

Optima Series - Triceps Extension

OSTE

Parts Manual

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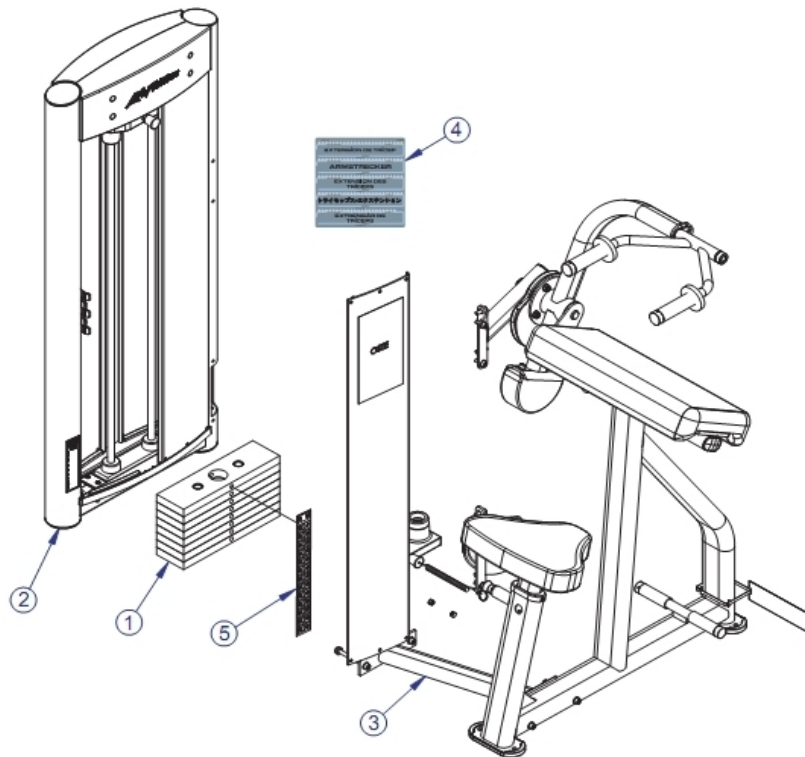


Table of Contents

Component Assembly.....	3
Frame Box Assembly.....	4
Handle Assembly.....	6
Hardware Bag 1.....	7
Hardware Bag 2.....	8
Head Plate Assembly.....	9
Incremental Weight Assembly.....	10
Main Frame Assembly.....	11
Optional Front Shroud Assembly.....	12
Pad Mount Assembly.....	13
Pivot Support Assembly.....	14
Pulley Bracket Assembly.....	15
Seat Assembly.....	16
Tower Assembly.....	17
Tower Frame Assembly.....	19

** Upholstery & Frame Colors are listed at the end of the Parts Manual **

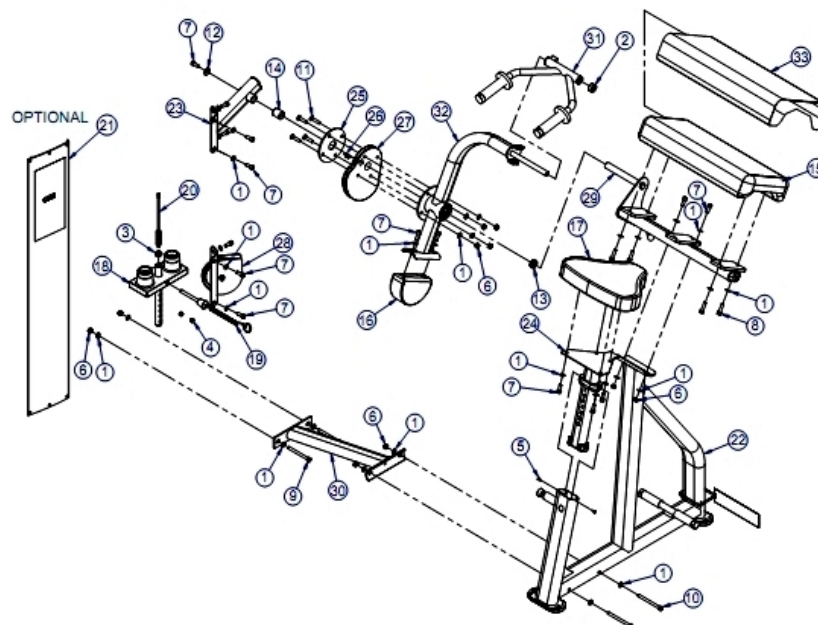
Component Assembly



Ref #	Part Number	Qty	Description
1	7353801	8	Weight Plate 15 LB
2	8403902	1	ASSY, OSTWR, FINAL-PLT
3	8570102	1	PTD ASSY, OSTE FRAME BOX - PLT
4	8766314	1	Label, OSTE, Multi Lang Sheet
5	8769601	1	Label, Weight Stack, 13 Plate

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Frame Box Assembly

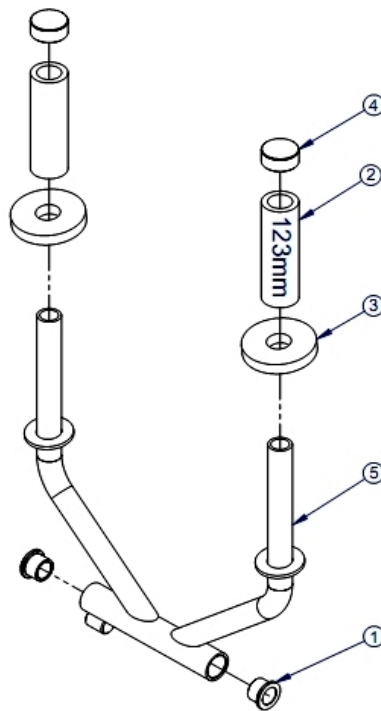


Ref #	Part Number	Qty	Description
1	3102514	34	Hardware: Flat Washer 3/8" ID
2	3103301	1	Shaft Collar 3/4" ID Zinc
3	3236902	1	Hardware: Nut 16 MM ID
4	3237402	2	Plug 1/2" Hole
5	3239101	2	Hardware: Phillips Pan Screw
6	LEA3242002	10	Hardware: Hex Nut 10MM D
7	LEA3251702	17	Screw; M10 X1.5 25MM
8	3251704	4	Hardware: Screw 35MM
9	3251718	2	M10 X 1.5 X 110 HXS SOC CS ST ZN
10	3251719	2	Hardware: Screw 120MM
11	3257209	4	M10 X 1.5 45MM FLT HD
12	3270001	1	WASHER, FLAT, METRIC 30 X 10.5 X 2.5, SS
13	7330011	1	Spacer, Internal X .425
14	7330013	1	Spacer, Internal X 1.406
15	8007099	1	Pad, Elbow 24 X 11 Custom
16	8008801	1	Counter Weight Semi Round
17	8472299	1	Pad, Saddle, Flat Custom
18	8505602	1	Assembly, OS Head Plate, 8 Plate
19	8506101	1	Assembly, Selector Pin
20	8531605	1	Cable, OSTE, Tower
21	8548610	1	Assembly, OSTE Front Shroud
22	8571102	1	Assembly, OSTE, Main Frame - Plate

Ref #	Part Number	Qty	Description
23	8576902	1	Painted Assembly, Pivot Support, Plate
24	8592401	1	Assembly, Seat
25	8592502	1	Plate, Cam, Plate
26	8592601	1	Plate, Cable Retainer
27	8632101	1	Cam, OSTE
28	8656002	1	ASSY, PULLEY BRKT - PLT
29	8664402	1	Painted Assembly, Pad Mount - Plate
30	8665102	1	Weldment, Cross Brace - Plate
31	8699302	1	PTD ASSY, OSTE HANDLE PLT
32	8701202	1	Painted Assembly, Work Arm
33	8027999	1	Wear Cover, Elbow Pad 24 X 11 Custom

