

HAMMER[®] STRENGTH

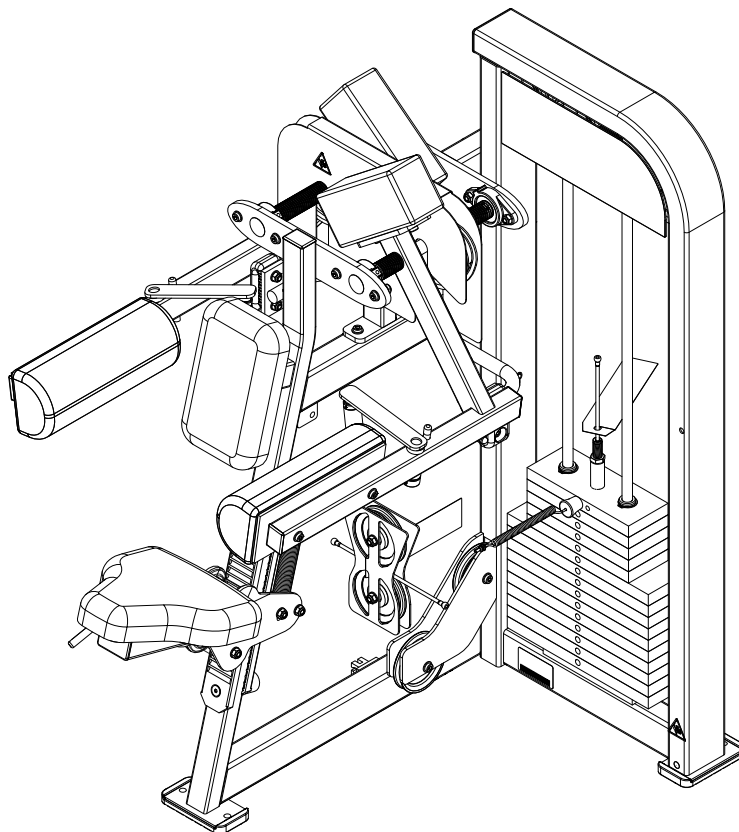
**HAMMER
STRENGTH[®]**

HAMMER SELECT

PARTS MANUAL

**LATERAL RAISE
HS-LR**

6/10/2014



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KEY

LANGUAGE 1 2 3

Items with Black call-outs require the language to be listed within the order notes. IE. English

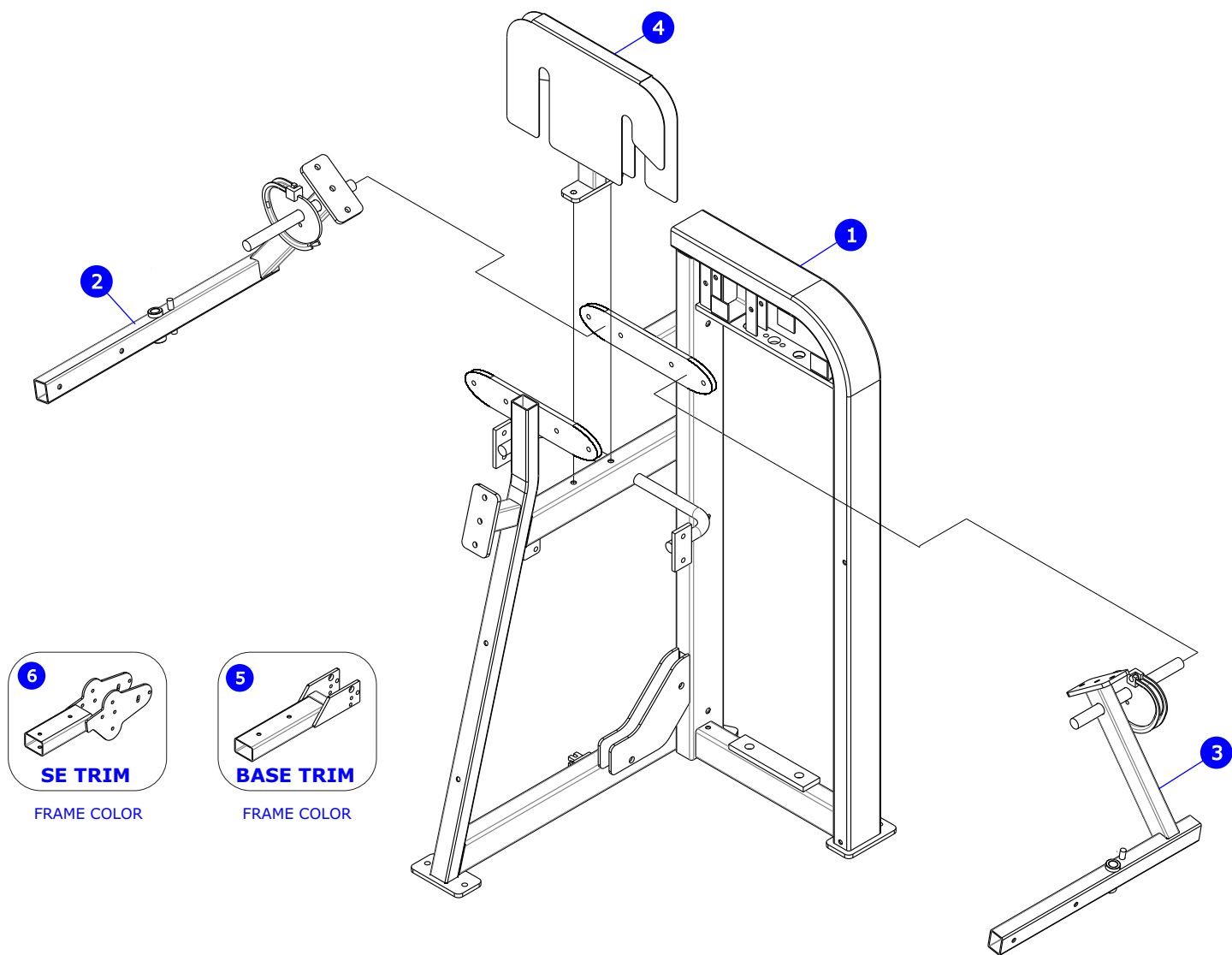
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND WORK ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes. Add 'No Clear' after color - IE. Platinum No Clear

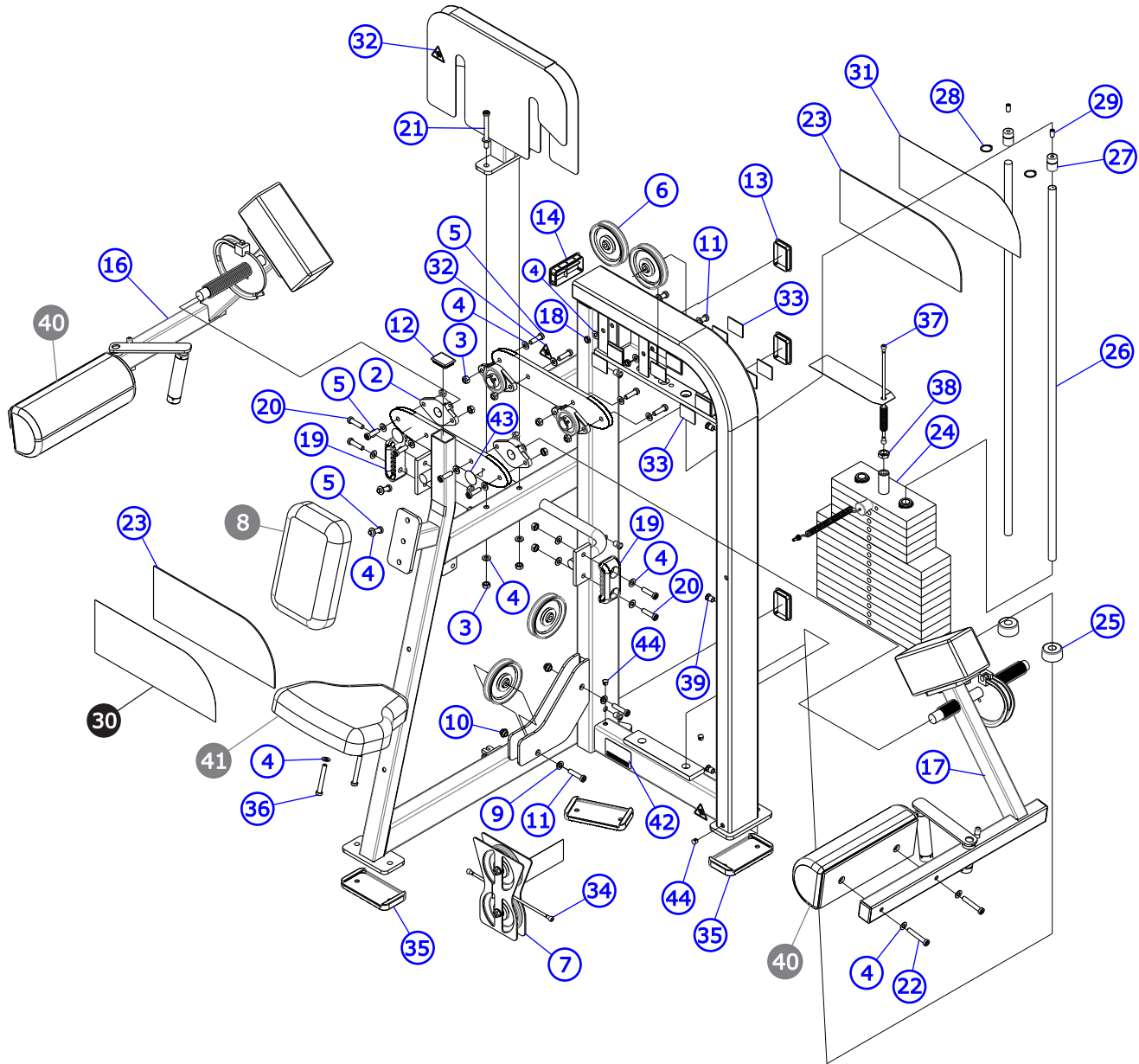
POWDER COATED COMPONENTS



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	POSSIBLE RMA	WLDMT, PSLR MAIN
2	1	7795799	WLDMT, PSLR LEFT WORKARM
3	1	7795899	WLDMT, PSLR RIGHT WORKARM
4	1	7390399	WLDMT, PSLR SHROUD
5	1	7358799	WLDMT, 90 DEG STD HAMMER SEAT
6		7396801	WLDMT, 90 DEG ROLLER SEAT

ITEMS ON THIS PAGE ARE POWDER COAT PAINTED. REFER TO PAGE 2 FOR ORDERING INSTRUCTIONS.

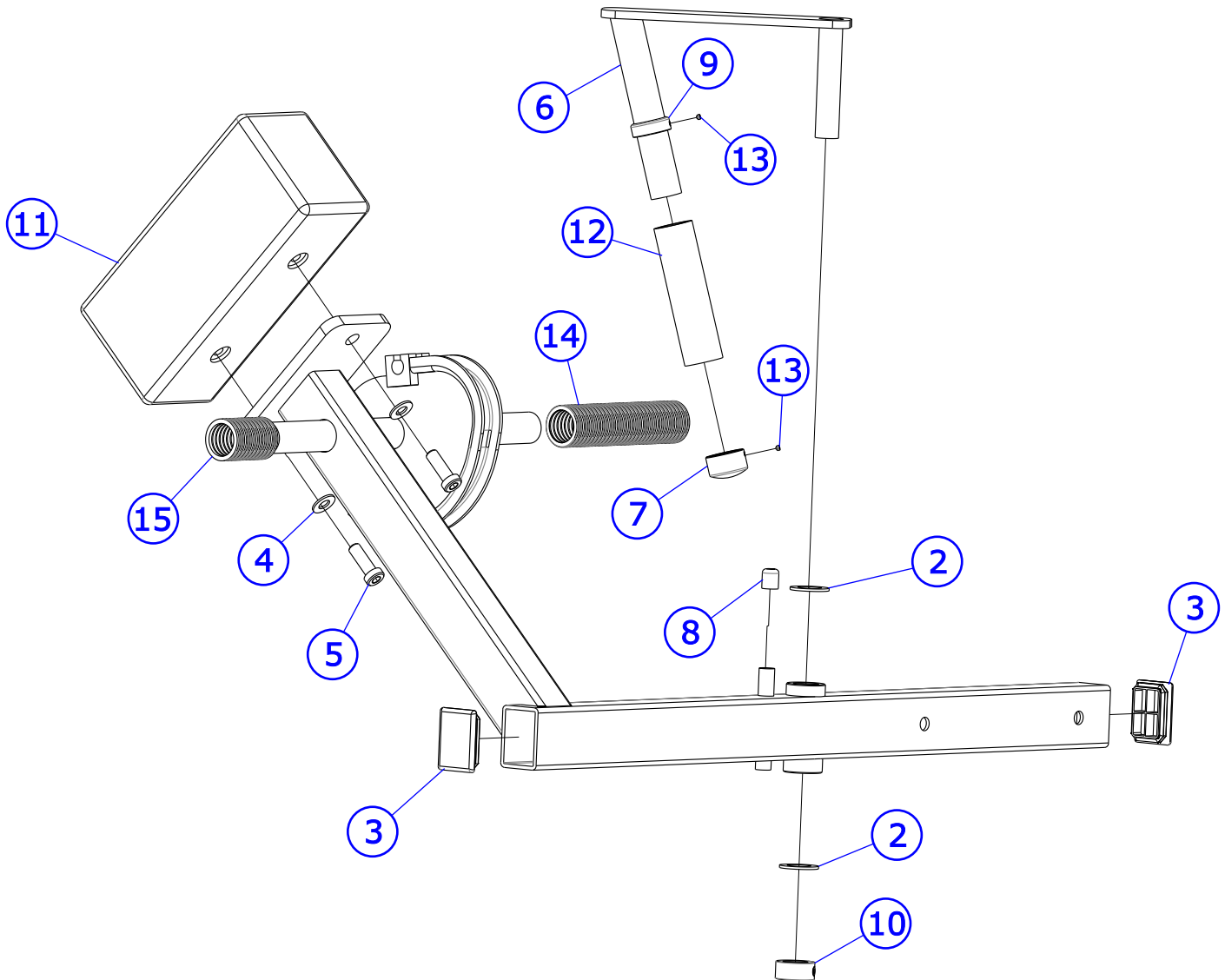
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
3	14	3236801	NUT, M10 HEX NYLOCK SS
4	32	3236601	WASHER, 3/8 SAE SS
5	10	3236204	SCREW, M10 X1.5 35MM
6	4	3237801	PULLEY, 4.5" OD
7	1	-	ASSY, PSLR FLOAT PULLEY
8	1	7399399	PAD, 7 X 11-1/4
9	2	7348101	WASHER, SPACER
10	2	7335401	NUT, M10 X 1.5 SOCKET HEAD
11	4	3236206	SCREW, M10 X1.5 45MM
12	1	9217401	CAP, 1.5IN X 2IN -10-14GA, END
13	3	7352301	CAP, END 2 X 3
14	1	9462701	CAP, HAMMER, END 2 X 4
16	1	-	ASSY, PSLR L WORKARM
17	1	-	ASSY, PSLR R WORKARM
18	2	3236901	NUT, HEX JAM M10 X 1.5 SS
19	2	7352001	BUMPER, 2-1/8 X 4-5/8
20	4	3236205	SCREW, M10 X1.5 40MM
21	2	3236217	SCREW, M10 X1.5 100MM
22	4	3236209	SCREW, M10 X1.5 60MM
23	2	9169401	COVER, STACK-PRO2 STD

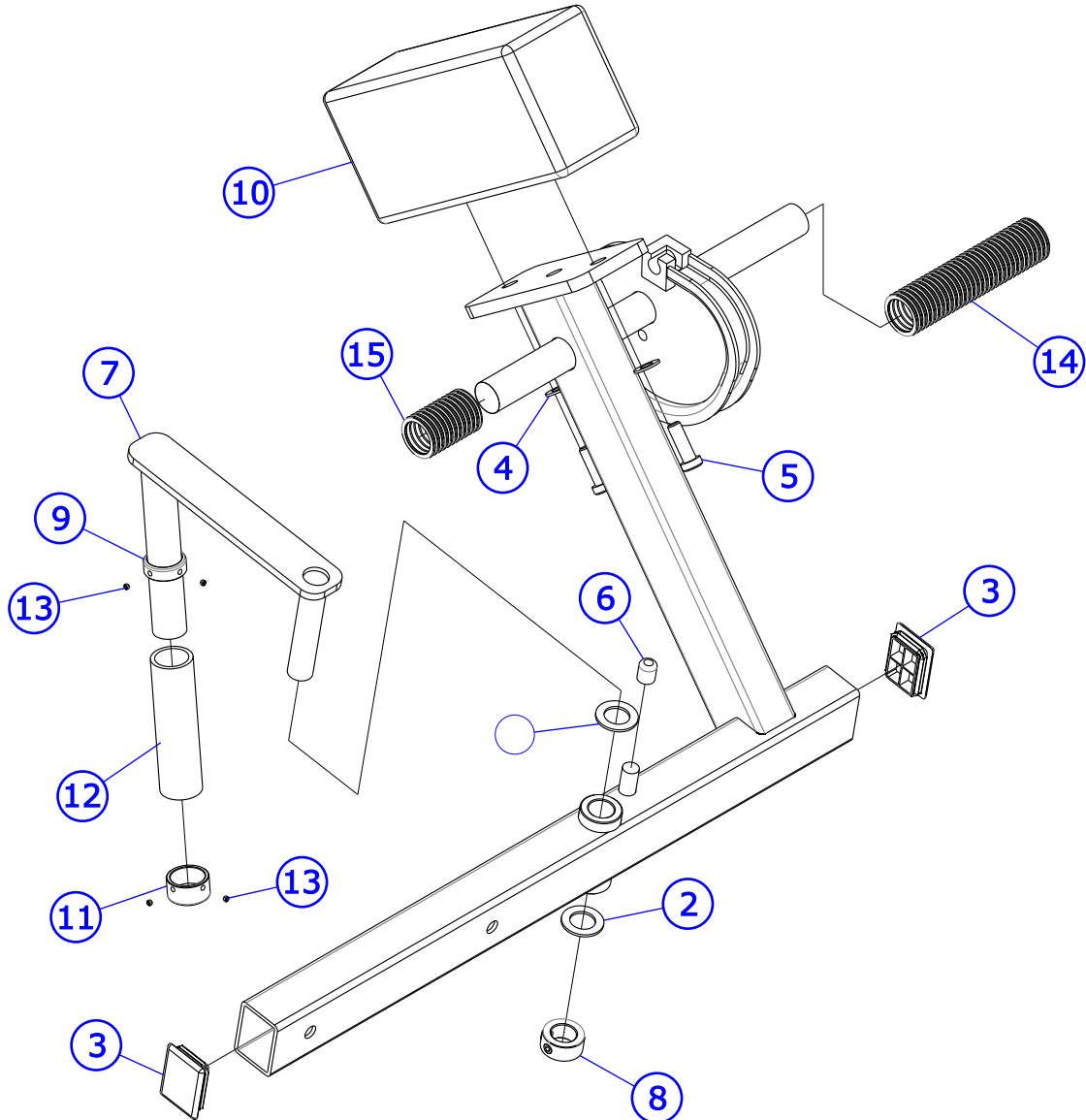
ITEM NO.	QTY.	PART NO.	DESCRIPTION
24	1	-	ASSY, 200LB STACK
25	2	7352101	CUSHION, WEIGHT STACK
26	2	7328604	GUIDE ROD, .75 OD SOLID 43.88
27	2	7402301	RETAINER, GUIDEROD
28	2	3232421	RING, BRE .940, 5100-100 ST PP B
29	2	3240501	M10 X 1.5 HXS NO CUP ST BO
30	1	9469299	LABEL, PSLR PLACARD
31	1	9469300	LABEL, PSLR LOGO PANEL
32	3	8039501	LABEL, WARNING, TRIANGLE
33	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
34	1	7423801	CABLE, PSLR-2
35	3	7388201	FOOTPAD, PS RUBBER
36	2	3236212	SCREW, M10 X1.5 75MM
37	1	7423703	CABLE, PSLR
38	1	3236902	NUT, HEX JAM M16 X 2 SS
39	6	3238601	M10X1.5 BLIND THREADED INSERT (HEX)
40	2	7392399	PAD, FOREARM
41	1	7351999	PAD, SADDLE
42	1	-	LABEL, SERIAL NUMBER, BLANK
43	2	7488701	LABEL, AXIS OF ROTATION
44	3	3237401	PLUG, 7/16" HOLE

LEFT WORK ARM ASSEMBLY



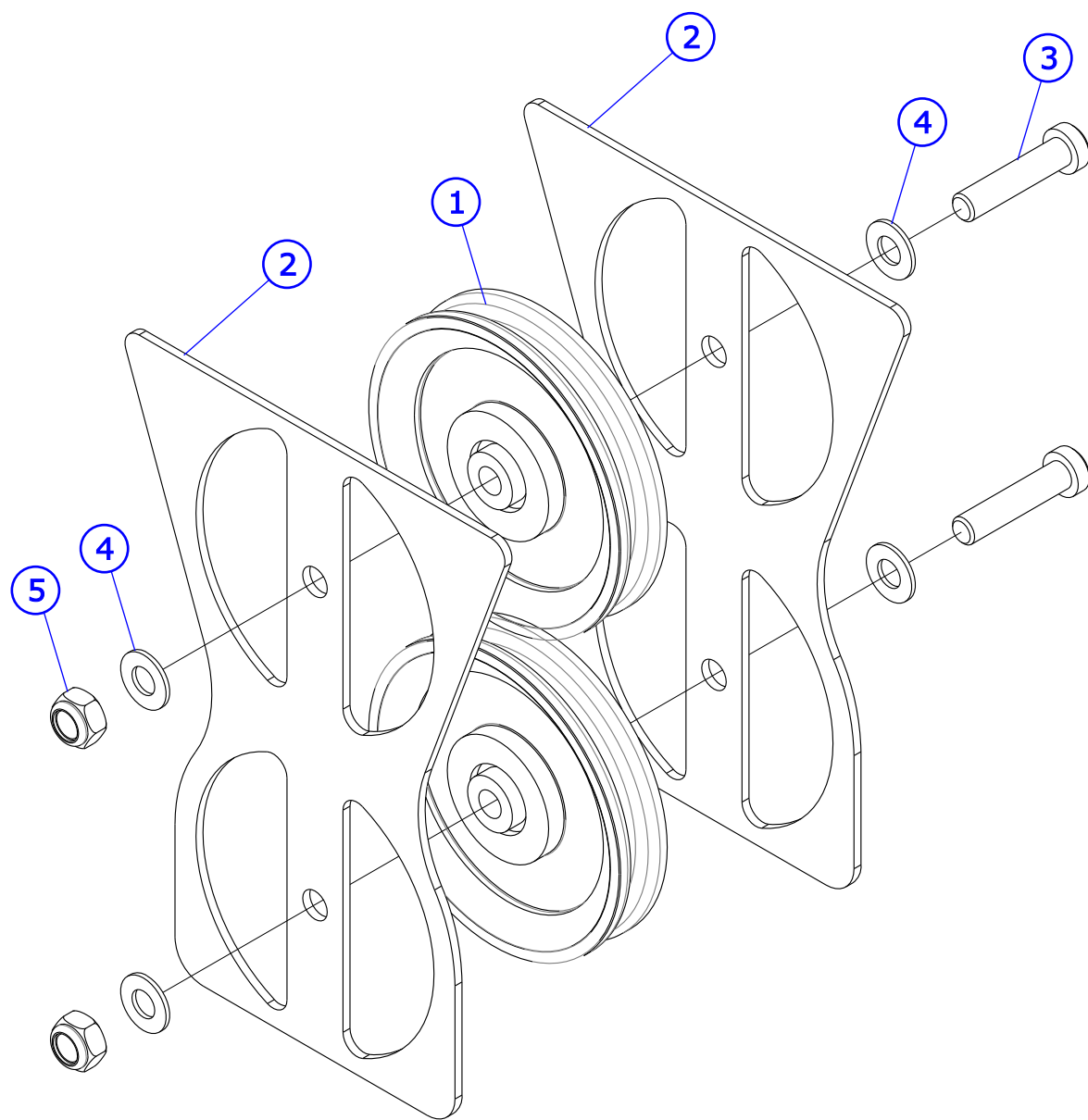
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	3249502	WASHER, NYLON FLAT - BLK .765 X 1.250 x .080
3	2	9217401	CAP, 1.5IN X 2IN -10-14GA, END
4	2	3236601	WASHER, 3/8 SAE SS
5	2	3236203	SCREW, M10 X1.5 30MM
6	1	7391895	WLDMT, PSLR HANDLE
7	1	7662901	CAP, GRIP 1.25 OD
8	1	3238501	CAP, 1/2 X 5/8
9	1	7662801	RING, GRIP 1.25 OD
10	1	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
11	1	7802501	WEIGHT, COUNTER LG
12	1	3235801	GRIP, 1.25 OD OPEN END
13	4	3247701	M4 X .7 HXS NO CUP ST BO
14	1	6912805	SLEEVE, ACCRDN 1.0 ID X 5.5
15	1	6912804	SLEEVE, ACCRDN 1.0 ID X 2

RIGHT WORK ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	3249502	WASHER, NYLON FLAT - BLK .765 X 1.250 x .080
3	2	9217401	CAP, 1.5IN X 2IN -10-14GA, END
4	2	3236601	WASHER, 3/8 SAE SS
5	2	3236203	SCREW, M10 X1.5 30MM
6	1	3238501	CAP, 1/2 X 5/8
7	1	7391895	WLDMT, PSLR HANDLE
8	1	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
9	1	7662801	RING, GRIP 1.25 OD
10	1	7802501	WEIGHT, COUNTER LG
11	1	7662901	CAP, GRIP 1.25 OD
12	1	3235801	GRIP, 1.25 OD OPEN END
13	4	3247701	M4 X .7 HXS NO CUP ST BO
14	1	6912805	SLEEVE, ACCRDN 1.0 ID X 5.5
15	1	6912804	SLEEVE, ACCRDN 1.0 ID X 2

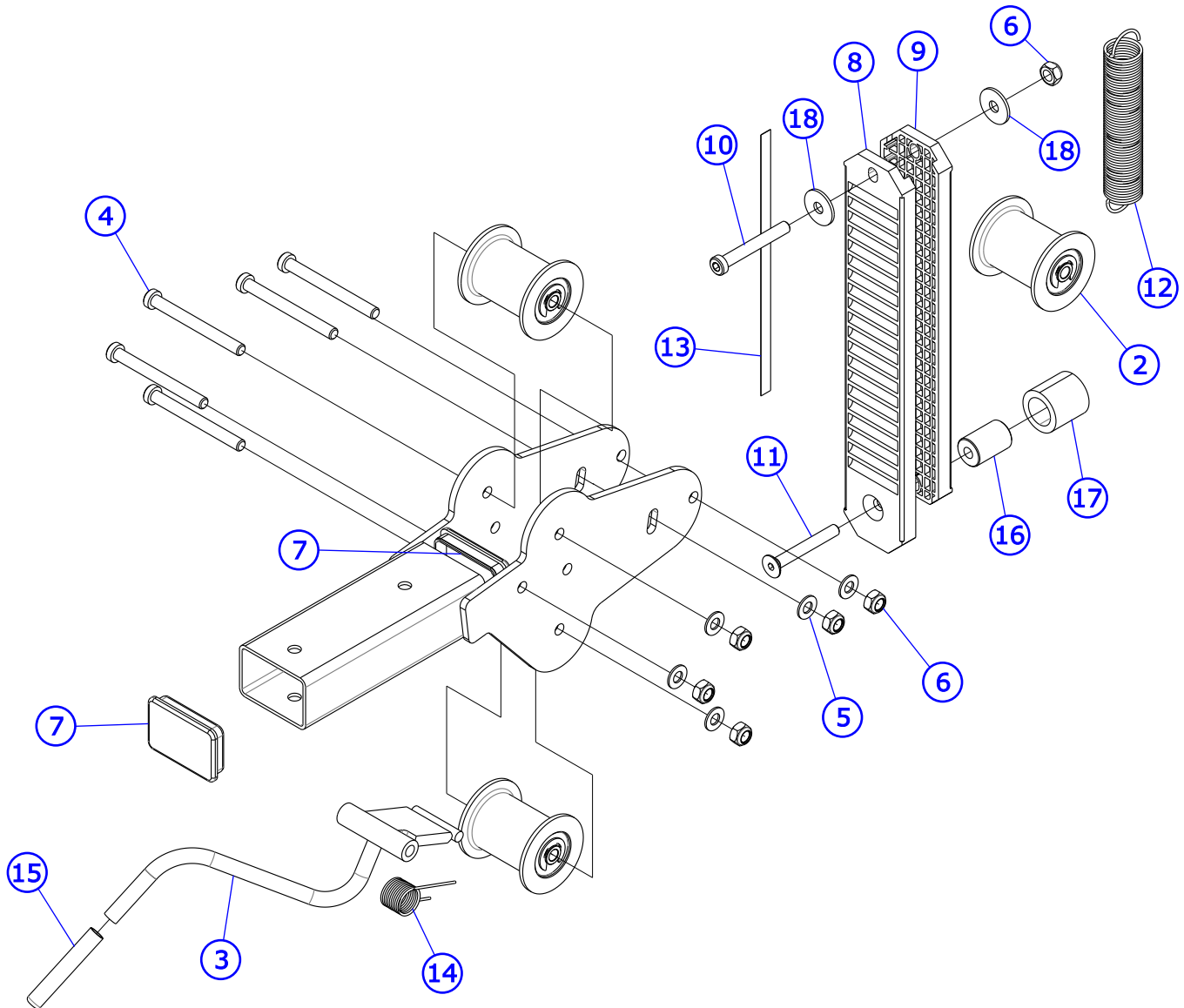
FLOATING PULLEY ASSEMBLY



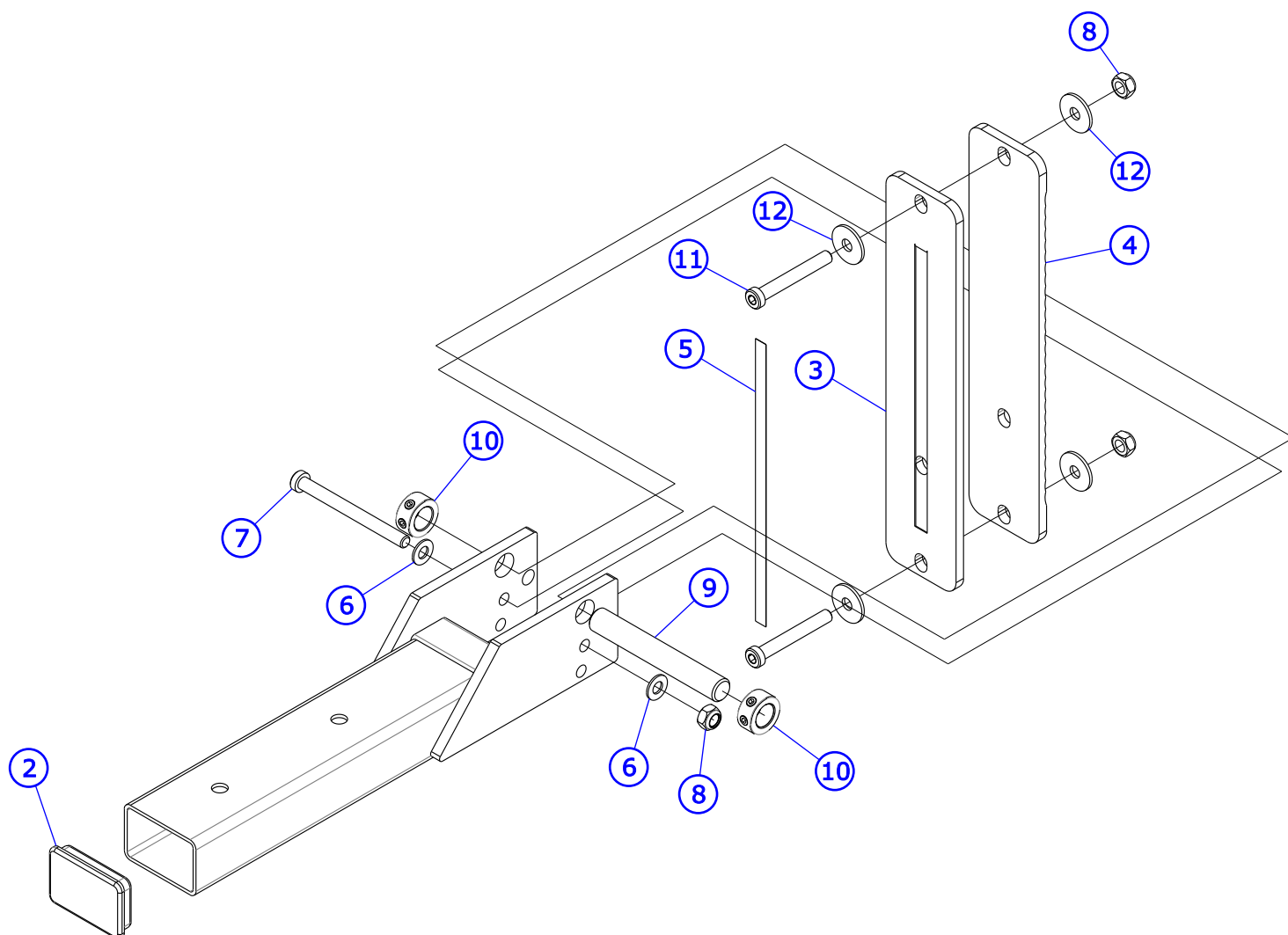
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3237801	PULLEY, 4.5" OD
2	2	7390295	BRKT, PSLR FLOAT PULLEY
3	2	3236206	SCREW, M10 X1.5 45MM
4	4	3236601	WASHER, 3/8 SAE SS
5	2	3236801	NUT, M10 HEX NYLOCK SS

ROLLER SEAT ASSEMBLY

SE TRIM

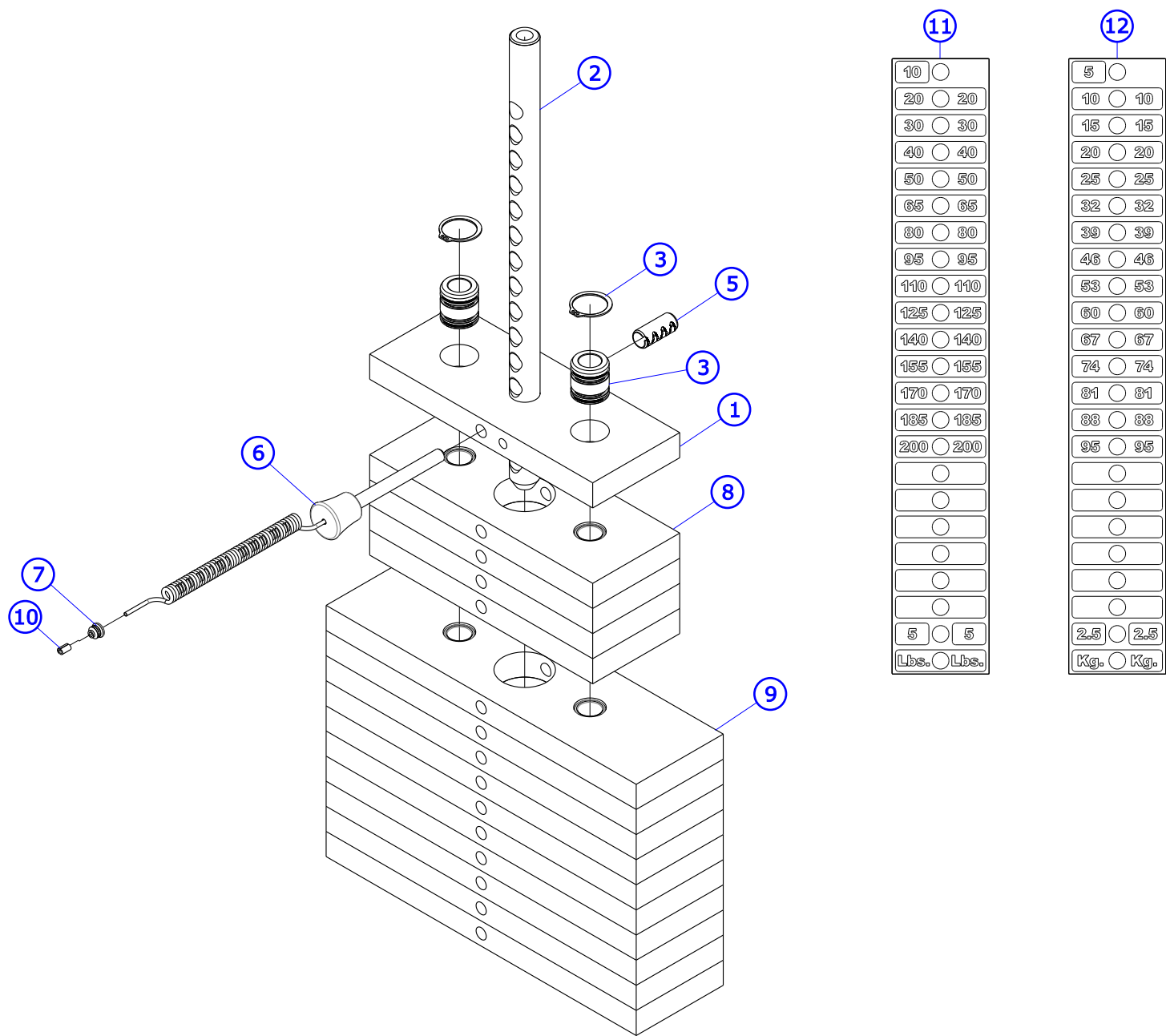


ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	3	7564201	ASSY, SEAT ROLLER
3	1	8417195	WLDMT, ROLLER SEAT HANDLE SG
4	5	3236217	SCREW, M10 X1.5 100MM
5	5	3236601	WASHER, 3/8 SAE SS
6	6	3236801	NUT, M10 HEX NYLOCK SS
7	2	7352301	CAP, END 2 X 3
8	1	8416801	TRACK, SEAT - SERRATED
9	1	7564401	SEATRACK, FLAT
10	1	3236212	SCREW, M10 X1.5 75MM
11	1	3238312	M10x1.5x75mm
12	1	7442601	SPRING, PRO2 ROLLER SEAT
13	1	7422002	LABEL, SEAT ADJUST
14	1	7442701	SPRNG, PRO2 HANDLE TORSION
15	1	3238502	CAP, 1/2 X 3
16	1	7570601	STOP, ROLLER SEAT
17	1	3235804	GRIP, 1.5 OD X .25 WALL X 1.5 L OPEN END
18	2	3236602	WASHER, 3/8 ID X 1.25 OD SS

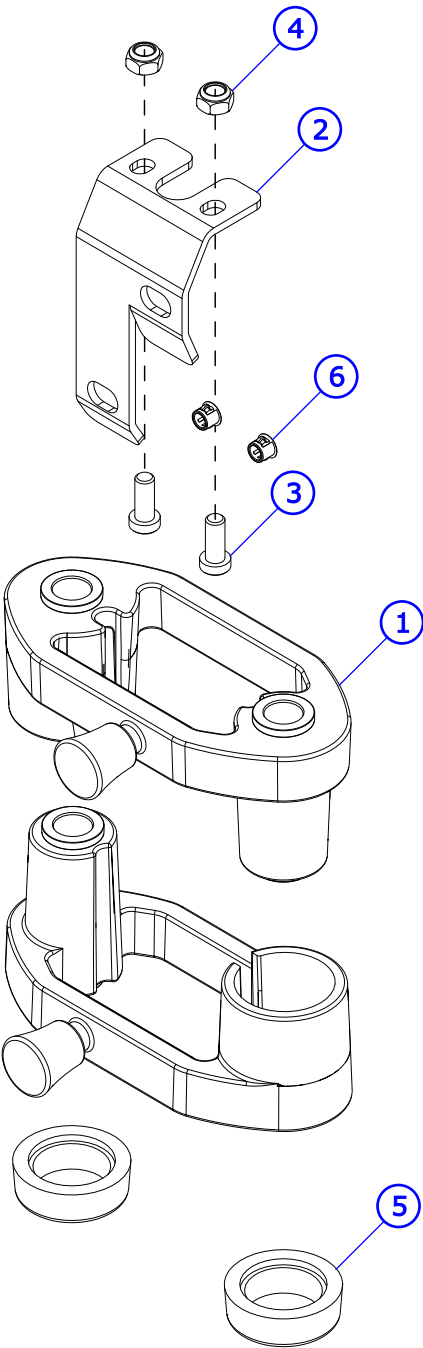


ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	7352301	CAP, END 2 X 3
3	1	7359701	SEATRACK FRONT
4	1	7359801	SEATRACK BACK
5	1	7422002	LABEL, SEAT ADJUST
6	2	3236601	WASHER, 3/8 SAE SS
7	1	3236218	SCREW, M10 X1.5 110MM
8	3	3236801	NUT, M10 HEX NYLOCK SS
9	1	7359301	.75" ROUND SEAT PIN
10	2	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
11	2	3236212	SCREW, M10 X1.5 75MM
12	4	3236602	WASHER, 3/8 ID X 1.25 OD SS

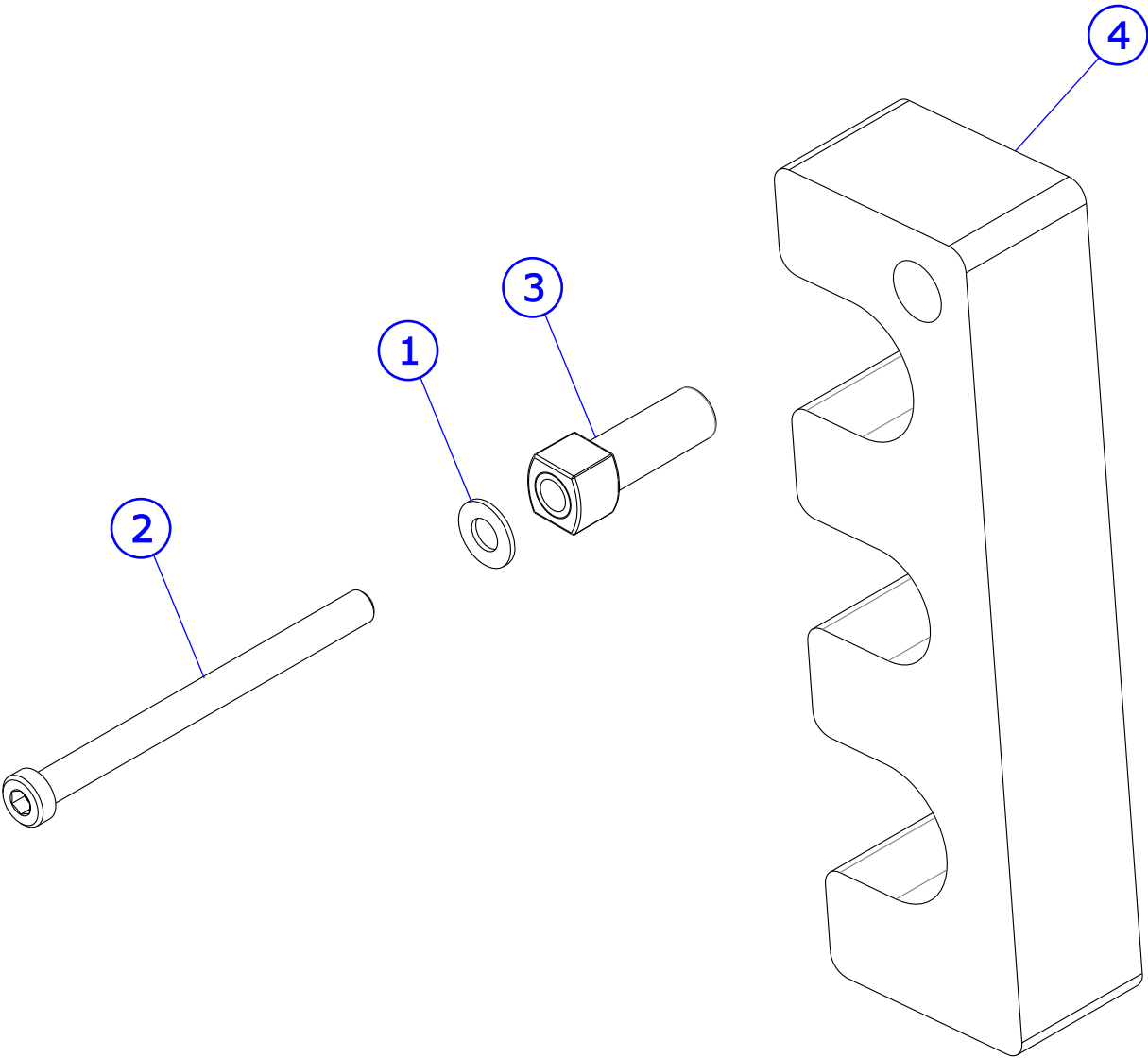
WEIGHT STACK ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7352601	BAYONET, 14 PLATE
3	2	7338001	BUSHING, HEADPLATE
5	1	3236001	BUSHING, SPRING PIN
6	1	7353001	ASSY, SELECTOR PIN
7	1	7356501	PLUG, LANYARD ATTACHMENT
8	4	7353701	ASSY, 10 LB PLATE
9	10	7353801	ASSY, 15 LB PLATE
10	1	7523601	CRIMP, CABLE
11	1	7987001	LABEL, 200 LB STACK
		7987301	LABEL, 95 KG STACK

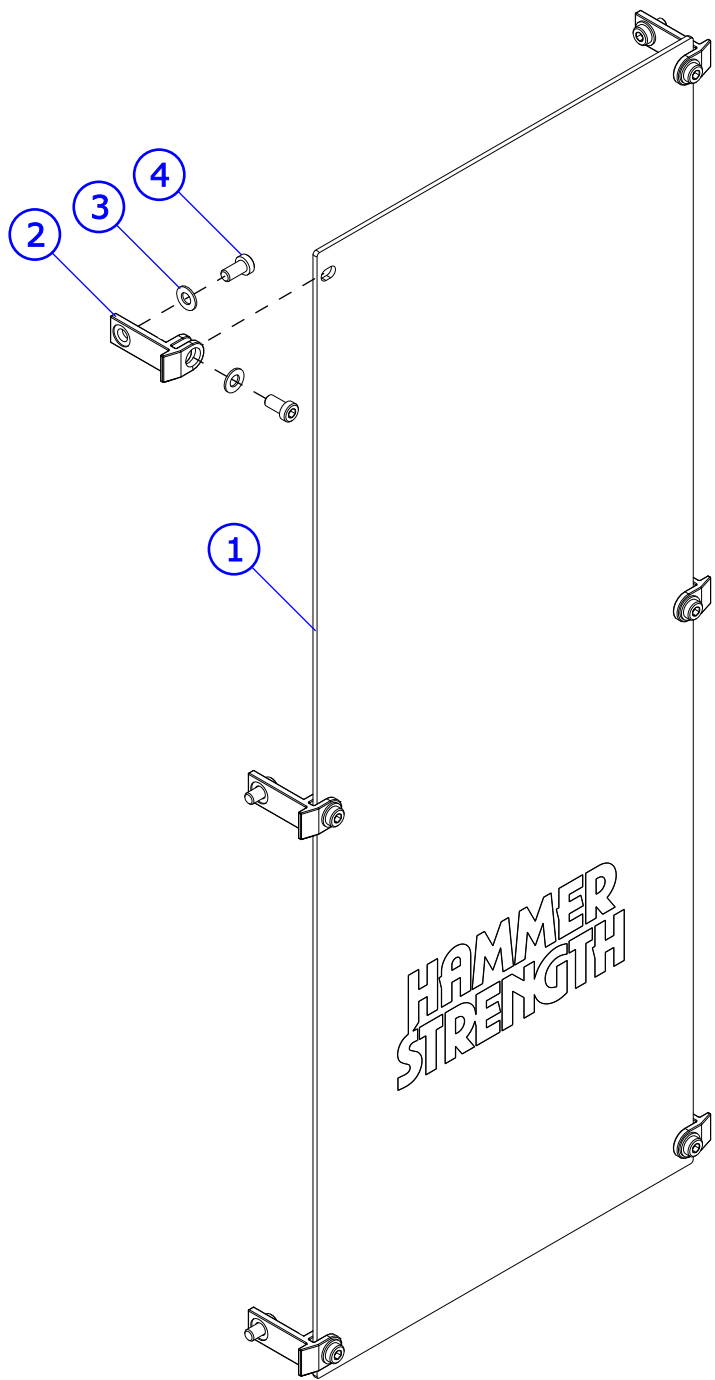


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	8047001	ASSY, PS, INCREMENT WEIGHT
2	1	8700801	PLATE, INCREMENT WEIGHT STRIKER
3	2	3236202	M10 X 1.5 X 25 SHCS, LOW HEAD
4	2	3236801	NUT, NYLOCK M10 X 1.5 SS
5	2	7767601	BUMPER, PS INCREMENT
6	2	3237401	PLUG, 7/16" HOLE



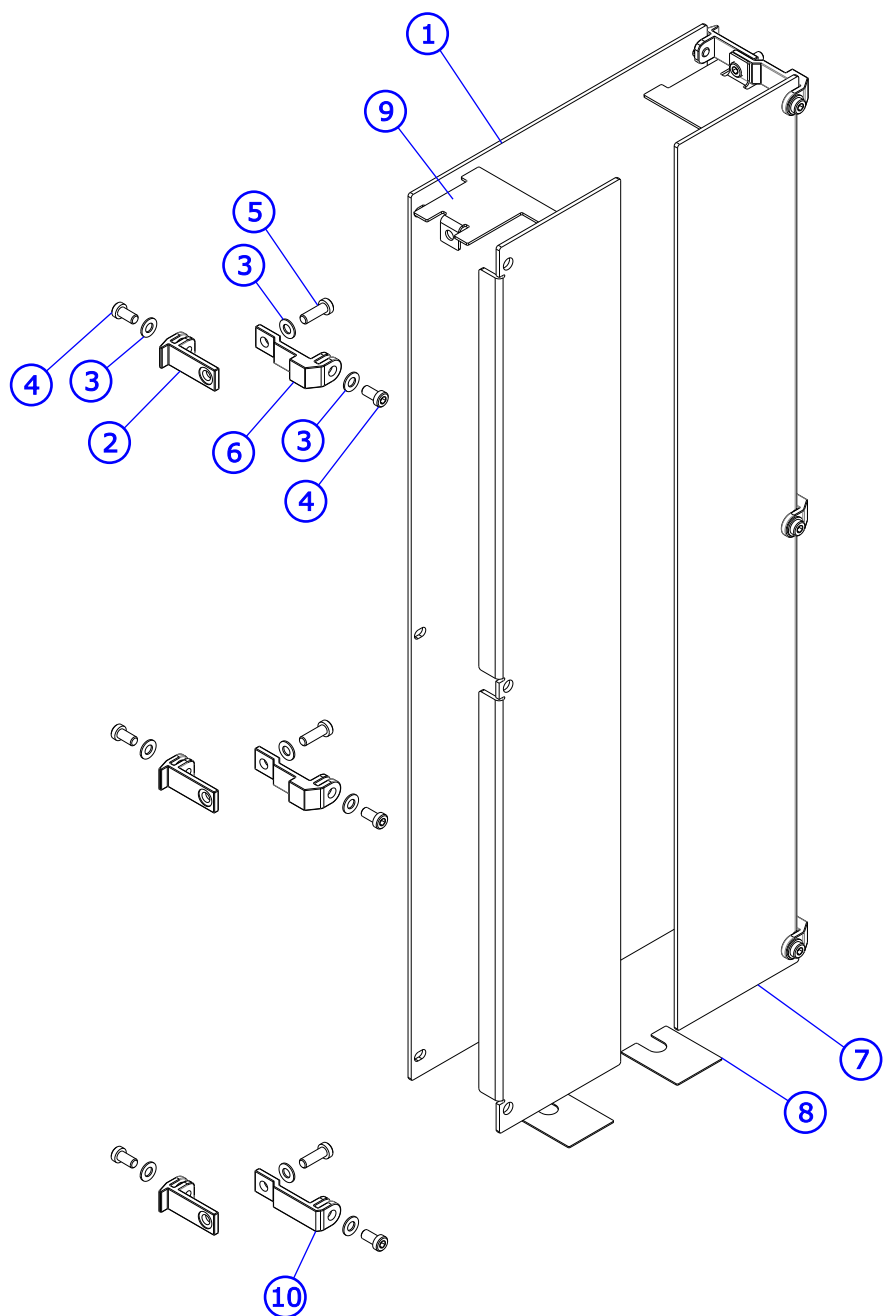
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236220	SCREW, M10 X1.5 130MM
3	1	7401701	COVER, PLASTIC PEG
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON

REAR SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475701	SHROUD, HS REAR 42.50 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

FULL SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475701	SHROUD, HS REAR 42.50 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	5	7376601	BRACKET, PS FRONT SHIELD
7	2	7376901	SHIELD, PS FRONT 42.5
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR
10	1	8328801	BRKT, MOD PSABC FRONT SHIELD