

HAMMER[®] STRENGTH

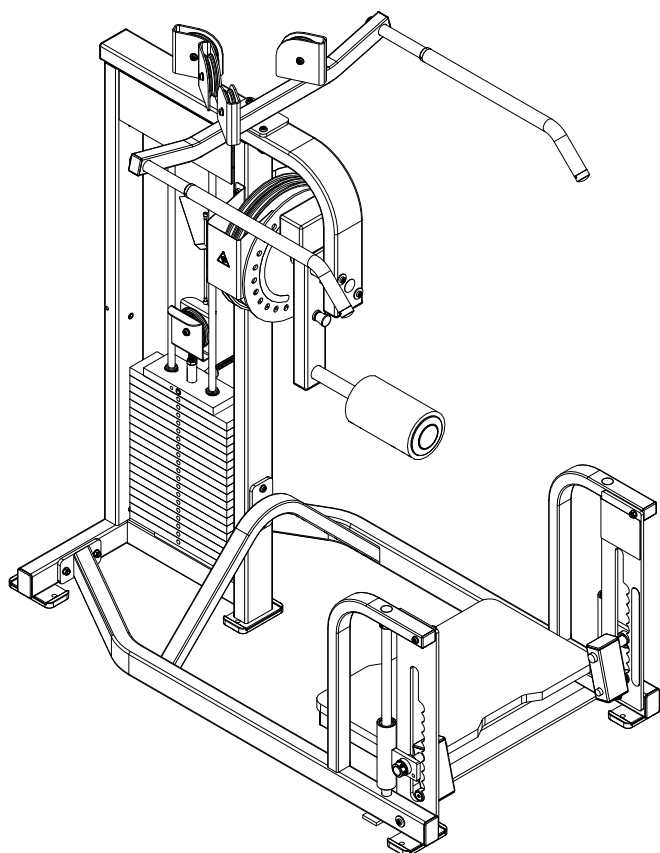
**HAMMER
STRENGTH[®]**

HAMMER SELECT

PARTS MANUAL

**HIP GLUTE
HS-HG**

6/05/2014



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KEY

LANGUAGE 1 2 3

Items with Black call-outs require the language to be listed within the order notes. IE. English

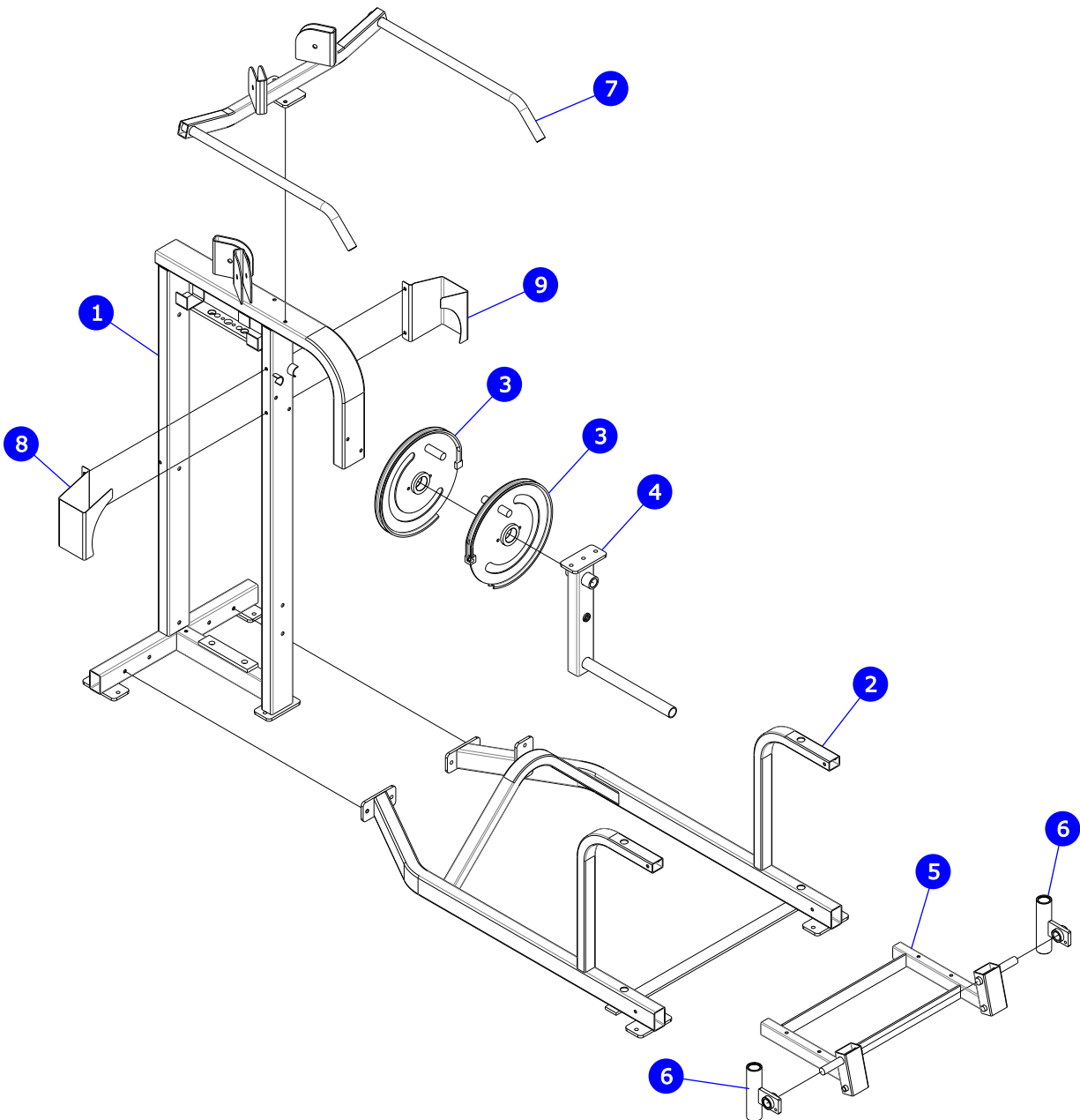
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND WORK ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes. Add 'No Clear' after color - IE. Platinum No Clear

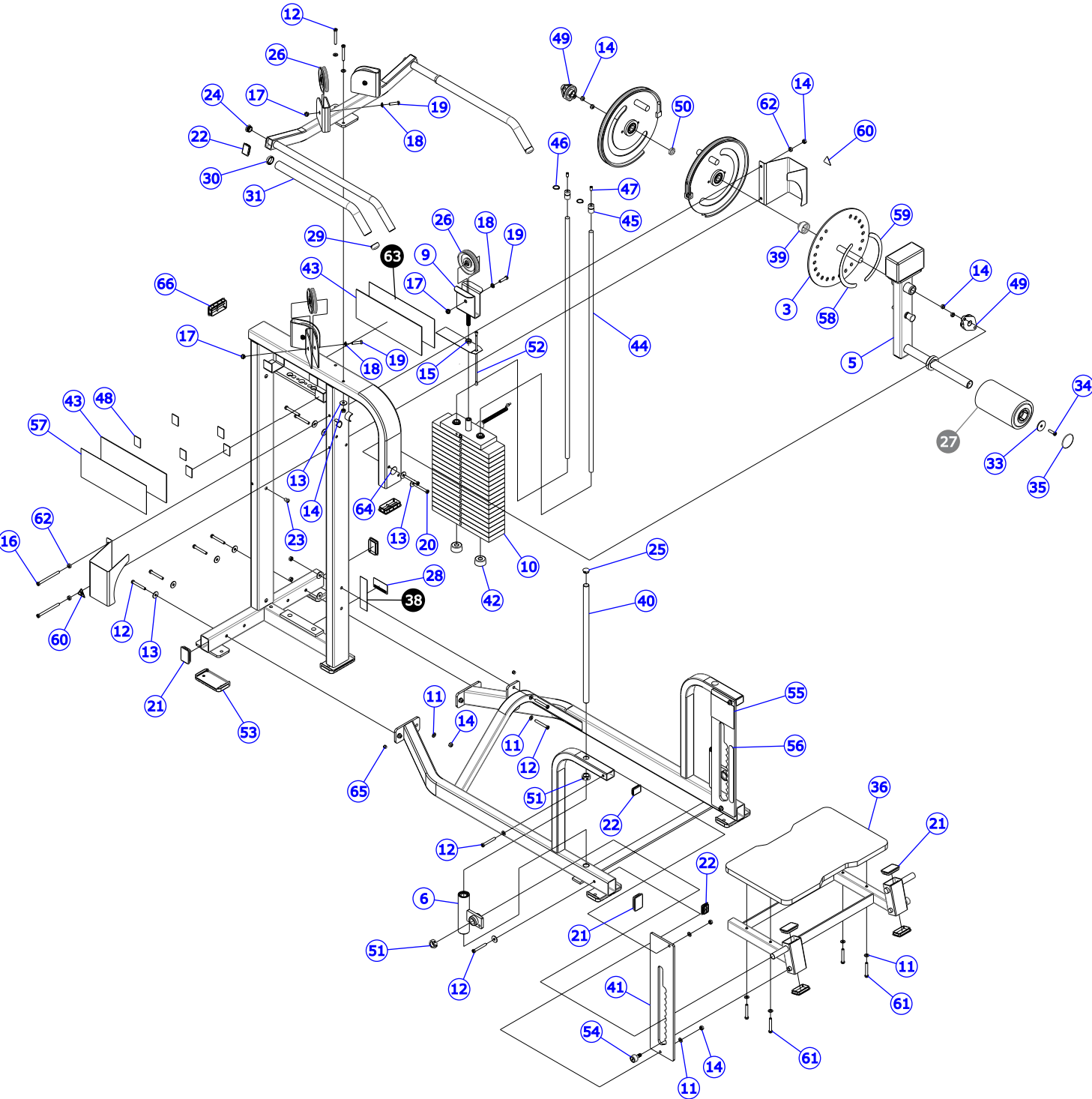
POWDER COATED COMPONENTS



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	8206699	WLDMT, PSHG WT STACK
2	1	8207599	WLDMT, PSHG BASE FRAME
3	2	8208599	WLDMT, PSHG DRIVE PULLEY
4	1	8209399	WLDMT, PSHG WORKARM
5	1	9179399	WLDMT, PSHG PLATFORM
6	2	8332099	WLDMT, PSHG LINEAR BEARING
7	1	8208499	WLDMT, PSHG HANDLEBAR
8	1	8254599	SHROUD, PSHG WORKBOX - LT
9	1	8221299	SHROUD, PSHG WORKBOX - RT

ITEMS ON THIS PAGE ARE POWDER COAT PAINTED. REFER TO PAGE 2 FOR ORDERING INSTRUCTIONS.

