

HAMMER[®] STRENGTH

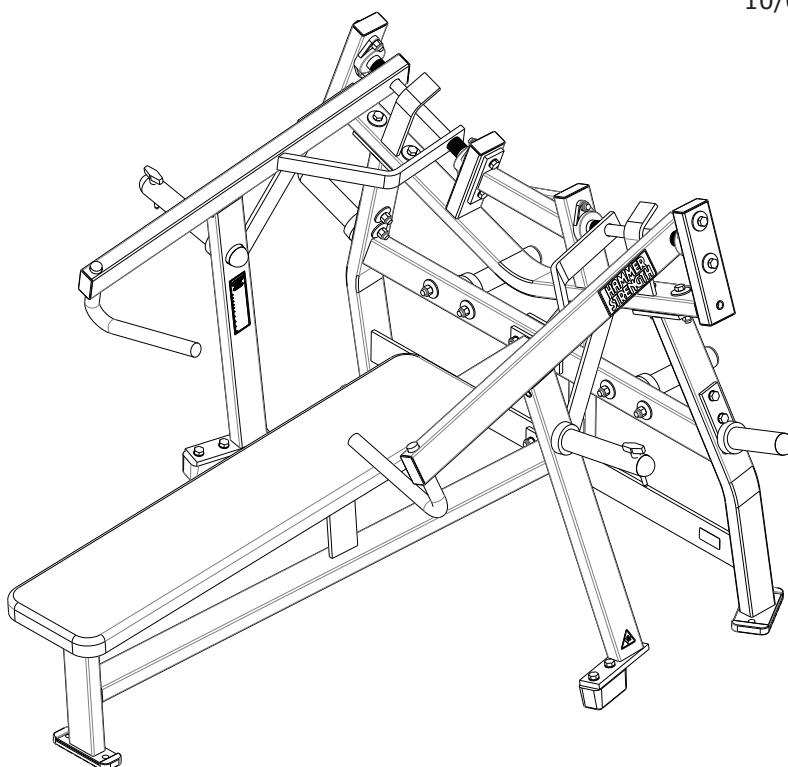
**HAMMER
STRENGTH[®]**

ISO-LATERAL

PARTS MANUAL

**HORIZONTAL BENCH PRESS
ILHBP & IL-HBP**

