

HAMMER[®] STRENGTH

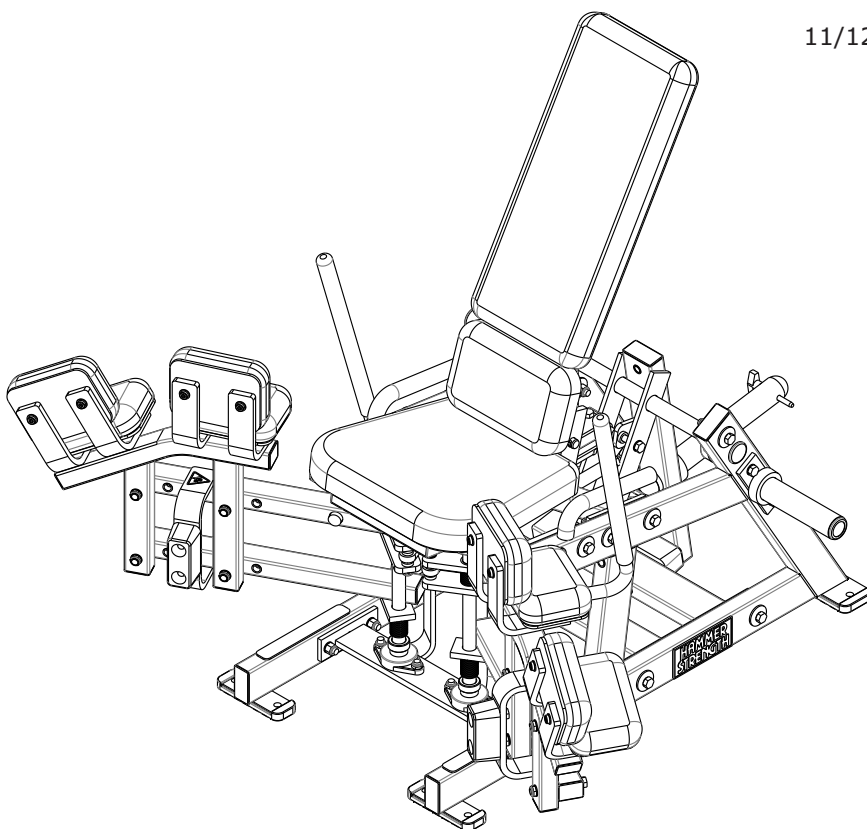
**HAMMER
STRENGTH[®]**

PLATE LOADED

PARTS MANUAL

**ADDUCTOR
PLADD & PL-ADD**

11/12/2014



CONTENTS

COMPONENT ASSEMBLY PAGE 3

BOTTOM FRAME ASSEMBLY 4

WORKBOX ASSEMBLY 5

LEFT SIDE FRAME ASSEMBLY 6

LEFT MOVEMENT ARM ASSEMBLY 7

ETC LEFT ASSEMBLY 8

TIE ROD COMPONENTS 9

SEAT FRAME ASSEMBLY 10

SEAT BACK ASSEMBLY 11

RIGHT SIDE FRAME ASSEMBLY 12

RIGHT MOVEMENT ARM ASSEMBLY 13

ETC RIGHT ASSEMBLY 14

WEIGHT ROD ASSEMBLY 15

WEIGHT HORN ASSEMBLY 16

KEY

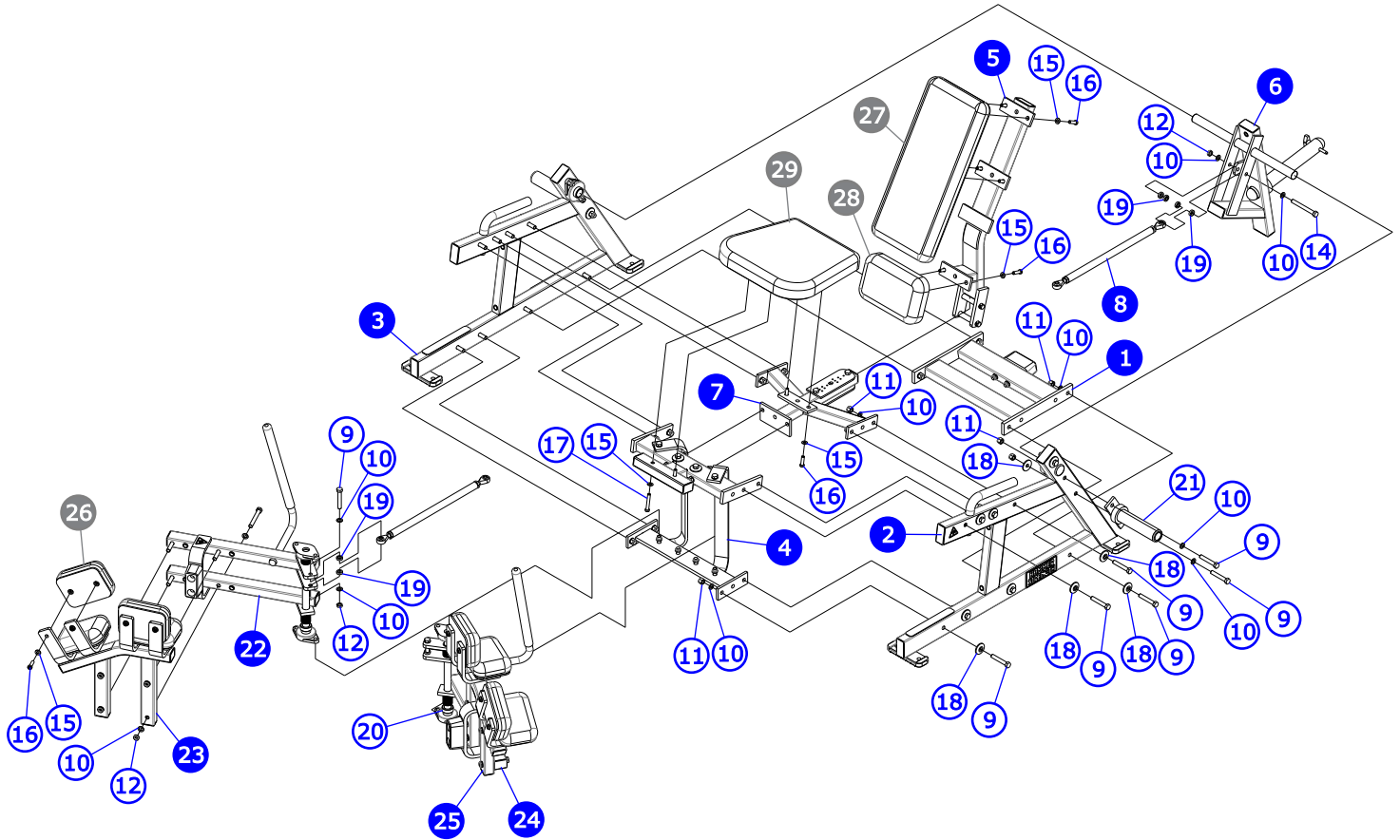
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

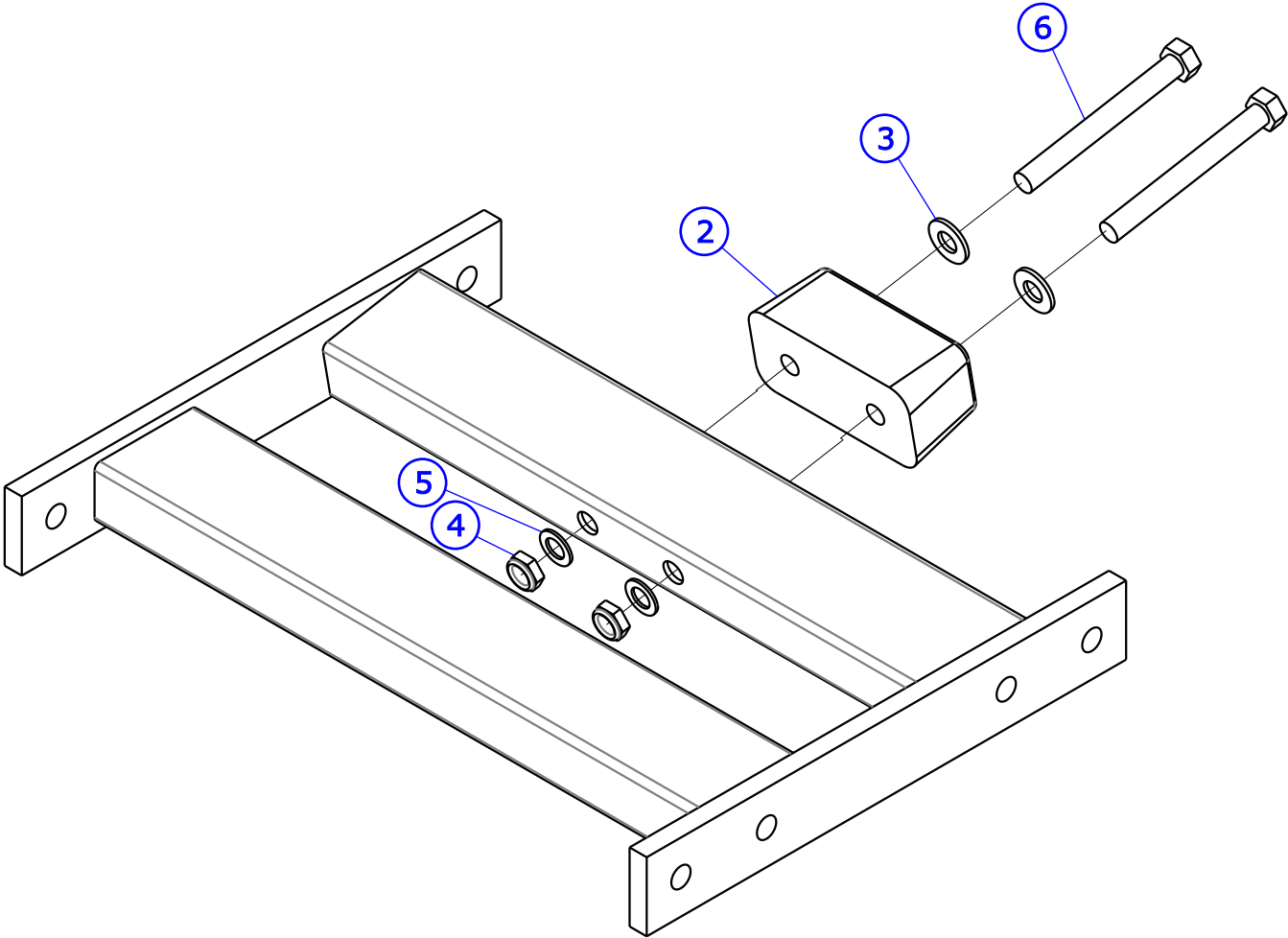
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	PLADD-CBX	ASSY, BOTTOM FRAME, PLADD
2	1	PLABD-CSFL	ASSY, SIDE FRAME, LEFT, PLABD
3	1	PLABD-CSFR	ASSY, SIDE FRAME, RIGHT, PLABD
4	1	PLABD-CWB	ASSY, WORKBOX, PLABD
5	1	PLABD-CAJST	ASSY, ADJ SEAT BACK, PLABD
6	1	PLADD-CHX	ASSY, WEIGHT ROD, PLADD
7	1	PLABD-CST	ASSY, SEAT FRAME, PLABD
8	2	9330001	ASSY, HAMMER, TIE ROD
9	22	HHB.5X3	1/2 X 3 BOLT
10	42	WASH.5STAR	1/2" INTERNAL LOCK WASHER
11	20	NUT.5LOCK	1/2 DIA THICK LOCK NUT
12	11	NUT.5JAMLOCK	1/2 THIN LOCK NUT
13	8	HHB.5X4	1/2 X 4 BOLT
14	1	HHB.5X4.5	1/2 X 4 1/2 BOLT
15	26	WASH.375SAE	3/8" SAE FLAT WASHER

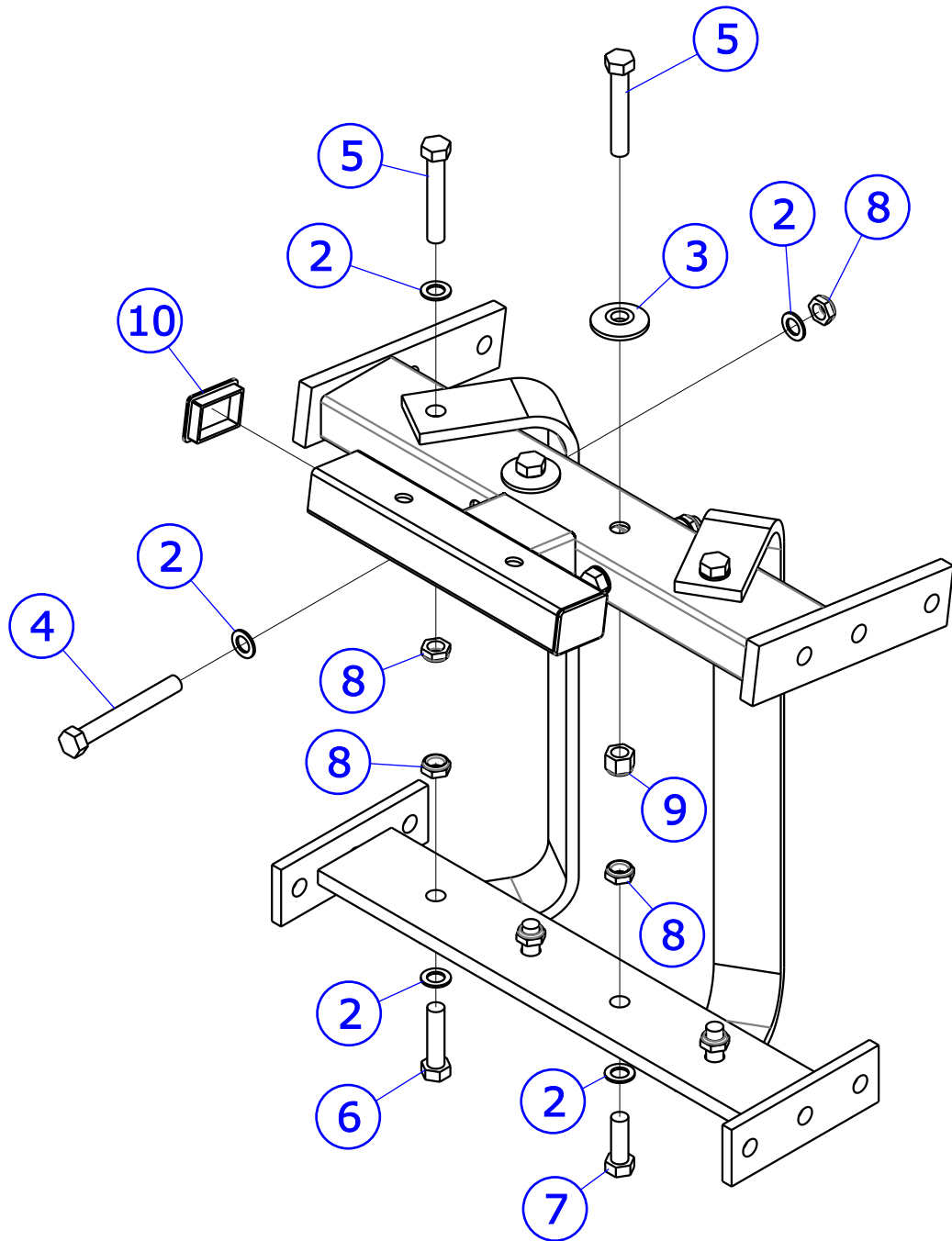
ITEM NO.	QTY.	PART NO.	DESCRIPTION
16	24	3236204	SCREW, M10 X1.5 35MM
17	2	3236210	SCREW, M10 X1.5 65MM
18	18	H-BACK-WASH	BACKING WASHER
19	8	AB-AD SPACER	AD-AB SPACER
20	2	H-LCOLLAR1	1" LOCK COLLAR
21	2	H-HORN-ASSY	ASSY, WEIGHT HORN
22	1	PLABD-CMAL	ASSY, MOVEMENT ARM, LEFT, PLABD
23	1	PLABD-CETCL	ASSY, ETC LEFT, PLABD
24	1	PLABD-CMAR	ASSY, MOVEMENT ARM, RIGHT, PLABD
25	1	PLABD-CETCR	ASSY, ETC RIGHT, PLABD
26	8	7563099	PAD, 8 X 6
27	1	7398899	PAD, BACK 25 X 11-1/4
28	1	7399399	PAD, 7 X 11-1/4
29	1	8854299	PAD, SEAT 17 X 16-3/4

BOTTOM FRAME ASSEMBLY



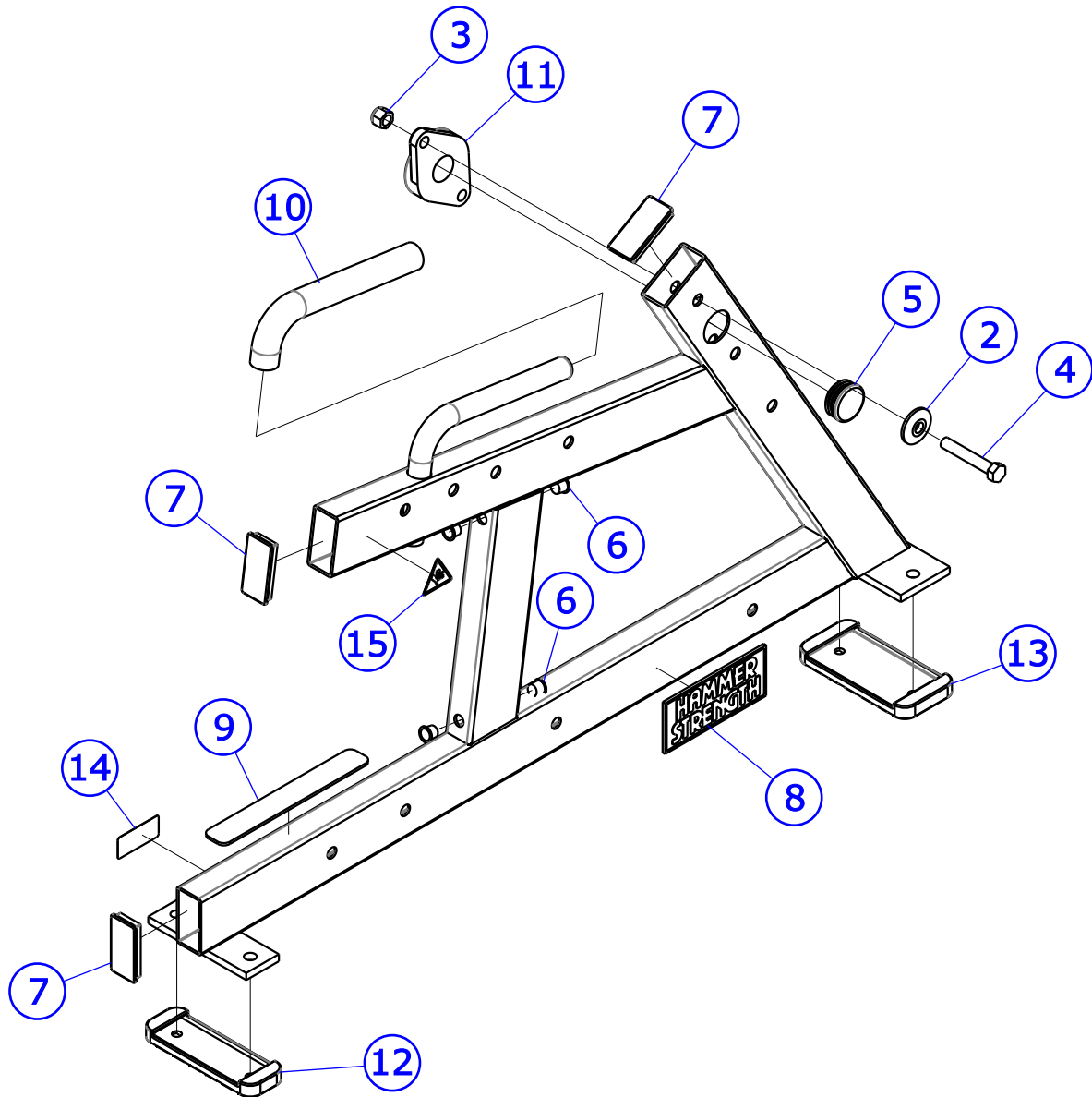
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-BUMP-MED	MM2 MEDIUM
3	2	WASH.5SAE	1/2" SAE FLAT WASHER
4	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
5	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
6	2	HHB.5X4.5	1/2 X 4 1/2 BOLT

WORKBOX ASSEMBLY



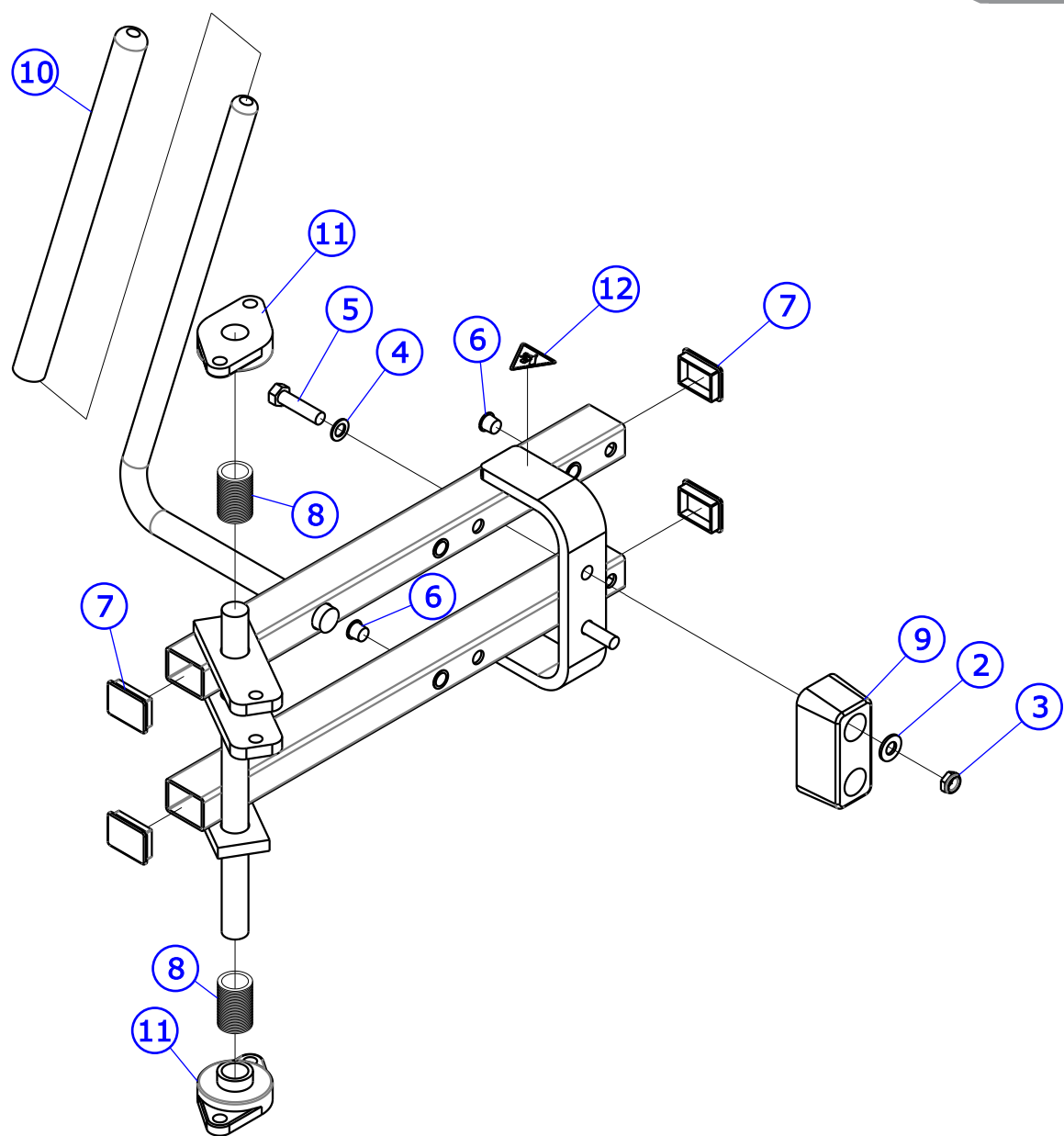
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	10	WASH.5STAR	1/2" INTERNAL LOCK WASHER
3	2	H-BACK-WASH	BACKING WASHER
4	2	HHB.5X4	1/2 X 4 BOLT
5	4	HHB.5X3	1/2 X 3 BOLT
6	2	HHB.5X2	1/2 X 2 BOLT
7	2	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
8	8	NUT.5JAMLOCK	1/2 THIN LOCK NUT
9	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
10	2	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

LEFT SIDE FRAME ASSEMBLY



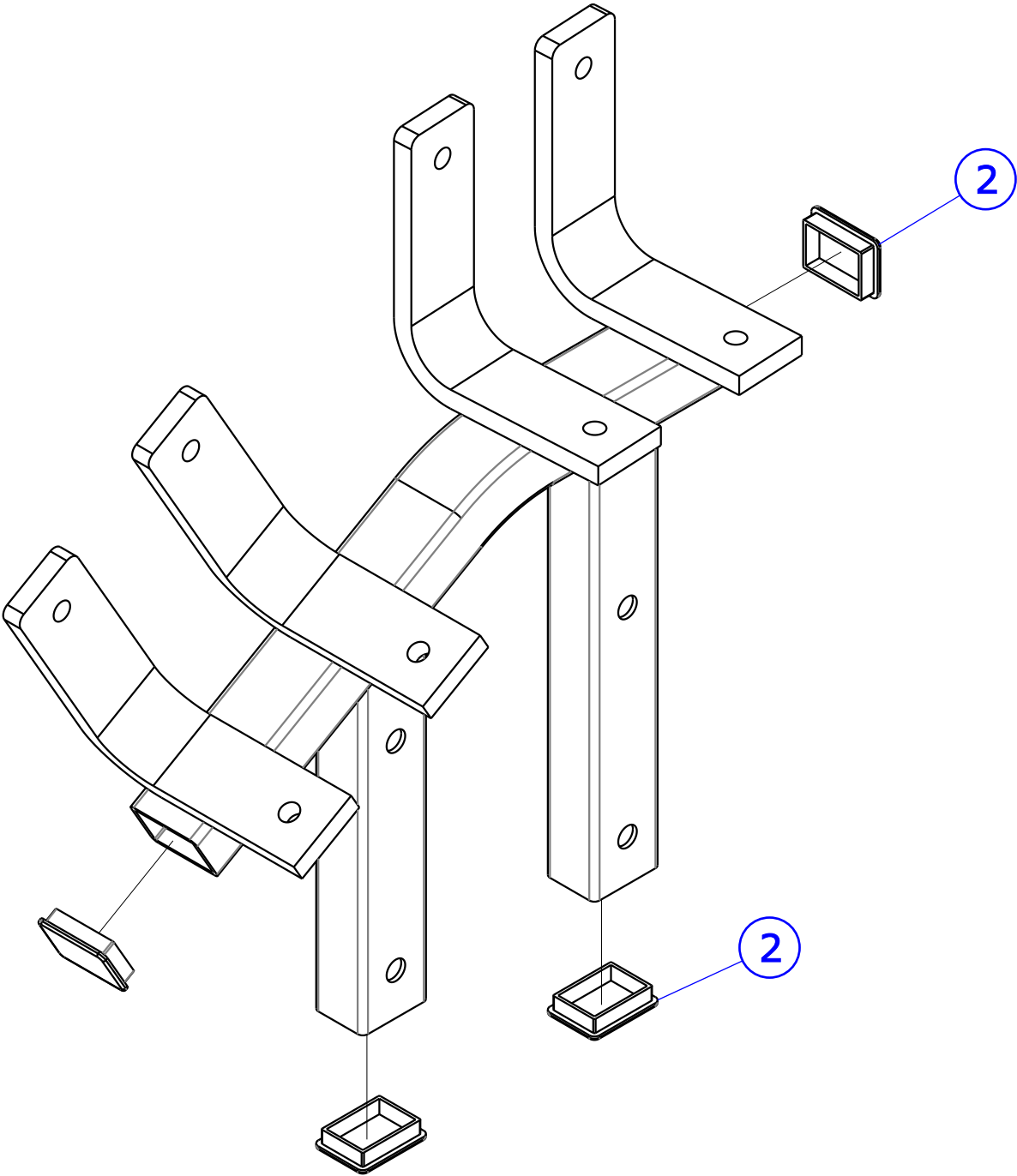
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-BACK-WASH	BACKING WASHER
3	1	NUT.5LOCK	1/2 DIA THICK LOCK NUT
4	1	HHB.5X3	1/2 X 3 BOLT
5	1	H-LOCK-PLUG(LARGE)	LARGE LOCKING PLUG
6	4	H-HPLUG (REG)	HOLE PLUG
7	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
8	1	H-NAME PLATE	NAMEPLATE (45156-P)
9	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
10	1	H-GRIP	HANDLE GRIPS (.938X16)
11	1	H-BEAR-LGE	LARGE BEAR - EFHSFTJ206-20G
12	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
13	1	MM-9	3 X 6 FLANGE RUBBER SLIPPER
14	1	-	SERIAL NUMBER
15	1	8039501	LABEL, WARNING, TRIANGLE

LEFT MOVEMENT ARM ASSEMBLY



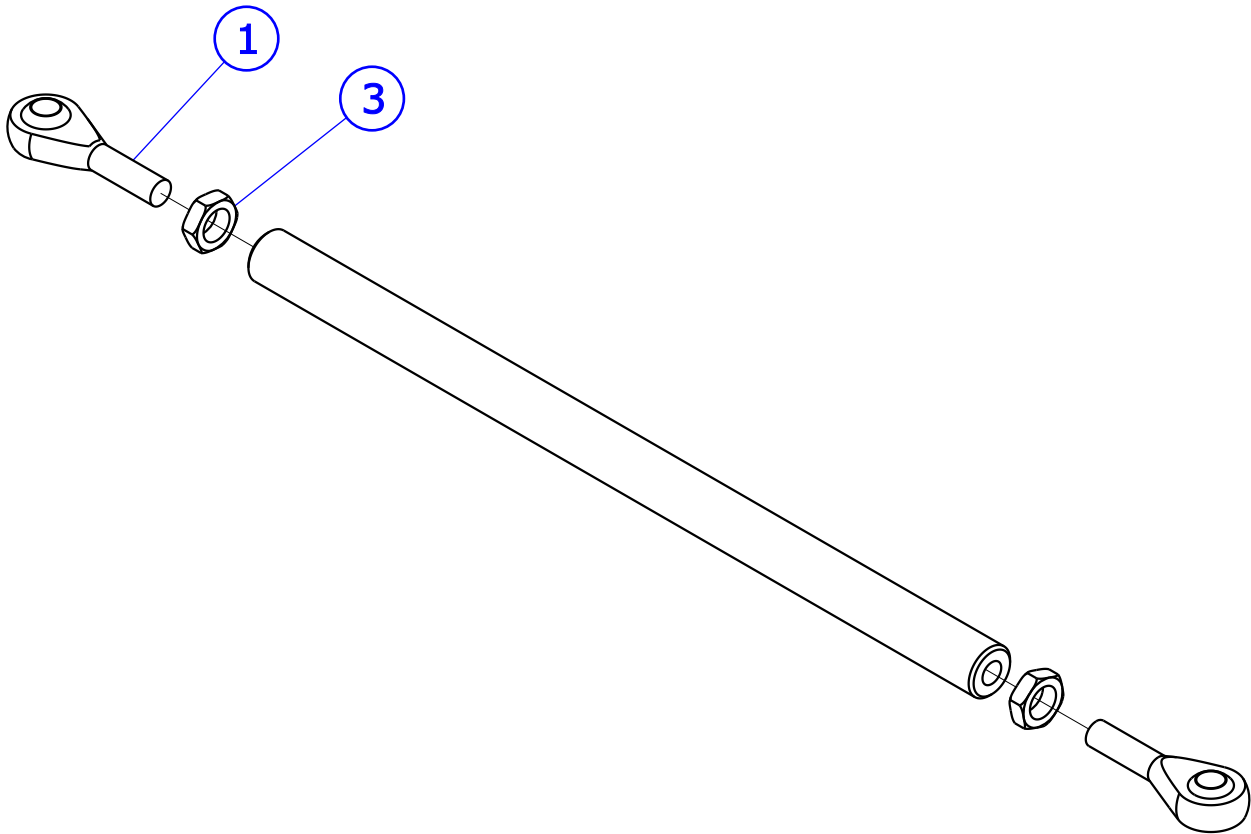
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	WASH.5SAE	1/2" SAE FLAT WASHER
3	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	2	HHB.5X2	1/2 X 2 BOLT
6	8	H-HPLUG (REG)	HOLE PLUG
7	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
8	2	ACCORDIAN	SHAFT GUARD
9	1	H-BUMP-MED	MM2 MEDIUM
10	1	H-GRIP	HANDLE GRIPS (.938X16)
11	2	H-BEAR-SML	SMALL BEARING
12	1	8039501	LABEL, WARNING,TRIANGLE

ETC LEFT ASSEMBLY



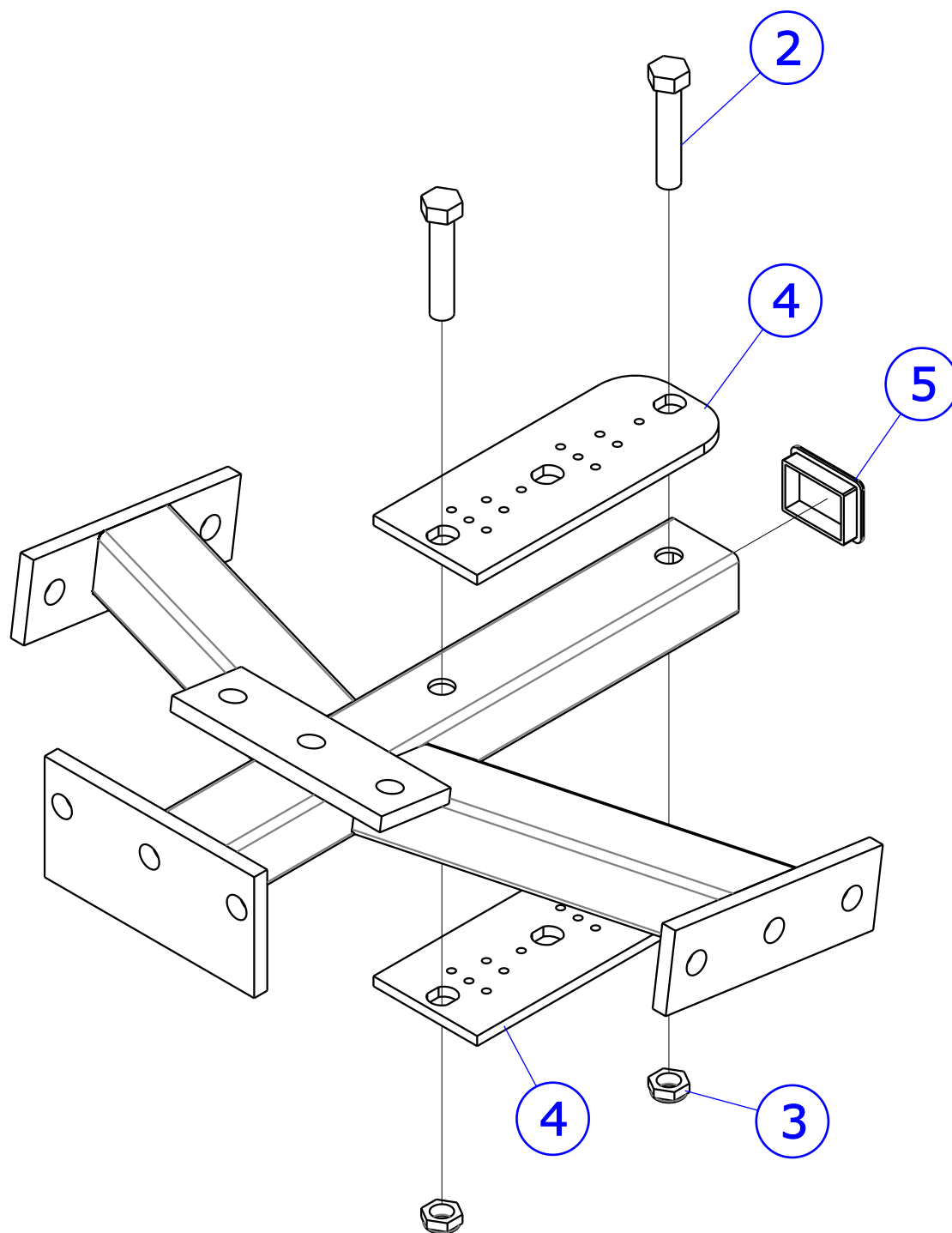
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

TIE ROD COMPONENTS



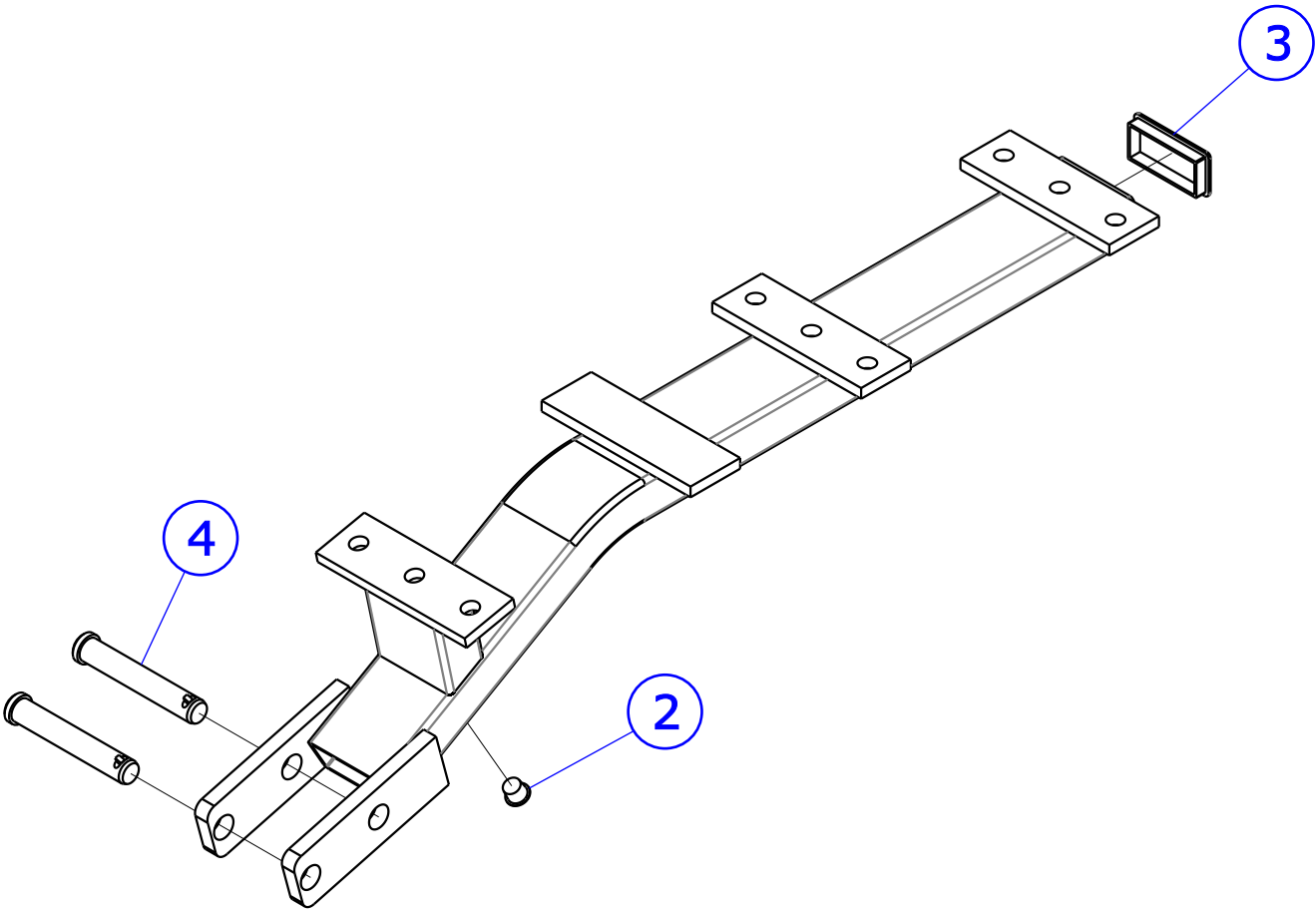
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3275201	ROD END, ENGLISH MALE
3	2	3236902	NUT, M16 X 2 HEX JAM SS

SEAT FRAME ASSEMBLY



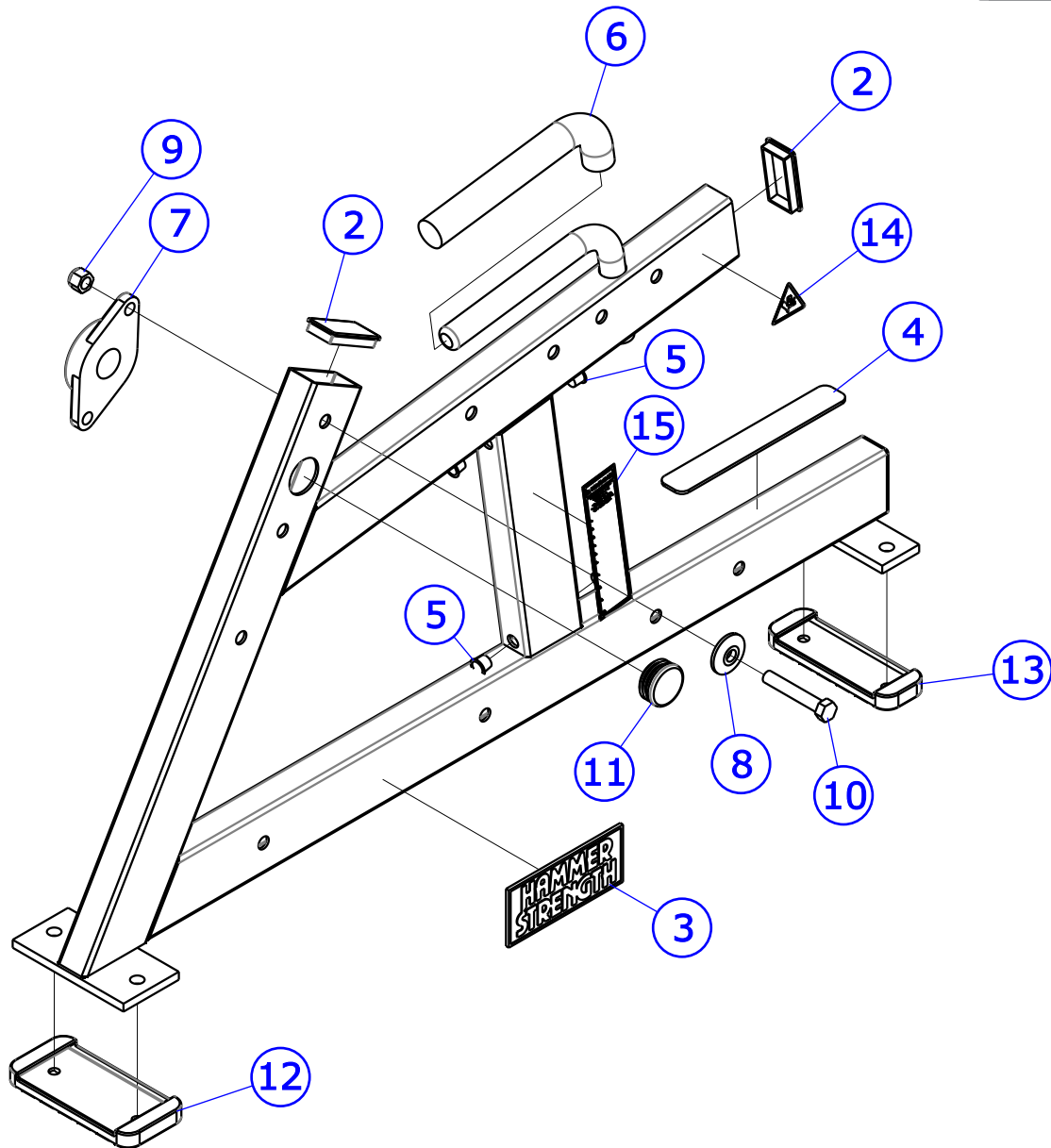
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
3	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	2	H-SEATRCKS-SHORT	ORIGINAL SEAT RACK
5	1	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

SEAT BACK ASSEMBLY



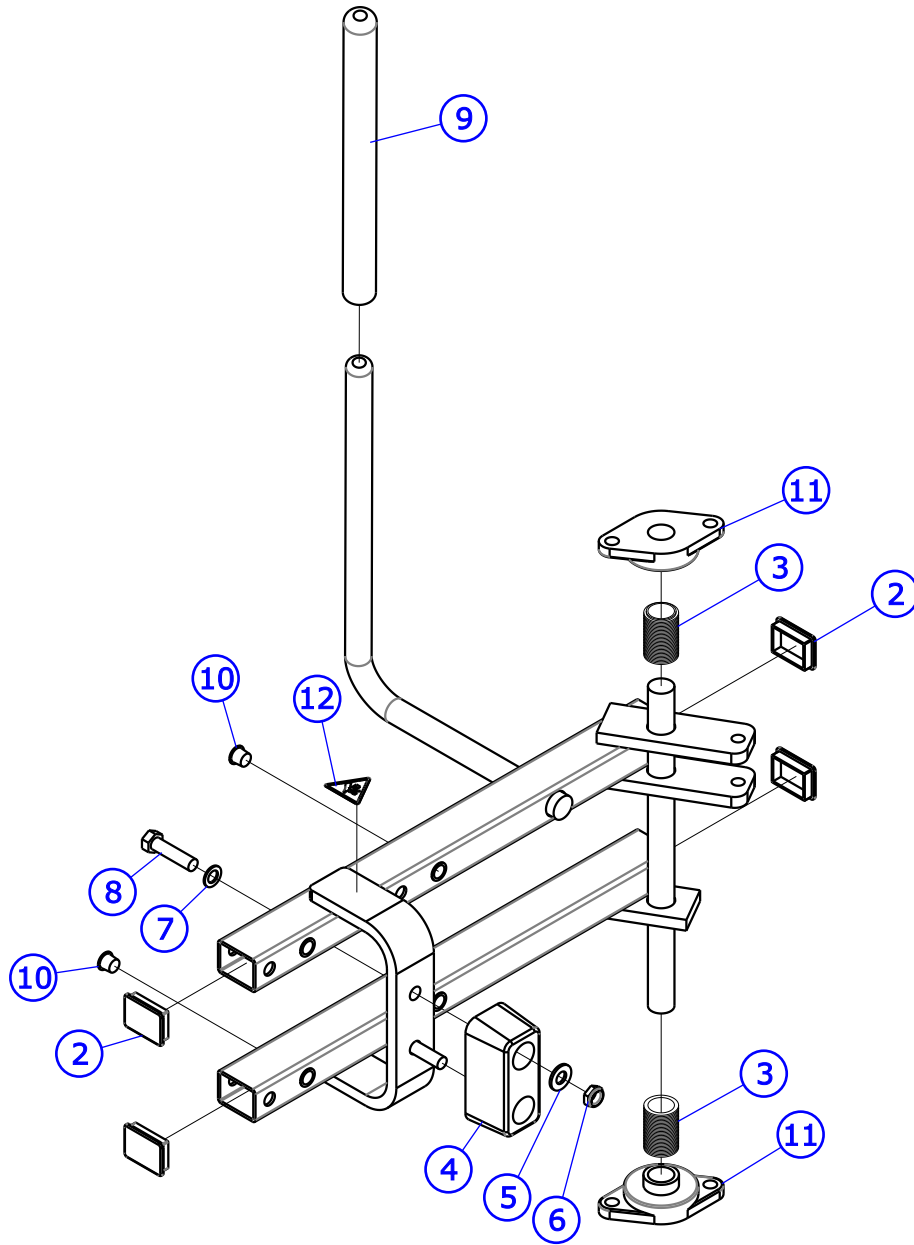
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-HPLUG (REG)	HOLE PLUG
3	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
4	2	STD SEAT PIN	STD SEAT PIN

RIGHT SIDE FRAME ASSEMBLY



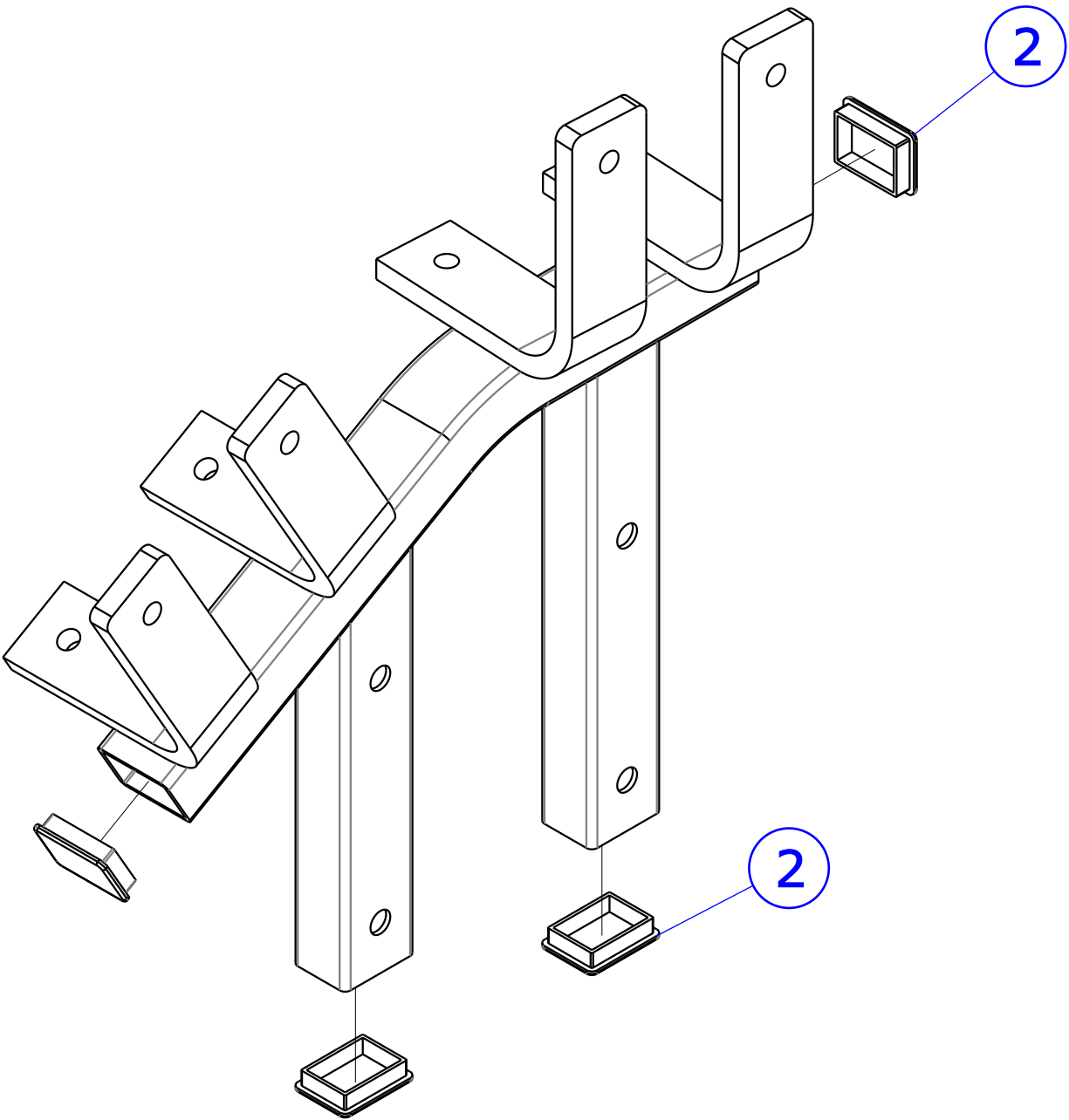
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
3	1	H-NAME PLATE	NAMEPLATE (45156-P)
4	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
5	4	H-HPLUG (REG)	HOLE PLUG
6	1	H-GRIP	HANDLE GRIPS (.938X16)
7	1	H-BEAR-LGE	LARGE BEAR - EFHSFTJ206-20G
8	1	H-BACK-WASH	BACKING WASHER
9	1	NUT.5LOCK	1/2 DIA THICK LOCK NUT
10	1	HHB.5X3	1/2 X 3 BOLT
11	1	H-LOCK-PLUG(LARGE)	LARGE LOCKING PLUG
12	1	MM-9	3 X 6 FLANGE RUBBER SLIPPER
13	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
14	1	8039501	LABEL, WARNING, TRIANGLE
15	1	8773701	LABEL, ASTM PL VERT

RIGHT MOVEMENT ARM ASSEMBLY



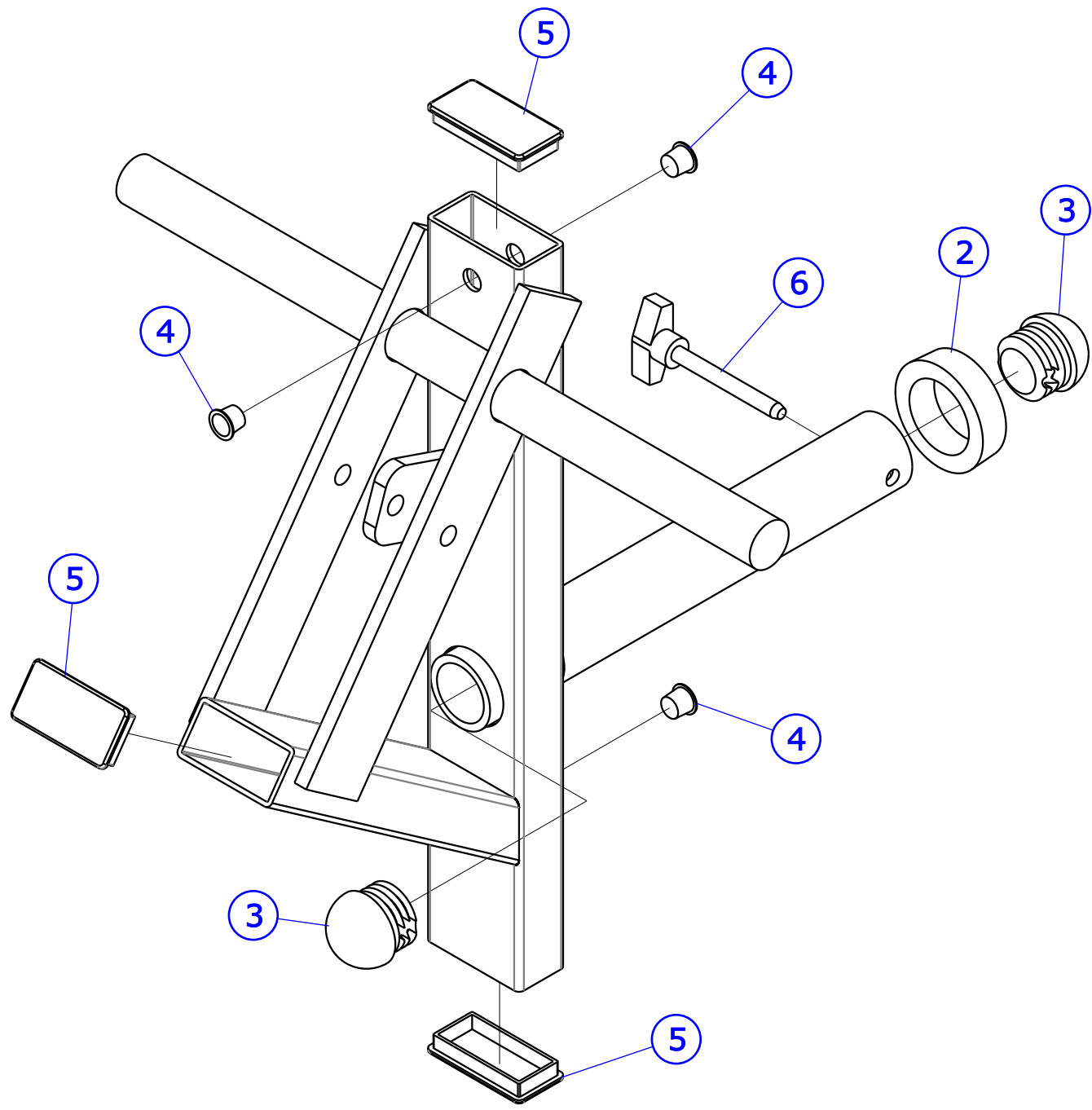
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
3	2	ACCORDIAN	SHAFT GUARD
4	1	H-BUMP-MED	MM2 MEDIUM
5	2	WASH.5SAE	1/2" SAE FLAT WASHER
6	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
7	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
8	2	HHB.5X2	1/2 X 2 BOLT
9	1	H-GRIP	HANDLE GRIPS (.938X16)
10	8	H-HPLUG (REG)	HOLE PLUG
11	2	H-BEAR-SML	SMALL BEARING
12	1	8039501	LABEL, WARNING, TRIANGLE

ETC RIGHT ASSEMBLY



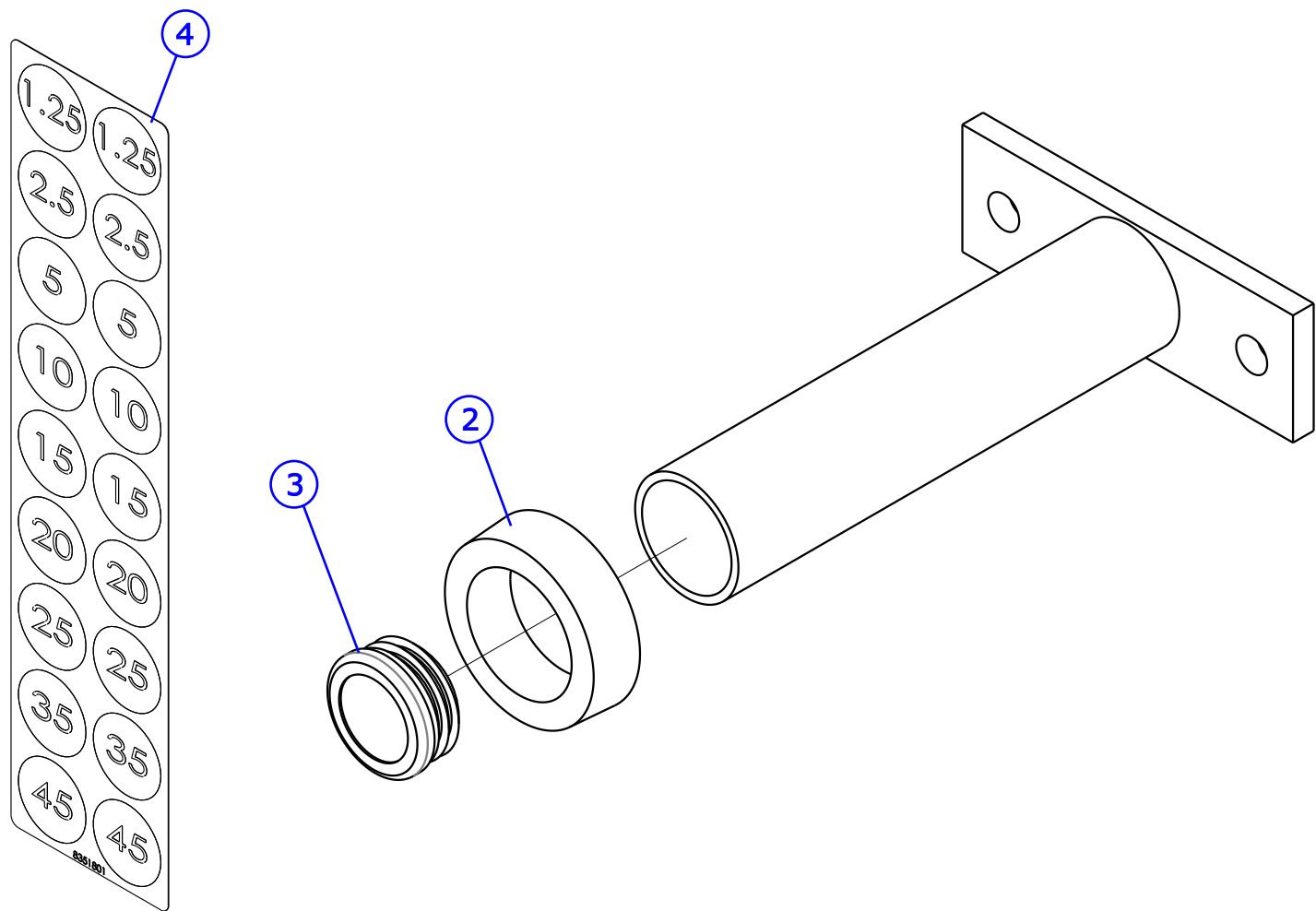
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

WEIGHT ROD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	2	RUBCAP1-2	RUBBER CAP #1
4	3	H-HPLUG (REG)	HOLE PLUG
5	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
6	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET