

GLUTE HAM

19300-01

Parts Manual

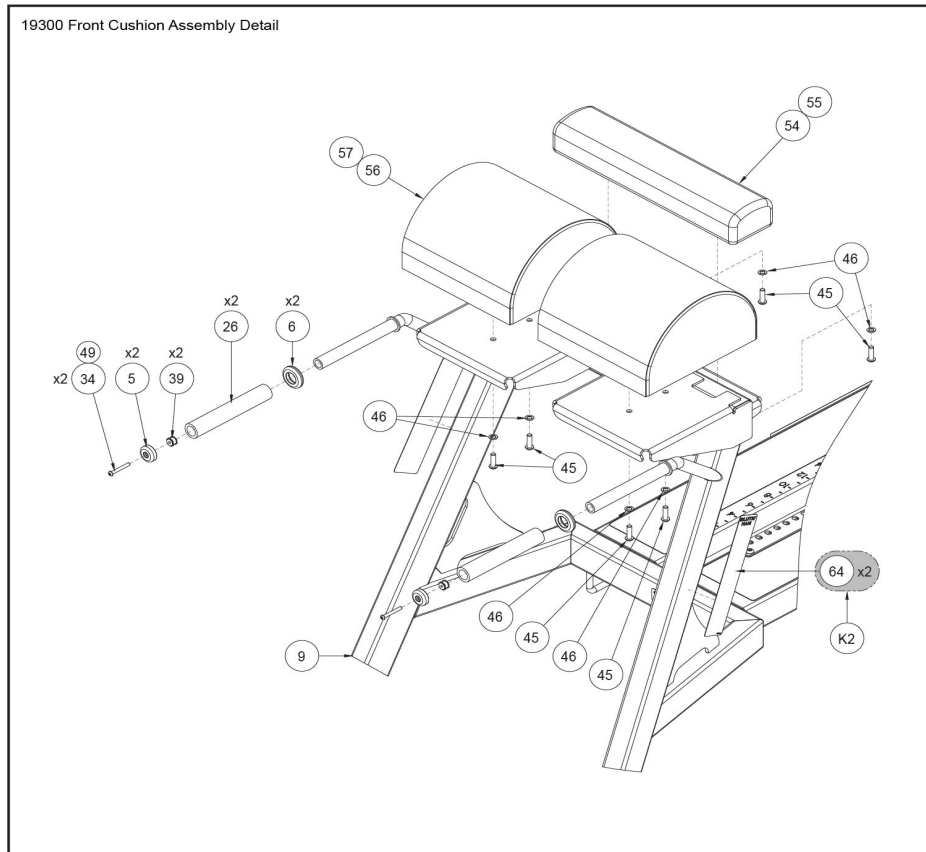
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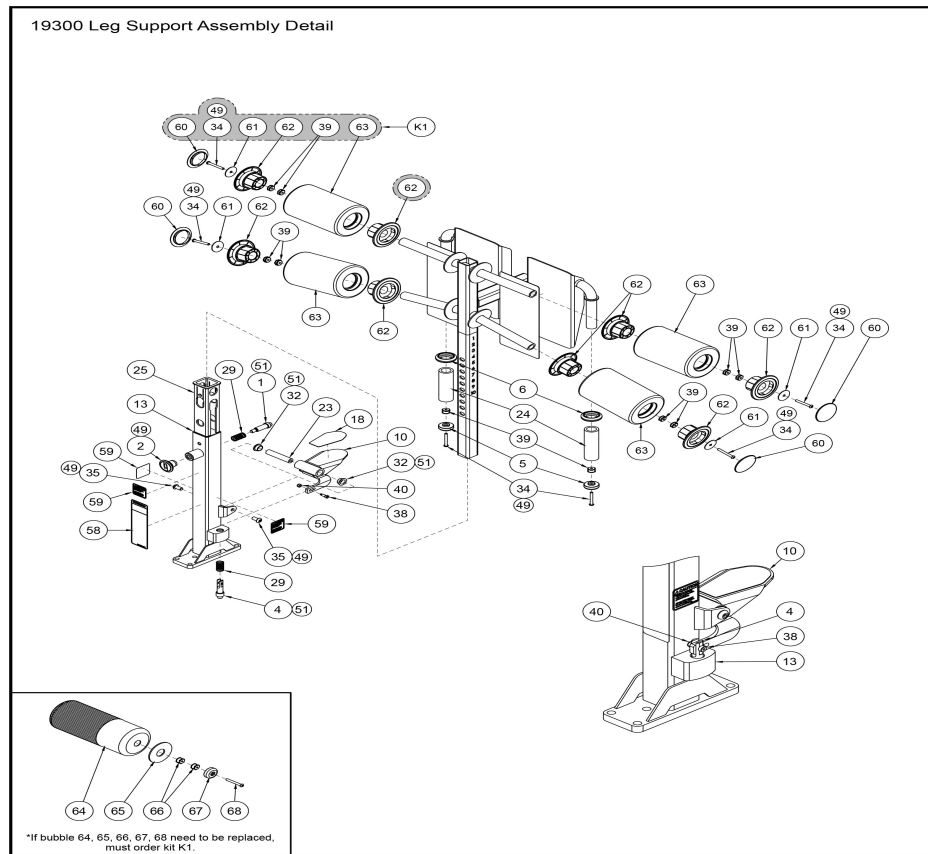
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19300 Front Cushion Assembly Detail



Ref #	Part Number	Qty	Description
K2	1010966-0001	1	KIT: SERVICE, GLUTE PLACARD
5	11090-374	4	END CAP
6	11090-376	2	RING HANDLE GRIP
9	19300-200	1	W/ MAIN FRAME Custom
26	4605-521	2	GRAB GRIP 8.25
34	HC620431	8	BHSCS .250-20 X 2.00
39	HF449063	6	INSERT 3-4X1-4-20 CONNECTOR
45	JC700420	6	BHSCS .375-16 X 1.25
49	YA000201	1	ADH THRD LKR REM .02 OZ 242
54	4800-006	1	COVERED CUSHION SA CONTOUR 20 Custom
55	4800-093	1	WEAR COVER SA 4.5 X 20 Custom
56	4800-450	1	COVERED CUSHION SA, CONTOUR 11 Custom
57	4800-453	1	WEAR COVER CONTOUR 11 X 12 Custom
64	1010880-0001	2	PLACARD: FREE WEIGHT, GLUTE HAM, CYBEX

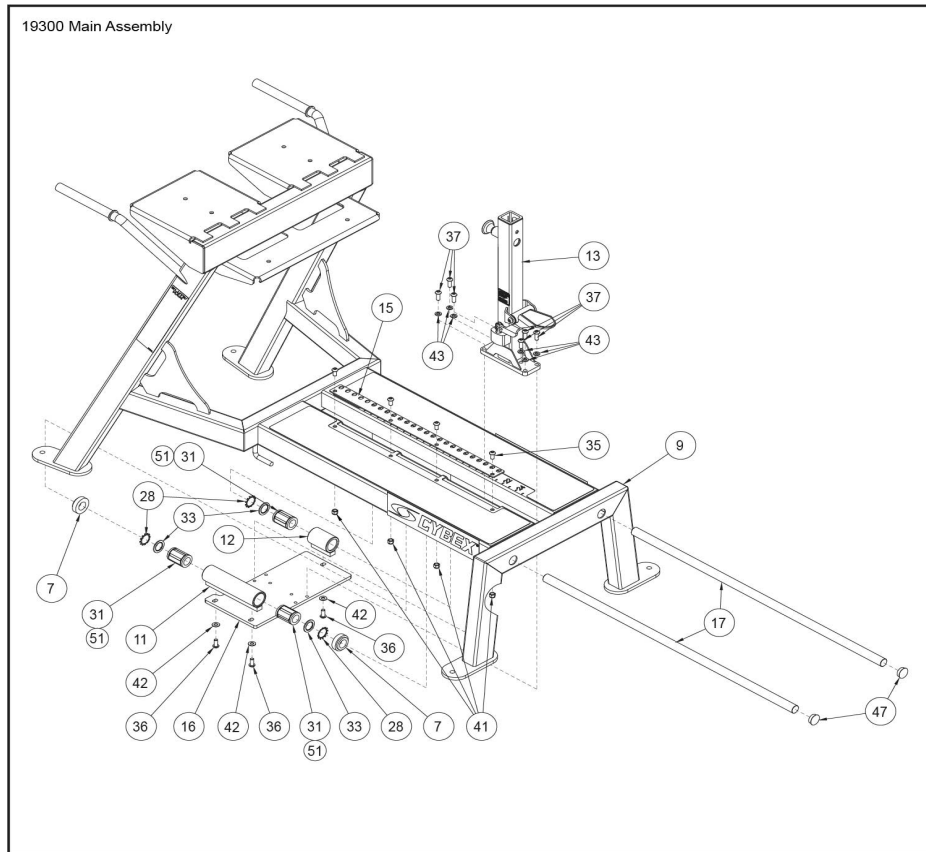
19300 Leg Support Assembly Detail



Ref #	Part Number	Qty	Description
K1	13265K020	1	KIT, CUSHION REPLACEMENT Custom
1	08229	1	P PIN DETENT
2	11040-440	1	KNOB
4	11090-314	1	PIN DETENT
5	11090-374	4	END CAP
6	11090-376	2	RING HANDLE GRIP
10	19300-203	1	W/ DETENT FOOT PLATE
13	19300-206	1	W/ OUTER ADJUSTING TUBE
14	19300-208	1	W/ LEG SUPPORT
18	19300-364	1	NON-SLIP, FOOT PLATE
20	19300-367	2	NON-SLIP
23	4535-328	4	PIN PIVOT-SHORT
24	4605-510	1	GRAB GRIP 4.75
25	4605-512	2	INSERT PLASTIC 7.94
29	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
32	FB130205	2	BRG FLG .62 X .75 .38 LG
34	HC620431	2	BHSCS .250-20 X 2.00
35	HC700415	8	BHSCS .375-16 X .75
38	HD303312	2	S BOLT .250 X .500 .190-10-24
39	HF449063	1	INSERT 3-4X1-4-20 CONNECTOR
40	HN575100	6	LOCKNUT .190-NO 10-24
48	PP090211	1	INSERT PL 1.50 SQ X 10-14 GA

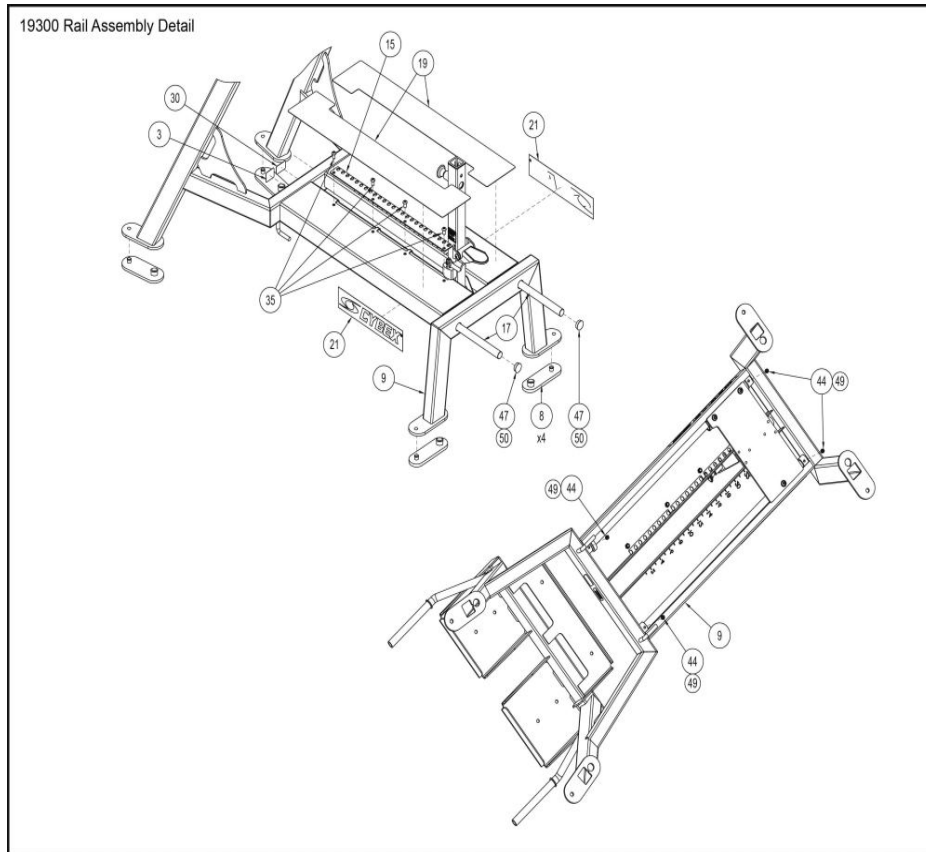
Ref #	Part Number	Qty	Description
49	YA000201	2	ADH THRD LKR REM .02 OZ 242
51	YG000002	1	NLA: Please use Lithium Grease
58	DE000015	1	Decal Warning
59	8500-025	1	DECAL CAUTION Custom
60	7308702	1	CAP, BEARING HOUSING
61	HS307608	3	WASHER .281 ID 1.50 OD .050
62	13265-386	1	
63	4800-333	1	CUSHION SA 4.5 DIA X 7 Custom

19300 Main Assembly



Ref #	Part Number	Qty	Description
7	16120-318	2	Bushing
9	19300-200	1	W/ MAIN FRAME Custom
11	19300-204	1	C/ BEARING HOUSING
12	19300-205	1	C/ BEARING HOUSING
13	19300-206	1	W/ OUTER ADJUSTING TUBE
15	19300-329	1	PLATE, DETENT
16	19300-348	1	PLATE
17	19300-350	2	SHAFT
28	BR030204	3	RETAIN RING LINEAR BRG 1.00
31	FB110201	3	BRG LINEAR 1.0
33	FS110201	3	SEAL LINEAR BRG 1.00
35	HC700415	2	BHSCS .375-16 X .75
36	HC700416	3	BHSCS .375-16 X .875
37	HC700417	6	BHSCS .375-16 X 1.00
41	HN704901	4	LOCKNUT .375-16 NYLON
42	HS347600	3	WASHER SAE .375
43	HS348300	6	LOCKWASHER SPLIT .375
47	PP080202	1	INSERT PLASTIC 1.19 DIA-11 GA
51	YG000002	1	NLA: Please use Lithium Grease

19300 Rail Assembly Detail



Ref #	Part Number	Qty	Description
3	11040-790	1	NLA: DECAL, MADE IN THE USA
8	17000-320	4	Foot Pad
9	19300-200	1	W/ MAIN FRAME Custom
15	19300-329	1	PLATE, DETENT
17	19300-350	2	SHAFT
19	19300-365	2	NON-SLIP, RAIL
21	3900-448	1	
21	3900-447	1	DECAL CYBEX 1.94 HOR BLACK
30	CM000244	1	DECAL, CAPACITY
35	HC700415	2	BHSCS .375-16 X .75
44	HY702912	4	Set Screw .375-16 x .50
47	PP080202	1	INSERT PLASTIC 1.19 DIA-11 GA
49	YA000201	1	ADH THRD LKR REM .02 OZ 242
50	YA000222	1	ADH BNDG CYANOACRYLATE

