

Signature Series Single - Station Shoulder Press

FZSP

Parts Manual

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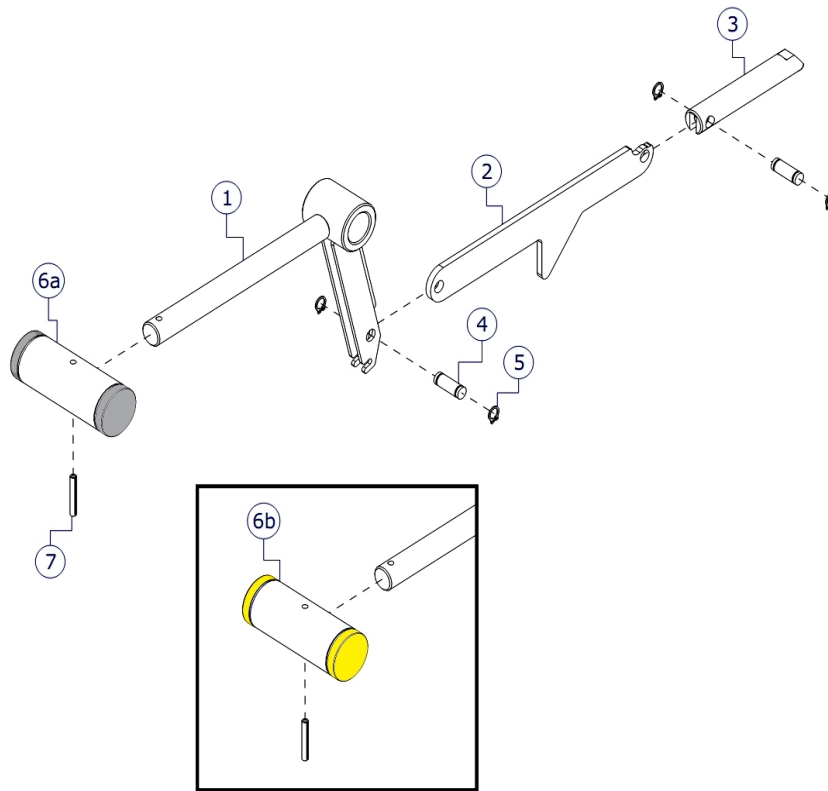
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** Upholstery & Frame Colors are listed at the end of the Parts Manual **

** Shroud Options are listed at the end of the Parts Manual **

Adjuster Handle Assembly

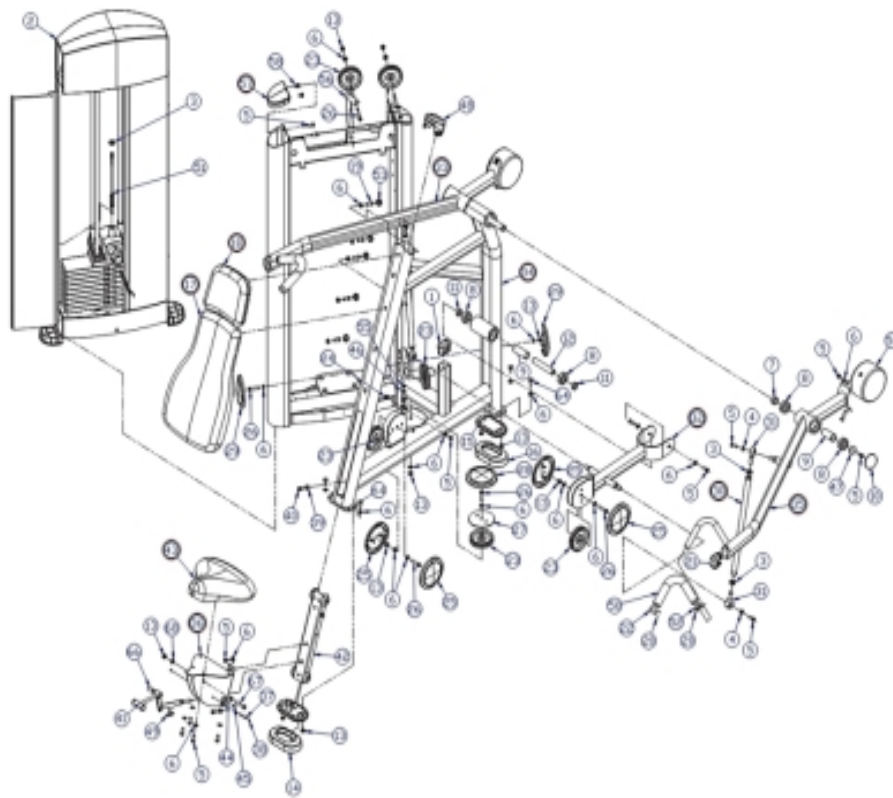


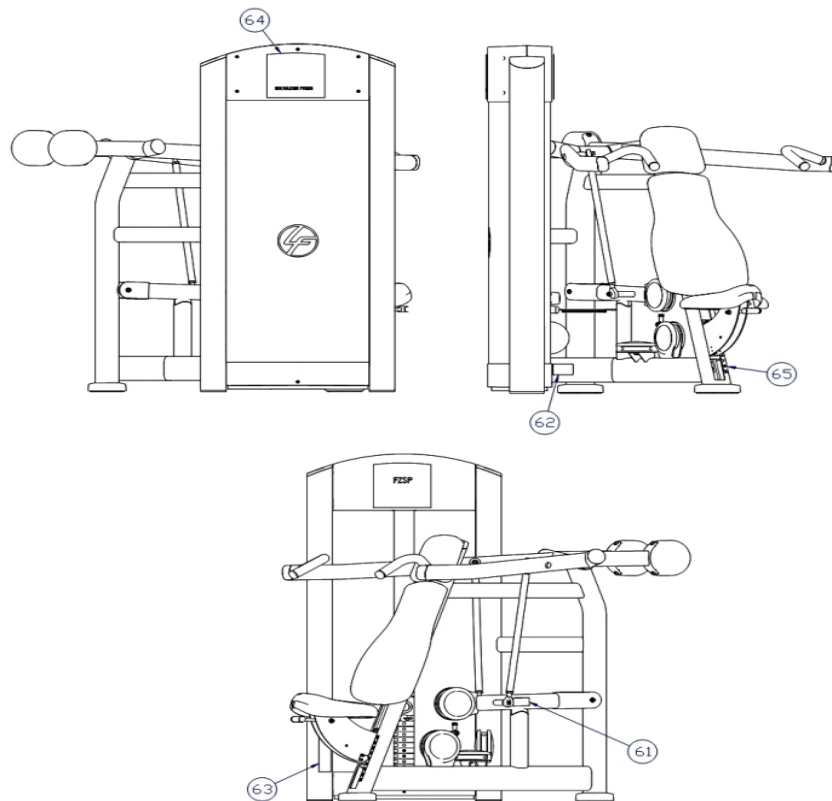
Ref #	Part Number	Qty	Description
1	7777595	1	Weldment FZ Seat Adj Handle Shadow Gray
2	9164801	1	LINK, ADJUSTER
3	9154101	1	PIN, INDEX
4	7407501	2	Pin Link X .520
5	3232401	4	Reatining Ring 0.230" D
6B	7287903	1	Adjuster Handle
6A	7287901	1	Handle Adjuster
7	3110010	1	Roll Pin 1/8" D X 7/8" L

