

HAMMER[®] STRENGTH

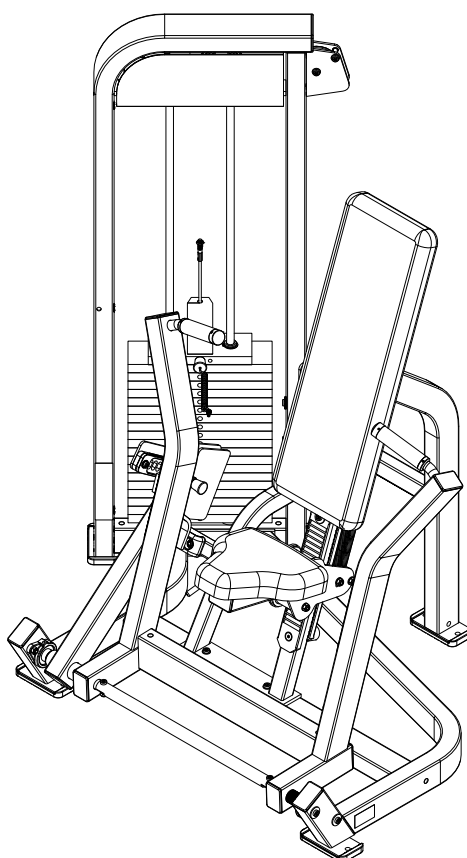
**HAMMER
STRENGTH[®]**

HAMMER SELECT

PARTS MANUAL

**CHEST PRESS
HS-CP**

6/10/2014



CONTENTS

POWDER COATED COMPONENTS PAGE 3

COMPONENT ASSEMBLY 4

WORKBOX ASSEMBLY 5

WORK ARM ASSEMBLY 6

ADJUSTMENT ARM ASSEMBLY 7

SEAT FRAME ASSEMBLY 8

STACK FRAME ASSEMBLY 9

ROLLER SEAT ASSEMBLY (SE) 10

97° SEAT ASSEMBLY (BASE) 11

WEIGHT STACK ASSEMBLY 12

INCREMENT WEIGHT ASSEMBLY 13

ADD-ON WEIGHT ASSEMBLY 14

HEAD PLATE STOP ASSEMBLY 15

REAR SHROUD ASSEMBLY 16

FULL SHROUD ASSEMBLY 17

KEY

LANGUAGE 1 2 3

Items with Black call-outs require the language to be listed within the order notes. IE. English

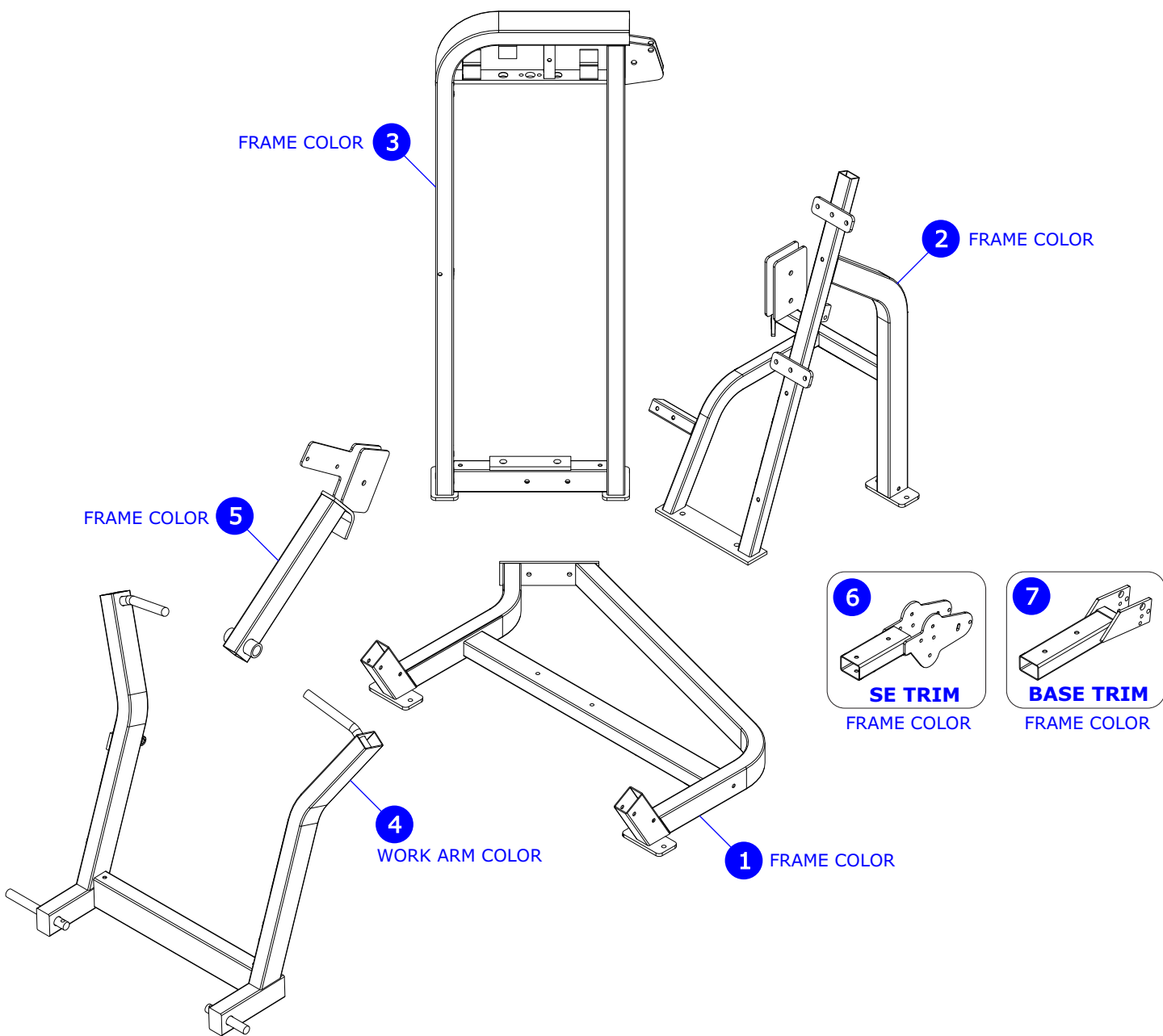
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND WORK ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes. Add 'No Clear' after color - IE. Platinum No Clear

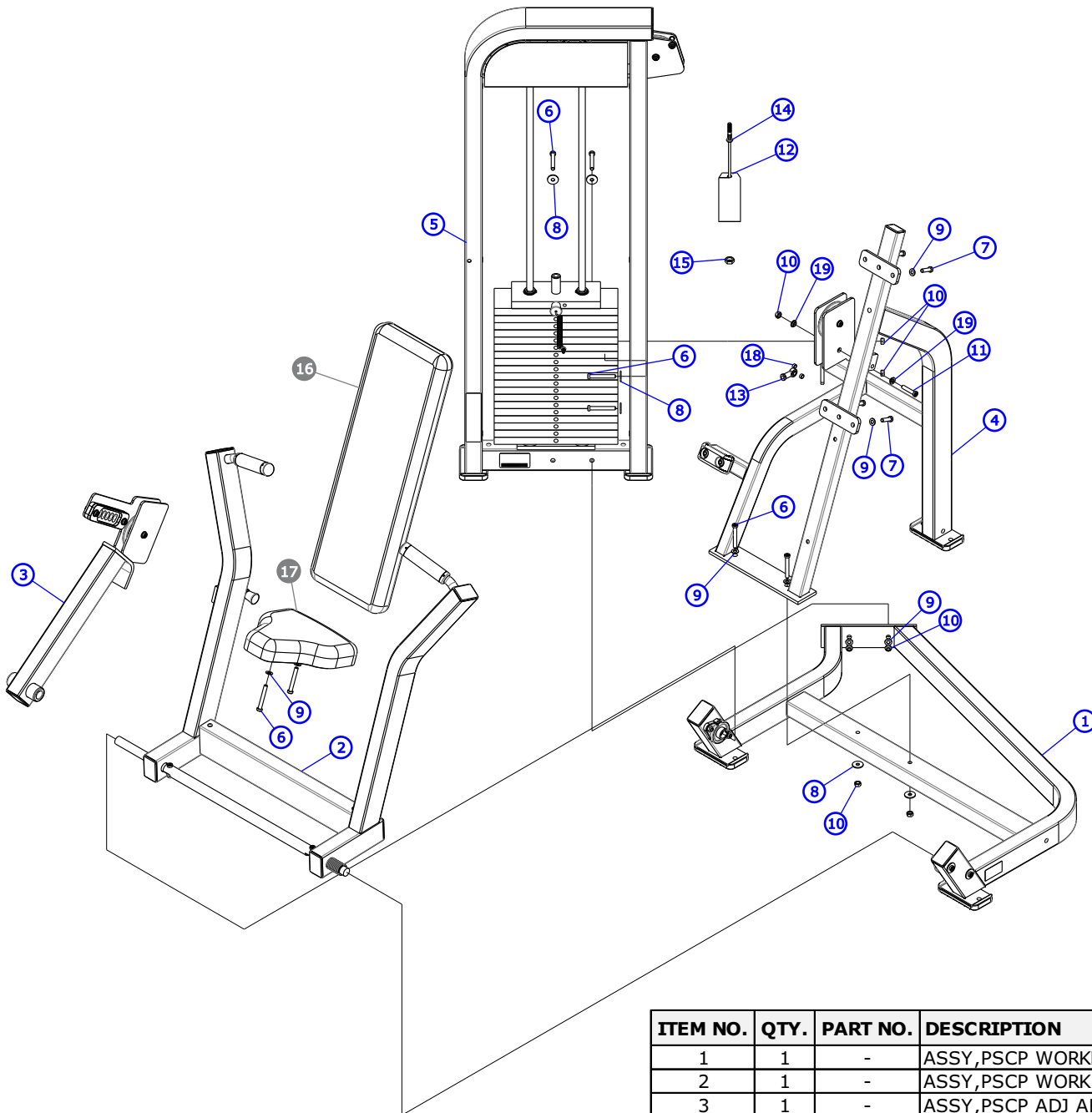
POWDER COATED COMPONENTS



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7366499	WLDMT-PSCP-WORKBOX
2	1	7366699	WLDMT,PSCP SEAT FRAME
3	1	7366899	WLDMT, PSCP, STACK FRAME
4	1	7367299	WLDMT-PSCP-MOVEMENT ARM
5	1	8345999	WLDMT, PSCP ADJ ARM
6	1	8494799	WLDMT, 97 DEG ROLLER SEAT
7		7358899	WLDMT, 7 DEG STD HAMMER SEAT

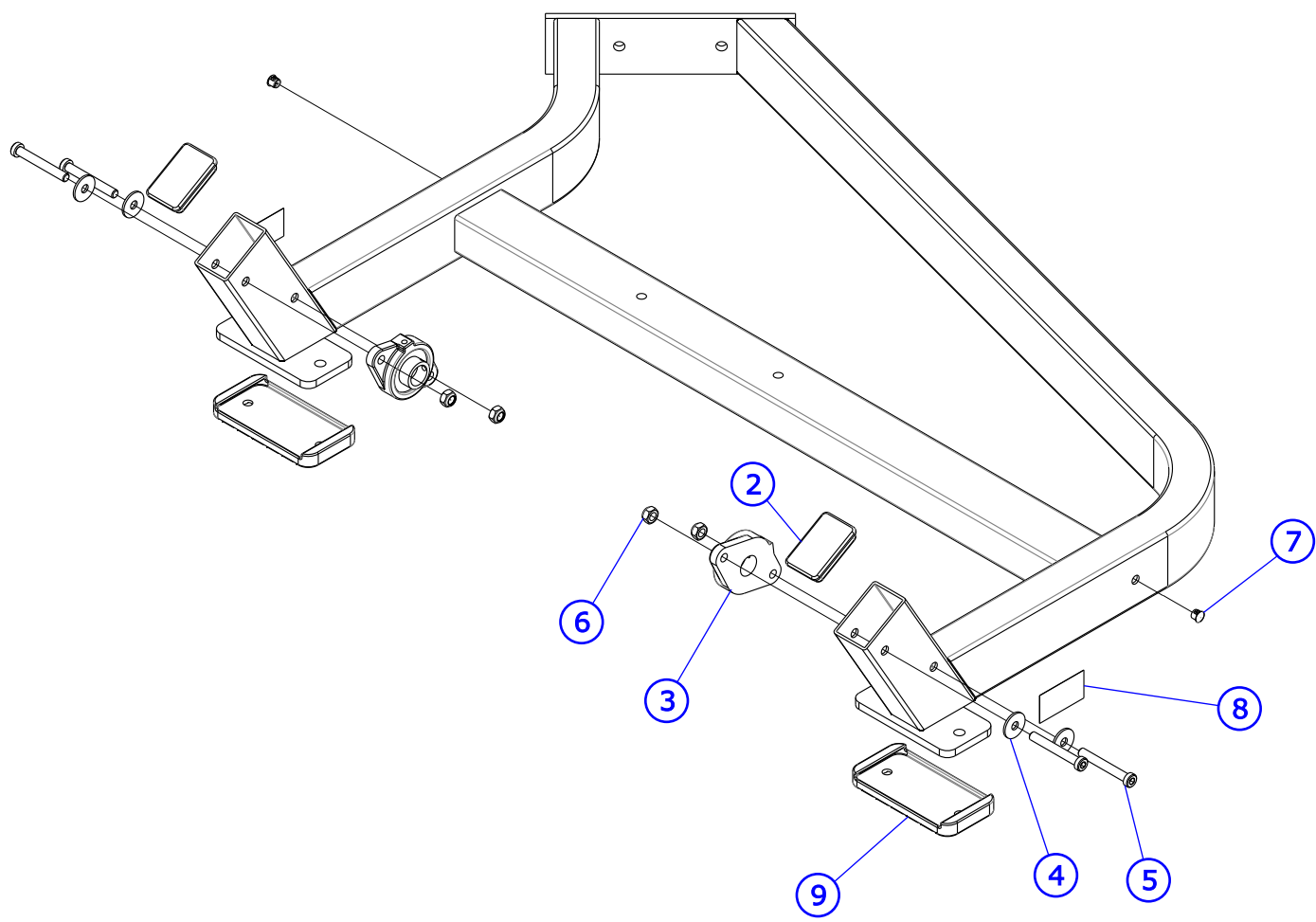
ITEMS ON THIS PAGE ARE POWDER COAT PAINTED. REFER TO PAGE 2 FOR ORDERING INSTRUCTIONS.

COMPONENT ASSEMBLY



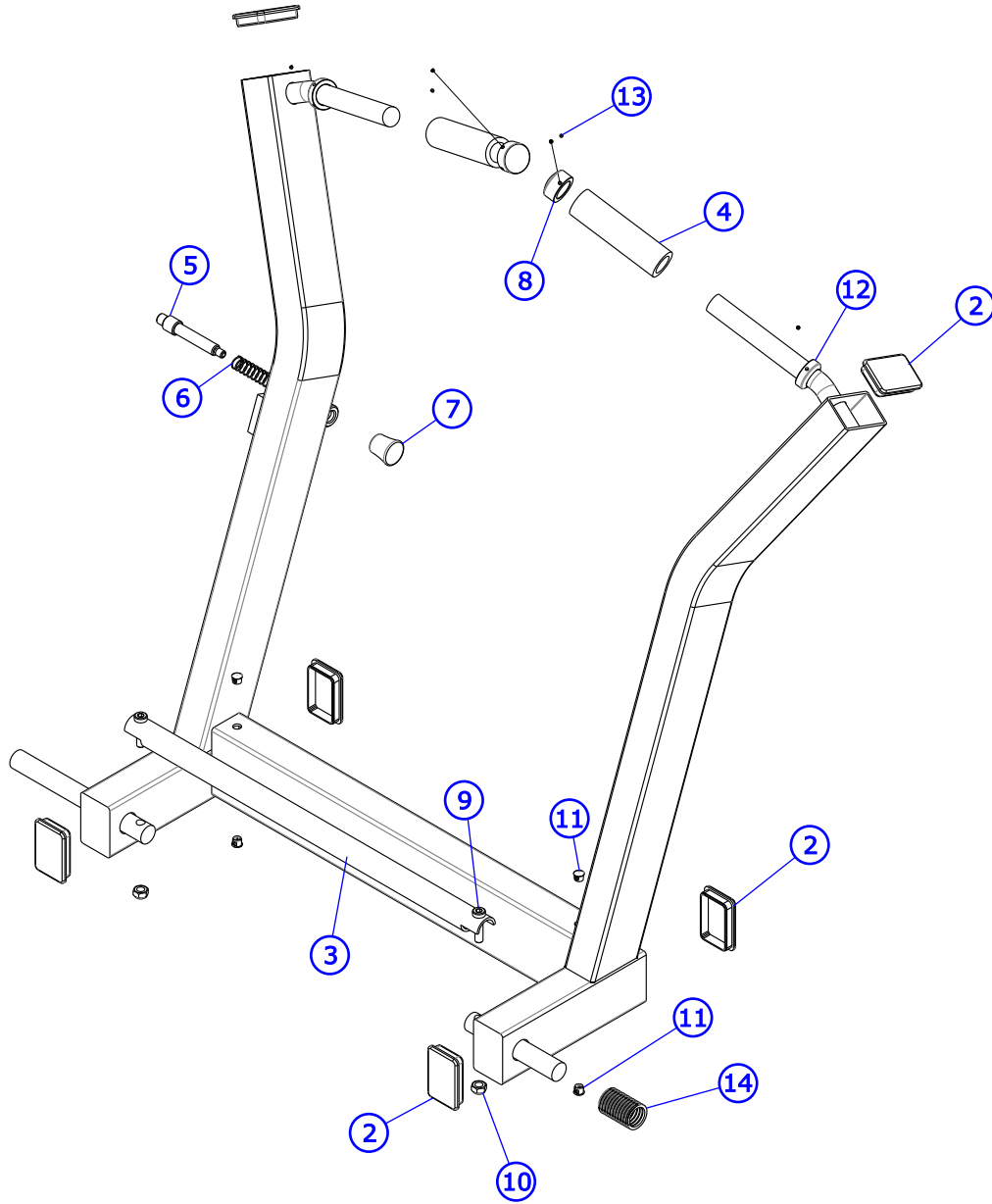
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	-	ASSY,PSCP WORKBOX
2	1	-	ASSY,PSCP WORK ARM
3	1	-	ASSY,PSCP ADJ ARM
4	1	-	ASSY, PSCP SEAT FRAME
5	1	-	ASSY, HS-CP, STACK FRAME
6	8	3236212	SCREW, M10 X1.5 75MM
7	4	3236204	SCREW, M10 X1.5 35MM
8	6	3236602	WASHER, 3/8 ID X 1.25 OD SS
9	12	3236601	WASHER, 3/8 SAE SS
10	7	3236801	NUT, M10 HEX NYLOCK SS
11	1	3236207	SCREW, M10 X1.5 50MM
12	1	7423602	CABLE, PSCP
13	1	3237901	ROD END, METRIC FEMALE
14	1	3236901	NUT, HEX JAM M10 X 1.5 SS
15	1	3236902	NUT, HEX JAM M16 X 2 SS
16	1	7354099	PAD, BACK 32-1/2 X 11-1/4
17	1	7351999	PAD, SADDLE
18	2	7489402	BSHNG, .500 OD X .402 ID X .235
19	2	7348101	WASHER, SPACER

WORKBOX ASSEMBLY



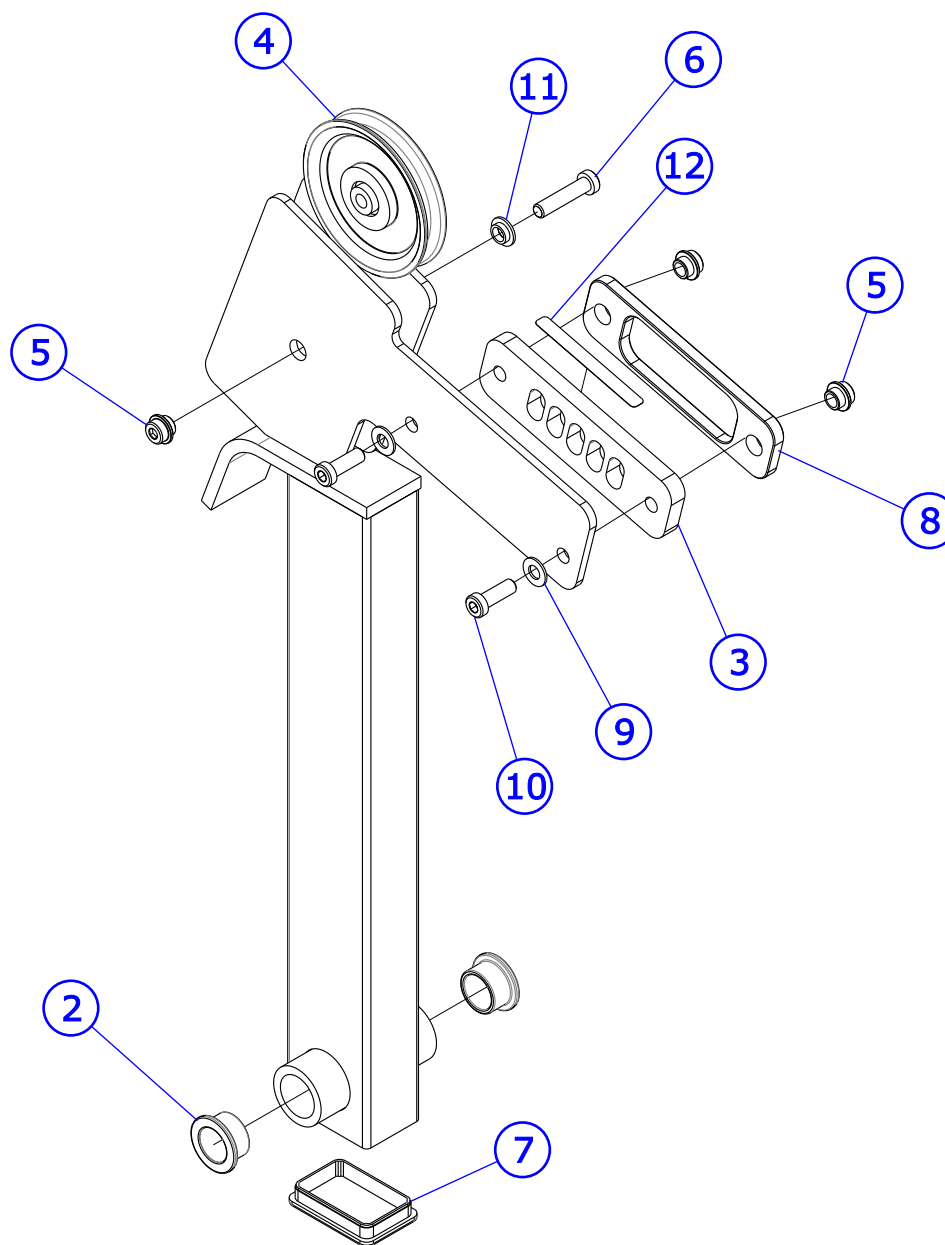
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	7352301	CAP, END 2 X 3
3	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
4	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
5	4	3236212	SCREW, M10 X1.5 75MM
6	4	3236801	NUT, M10 HEX NYLOCK SS
7	2	3237401	PLUG, 7/16" HOLE
8	2	7422003	LABEL, MOVING PARTS
9	2	7388201	FOOTPAD, PS RUBBER

WORK ARM ASSEMBLY



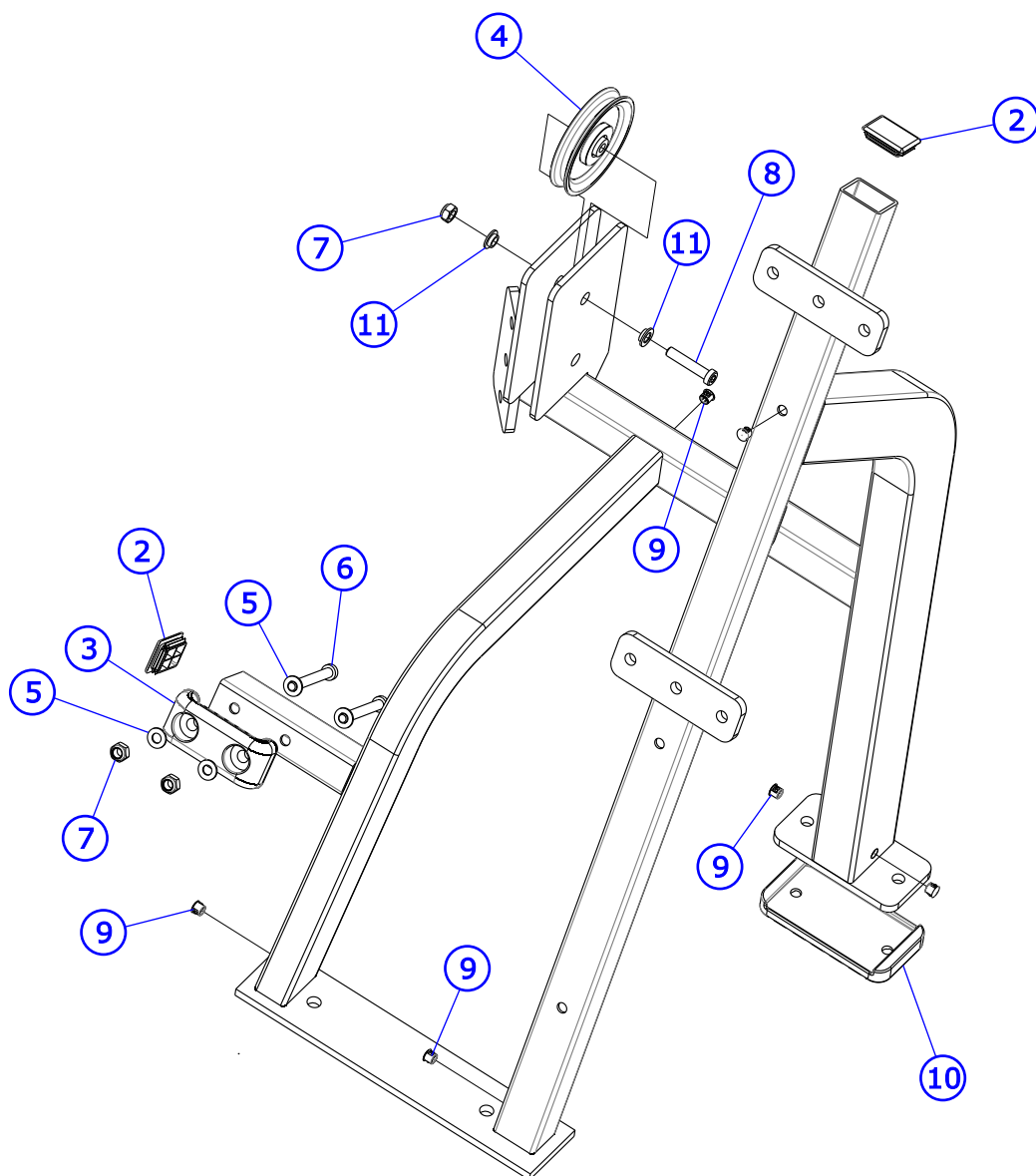
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	6	7352301	CAP, END 2 X 3
3	1	7353302	TUBE, PSCP FOOT REST LINEXED
4	2	3235802	GRIP, 1.50 OD OPEN END
5	1	7351301	PIN, PULL
6	1	7351501	SPRING, PULL PIN LARGE
7	1	7351401	KNOB, TULIP STYLE
8	2	7662902	CAP, GRIP 1.50 OD
9	2	3236205	SCREW, M10 X1.5 40MM
10	2	3236801	NUT, M10 HEX NYLOCK SS
11	4	3237401	PLUG, 7/16" HOLE
12	2	7662802	RING, GRIP 1.50 OD
13	8	3247701	M4 X .7 HXS NO CUP ST BO
14	1	6912804	SLEEVE, ACCRDN 1.0 ID X 2

ADJUSTMENT ARM ASSEMBLY



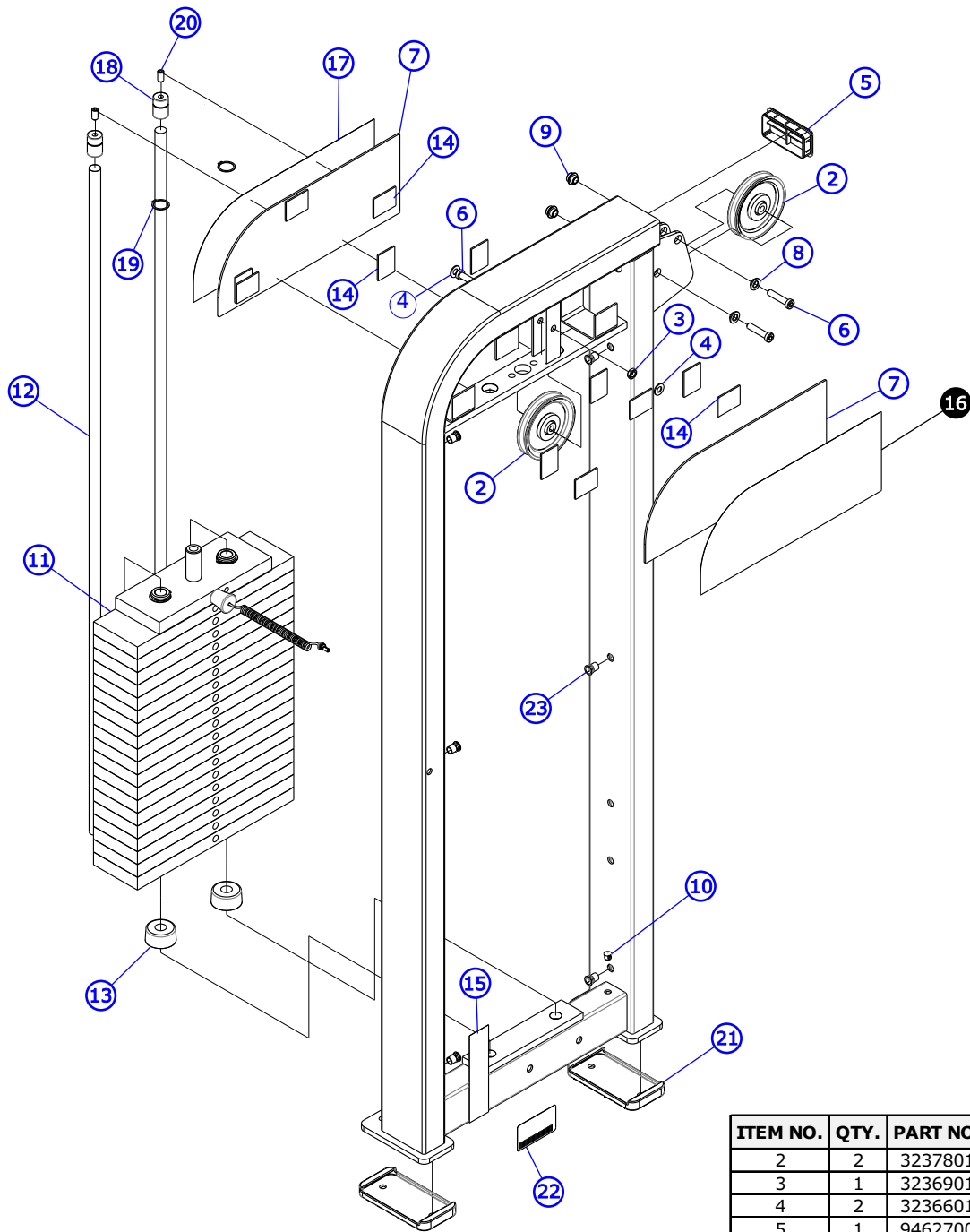
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
3	1	7352501	5-HOLE SELECTOR PLATE
4	1	3237801	PULLEY, 4.5" OD
5	3	7335401	NUT, M10 X 1.5 SOCKET HEAD
6	1	3236206	SCREW, M10 X1.5 45MM
7	1	7352301	CAP, END 2 X 3
8	1	7350901	PLATE, SLOT STOP
9	2	3236601	WASHER, 3/8 SAE SS
10	2	3236203	SCREW, M10 X1.5 30MM
11	1	7348101	WASHER, SPACER
12	1	7805801	LABEL, PS A-E STRAIGHT

SEAT FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	9217401	CAP, 1.5IN X 2IN -10-14GA, END
3	1	7352001	BUMPER, 2-1/8 X 4-5/8
4	1	3237801	PULLEY, 4.5" OD
5	4	3236601	WASHER, 3/8 SAE SS
6	2	3236213	SCREW, M10 X1.5 80MM
7	3	3236801	NUT, M10 HEX NYLOCK SS
8	1	3236207	SCREW, M10 X1.5 50MM
9	6	3237401	PLUG, 7/16" HOLE
10	1	7388201	FOOTPAD, PS RUBBER
11	2	7348101	WASHER, SPACER

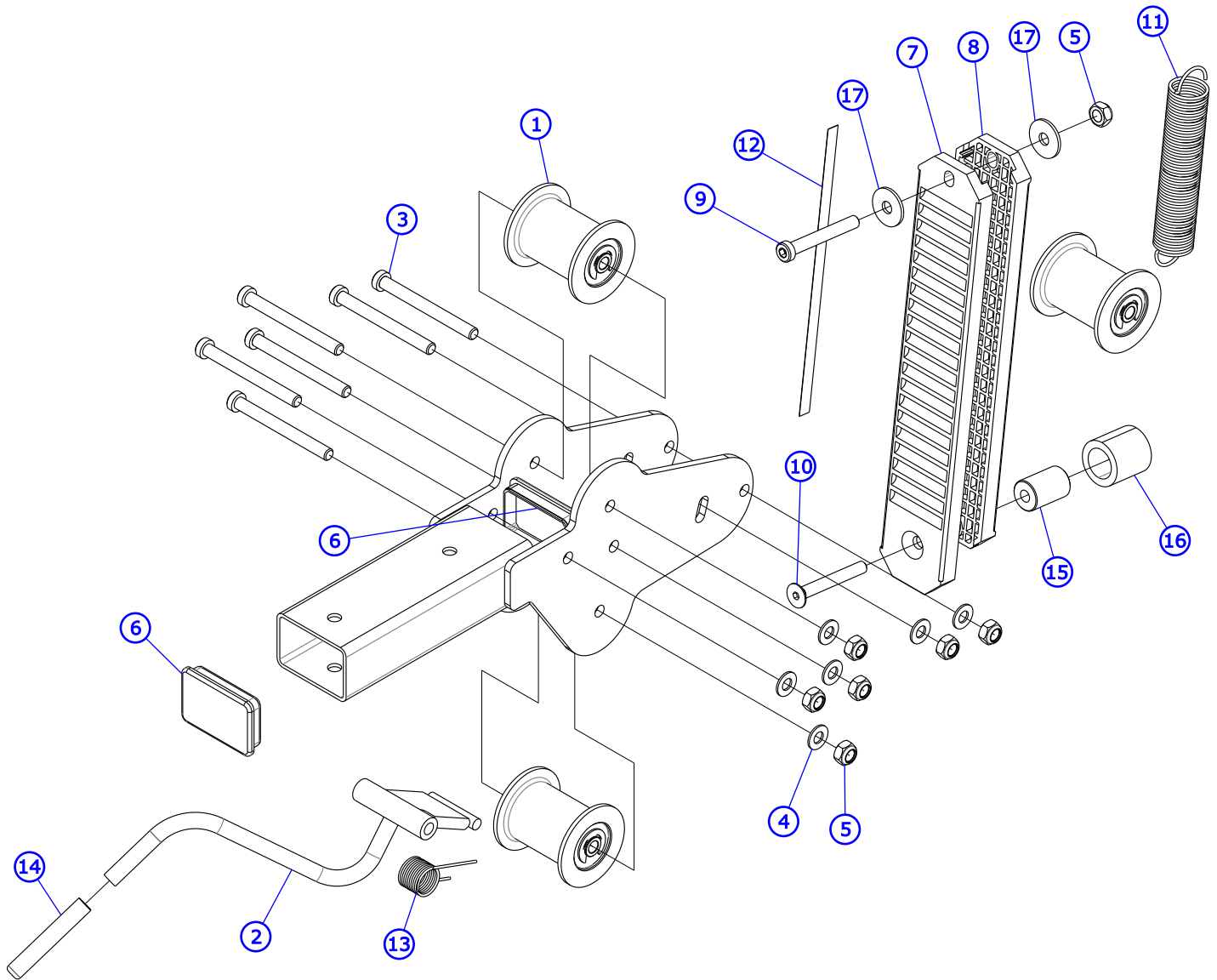
STACK FRAME ASSEMBLY



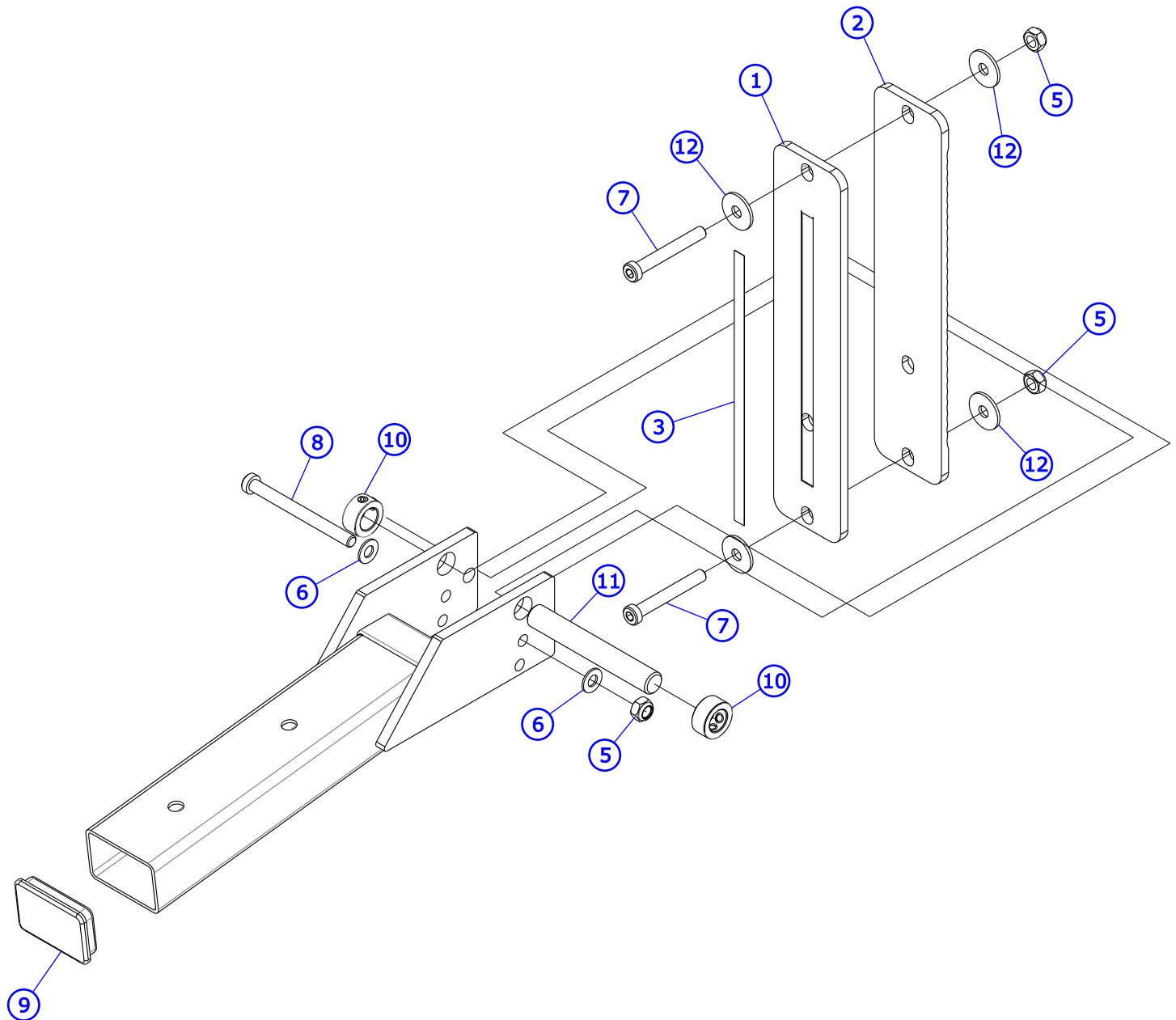
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	3237801	PULLEY, 4.5" OD
3	1	3236901	NUT, HEX JAM M10 X 1.5 SS
4	2	3236601	WASHER, 3/8 SAE SS
5	1	9462700	CAP, HAMMER, END 2 X 4
6	3	3236206	SCREW, M10 X1.5 45MM
7	2	9169400	COVER, STACK-PRO2 STD
8	2	7348101	WASHER, SPACER
9	2	7335401	NUT, M10 X 1.5 SOCKET HEAD
10	2	3237401	PLUG, 7/16" HOLE
11	1	-	ASSY, 300LB STACK
12	2	7328605	GUIDE ROD, .75 OD SOLID 52.38
13	2	7352101	CUSHION, WEIGHT STACK
14	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
15	1	7422004	LABEL, 2" ASTM WARN
16	1	9467499	LABEL, PSCP PLACARD
17	1	9467501	LABEL, PSCP LOGO PANEL
18	2	7402301	RETAINER, GUIDEROD
19	2	3232421	RING, BRE .940, 5100-100 ST PP B
20	2	3240501	M10 X 1.5 HXS NO CUP ST BO
21	2	7388201	FOOTPAD, PS RUBBER
22	1	-	LABEL, SERIAL NUMBER, BLANK
23	6	3238601	M10X1.5 BLIND THREADED INSERT (HEX)

ROLLER SEAT ASSEMBLY

SE TRIM

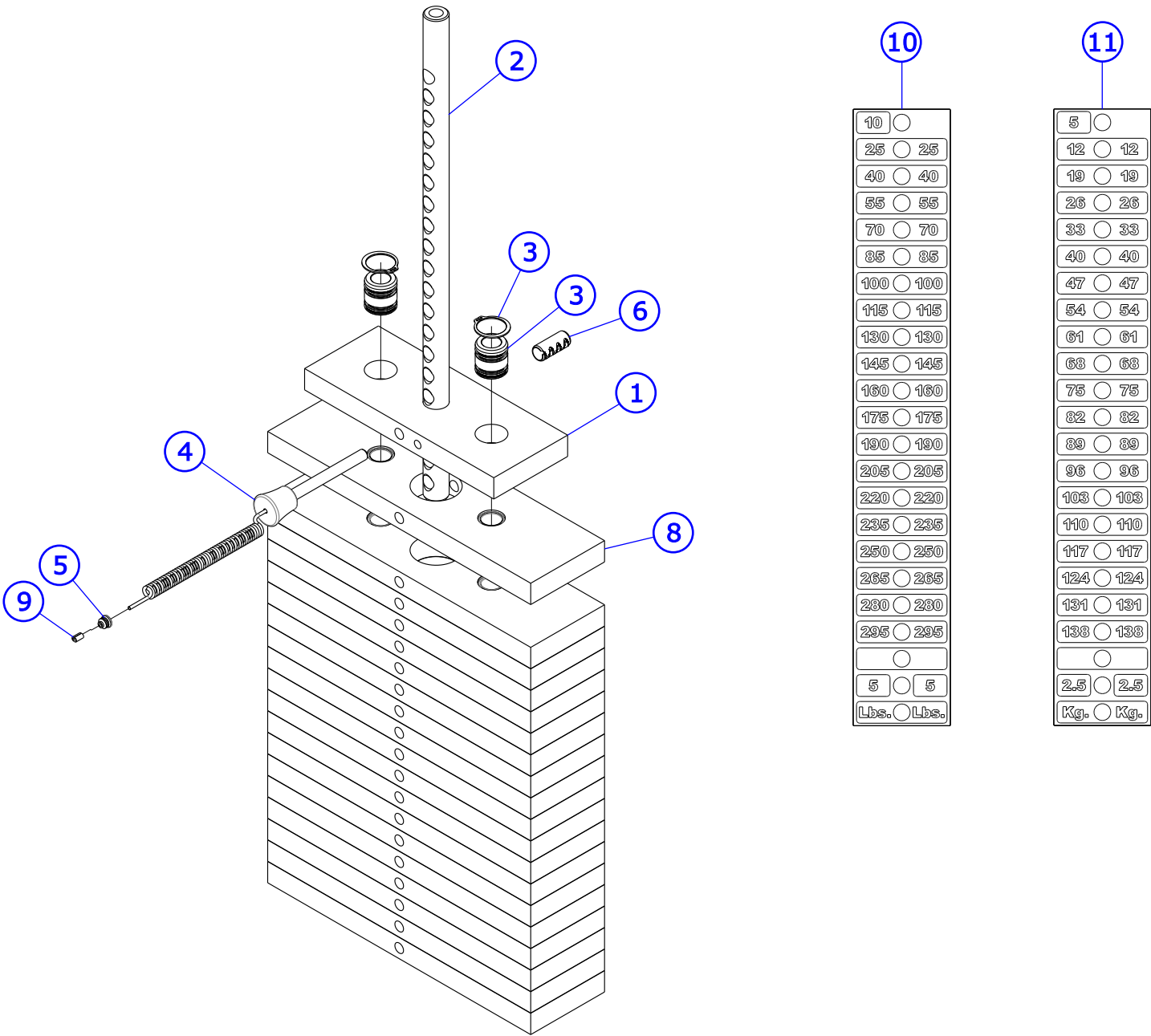


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	3	7564201	ASSY, SEAT ROLLER
2	1	8417195	WLDMT, ROLLER SEAT HANDLE SG
3	6	3236217	SCREW, M10 X1.5 100MM
4	6	3236601	WASHER, 3/8 SAE SS
5	7	3236801	NUT, M10 HEX NYLOCK SS
6	2	7352301	CAP, END 2 X 3
7	1	8416801	TRACK, SEAT - SERRATED
8	1	7564401	SEATRACK, FLAT
9	1	3236212	SCREW, M10 X1.5 75MM
10	1	3238312	M10x1.5x75mm
11	1	7442601	SPRING, PRO2 ROLLER SEAT
12	1	7422002	LABEL, SEAT ADJUST
13	1	7442701	SPRNG, PRO2 HANDLE TORSION
14	1	3238502	CAP, 1/2 X 3
15	1	7570601	STOP, ROLLER SEAT
16	1	3235804	GRIP, 1.5 OD X .25 WALL X 1.5 L OPEN END
17	2	3236602	WASHER, 3/8 ID X 1.25 OD SS

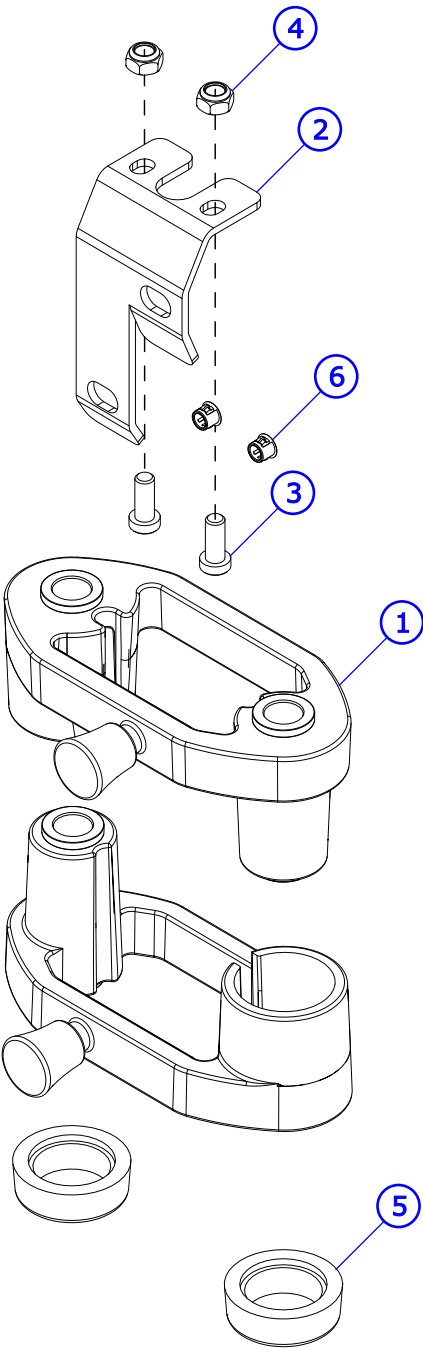


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7359701	SEATRACK FRONT
2	1	7359801	SEATRACK BACK
3	1	7422002	LABEL, SEAT ADJUST
5	3	3236801	NUT, M10 HEX NYLOCK SS
6	2	3236601	WASHER, 3/8 SAE SS
7	2	3236212	SCREW, M10 X1.5 75MM
8	1	3236218	SCREW, M10 X1.5 110MM
9	1	7352301	CAP, END 2 X 3
10	2	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
11	1	7359301	.75" ROUND SEAT PIN
12	4	3236602	WASHER, 3/8 ID X 1.25 OD SS

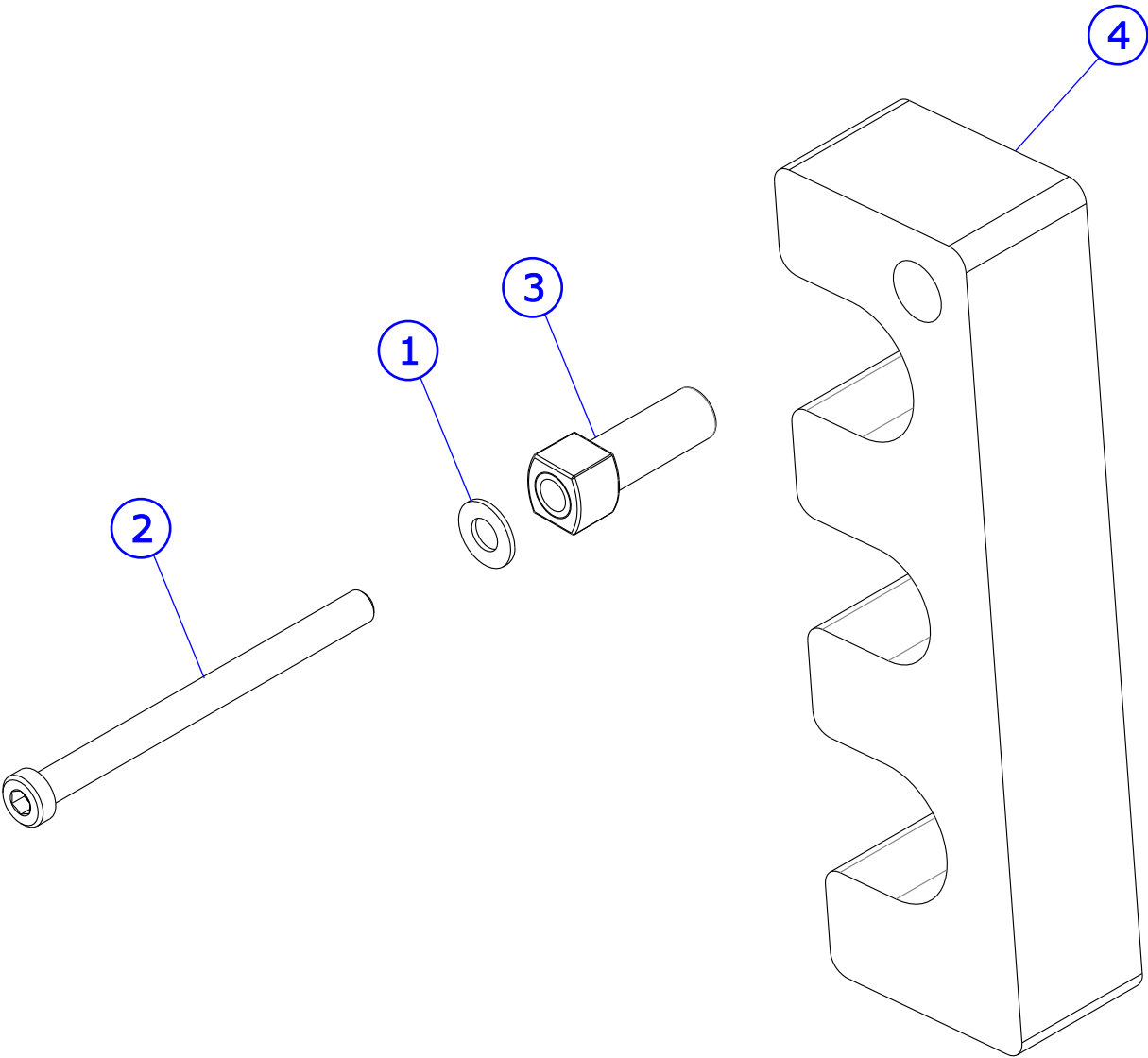
WEIGHT STACK ASSEMBLY



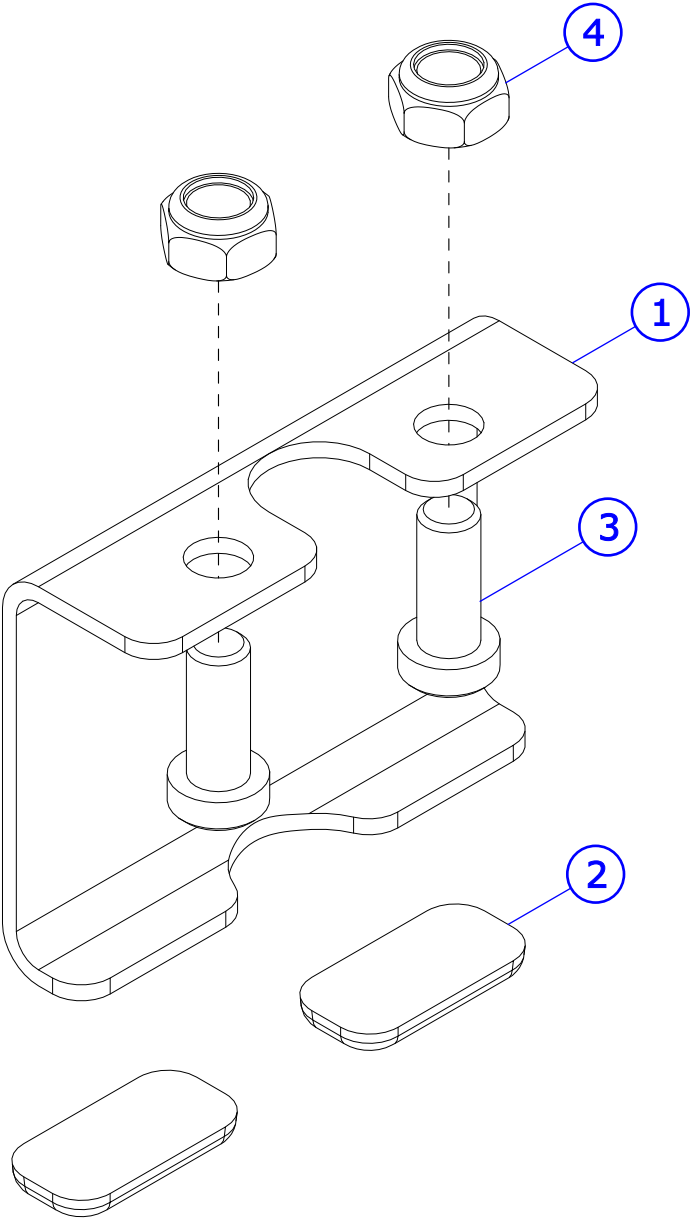
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7356601	STEM, PRO2 19 HOLE
3	2	7338001	BUSHING, HEADPLATE
4	1	7353001	ASSY, SELECTOR PIN
5	1	7356501	PLUG, LANYARD ATTACHMENT
6	1	3236001	BUSHING, SPRING PIN
8	19	7353801	ASSY, 15 LB PLATE
9	1	7523601	CRIMP, CABLE
10	1	7987201	LABEL, 300 LB STACK
11		7987401	LABEL, 138 KG STACK



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	8047001	ASSY, PS, INCREMENT WEIGHT
2	1	8700801	PLATE, INCREMENT WEIGHT STRIKER
3	2	3236202	M10 X 1.5 X 25 SHCS, LOW HEAD
4	2	3236801	NUT, NYLOCK M10 X 1.5 SS
5	2	7767601	BUMPER, PS INCREMENT
6	2	3237401	PLUG, 7/16" HOLE

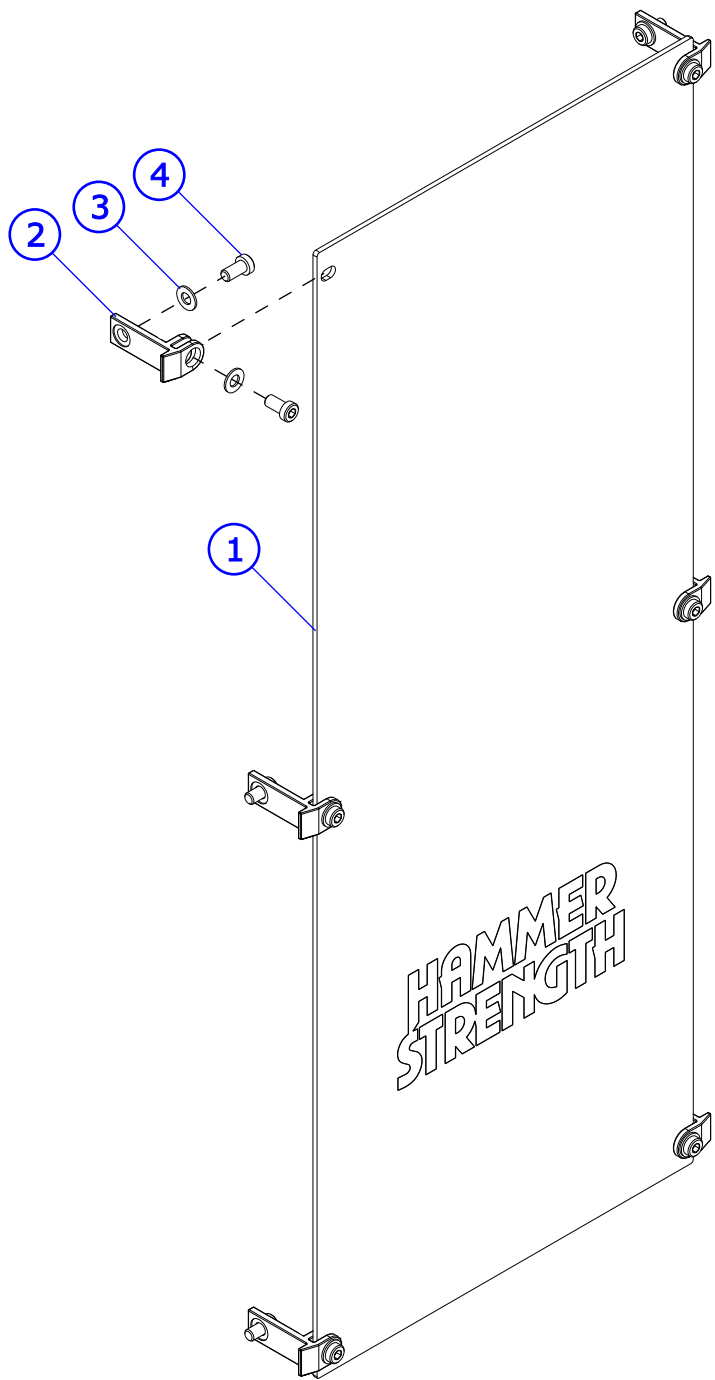


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236220	SCREW, M10 X1.5 130MM
3	1	7401701	COVER, PLASTIC PEG
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON



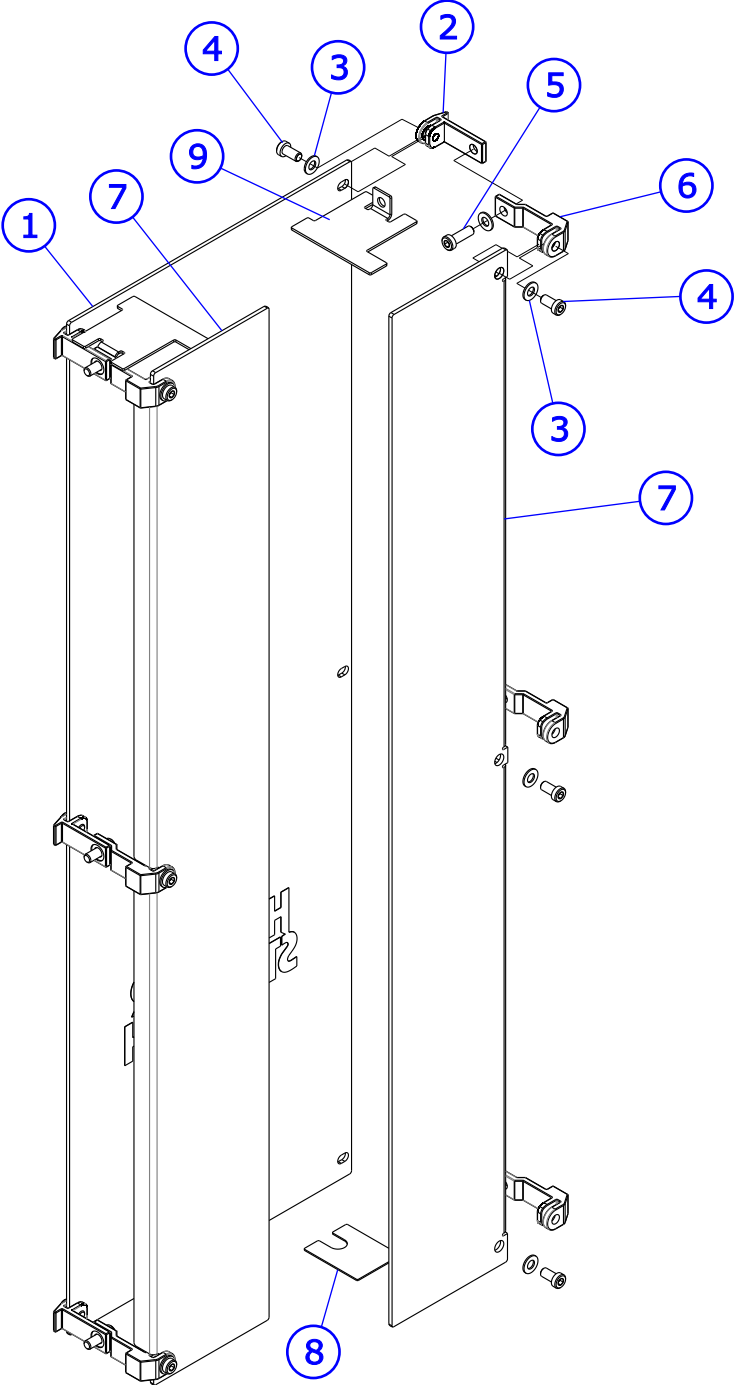
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	8670795	STOP, HEADPLATE, SHADOW GRAY
2	2	7570801	GUARD, PAINT 1.25"x.75"x.25"
3	2	3236202	SCREW, M10 X1.5 25MM
4	2	3236801	NUT, M10 HEX NYLOCK SS

REAR SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

FULL SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376902	SHIELD, PS FRONT 51.0
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR