

HAMMER[®] STRENGTH

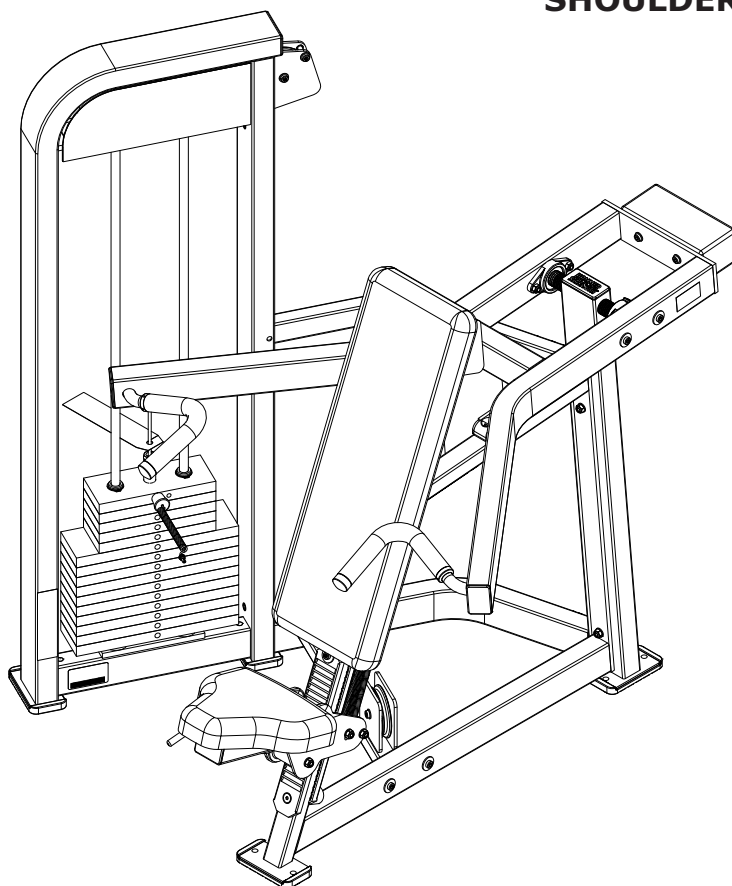
**HAMMER
STRENGTH[®]**

HAMMER SELECT

PARTS MANUAL

**SHOULDER PRESS
HS-SP**

6/15/2014



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KEY

LANGUAGE 1 2 3

Items with Black call-outs require the language to be listed within the order notes. IE. English

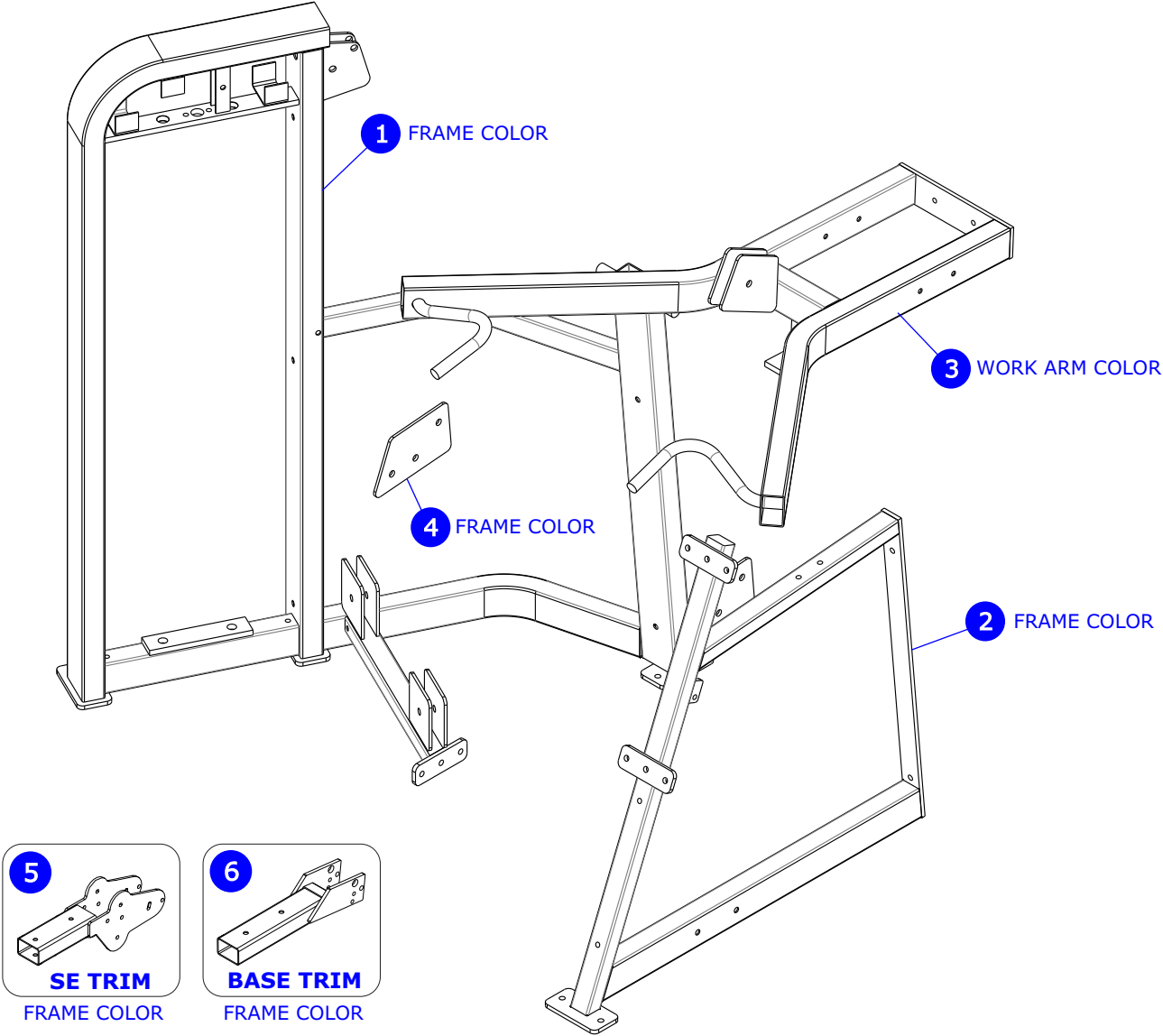
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND WORK ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes. Add 'No Clear' after color - IE. Platinum No Clear

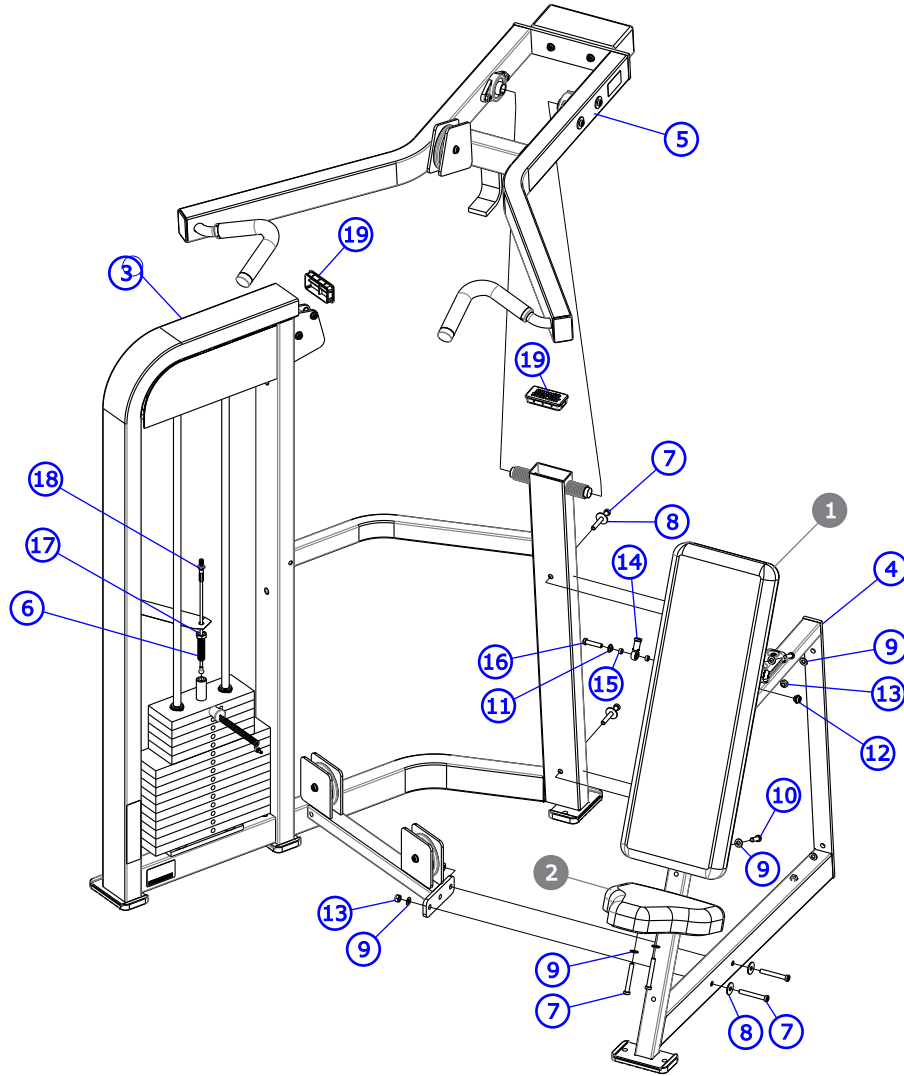
POWDER COATED COMPONENTS



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	POSSIBLE RMA	WLDMT, PSSP SIDE FRAME
2	1	7378799	WLDMT, PSSP SEAT FRAME
3	1	7379499	WLDMT, PSSP MOVEMENT ARM
4	1	7378599	PLATE, PSSP PULLEY
5	1	8494701	WLDMT, 97 DEG ROLLER SEAT
6		7358801	WLDMT, 7 DEG STD HAMMER SEAT

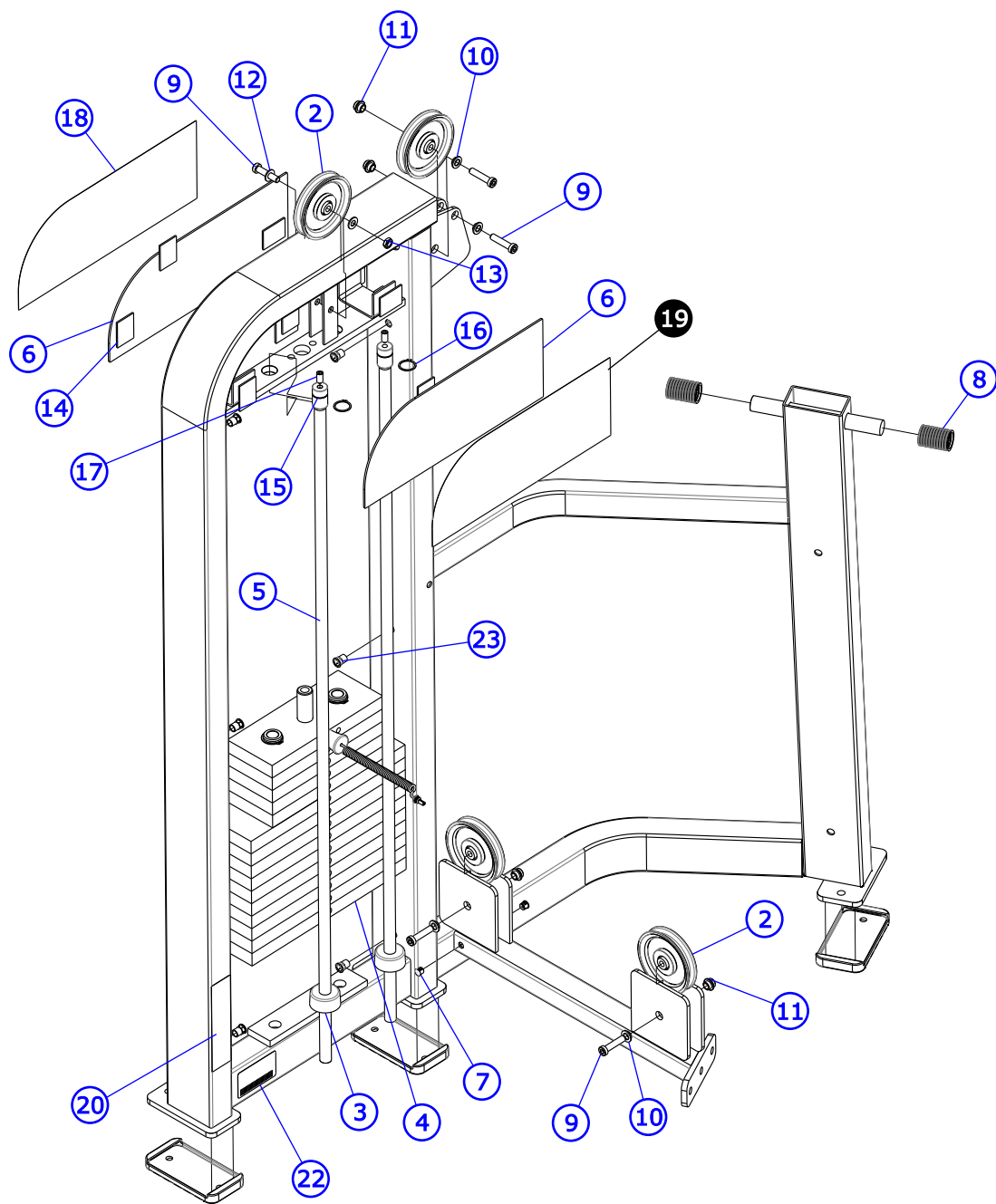
ITEMS ON THIS PAGE ARE POWDER COAT PAINTED. REFER TO PAGE 2 FOR ORDERING INSTRUCTIONS.

COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7354099	PAD, BACK 32-1/2 X 11-1/4
2	1	7351999	PAD, SADDLE
3	1	-	ASSY, PSSP SIDE FRAME
4	1	-	ASSY, PSSP SEAT FRAME
5	1	-	ASSY, PSSP MOVEMENT ARM
6	1	7423608	CABLE, PSSP
7	6	3236212	SCREW, M10 X1.5 75MM
8	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
9	10	3236601	WASHER, 3/8 SAE SS
10	4	3236204	SCREW, M10 X1.5 35MM
11	1	7348101	WASHER, SPACER
12	1	7335401	NUT, M10 X 1.5 SOCKET HEAD
13	4	3236801	NUT, M10 HEX NYLOCK SS
14	1	3237901	ROD END, METRIC FEMALE
15	2	7489402	BSHNG, .500 OD X .402 ID X .235
16	1	3236206	SCREW, M10 X1.5 45MM
17	1	3236902	NUT, HEX JAM M16 X 2 SS
18	1	3236901	NUT, HEX JAM M10 X 1.5 SS
19	2	9462701	CAP, HAMMER, END 2 X 4

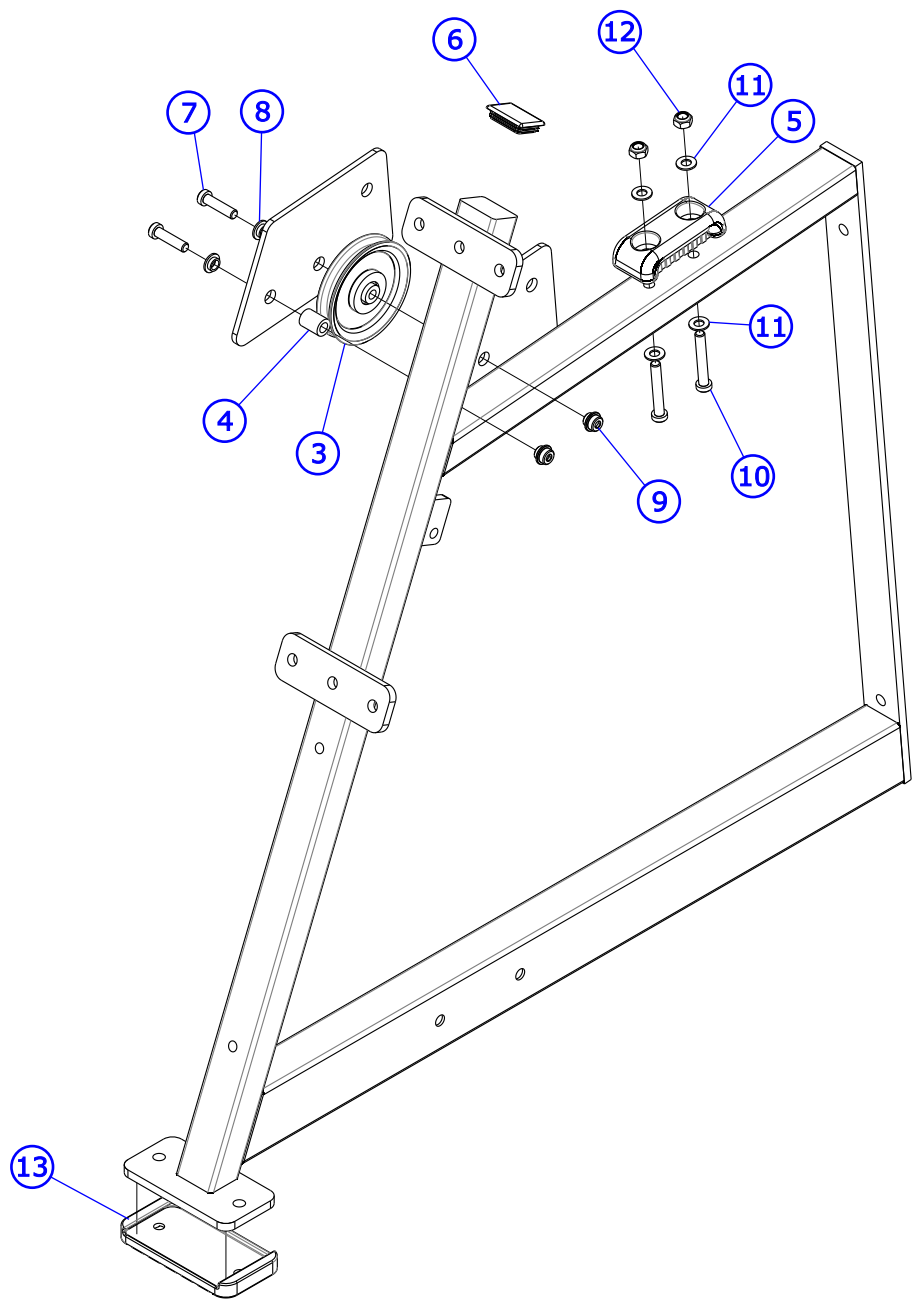
SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	3237801	PULLEY, 4.5" OD
3	2	7352101	CUSHION, WEIGHT STACK
4	1	-	ASSY, 200LB STACK
5	2	7328605	GUIDE ROD, .75 OD SOLID 52.38
6	2	9169400	COVER, STACK-PRO2 STD
7	5	3237401	PLUG, 7/16" HOLE
8	2	6912804	SLEEVE, ACCRDN 1.0 ID X 2
9	5	3236206	SCREW, M10 X1.5 45MM
10	4	7348101	WASHER, SPACER
11	4	7335401	NUT, M10 X 1.5 SOCKET HEAD
12	2	3236601	WASHER, 3/8 SAE SS

