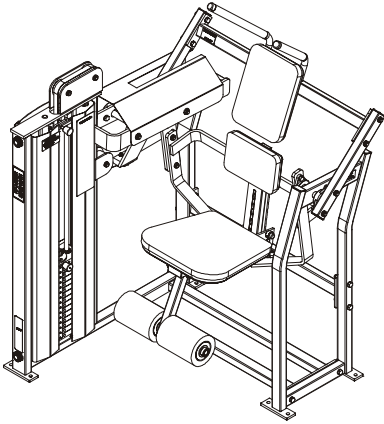




Motion Technology Abdominal Press

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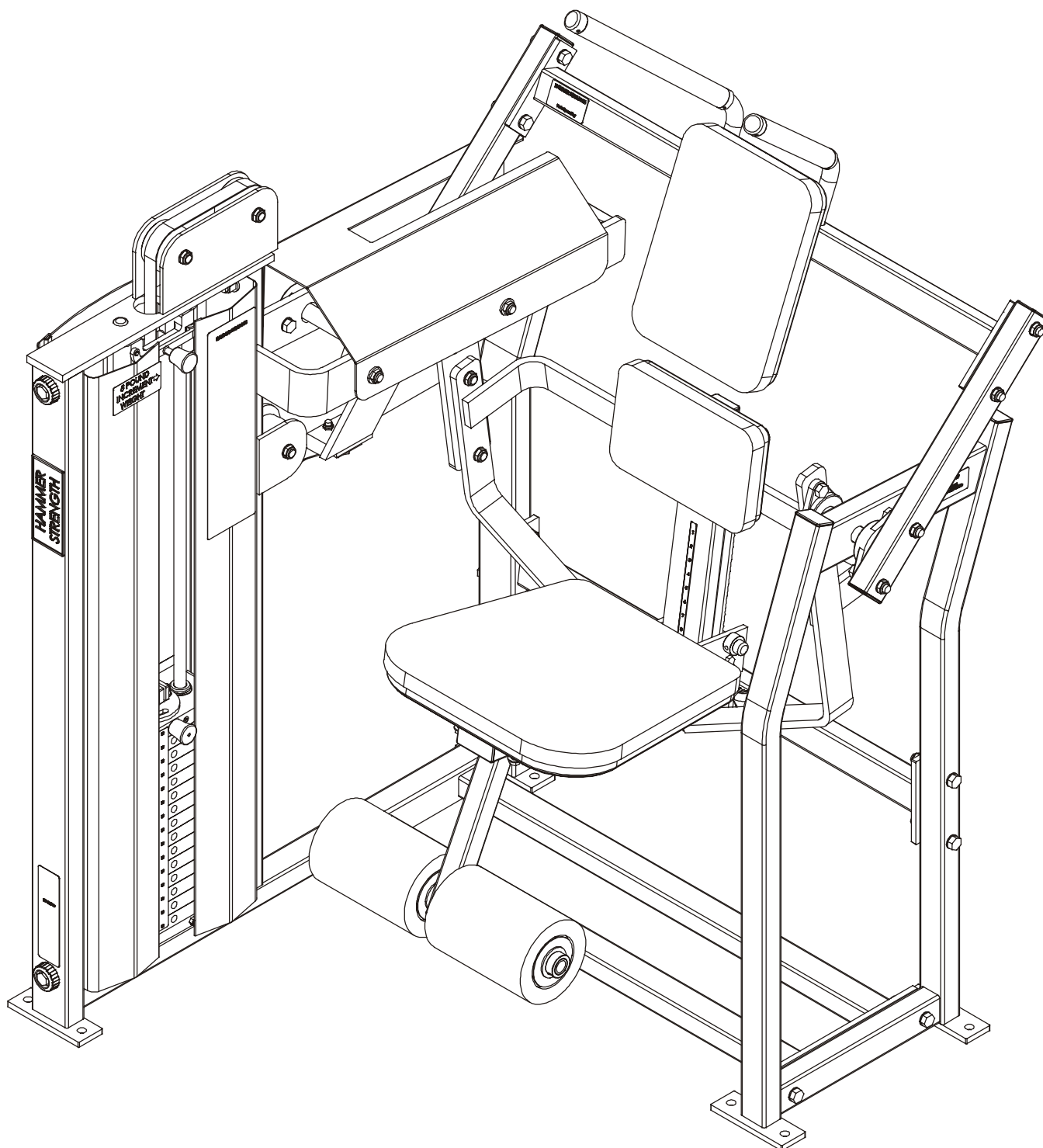
Lower Movement Arm

