

# 95X Cross-Trainer Base - Heart Rate - White

95X-ALLXX-06W

## Parts Manual

1/5/2019 11:32:04 AM

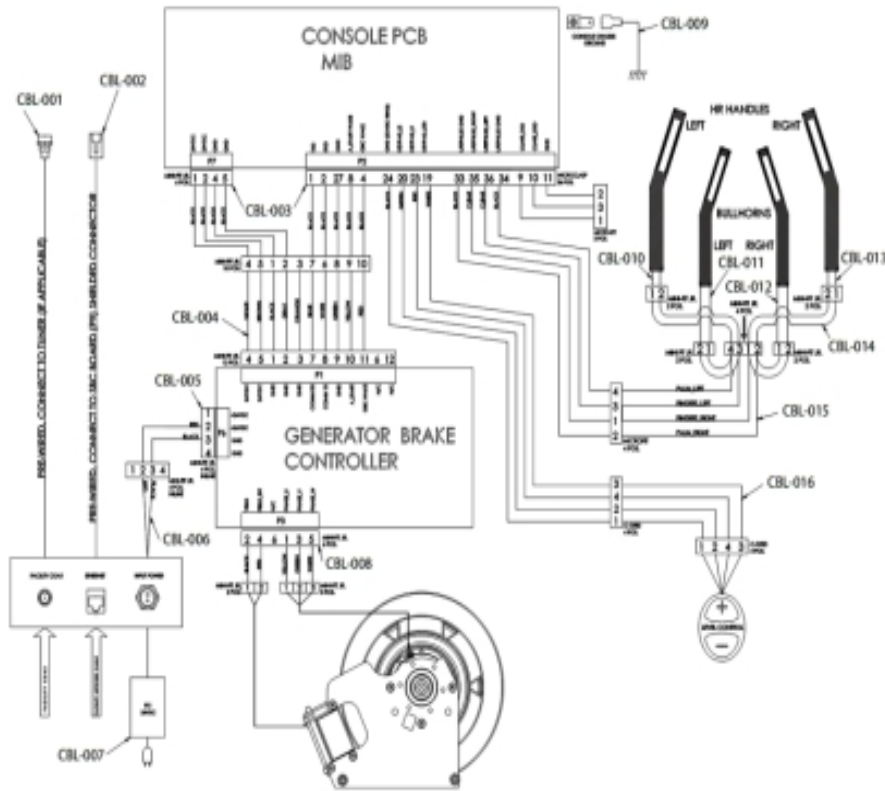


**Table of Contents**

---

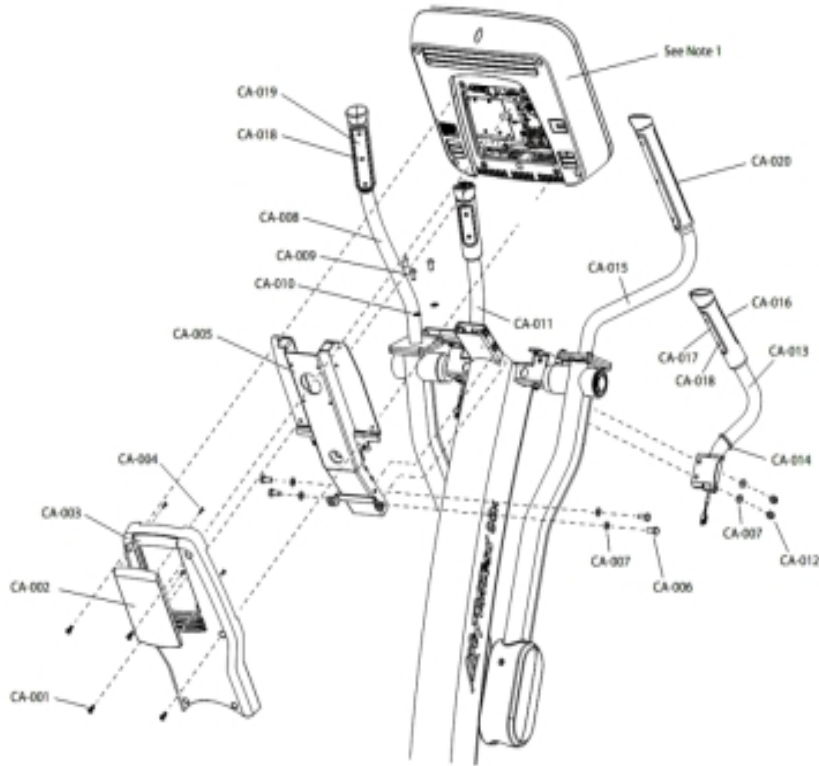
<a href="#">Base Frame Electronics - Cables.....</a>	<a href="#">3</a>
<a href="#">Console Assembly, Bullhorns, Handlebars, Bracket and Covers.....</a>	<a href="#">4</a>
<a href="#">Cover and Rocking Links.....</a>	<a href="#">5</a>
<a href="#">Deadshaft, Tower and Frame Covers.....</a>	<a href="#">6</a>
<a href="#">Drive System - Upper Tower Components.....</a>	<a href="#">7</a>
<a href="#">Frame System - Collar Covers and Dead Shaft End Caps.....</a>	<a href="#">8</a>
<a href="#">Frame System - Rocker Arms and Front Clevis Covers.....</a>	<a href="#">9</a>
<a href="#">Linkage System - Pedal Levers.....</a>	<a href="#">10</a>
<a href="#">Miscellaneous Part Numbers.....</a>	<a href="#">11</a>
<a href="#">Mono-Column and Stabilizer Assemblies.....</a>	<a href="#">12</a>
<a href="#">Timing System - Left Rocker Assembly Component.....</a>	<a href="#">13</a>
<a href="#">Timing System - Right Rocker Assembly Component.....</a>	<a href="#">14</a>

## Base Frame Electronics - Cables



Ref #	Part Number	Qty	Description
CBL-001	AK65-00062-0000	1	Cable: Coax RG6 Base
CBL-002	AK70-00092-0000	1	CABLE ASSY: CAT5E, V2, 84 INCH
CBL-003	AK92-00048-0001	1	CABLE ASSY, EXTENSION TO CONSOLE(CROSSTRAINER)
CBL-004	AK92-00033-0000	1	PCB TO CONSOLE CABLE
CBL-005	AK92-00062-0000	1	EXTERNAL POWER WITH GROUND EXTENSION CABLE ASSEMBLY
CBL-006	AK92-00067-0000	1	CABLE ASSEMBLY: EXTERNAL POWER; CT
CBL-008	AK69-00104-0000	1	Generator/Brake to GBC Cable
CBL-009	AK65-00103-0002	1	CBL ASSY: GROUND, ESD
CBL-012	AK61-00051-0002	2	Cable Assembly: User Arm
CBL-013	AK61-00051-0000	2	Bullhorn HR cables
CBL-014	AK69-00110-0000	1	LifePulse Flex Cable
CBL-015	AK69-00109-0000	1	LifePulse Y Cable
CBL-016	AK69-00108-0000	1	Keypad Cable

## Console Assembly, Bullhorns, Handlebars, Bracket and Covers



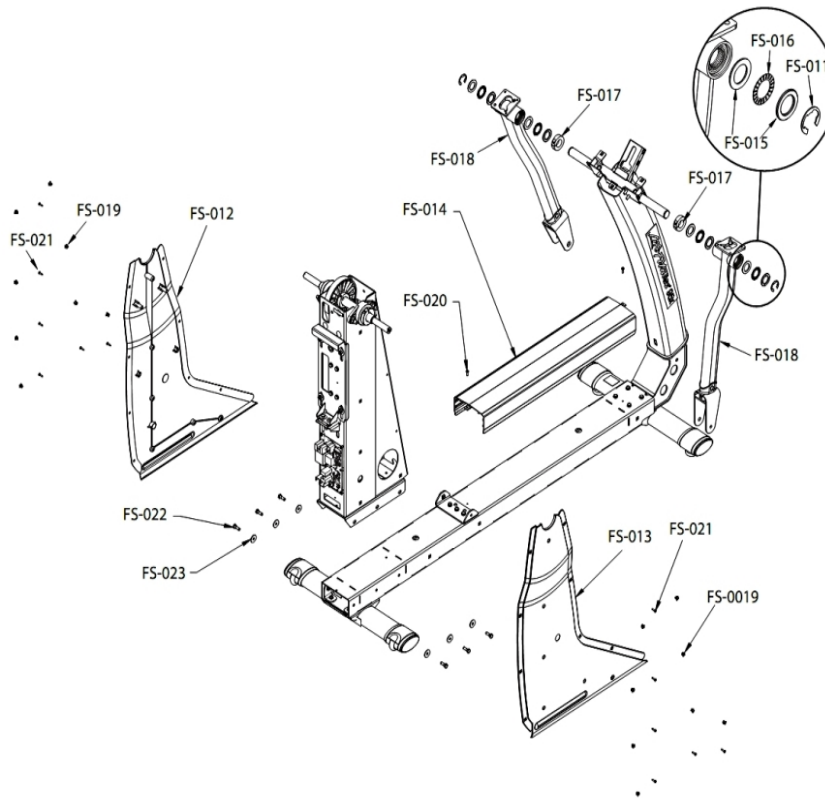
Ref #	Part Number	Qty	Description
CA-001	0017-00101-1972	4	Hardware: Screw 14MM
CA-002	AK92-00058-0000	1	ASSEMBLY: COVER; REMOVABLE DOOR; APOLLO 2
CA-003	0K69-01122-0000	1	Back Console Cover
CA-004	0017-00101-1650	4	Hardware: Phillips Pan Screw 0.375"
CA-005	AK69-00081-0000	1	Console Support Bracket
CA-006	0017-00101-1906	4	Hardware: Hex Screw 20 MM
CA-007, CA-010	0017-00104-0469	10	Hardware: Flat Washer 16MM OD
CA-008	AK69-00085-0000	1	Left Handle Bar Assembly
CA-009	0017-00101-2007	6	Hardware: Mounting Bolt 16MM
CA-011	AK69-00062-0000	1	Left Bullhorn Assembly
CA-012	0017-00103-0333	4	Hardware: Hex Nut
CA-013	AK69-00068-0000	1	Right Bullhorn Assembly
CA-014	0K62-01199-0002	4	Gasket: Bullhorn
CA-015	AK69-00087-0000	1	Right Handle Bar Assembly
CA-016	AK69-00139-0003	1	Top Heart Rate Sensor
CA-017	AK69-00140-0003	1	Bottom Heart Rate Sensor
CA-018	0017-00101-2054	6	Hardware: Screw 1"
CA-020	AK69-00102-0000	1	Bottom Heart Rate Sensor
CA-021	AK69-00101-0000	1	Top Heart Rate Sensor

## Cover and Rocking Links



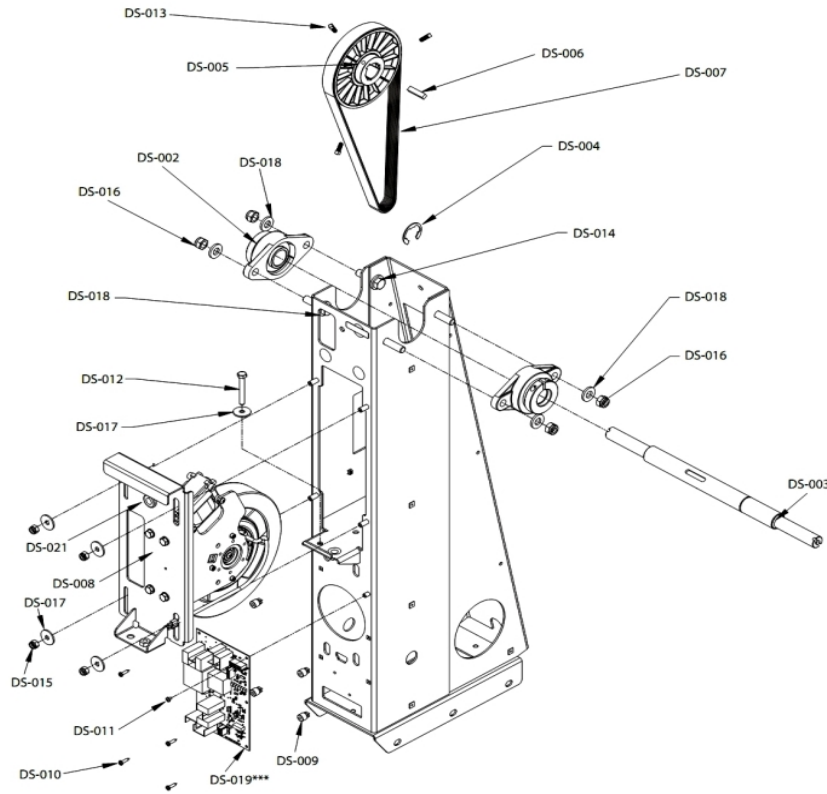
Ref #	Part Number	Qty	Description
LS-022	0K69-01119-0000	2	Right and Left Rocking Link Cover
LS-024	AK69-00113-0000	1	Lower Left Rocking Link Assembly
LS-025	0K69-01178-0000	2	Rear Spacer
LS-026	0K69-01079-0000	2	Front Spacer
LS-027	0K69-01175-0001	2	Hardware: Keyed Washer
LS-028	AK69-00112-0000	1	Lower Right Rocking Link Assembly
LS-029	0017-00101-1796	10	Hardware: Mounting Screw 19 MM
LS-030	0017-00101-1940	2	Hardware: Screw 14MM
LS-031	0017-00101-1988	4	Hardware: Outside Crank Cover Mounting Screw 14MM
LS-032	0017-00101-2023	2	Hardware: Rear Rocking Link Screw 38MM
LS-033	0017-00101-2037	2	Hardware: SCR: M8 X 1.25 X 50 HEX
LS-034	0017-00101-1931	2	Hardware: Front Stabilizer Mtg Bolts 25MM
LS-035	0017-00104-0409	2	Hardware: Washer 1.125" OD
LS-036	0017-00101-1986	4	Hardware: Mounting Screw 16MM

## Deadshaft, Tower and Frame Covers



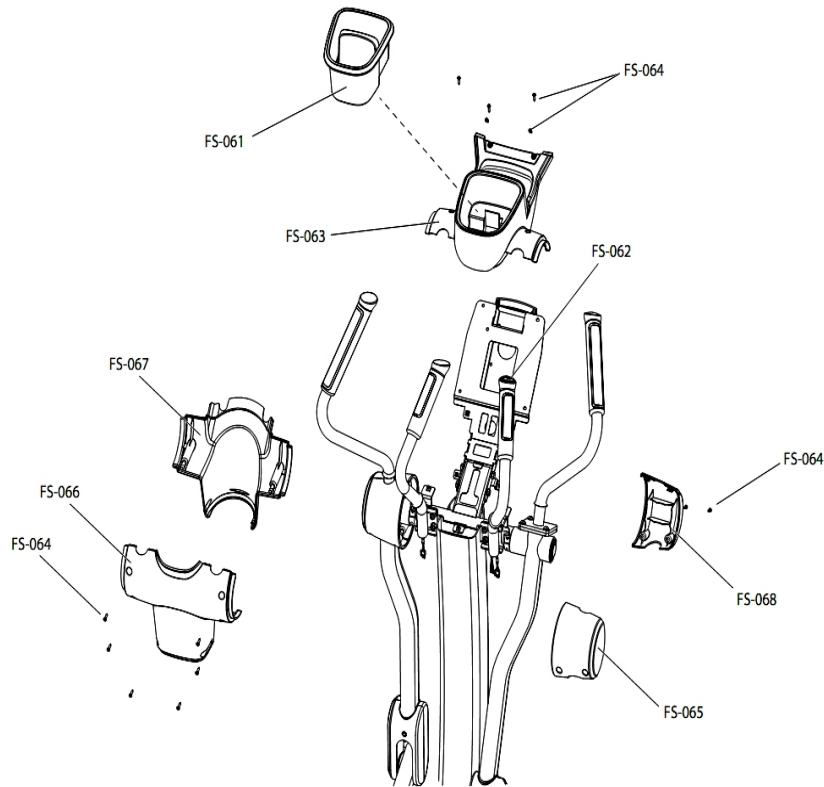
Ref #	Part Number	Qty	Description
FS-011	0017-00100-0148	2	E clip
FS-015	0K69-01074-0000	4	Hardware: Thrust Washer 47 MM OD
FS-016	0017-00006-0294	2	Thrust Bearing
FS-017	0K69-01018-0000	2	Shaft Collar
FS-018	AK69-00045-0000	2	Rocker Arm (Right or Left)
FS-019	0017-00042-1147	14	Hardware: Nylon Grommet
FS-020	0017-00101-1986	2	Hardware: Mounting Screw 16MM
FS-021	0017-00101-1796	14	Hardware: Mounting Screw 19 MM
FS-022	0017-00101-1931	3	Hardware: Front Stabilizer Mtg Bolts 25MM
FS-023	0017-00104-0409	3	Hardware: Washer 1.125" OD

## Drive System - Upper Tower Components



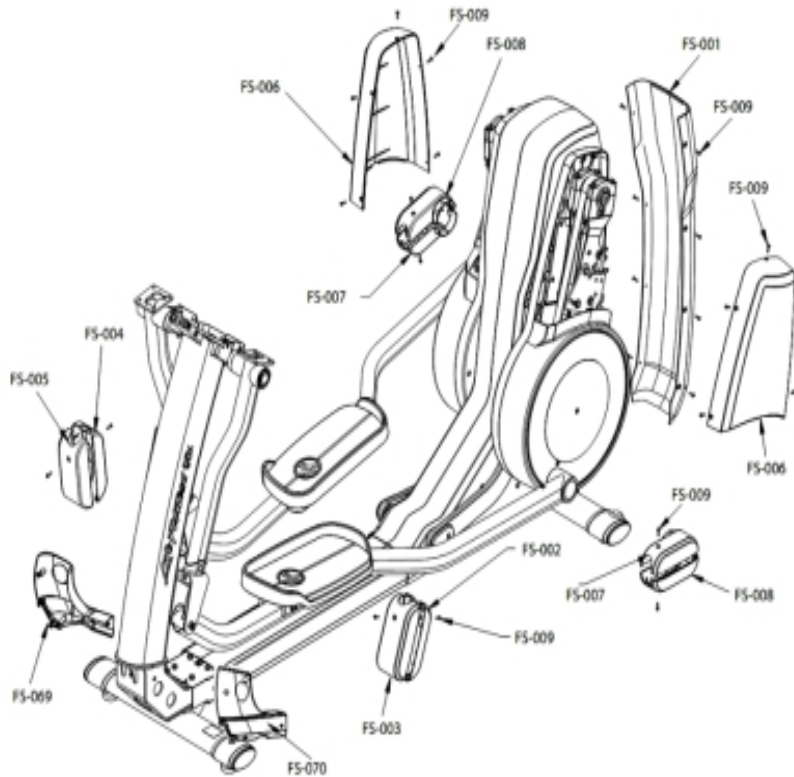
Ref #	Part Number	Qty	Description
DS-002	0K69-01250-0000	2	BRG: 360 DEGREE LOCKING FLANGE
DS-003	0K69-01030-0000	1	Drive Shaft
DS-004	0017-00100-0148	1	E clip
DS-005	0K69-01020-0000	1	Drive Pulley
DS-006	0K69-01021-0000	1	Hex Key: 8 X 7 X 34
DS-007	0K69-01256-0000	1	BELT: POLY-V; 360J10; 36.00 IN
DS-008	AK69-00075-0000	1	ASSY: GENERATOR, MTG
DS-009	0017-00042-1226	1	Hardware: Plastic Grommet
DS-010	0017-00101-1795	5	Hardware: Mounting Screw
DS-011	0017-00101-2107	1	SCR: M4 X 0.70-6G6G X 6 PHL PAN MS ST ZS
DS-012	0017-00101-2002	1	Hardware: Tension Bolt 60MM
DS-013	0017-00101-2015	3	Hardware: Pulley Set Screw 15 MM
DS-014	0017-00101-1867	4	Hardware: Mounting Bolt 45 MM
DS-015	0017-00103-0333	4	Hardware: Hex Nut
DS-016	0017-00103-0332	4	Hardware: Mounting Nut
DS-017	0017-00104-0409	1	Hardware: Washer 1.125" OD
DS-018	0017-00104-0193	4	Hardware: Washer 1.06" OD
DS-019	A084-92389-0001	1	PROGRAMMED PCB: B084-92389-0001
DS-021	0K62-01189-0000	7	Elastomer Split Grommet

## Frame System - Collar Covers and Dead Shaft End Caps



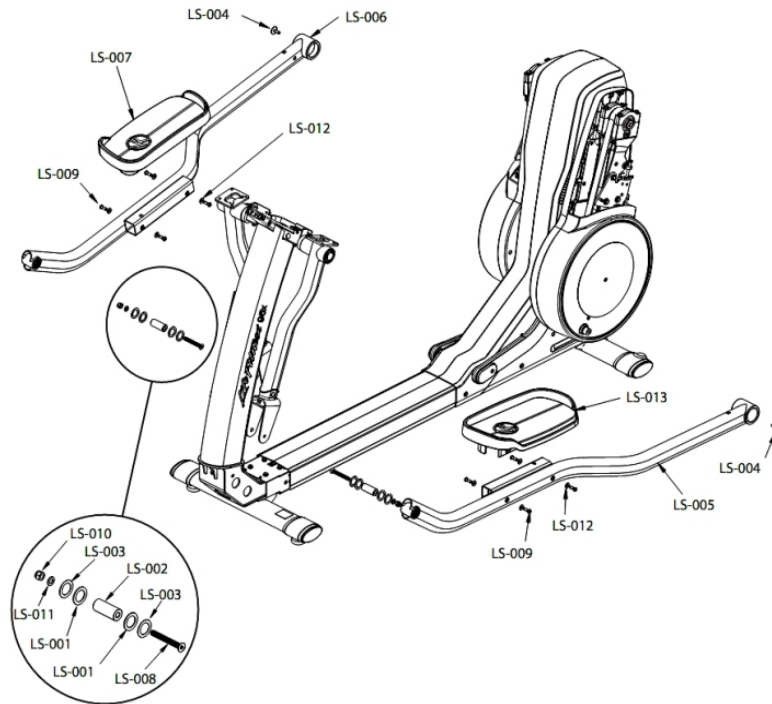
Ref #	Part Number	Qty	Description
FS-061	0K69-01125-0003	1	Media Tray
FS-062	AK69-00100-0000	1	Resistance Level Button Assembly
FS-063	0K69-01124-0000	1	Top Dead Shaft Cover
FS-064	0017-00101-1796	13	Hardware: Mounting Screw 19 MM
FS-065	0K69-01127-0000	1	Dead Shaft End Cap
FS-066	0K69-01123-0000	1	Front Collar Dead Shaft Cover
FS-067	0K69-01121-0000	1	Rear Collar Dead Shaft Cover
FS-068	0K69-01128-0000	1	Dead Shaft End Cap

