

HAMMER[®] STRENGTH

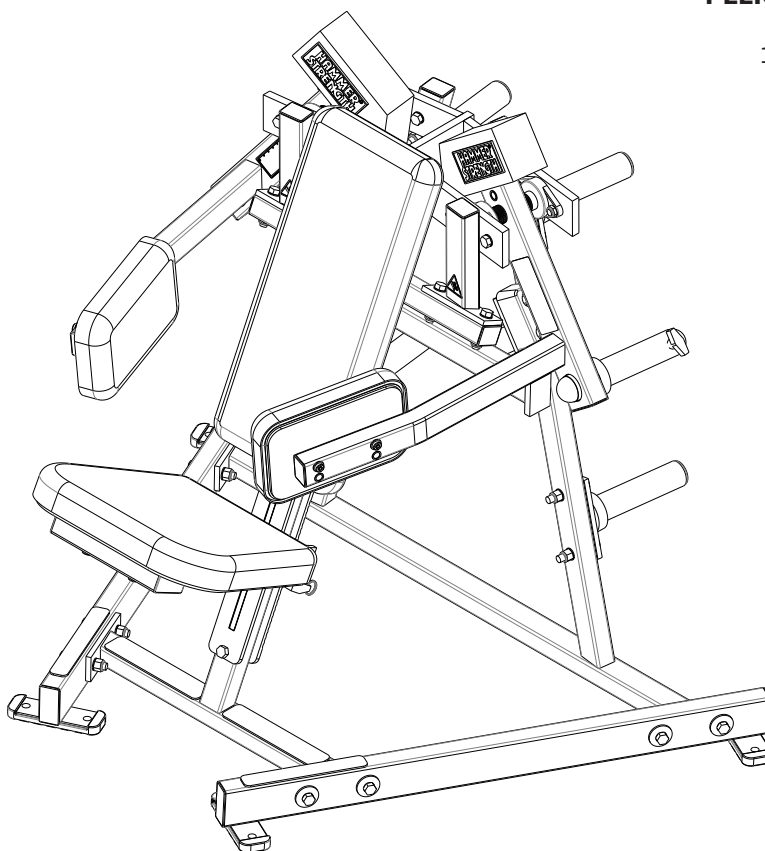
**HAMMER
STRENGTH[®]**

PLATE LOADED

PARTS MANUAL

**LATERAL RAISE
PLLR & PL-LR**

1/20/2015



CONTENTS

COMPONENT ASSEMBLY PAGE 3

FOOT FRAME ASSEMBLY 4

BASE FRAME ASSEMBLY 5

WORKBOX ASSEMBLY 6

LEFT MOVEMENT ARM ASSEMBLY 7

SEAT FRAME ASSEMBLY 8

STD SEAT 2 ASSEMBLY 9

RIGHT MOVEMENT ARM ASSEMBLY 10

WEIGHT HORN ASSEMBLY 11

KEY

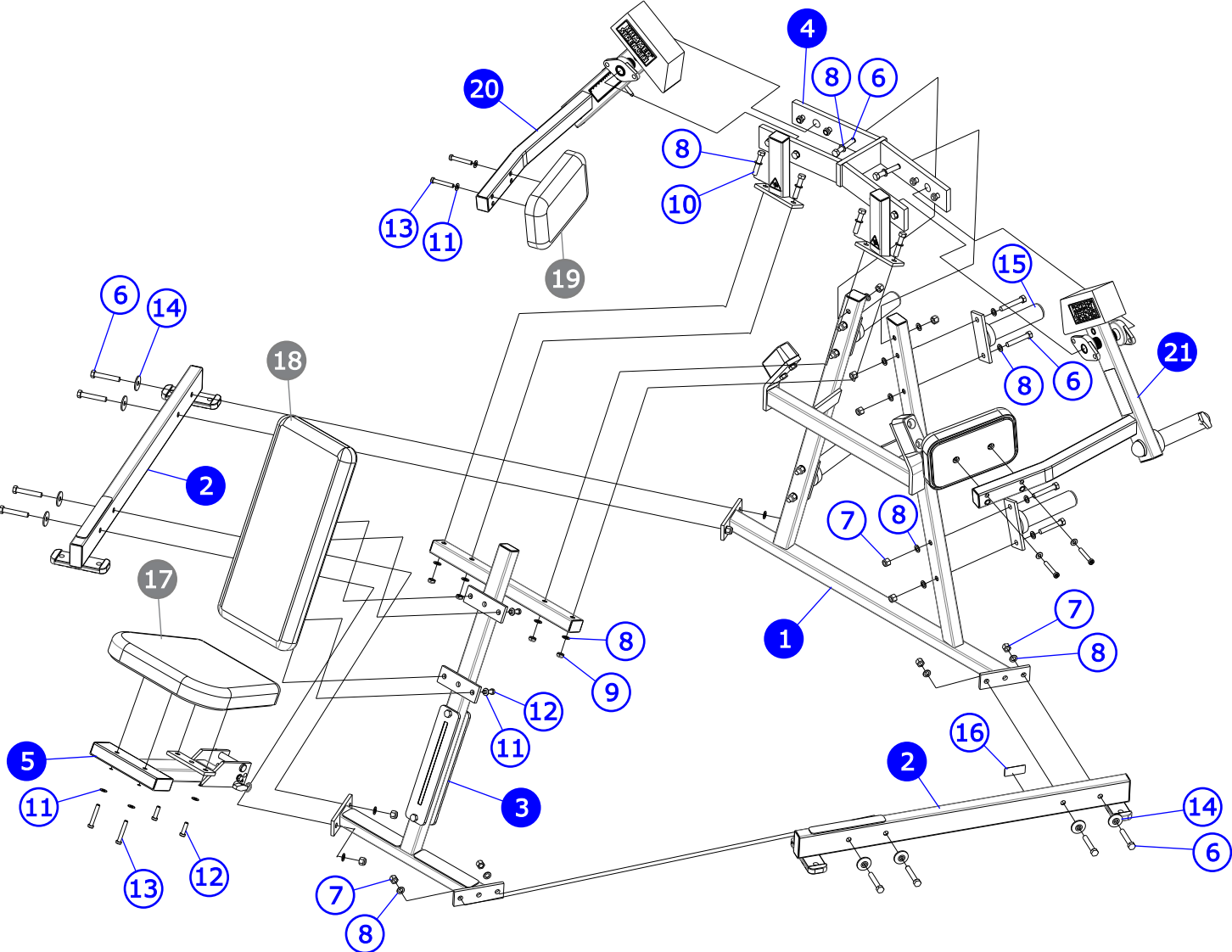
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

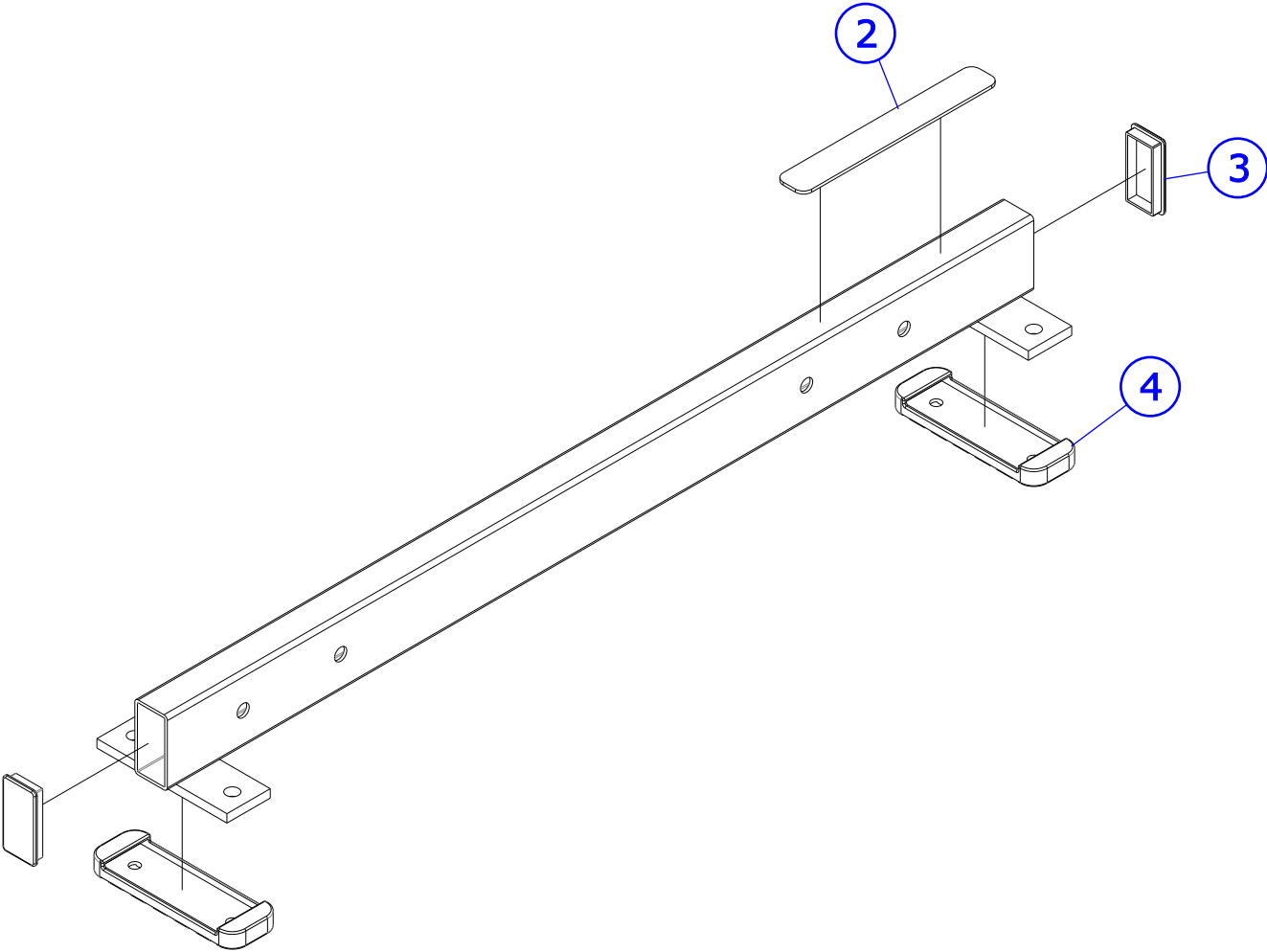
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	PLLRCBX	ASSY, BASE FRAME, PLLR
2	2	PLLRCFX	ASSY, FOOT FRAME, PLLR
3	1	PLLRCST	ASSY, SEAT FRAME, PLLR
4	1	PLLRCWB	ASSY, WORKBOX, PLLR
5	1	CSTD-ST2	ASSY, STD SEAT 2
6	18	HHB.5X3	1/2 X 3 BOLT
7	18	NUT.5LOCK	1/2 DIA THICK LOCK NUT
8	36	WASH.5STAR	1/2" INTERNAL LOCK WASHER
9	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT
10	4	HHB.5X2.5	1/2 X 2 1/2 BOLT
11	12	WASH.375SAE	3/8" SAE FLAT WASHER

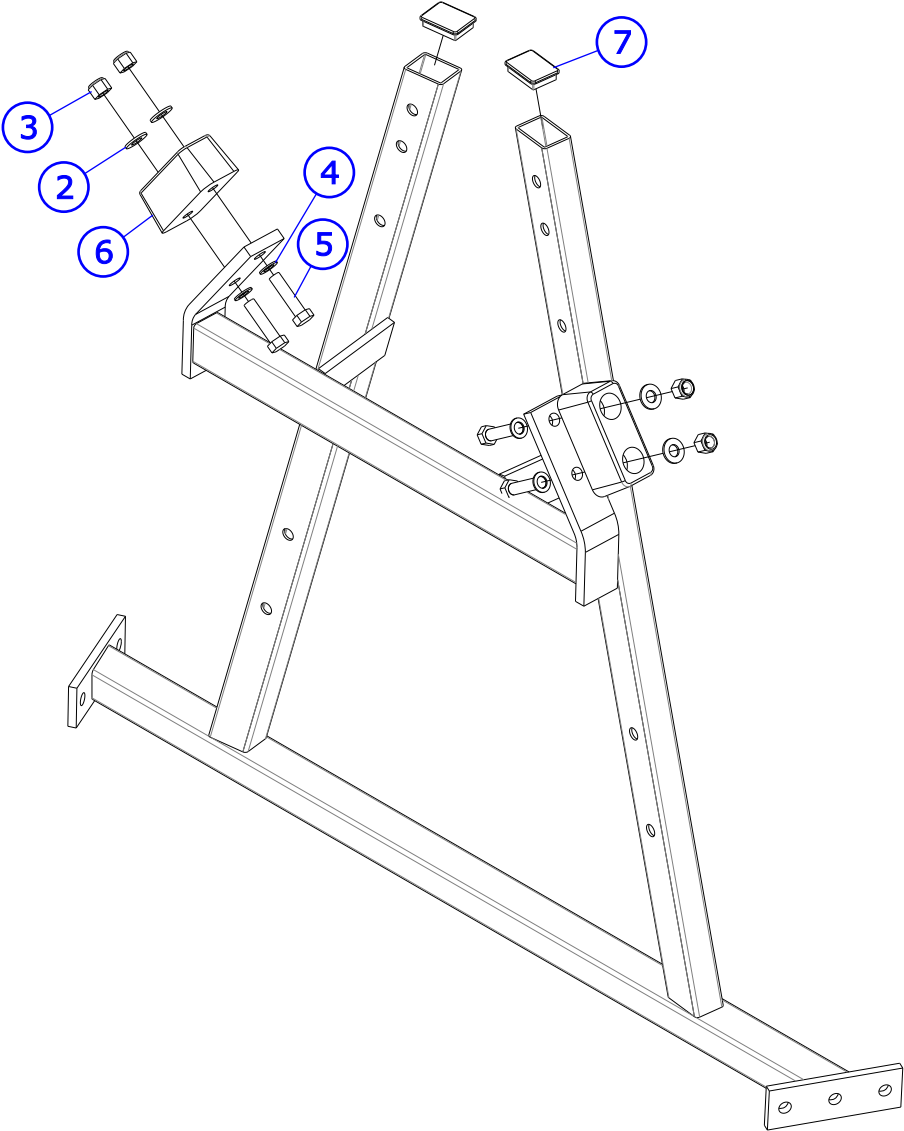
ITEM NO.	QTY.	PART NO.	DESCRIPTION
12	6	3236204	SCREW, M10 X1.5 35MM
13	6	3236210	SCREW, M10 X1.5 65MM
14	8	H-BACK-WASH	BACKING WASHER
15	4	H-HORN-ASSY	ASSY, WEIGHT HORN
16	1	-	SERIAL NUMBER
17	1	8854299	PAD, SEAT 17 X 16-3/4
18	1	7398899	PAD, BACK 25 X 11-1/4
19	2	7399399	PAD, 7 X 11-1/4
20	1	PLLRCMAR	ASSY, MOVEMENT ARM, RIGHT, PLLR
21	1	PLLRCMAL	ASSY, MOVEMENT ARM, LEFT, PLLR

FOOT FRAME ASSEMBLY



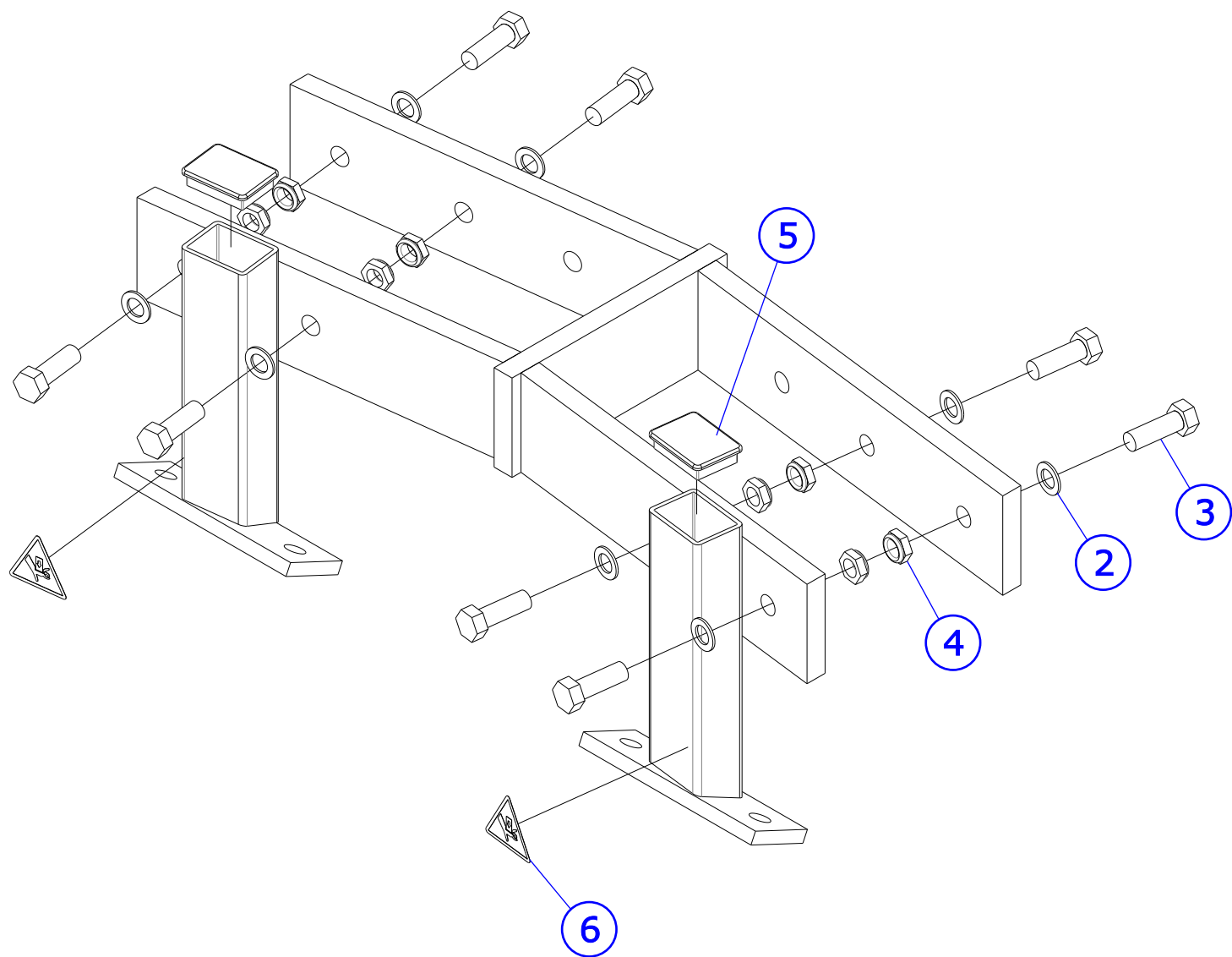
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
3	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
4	2	MM-8	2 X 6 FLANGE RUBBER SLIPPER

BASE FRAME ASSEMBLY



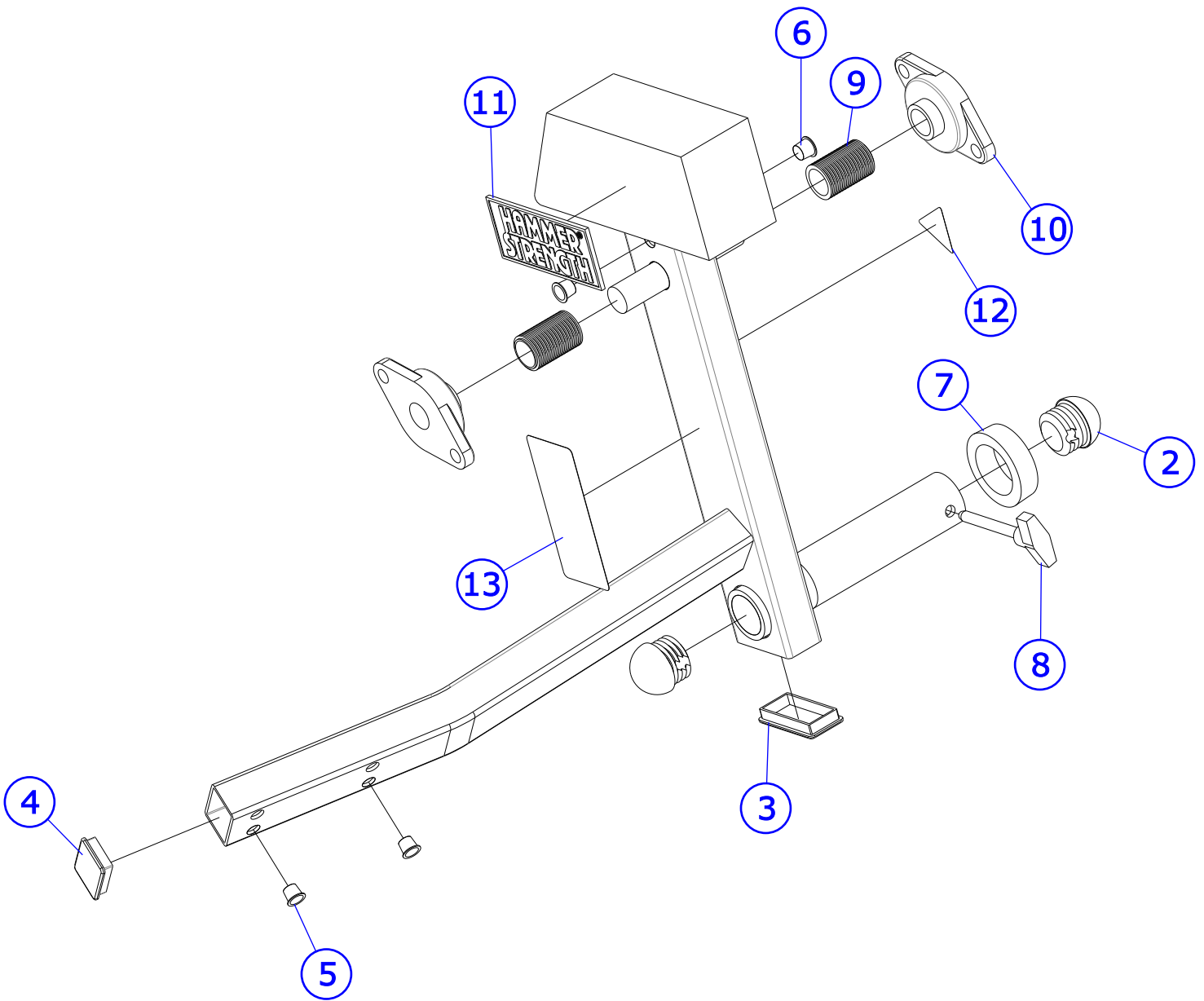
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	WASH.5SAE	1/2" SAE FLAT WASHER
3	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT
4	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	4	HHB.5X2	1/2 X 2 BOLT
6	2	H-BUMP-MED	H-BUMP-MED
7	2	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

WORKBOX ASSEMBLY



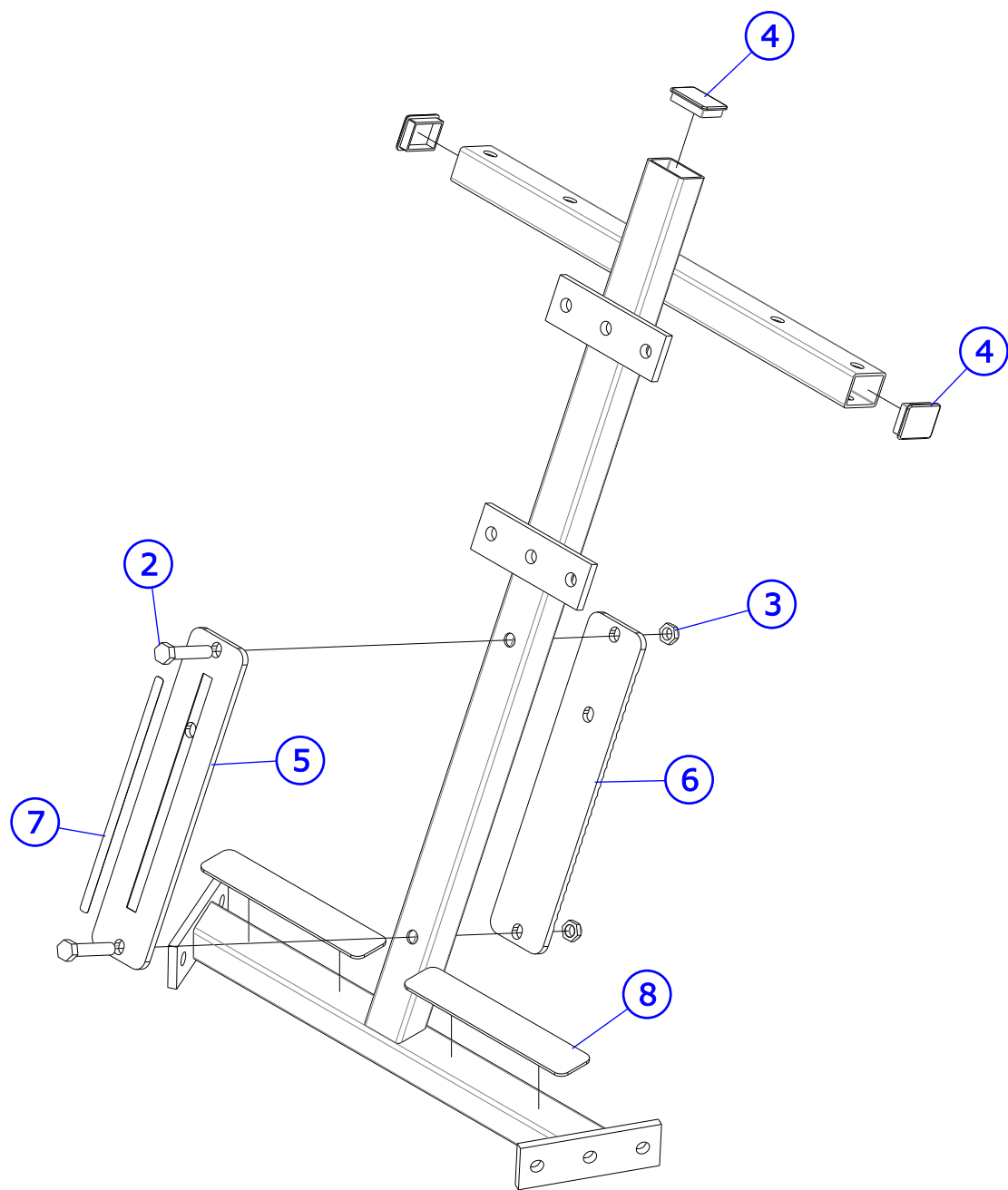
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	8	WASH.5STAR	1/2" INTERNAL LOCK WASHER
3	8	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
4	8	NUT.5JAMLOCK	1/2 THIN LOCK NUT
5	2	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
6	2	8039501	LABEL, WARNING,TRIANGLE

LEFT MOVEMENT ARM ASSEMBLY



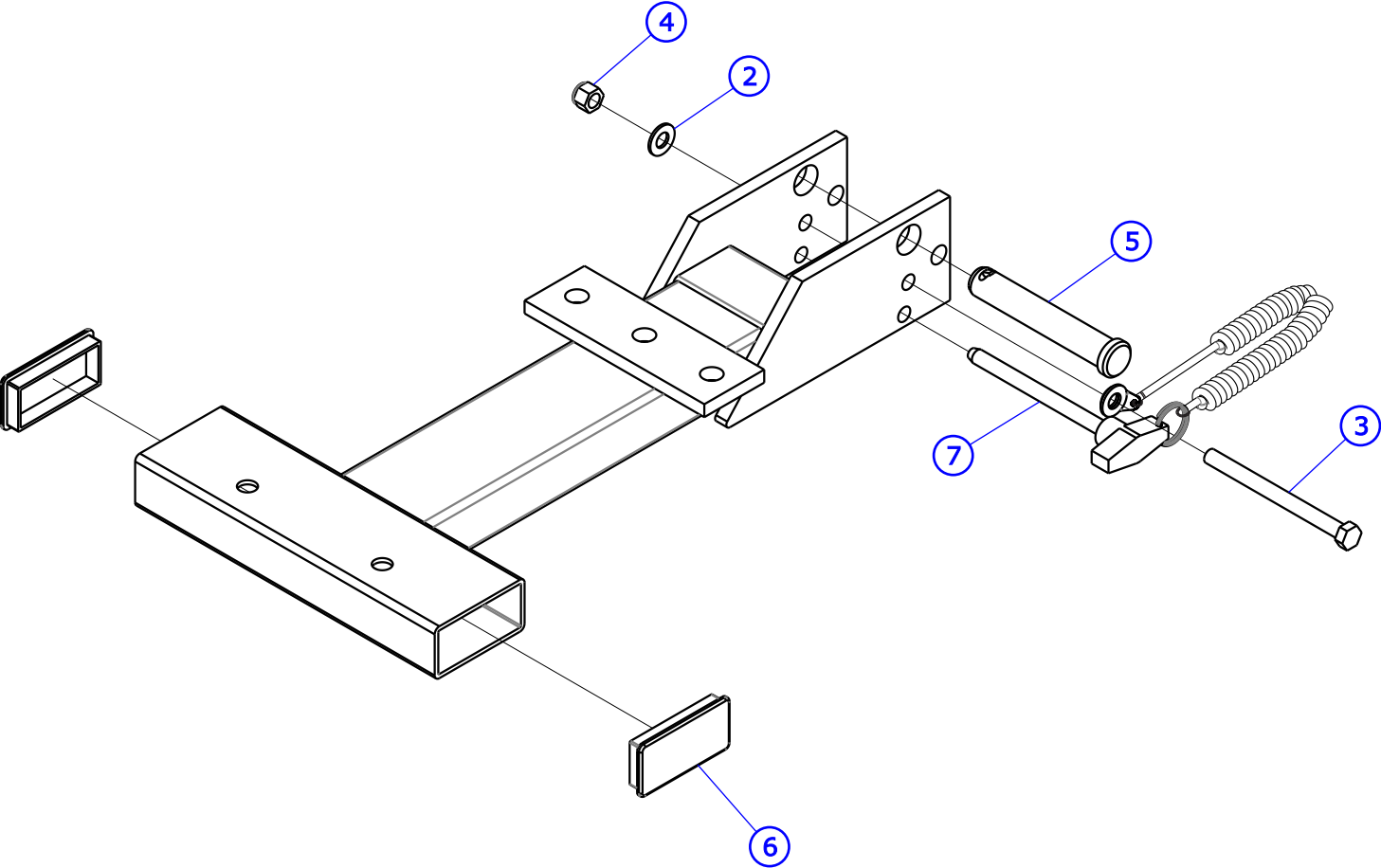
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RUBCAP1-2	RUBBER CAP #1
3	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
4	1	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
5	2	H-HPLUG (SMALL)	HOLE PLUG
6	2	H-HPLUG (REG)	HOLE PLUG
7	1	H-RUBRNG	MM5 RING
8	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
9	2	ACCORDIAN	SHAFT GUARD
10	2	H-BEAR-SML	SMALL BEARING
11	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
12	1	8039501	LABEL, WARNING, TRIANGLE
13	1	ID-PLLR	PLACARD, PLATE LOADED LAT-RAISE

SEAT FRAME ASSEMBLY



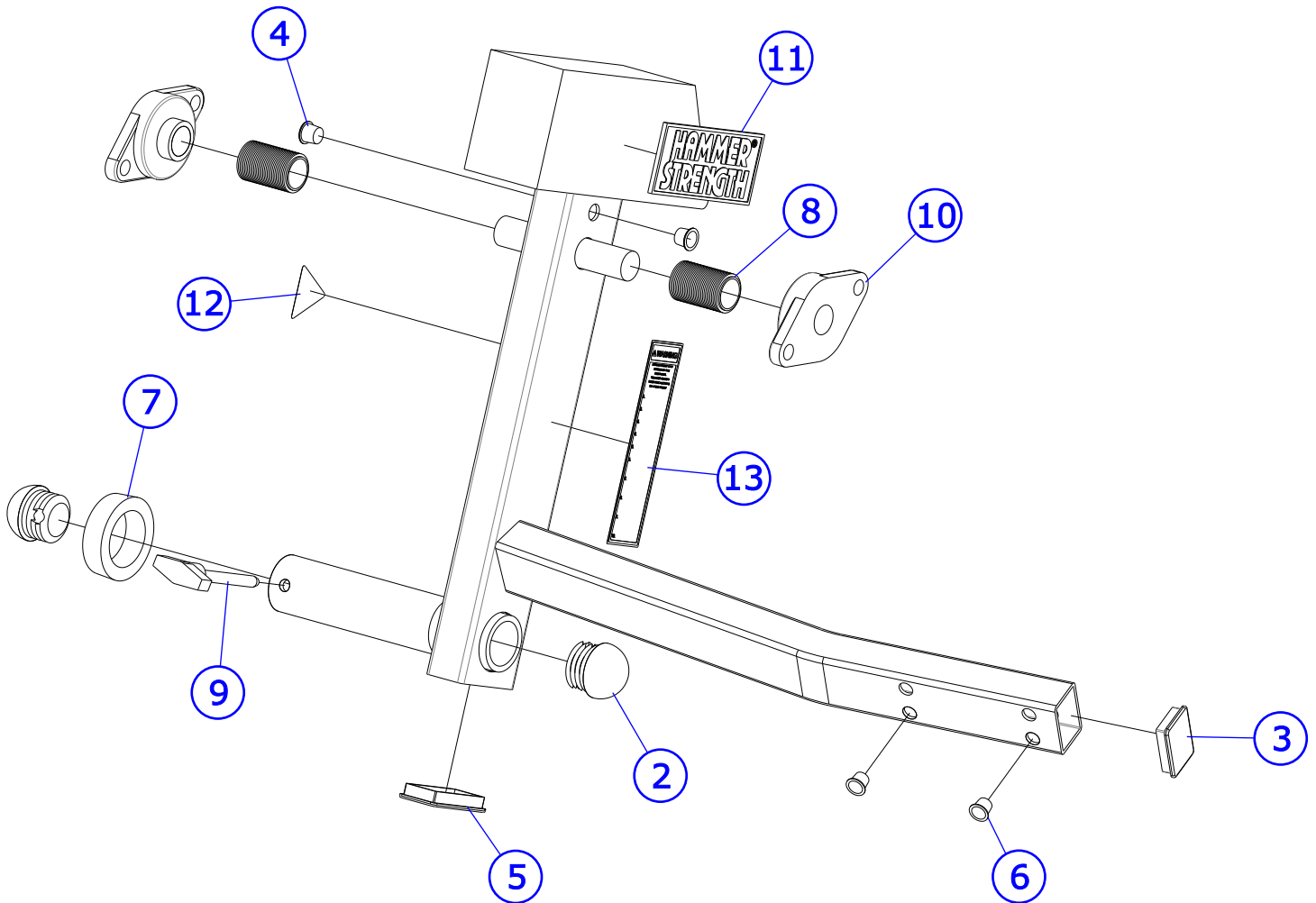
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
3	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	3	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
5	1	H-SEATRCKS-N	PLASTIC SEAT GUIDES(PP229)NEW)
6	1	H-SEATRCKS-RIB	SEATRACK BACK
7	1	SEAT NUMBER	SEAT ADJ. NUMBER
8	2	H-NONSKID 2X9	PLASTIC NON SKID STRIP 2 X 9

STD SEAT 2 ASSEMBLY



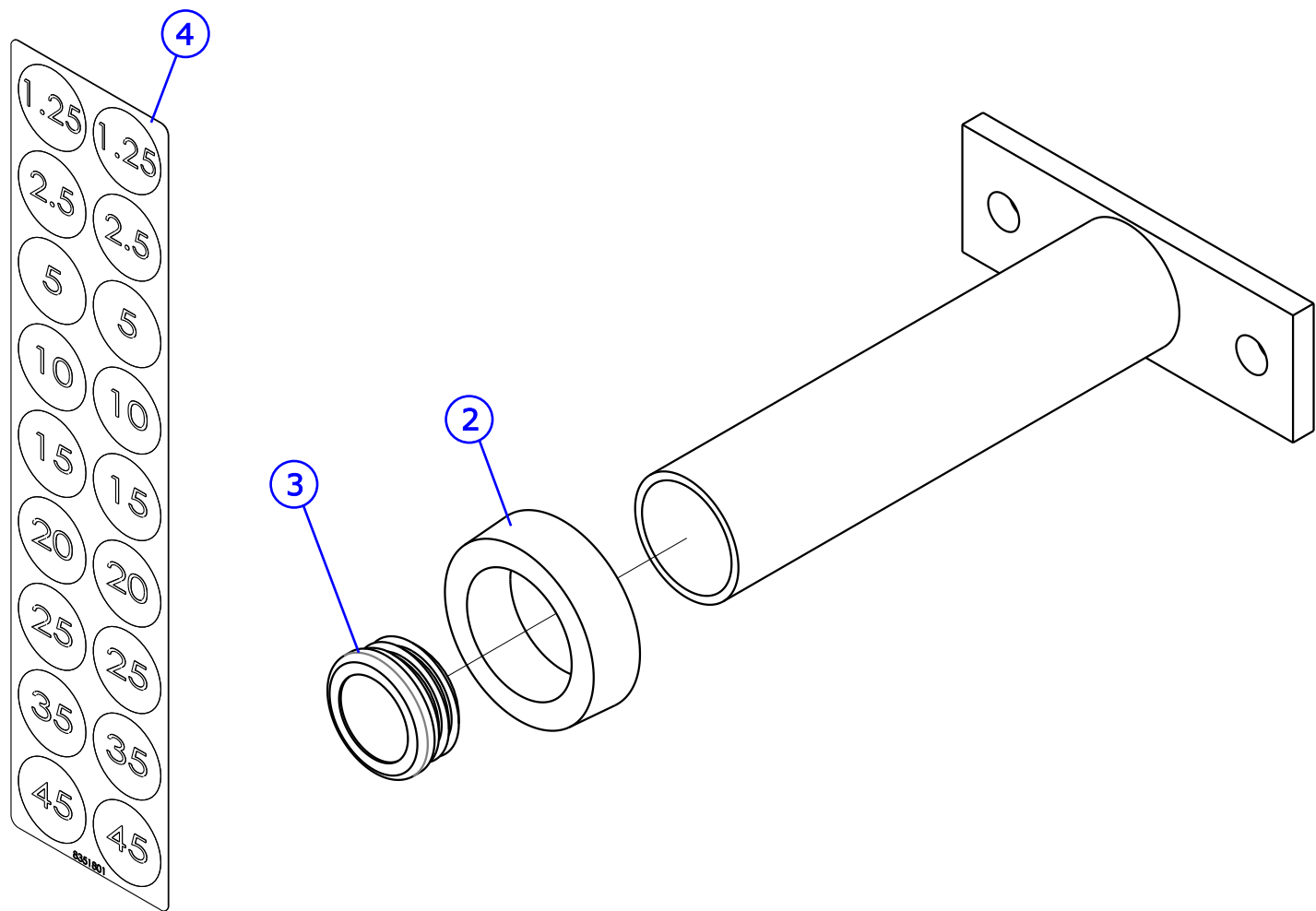
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	WASH.375SAE	3/8" SAE FLAT WASHER
3	1	HHB.375X4.5	STEEL BOLT 3/8 X 4.5
4	1	NUT.375LOCK	3/8 THICK LOCK NUT
5	1	STD SEAT PIN	STD SEAT PIN
6	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
7	1	SELECTOR PIN-4	SELECTOR PIN 4" WITH LANYARD

RIGHT MOVEMENT ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RUBCAP1-2	RUBBER CAP #1
3	1	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
4	2	H-HPLUG (REG)	HOLE PLUG
5	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
6	2	H-HPLUG (SMALL)	HOLE PLUG
7	1	H-RUBRNG	MM5 RING
8	2	ACCORDIAN	SHAFT GUARD
9	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
10	2	H-BEAR-SML	SMALL BEARING
11	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
12	1	8039501	LABEL, WARNING, TRIANGLE
13	1	8773701	LABEL, ASTM PL VERT

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET