

HAMMER[®] STRENGTH

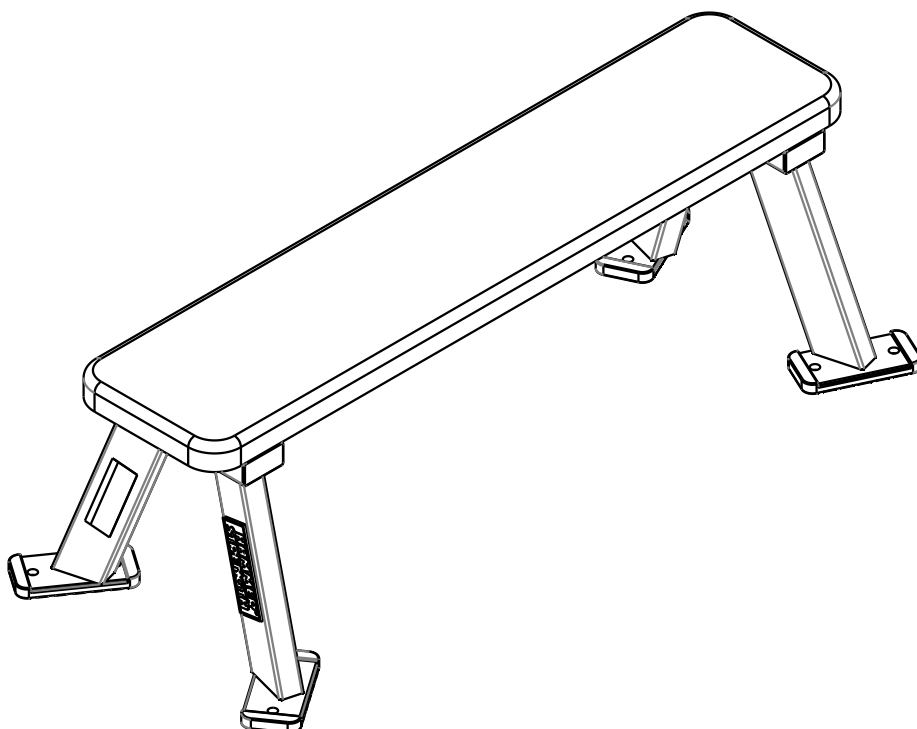
**HAMMER
STRENGTH[®]**

FREE WEIGHT

PARTS MANUAL

**FLAT BENCH
FWFB & FW-FB**

2/6/2015



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KEY

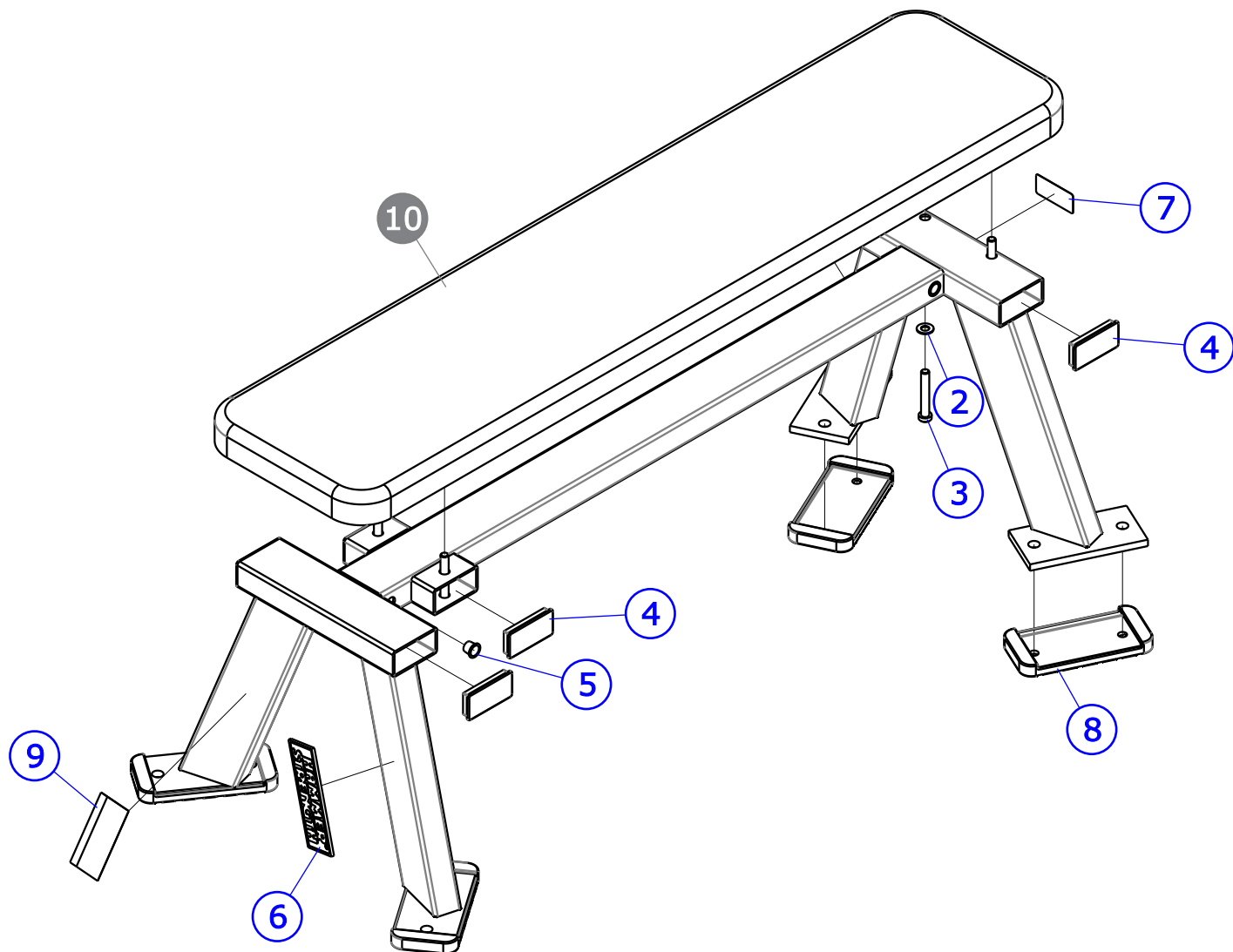
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	WASH.375SAE	3/8" SAE FLAT WASHER
3	4	3236210	SCREW, M10 X1.5 65MM
4	6	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
5	4	H-HPLUG (REG)	HOLE PLUG
6	2	H-NAMEPLATE	HAMMER STRENGTH BADGE
7	1	-	SERIAL NUMBER
8	4	MM-9	3 X 6 FLANGE RUBBER SLIPPER
9	1	8758401	FIXED BENCH WARNING DECAL
10	1	8782299	PAD, MOLDED 1217 X 264