## Frame System - Rocker Arms and Front Clevis Covers



Ref #	Part Number	Qty	Description
FS-002	0K69-01114-0000	1	Left Front Clevis Cover
FS-003	0K69-01116-0000	1	Left Rear Clevis Cover
FS-004	0K69-01115-0000	1	Right Front Clevis Cover
FS-005	0K69-01117-0000	1	Right Rear Clevis Cover
FS-007	0K69-01130-0000	2	Left Top Rear Pedal Cover
FS-008	0K69-01131-0000	2	Left Bottom Rear Pedal Cover
FS-009	0017-00101-1796	4	Hardware: Mounting Screw 19 MM

## Linkage System - Pedal Levers



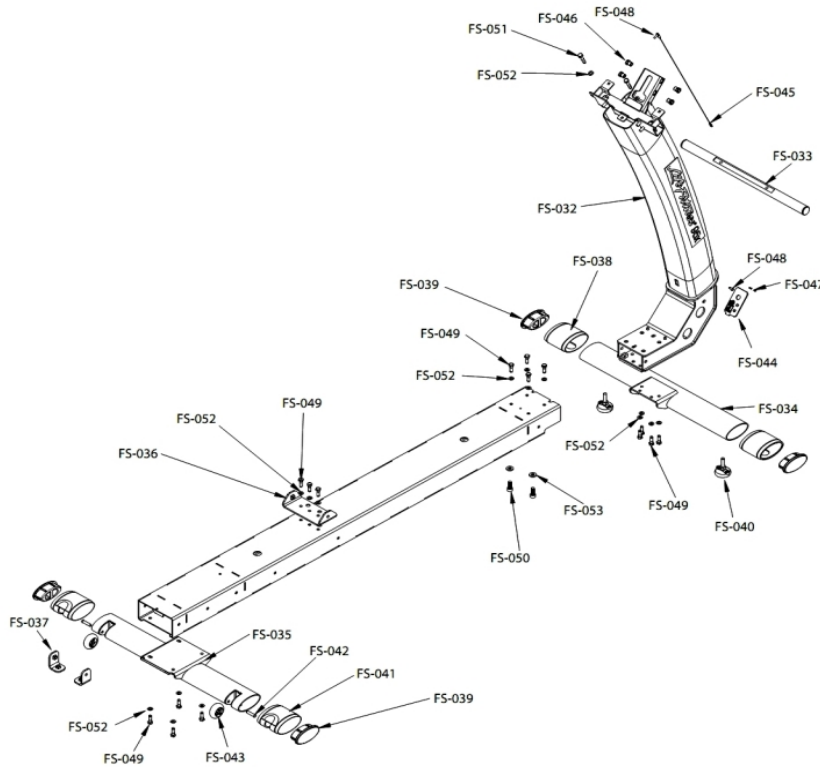
Ref #	Part Number	Qty	Description
MISC-001	0017-00003-1091	0	POWER SUPPLY: 24VDC, 5A
LS-001	0K47-01104-0000	4	Hardware: Thrust Washer
LS-002	0K69-01075-0000	2	Shaft
LS-003	0K69-01190-0000	4	Hardware: Steel Thrust Washer
LS-004	0K69-01231-0000	2	Hardware: Rear Mounting Bolt
LS-005	AK69-00037-0000	1	Pedal Lever Assembly: Left with Bearings; Mfg
LS-006	AK69-00038-0000	1	Pedal Lever Assembly: Right with Bearings; Mfg
LS-007	0K69-01100-0000	1	Pedal: Right; Purchased
LS-008	0017-00101-1955	2	Hardware: Hex Bolt 85MM
LS-009	0017-00101-1929	8	Hardware: Pedal Mounting Screws 25MM
LS-010	0017-00103-0334	2	Hardware: Nut 10 MM
LS-011	0017-00104-0190	2	Hardware: Flat Washer 0.734" OD
LS-012	0017-00104-0510	8	Hardware: Washer 19 MM OD
LS-013	0K69-01099-0000	1	Left Pedal

## Miscellaneous Part Numbers

---

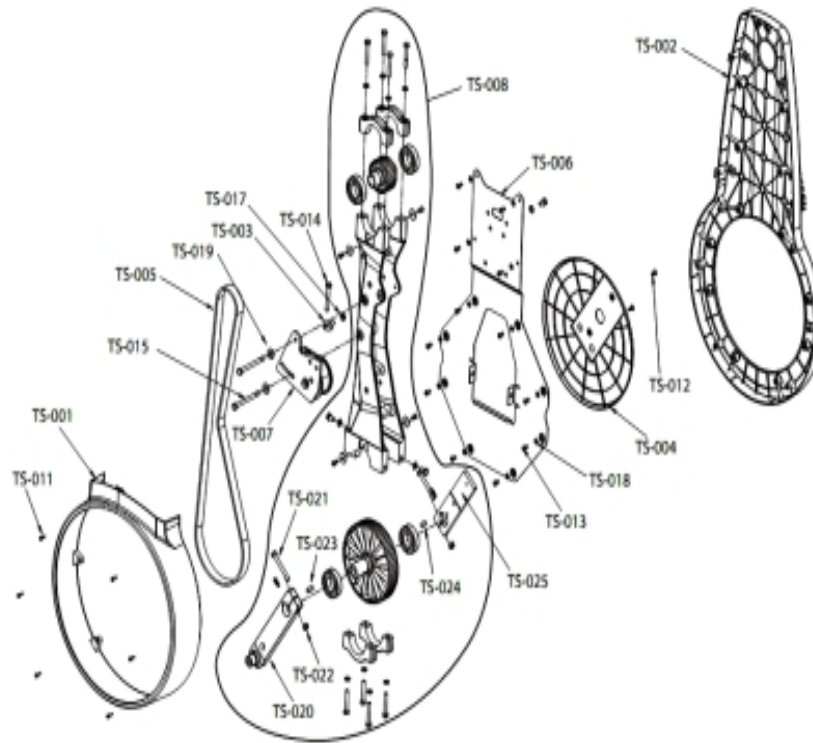
Ref #	Part Number	Qty	Description
MISC-002	0017-00003-0704	1	Line Cord 10A 125 V
MISC-007	0017-00008-0210	1	Paint: Shadow-Gray Touch Up: .6 OZ Bottle
MISC-008	0017-00008-0211	1	Paint: Shadow-Gray Touch Up: .6 OZ Bottle
MISC-009	0K69-01255-2400	1	POWER BRICK CLIP; CHGR

## Mono-Column and Stabilizer Assemblies



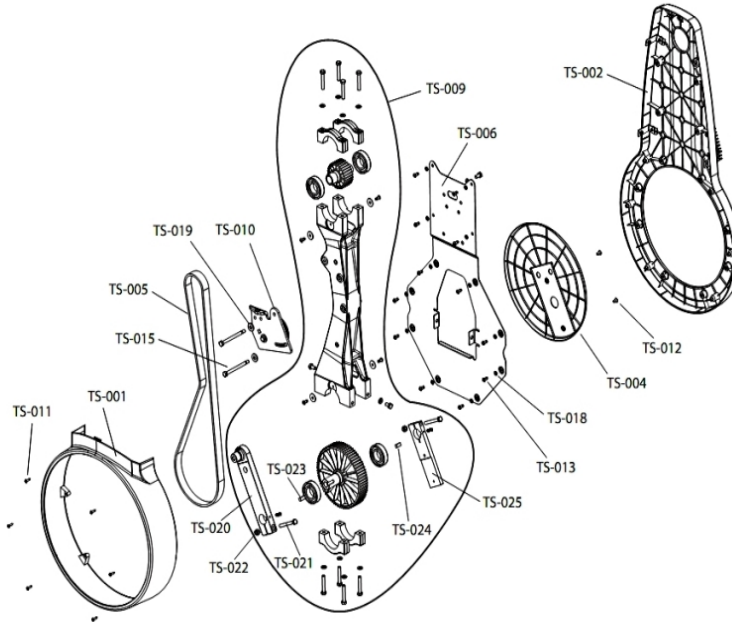
Ref #	Part Number	Qty	Description
FS-033	0K69-01062-0000	1	Dead Shaft
FS-034	AK69-00118-0000	1	Front Stabilizer
FS-035	AK69-00090-0000	1	Rear Stabilizer
FS-036	AK69-00170-0000	1	Rocking Link Bracket with Weldnuts
FS-037	AK69-00169-0000	2	Weldment: Frame Stiffner
FS-038	0K69-01139-0000	1	Shorud Stabilizer Front
FS-039	0K66-01042-0000	1	End Cap (Front and Rear)
FS-040	0K68-01047-0000	2	Leg Leveler
FS-041	0K66-01041-0000	1	Shorud Stabilizer Front
FS-042	0K66-01040-0000	1	Wheel Shaft
FS-043	0K66-01039-0000	1	Wheel
FS-044	AK66-00161-0000	1	BRKT ASSY: POWER/COAX INPUT
FS-045	AK65-00103-0002	1	CBL ASSY: GROUND, ESD
FS-048	0017-00101-1986	2	Hardware: Mounting Screw 16MM
FS-049	0017-00101-1931	4	Hardware: Front Stabilizer Mtg Bolts 25MM
FS-050	0017-00101-1966	2	Hardware: M10 X1.50-6G6GX 25 DIN HEX SOC CAP ST ZN
FS-051	0017-00101-1925	2	Hardware: Mounting Bolt 40MM
FS-052	0017-00104-0469	6	Hardware: Flat Washer 16MM OD
FS-053	0017-00104-0263	2	Hardware: Washer 0.875" OD

## Timing System - Left Rocker Assembly Component



Ref #	Part Number	Qty	Description
TS-001	0K69-01109-0000	1	Lower Rocker Cover Mounting Screws
TS-002	AK69-00123-0000	1	Inner Rocker Shroud Assembly
TS-003	0K69-01174-0000	1	Tension Pivot Bracket
TS-004	0K69-01232-0201	1	Cover: Crank; Inner; Plastic -02XX Shadow
TS-005	0K69-01041-0002	2	Timing Belt 25mm
TS-007	AK69-00029-0000	1	Left Idler Bracket Assembly
TS-008	GK69-00002-0004	1	Kit: Left Rocker Casting w/ Pulleys
TS-011	0017-00101-1796	6	Hardware: Mounting Screw 19 MM
TS-012	0017-00101-1988	2	Hardware: Outside Crank Cover Mounting Screw 14MM
TS-014	0017-00101-2002	1	Hardware: Tension Bolt 60MM
TS-015	0017-00101-1951	2	Hardware: Idler Bracket Mounting Screws 100MM
TS-017	0017-00103-0338	1	Hardware: Hex Nut 8 MM
TS-018	0017-00104-0488	12	Hardware: Flat Washers 11.5 MM OD
TS-019	0017-00104-0334	2	Hardware: Flat Washers 0.880" OD
TS-020	0K69-01227-0000	1	Crank Arm
TS-021	0017-00101-1905	2	Hardware: Bolt 70 MM
TS-022	0017-00103-0333	2	Hardware: Hex Nut
TS-023	0K69-01023-0000	1	Hex Key: 8 X 7 X 20
TS-024	0K69-01024-0000	1	Hex Key: 8 X 7 X 16
TS-025	0K69-01038-0000	1	Inner Crank Arm

## Timing System - Right Rocker Assembly Component



Ref #	Part Number	Qty	Description
TS-001	0K69-01109-0000	1	Lower Rocker Cover Mounting Screws
TS-002	AK69-00123-0000	1	Inner Rocker Shroud Assembly
TS-004	0K69-01232-0201	1	Cover: Crank; Inner; Plastic -02XX Shadow
TS-005	0K69-01041-0002	2	Timing Belt 25mm
TS-009	GK69-00002-0003	1	Kit: Right Rocker Casting w/ Pulleys
TS-010	AK69-00029-0001	1	Right Idler Bracket Assembly
TS-011	0017-00101-1796	6	Hardware: Mounting Screw 19 MM
TS-012	0017-00101-1988	2	Hardware: Outside Crank Cover Mounting Screw 14MM
TS-015	0017-00101-1951	2	Hardware: Idler Bracket Mounting Screws 100MM
TS-018	0017-00104-0488	12	Hardware: Flat Washers 11.5 MM OD
TS-019	0017-00104-0334	2	Hardware: Flat Washers 0.880" OD
TS-020	0K69-01227-0000	1	Crank Arm
TS-021	0017-00101-1905	2	Hardware: Bolt 70 MM
TS-022	0017-00103-0333	2	Hardware: Hex Nut
TS-023	0K69-01023-0000	1	Hex Key: 8 X 7 X 20
TS-024	0K69-01024-0000	1	Hex Key: 8 X 7 X 16
TS-025	0K69-01038-0000	1	Inner Crank Arm

