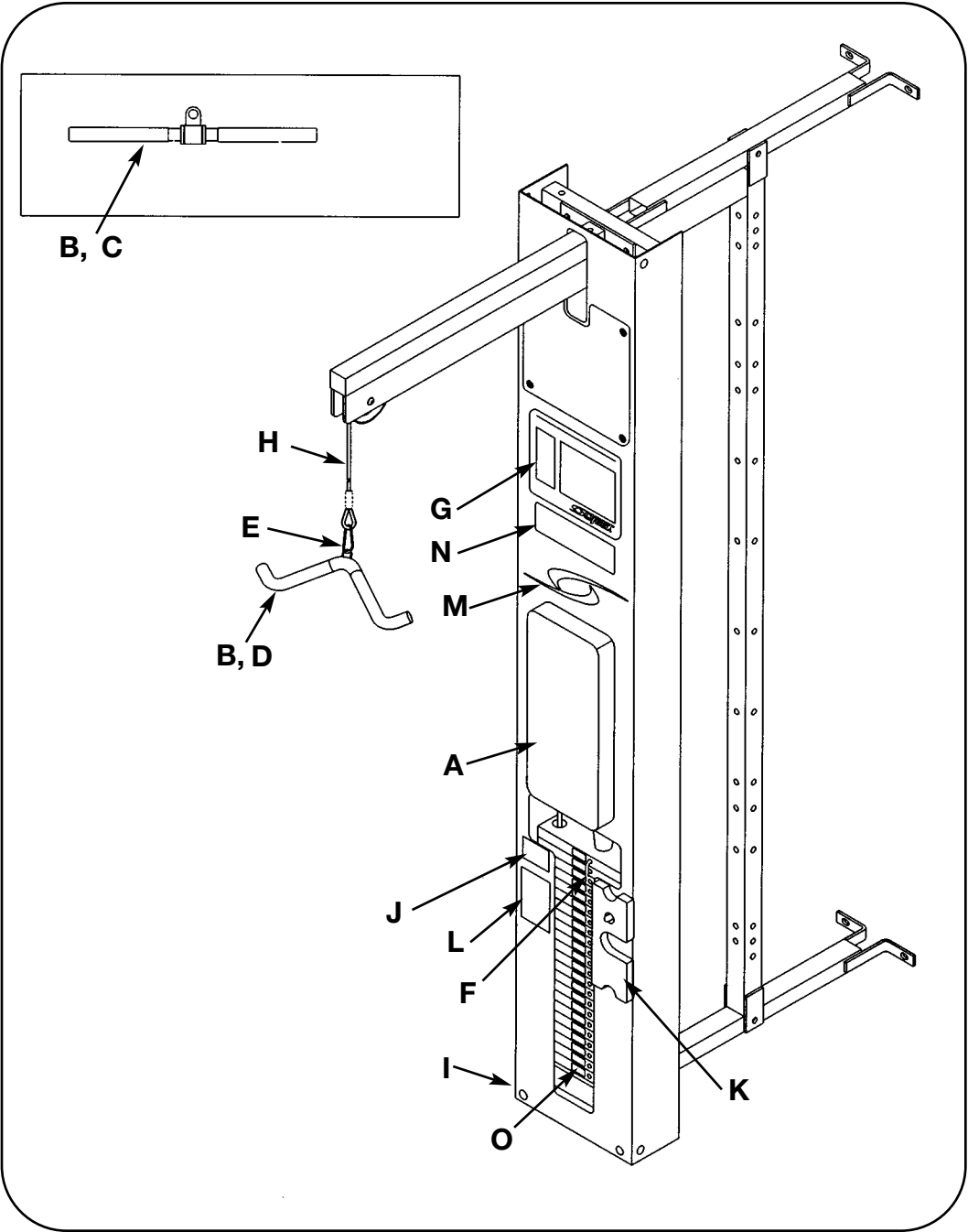


MODULAR TRICEP PRESSDOWN

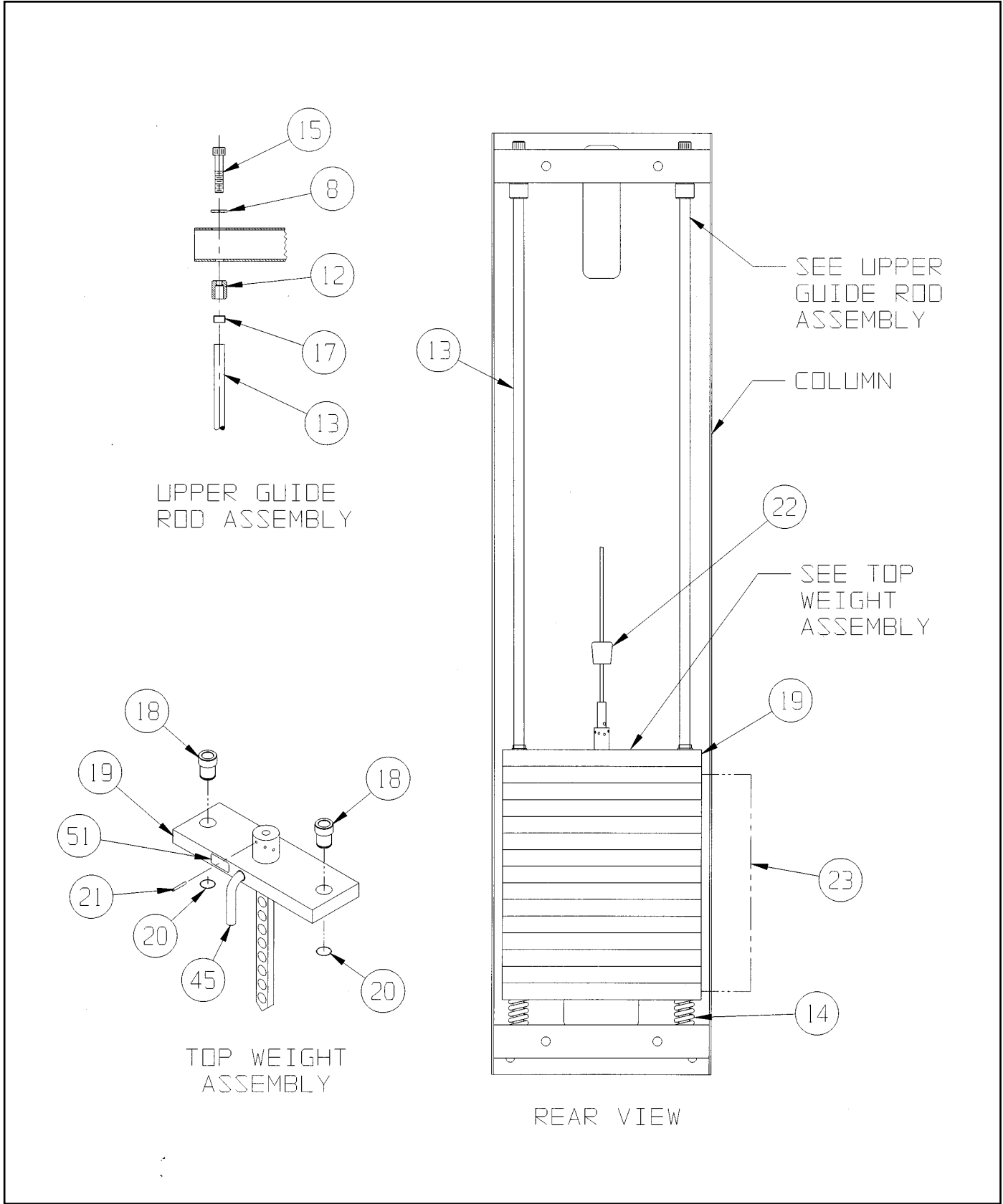
5603

ASSEMBLY & PARTS



| DESCRIPTION                  | PART NO.   | DESCRIPTION                   | PART NO. |
|------------------------------|------------|-------------------------------|----------|
| A. Back Cushion .....        | 4106S055-0 | I. Serial Number Decal        |          |
| B. Foam Grip.....            | 4055M028   | J. Caution Decal .....        | 4000Y316 |
| C. Straight Handle.....      | 02203      | K. Half Weight .....          | 4301C096 |
| D. Cambered Handle .....     | 51013      | L. Warning Decal.....         | 02521    |
| E. Snap Link.....            | GQ000206   | M. Vortex Decal.....          | 3900-426 |
| F. Weight Selector Pin ..... | 5310P044   | N. General Warning Decal..... | 4800-381 |
| G. Placard Decal.....        | 01114      | O. Weight Plate Decal .....   | 4800-515 |
| H. Cable Subassembly.....    | 01113      |                               |          |

Upholstery Hardware Pack....5460S014



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Defining Fitness

5603 - Tricep Pressdown

| ITEM | QTY | PART NO. | DESCRIPTION                         |
|------|-----|----------|-------------------------------------|
| 1    | 1   | 01109    | Pulley Mount                        |
| 2    | 2   | GP000000 | Pulley Assembly                     |
| 3    | 4   | GP000004 | Pulley Spacer                       |
| 4    | 2   | GP000203 | Pulley Center                       |
| 5    | 1   | HN784000 | Hex Nut .500-13                     |
| 6    | 4   | HC700414 | BHSC .375-16 x .625                 |
| 7    | 1   | JC782838 | SHCS .50-13 x 3.50                  |
| 8    | 3   | JS388300 | Split Lockwasher .50                |
| 9    | 1   | 01720    | Plastic Insert                      |
| 10   | 1   | 01055    | Scuff Plate                         |
| 11   | 4   | 01066    | Plastic Fastener                    |
| 12   | 2   | 01755    | Guide Rod Collet                    |
| 13   | 2   | 5310M035 | Weight Stack Guide Rod              |
| 14   | 2   | BS110200 | Spring .70 ID x 1.22<br>OD X 2.07 L |
| 15   | 2   | JC782830 | SHCS .50-13 x 2.50                  |
| 16   | 6   | PN660201 | Hole Plug                           |
| 17   | 2   | PP080204 | Plastic Cap<br>.625 ID x .68 OD     |
| • 18 | 2   | 4700-019 | Flange Bearing                      |
| 19   | 1   | 4700-016 | Top Weight Assembly                 |
| 20   | 2   | BR030206 | Retaining Ring                      |
| 21   | 1   | HP286819 | Spiral Pin                          |
| 22   | 1   | 4700M005 | Rubber Cap                          |
| 23   | 14  | 4700C089 | Stack Weight 3 x 12                 |
| 24   | 2   | HS347600 | Washer .375                         |
| 25   | 2   | JC700420 | BHSCS .375-16 x 1.25                |
| • 26 | 1   | 02192    | Stabilizer                          |
| • 27 | 2   | HN784000 | Hex Nut .50-13                      |
| • 28 | 2   | JC780420 | BHSCS .50-13 x 1.25                 |
| • 29 | 4   | JS388300 | Split Lockwasher .50                |
| • 30 | 2   | PP660006 | Hole Plug                           |
| 31   | 1   | 02106    | Half Weight Peg                     |
| 32   | 1   | HS308300 | Split Lockwasher .25                |
| 33   | 1   | JC620415 | BHSCS .25-20 x .75                  |
| 34   |     |          | Removed                             |
| 35   | 2   | JC782815 | SHCS .50-13 X .75                   |
| • 36 | 1   | 02231    | Bar Support                         |

| ITEM | QTY | PART NO.   | DESCRIPTION                 |
|------|-----|------------|-----------------------------|
| • 37 | 2   | PP080202   | Hole Plug                   |
| 38   | 1   | 4106S055-0 | Back Cushion                |
| 39   | 1   | 01114      | Placard Decal               |
| 40   | 1   | 4000Y316   | Caution Decal               |
| 41   | 1   | 02521      | Warning Decal               |
| 42   | 1   | 3900-426   | Vortex Decal                |
| 43   | 1   | 4800-381   | General Warning Decal       |
| 44   | 1   | 01113      | Cable Subassembly           |
| 45   | 1   | 5310P044   | Weight Selector Pin         |
| 46   | 1   | 4301C096   | Half Weight                 |
| 47   | 1   | 02224      | Modular Screen (not shown)  |
| 48   | 1   | 02203      | Straight Handle (not shown) |
| 49   | 1   | 51013      | Cambered Handle             |
| 50   | 2   | GQ000206   | Snap Link                   |
| 51   | 1   | 4800-515   | Weight Plate Decal          |
| 52   | 4   | 4055M028   | Foam Grip                   |

- See Assembly Note #3.
- FOR UNITS MANUFACTURED PRIOR TO JUNE 1993, CALL 1-888-462-9239.

Assembly Notes

1. Keep all shipping packages near area of installation. Standard items include:
- Tricep Pressdown Assembly - 5603-98
  - Tricep Pressdown Package - 5603-50
  - Tricep Pressdown Cushion Box Assembly - 5603-00
  - Top Weight Package - 4700-016 (black)
  - Weight Pack 1 - 4700S110 (black)
- NOTE:** x denotes specific color

2. Follow the assembly guidelines listed on either the 5600 Modular Center Post Assembly & Parts instruction sheet or the 5629 Tandem Center Post Assembly & Parts instruction sheet.

3. Items 26 - 30 are required when using the Tricep Pressdown station in a tandem configuration. Follow assembly guidelines listed on the 5629 Tandem Center Post Assembly & Parts instruction sheet.

**NOTE:** This machine shipped with an Owner's Manual. Additional copies can be obtained by contacting your dealer or a Cybex Representative at 1-888-462-9239.

