

VR3 CHEST PRESS TA

14000-01

Parts Manual

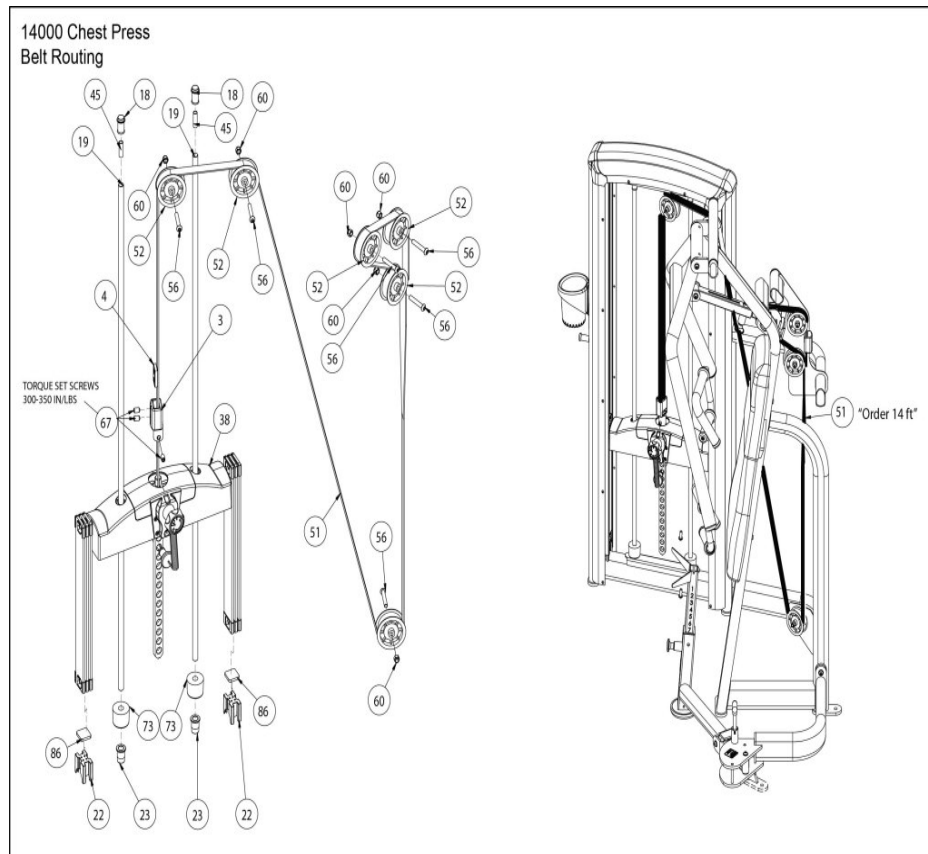
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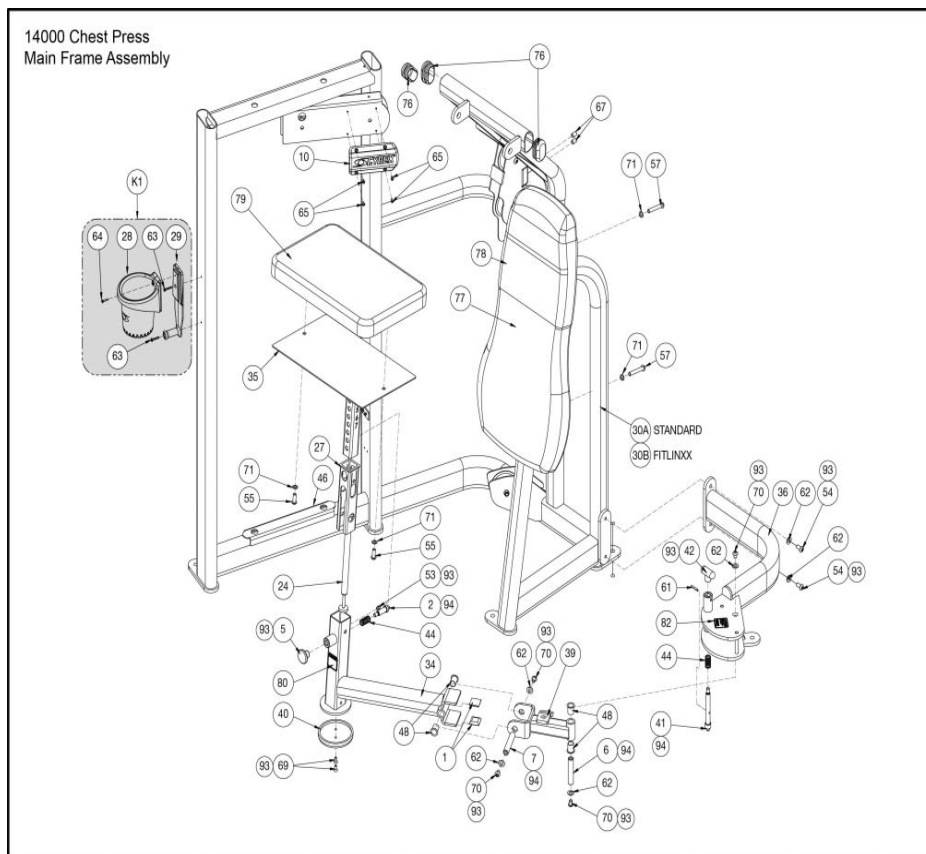
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14000 Belt Routing



Ref #	Part Number	Qty	Description
3	11040-216	1	P BELT CLAMP
4	11040-301	1	INSERT CLAMP BLOCK
18	12210-347	2	CAP GUIDE ROD
19	12060-350	2	WT ROD .625 DIA X 54.63
22	12102-330	2	INSERT INCREMENT WEIGHT
23	12210-348	2	CAP GUIDE ROD
38	14051-007	1	Top Weight Assy
45	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
51	GB000202	2	BELT .95 WIDE
52	GP000209	5	PULLEY ASSEMBLY-3.50
56	HC700428	6	BHSCS .375-16 X 2.25
60	HN704901	6	LOCKNUT .375-16 NYLON
67	HY740000	3	SET SCREW
73	PR060005	2	BUMPER WEIGHT
86	11040-409	3	BUMPER

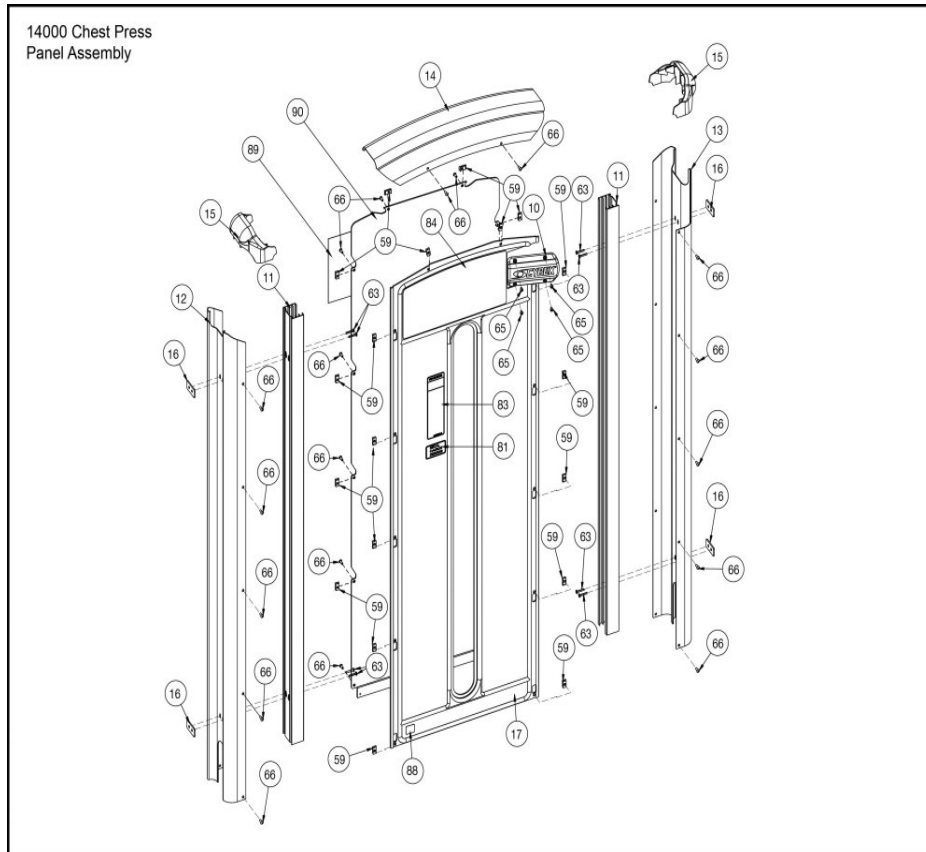
14000 Main Assembly



Ref #	Part Number	Qty	Description
1	08171	6	SHIM TAPERED RUBBER
2	08229	1	P PIN DETENT
5	11040-440	1	KNOB
6	11050-374	1	PIN PIVOT
7	11050-375	1	PIN PIVOT
10	12000-467	1	PULLEY COVER
24	13000-103	1	
27	13000-365	1	Insert Plastic 7.94 Modified
28	13000-400	1	Holder Water Bottle
29	13000-402	1	Mount Water Bottle Holder
30	14000-200	1	W/FRAME Custom
34	14000-204	2	W Seat Pivot
35	14000-206	1	P/ CUSHION POST
36	14000-207	1	W Bracket
39	4816-205	1	W PIVOT ARM
40	4816-327	1	PAD FOOT
41	4816-332	2	PIN DETENT
42	4816-336	2	KNOB PLASTIC T-SHAPE
44	BS070201	2	COM SPRING .56 ID X .66 OD X 1.50 LG
46	CM000211	1	DECAL PATENT
48	FB130207	4	BRG FLG 17MM X 19MM X 25MM
53	HC622808	1	SHCS .250 x 20 x .250

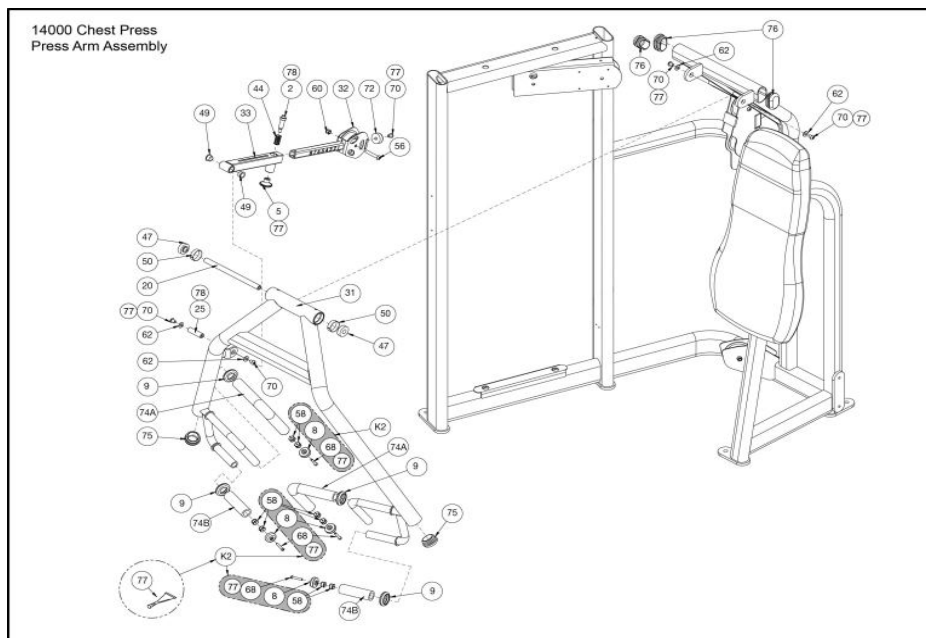
Ref #	Part Number	Qty	Description
54	HC700415	2	BHSCS .375-16 X .75
55	HC700417	2	BHSCS .375-16 X 1.00
57	HC700430	2	BHSCS .375-16 X 2.50
61	HP286819	2	SPIRAL PIN .188 X 1.12
62	HS347600	6	WASHER SAE .375
63	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
64	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
65	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
67	HY740000	2	SET SCREW
69	JC620914	2	FHSCS .250-20 UNC X .625
70	JC700412	4	BHSCS .375-16 X .50
71	JS347400	4	LOCKWASHER INT TOOTH .375
76	PP130003	3	INSERT PLASTIC
77	4800-180	1	COVERED CUSHION SA BACK 32 MOLDED Custom
78	4800-183	1	WEAR COVER SA 32in MOLDED Custom
79	5207S043-0	1	CUSHION SA 12 X 18 Custom
80	4520-362-4	1	DECAL SEAT CAUTION English
81	4000Y316-4	1	NLA: DECAL CAUTION ENGLISH
82	8500-025-4	1	DECAL CAUTION English

14000 Panel Assembly



Ref #	Part Number	Qty	Description
10	12000-467	1	PULLEY COVER
11	12000-387	2	EXTRUSION INC WT CHANNEL
12	12000-392	1	CHANNEL INCREMENT WEIGHT
13	12000-393	1	CHANNEL INCREMENT WEIGHT
14	12000-395	1	CAP TOP
15	12000-396	2	END CAP
16	12000-398	4	SPACER
17	12000-414	1	PANEL INSERT
59	HF579000	12	PANEL FASTENER 10-24 U TYPE
63	HT512517	8	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
65	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
66	HX570412	12	BHSCS 10-24 X .50 SS
83	4685-381-4	1	
84	14000-598-4	1	PLACARD VR3 CHEST PRESS TA ENGLISH
87	14000-407-4	1	Decal Increment Weight TA
88	11040-790	1	NLA: DECAL, MADE IN THE USA

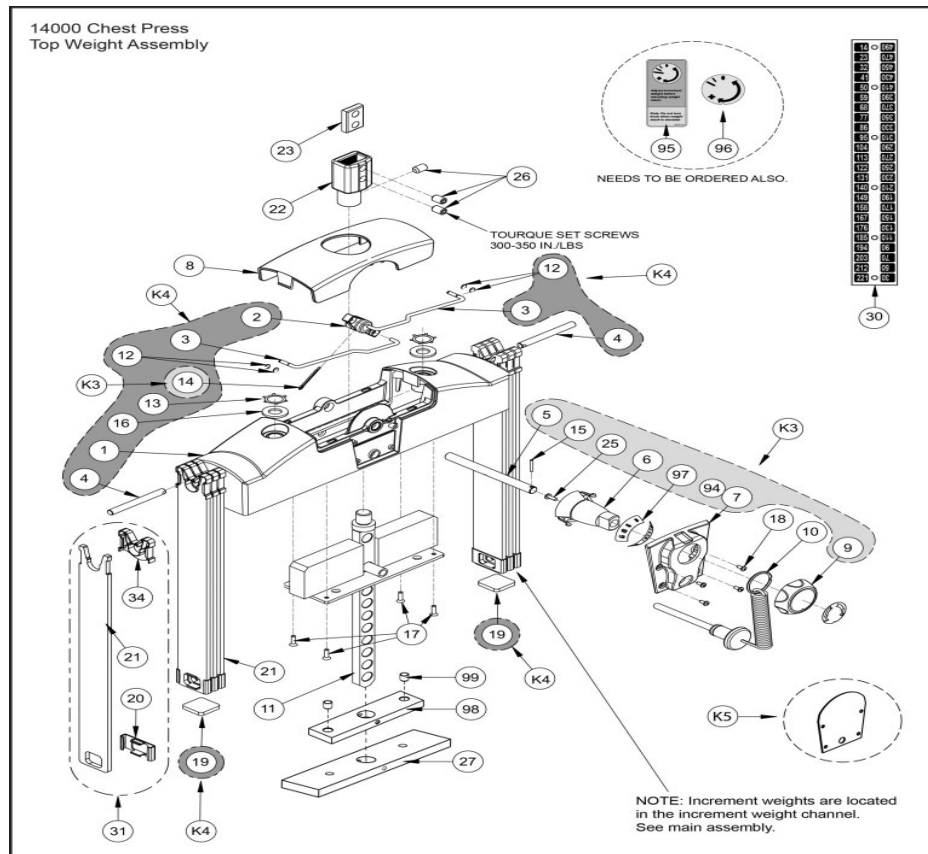
14000 Press Arm Assembly



Ref #	Part Number	Qty	Description
2	08229	1	P PIN DETENT
5	11040-440	1	KNOB
8	11090-374	4	END CAP
9	11090-376	4	RING HANDLE GRIP
20	12090-303	1	SHAFT PIVOT
25	13000-336	1	Pin Pivot
31	14000-201	1	W/ INPUT
32	14000-202	1	W/TELESCOPING PULLEY TUBE
33	14000-203	1	W/TELESCOPING TUBE
44	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
47	FB030232	2	BRG RADIAL 17MM ID EXT RACE
49	FB130211	2	BRG FLG 17MM X 19MM X 12MM
50	FC030006	2	TOLERANCE RING 1.575 ID
56	HC700428	1	BHSCS .375-16 X 2.25
58	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
60	HN704901	1	LOCKNUT .375-16 NYLON
62	HS347600	4	WASHER SAE .375
68	JC620422	4	BHSCS .250-20 X 1.50
70	JC700412	5	BHSCS .375-16 X .50
72	PR060003	1	BUMPER RECESS
74B	4605-514	2	GRAB GRIP 4.50
74A	4605-522	2	GRAB GRIP 12.75

Ref #	Part Number	Qty	Description
75	PP080226	2	INSERT PLASTIC 2.00 DIA-RIB
76	PP130003	2	INSERT PLASTIC

14000 Top Weight



Ref #	Part Number	Qty	Description
1	11040-366	1	TOP WEIGHT ASSEMBLY MOLDED
2	11040-367	1	HUB MOLDED
3	11040-369	2	ROD LINKAGE
4	11040-370	2	PIN
5	11040-427	1	ROD
6	11040-426	1	STEM
7	11040-424	1	COVER PLATE
8	11040-416	1	COVER TOP WEIGHT
9	11040-425	1	KNOB
10	BH030207	1	PIN WEIGHT SELECTOR
11	4700-251	1	NLA: C LIFTING POST 15
12	BR030209	4	RETAINING RING .188
13	BR030220	1	RETAINING RING 1.250 INTERNAL
14	HP016820	1	COTTER PIN .125 X 1.25
15	HP266765	1	ROLL PIN .125 X .938
16	HS720004	1	WASHER FELT .641 ID X 1.250 OD X .125 T
17	HT562715	1	TAP SC NO 10 X .750 F PHIL
18	HT582510	1	TAP SC NO 10 X .375 PN HD PHIL
19	11040-409	1	BUMPER
20	11040-572	3	GUARD INCREMENT WEIGHT
21	11040-573	1	NLA: WEIGHT INCREMENT
22	11040-216	1	P BELT CLAMP

Ref #	Part Number	Qty	Description
23	11040-301	1	INSERT CLAMP BLOCK
24	14051-308	1	Decal Rotation
25	HT552512	1	TAP SC NO. 8-16 X .50 PLASTITE PAN HEAD PHILLIPS BLACK
26	HY740000	3	SET SCREW
27	4000C101	1	C STACK WT 4X18
28	12050-020	1	LIGHT STACK ASSEMBLY
29	12070-021	1	HEAVY STACK ASSEMBLY
30	14000-401	1	DECAL, WT PLATE TA