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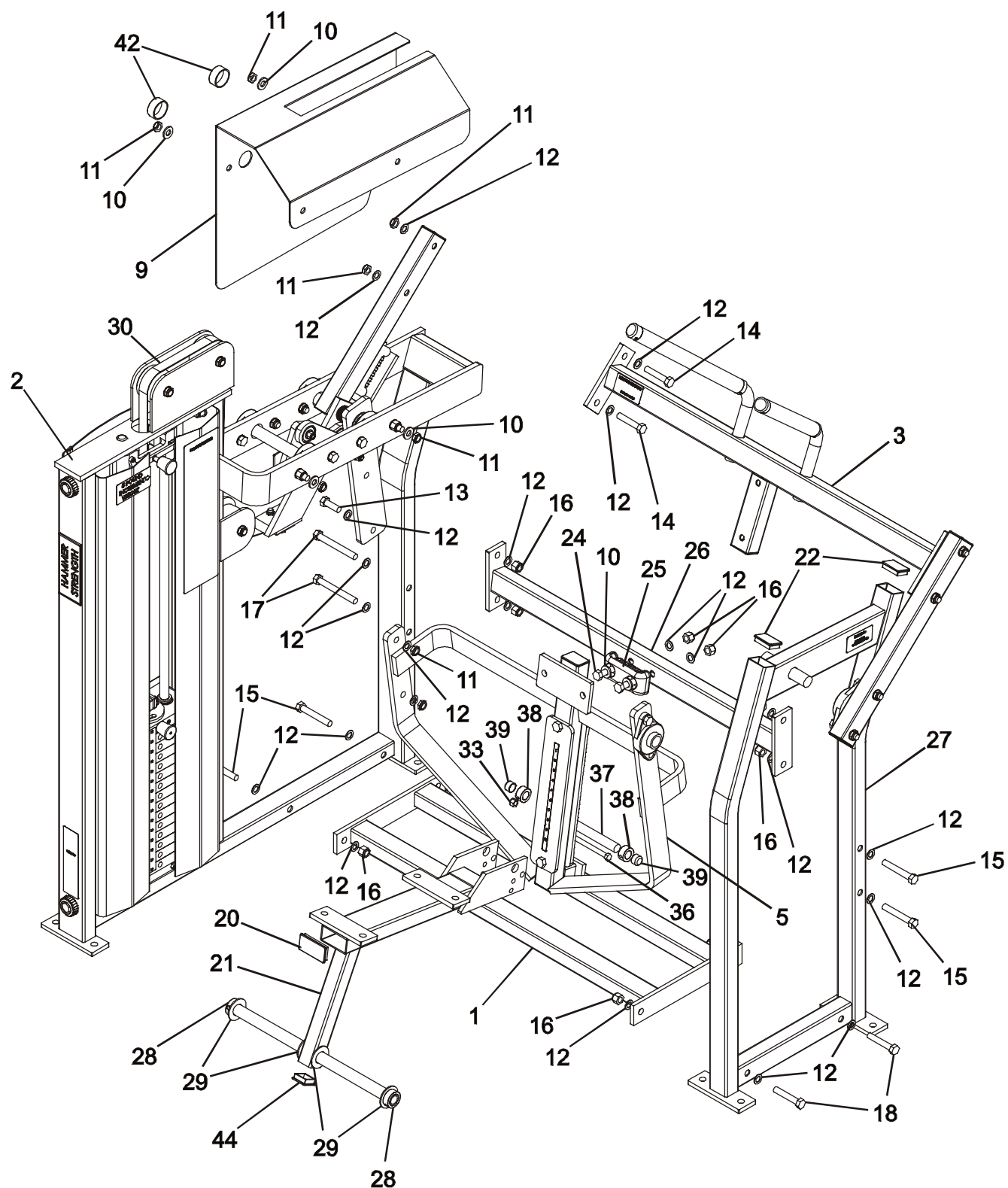
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MTAB-Motion Technology Abdominal Press Abdominal Press Assembly

