

VR1 OVERHEAD PRESS

13010-01

Parts Manual

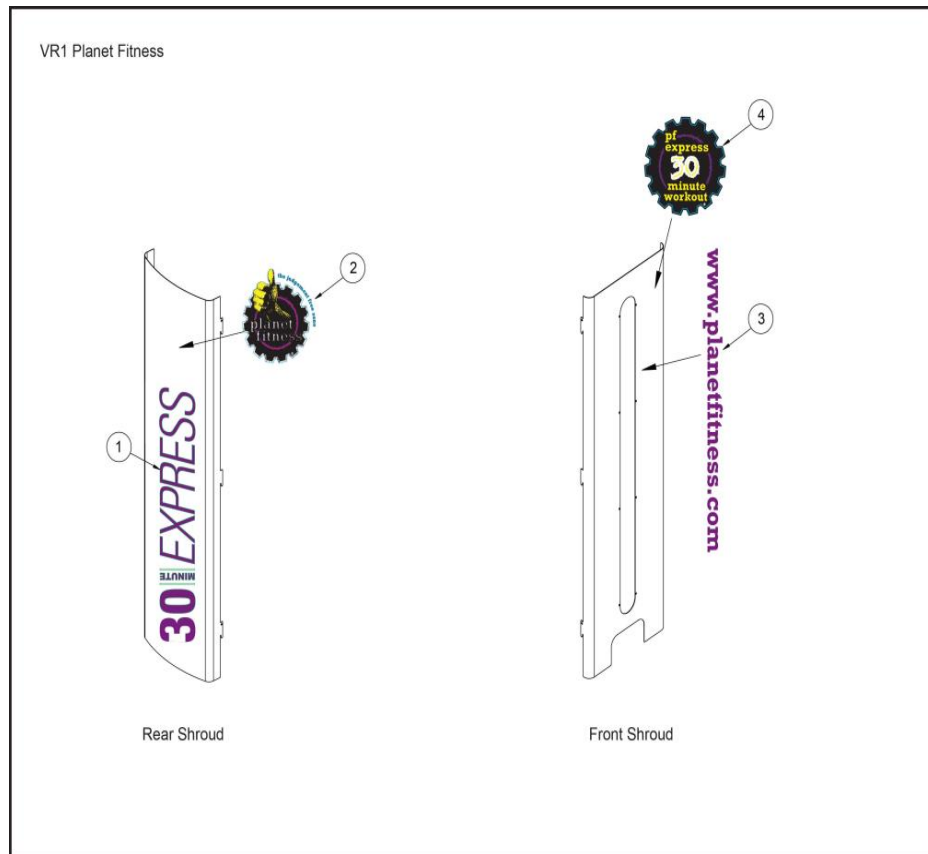
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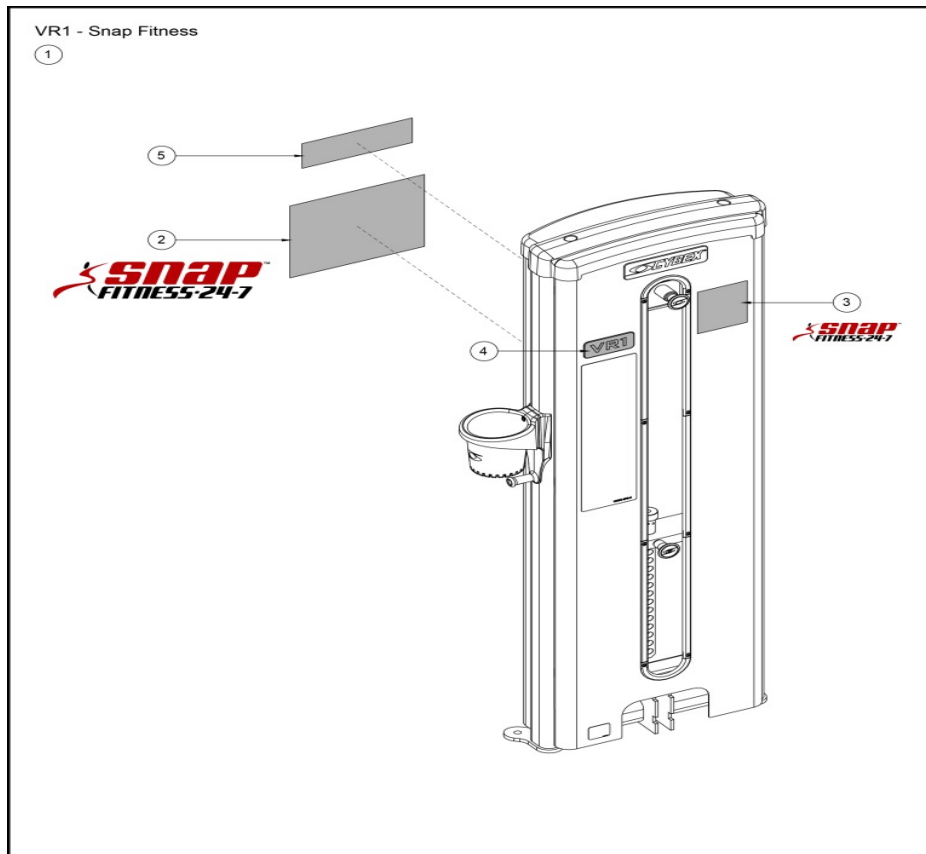
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VR1_Planet_Fitness



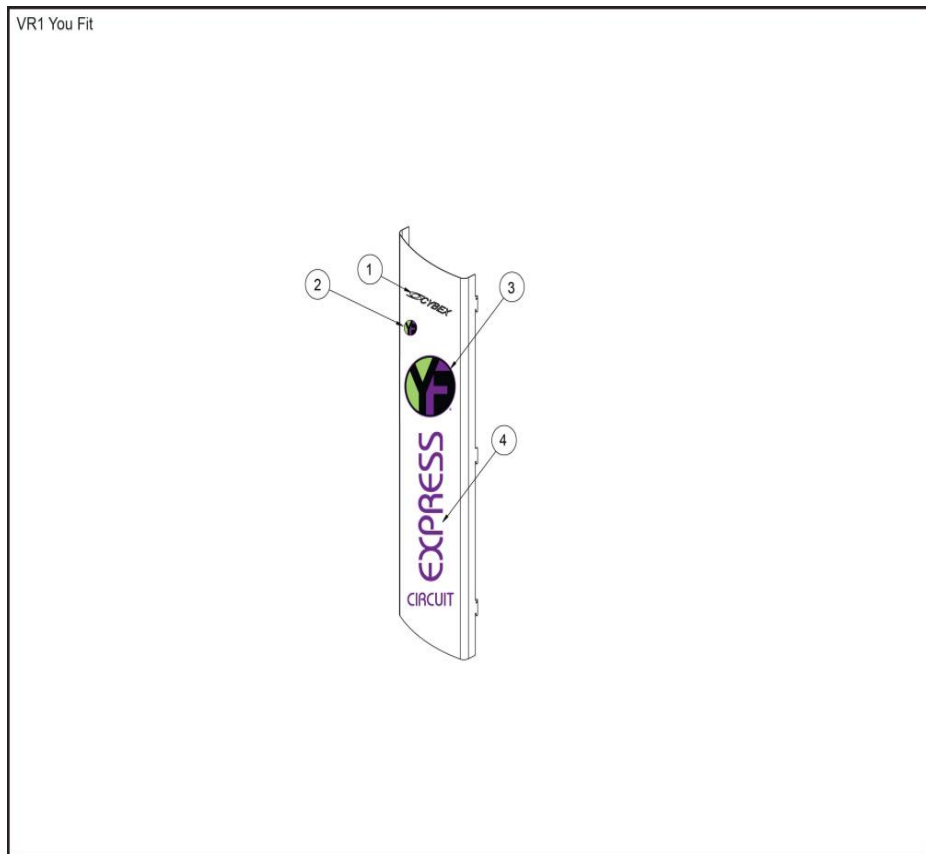
Ref #	Part Number	Qty	Description
1	DE-60250	1	PLANET FITNESS 30 MIN. EXPRESS DECAL (LARGE WORDS)
2	DE-60248	1	Planet Fitness Thumb Decal
3	DE-60253	1	WWW.PLANETFITNESS.COM (PURPLE) DECAL
4	DE-60249	1	PLANET FITNESS 30 MIN. EXPRESS GEAR DECAL

VR1_Snap_Fitness



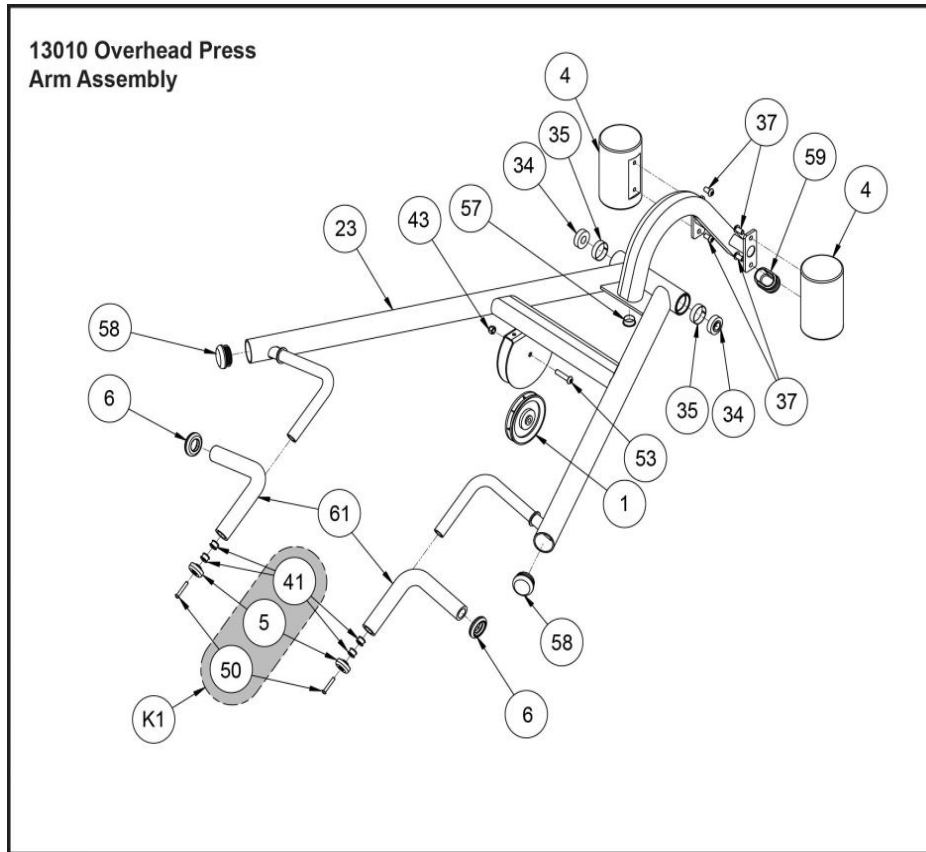
Ref #	Part Number	Qty	Description
1	13000-025S	1	SNAP FITNESS DECALS, VR1
2	21000-409	1	DECAL, SNAP FITNESS 14.00
3	21000-408	1	DECAL, SNAP FITNESS 6.00
4	13000-399	1	Decal VR1
5	3900-447	1	DECAL CYBEX 1.94 HOR BLACK

VR1_YouFit



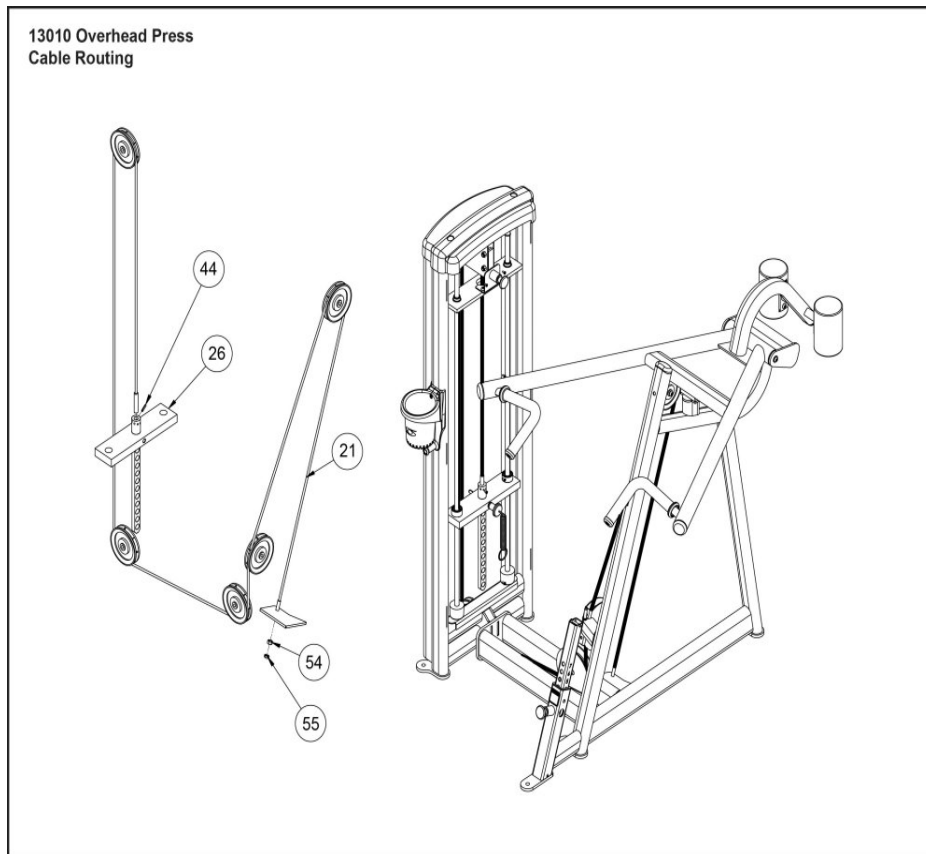
Ref #	Part Number	Qty	Description
1	3900-443	1	DECAL CYBEX BLACK
2	DE-60270	1	DECAL, YF CIRCLE SMALL
3	DE-60271	1	DECAL, YF CIRCLE LARGE
4	DE-60273	1	DECAL, EXPRESS CIRCUIT LARGE

13010_Arm_Assembly



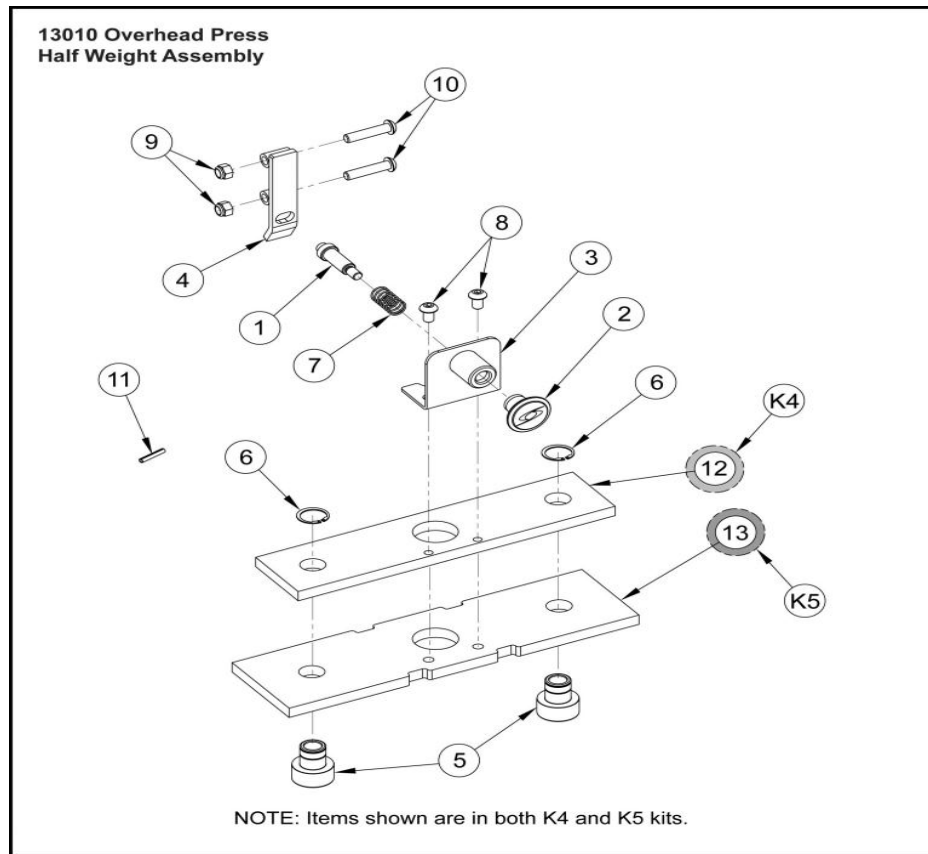
Ref #	Part Number	Qty	Description
K1	11090K006	1	KIT HANDLE TRIM RING
1	08014	1	PULLEY ASSEMBLY-4.50
4	11070-332	2	C COUNTERWEIGHT
5	11090-374	2	END CAP
6	11090-376	2	RING HANDLE GRIP
23	13010-201	1	W Arm Custom
34	FB030232	2	BRG RADIAL 17MM ID EXT RACE
35	FC030006	2	TOLERANCE RING 1.575 ID
37	HC700415	2	BHSCS .375-16 X .75
41	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
43	HN704901	1	LOCKNUT .375-16 NYLON
50	JC620422	2	BHSCS .250-20 X 1.50
53	JC700424	1	BHSCS .375-16 X 1.75
57	PN660200	1	INSERT PLASTIC 1.00 DIA-11 GA
58	PP080226	2	INSERT PLASTIC 2.00 DIA-RIB
59	PP130003	1	INSERT PLASTIC
61	13000-373	2	Grip 13.00

13010_Cable_Routing



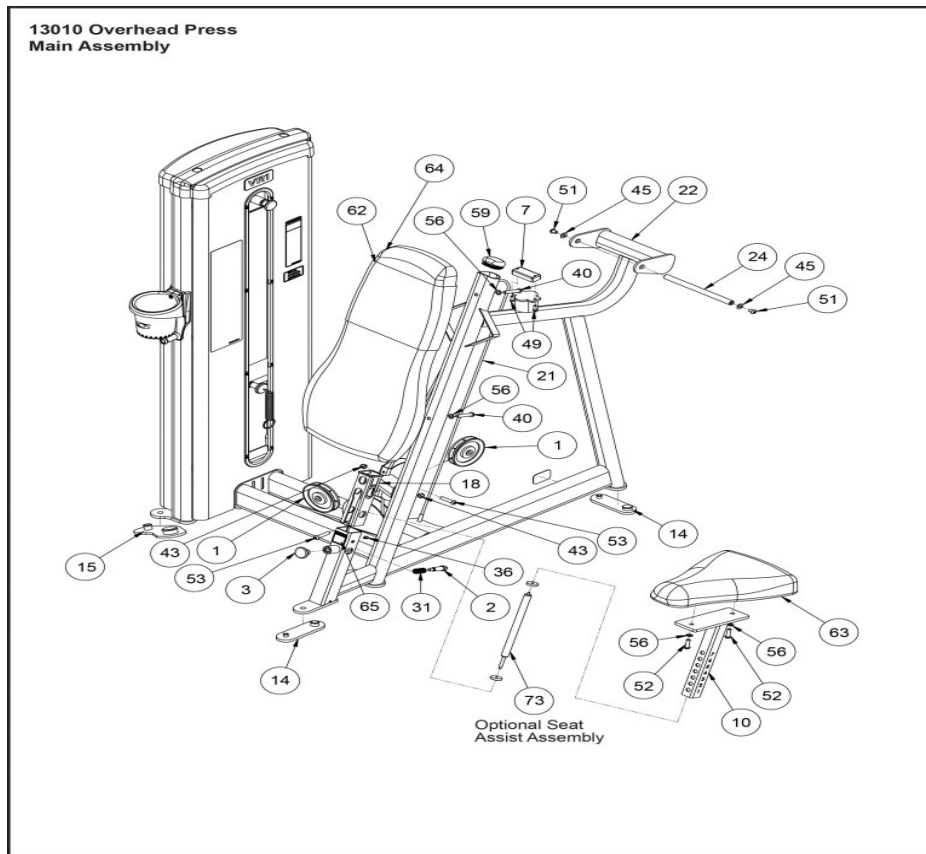
Ref #	Part Number	Qty	Description
21	13010-002	1	Cable SA
26	4800-262	1	C Top Wt 13 - 3c12
44	HP286819	1	SPIRAL PIN .188 X 1.12
54	JN714200	1	HEX NUT .375-24
55	JN714400	1	JAM NUT .375-24

13010_Half_weight_assembly



Ref #	Part Number	Qty	Description
1	08229	1	P PIN DETENT
2	11040-440	1	KNOB
3	13000-206	1	C Half Weight Latch
K4	13000K004	1	Kit Half Weight 5 lb
4	13000-208	1	P Latch
5	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
K5	13000K005	1	Kit Half Weight 7.5 lb
6	BR030206	2	RETAINING RING
7	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
8	HC700414	2	BHSCS .375-16 X .62
9	HN704901	2	LOCKNUT .375-16 NYLON
10	JC700424	2	BHSCS .375-16 X 1.75
11	HP286819	1	SPIRAL PIN .188 X 1.12
12	13000-352	1	C Half Weight 5 lbs
13	13000-363	1	C Half Weight 7.5 lbs

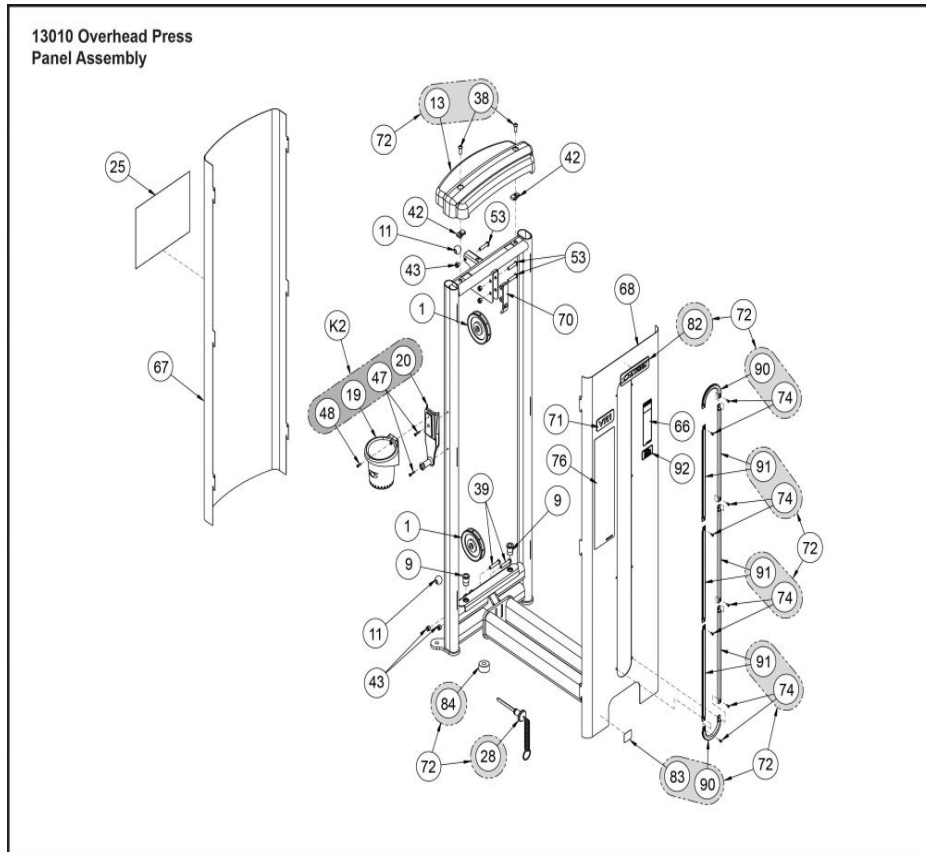
13010_Main_Assembly



Ref #	Part Number	Qty	Description
1	08014	2	PULLEY ASSEMBLY-4.50
2	08229	1	P PIN DETENT
3	11040-440	1	KNOB
7	12030-353	1	BLOCK STOP
10	13000-207	1	P Seat Post
14	13000-353	2	Foot Pad
15	13000-354	1	Foot Pad
18	13000-365	1	Insert Plastic 7.94 Modified
21	13010-002	1	Cable SA
22	13010-200	1	W Frame Custom
24	13010-316	1	Shaft Pivot
31	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
36	HC622808	1	SHCS .250 x 20 x .250
40	HC700428	2	BHSCS .375-16 X 2.25
43	HN704901	2	LOCKNUT .375-16 NYLON
45	HS347600	2	WASHER SAE .375
49	JC620415	2	BHSCS .250-20 X .75
51	JC700412	2	BHSCS .375-16 X .50
52	JC700420	2	BHSCS .375-16 X 1.25
53	JC700424	2	BHSCS .375-16 X 1.75
56	JS347400	4	LOCKWASHER INT TOOTH .375
59	PP130003	1	INSERT PLASTIC

Ref #	Part Number	Qty	Description
62	4800-183	1	WEAR COVER SA 32in MOLDED Custom
63	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom
64	4800-180	1	COVERED CUSHION SA BACK 32 MOLDED Custom
65	4520-362	1	DECAL SEAT CAUTION Custom
73	13000-103	1	

13010_Panel_Assembly



Ref #	Part Number	Qty	Description
1	08014	2	PULLEY ASSEMBLY-4.50
K2	13000K003	1	Kit Water Bottle Holder
9	12210-348	2	CAP GUIDE ROD
11	13000-322	2	Roller
13	13000-342	1	Molded Top Cap
19	13000-400	1	Holder Water Bottle
20	13000-403	1	Mount Water Bottle Holder
25	3900-441	1	DECAL CYBEX VER BLACK
25	3900-442	1	DECAL CYBEX VER SILVER
28	BH030207	1	PIN WEIGHT SELECTOR
38	HC700417	2	BHSCS .375-16 X 1.00
39	HC700426	2	BHSCS .375-16 X 2.00
42	HF700000	2	PANEL FASTNER .375-16 U TYPE
43	HN704901	1	LOCKNUT .375-16 NYLON
47	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
48	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
53	JC700424	3	BHSCS .375-16 X 1.75
66	DE000001	1	Decal Warning Custom
67	13000-346-9	1	
67	13000-346-8	1	
67	13000-346-7	1	
68	13000-343-9	1	

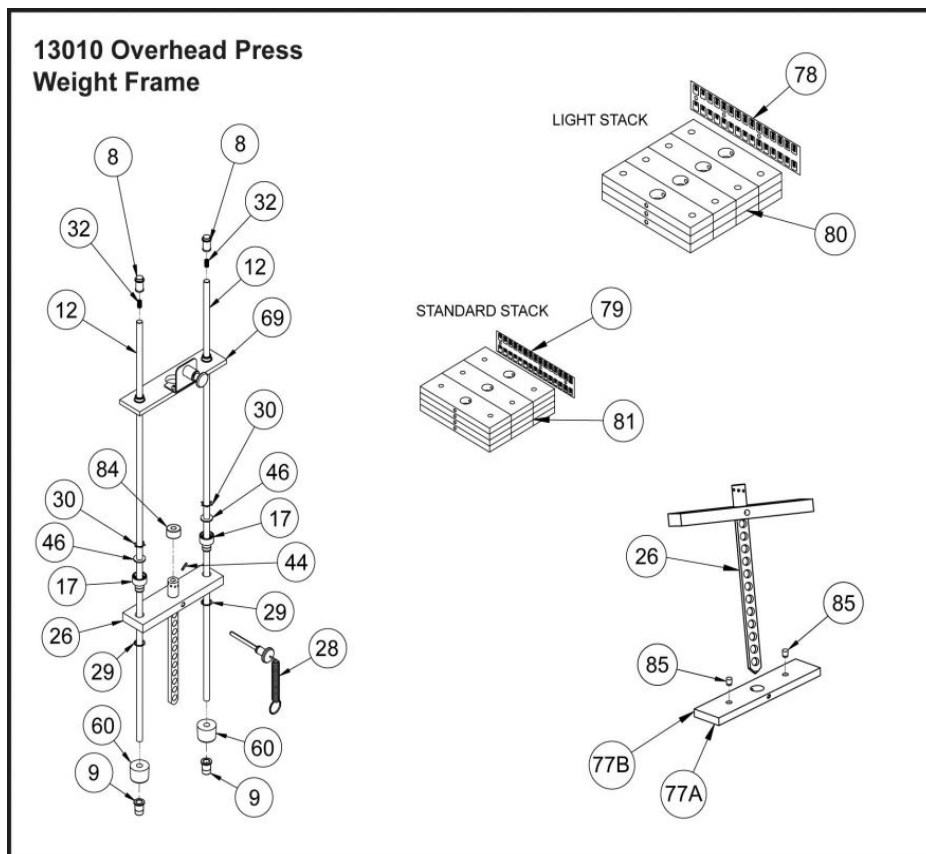
Ref #	Part Number	Qty	Description
68	13000-343-8	1	
68	13000-343-7	1	
69	13000-101	1	NLA: Half Weight Assembly 5 lb
70	13000-208	1	P Latch
71	13000-399	1	Decal VR1
72	13000-100	1	Edge Trim Assembly
74	HT552511	10	TAP SC #8-16 X .38 TAP BLACK PLASTITE
76	13010-598	1	Placard VR1 Ovhd Press Custom
82	13000-398	1	DECAL, CYBEX
83	11040-790	1	NLA: DECAL, MADE IN THE USA
84	13000-385	1	STOP
90	13000-344	2	Edge Trim
91	13000-345	6	Edge Trim
92	DE000005	1	Decal Caution Custom

13010_Parts_not_shown

Other Parts Not Shown

Ref #	Part Number	Qty	Description
K3	13000K007	1	Kit Hardware VR1

13010_Weight_Assembly



Ref #	Part Number	Qty	Description
8	12210-347	2	CAP GUIDE ROD
9	12210-348	2	CAP GUIDE ROD
12	13000-326	2	Wt Rod .625 Dia x 51.51
17	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
26	4800-262	1	C Top Wt 13 - 3c12
28	BH030207	1	PIN WEIGHT SELECTOR
29	BR030206	2	RETAINING RING
30	BR030220	2	RETAINING RING 1.250 INTERNAL
32	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
44	HP286819	1	SPIRAL PIN .188 X 1.12
46	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
60	PR060005	2	BUMPER WEIGHT
69	13000-102	1	Half Weight Assembly 7.5 lb
77B	4700-338	1	C Stack Weight 15 lbs exact
77A	4700-337	1	C Stack Weight 10 lbs exact
78	4800-557	1	DECAL WEIGHT PLATE 10-150
79	13000-552	1	Decal Weight Plate (10-220)
80	13000-031	1	Wt Pac 10# Black (12)
81	13000-035	1	Wt Pac 15# Black (12)
84	13000-385	1	STOP
85	FB130216	2	Bushing Weight Stack

