

HAMMER[®] STRENGTH

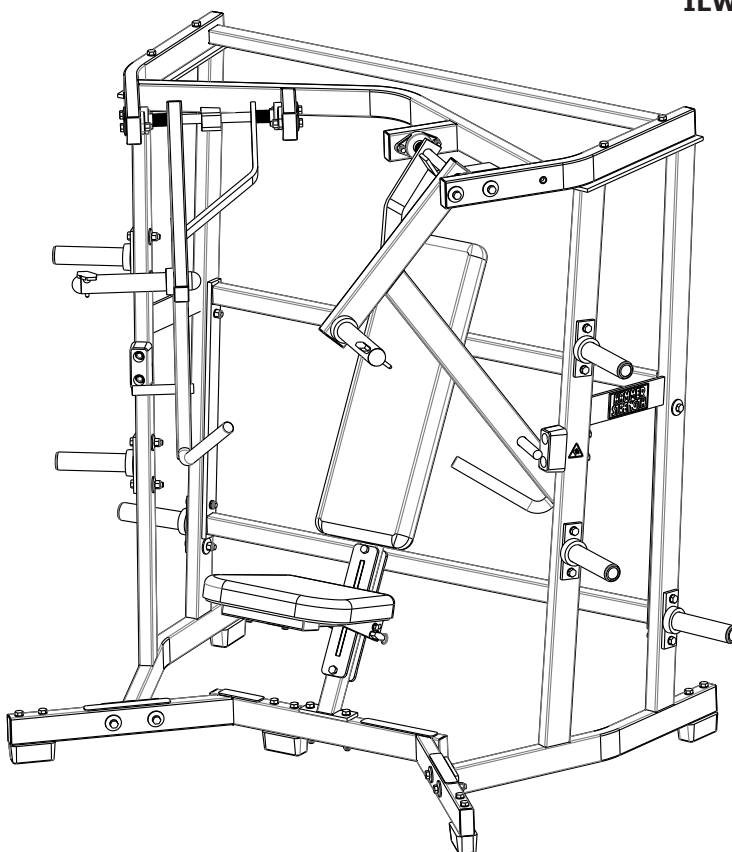
**HAMMER
STRENGTH[®]**

ISO-LATERAL

PARTS MANUAL

**WIDE CHEST
ILWC & IL-WC**

3/7/2017



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KEY

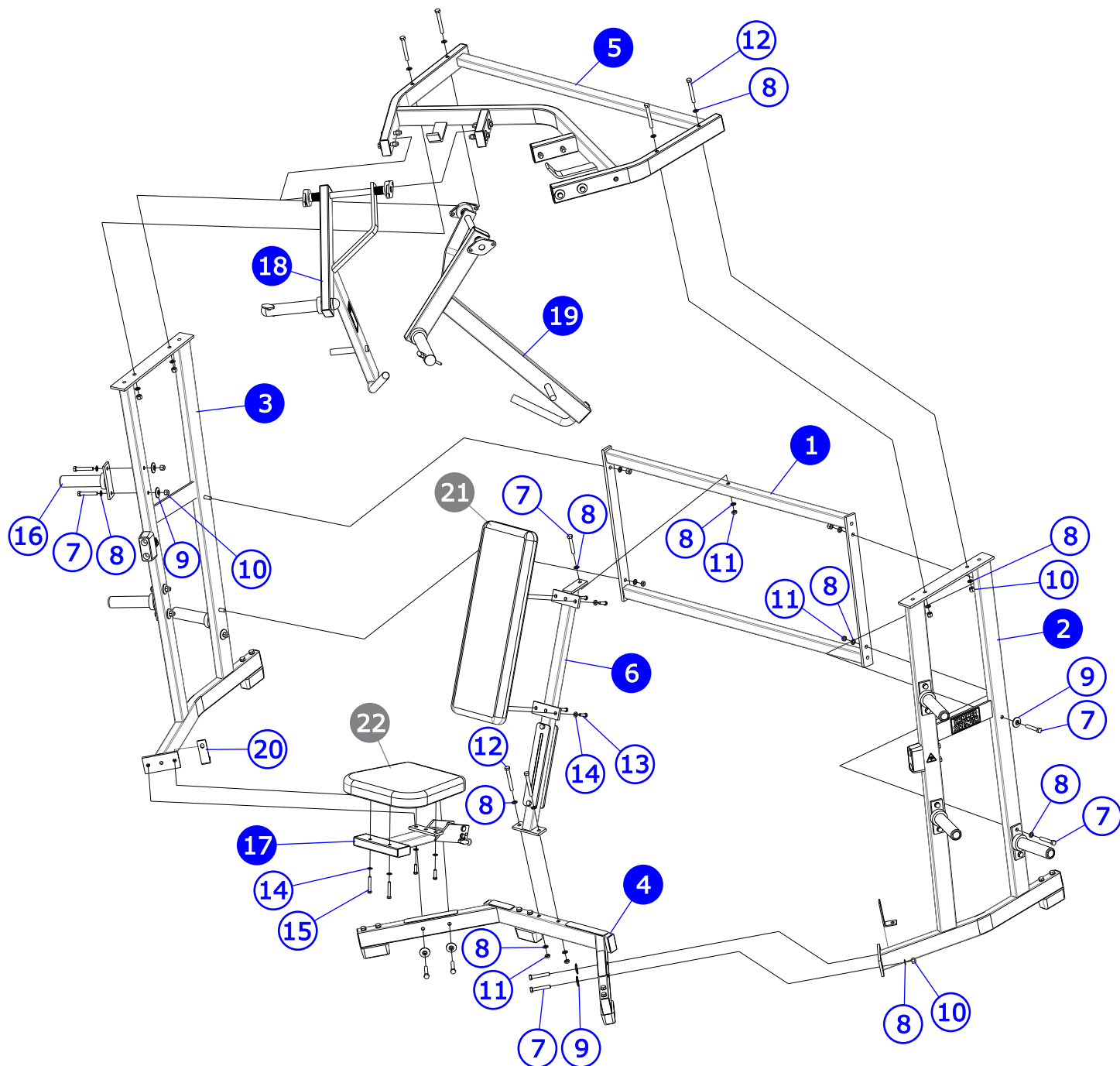
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

