

VR1 LEG PRESS

13040-01

Parts Manual

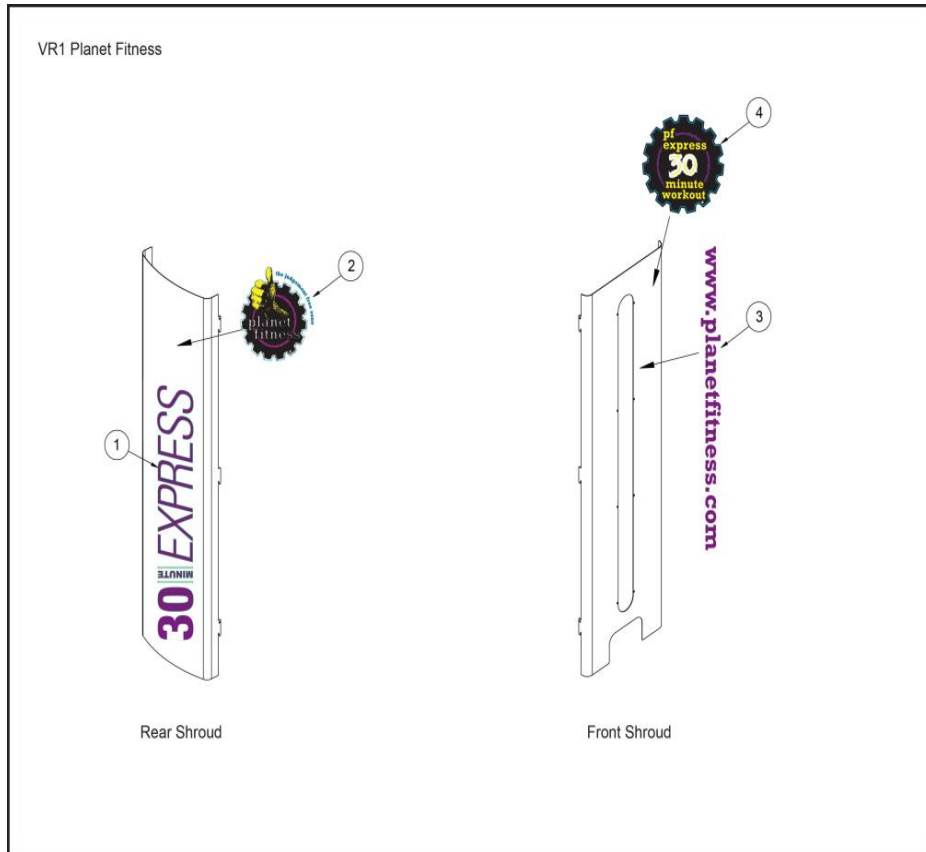
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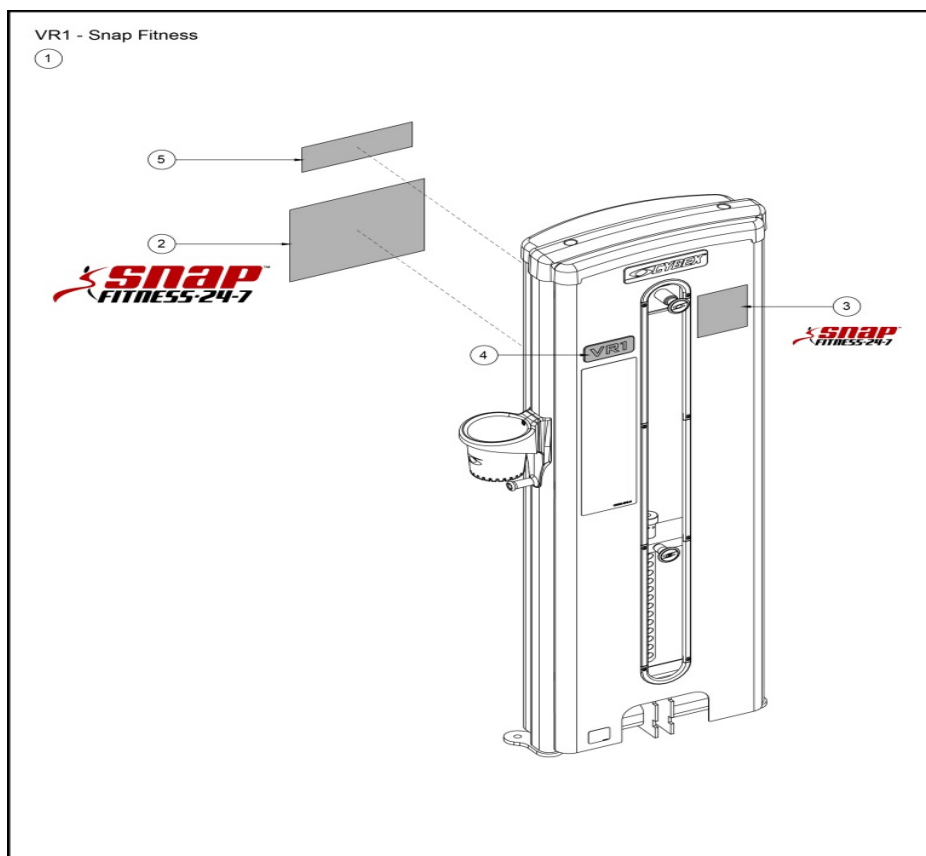
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VR1_Planet_Fitness



