

Fit Series - Bicep/Tricep

FSBT

Parts Manual

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Component Assembly 1

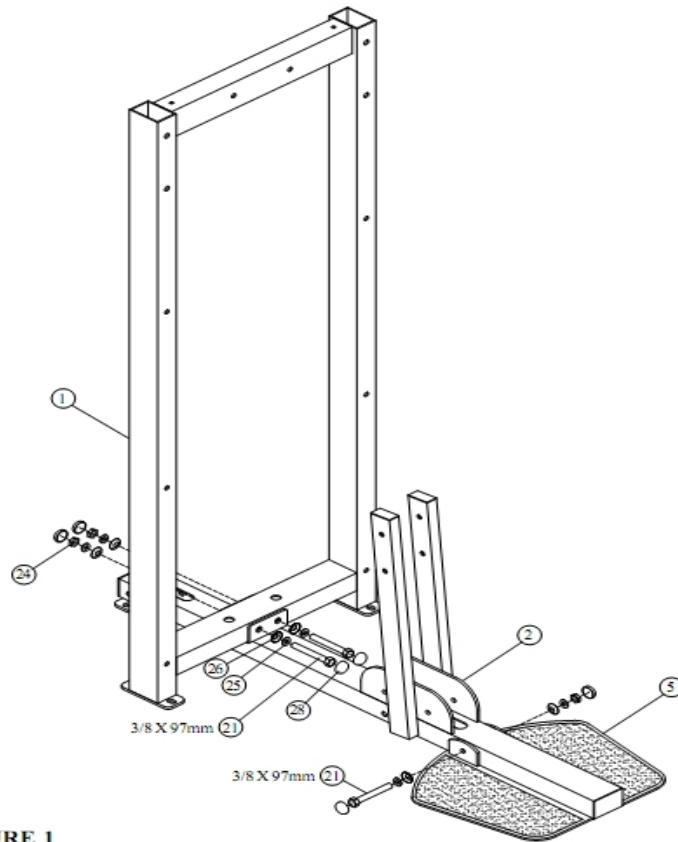


FIGURE 1

Ref #	Part Number	Qty	Description
1	ACU04-1661WHT	1	TOWER FRAME WHT
1	ACU04-1661PLT	1	TOWER FRAME PLT
2	ACU04-1657PLT	1	Base Frame Plate
2	ACU04-1657WHT	1	BASE FRAME WHT
5	ACU04-1658PLT	1	Foot Plate Plate
5	ACU04-1658WHT	1	FOOT PLATE WHT
21	ACUDA1C03809716 NU	5	HEX Bolt - 3/8 X 97L
24	ACUDB2E03807200 U	20	Hardware: Nylon Nut - 3/8 X 7.2T
25	ACUDC120010510U	36	Hardware: Washer, Flat 3/8" SAE ST ZN - 20 X 10.5
26	ACU05-0310	36	Shim Washer - 27.6 X 10.3 X0.6
28	ACU06-0357WHT	32	Cap - Right White
28	ACU06-0357PLAT	32	Cap - Right Plate

Component Assembly 2

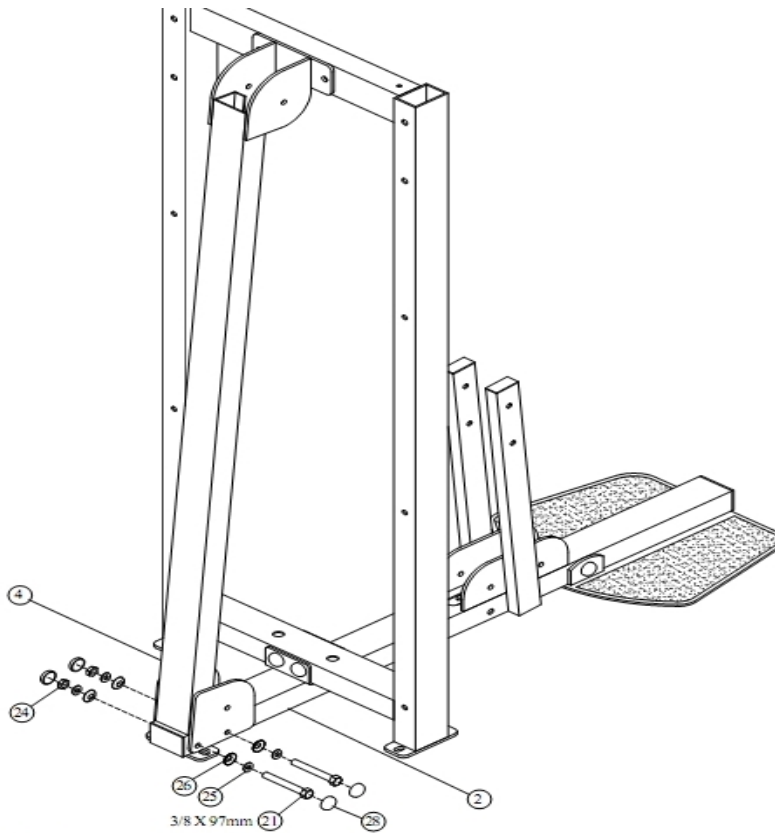


FIGURE 2

Ref #	Part Number	Qty	Description
2	ACU04-1657WHT	1	BASE FRAME WHT
2	ACU04-1657PLT	1	Base Frame Plate
4	ACU04-1660PLT	1	REAR UPRIGHT PLT
4	ACU04-1660WHT	1	REAR UPRIGHT WHT
21	ACUDA1C03809716 NU	5	HEX Bolt - 3/8 X 97L
24	ACUDB2E03807200 U	20	Hardware: Nylon Nut - 3/8 X 7.2T
25	ACUDC120010510U	36	Hardware: Washer, Flat 3/8" SAE ST ZN - 20 X 10.5
26	ACU05-0310	36	Shim Washer - 27.6 X 10.3 X0.6
28	ACU06-0357WHT	32	Cap - Right White
28	ACU06-0357PLAT	32	Cap - Right Plate

Component Assembly 3

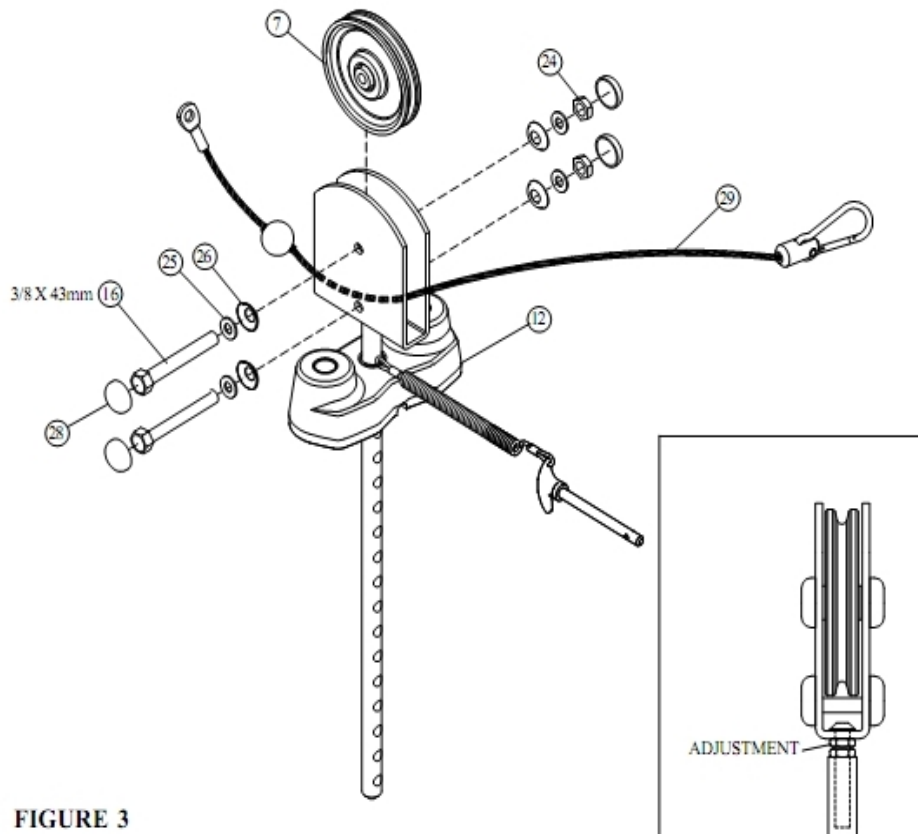


FIGURE 3

Ref #	Part Number	Qty	Description
7	ACU06-0025	7	Pulley 4 1/2
12	ACUAP10-0053	1	Painted Assembly, Head Plate 15 Hole
16	ACUDA1C03804316 NU	6	HEX Bolt - 3/8 X 43L
24	ACUDB2E03807200 U	20	Hardware: Nylon Nut - 3/8 X 7.2T
25	ACUDC120010510U	36	Hardware: Washer, Flat 3/8" SAE ST ZN - 20 X 10.5
26	ACU05-0310	36	Shim Washer - 27.6 X 10.3 X0.6
28	ACU06-0357PLAT	32	Cap - Right Plate
28	ACU06-0357WHT	32	Cap - Right White
29	ACU13-0169	1	Biceps/Triceps Cable

Component Assembly 4

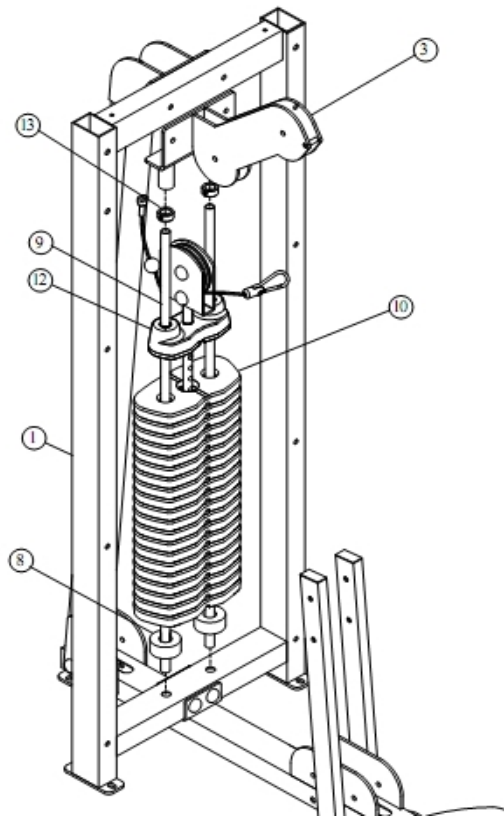
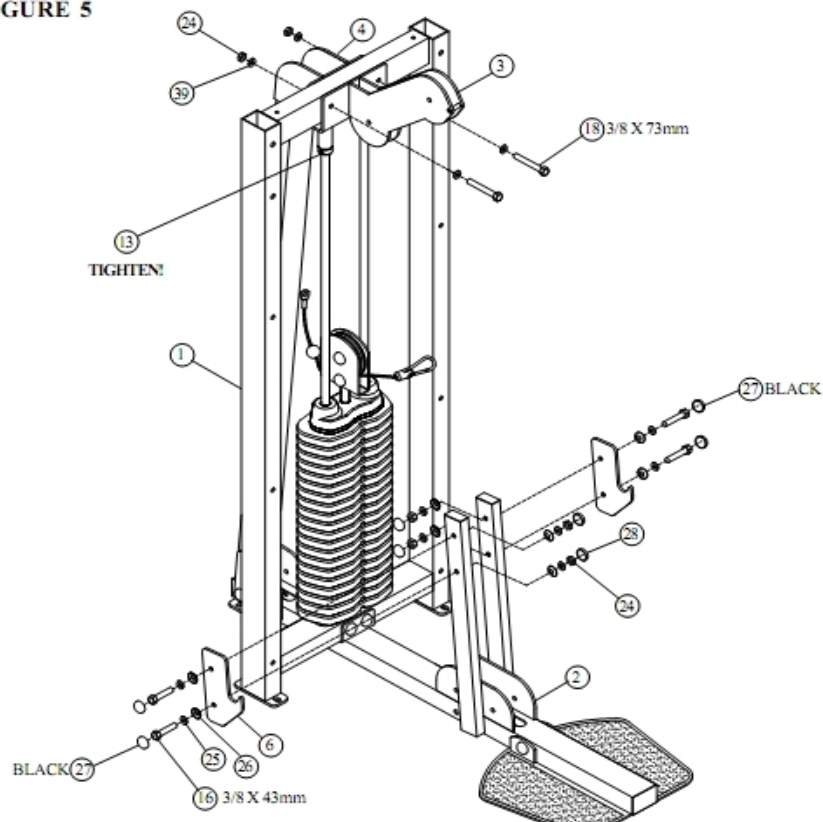


FIGURE 4

Ref #	Part Number	Qty	Description
1	ACU04-1661PLT	1	TOWER FRAME PLT
1	ACU04-1661WHT	1	TOWER FRAME WHT
3	ACU04-1659WHT	1	Pulley Boom White
3	ACU04-1659PLT	1	Pulley Boom Plate
8	ACU06-0304	2	Cushion; Weight Stack 3/4 ID
9	ACU01-2387	2	Guide Rod
10	ACU7292501	20	Weight Plate
12	ACUAP10-0053	1	Painted Assembly, Head Plate 15 Hole
13	ACU05-0212	2	Shaft Collar

Component Assembly 5

FIGURE 5

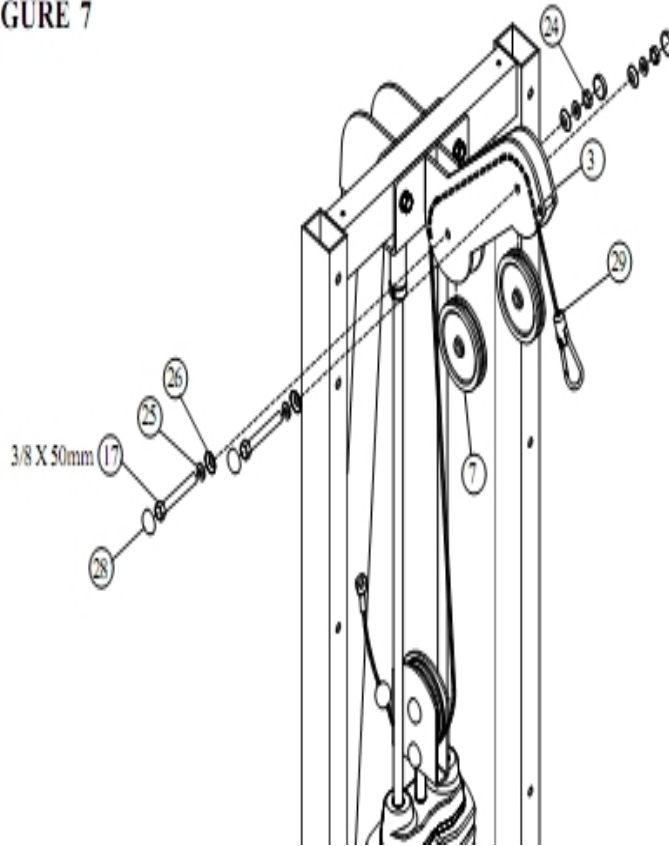


Ref #	Part Number	Qty	Description
1	ACU04-1661PLT	1	TOWER FRAME PLT
1	ACU04-1661WHT	1	TOWER FRAME WHT
2	ACU04-1657WHT	1	BASE FRAME WHT
2	ACU04-1657PLT	1	Base Frame Plate
3	ACU04-1659WHT	1	Pulley Boom White
3	ACU04-1659PLT	1	Pulley Boom Plate
4	ACU04-1660PLT	1	REAR UPRIGHT PLT
4	ACU04-1660WHT	1	REAR UPRIGHT WHT
6	ACU02-1648	2	Bar Support
13	ACU05-0212	2	Shaft Collar
16	ACUDA1C03804316 NU	6	HEX Bolt - 3/8 X 43L
17	ACUDA1C03805016 NU	2	HEX Bolt - 3/8 X 50L
18	ACUDA1C03807316 NU	2	3/8 X 73MM Bolt
24	ACUDB2E03807200 U	20	Hardware: Nylon Nut - 3/8 X 7.2T
25	ACUDC120010510U	36	Hardware: Washer, Flat 3/8" SAE ST ZN - 20 X 10.5
26	ACU05-0310	36	Shim Washer - 27.6 X 10.3 X0.6
27	ACU06-0357BLK	4	Cap - Right Black
28	ACU06-0357PLAT	32	Cap - Right Plate

Ref #	Part Number	Qty	Description
28	ACU06-0357WHT	32	Cap - Right White
39	ACUDC1250100020 U	4	WASHER- 3/8 INCH X 2.0 ZINC

Component Assembly 7

FIGURE 7



Ref #	Part Number	Qty	Description
3	ACU04-1659PLT	1	Pulley Boom Plate
3	ACU04-1659WHT	1	Pulley Boom White
7	ACU06-0025	7	Pulley 4 1/2
17	ACUDA1C03805016 NU	2	HEX Bolt - 3/8 X 50L
24	ACUDB2E03807200 U	20	Hardware: Nylon Nut - 3/8 X 7.2T
25	ACUDC120010510U	36	Hardware: Washer, Flat 3/8" SAE ST ZN - 20 X 10.5
26	ACU05-0310	36	Shim Washer - 27.6 X 10.3 X0.6
28	ACU06-0357PLAT	32	Cap - Right Plate
28	ACU06-0357WHT	32	Cap - Right White
29	ACU13-0169	1	Biceps/Triceps Cable

Component Assembly 8

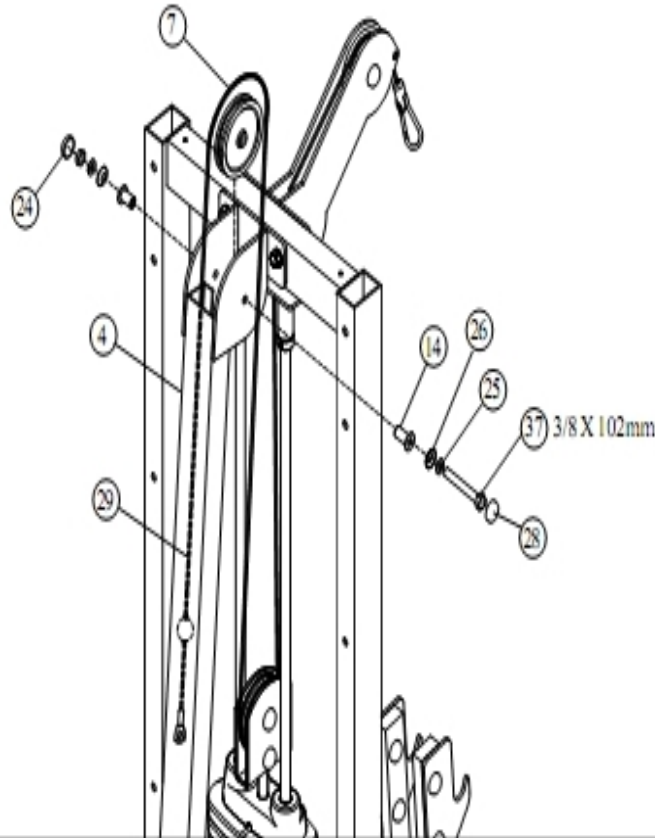
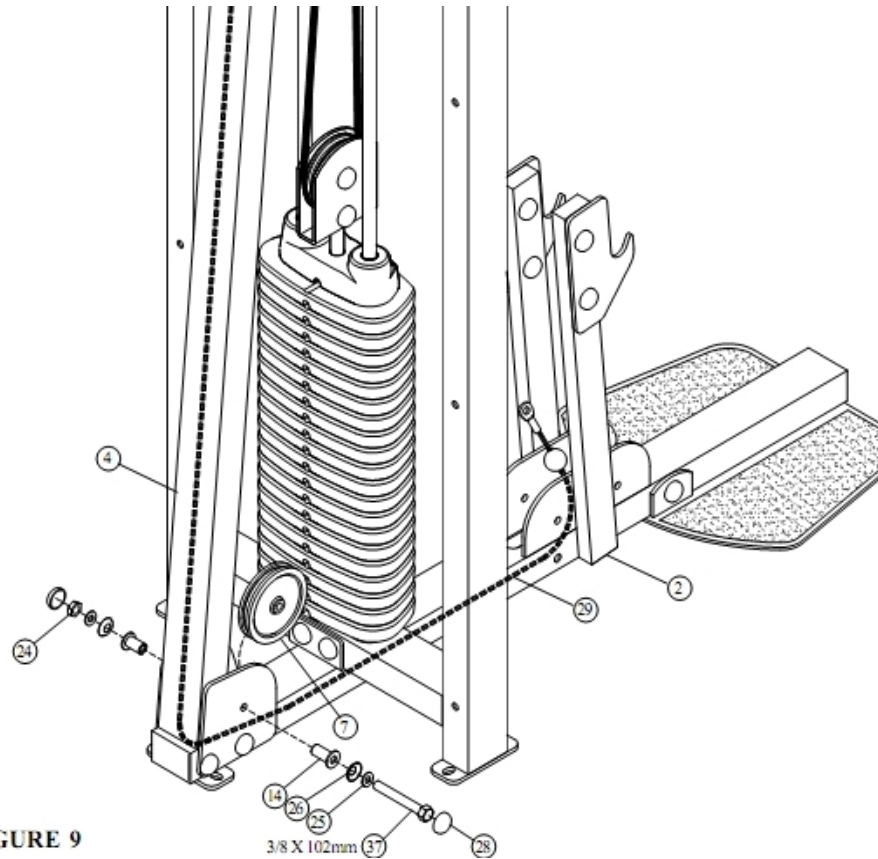


FIGURE 8

Ref #	Part Number	Qty	Description
4	ACU04-1660WHT	1	REAR UPRIGHT WHT
4	ACU04-1660PLT	1	REAR UPRIGHT PLT
7	ACU06-0025	7	Pulley 4 1/2
14	ACU08-0087	4	3/8 X 1-1/4 INCH FLANGE SPACER
24	ACUDB2E03807200 U	20	Hardware: Nylon Nut - 3/8 X 7.2T
25	ACUDC120010510U	36	Hardware: Washer, Flat 3/8" SAE ST ZN - 20 X 10.5
26	ACU05-0310	36	Shim Washer - 27.6 X 10.3 X0.6
28	ACU06-0357PLAT	32	Cap - Right Plate
28	ACU06-0357WHT	32	Cap - Right White
29	ACU13-0169	1	Biceps/Triceps Cable
37	ACUDA1C03810216 NU	2	3/8 X 102MM HEX Bolt

Component Assembly 9



Ref #	Part Number	Qty	Description
2	ACU04-1657PLT	1	Base Frame Plate
2	ACU04-1657WHT	1	BASE FRAME WHT
4	ACU04-1660PLT	1	REAR UPRIGHT PLT
4	ACU04-1660WHT	1	REAR UPRIGHT WHT
7	ACU06-0025	7	Pulley 4 1/2
14	ACU08-0087	4	3/8 X 1-1/4 INCH FLANGE SPACER
24	ACUDB2E03807200 U	20	Hardware: Nylon Nut - 3/8 X 7.2T
25	ACUDC120010510U	36	Hardware: Washer, Flat 3/8" SAE ST ZN - 20 X 10.5
26	ACU05-0310	36	Shim Washer - 27.6 X 10.3 X0.6
28	ACU06-0357PLAT	32	Cap - Right Plate
28	ACU06-0357WHT	32	Cap - Right White
29	ACU13-0169	1	Biceps/Triceps Cable
37	ACUDA1C03810216 NU	2	3/8 X 102MM HEX Bolt

Miscellaneous

Ref #	Part Number	Qty	Description
11	ACUMD000132	1	Label, Weight Stack 1-21
15	ACU08-0073	4	3/8 X 1 1/16 Flange Spacer
19	ACUDA1C03808616 NU	1	3/8 X 86MM BOLT
20	ACUDA1C03809016 NU	2	HEX Bolt - 3/8 X 90L
22	ACUDAEC03802516 YB	2	Button Allen Screw -3/8X25L
23	ACUDC1250100020 B	22	Hardware: Washer - 3/8 X 2.0T Black
30	ACUDI1080080U	1	Snap Link
31	ACU04-1662	1	ACU04:Rower Bar
32	ACU10-0238	1	Triceps Rope
33	ACUAP06-0333	1	Assembly, Fit Series, Tower Cap
34	ACU10-0231	1	Front Shroud
35	ACUA10-0230	1	Painted Assembly, FS, Tower Shroud R64 (BR3)
36	ACUDB9E03813016 B	10	Acorn Nut 3/8
38	ACUDAEC03809016 NB	10	Button HD Alle Screw-3/8X90L
-	ACUHB-FSBTWHT	1	HARDWARE AND ACCESSORY BAG WHT
-	ACUHB-FSBTPLT	1	HARDWARE AND ACCESSORY BAG PLT