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Component Assembly Serial Numbers FZ001004 and Below





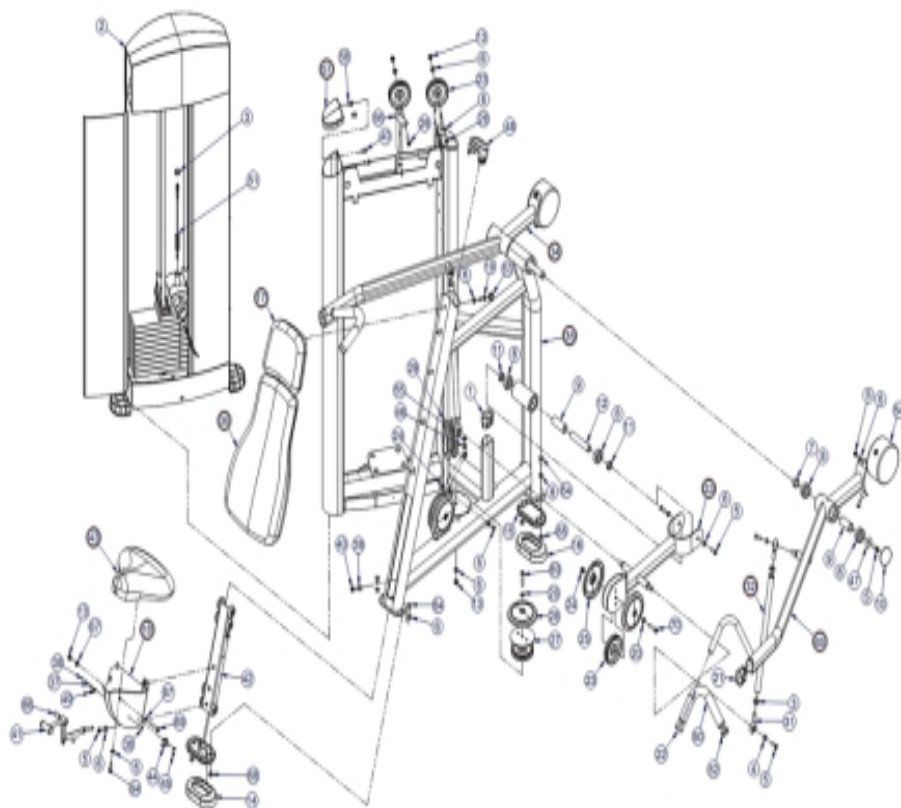
Ref #	Part Number	Qty	Description
1	7317901	1	Stop Bumper
3	3236902	5	Hardware: Nut 16 MM ID
4	7385201	4	Spacer .406 X .750 X .250 SS
5	3236202	15	Hardware: Screw 25MM
6	3273303	26	Hardware: WasherR, 3/8, THRU-HARDENED
7	7330002	2	Spacer Internal 0.653" L
8	3235601	6	Ball Bearing
9	7330003	3	Spacer Internal X 3.235
10	7308701	2	Cap Bearing Housing
11	7330001	2	Spacer Internal X .403
12	7316502	1	Shaft 25MM D 5.25" L
13	3236801	4	Hardware: Nut 10 MM ID
14	7419601	1	Foot Cover - 20 Degrees
15	7334001	1	Foot 2.50 X 4.49 Flov 10-0074-046 BNR
16	7340201	1	Cover Foot - Straight
17	7474199	1	ASSY, LARGE BACK PAD Custom
18	7474399	1	ASSY, HEAD REST PAD Custom
19	3236204	5	Hardware: Screw 35MM
20	LEA3247701	8	Hardware: Screw
21	7333801	2	End Cap FLOV Small
22	7662902	2	Grip Cap
23	3237801	6	Pulley 4.5" OD
24	7335401	4	Hardware: Nut 10 MM ID
25	7340001	4	Notched Pulley Cover
26	3236206	2	Hardware: Screw 45MM
27	7318201	1	Plate Pulley
28	8167201	1	Service Kit, FZ Pulley Cover-Full, Bolted
29	8167001	2	Service Kit, FZ Pulley Cover-Partial, Bolted
30	7318002	1	Tie Rod 1 X 22

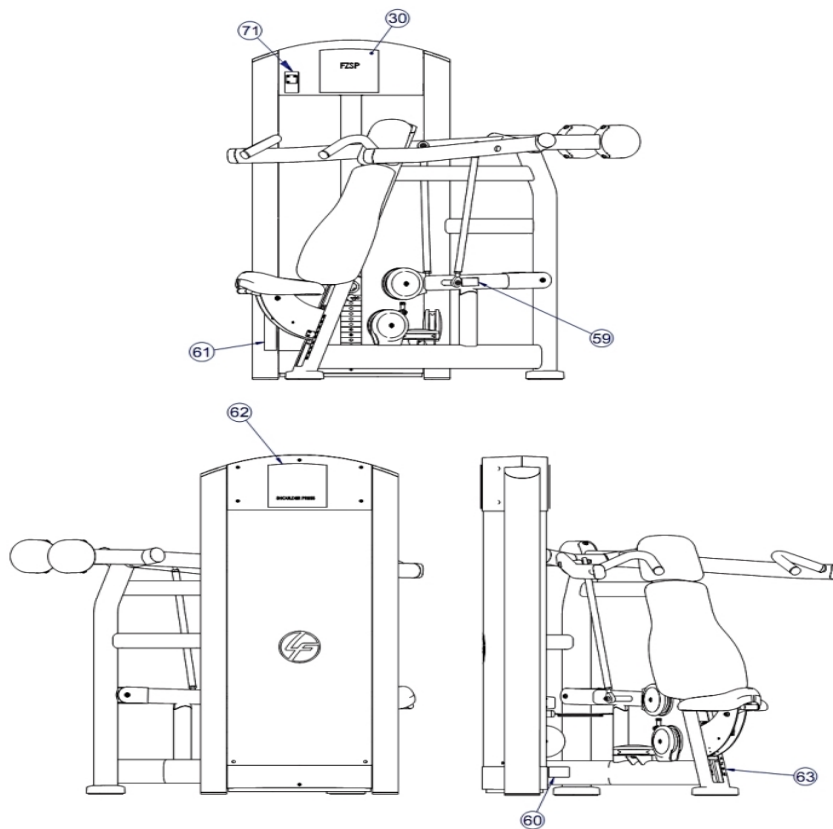
Ref #	Part Number	Qty	Description
31	3238701	4	Rod End Male
32	7315599	2	Weldment, FZSP Pivot Arm Custom
33	7761399	1	Weldment, FZSP, Press Arm Right Custom
35	7761499	1	WLDMT, FZSP PRESS ARM-LH Custom
36	7330599	1	Weldment, FZ Seat Support Custom
37	7407502	1	Pin Link X 1.531
38	3232401	2	Reatining Ring 0.230" D
39	LEA7385203	1	Spacer
40	3236201	5	Hardware: Screw 20MM
41	7778001	1	Assembly, FZ Adjuster Handle White
42	7911101	1	Assembly Seat Carriage
43	7297199	1	PAD, SEAT SADDLE Custom
44	7425295	1	Bracket Seat Indicator Shadow Gray
45	3239101	2	Hardware: Phillips Pan Screw
46	3237901	1	Rod End Metric Female
47	3236701	2	Fender Washer 3/8"
48	7333901	1	End Cap FLOV Large
49	3273101	1	SPRING, EXT, .50 X .067 X 2.00
50	3235802	2	Grip 1.5" OD
51	7423601	1	Cable FZSP 149"
52	7662802	2	Grip Ring 1.5"
53	3237403	5	Plug 1" Hole
54	7802001	2	Large Counter Weight-Coated
55	3236901	1	Hardware: Nut Hex Jam 10 MM
56	6757701	1	Cable Clip
57	7326201	2	Cap, D-Tube-Top White
58	3238601	4	Blind Thread Insert - 1.5"
59	8039501	1	Label Warning Triangle 10-0099-067 BNR
60	7571301	1	Label Serial Number
61	7422004	1	Label 2" ASTM Warning
62	7506801	1	Label FZSP Logo English
63	7524501	1	Label 1-9 Straight
64	3251202	4	Hardware: Screw 25MM
65	7506701	1	Label FZSP Placard English
66	7776501	1	Shaft .625 X .406 X 1.200
67	3236208	1	Hardware: Screw 55MM
68	7776401	4	Spacer Flange .406 X .495 X .81

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Component Assembly Serial Numbers FZ001005 and Above





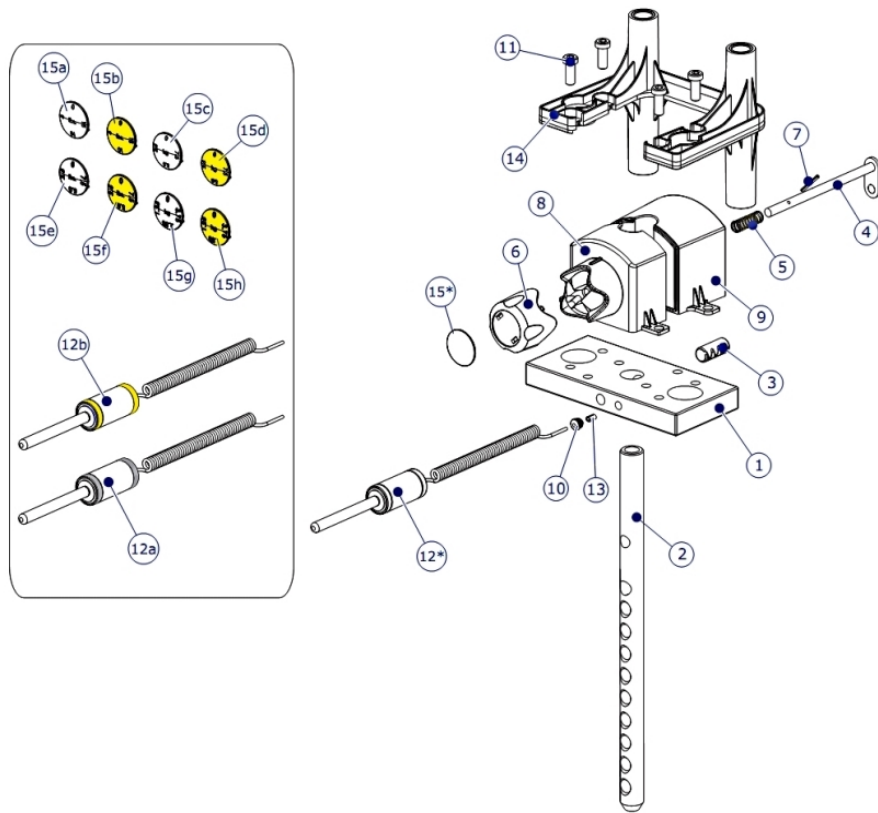
Ref #	Part Number	Qty	Description
1	7317901	1	Stop Bumper
3	3236902	5	Hardware: Nut 16 MM ID
4	7385201	4	Spacer .406 X .750 X .250 SS
5	3236202	15	Hardware: Screw 25MM
6	3273303	26	Hardware: WasherR, 3/8, THRU-HARDENED
7	7330002	2	Spacer Internal 0.653" L
8	3235601	6	Ball Bearing
9	7330003	3	Spacer Internal X 3.235
10	7308701	2	Cap Bearing Housing
11	7330001	2	Spacer Internal X .403
12	7316502	1	Shaft 25MM D 5.25" L
13	3236801	4	Hardware: Nut 10 MM ID
14	7419601	1	Foot Cover - 20 Degrees
15	7334001	1	Foot 2.50 X 4.49 Flov 10-0074-046 BNR
16	7340201	1	Cover Foot - Straight
17	7474399	1	ASSY, HEAD REST PAD Custom
18	7330501	1	Weldment FZ Seat Support
19	3251203	5	Hardware: Screw 30MM
20	7630101	4	Retainer CM/MJ Pulley
21	7333801	2	End Cap FLOV Small
22	7662902	2	Grip Cap
23	3237801	6	Pulley 4.5" OD
24	7335401	4	Hardware: Nut 10 MM ID
25	8104501	4	Pulley Cover Notched
26	3236206	2	Hardware: Screw 45MM
27	7318201	1	Plate Pulley
28	8102901	1	Pulley Cover Full
29	8094101	2	Pulley Cover Partial
30	7506701	1	Label FZSP Placard English

Ref #	Part Number	Qty	Description
30	7506704	1	LABEL, FZSP PLACARD SPN
30	7506709	1	LABEL, FZSLP PLACARD SWE
30	7506708	1	Label, FZSP Placard Portuguese
30	7506707	1	Label, FZSP Placard Japanese
30	7506710	1	Label, FZSP Placard Russian
30	7506705	1	Label, FZSP Placard Italian
30	7506702	1	Label, FZSP Placard German
30	7506703	1	Label, FZSP Placard French
30	7506706	1	LABEL, FZSP PLACARD DUT
31	3238701	4	Rod End Male
32	7318002	2	Tie Rod 1 X 22
33	7315501	1	Weldment FZSP Pivot Arm
34	7997401	1	Weldment FZSP Press Arm Right
36	7474199	1	ASSY, LARGE BACK PAD Custom
37	7407502	1	Pin Link X 1.531
38	3232401	2	Reatining Ring 0.230" D
39	LEA7385203	1	Spacer
40	3236201	5	Hardware: Screw 20MM
41	7778003	1	Assembly, FZ Adjuster Handle Black
41	7778001	1	Assembly, FZ Adjuster Handle White
42	7911101	1	Assembly Seat Carriage
43	7297199	1	PAD, SEAT SADDLE Custom
44	7425295	1	Bracket Seat Indicator Shadow Gray
45	3239101	2	Hardware: Phillips Pan Screw
46	3237901	1	Rod End Metric Female
47	3236701	2	Fender Washer 3/8"
48	7333901	1	End Cap FLOV Large
49	3273101	1	SPRING, EXT, .50 X .067 X 2.00
50	3235802	2	Grip 1.5" OD
51	7423601	1	Cable FZSP 149"
52	7662802	2	Grip Ring 1.5"
53	3237403	5	Plug 1" Hole
54	7802001	2	Large Counter Weight-Coated
55	3236901	1	Hardware: Nut Hex Jam 10 MM
56	6757701	1	Cable Clip
57	7326299	2	Cap, D-Tube-Top Custom
58	3238601	4	Blind Thread Insert - 1.5"
59	8039501	1	Label Warning Triangle 10-0099-067 BNR
60	7571301	1	Label Serial Number
61	7422004	1	Label 2" ASTM Warning
62	7506801	1	Label FZSP Logo English
63	7524501	1	Label 1-9 Straight
64	3251202	8	Hardware: Screw 25MM
65	7997599	1	Weldment, FZSP Press Arm LH Custom
66	7776501	1	Shaft .625 X .406 X 1.200
67	7776401	2	Spacer Flange .406 X .495 X .81
68	3254703	4	Hardware: Nut 10 MM ID
69	3236208	2	Hardware: Screw 55MM
70	3236207	3	Hardware: Screw 50MM
71	9311501	1	LABEL, FZSP, NFC-QR TAG

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** Shroud Options are list at the end of the Parts Manual **

Head Plate Assembly



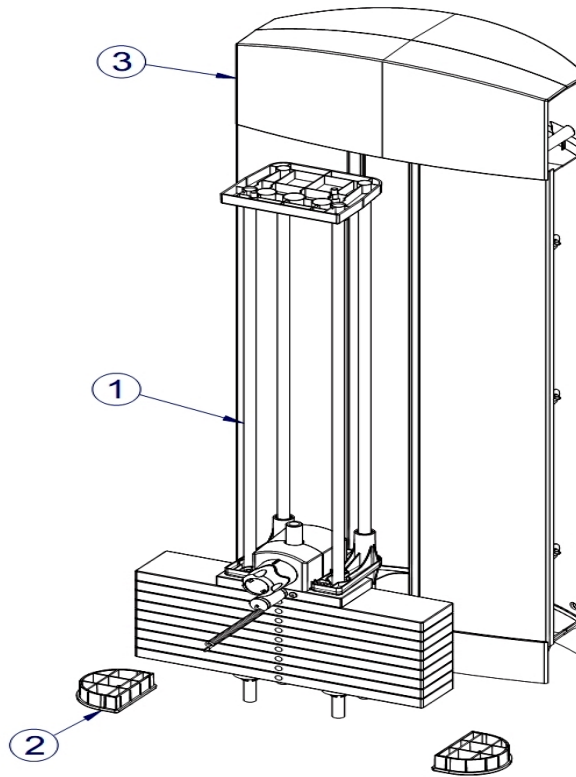
Ref #	Part Number	Qty	Description
1	7326701	1	Head Plate
2	7347801	1	Stem 9 Plate
3	3236001	1	SpringPin Bushing
4	7327201	1	Increment Weight Pin
5	8024501	1	Spring
6	7326101	1	Incremental Weight Selector Knob
7	3110008	1	Roll Pin 1/8" D 1-1/4" L
8	7326401	1	Selector Housing - Front
9	7326501	1	Selector Housing - Rear
10	7356501	1	Plug Lanyard Attachment
11	3236202	4	Hardware: Screw 25MM
12A	7338101	1	Weight Stack Selector Pin
12B	7338103	1	Weight Stack Selector Pin
13	7523601	1	Crimp Cable
14	8867301	1	Assembly FZ Stabilizer with Bushings
15D	7398703	1	Selector Knob Cap - 2.5 KG Yellow
15A	7398601	1	Selector Knob Cap - 5 LBS Silver
15H	8946503	1	CAP, FZ SELECTOR KNOB - 1.25 KG, YELLOW
15E	8865801	1	FZ Selector Knob Cap - 2.5 LBS Silver
15F	8865803	1	FZ Selector Knob Cap - 2.5 LBS Yellow
15G	8946501	1	CAP, FZ SELECTOR KNOB - 1.25 KG, SILVER
15C	7398701	1	Selector Knob Cap - 2.5 KG Silver

Ref #	Part Number	Qty	Description
15B	7398603	1	Selector Knob Cap - 5 LBS Yellow

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MID-9 Tower Assembly

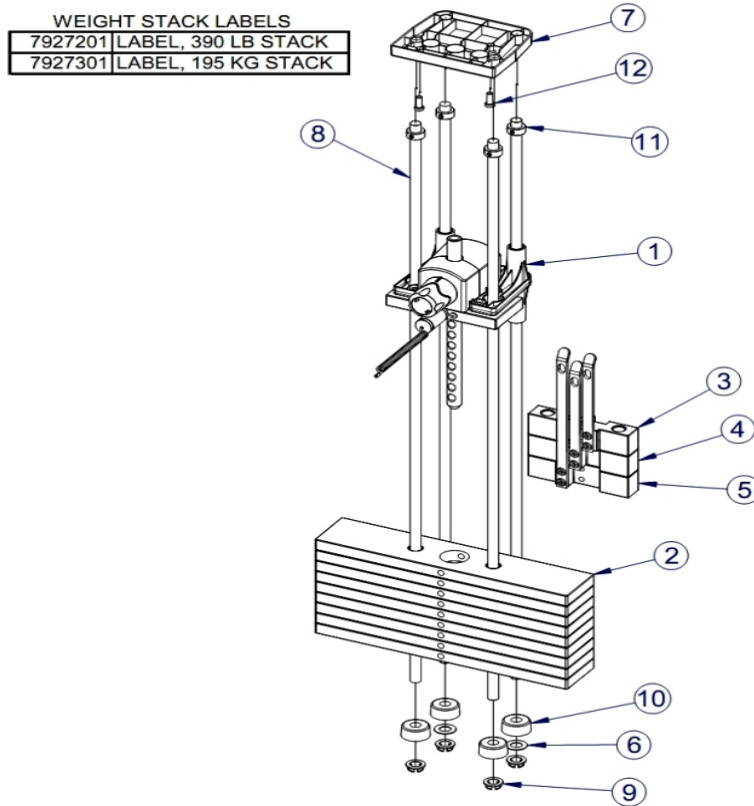


Ref #	Part Number	Qty	Description
2	7326301	2	Cap D-Tube-Bottom

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MID-9 Weight Stack Assembly

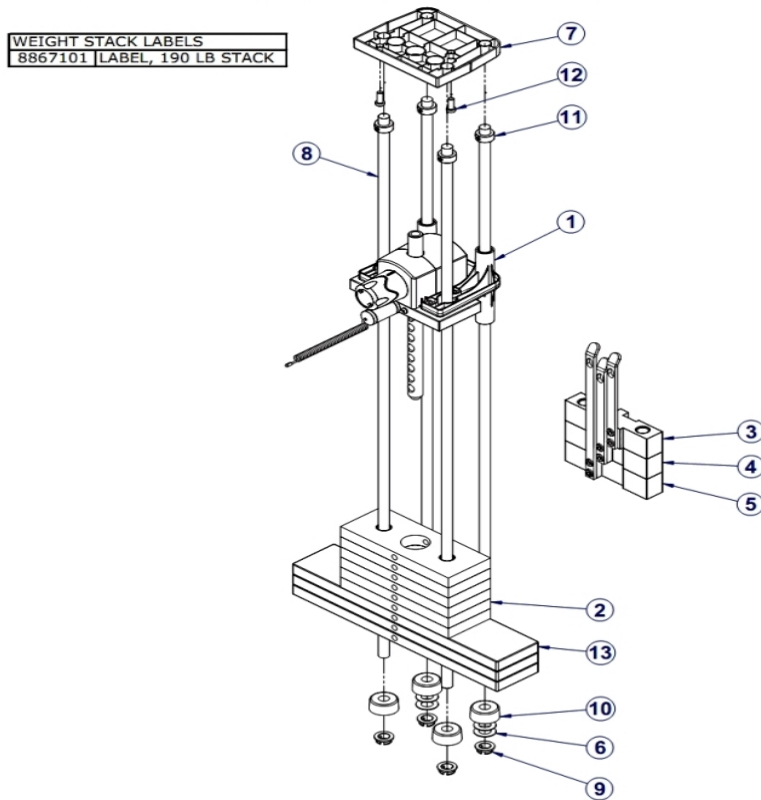


Ref #	Part Number	Qty	Description
1	7350601	1	Assembly Head Plate (9)
2	7328401	9	Weight Plate 20 LB
3	7327601	1	Assembly Increment Weight-5LB
4	7327701	1	Assembly Increment Weight-10LB
5	7327801	1	Assembly Increment Weight-15LB
6	7351001	2	Spacer Increment Weight Stack
7	7621101	1	Guide Rod Retainer Top
8	7328602	4	Guide Rod .75" OD 53.50" L
9	7337901	4	Bushing Guide Rod
10	7352101	4	Cushion Weight Stack
11	3103301	4	Shaft Collar 3/4" ID Zinc
12	3236202	2	Hardware: Screw 25MM
-	7927301	1	Label 195 KG Stack
-	7927201	1	Label 390 LB Stack

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Optional MID Light-9 Weight Stack Assembly

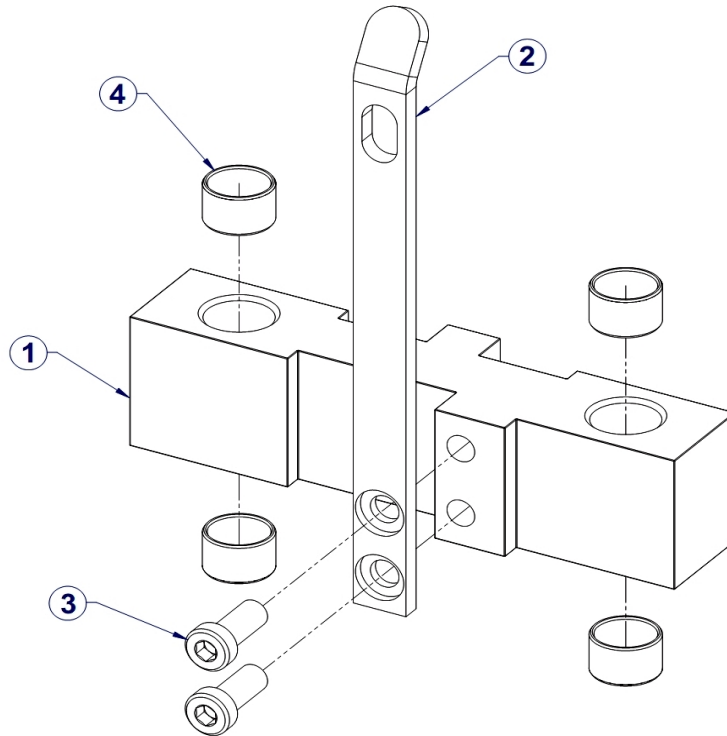


Ref #	Part Number	Qty	Description
1	7350601	1	Assembly Head Plate (9)
2	7353701	6	Weight Plate 10 LB
3	8861301	1	Assembly FZ Inc Weight - 2.5 LB
4	8861401	1	Assembly FZ Inc Weight - 5 LB
5	8861501	1	Assembly FZ Inc Weight - 7.5 LB
6	7351001	4	Spacer Increment Weight Stack
7	7621101	1	Guide Rod Retainer Top
8	7328602	4	Guide Rod .75" OD 53.50" L
9	7337901	4	Bushing Guide Rod
10	7352101	4	Cushion Weight Stack
11	3103301	4	Shaft Collar 3/4" ID Zinc
12	3236202	2	Hardware: Screw 25MM
13	7328401	3	Weight Plate 20 LB
-	7927301	1	Label 195 KG Stack
-	7927201	1	Label 390 LB Stack

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Optional 2.5Lb Increment Weight Assembly

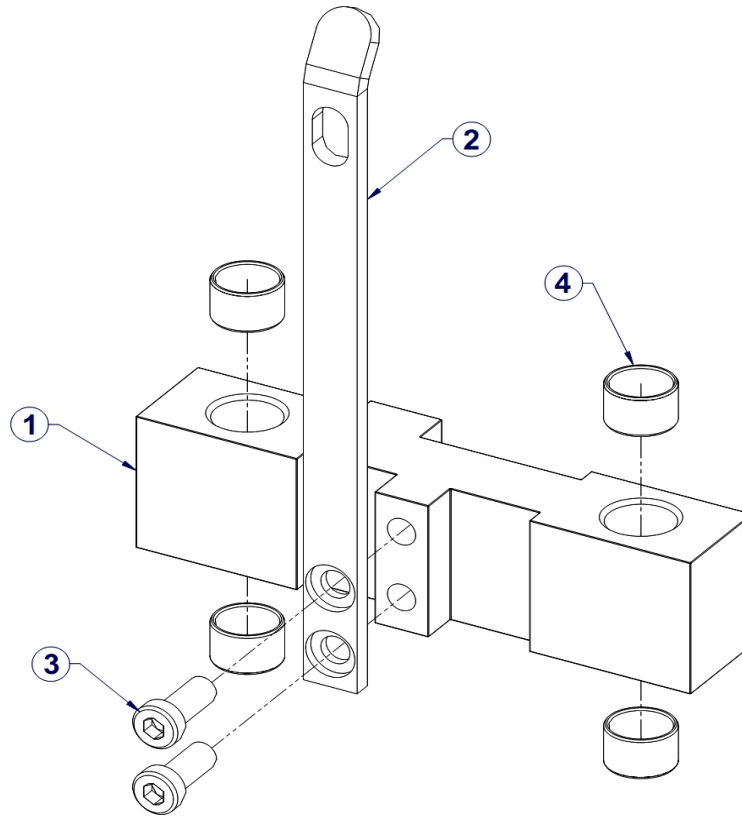


Ref #	Part Number	Qty	Description
1	8861295	1	Increment Weight
2	7328001	1	Bracket Increment Weight-5LB
3	3236202	2	Hardware: Screw 25MM
4	3202501	4	Bearing Sleeve

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Optional 5Lb Increment Weight Assembly

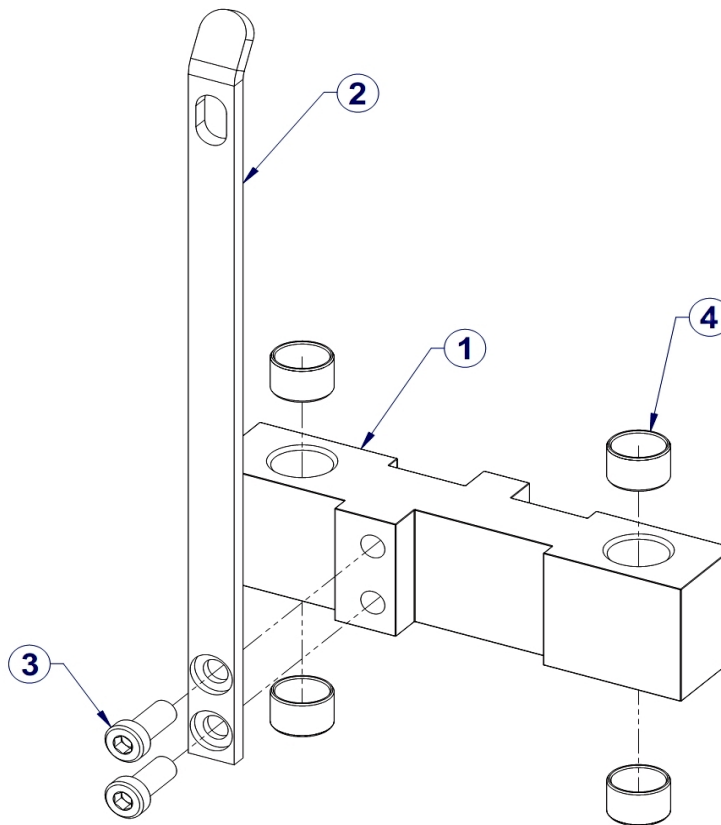


Ref #	Part Number	Qty	Description
1	8861295	1	Increment Weight
2	7328101	1	Bracket Increment Weight-10LB
3	3236202	2	Hardware: Screw 25MM
4	3202501	4	Bearing Sleeve

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Optional 7.5Lb Increment Weight Assembly

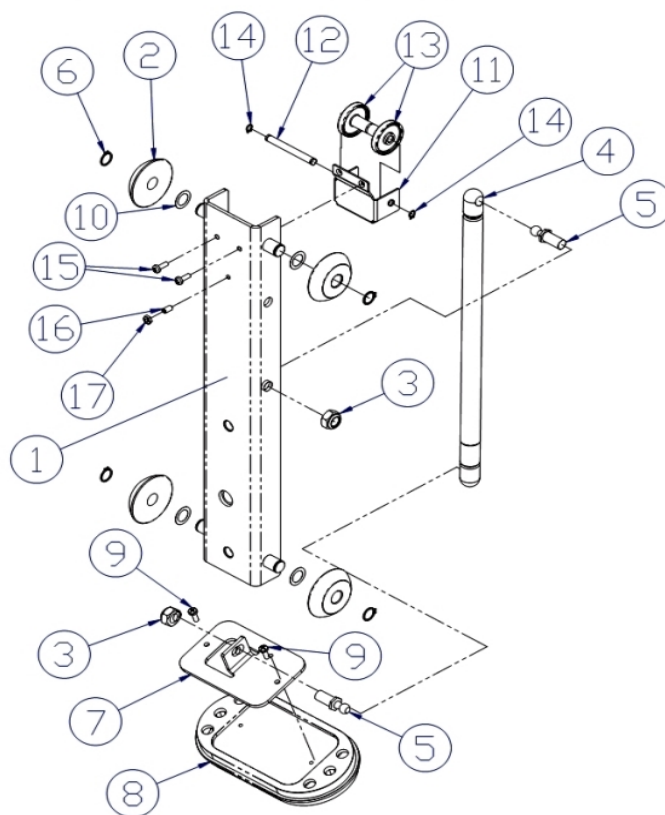


Ref #	Part Number	Qty	Description
1	8861295	1	Increment Weight
2	7328201	1	Bracket Increment Weight-15LB
3	3236202	2	Hardware: Screw 25MM
4	3202501	4	Bearing Sleeve

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Seat Carriage Assembly Serial Numbers FZ001004 and Below

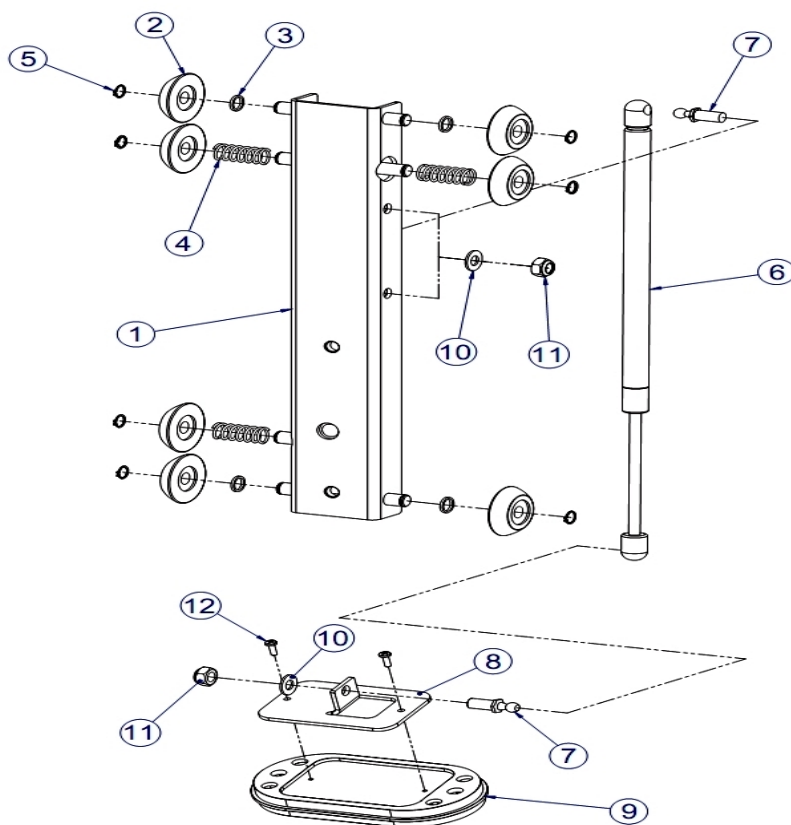


Ref #	Part Number	Qty	Description
1	7626995	1	WLDMT, FZ SEAT CARRIAGE SG
2	7331501	4	Roller, Seat Carriage
3	3236801	2	Hardware: Nut 10 MM ID
4	3235703	1	Gas Spring
5	7414301	2	Stud M10 Ball End M10 X 1.5
6	3232409	4	Retaining Ring .468" D
7	7339401	1	Gas Spring Bracket
8	7334001	1	Foot 2.50 X 4.49 Flov 10-0074-046 BNR
9	3273501	2	M4 PHL PAN C ST ZN
10	3243801	4	Washer, .500 X .750 X .010 Shim
11	7617401	1	BRKT, ROLLER
12	7407502	1	Pin Link X 1.531
13	7617501	2	Roller, Flange
14	3232401	2	Reatining Ring 0.230" D
15	3236501	2	Hardware: Nut 0.7" ID
16	3247402	1	M5 X 0.8 HXS NO CUP ST BO X 10MM
17	3247501	1	Hardware: Nut 5 MM ID

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Seat Carriage Assembly Serial Numbers FZ001005 and Above

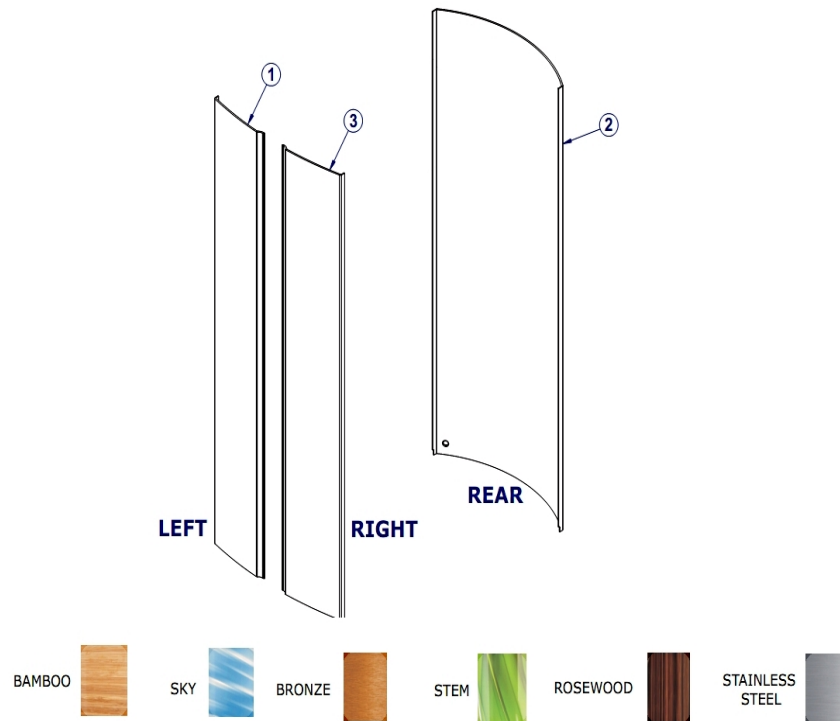


Ref #	Part Number	Qty	Description
1	7911295	1	Weldment Seat Carriage Shadow Gray
2	7889701	7	Roller Seat Carriage
3	7911901	4	Spacer .625 Diameter X 16 GA
4	7912001	3	Spring Seat Carriage
5	3232408	7	Reatining Ring 0.443" D
6	3235703	1	Gas Spring
7	7414301	2	Stud M10 Ball End M10 X 1.5
8	7339401	1	Gas Spring Bracket
9	7334001	1	Foot 2.50 X 4.49 Flov 10-0074-046 BNR
10	3273303	2	Hardware: WasherR, 3/8, THRU-HARDENED
11	3236801	2	Hardware: Nut 10 MM ID
12	3273501	2	M4 PHL PAN C ST ZN

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Stackwraps Shroud

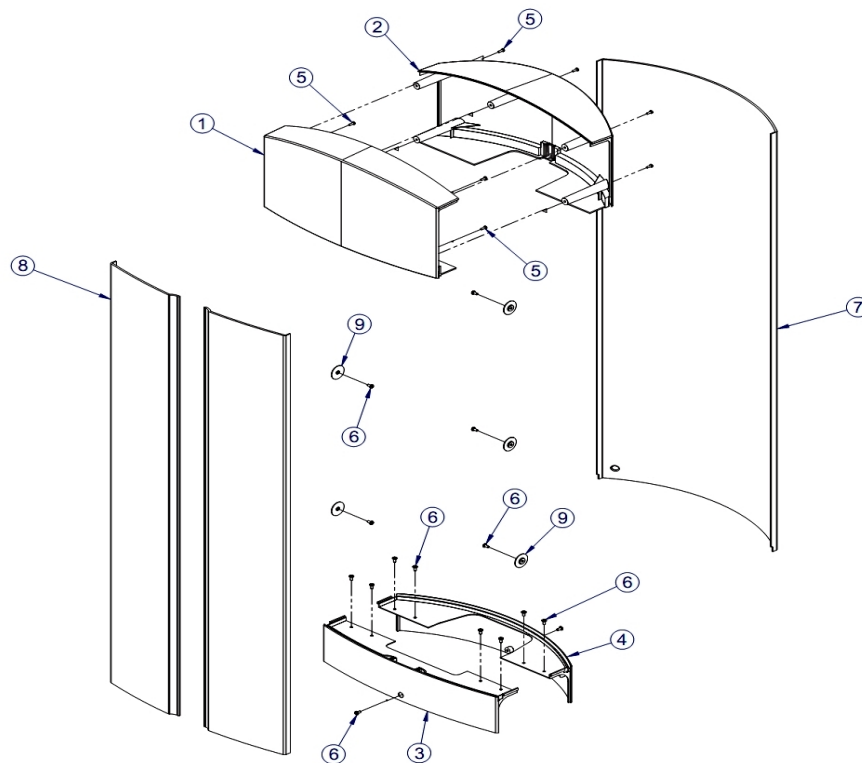


Ref #	Part Number	Qty	Description
1	8954701	1	Shroud FZ Front Short Left -Stainless Steel
1	8954301	1	Shroud FZ Front Short Left -Sky
1	8954601	1	Shroud FZ Front Short Left -Rosewood
1	8954501	1	Shroud FZ Front Short Left -Stem
1	8954401	1	Shroud FZ Front Left - Bronze
1	8954201	1	Shroud FZ Front Short Left -Bamboo
2	8949901	1	Shroud FZ Rear Short -Rosewood
2	8950101	1	Shroud FZ Rear Short -Stainless Steel
2	8949301	1	Shroud FZ Rear Short -Sky
2	8949701	1	Shroud FZ Rear Short -Stem
2	8949501	1	Shroud FZ Rear -Bronze
2	8949101	1	Shroud FZ Rear Short -Bamboo
3	8949401	1	Shroud FZ Front Short Right -Bronze
3	8949201	1	Shroud FZ Front Short Right -Sky
3	8950001	1	Shroud FZ Front Short Right-Stainless Steel
3	8949001	1	Shroud FZ Front Short Right -Bamboo
3	8949601	1	Shroud FZ Front Short Right -Stem
3	8949801	1	Shroud FZ Front Short Right -Rosewood

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Standard Plastic Tower Assembly

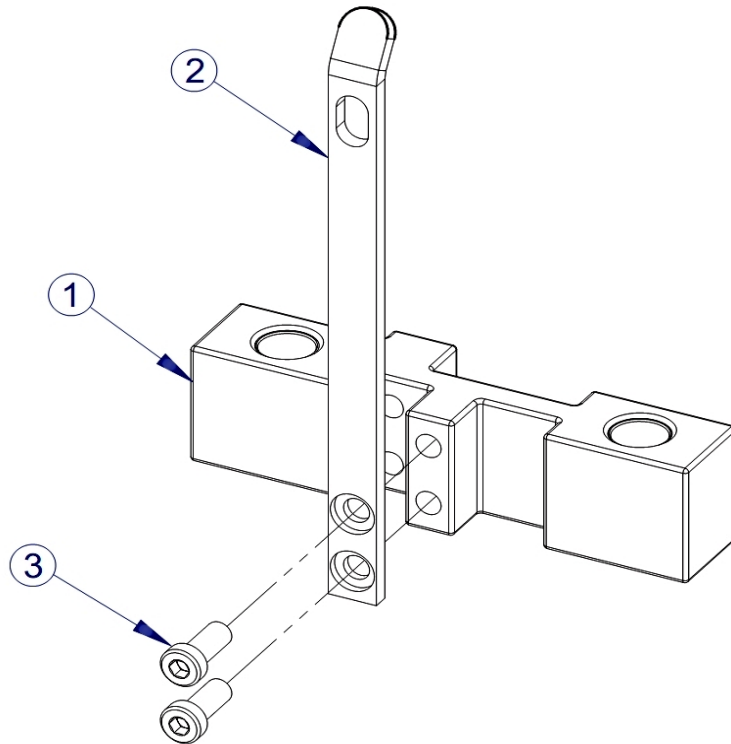


Ref #	Part Number	Qty	Description
1	7318601	1	Cover Tower-Top Front
2	7318701	1	Cover Tower - Top Rear
3	7318801	1	Cover Tower-Bottom Front
4	7318901	1	Cover Tower-Bottom Rear
5	3236501	9	Hardware: Nut 0.7" ID
6	3239101	16	Hardware: Phillips Pan Screw
7	7765701	1	Tower Shroud-Rear Short
8	7765601	2	Tower Shroud-Front Short
9	7583501	6	Retainer FZ Shroud

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10Lb Increment Weight Assembly

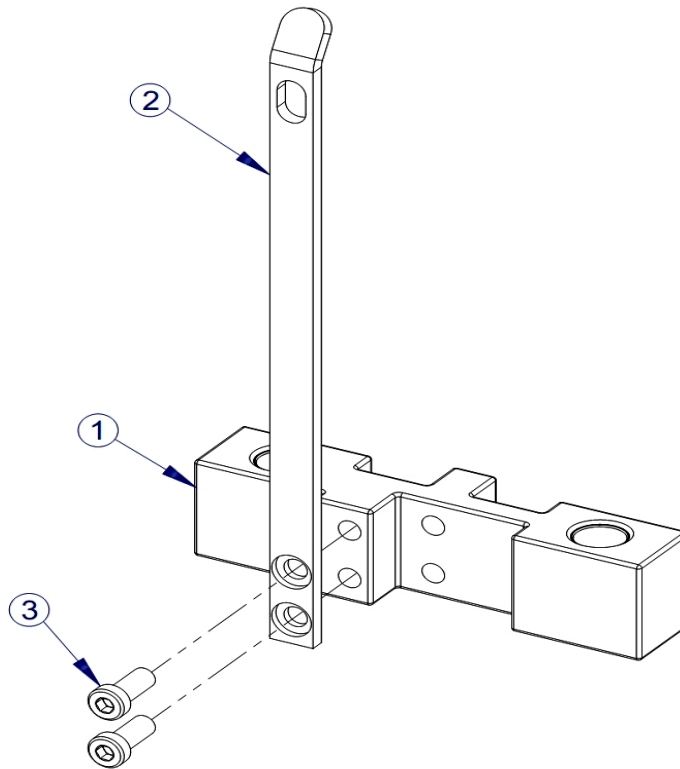


Ref #	Part Number	Qty	Description
1	7968501	1	Assembly FZ Inc Weight 5LB
2	7328101	1	Bracket Increment Weight-10LB
3	3236202	2	Hardware: Screw 25MM

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15Lb Increment Weight Assembly

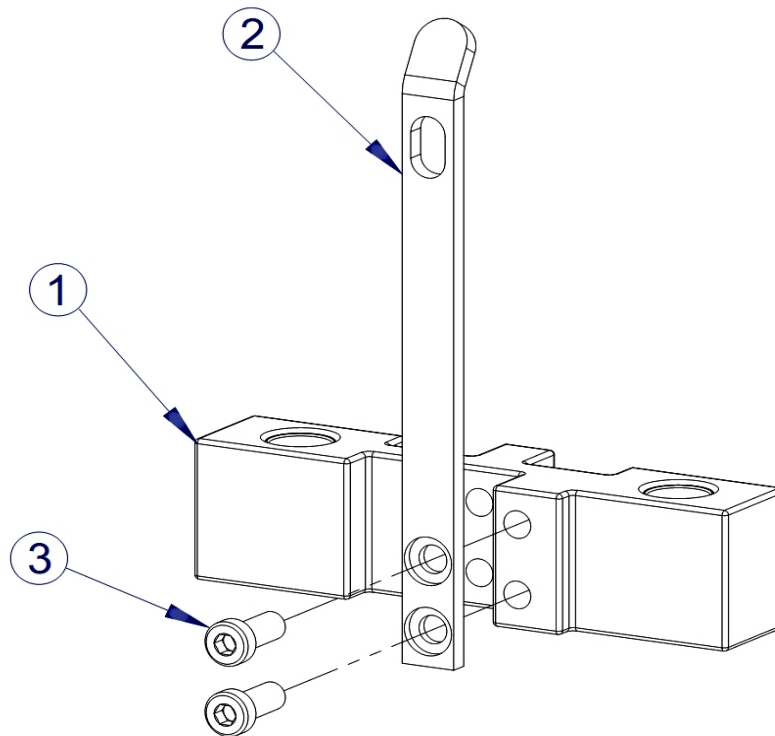


Ref #	Part Number	Qty	Description
1	7968501	1	Assembly FZ Inc Weight 5LB
2	7328201	1	Bracket Increment Weight-15LB
3	3236202	2	Hardware: Screw 25MM

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5Lb Increment Weight Assembly



Ref #	Part Number	Qty	Description
1	7968501	1	Assembly FZ Inc Weight 5LB
2	7328001	1	Bracket Increment Weight-5LB
3	3236202	2	Hardware: Screw 25MM

** Upholstery and Frame Colors are list at the end of the Parts Manual **

** Shroud Options are list at the end of the Parts Manual **

Frame and Upholstery Color Chart

Frame Colors



Note: Include frame color in order notes when ordering frame assemblies or weldments.

Upholstery Colors



Replace '99' with the above color suffix when ordering pads (i.e. 7412399 = 7412301 BLACK)

Shroud Options Chart

STANDARD SHROUD NO WRAP



TRANSLUCENT



OPTIONAL StackWraps™ SHROUD + WRAP

BAMBOO



BRONZE



ROSEWOOD



SKY



STAINLESS
STEEL



STEM



CO-BRANDED StackWraps™ SHROUD + WRAP (refer to co-branded parts list)



PLANET FITNESS

blink FITNESS



BLINK FITNESS

Retro Fitness



RETRO FITNESS