

HAMMER[®] STRENGTH

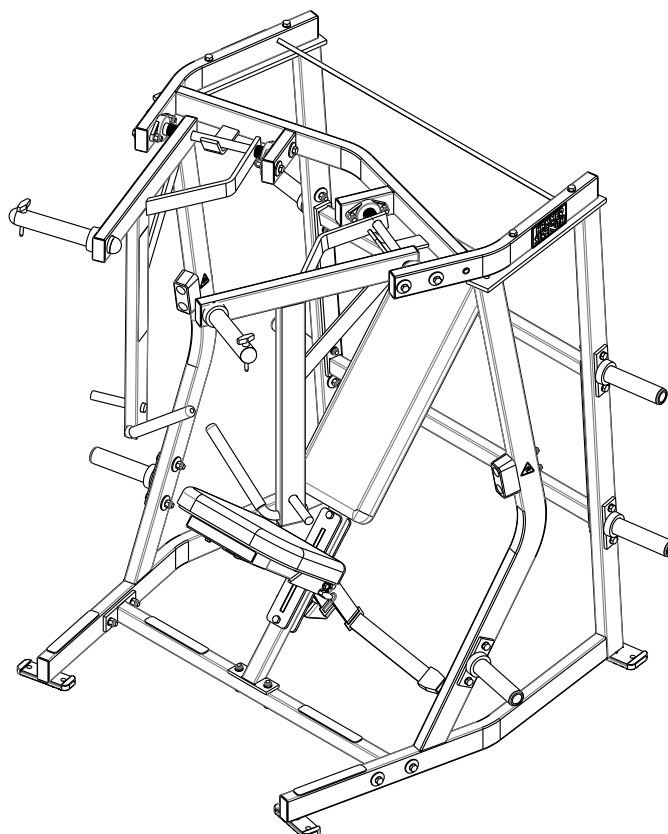
**HAMMER
STRENGTH[®]**

ISO-LATERAL

PARTS MANUAL

**DECLINE CHEST PRESS
ILDCP & IL-DCP**

1/16/2015



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KEY

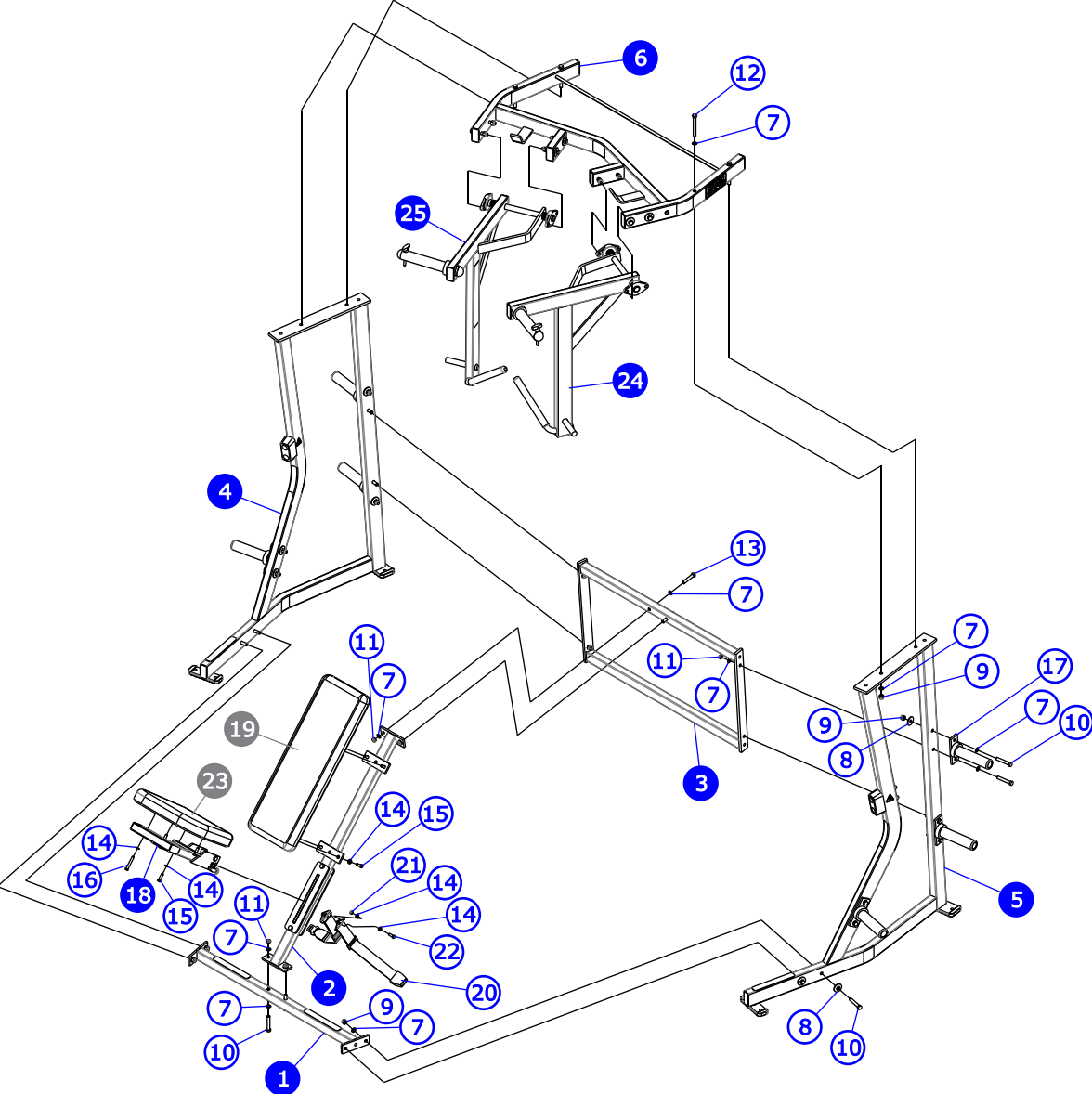
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

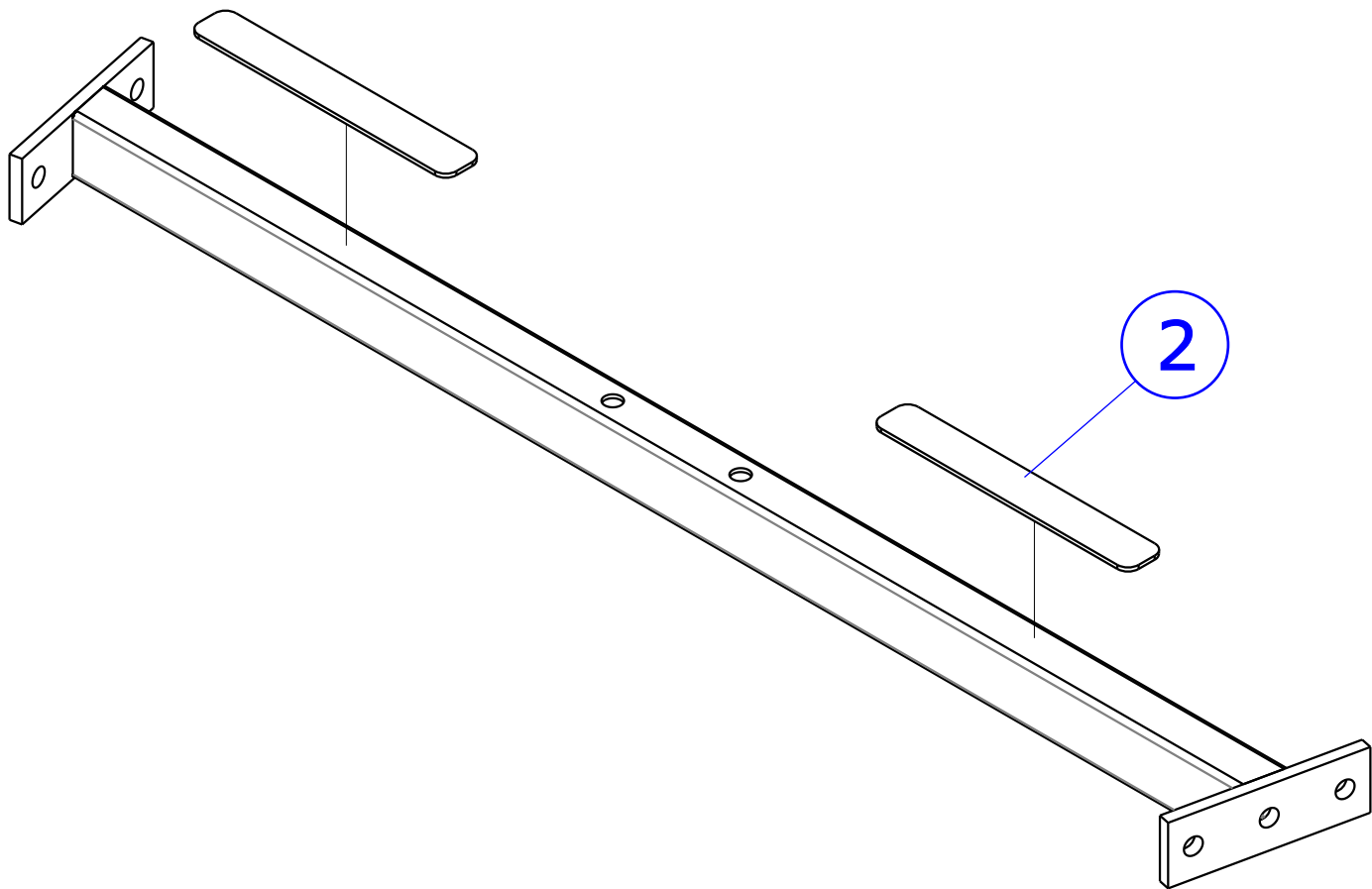
Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

COMPONENT ASSEMBLY



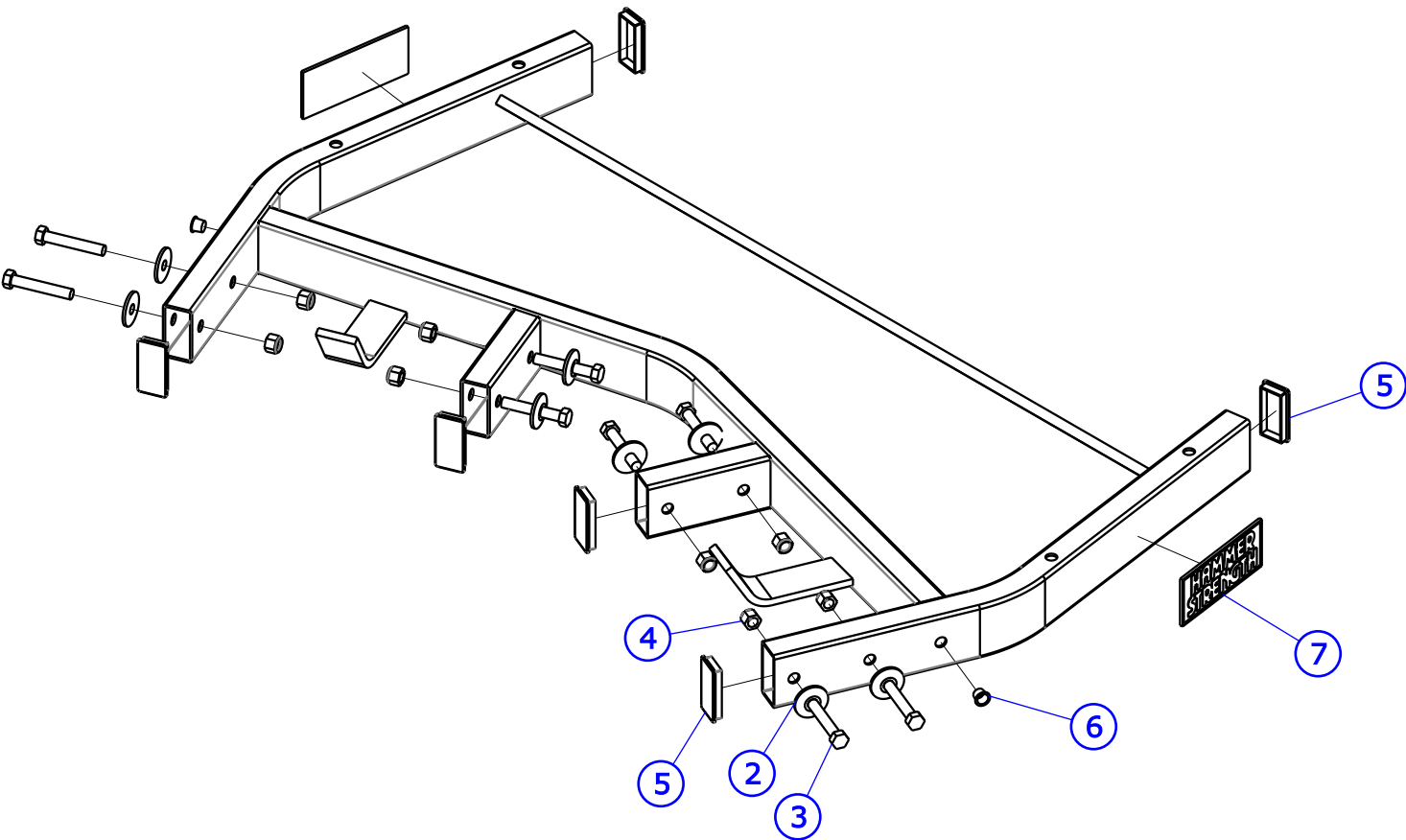
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	ILDCP-CFX	ASSY, FRONT FRAME, ILDCP
2	1	ILDCP-CST	ASSY, SEAT FRAME, ILDCP
3	1	ILDCP-BX	WLDMT, BACK FRAME, ILDCP
4	1	ILDCP-CSFR	ASSY, SIDE FRAME, RIGHT, ILDCP
5	1	ILDCP-CSFL	ASSY, SIDE FRAME, LEFT, ILDCP
6	1	ILDCP-CTX	ASSY, TOP CROSS MEMBER, ILDCP
7	36	WASH.5STAR	1/2" INTERNAL LOCK WASHER
8	12	H-BACK-WASH	BACKING WASHER
9	16	NUT.5LOCK	1/2 DIA THICK LOCK NUT
10	18	HHB.5X3	1/2 X 3 BOLT
11	8	NUT.5JAMLOCK	1/2 THIN LOCK NUT
12	4	HHB.5X4.5	1/2 X 4 1/2 BOLT
13	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
14	12	WASH.375SAE	3/8" SAE FLAT WASHER
15	6	3236204	SCREW, M10 X1.5 35MM
16	2	3236210	SCREW, M10 X1.5 65MM
17	6	H-HORN-ASSY	ASSY, WEIGHT HORN
18	1	CSTD-ST2	ASSY, STD SEAT 2
19	1	7354099	PAD, BACK 32-1/2 X 11-1/4
20	1	SEATBELT-ASSEM	SEATBELT, COMPLETE
21	2	HHB.375X1	STEEL BOLT 3/8 X 1
22	2	NUT.375JAMLOCK	3/8 THIN LOCK NUT
23	1	8854299	PAD, SEAT 17 X 16-3/4
24	1	ILDCP-CMAL	ASSY, MOVEMENT ARM, LEFT, ILDCP
25	1	ILDCP-CMAR	ASSY, MOVEMENT ARM, RIGHT, ILDCP

FRONT FRAME ASSEMBLY



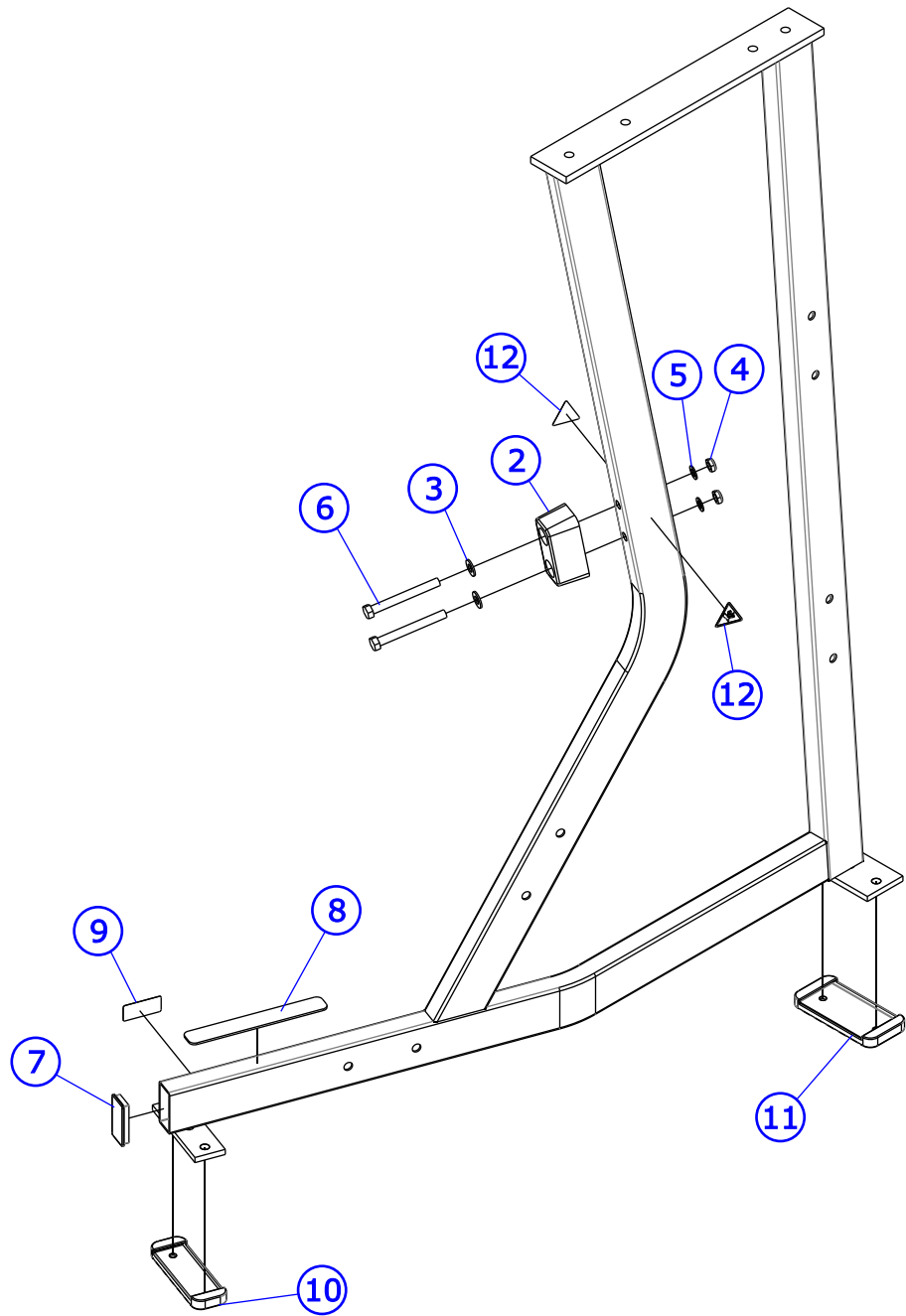
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9

TOP CROSS MEMBER ASSEMBLY



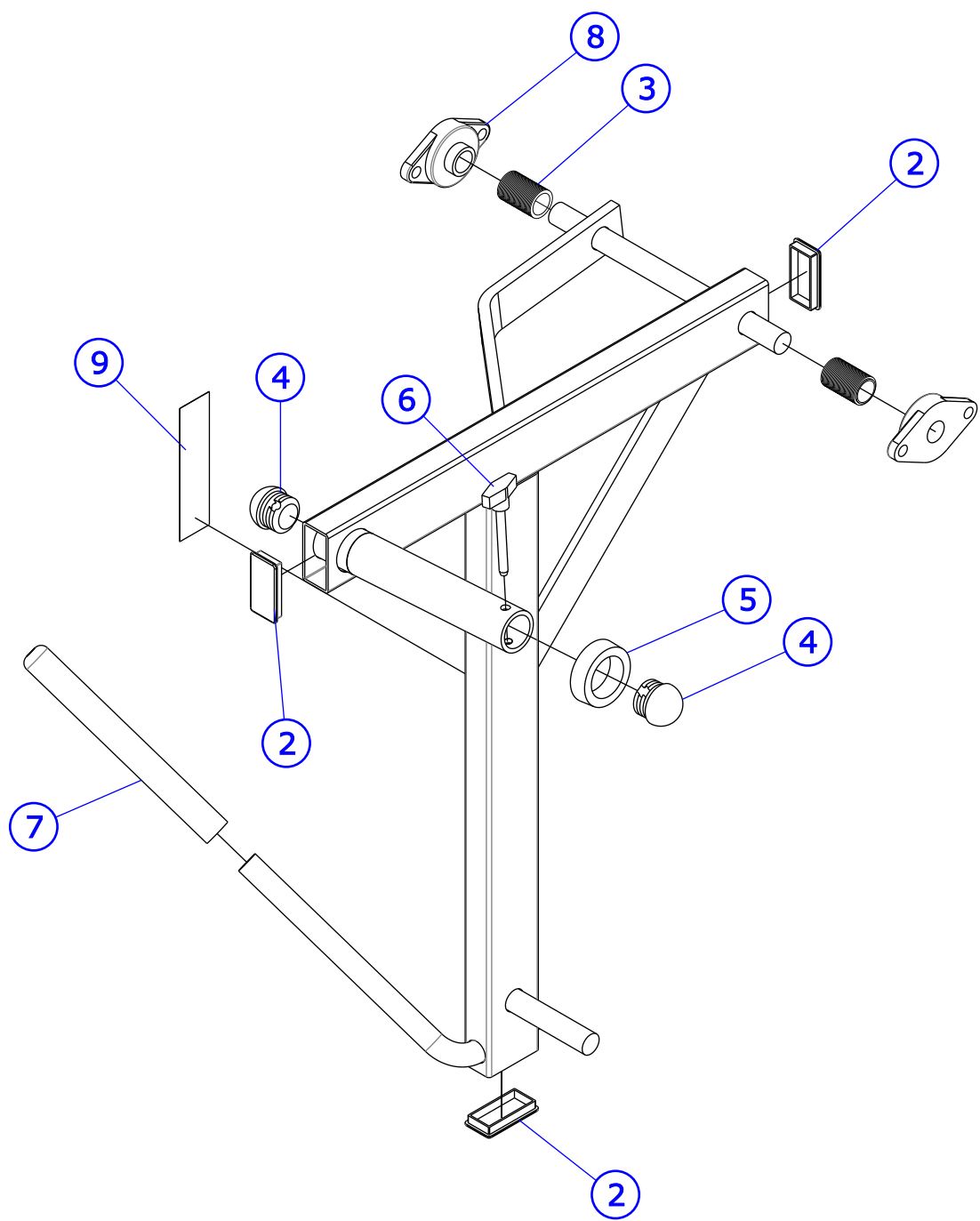
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	8	H-BACK-WASH	BACKING WASHER
3	8	HHB.5X2.5	1/2 X 2 1/2 BOLT
4	8	NUT.5JAMLOCK	1/2 THIN LOCK NUT
5	6	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
6	2	H-HPLUG (REG)	HOLE PLUG
7	2	H-NAME PLATE	NAMEPLATE (45156-P)

LEFT SIDE FRAME ASSEMBLY



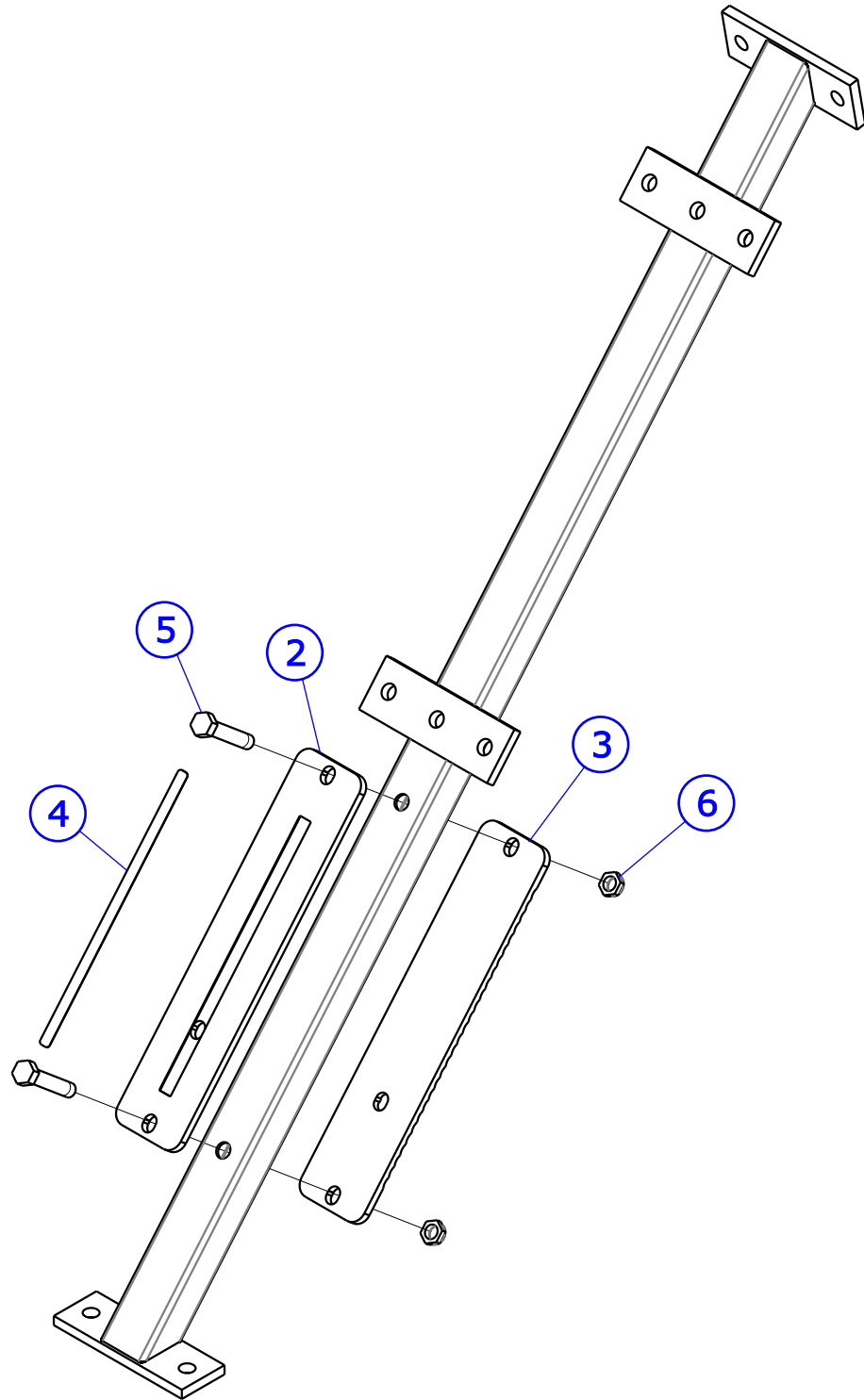
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-BUMP-MED	MM2 MEDIUM
3	2	WASH.5SAE	1/2" SAE FLAT WASHER
4	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
5	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
6	2	HHB.5X4.5	1/2 X 4 1/2 BOLT
7	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
8	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
9	1	-	SERIAL NUMBER
10	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
11	1	MM-9	3 X 6 FLANGE RUBBER SLIPPER
12	2	8039501	LABEL, WARNING, TRIANGLE

LEFT MOVEMENT ARM ASSEMBLY



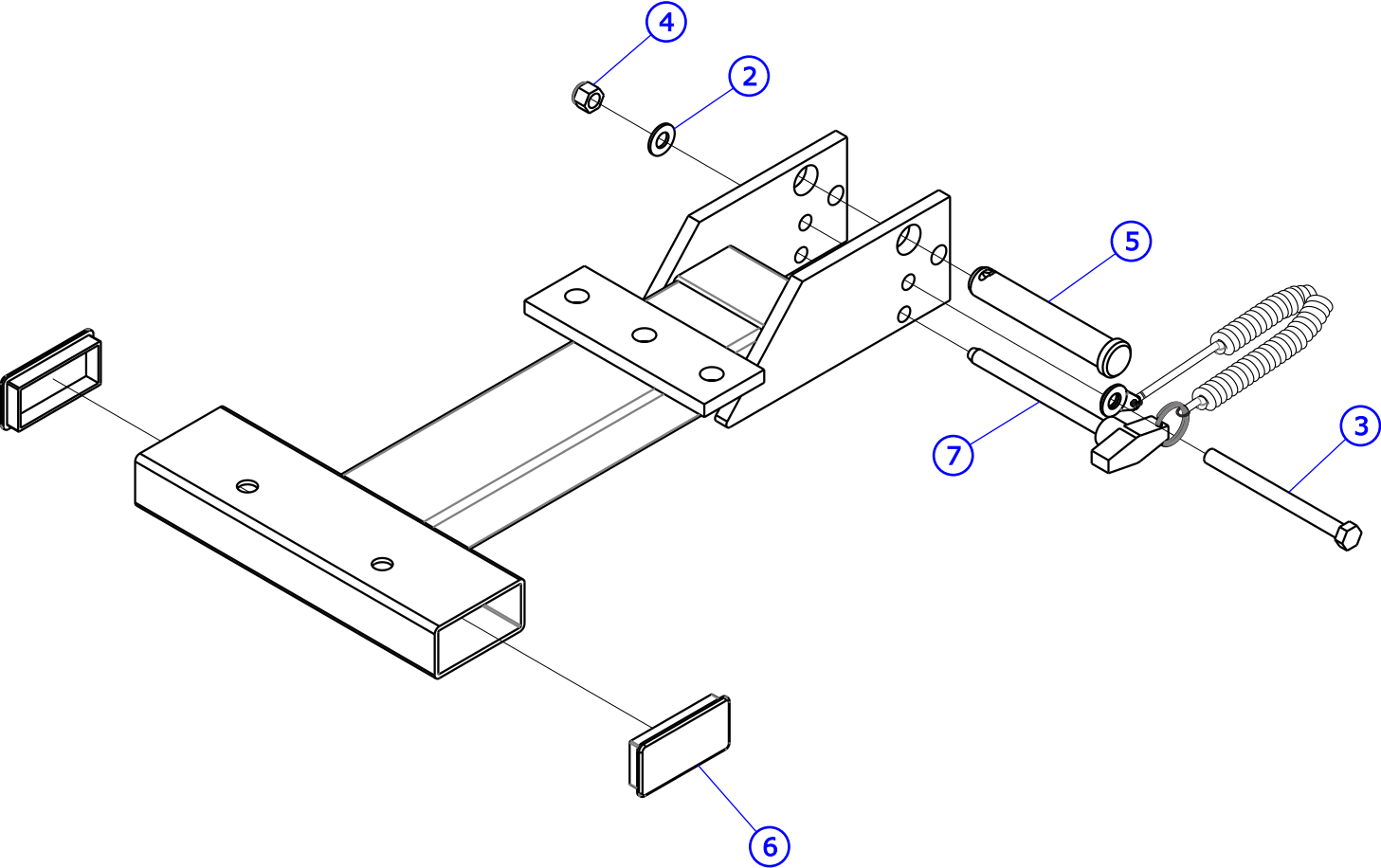
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
3	2	ACCORDIAN	SHAFT GUARD
4	2	RUBCAP1-2	RUBBER CAP #1
5	1	1000146-0001	BUMPER, WEIGHT HORN, FLAT -30MM
6	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
7	1	H-GRIP	HANDLE GRIPS (.938X16)
8	2	H-BEAR-SML	SMALL BEARING
9	1	8773701	LABEL, ASTM PL VERT

SEAT FRAME ASSEMBLY



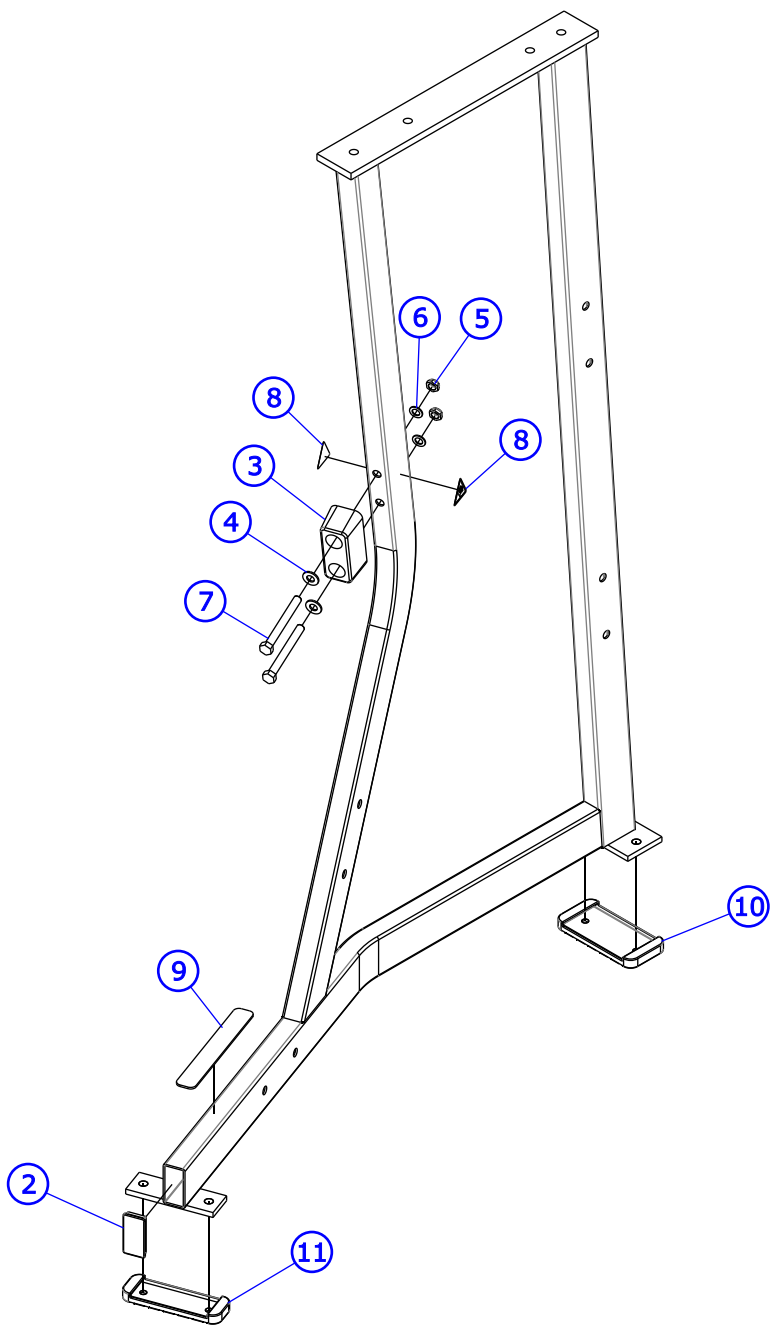
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-SEATRCKS-N	PLASTIC SEAT GUIDES(PP229)NEW)
3	1	H-SEATRCKS-RIB	SEATRACK BACK
4	1	SEAT NUMBER	SEAT ADJ. NUMBER LABEL
5	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
6	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT

STD SEAT ASSEMBLY



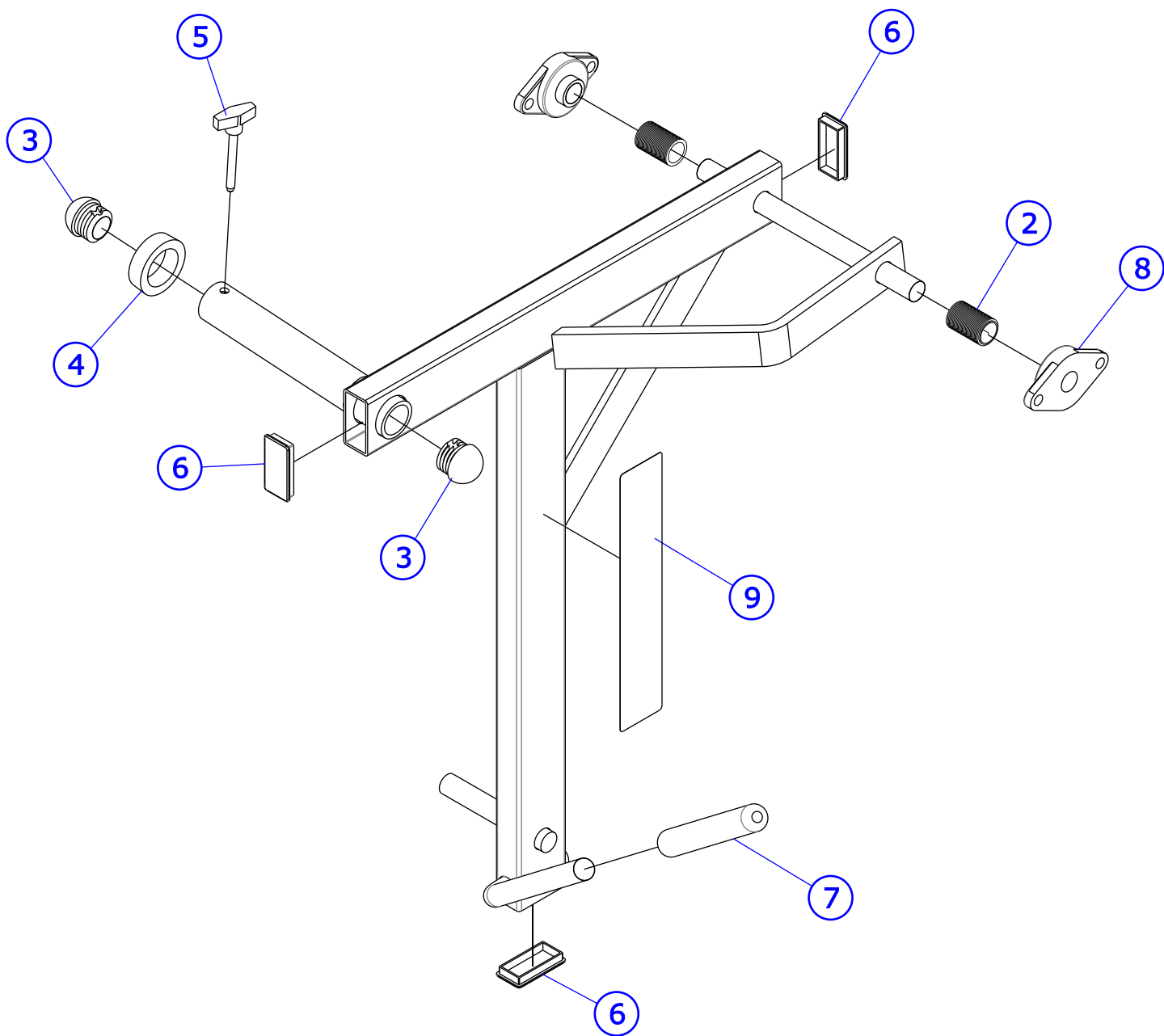
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	WASH.375SAE	3/8" SAE FLAT WASHER
3	1	HHB.375X4.5	STEEL BOLT 3/8 X 4.5
4	1	NUT.375LOCK	3/8 THICK LOCK NUT
5	1	STD SEAT PIN	STD SEAT PIN
6	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
7	1	SELECTOR PIN-4	SELECTOR PIN 4" WITH LANYARD

RIGHT SIDE FRAME ASSEMBLY



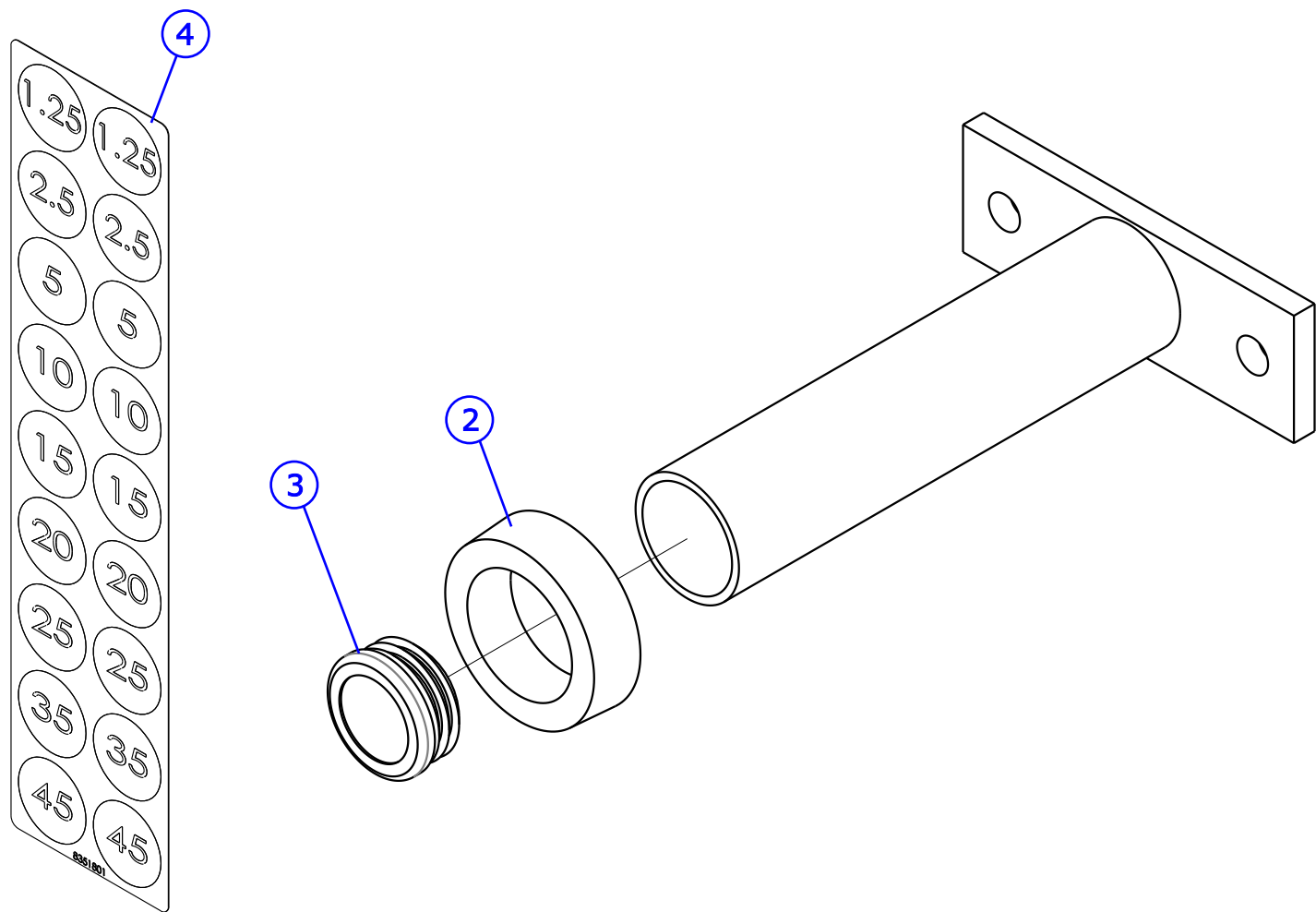
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
3	1	H-BUMP-MED	MM2 MEDIUM
4	2	WASH.5SAE	1/2" SAE FLAT WASHER
5	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
6	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
7	2	HHB.5X4.5	1/2 X 4 1/2 BOLT
8	2	8039501	LABEL, WARNING,TRIANGLE
9	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
10	1	MM-9	3 X 6 FLANGE RUBBER SLIPPER
11	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER

RIGHT MOVEMENT ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	ACCORDIAN	SHAFT GUARD
3	2	RUBCAP1-2	RUBBER CAP #1
4	1	1000146-0001	BUMPER, WEIGHT HORN, FLAT -30MM
5	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
6	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
7	1	H-GRIP	HANDLE GRIPS (.938X16)
8	2	H-BEAR-SML	SMALL BEARING
9	1	ID-ILDCP	PRODUCT PLACARD, ILDCP

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET