

VR3 LEG PRESS TA

14040-01

Parts Manual

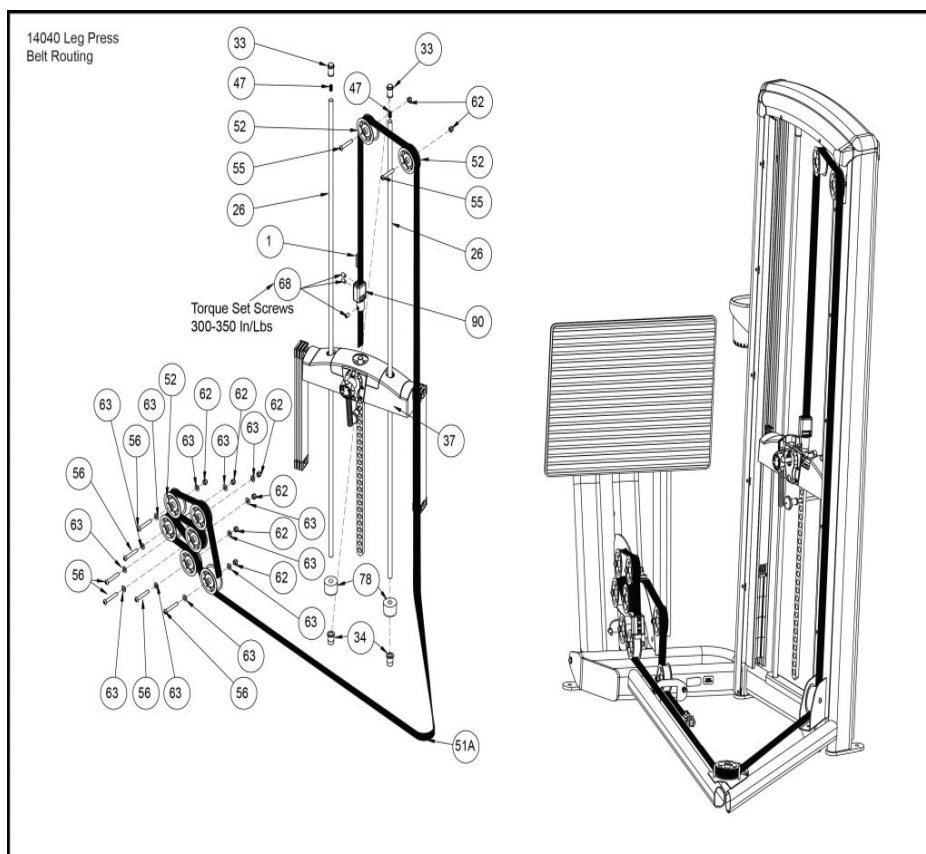
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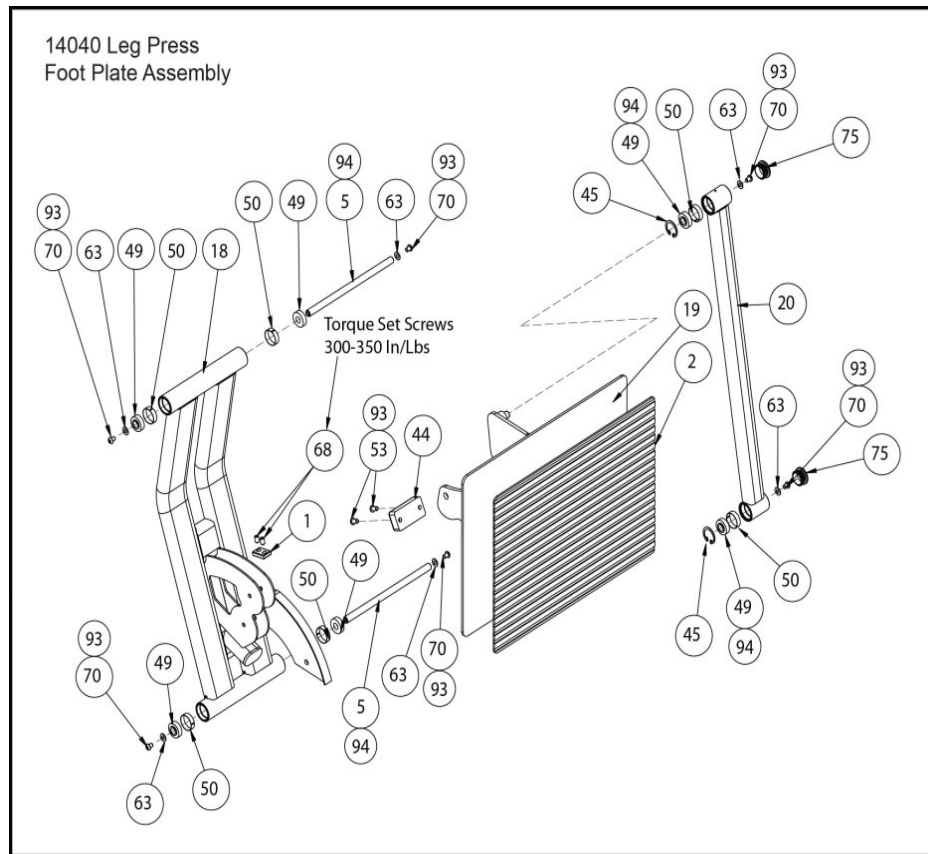
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14040 Belt Routing



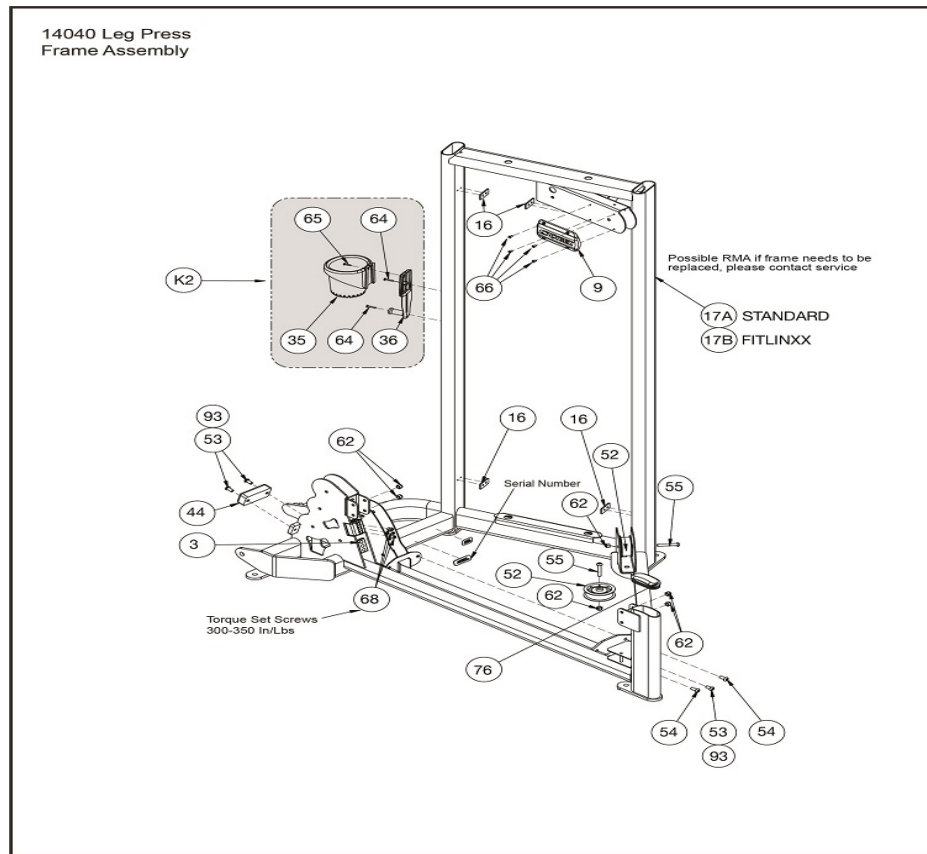
Ref #	Part Number	Qty	Description
1	11040-301	2	INSERT CLAMP BLOCK
26	12040-336	3	WT ROD .625 DIA X 68.625
33	12210-347	3	CAP GUIDE ROD
34	12210-348	2	CAP GUIDE ROD
37	14040-009	1	Top Weight Assy 25
47	BS070208	3	COMP SPRING .396 ID X .480 OD X 1.50 LG
51A	12040K002	1	KIT, BELT REPLACEMENT
52	GP000209	4	PULLEY ASSEMBLY-3.50
55	HC700428	4	BHSCS .375-16 X 2.25
56	HC700430	6	BHSCS .375-16 X 2.50
62	HN704901	6	LOCKNUT .375-16 NYLON
63	HS347600	11	WASHER SAE .375
68	HY740000	6	SET SCREW
78	PR060005	2	BUMPER WEIGHT
90	11040-216	1	P BELT CLAMP

14040 Foot Plate assembly



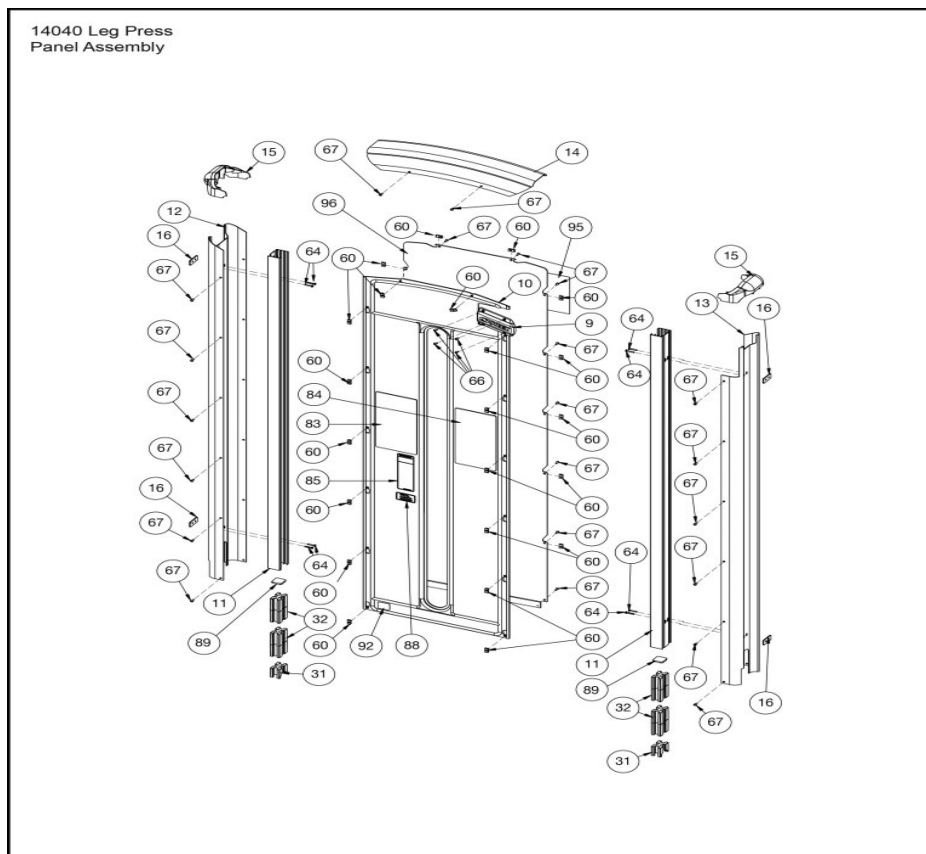
Ref #	Part Number	Qty	Description
1	11040-301	1	INSERT CLAMP BLOCK
2	11040-562	1	NON-SLIP 18.50 X 24.50
5	11090-369	2	SHAFT PIVOT
18	12040-201	1	W PIVOT Custom
19	12040-202	1	W FOOT PLATE Custom
20	12040-203	1	W LINK Custom
44	5220-305	1	BUMPER 2.00 X 4.00
45	BR030226	2	RETAINING RING 1.653 INTERNAL
49	FB030232	7	BRG RADIAL 17MM ID EXT RACE
50	FC030006	7	TOLERANCE RING 1.575 ID
53	HC700415	2	BHSCS .375-16 X .75
63	HS347600	6	WASHER SAE .375
68	HY740000	2	SET SCREW
70	JC700412	6	BHSCS .375-16 X .50
75	PP090208	2	INSERT PLASTIC 1.75 DIA-RIB

14040 Frame Assembly



Ref #	Part Number	Qty	Description
K2	12000K017	2	Kit Water Bottle Holder
3	11040-568	1	CLAMP BLOCK INSERT
9	12000-467	1	PULLEY COVER
16	12000-398	3	SPACER
17B	12048-200	1	W MAIN FRAME Custom
17A	12040-200	1	W FRAME Custom
35	13000-400	1	Holder Water Bottle
36	13000-402	1	Mount Water Bottle Holder
44	5220-305	1	BUMPER 2.00 X 4.00
52	GP000209	2	PULLEY ASSEMBLY-3.50
53	HX700415	3	BHSCS .375-16 X .75 SS
54	HC700416	2	BHSCS .375-16 X .875
55	HC700428	2	BHSCS .375-16 X 2.25
62	HN704901	5	LOCKNUT .375-16 NYLON
64	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
65	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK
66	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
68	HY740000	3	SET SCREW
76	PP130002	1	INSERT DOMED PLASTIC

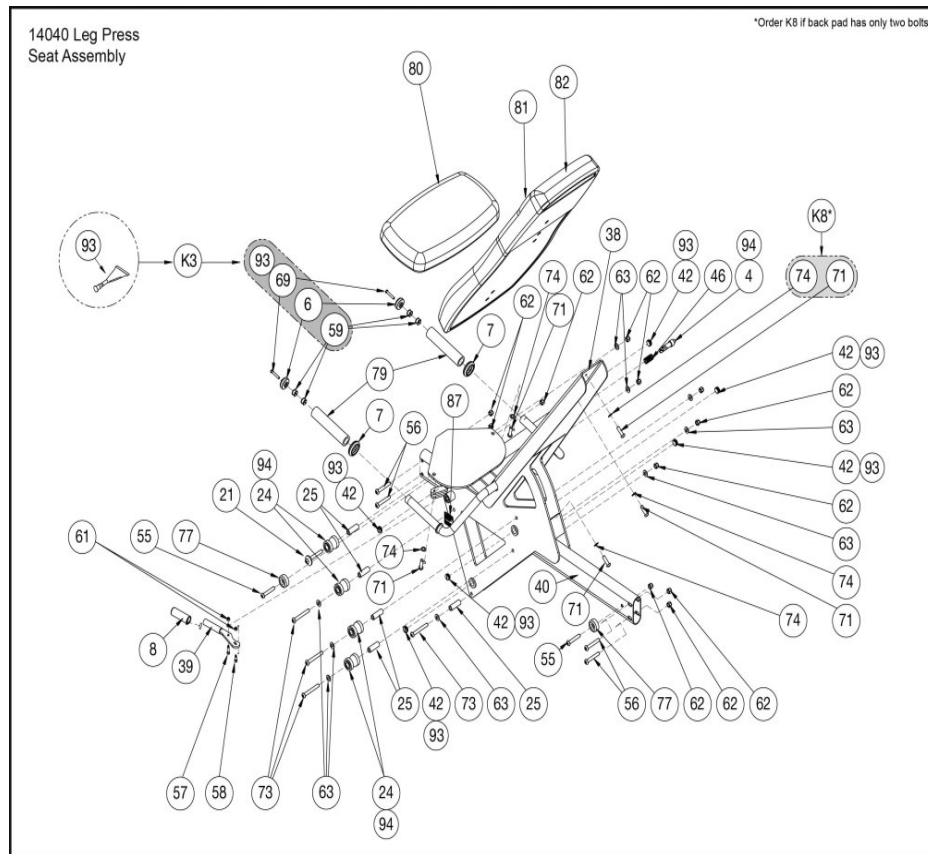
14040 Panel Assembly



Ref #	Part Number	Qty	Description
9	12000-467	1	PULLEY COVER
10	12000-385	1	PANEL INSERT
11	12000-388	2	EXTRUSION INC WT CHANNEL
12	12000-389	1	CHANNEL INCREMENT WEIGHT
13	12000-390	1	CHANNEL INCREMENT WEIGHT
14	12000-395	1	CAP TOP
15	12000-396	2	END CAP
16	12000-398	4	SPACER
31	12102-330	2	INSERT INCREMENT WEIGHT
32	12102-331	4	INSERT INCREMENT WEIGHT
60	HF579000	19	PANEL FASTENER 10-24 U TYPE
64	HT512517	7	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
66	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
67	HX570412	21	BHSCS 10-24 X .50 SS
83	14040-598-4	1	PLACARD VR3 LEG PRESS TA ENGLISH
84	14040-599-4	0	PLACARD VR3 LEG PRESS TA ENGLISH
85	DE000001	11	Decal Warning Custom
88	DE000005	1	Decal Caution Custom
89	11040-409	1	BUMPER
92	11040-790	1	NLA: DECAL, MADE IN THE USA
95	3900-441	1	DECAL CYBEX VER BLACK
95	3900-442	1	DECAL CYBEX VER SILVER

Ref #	Part Number	Qty	Description
96	12000-384	1	PANEL INSERT

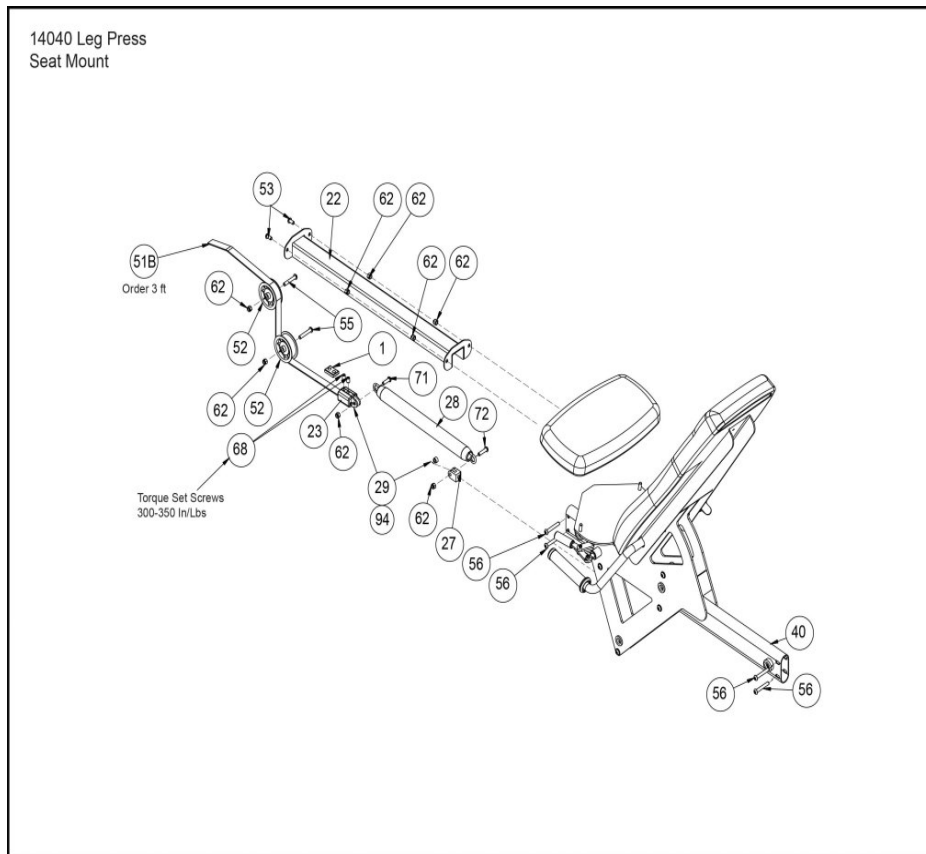
14040 Seat Assembly



Ref #	Part Number	Qty	Description
K3	11090K006	1	KIT HANDLE TRIM RING
4	11090-314	1	PIN DETENT
6	11090-374	1	END CAP
7	11090-376	2	RING HANDLE GRIP
K8	16150K002	1	KIT, CUSHION PLATE DRILL BOLT
8	11090-385	1	GRIP
21	12040-206	1	P CAM BOLT
24	12040-323	4	ROLLER
25	12040-324	5	SPACER
38	14040-204	1	W Seat
39	14040-202	1	W Pivot Handle
40	14040-306	1	Tube
42	4860-332	6	PLUG ADJ BEARING
46	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
55	HC700428	2	BHSCS .375-16 X 2.25
56	HC700430	4	BHSCS .375-16 X 2.50
57	HD303315	1	S Bolt .250 x .750 .190-10-24
58	HD303312	1	S BOLT .250 X .500 .190-10-24
59	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
61	HN575100	2	LOCKNUT .190-NO 10-24
62	HN704901	14	LOCKNUT .375-16 NYLON
63	HS347600	5	WASHER SAE .375

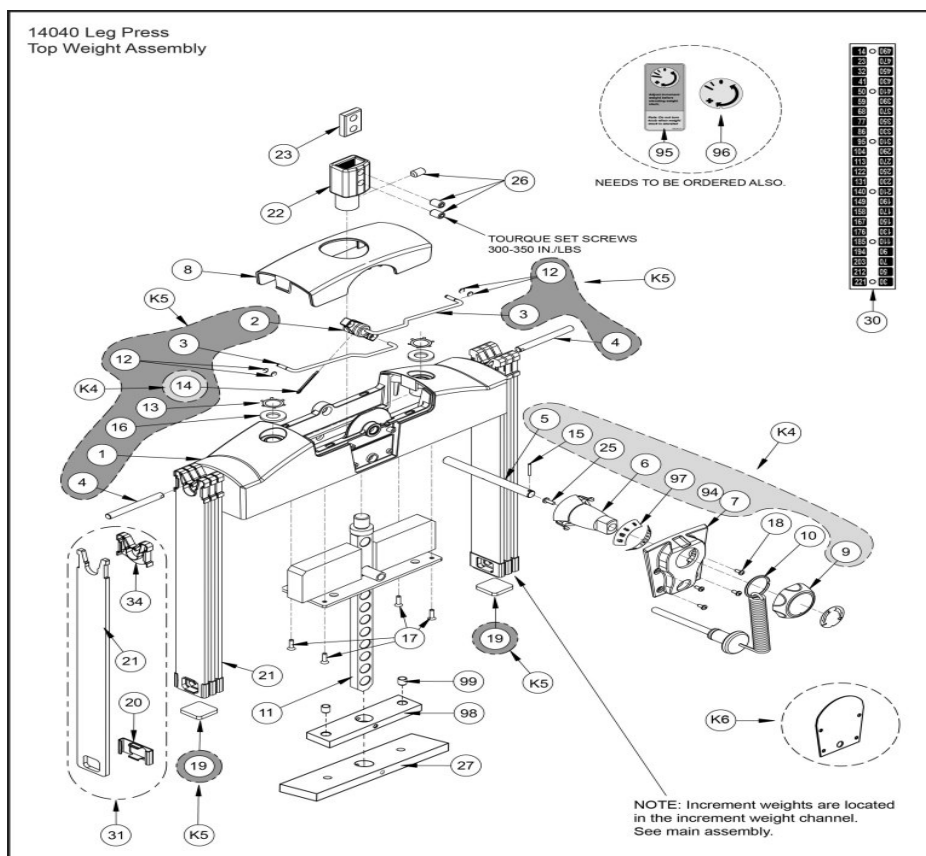
Ref #	Part Number	Qty	Description
69	JC620422	2	BHSCS .250-20 X 1.50
71	JC700420	5	BHSCS .375-16 X 1.25
73	JC700434	4	BHSCS .375-16 X 3.00
74	JS347400	5	LOCKWASHER INT TOOTH .375
77	PR060003	2	BUMPER RECESS
79	4605-507	2	GRAB GRIP 6.50
80	4800-188	1	CUSHION SA 10 X 18 NS Custom
81	4800-184	1	COVERED CUSHION SA BACK 36IN MOLDED Custom
82	4800-187	1	WEAR COVER SA BACK 36 MOLDED Custom
87	8500-025	1	DECAL CAUTION Custom

14040 Seat Mount



Ref #	Part Number	Qty	Description
1	11040-301	1	INSERT CLAMP BLOCK
22	12040-207	1	W GUARD Custom
23	12040-208	1	W BELT CLAMP
27	12040-347	1	BLOCK
28	12040-348	1	EXT SPRING 20.25 LONG
29	12040-354	1	SPACER
40	14040-306	1	Tube
51B	GB000202	1	BELT .95 WIDE
52	GP000209	2	PULLEY ASSEMBLY-3.50
53	HX700415	2	BHSCS .375-16 X .75 SS
55	HC700428	2	BHSCS .375-16 X 2.25
56	HC700430	4	BHSCS .375-16 X 2.50
62	HN704901	8	LOCKNUT .375-16 NYLON
68	HY740000	2	SET SCREW
71	JC700420	1	BHSCS .375-16 X 1.25
72	JC700422	1	BHSCS .375-16 X 1.50

14040 Top Weight



Ref #	Part Number	Qty	Description
1	11040-366	1	TOP WEIGHT ASSEMBLY MOLDED
2	11040-367	1	HUB MOLDED
3	11040-369	2	ROD LINKAGE
K4	11040K009	1	KIT INCREMENT WEIGHT KNOB
4	11040-370	2	PIN
K5	11040K010	3	Kit Top Weight Hardware
5	11040-427	1	ROD
K6	11040K007	1	KIT NON-INCREMENTAL TOP WEIGHT
6	11040-426	1	STEM
7	11040-424	1	COVER PLATE
8	11040-416	1	COVER TOP WEIGHT
9	11040-425	1	KNOB
10	BH030207	1	PIN WEIGHT SELECTOR
11	4700-253	1	NLA: C LIFTING POST 25
12	BR030209	3	RETAINING RING .188
13	BR030220	1	RETAINING RING 1.250 INTERNAL
14	HP016820	1	COTTER PIN .125 X 1.25
15	HP266765	1	ROLL PIN .125 X .938
16	HS720004	1	WASHER FELT .641 ID X 1.250 OD X .125 T
17	HT562715	4	TAP SC NO 10 X .750 F PHIL
18	HT582510	1	TAP SC NO 10 X .375 PN HD PHIL
19	11040-409	2	BUMPER

Ref #	Part Number	Qty	Description
20	11040-572	1	GUARD INCREMENT WEIGHT
21	11040-573	2	NLA: WEIGHT INCREMENT
22	11040-216	1	P BELT CLAMP
23	11040-301	1	INSERT CLAMP BLOCK
25	HT552512	1	TAP SC NO. 8-16 X .50 PLASTITE PAN HEAD PHILLIPS BLACK
26	HY740000	3	SET SCREW
27	4000C101	1	C STACK WT 4X18
28	12050-020	1	LIGHT STACK ASSEMBLY
29	12070-021	1	HEAVY STACK ASSEMBLY
30	14000-401	1	DECAL, WT PLATE TA
31	11040-030	1	INCREMENT WEIGHT S/A
32	11000-407	1	Decal Increment Weight
34	11040-578	1	GUARD, INCREMENT WEIGHT
95	14000-407	1	Decal Increm Weight TA
96	14051-308	1	Decal Rotation
97	11040-428	1	DECAL ADJUSTMENT
98	4700C089	1	C STACK WT 3X12
99	FB130216	1	Bushing Weight Stack

