

PLATE LOADED LEG PRESS

16110-01

Parts Manual

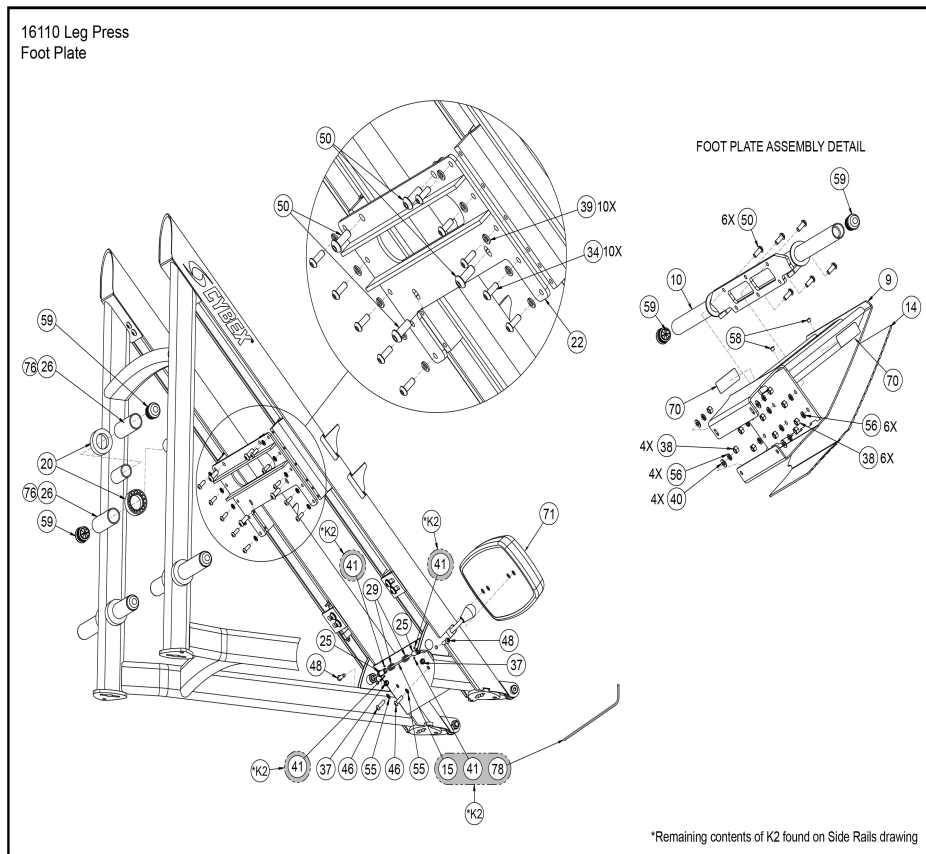
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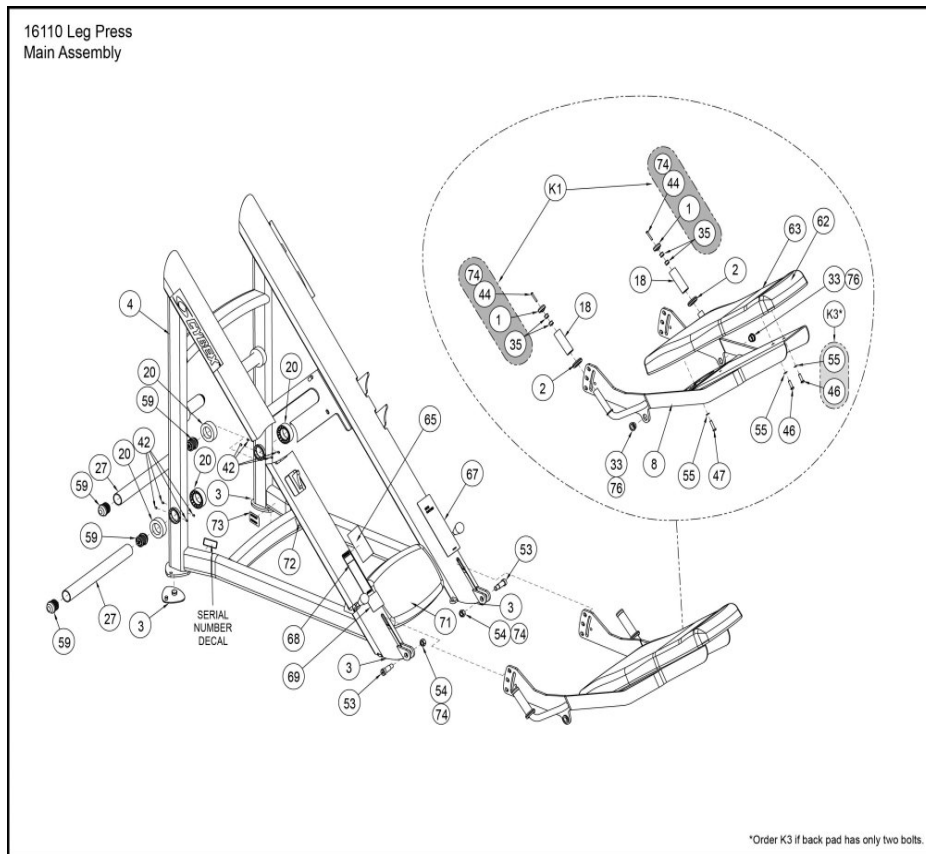
16110 Foot Plate



Ref #	Part Number	Qty	Description
K1	16110K051	1	
K2	16110K002	1	KIT, CABLE REPLACEMENT
9	16110-215	1	W SLED Custom
10	16110-216	1	PLATED WEIGHT BAR
14	16110-388	1	NON-SLIP
15	16110-389	1	CABLE
20	5220-367	3	SPACER PLASTIC
22	5320-205	1	W SLIDE PLATE
25	5320P040	2	PIN DETENT
26	5330P012	2	P WEIGHT TUBE 5.00
29	BS070201	2	COM SPRING .56 ID X .66 OD X 1.50 LG
34	HC700417	5	BHSCS .375-16 X 1.00
37	HN704901	2	LOCKNUT .375-16 NYLON
38	HN784000	10	HEX NUT .500-13
39	HS348300	7	LOCKWASHER SPLIT .375
40	HS387700	4	WASHER SAE .500
41	HY582910	4	SET SC NO 10-32 X .19 CUP PT
46	JC700420	3	BHSCS .375-16 X 1.25
48	JC700424	2	BHSCS .375-16 X 1.75
50	JC780420	10	BHSCS .500-13 X 1.25
55	JS347400	2	LOCKWASHER INT TOOTH .375
56	JS388300	10	LOCKWASHER SPLIT .500

Ref #	Part Number	Qty	Description
58	PP080207	2	INSERT PLASTIC .437 DIA 11 GA
59	PP130006	8	Insert Plastic End
70	5220-337	2	DECAL WARNING LOAD AND UNLOAD Custom
71	4800-188	1	CUSHION SA 10 X 18 NS Custom
76	YA000226	1	LOCTITE 680 .5 ML
78	BK030209	1	HEX KEY .094IN LONG ARM

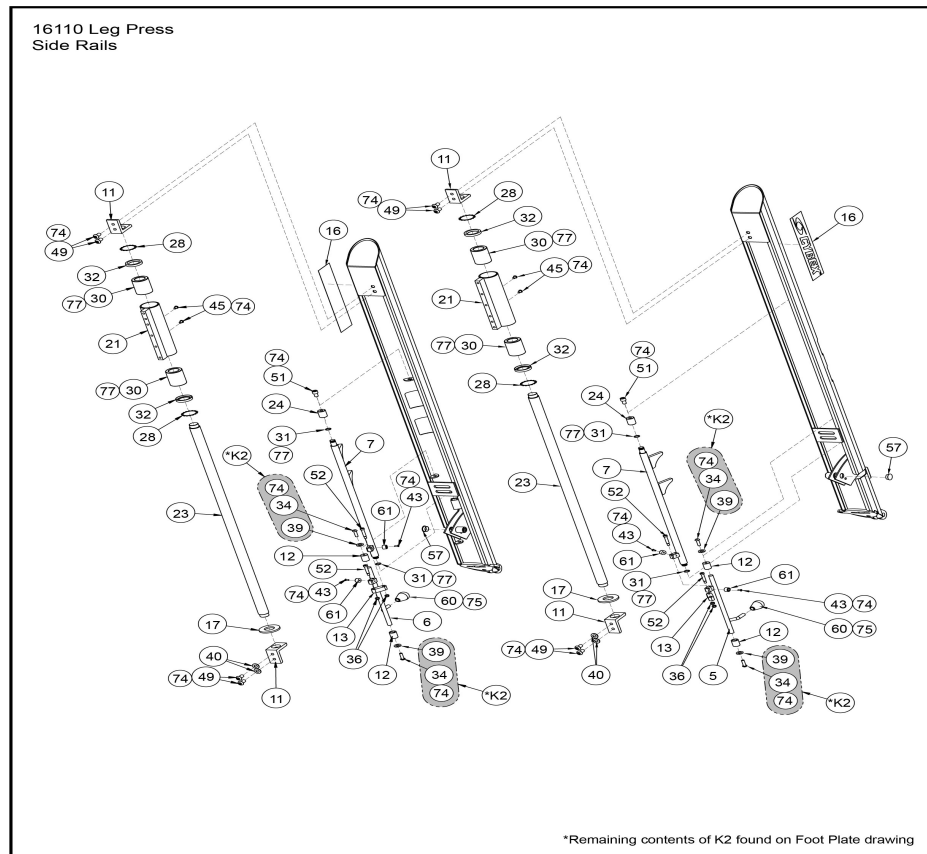
16110 Main Assembly



Ref #	Part Number	Qty	Description
K1	11090K006	1	KIT HANDLE TRIM RING
1	11090-374	2	END CAP
2	11090-376	2	RING HANDLE GRIP
3	16010-311	4	Pad Foot
K3	16150K002	1	KIT, CUSHION PLATE DRILL BOLT
4	16110-200	1	W MAIN FRAME Custom
8	16110-213	1	W SEAT BACK Custom
18	4605-509	2	GRAB GRIP 4.00
20	5220-367	3	SPACER PLASTIC
27	5330P029	2	P WEIGHT 19.00
33	HB-60008	2	BEARING FLANGED BRONZE .75 ID
35	HF449063	2	INSERT 3-4X1-4-20 CONNECTOR
42	HY622910	8	SET SC .250-20 X .375
44	JC620422	2	BHSCS .250-20 X 1.50
46	JC700420	4	BHSCS .375-16 X 1.25
47	JC700422	1	BHSCS .375-16 X 1.50
53	JD403348	2	S BOLT .750 X 1.50 .625-11
54	JN814200	2	HEX NUT .625-11
55	JS347400	2	LOCKWASHER INT TOOTH .375
59	PP130006	8	Insert Plastic End
62	4800-184	1	COVERED CUSHION SA BACK 36IN MOLDED Custom
63	4800-187	1	WEAR COVER SA BACK 36 MOLDED Custom

Ref #	Part Number	Qty	Description
65	5320-336	1	DECAL BACK PAD ADJUSTMENT Custom
67	16110-598	1	Placard PL Leg Press Custom
68	DE000001	1	Decal Warning Custom
69	DE000002	1	Decal Warning Custom
71	4800-188	1	CUSHION SA 10 X 18 NS Custom
72	11040-790	1	NLA: DECAL, MADE IN THE USA
73	CM000250	1	DECAL, CAPACITY
74	YA000201	1	ADH THRD LKR REM .02 OZ 242
76	YA000226	1	LOCTITE 680 .5 ML

16110 Side Rails



Ref #	Part Number	Qty	Description
K2	16110K002	1	KIT, CABLE REPLACEMENT
5	16110-210	1	
6	16110-211	1	
7	16110-212	2	W/STOP ROD Custom
11	16110-351	4	SHAFT MOUNT
12	16110-357	4	CAP
13	16110-358	2	LINK
16	3900-448	2	
16	3900-447	2	DECAL CYBEX 1.94 HOR BLACK
17	4540-321	2	BUMPER HANDLE
21	5320-204	2	C BEARING SLEEVE
23	5321-302	2	SHAFT 1.50 X 43.50
24	5320-332	2	P STOP ROD COLLET
28	BR030203	4	RETAIN RING LINEAR BRG 1.50
30	FB110200	4	BRG LINEAR 1.5
31	FS100006	4	O-RING .612IDX.103W
32	FS110200	4	SEAL LINEAR BRG 1.50
34	HC700417	5	BHSCS .375-16 X 1.00
36	HN664900	4	LOCKNUT .312-18 NYLON INSERT
39	HS348300	7	LOCKWASHER SPLIT .375
40	HS387700	4	WASHER SAE .500
43	JC570412	4	BHSCS .190 10-24 X .50

Ref #	Part Number	Qty	Description
45	JC660412	4	BHSCS .312-18 X .50
49	JC780417	1	BHSCS .500-13 X 1.00
51	JC782815	2	SHCS .500-13 X .75
52	JD343322	4	S BOLT .375 X 1.50 .312-18
57	PN660200	2	INSERT PLASTIC 1.00 DIA-11 GA
60	PP470006	2	KNOB OVAL
61	PR060006	4	BUMPER RECESS
74	YA000201	1	ADH THRD LKR REM .02 OZ 242
75	YA000209	1	NLA: ADH BNDG CYANDACRYLATE GEL 45440
77	YG000002	1	NLA: Please use Lithium Grease