10/03/2014



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KEY

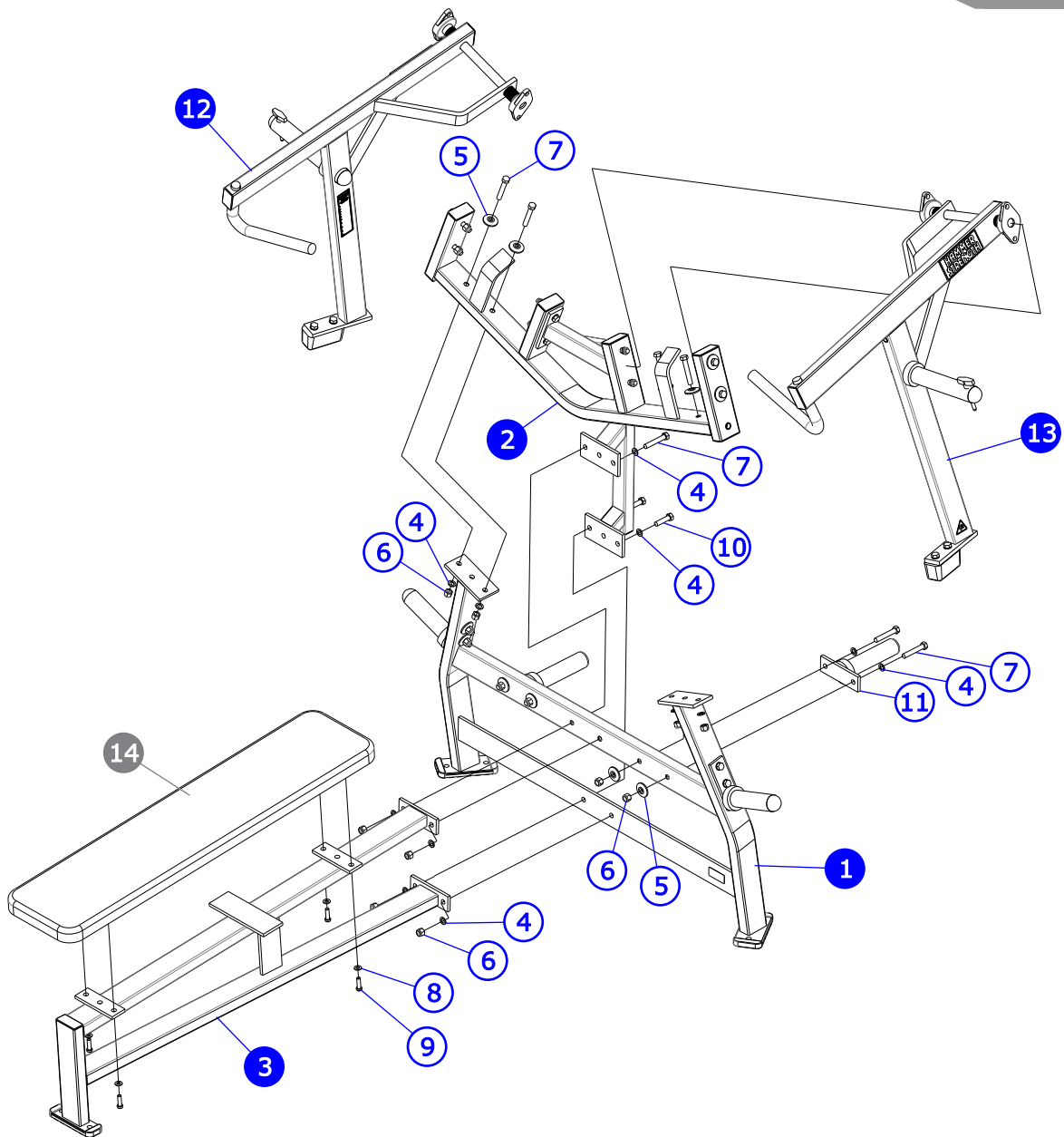
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

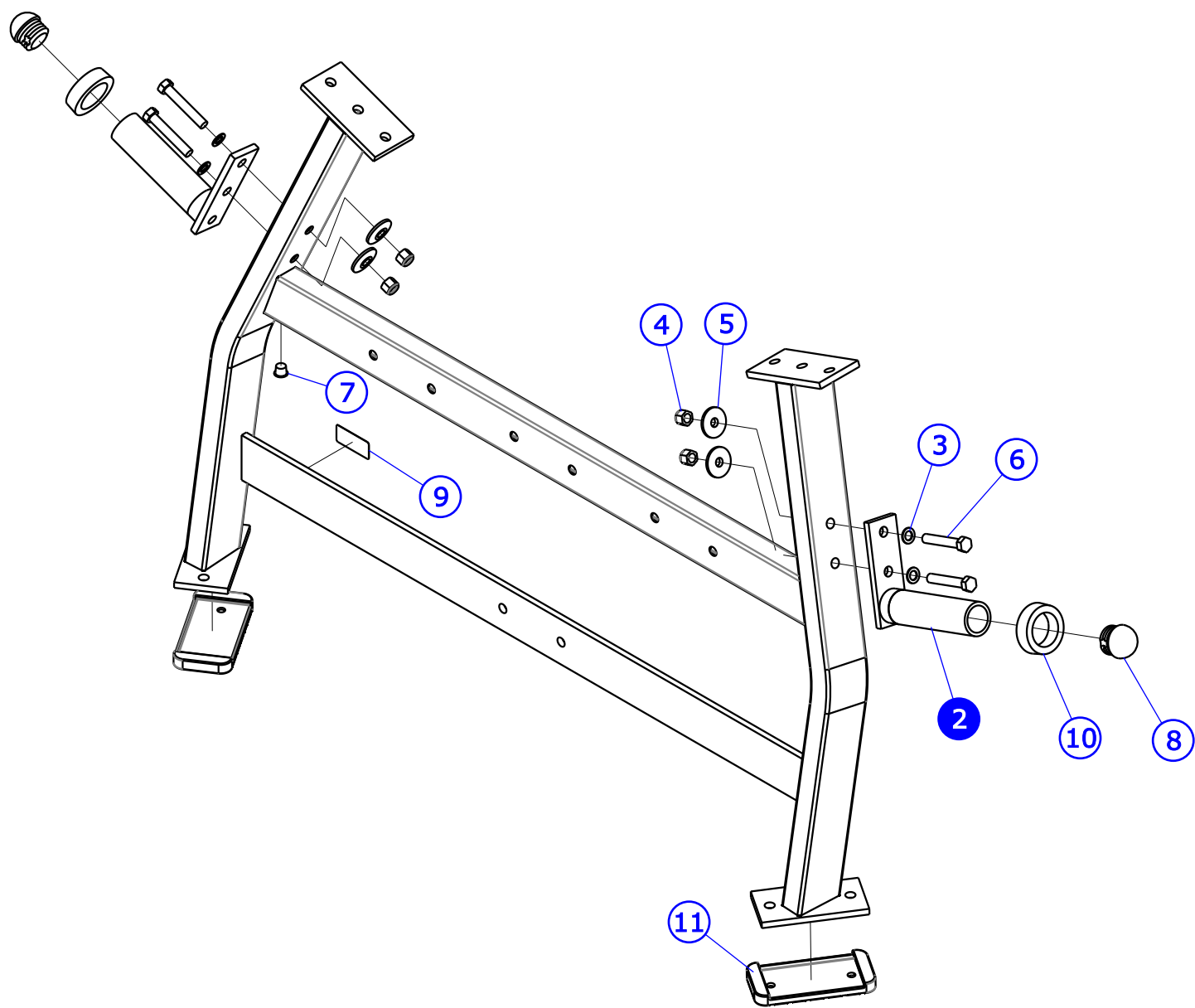
Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

COMPONENT ASSEMBLY



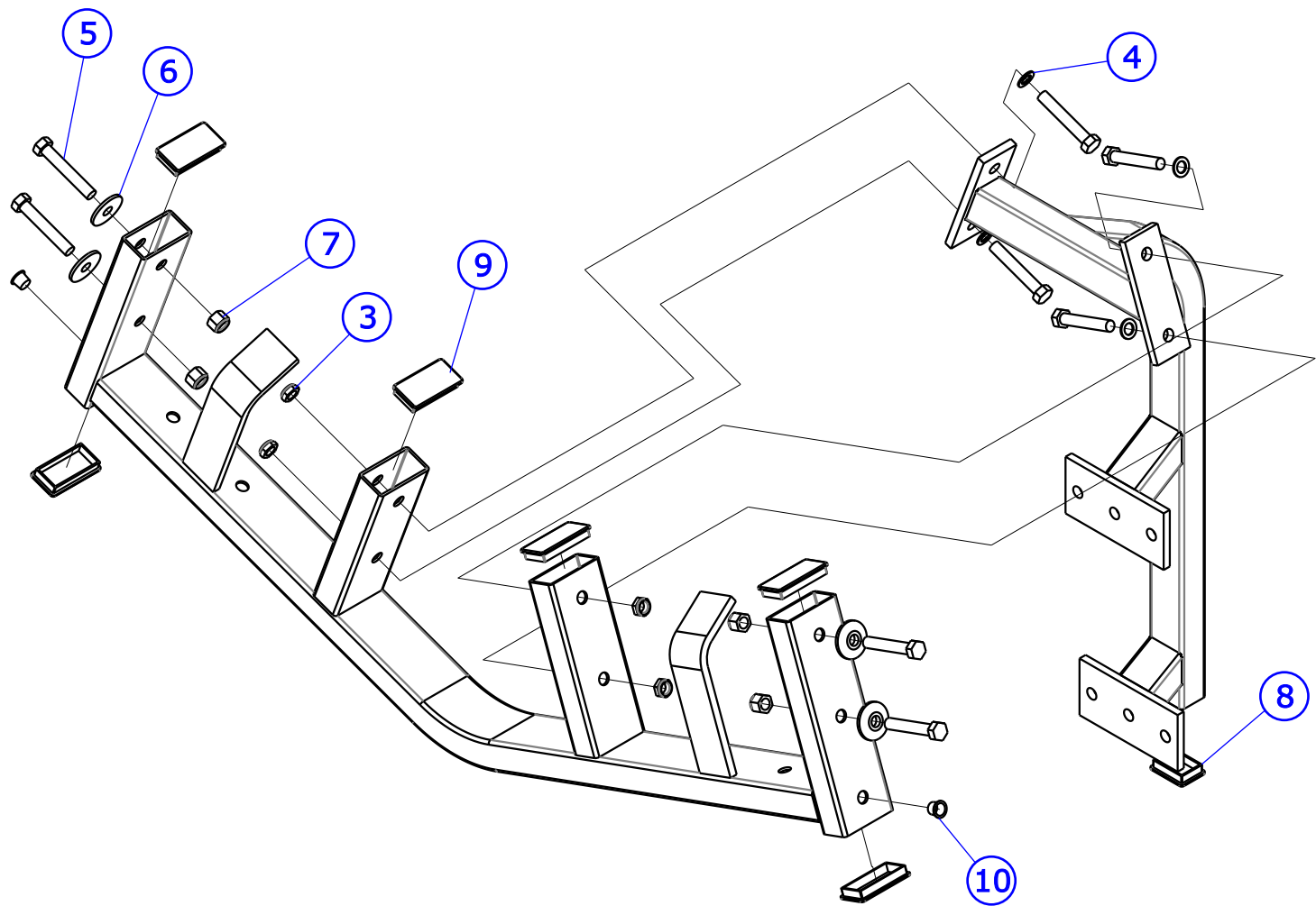
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	ILHBP-CBX	ASSY, BASE FRAME, ILHBP
2	1	ILHBP-CTX	ASSY, TOP CROSS MEMBER, ILHBP
3	1	ILHBP-CST	ASSY, SEAT FRAME, ILHBP
4	16	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	8	H-BACK-WASH	BACKING WASHER
6	12	NUT.5LOCK	1/2 DIA THICK LOCK NUT
7	10	HHB.5X3	1/2 X 3 BOLT
8	4	WASH.375SAE	3/8" SAE FLAT WASHER
9	4	3236204	SCREW, M10 X1.5 35MM
10	2	HHB.5X2	1/2 X 2 BOLT
11	2	H-HORN-ASSY	ASSY, WEIGHT HORN
12	1	ILHBP-CMAR	ASSY, MOVEMENT ARM, RIGHT, ILHBP
13	1	ILHBP-CMAL	ASSY, MOVEMENT ARM, LEFT, ILHBP
14	1	8782299	PAD, MOLDED 1217 X 264

BASE FRAME ASSEMBLY



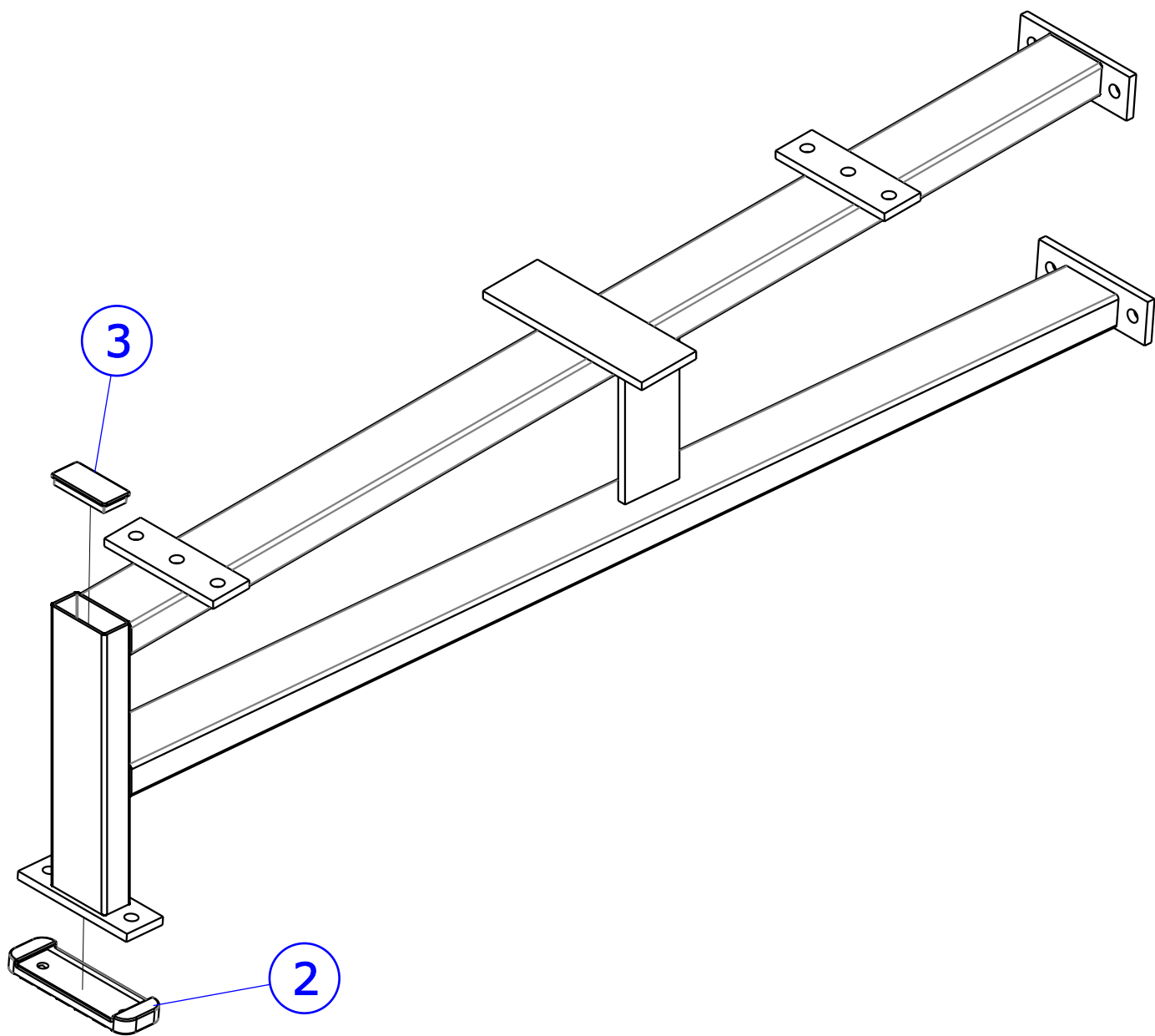
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	ILHBP-ETC2	WLDMT, WEIGHT HORN, ILHBP
3	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
4	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT
5	4	H-BACK-WASH	BACKING WASHER
6	4	HHB.5X3	1/2 X 3 BOLT
7	2	H-HPLUG (REG)	HOLE PLUG
8	2	RUBCAP1-2	RUBBER CAP #1
9	1	-	SERIAL NUMBER
10	2	H-RUBRNG	MM5 RING
11	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER

TOP CROSS MEMBER ASSEMBLY



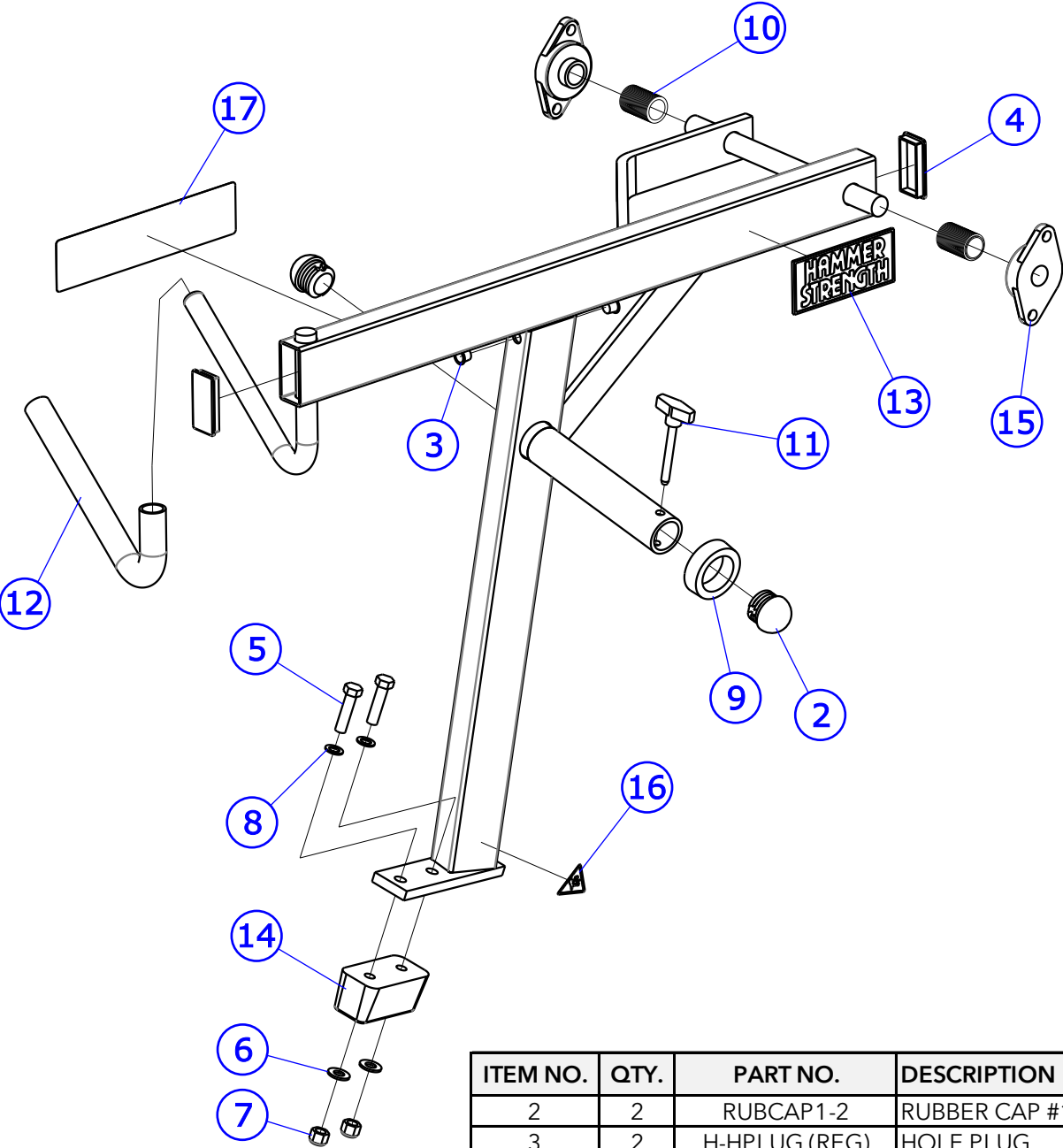
ITEM NO.	QTY.	PART NO.	DESCRIPTION
3	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	8	HHB.5X3	1/2 X 3 BOLT
6	4	H-BACK-WASH	BACKING WASHER
7	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT
8	1	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
9	6	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
10	2	H-HPLUG (REG)	HOLE PLUG

SEAT FRAME ASSEMBLY



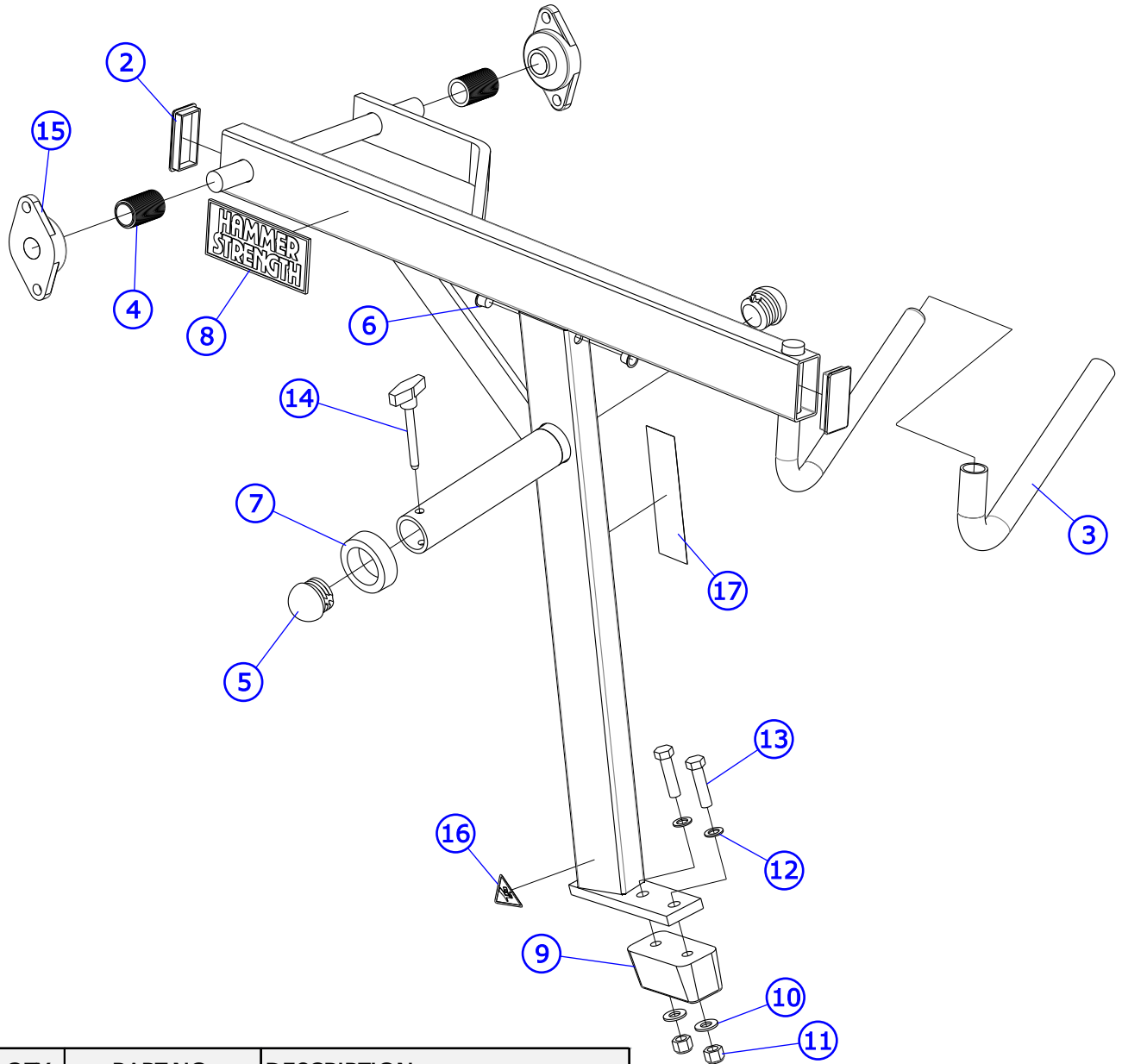
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
3	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG

LEFT MOVEMENT ARM ASSEMBLY



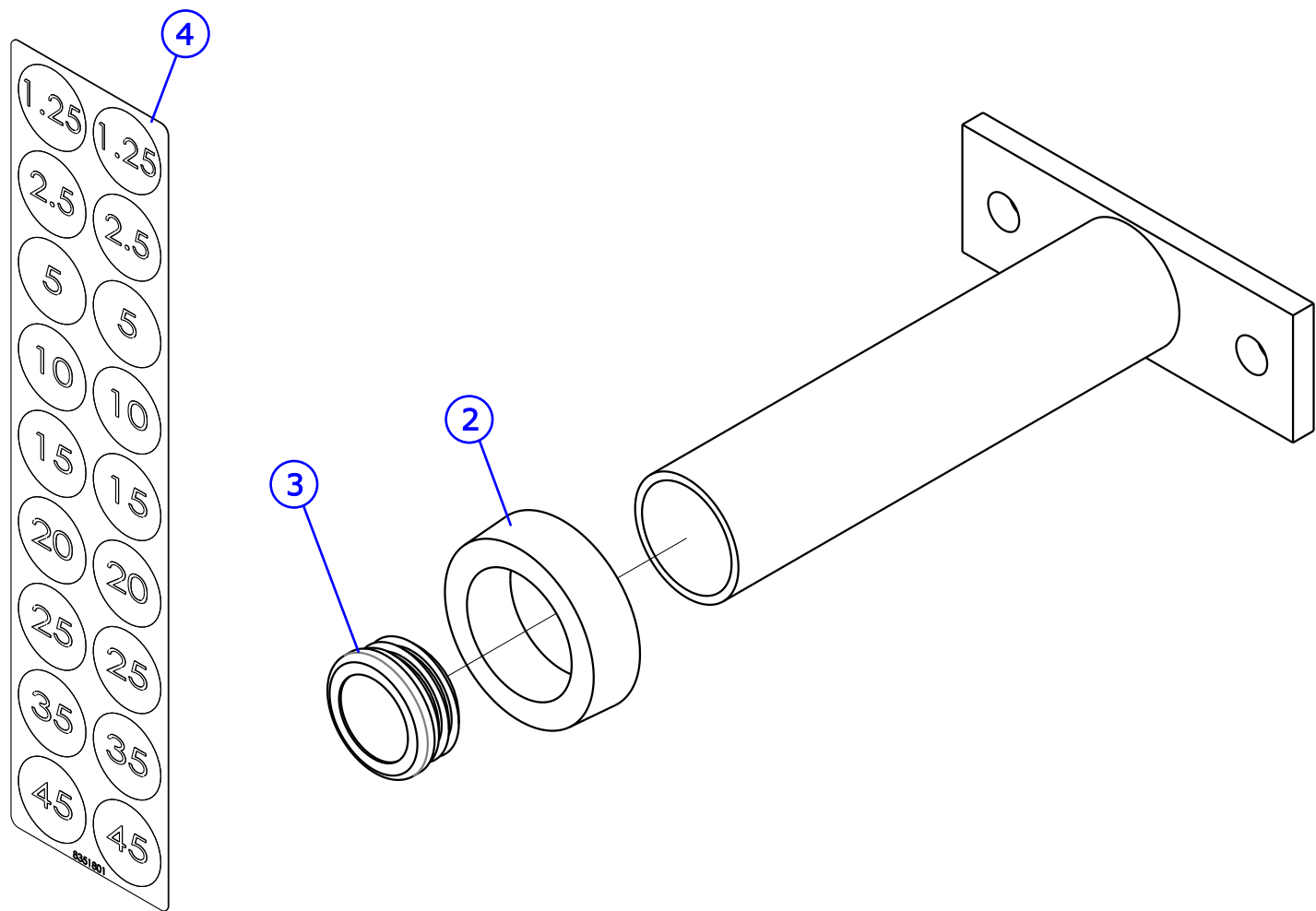
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RUBCAP1-2	RUBBER CAP #1
3	2	H-HPLUG (REG)	HOLE PLUG
4	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
5	2	HHB.5X2	1/2 X 2 BOLT
6	2	WASH.5SAE	1/2" SAE FLAT WASHER
7	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
8	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
9	1	H-RUBRNG	MM5 RING
10	2	ACCORDIAN	SHAFT GUARD
11	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
12	1	H-GRIP	HANDLE GRIPS (.938X16)
13	1	H-NAME PLATE	NAMEPLATE (45156-P)
14	1	H-BUMP-MED	MM2 MEDIUM
15	2	H-BEAR-SML	SMALL BEARING
16	1	8039501	LABEL, WARNING,TRIANGLE
17	1	ID-ILHBP	PRODUCT PLACARD, ILHBP

RIGHT MOVEMENT ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
3	1	H-GRIP	HANDLE GRIPS (.938X16)
4	2	ACCORDIAN	SHAFT GUARD
5	2	RUBCAP1-2	RUBBER CAP #1
6	2	H-HPLUG (REG)	HOLE PLUG
7	1	H-RUBRNG	MM5 RING
8	1	H-NAME PLATE	NAMEPLATE (45156-P)
9	1	H-BUMP-MED	MM2 MEDIUM
10	2	WASH.5SAE	1/2" SAE FLAT WASHER
11	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
12	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
13	2	HHB.5X2	1/2 X 2 BOLT
14	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
15	2	H-BEAR-SML	SMALL BEARING
16	1	8039501	LABEL, WARNING, TRIANGLE
17	1	8773701	LABEL, ASTM PL VERT

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET