

Signature Series Single Station - Biceps Curl

FZBC

Parts Manual

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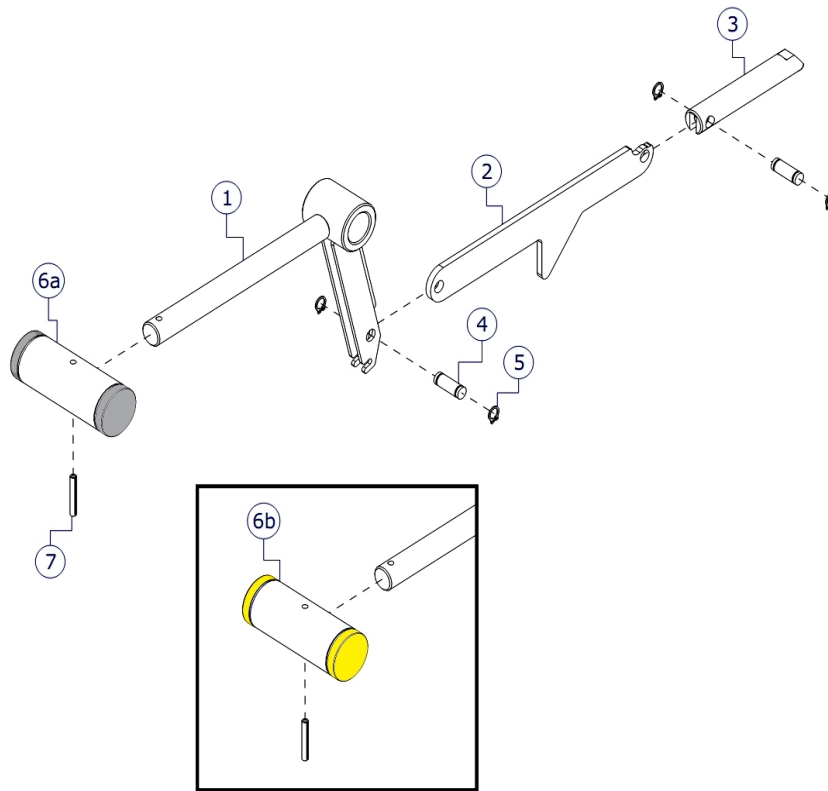
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** Upholstery & Frame Colors are listed at the end of the Parts Manual **

** Shroud Options are listed at the end of the Parts Manual **

Adjuster Handle Assembly

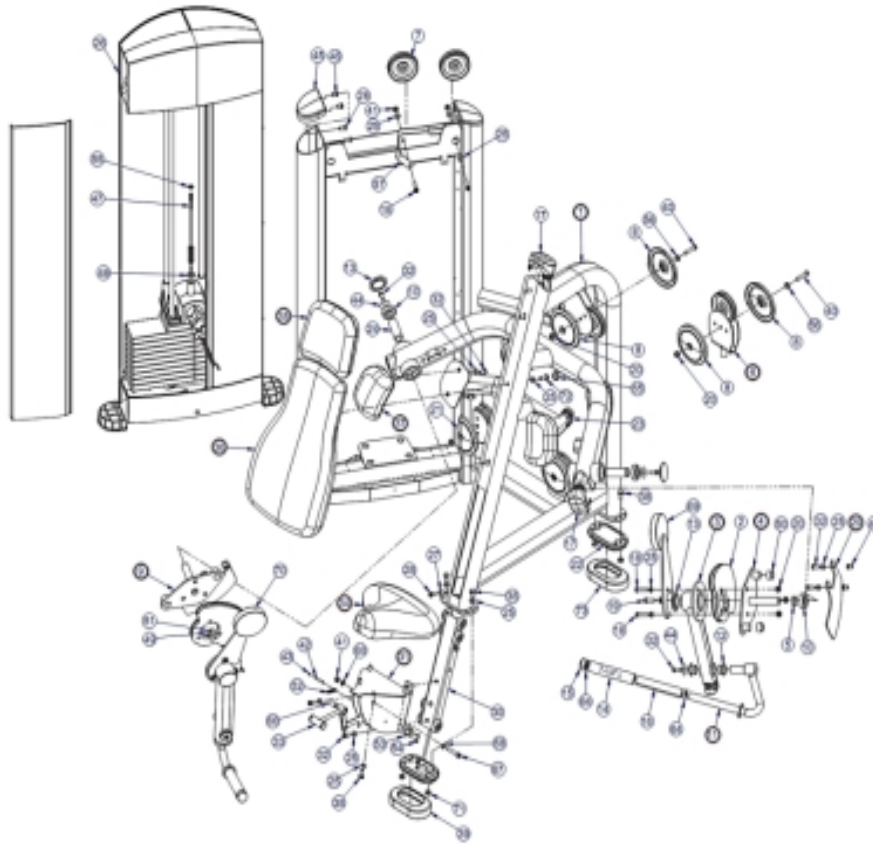


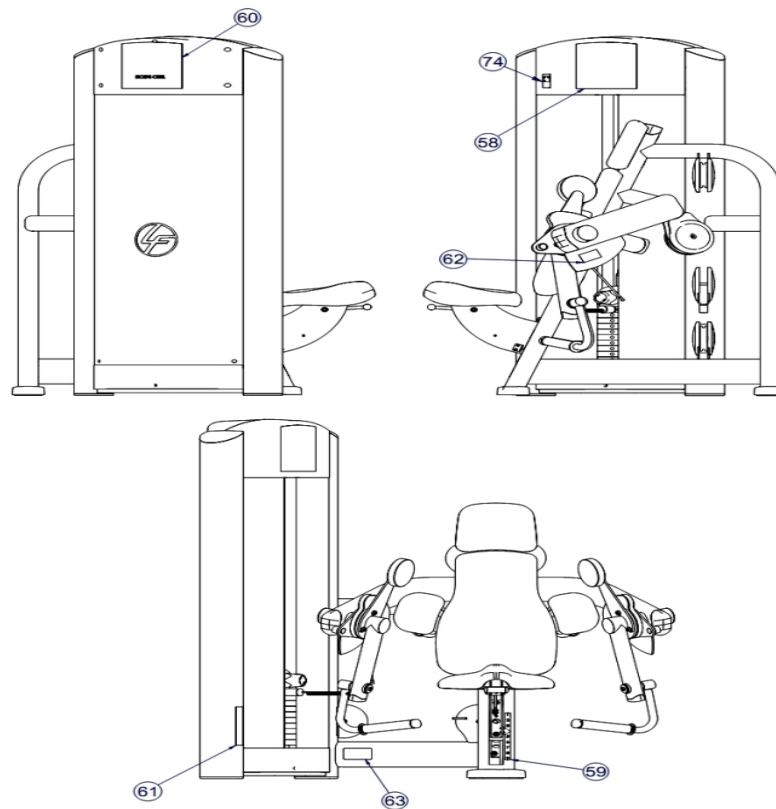
Ref #	Part Number	Qty	Description
1	7777595	1	Weldment FZ Seat Adj Handle Shadow Gray
2	9164801	1	LINK, ADJUSTER
3	9154101	1	PIN, INDEX
4	7407501	2	Pin Link X .520
5	3232401	4	Reatining Ring 0.230" D
6b	7287903	1	Adjuster Handle
6a	7287901	1	Handle Adjuster
7	3110010	1	Roll Pin 1/8" D X 7/8" L

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Component Assembly





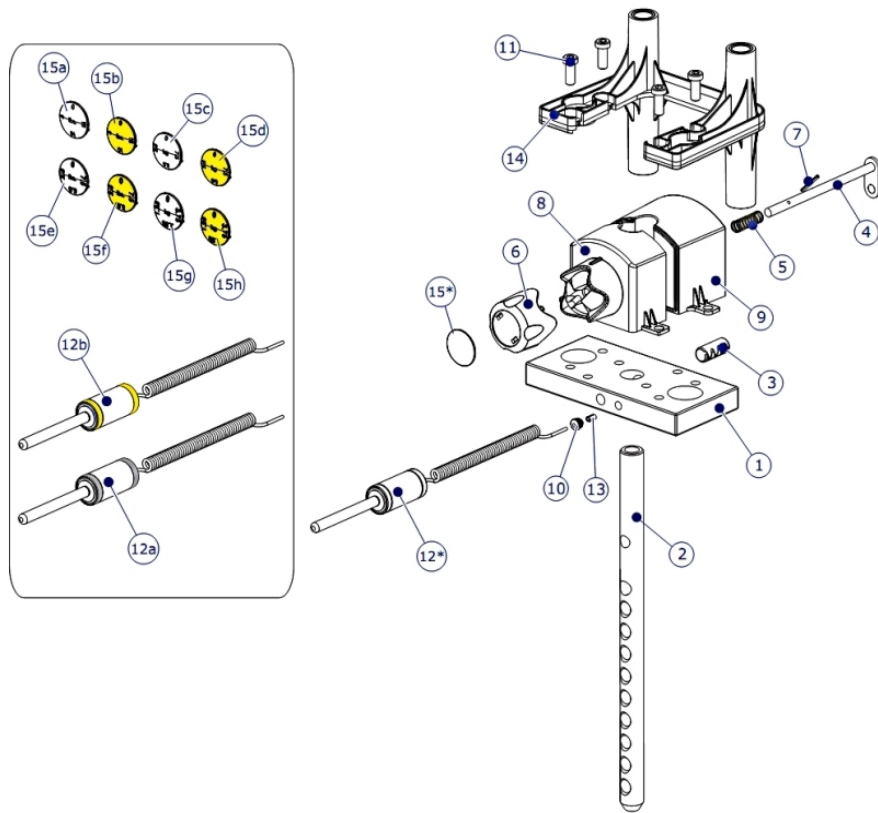
Ref #	Part Number	Qty	Description
2	7398101	2	Cam FZBC
3	7361399	2	Weldment, FZBC Pivot Arm Custom
4	7590599	1	Weldment, FZBC Pivot Stop - LH Custom
5	7330001	2	Spacer Internal X .403
6	7399699	1	Weldment, FZ Floating Pulley Custom
7	3237801	9	Pulley 4.5" OD
8	8104501	12	Pulley Cover Notched
9	7590499	1	Weldment, FZBC Pivot Stop - RH Custom
10	3235601	4	Ball Bearing
11	7761299	2	Weldment, FZBC Handle Custom
12	3104903	4	Bearing 1" ID 1.25" OD
13	7308701	4	Cap Bearing Housing
14	3235803	2	Grip - 1.5" OD
15	7662902	2	Grip Cap
16	7560501	2	Liner FZBC Hand Grip
17	7333901	3	End Cap FLOV Large
18	3236206	6	Hardware: Screw 45MM
19	3236204	2	Hardware: Screw 35MM
20	7335401	13	Hardware: Nut 10 MM ID
21	8094101	2	Pulley Cover Partial
22	7334001	1	Foot 2.50 X 4.49 Flov 10-0074-046 BNR
23	7333801	4	End Cap FLOV Small
24	7330003	2	Spacer Internal X 3.235
25	3273303	31	Hardware: WasherR, 3/8, THRU-HARDENED
27	LEA7385203	1	Spacer
28	3236201	5	Hardware: Screw 20MM
29	7560199	2	Guard, FZBC Cam Custom
30	7911101	1	Assembly Seat Carriage
31	7330599	1	Weldment, FZ Seat Support Custom

Ref #	Part Number	Qty	Description
32	3236202	14	Hardware: Screw 25MM
33A	7778001	1	Assembly, FZ Adjuster Handle White
33B	7778003	1	Assembly, FZ Adjuster Handle Black
34	7297199	1	PAD, SEAT SADDLE Custom
35	7474399	1	ASSY, HEAD REST PAD Custom
36	7474199	1	ASSY, LARGE BACK PAD Custom
37	7393399	2	PAD, ARM REST Custom
38	3251202	8	Hardware: Screw 25MM
39	7419601	1	Foot Cover - 20 Degrees
40	3236207	7	Hardware: Screw 50MM
41	3236801	3	Hardware: Nut 10 MM ID
42	7407502	1	Pin Link X 1.531
43	3232401	2	Reatining Ring 0.230" D
44	3236701	4	Fender Washer 3/8"
45	7326201	2	Cap, D-Tube-Top White
46	3238601	8	Blind Thread Insert - 1.5"
47	7423606	1	Cable FZBC-1 130-1/2"
48	3236902	1	Hardware: Nut 16 MM ID
49	7342201	2	Plate Cable End
50	7690101	4	Bumper Sleeve- 1.000 ID
51	7423804	1	Cable FZBC-2 122-1/4"
52	3273101	1	SPRING, EXT, .50 X .067 X 2.00
53	7425295	1	Bracket Seat Indicator Shadow Gray
54	3239101	2	Hardware: Phillips Pan Screw
55	3236901	1	Hardware: Nut Hex Jam 10 MM
56	7630101	7	Retainer CM/MJ Pulley
57	6757701	1	Cable Clip
58	7507701	1	Label FZBC Placard English
58	7507705	1	Label, FZBC Placard Italian
58	7507706	1	LABEL, FZBC PLACARD DUT
58	7507709	1	LABEL, FZBC PLACARD SWE
58	7507704	1	LABEL, FZBC PLACARD SPN
58	7507707	1	LABEL, FZBC PLACARD JAP
58	7507702	1	LABEL, FZBC PLACARD GER
58	7507708	1	LABEL, FZBC PLACARD POR
58	7507703	1	LABEL, FZBC PLACARD FRN
58	7507710	1	Label, FZBC Placard Russian
59	7524501	1	Label 1-9 Straight
60	7507801	1	Label FZBC Logo
61	7422004	1	Label 2" ASTM Warning
62	8039501	1	Label Warning Triangle 10-0099-067 BNR
63	7571301	1	Label Serial Number
64	3249501	4	Hardware: Flat Washer
65	3237403	4	Plug 1" Hole
66	7776501	1	Shaft .625 X .406 X 1.200
67	3236208	1	Hardware: Screw 55MM
68	7776401	2	Spacer Flange .406 X .495 X .81
69	7805395	1	WLDMT, FZBC, CTR WT-L SHADOW GRAY
70	7805495	1	WLDMT, FZBC CTR WT-R SHADOW GRAY
71	3254703	4	Hardware: Nut 10 MM ID
72	3251203	4	Hardware: Screw 30MM
73	7340201	1	Cover Foot - Straight
74	9309901	1	LABEL, FZBC, NFC-QR TAG

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** Shroud Options are list at the end of the Parts Manual **

Head Plate Assembly



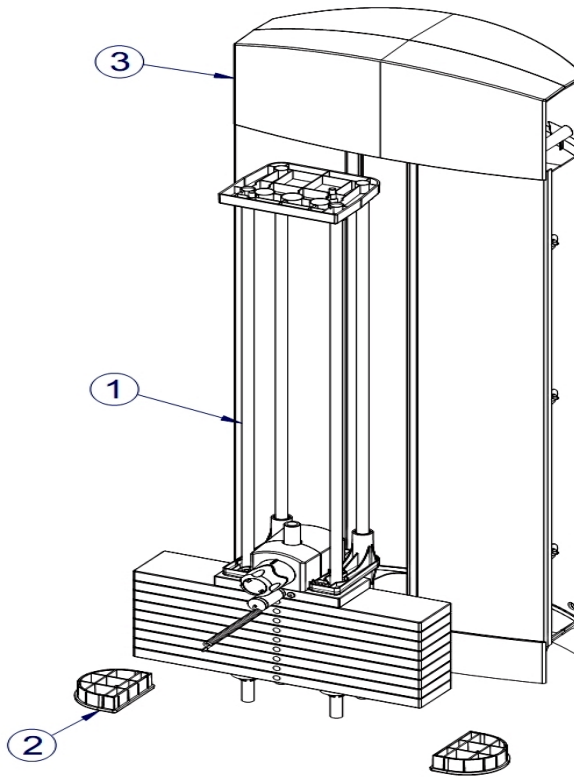
Ref #	Part Number	Qty	Description
1	7326701	1	Head Plate
2	7347801	1	Stem 9 Plate
3	3236001	1	SpringPin Bushing
4	7327201	1	Increment Weight Pin
5	8024501	1	Spring
6	7326101	1	Incremental Weight Selector Knob
7	3110008	1	Roll Pin 1/8" D 1-1/4" L
8	7326401	1	Selector Housing - Front
9	7326501	1	Selector Housing - Rear
10	7356501	1	Plug Lanyard Attachment
11	3236202	4	Hardware: Screw 25MM
12B	7338103	1	Weight Stack Selector Pin
12A	7338101	1	Weight Stack Selector Pin
13	7523601	1	Crimp Cable
14	8867301	1	Assembly FZ Stabilizer with Bushings
15F	8865803	1	FZ Selector Knob Cap - 2.5 LBS Yellow
15H	8946503	1	CAP, FZ SELECTOR KNOB - 1.25 KG, YELLOW
15B	7398603	1	Selector Knob Cap - 5 LBS Yellow
15A	7398601	1	Selector Knob Cap - 5 LBS Silver
15E	8865801	1	FZ Selector Knob Cap - 2.5 LBS Silver
15C	7398701	1	Selector Knob Cap - 2.5 KG Silver
15G	8946501	1	CAP, FZ SELECTOR KNOB - 1.25 KG, SILVER

Ref #	Part Number	Qty	Description
15D	7398703	1	Selector Knob Cap - 2.5 KG Yellow

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MID-9 Tower Assembly

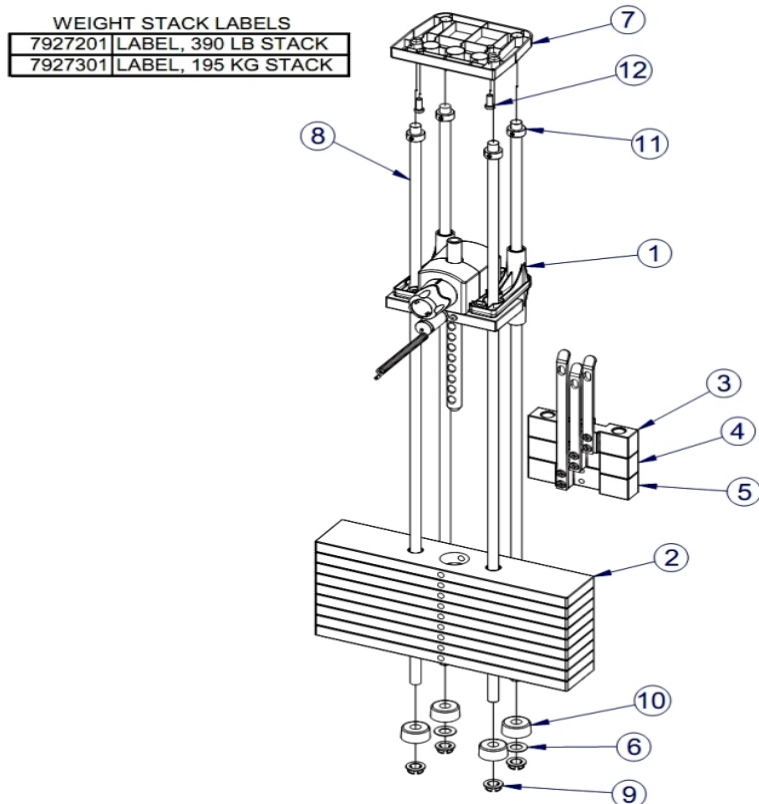


Ref #	Part Number	Qty	Description
2	7326301	2	Cap D-Tube-Bottom

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MID-9 Weight Stack Assembly



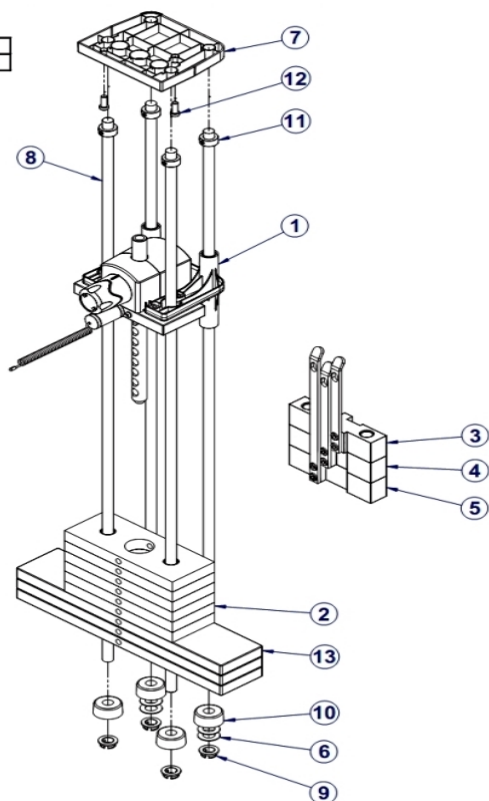
Ref #	Part Number	Qty	Description
1	7350601	1	Assembly Head Plate (9)
2	7328401	9	Weight Plate 20 LB
3	7327601	1	Assembly Increment Weight-5LB
4	7327701	1	Assembly Increment Weight-10LB
5	7327801	1	Assembly Increment Weight-15LB
6	7351001	2	Spacer Increment Weight Stack
7	7621101	1	Guide Rod Retainer Top
8	7328602	4	Guide Rod .75" OD 53.50" L
9	7337901	4	Bushing Guide Rod
10	7352101	4	Cushion Weight Stack
11	3103301	4	Shaft Collar 3/4" ID Zinc
12	3236202	2	Hardware: Screw 25MM
-	7927301	1	Label 195 KG Stack
-	7927201	1	Label 390 LB Stack

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Optional MID Light-9 Weight Stack Assembly

WEIGHT STACK LABELS
8867101 LABEL, 190 LB STACK

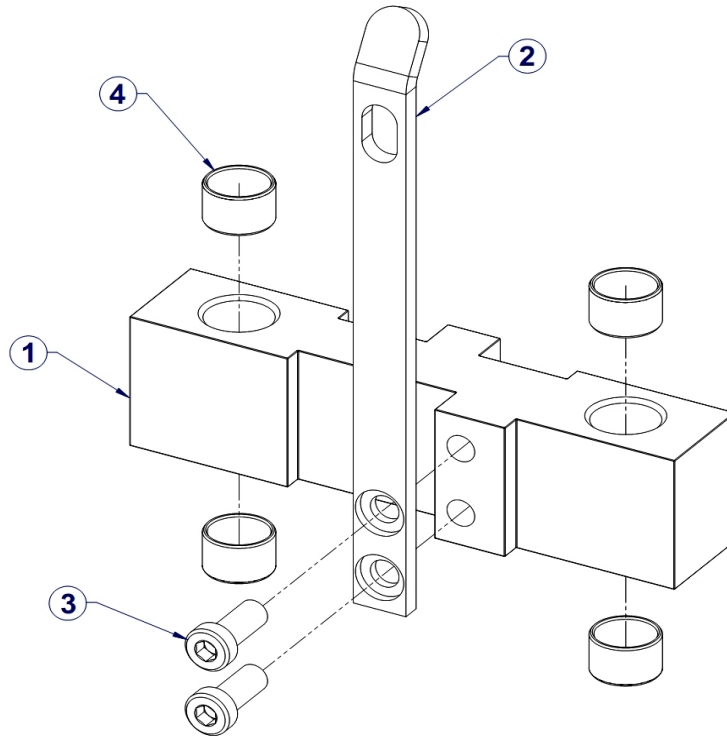


Ref #	Part Number	Qty	Description
1	7350601	1	Assembly Head Plate (9)
2	7353701	6	Weight Plate 10 LB
3	8861301	1	Assembly FZ Inc Weight - 2.5 LB
4	8861401	1	Assembly FZ Inc Weight - 5 LB
5	8861501	1	Assembly FZ Inc Weight - 7.5 LB
6	7351001	4	Spacer Increment Weight Stack
7	7621101	1	Guide Rod Retainer Top
8	7328602	4	Guide Rod .75" OD 53.50" L
9	7337901	4	Bushing Guide Rod
10	7352101	4	Cushion Weight Stack
11	3103301	4	Shaft Collar 3/4" ID Zinc
12	3236202	2	Hardware: Screw 25MM
13	7328401	3	Weight Plate 20 LB
-	7927301	1	Label 195 KG Stack
-	7927201	1	Label 390 LB Stack

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Optional 2.5Lb Increment Weight Assembly

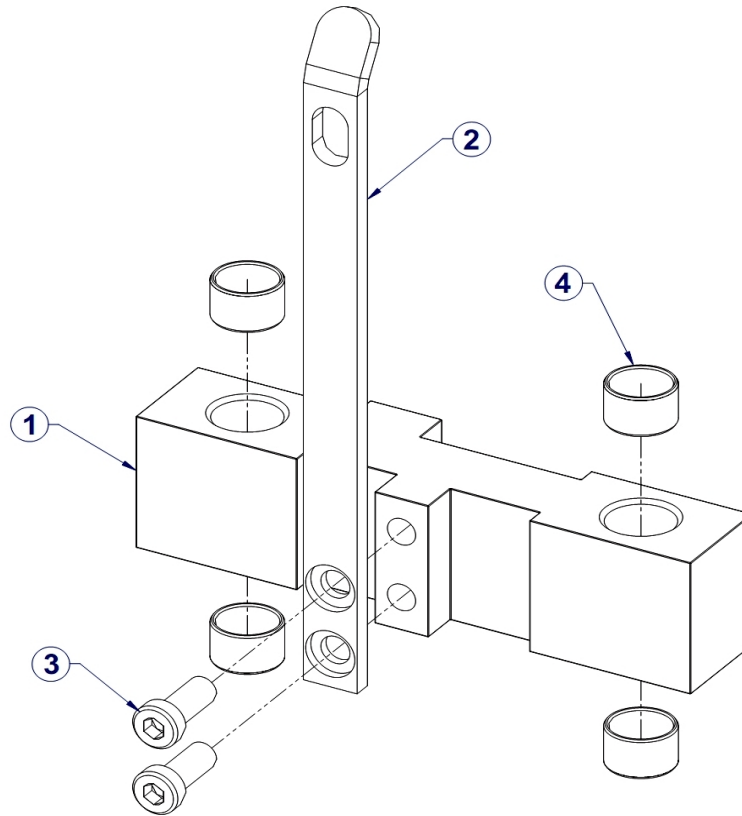


Ref #	Part Number	Qty	Description
1	8861295	1	Increment Weight
2	7328001	1	Bracket Increment Weight-5LB
3	3236202	2	Hardware: Screw 25MM
4	3202501	4	Bearing Sleeve

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Optional 5Lb Increment Weight Assembly

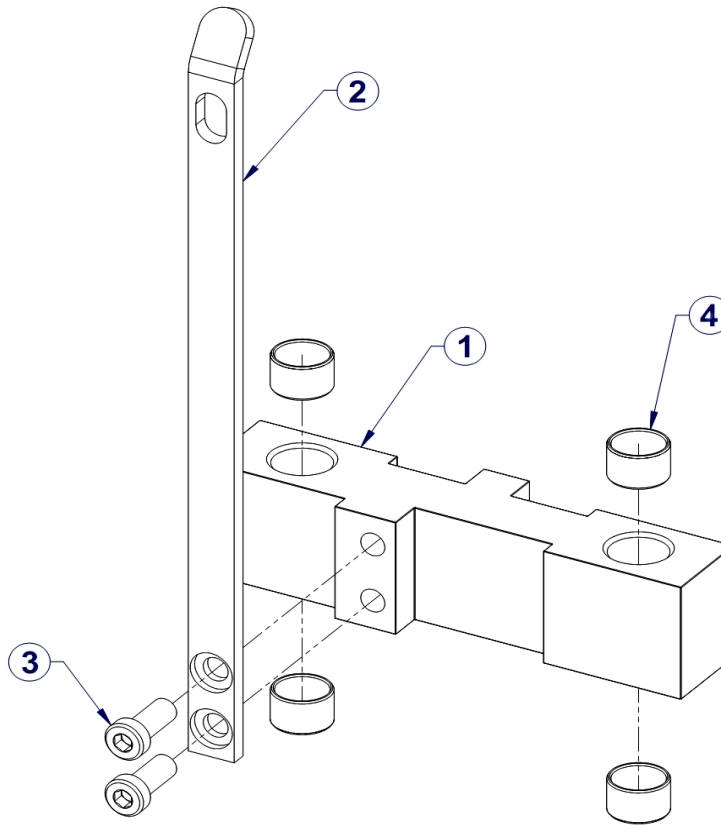


Ref #	Part Number	Qty	Description
1	8861295	1	Increment Weight
2	7328101	1	Bracket Increment Weight-10LB
3	3236202	2	Hardware: Screw 25MM
4	3202501	4	Bearing Sleeve

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Optional 7.5Lb Increment Weight Assembly

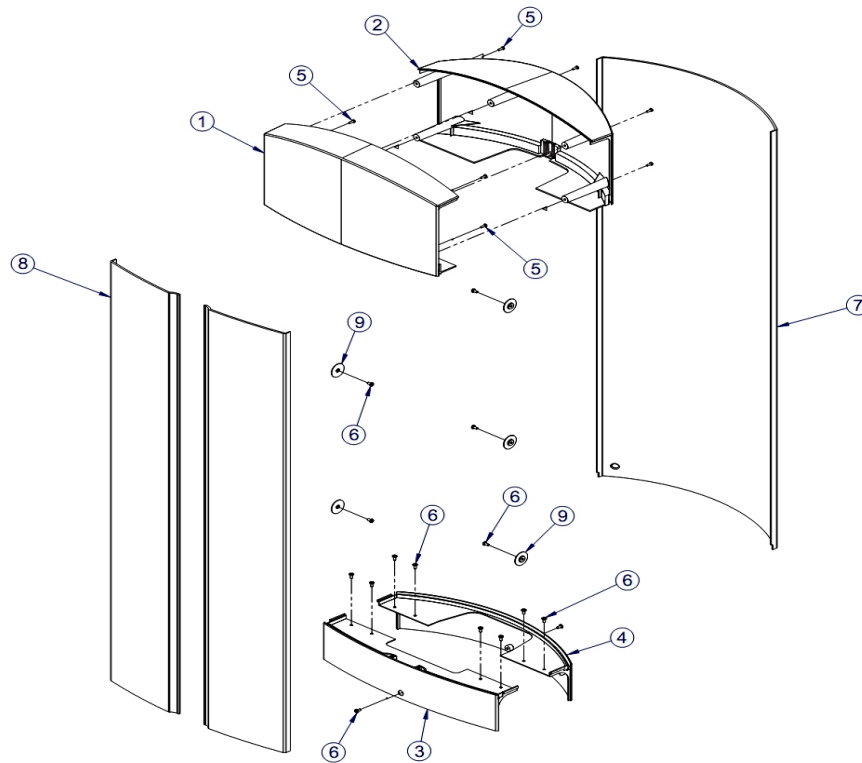


Ref #	Part Number	Qty	Description
1	8861295	1	Increment Weight
2	7328201	1	Bracket Increment Weight-15LB
3	3236202	2	Hardware: Screw 25MM
4	3202501	4	Bearing Sleeve

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Plastic Tower Assembly

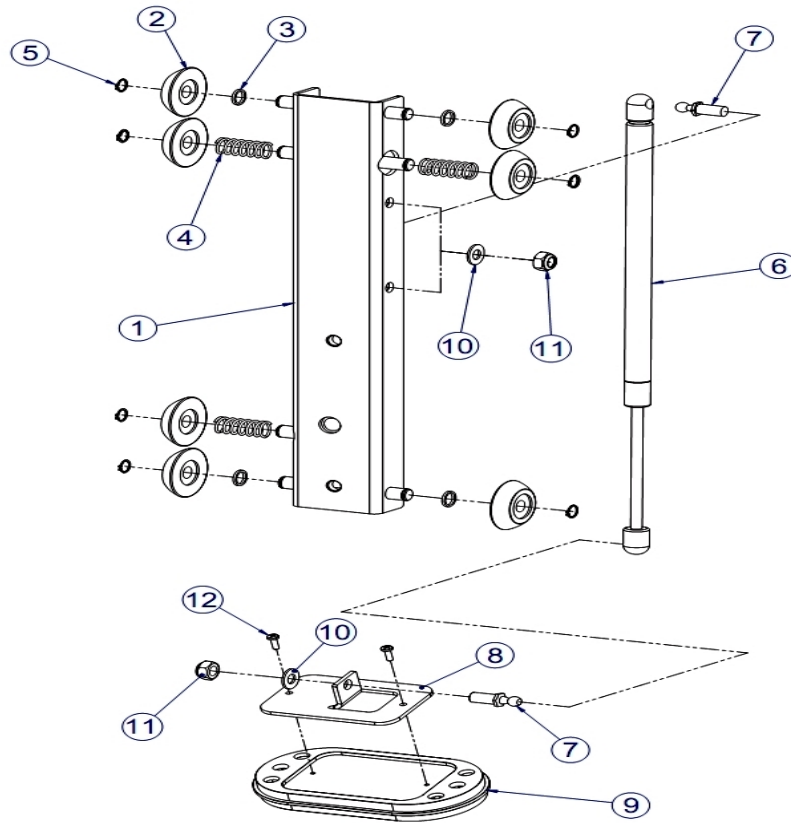


Ref #	Part Number	Qty	Description
1	7318601	1	Cover Tower-Top Front
2	7318701	1	Cover Tower - Top Rear
3	7318801	1	Cover Tower-Bottom Front
4	7318901	1	Cover Tower-Bottom Rear
5	3236501	9	Hardware: Nut 0.7" ID
6	3239101	16	Hardware: Phillips Pan Screw
7	7765701	1	Tower Shroud-Rear Short
8	7765601	2	Tower Shroud-Front Short
9	7583501	6	Retainer FZ Shroud

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Seat Carriage Assembly

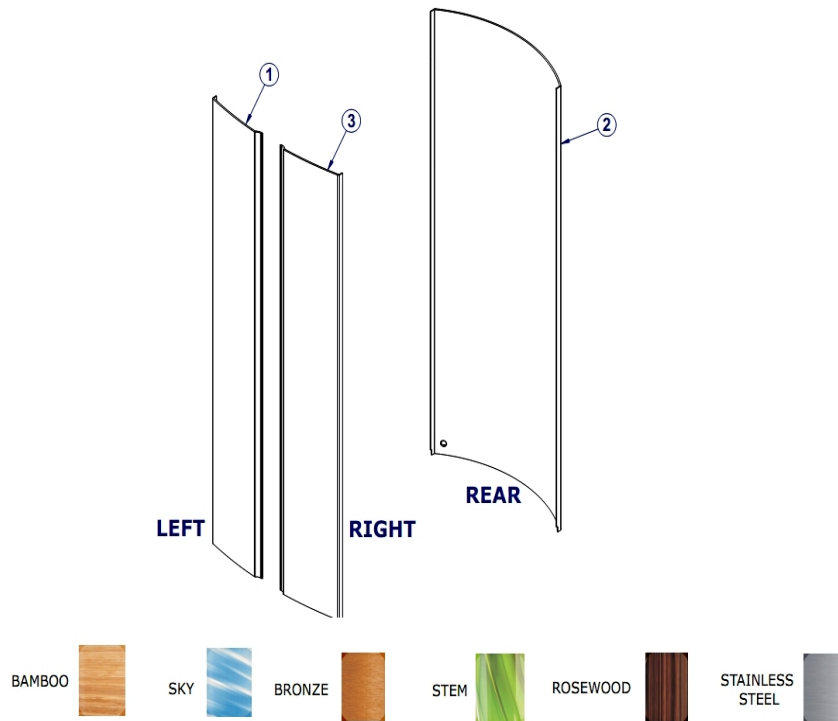


Ref #	Part Number	Qty	Description
1	7911295	1	Weldment Seat Carriage Shadow Gray
2	7889701	7	Roller Seat Carriage
3	7911901	4	Spacer .625 Diameter X 16 GA
4	7912001	3	Spring Seat Carriage
5	3232408	7	Retaining Ring 0.443" D
6	3235703	1	Gas Spring
7	7414301	2	Stud M10 Ball End M10 X 1.5
8	7339401	1	Gas Spring Bracket
9	7334001	1	Foot 2.50 X 4.49 Flov 10-0074-046 BNR
10	3273303	2	Hardware: WasherR, 3/8, THRU-HARDENED
11	3236801	2	Hardware: Nut 10 MM ID
12	3273501	2	M4 PHL PAN C ST ZN

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Stackwraps Shroud

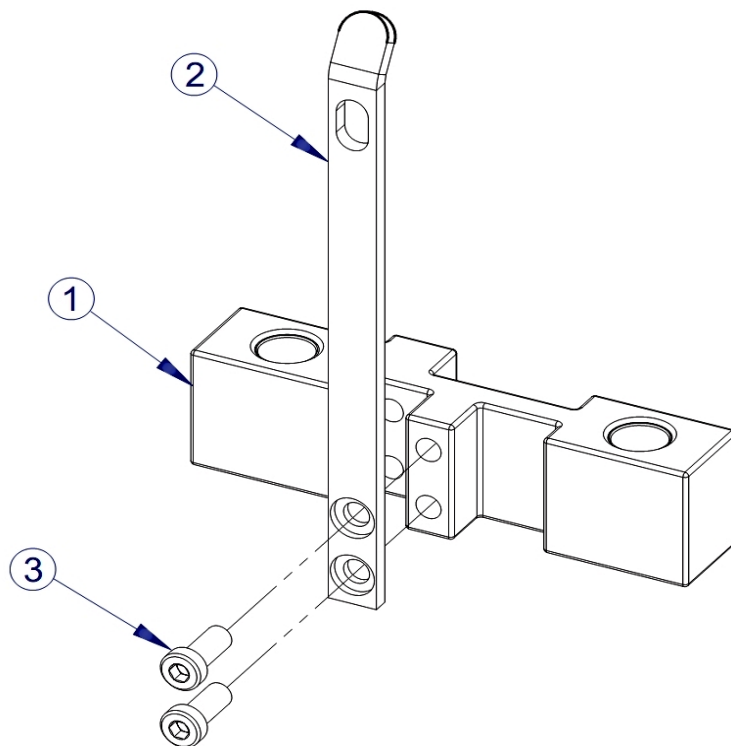


Ref #	Part Number	Qty	Description
1	8954301	1	Shroud FZ Front Short Left -Sky
1	8954601	1	Shroud FZ Front Short Left -Rosewood
1	8954501	1	Shroud FZ Front Short Left -Stem
1	8954401	1	Shroud FZ Front Left - Bronze
1	8954701	1	Shroud FZ Front Short Left -Stainless Steel
1	8954201	1	Shroud FZ Front Short Left -Bamboo
2	8949301	1	Shroud FZ Rear Short -Sky
2	8949701	1	Shroud FZ Rear Short -Stem
2	8949501	1	Shroud FZ Rear -Bronze
2	8949901	1	Shroud FZ Rear Short -Rosewood
2	8949101	1	Shroud FZ Rear Short -Bamboo
2	8950101	1	Shroud FZ Rear Short -Stainless Steel
3	8949801	1	Shroud FZ Front Short Right -Rosewood
3	8950001	1	Shroud FZ Front Short Right-Stainless Steel
3	8949201	1	Shroud FZ Front Short Right -Sky
3	8949001	1	Shroud FZ Front Short Right -Bamboo
3	8949601	1	Shroud FZ Front Short Right -Stem
3	8949401	1	Shroud FZ Front Short Right -Bronze

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10Lb Increment Weight Assembly

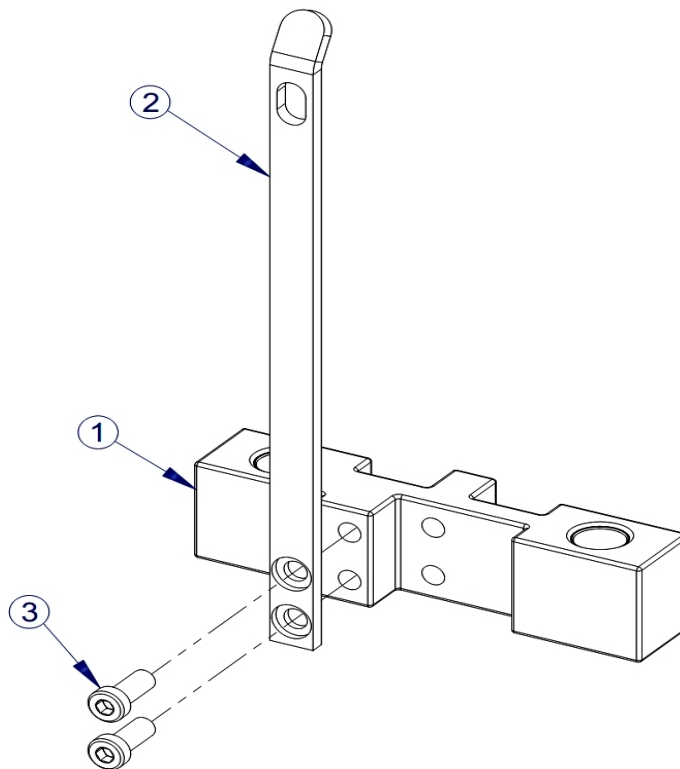


Ref #	Part Number	Qty	Description
1	7968501	1	Assembly FZ Inc Weight 5LB
2	7328101	1	Bracket Increment Weight-10LB
3	3236202	2	Hardware: Screw 25MM

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15Lb Increment Weight Assembly

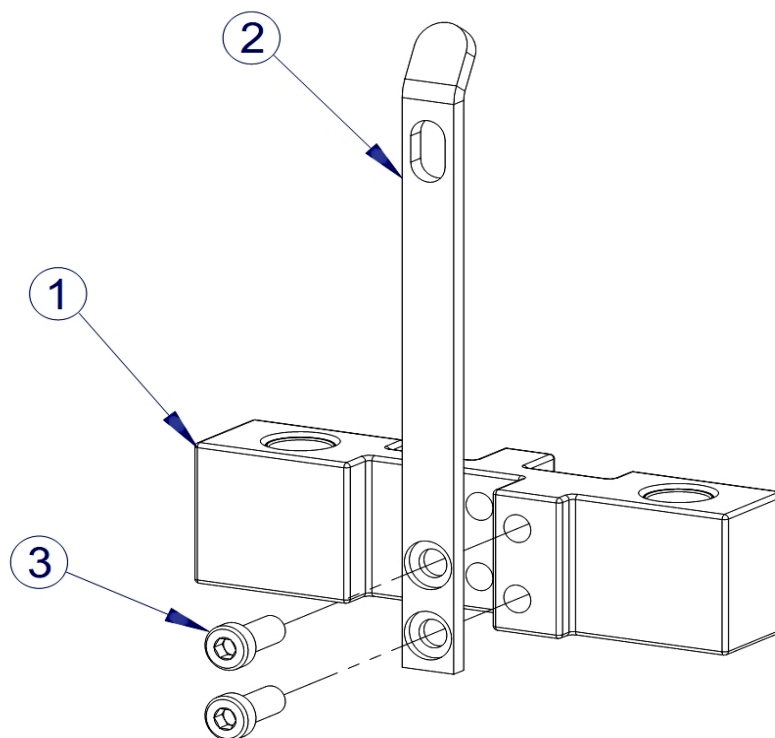


Ref #	Part Number	Qty	Description
1	7968501	1	Assembly FZ Inc Weight 5LB
2	7328201	1	Bracket Increment Weight-15LB
3	3236202	2	Hardware: Screw 25MM

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5Lb Increment Weight Assembly



Ref #	Part Number	Qty	Description
1	7968501	1	Assembly FZ Inc Weight 5LB
2	7328001	1	Bracket Increment Weight-5LB
3	3236202	2	Hardware: Screw 25MM

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Frame and Upholstery Color Chart

Frame Colors



Note: Include frame color in order notes when ordering frame assemblies or weldments.

Upholstery Colors



Replace '99' with the above color suffix when ordering pads (i.e. 7412399 = 7412301 BLACK)

Shroud Options Chart

STANDARD SHROUD NO WRAP



TRANSLUCENT



OPTIONAL StackWraps™ SHROUD + WRAP

BAMBOO



BRONZE



ROSEWOOD



SKY



STAINLESS
STEEL



STEM



CO-BRANDED StackWraps™

SHROUD + WRAP
(refer to co-branded parts list)



PLANET FITNESS

blink FITNESS



BLINK FITNESS

Retro Fitness



RETRO FITNESS