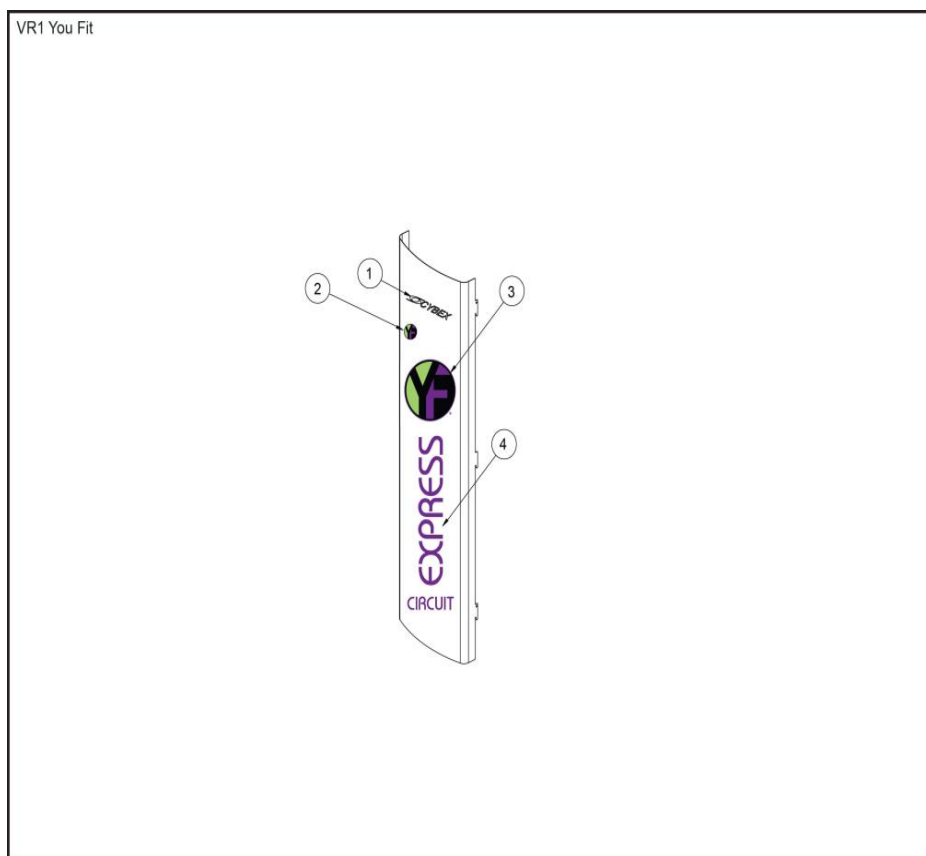
Ref #	Part Number	Qty	Description
1	DE-60250	1	PLANET FITNESS 30 MIN. EXPRESS DECAL (LARGE WORDS)
2	DE-60248	1	Planet Fitness Thumb Decal
3	DE-60253	1	WWW.PLANETFITNESS.COM (PURPLE) DECAL
4	DE-60249	1	PLANET FITNESS 30 MIN. EXPRESS GEAR DECAL

VR1_Snap_Fitness



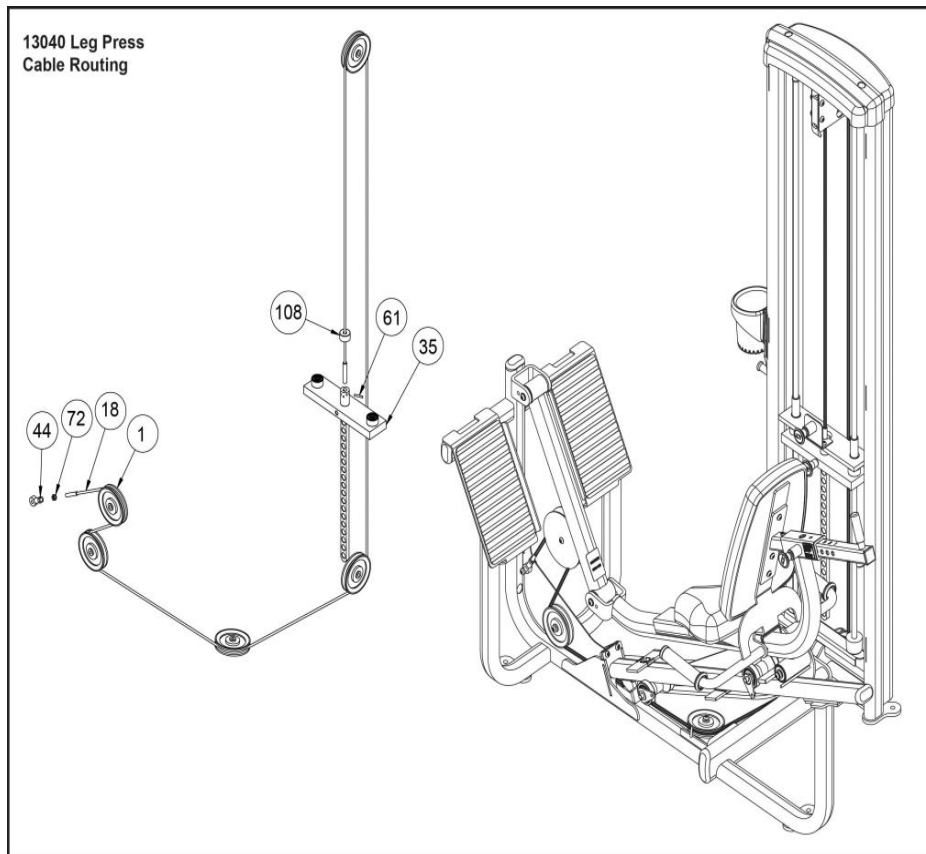
Ref #	Part Number	Qty	Description
1	13000-025S	1	SNAP FITNESS DECALS, VR1
2	21000-409	1	DECAL, SNAP FITNESS 14.00
3	21000-408	1	DECAL, SNAP FITNESS 6.00
4	13000-399	1	Decal VR1
5	3900-447	1	DECAL CYBEX 1.94 HOR BLACK

VR1_YouFit



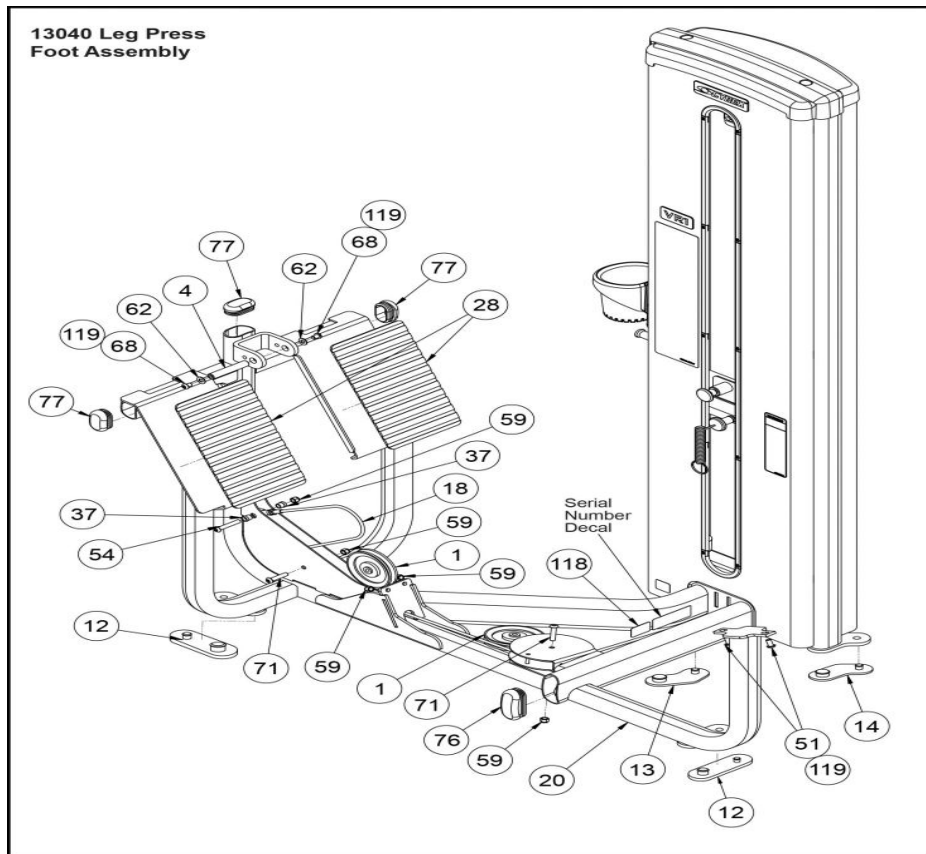
Ref #	Part Number	Qty	Description
1	3900-443	1	DECAL CYBEX BLACK
2	DE-60270	1	DECAL, YF CIRCLE SMALL
3	DE-60271	1	DECAL, YF CIRCLE LARGE
4	DE-60273	1	DECAL, EXPRESS CIRCUIT LARGE

13040_Cable_Routing



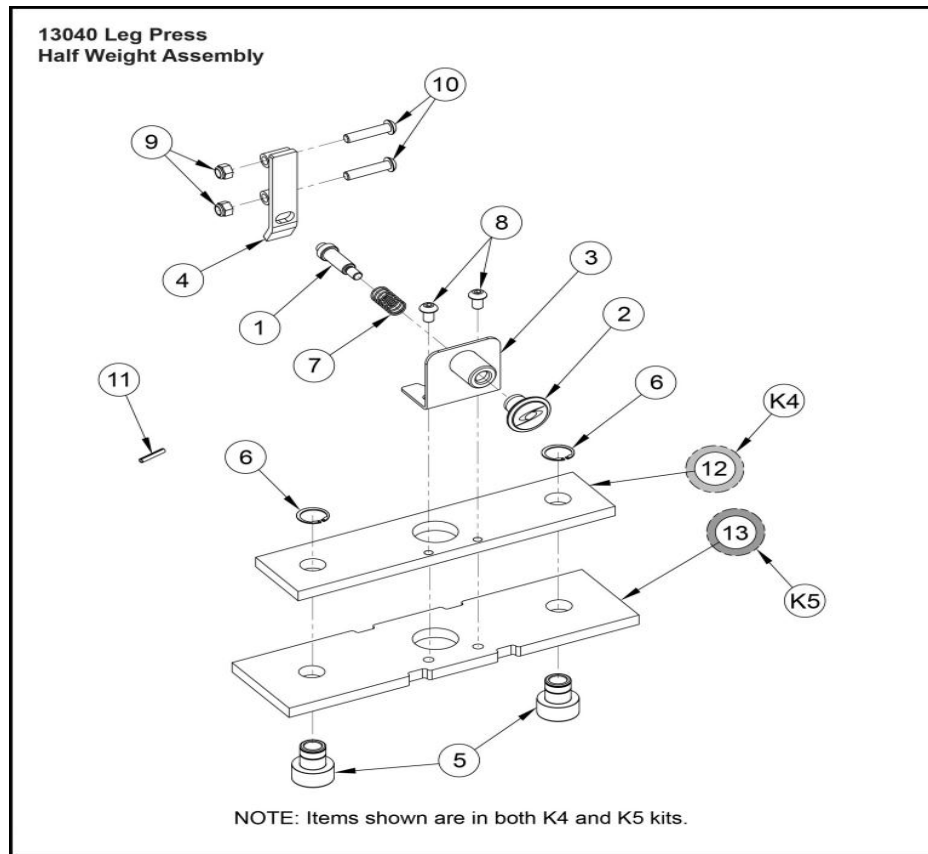
Ref #	Part Number	Qty	Description
1	08014	4	PULLEY ASSEMBLY-4.50
18	13040-002	1	Cable SA
35	4700S065	1	WT PAC T 20-3X12 BLACK
44	FB030213	1	BRG ROD END FEMALE .375-24
61	HP286819	1	SPIRAL PIN .188 X 1.12
72	JN714400	1	JAM NUT .375-24
108	13000-385	1	STOP

13040_Foot_Assembly



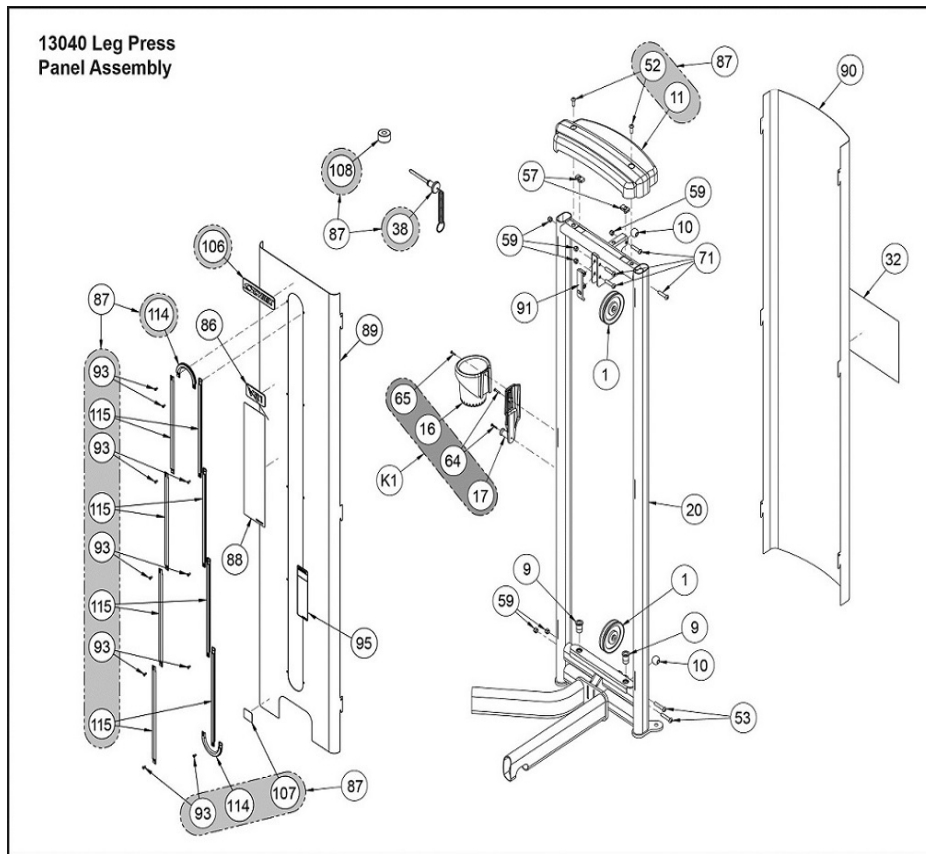
Ref #	Part Number	Qty	Description
1	08014	1	PULLEY ASSEMBLY-4.50
4	11080-337	1	SHAFT PIVOT
12	13000-353	2	Foot Pad
13	13000-354	1	Foot Pad
14	13000-355	1	Foot Pad
18	13041-002	1	Cable SA
20	13040-200	1	W Frame Custom
28	13040-335	2	Non Slip 7.50 x 12.80
37	8630-340	2	SPACER
51	HC700415	2	BHSCS .375-16 X .75
54	HC700428	1	BHSCS .375-16 X 2.25
59	HN704901	2	LOCKNUT .375-16 NYLON
62	HS347600	2	WASHER SAE .375
68	JC700412	2	BHSCS .375-16 X .50
71	JC700424	2	BHSCS .375-16 X 1.75
76	PP130002	1	INSERT DOMED PLASTIC
77	PP130003	2	INSERT PLASTIC
118	CM000259	1	DECAL, CAPACITY
119	YA000201	1	ADH THRD LKR REM .02 OZ 242

13040_Half_weight_assembly



Ref #	Part Number	Qty	Description
1	08229	1	P PIN DETENT
2	11040-440	1	KNOB
3	13000-206	1	C Half Weight Latch
K4	13000K004	1	Kit Half Weight 5 lb
4	13000-208	1	P Latch
5	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
K5	13000K005	1	Kit Half Weight 7.5 lb
6	BR030206	2	RETAINING RING
7	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
8	HC700414	2	BHSCS .375-16 X .62
9	HN704901	2	LOCKNUT .375-16 NYLON
10	JC700424	2	BHSCS .375-16 X 1.75
11	HP286819	1	SPIRAL PIN .188 X 1.12
12	13000-352	1	C Half Weight 5 lbs
13	13000-363	1	C Half Weight 7.5 lbs

13040_Panel_Assembly



Ref #	Part Number	Qty	Description
1	08014	1	PULLEY ASSEMBLY-4.50
K1	13000K003	1	Kit Water Bottle Holder
9	12210-348	2	CAP GUIDE ROD
10	13000-322	2	Roller
11	13000-342	1	Molded Top Cap
16	13000-400	1	Holder Water Bottle
17	13000-403	1	Mount Water Bottle Holder
20	13040-200	1	W Frame Custom
32	3900-441	1	DECAL CYBEX VER BLACK
38	BH030207	1	PIN WEIGHT SELECTOR
52	HC700417	2	BHSCS .375-16 X 1.00
53	HC700426	2	BHSCS .375-16 X 2.00
57	HF700000	2	PANEL FASTNER .375-16 U TYPE
59	HN704901	5	LOCKNUT .375-16 NYLON
64	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
65	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
71	JC700424	4	BHSCS .375-16 X 1.75
86	13000-399	1	Decal VR1
87	13040-100	1	Edge Trim Assembly
88	13040-598	1	Placard VR1 Leg Press Custom
89	13040-322-9	1	
89	13040-322-8	1	

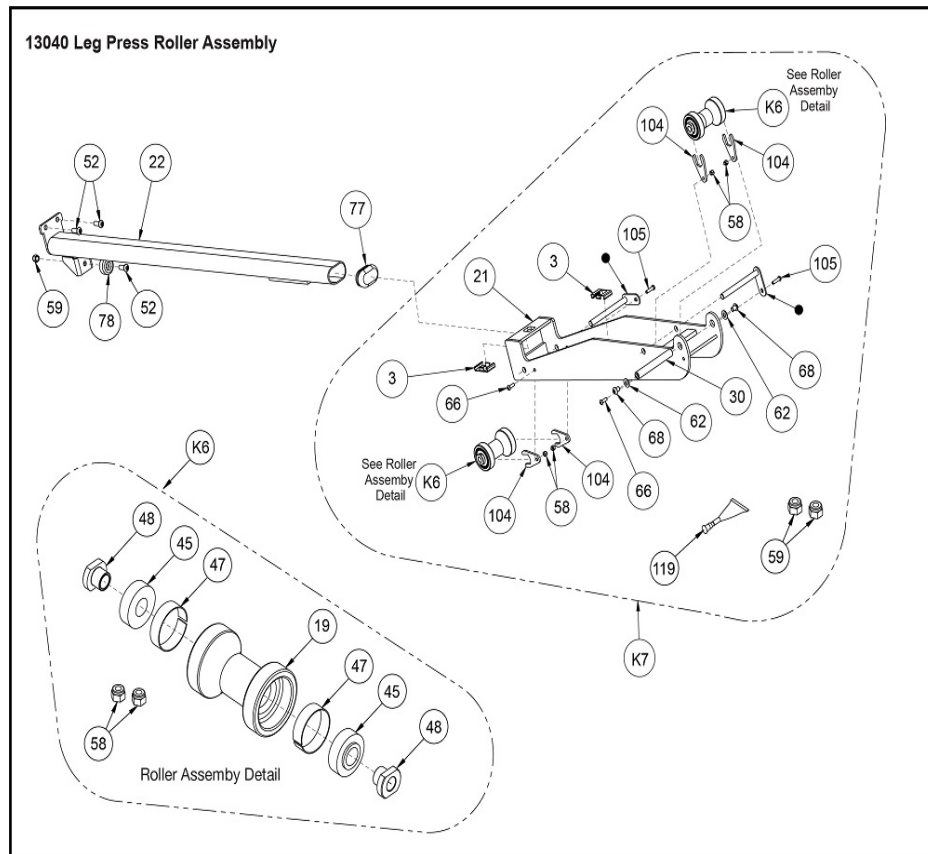
Ref #	Part Number	Qty	Description
89	13040-322-7	1	
90	13040-324-9	1	
90	13040-324-8	1	
90	13040-324-7	1	
91	13000-208	1	P Latch
93	HT552511	10	TAP SC #8-16 X .38 TAP BLACK PLASTITE
95	4605-381	1	DECAL WARNING
106	13000-398	1	DECAL, CYBEX
107	11040-790	1	NLA: DECAL, MADE IN THE USA
108	13000-385	1	STOP
114	13000-344	2	Edge Trim
115	13000-345	8	Edge Trim

13040_Parts_not_shown

Other Parts Not Shown

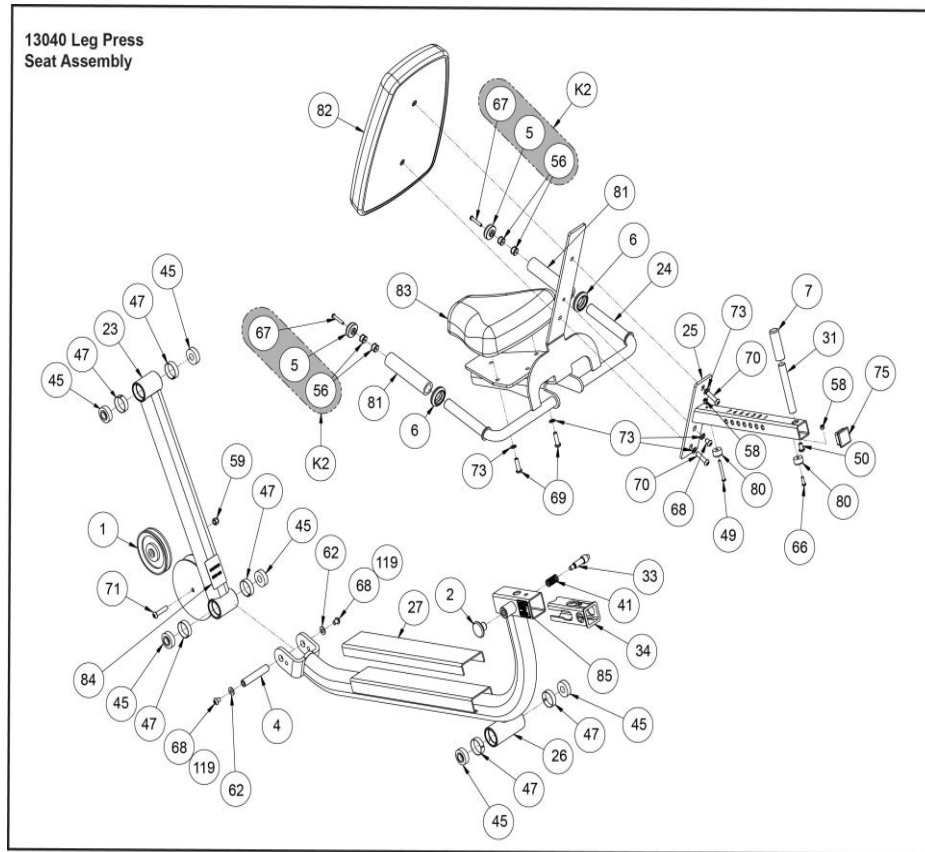
Ref #	Part Number	Qty	Description
K8	13000K007	1	Kit Hardware VR1

13040_Roller_Assembly



Ref #	Part Number	Qty	Description
3	11040-572	2	GUARD INCREMENT WEIGHT
K6	13041K004	1	ROLLER KIT
K7	13041K005	1	CARRIAGE KIT Custom
19	13040-005	2	NLA: Roller Assembly
21	13040-201	1	NLA: W Carriage
22	13040-203	1	P Guide Tube
30	13040-337	1	Shaft Pivot
45	FB030232	6	BRG RADIAL 17MM ID EXT RACE
47	FC030006	6	TOLERANCE RING 1.575 ID
48	GP000215	6	Shoulder Adapter
50	HC700414	4	BHSCS .375-16 X .62
52	HC700417	2	BHSCS .375-16 X 1.00
59	HN704901	1	LOCKNUT .375-16 NYLON
62	HS347600	6	WASHER SAE .375
68	JC700412	2	BHSCS .375-16 X .50
77	PP130003	1	INSERT PLASTIC
78	PR060003	1	BUMPER RECESS
119	YA000201	1	ADH THRD LKR REM .02 OZ 242

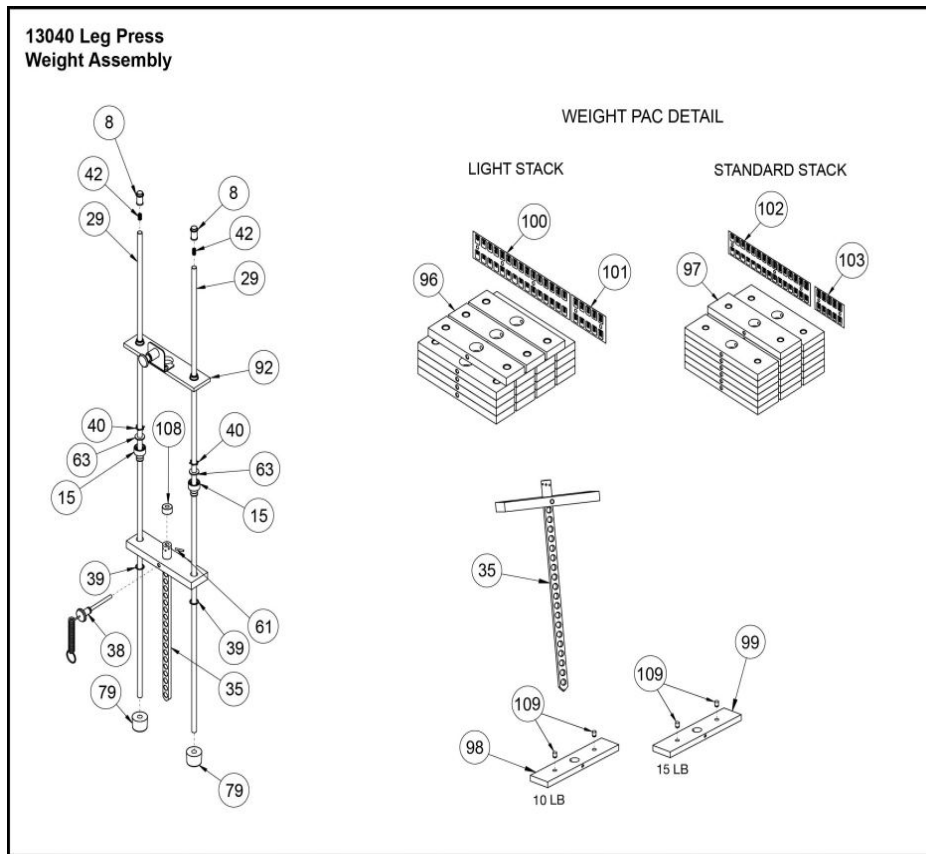
13040_Seat_Assembly



Ref #	Part Number	Qty	Description
1	08014	1	PULLEY ASSEMBLY-4.50
K2	11090K006	1	KIT HANDLE TRIM RING
2	11040-440	1	KNOB
4	11080-337	1	SHAFT PIVOT
5	11090-374	2	END CAP
6	11090-376	2	RING HANDLE GRIP
7	11090-385	2	GRIP
18	13041-002	1	Cable SA
23	13040-204	1	W Link Bar
24	13040-205	1	W Seat Custom
25	13040-206	1	P Detent Tube
26	13040-207	1	W Pivot
27	13040-328	1	Guide Channel
31	13040-338	1	Shaft Handle
33	4505-329	1	PIN DETENT
34	4605-511	1	INSERT PLASTIC 5.94
41	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
45	FB030232	4	BRG RADIAL 17MM ID EXT RACE
47	FC030006	4	TOLERANCE RING 1.575 ID
49	HC620431	1	BHSCS .250-20 X 2.00
50	HC700414	1	BHSCS .375-16 X .62
56	HF449063	1	INSERT 3-4X1-4-20 CONNECTOR

Ref #	Part Number	Qty	Description
58	HN625200	2	LOCKNUT .250-20 NYLON HVY
59	HN704901	1	LOCKNUT .375-16 NYLON
62	HS347600	2	WASHER SAE .375
66	JC620415	1	BHSCS .250-20 X .75
67	JC620422	10	BHSCS .250-20 X 1.50
68	JC700412	10	BHSCS .375-16 X .50
69	JC700420	10	BHSCS .375-16 X 1.25
70	JC700422	10	BHSCS .375-16 X 1.50
71	JC700424	10	BHSCS .375-16 X 1.75
73	JS347400	10	LOCKWASHER INT TOOTH .375
75	PP090211	1	INSERT PL 1.50 SQ X 10-14 GA
80	PR069400	2	BUMPER RECESS
81	4605-500	2	GRAB GRIP 6.00
82	4800-176	1	CUSHION SA BACK 18 MOLDED Custom
83	4800-164	1	CUSHION SA BIKE SEAT 12in MOLD Custom
84	8500-026-4	11	DECAL CAUTION ENGLISH
85	8500-025	1	DECAL CAUTION Custom
119	YA000201	1	ADH THRD LKR REM .02 OZ 242

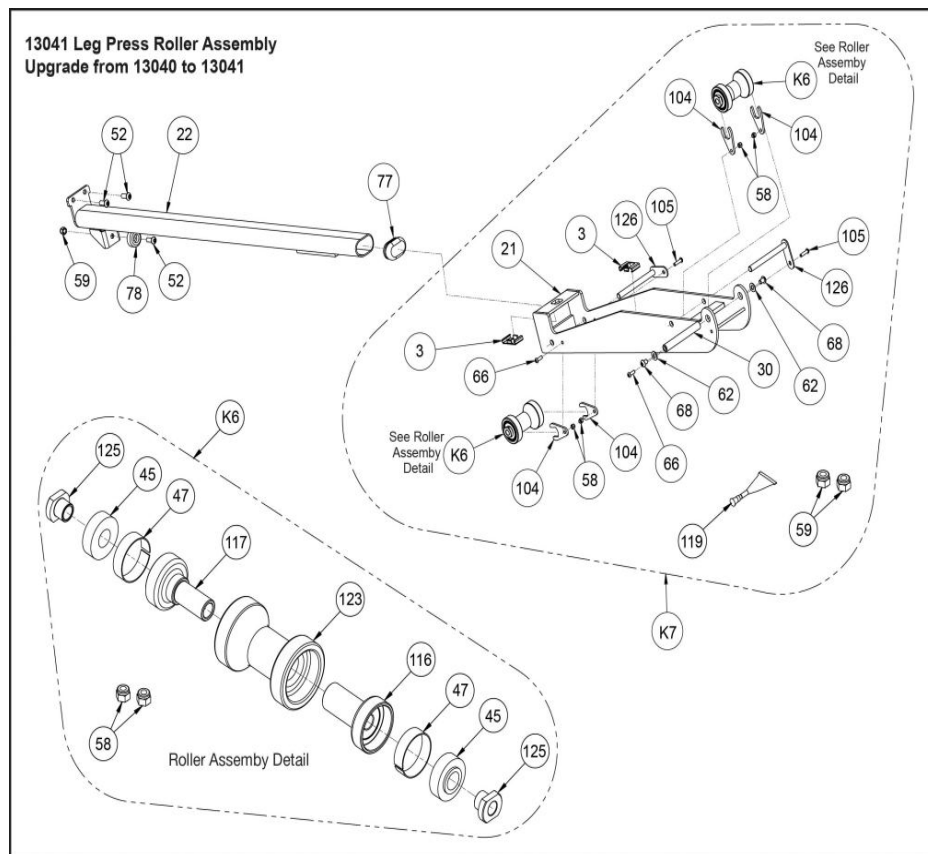
13040_Weight_Assembly



Ref #	Part Number	Qty	Description
8	12210-347	2	CAP GUIDE ROD
15	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
29	13040-336	2	Wt Rod .625 dia x 66.43
35	4700S065	1	WT PAC T 20-3X12 BLACK
38	BH030207	1	PIN WEIGHT SELECTOR
39	BR030206	2	RETAINING RING
40	BR030220	2	RETAINING RING 1.250 INTERNAL
42	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
61	HP286819	1	SPIRAL PIN .188 X 1.12
63	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
79	PR060005	2	BUMPER WEIGHT
92	13000-102	1	Half Weight Assembly 7.5 lb
92	13000K004	1	Kit Half Weight 5 lb
96	13000-033	1	Wt Pac 10# Black (19)
97	13000-037	1	Wt Pac 15# Black (19)
98	4700-337	1	C Stack Weight 10 lbs exact
99	4700-338	1	C Stack Weight 15 lbs exact
100	4800-557	1	DECAL WEIGHT PLATE 10-150
101	13000-551	11	Decal Weight Plate 160-200
102	13000-552	1	Decal Weight Plate (10-220)
103	13000-553	11	Decal Weight Plate 235-295
108	13000-385	1	STOP

Ref #	Part Number	Qty	Description
109	FB130216	2	Bushing Weight Stack

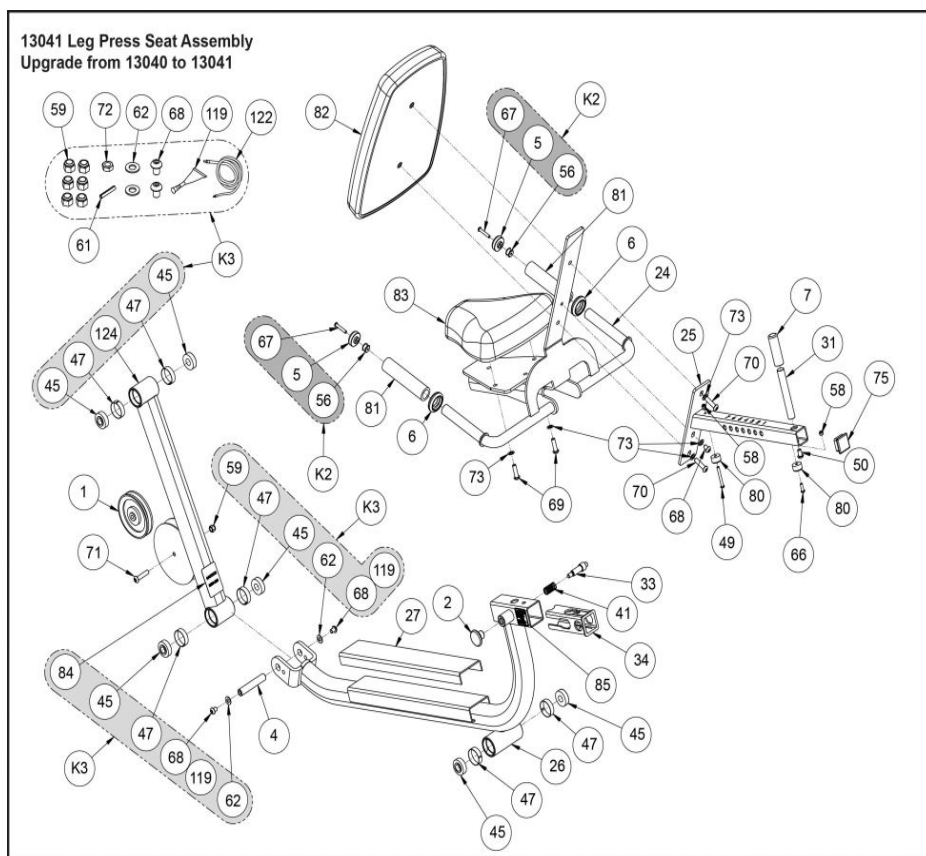
13041_Roller_Assembly_Upgrade



Ref #	Part Number	Qty	Description
3	11040-572	2	GUARD INCREMENT WEIGHT
K6	13041K004	1	ROLLER KIT
K7	13041K005	1	CARRIAGE KIT Custom
21	13040-201	1	NLA: W Carriage
22	13040-203	1	P Guide Tube
30	13040-337	1	Shaft Pivot
45	FB030232	6	BRG RADIAL 17MM ID EXT RACE
47	FC030006	6	TOLERANCE RING 1.575 ID
52	HC700417	3	BHSCS .375-16 X 1.00
58	HN625200	2	LOCKNUT .250-20 NYLON HVY
59	HN704901	2	LOCKNUT .375-16 NYLON
62	HS347600	6	WASHER SAE .375
68	JC700412	6	BHSCS .375-16 X .50
77	PP130003	1	INSERT PLASTIC
78	PR060003	1	BUMPER RECESS
104	13041-307	2	TAB
105	HC620417	2	BHSCS .250-20 X 1.00
116	13041-304	3	ROLLER INSERT, OUTER
117	13041-305	3	ROLLER INSERT, INNER
119	YA000201	1	ADH THRD LKR REM .02 OZ 242
123	13041-303	3	ROLLER
125	13041-306	6	SHOULDER ADAPTER

Ref #	Part Number	Qty	Description
126	13041-201	2	P/SHAFT

13041_Seat_Assembly_Upgrade



Ref #	Part Number	Qty	Description
1	08014	1	PULLEY ASSEMBLY-4.50
2	11040-440	1	KNOB
K2	11090K006	1	KIT HANDLE TRIM RING
K3	13041K003	1	Kit Link Bar
4	11080-337	1	SHAFT PIVOT
5	11090-374	2	END CAP
6	11090-376	2	RING HANDLE GRIP
7	11090-385	1	GRIP
24	13040-205	1	W Seat Custom
25	13040-206	1	P Detent Tube
26	13040-207	1	W Pivot
27	13040-328	1	Guide Channel
31	13040-338	1	Shaft Handle
33	4505-329	1	PIN DETENT
34	4605-511	1	INSERT PLASTIC 5.94
41	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
45	FB030232	4	BRG RADIAL 17MM ID EXT RACE
47	FC030006	4	TOLERANCE RING 1.575 ID
49	HC620431	10	BHSCS .250-20 X 2.00
50	HC700414	10	BHSCS .375-16 X .62
56	HF449063	2	INSERT 3-4X1-4-20 CONNECTOR
58	HN625200	1	LOCKNUT .250-20 NYLON HVY

Ref #	Part Number	Qty	Description
59	HN704901	6	LOCKNUT .375-16 NYLON
61	HP286819	1	SPIRAL PIN .188 X 1.12
62	HS347600	2	WASHER SAE .375
66	JC620415	10	BHSCS .250-20 X .75
67	JC620422	10	BHSCS .250-20 X 1.50
68	JC700412	10	BHSCS .375-16 X .50
69	JC700420	10	BHSCS .375-16 X 1.25
70	JC700422	10	BHSCS .375-16 X 1.50
71	JC700424	10	BHSCS .375-16 X 1.75
72	JN714400	1	JAM NUT .375-24
73	JS347400	2	LOCKWASHER INT TOOTH .375
75	PP090211	1	INSERT PL 1.50 SQ X 10-14 GA
80	PR069400	2	BUMPER RECESS
81	4605-500	2	GRAB GRIP 6.00
82	4800-176	1	CUSHION SA BACK 18 MOLDED Custom
83	4800-164	1	CUSHION SA BIKE SEAT 12in MOLD Custom
84	8500-026-4	1	DECAL CAUTION ENGLISH
85	8500-025	1	DECAL CAUTION Custom
119	YA000201	1	ADH THRD LKR REM .02 OZ 242
122	13041-002	1	Cable SA
124	13041-200	1	W Link Bar Custom