** Upholstery and Frame Colors are list at the end of the Parts Manual **

Handle Assembly



Ref #	Part Number	Qty	Description
1	3266602	2	Bearing, Flange, 19MM ID
2	3235802	2	Grip 1.5" OD
3	7388101	2	Bumper Handle
4	7662902	2	Grip Cap
5	8699002	1	WLDMT, HANDLE, OSTE, PLT

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Hardware Bag 1

OSTE HARDWARE BAG: OSTE-HDWR



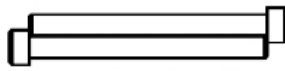
ASSY, OSTE, HARDWARE



327001 WASHER, FLAT
METRIC 30x10.5x2.5 (1Pcs)



7330011 SPACER,
INTERNAL X0.425 (1Pcs)



3251719 SCREW, M10X1.5X120 (2Pcs)



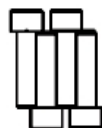
3251702 SCREW, M10X1.5X25 (17Pcs)



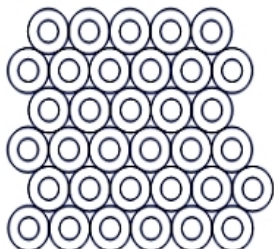
3242002 NUT, M10X1.5 HEX NYLOCK (10Pcs)



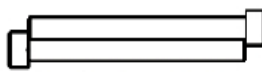
3257209 M10 X 45 FLAT
HEAD SOCKET (4Pcs)



3251704 SCREW,
M10X1.5X35 (4Pcs)



3102514 WASHER, FLAT 3/8 SAE ST (34Pcs)



3251718 M10X1.5X110 HXS SOC CS (2Pcs)



8592601 PLATE, CABLE
RETAINER (1Pcs)



7330013 SPACER,
INTERNAL, X1.406 (1Pcs)



3103301 SHAFT COLLAR,
3/4" ID ZINC (1Pcs)



3239101 SCREW, M5 X
1.5 X10 PHL (2Pcs)



3236902 NUT, HEX
JAM M16X2 SS (1Pcs)



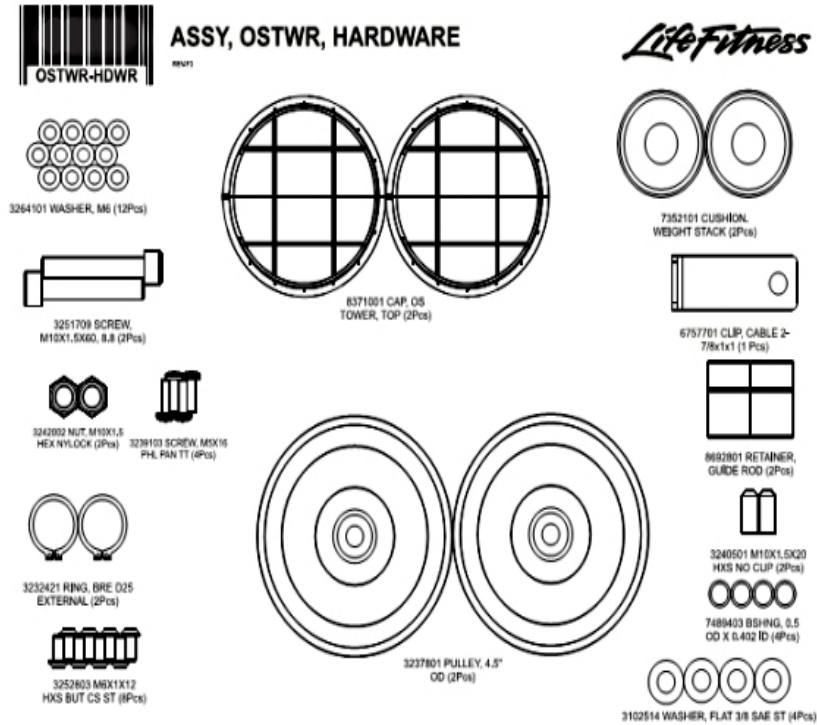
3237402 PLUG, 1/2"
HOLE (2Pcs)

Ref #	Part Number	Qty	Description
-	OSTE-HDWR	1	Assembly, OSTE Hardware Bag
-	8007001	1	Pad, Elbow 24 X 11 Black
-	8531605	1	Cable, OSTE, Tower
-	8592401	1	Assembly, Seat
-	8766314	1	Label, OSTE, Multi Lang Sheet
-	8505602	1	Assembly, OS Head Plate, 8 Plate
-	3235601	2	Ball Bearing
-	8548610	1	Assembly, OSTE Front Shroud
-	7330006	1	Spacer Internal X 1.765
-	8472201	1	Pad, Saddle, Flat Black
-	8506101	1	Assembly, Selector Pin
-	8008801	1	Counter Weight Semi Round
-	8632101	1	Cam, OSTE

** Upholstery and Frame Colors are list at the end of the Parts Manual **

Hardware Bag 2

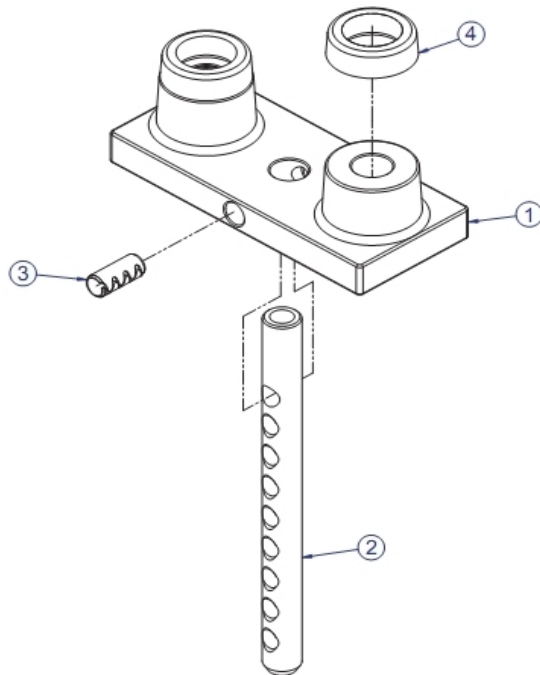
TOWER HARDWARE BAG: OSTWR-HDWR



Ref #	Part Number	Qty	Description
-	OSTWR-KIT	1	Hardware: Assembly, OSTWR, Component Kit
-	8504301	1	Assembly, Increment Weight, 7 LB
-	8370801	3	Shroud, OS Tower
-	8370901	1	Shroud, OS Tower, Center, Standard
-	8370701	2	Cover, OS Tower, Top
-	7328621	2	Guide Rod, .75 OD Solid X 48.60
-	8371301	2	Cover, OS Tower, Bottom
-	OSTWR-HDWR-G	1	ASSY, OSTWR, BLISTER PACK
-	OSTE-KIT	1	Hardware: Assembly, OSTE, Component Kit
-	8769601	1	Label, Weight Stack, 13 Plate

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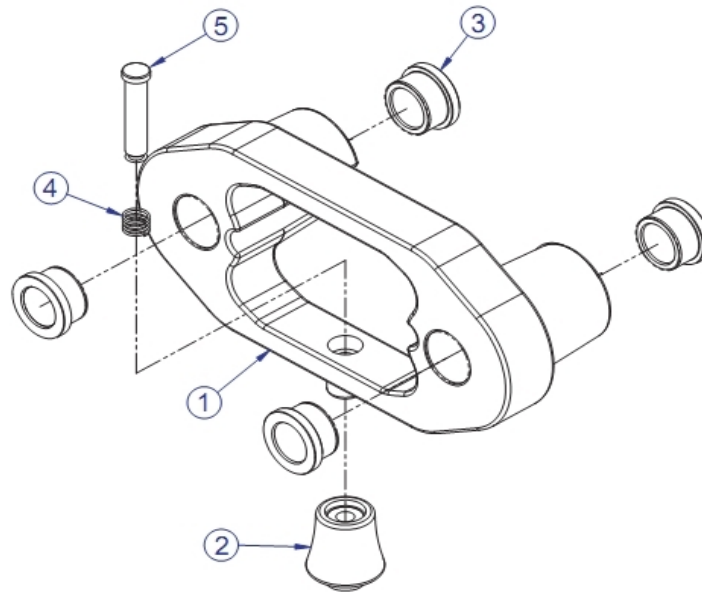
Head Plate Assembly



Ref #	Part Number	Qty	Description
1	8664101	1	Assembly, OS, Head Plate
2	8331702	1	Bayonet, OS, 8 Plate
3	3236001	1	SpringPin Bushing
4	7767601	2	Bumper PS Increment

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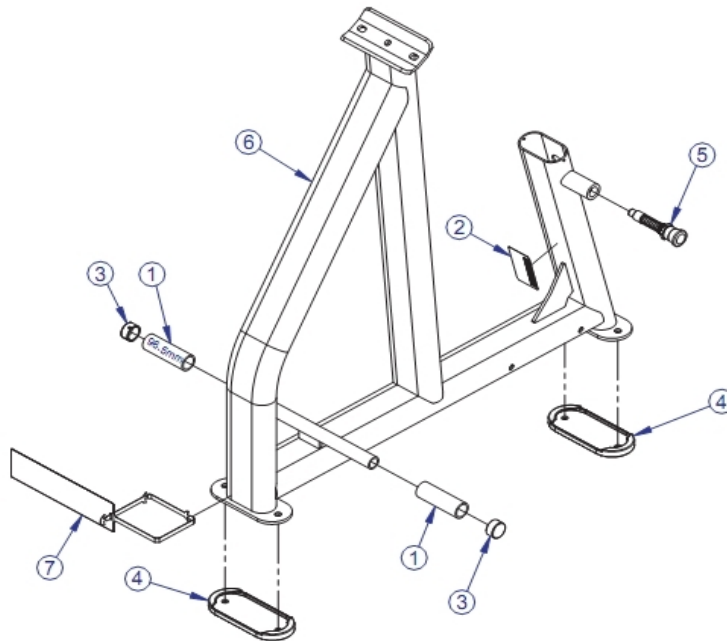
Incremental Weight Assembly



Ref #	Part Number	Qty	Description
1	8504201	1	BODY, INCREMENT WEIGHT, 7 LB
2	8048001	1	Knob Tulip Style
3	8045001	4	BEARING Increment Weight
4	7447001	1	Compression Spring
5	7446901	1	Hardware: Pin Retaining

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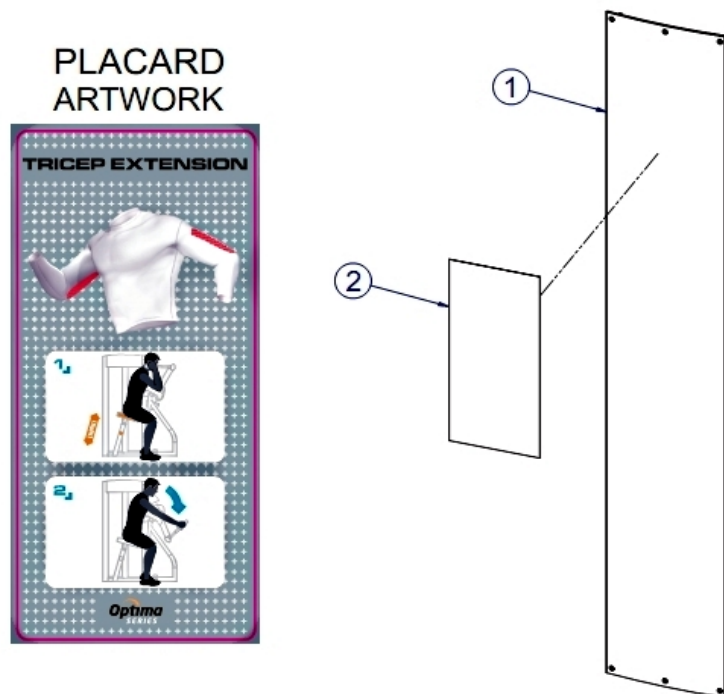
Main Frame Assembly



Ref #	Part Number	Qty	Description
1	3235801	2	Grip - 1.25" OD
2	7571301	1	Label Serial Number
3	7662901	2	Grip Cap
4	8474501	2	Foot, Optima
5	8544201	1	Assembly, OS, Spring Pin
6	8570202	1	Weldment, OSTE, Main Frame - Plate
7	8343101	1	Tag - Bolt To Floor

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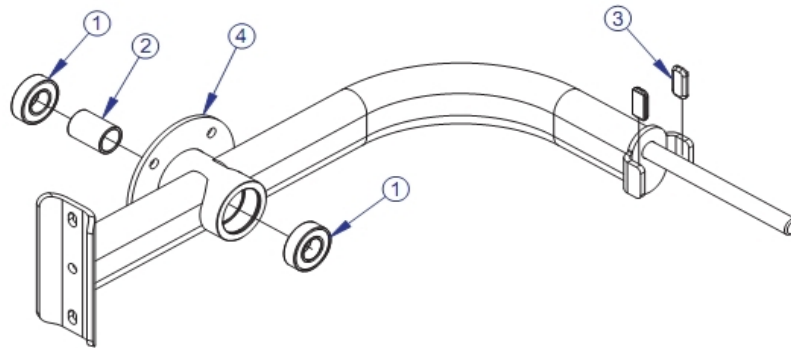
Optional Front Shroud Assembly



Ref #	Part Number	Qty	Description
1	8370801	1	Shroud, OS Tower
2	8766214	1	Label, OSTE, Placard

** Upholstery and Frame Colors are list at the end of the Parts Manual **

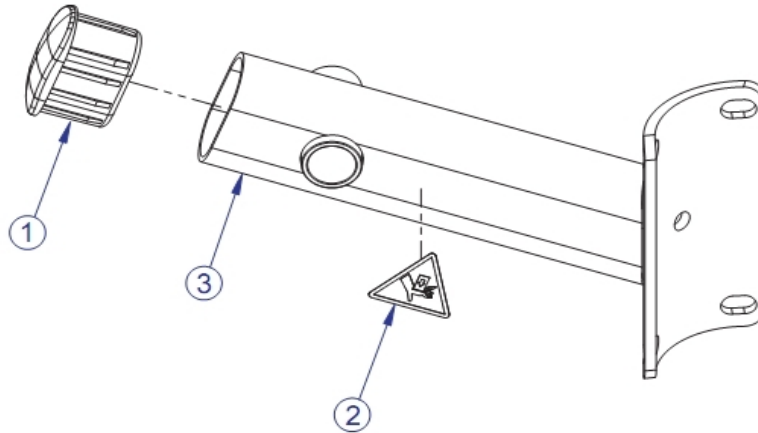
Pad Mount Assembly



Ref #	Part Number	Qty	Description
1	3235601	2	Ball Bearing
2	7330006	1	Spacer Internal X 1.765
3	7570801	2	Guard Paint 1.25 X .75 X .25
4	8699102	1	WLDMT, WORK ARM, PLT

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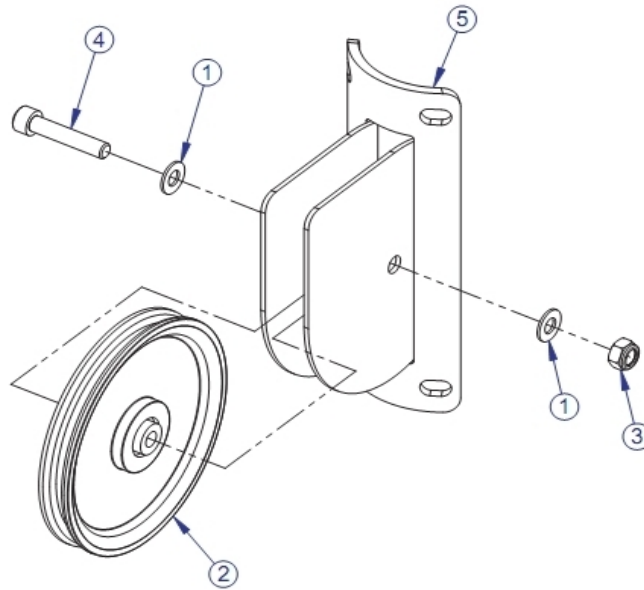
Pivot Support Assembly



Ref #	Part Number	Qty	Description
1	7800501	1	Small Cap
2	8039501	1	Label Warning Triangle 10-0099-067 BNR
3	8567502	1	Weldment, Pivot Support, Plate

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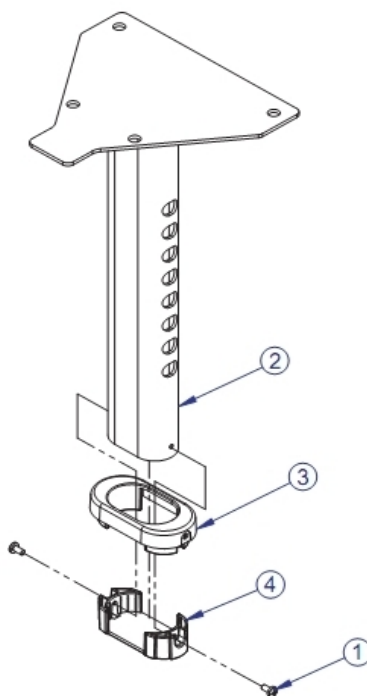
Pulley Bracket Assembly



Ref #	Part Number	Qty	Description
1	3102514	2	Hardware: Flat Washer 3/8" ID
2	3239601	1	Pulley - 6"
3	LEA3242002	1	Hardware: Hex Nut 10MM D
4	3251707	1	Hardware: Screw 50MM
5	8656102	1	Weldment, Pulley Mount - Plate

** Upholstery and Frame Colors are list at the end of the Parts Manual **

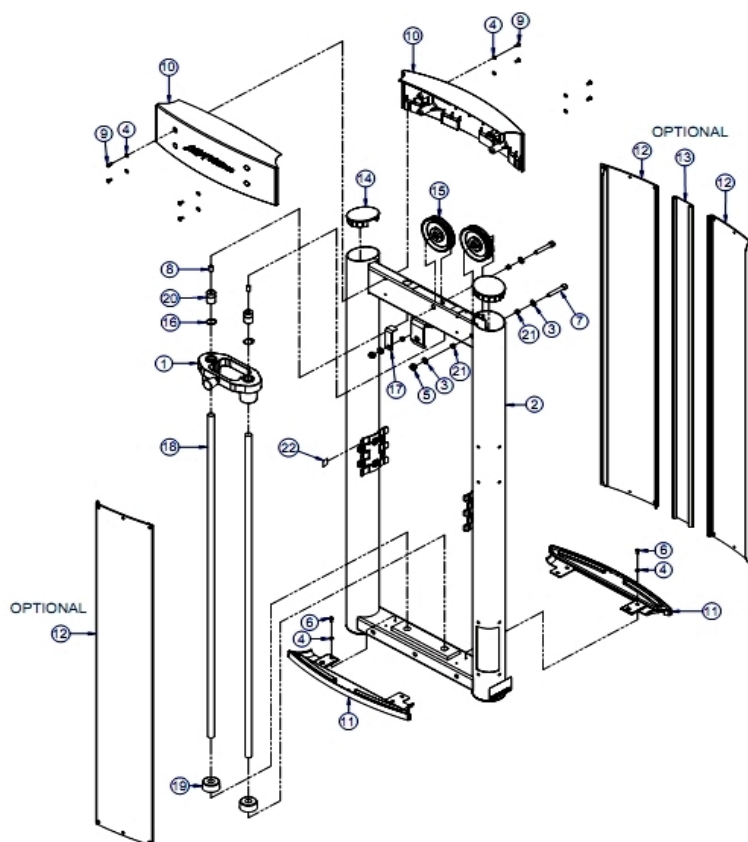
Seat Assembly



Ref #	Part Number	Qty	Description
1	3239101	2	Hardware: Phillips Pan Screw
2	8580901	1	Weldment, Seat Post
3	8624101	1	Bushing, Seat Glide Ext.
4	8624201	1	Bushing, Seat Glide INT.

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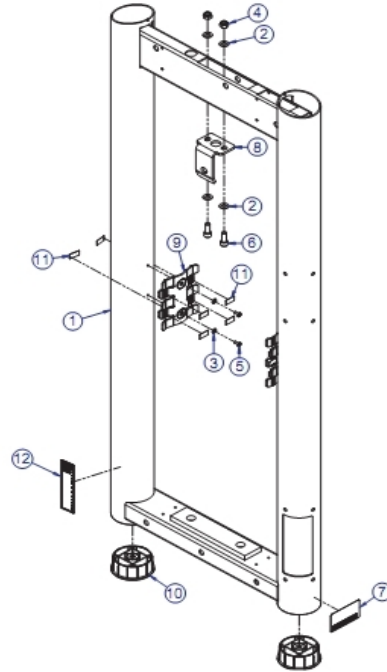
Tower Assembly



Ref #	Part Number	Qty	Description
1	8504301	1	Assembly, Increment Weight, 7 LB
2	8674402	1	Assembly, OSTWR-Plate
3	3102514	4	Hardware: Flat Washer 3/8" ID
4	3264101	12	Hardware: Washer
5	LEA3242002	2	Hardware: Hex Nut 10MM D
6	3239103	4	Screw, M5X.8 X 16 PHI PAN TT ST BZ
7	3251709	2	Hardware: Screw 60MM
8	3240501	2	Set Screw
9	3252803	8	M6-1.0 X 12 HXS BUT CS ST ZN
10	8370701	2	Cover, OS Tower, Top
11	8371301	2	Cover, OS Tower, Bottom
12	8370801	3	Shroud, OS Tower
13	8370901	1	Shroud, OS Tower, Center, Standard
14	8371001	2	Cap, OS Tower, Top
15	3237801	2	Pulley 4.5" OD
16	3232421	2	Retaining Ring 0.940" D
17	6757701	1	Cable Clip
18	7328621	2	Guide Rod, .75 OD Solid X 48.60
19	7352101	2	Cushion Weight Stack
20	7402301	2	Retainer Guide Rod
21	7489403	4	Bushing, .500 OD X .402 ID X .272
22	8682601	12	Tape, Non-Skid, Clear

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Tower Frame Assembly



Ref #	Part Number	Qty	Description
1	8404002	1	Weldment, OS Tower Plate
2	3102514	4	Hardware: Flat Washer 3/8" ID
3	3264101	4	Hardware: Washer
4	LEA3242002	2	Hardware: Hex Nut 10MM D
5	LEA3239102	4	Hardware: Screw
6	LEA3251702	2	Screw; M10 X1.5 25MM
7	7571301	1	Label Serial Number
8	8332101	1	Bracket, OS Tower, Increment Weight Striker
9	8371201	2	Clip, OS Tower
10	8423801	2	Foot, OS Tower
11	8682601	12	Tape, Non-Skid, Clear
12	8630801	1	Label, ASTM, Select Vertical-Sheet

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Frame and Upholstery Color Chart

Frame Colors



Note: Include frame color in order notes when ordering frame assemblies or weldments.

Upholstery Colors



Replace '99' with the above color suffix when ordering pads (i.e. 7412399 = 7412301 BLACK)