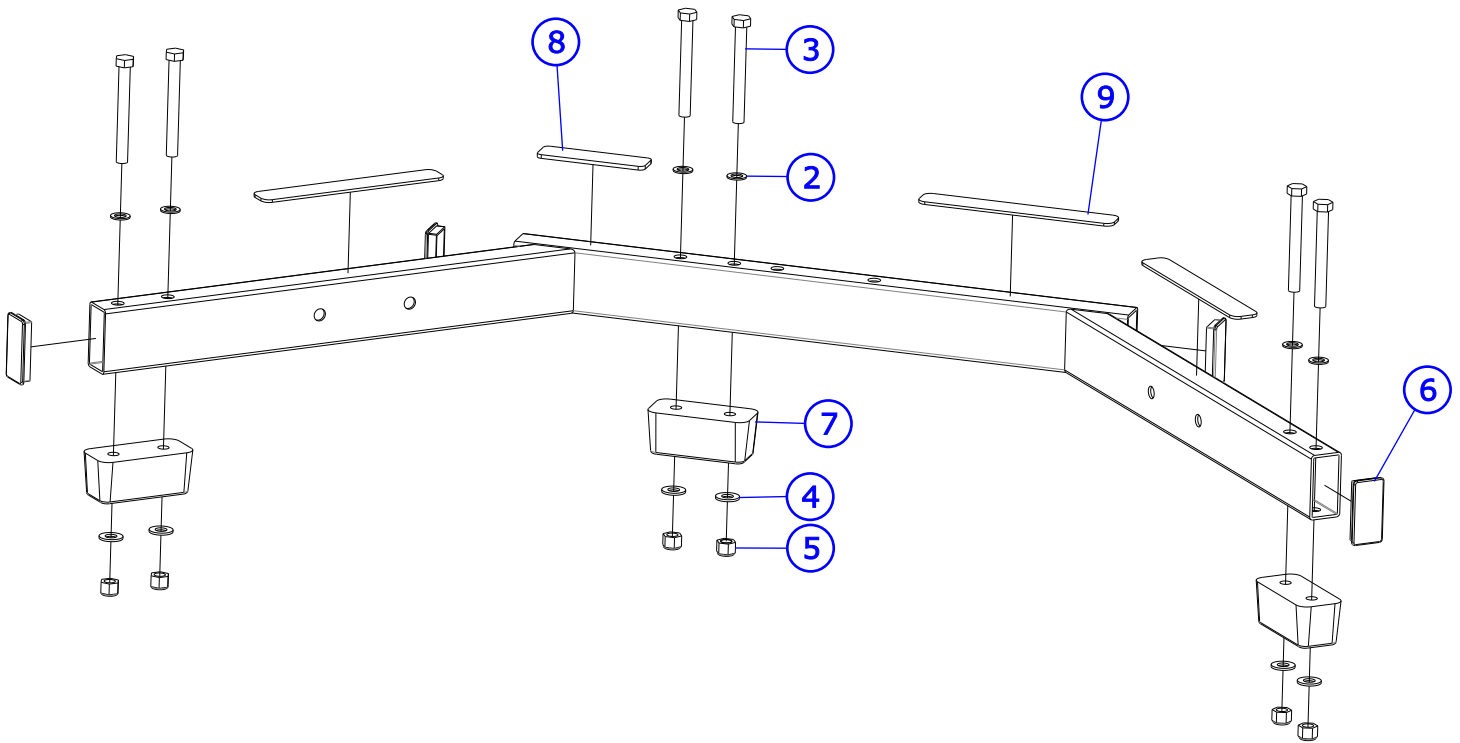
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	ILWC-BX	WLDMT, BOTTOM FRAME, ILWC
2	1	ILWC-CSFL	ASSY, SIDE FRAME, LEFT, ILWC
3	1	ILWC-CSFR	ASSY, SIDE FRAME, RIGHT, ILWC
4	1	ILWC-CFX	ASSY, FRONT FRAME, ILWC
5	1	ILWC-CTX	ASSY, TOP CROSS MEMBER, ILWC
6	1	ILWC-CST	ASSY, SEAT FRAME, ILWC
7	19	HHB.5X3	1/2 X 3 BOLT
8	34	WASH.5STAR	1/2" INTERNAL LOCK WASHER
9	16	H-BACK-WASH	BACKING WASHER
10	20	NUT.5LOCK	1/2 DIA THICK LOCK NUT
11	5	NUT.5JAMLOCK	1/2 THIN LOCK NUT

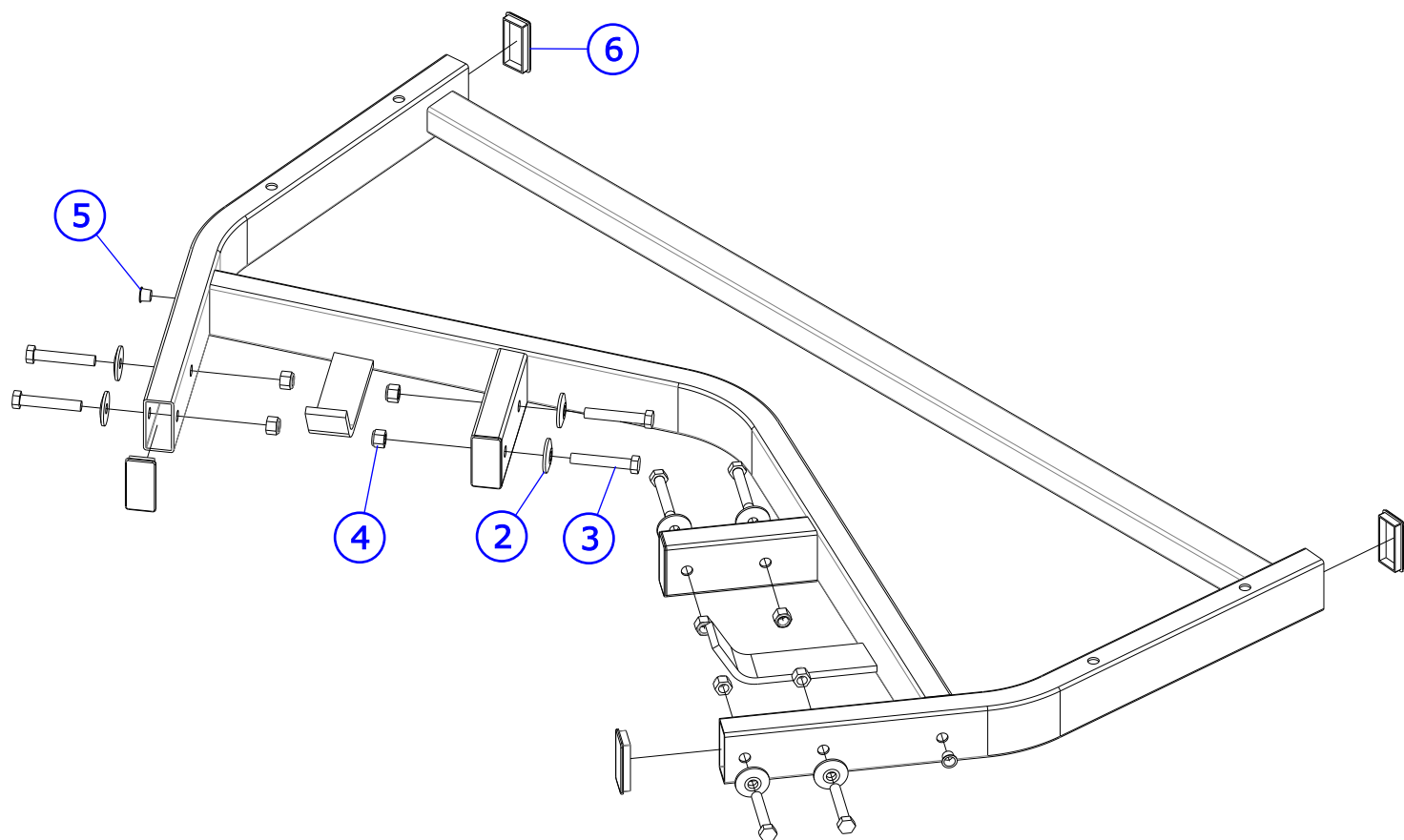
ITEM NO.	QTY.	PART NO.	DESCRIPTION
12	6	HHB.5X4	1/2 X 4 BOLT
13	6	3236204	SCREW, M10 X1.5 35MM
14	8	WASH.375SAE	3/8" SAE FLAT WASHER
15	2	3236210	SCREW, M10 X1.5 65MM
16	6	1002178-0000	ASSY, WEIGHT HORN
17	1	CSTD-ST3	ASSY, STD SEAT 3
18	1	ILWC-CMAR	ASSY, MOVEMENT ARM, RIGHT, ILWC
19	1	ILWC-CMAL	ASSY, MOVEMENT ARM, LEFT, ILWC
20	2	1002280-0001	BRKT, BLT FLR
21	1	7354099	PAD, BACK 32-1/2 X 11-1/4
22	1	8854299	PAD, SEAT 17 X 16-3/4

FRONT FRAME ASSEMBLY



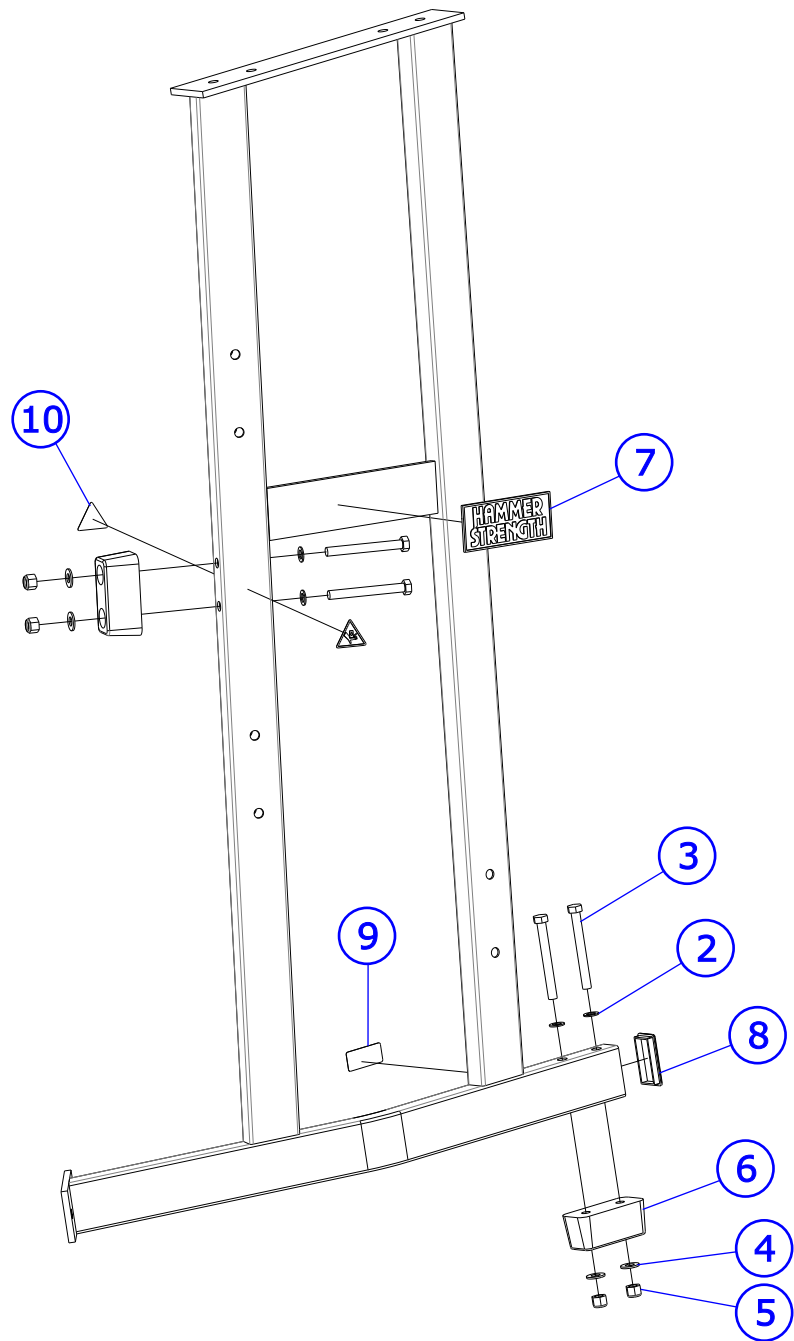
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	6	WASH.5STAR	1/2" INTERNAL LOCK WASHER
3	6	HHB.5X4.5	1/2 X 4 1/2 BOLT
4	6	WASH.5SAE	1/2" SAE FLAT WASHER
5	6	NUT.5LOCK	1/2 DIA THICK LOCK NUT
6	4	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
7	3	H-BUMP-MED	MM2 MEDIUM
8	1	H-PLATE-G1	SMALL PLATE GUARD
9	3	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9

TOP CROSS MEMBER ASSEMBLY



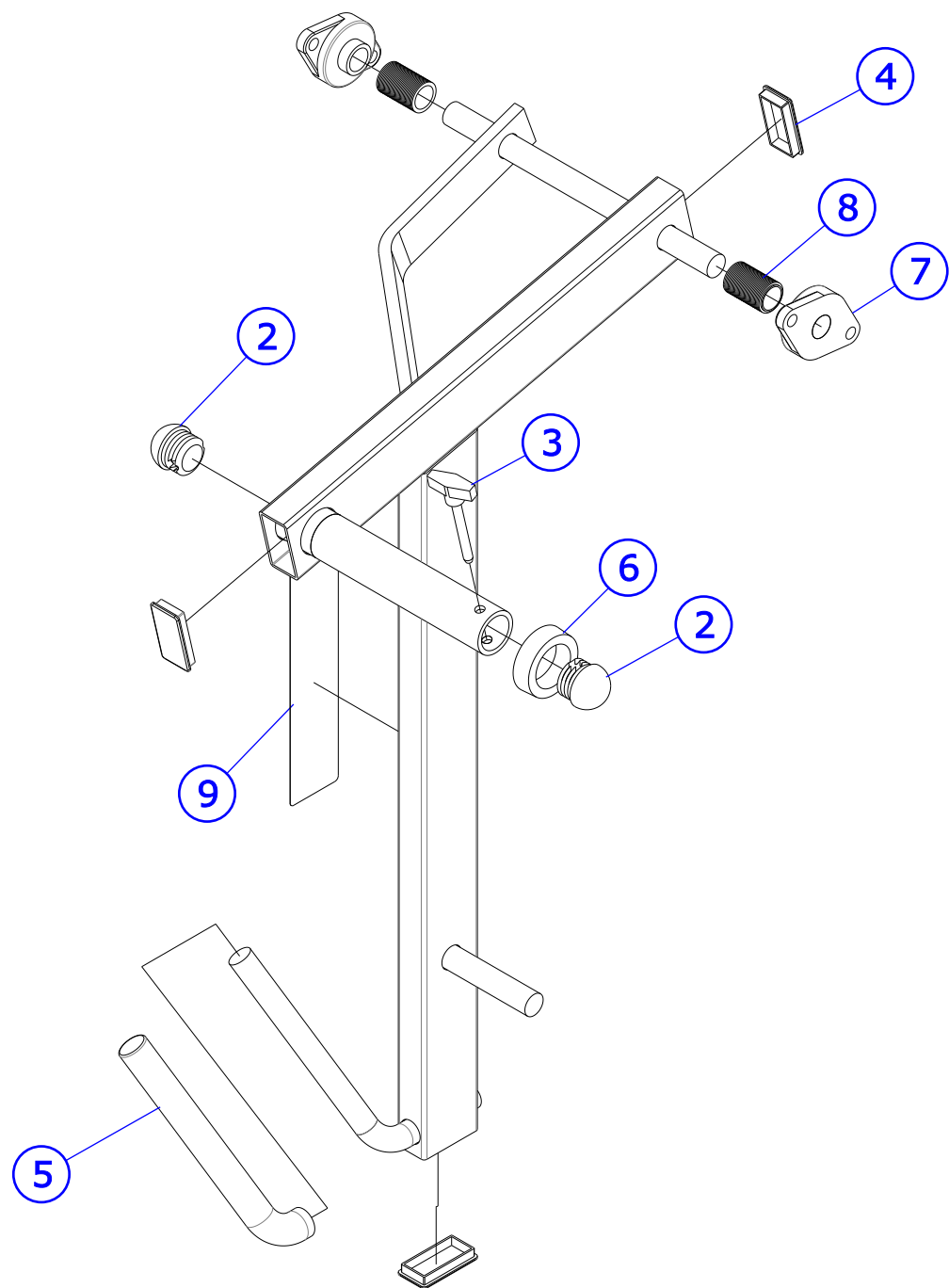
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	8	H-BACK-WASH	BACKING WASHER
3	8	HHB.5X3	1/2 X 3 BOLT
4	8	NUT.5LOCK	1/2 DIA THICK LOCK NUT
5	2	H-HPLUG (REG)	HOLE PLUG
6	6	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG

LEFT SIDE FRAME ASSEMBLY



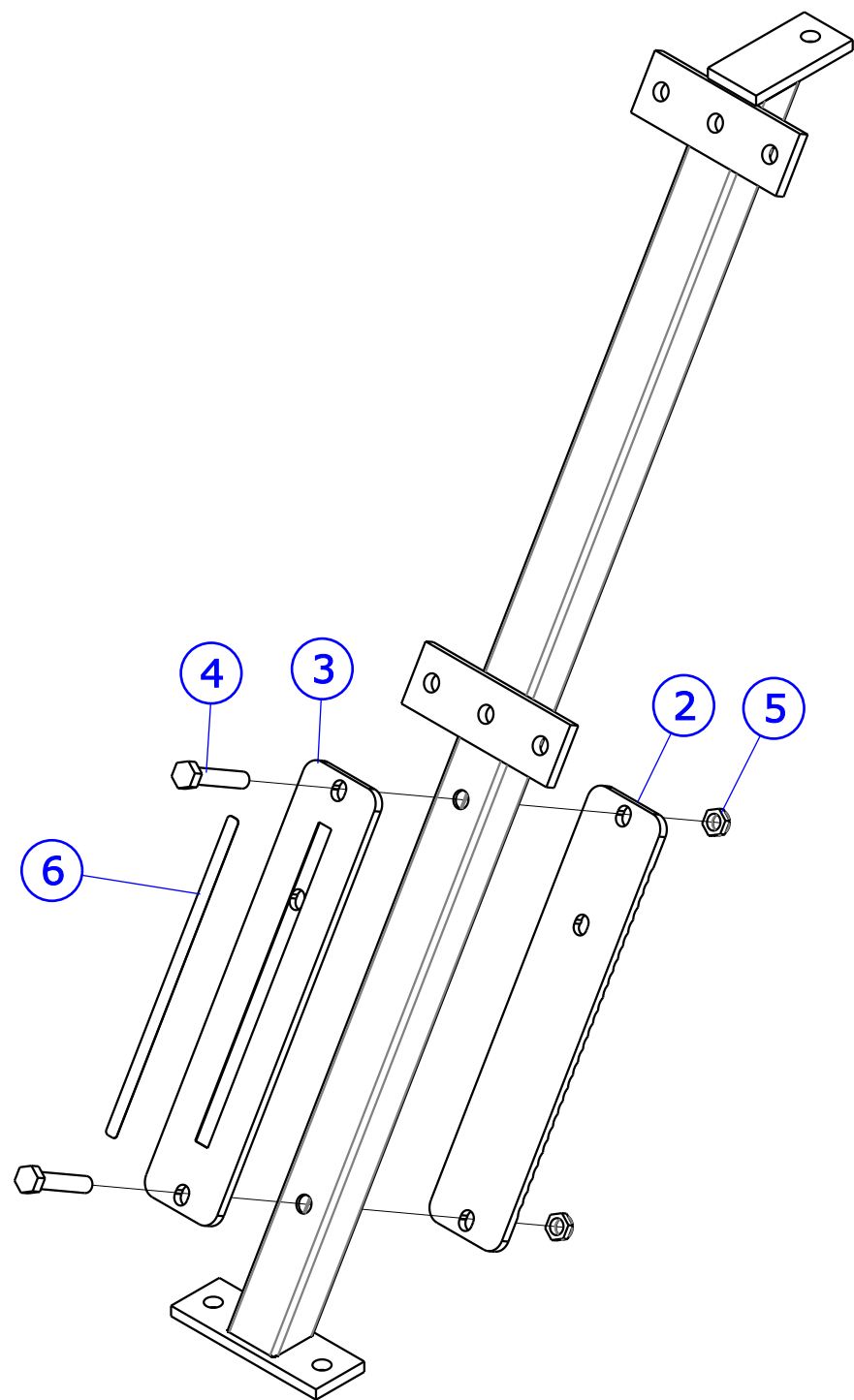
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
3	4	HHB.5X4.5	1/2 X 4 1/2 BOLT
4	4	WASH.5SAE	1/2" SAE FLAT WASHER
5	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT
6	2	H-BUMP-MED	MM2 MEDIUM
7	1	H-NAME PLATE	NAMEPLATE (45156-P)
8	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
9	1	-	SERIAL NUMBER
10	2	8039501	LABEL, WARNING,TRIANGLE

LEFT MOVEMENT ARM ASSEMBLY



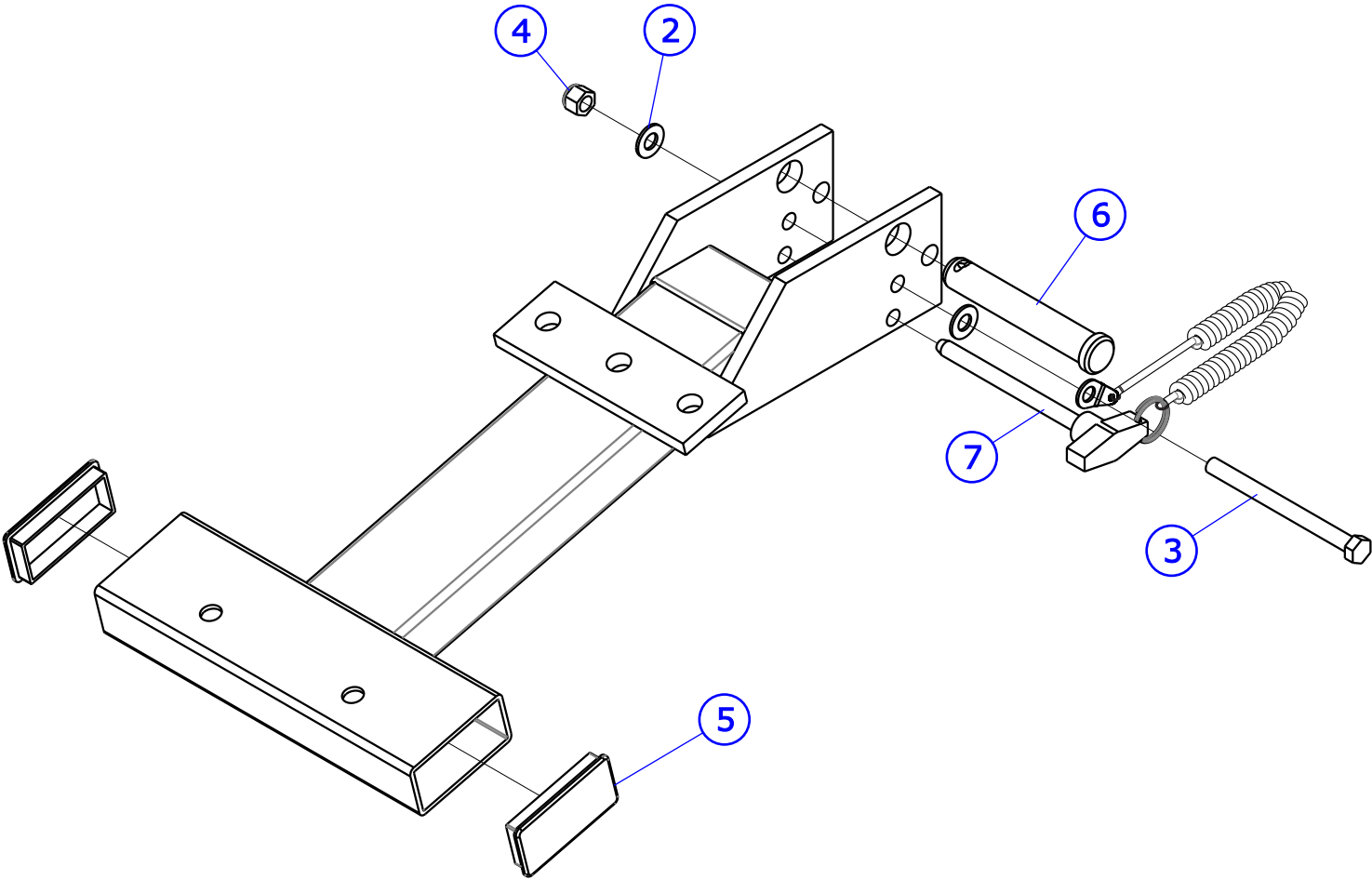
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RUBCAP1-2	RUBBER CAP #1
3	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
4	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
5	1	H-GRIP	HANDLE GRIPS (.938X16)
6	1	H-RUBRNG	MM5 RING
7	2	H-BEAR-SML	SMALL BEARING
8	2	ACCORDIAN	SHAFT GUARD
9	1	ID-ILWC	PRODUCT PLACARD, ILWC

SEAT FRAME ASSEMBLY



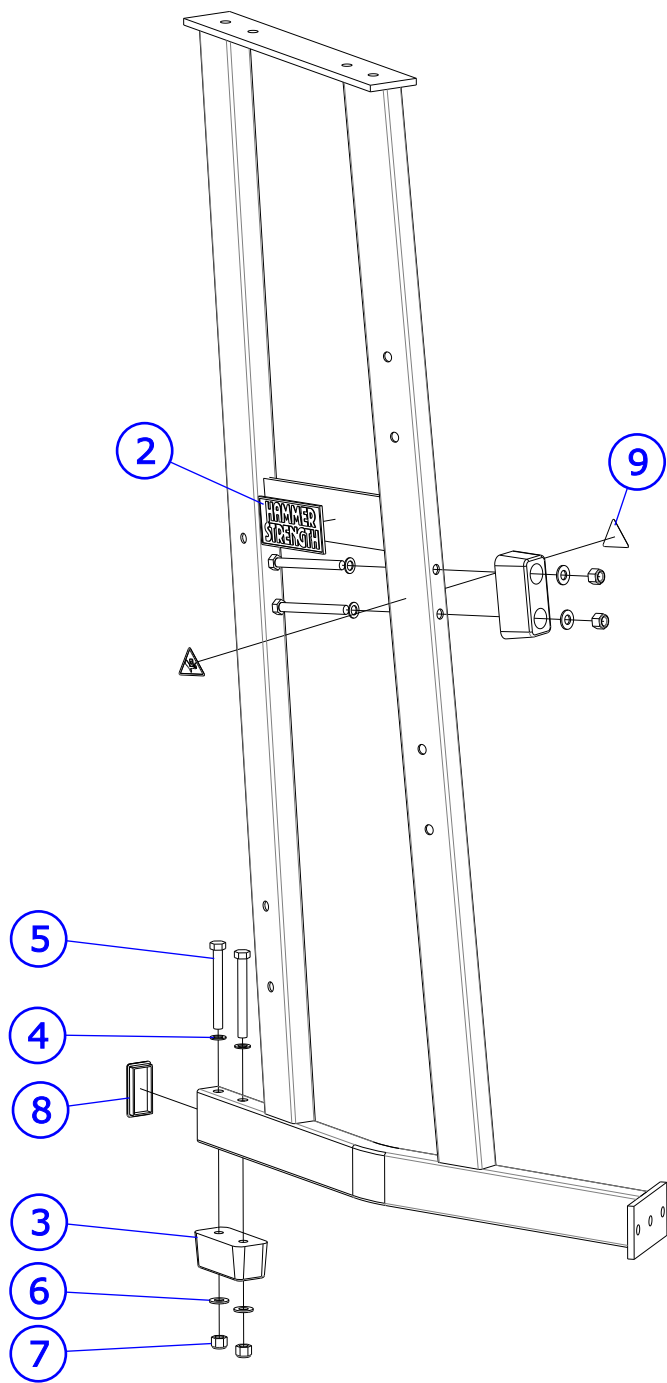
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-SEATRCKS-RIB	SEATRACK BACK
3	1	H-SEATRCKS-N	PLASTIC SEAT GUIDES(PP229)NEW)
4	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
5	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
6	1	SEAT NUMBER	SEAT ADJ. NUMBER

STD SEAT 3 ASSEMBLY



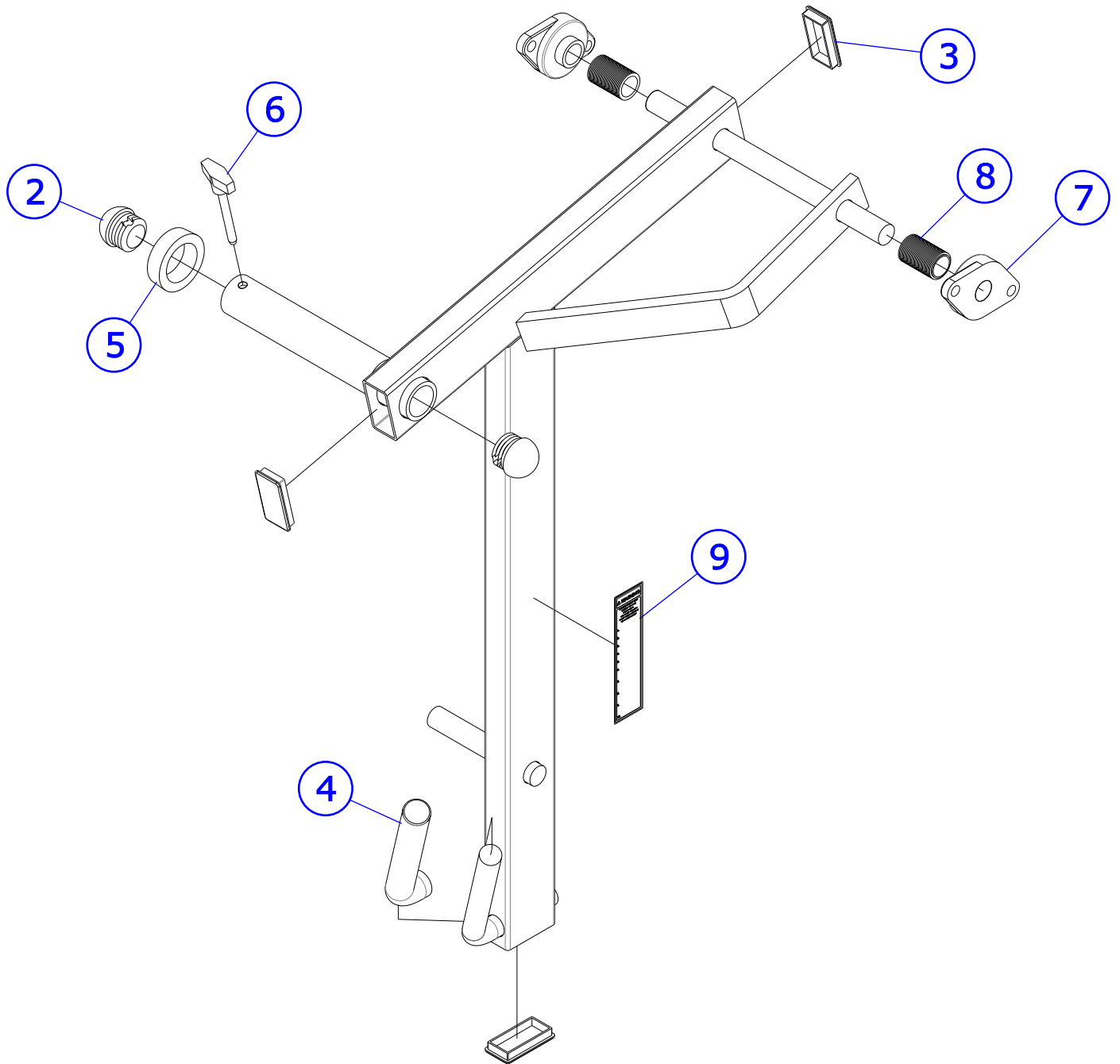
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	WASH.375SAE	3/8" SAE FLAT WASHER
3	1	HHB.375X4.5	STEEL BOLT 3/8 X 4.5
4	1	NUT.375LOCK	3/8 THICK LOCK NUT
5	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
6	1	STD SEAT PIN	STD SEAT PIN
7	1	SELECTOR PIN-4	SELECTOR PIN 4" WITH LANYARD

