

HAMMER[®] STRENGTH

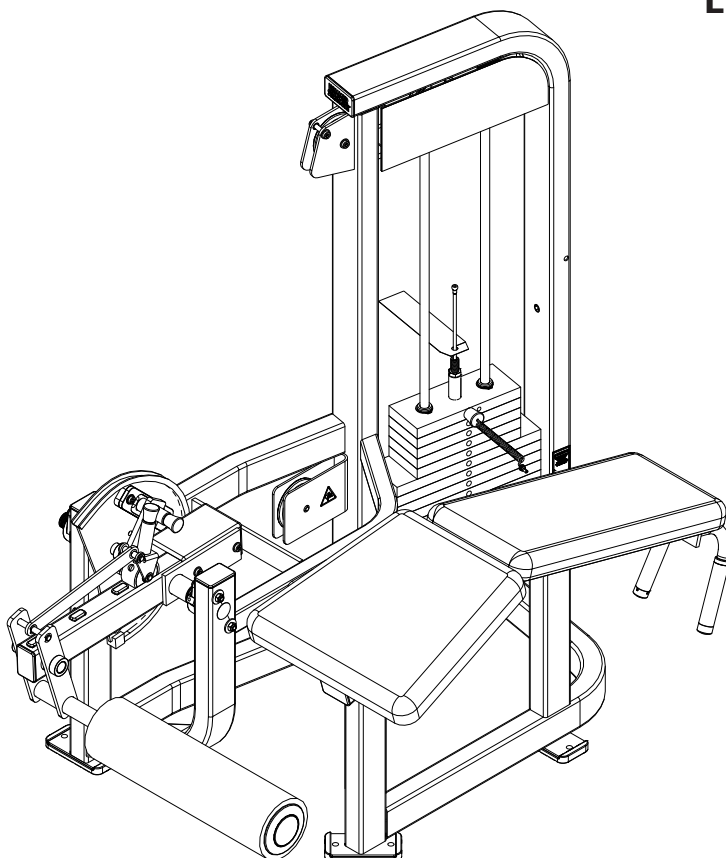
**HAMMER
STRENGTH[®]**

HAMMER SELECT

PARTS MANUAL

**LEG CURL
HS-LC**

6/10/2014



CONTENTS

POWDER COATED COMPONENTS PAGE 3

COMPONENT ASSEMBLY 4

SEAT FRAME ASSEMBLY 5

SIDE FRAME ASSEMBLY 6

BASE MOVEMENT ARM ASSEMBLY 7

SE MOVEMENT ARM ASSEMBLY 8

SE MOVEMENT ARM CAM ASSEMBLY 9

SE MOVEMENT ARM ADJUST ASSEMBLY 10

SE MOVEMENT ARM SHIFTER ASSEMBLY 11

WEIGHT STACK ASSEMBLY 12

INCREMENT WEIGHT ASSEMBLY 13

ADD-ON WEIGHT ASSEMBLY 14

HEAD PLATE STOP ASSEMBLY 15

REAR SHROUD ASSEMBLY 16

FULL SHROUD ASSEMBLY 17

KEY

LANGUAGE 1 2 3

Items with Black call-outs require the language to be listed within the order notes. IE. English

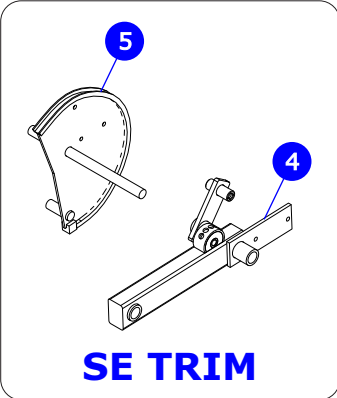
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

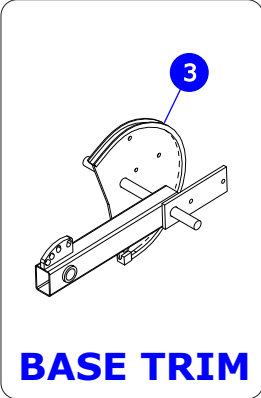
FRAME AND WORK ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes. Add 'No Clear' after color - IE. Platinum No Clear

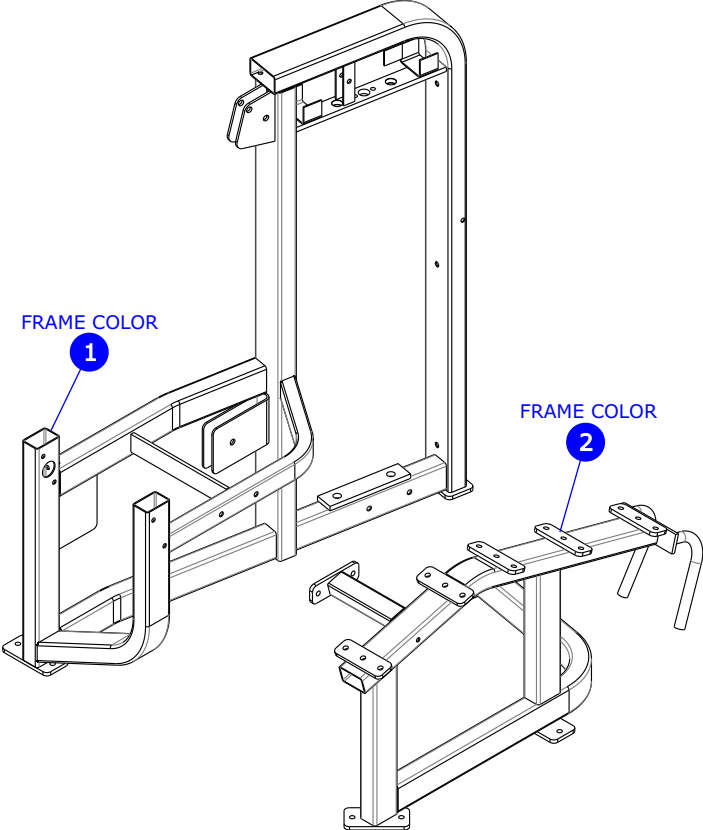
POWDER COATED COMPONENTS



WORK ARM COLOR



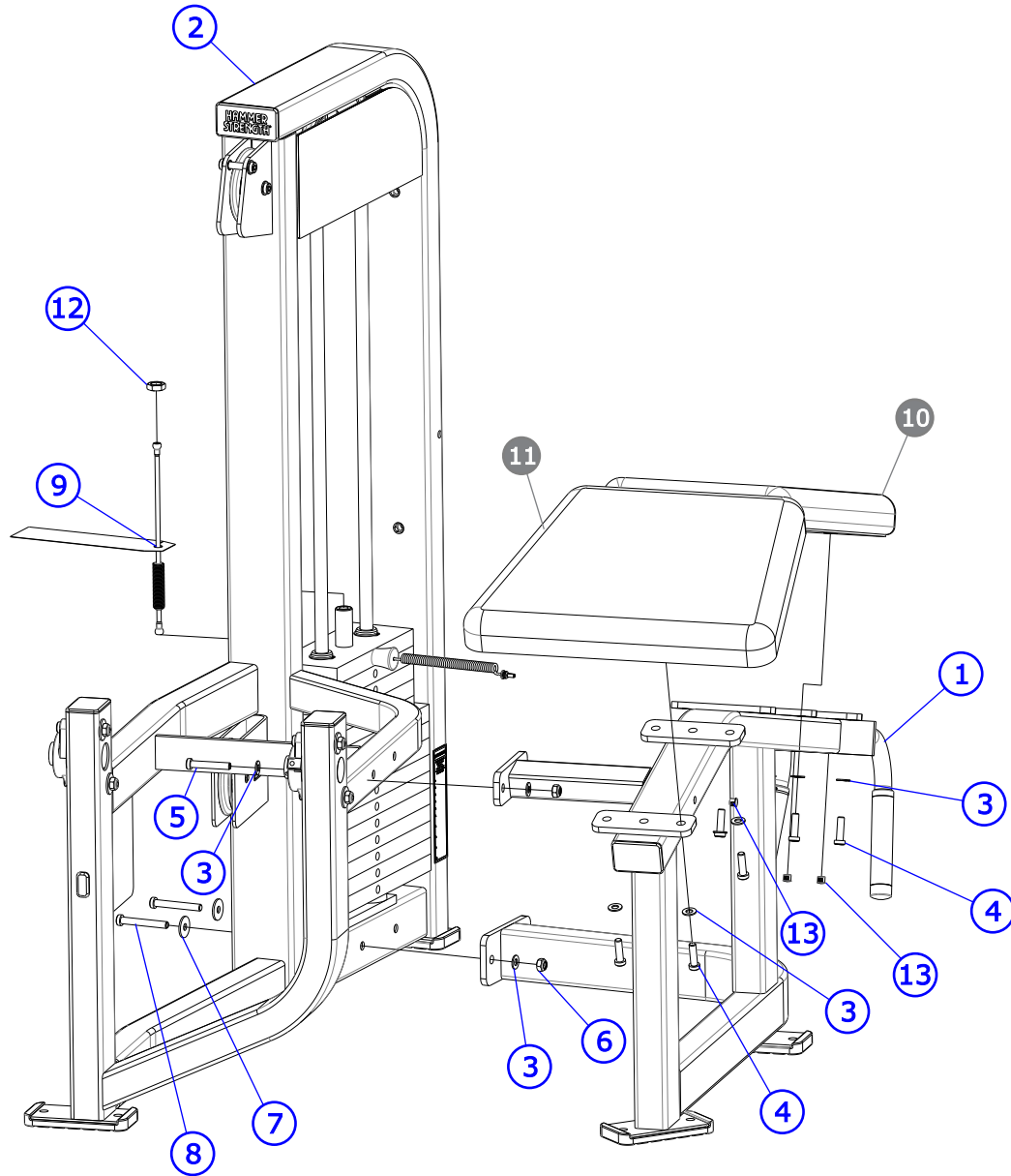
WORK ARM COLOR



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	POSSIBLE RMA	WLDMT, PSLC-SIDE FRAME
2	1	7394999	WLDMT, PSLC-ST FRAME
3	1	7395899	WLDMT, PSLC-BASE MA
4	1	7397599	WLDMT, PSLC-OPT MA
5	1	7397399	WLDMT, PSLC-OPT CAM

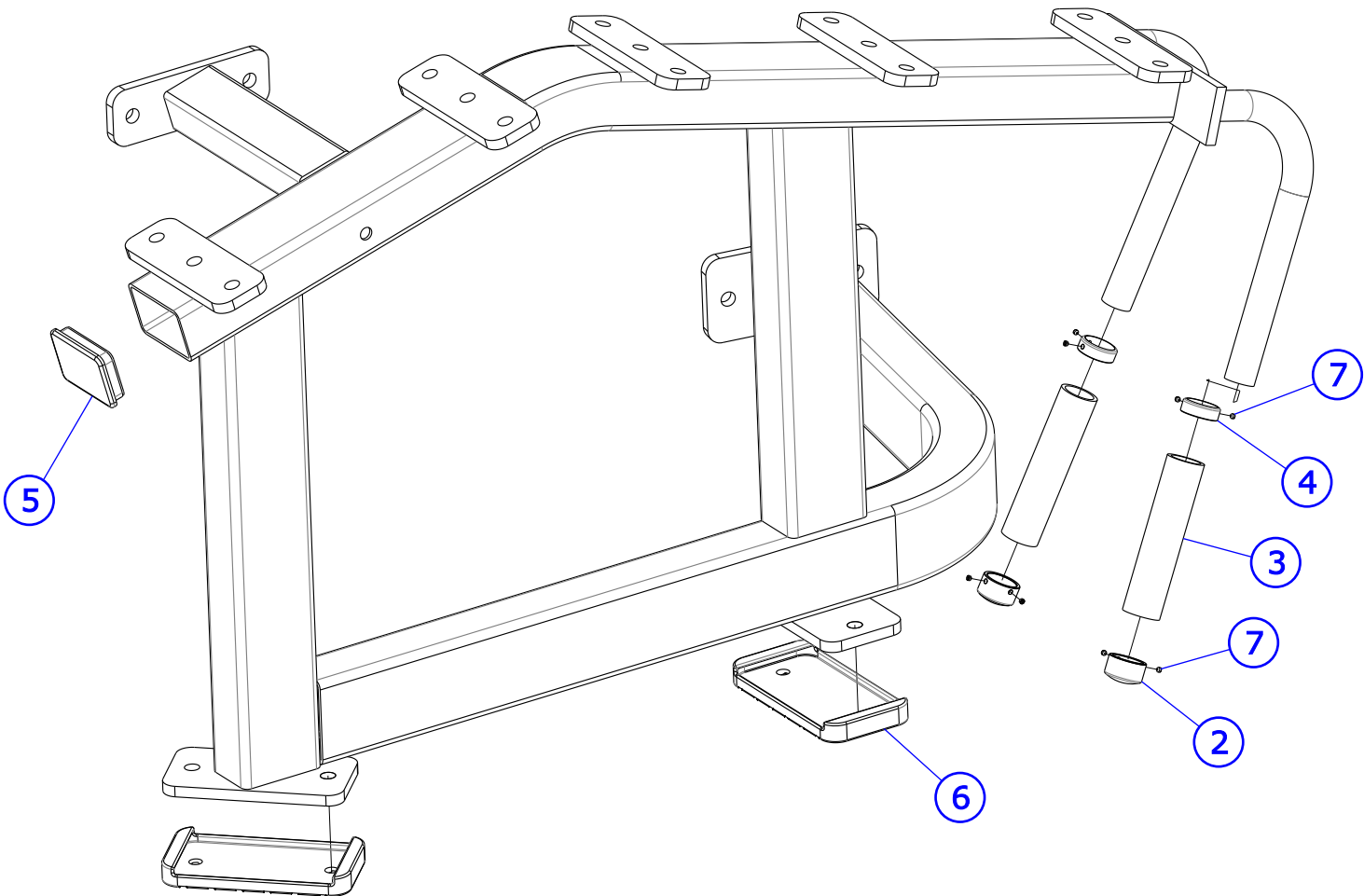
ITEMS ON THIS PAGE ARE POWDER COAT PAINTED. REFER TO PAGE 2 FOR ORDERING INSTRUCTIONS.

COMPONENT ASSEMBLY



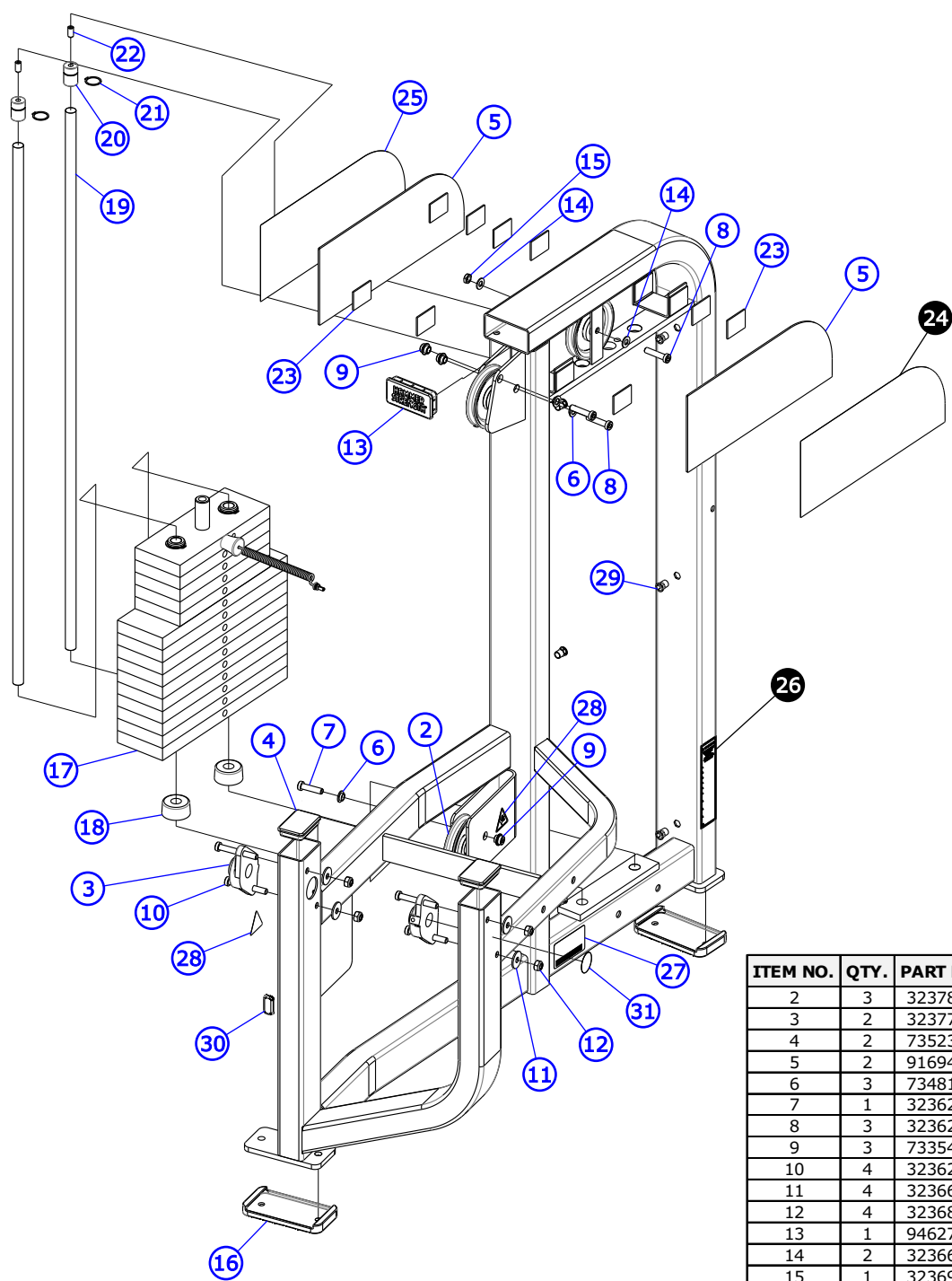
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	-	ASSY, PSLC-SEAT FRAME
2	1	-	ASSY, HS-LC, SIDE FRAME
3	14	3236601	WASHER, 3/8 SAE SS
4	8	3236204	SCREW, M10 X1.5 35MM
5	2	3236209	SCREW, M10 X1.5 60MM
6	4	3236801	NUT, M10 HEX NYLOCK SS
7	2	3236602	WASHER, 3/8 ID X 1.25 OD SS
8	2	3236212	SCREW, M10 X1.5 75MM
9	1	7423704	CABLE, PSLC
10	1	7398899	PAD, BACK 25 X 11-1/4
11	1	7399199	PAD, 17 X 18 1/2
12	1	3236902	NUT, HEX JAM M16 X 2 SS
13	5	3237401	PLUG, 7/16" HOLE

SEAT FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	7662901	CAP, GRIP 1.25 OD
3	2	3235801	GRIP, 1.25 OD X .125 WALL OPEN END
4	2	7662801	RING, GRIP 1.25 OD
5	1	7352301	CAP, END 2 X 3
6	2	7388201	FOOTPAD, PS RUBBER
7	8	3247701	M4 X .7 HXS NO CUP ST BO

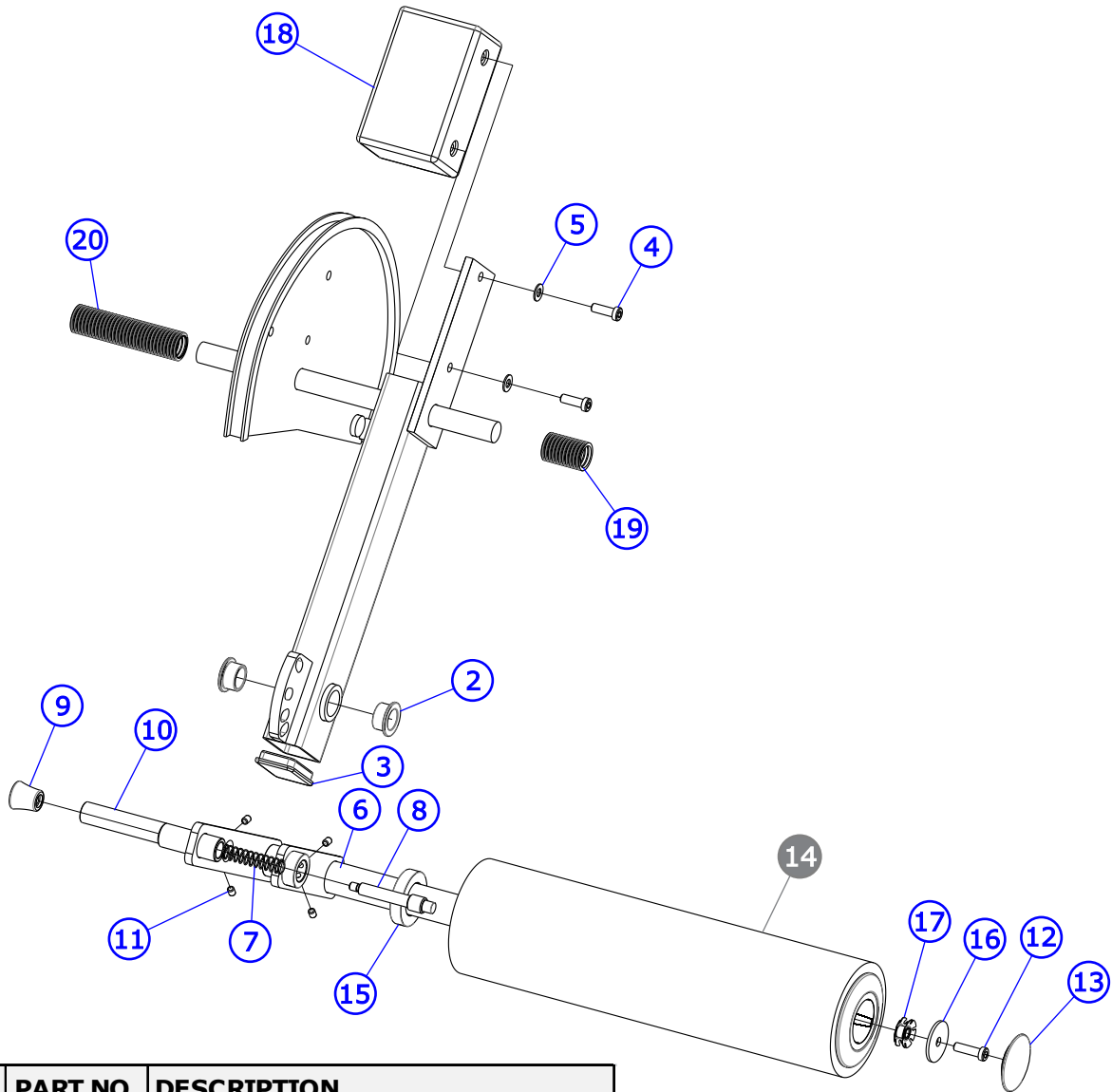
SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	3	3237801	PULLEY, 4.5" OD
3	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
4	2	7352301	CAP, END 2 X 3
5	2	9169401	COVER, STACK-PRO2 STD
6	3	7348101	WASHER, SPACER
7	1	3236205	SCREW, M10 X1.5 40MM
8	3	3236206	SCREW, M10 X1.5 45MM
9	3	7335401	NUT, M10 X 1.5 SOCKET HEAD
10	4	3236212	SCREW, M10 X1.5 75MM
11	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
12	4	3236801	NUT, M10 HEX NYLOCK SS
13	1	9462701	CAP, HAMMER, END 2 X 4
14	2	3236601	WASHER, 3/8 SAE SS
15	1	3236901	NUT, HEX JAM M10 X 1.5 SS
16	2	7388201	FOOTPAD, PS RUBBER
17	1	-	ASSY, 200LB STACK
18	2	7352101	CUSHION, WEIGHT STACK
19	2	7328604	GUIDE ROD, .75 OD SOLID 43.88
20	2	7402301	RETAINER, GUIDEROD
21	2	3232421	RING, BRE .940, 5100-100 ST PP B
22	2	3240501	M10 X 1.5 HXS NO CUP ST BO
23	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
24	1	9468899	LABEL, PSLC PLACARD
25	1	9468901	LABEL, PSLC LOGO PANEL
26	1	8220099	LABEL, ASTM WARNING SELECT
27	1	-	LABEL, SERIAL NUMBER, BLANK
28	2	8039501	LABEL, WARNING, TRIANGLE
29	6	3238601	M10X1.5 BLIND THREADED INSERT (HEX)
30	1	7570801	GUARD, PAINT 1.25"x.75"x.25"
31	1	7488701	LABEL, AXIS OF ROTATION

BASE MOVEMENT ARM ASSEMBLY

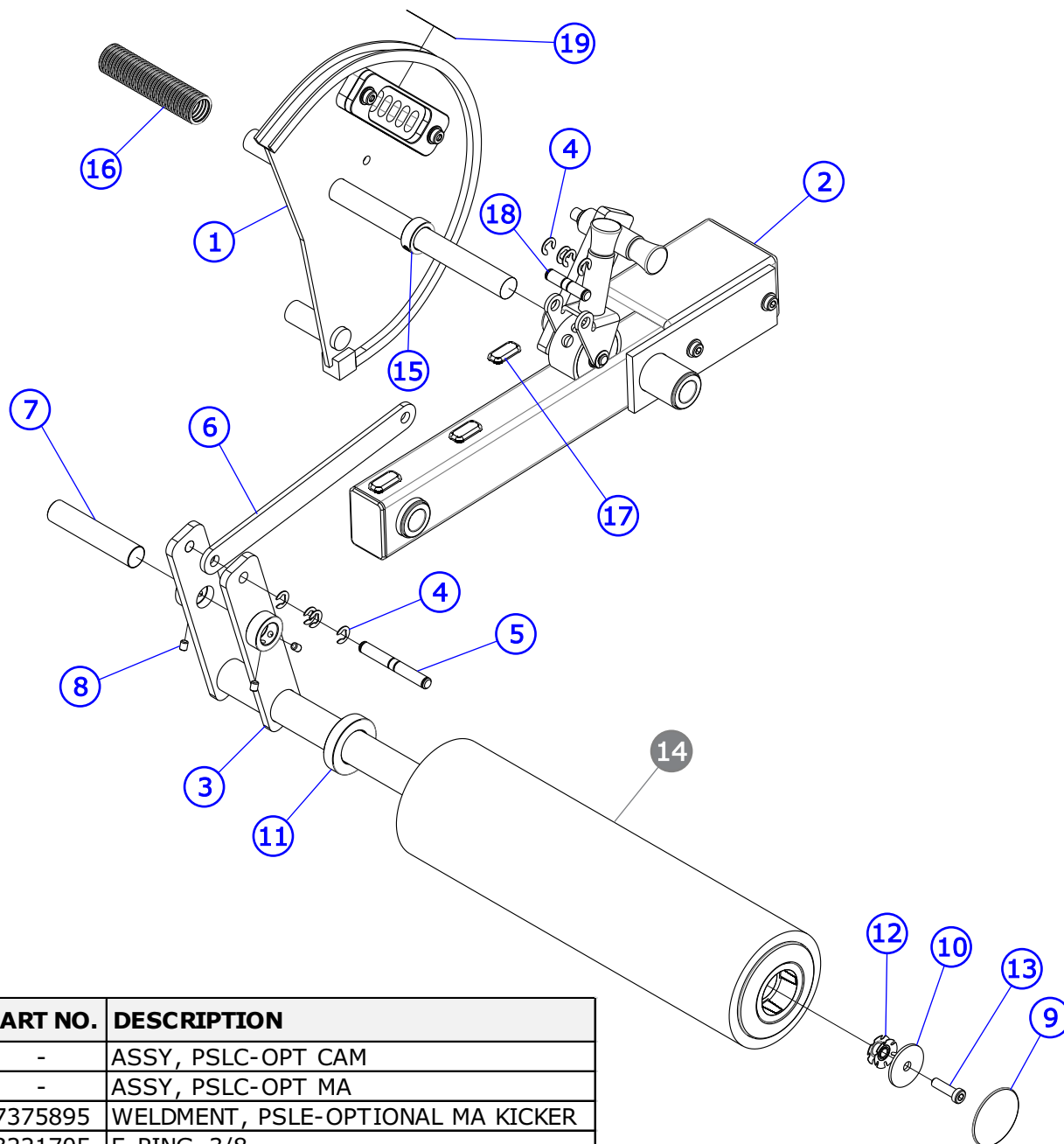
BASE TRIM



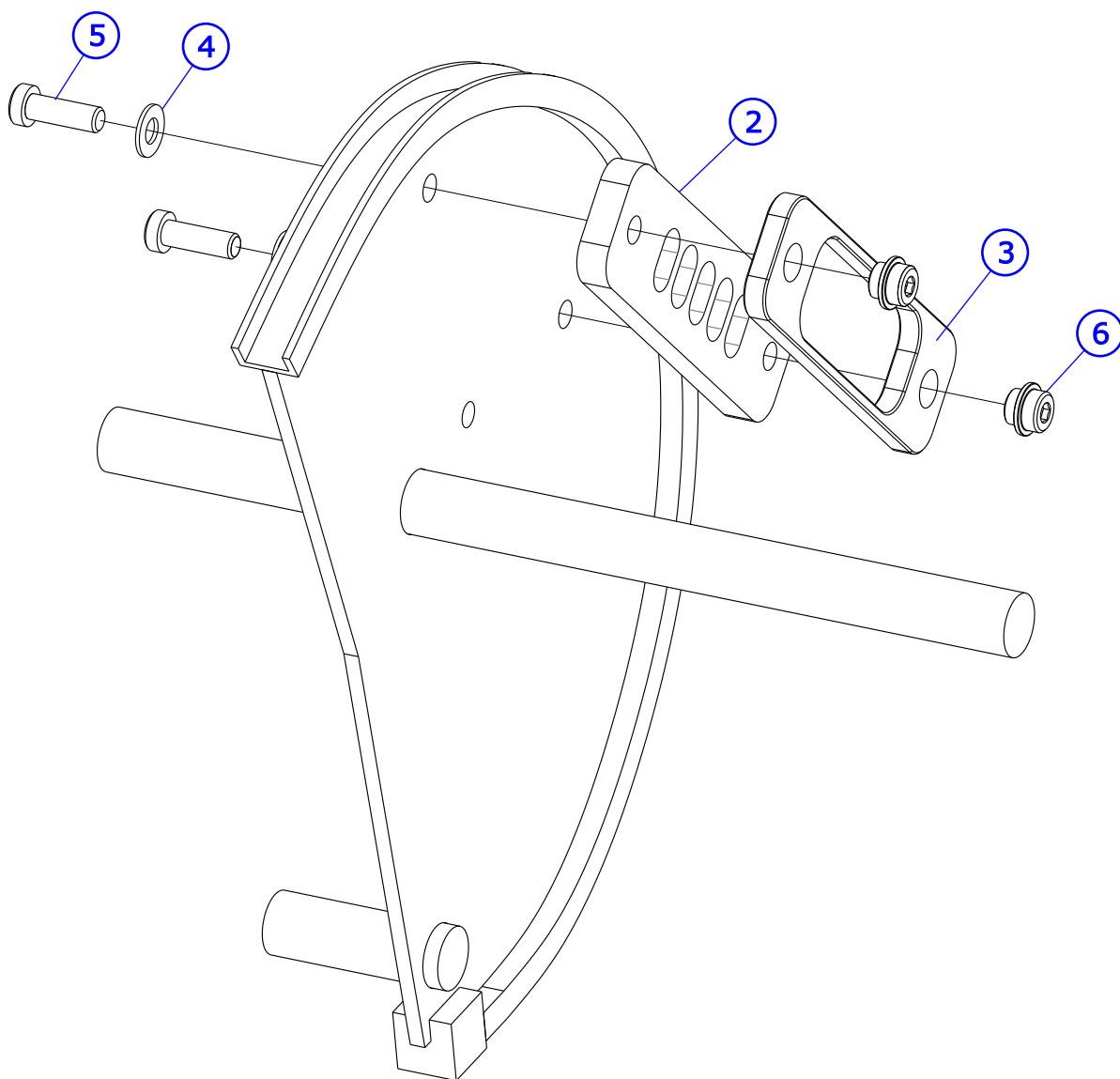
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
3	1	7352301	CAP, END 2 X 3
4	2	3236203	SCREW, M10 X1.5 30MM
5	2	3236601	WASHER, 3/8 SAE SS
6	1	7374695	WELDMENT, PSLE&LC-BASE KICKER
7	1	7351501	SPRING, PULL PIN LARGE
8	1	7351301	PIN, PULL
9	1	7351401	KNOB, TULIP STYLE
10	1	7358201	SHAFT, 1 DIA X 4.88
11	4	3242902	SCREW, SET BO
12	1	3236204	SCREW, M10 X1.5 35MM
13	1	7308701	CAP, BEARING HOUSING
14	1	7392899	ASSY, ROLLER PAD - LONG
15	1	7357901	SHAFT COLLAR, 1-1/2" ID ALUM
16	1	7322301	PLATE, 1.97 OD X .44 ID 10GA
17	1	7347301	NUT, SPIDER M10 X 1.5
18	1	7802401	WEIGHT, COUNTER MED
19	1	6912804	SLEEVE, ACCRDN 1.0 ID X 2
20	1	6912805	SLEEVE, ACCRDN 1.0 ID X 5.5

SE MOVEMENT ARM ASSEMBLY

SE TRIM



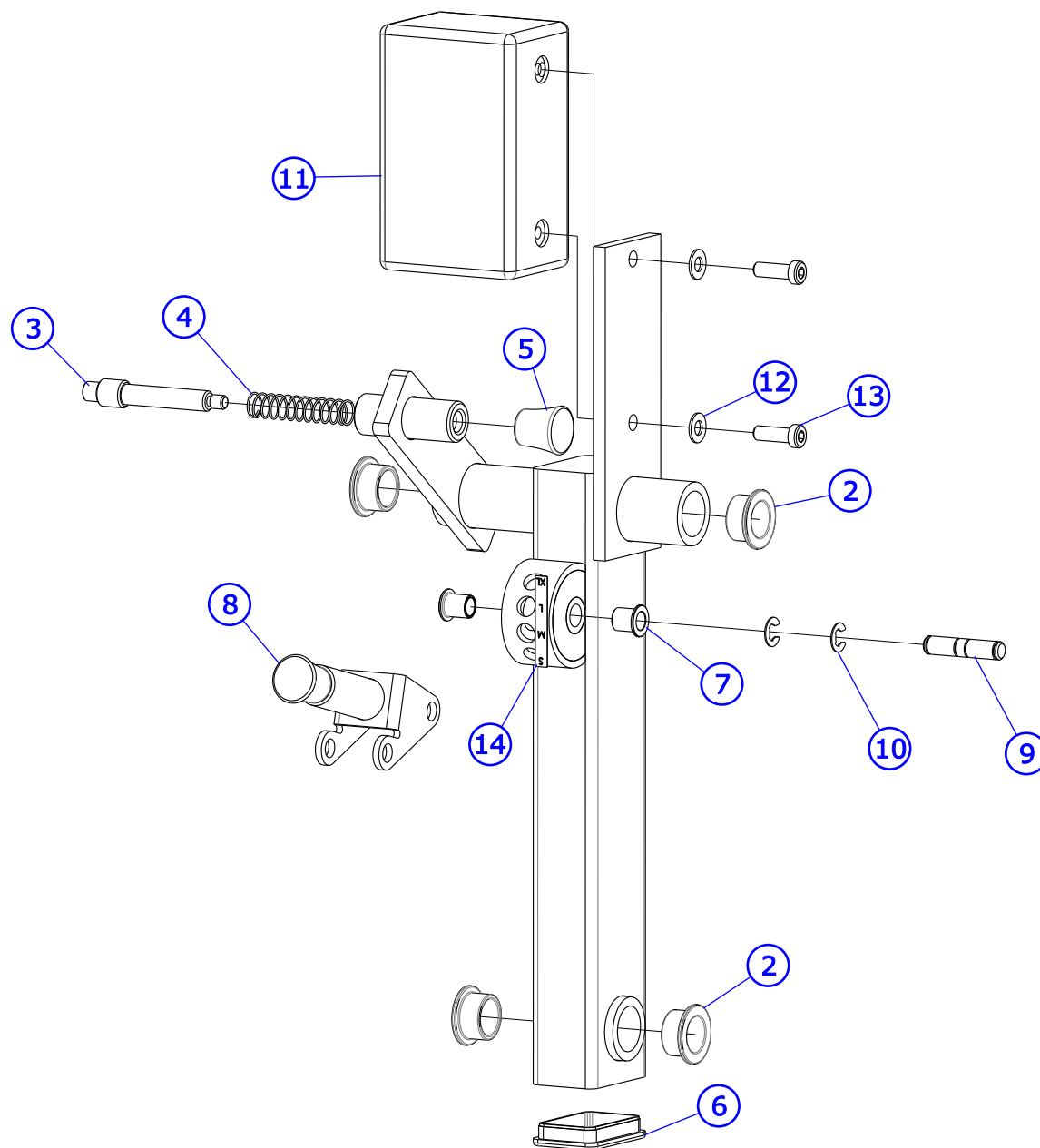
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	-	ASSY, PSLE-OPT CAM
2	1	-	ASSY, PSLE-OPT MA
3	1	7375895	WELDMENT, PSLE-OPTIONAL MA KICKER
4	8	3221705	E-RING, 3/8
5	1	7380202	PIN, PS - 4-BAR
6	1	7380195	LINK, PS - 4-BAR ASSY
7	1	7358201	SHAFT, 1 DIA X 4.88
8	4	3242902	SCREW, SET BO
9	1	7308701	CAP, BEARING HOUSING
10	1	7322301	PLATE, 1.97 OD X .44 ID 10GA
11	1	7357901	SHAFT COLLAR, 1-1/2" ID ALUM
12	1	7347301	NUT, SPIDER M10 X 1.5
13	1	3236204	SCREW, M10 X1.5 35MM
14	1	7392899	ASSY, ROLLER PAD - LONG
15	1	7435301	COLLAR, SHAFT 1.020 ID
16	1	6912805	SLEEVE, ACCRDN 1.0 ID X 5.5
17	3	7570801	GUARD, PAINT 1.25"x.75"x.25"
18	1	7380201	PIN, PS - 4-BAR
19	1	7805801	LABEL, PS A-E STRAIGHT



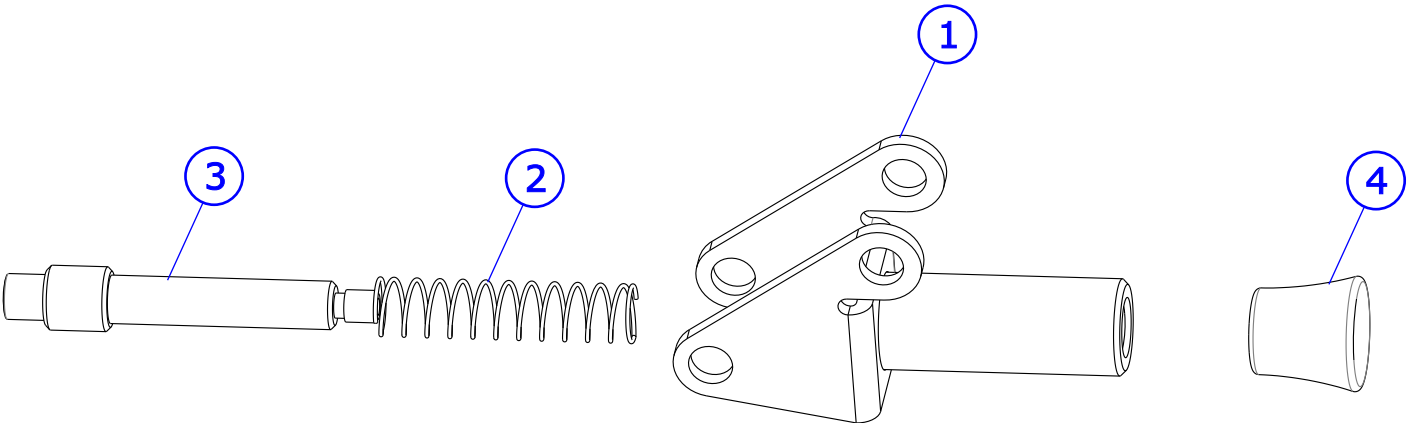
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	7352501	5-HOLE SELECTOR PLATE
3	1	7350901	PLATE, SLOT STOP
4	2	3236601	WASHER, 3/8 SAE SS
5	2	3236203	SCREW, M10 X1.5 30MM
6	2	7335401	NUT, M10 X 1.5 SOCKET HEAD

SE MOVEMENT ARM ADJUST ASSEMBLY

SE TRIM

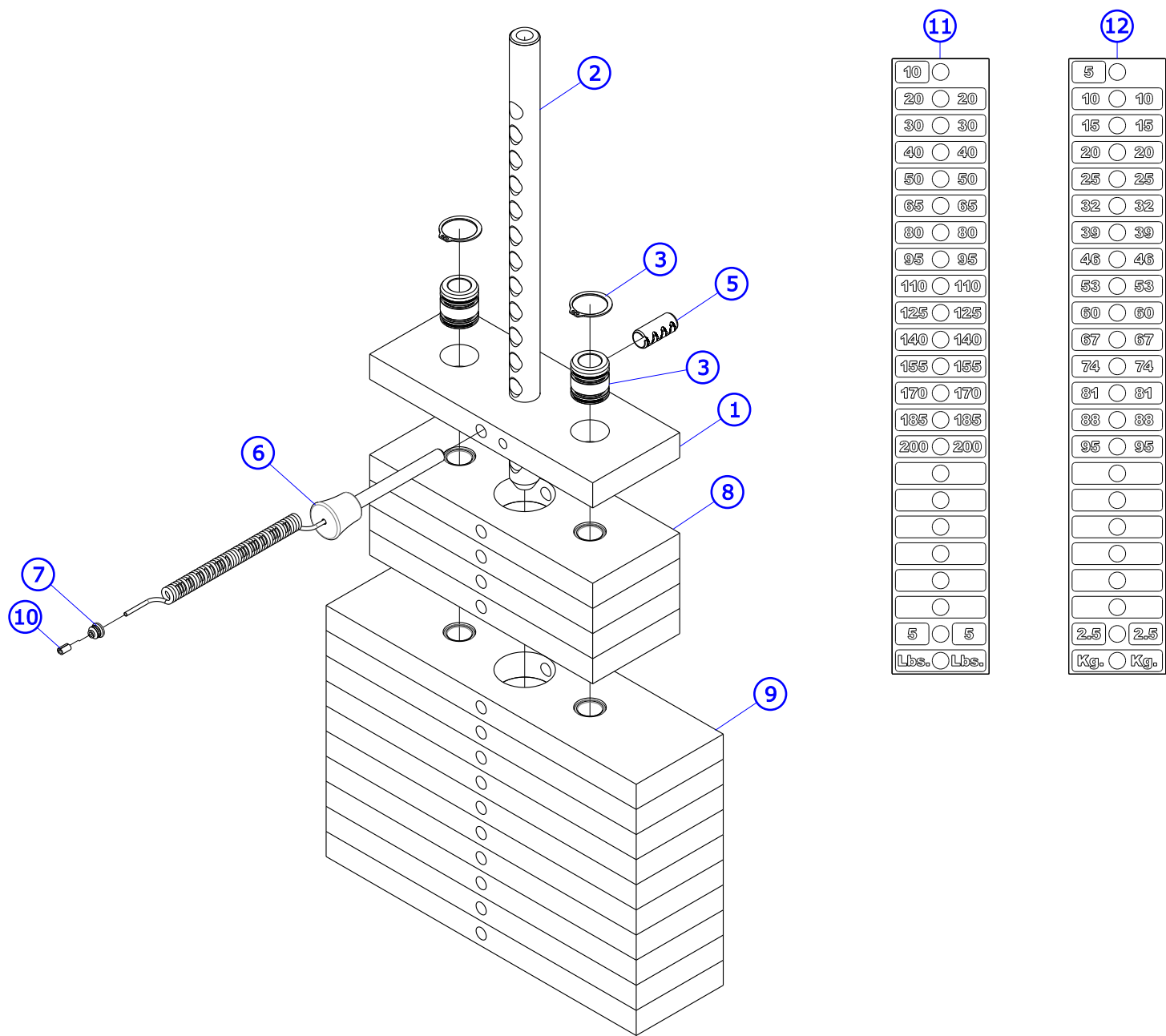


ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	3104903	1.00" ID 1.25" OD BRONZ BUSHING
3	1	7351301	PIN, PULL
4	1	7351501	SPRING, PULL PIN LARGE
5	1	7351401	KNOB, TULIP STYLE
6	1	7352301	CAP, END 2 X 3
7	2	6020601	BEARING, FLG 1/2 ID X 5/8 OD X 3/4
8	1	-	ASSY, PS - 4-BAR SHIFTER
9	1	7380201	PIN, PS - 4-BAR
10	2	3221705	E-RING, 3/8
11	1	7802401	WEIGHT, COUNTER MED
12	2	3236601	WASHER, 3/8 SAE SS
13	2	3236203	SCREW, M10 X1.5 30MM
14	1	7422005	LABEL, SMALL-XL

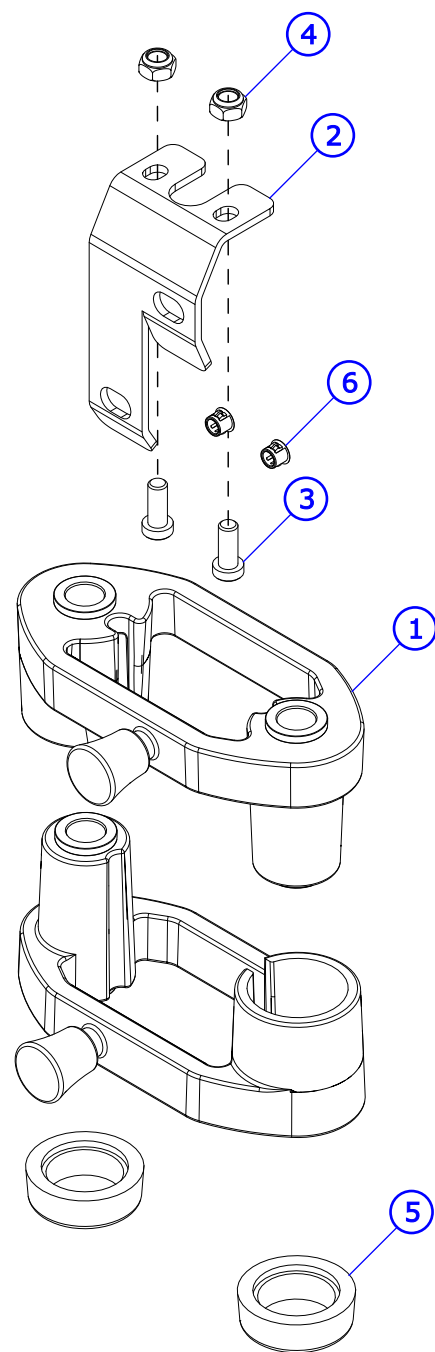


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7379995	WELDMENT, PS - 4 BAR SHIFTER
2	1	7351501	SPRING, PULL PIN LARGE
3	1	7351301	PIN, PULL
4	1	7351401	KNOB, TULIP STYLE

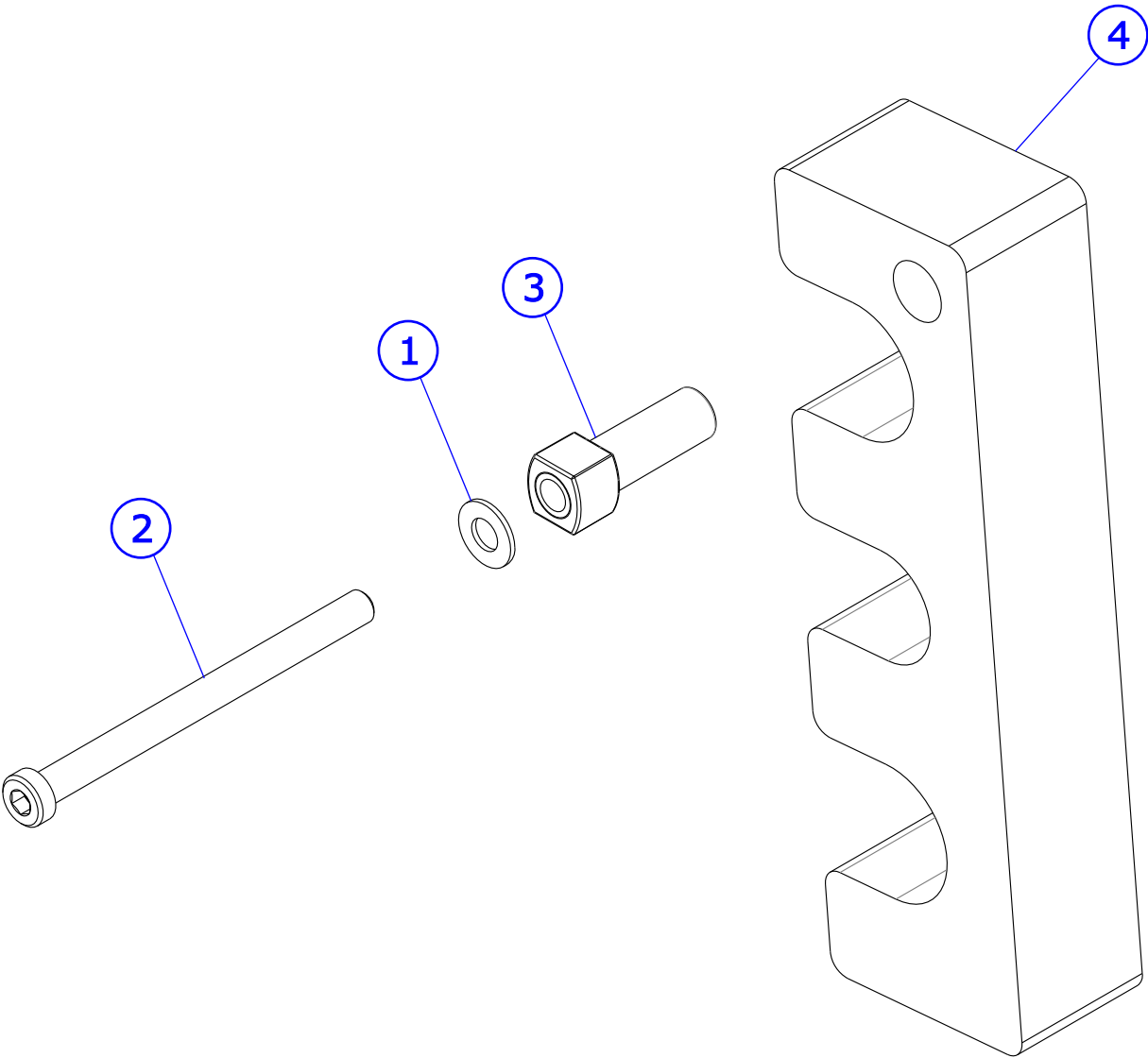
WEIGHT STACK ASSEMBLY



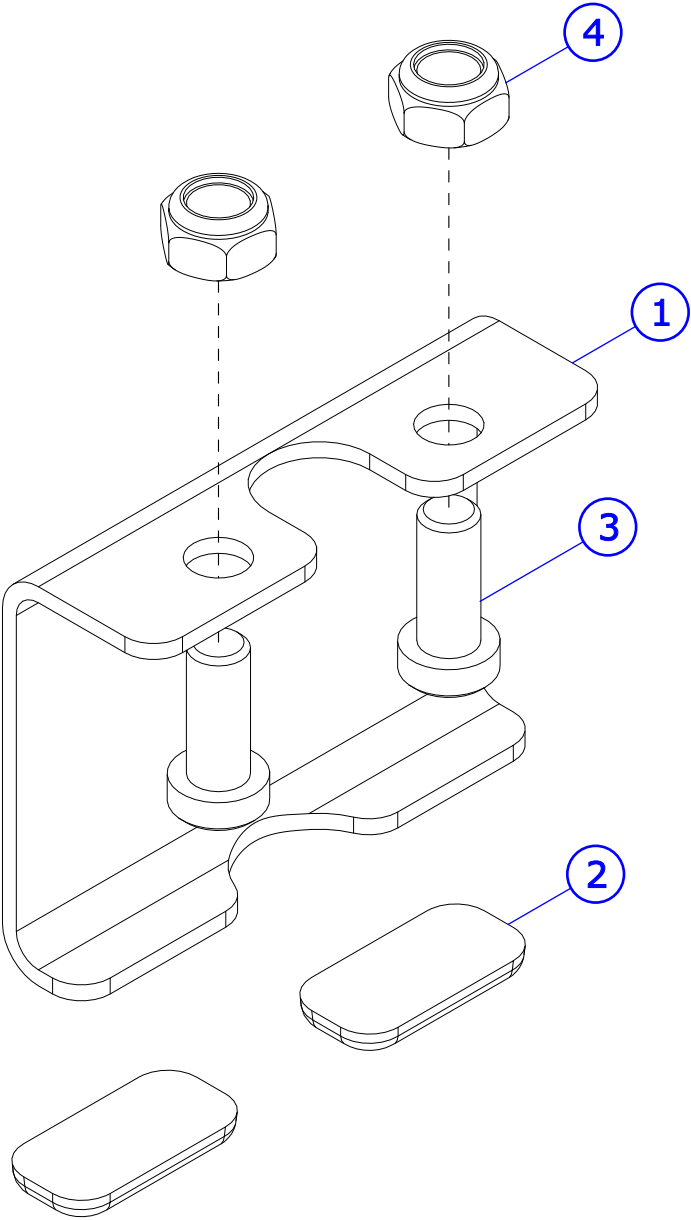
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7352601	BAYONET, 14 PLATE
3	2	7338001	BUSHING, HEADPLATE
5	1	3236001	BUSHING, SPRING PIN
6	1	7353001	ASSY, SELECTOR PIN
7	1	7356501	PLUG, LANYARD ATTACHMENT
8	4	7353701	ASSY, 10 LB PLATE
9	10	7353801	ASSY, 15 LB PLATE
10	1	7523601	CRIMP, CABLE
11	1	7987001	LABEL, 200 LB STACK
		7987301	LABEL, 95 KG STACK



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	8047001	ASSY, PS, INCREMENT WEIGHT
2	1	8700801	PLATE, INCREMENT WEIGHT STRIKER
3	2	3236202	M10 X 1.5 X 25 SHCS, LOW HEAD
4	2	3236801	NUT, NYLOCK M10 X 1.5 SS
5	2	7767601	BUMPER, PS INCREMENT
6	2	3237401	PLUG, 7/16" HOLE

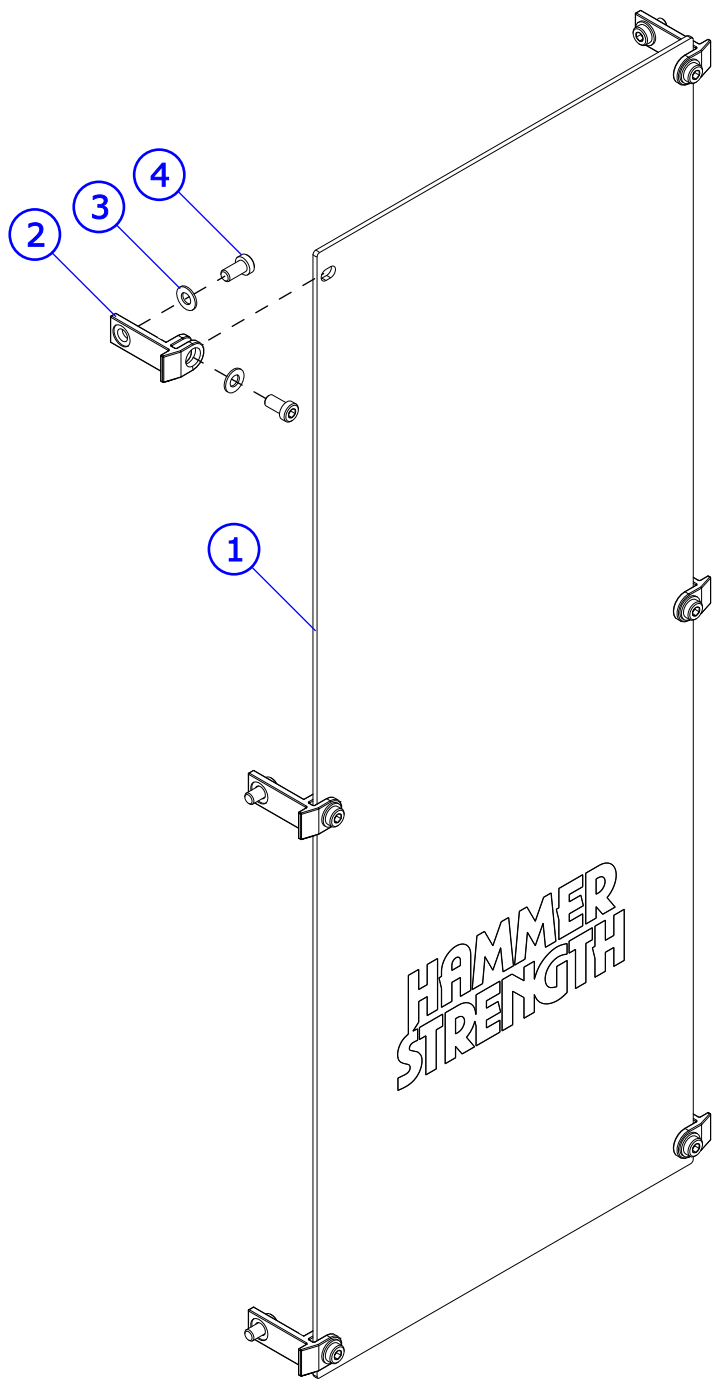


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236220	SCREW, M10 X1.5 130MM
3	1	7401701	COVER, PLASTIC PEG
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON



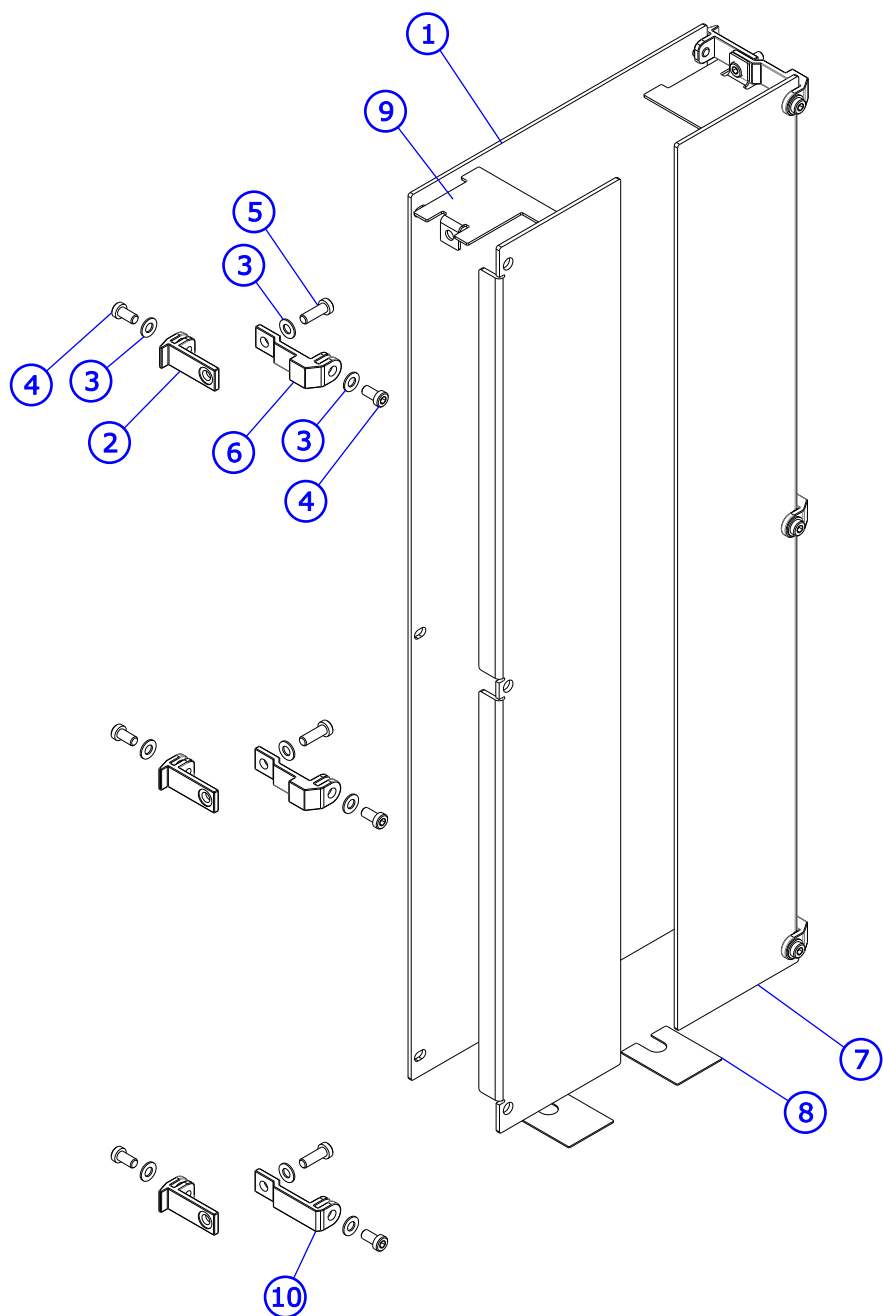
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	8670795	STOP, HEADPLATE, SHADOW GRAY
2	2	7570801	GUARD, PAINT 1.25"x.75"x.25"
3	2	3236202	SCREW, M10 X1.5 25MM
4	2	3236801	NUT, M10 HEX NYLOCK SS

REAR SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475701	SHROUD, HS REAR 42.50 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

FULL SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475701	SHROUD, HS REAR 42.50 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	5	7376601	BRACKET, PS FRONT SHIELD
7	2	7376901	SHIELD, PS FRONT 42.5
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR
10	1	8328801	BRKT, MOD PSABC FRONT SHIELD