

Plate Loaded Incline Press

16190-10

Parts Manual

1/5/2019 3:19:00 AM

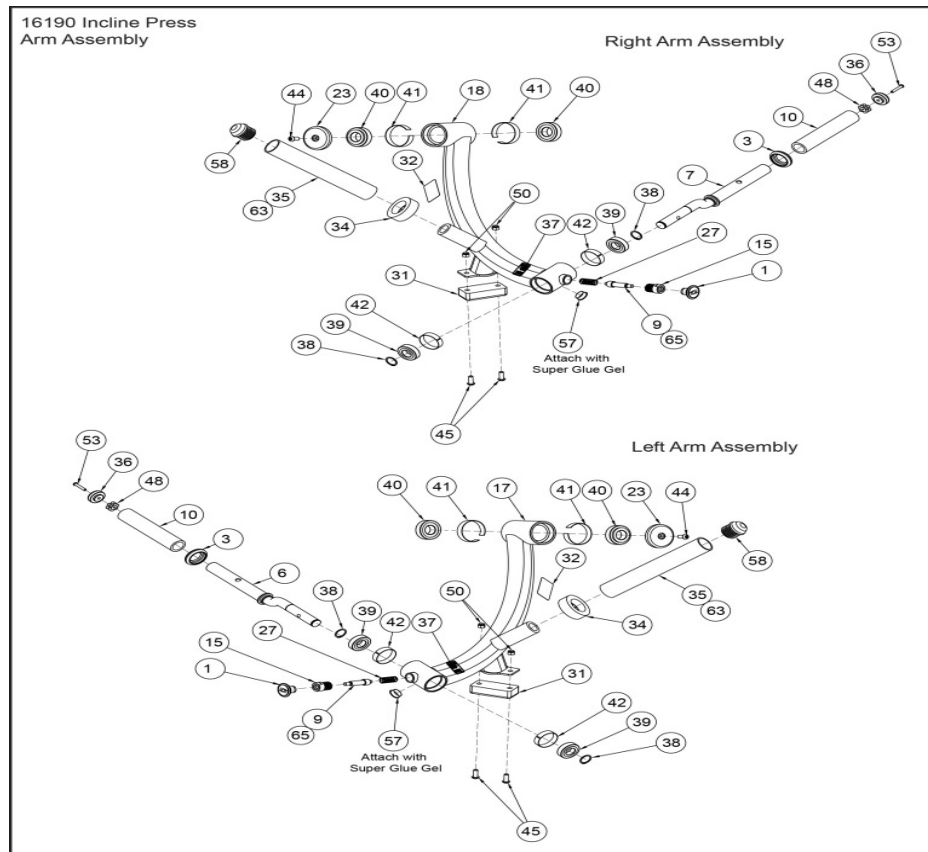


**16190-10 - PLATE LOADED INCLINE
PRESS**

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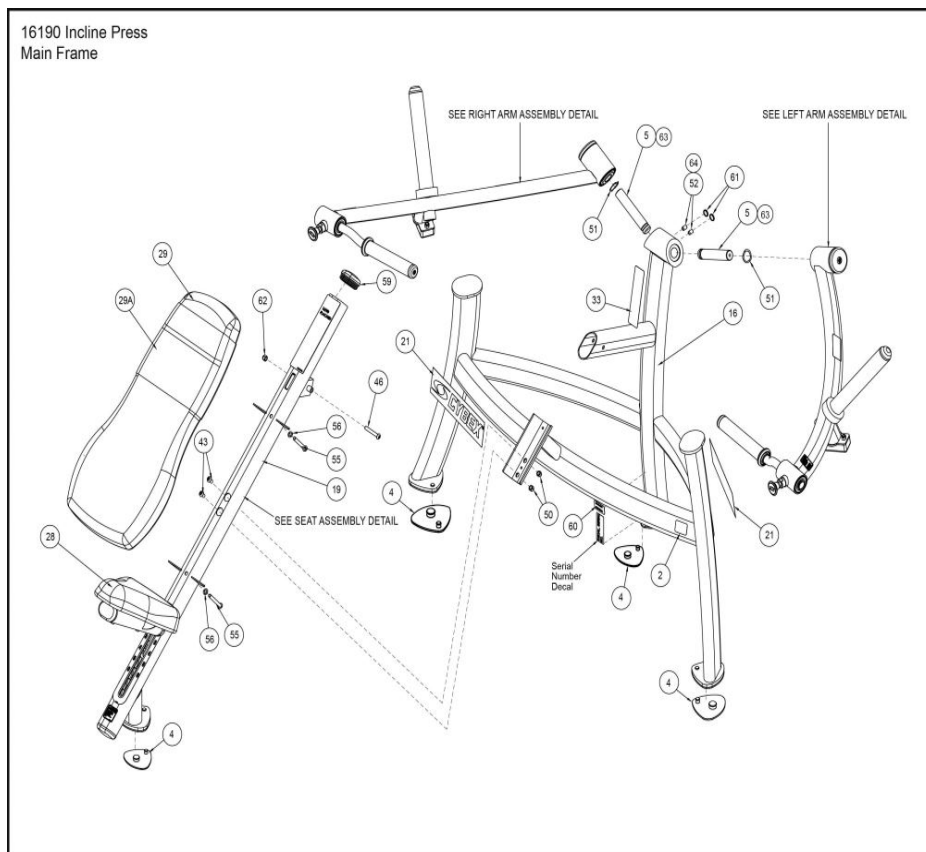
16190 Arms



Ref #	Part Number	Qty	Description
1	11040-440	2	KNOB
3	12000-369	2	RING HANDLE GRIP
6	16080-206	1	W/HANDLE LH Custom
7	16080-207	1	W/HANDLE RH Custom
9	16080-312	1	DETENT PIN
10	16080-341	2	GRIP 8.12
15	16080-374	2	RETAINER
17	16190-201	1	W/ Arm (LH) Custom
18	16190-202	1	W/ Arm (RH) Custom
23	425A-445	2	END CAP
27	4715-346	2	COM SPRING .72 X 1.50 LG
31	5220-305	2	BUMPER 2.00 X 4.00
32	5220-337	2	DECAL WARNING LOAD AND UNLOAD Custom
34	5220-367	2	SPACER PLASTIC
35	5490P005	2	P WEIGHT TUBE 12.00
36	610A-350	2	END CAP
37	8500-025	2	DECAL CAUTION Custom
38	BR030223	4	RETAINING RING 25MM EXTERNAL
39	FB030247	4	BEARING RADIAL 25MM EXTENDED RACE
40	FB030253	4	BEARING RADIAL 30MM EXTENDED RACE
41	FC030003	4	TOLERANCE RING 2.4409 ID
42	FC030007	4	TOLERANCE RING 2.047 ID

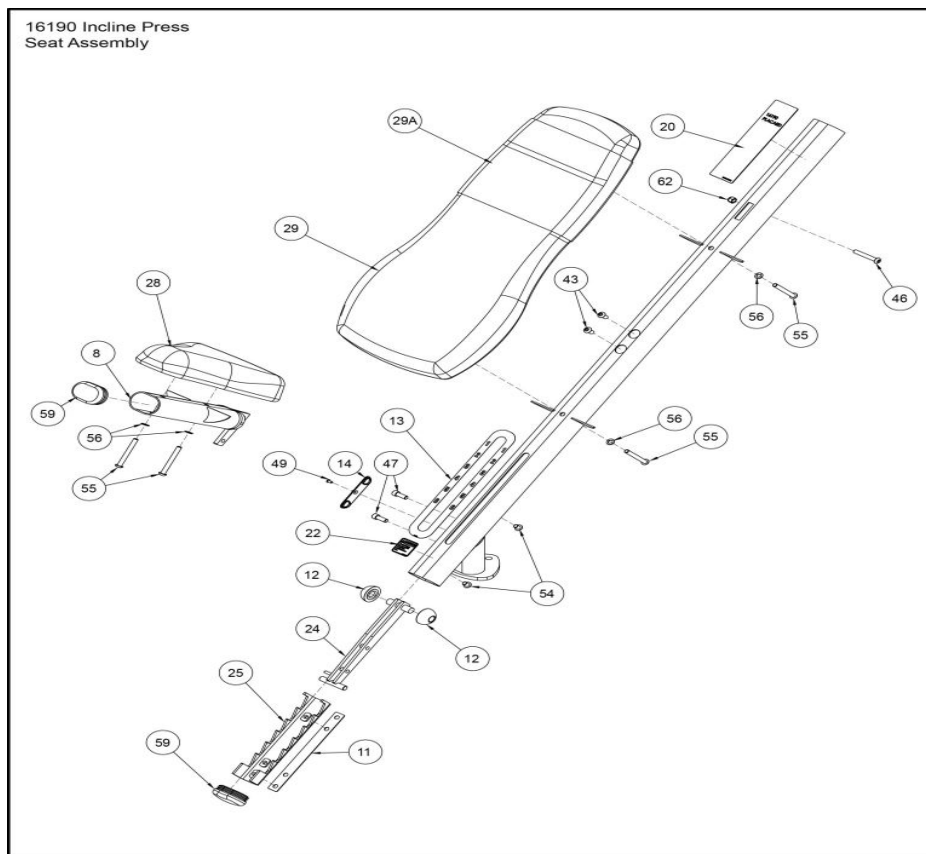
Ref #	Part Number	Qty	Description
44	HC700416	2	BHSCS .375-16 X .875
45	HC700417	4	BHSCS .375-16 X 1.00
48	HF449064	2	INSERT 1.12 X .250-20 UNC
50	HN704901	4	LOCKNUT .375-16 NYLON
53	JC620422	2	BHSCS .250-20 X 1.50
57	PN660200	2	INSERT PLASTIC 1.00 DIA-11 GA
58	PP130006	2	Insert Plastic End

16190 Main Frame Assembly



Ref #	Part Number	Qty	Description
2	11040-790	1	NLA: DECAL, MADE IN THE USA
4	16010-311	3	Pad Foot
5	16070-323	2	Pin Pivot
16	16190-200	1	W/Frame Custom
19	16190-203	1	W/ Cushion Tube Custom
21	3900-448	1	
21	3900-447	1	DECAL CYBEX 1.94 HOR BLACK
28	4800-168	1	CUSHION SA BIKE SEAT 12IN MOLDED Custom
29	4800-180	1	COVERED CUSHION SA BACK 32 MOLDED Custom
29A	4800-183	1	WEAR COVER SA 32in MOLDED Custom
33	DE000001	2	Decal Warning Custom
43	HC700415	2	BHSCS .375-16 X .75
46	HC700430	1	BHSCS .375-16 X 2.50
50	HN704901	2	LOCKNUT .375-16 NYLON
51	HS477101	2	WASHER SPRING 1.201X1.543X.105 T
52	HY740000	2	SET SCREW
55	JC700434	2	BHSCS .375-16 X 3.00
56	JS347400	2	LOCKWASHER INT TOOTH .375
59	PP130007	1	Insert Plastic
60	CM000248	1	DECAL, CAPACITY
61	DE-60260	2	PLUG, HOLE
62	HN704902	1	LOCKNUT NYLON .375-16

16190 Seat Assembly



Ref #	Part Number	Qty	Description
8	16080-210	1	W/SEAT Custom
11	16080-365	1	SPACER
12	16080-366	2	ROLLER
13	16080-371	1	DECAL, ADJUSTABLE SEAT
14	16080-373	1	HOLE CAP
20	16190-598	1	Placard Incline Press Custom
22	DE000019	1	Decal Caution Custom
24	4520-212	1	W SEAT ROLLER
25	4520-213	1	W BRACKET
28	4800-168	1	CUSHION SA BIKE SEAT 12IN MOLDED Custom
29A	4800-183	1	WEAR COVER SA 32in MOLDED Custom
29	4800-180	1	COVERED CUSHION SA BACK 32 MOLDED Custom
43	HC700415	2	BHSCS .375-16 X .75
46	HC700430	1	BHSCS .375-16 X 2.50
47	HC702817	2	SHCS .375-16 X 1.00
49	HM580410	1	BHSCS .190-10-32 X .375
54	JC700412	2	BHSCS .375-16 X .50
55	JC700434	4	BHSCS .375-16 X 3.00
56	JS347400	4	LOCKWASHER INT TOOTH .375
59	PP130007	2	Insert Plastic
62	HN704902	1	LOCKNUT NYLON .375-16

