

HAMMER[®] STRENGTH

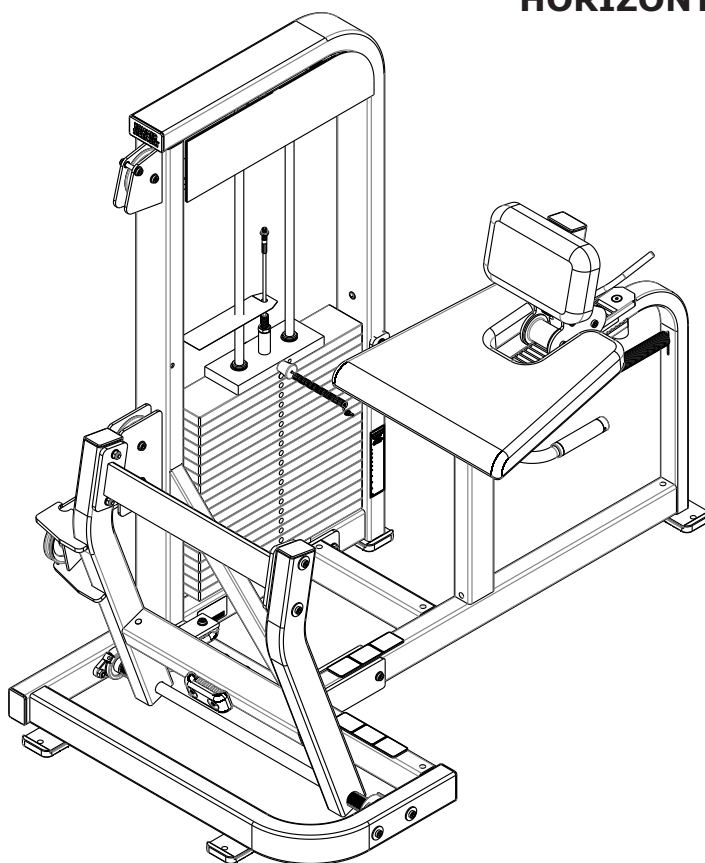
**HAMMER
STRENGTH[®]**

HAMMER SELECT

PARTS MANUAL

**HORIZONTAL CALF
HS-HC**

6/05/2014



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KEY

LANGUAGE 1 2 3

Items with Black call-outs require the language to be listed within the order notes. IE: English

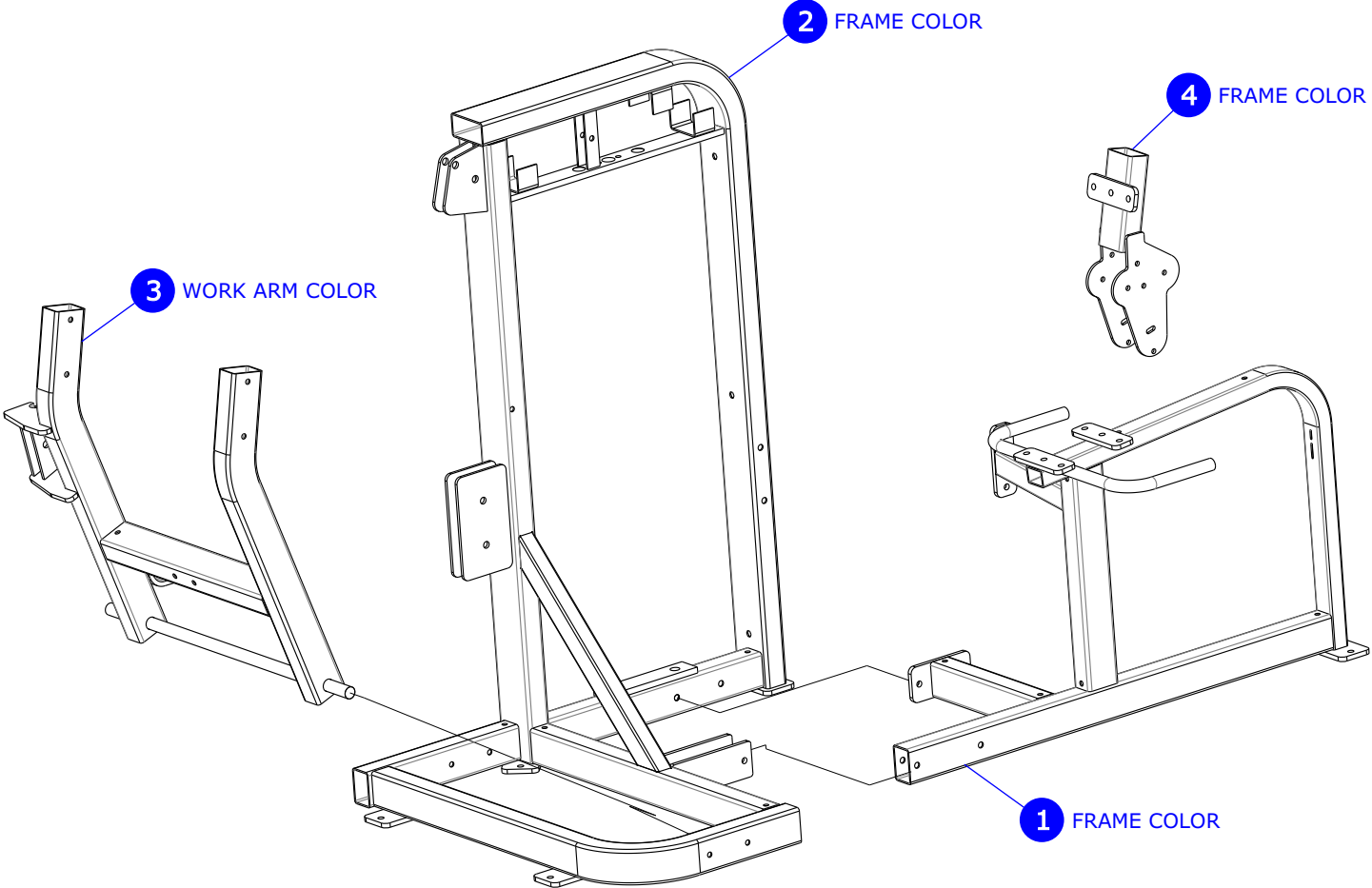
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND WORK ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes. Add 'No Clear' after color - IE. Platinum No Clear

