

HAMMER[®] STRENGTH

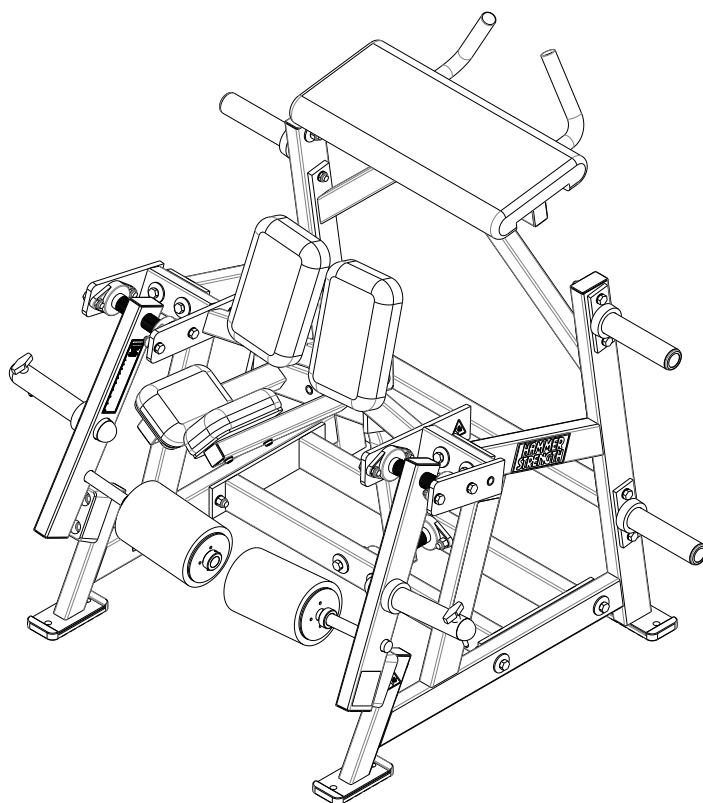
**HAMMER
STRENGTH[®]**

ISO-LATERAL

PARTS MANUAL

**KNEELING LEG CURL
ILKLC & IL-KLC**

2/16/2015



CONTENTS

COMPONENT ASSEMBLY PAGE 3

BOTTOM FRAME ASSEMBLY 4

KNEE ASSEMBLY 5

FRONT FRAME ASSEMBLY 6

PAD ASSEMBLY 7

LEFT SIDE FRAME ASSEMBLY 8

LEFT MOVEMENT ARM ASSEMBLY 9

WORKBOX ASSEMBLY 10

RIGHT SIDE FRAME ASSEMBLY 11

RIGHT MOVEMENT ARM ASSEMBLY 12

WEIGHT HORN ASSEMBLY 13

KEY

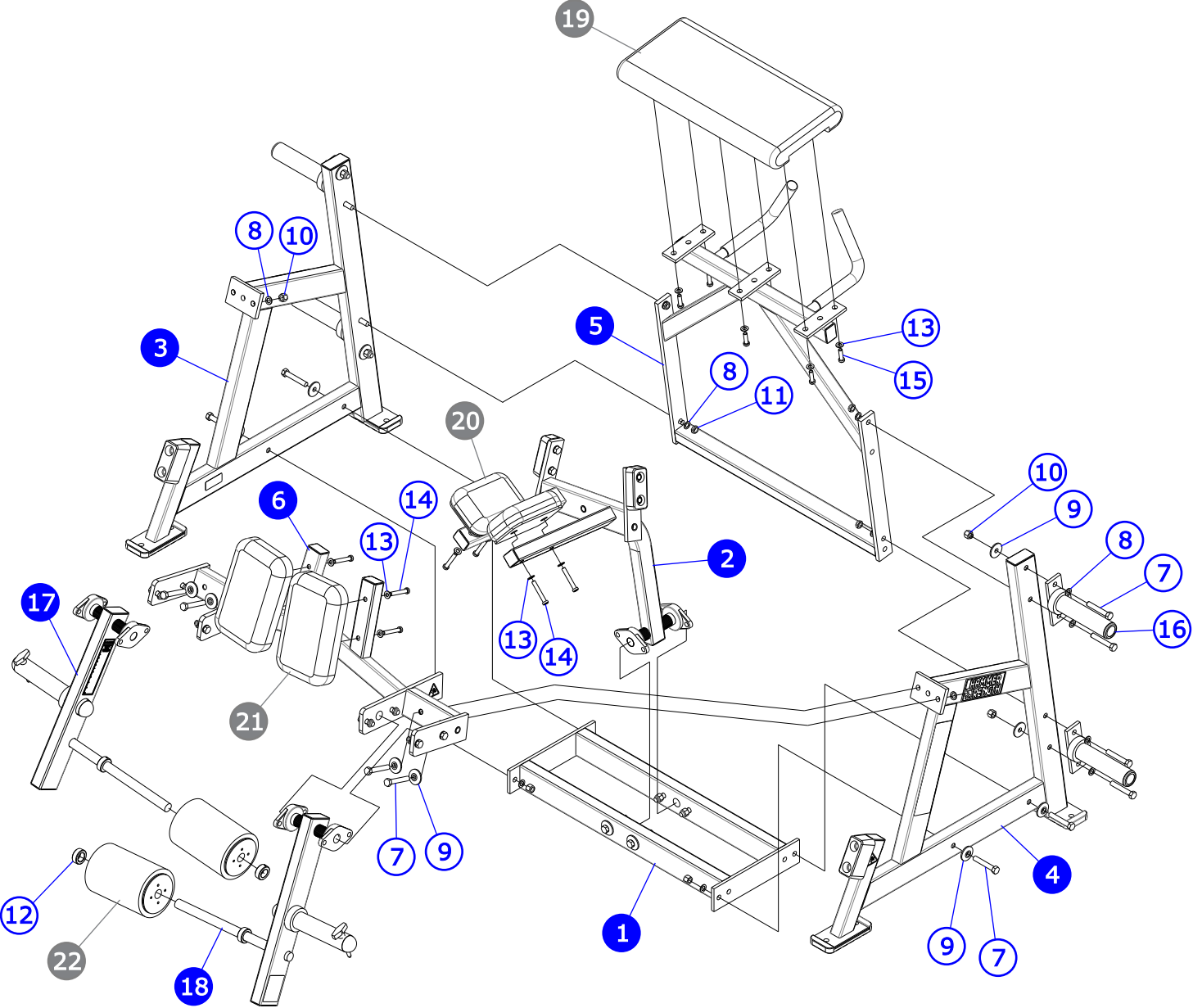
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

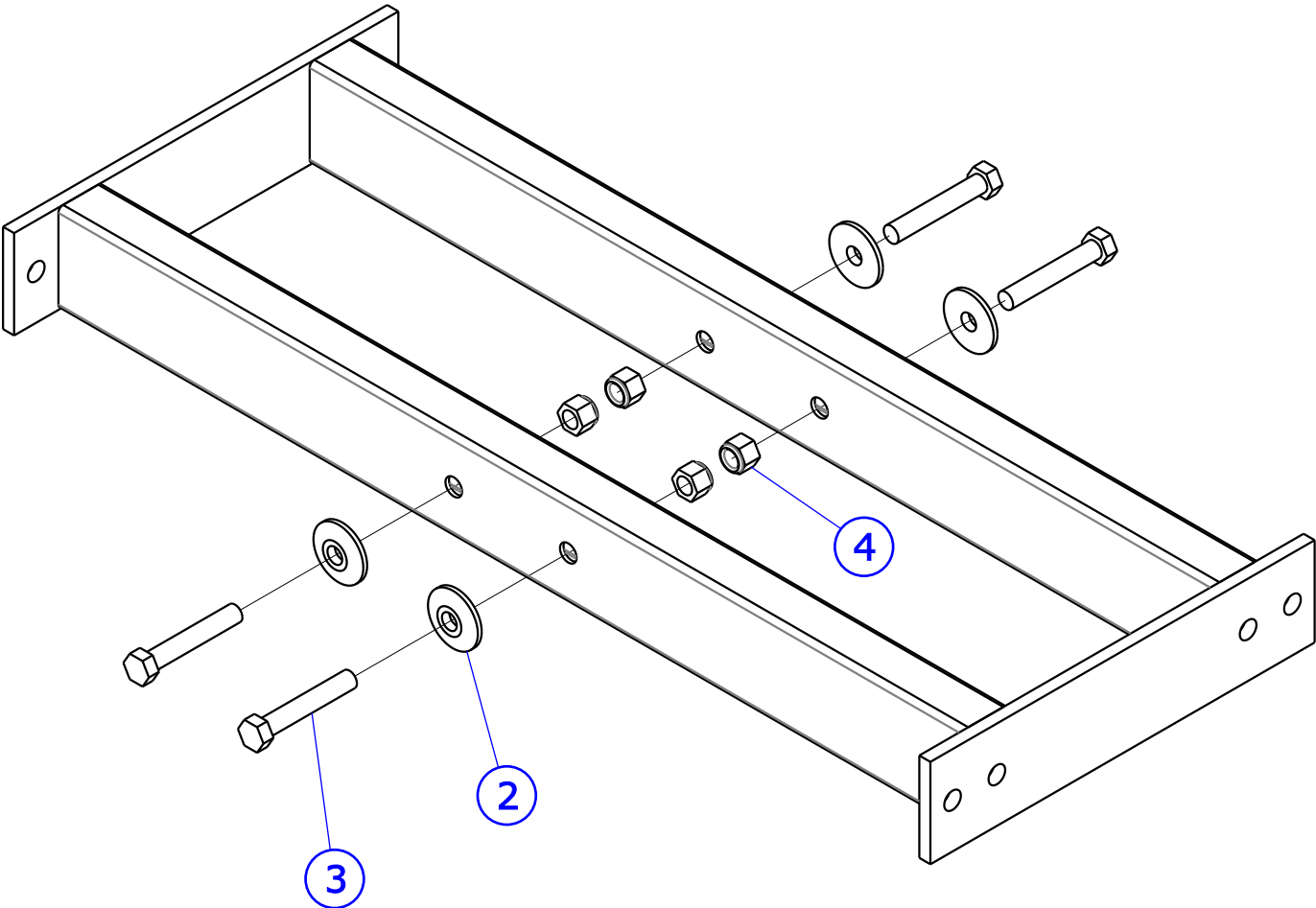
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	ILKLC-CBX	ASSY, BOTTOM FRAME, ILKLC
2	1	ILKLC-CETC	ASSY, KNEE, ILKLC
3	1	ILKLC-CSFL	ASSY, SIDE FRAME, LEFT, ILKLC
4	1	ILKLC-CSFR	ASSY, SIDE FRAME, RIGHT, ILKLC
5	1	ILKLC-CFX	ASSY, FRONT FRAME, ILKLC
6	1	ILKLC-CWB	ASSY, WORKBOX, ILKLC
7	16	HHB.5X3	1/2 X 3 BOLT
8	20	WASH.5STAR	1/2" INTERNAL LOCK WASHER
9	12	H-BACK-WASH	BACKING WASHER
10	12	NUT.5LOCK	1/2 DIA THICK LOCK NUT
11	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT

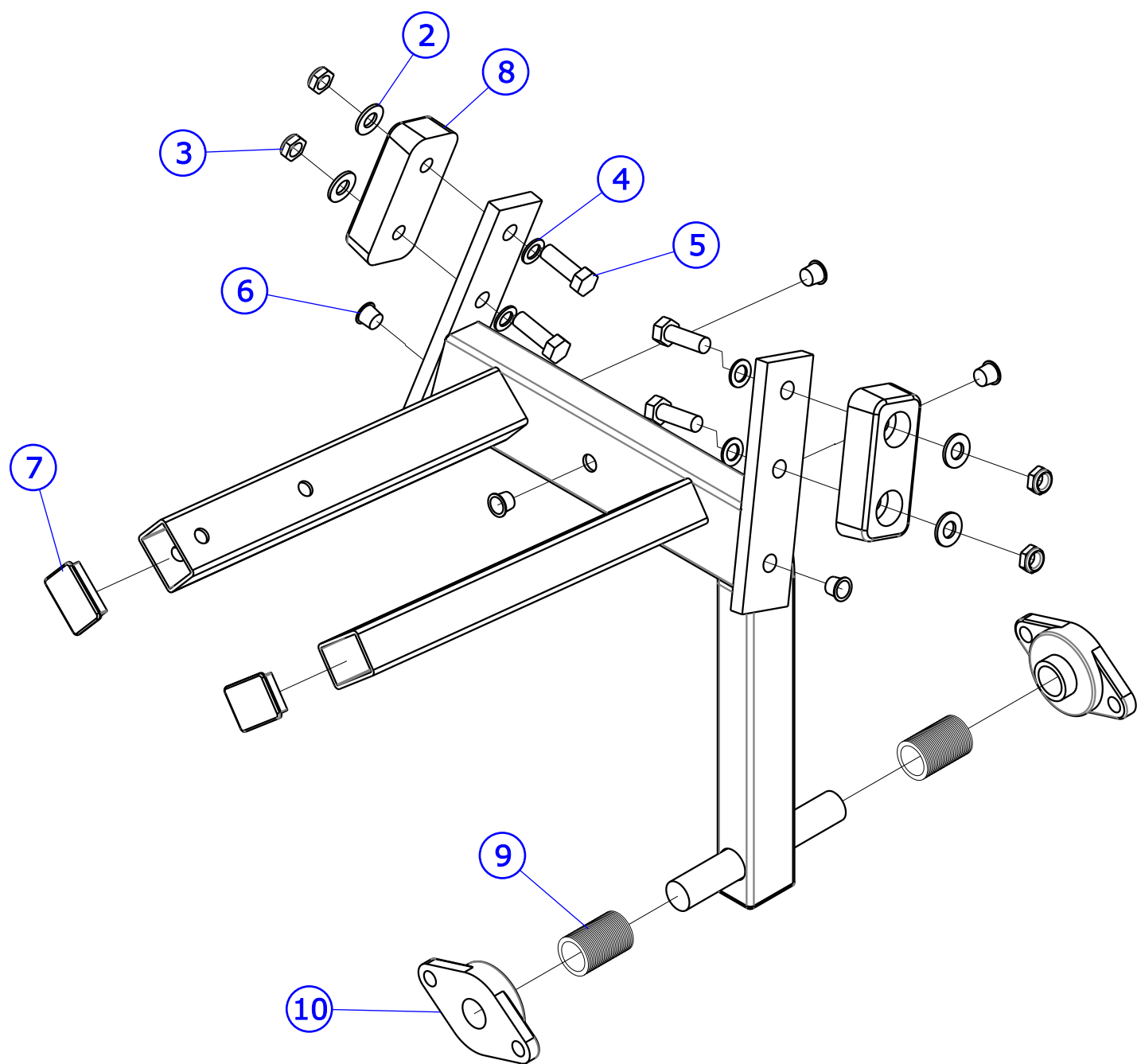
ITEM NO.	QTY.	PART NO.	DESCRIPTION
12	4	H-LCOLLAR1	1" LOCK COLLAR
13	14	WASH.375SAE	3/8" SAE FLAT WASHER
14	8	3236210	SCREW, M10 X1.5 65MM
15	6	3236204	SCREW, M10 X1.5 35MM
16	4	H-HORN-ASSY	ASSY, WEIGHT HORN
17	1	1000277-0001	ASSY, MOVEMENT ARM, LEFT, ILKLC
18	1	1000274-0001	ASSY, MOVEMENT ARM, RIGHT, ILKLC
19	1	8782399	PAD, MOLDED 606 X 279
20	2	7563099	PAD, 8 X 6
21	2	7399399	PAD, 7 X 11-1/4
22	2	8782699	PAD, MOLDED DIA 139.7 RND

BOTTOM FRAME ASSEMBLY



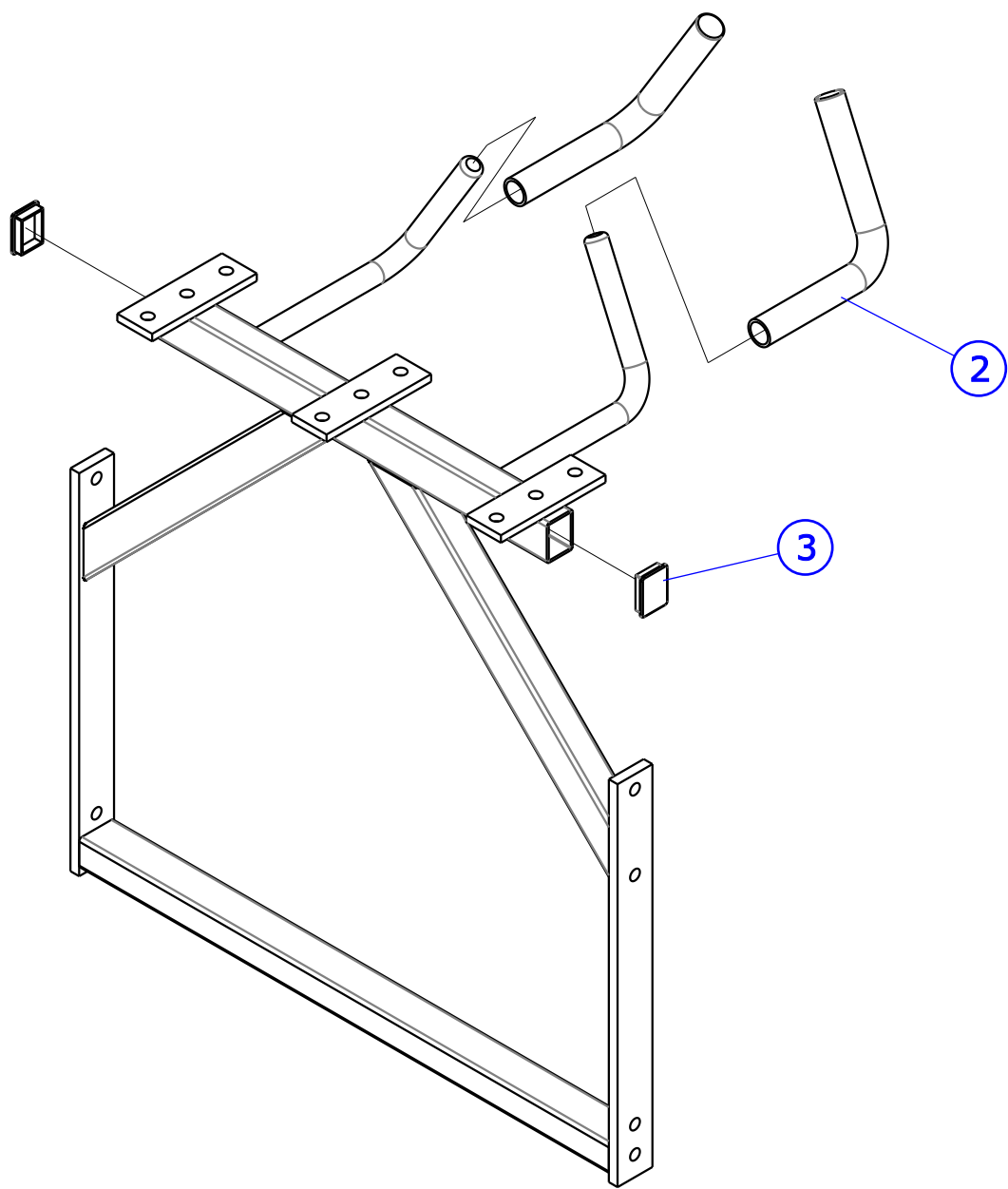
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	H-BACK-WASH	BACKING WASHER
3	4	HHB.5X3	1/2 X 3 BOLT
4	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT

KNEE ASSEMBLY



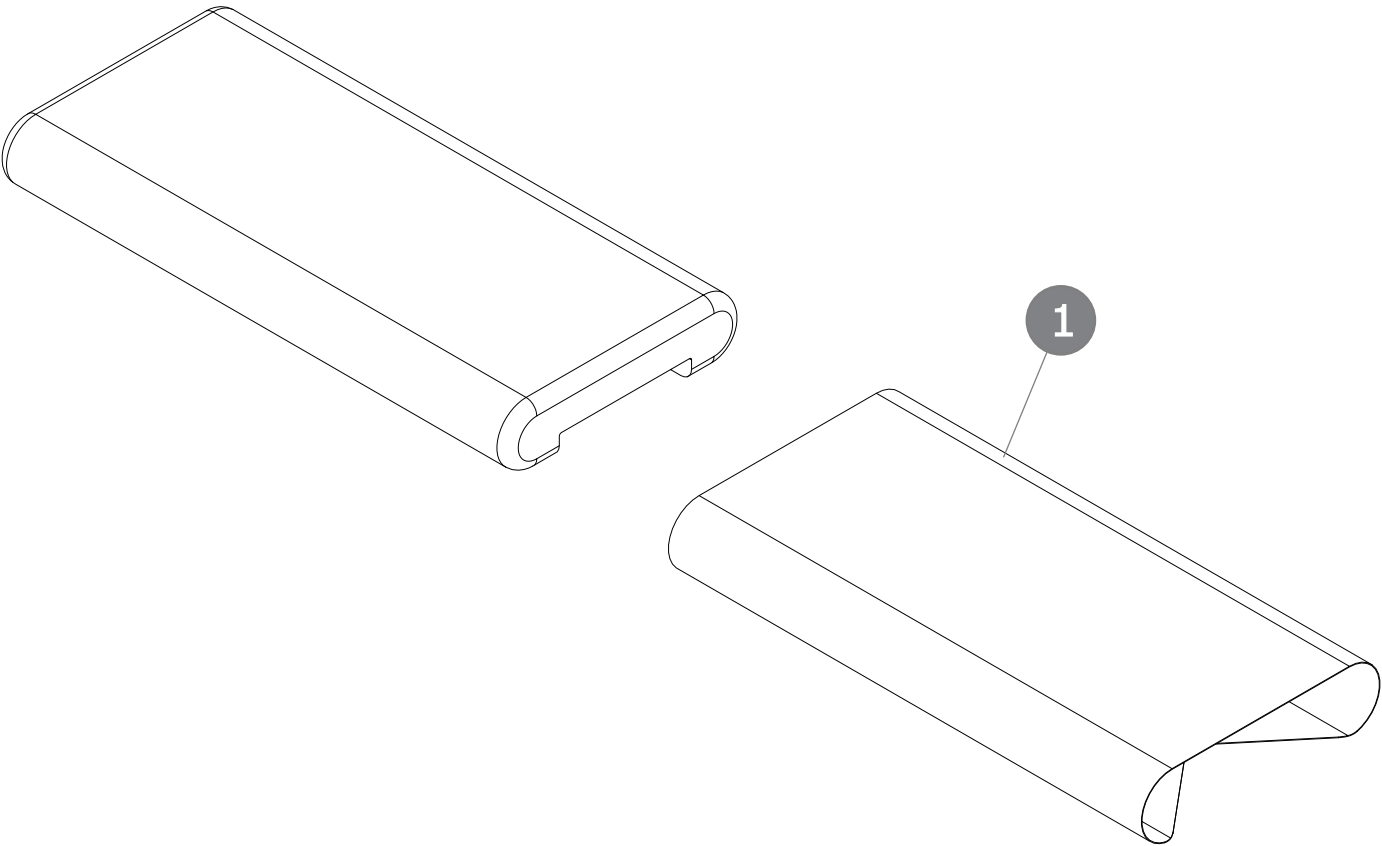
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	WASH.5SAE	1/2" SAE FLAT WASHER
3	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	4	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
6	5	H-HPLUG (REG)	HOLE PLUG
7	3	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
8	2	H-BUMP-SML	SMALL BUMPER (VEN# MM3)
9	2	ACCORDIAN	SHAFT GUARD
10	2	H-BEAR-SML	SMALL BEARING

FRONT FRAME ASSEMBLY



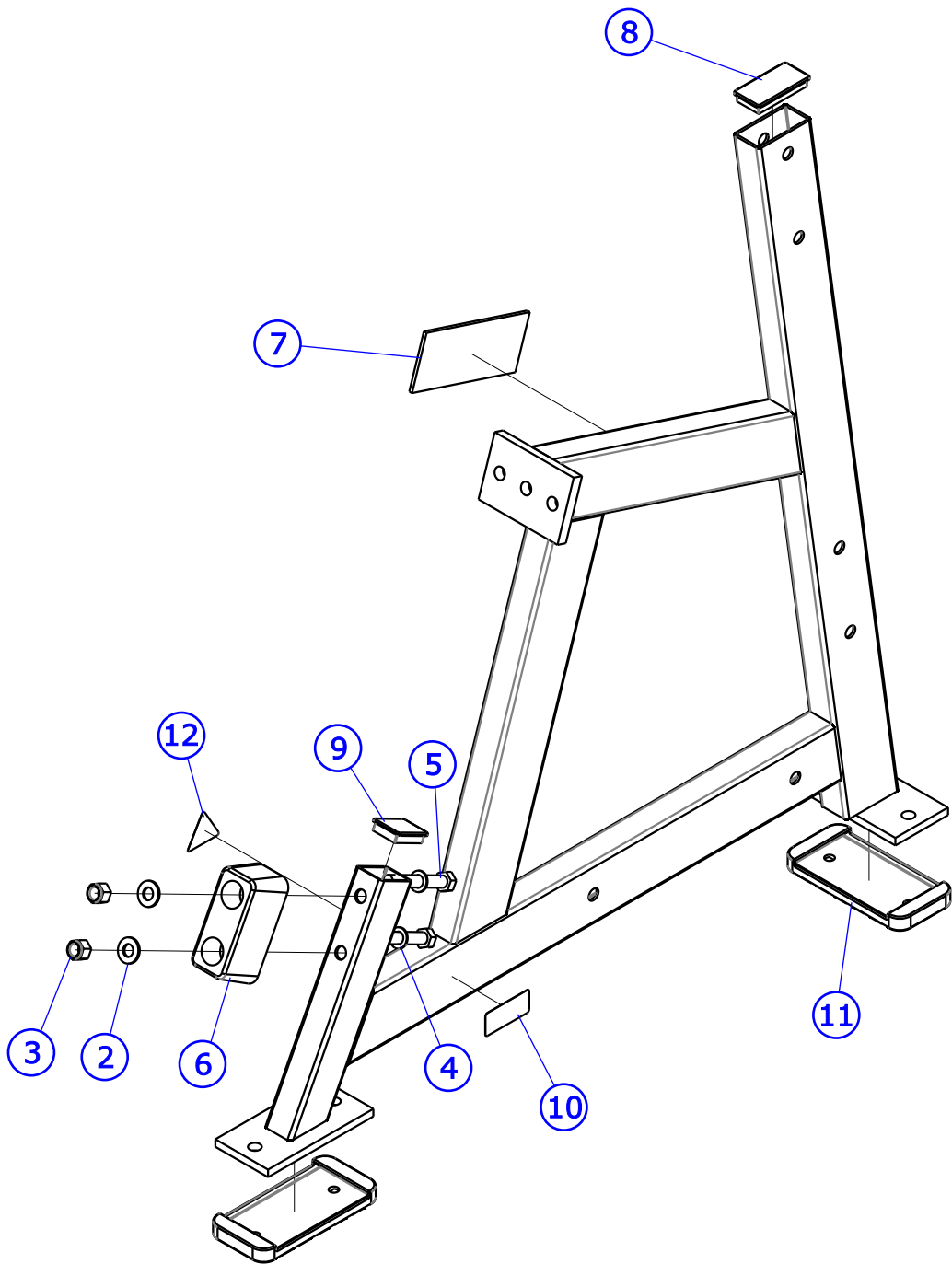
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	H-GRIP	HANDLE GRIPS (.938X16)
3	2	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

8782399 PAD ASSEMBLY



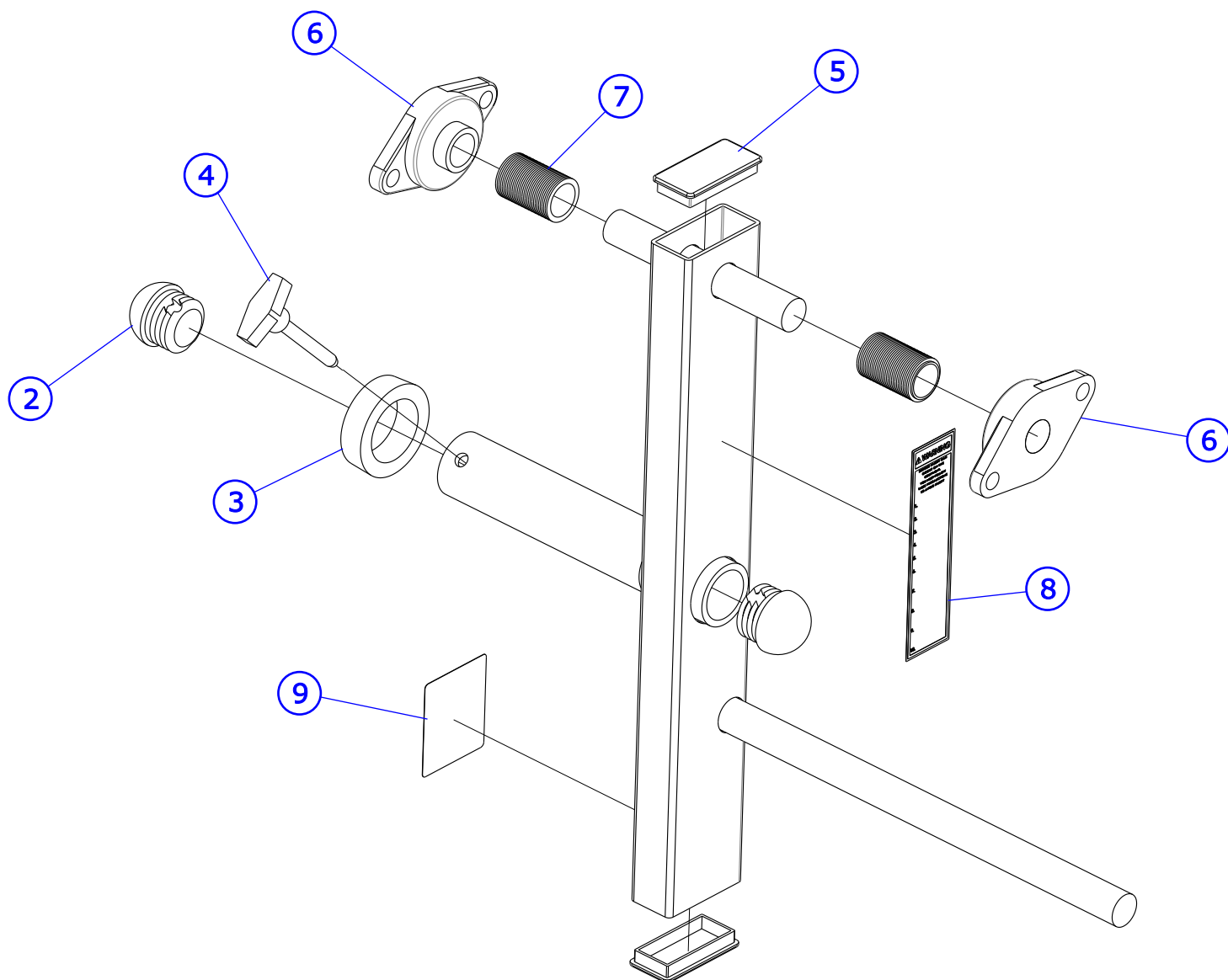
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	100213-0099	WEAR COVER, PAD, MOLDED 606 X 279

LEFT SIDE FRAME ASSEMBLY



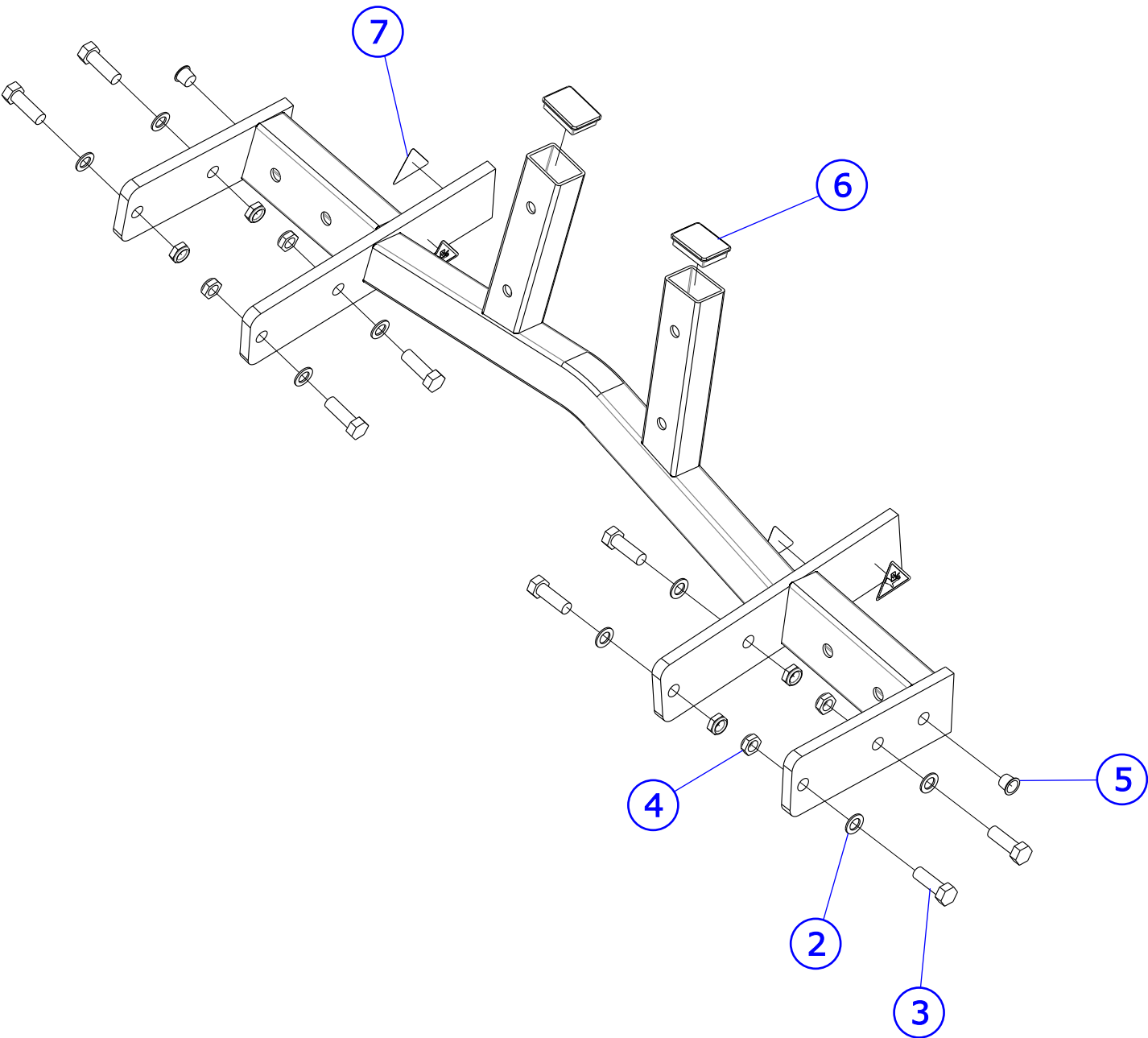
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	WASH.5SAE	1/2" SAE FLAT WASHER
3	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
4	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	2	HHB.5X3.5	1/2 X 3 1/2 BOLT
6	1	H-BUMP-MED	MM2 MEDIUM
7	1	H-NAME PLATE	NAMEPLATE (45156-P)
8	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
9	1	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
10	1	-	SERIAL NUMBER
11	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER
12	1	8039501	LABEL, WARNING,TRIANGLE

LEFT MOVEMENT ARM ASSEMBLY



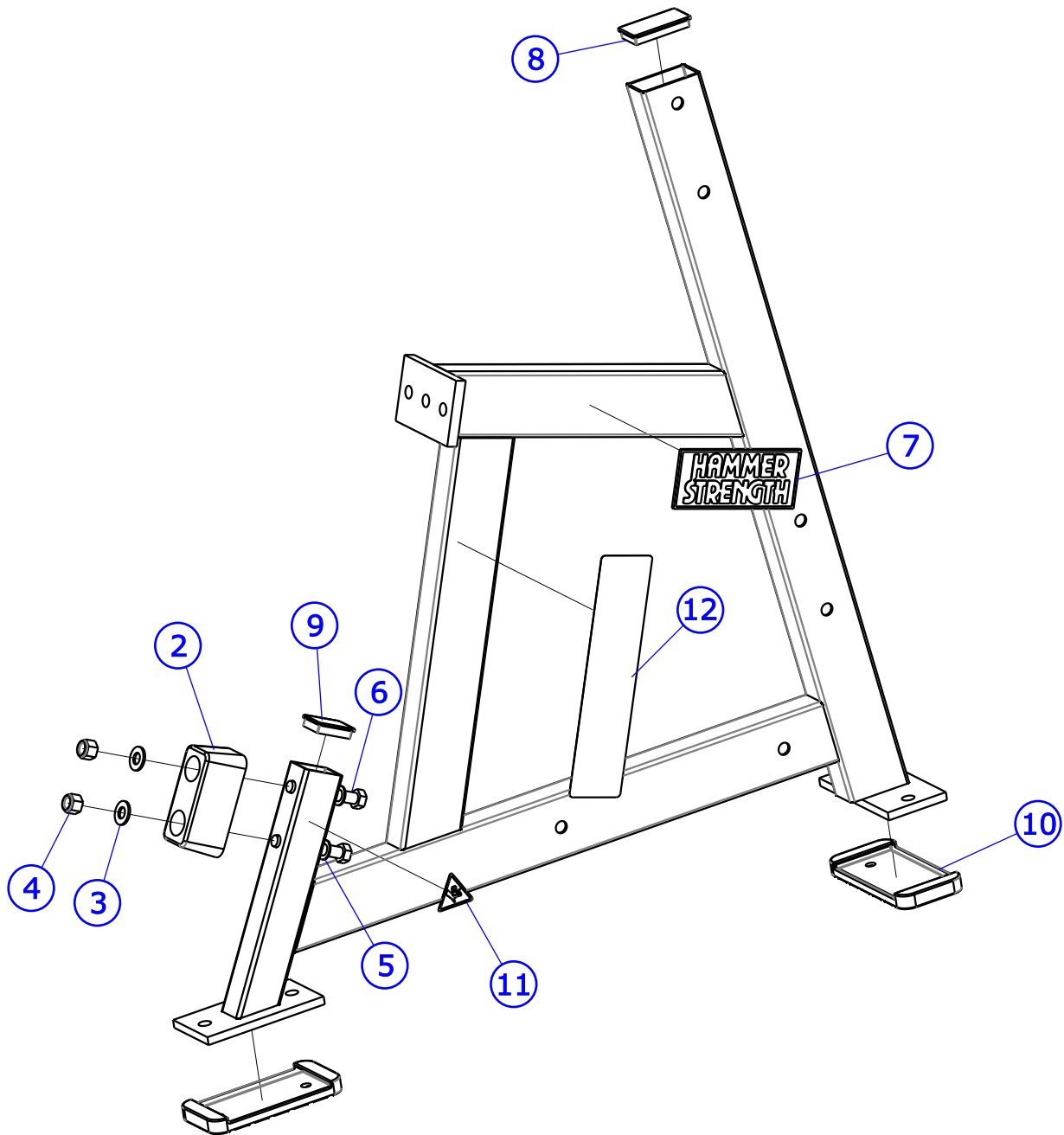
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RUBCAP1-2	RUBBER CAP #1
3	1	1000146-0001	BUMPER, WEIGHT HORN, FLAT -30MM
4	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
5	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
6	2	H-BEAR-SML	SMALL BEARING
7	2	ACCORDIAN	SHAFT GUARD
8	1	8773701	LABEL, ASTM PL VERT
9	1	MAX WEIGHT 25 LB	MAX WEIGHT 25 LB

WORKBOX ASSEMBLY



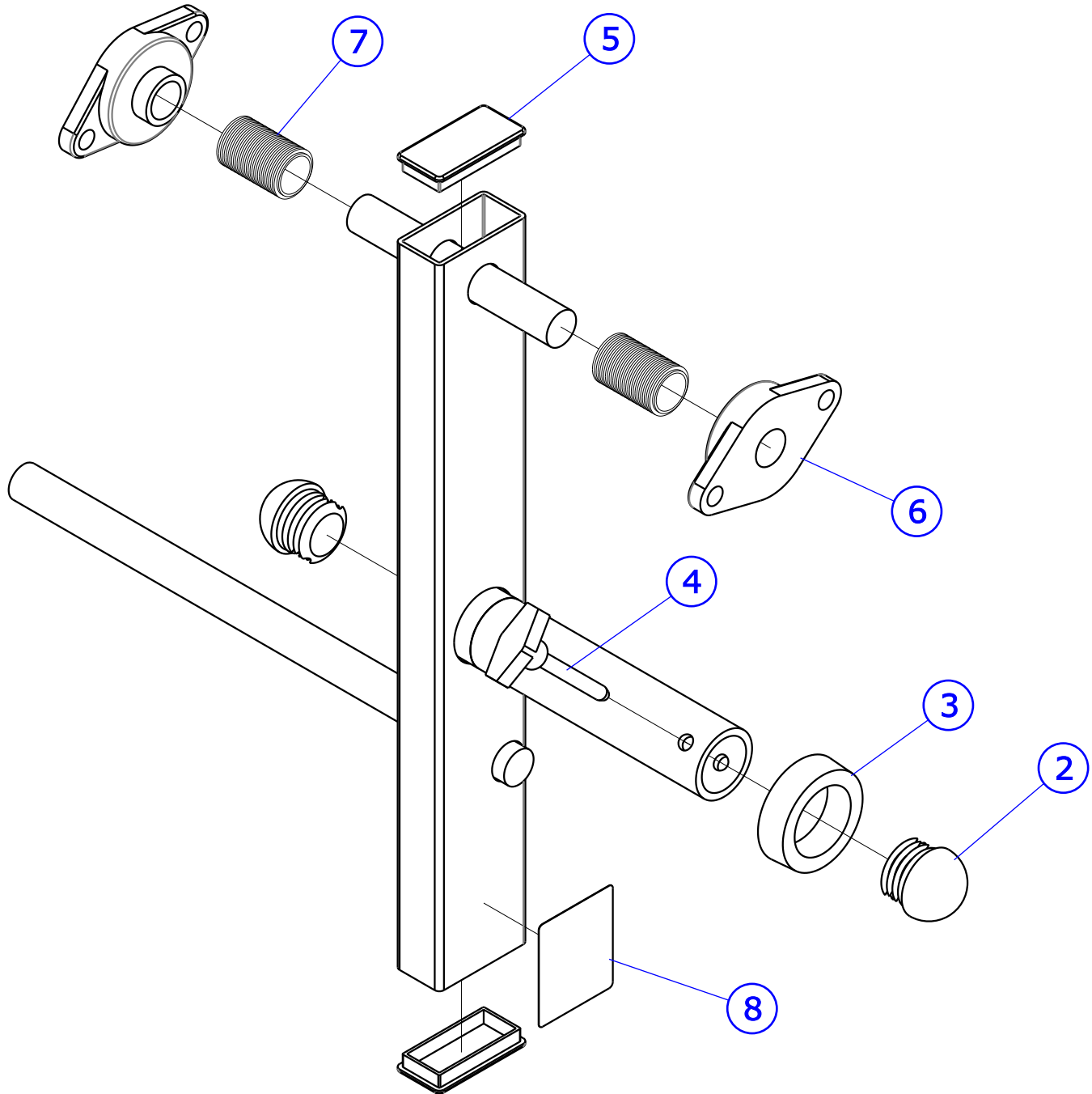
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	8	WASH.5STAR	1/2" INTERNAL LOCK WASHER
3	8	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
4	8	NUT.5JAMLOCK	1/2 THIN LOCK NUT
5	2	H-HPLUG (REG)	HOLE PLUG
6	3	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
7	4	8039501	LABEL, WARNING,TRIANGLE

RIGHT SIDE FRAME ASSEMBLY



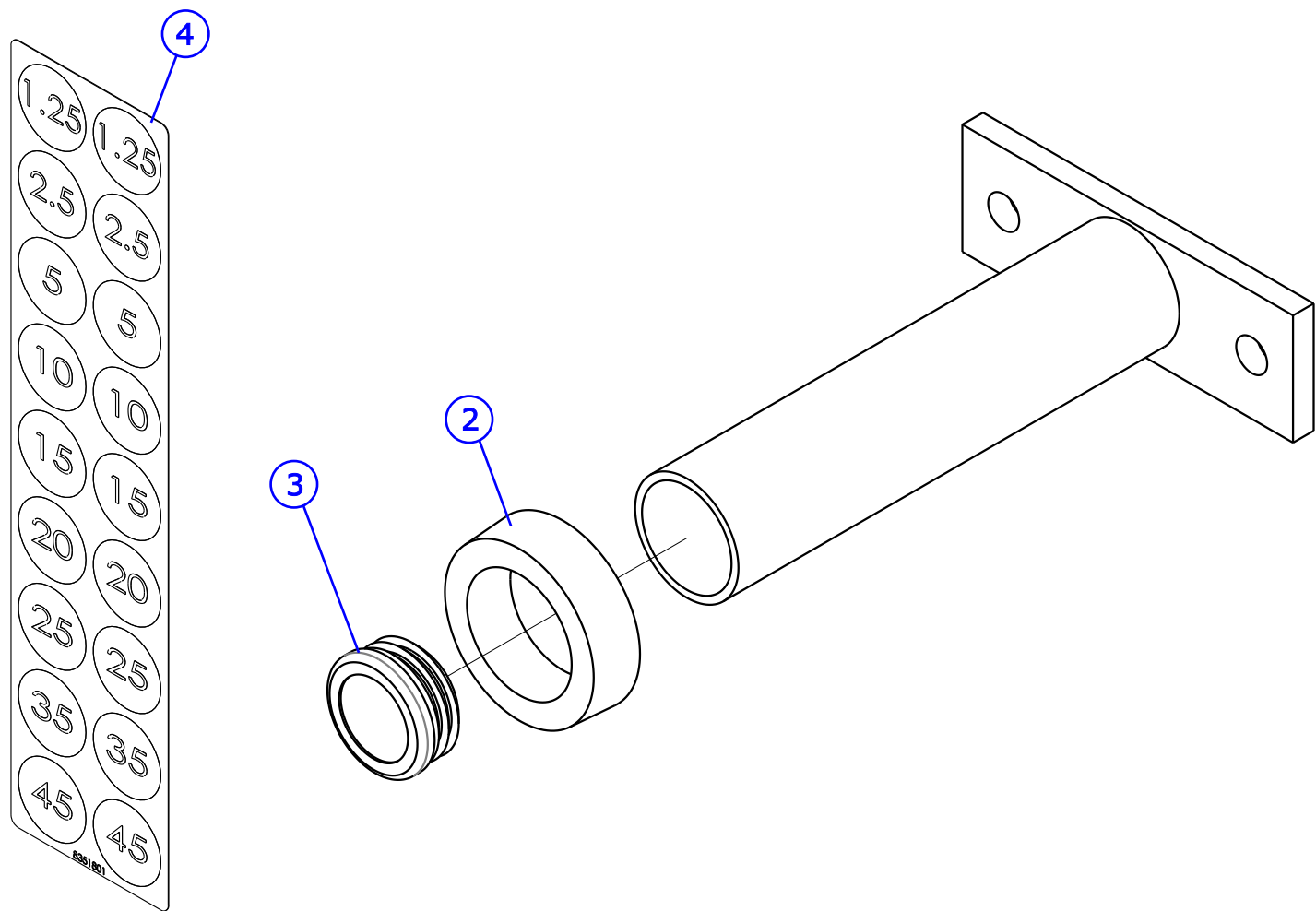
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	ILKLC-SF	WLDMT, SIDE FRAME, ILKLC
2	1	H-BUMP-MED	MM2 MEDIUM
3	2	WASH.5SAE	1/2" SAE FLAT WASHER
4	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
5	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
6	2	HHB.5X3.5	1/2 X 3 1/2 BOLT
7	1	H-NAME PLATE	NAMEPLATE (45156-P)
8	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
9	1	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
10	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER
11	1	8039501	LABEL, WARNING, TRIANGLE
12	1	ID-ILKLC	PRODUCT PLACARD, ILKLC

RIGHT MOVEMENT ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RUBCAP1-2	RUBBER CAP #1
3	1	1000146-0001	BUMPER, WEIGHT HORN, FLAT -30MM
4	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
5	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
6	2	H-BEAR-SML	SMALL BEARING
7	2	ACCORDIAN	SHAFT GUARD
8	1	MAX WEIGHT 25 LB	MAX WEIGHT 25 LB

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET