

Hack Squat
16200-10

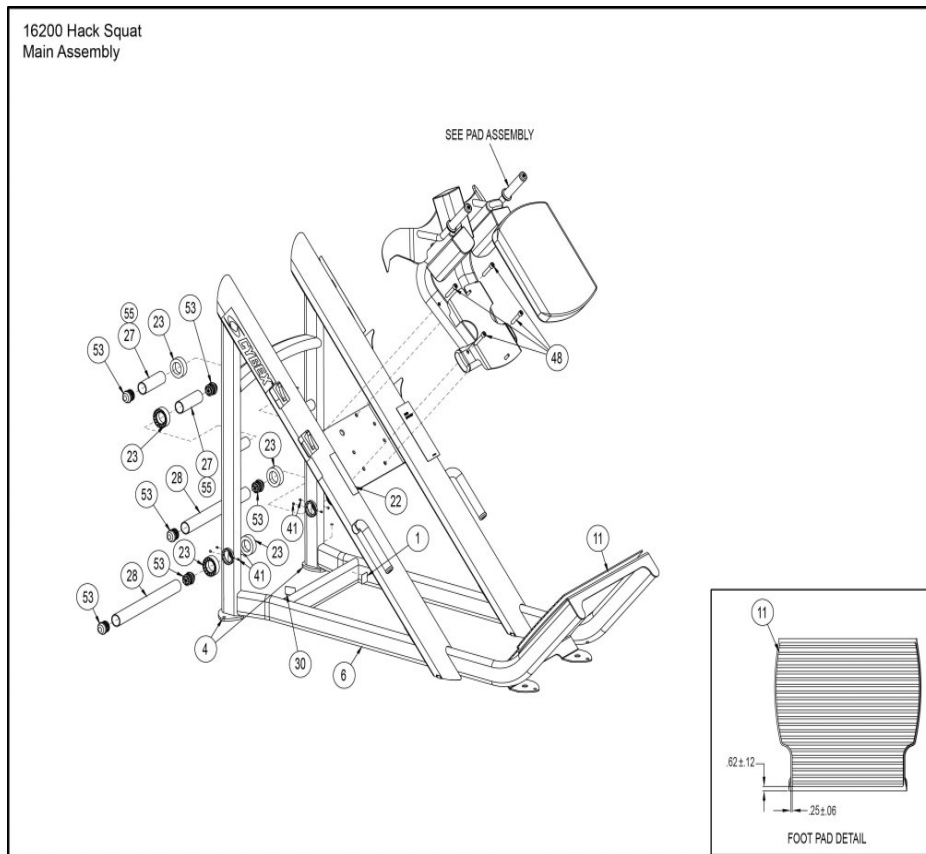
Parts Manual

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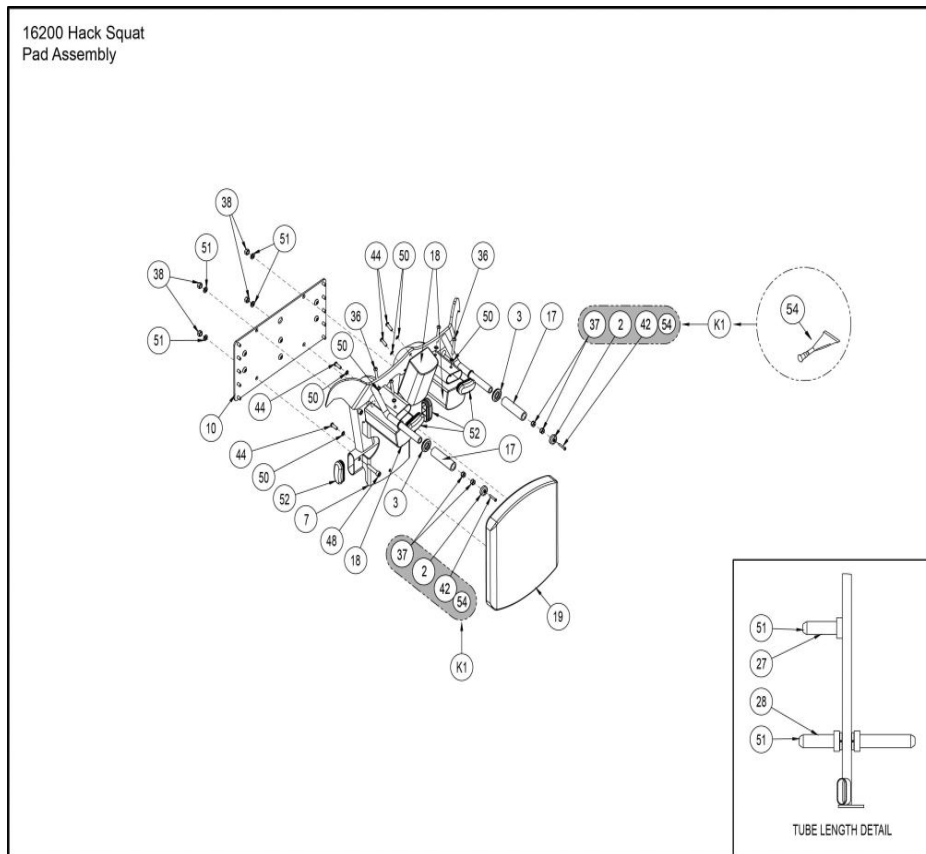
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16200 Main Assembly



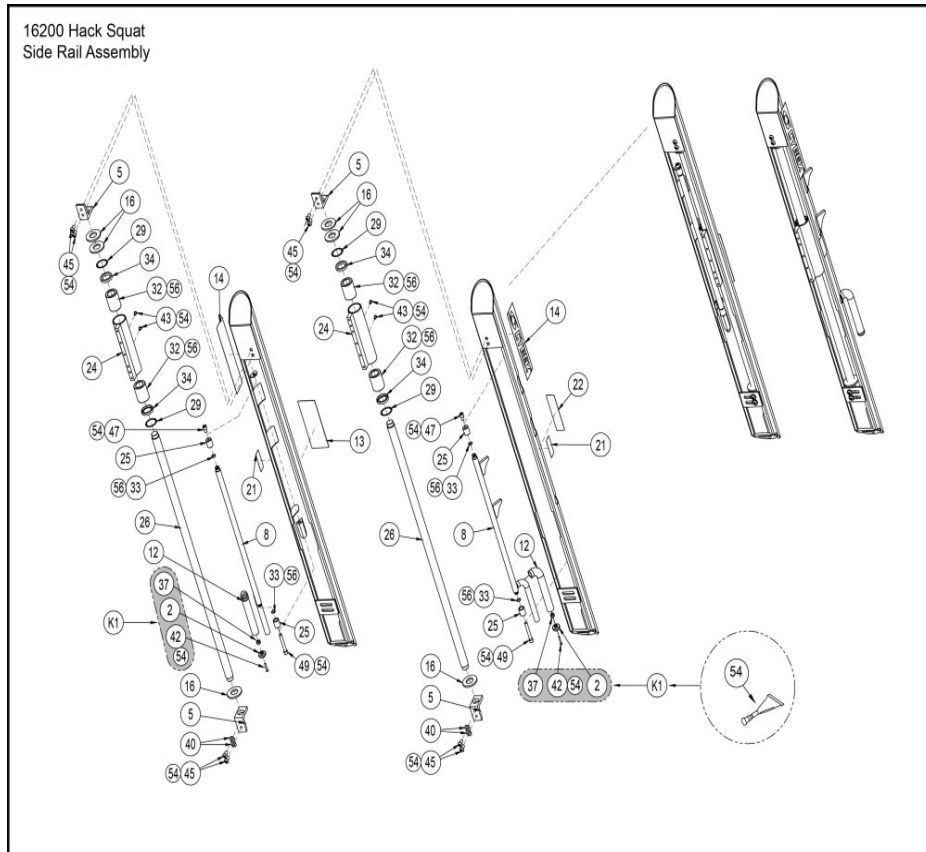
Ref #	Part Number	Qty	Description
1	11040-790	1	NLA: DECAL, MADE IN THE USA
4	16010-311	2	Pad Foot
6	16200-200	1	W/FRAME Custom
11	16200-339	2	NON-SLIP
22	DE000001	1	Decal Warning Custom
23	5220-367	5	SPACER PLASTIC
27	5330P012	2	P WEIGHT TUBE 5.00
28	5330P029	2	P WEIGHT 19.00
30	CM000248	1	DECAL, CAPACITY
41	HY622910	4	SET SC .250-20 X .375
48	JC782830	4	SHCS .500-13 X 2.50
53	PP130006	6	Insert Plastic End

16200 Pad Assembly



Ref #	Part Number	Qty	Description
K1	11090K006	2	KIT HANDLE TRIM RING
2	11090-374	2	END CAP
3	11090-376	2	RING HANDLE GRIP
7	16200-201	1	W/ FRAME HANDLE Custom
10	16200-329	1	PLATE, SLED
17	4605-501	2	GRAB GRIP 5.00
18	4800-071	3	COVERED CUSHION Custom
19	4800-440	1	CUSHION S/A 16 X 19 Custom
27	5330P012	1	P WEIGHT TUBE 5.00
28	5330P029	1	P WEIGHT 19.00
36	HC700430	2	BHSCS .375-16 X 2.50
37	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
38	HN784000	4	HEX NUT .500-13
42	JC620422	2	BHSCS .250-20 X 1.50
44	JC700420	4	BHSCS .375-16 X 1.25
48	JC782830	1	SHCS .500-13 X 2.50
50	JS347400	6	LOCKWASHER INT TOOTH .375
51	JS388300	6	LOCKWASHER SPLIT .500
52	PP130004	4	Insert Domed Plastic

16200 Side Rail Assembly

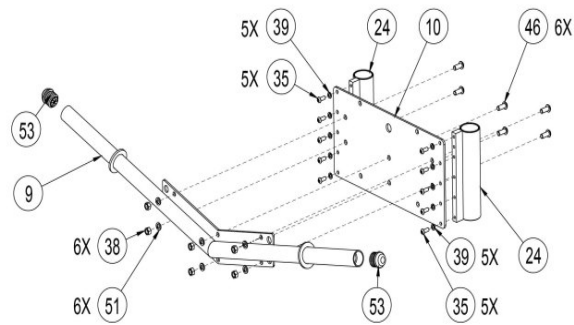


Ref #	Part Number	Qty	Description
K1	11090K006	2	KIT HANDLE TRIM RING
2	11090-374	2	END CAP
5	16110-351	4	SHAFT MOUNT
8	16200-202	2	W/ STOP HANDLE Custom
12	16200-344	2	GRIP, ANGLED
13	16200-598	1	Placard Hack Squat Custom
14	3900-447	2	DECAL CYBEX 1.94 HOR BLACK
14	3900-448	2	
16	4540-321	9	BUMPER HANDLE
21	5220-337	2	DECAL WARNING LOAD AND UNLOAD Custom
22	DE000001	2	Decal Warning Custom
24	5320-204	1	C BEARING SLEEVE
25	5320-332	2	P STOP ROD COLLET
26	5330-328	4	SHAFT 1.50 X 52.25
29	BR030203	2	RETAIN RING LINEAR BRG 1.50
32	FB110200	4	BRG LINEAR 1.5
33	FS100006	4	O-RING .612IDX.103W
34	FS110200	4	SEAL LINEAR BRG 1.50
37	HF449063	2	INSERT 3-4X1-4-20 CONNECTOR
40	HS387700	4	WASHER SAE .500
42	JC620422	2	BHSCS .250-20 X 1.50
43	JC660412	4	BHSCS .312-18 X .50

Ref #	Part Number	Qty	Description
45	JC780417	7	BHSCS .500-13 X 1.00
47	JC782815	2	SHCS .500-13 X .75
49	JC782838	2	SHCS .500-13 X 3.50

16200 Weight Bar Assembly

16200 Hack Squat
Weight Bar Assembly



Ref #	Part Number	Qty	Description
9	16200-204	1	PLATED WEIGHT BAR
10	16200-329	1	PLATE, SLED
24	5320-204	2	C BEARING SLEEVE
35	HC700417	10	BHSCS .375-16 X 1.00
38	HN784000	6	HEX NUT .500-13
39	HS348300	10	LOCKWASHER SPLIT .375
46	JC780420	6	BHSCS .500-13 X 1.25
51	JS388300	6	LOCKWASHER SPLIT .500
53	PP130006	2	Insert Plastic End

