

VR1 CHEST PRESS

13000-01

Parts Manual

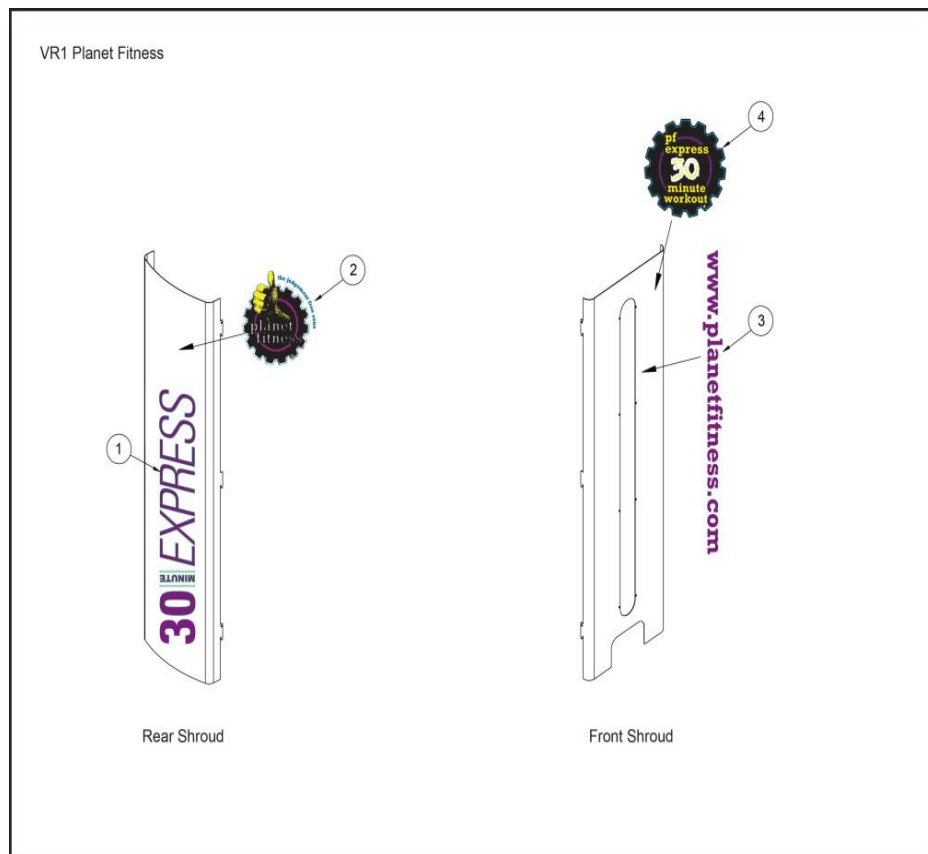
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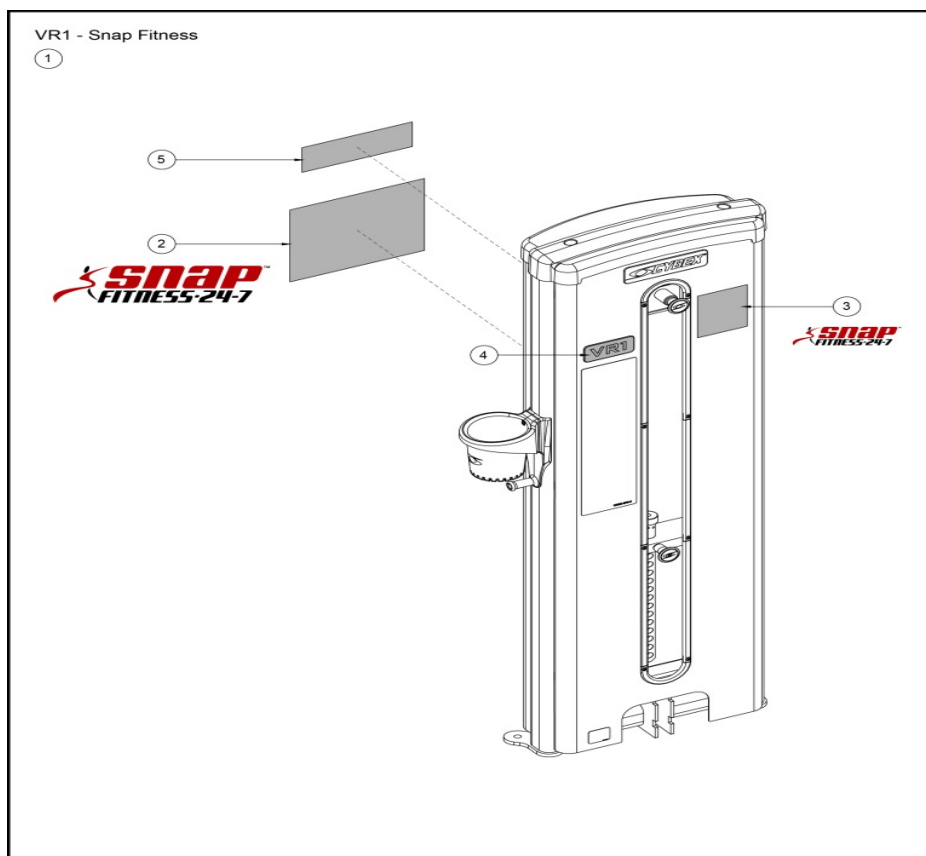
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VR1_Planet_Fitness



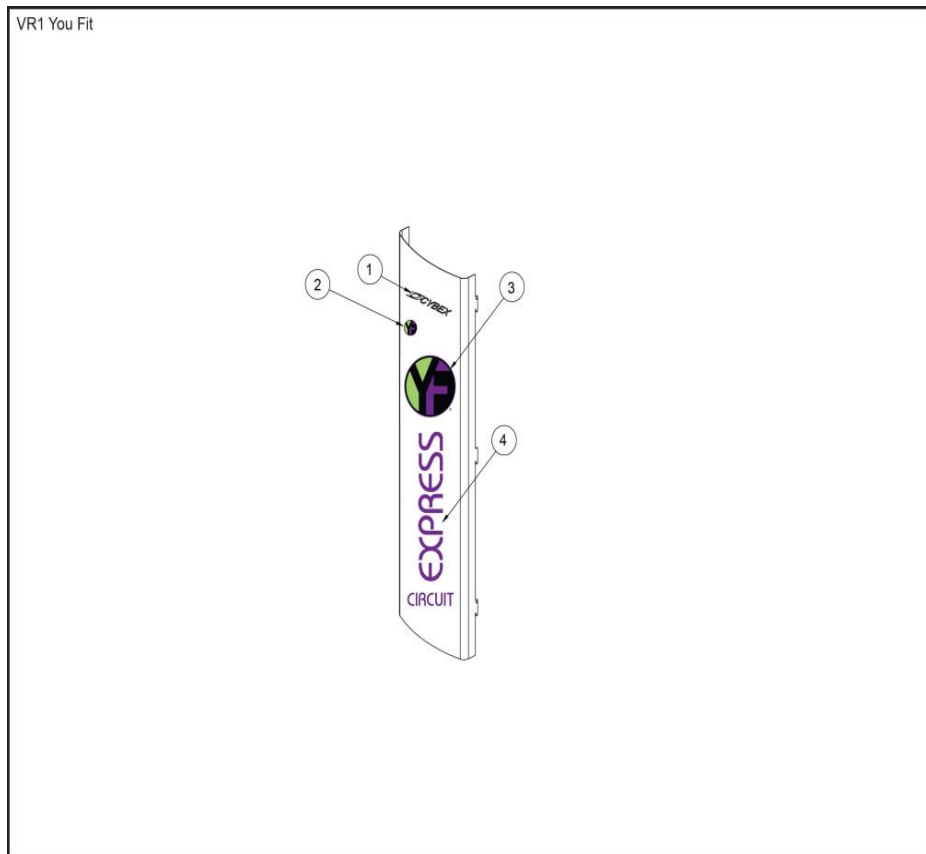
Ref #	Part Number	Qty	Description
1	DE-60250	1	PLANET FITNESS 30 MIN. EXPRESS DECAL (LARGE WORDS)
2	DE-60248	1	Planet Fitness Thumb Decal
3	DE-60253	1	WWW.PLANETFITNESS.COM (PURPLE) DECAL
4	DE-60249	1	PLANET FITNESS 30 MIN. EXPRESS GEAR DECAL

VR1_Snap_Fitness



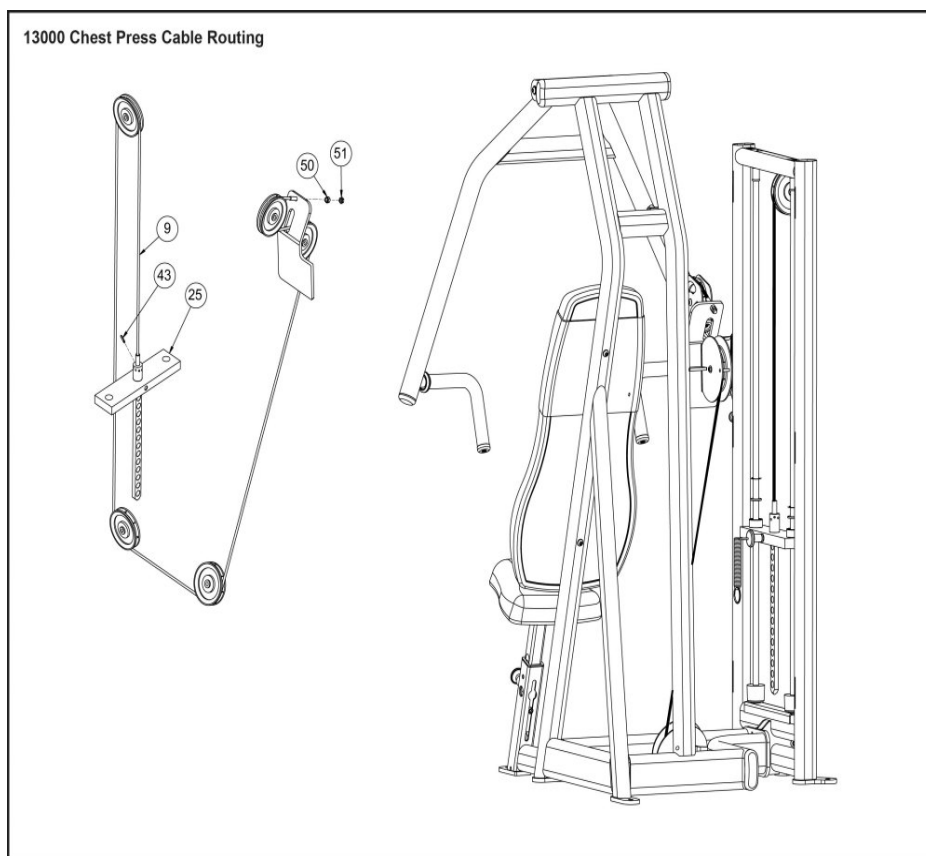
Ref #	Part Number	Qty	Description
1	13000-025S	1	SNAP FITNESS DECALS, VR1
2	21000-409	1	DECAL, SNAP FITNESS 14.00
3	21000-408	1	DECAL, SNAP FITNESS 6.00
4	13000-399	1	Decal VR1
5	3900-447	1	DECAL CYBEX 1.94 HOR BLACK

VR1_YouFit



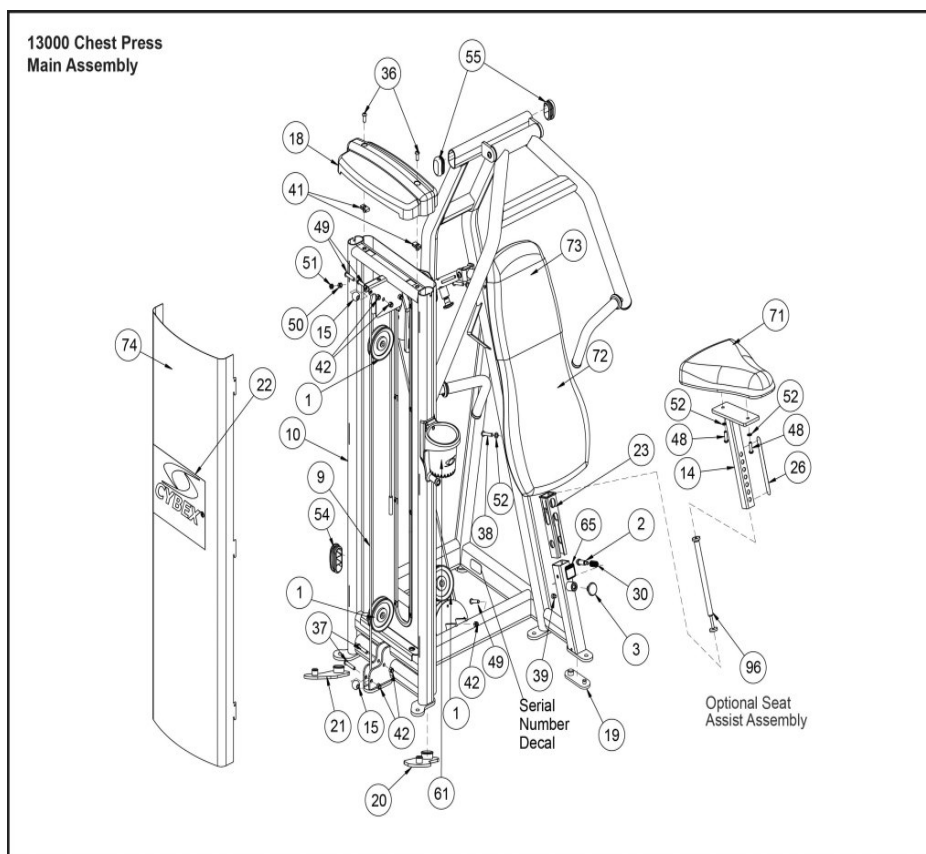
Ref #	Part Number	Qty	Description
1	3900-443	1	DECAL CYBEX BLACK
2	DE-60270	1	DECAL, YF CIRCLE SMALL
3	DE-60271	1	DECAL, YF CIRCLE LARGE
4	DE-60273	1	DECAL, EXPRESS CIRCUIT LARGE

13000_cable_routing



Ref #	Part Number	Qty	Description
9	13000-002	1	Cable SA
25	4700C070	1	C TOP WT 15-3X12
43	HP286819	1	SPIRAL PIN .188 X 1.12
50	JN714200	1	HEX NUT .375-24
51	JN714400	1	JAM NUT .375-24

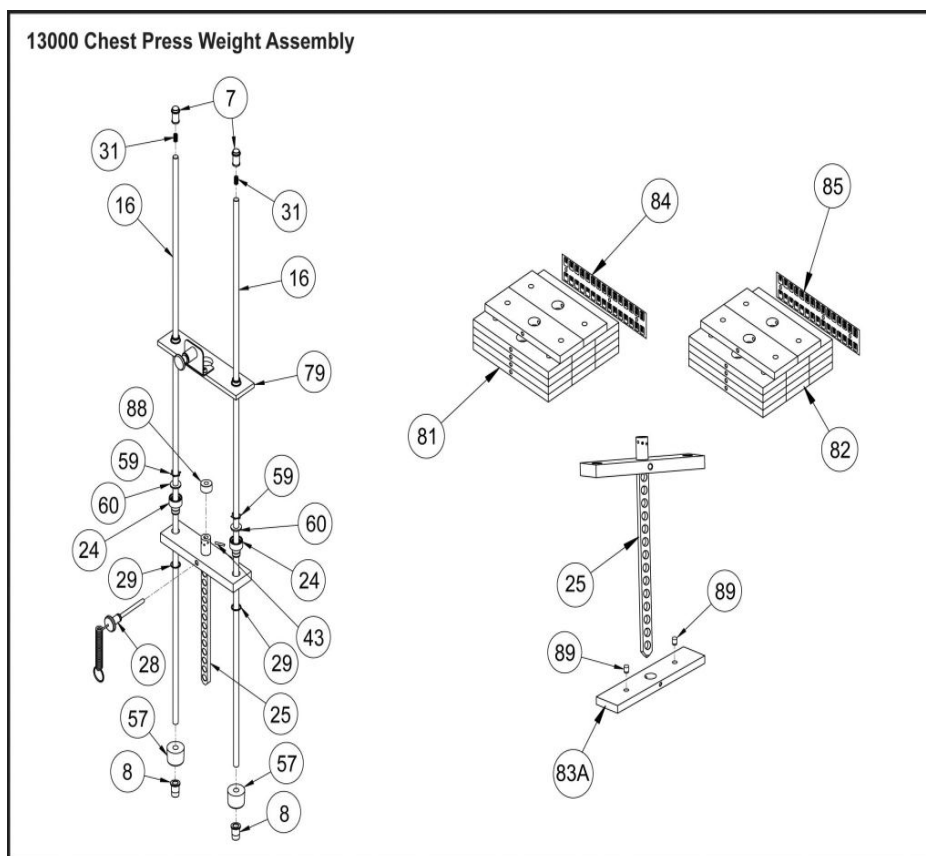
13000_main_assembly



Ref #	Part Number	Qty	Description
1	08014	3	PULLEY ASSEMBLY-4.50
2	08229	1	P PIN DETENT
3	11040-440	1	KNOB
9	13000-002	1	Cable SA
10	13000-200	1	W Frame Custom
14	13000-207	1	P Seat Post
15	13000-322	2	Roller
18	13000-342	1	Molded Top Cap
19	13000-353	1	Foot Pad
20	13000-354	1	Foot Pad
21	13000-355	1	Foot Pad
22	3900-441	1	DECAL CYBEX VER BLACK
22	3900-442	1	DECAL CYBEX VER SILVER
23	13000-365	1	Insert Plastic 7.94 Modified
26	4805-316	1	DECAL SEAT ADJUSTING
30	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
36	HC700417	2	BHSCS .375-16 X 1.00
37	HC700426	2	BHSCS .375-16 X 2.00
38	HC700428	2	BHSCS .375-16 X 2.25
39	HC702810	1	SHCS .375-16 X .375
41	HF700000	2	PANEL FASTNER .375-16 U TYPE
42	HN704901	3	LOCKNUT .375-16 NYLON

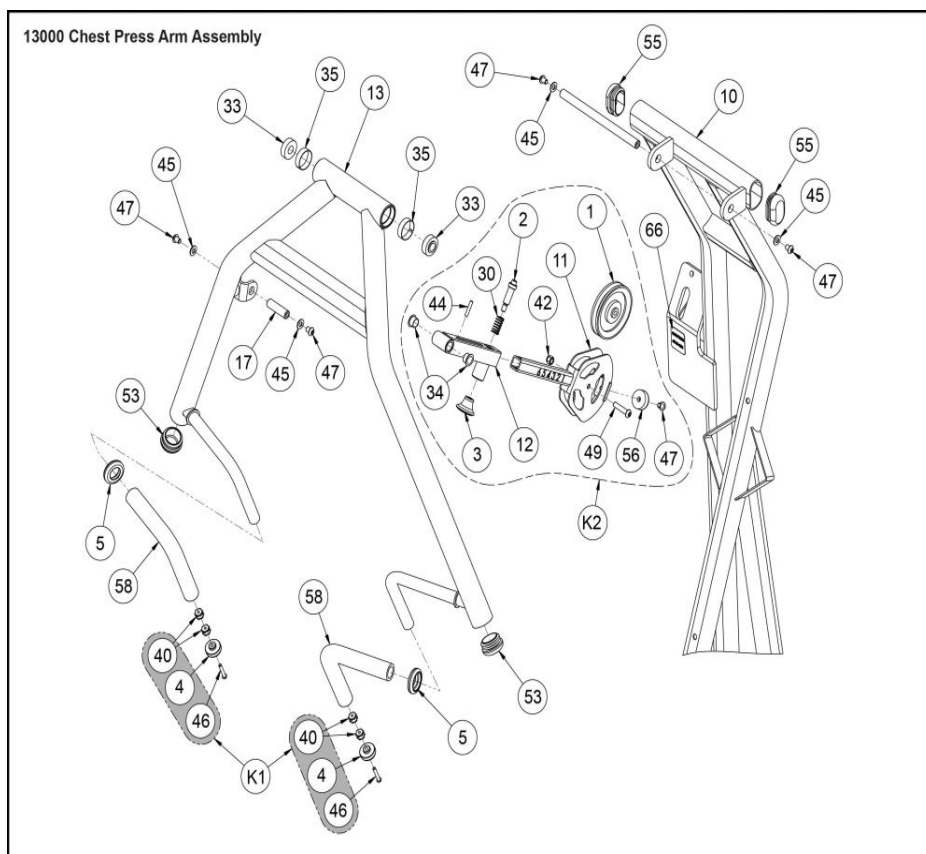
Ref #	Part Number	Qty	Description
48	JC700420	2	BHSCS .375-16 X 1.25
49	JC700424	3	BHSCS .375-16 X 1.75
50	JN714200	1	HEX NUT .375-24
51	JN714400	1	JAM NUT .375-24
52	JS347400	4	LOCKWASHER INT TOOTH .375
54	PP130002	1	INSERT DOMED PLASTIC
55	PP130003	2	INSERT PLASTIC
61	13000-400	1	Holder Water Bottle
65	4520-362	1	DECAL SEAT CAUTION Custom
71	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom
72	4800-180	1	COVERED CUSHION SA BACK 32 MOLDED Custom
73	4800-183	1	WEAR COVER SA 32in MOLDED Custom
74	13000-346-7	1	
74	13000-346-8	1	
74	13000-346-9	1	
96	13000-103	1	

13000_weight_assembly



Ref #	Part Number	Qty	Description
7	12210-347	2	CAP GUIDE ROD
8	12210-348	2	CAP GUIDE ROD
16	13000-326	2	Wt Rod .625 Dia x 51.51
24	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
25	4700C070	1	C TOP WT 15-3X12
26	4805-316	1	DECAL SEAT ADJUSTING
28	BH030207	1	PIN WEIGHT SELECTOR
29	BR030206	2	RETAINING RING
31	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
57	PR060005	2	BUMPER WEIGHT
59	BR030220	2	RETAINING RING 1.250 INTERNAL
60	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
79	13000-102	1	Half Weight Assembly 7.5 lb
79	13000-101	1	NLA: Half Weight Assembly 5 lb
81	13000-032	1	Wt Pac 10# Black (14)
82	13000-036	1	Wt Pac 15# Black (14)
83A	4700-338	1	C Stack Weight 15 lbs exact
83A	4700-337	1	C Stack Weight 10 lbs exact
84	4800-557	1	DECAL WEIGHT PLATE 10-150
85	13000-552	1	Decal Weight Plate (10-220)
88	13000-385	1	STOP
89	FB130216	2	Bushing Weight Stack

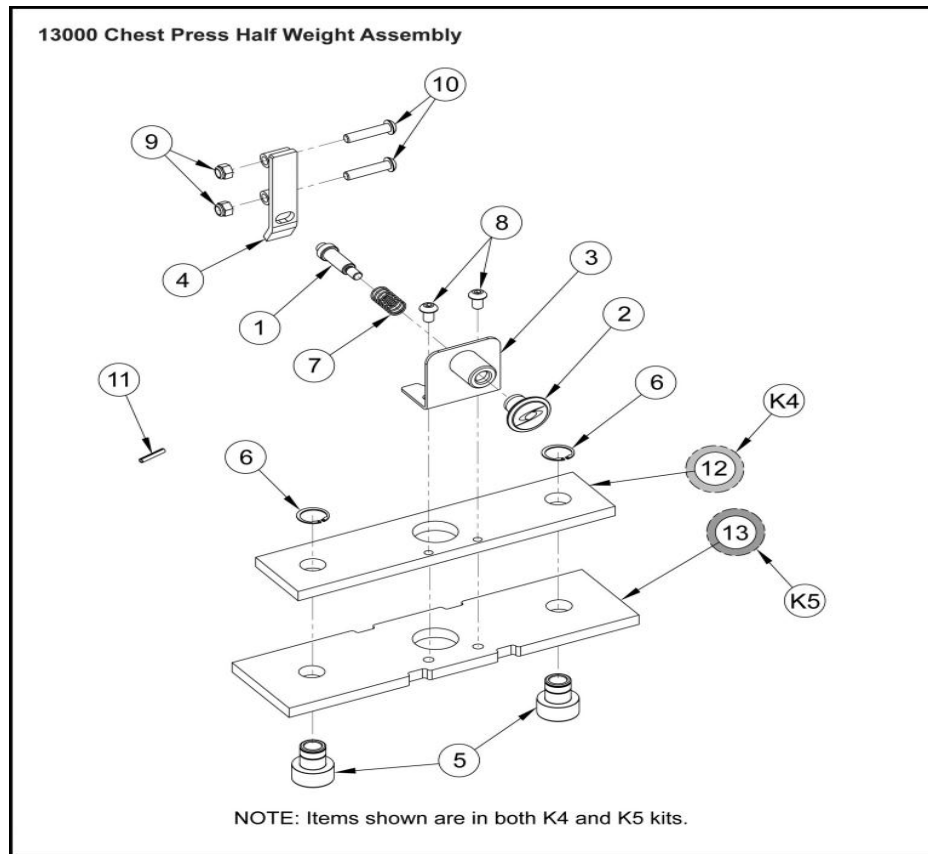
13000_Arm_assembly



Ref #	Part Number	Qty	Description
K1	11090K006	1	KIT HANDLE TRIM RING
1	08014	1	PULLEY ASSEMBLY-4.50
K2	13000K008	1	KIT, ADJUSTABLE PULLEY
2	08229	1	P PIN DETENT
3	11040-440	1	KNOB
4	11090-374	2	END CAP
5	11090-376	2	RING HANDLE GRIP
10	13000-200	1	W Frame Custom
11	13000-203	1	Telescoping Pulley Tube
12	13000-204	1	W Telescoping Tube Custom
13	13000-205	1	W Input Custom
17	13000-336	1	Pin Pivot
30	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
33	FB030232	2	BRG RADIAL 17MM ID EXT RACE
34	FB130211	2	BRG FLG 17MM X 19MM X 12MM
35	FC030006	2	TOLERANCE RING 1.575 ID
40	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
42	HN704901	1	LOCKNUT .375-16 NYLON
44	HP306720	1	PIN COILED .25 X 1.25
45	HS347600	3	WASHER SAE .375
46	JC620422	2	BHSCS .250-20 X 1.50
47	JC700412	4	BHSCS .375-16 X .50

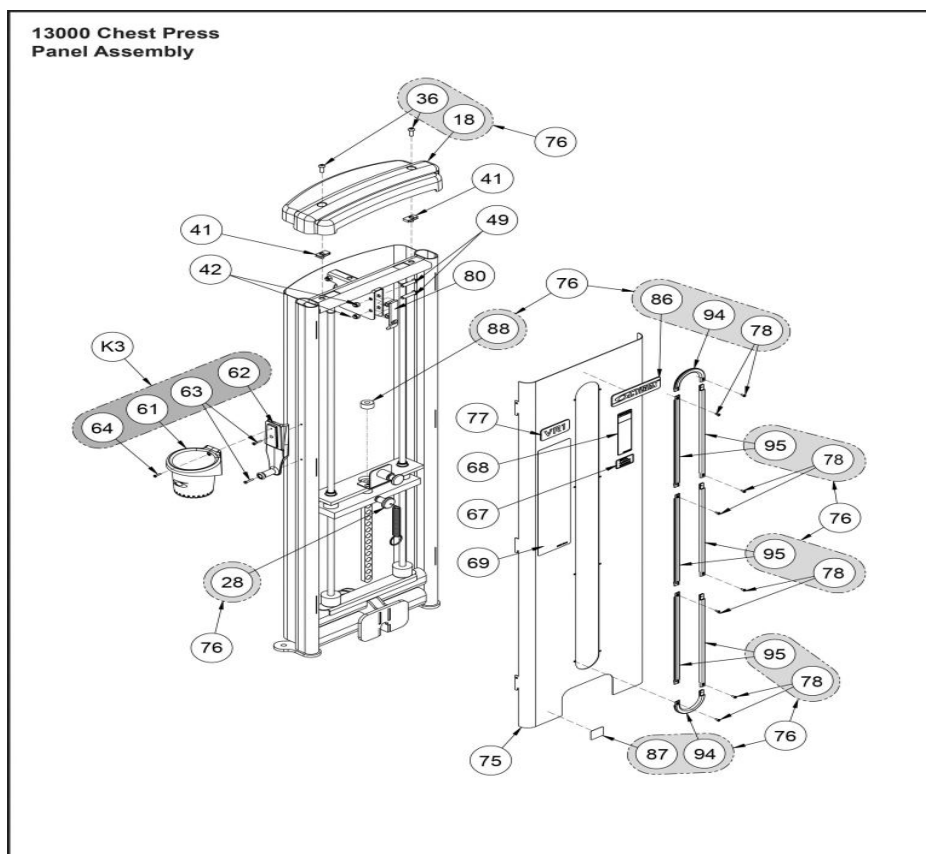
Ref #	Part Number	Qty	Description
49	JC700424	1	BHSCS .375-16 X 1.75
53	PP080226	2	INSERT PLASTIC 2.00 DIA-RIB
55	PP130003	2	INSERT PLASTIC
56	PR060003	1	BUMPER RECESS
58	13000-373	2	Grip 13.00
66	4510-321	1	DECAL CAUTION Custom

13000_Half_weight_assembly



Ref #	Part Number	Qty	Description
1	08229	1	P PIN DETENT
2	11040-440	1	KNOB
3	13000-206	1	C Half Weight Latch
K4	13000K004	1	Kit Half Weight 5 lb
4	13000-208	1	P Latch
5	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
K5	13000K005	1	Kit Half Weight 7.5 lb
6	BR030206	2	RETAINING RING
7	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
8	HC700414	2	BHSCS .375-16 X .62
9	HN704901	2	LOCKNUT .375-16 NYLON
10	JC700424	2	BHSCS .375-16 X 1.75
11	HP286819	1	SPIRAL PIN .188 X 1.12
12	13000-352	1	C Half Weight 5 lbs
13	13000-363	1	C Half Weight 7.5 lbs

13000_Panel_Assembly



Ref #	Part Number	Qty	Description
K3	13000K003	1	Kit Water Bottle Holder
18	13000-342	1	Molded Top Cap
28	BH030207	1	PIN WEIGHT SELECTOR
36	HC700417	2	BHSCS .375-16 X 1.00
41	HF700000	2	PANEL FASTNER .375-16 U TYPE
42	HN704901	2	LOCKNUT .375-16 NYLON
49	JC700424	2	BHSCS .375-16 X 1.75
61	13000-400	1	Holder Water Bottle
62	13000-403	1	Mount Water Bottle Holder
63	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
64	HT552512	1	TAP SC NO. 8-16 X .50 PLASTITE PAN HEAD PHILLIPS BLACK
67	DE000005	1	Decal Caution Custom
68	DE000001	1	Decal Warning Custom
69	13000-598	1	Placard VR1 Chest Press Custom
75	13000-343-9	1	
75	13000-343-8	1	
75	13000-343-7	1	
76	13000-100	1	Edge Trim Assembly
77	13000-399	1	Decal VR1
78	HT552511	10	TAP SC #8-16 X .38 TAP BLACK PLASTITE
80	13000-208	1	P Latch

Ref #	Part Number	Qty	Description
86	13000-398	1	DECAL, CYBEX
87	11040-790	1	NLA: DECAL, MADE IN THE USA
88	13000-385	1	STOP
94	13000-344	2	Edge Trim
95	13000-345	6	Edge Trim

13000_Parts_not_shown

Other Parts Not Shown

Ref #	Part Number	Qty	Description
K6	13000K007	1	Kit Hardware VR1