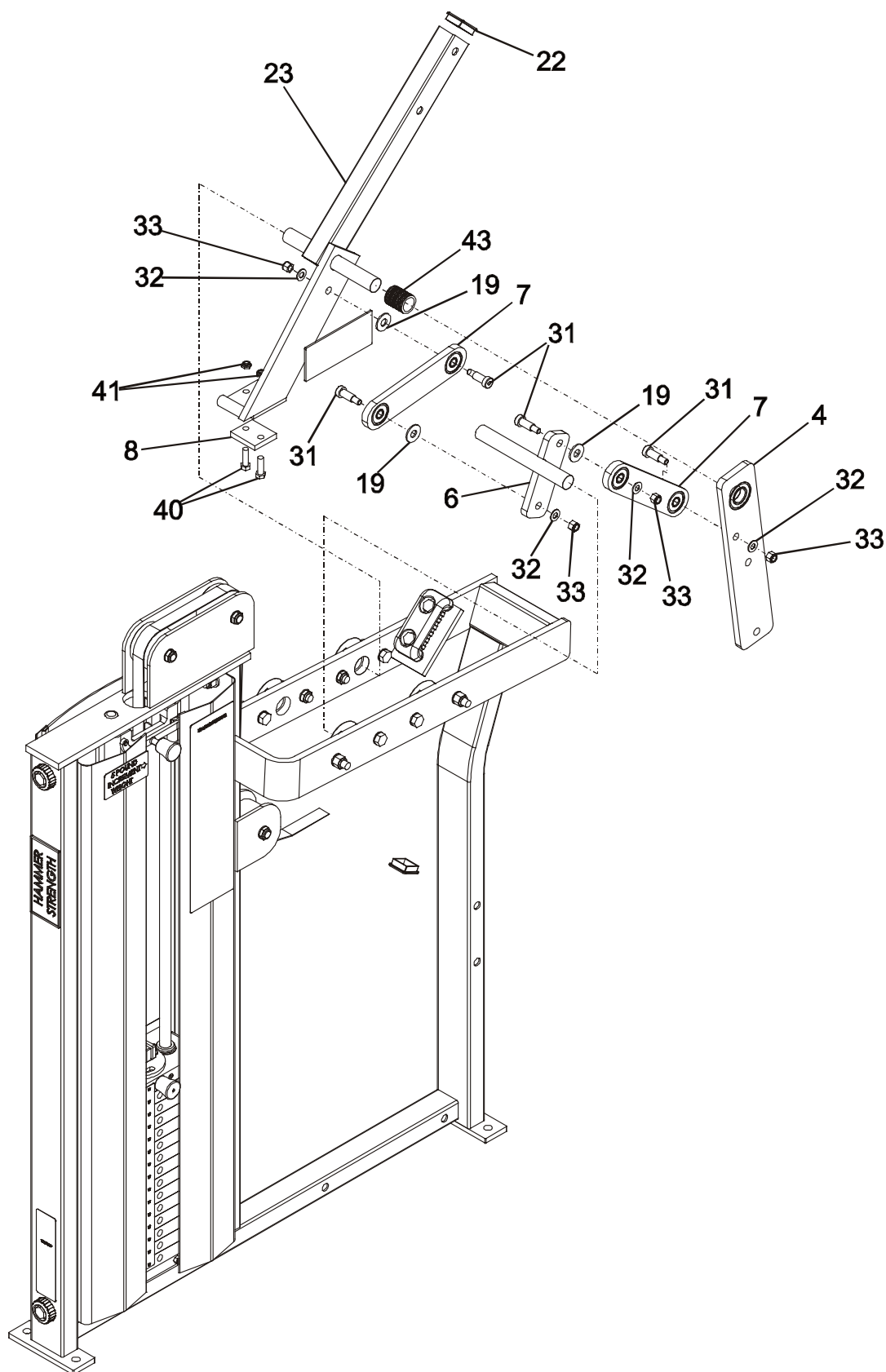


MTAB-Motion Technology Abdominal Press Top Assembly

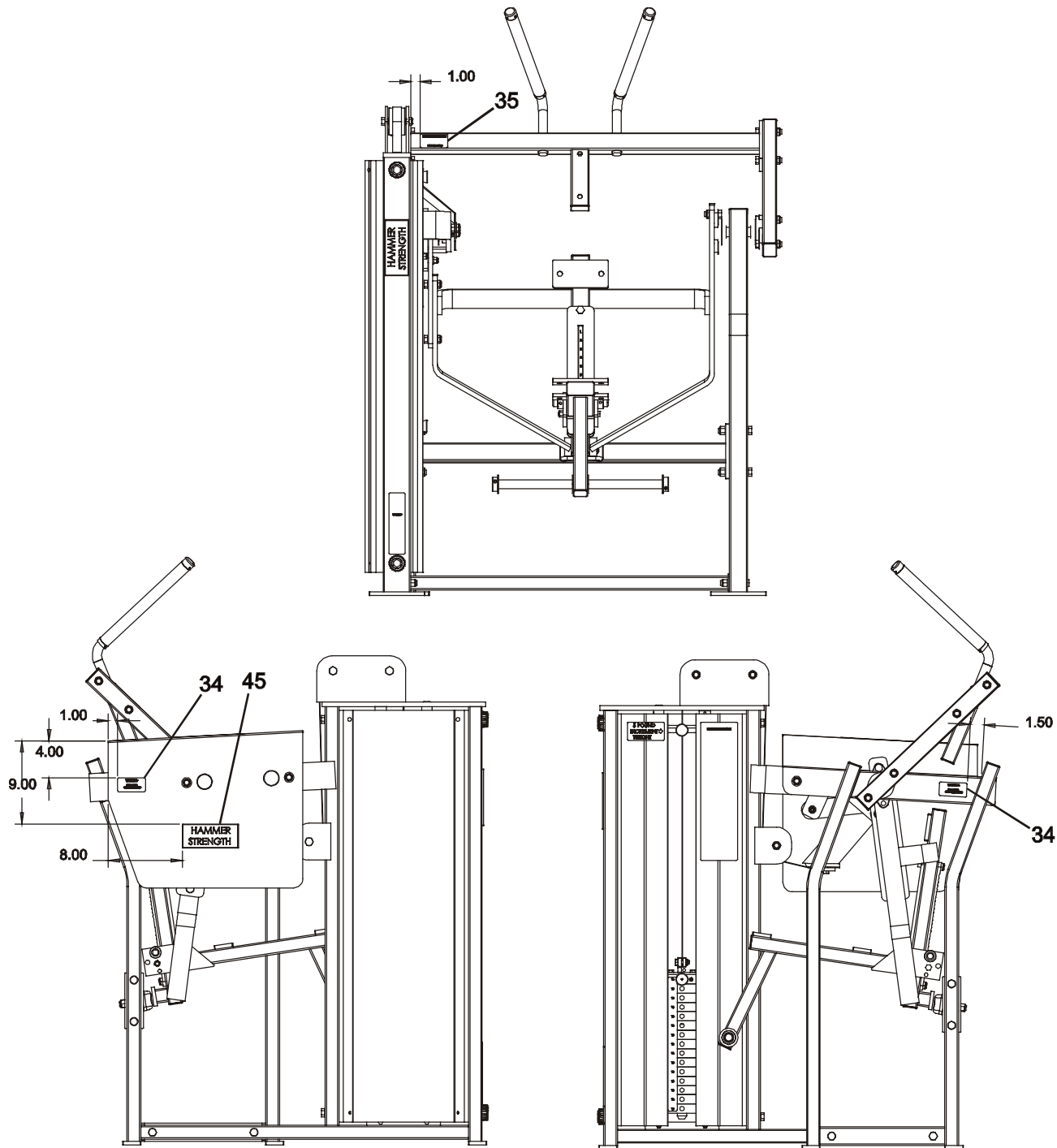


MTAB-Motion Technology Abdominal Press

Arm Link Assembly



MTAB-Motion Technology Abdominal Press Decals and Stickers



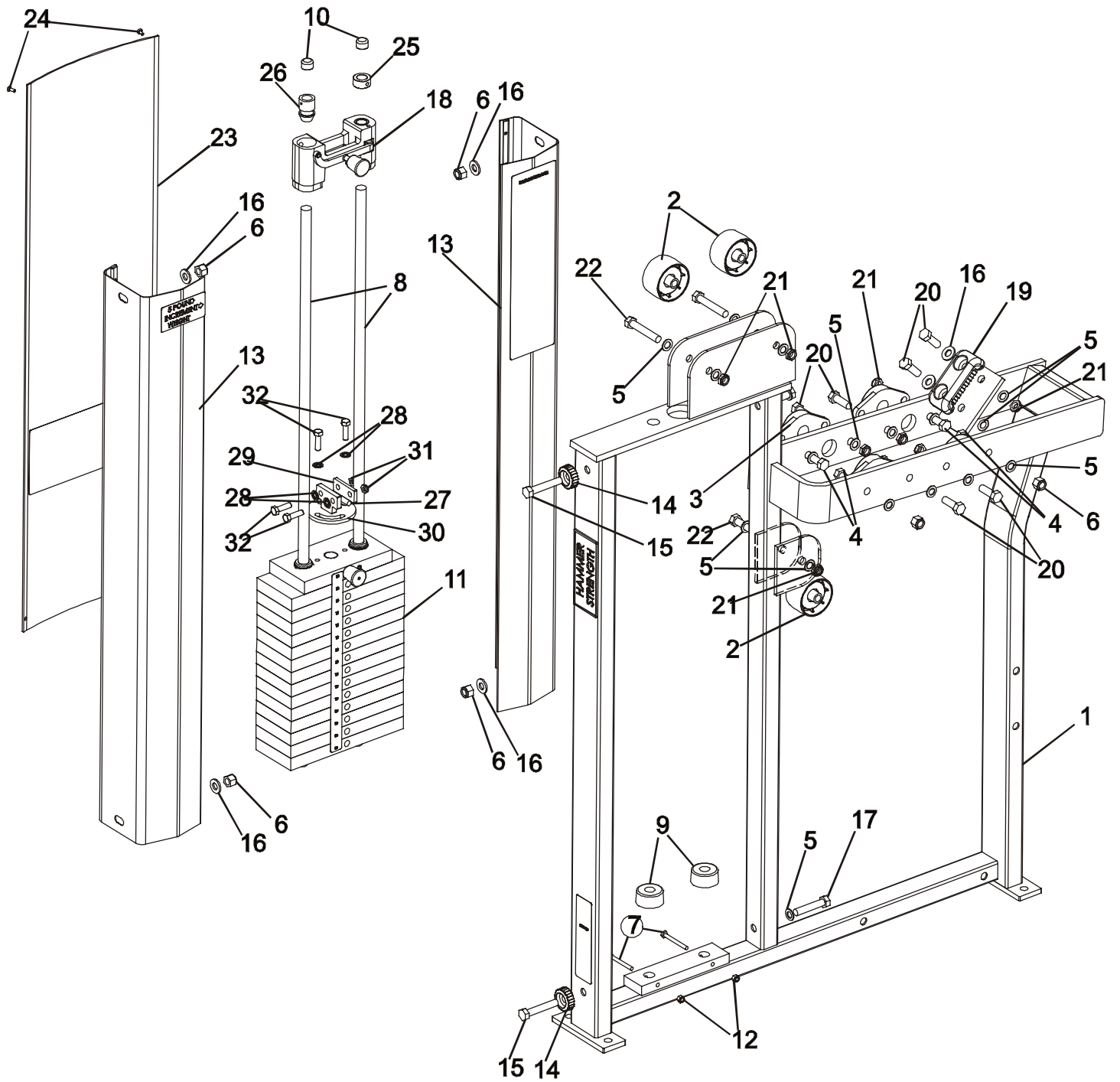
MTAB-Motion Technology Abdominal Press

Part Numbers and Description Table

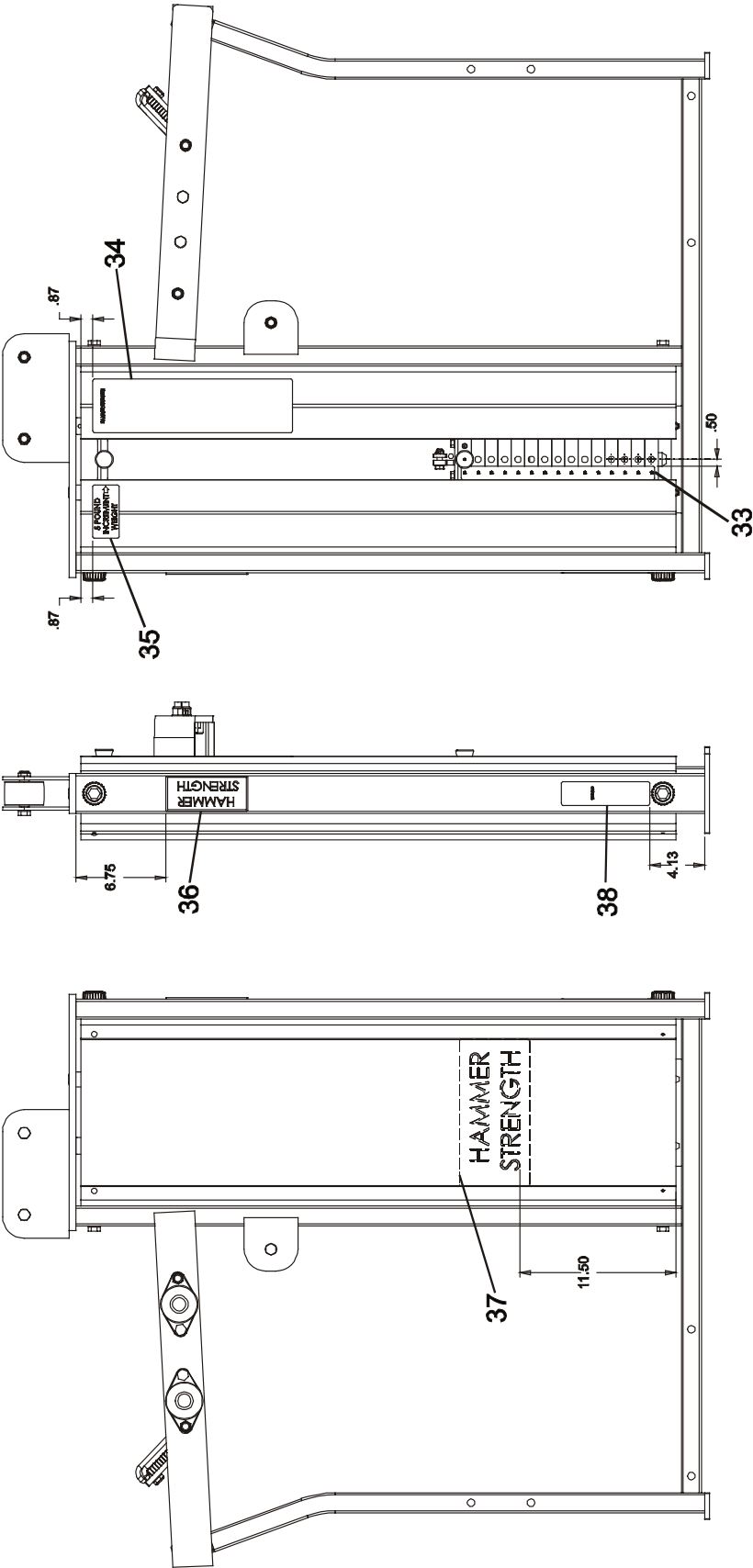
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	MTAB-S0003	Bottom Cross-Frame
2	1	MTAB-A0002	RIGHT SIDE FRAME ASSY.
3	1	MTAB-A0005	Upper Movement-Arm Assy
4	1	SK50-S0130-0000	Right-Lower MA Assy
5	1	MTAB-A0007	Lower Movement-Arm Assy
6	1	MTAB-S0009	AXLE WELDMENT
7	2	SK50-S0129-0000	Link Assy
8	1	MTAB-P0030	Strap plate
9	1	MTAB-P0035	GUARD
10	6	0017-00104-0311	1/2" SAE Flat Washer
11	8	0017-00103-0224	1/2" Thin Lock Nut
12	26	0017-00104-0379	1/2" Internal Lock Washer
13	2	0017-00101-1584	1/2 X 1 1/2 Bolt
14	2	0017-00101-1572	1/2 X 2 1/2 Bolt
15	4	0017-00101-1574	1/2 X 3 1/4 Bolt
16	10	0017-00103-0223	1/2" Thick Lock Nut
17	2	0017-00101-1576	1/2 X 4 1/4 Bolt
18	2	0017-00101-1573	1/2 X 2 3/4 Bolt
19	3	0017-00104-0390	WHT TEFLON FLAT WASHER
20	1	0017-00042-1038	1 1/2 X 3 End Cap
21	1	MTAB-S0011	MTAB SEAT FRAME
22	3	0017-00042-0945	1 1/2 X 2 Endcap
23	1	MTAB-S0006	Upper Movement-Arm
24	2	0017-00101-1582	1/2 X 3 Bolt
25	1	0017-00042-1040	HAMMER HEAD SMALL BUMPER
26	1	MTAB-S0004	Rear Cross-Frame
27	1	MTAB-S0001	Left Side-Frame
28	2	0017-00009-0942	1" ID SHAFT COLLAR BORED .020
29	4	0017-00104-1383	1.00" FLAT WASHER
30	1	0017-00033-0855(MTAB)	MTAB STRAP (76.00")
31	4	0017-00101-1657	.50"X 1.00" SHOULDER BOLT
32	4	0017-00104-0313	3/8" SAE Flat Washer
33	5	0017-00103-0229	3/8" Thick Lock Nut
34	2	M051-00293-A000	WARNING DECAL
35	1	M051-00299-A000	HAMMER PATENT DECAL
36	1	0017-00101-1567	3/8 X 4 1/4 Bolt
37	1	OK50-P1007	Standard Hammer Seat Shaft
38	2	0017-00009-1019	3/4" Lock Collar
39	2	0017-00042-0967	3/4 I.D. BLACK PLASTIC ROD CAP
40	2	0017-00101-1412	3/8 X 1 1/4 Bolt
41	2	0017-00103-0217	NUT 3/8 - NYLOC; THIN NY NO
42	2	0017-00042-0953	1.375 X .750 RED RUBBER CAP
43	1	0017-00042-1042.(MTAB)	BELLOW, PLASTIC (1.625")
44	1	0017-00042-0944	1-1/2 X 1-1/2 Endcap
45	1	M051-00289-A000	HAMMER STRENGTH NAME PLATE

MTAB-Motion Technology Abdominal Press

Right Side Frame Assembly



MTAB-Motion Technology Abdominal Press
Decals and Stickers

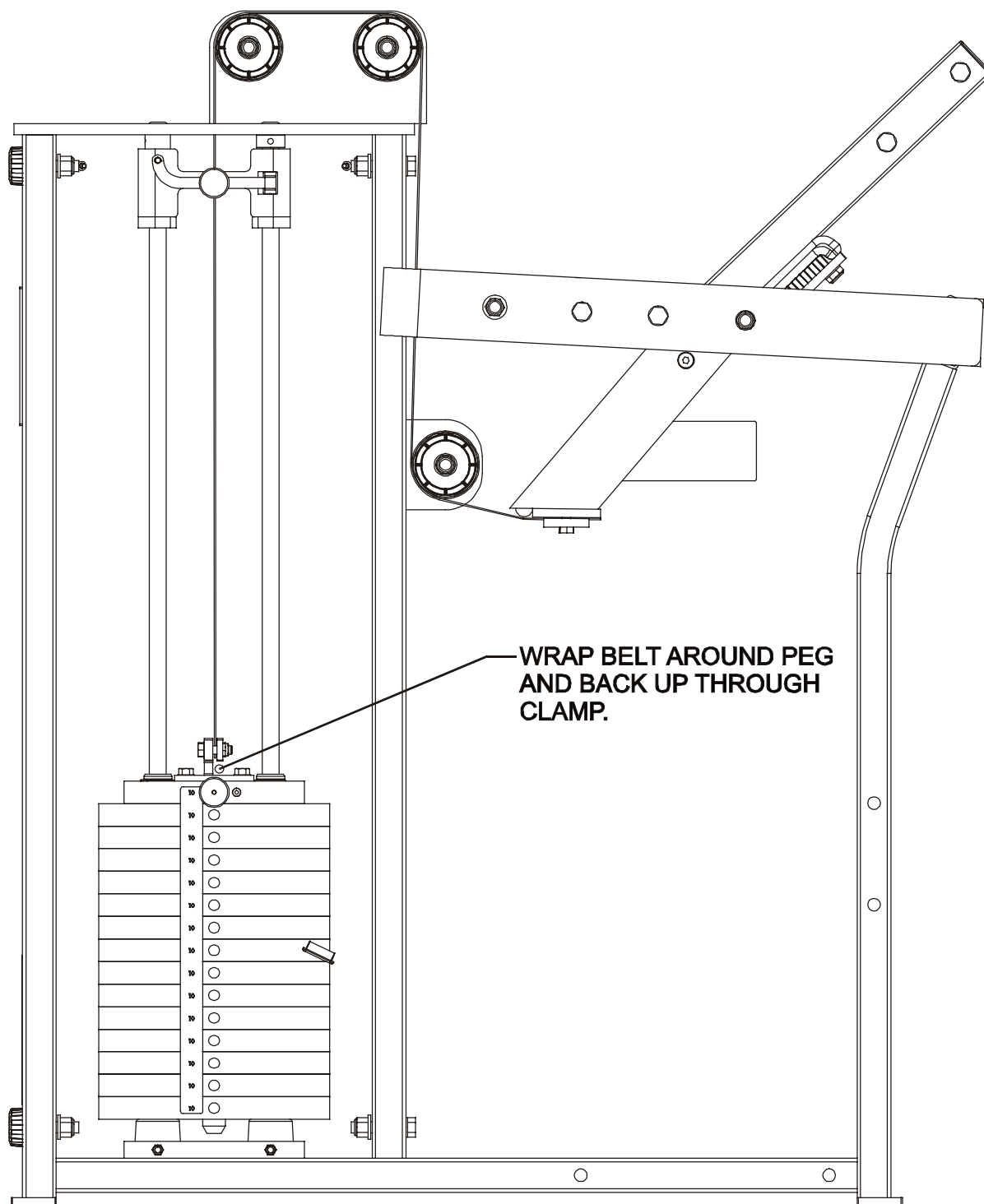


MTAB-Motion Technology Abdominal Press

Part Numbers and Description Table

ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	MTAB-S0002	Right Side-Frame
2	3	0017-00009-1039	3" PULLEY ASSEMBLY
3	4	0017-00009-1034	Small Bearing
4	4	0017-00101-1578	1/2 X 2 Bolt
5	18	0017-00104-0379	1/2" Internal Lock Washer
6	6	0017-00103-0223	1/2" Thick Lock Nut
7	2	0017-00101-1585	1/4 X 2 1/2 Bolt
8	2	0017-00009-0933(MTAB)	.75" DIA.CHROME ROD (45.38")
9	2	0017-00042-0993	WEIGHT STACK DONUT 1" THICK
10	2	0017-00042-0967	3/4 I.D. BLACK PLASTIC ROD CAP
11	1	AK50-WS018	MTS 150 LB WEIGHT STACK
12	2	0017-00103-0226	1/4" Thick Lock Nut
13	2	MTLC-P0130	MTS SIDE SHIELD
14	2	0017-00042-1041	HAMMER HEAD WASHER
15	2	0017-00101-1573	1/2 X 2 3/4 Bolt
16	6	0017-00104-0311	1/2" SAE Flat Washer
17	2	0017-00101-1572	1/2 X 2 1/2 Bolt
18	1	AK50-S0021	Increment Weight Assembly
19	1	0017-00042-1040	HAMMER HEAD SMALL BUMPER
20	6	0017-00101-1584	1/2 X 1 1/2 Bolt
21	11	0017-00103-0224	1/2" Thin Lock Nut
22	3	0017-00101-1582	1/2 X 3 Bolt
23	1	MTLC-P0131	SHIELD BACK PANEL
24	2	0017-00101-1587	SHIELD RIVET
25	1	0017-00009-1019	3/4" Lock Collar
26	1	OK50-P1110	GUIDE ROD COLLAR
27	1	OK50-P1132	BELT WRAP PEG
28	4	0017-00104-0377	WSH .375 INT LOCK ST ZN
29	1	OK50-P1121	Strap Clamp 2
30	1	AK50-S0023	BELT ATTACHMENT PLATE
31	2	0017-00103-0217	NUT 3/8 - NYLOC; THIN NY NO
32	4	0017-00101-1412	3/8-16 X 20 UNS HEX BLT G5 ZN
33	1	M051-00294-A000	WEIGHT STACK NUMBER STRIP
34	1	M051-00473-A000	MTS ABDOMINAL
35	1	M051-00297-A000	INCREMENT WT. DECAL (RIGHT)
36	1	M051-00289-A000	HAMMER STRENGTH NAME PLATE
37	1	M051-00292-A000	HAMMER STRENGTH SHIELD DECAL
38	1	M051-00335-A000	WARNING DECAL

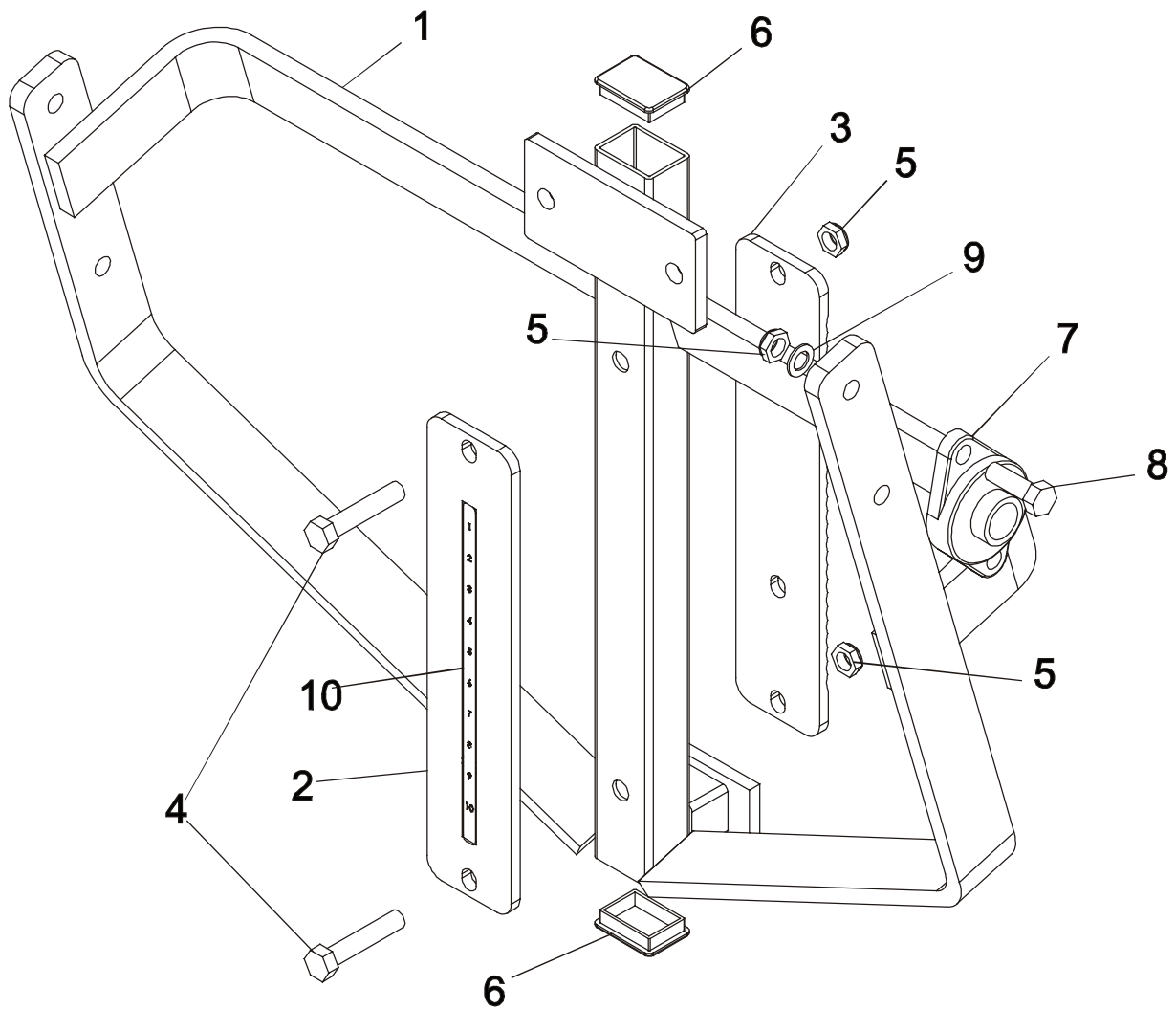
MTAB-Motion Technology Abdominal Press Belt Routing



MTAB Belt Routing

MTAB-Motion Technology Abdominal Press

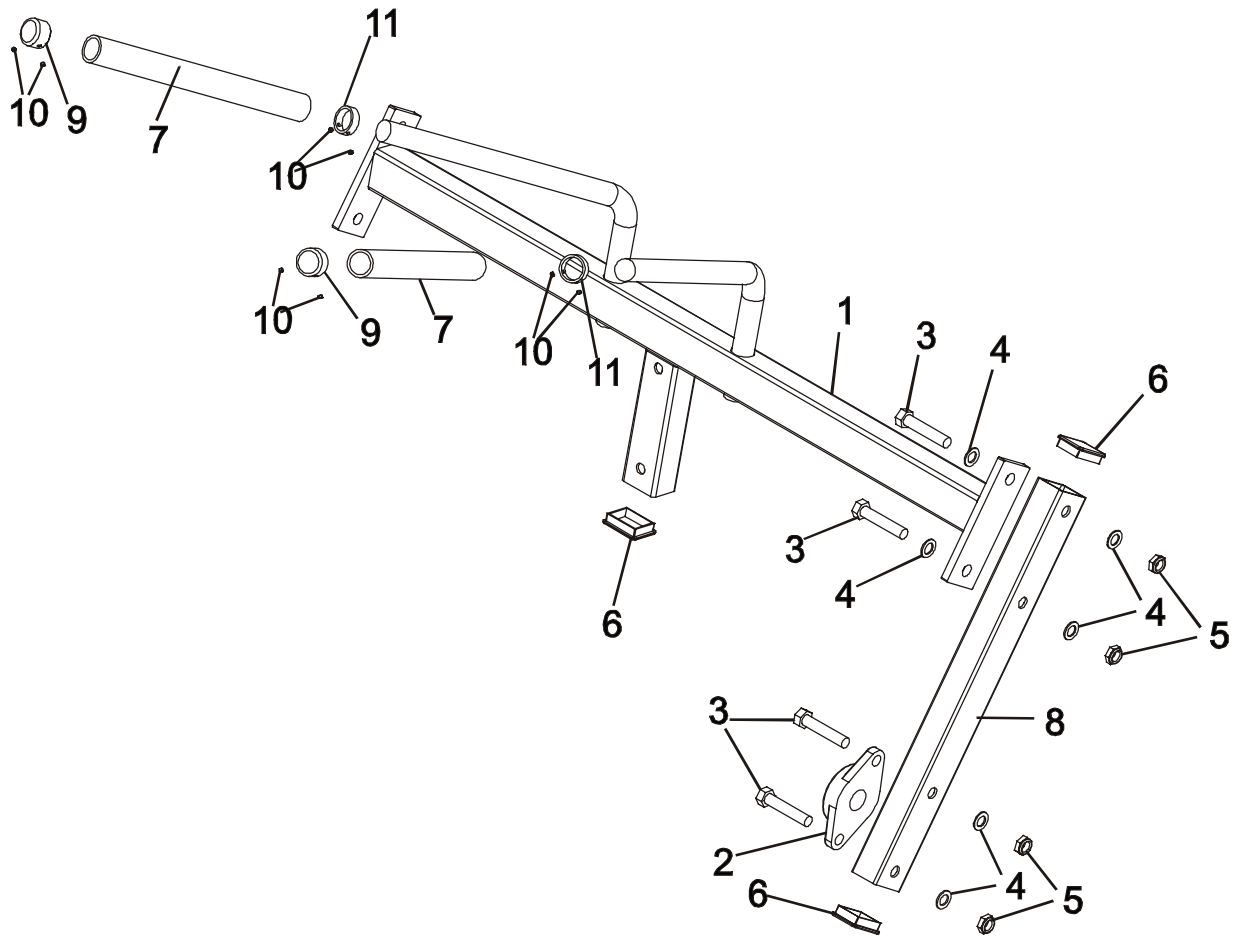
Lower Movement Arm



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	MTAB-S0007	Lower Movement-Arm
2	1	0K50-P1017	Seatrack Front
3	1	0K50-P1018	Seatrack Back
4	2	0017-00101-1572	1/2 X 2 1/2 Bolt
5	3	0017-00103-0224	1/2" Thin Lock Nut
6	2	0017-00042-0945	1 1/2 X 2 Endcap
7	1	0017-00009-1034	Small Bearing
8	1	0017-00101-1584	1/2 X 1 1/2 Bolt
9	1	0017-00104-0379	1/2" Internal Lock Washer
10	1	M051-00296-A000	SEAT ADJUSTMENT NUMBER STRIP

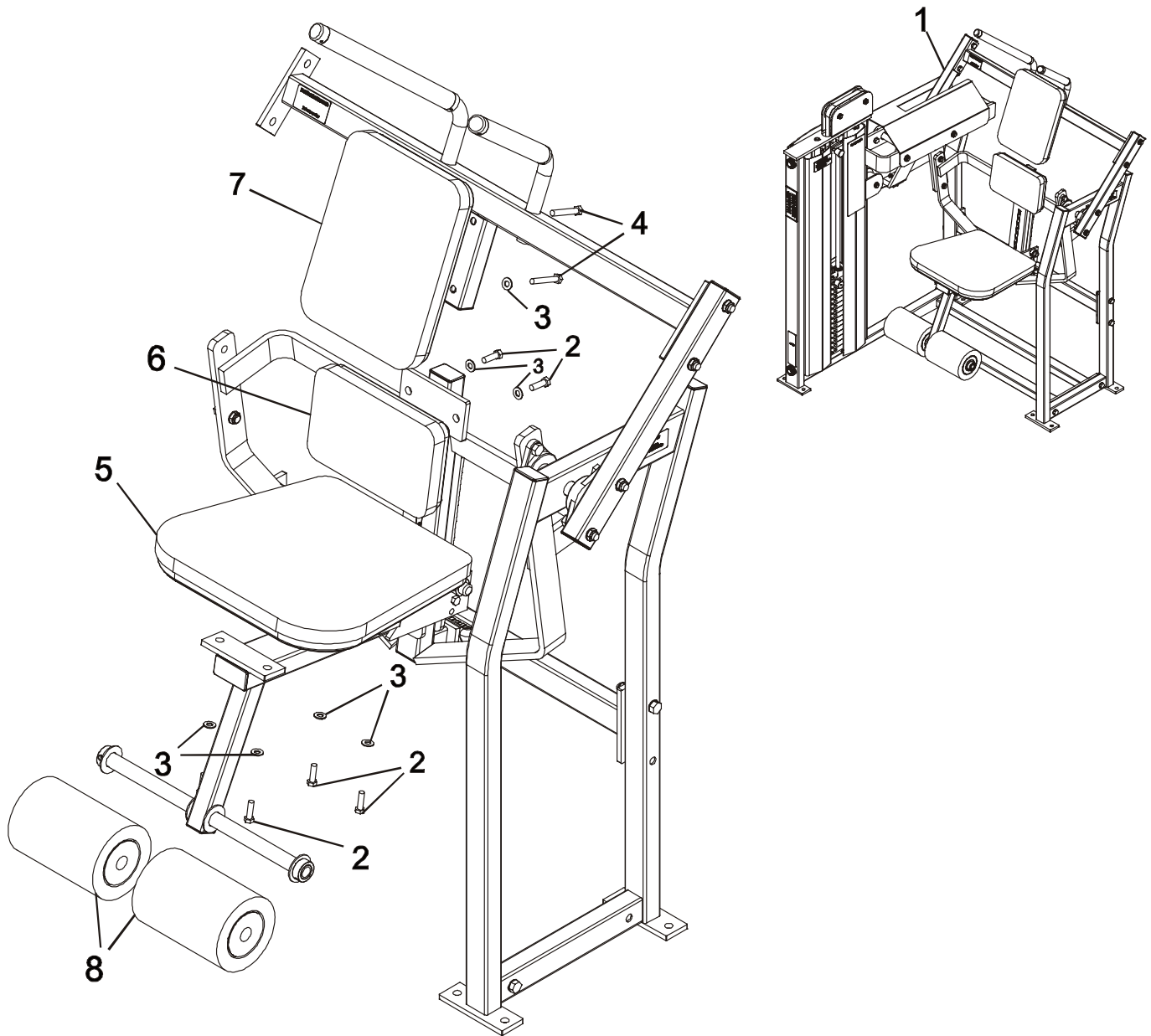
MTAB-Motion Technology Abdominal Press

Upper Movement Arm



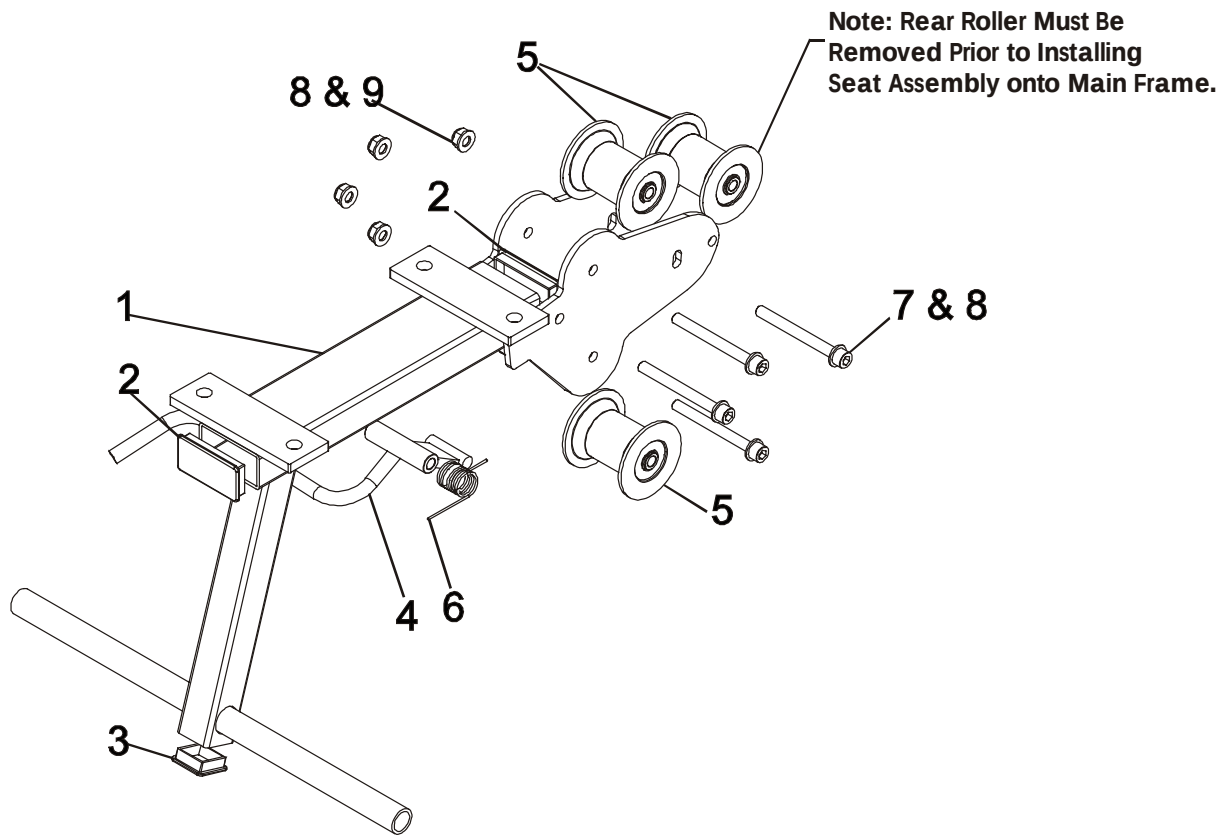
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	MTAB-S0005	Top Movement Arm
2	1	0017-00009-1034	Small Bearing
3	4	0017-00101-1572	1/2 X 2 1/2 Bolt
4	6	0017-00104-0379	1/2" Internal Lock Washer
5	4	0017-00103-0224	1/2" Thin Lock Nut
6	3	0017-00042-0945	1 1/2 X 2 Endcap
7	2	H-GRIP	HANDLE GRIP (12.50")
8	1	MTAB-P0038	ARM, RIGHT MOVEMENT
9	2	0K50-P0315-2000	END CAP
10	8	0017-00101-1406	10-32 X 1/8" SET SCREW
11	2	0K50-P0316-2000	COLLAR, ALUMINUM

MTAB-Motion Technology Abdominal Press PADS



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	MTAB-A0000	MTAB TOP ASSEMBLY
2	6	0017-00101-1412	3/8 X 1 1/4 Bolt
3	8	0017-00104-0377	3/8" Internal Lock Washer
4	2	0017-00101-1417	3/8 X 2 1/2 Bolt
5	1	0K50-US083-0000	SEAT PAD
6	1	0K50-US084-0000	LOWER SEAT BACK PAD
7	1	0K50-US085-0000	UPPER SEAT BACK PAD
8	2	0K50-US009-0000	ROLLER PAD

MTAB-Motion Technology Abdominal Press Seat Frame



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	MTAB-S0012	MTAB SEAT FRAME
2	2	0017-00042-1038	1.5" X 3.0" PLASTIC END CAP
3	1	0017-00042-0944	1.5" X 1.5" PLASTIC END CAP
4	1	AK50-S0039-0000	WELDMENT, RELEASE LEVER
5	3	7564201	ROLLER ASSM.
6	1	0017-00009-1110	TORSION SPRING, S.S.
7	4	0017-00101-1662	M10 X 64 HXS SOC CS ST ZN
8	8	0017-00104-0377	3/8" Internal Lock Washer
9	4	0017-00103-0289	10mm THIN NYLOC NUT