

Vr1 Back Extension Sbm V01

13101-01

Parts Manual

1/5/2019 2:44:38 AM

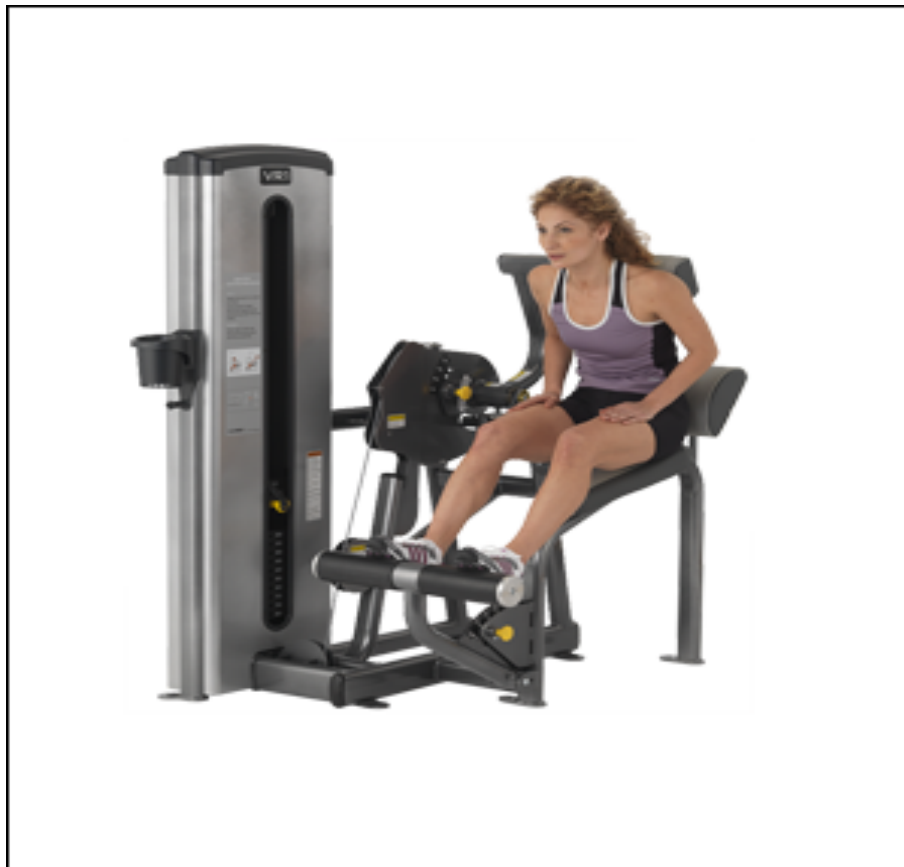
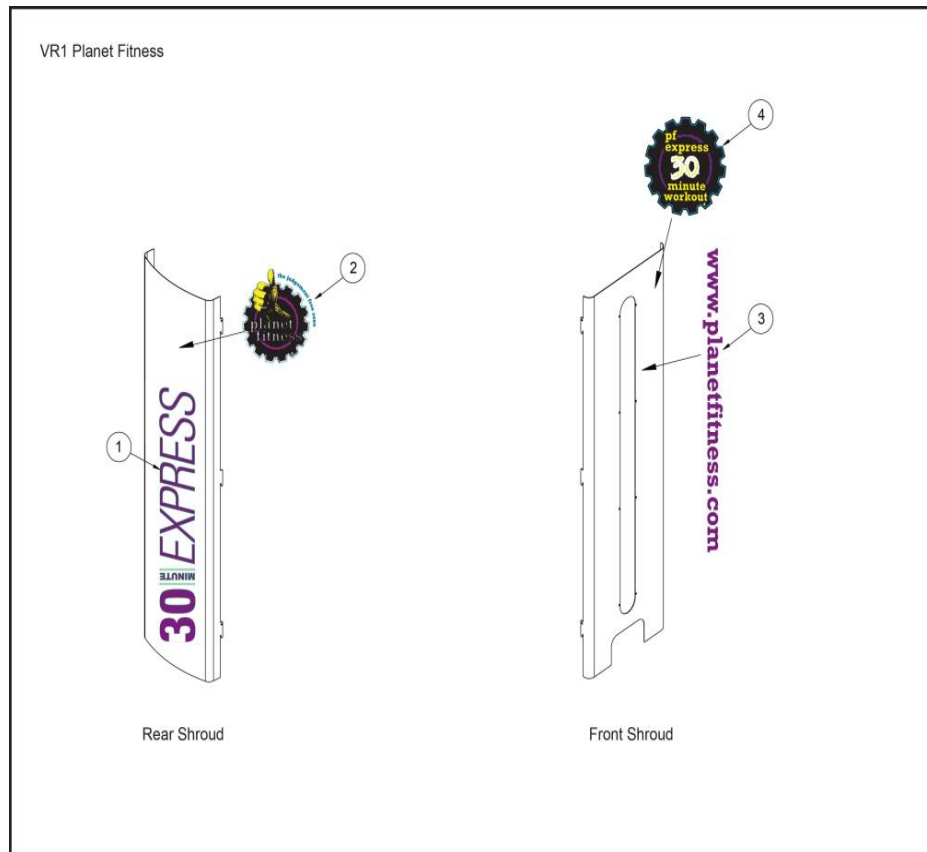


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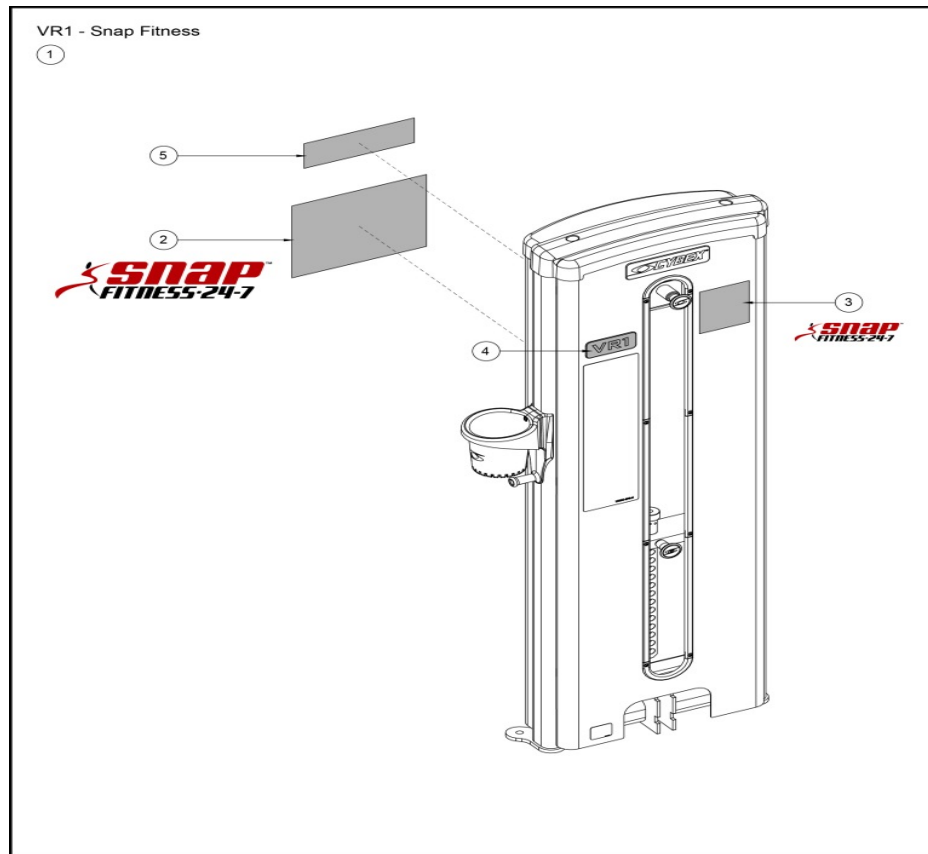
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VR1_Planet_Fitness



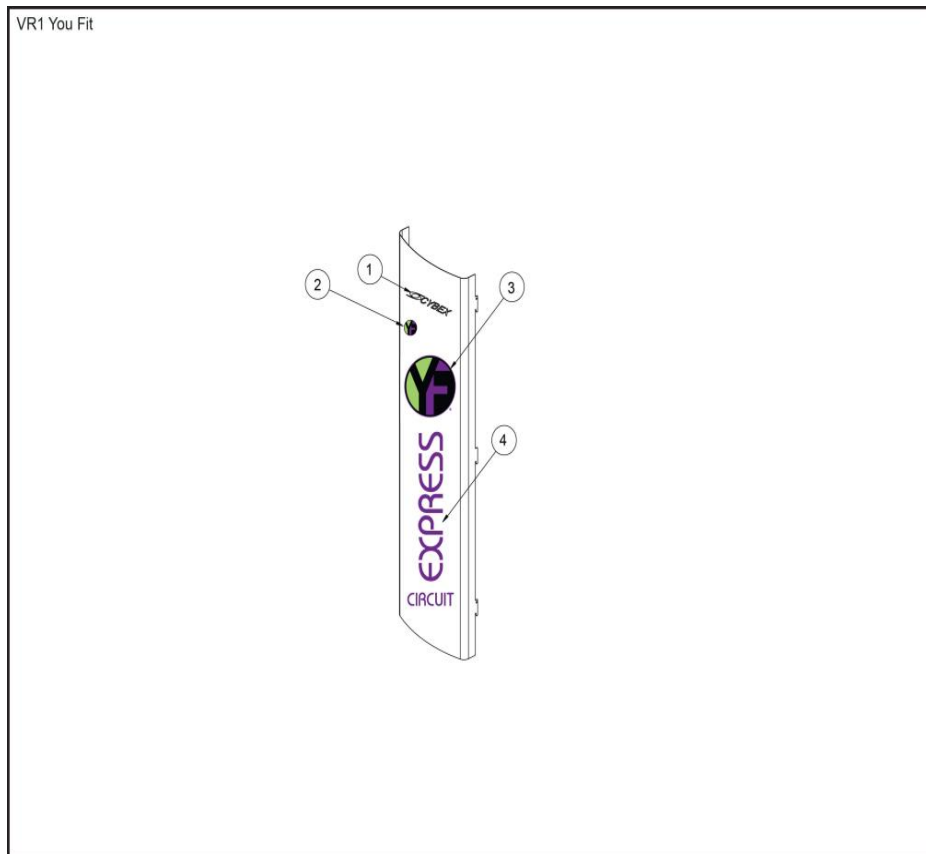
Ref #	Part Number	Qty	Description
1	DE-60250	1	PLANET FITNESS 30 MIN. EXPRESS DECAL (LARGE WORDS)
2	DE-60248	1	Planet Fitness Thumb Decal
3	DE-60253	1	WWW.PLANETFITNESS.COM (PURPLE) DECAL
4	DE-60249	1	PLANET FITNESS 30 MIN. EXPRESS GEAR DECAL

VR1_Snap_Fitness



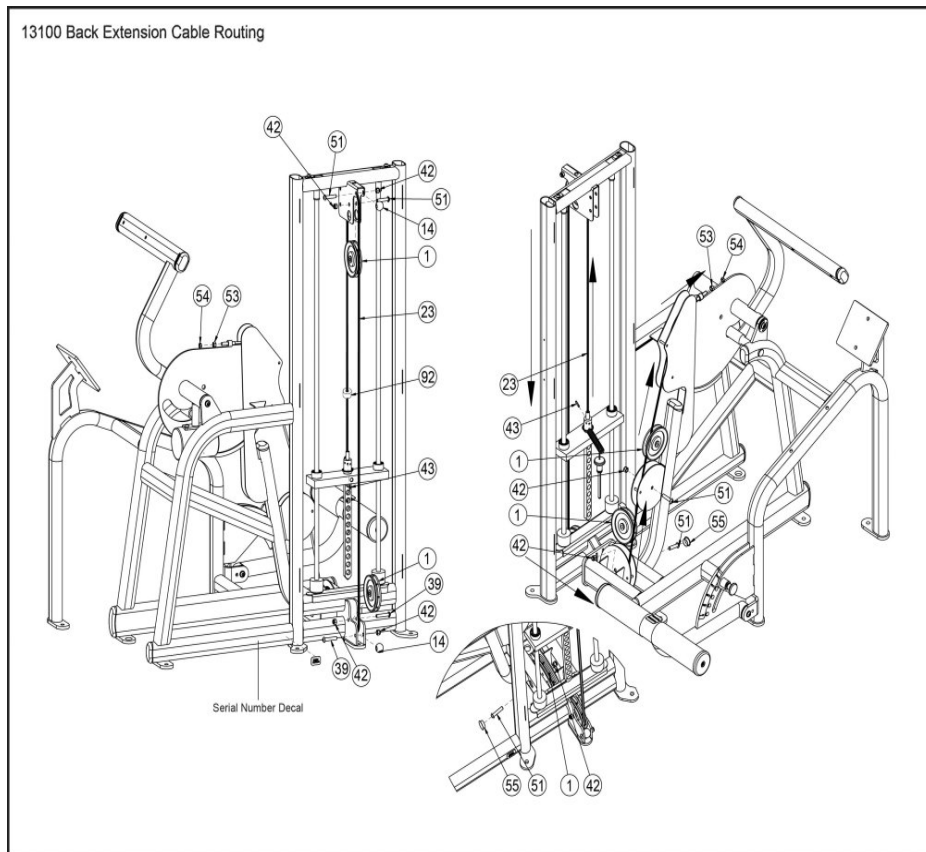
Ref #	Part Number	Qty	Description
1	13000-025S	1	SNAP FITNESS DECALS, VR1
2	21000-409	1	DECAL, SNAP FITNESS 14.00
3	21000-408	1	DECAL, SNAP FITNESS 6.00
4	13000-399	1	Decal VR1
5	3900-447	1	DECAL CYBEX 1.94 HOR BLACK

VR1_YouFit



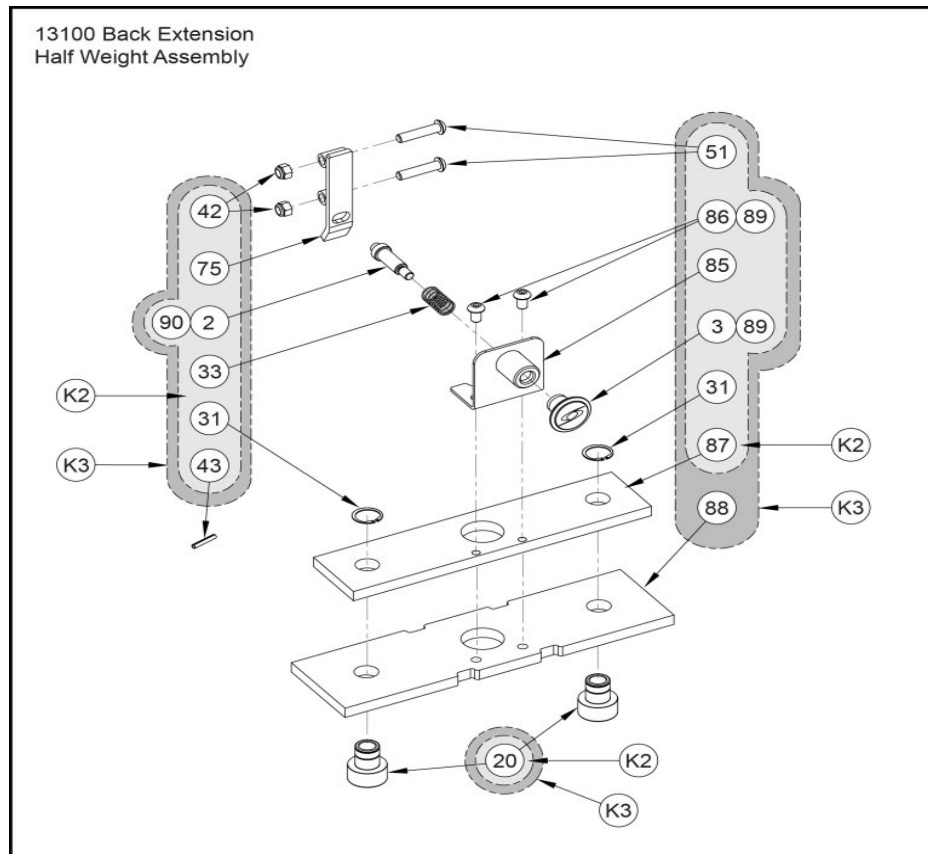
Ref #	Part Number	Qty	Description
1	3900-443	1	DECAL CYBEX BLACK
2	DE-60270	1	DECAL, YF CIRCLE SMALL
3	DE-60271	1	DECAL, YF CIRCLE LARGE
4	DE-60273	1	DECAL, EXPRESS CIRCUIT LARGE

13100_Cable_Routing



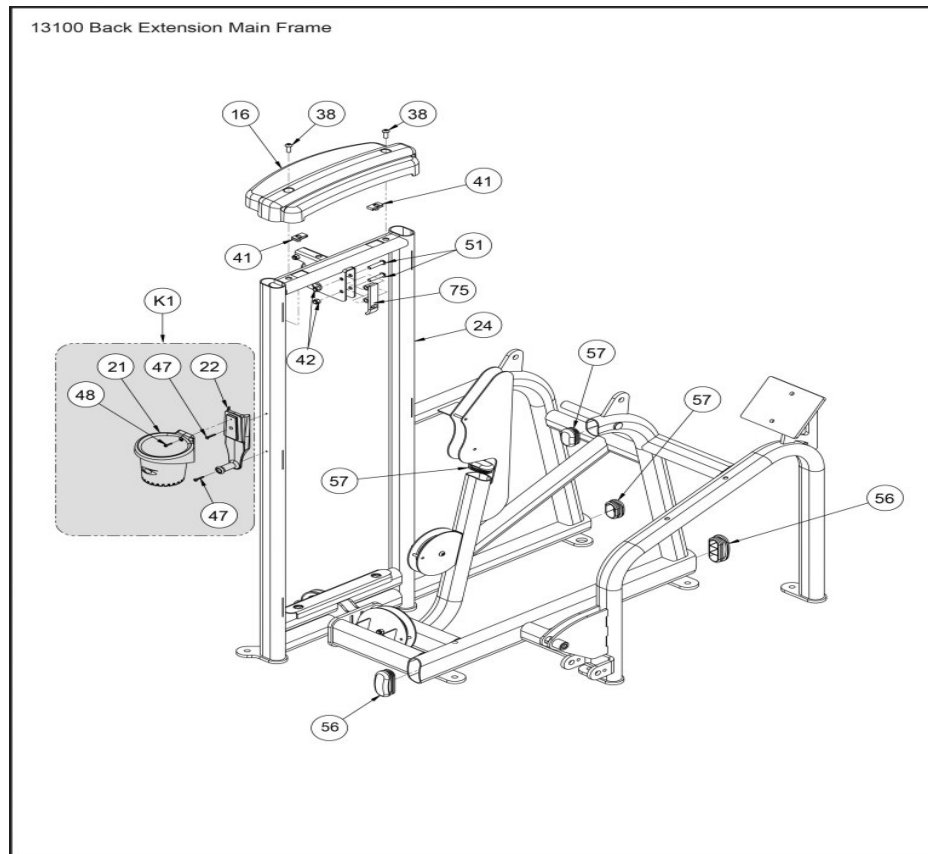
Ref #	Part Number	Qty	Description
1	08014	3	PULLEY ASSEMBLY-4.50
14	13000-322	2	Roller
23	13100-002	1	Cable Assembly
39	HC700426	1	BHSCS .375-16 X 2.00
42	HN704901	3	LOCKNUT .375-16 NYLON
43	HP286819	1	SPIRAL PIN .188 X 1.12
51	JC700424	5	BHSCS .375-16 X 1.75
53	JN714200	1	HEX NUT .375-24
54	JN714400	1	JAM NUT .375-24
55	PN660200	2	INSERT PLASTIC 1.00 DIA-11 GA
92	13000-385	1	STOP

13100_Half_weight_assembly



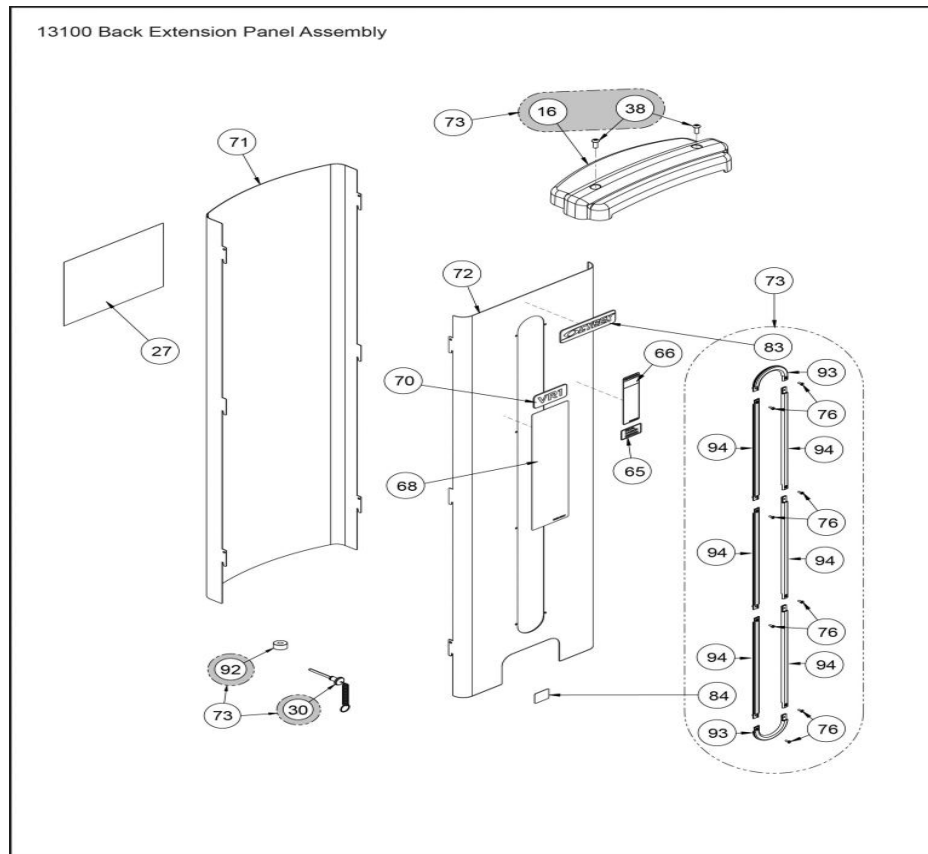
Ref #	Part Number	Qty	Description
K2	13000K004	1	Kit Half Weight 5 lb
2	08229	1	P PIN DETENT
3	11040-440	1	KNOB
K3	13000K005	1	Kit Half Weight 7.5 lb
20	13000-364	1	BEARING FLNG .62 ID X .92 OD X 1.75 LG
31	BR030206	2	RETAINING RING
33	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
42	HN704901	2	LOCKNUT .375-16 NYLON
43	HP286819	1	SPIRAL PIN .188 X 1.12
51	JC700424	2	BHSCS .375-16 X 1.75
74A	13000-101	1	NLA: Half Weight Assembly 5 lb
74B	13000-102	1	Half Weight Assembly 7.5 lb
75	13000-208	1	P Latch
85	13000-206	1	C Half Weight Latch
86	HC700414	2	BHSCS .375-16 X .62
87	13000-352	1	C Half Weight 5 lbs
88	13000-363	1	C Half Weight 7.5 lbs
89	YA000201	1	ADH THRD LKR REM .02 OZ 242
90	YG000002	1	NLA: Please use Lithium Grease

13100_Main_Frame



Ref #	Part Number	Qty	Description
K1	13000K003	1	Kit Water Bottle Holder
16	13000-342	1	Molded Top Cap
21	13000-400	1	Holder Water Bottle
22	13000-403	1	Mount Water Bottle Holder
24	13100-200	1	W Main Frame Custom
38	HC700417	2	BHSCS .375-16 X 1.00
41	HF700000	2	PANEL FASTNER .375-16 U TYPE
42	HN704901	2	LOCKNUT .375-16 NYLON
47	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
48	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
51	JC700424	2	BHSCS .375-16 X 1.75
56	PP130002	2	INSERT DOMED PLASTIC
57	PP130003	2	INSERT PLASTIC
75	13000-208	1	P Latch

13100_Panel_Assembly



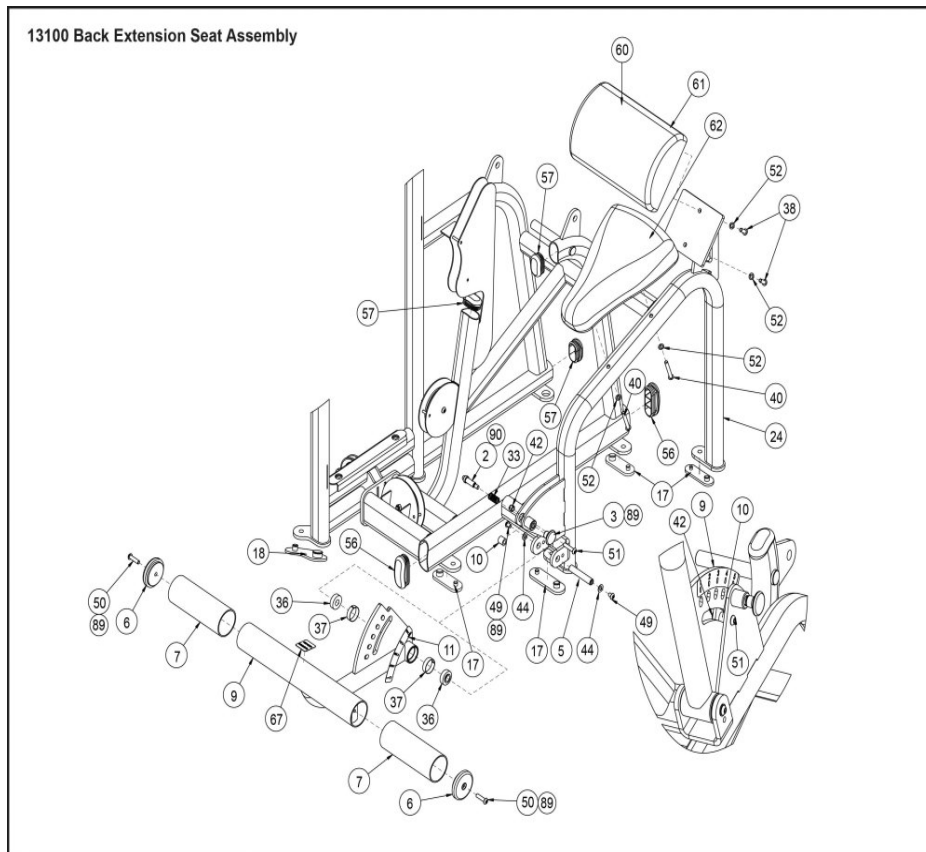
Ref #	Part Number	Qty	Description
16	13000-342	1	Molded Top Cap
27	3900-442	1	DECAL CYBEX VER SILVER
27	3900-441	1	DECAL CYBEX VER BLACK
30	BH030207	1	PIN WEIGHT SELECTOR
38	HC700417	2	BHSCS .375-16 X 1.00
65	DE000005	1	Decal Caution Custom
66	DE000001	1	Decal Warning Custom
68	13100-598	1	Placard VR1 Back Ext Custom
70	13000-399	1	Decal VR1
71	13000-346	1	Guard Formed Custom
72	13000-343	1	Guard Slotted Weight Formed
73	13000-100	1	Edge Trim Assembly
76	HT552511	10	TAP SC #8-16 X .38 TAP BLACK PLASTITE
83	13000-398	1	DECAL, CYBEX
84	11040-790	1	NLA: DECAL, MADE IN THE USA
92	13000-385	1	STOP
93	13000-344	2	Edge Trim
94	13000-345	6	Edge Trim

13100_Parts_not_shown

Other Parts Not Shown

Ref #	Part Number	Qty	Description
K6	13000K007	1	Kit Hardware VR1

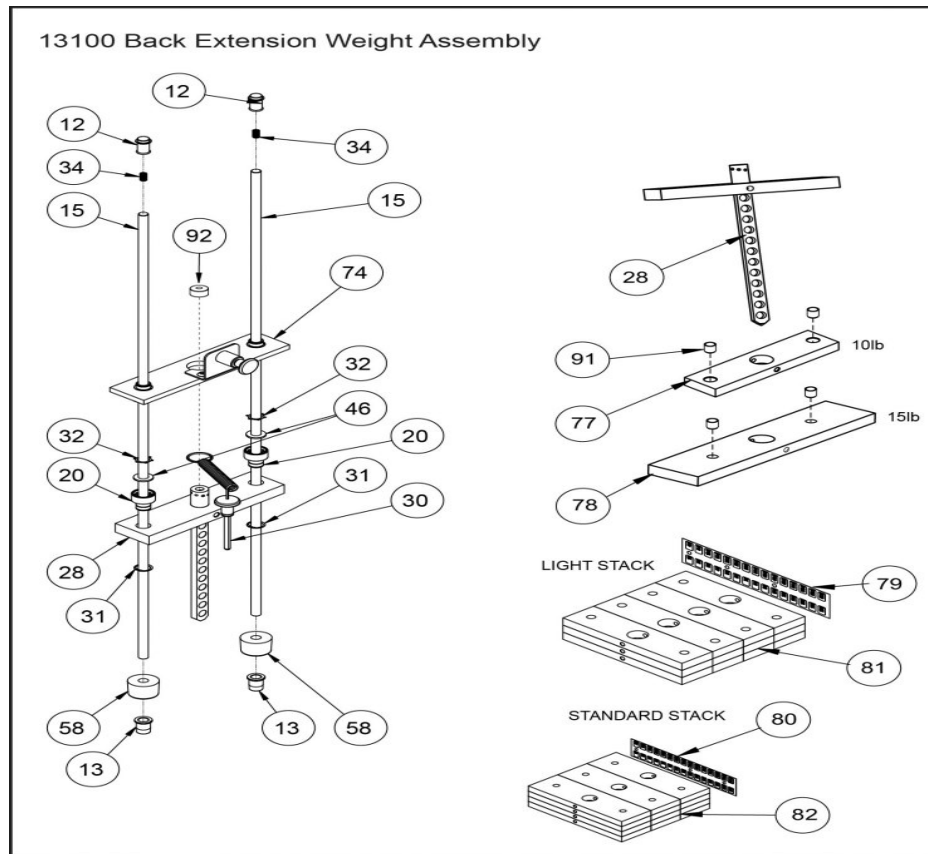
13100_Seat_Assembly



Ref #	Part Number	Qty	Description
2	08229	1	P PIN DETENT
3	11040-440	1	KNOB
5	11080-337	1	SHAFT PIVOT
6	11090-398	2	END CAP
7	11090-400	2	GRIP 8.75
9	12090-202	1	W FOOT REST Custom
10	12090-306	1	SPACER
11	12090-312	1	DECAL FOOT REST ADJUST
17	13000-353	5	Foot Pad
18	13000-354	1	Foot Pad
24	13100-200	1	W Main Frame Custom
33	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
36	FB030232	2	BRG RADIAL 17MM ID EXT RACE
37	FC030006	2	TOLERANCE RING 1.575 ID
38	HC700417	2	BHSCS .375-16 X 1.00
40	HC700430	2	BHSCS .375-16 X 2.50
42	HN704901	1	LOCKNUT .375-16 NYLON
44	HS347600	2	WASHER SAE .375
49	JC700412	1	BHSCS .375-16 X .50
50	JC700422	2	BHSCS .375-16 X 1.50
51	JC700424	1	BHSCS .375-16 X 1.75
52	JS347400	4	LOCKWASHER INT TOOTH .375

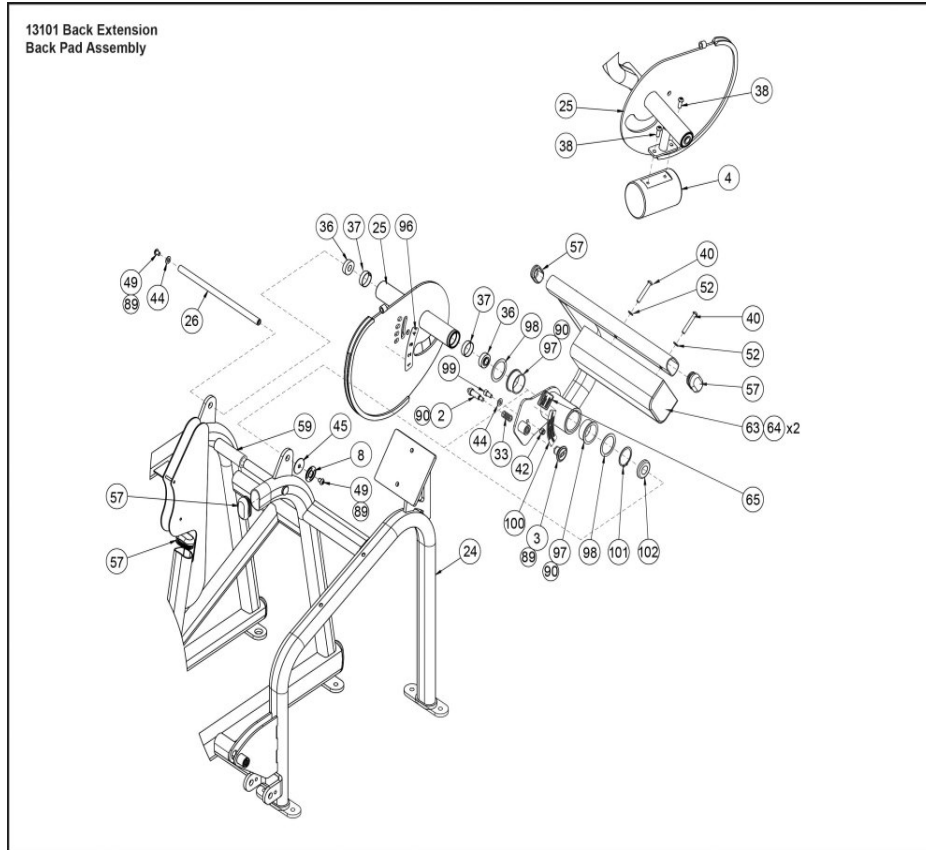
Ref #	Part Number	Qty	Description
56	PP130002	2	INSERT DOMED PLASTIC
57	PP130003	3	INSERT PLASTIC
60	4800-127	1	COVERED CUSHION SA CONTOUR 9 X 14 Custom
61	4800-130	1	WEAR COVER SA CONTOUR 9 X 14 Custom
62	4800-172	1	CUSHION SA BIKE 15in MOLDED Custom
67	8500-025	1	DECAL CAUTION Custom
89	YA000201	1	ADH THRD LKR REM .02 OZ 242
90	YG000002	1	NLA: Please use Lithium Grease

13100_Weight_Assembly



Ref #	Part Number	Qty	Description
12	12210-347	2	CAP GUIDE ROD
13	12210-348	2	CAP GUIDE ROD
15	13000-326	2	Wt Rod .625 Dia x 51.51
20	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
28	4800-262	1	C Top Wt 13 - 3c12
30	BH030207	1	PIN WEIGHT SELECTOR
31	BR030206	2	RETAINING RING
32	BR030220	2	RETAINING RING 1.250 INTERNAL
34	BS070208	1	COMP SPRING .396 ID X .480 OD X 1.50 LG
46	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
58	PR060005	2	BUMPER WEIGHT
74	13000-102	1	Half Weight Assembly 7.5 lb
74	13000-101	1	NLA: Half Weight Assembly 5 lb
77	4700-337	1	C Stack Weight 10 lbs exact
78	4700-338	1	C Stack Weight 15 lbs exact
79	4800-557	1	DECAL WEIGHT PLATE 10-150
80	13000-552	1	Decal Weight Plate (10-220)
81	13000-031	1	Wt Pac 10# Black (12)
82	13000-035	1	Wt Pac 15# Black (12)
91	FB130216	2	Bushing Weight Stack
92	13000-385	1	STOP

13101_Back_Pad_Assembly



Ref #	Part Number	Qty	Description
2	08229	1	P PIN DETENT
3	11040-440	1	KNOB
4	11070-332	1	C COUNTERWEIGHT
8	11100-400	1	DECAL ROTATION
24	13100-200	1	W Main Frame Custom
25	13100-203	1	W Cam Custom
26	13100-307	1	Shaft Pivot
33	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
36	FB030232	2	BRG RADIAL 17MM ID EXT RACE
37	FC030006	2	TOLERANCE RING 1.575 ID
38	HC700417	2	BHSCS .375-16 X 1.00
40	HC700430	2	BHSCS .375-16 X 2.50
42	HN704901	2	LOCKNUT .375-16 NYLON
44	HS347600	2	WASHER SAE .375
45	HS347702	1	WASHER FLAT .387 ID X 1.753 OD X .06 T
49	JC700412	2	BHSCS .375-16 X .50
52	JS347400	2	LOCKWASHER INT TOOTH .375
57	PP130003	3	INSERT PLASTIC
59	4605-514	1	GRAB GRIP 4.50
63	4800-014	1	COVERED CUSHION SA 4.50 X 14 Custom
64	4800-094	1	WEAR COVER SA 4.5 X 14 Custom
65	8500-025	1	DECAL CAUTION Custom

Ref #	Part Number	Qty	Description
89	YA000201	1	ADH THRD LKR REM .02 OZ 242
90	YG000002	1	NLA: Please use Lithium Grease
96	13050-335	1	Decal Adjusting
97	FB130206	2	BRG FLG 2.00 X 2.25 1.00 LG
98	4715-336	2	P WASHER
99	HC702815	1	SHCS .375-16 X .750
100	12050-377	1	DECAL START RLD Custom
101	BR030213	1	RETAINING RING 2.00 EXTERNAL
102	13050-300	1	End Cap