COMPONENT ASSEMBLY

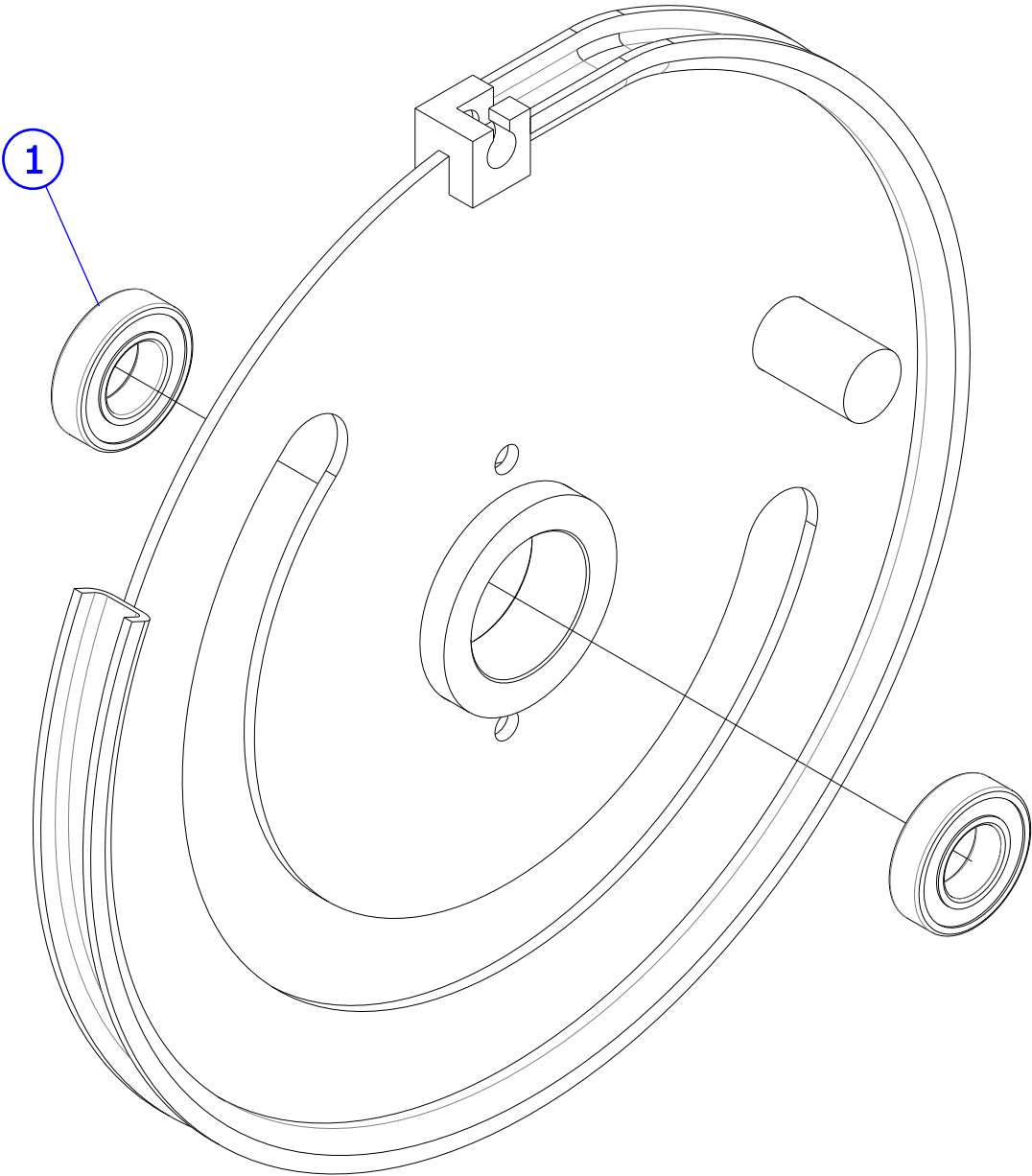


SEE PAGE 5 FOR TABLE

COMPONENT ASSEMBLY LEGEND

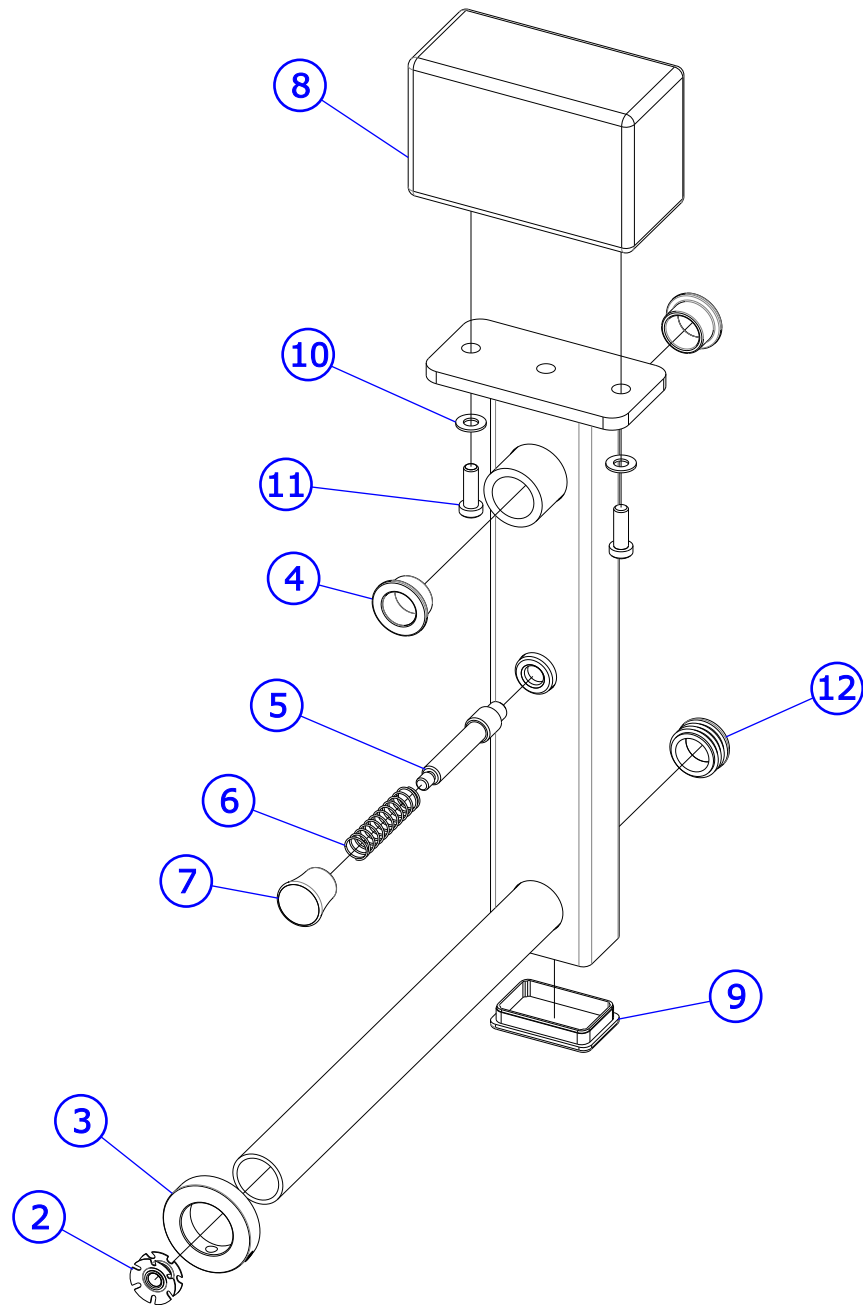
ITEM NO.	QTY.	PART NO.	DESCRIPTION
3	1	8209001	WLDMT, PSHG SEL PLATE
4	2	-	ASSY, PSHG DRIVE PULLEY
5	1	-	ASSY, PSHG WORKARM
6	2	-	ASSY, PSHG LINEAR BEARING
9	1	7425795	WLDMT, FLOATING PULLEY -SHW GRY
10	1	-	ASSY, 300LB STACK
11	19	3236601	WASHER, 3/8 SAE SS
12	12	3236212	SCREW, M10 X1.5 75MM
13	13	3236602	WASHER, 3/8 ID X 1.25 OD SS
14	18	3236801	NUT, M10 HEX NYLOCK SS
15	1	3236902	NUT, HEX JAM M16 X 2 SS
16	2	3236220	SCREW, M10 X1.5 130MM
17	5	7335401	NUT, M10 X 1.5 SOCKET HEAD
18	5	7348101	WASHER, SPACER
19	5	3236205	SCREW, M10 X1.5 40MM
20	4	3236213	SCREW, M10 X1.5 80MM
21	8	7352301	CAP, END 2 X 3
22	6	9217401	CAP, 1.5IN X 2IN -10-14GA, END
23	6	3238601	M10X1.5 BLIND THREADED INSERT (HEX)
24	2	3119303	CAP, END 1.25 DIA RD 10-14 GA
25	2	3237403	PLUG, 1" HOLE
26	5	3237801	PULLEY, 4.5" OD
27	1	7424799	ASSY, ROLLER PAD - SHORT
28	1	-	LABEL, SERIAL NUMBER, BLANK
29	2	8259401	CAP, GRIP 1.50 OD X 1.27 ID
30	2	8259501	RING, GRIP 1.52 OD X 1.30 ID
31	2	8683901	PSHG 28 IN. GRIP SERVICE KIT
33	1	7322301	PLATE, 1.97 OD X .44 ID 10GA
34	1	3236204	SCREW, M10 X1.5 35MM
35	1	7308701	CAP, BEARING HOUSING
36	1	8221701	PLATFORM, PSHG LINEXED
38	1	8220099	LABEL, ASTM WARNING SELECT
39	1	8221901	SPACER, PSHG SHAFT
40	2	8221601	GUIDE ROD, PSHG 1" DIA CASE HARDENED
41	2	8221801	RACK, PSHG PLATFORM
42	2	7352101	CUSHION, WEIGHT STACK
43	2	9169501	COVER, STACK-PRO2 RECT.
44	2	7328605	GUIDE ROD, .75 OD SOLID 52.38
45	2	7402301	RETAINER, GUIDEROD
46	2	3232421	RING, BRE .940, 5100-100 ST PP B
47	2	3240501	M10 X 1.5 HXS NO CUP ST BO
48	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
49	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
50	1	8307101	SPACER, PS 1" SHAFT
51	4	7435301	COLLAR, SHAFT 1.020 ID
52	1	7423810	CABLE, PSHG 150-1/2
53	5	7388201	FOOTPAD, PS RUBBER
54	2	9179101	CAM FOLLOWER, 1.25" HEXED SEALED
55	2	8275901	LABEL. PSHG RACK INSTRUCTION
56	2	8275401	LABEL, PSHG 1-10
57	1	9468701	LABEL, HS-HG LOGO PANEL - ENG
58	1	8275101	LABEL, PSHG SELECTOR PLATE-LT
59	1	8275201	LABEL, PSHG SELECTOR PLATE-RT
60	2	8039501	LABEL, WARNING, TRIANGLE
61	4	3236211	SCREW, M10 X1.5 70MM
62	4	7385201	SPACER, .406 X .750 X .250
63	1	9468699	LABEL, HS-HG PLACARD
64	1	7488701	LABEL, AXIS OF ROTATION
65	4	3237401	PLUG, 7/16" HOLE
66	2	9462701	CAP, HAMMER, END 2 X 4

DRIVE PULLEY ASSEMBLY



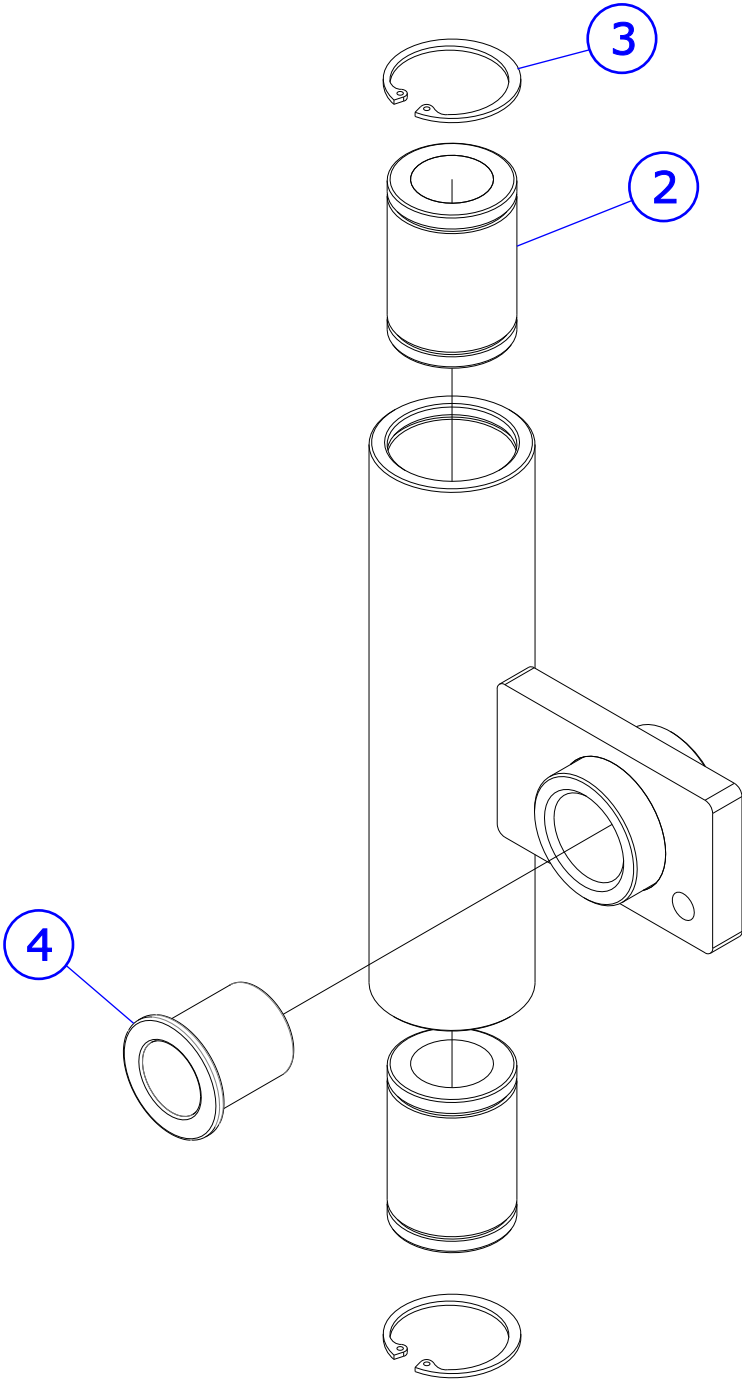
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3243401	BEARING, R16-2RS, STD BALL

WORK ARM ASSEMBLY



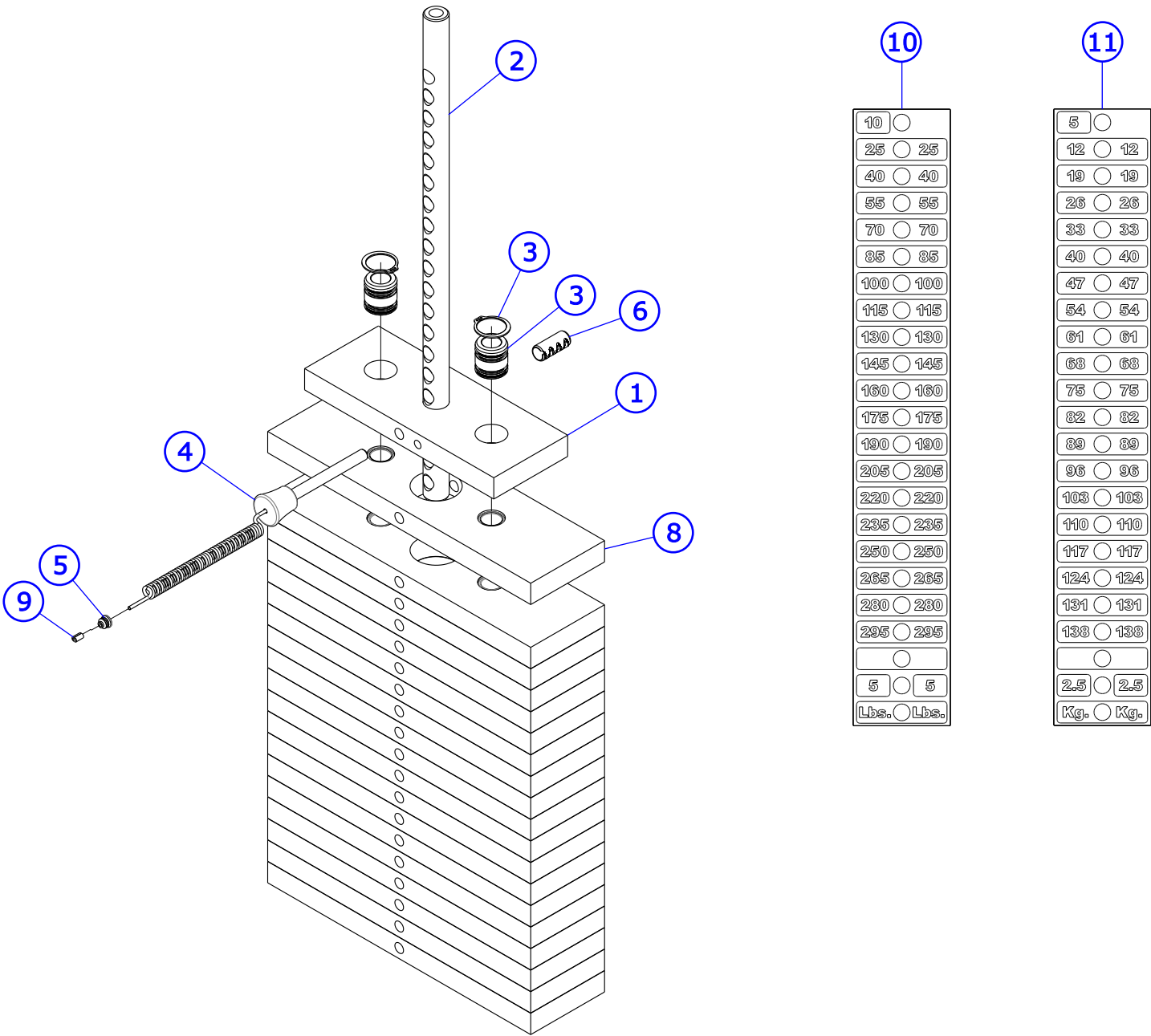
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	7347301	NUT, SPIDER M10 X 1.5
3	1	7357901	SHAFT COLLAR, 1-1/2" ID ALUM
4	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
5	1	7351301	PIN, PULL X 4.375
6	1	7351501	SPRING, PULL PIN LARGE
7	1	7351401	KNOB, TULIP STYLE
8	1	7802401	WEIGHT, COUNTER MED
9	1	7352301	CAP, END 2 X 3
10	2	3236601	WASHER, 3/8 SAE SS
11	2	3236203	SCREW, M10 X1.5 30MM
12	1	3119306	CAP, END 1.50 DIA RD 8-12 GA

LINEAR BEARING ASSEMBLY

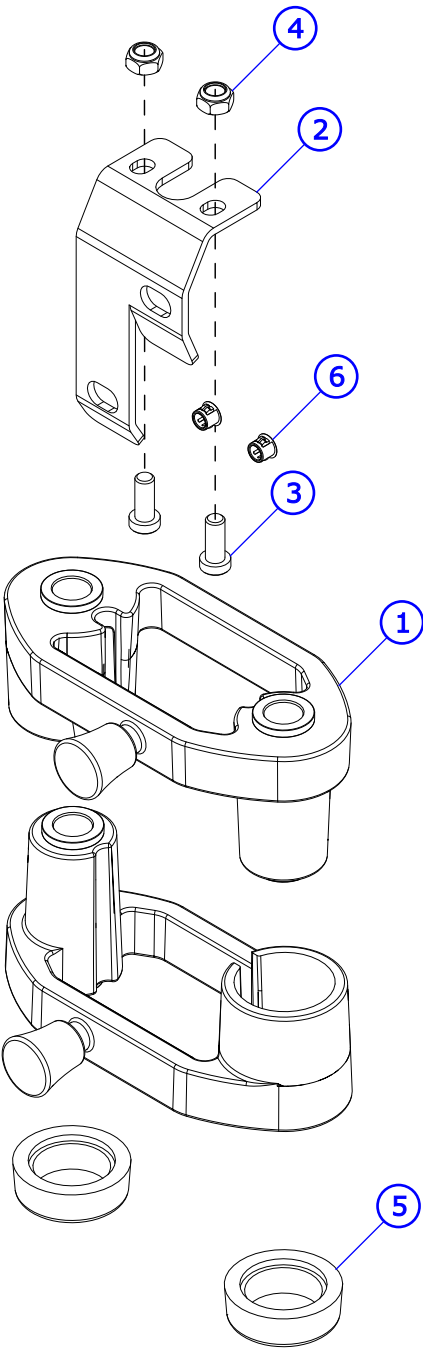


ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	3245601	BEARING, LINEAR 1" ID
3	2	3202601	RING, INCH SERIES INT RETAINING
4	1	3104909	BEARING, FLG 1.00 ID X 1.25 OD X 1.50 L

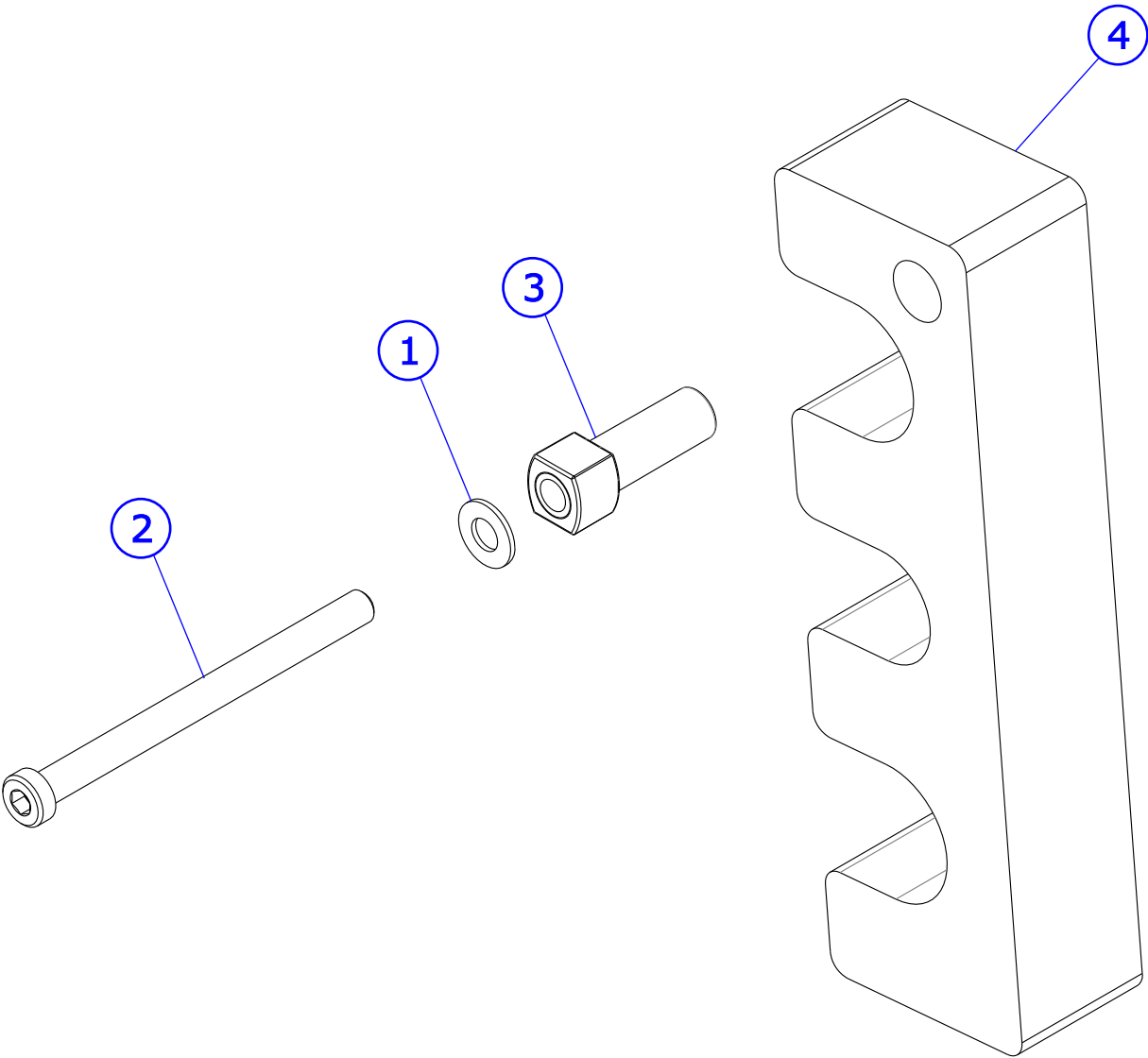
WEIGHT STACK ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7356601	STEM, PRO2 19 HOLE
3	2	7338001	BUSHING, HEADPLATE
4	1	7353001	ASSY, SELECTOR PIN
5	1	7356501	PLUG, LANYARD ATTACHMENT
6	1	3236001	BUSHING, SPRING PIN
8	19	7353801	ASSY, 15 LB PLATE
9	1	7523601	CRIMP, CABLE
10	1	7987201	LABEL, 300 LB STACK
11		7987401	LABEL, 138 KG STACK

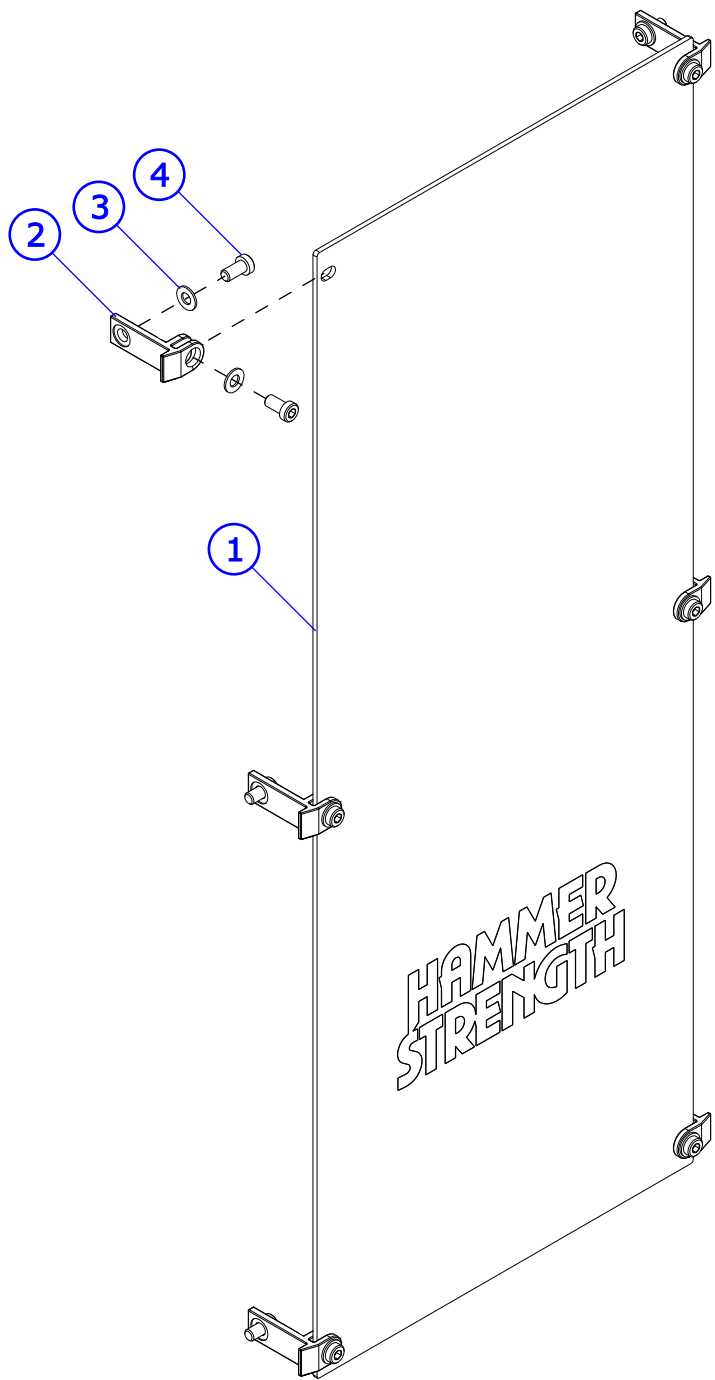


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	8047001	ASSY, PS, INCREMENT WEIGHT
2	1	8700801	PLATE, INCREMENT WEIGHT STRIKER
3	2	3236202	M10 X 1.5 X 25 SHCS, LOW HEAD
4	2	3236801	NUT, NYLOCK M10 X 1.5 SS
5	2	7767601	BUMPER, PS INCREMENT
6	2	3237401	PLUG, 7/16" HOLE



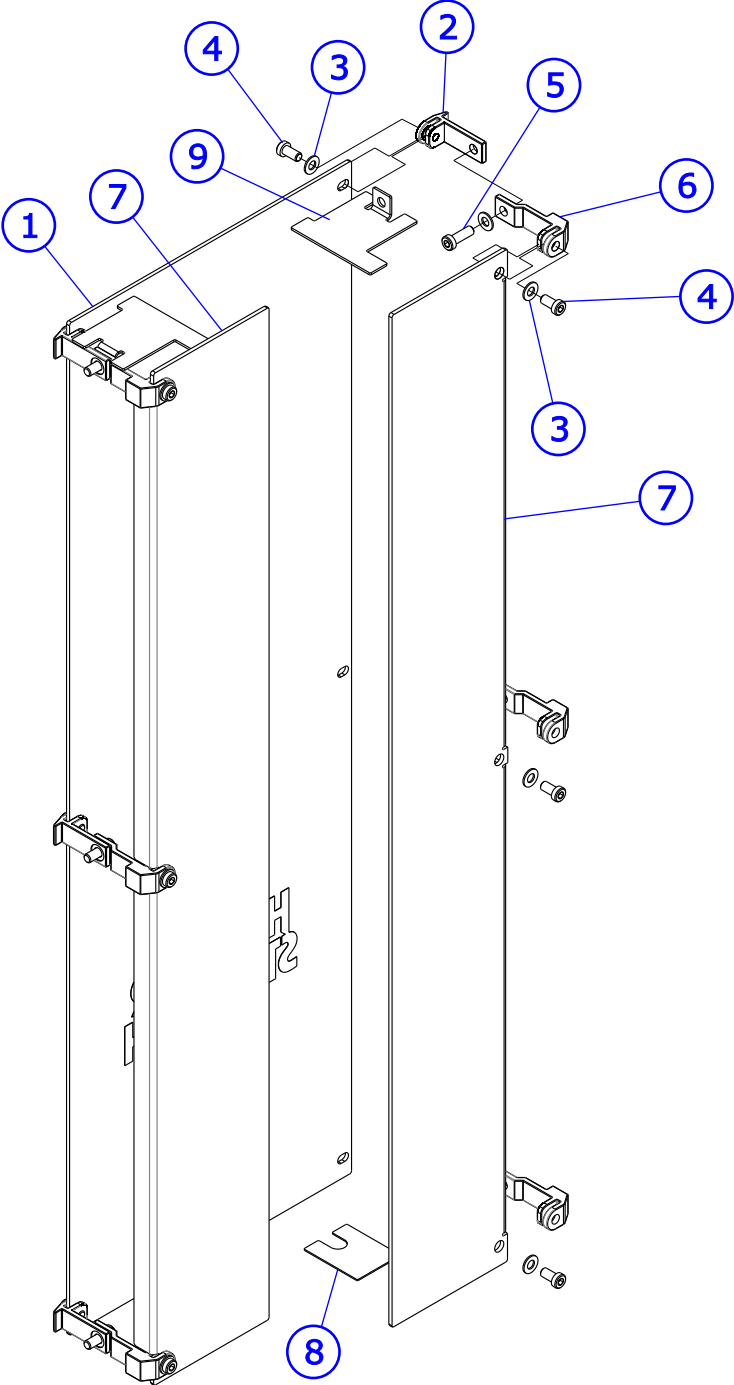
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236220	SCREW, M10 X1.5 130MM
3	1	7401701	COVER, PLASTIC PEG
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON

REAR SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

FULL SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376902	SHIELD, PS FRONT 51.0
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR