT
6	11090-374	2	END CAP
7	11090-376	2	RING HANDLE GRIP
9	12000-307	2	PIN PIVOT
10	12000-368	2	END CAP
13	12020-201	1	W ARM Custom
14	12020-202	1	W CUSHION PIVOT Custom
16	12020-204	1	W ARM Custom
17	12020-313	1	PLATE DETENT
18	12020-315	2	TIE ROD
19	12020-336	1	PIN DETENT
21	12030-353	1	BLOCK STOP
23	12060-347	1	PIN PIVOT
26	12100-303	2	BUMPER
40	4605-526	2	GRIP 14.50
42	4800-196	1	COVERED CUSHION AS CONTOUR 20 Custom
46	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
52	DE-60261	2	PLUG, W/CUT, HOLE
54	FB030247	4	BEARING RADIAL 25MM EXTENDED RACE
55	4800-199	1	WEAR COVER CS Custom

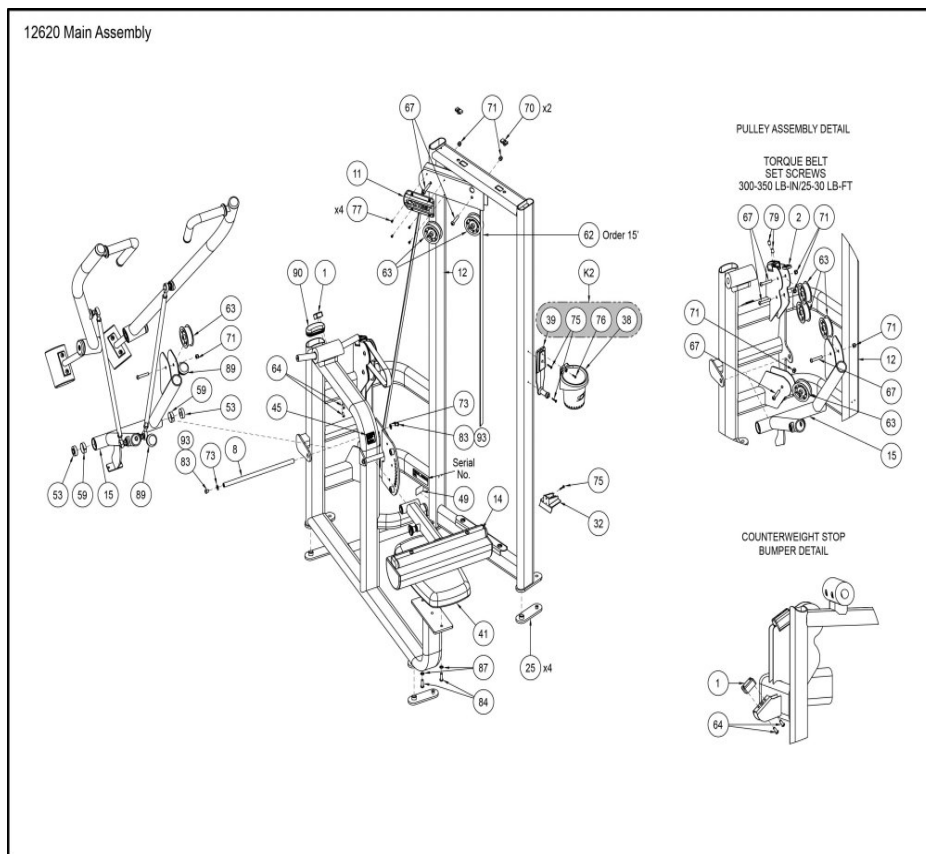
Ref #	Part Number	Qty	Description
56	FB030250	2	BEARING ROD END MALE .500-20RH
57	FB030251	2	BEARING ROD END MALE .500-20LH
58	FB130212	2	BUSHING FLANGE FOOTPLATE.75ID
60	FC030007	4	TOLERANCE RING 2.047 ID
65	HC700416	2	BHSCS .375-16 X .875
66	HC700417	4	BHSCS .375-16 X 1.00
68	HC700430	2	BHSCS .375-16 X 2.50
69	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
73	HS347600	1	WASHER SAE .375
74	HS477100	2	WASHER SPRING 1.050X1.271X.100
79	HY740000	2	SET SCREW
80	JC620412	2	BHSCS .250-20 X .50
81	JC620415	2	BHSCS .250-20 X .75
82	JC620422	2	BHSCS .250-20 X 1.50
83	JC700412	5	BHSCS .375-16 X .50
85	JN794400	2	JAM NUT .500-20
86	JN794401	2	NUT JAM .500-20LH
87	JS347400	2	LOCKWASHER INT TOOTH .375
88	JS388300	4	LOCKWASHER SPLIT .500
89	PP080226	2	INSERT PLASTIC 2.00 DIA-RIB
91	PP130003	3	INSERT PLASTIC
93	YA000008	14	ADH THRD LKR REM NO. 242
94	YA000211	2	NLA: ADH RTNG CMPD ANEROBIC 680
95	YG000002	1	NLA: Please use Lithium Grease

12620 Belt Routing



Ref #	Part Number	Qty	Description
2	11040-301	2	INSERT CLAMP BLOCK
22	12040-336	1	WT ROD .625 DIA X 68.625
27	12210-347	2	CAP GUIDE ROD
28	12210-348	2	CAP GUIDE ROD
29	12301-007	1	Top Weight Assy 15
47	BS070208	1	COMP SPRING .396 ID X .480 OD X 1.50 LG
62	GB000202	1	BELT .95 WIDE
79	HY740000	5	SET SCREW
92	PR060005	2	BUMPER WEIGHT
96	11040-216	1	P BELT CLAMP
97	12210-352	2	INSERT PLASTIC
98	12210-358	2	TUBE SPACER
99	BH030207	1	PIN WEIGHT SELECTOR
100	HS760106	2	WASH FLAT 1.750 .688 .140 T
101	JS497600	2	WASHER 1.19 ID X 1.75 OD X .12 THK

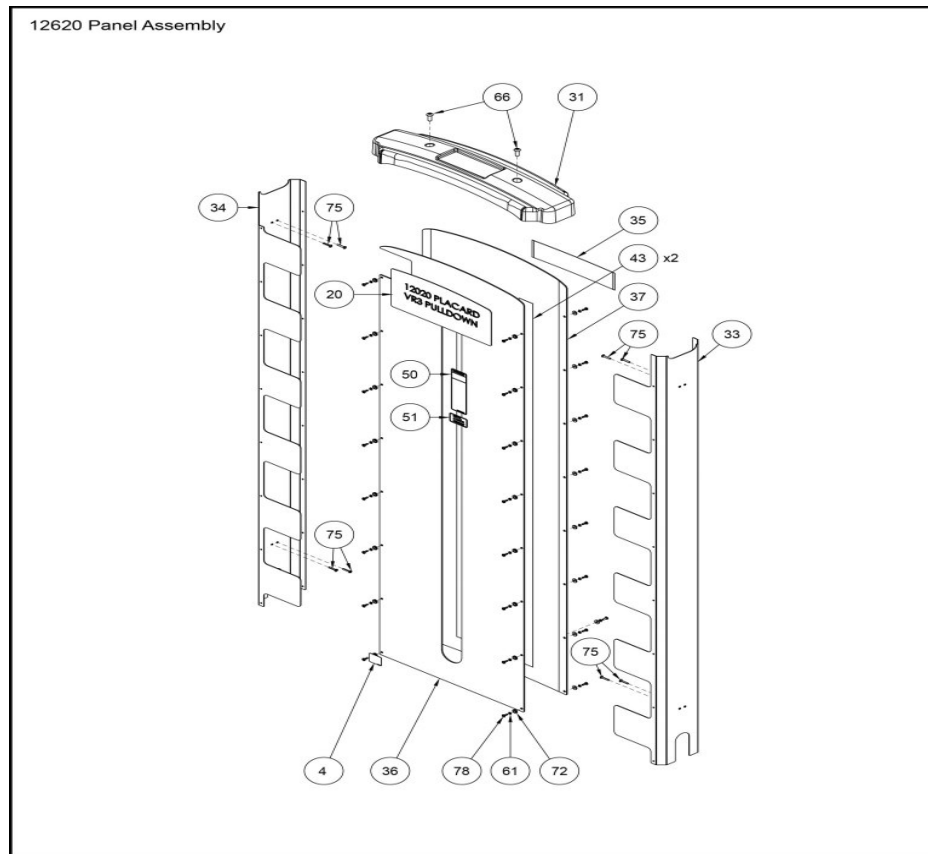
12620 Main Assembly



Ref #	Part Number	Qty	Description
1	11000-384	2	BLOCK STOP
K2	12000K017	1	Kit Water Bottle Holder
2	11040-301	1	INSERT CLAMP BLOCK
8	11120-336	1	SHAFT PIVOT
11	12000-466	1	PULLEY COVER
12	12020-200	2	W FRAME Custom
14	12020-202	2	W CUSHION PIVOT Custom
15	12020-203	2	W PIVOT Custom
25	12090-322	4	PAD FOOT
32	12600-394	1	PANEL SUPPORT BRACKET
38	13000-400	1	Holder Water Bottle
39	13000-402	1	Mount Water Bottle Holder
41	4800-188	1	CUSHION SA 10 X 18 NS Custom
45	8500-025	1	DECAL CAUTION Custom
49	CM000261	2	DECAL, CAPACITY
53	FB030232	2	BRG RADIAL 17MM ID EXT RACE
59	FC030006	2	TOLERANCE RING 1.575 ID
62	GB000202	1	BELT .95 WIDE
63	GP000209	7	PULLEY ASSEMBLY-3.50
64	HC620414	4	BHSCS .250-20 X .625
67	HC700428	6	BHSCS .375-16 X 2.25
70	HF700000	2	PANEL FASTNER .375-16 U TYPE

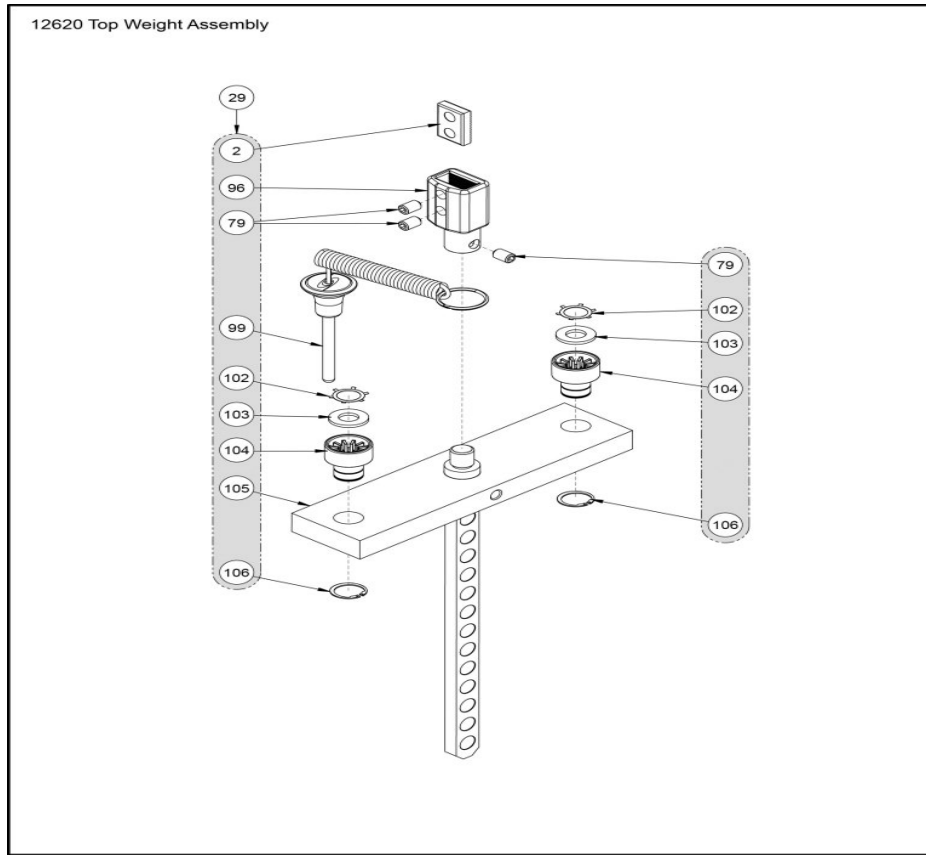
Ref #	Part Number	Qty	Description
71	HN704901	7	LOCKNUT .375-16 NYLON
73	HS347600	2	WASHER SAE .375
75	HT512517	3	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
76	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
77	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
79	HY740000	2	SET SCREW
83	JC700412	2	BHSCS .375-16 X .50
84	JC700420	2	BHSCS .375-16 X 1.25
87	JS347400	2	LOCKWASHER INT TOOTH .375
89	PP080226	2	INSERT PLASTIC 2.00 DIA-RIB
90	PP130002	1	INSERT DOMED PLASTIC
93	YA000008	2	ADH THRD LKR REM NO. 242

12620 Panel Assembly



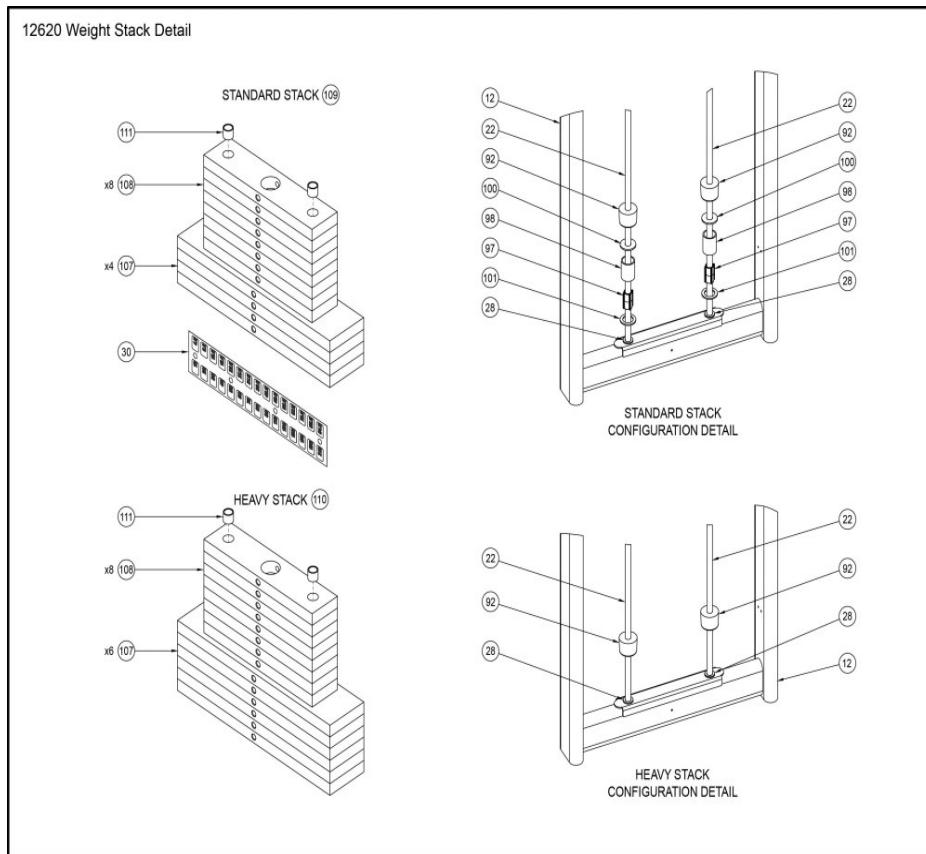
Ref #	Part Number	Qty	Description
4	11040-790	1	NLA: DECAL, MADE IN THE USA
20	12020-598	1	Placard VR3 Pulldown
31	12600-390	1	MOLDED TOP CAP
33	12620-350	1	FORMED PLATE
34	12620-351	1	FORMED PLATE
35	12620-370	1	DECAL, PULLDOWN
36	12620-391	1	PANEL INSERT, PLANET FITNESS
37	12640-392	1	PANEL INSERT, PLANET FITNESS
43	510-1108	2	TAPE BOX SEALING CLEAR
50	DE000001	1	Decal Warning Custom
51	DE000005	1	Decal Caution Custom
61	FO100007	1	O RING .156 ID X .344 OD
66	HC700417	2	BHSCS .375-16 X 1.00
72	HS100000	1	WASHER NYLON FINISHING
75	HT512517	6	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
78	HT572512	1	TAP SC NO. 10 - 24 X .50 PN HD PHIL

12620 Top Weight Assembly



Ref #	Part Number	Qty	Description
2	11040-301	1	INSERT CLAMP BLOCK
29	12301-007	1	Top Weight Assy 15
79	HY740000	3	SET SCREW
96	11040-216	1	P BELT CLAMP
99	BH030207	1	PIN WEIGHT SELECTOR
102	BR030220	1	RETAINING RING 1.250 INTERNAL
103	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
104	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
105	4700-266	2	C Top WT 15-3X12
106	BR030206	2	RETAINING RING

12620 Weight Stack Detail



Ref #	Part Number	Qty	Description
12	12020-200	2	W FRAME Custom
22	12040-336	4	WT ROD .625 DIA X 68.625
28	12210-348	4	CAP GUIDE ROD
30	12301-552	1	DECAL, WT PLATE GRADUATED (10-210)
92	PR060005	4	BUMPER WEIGHT
97	12210-352	2	INSERT PLASTIC
98	12210-358	2	TUBE SPACER
100	HS760106	2	WASH FLAT 1.750 .688 .140 T
101	JS497600	2	WASHER 1.19 ID X 1.75 OD X .12 THK
107	4000C101	10	C STACK WT 4X18
108	4700-337	16	C Stack Weight 10 lbs exact
109	12301-035	1	WT PAC 12 GRADUATED
110	12301-031	1	WT Pac 14 Graduated
111	FB130216	2	Bushing Weight Stack