RIGHT SIDE FRAME ASSEMBLY



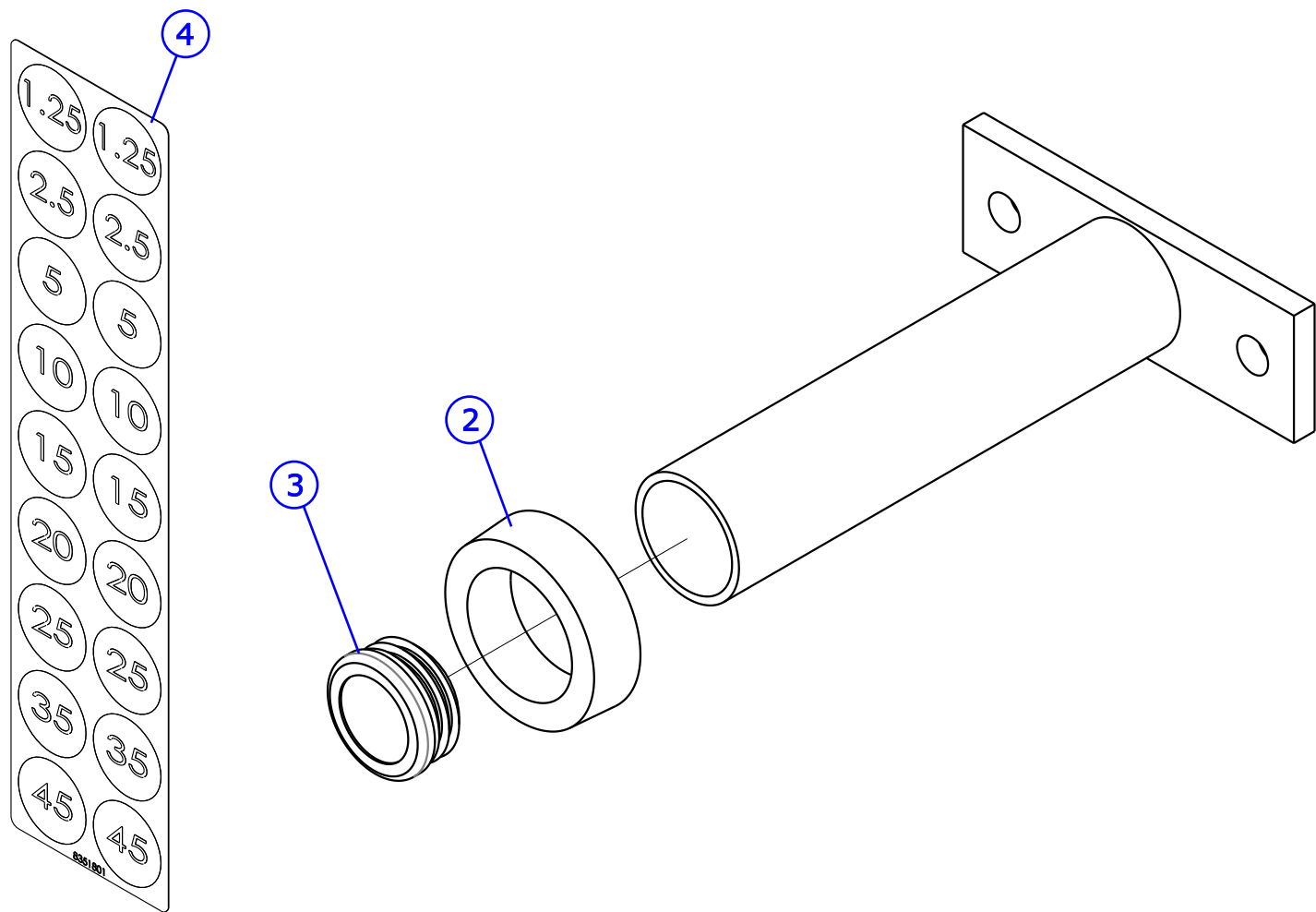
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-NAME PLATE	NAMEPLATE (45156-P)
3	2	H-BUMP-MED	MM2 MEDIUM
4	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	4	HHB.5X4.5	1/2 X 4 1/2 BOLT
6	4	WASH.5SAE	1/2" SAE FLAT WASHER
7	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT
8	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
9	2	8039501	LABEL, WARNING,TRIANGLE

RIGHT MOVEMENT ARM ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RUBCAP1-2	RUBBER CAP #1
3	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
4	1	H-GRIP	HANDLE GRIPS (.938X16)
5	1	H-RUBRNG	MM5 RING
6	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
7	2	H-BEAR-SML	SMALL BEARING
8	2	ACCORDIAN	SHAFT GUARD
9	1	8773701	LABEL, ASTM PL VERT

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET