

VR3 LEG PRESS

12640-01

Parts Manual

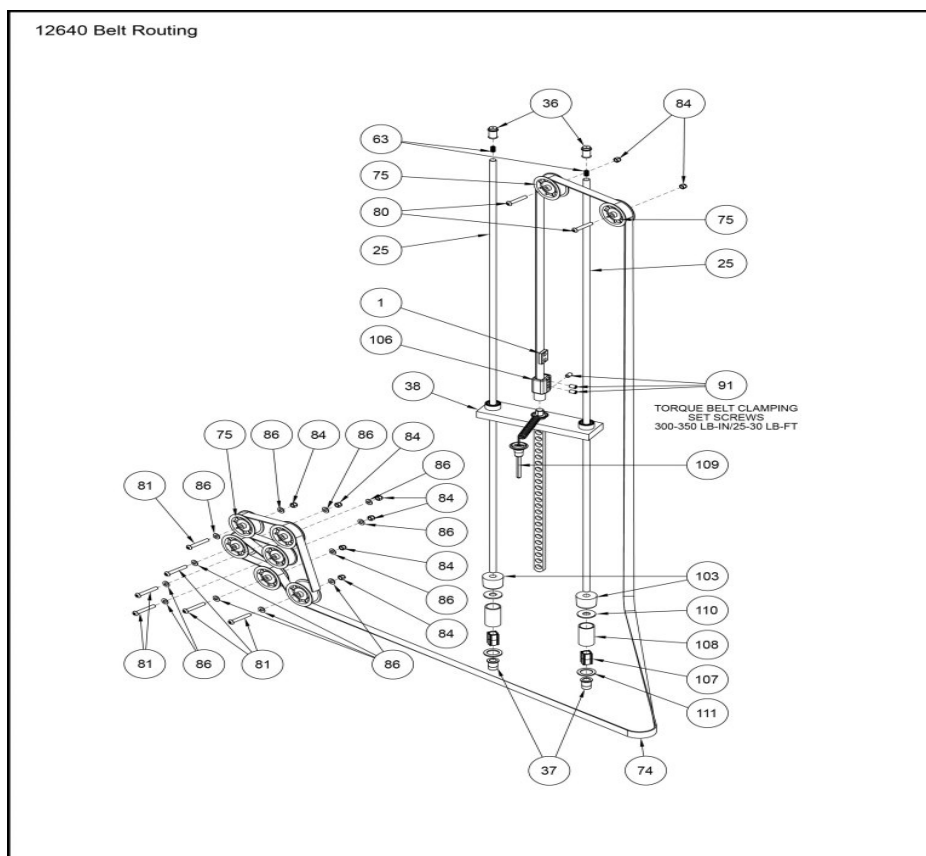
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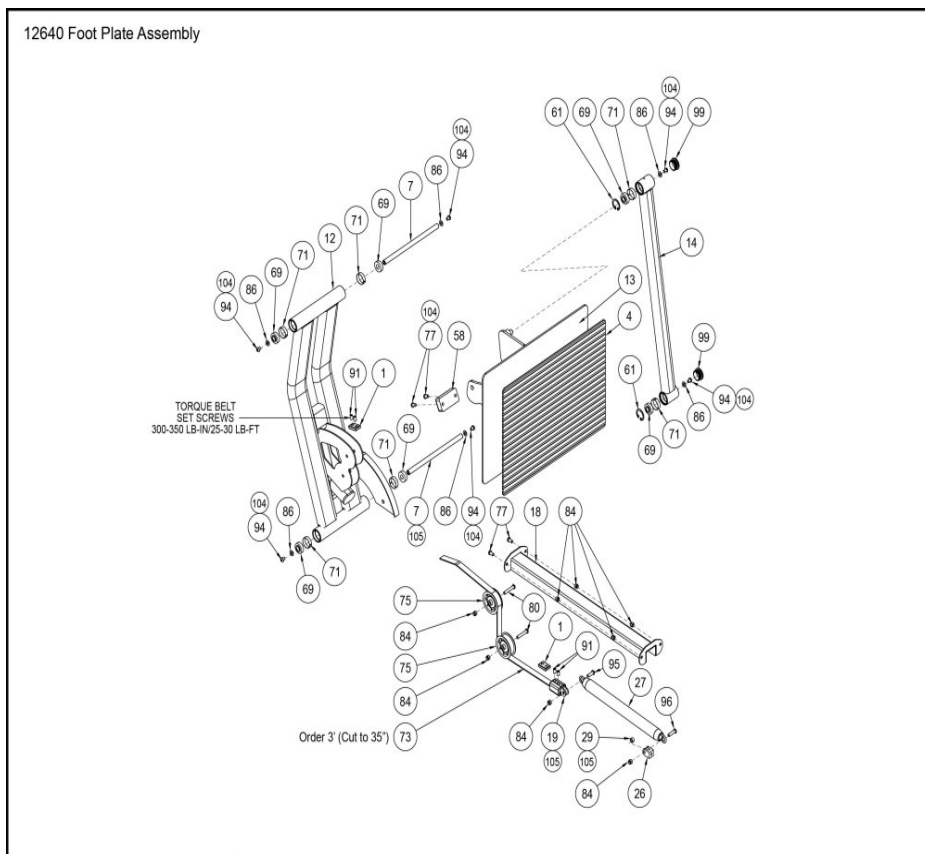
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12640 Belt Routing



Ref #	Part Number	Qty	Description
1	11040-301	1	INSERT CLAMP BLOCK
25	12040-336	2	WT ROD .625 DIA X 68.625
36	12210-347	2	CAP GUIDE ROD
37	12210-348	2	CAP GUIDE ROD
38	12301-009	1	Top Weight Assy 25
63	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
74	12340K002	1	KIT, BELT REPLACEMENT GRADUATED STACK
75	GP000209	3	PULLEY ASSEMBLY-3.50
80	HC700428	2	BHSCS .375-16 X 2.25
81	HC700430	6	BHSCS .375-16 X 2.50
84	HN704901	8	LOCKNUT .375-16 NYLON
86	HS347600	13	WASHER SAE .375
91	HY740000	3	SET SCREW
103	PR060005	2	BUMPER WEIGHT
106	11040-216	1	P BELT CLAMP
107	12210-352	1	INSERT PLASTIC
108	12210-351	1	TUBE SPACER
109	BH030207	1	PIN WEIGHT SELECTOR
110	HS760106	2	WASH FLAT 1.750 .688 .140 T
111	JS497600	1	WASHER 1.19 ID X 1.75 OD X .12 THK

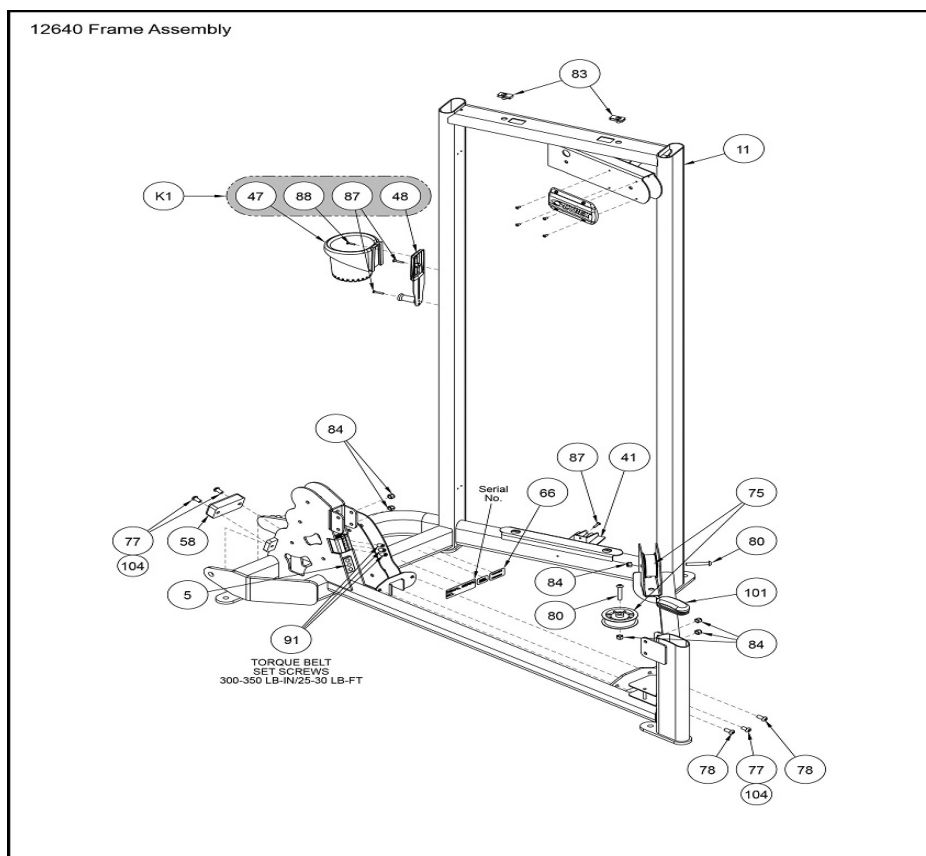
12640 Foot Plate Assembly



Ref #	Part Number	Qty	Description
1	11040-301	2	INSERT CLAMP BLOCK
4	11040-562	1	NON-SLIP 18.50 X 24.50
7	11090-369	2	SHAFT PIVOT
12	12040-201	1	W PIVOT Custom
13	12040-202	1	W FOOT PLATE Custom
14	12040-203	1	W LINK Custom
18	12040-207	1	W GUARD Custom
19	12040-208	1	W BELT CLAMP
26	12040-347	1	BLOCK
27	12040-348	1	EXT SPRING 20.25 LONG
29	12040-354	1	SPACER
58	5220-305	1	BUMPER 2.00 X 4.00
61	BR030226	2	RETAINING RING 1.653 INTERNAL
69	FB030232	6	BRG RADIAL 17MM ID EXT RACE
71	FC030006	6	TOLERANCE RING 1.575 ID
73	GB000202	1	BELT .95 WIDE
75	GP000209	2	PULLEY ASSEMBLY-3.50
77	HC700415	4	BHSCS .375-16 X .75
80	HC700428	2	BHSCS .375-16 X 2.25
84	HN704901	8	LOCKNUT .375-16 NYLON
86	HS347600	6	WASHER SAE .375
91	HY740000	4	SET SCREW

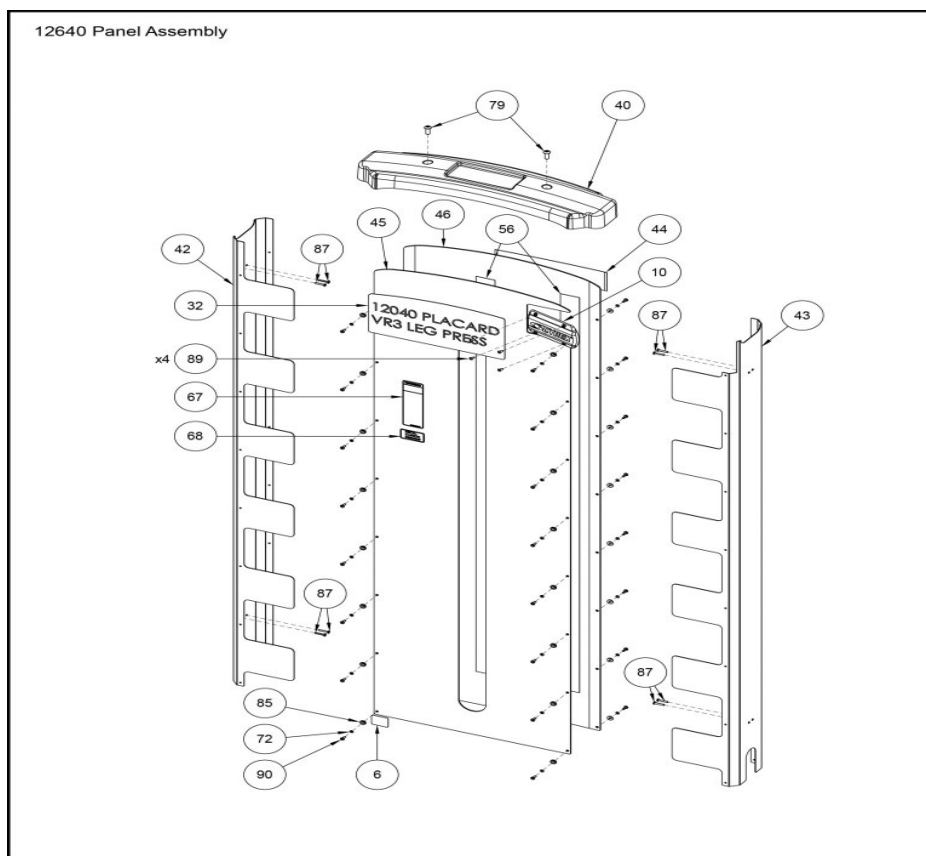
Ref #	Part Number	Qty	Description
94	JC700412	6	BHSCS .375-16 X .50
95	JC700420	1	BHSCS .375-16 X 1.25
96	JC700422	1	BHSCS .375-16 X 1.50
99	PP090208	2	INSERT PLASTIC 1.75 DIA-RIB
104	YA000008	7	ADH THRD LKR REM NO. 242

12640 Frame Assembly



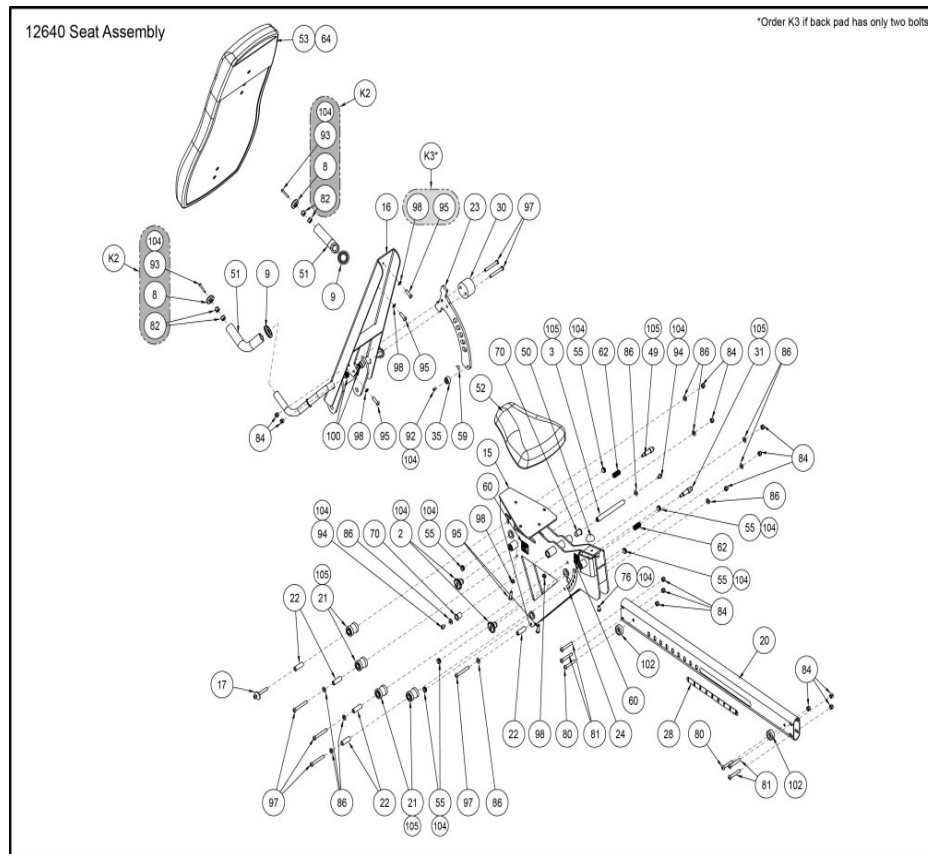
Ref #	Part Number	Qty	Description
K1	12000K017	1	Kit Water Bottle Holder
5	11040-568	1	CLAMP BLOCK INSERT
11	12040-200	1	W FRAME Custom
41	12600-394	1	PANEL SUPPORT BRACKET
47	13000-400	1	Holder Water Bottle
48	13000-402	1	Mount Water Bottle Holder
58	5220-305	1	BUMPER 2.00 X 4.00
66	CM000263	1	DECAL, CAPACITY
75	GP000209	2	PULLEY ASSEMBLY-3.50
77	HC700415	3	BHSCS .375-16 X .75
78	HC700416	2	BHSCS .375-16 X .875
80	HC700428	2	BHSCS .375-16 X 2.25
83	HF700000	2	PANEL FASTNER .375-16 U TYPE
84	HN704901	6	LOCKNUT .375-16 NYLON
87	HT512517	3	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
88	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
91	HY740000	3	SET SCREW
101	PP130002	1	INSERT DOMED PLASTIC
104	YA000008	2	ADH THRD LKR REM NO. 242

12640 Panel Assembly



Ref #	Part Number	Qty	Description
6	11040-790	1	NLA: DECAL, MADE IN THE USA
10	12000-467	1	PULLEY COVER
32	12040-598	1	Placard VR3 Leg Press Custom
40	12600-390	1	MOLDED TOP CAP
42	12640-350	1	FORMED PLATE
43	12640-351	1	FORMED PLATE
44	12640-370	1	DECAL, LEG PRESS
45	12640-391	1	PANEL INSERT, PLANET FITNESS
46	12640-392	1	PANEL INSERT, PLANET FITNESS
56	510-1108	1	TAPE BOX SEALING CLEAR
67	DE000001	1	Decal Warning Custom
68	DE000005	1	Decal Caution Custom
72	FO100007	1	O RING .156 ID X .344 OD
79	HC700417	2	BHSCS .375-16 X 1.00
85	HS100000	1	WASHER NYLON FINISHING
87	HT512517	6	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
89	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
90	HT572512	1	TAP SC NO. 10 - 24 X .50 PN HD PHIL

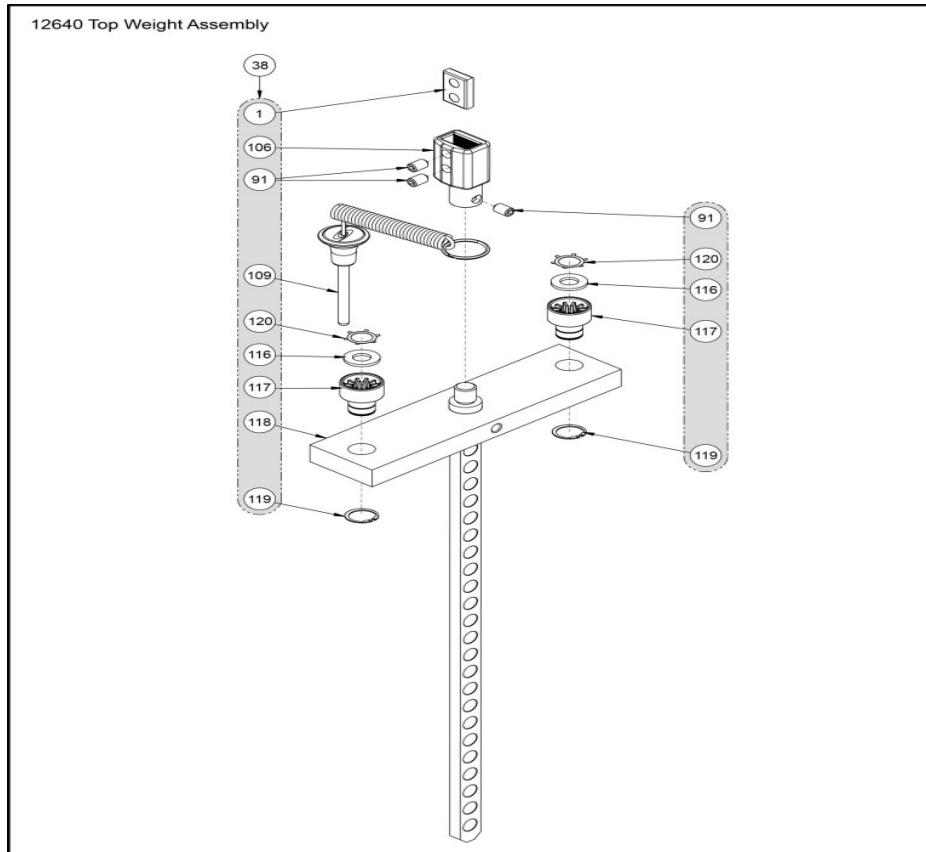
12640 Seat Assembly



Ref #	Part Number	Qty	Description
K2	11090K006	2	KIT HANDLE TRIM RING
2	11040-440	2	KNOB
3	11040-530	1	SHAFT PIVOT
K3	16150K002	1	KIT, CUSHION PLATE DRILL BOLT
8	11090-374	2	END CAP
9	11090-376	2	RING HANDLE GRIP
15	12040-204	1	W SEAT Custom
16	12040-205	1	W CUSHION PLATE Custom
17	12040-206	1	P CAM BOLT
20	12040-322	1	TUBE
21	12040-323	4	ROLLER
22	12040-324	5	SPACER
23	12040-326	1	P ADJUSTING ARM
24	12040-329	1	DECAL ADJUSTMENT
28	12040-352	1	DECAL SEAT ADJUSTING
30	12040-355	1	STOP
31	12040-357	1	PIN DETENT
35	12100-303	1	BUMPER
49	4505-329	1	PIN DETENT
50	4505-331	1	BUMPER 1.50 DIA
51	4605-521	2	GRAB GRIP 8.25
52	4800-164	1	CUSHION SA BIKE SEAT 12in MOLD Custom

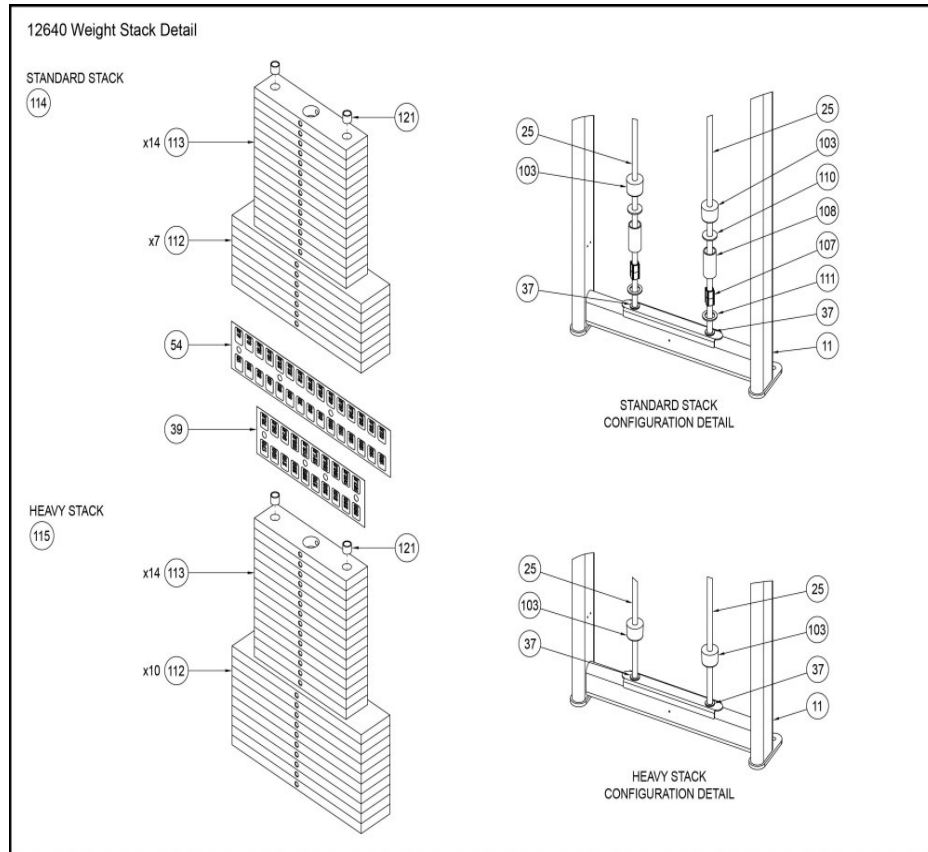
Ref #	Part Number	Qty	Description
53	4800-184	1	COVERED CUSHION SA BACK 36IN MOLDED Custom
55	4860-332	6	PLUG ADJ BEARING
59	5340Y045	1	DECAL ARROW
60	8500-025	2	DECAL CAUTION Custom
62	BS070201	2	COM SPRING .56 ID X .66 OD X 1.50 LG
64	4800-187	1	WEAR COVER SA BACK 36 MOLDED Custom
70	FB130207	2	BRG FLG 17MM X 19MM X 25MM
76	HC700414	1	BHSCS .375-16 X .62
80	HC700428	2	BHSCS .375-16 X 2.25
81	HC700430	3	BHSCS .375-16 X 2.50
82	HF449063	3	INSERT 3-4X1-4-20 CONNECTOR
84	HN704901	14	LOCKNUT .375-16 NYLON
86	HS347600	9	WASHER SAE .375
92	JC620412	1	BHSCS .250-20 X .50
93	JC620422	2	BHSCS .250-20 X 1.50
94	JC700412	2	BHSCS .375-16 X .50
95	JC700420	4	BHSCS .375-16 X 1.25
97	JC700434	4	BHSCS .375-16 X 3.00
98	JS347400	5	LOCKWASHER INT TOOTH .375
100	PP090213	2	INSERT PLASTIC
102	PR060003	1	BUMPER RECESS
104	YA000008	9	ADH THRD LKR REM NO. 242

12640 Top Weight Assembly



Ref #	Part Number	Qty	Description
1	11040-301	1	INSERT CLAMP BLOCK
38	12301-009	1	Top Weight Assy 25
91	HY740000	3	SET SCREW
106	11040-216	1	P BELT CLAMP
109	BH030207	1	PIN WEIGHT SELECTOR
116	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
117	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
118	4700-268	1	C Top WT 25-3X12
119	BR030206	2	RETAINING RING
120	BR030220	2	RETAINING RING 1.250 INTERNAL

12640 Weight Stack Detail



Ref #	Part Number	Qty	Description
11	12040-200	2	W FRAME Custom
25	12040-336	4	WT ROD .625 DIA X 68.625
37	12210-348	4	CAP GUIDE ROD
39	12301-554	1	Decal, Wt Plate (170-350)
54	4800-557	1	DECAL WEIGHT PLATE 10-150
103	PR060005	4	BUMPER WEIGHT
107	12210-352	1	INSERT PLASTIC
108	12210-351	1	TUBE SPACER
110	HS760106	1	WASH FLAT 1.750 .688 .140 T
111	JS497600	1	WASHER 1.19 ID X 1.75 OD X .12 THK
112	4000C101	17	C STACK WT 4X18
113	4700-337	28	C Stack Weight 10 lbs exact
114	12301-037	1	WT PAC 21 GRADUATED
115	12301-033	1	WT Pac 24 Graduated
121	FB130216	2	Bushing Weight Stack