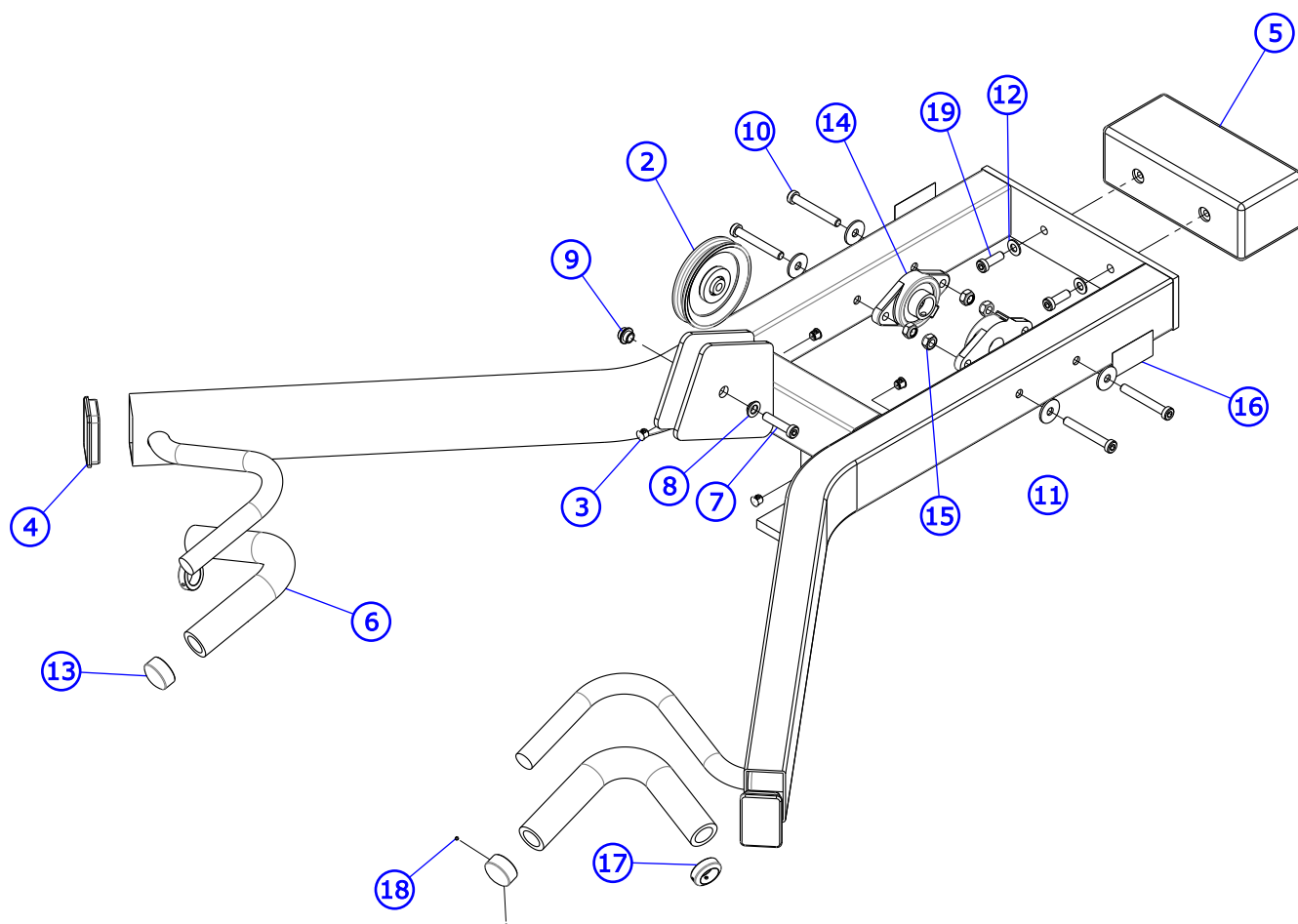
ITEM NO.	QTY.	PART NO.	DESCRIPTION
13	1	3236901	NUT, HEX JAM M10 X 1.5 SS
14	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
15	2	7402301	RETAINER, GUIDEROD
16	2	3232421	RING, BRE .940, 5100-100 ST PP B
17	2	3240501	M10 X 1.5 HXS NO CUP ST BO
18	1	9470701	LABEL, HS-SP LOGO PANEL
19	1	9470699	LABEL, HS-SP PLACARD
20	1	7422004	LABEL, 2" ASTM WARN
21	3	7388201	FOOTPAD, PS RUBBER
22	1	-	LABEL, SERIAL NUMBER, BLANK
23	6	3238601	M10X1.5 BLIND THREADED INSERT (HEX)

SEAT FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
3	1	3237801	PULLEY, 4.5" OD
4	1	7354301	SPACER, 7/16 ID X .75 OD X 1
5	1	7352001	BUMPER, 2-1/8 X 4-5/8
6	1	9217401	CAP, 1.5IN X 2IN -10-14GA, END
7	2	3236205	SCREW, M10 X1.5 40MM
8	2	7348101	WASHER, SPACER
9	2	7335401	NUT, M10 X 1.5 SOCKET HEAD
10	2	3236210	SCREW, M10 X1.5 65MM
11	4	3236601	WASHER, 3/8 SAE SS
12	2	3236801	NUT, M10 HEX NYLOCK SS
13	1	7388201	FOOTPAD, PS RUBBER

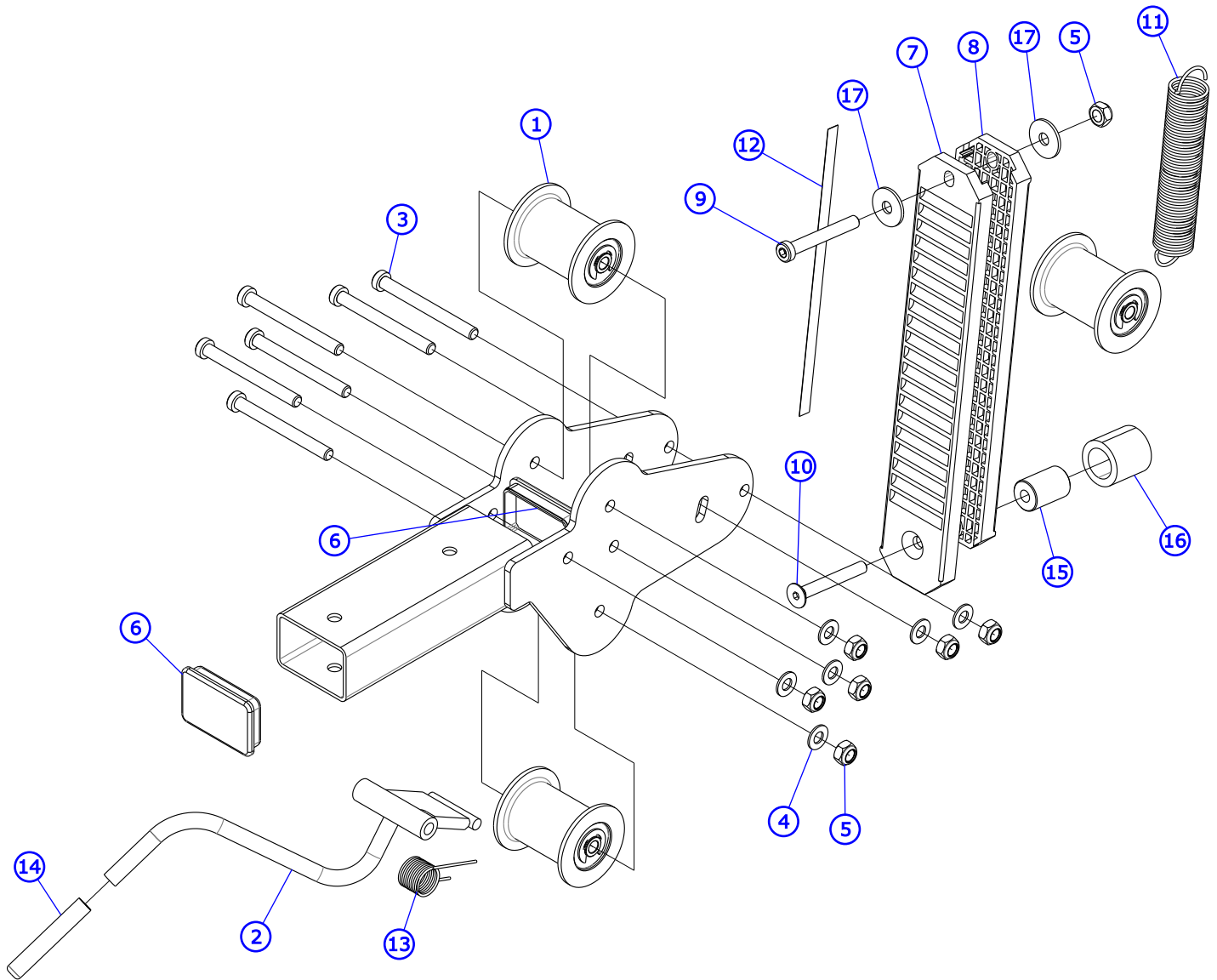
ADJUSTMENT ARM ASSEMBLY



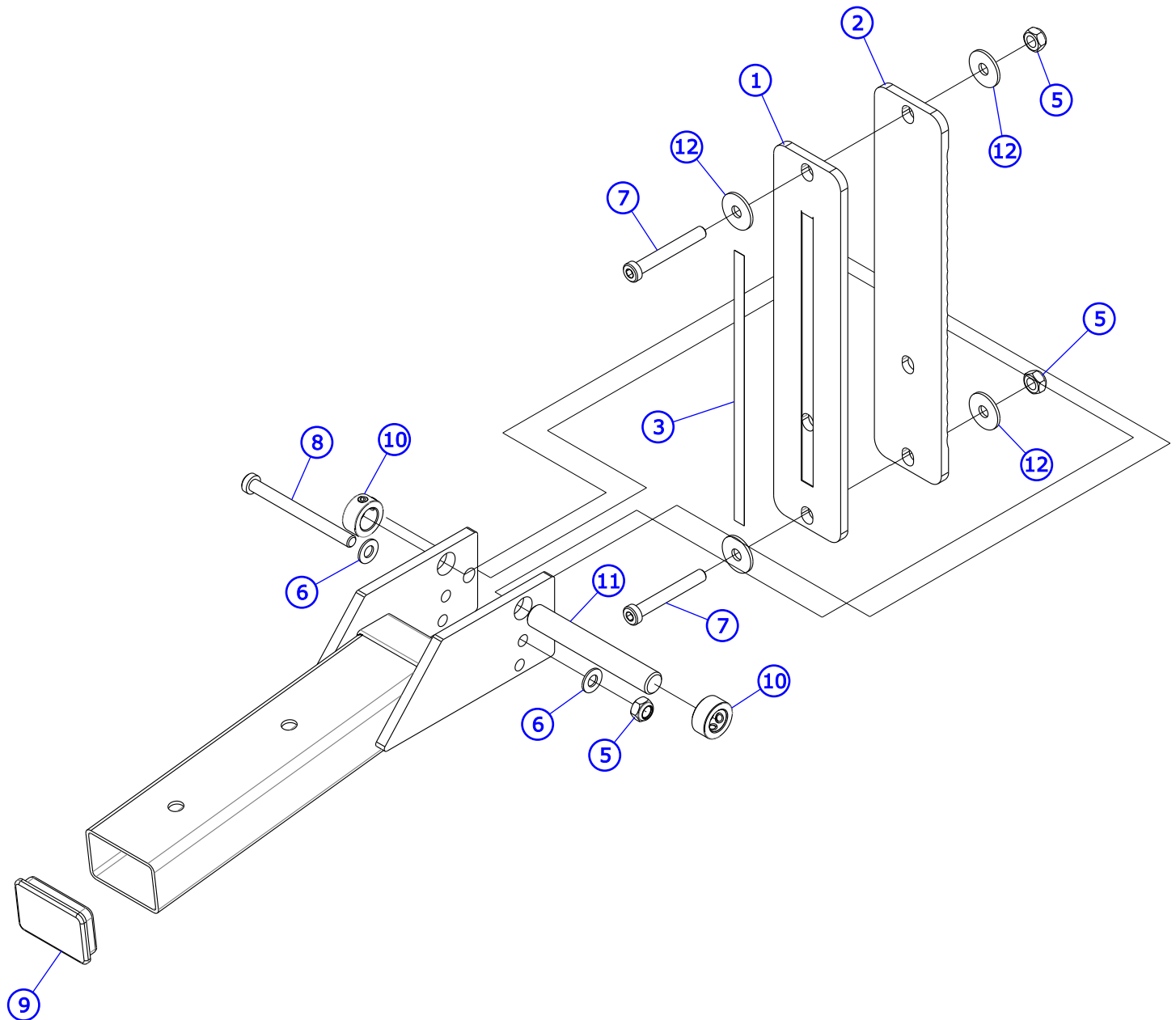
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	3237801	PULLEY, 4.5" OD
3	4	3237401	PLUG, 7/16" HOLE
4	2	7352301	CAP, END 2 X 3
5	1	7802501	WEIGHT, COUNTER LG
6	2	3235802	1.50 OD GRIP
7	1	3236206	SCREW, M10 X1.5 45MM
8	1	7348101	WASHER, SPACER
9	1	7335401	NUT, M10 X 1.5 SOCKET HEAD
10	4	3236212	SCREW, M10 X1.5 75MM
11	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
12	2	3236601	WASHER, 3/8 SAE SS
13	2	7662902	CAP, GRIP 1.50 OD
14	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
15	4	3236801	NUT, M10 HEX NYLOCK SS
16	2	7422003	LABEL, MOVING PARTS
17	2	7662802	RING, GRIP 1.50 OD
18	8	3247701	M4 X .7 HXS NO CUP ST BO
19	2	3236203	SCREW, M10 X1.5 30MM

ROLLER SEAT ASSEMBLY

SE TRIM

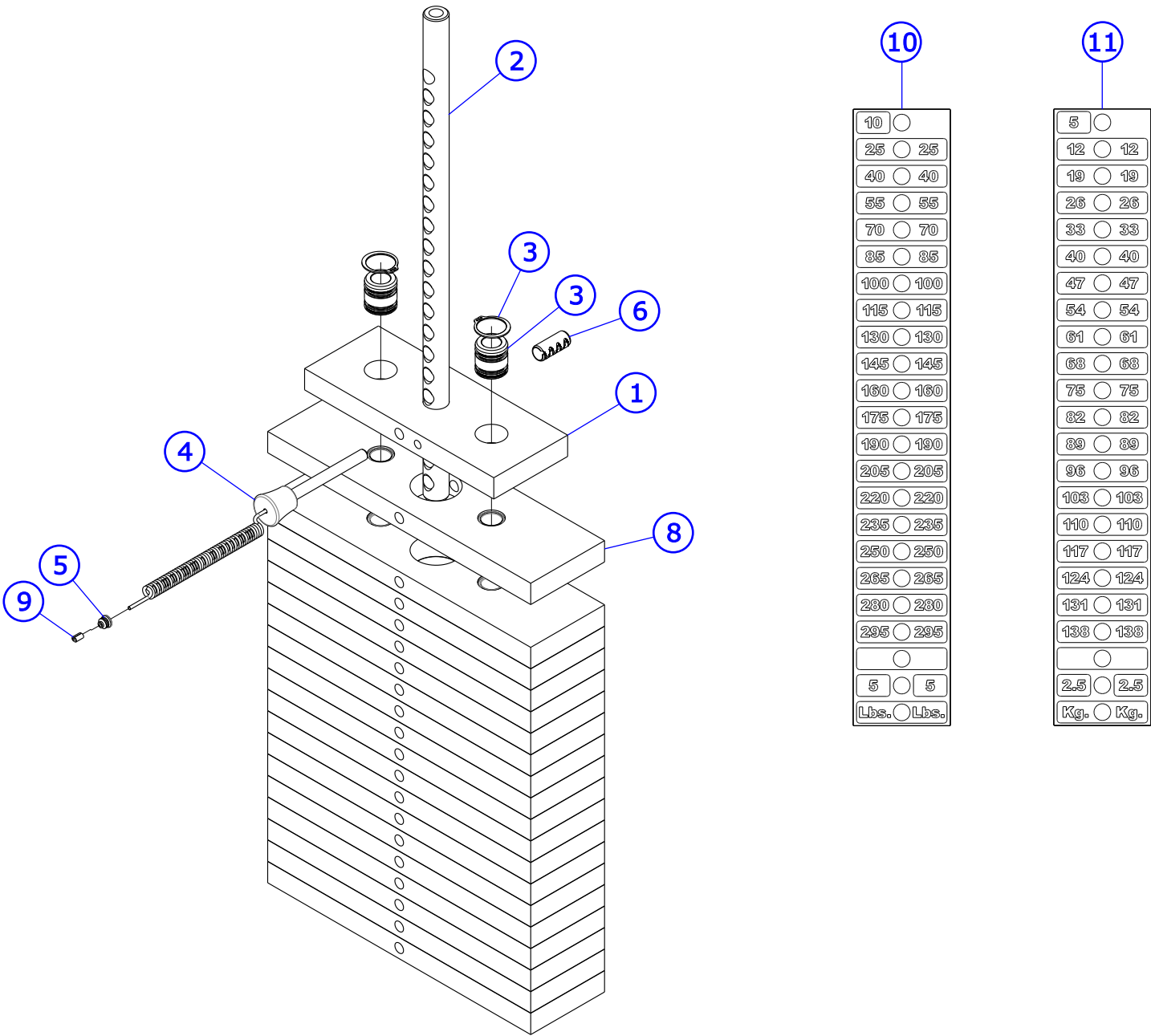


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	3	7564201	ASSY, SEAT ROLLER
2	1	8417195	WLDMT, ROLLER SEAT HANDLE SG
3	6	3236217	SCREW, M10 X1.5 100MM
4	6	3236601	WASHER, 3/8 SAE SS
5	7	3236801	NUT, M10 HEX NYLOCK SS
6	2	7352301	CAP, END 2 X 3
7	1	8416801	TRACK, SEAT - SERRATED
8	1	7564401	SEATRACK, FLAT
9	1	3236212	SCREW, M10 X1.5 75MM
10	1	3238312	M10x1.5x75mm
11	1	7442601	SPRING, PRO2 ROLLER SEAT
12	1	7422002	LABEL, SEAT ADJUST
13	1	7442701	SPRNG, PRO2 HANDLE TORSION
14	1	3238502	CAP, 1/2 X 3
15	1	7570601	STOP, ROLLER SEAT
16	1	3235804	GRIP, 1.5 OD X .25 WALL X 1.5 L OPEN END
17	2	3236602	WASHER, 3/8 ID X 1.25 OD SS

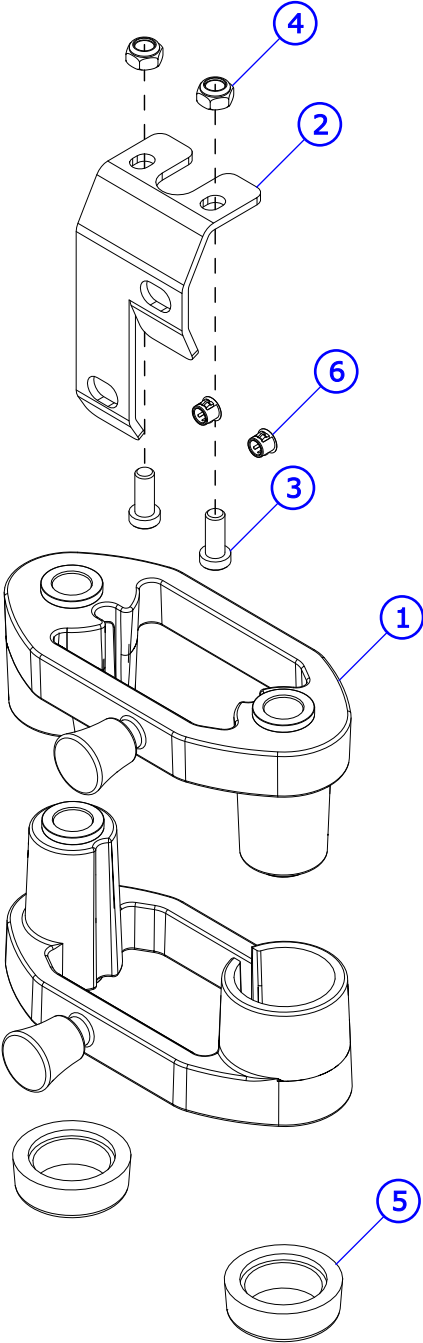


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7359701	SEATRACK FRONT
2	1	7359801	SEATRACK BACK
3	1	7422002	LABEL, SEAT ADJUST
5	3	3236801	NUT, M10 HEX NYLOCK SS
6	2	3236601	WASHER, 3/8 SAE SS
7	2	3236212	SCREW, M10 X1.5 75MM
8	1	3236218	SCREW, M10 X1.5 110MM
9	1	7352301	CAP, END 2 X 3
10	2	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
11	1	7359301	.75" ROUND SEAT PIN
12	4	3236602	WASHER, 3/8 ID X 1.25 OD SS

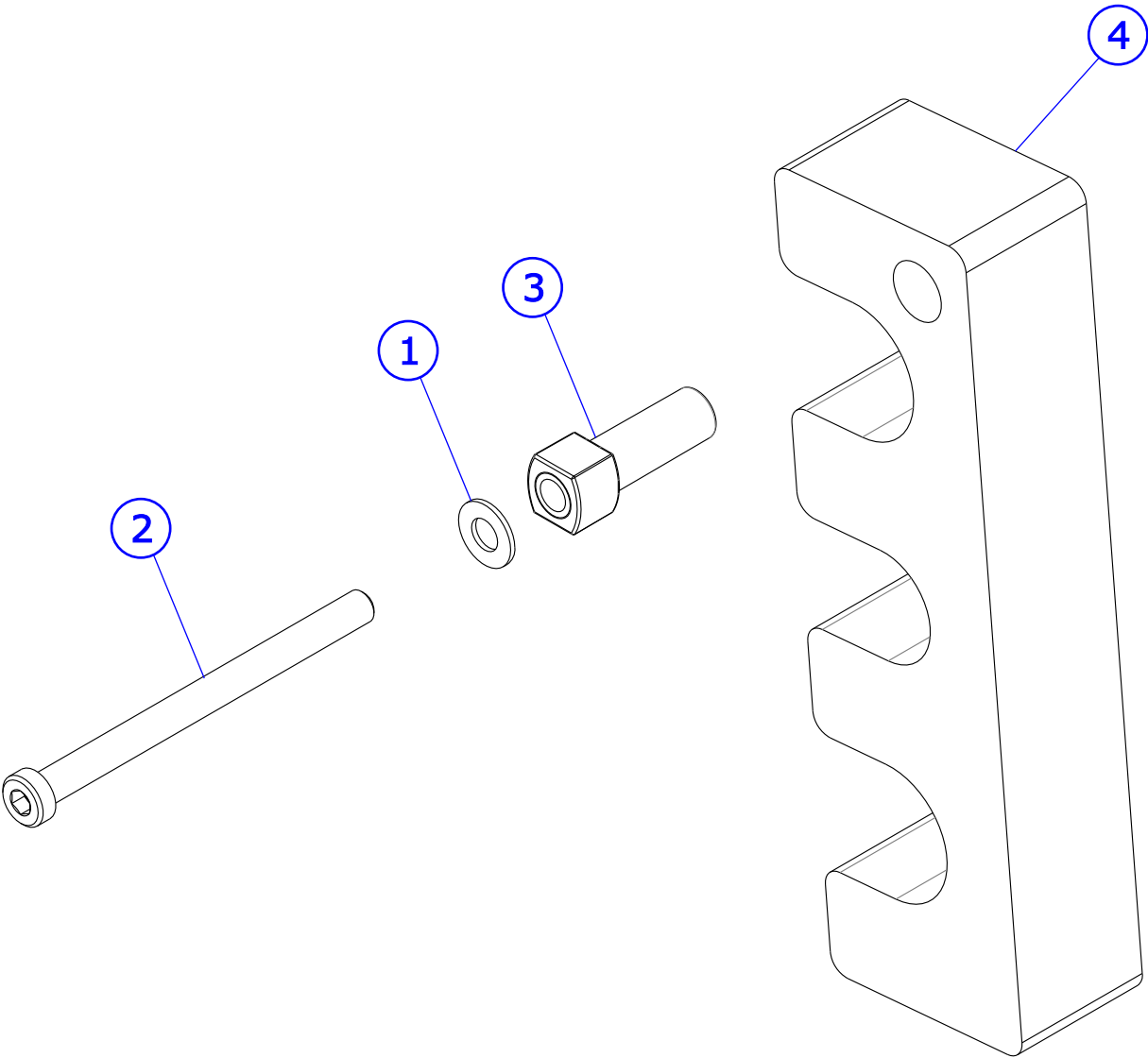
WEIGHT STACK ASSEMBLY



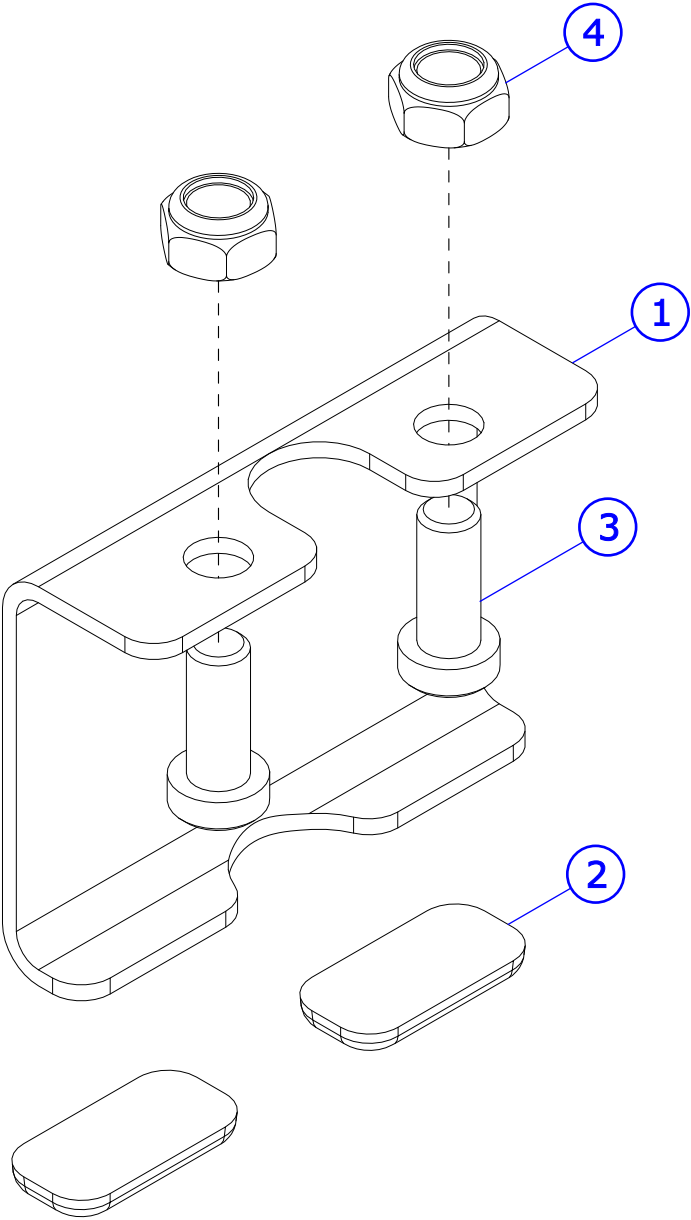
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7356601	STEM, PRO2 19 HOLE
3	2	7338001	BUSHING, HEADPLATE
4	1	7353001	ASSY, SELECTOR PIN
5	1	7356501	PLUG, LANYARD ATTACHMENT
6	1	3236001	BUSHING, SPRING PIN
8	19	7353801	ASSY, 15 LB PLATE
9	1	7523601	CRIMP, CABLE
10	1	7987201	LABEL, 300 LB STACK
11		7987401	LABEL, 138 KG STACK



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	8047001	ASSY, PS, INCREMENT WEIGHT
2	1	8700801	PLATE, INCREMENT WEIGHT STRIKER
3	2	3236202	M10 X 1.5 X 25 SHCS, LOW HEAD
4	2	3236801	NUT, NYLOCK M10 X 1.5 SS
5	2	7767601	BUMPER, PS INCREMENT
6	2	3237401	PLUG, 7/16" HOLE

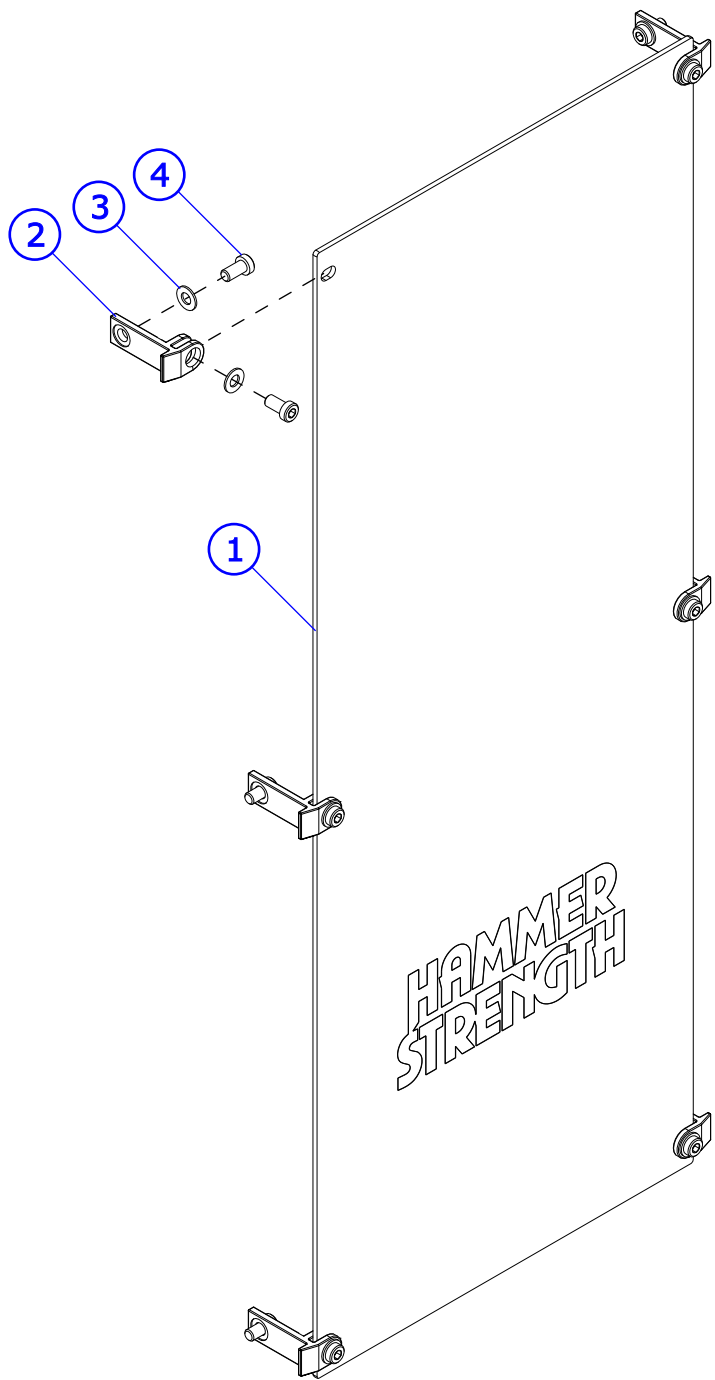


ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	3236601	WASHER, 3/8 SAE SS
2	1	3236220	SCREW, M10 X1.5 130MM
3	1	7401701	COVER, PLASTIC PEG
4	1	7366101	WEIGHT, 7.5 LB. ADD-ON



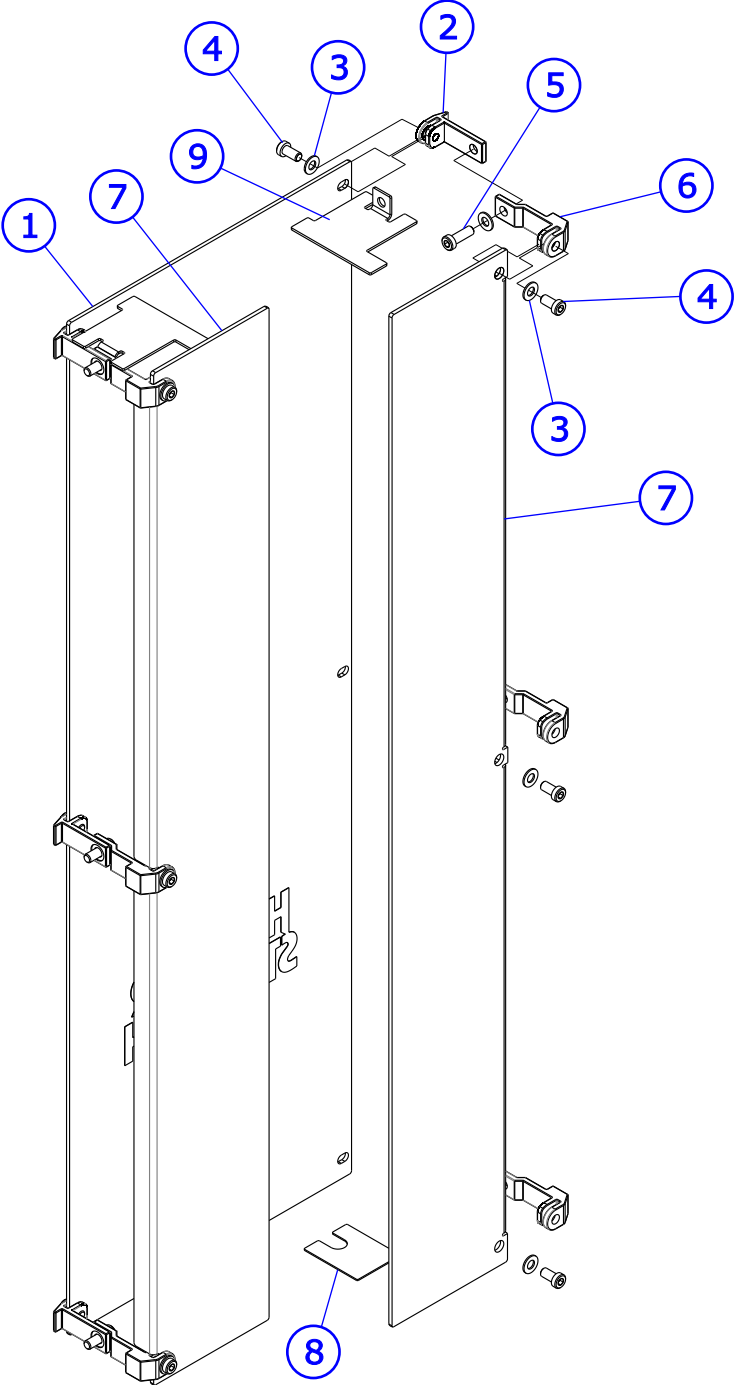
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	8670795	STOP, HEADPLATE, SHADOW GRAY
2	2	7570801	GUARD, PAINT 1.25"x.75"x.25"
3	2	3236202	SCREW, M10 X1.5 25MM
4	2	3236801	NUT, M10 HEX NYLOCK SS

REAR SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

FULL SHROUD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	9475702	SHROUD, HS REAR 51.00 X 16.43
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376902	SHIELD, PS FRONT 51.0
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR