

HAMMER[®] STRENGTH

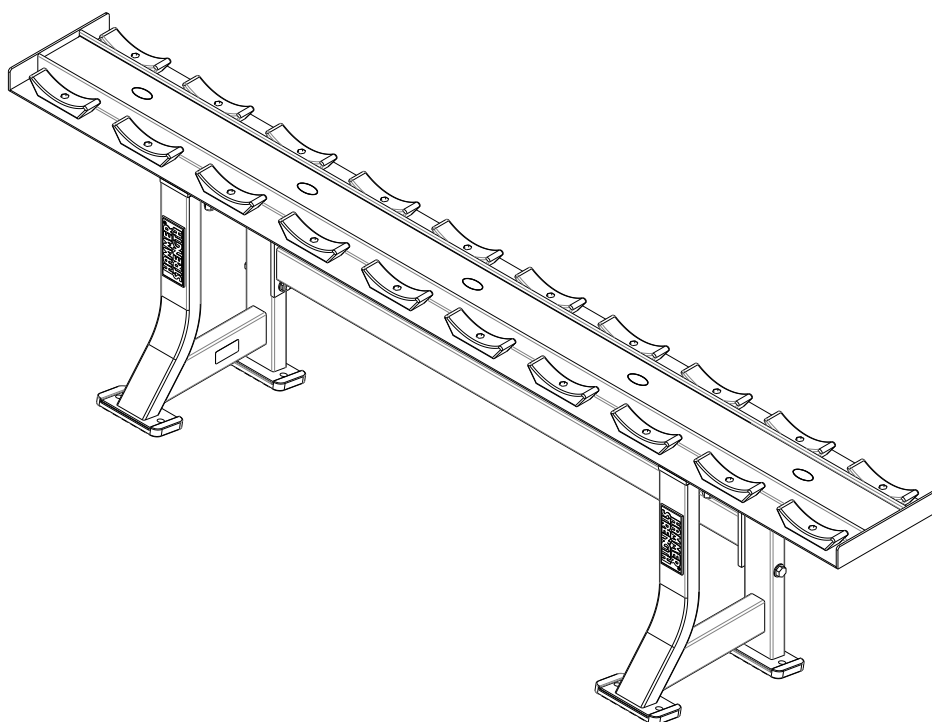
**HAMMER
STRENGTH[®]**

FREE WEIGHT

PARTS MANUAL

DUMBBELL RACK 1 TIER
FWDR1 & FW-DR1

2/5/2015



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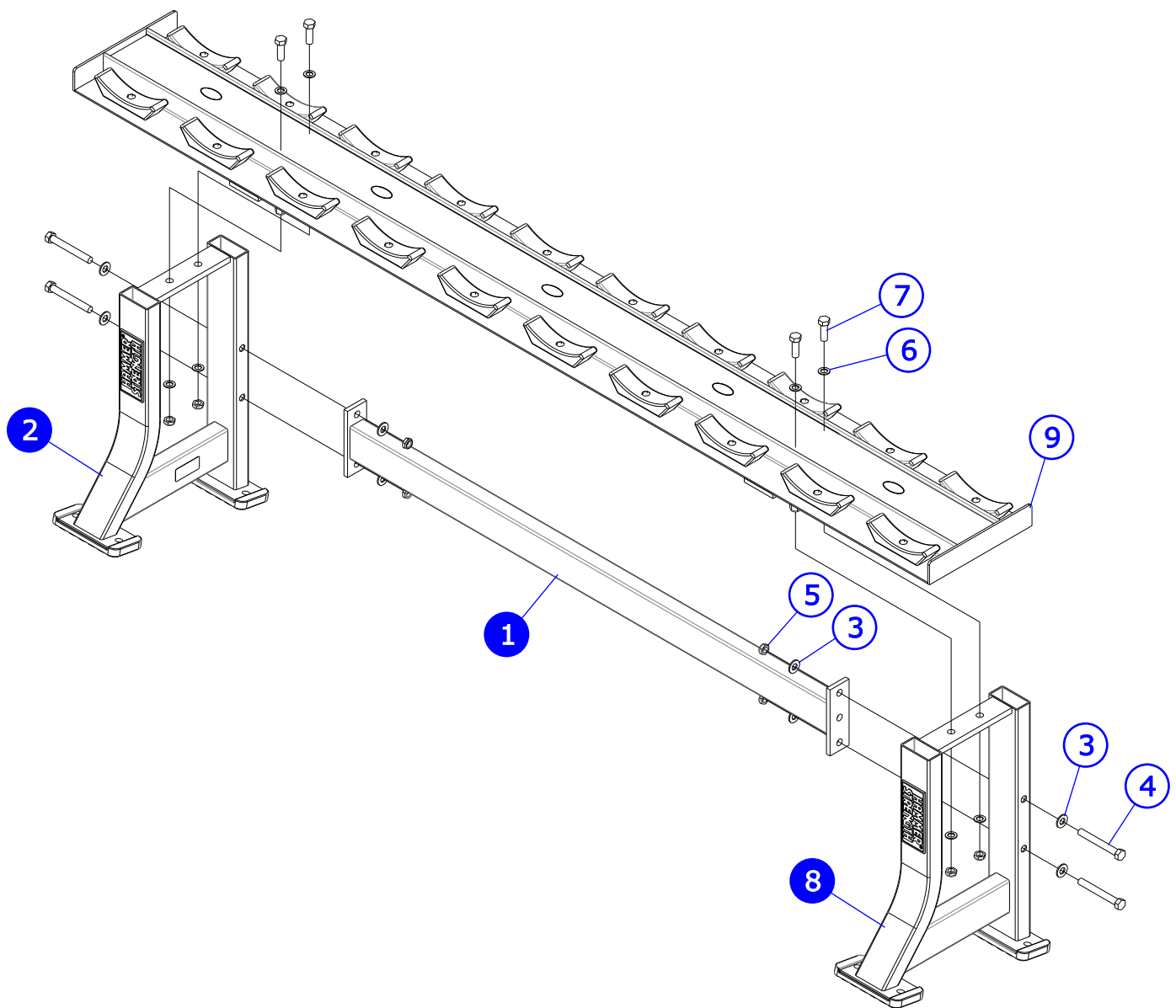
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

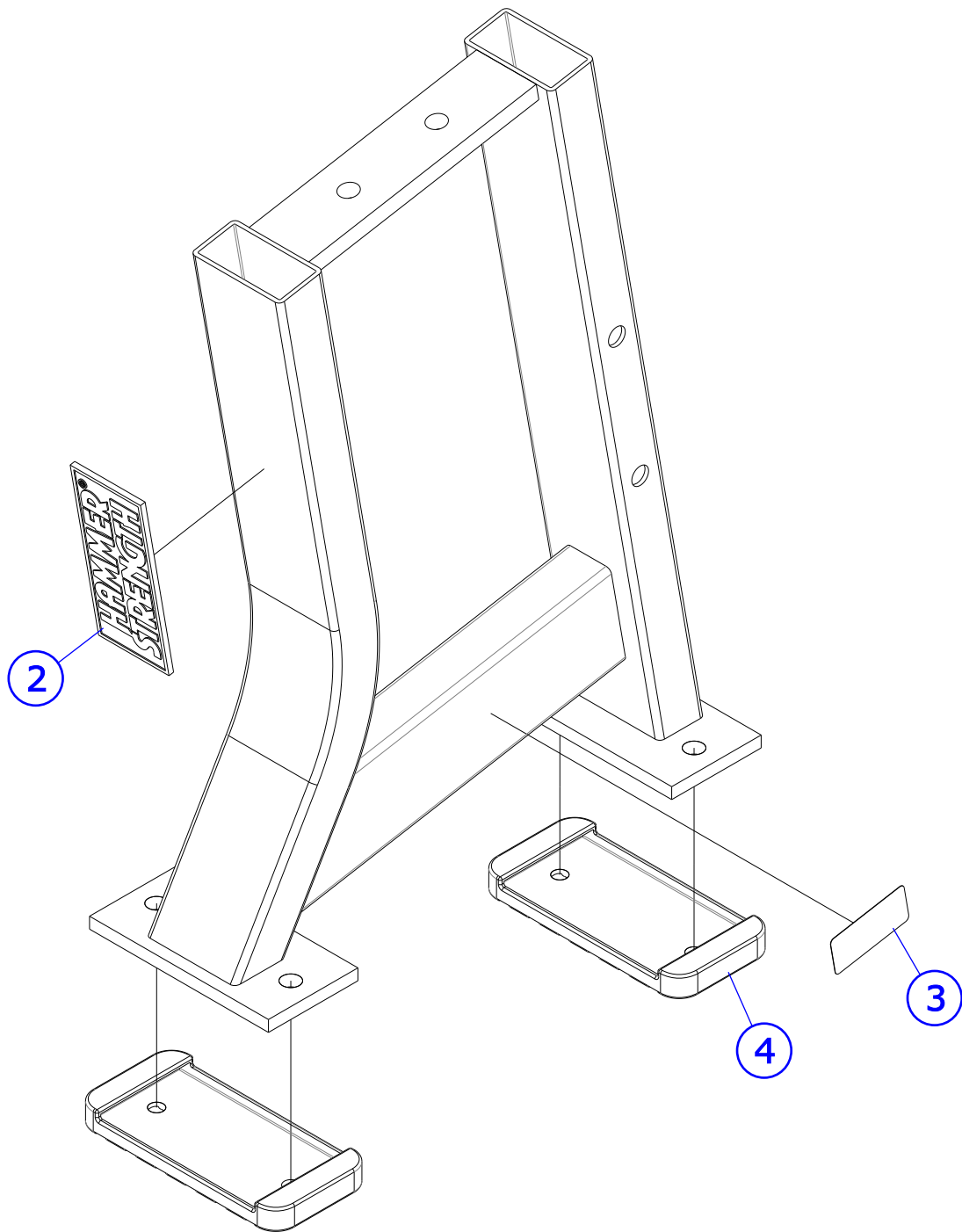
Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

COMPONENT ASSEMBLY



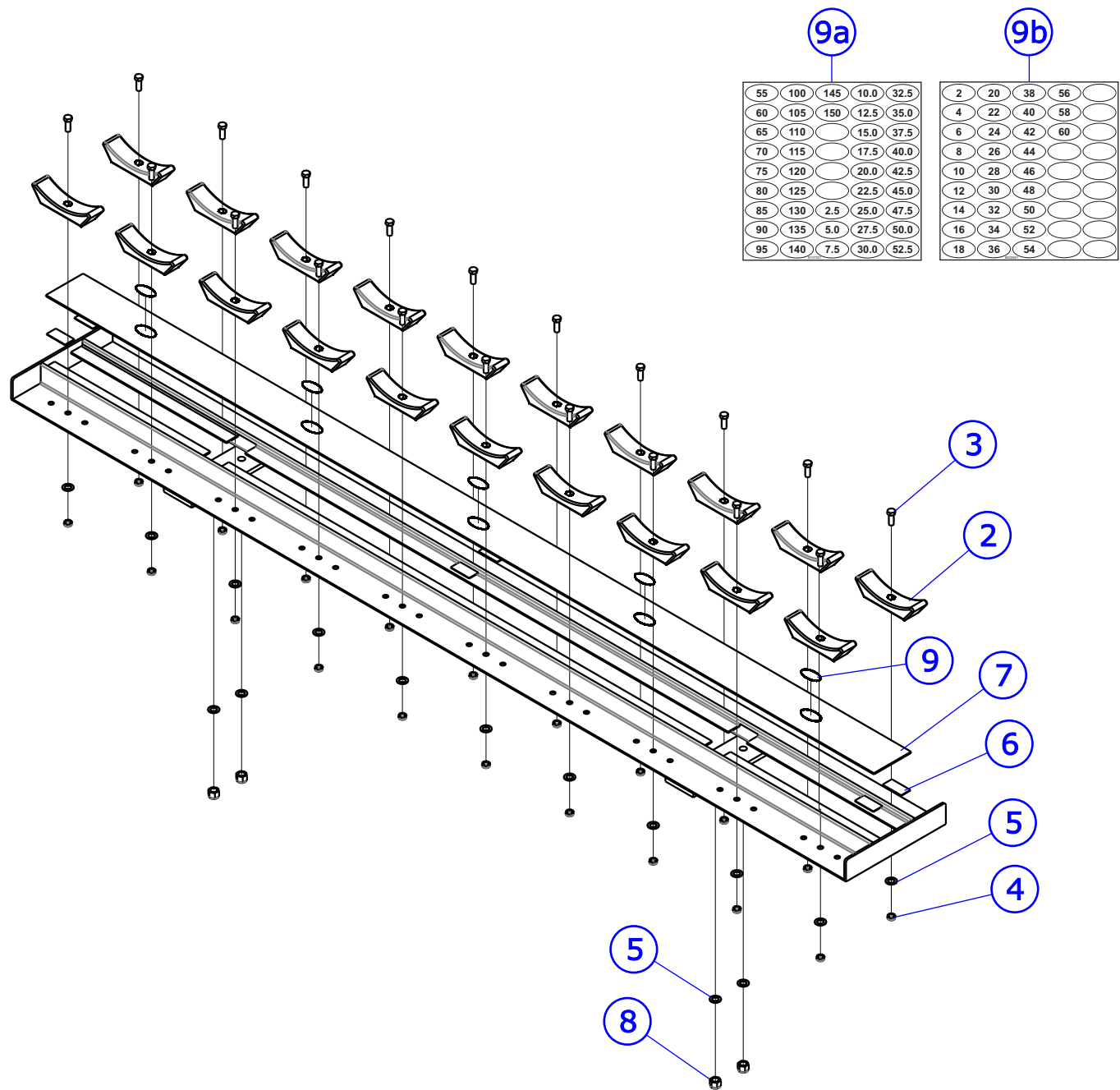
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	FWDR1-CM	WLDMT, CROSS MEMBER, FWDR1
2	1	FWDR1-CLS	ASSY, SIDE FRAME, LEFT, FWDR1
3	8	WASH.5SAE	1/2" SAE FLAT WASHER
4	4	HHB.5X4	1/2 X 4 BOLT
5	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT
6	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
7	4	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
8	1	FWDR1-CRS	ASSY, SIDE FRAME, RIGHT, FWDR1
9	1	9436101	ASSY, FWDR, DB

LEFT SIDE FRAME ASSEMBLY



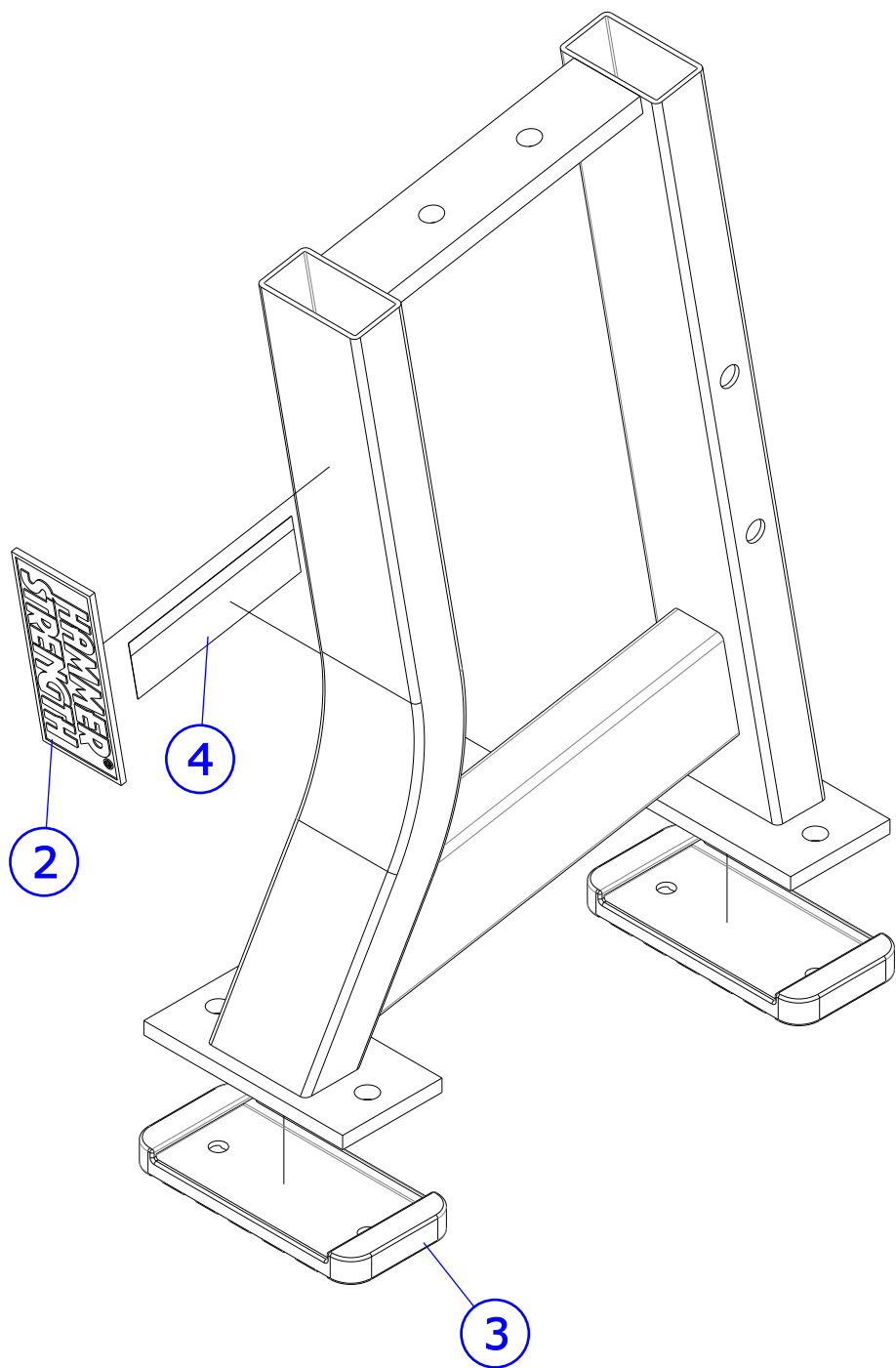
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
3	1	-	SERIAL NUMBER
4	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER

TRAY ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	20	SADDLE-1	DUMBBELL TRAY SADDLE
3	20	HHB.375X1	STEEL BOLT 3/8 X 1
4	20	NUT.375JAMLOCK	3/8 THIN LOCK NUT
5	24	WASH.5STAR	1/2" INTERNAL LOCK WASHER
6	6	H-MAGSTRIP	MAGNETIC TAPE STRIP
7	1	FWDR-30-4	ABS COVER
8	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT
9a	1	8137301	DUMBBELL TRAY DECAL (LB)
9b		8032601	LABEL SET, DUMBBELL RACK, KG, 10-0109-015, BNR

RIGHT SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
3	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER
4	1	8758401	FIXED BENCH WARNING DECAL