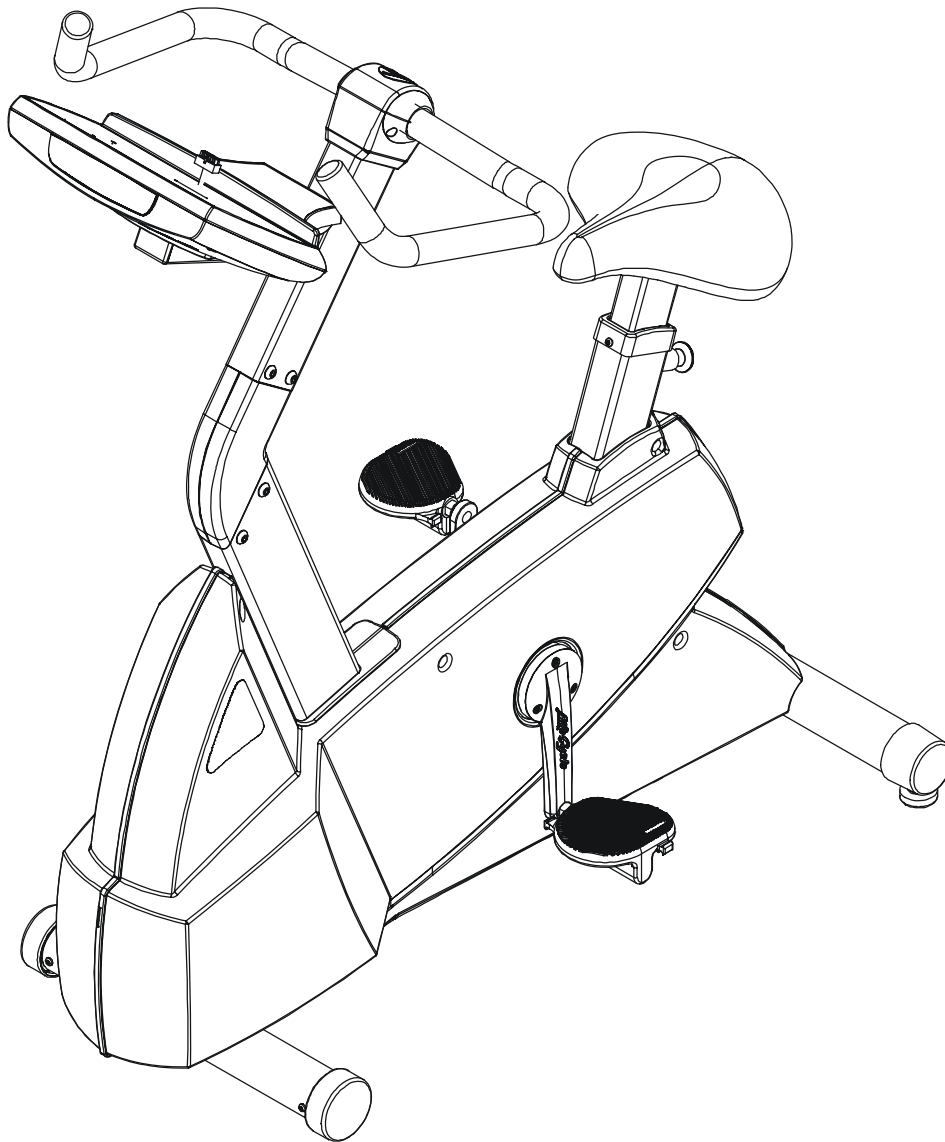


# LifeFitness

ARCTIC SILVER 90C Upright Bike



Customer Support Services  
**PARTS MANUAL** rev 29 Apr 2008

**ARCTIC SILVER 90C**  
**REFERENCES**

**90C-0XXX-02**  
**S/N CCH100000 and UP**

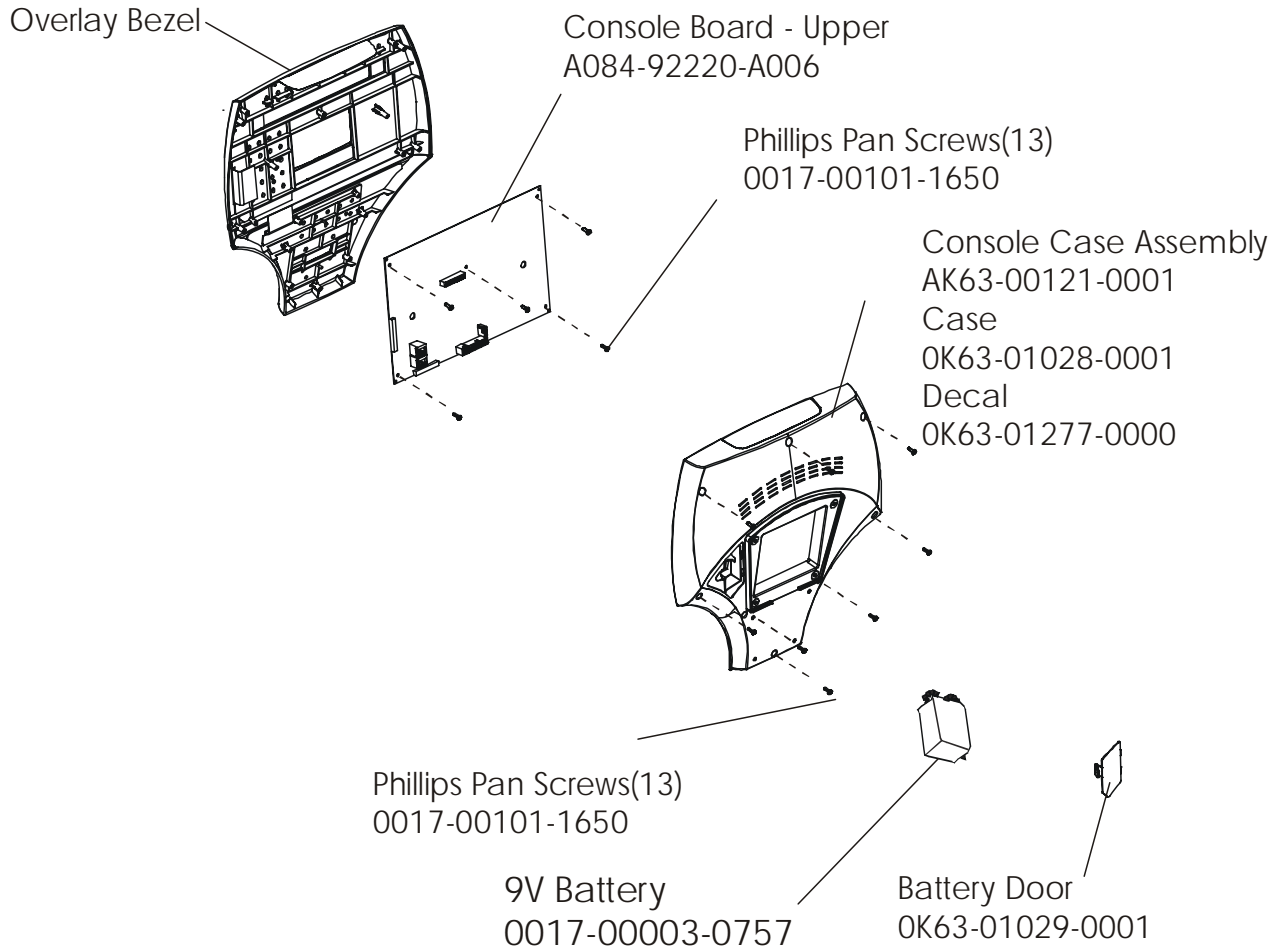
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OPERATION MANUAL	M051-00K63-A068
ACCESSORY TRAY	GK63-00002-0004
HARDWARE BAG	GK63-00002-0044
POLAR UPGRADE KIT	GK63-00002-0002
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
SERVICE MANUAL	M051-00K63-A009

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**ARCTIC SILVER 90C**  
**Console Components**

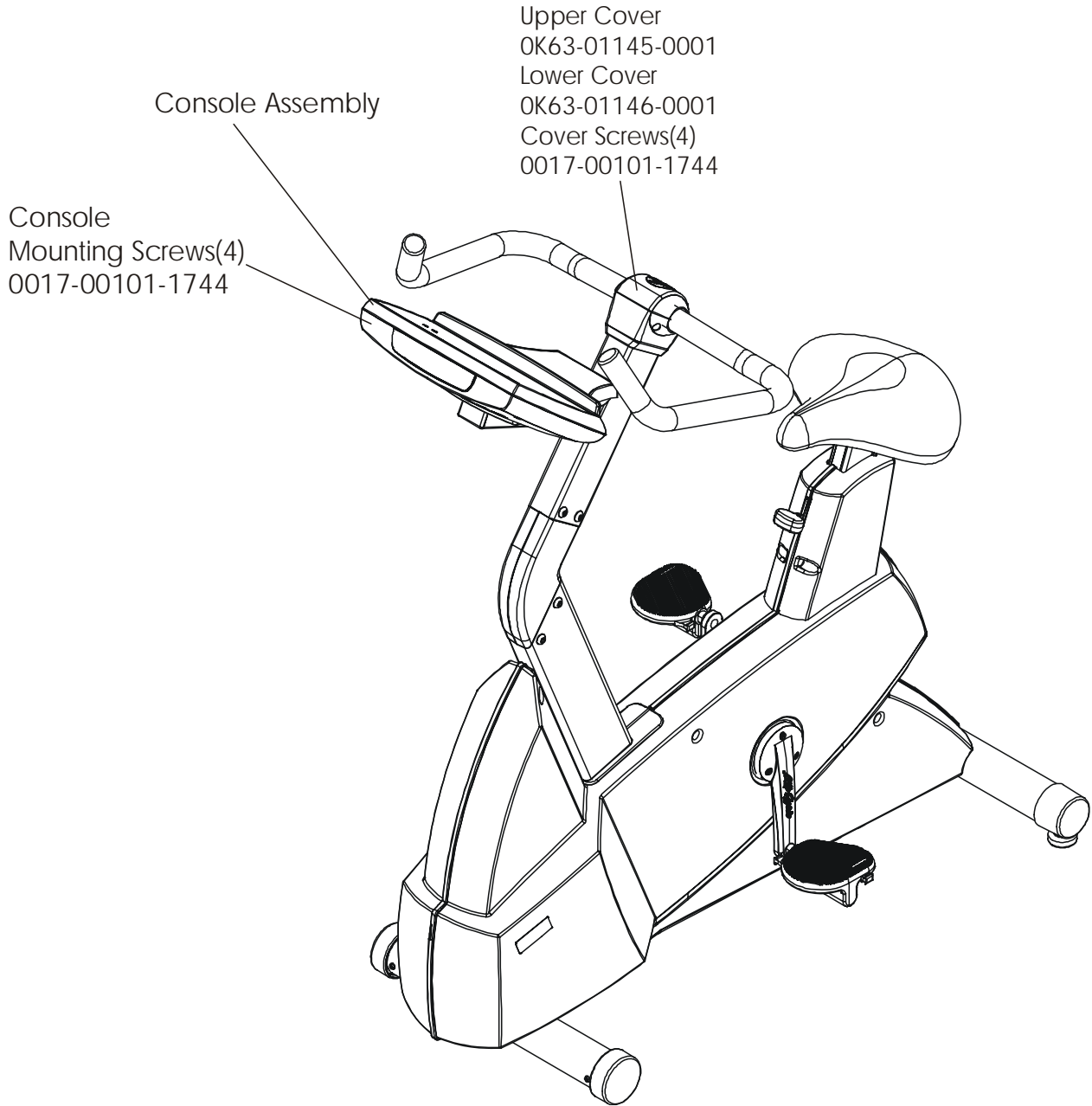
**90C-0XXX-02**  
**S/N CCH100000 and UP**



Console Assembly	Bezel W/Overlay Assy.
AK63-00162-0001 Eng Met	AK63-00167-0001 Eng Met
AK63-00162-0002 Eur Met	AK63-00167-0002 Eur Met
AK63-00162-0003 Ger Met	AK63-00167-0003 Ger Met
AK63-00162-0004 Spn Met	AK63-00167-0004 Spn Met
AK63-00162-0006 Jap Met	AK63-00167-0006 Jap Met
AK63-00162-0007 Frn Met	AK63-00167-0007 Frn Met
AK63-00162-0008 Itl Met	AK63-00167-0008 Itl Met
AK63-00162-0009 Dut Met	AK63-00167-0009 Dut Met
AK63-00162-0010 Por Met	AK63-00167-0010 Por Met

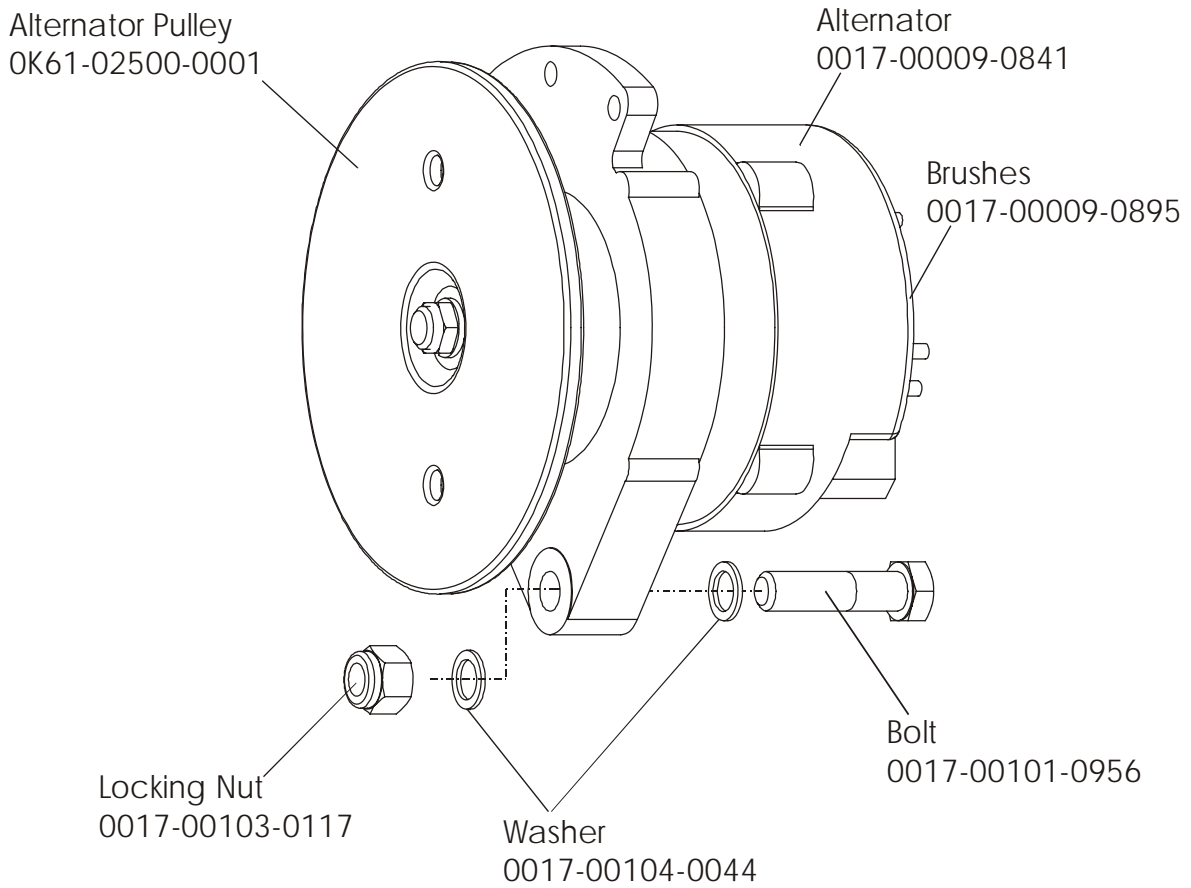
**ARCTIC SILVER 90C**  
**Console Screws & Polar Covers**

**90C-0XXX-02**  
**S/N CCH100000 and UP**



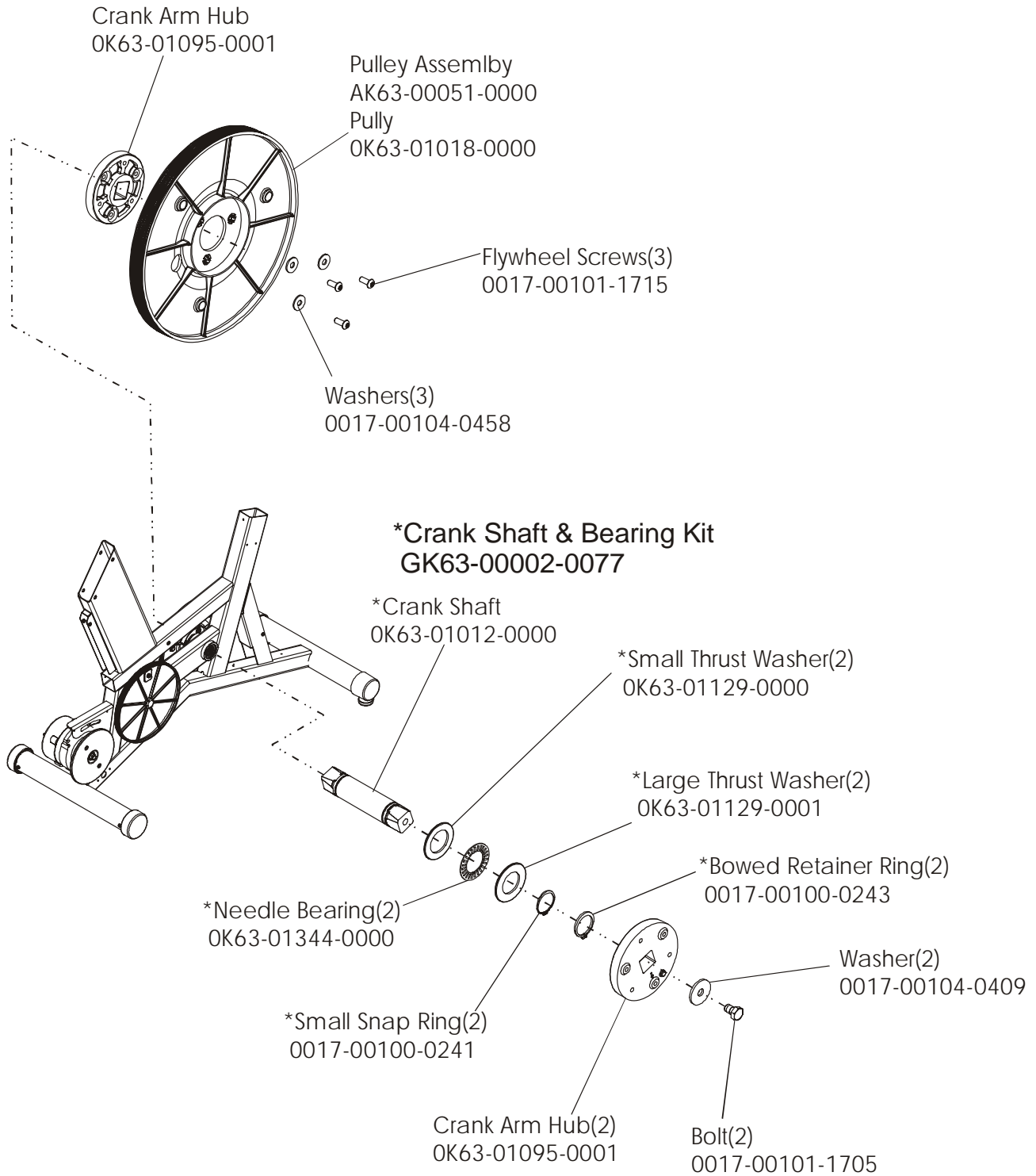
**ARCTIC SILVER 90C**  
**Alternator w/Pulley - AK63-00093-0000**

**90C-0XXX-02**  
**S/N CCH100000 and UP**



**ARCTIC SILVER 90C**  
**Crankshaft and Bearing Assembly**

**90C-0XXX-02**  
**S/N CCH100000 and UP**



# ARCTIC SILVER 90C

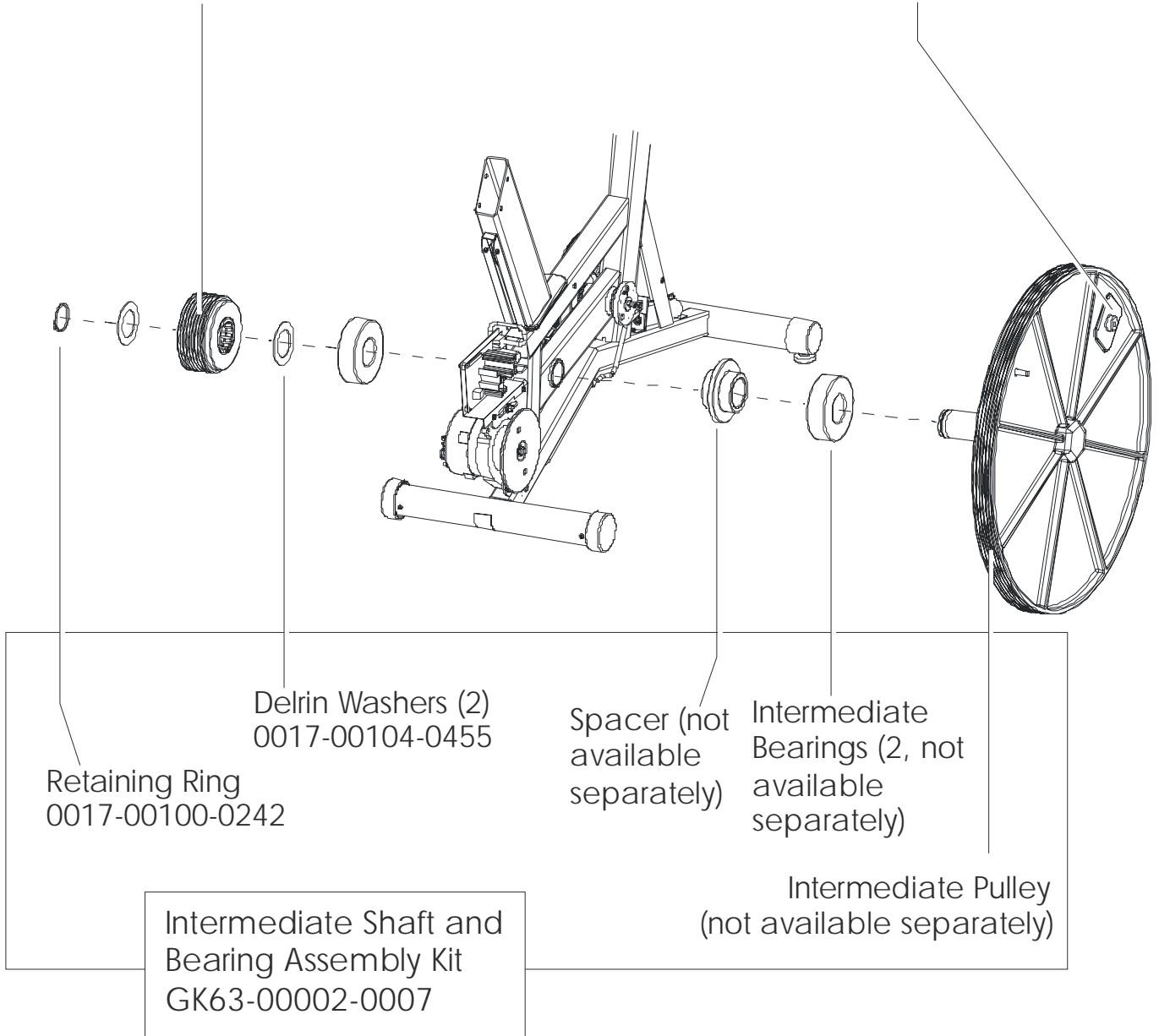
90C-0XXX-02

## Intermediate Shaft & Bearing Assembly

S/N CCH100000 and UP

Clutch Assembly  
AK63-00026-0000  
(not included in kit)

Magnet  
118E-00001-0124  
(not included in kit)

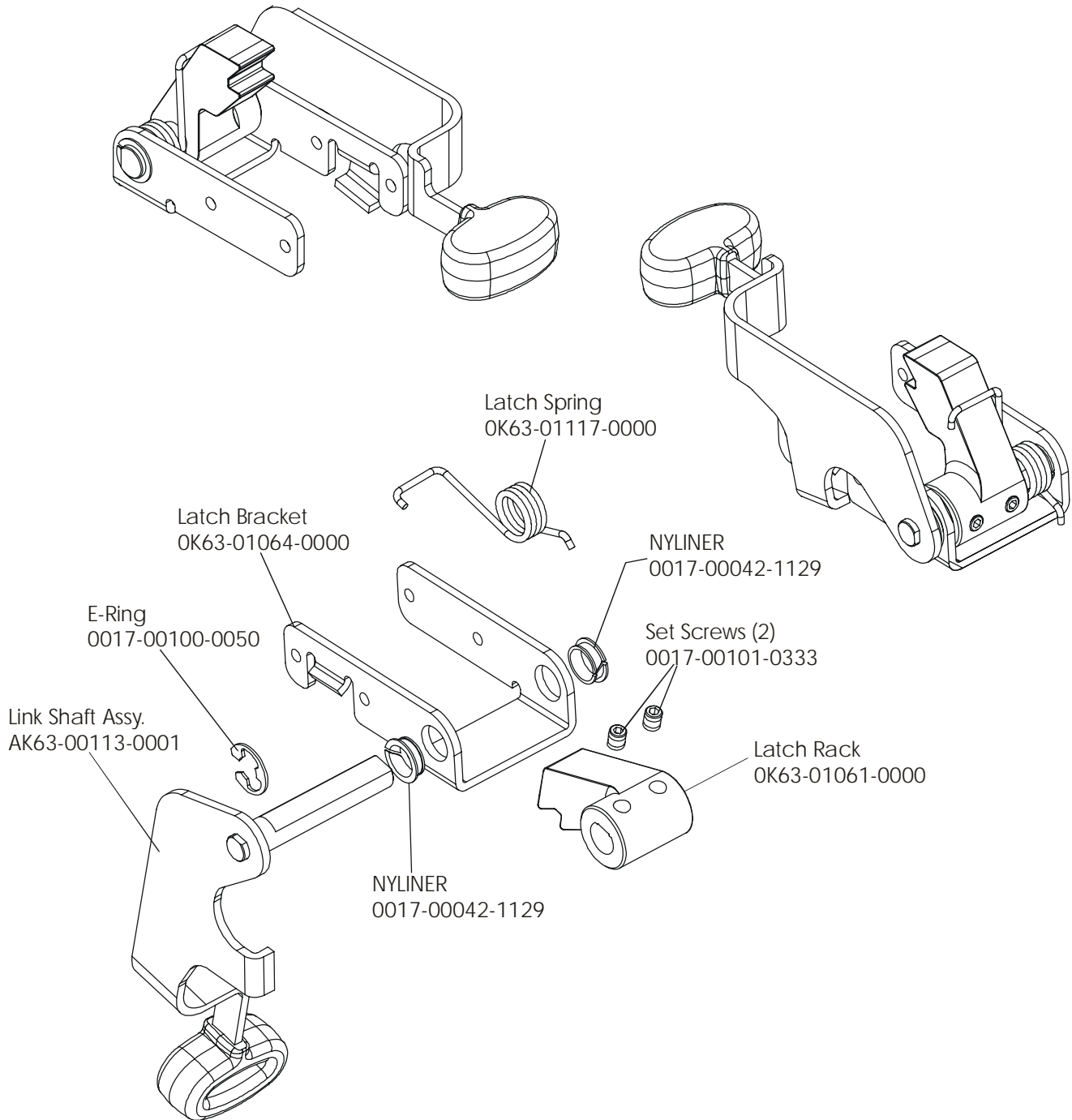


**ARCTIC SILVER 90C**

**Seat Latch Assembly - AK63-00043-0001**

**90W-0XXX-02**

**S/N CCH100000 and UP**

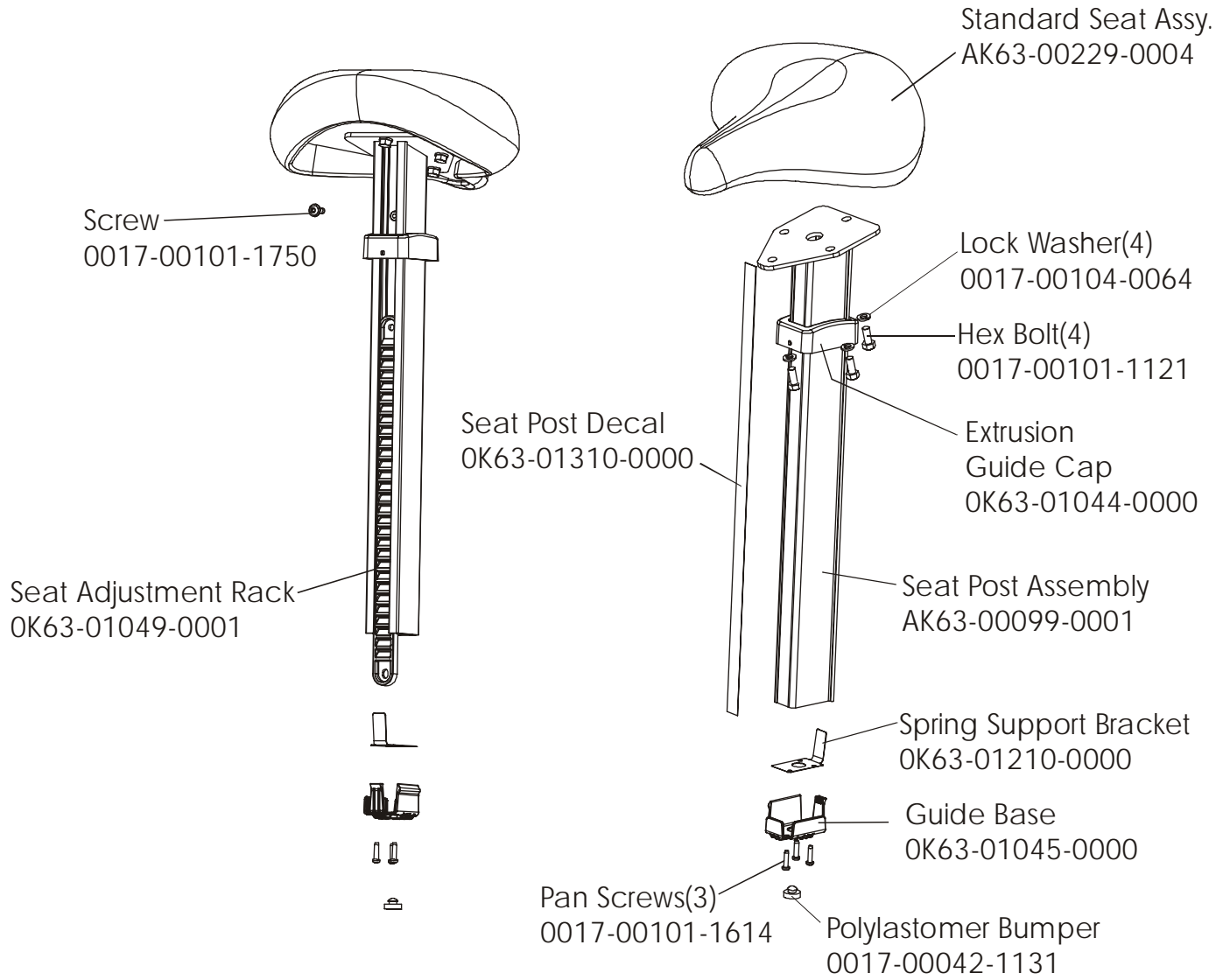


# ARCTIC SILVER 90C

## Seat Post Assembly – AK63-00232-0003

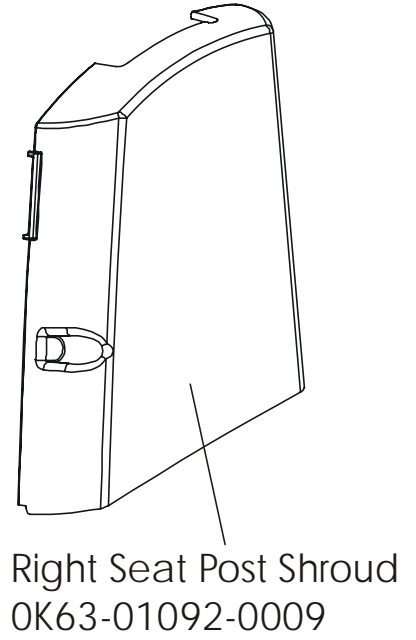
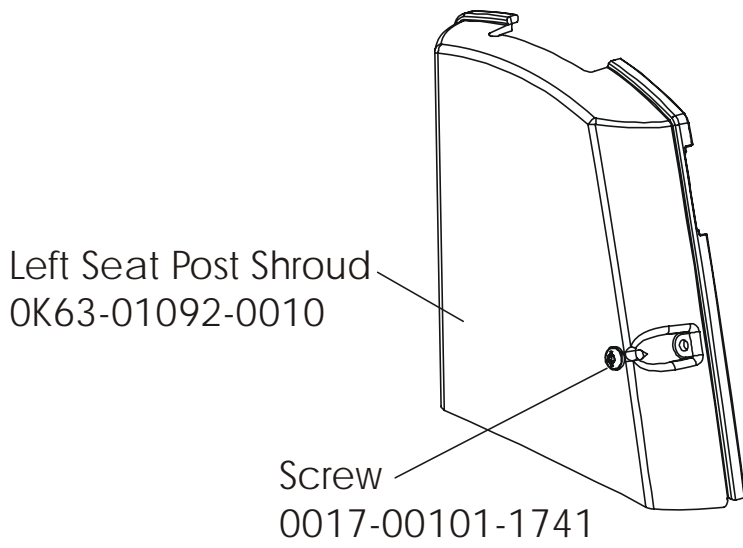
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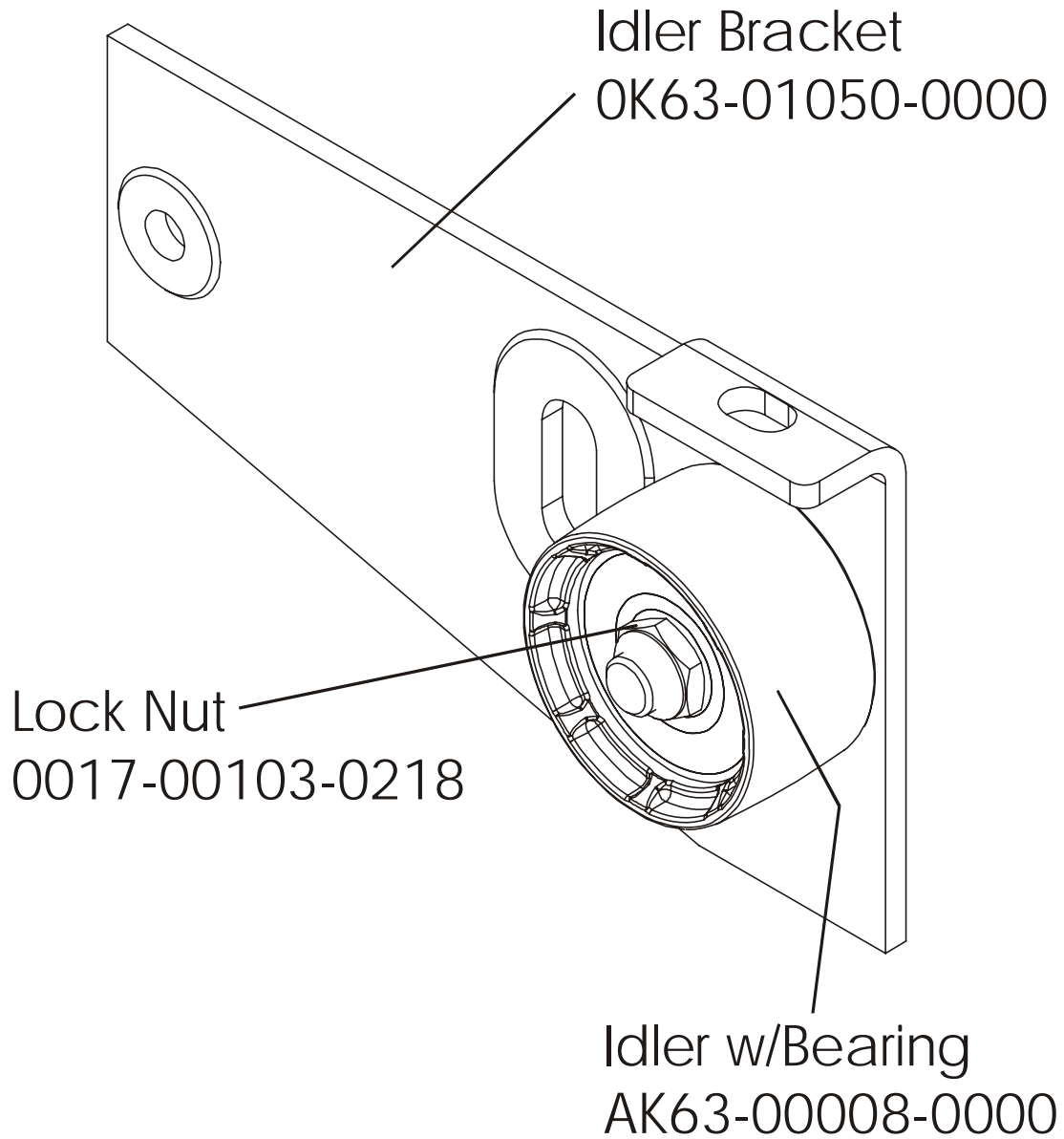
S/N CCH100000 and UP



**ARCTIC SILVER 90C**  
**Seat Post Shrouds**

**90C-0XXX-02**  
**S/N CCH100000 and UP**



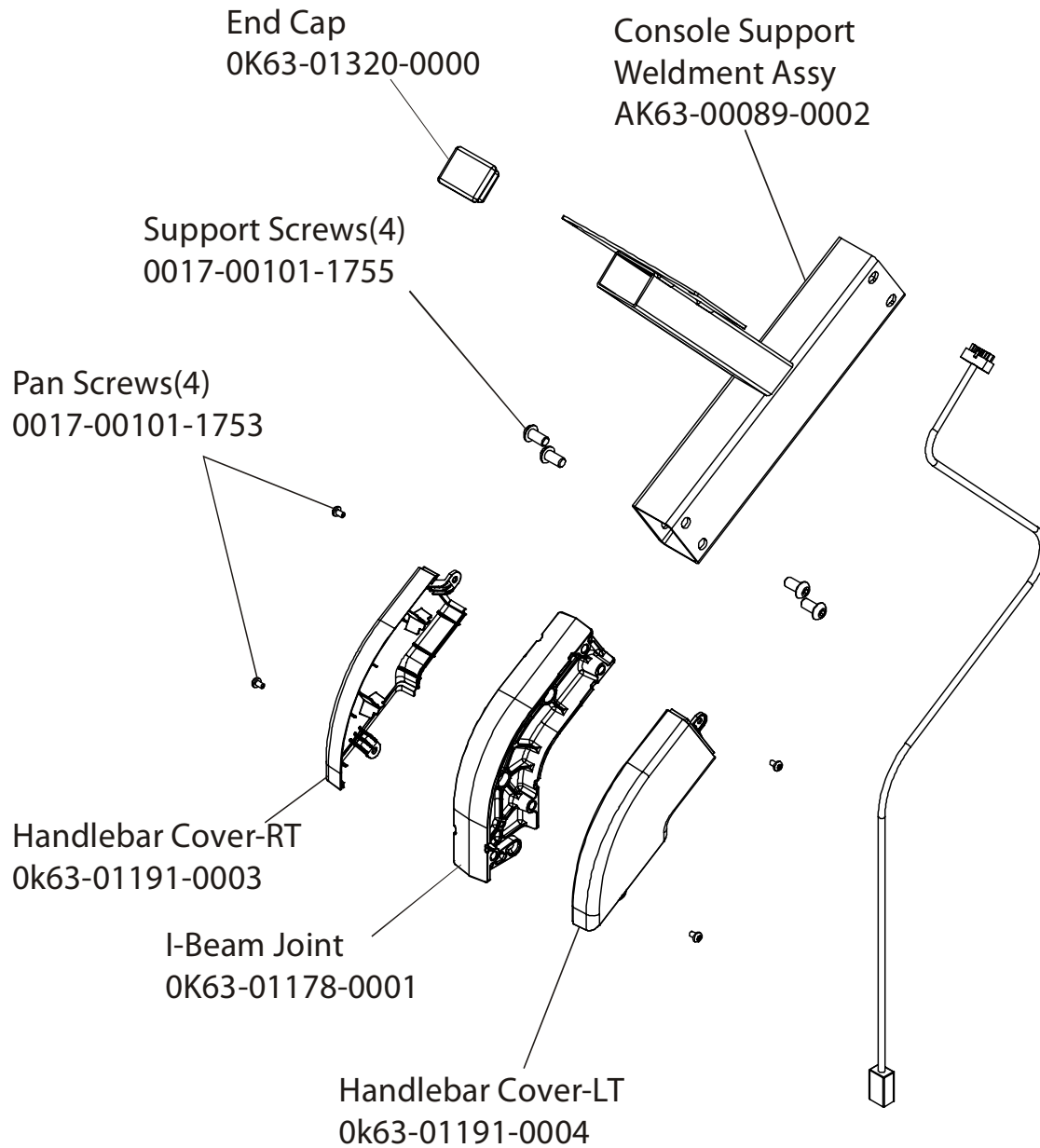


# ARCTIC SILVER 90C

## Console Support Assembly AK63-00089-0002

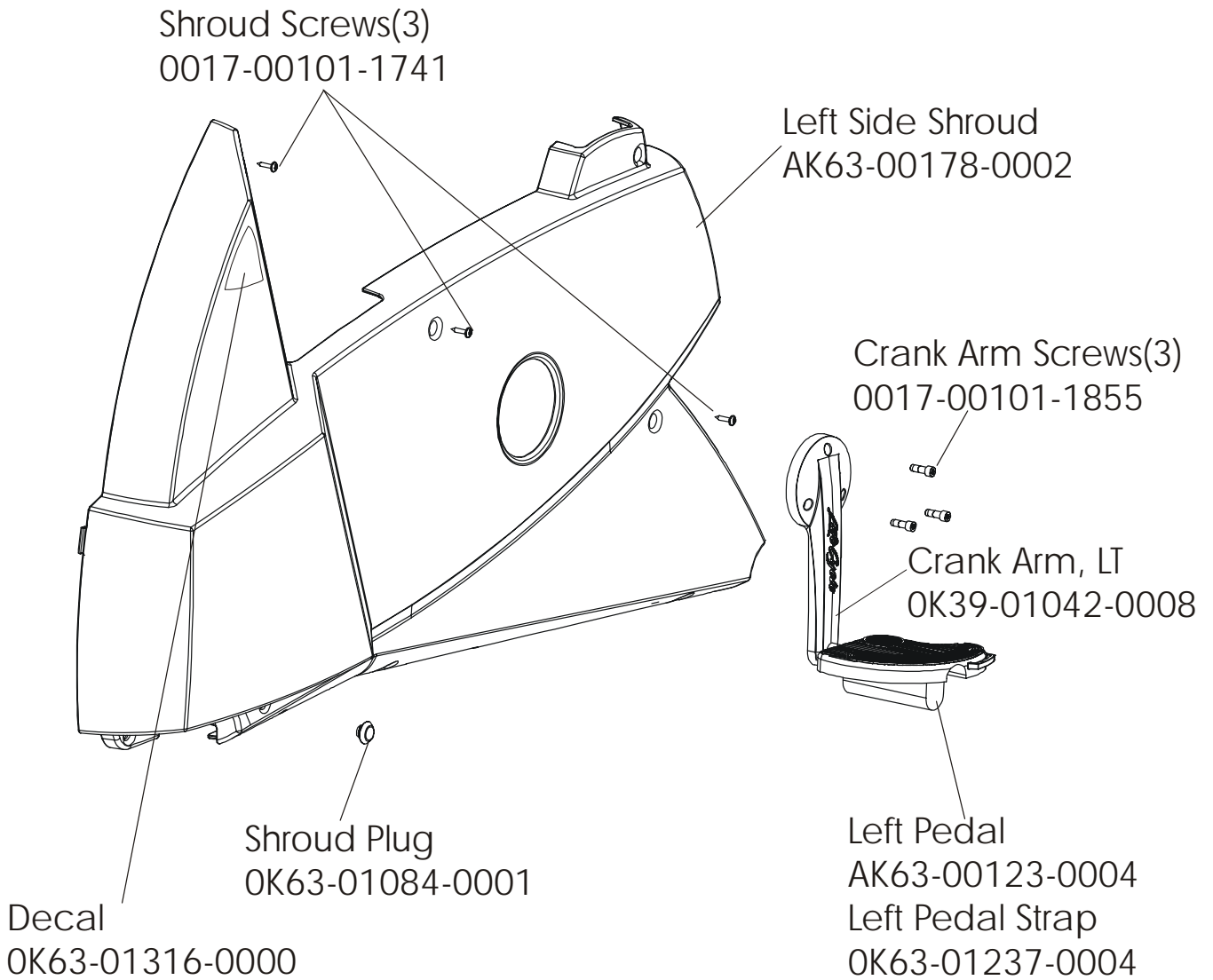
90C-0XXX-02

S/N CCH100000 and UP



**ARCTIC SILVER 90C**  
**Left Side Shroud and Crankarm**

**90C-0XXX-02**  
**S/N CCH100000 and UP**

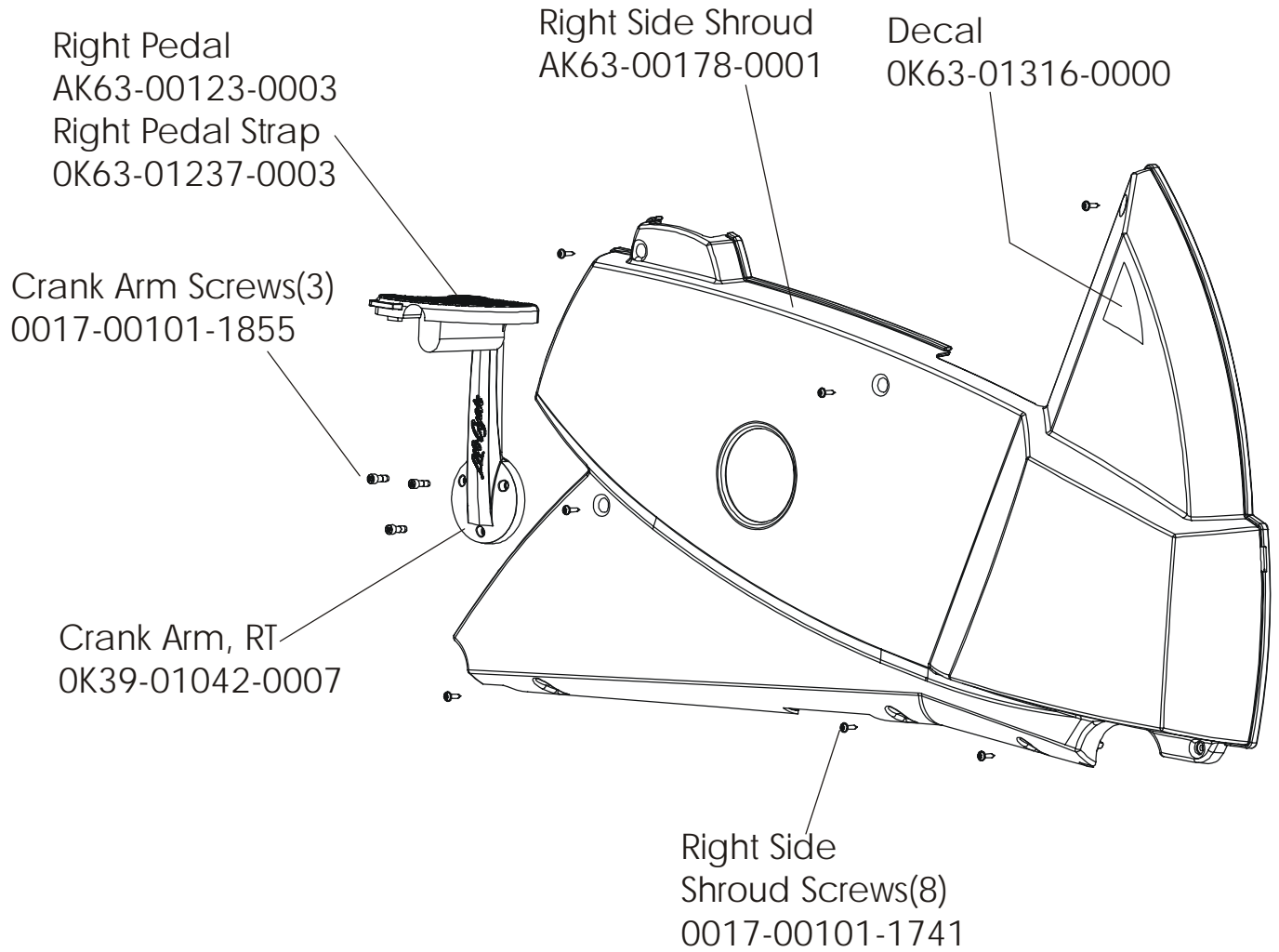


**ARCTIC SILVER 90C**

**90C-0XXX-02**

**Right Side Shroud and Crankarm**

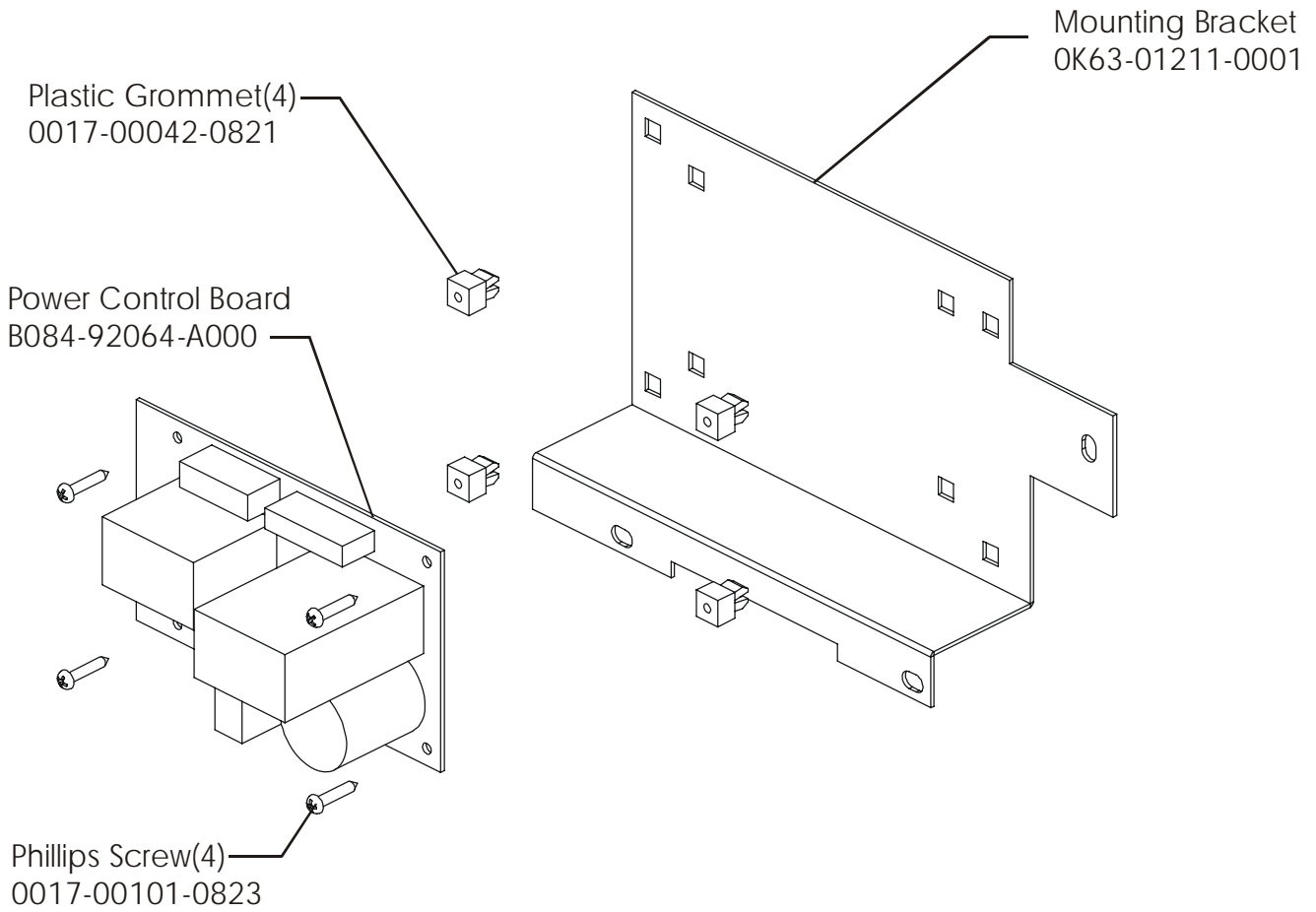
**S/N CCH100000 and UP**

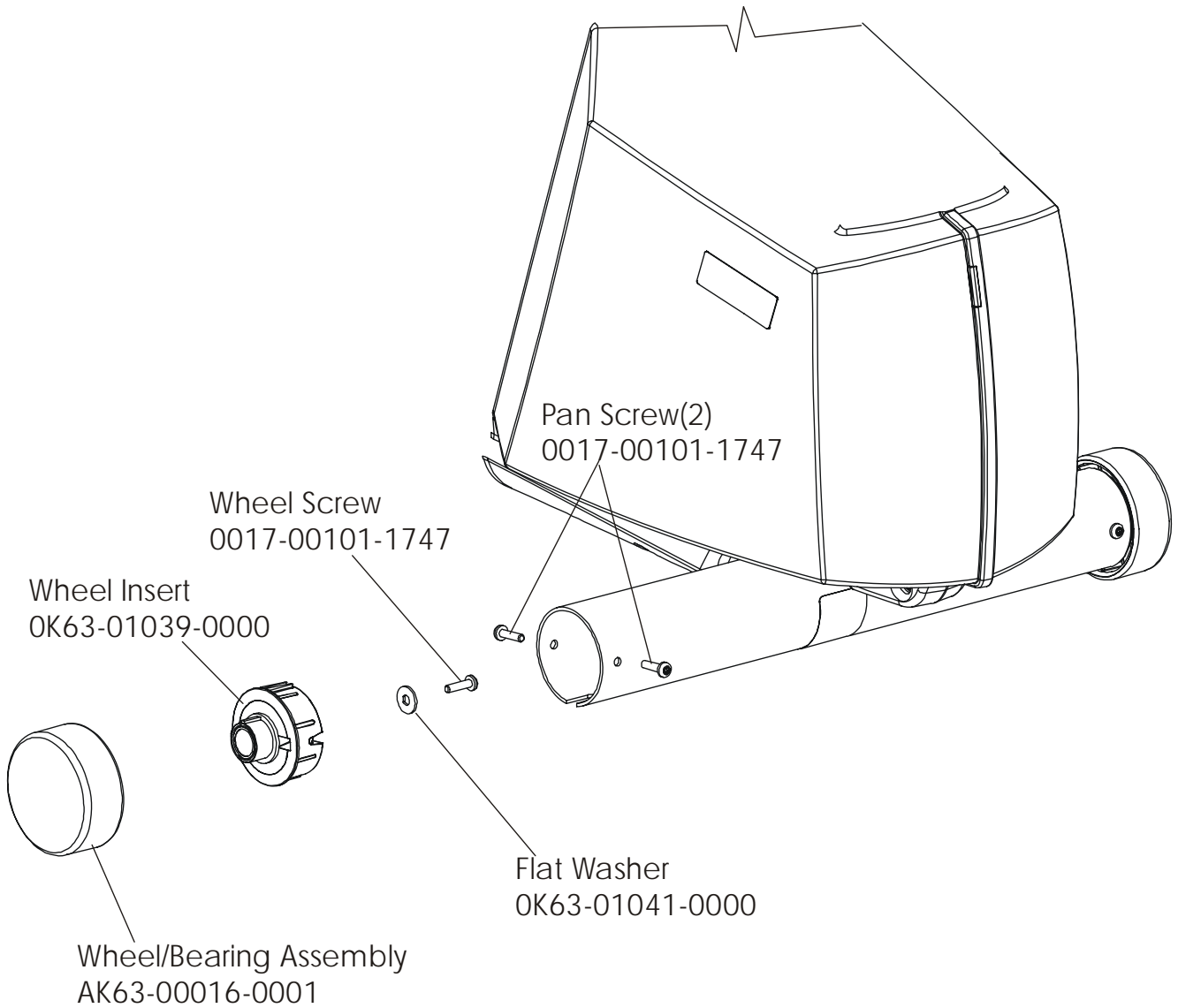


**ARCTIC SILVER 90C**  
**PCB Mounting Bracket Assembly**

**90C-0XXX-02**  
**S/N CCH100000 and UP**

Assembly Number – AK63-00094-0000



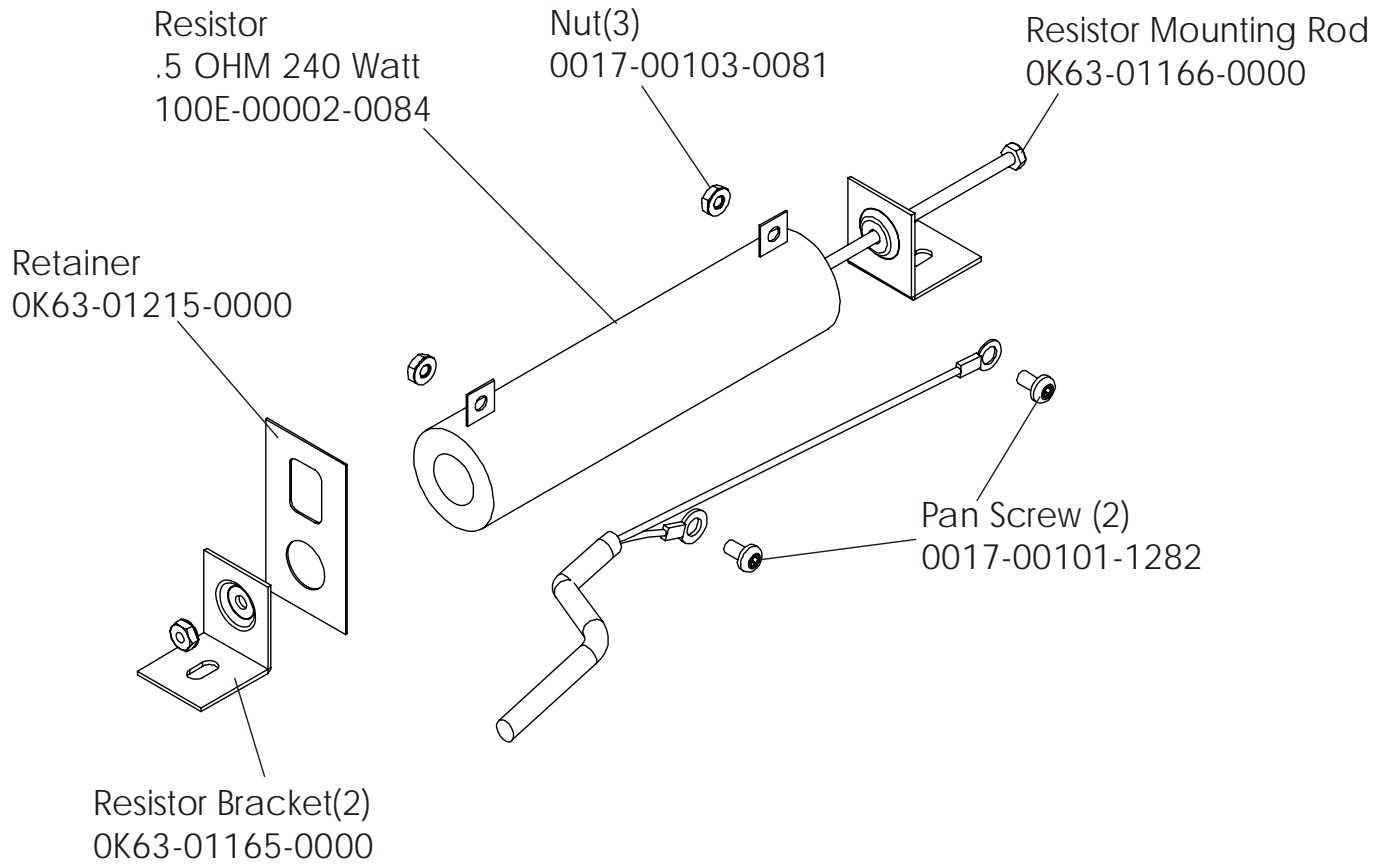


**ARCTIC SILVER 90C**

**Resistor Assembly - AK63-00114-0000**

**90C-0XXX-02**

**S/N CCH100000 and UP**



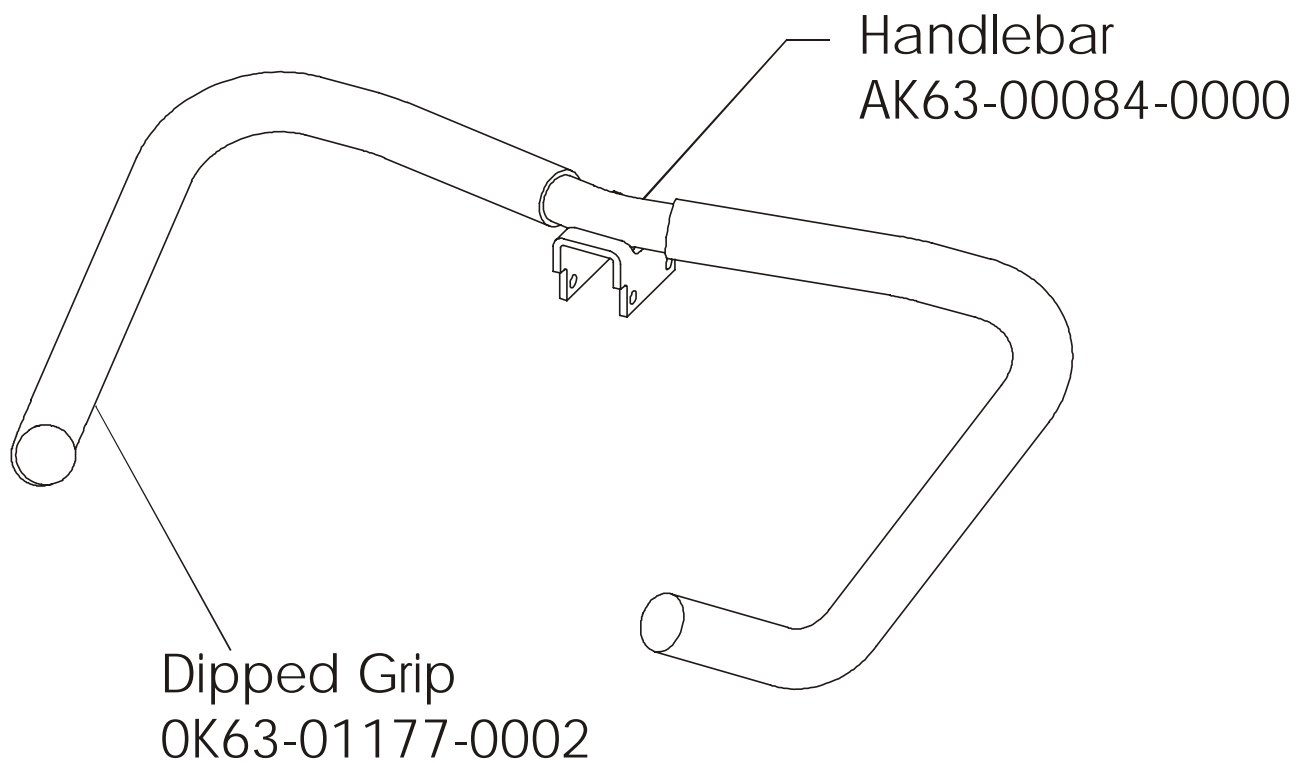
**ARCTIC SILVER 90C**

**Handlebar Assembly - AK63-00101-0001**

**90C-0XXX-02**

**S/N CCH100000 and UP**

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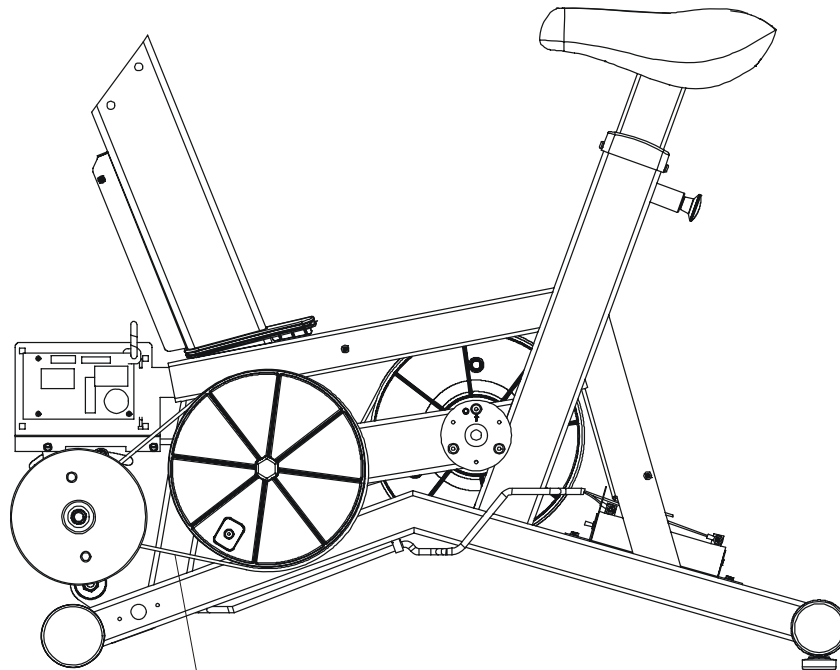


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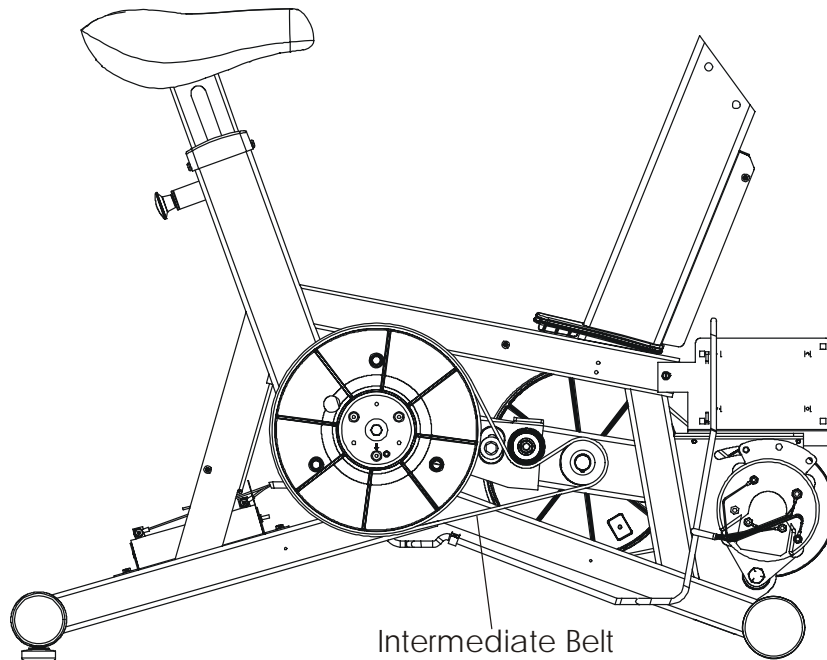
## Belts

90C-0XXX-02

S/N CCH100000 and UP



Alternator Belt  
OK63-01065-0000



Intermediate Belt  
OK63-01066-0001

# ARCTIC SILVER 90C

## Cables

90C-0XXX-02  
S/N CCH10000 and UP

