

# VR3 GLUTE

12770-01

## Parts Manual

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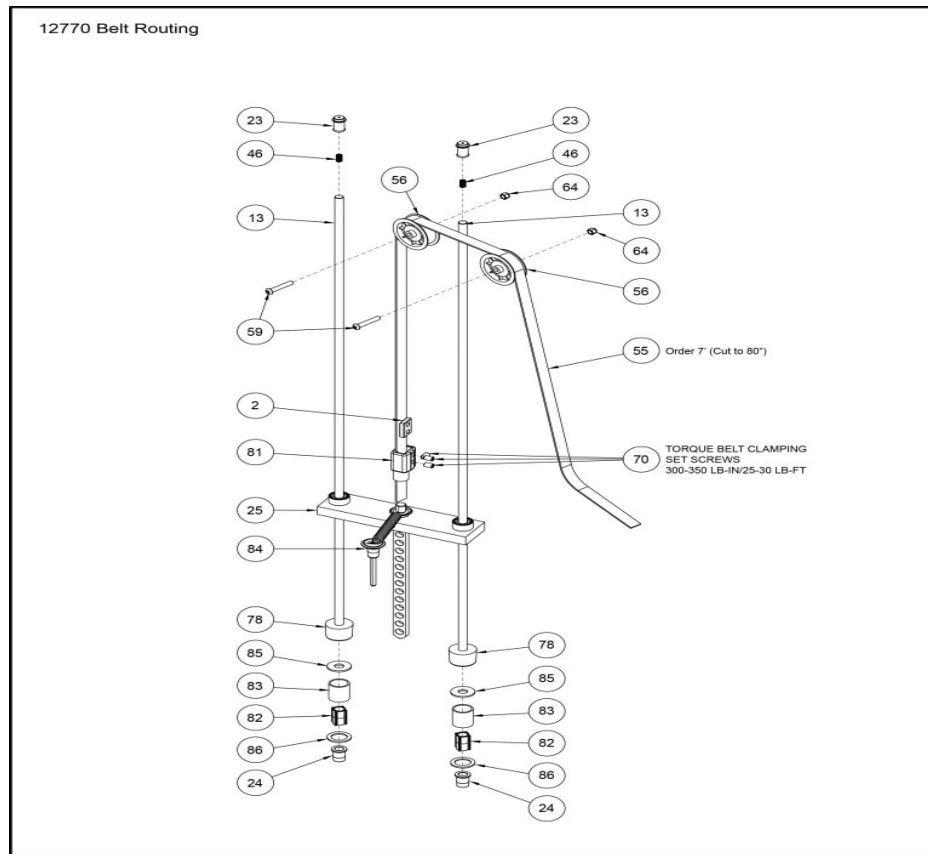


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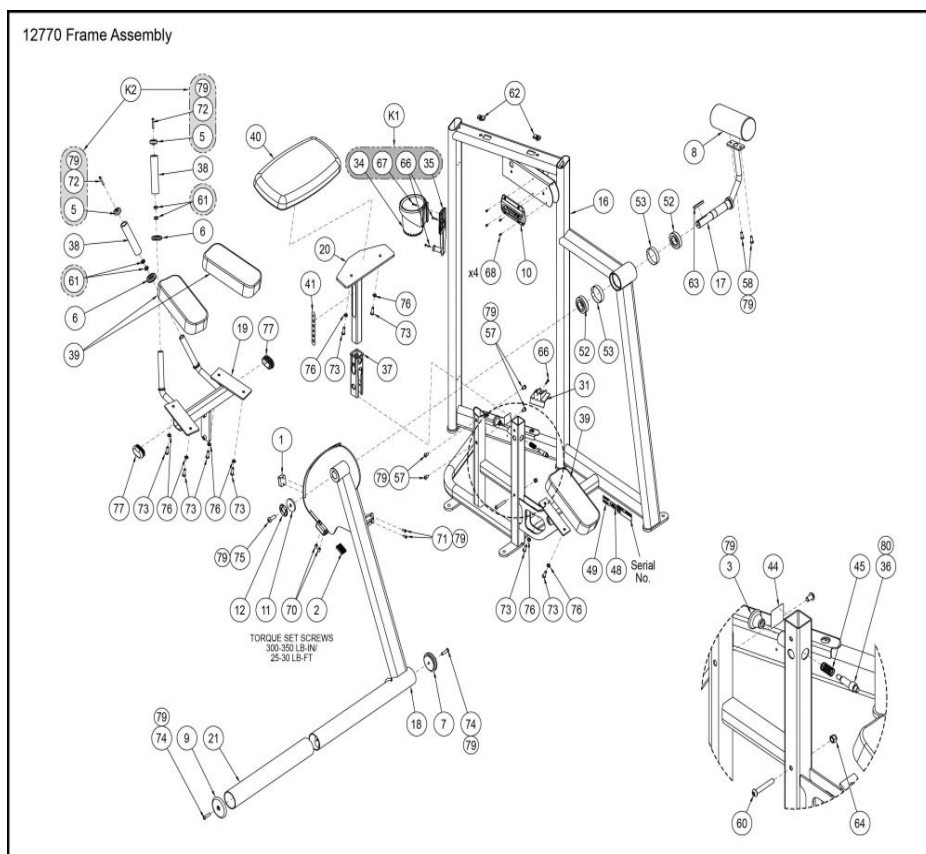
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# 12770 Belt Routing



| Ref # | Part Number | Qty | Description                             |
|-------|-------------|-----|-----------------------------------------|
| 2     | 11040-301   | 1   | INSERT CLAMP BLOCK                      |
| 13    | 12060-350   | 2   | WT ROD .625 DIA X 54.63                 |
| 23    | 12210-347   | 2   | CAP GUIDE ROD                           |
| 24    | 12210-348   | 2   | CAP GUIDE ROD                           |
| 25    | 12301-007   | 1   | Top Weight Assy 15                      |
| 46    | BS070208    | 2   | COMP SPRING .396 ID X .480 OD X 1.50 LG |
| 55    | GB000202    | 1   | BELT .95 WIDE                           |
| 56    | GP000209    | 2   | PULLEY ASSEMBLY-3.50                    |
| 59    | HC700428    | 2   | BHSCS .375-16 X 2.25                    |
| 64    | HN704901    | 2   | LOCKNUT .375-16 NYLON                   |
| 70    | HY740000    | 3   | SET SCREW                               |
| 78    | PR060005    | 2   | BUMPER WEIGHT                           |
| 81    | 11040-216   | 1   | P BELT CLAMP                            |
| 82    | 12210-352   | 2   | INSERT PLASTIC                          |
| 83    | 12210-358   | 2   | TUBE SPACER                             |
| 84    | BH030207    | 1   | PIN WEIGHT SELECTOR                     |
| 85    | HS760106    | 2   | WASH FLAT 1.750 .688 .140 T             |
| 86    | JS497600    | 2   | WASHER 1.19 ID X 1.75 OD X .12 THK      |

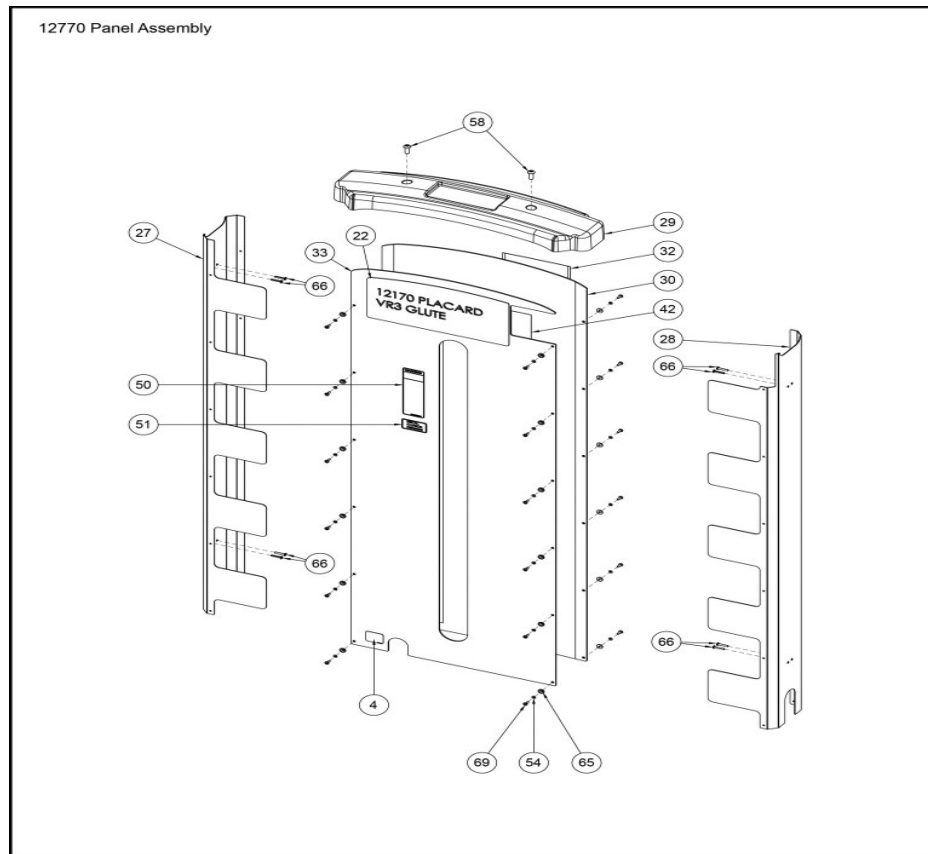
# 12770 Frame Assembly



| Ref # | Part Number | Qty | Description               |
|-------|-------------|-----|---------------------------|
| 1     | 11000-384   | 1   | BLOCK STOP                |
| K1    | 12000K017   | 1   | Kit Water Bottle Holder   |
| 2     | 11040-301   | 1   | INSERT CLAMP BLOCK        |
| K2    | 11090K006   | 2   | KIT HANDLE TRIM RING      |
| 3     | 11040-440   | 1   | KNOB                      |
| 5     | 11090-374   | 1   | END CAP                   |
| 6     | 11090-376   | 2   | RING HANDLE GRIP          |
| 7     | 11090-398   | 1   | END CAP                   |
| 8     | 11100-363   | 1   | C/COUNTERWEIGHT           |
| 9     | 11170-345   | 1   | END CAP                   |
| 10    | 12000-467   | 1   | PULLEY COVER              |
| 11    | 12050-343   | 1   | WASHER                    |
| 12    | 12050-355   | 1   | DECAL ROTATION            |
| 16    | 12170-200   | 1   | W MAIN FRAME Custom       |
| 17    | 12170-201   | 1   | W PIVOT SHAFT Custom      |
| 18    | 12170-202   | 1   | W INPUT ARM Custom        |
| 19    | 12170-204   | 1   | W PAD MOUNT Custom        |
| 20    | 12170-205   | 1   | W ADJUSTING POST Custom   |
| 21    | 12170-333   | 1   | GRIP 21.75                |
| 31    | 12600-394   | 1   | PANEL SUPPORT BRACKET     |
| 34    | 13000-400   | 1   | Holder Water Bottle       |
| 35    | 13000-402   | 1   | Mount Water Bottle Holder |

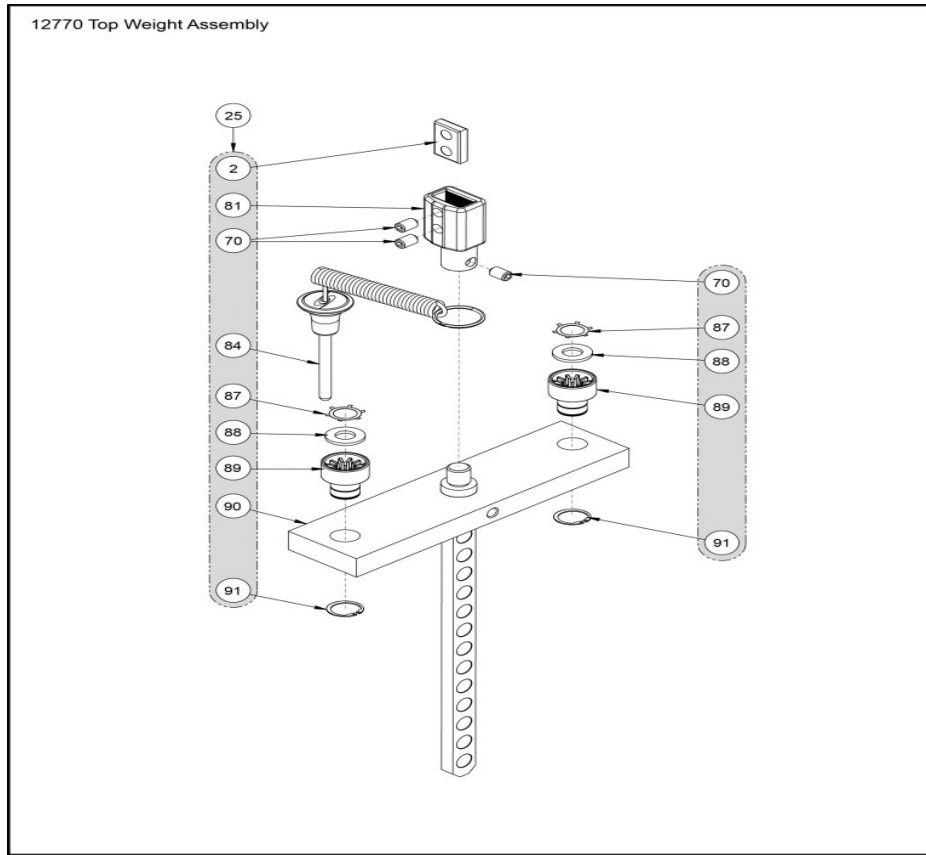
| Ref # | Part Number | Qty | Description                                   |
|-------|-------------|-----|-----------------------------------------------|
| 36    | 4505-329    | 1   | PIN DETENT                                    |
| 37    | 4605-512    | 1   | INSERT PLASTIC 7.94                           |
| 38    | 4605-520    | 2   | GRAB GRIP 6.25                                |
| 39    | 4800-017    | 3   | CUSHION SA 5 X 12 Custom                      |
| 40    | 4800-188    | 1   | CUSHION SA 10 X 18 NS Custom                  |
| 41    | 4855-317    | 1   | DECAL ADJUSTING                               |
| 44    | 8500-025    | 1   | DECAL CAUTION Custom                          |
| 45    | BS070201    | 1   | COM SPRING .56 ID X .66 OD X 1.50 LG          |
| 48    | CM000211    | 1   | DECAL PATENT                                  |
| 49    | CM000261    | 1   | DECAL, CAPACITY                               |
| 52    | FB030249    | 2   | BEARING RADIAL 35MM EXT RACE                  |
| 53    | FC030009    | 2   | TOLERANCE RING 72MM                           |
| 57    | HC700414    | 4   | BHSCS .375-16 X .62                           |
| 58    | HC700417    | 2   | BHSCS .375-16 X 1.00                          |
| 60    | HC700430    | 1   | BHSCS .375-16 X 2.50                          |
| 61    | HF449063    | 4   | INSERT 3-4X1-4-20 CONNECTOR                   |
| 62    | HF700000    | 2   | PANEL FASTNER .375-16 U TYPE                  |
| 63    | HH320030    | 1   | KEY .313 SQ X 2.50                            |
| 64    | HN704901    | 1   | LOCKNUT .375-16 NYLON                         |
| 66    | HT512517    | 3   | TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK    |
| 67    | HT552515    | 1   | TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK |
| 68    | HT570410    | 4   | SCREW PNH TORX 10-24X.375 BLACK               |
| 70    | HY740000    | 2   | SET SCREW                                     |
| 71    | JC620415    | 2   | BHSCS .250-20 X .75                           |
| 72    | JC620422    | 2   | BHSCS .250-20 X 1.50                          |
| 73    | JC700420    | 9   | BHSCS .375-16 X 1.25                          |
| 74    | JC700422    | 2   | BHSCS .375-16 X 1.50                          |
| 75    | JC780422    | 2   | BHSCS .500-13 X 1.50                          |
| 76    | JS347400    | 10  | LOCKWASHER INT TOOTH .375                     |
| 77    | PP130003    | 3   | INSERT PLASTIC                                |

## 12770 Panel Assembly



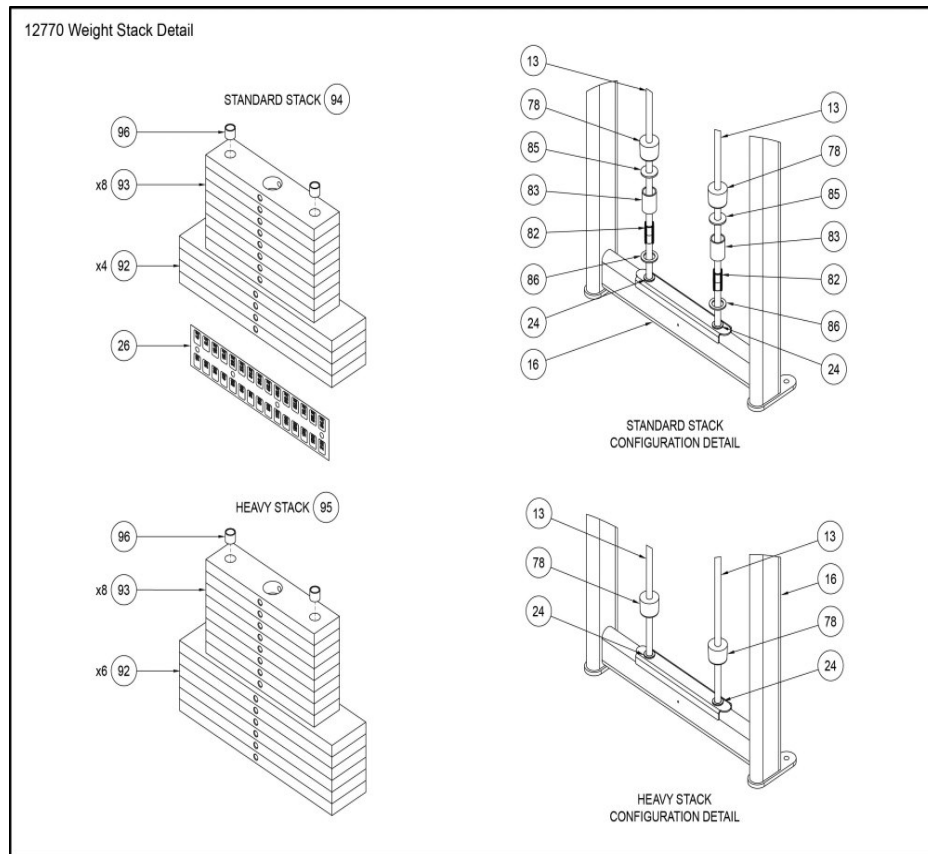
| Ref # | Part Number | Qty | Description                                     |
|-------|-------------|-----|-------------------------------------------------|
| 4     | 11040-790   | 1   | NLA: DECAL, MADE IN THE USA                     |
| 22    | 12170-598   | 1   | Placard VR3 Glute- order language specific item |
| 27    | 12600-350   | 1   | FORMED PLATE                                    |
| 28    | 12600-351   | 1   | FORMED PLATE                                    |
| 29    | 12600-390   | 1   | MOLDED TOP CAP                                  |
| 30    | 12600-392   | 1   | PANEL INSERT, PLANET FITNESS                    |
| 32    | 12770-370   | 1   | DECAL, GLUTE                                    |
| 33    | 12770-391   | 1   | PANEL INSERT, PLANET FITNESS                    |
| 42    | 510-1108    | 1   | TAPE BOX SEALING CLEAR                          |
| 50    | DE000001    | 1   | Decal Warning Custom                            |
| 51    | DE000005    | 1   | Decal Caution Custom                            |
| 54    | FO100007    | 1   | O RING .156 ID X .344 OD                        |
| 58    | HC700417    | 2   | BHSCS .375-16 X 1.00                            |
| 65    | HS100000    | 1   | WASHER NYLON FINISHING                          |
| 66    | HT512517    | 10  | TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK      |
| 69    | HT572512    | 1   | TAP SC NO. 10 - 24 X .50 PN HD PHIL             |

## 12770 Top Weight Assembly



| Ref # | Part Number | Qty | Description                             |
|-------|-------------|-----|-----------------------------------------|
| 2     | 11040-301   | 1   | INSERT CLAMP BLOCK                      |
| 25    | 12301-007   | 1   | Top Weight Assy 15                      |
| 70    | HY740000    | 3   | SET SCREW                               |
| 81    | 11040-216   | 1   | P BELT CLAMP                            |
| 84    | BH030207    | 1   | PIN WEIGHT SELECTOR                     |
| 87    | BR030220    | 2   | RETAINING RING 1.250 INTERNAL           |
| 88    | HS720004    | 2   | WASHER FELT .641 ID X 1.250 OD X .125 T |
| 89    | 13000-364   | 2   | BEARING FLNG .62 ID X .92 OD X 1.75 LG  |
| 90    | 4700-266    | 1   | C Top WT 15-3X12                        |
| 91    | BR030206    | 2   | RETAINING RING                          |

## 12770 Weight Stack Detail



| Ref # | Part Number | Qty | Description                        |
|-------|-------------|-----|------------------------------------|
| 13    | 12060-350   | 4   | WT ROD .625 DIA X 54.63            |
| 16    | 12170-200   | 2   | W MAIN FRAME Custom                |
| 24    | 12210-348   | 4   | CAP GUIDE ROD                      |
| 26    | 12301-552   | 1   | DECAL, WT PLATE GRADUATED (10-210) |
| 78    | PR060005    | 4   | BUMPER WEIGHT                      |
| 82    | 12210-352   | 2   | INSERT PLASTIC                     |
| 83    | 12210-358   | 2   | TUBE SPACER                        |
| 85    | HS760106    | 2   | WASH FLAT 1.750 .688 .140 T        |
| 86    | JS497600    | 2   | WASHER 1.19 ID X 1.75 OD X .12 THK |
| 92    | 4000C101    | 11  | C STACK WT 4X18                    |
| 93    | 4700-337    | 16  | C Stack Weight 10 lbs exact        |
| 94    | 12301-035   | 1   | WT PAC 12 GRADUATED                |
| 95    | 12301-031   | 1   | WT Pac 14 Graduated                |
| 96    | FB130216    | 2   | Bushing Weight Stack               |