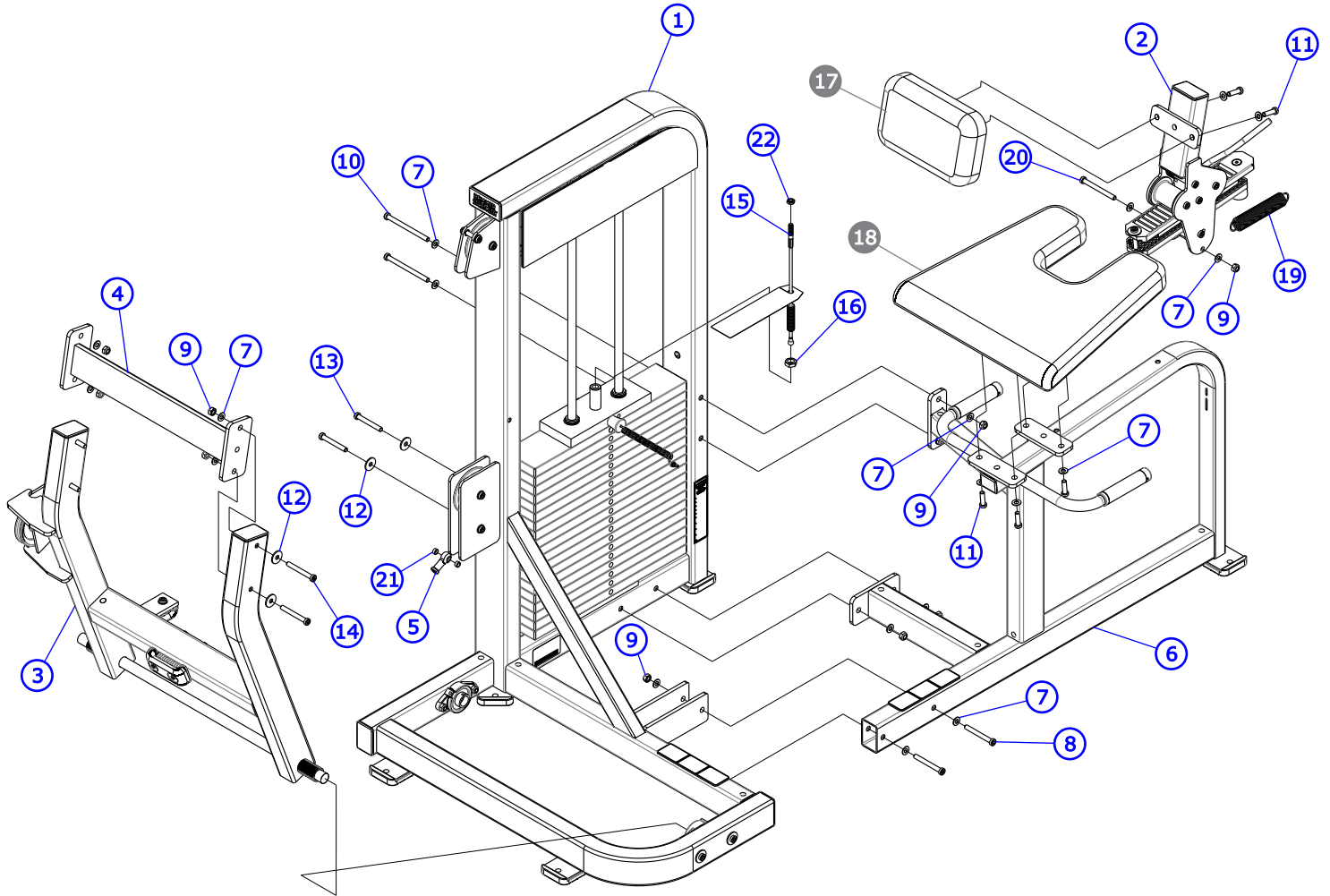
POWDER COATED COMPONENTS



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7468199	WLDMT, PSHC SEAT FRAME
2	1	7466199	WLDMT, PSHC-SF
3	1	7467199	WLDMT, PSHC WORK ARM
4	1	8712399	WLDMT, PSHC, SEAT BACK

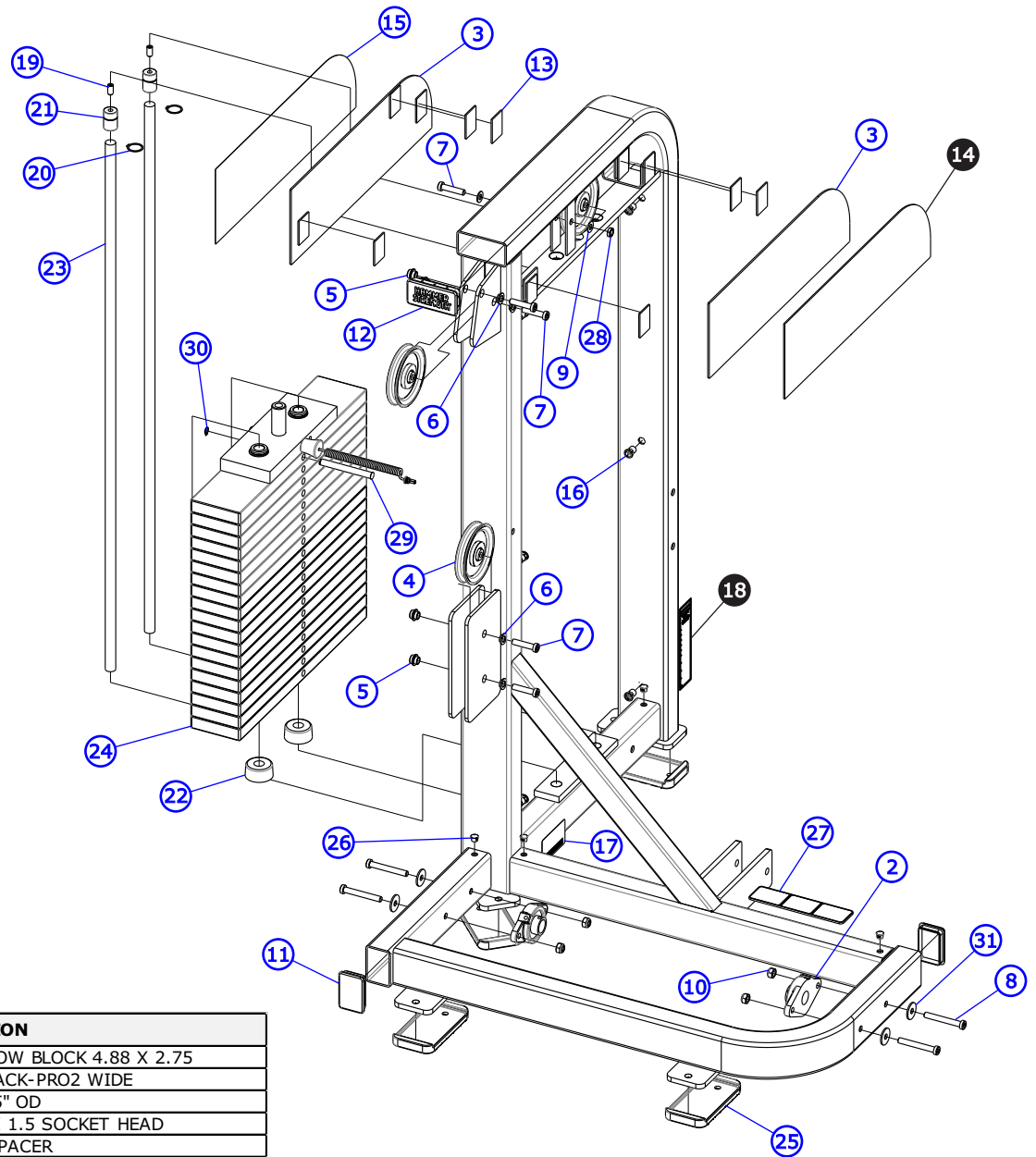
ITEMS ON THIS PAGE ARE POWDER COAT PAINTED. REFER TO PAGE 2 FOR ORDERING INSTRUCTIONS.

