

HAMMER[®] STRENGTH

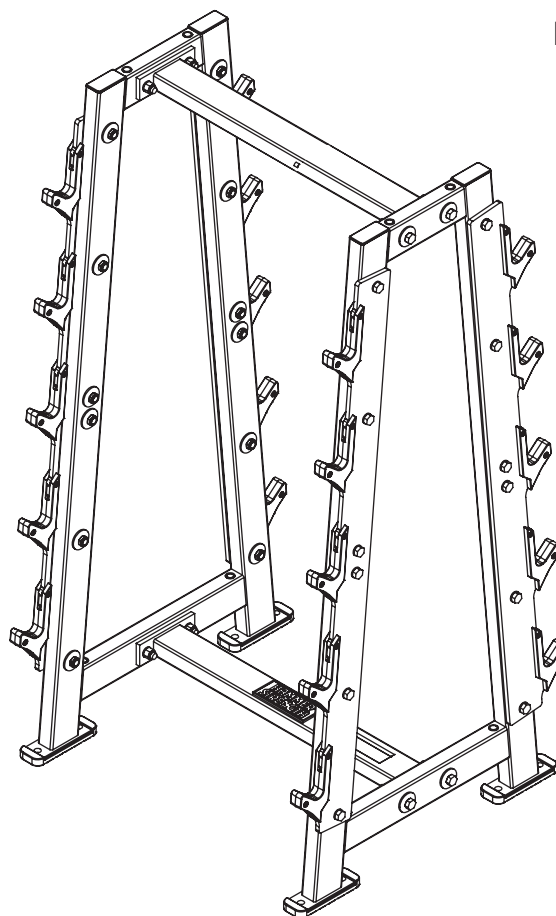
**HAMMER
STRENGTH[®]**

FREE WEIGHT

PARTS MANUAL

**BARBELL RACK
FWBAR & FW-BAR**

7/6/2017



CONTENTS

COMPONENT ASSEMBLY PAGE 3

SIDE FRAME ASSEMBLY 4

KEY

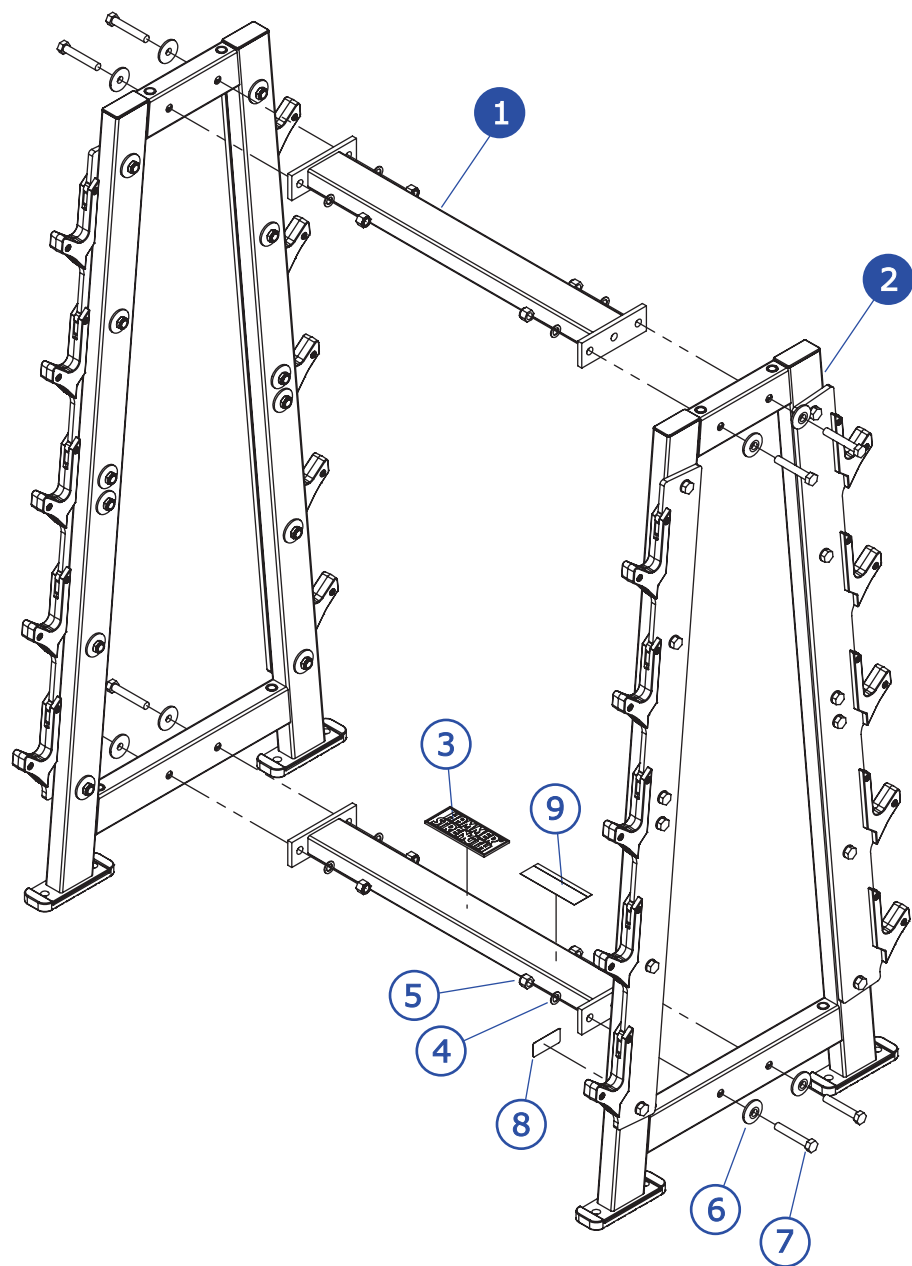
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

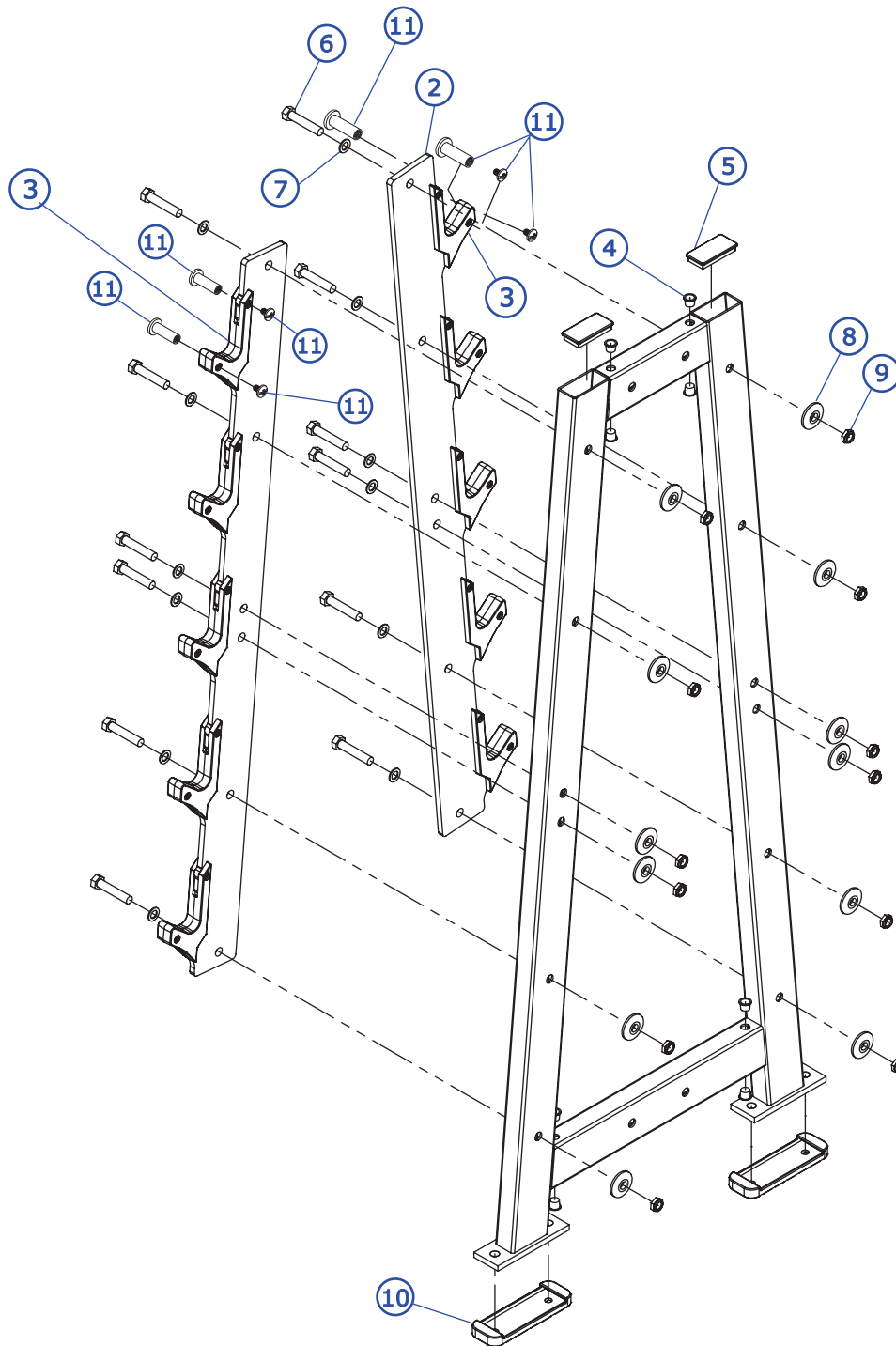
Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	FWBAR-XM	WLDMT, CROSS MEMBER, FWBAR
2	2	FWBAR-CSF	ASSY, SIDE FRAME, FWBAR
3	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
4	8	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	8	NUT.5LOCK	1/2 DIA THICK LOCK NUT
6	8	H-BACK-WASH	BACKING WASHER
7	8	HHB.5X3	1/2 X 3 BOLT
8	1	-	SERIAL NUMBER
9	1	8758401	FIXED BENCH WARNING DECAL

SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	1003676-0093	FW-BAR, GUN RACK-HWG
3	10	1003673-0001	GUARD, GUN RACK
4	8	H-HPLUG (REG)	HOLE PLUG
5	2	RC1530-1Q1	CAP: 1-1/2 X 3 RECTANGLE PLUG
6	12	HHB.5X2.5	1/2 X 2 1/2 BOLT
7	12	WASH.5STAR	1/2" INTERNAL LOCK WASHER
8	12	H-BACK-WASH	BACKING WASHER
9	12	NUT.5JAMLOCK	1/2 THIN LOCK NUT
10	2	MM-8	2 X 6 FLANGE RUBBER SLIPPER
11	20	1003822-0001	SCREW, 10-24 X 5/16 & BARRELL, 10-24 X 3/8, BINDING POST