

VR1 Glute
13170-10

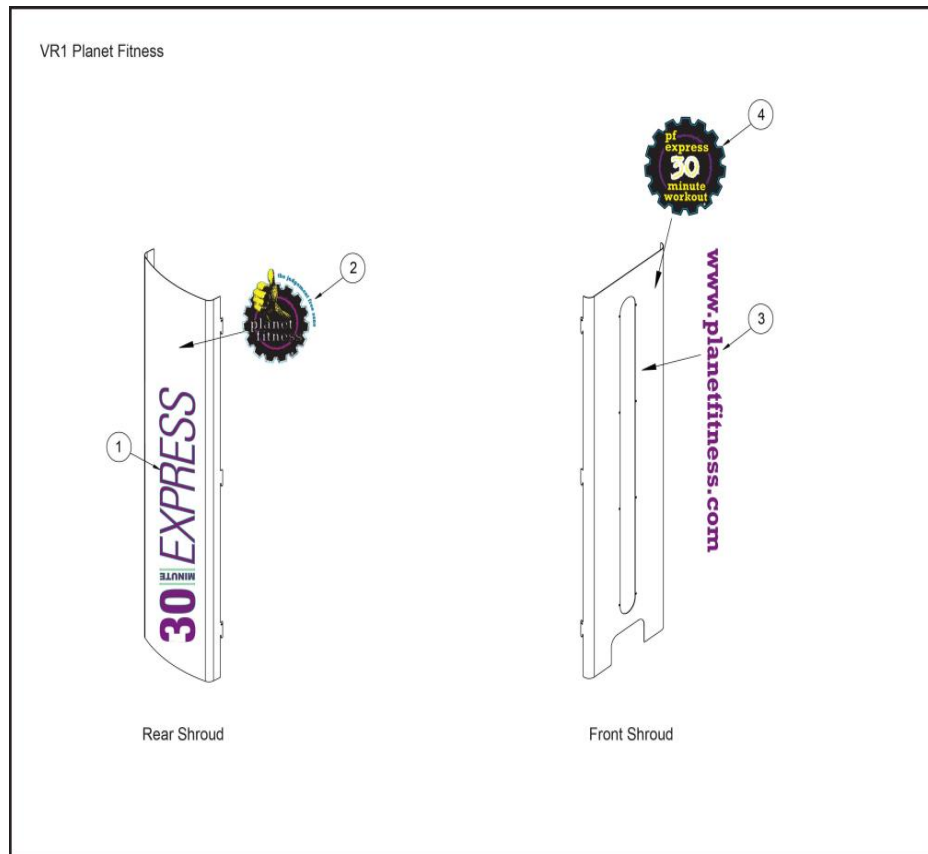
Parts Manual

1/5/2019 2:47:29 AM

Table of Contents

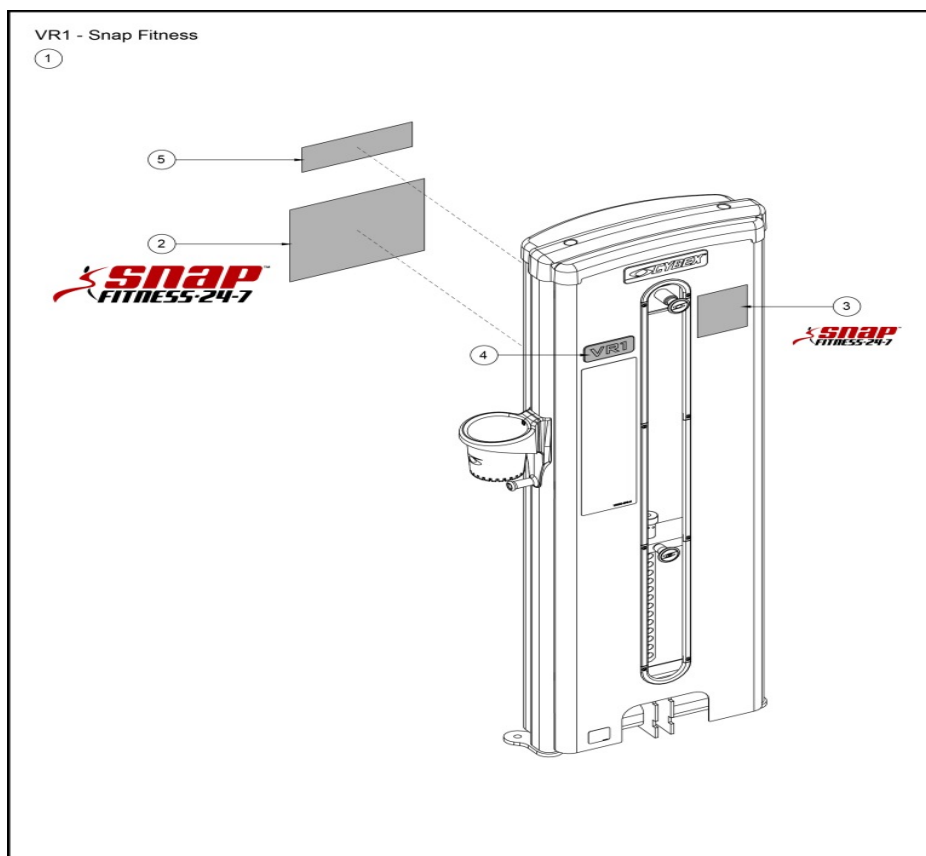
VR1 Planet Fitness.....	3
VR1 Snap Fitness.....	4
VR1 YouFit.....	5
13000 Parts not shown.....	6
13170 Cable Routing.....	7
13170 Frame Pulleys.....	8
13170 Half weight assembly.....	9
13170 Main Frame.....	10
13170 Panel Assembly.....	12
13170 Pivot Arm.....	14
13170 Weight Assembly.....	16

VR1_Planet_Fitness



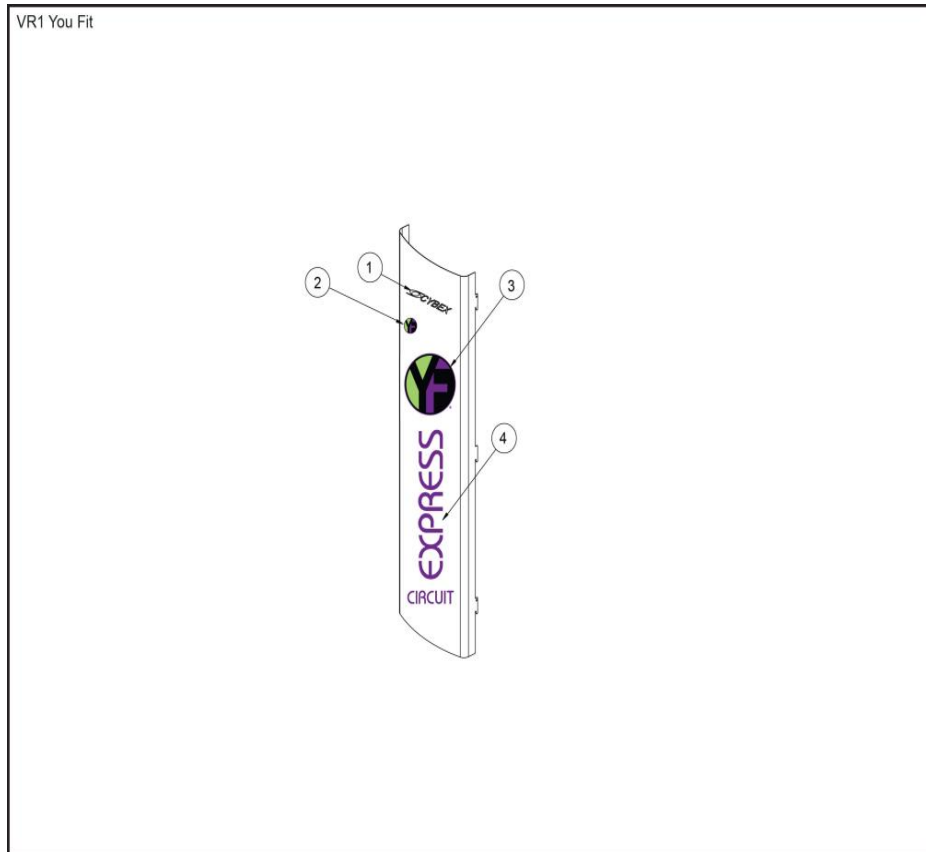
Ref #	Part Number	Qty	Description
2	DE-60248	1	Planet Fitness Thumb Decal
3	DE-60253	1	WWW.PLANETFITNESS.COM (PURPLE) DECAL
4	DE-60249	1	PLANET FITNESS 30 MIN. EXPRESS GEAR DECAL

VR1_Snap_Fitness



Ref #	Part Number	Qty	Description
1	13000-025S	1	SNAP FITNESS DECALS, VR1
2	21000-409	1	DECAL, SNAP FITNESS 14.00
3	21000-408	1	DECAL, SNAP FITNESS 6.00
4	13000-399	1	Decal VR1
5	3900-447	1	DECAL CYBEX 1.94 HOR BLACK

VR1_YouFit



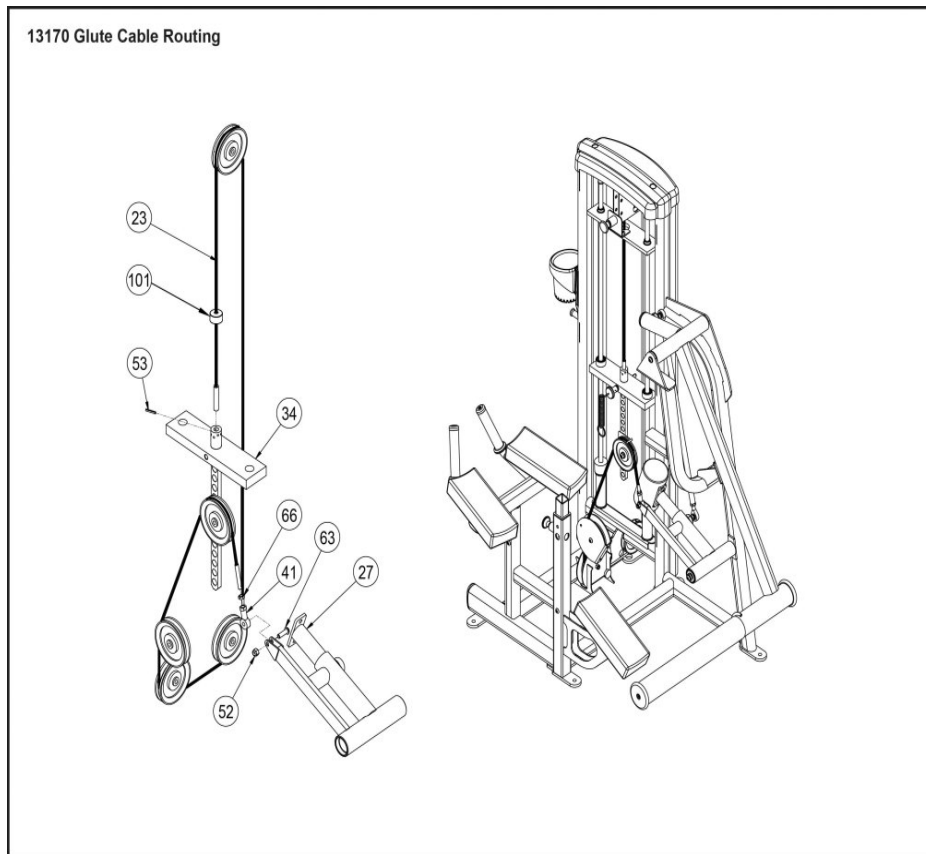
Ref #	Part Number	Qty	Description
1	3900-443	1	DECAL CYBEX BLACK
2	DE-60270	1	DECAL, YF CIRCLE SMALL
3	DE-60271	1	DECAL, YF CIRCLE LARGE
4	DE-60273	1	DECAL, EXPRESS CIRCUIT LARGE

13000_Parts_not_shown

Other Parts Not Shown

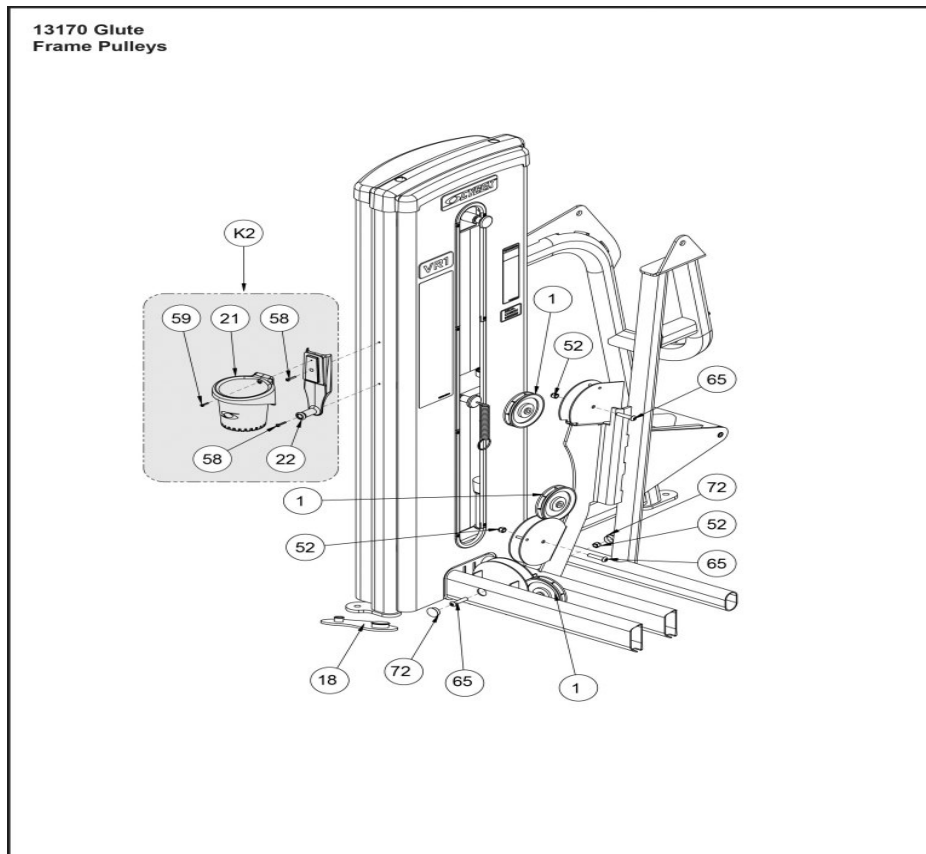
Ref #	Part Number	Qty	Description
K6	13000K007	1	Kit Hardware VR1

13170_Cable_Routing



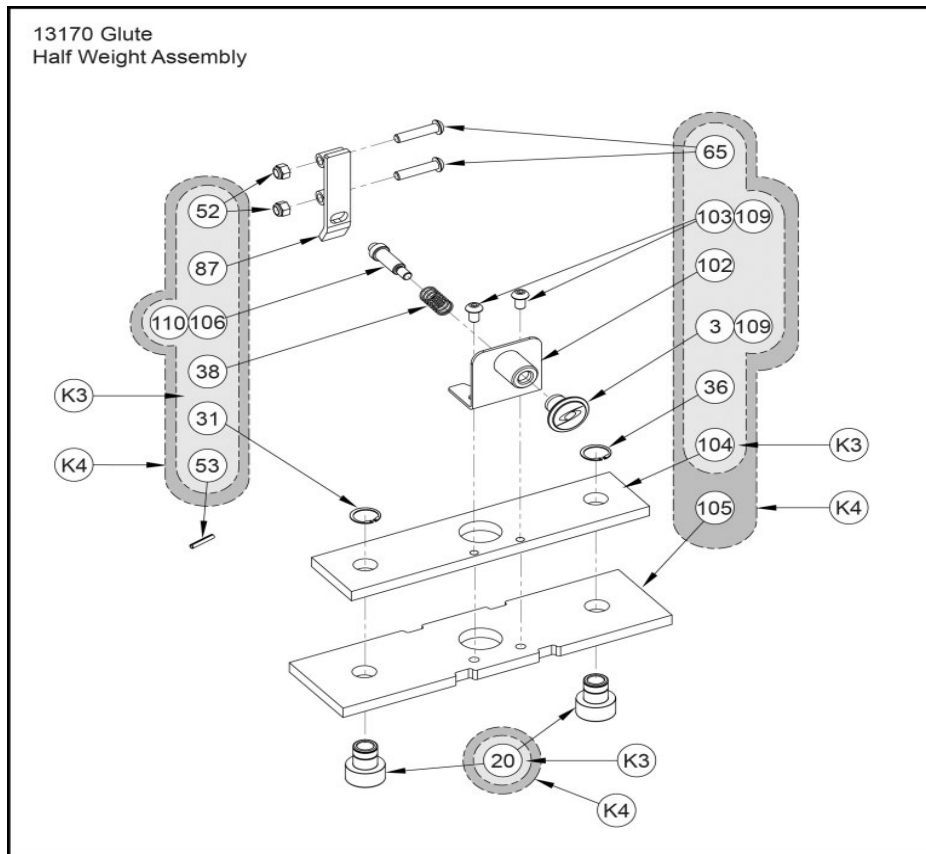
Ref #	Part Number	Qty	Description
23	13170-002	1	Cable SA
27	13170-203	1	W Pivot Custom
34	4700C070	1	C TOP WT 15-3X12
41	FB030213	1	BRG ROD END FEMALE .375-24
52	HN704901	1	LOCKNUT .375-16 NYLON
53	HP286819	1	SPIRAL PIN .188 X 1.12
63	JC700420	1	BHSCS .375-16 X 1.25
66	JN714400	1	JAM NUT .375-24
101	13000-385	1	STOP

13170_Frame_Pulleys



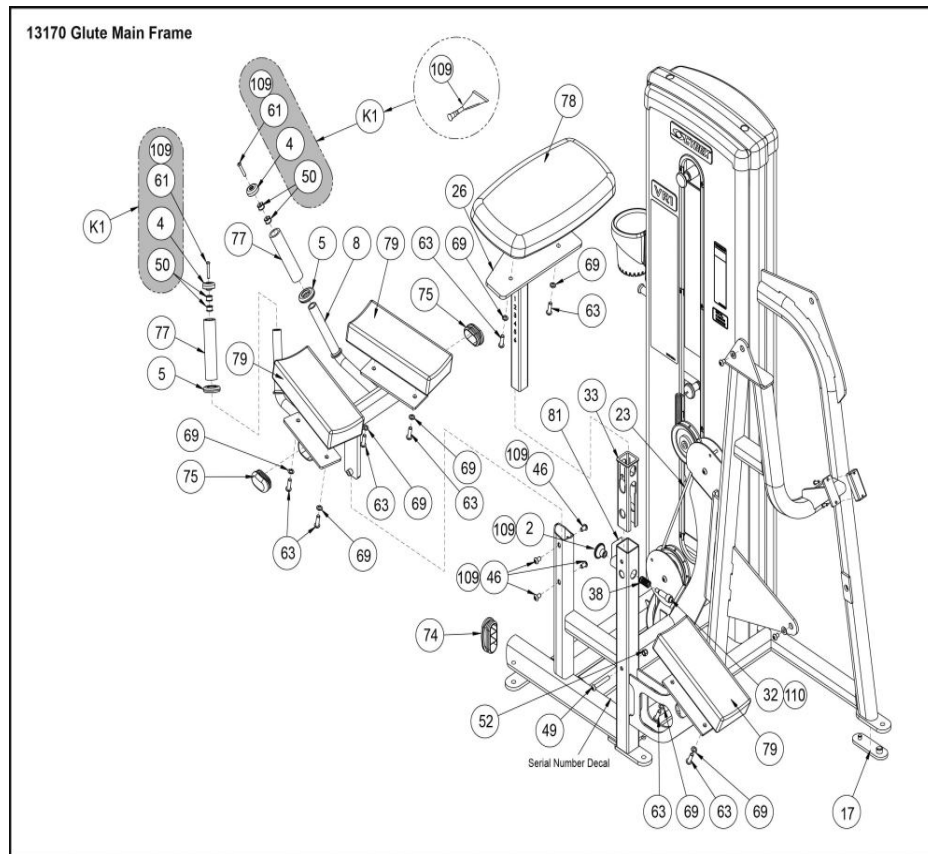
Ref #	Part Number	Qty	Description
1	08014	3	PULLEY ASSEMBLY-4.50
K2	13000K003	1	Kit Water Bottle Holder
18	13000-354	1	Foot Pad
21	13000-400	1	Holder Water Bottle
22	13000-403	1	Mount Water Bottle Holder
52	HN704901	3	LOCKNUT .375-16 NYLON
58	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
59	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
65	JC700424	3	BHSCS .375-16 X 1.75
72	PN660200	2	INSERT PLASTIC 1.00 DIA-11 GA

13170_Half_weight_assembly



Ref #	Part Number	Qty	Description
3	11040-440	1	KNOB
K4	13000K005	1	Kit Half Weight 7.5 lb
20	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
36	BR030206	2	RETAINING RING
38	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
52	HN704901	2	LOCKNUT .375-16 NYLON
53	HP286819	1	SPIRAL PIN .188 X 1.12
65	JC700424	2	BHSCS .375-16 X 1.75
84	13000-102	1	Half Weight Assembly 7.5 lb
84,K3	13000K004	2	Kit Half Weight 5 lb
87	13000-208	1	P Latch
102	13000-206	1	C Half Weight Latch
103	HC700414	2	BHSCS .375-16 X .62
104	13000-352	1	C Half Weight 5 lbs
105	13000-363	1	C Half Weight 7.5 lbs
106	08229	1	P PIN DETENT
109	YA000201	1	ADH THRD LKR REM .02 OZ 242
110	YG000002	1	NLA: Please use Lithium Grease

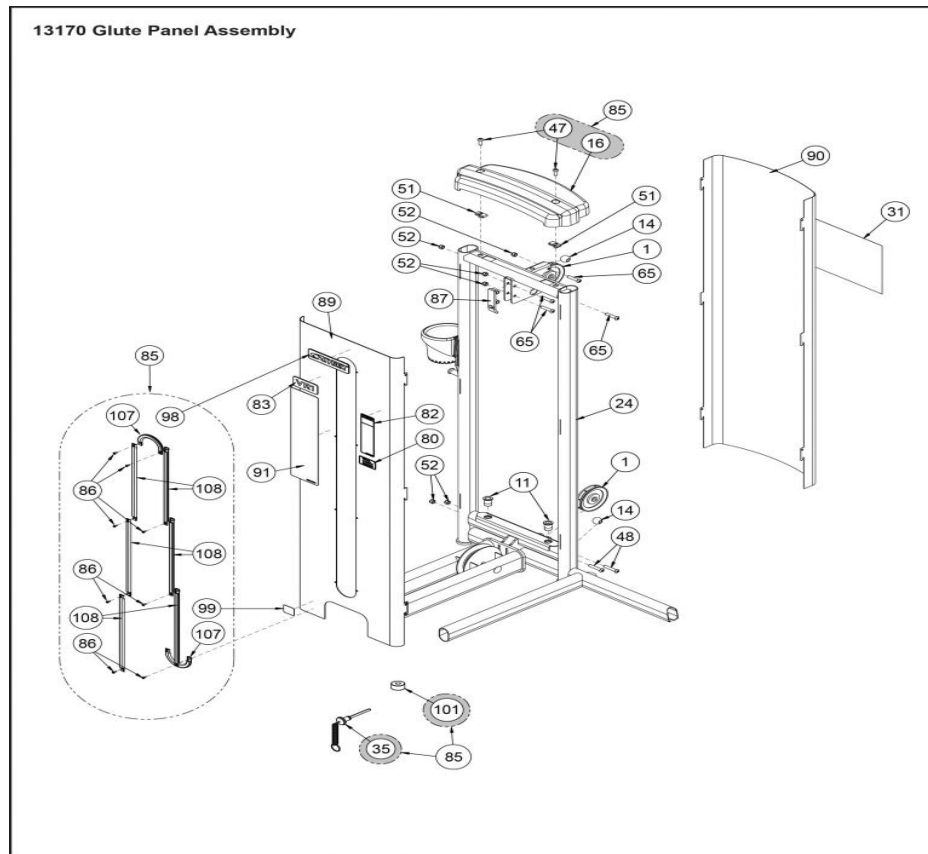
13170_Main_Frame



Ref #	Part Number	Qty	Description
K1	11090K006	1	KIT HANDLE TRIM RING
2	11040-440	1	KNOB
4	11090-374	2	END CAP
5	11090-376	2	RING HANDLE GRIP
8	12170-204	1	W PAD MOUNT Custom
17	13000-353	5	Foot Pad
23	13170-002	1	Cable SA
32	4505-329	1	PIN DETENT
33	4605-512	1	INSERT PLASTIC 7.94
38	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
46	HC700414	4	BHSCS .375-16 X .62
49	HC700430	1	BHSCS .375-16 X 2.50
50	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
52	HN704901	1	LOCKNUT .375-16 NYLON
61	JC620422	2	BHSCS .250-20 X 1.50
63	JC700420	10	BHSCS .375-16 X 1.25
69	JS347400	10	LOCKWASHER INT TOOTH .375
74	PP130002	1	INSERT DOMED PLASTIC
75	PP130003	2	INSERT PLASTIC
77	4605-520	2	GRAB GRIP 6.25
78	4800-188	1	CUSHION SA 10 X 18 NS Custom
79	4800-017	2	CUSHION SA 5 X 12 Custom

Ref #	Part Number	Qty	Description
81	8500-025	1	DECAL CAUTION Custom
109	YA000201	1	ADH THRD LKR REM .02 OZ 242
110	YG000002	1	NLA: Please use Lithium Grease

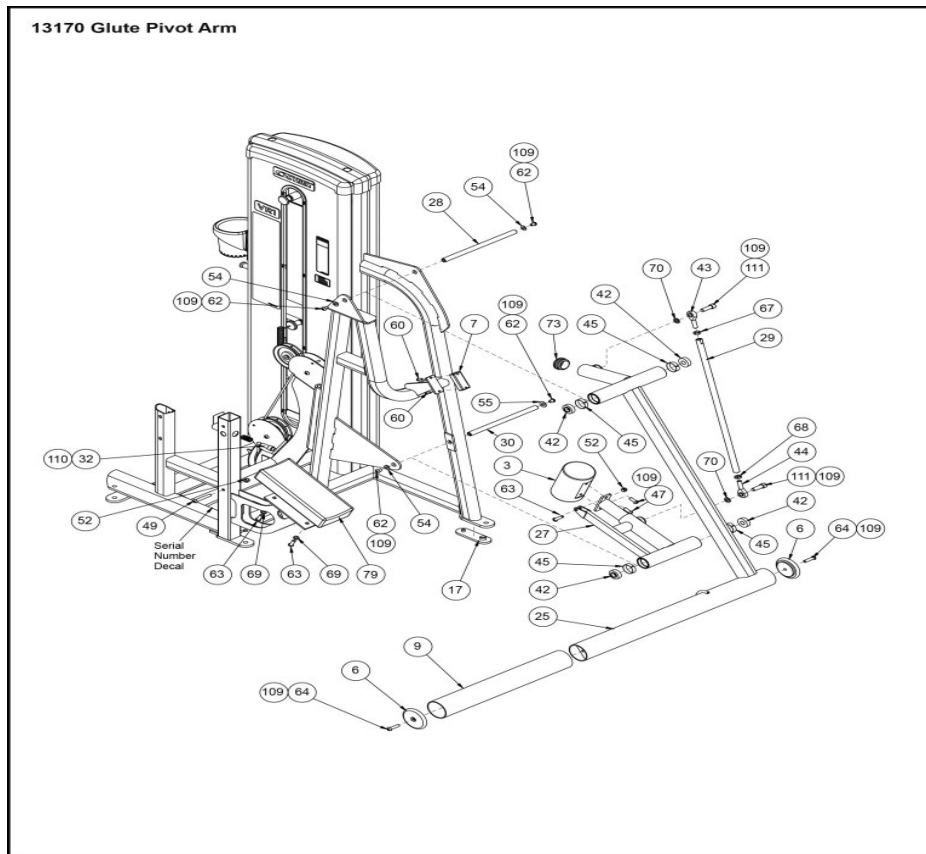
13170_Panel_Assembly



Ref #	Part Number	Qty	Description
1	08014	2	PULLEY ASSEMBLY-4.50
11	12210-348	2	CAP GUIDE ROD
14	13000-322	2	Roller
16	13000-342	1	Molded Top Cap
24	13170-200	1	W Main Frame Custom
31	3900-442	1	DECAL CYBEX VER SILVER
31	3900-441	1	DECAL CYBEX VER BLACK
35	BH030207	1	PIN WEIGHT SELECTOR
47	HC700417	2	BHSCS .375-16 X 1.00
48	HC700426	2	BHSCS .375-16 X 2.00
51	HF700000	2	PANEL FASTNER .375-16 U TYPE
52	HN704901	10	LOCKNUT .375-16 NYLON
65	JC700424	3	BHSCS .375-16 X 1.75
80	DE000005	1	Decal Caution Custom
82	DE000001	1	Decal Warning Custom
83	13000-399	1	Decal VR1
85	13040-100	1	Edge Trim Assembly
86	HT552511	10	TAP SC #8-16 X .38 TAP BLACK PLASTITE
87	13000-208	1	P Latch
89	13000-343	1	Guard Slotted Weight Formed
90	13000-346	1	Guard Formed Custom
91	13170-598	1	Placard VR1 Glute Custom

Ref #	Part Number	Qty	Description
98	13000-398	1	DECAL, CYBEX
99	11040-790	1	NLA: DECAL, MADE IN THE USA
101	13000-385	1	STOP
107	13000-344	2	Edge Trim
108	13000-345	6	Edge Trim

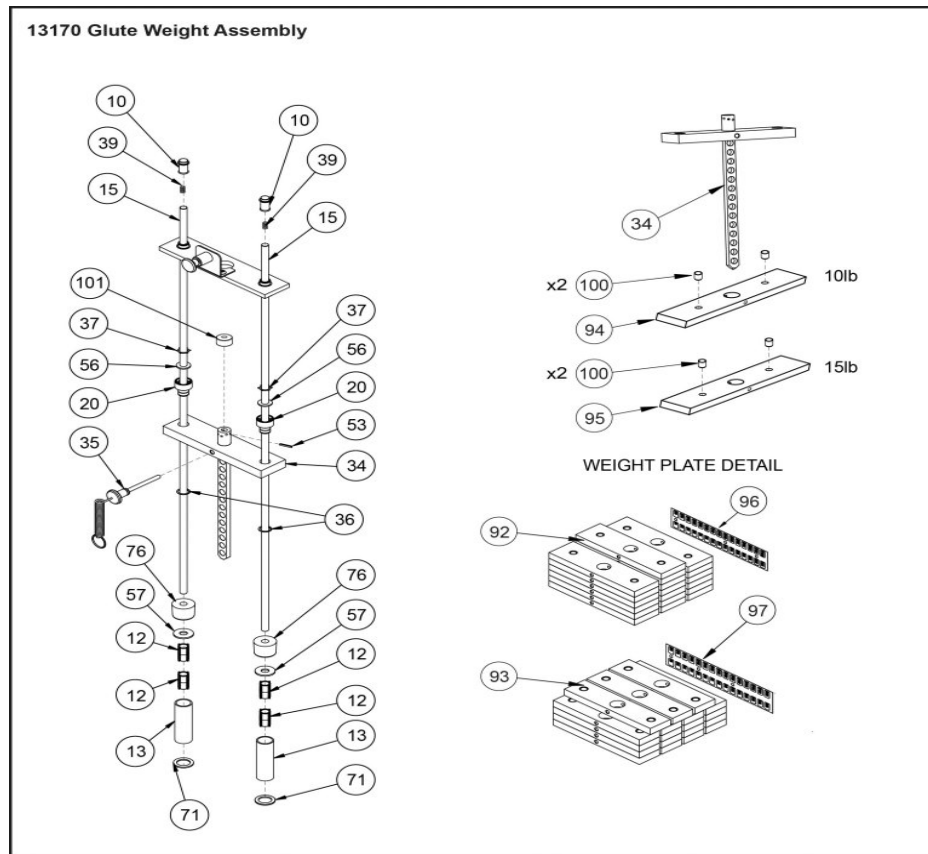
13170_Pivot_Arm



Ref #	Part Number	Qty	Description
3	11070-332	1	C COUNTERWEIGHT
6	11170-345	2	END CAP
7	12030-353	1	BLOCK STOP
9	12170-333	1	GRIP 21.75
25	13170-201	1	W Input Custom
27	13170-203	1	W Pivot Custom
28	13170-317	1	Shaft Pivot
29	13170-326	1	Tie Rod
30	13170-331	1	Shaft Pivot
32	4505-329	1	PIN DETENT
42	FB030232	4	BRG RADIAL 17MM ID EXT RACE
43	FB030207	1	BRG ROD END MALE .500-20
44	FB030208	1	ROD END BEARING (MALE) .500-20 LH
45	FC030006	4	TOLERANCE RING 1.575 ID
47	HC700417	2	BHSCS .375-16 X 1.00
52	HN704901	1	LOCKNUT .375-16 NYLON
54	HS347600	1	WASHER SAE .375
55	HS347604	1	WASHER FLAT, .391 1.250 .06 THK
60	JC620415	2	BHSCS .250-20 X .75
62	JC700412	2	BHSCS .375-16 X .50
63	JC700420	2	BHSCS .375-16 X 1.25
64	JC700422	2	BHSCS .375-16 X 1.50

Ref #	Part Number	Qty	Description
67	JN794400	1	JAM NUT .500-20
68	JN794401	1	NUT JAM .500-20LH
69	JS347400	2	LOCKWASHER INT TOOTH .375
70	JS388300	2	LOCKWASHER SPLIT .500
73	PP080226	1	INSERT PLASTIC 2.00 DIA-RIB
79	4800-017	1	CUSHION SA 5 X 12 Custom
109	YA000201	1	ADH THRD LKR REM .02 OZ 242
110	YG000002	1	NLA: Please use Lithium Grease
111	JC792822	2	SHCS .500-20 X 1.50

13170_Weight_Assembly



Ref #	Part Number	Qty	Description
10	12210-347	2	CAP GUIDE ROD
12	12210-352	4	INSERT PLASTIC
13	12210-359	2	TUBE SPACER
15	13000-326	2	Wt Rod .625 Dia x 51.51
20	13000-364	2	BEARING FLNG .62 ID X .92 OD X 1.75 LG
34	4700C070	1	C TOP WT 15-3X12
35	BH030207	1	PIN WEIGHT SELECTOR
36	BR030206	2	RETAINING RING
37	BR030220	2	RETAINING RING 1.250 INTERNAL
39	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
53	HP286819	1	SPIRAL PIN .188 X 1.12
56	HS720004	2	WASHER FELT .641 ID X 1.250 OD X .125 T
57	HS760106	2	WASH FLAT 1.750 .688 .140 T
71	JS497600	2	WASHER 1.19 ID X 1.75 OD X .12 THK
76	PR060005	2	BUMPER WEIGHT
92	13000-032	1	Wt Pac 10# Black (14)
93	13000-036	1	Wt Pac 15# Black (14)
94	4700-337	1	C Stack Weight 10 lbs exact
95	4700-338	1	C Stack Weight 15 lbs exact
96	4800-557	1	DECAL WEIGHT PLATE 10-150
97	13000-552	1	Decal Weight Plate (10-220)
100	FB130216	2	Bushing Weight Stack

Ref #	Part Number	Qty	Description
101	13000-385	1	STOP

