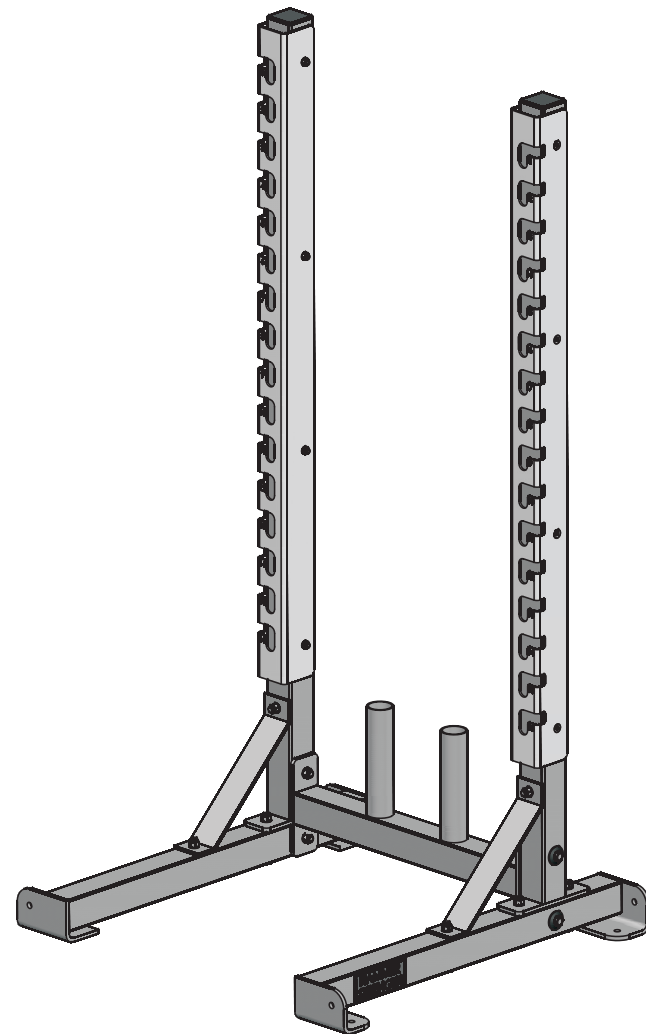


Olympic Heavy Duty Accessory Rack

Owner's Manual



**HAMMER
STRENGTH®**

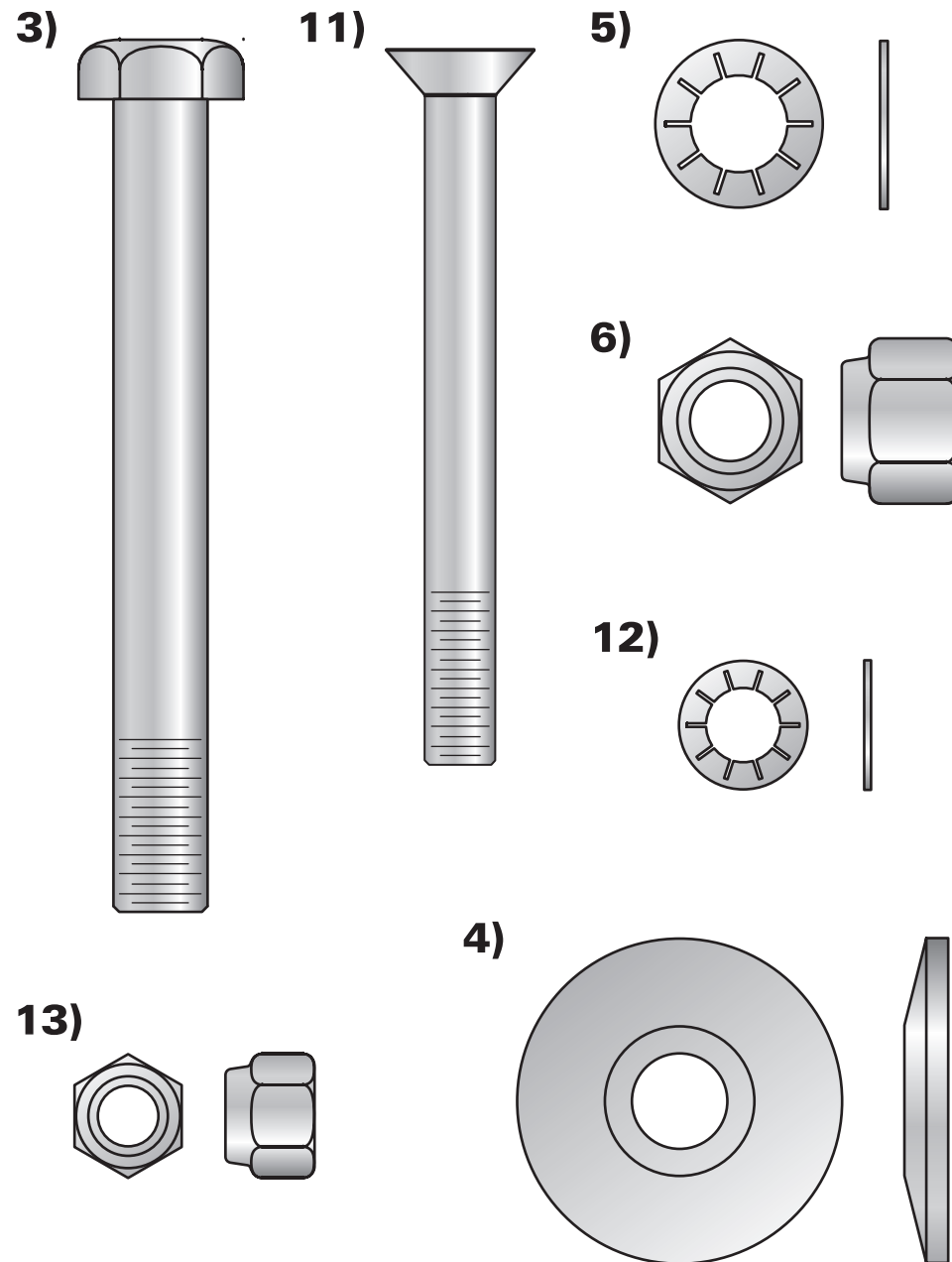
OHD Accessory Rack

1. Assembly Instructions

Item	Qty	Description	Part Number
1	2	Upright	80304XX
2	1	Left Base	80889XX
3	12	1/2" x 4.25" Bolt	3239317
4	12	Plastic Dome Washer	7617301
5	12	1/2" I.D. Washer	3239505
6	12	1/2" Nylock Nut	3102801
7	1	Right Base	80306XX
8	2	Bracket	80888XX
9	1	Center Cross Brace	80302XX
10	1	Left Adjustment Rack	7584501
11	8	3/8" x 3.5" Hex Screw	3245201
12	8	3/8" I.D. Washer	3239503
13	8	3/8" Nylock Nut	3102802
14	1	Right Adjustment Rack	7584401

Tools Required:

- 3/4" Wrench
- Standard Allen Wrench Set
- Ratchet with 3/4" Socket
- Rubber Mallet
- Ratchet Extension
- 9/16" Socket

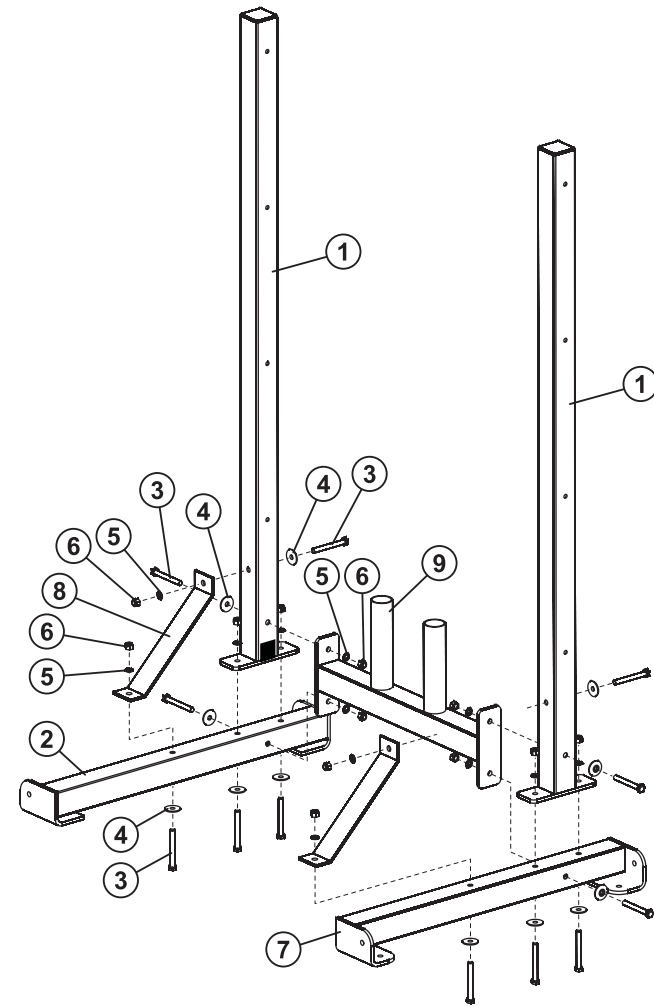


1. Assemble one UPRIGHT (1) and the LEFT BASE (2) using two 1/2" X 4.25" BOLTS (3), two 1/2" PLASTIC DOMED WASHERS (4), two 1/2" I.D. WASHERS (5) and two 1/2" NYLOCK NUTS (6) as shown. Tighten the BOLTS and NUTS securely. Do not overtighten the BOLTS and NUTS.

NOTE: Be sure the flush-ground surface ■ at the bottom of the UPRIGHT (1) is positioned to face the inward as shown.

Repeat the procedure to assemble the remaining UPRIGHT (1) to the RIGHT BASE (7)

2. Assemble one BRACKET (8) to each UPRIGHT (1) and base (2, 7) using four 1/2" X 4.25" BOLTS (3), four 1/2" PLASTIC DOMED WASHERS (4), four 1/2" I.D. WASHERS (5) and four 1/2" NYLOCK NUTS (6) as shown. Tighten the BOLTS and NUTS securely. Do not overtighten the BOLTS and NUTS.
3. Assemble the CENTER CROSS-BRACE (9) to the two UPRIGHTS (1) using four 1/2" X 4.25" BOLTS (3), four 1/2" PLASTIC DOMED WASHERS (4), four 1/2" I.D. WASHERS (5) and four 1/2" NYLOCK NUTS (6) as shown. Tighten the BOLTS and NUTS securely. Do not overtighten the BOLTS and NUTS.



OHD Accessory Rack

1. Assembly Instructions

4. For OHDHR and OHDCR (Figure 1):

Assemble the LEFT ADJUSTMENT RACK (10) to the LEFT UPRIGHT(A) using four 3/8" X 3.5" HEX SCREWS (11), two 3/8" I.D. WASHERS (12) and four 3/8" NYLOCK NUTS (13). Tighten the SCREWS and NUTS securely.

Repeat the procedure to assemble the RIGHT ADJUSTMENT RACK (14) to the RIGHT UPRIGHT (B)

For OHDPR8, OHDPR9 and OHDMR (Figure 2):

Assemble the LEFT ADJUSTMENT RACK (10) to the LEFT UPRIGHT(A) using four 3/8" X 3.5" HEX SCREWS (11), two 3/8" I.D. WASHERS (12) and four 3/8" NYLOCK NUTS (13). Tighten the SCREWS and NUTS securely.

Repeat the procedure to assemble the RIGHT ADJUSTMENT RACK (14) to the RIGHT UPRIGHT (B)

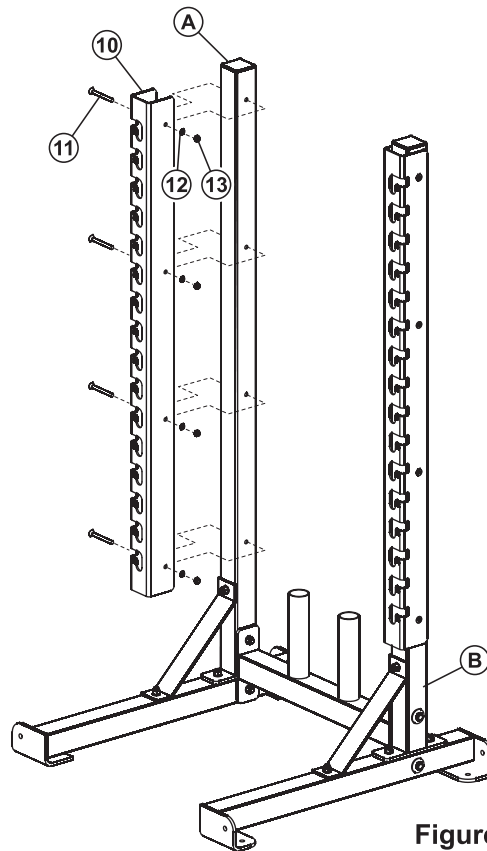


Figure 1

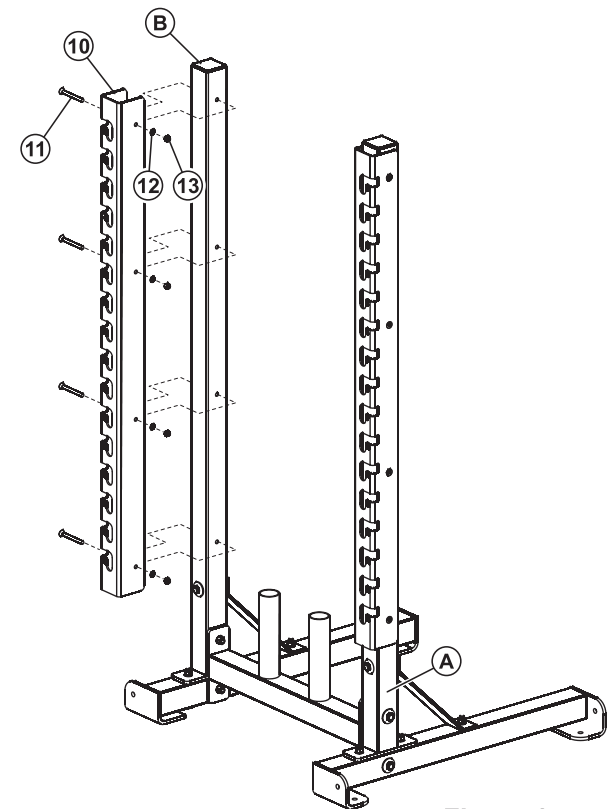


Figure 2

OHD Accessory Rack

2. Safety & Warranty

It is the sole responsibility of the purchaser of Hammer Strength products to instruct all individuals, whether they are the end user or supervising personnel on proper usage of the equipment.

It is recommended that all users of Hammer Strength exercise equipment be informed of the following information prior to its use.

PROPER USAGE

1. Do not use any equipment in any way other than designed or intended by the manufacturer. It is imperative that all Hammer Strength equipment is used properly to avoid injury.
2. The OHD Accessory Rack is for storage of OHD Accessories only. This unit is NOT an exercise station.

CHECK FOR DAMAGED PARTS

1. DO NOT use any equipment that is damaged and or has worn or broken parts. Use only replacement parts supplied by Hammer Strength.
2. MAINTAIN LABELS AND NAMEPLATES. Do not remove labels for any reason. They contain important information. If unreadable or missing, contact Hammer Strength for a replacement.
3. SECURE EQUIPMENT. All equipment MUST be secured to the floor to stabilize and eliminate rocking or tipping over. This must be performed by a licensed contractor.
4. Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so. Hammer Strength will provide service and maintenance training at our corporate facility upon request or in the field if appropriate arrangements are made.

SPECIFIC OPERATING WARNINGS

1. It is the purchaser's sole responsibility to properly instruct end users and supervising personnel as to the proper operating procedures of all Hammer Strength equipment.
2. Keep children away from strength equipment. Parent or others supervising children must provide close supervision of children if the equipment is used in the presence of children.
3. UNDERSTANDING EACH AND EVERY WARNING TO THE FULLEST EXTENT IS IMPORTANT. IF ANY OF THESE WARNINGS ARE UNCLEAR, ASK FOR CLARIFICATION FROM HAMMER STRENGTH PERSONNEL.

OHD Accessory Rack

2. Safety & Warranty

WARRANTY

WHAT IS COVERED

This Hammer Strength commercial exercise equipment (Accessory Rack) is warranted to be free of all defects in material and workmanship.

WHO IS COVERED

The manufacturer's warranty covers the original purchaser or any person receiving the Product as a gift from the original purchaser.

WHO PAYS TRANSPORTATION & INSURANCE FOR SERVICE

If the Product or any covered part must be returned to a service facility for repairs, Hammer Strength, will pay all transportation and insurance charges for the first year. The purchaser is responsible for transportation and insurance charges during the second and third years (if applicable).

WHAT WE WILL DO TO CORRECT COVERED DEFECTS

Hammer Strength will ship any new or rebuilt replacement parts or components, or, at the option of Hammer Strength, replace the Product. Such replacement parts are warranted for the remaining portion of the original warranty period.

WHAT IS NOT COVERED

Any failures or damage caused by unauthorized service, misuse, accident, negligence, improper assembly or installation, debris resulting from any construction activities in the Product's environment, rust or corrosion as a result of the Product's location, alterations or modifications without our written authorization or by failure on the purchaser's part to use, operate and maintain the Product as set out in your Owner's Manual (.Manual.). All terms of this warranty are void if this Product is moved beyond the continental borders of the United States of America (excluding Alaska, Hawaii and Canada) and are then subject to the terms provided by that country's local authorized Hammer Strength representative.

OWNER'S MANUAL

It is VERY IMPORTANT THAT YOU READ THIS MANUAL before operating the Product. Remember to perform the periodic maintenance specified in the Manual to assure proper operation and continued satisfaction with the Product.

HOW TO GET PARTS & SERVICE

Call Customer Support Services at (800) 351-3737 or (847) 451-0036, Monday through Friday from 8:00 a.m. to 6:00 p.m. Central Standard Time. Have the following information available when calling; name, address and serial number of the Product. Hammer Strength will provide information on how to obtain a replacement part, advice on how and where to ship the Product for service or, if necessary, arrange for on-site service.

Before shipping the Product:

1. Obtain a Return Authorization Number (RA#) from Customer Support Services
2. Securely pack your Product (use the original shipping carton, if possible)
3. Write the RA# on the outside of the carton
4. Insure the Product, and
5. Include a letter explaining the defect or problem and a copy of the proof of purchase if you believe the service is covered by warranty.

EXCLUSIVE WARRANTY

THIS LIMITED WARRANTY IS IN LIEU OF ALL OTHER WARRANTIES OF ANY KIND EITHER EXPRESSED OR IMPLIED, INCLUDING BUT NOT LIMITED TO THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, AND ALL OTHER OBLIGATIONS OR LIABILITIES ON THE PART OF HAMMER STRENGTH. Hammer Strength neither assumes nor authorizes any person to assure for Hammer Strength any other obligation or liability concerning the sale of this Product. Under no circumstances shall Hammer Strength be liable under this warranty, or otherwise, of any damage to any person or property, including any lost profits or lost savings, for any special, indirect, secondary, incidental or consequential damages of any nature arising out of the use of or inability to use this Product. Some states do not allow the exclusion or limitation of implied warranties or of liability for incidental or consequential damages, so the above limitations or exclusions may not apply in those instances.

CHANGES IN WARRANTY NOT AUTHORIZED

No one is authorized to change, modify or extend the terms of this limited warranty.

EFFECT OF STATE LAWS

This warranty gives you specific legal rights and you may have other rights, which vary, from state to state.

THE HAMMER STRENGTH PLEDGE TO YOU

Hammer Strength Products are designed and manufactured to the highest standards.

Hammer Strength wants its customers to be completely satisfied with the its Product and will do everything possible under the terms of this warranty to keep its customers secure in knowing they have bought the best!



OHD Accessory Rack

3. Specifications

General Specifications

1. Equipment Anchoring

All machines have holes in the feet, which allow for easy anchoring to the floor. Hammer Strength recommends that all machines be anchored to the floor to minimize the possibility of tipping.

2. Warranty

10-year minimum warranty on frames, 5 years on integral bearings, 1 year on grips, and 90 days on upholstery and any items not specified.

3. Liability Insurance

Certificate of insurance available upon request.

Product Specifications

ACCESSORY RACK Product # - **OHDAC**

Machine Weight: 226 lbs. 103 kg.

Size: in = 38 L x 50 W x 79 H cm = 97 L x 127 W x 200 H