COMPONENT ASSEMBLY



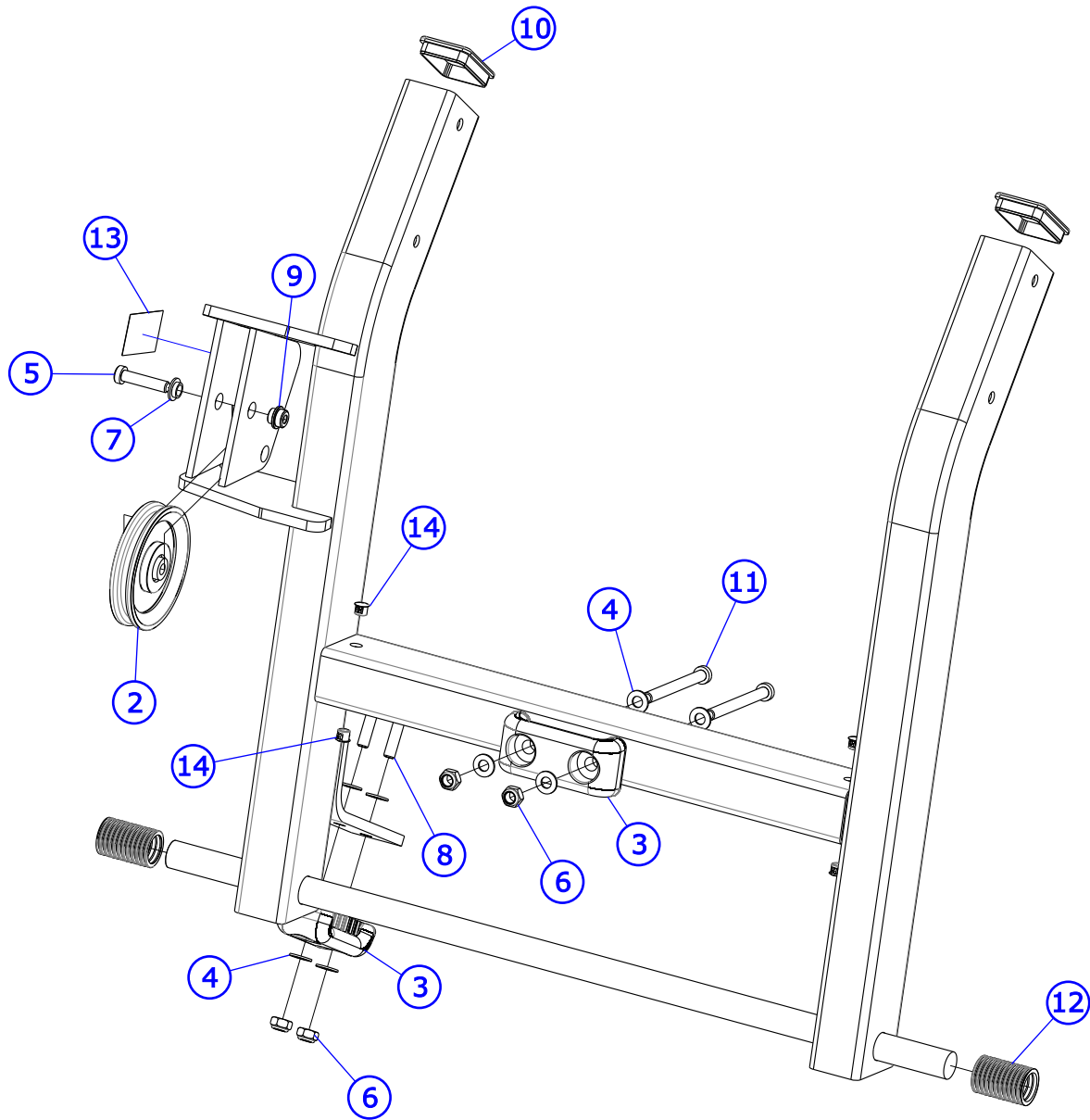
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	-	ASSY, HS-HC, SIDE FRAME
2	1	-	ASSY, PSHC, SEAT
3	1	-	ASSY, PSHC WORK ARM
4	1	7467701	WLDMT, PSHC FOOT PLATFORM
5	1	3237901	ROD END, METRIC FEMALE
6	1	-	ASSY, PSHC-SEAT FRAME
7	22	3236601	WASHER, 3/8 SAE SS
8	2	3236214	SCREW, M10 X1.5 85MM
9	11	3236801	NUT, M10 HEX NYLOCK SS
10	2	3236220	SCREW, M10 X1.5 130MM
11	6	3236204	SCREW, M10 X1.5 35MM
12	6	3236602	WASHER, 3/8 ID X 1.25 OD SS
13	2	3236212	SCREW, M10 X1.5 75MM
14	4	3236213	SCREW, M10 X1.5 80MM
15	1	7423610	CABLE, PSHC
16	1	3236902	NUT, HEX JAM M16 X 2 SS
17	1	7399399	PAD. 7 X 11-1/4
18	1	7459199	PAD, SEAT 18-1/2 X 19-7/8
19	1	7442601	SPRING, PRO2 ROLLER SEAT
20	1	3236217	SCREW, M10 X1.5 100MM
21	2	7489402	BSHNG, .500 OD X .402 ID X .235
22	1	3236901	NUT, HEX JAM M10 X 1.5 SS

SIDE FRAME ASSEMBLY



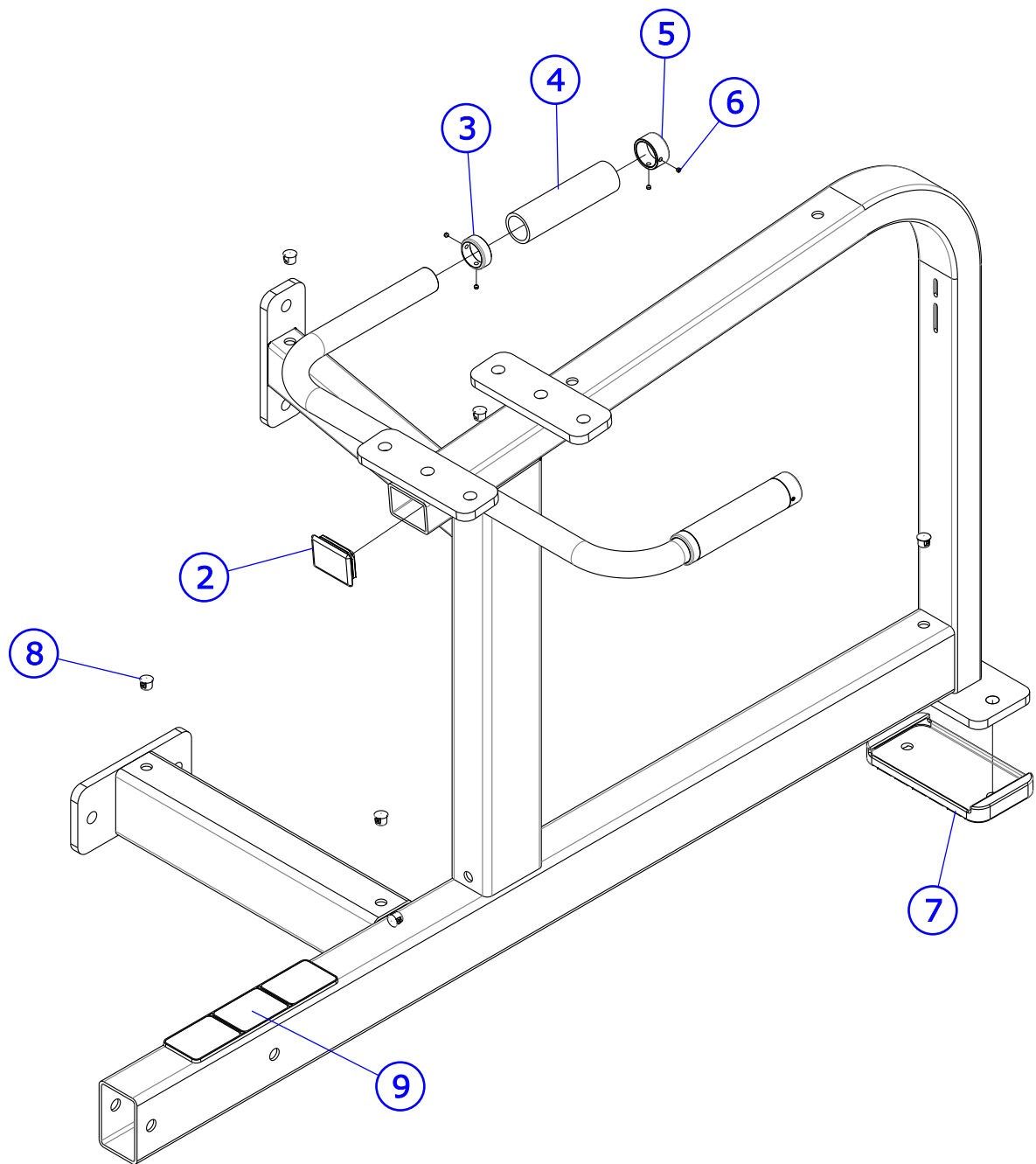
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
3	2	9169601	COVER, STACK-PRO2 WIDE
4	3	3237801	PULLEY, 4.5" OD
5	4	7335401	NUT, M10 X 1.5 SOCKET HEAD
6	4	7348101	WASHER, SPACER
7	5	3236206	SCREW, M10 X1.5 45MM
8	4	3236212	SCREW, M10 X1.5 75MM
9	2	3236601	WASHER, 3/8 SAE SS
10	4	3236801	NUT, M10 HEX NYLOCK SS
11	2	7352301	CAP, END 2 X 3
12	1	9462701	CAP, HAMMER, END 2 X 4
13	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
14	1	9468499	LABEL, PSHC PLACARD
15	1	9468501	LABEL, PSHC LOGO PANEL
16	6	3238601	M10X1.5 BLIND THREADED INSERT (HEX)
17	1	-	LABEL, SERIAL NUMBER, BLANK
18	1	8220099	LABEL, ASTM WARNING SELECT
19	2	3240501	M10 X 1.5 HXS NO CUP ST BO
20	2	3232421	RING, BRE .940, 5100-100 ST PP B
21	2	7402301	RETAINER, GUIDEROD
22	2	7352101	CUSHION, WEIGHT STACK
23	2	7328604	GUIDE ROD, .75 OD SOLID 43.88
24	1	-	ASSY, 390LB STACK
25	4	7388201	FOOTPAD, PS RUBBER
26	4	3237401	PLUG, 7/16" HOLE
27	1	7590101	GUARD, PRO 2 PAINT
28	1	3236901	NUT, HEX JAM M10 X 1.5 SS
29	1	7564501	PIN, FZ/PS, WEIGHT PLATE
30	1	3243901	RING, BRE M11, ST, PP
31	4	3236602	WASHER, 3/8 ID X 1.25 OD SS

MOVEMENT ARM ASSEMBLY



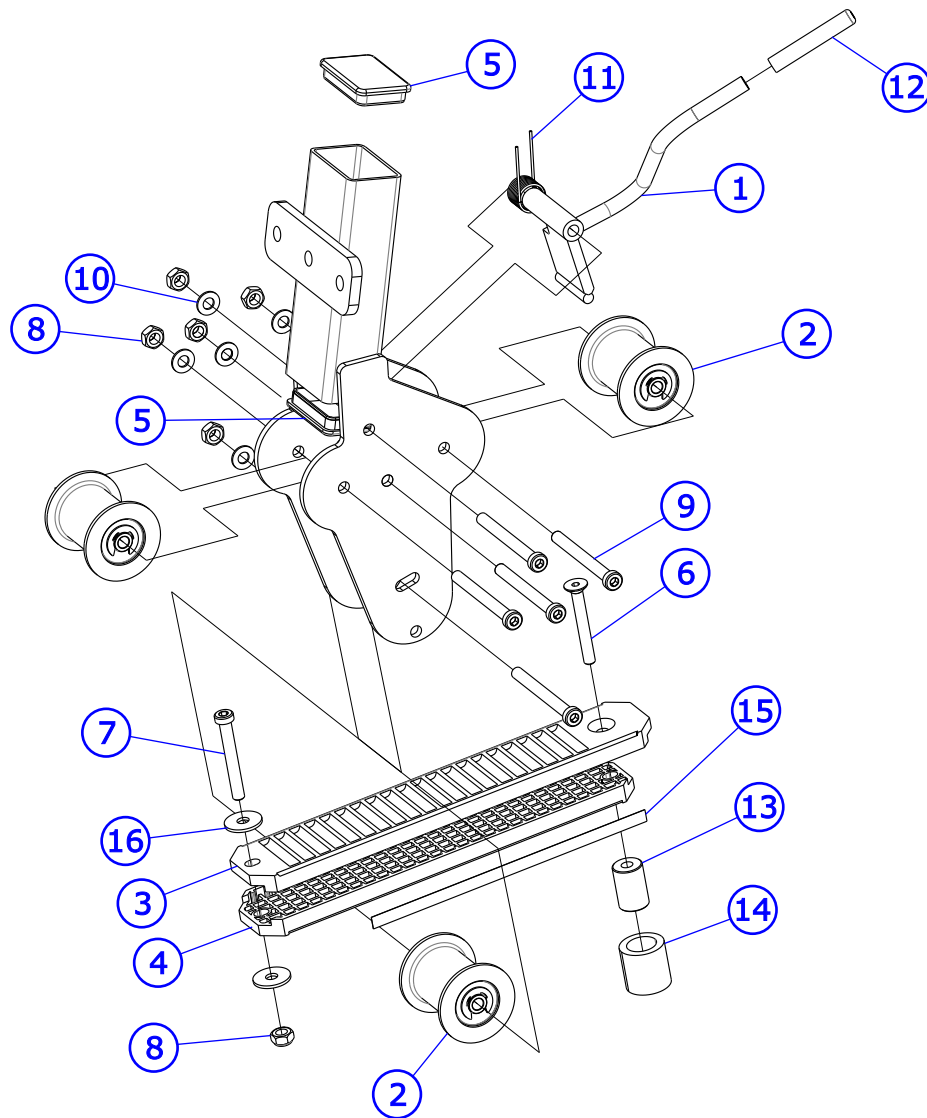
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	3237801	PULLEY, 4.5" OD
3	2	7352001	BUMPER, 2-1/8 X 4-5/8
4	8	3236601	WASHER, 3/8 SAE SS
5	1	3236206	SCREW, M10 X1.5 45MM
6	4	3236801	NUT, M10 HEX NYLOCK SS
7	1	7348101	WASHER, SPACER
8	2	3236205	SCREW, M10 X1.5 40MM
9	1	7335401	NUT, M10 X 1.5 SOCKET HEAD
10	2	7352301	CAP, END 2 X 3
11	2	3236218	SCREW, M10 X1.5 110MM
12	2	6912804	SLEEVE, ACCRDN 1.0 ID X 2
13	1	7422003	LABEL, MOVING PARTS
14	4	3237401	PLUG, 7/16" HOLE

SEAT FRAME ASSEMBLY



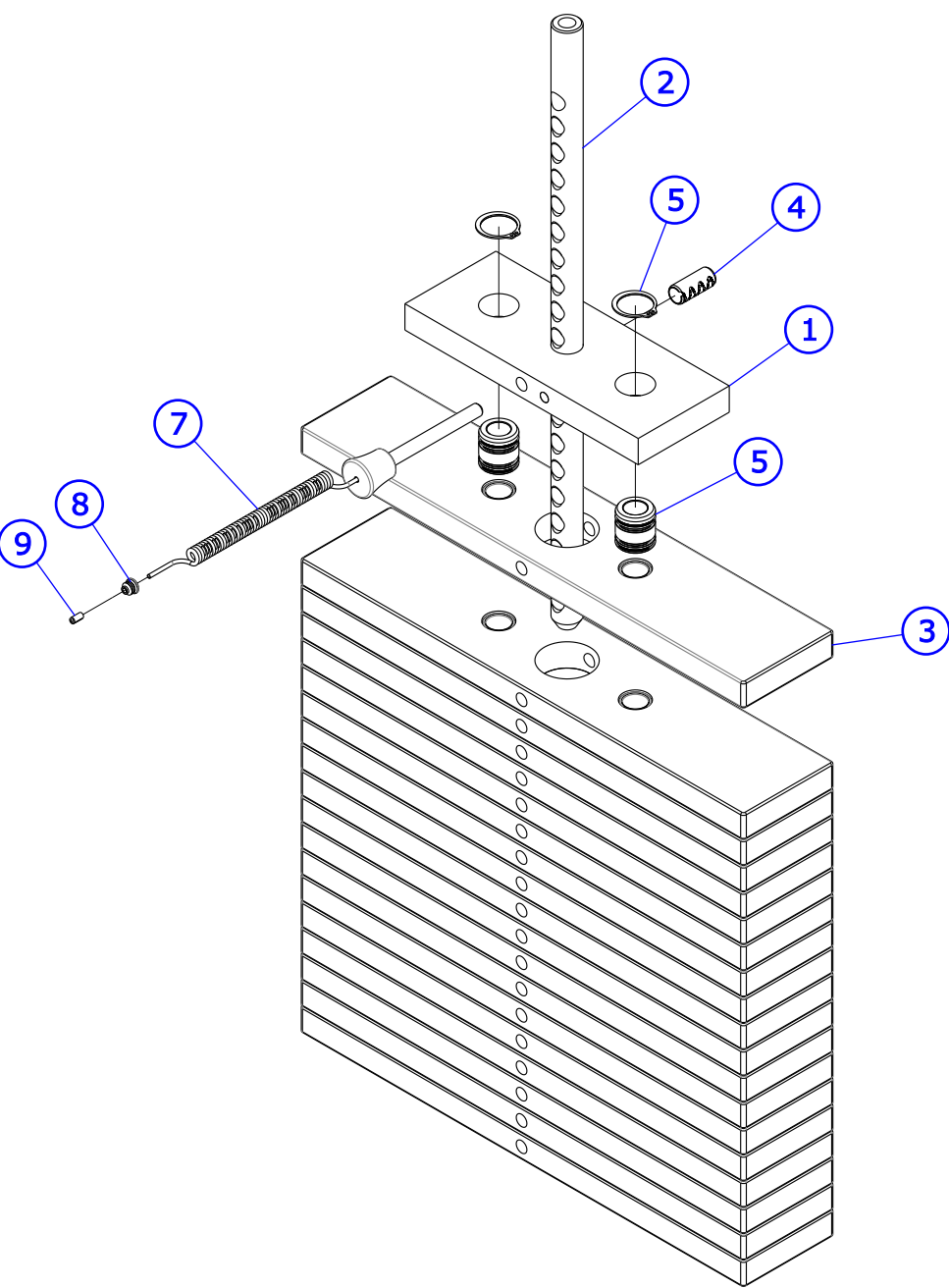
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	9217401	CAP, 1.5IN X 2IN -10-14GA, END
3	2	7662801	RING, GRIP 1.25 OD
4	2	3235801	GRIP, OPEN END
5	2	7662901	CAP, GRIP 1.25 OD
6	8	3247701	M4 X .7 HXS NO CUP ST BO
7	1	7388201	FOOTPAD, PS RUBBER
8	6	3237401	PLUG, 7/16" HOLE
9	1	7590101	GUARD, PRO 2 PAINT

ROLLER SEAT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	8417295	WLDMT, MTS HANDLE 97 SEAT SG
2	3	7564201	ASSY, SEAT ROLLER
3	1	8416801	TRACK, SEAT - SERRATED
4	1	7564401	SEATRACK, FLAT
5	2	7352301	CAP, END 2 X 3
6	1	3238312	M10x1.5x75mm
7	1	3236212	SCREW, M10 X1.5 75MM
8	6	3236801	NUT, M10 HEX NYLOCK SS
9	5	3236217	SCREW, M10 X1.5 100MM
10	5	3236601	WASHER, 3/8 SAE SS
11	1	7442701	SPRNG, PRO2 HANDLE TORSION
12	1	3238502	CAP, 1/2 X 3
13	1	7570601	STOP, ROLLER SEAT
14	1	3235804	GRIP, 1.5 OD X .25 WALL X 1.5 L OPEN END
15	1	7422002	LABEL, SEAT ADJUST
16	2	3236602	WASHER, 3/8 ID X 1.25 OD SS

WEIGHT STACK ASSEMBLY



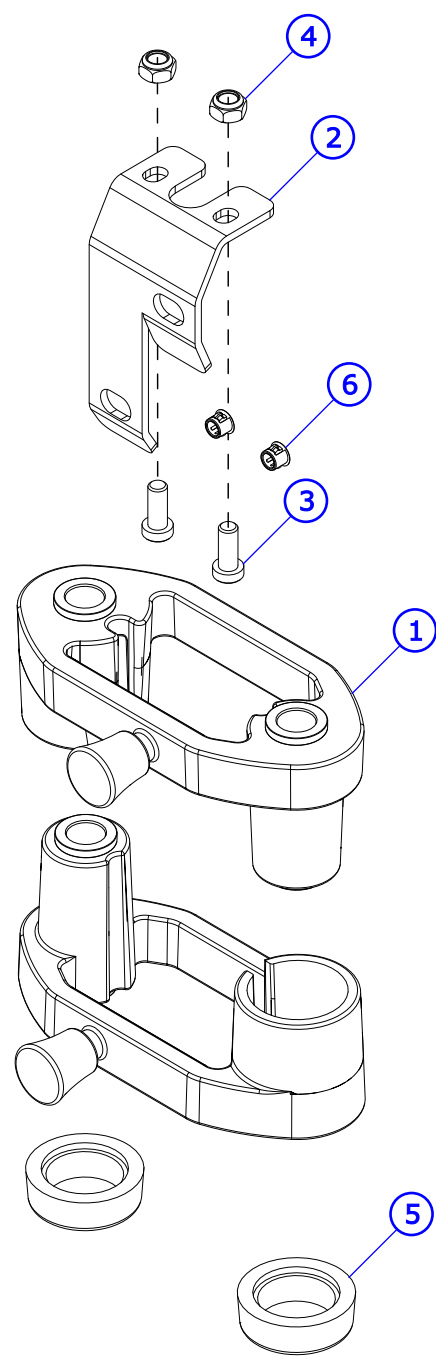
10

10	☐
30	☐ 30
50	☐ 50
70	☐ 70
90	☐ 90
110	☐ 110
130	☐ 130
150	☐ 150
170	☐ 170
190	☐ 190
210	☐ 210
230	☐ 230
250	☐ 250
270	☐ 270
290	☐ 290
310	☐ 310
330	☐ 330
350	☐ 350
370	☐ 370
390	☐ 390
	☐
5	☐ 5
lbs.	☐ lbs.

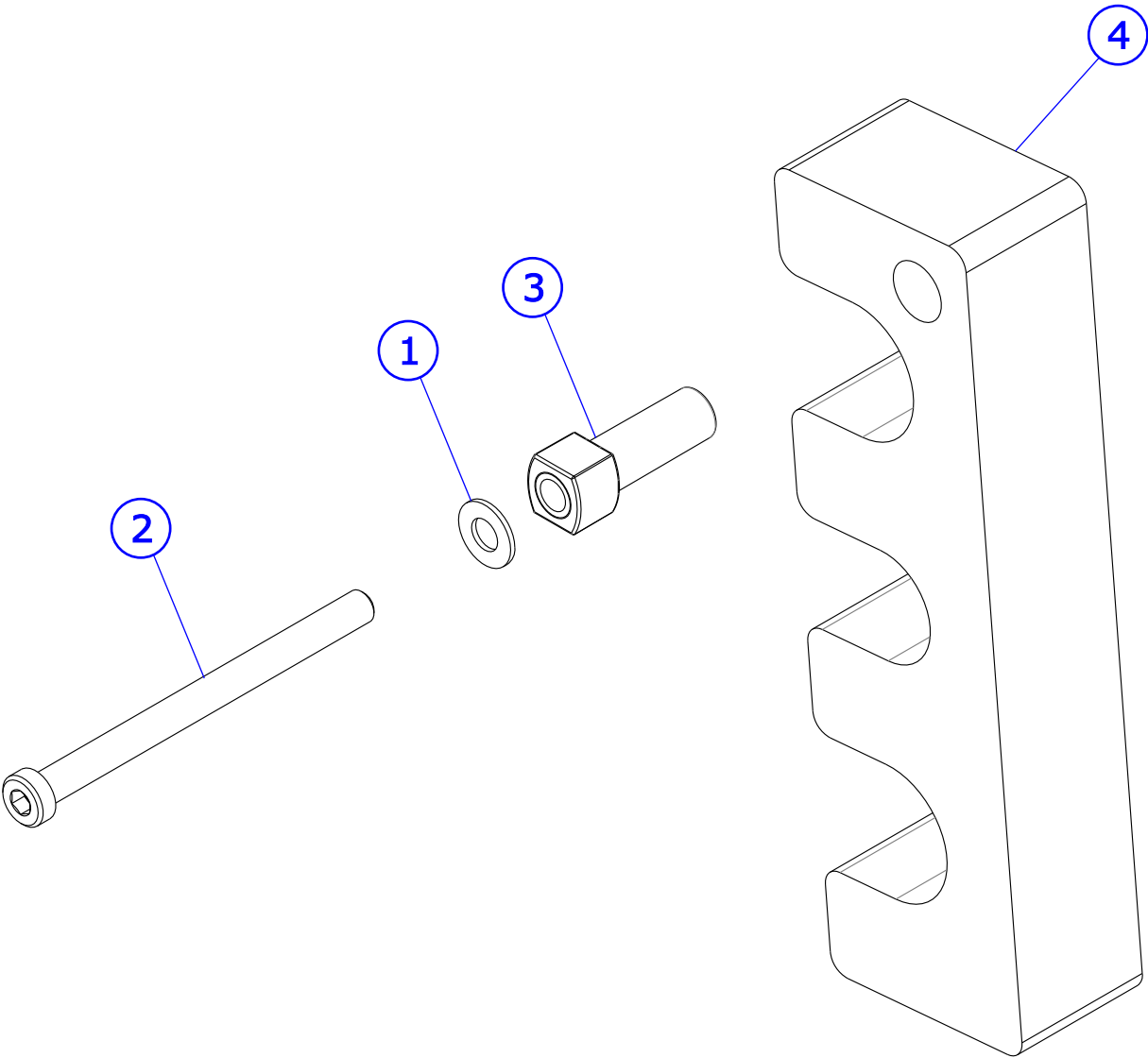
11

5	☐
15	☐ 15
25	☐ 25
35	☐ 35
45	☐ 45
55	☐ 55
65	☐ 65
75	☐ 75
85	☐ 85
95	☐ 95
105	☐ 105
115	☐ 115
125	☐ 125
135	☐ 135
145	☐ 145
155	☐ 155
165	☐ 165
175	☐ 175
185	☐ 185
195	☐ 195
	☐
2.5	☐ 2.5
Kg.	☐ Kg.

ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7356601	STEM, PRO2 19 HOLE
3	19	7328401	WEIGHT PLATE, 20 LB
4	1	3236001	BUSHING, SPRING PIN
5	2	7338001	BUSHING, HEADPLATE
7	1	7353001	ASSY, SELECTOR PIN
8	1	7356501	PLUG, LANYARD ATTACHMENT
9	1	7523601	CRIMP, CABLE
10	1	7927201	LABEL, 390 LB STACK
11		7927301	LABEL, 195 KG STACK

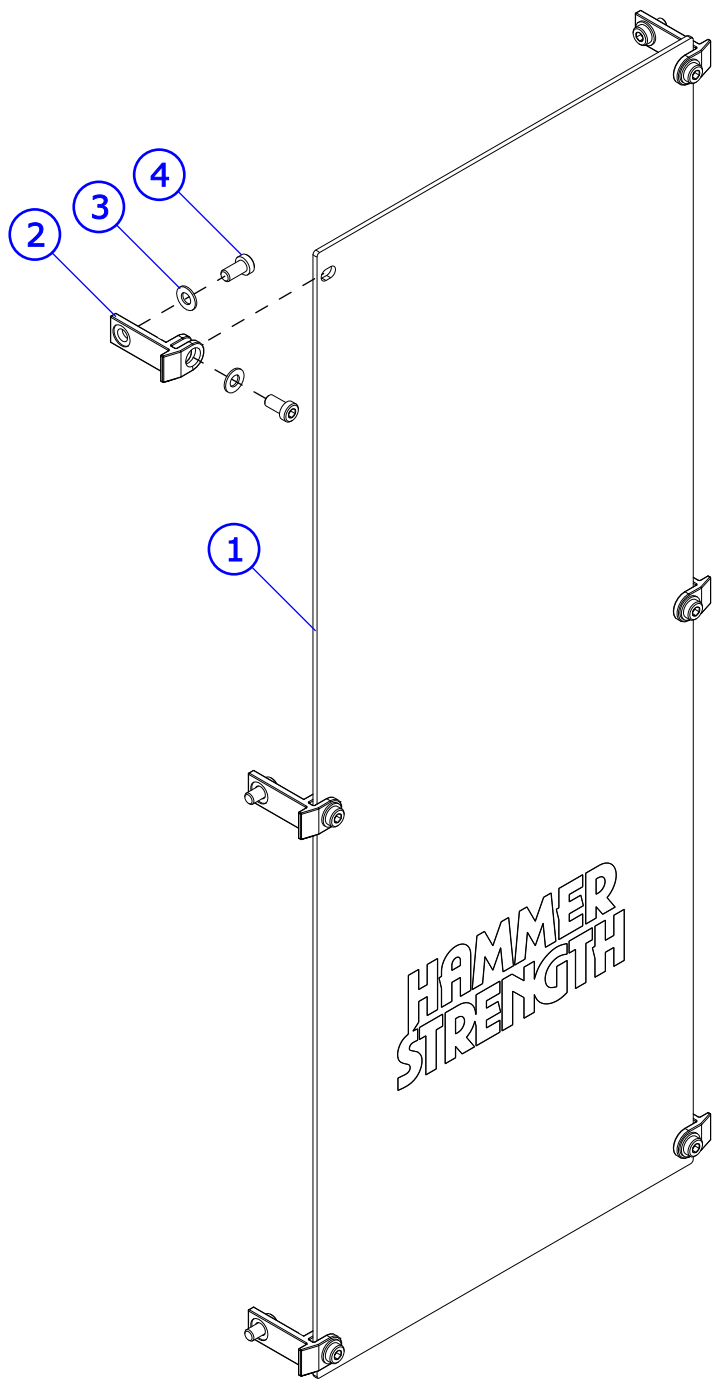


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	8047001	ASSY, PS, INCREMENT WEIGHT
2	1	8700801	PLATE, INCREMENT WEIGHT STRIKER
3	2	3236202	M10 X 1.5 X 25 SHCS, LOW HEAD
4	2	3236801	NUT, NYLOCK M10 X 1.5 SS
5	2	7767601	BUMPER, PS INCREMENT
6	2	3237401	PLUG, 7/16" HOLE



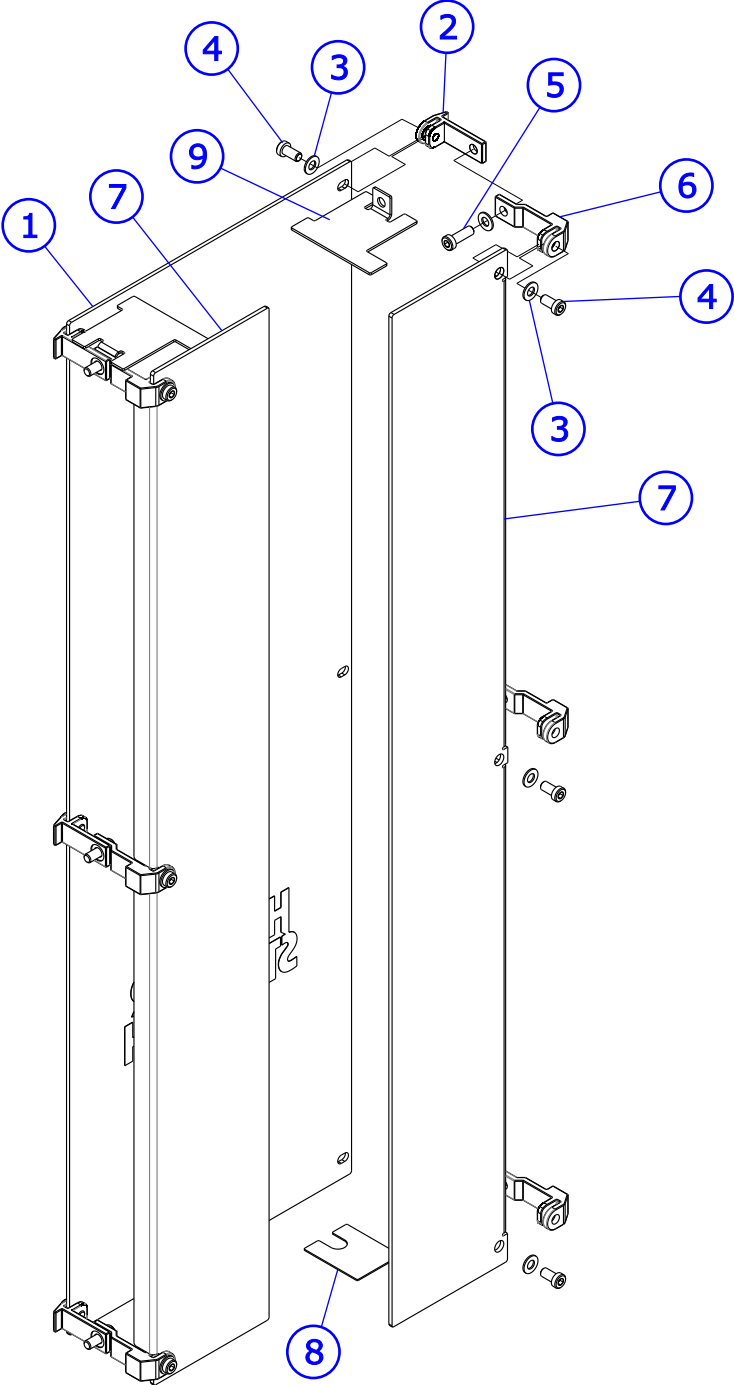
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236220	SCREW, M10 X1.5 130MM
3	1	7401701	COVER, PLASTIC PEG
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON

REAR SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475704	SHROUD, HS REAR 42.50 X 21.43
2	6	7655301	BRKT, PS REAR SHIELD
3	12	3236601	WASHER,3/8 SAE STAINLESS STEEL
4	12	3236201	M10 X 1.5 X 20 SHCS, LOW HEAD

FULL SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475704	SHROUD, HS REAR 42.50 X 21.43
2	6	7655301	BRKT, PS REAR SHIELD
3	18	3236601	WASHER,3/8 SAE STAINLESS STEEL
4	12	3236201	M10 X 1.5 X 20 SHCS, LOW HEAD
5	6	3236203	M10 X 1.5 X 30 SHCS, LOW HEAD
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376904	SHIELD, PS FRONT 42.50 X 9.25
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR