

HAMMER[®] STRENGTH

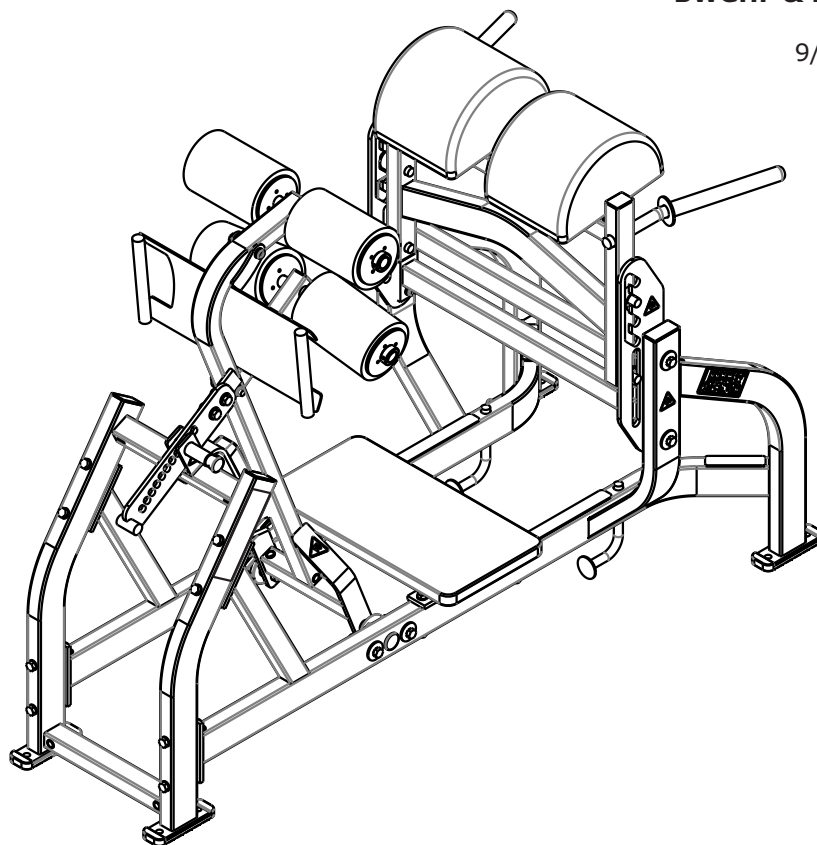
**HAMMER
STRENGTH[®]**

BODY WEIGHT

PARTS MANUAL

**FIXED PAD GLUTE/HAM
BWGHF & BW-GHF**

9/24/2018



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KEY

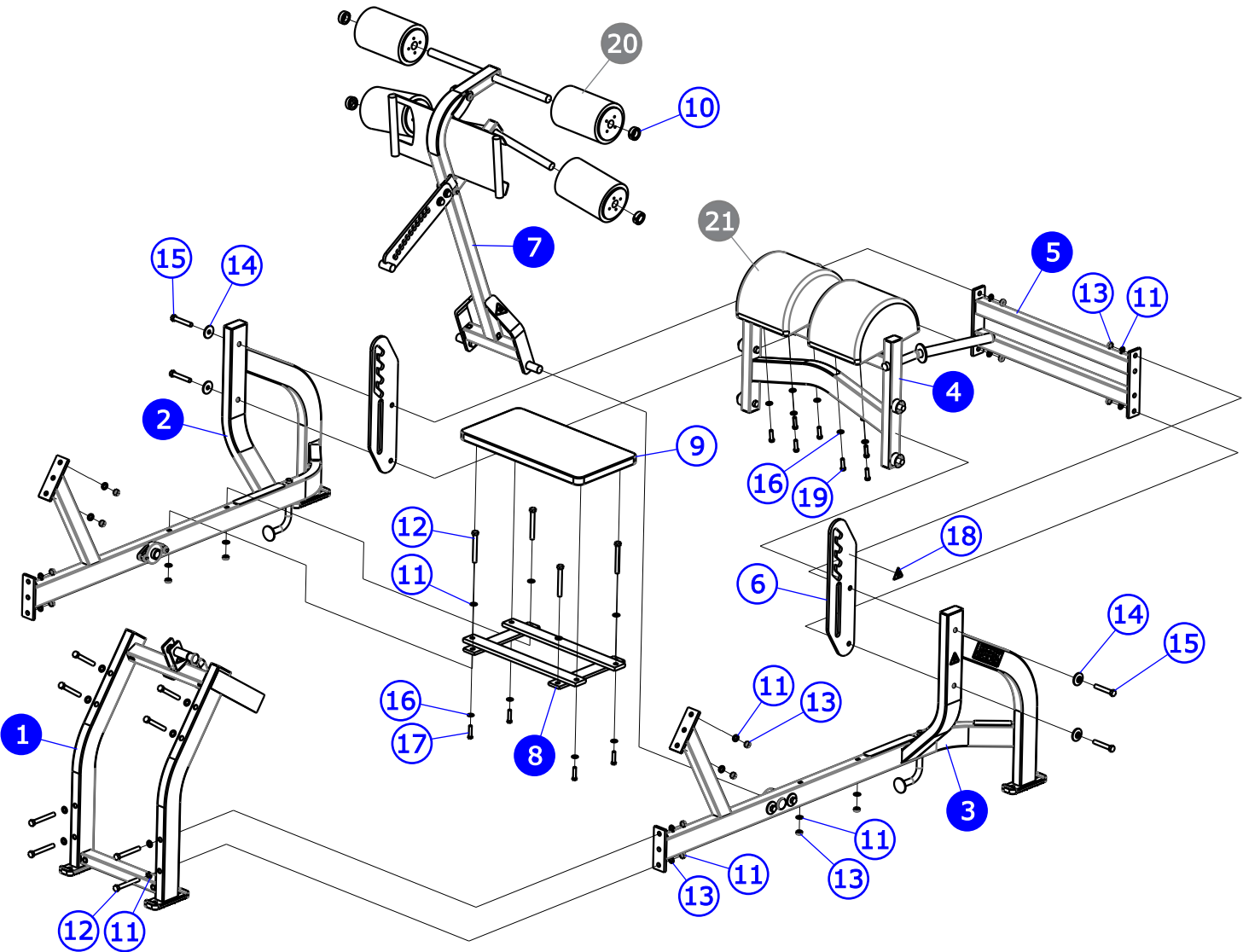
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

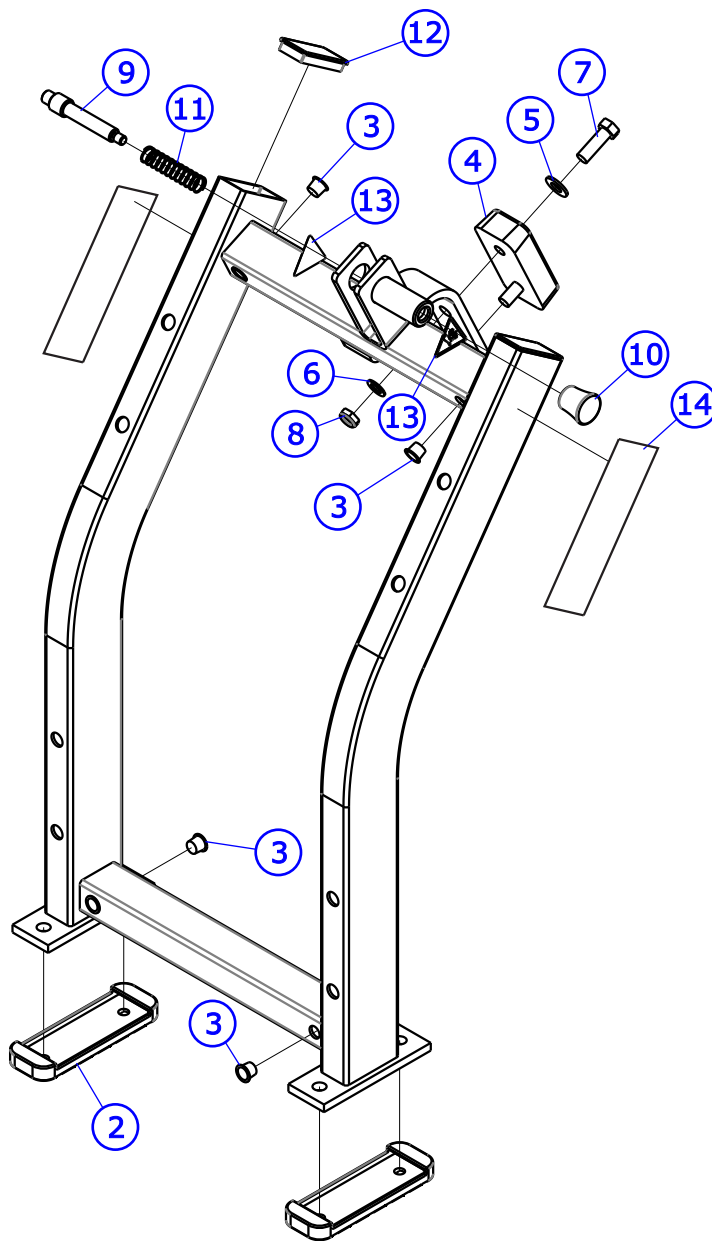
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	BWGH-CBX	ASSY, BASE FRAME, BWGH
2	1	BWGH-CLSF	ASSY, SIDE FRAME, LEFT, BWGH
3	1	BWGH-CRSF	ASSY, SIDE FRAME, RIGHT, BWGH
4	1	BWGHF-CMAF	ASSY, MOVEMENT ARM, FIXED, BWGHF
5	1	BWGH-FX	WLDMT, FRONT FRAME, BWGH
6	2	BWGH-50-2	BWGH GUNRACK
7	1	BWGH-CKX	ASSY, KICK FRAME, BWGH
8	1	BWGH-FBX	WLDMT, FOOTBOARD MOUNT, BWGH
9	1	U-BWBE-FP	BACK EXTENSION FOOTBOARD
10	4	H-LCOLLAR1	1" LOCK COLLAR
11	28	WASH.5STAR	1/2" INTERNAL LOCK WASHER

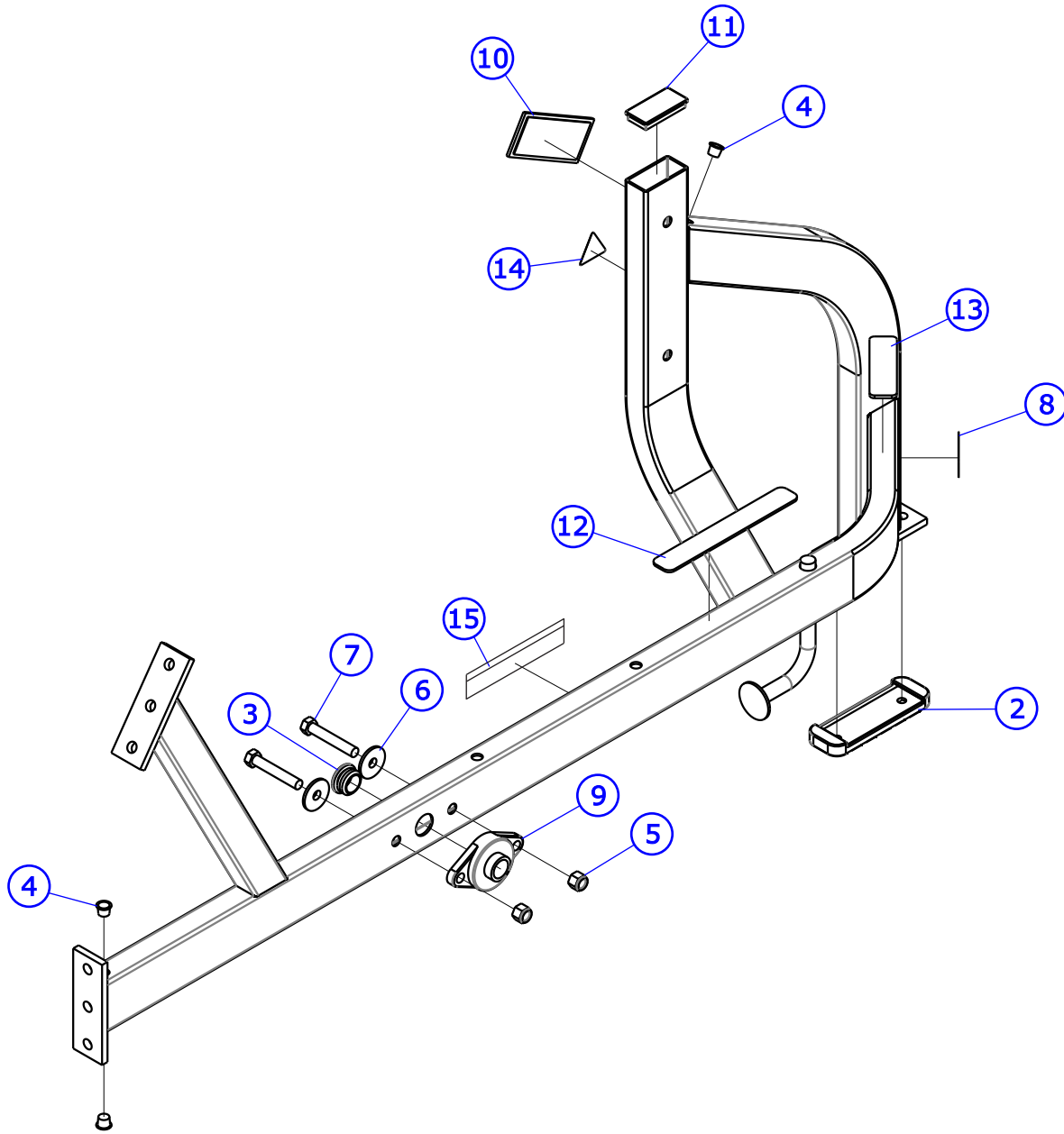
ITEM NO.	QTY.	PART NO.	DESCRIPTION
12	12	HHB.5X4	1/2 X 4 BOLT
13	16	NUT.5JAMLOCK	1/2 THIN LOCK NUT
14	4	H-BACK-WASH	BACKING WASHER
15	4	HHB.5X3	1/2 X 3 BOLT
16	12	WASH.375SAE	3/8" SAE FLAT WASHER
17	4	HHB.375X1.5	STEEL BOLT 3/8 X 1.5
18	2	8039501	LABEL, WARNING, TRIANGLE
19	8	3236204	SCREW, M10 X1.5 35MM
20	4	8782699	PAD, MOLDED DIA 139.7 RND
21	2	8782499	PAD, MOLDED DIA 152.4 HALF RND

BASE FRAME ASSEMBLY



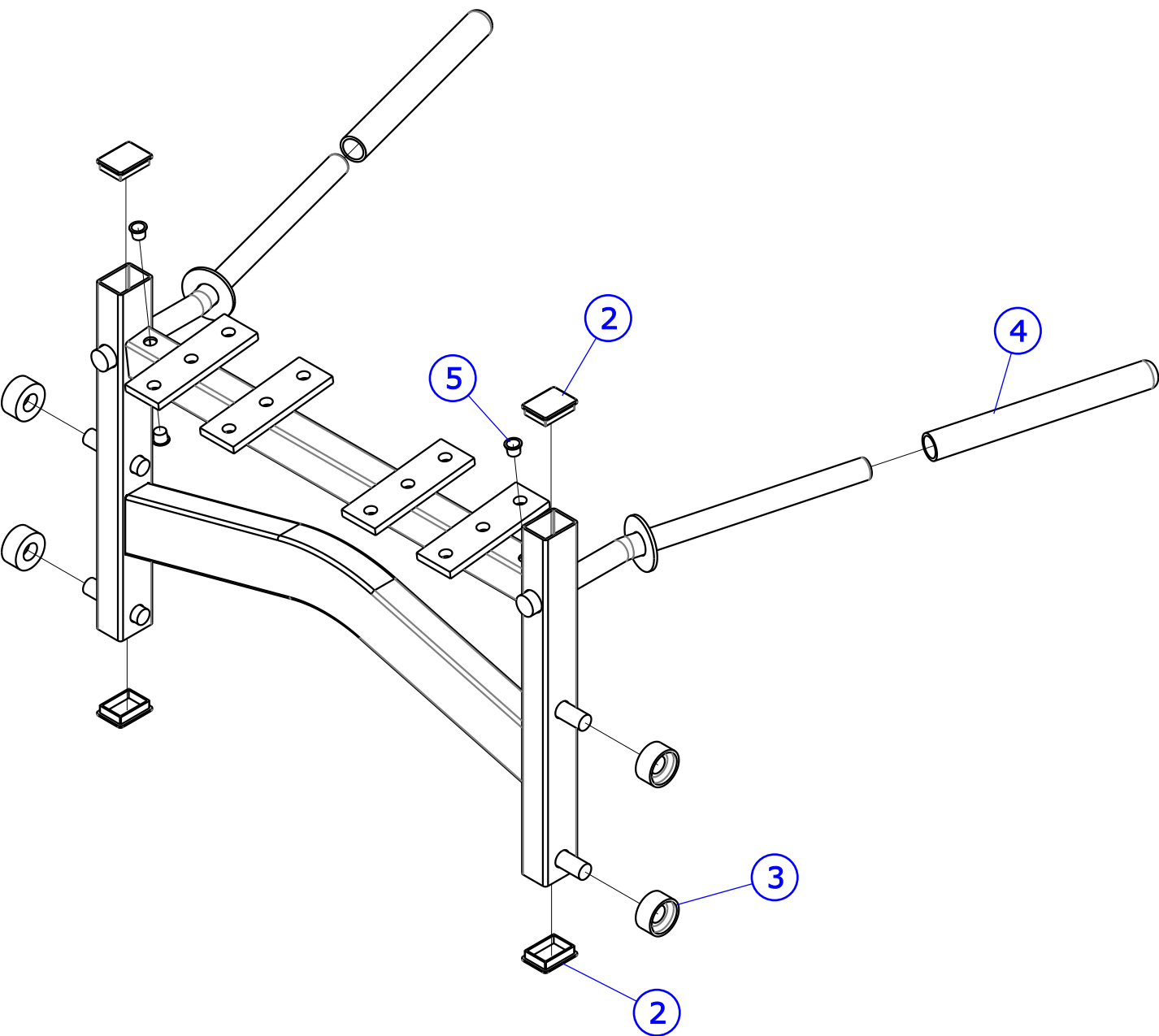
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	MM-8	2 X 6 FLANGE RUBBER SLIPPER
3	8	H-HPLUG (REG)	HOLE PLUG
4	1	H-BUMP-SML	SMALL BUMPER (VEN# MM3)
5	2	WASH.5SAE	1/2" SAE FLAT WASHER
6	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
7	2	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
8	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
9	1	7351301	PIN, PULL X 4.375
10	1	7351401	KNOB, TULIP STYLE
11	1	7351501	SPRING, PULL PIN LARGE
12	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
13	2	8039501	LABEL, WARNING, TRIANGLE
14	2	1010647-0001	PRODUCT PLACARD, BWGHF

LEFT SIDE FRAME ASSEMBLY



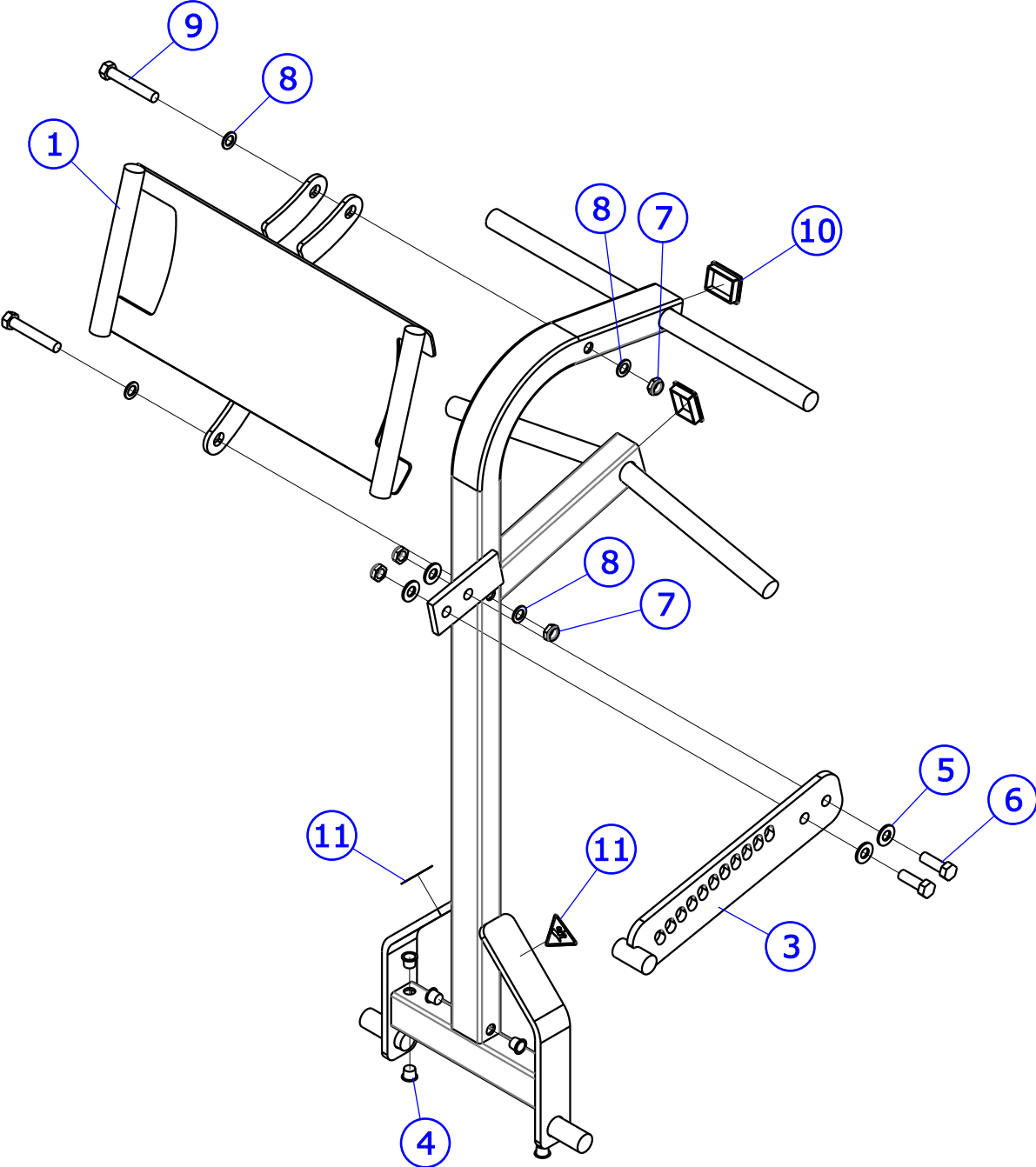
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
3	1	H-LOCK-PLUG(SMALL)	SMALL LOCKING PLUG
4	3	H-HPLUG (REG)	HOLE PLUG
5	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
6	2	H-BACK-WASH	BACKING WASHER
7	2	HHB.5X3	1/2 X 3 BOLT
8	1	-	SERIAL NUMBER
9	1	H-BEAR-SML	SMALL BEARING
10	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
11	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
12	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
13	1	H-PLATE-G1	SMALL PLATE GUARD
14	1	8039501	LABEL, WARNING,TRIANGLE
15	1	8758401	FIXED BENCH WARNING DECAL

MOVEMENT ARM ASSEMBLY



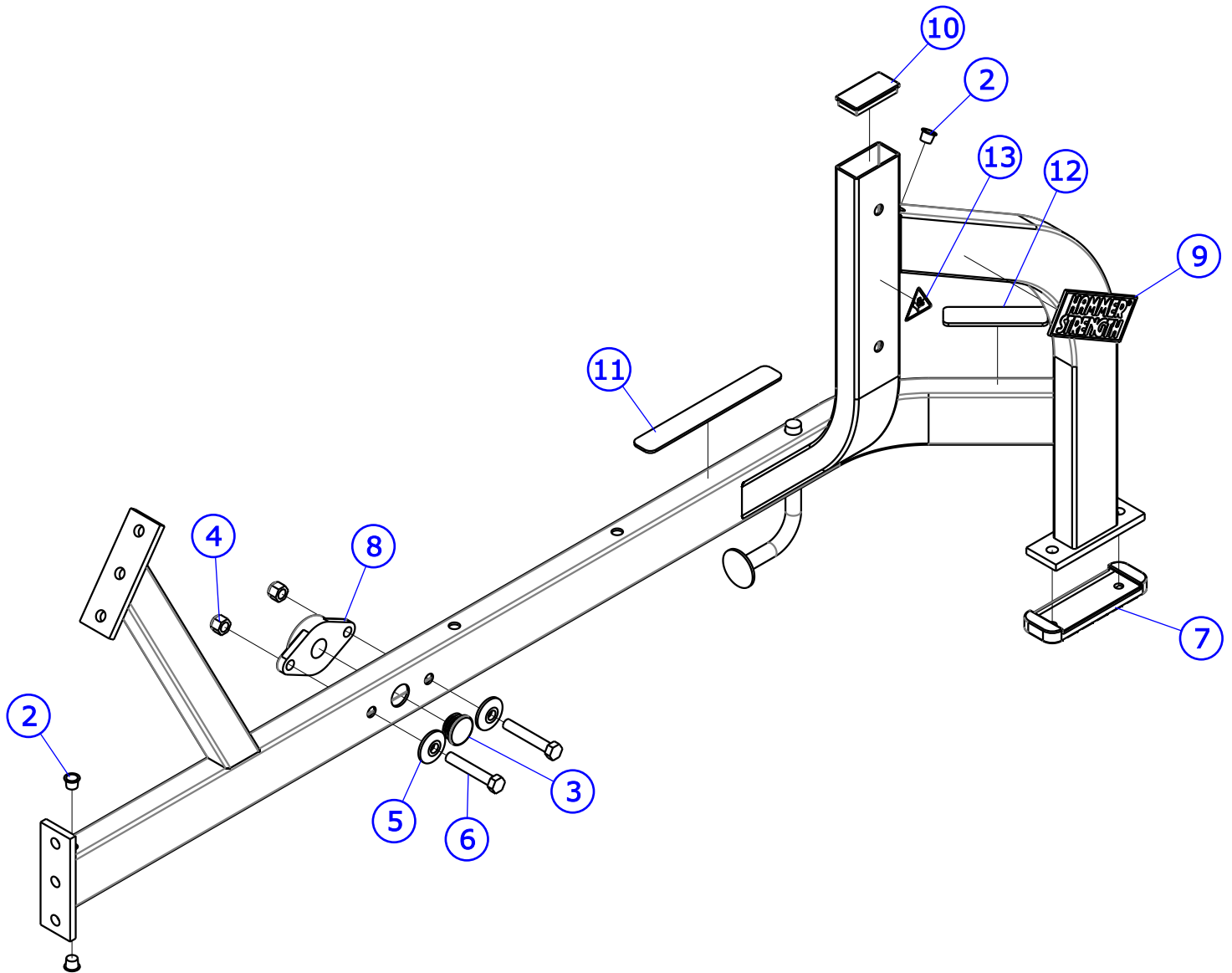
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
3	4	BWGH-SPACER-0	BWGH MARM SPACER
4	2	H-GRIP	HANDGRIP
5	4	H-HPLUG (REG)	HOLE PLUG

KICK FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	BWGH-FB	WLDMT, FOOT REST, BWGH
3	1	BWGH-SP	WLDMT, SELECTOR PLATE, BWGH
4	6	H-HPLUG (REG)	HOLE PLUG
5	4	WASH.5SAE	1/2" SAE FLAT WASHER
6	2	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
7	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT
8	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
9	2	HHB.5X3	1/2 X 3 BOLT
10	2	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
11	2	8039501	LABEL, WARNING, TRIANGLE

RIGHT SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	3	H-HPLUG (REG)	HOLE PLUG
3	1	H-LOCK-PLUG(SMALL)	SMALL LOCKING PLUG
4	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
5	2	H-BACK-WASH	BACKING WASHER
6	2	HHB.5X3	1/2 X 3 BOLT
7	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
8	1	H-BEAR-SML	SMALL BEARING
9	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
10	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
11	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
12	1	H-PLATE-G1	SMALL PLATE GUARD
13	1	8039501	LABEL, WARNING, TRIANGLE