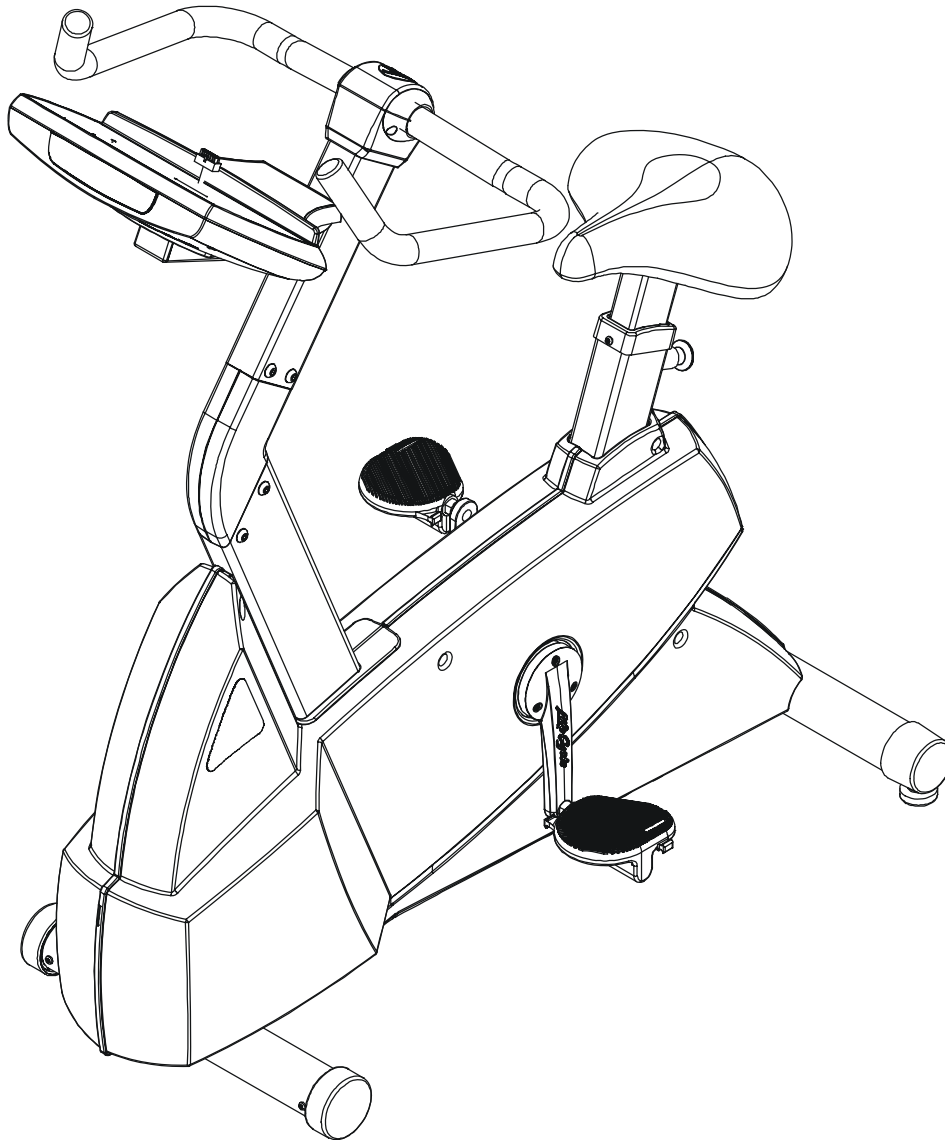


LifeFitness

Arctic Silver 90C Upright Bike



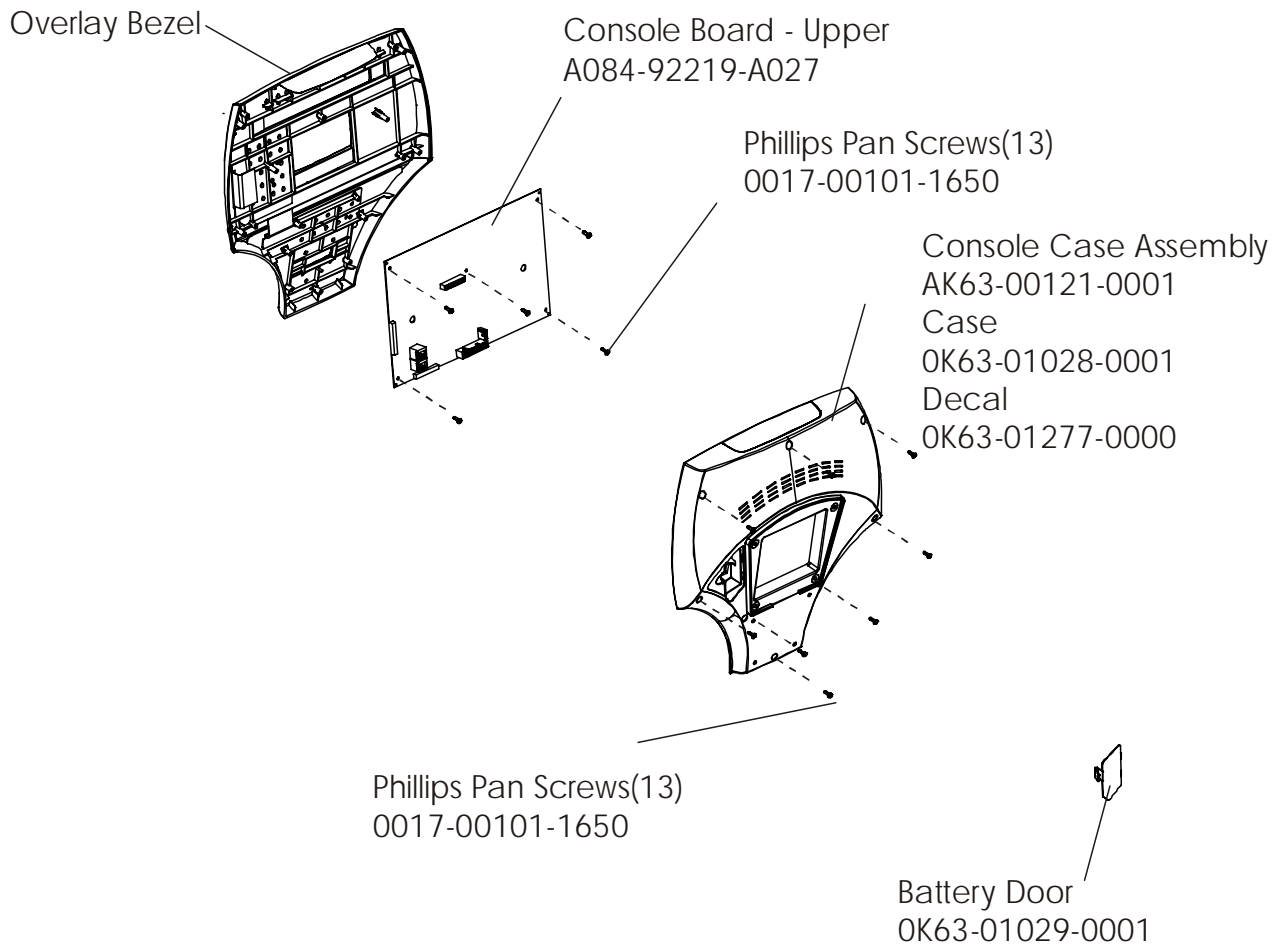
Customer Support Services
PARTS MANUAL revised 16 Jan 2012

MISCELLANEOUS	3
CONSOLE COMPONENTS	4
CONSOLE MOUNTING SCREWS AND POLAR COVERS	5
ALTERNATOR W/PULLEY	6
CRANKSHAFT AND BEARING ASSEMBLY	7
INTERMEDIATE SHAFT AND BEARING ASSEMBLY.....	8
SEAT LATCH ASSEMBLY	9
SEAT POST ASSEMBLY	10
SEAT POST SHROUDS.....	11
IDLER BRACKET ASSEMBLY	12
CONSOLE SUPPORT ASSEMBLY	13
LEFT SIDE SHROUD AND CRANKARM	14
RIGHT SIDE SHROUD AND CRANKARM.....	15
PCB MOUNTING BRACKET ASSEMBLY	16
FRONT WHEELS	17
RESISTOR ASSEMBLY.....	18
HANDLEBAR ASSEMBLY	19
BELTS.....	20
CABLES	21

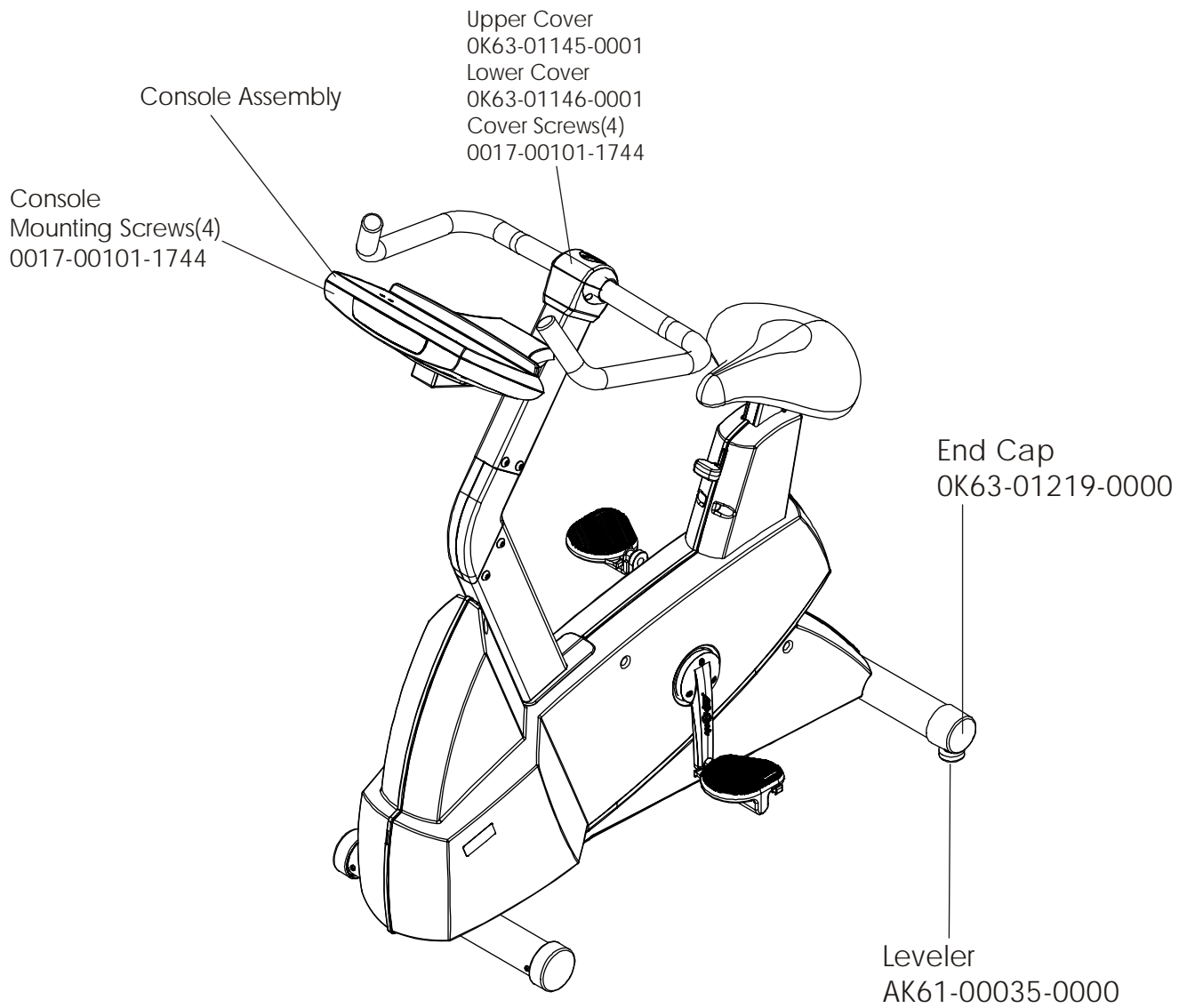
OPERATION MANUAL - (ENG)	M051-00K63-A214
OPERATION MANUAL - (F/S/P)	M051-00K63-A215
OPERATION MANUAL - (G/D/I)	M051-00K63-A216
OPERATION MANUAL - (JAP)	M051-00K63-A217
ACCESSORY TRAY	GK63-00002-0004
HARDWARE BAG	GK63-00002-0044
POLAR UPGRADE KIT	GK63-00002-0002
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
BRACKET ASSEMBLY CONSISTS OF: BRACKET F-TYPE PANEL CONNECTOR	AK63-00215-0000 0K63-01329-0000 0017-00021-2846
90" COAX CABLE (in console support)	AK32-00020-0001
120" POWER EXTENSION CABLE (in console support)	AK32-00078-0001
SERVICE MANUAL	M051-00K63-A009

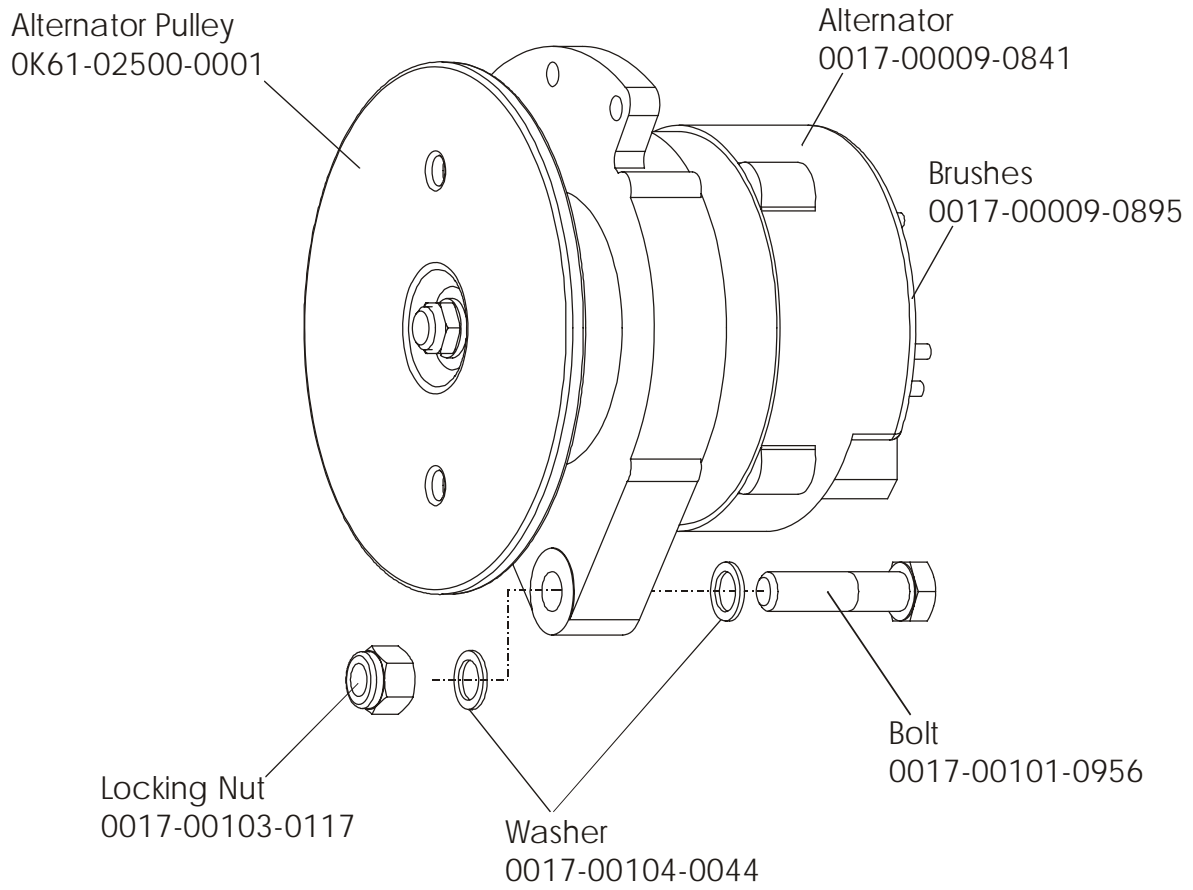
Note: When this model is ordered with an attachable LCD TV it becomes a 90CER-XXXX-04. See the Entertainment parts list marked LCD-0XXX-02 for the part numbers and descriptions for the LCD TV, remote and hardware for this product.

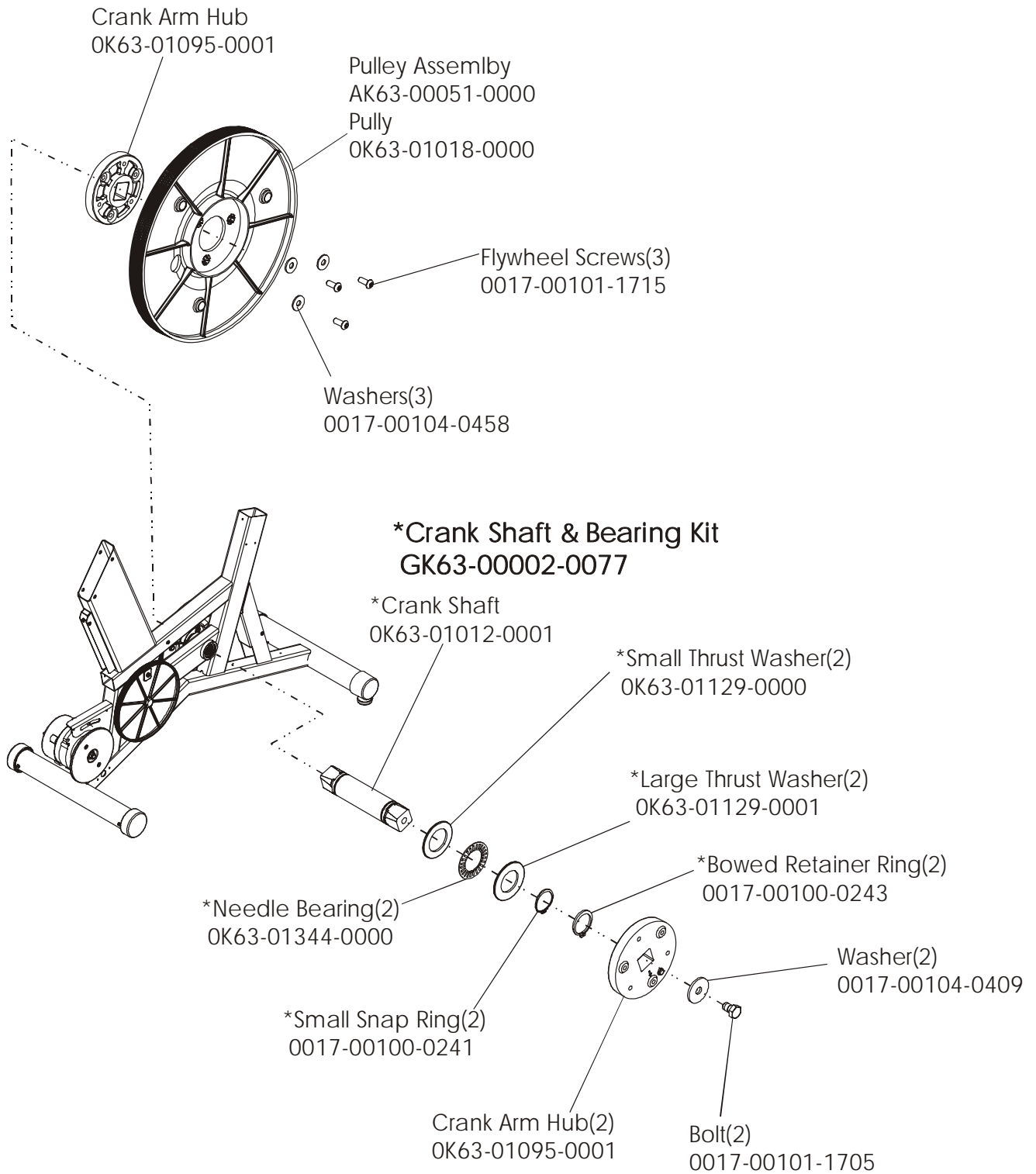
Note: The version -04 90C has Life Pulse sensors for reading Heart Rate and is pre-wired for attachable LCD TV's.

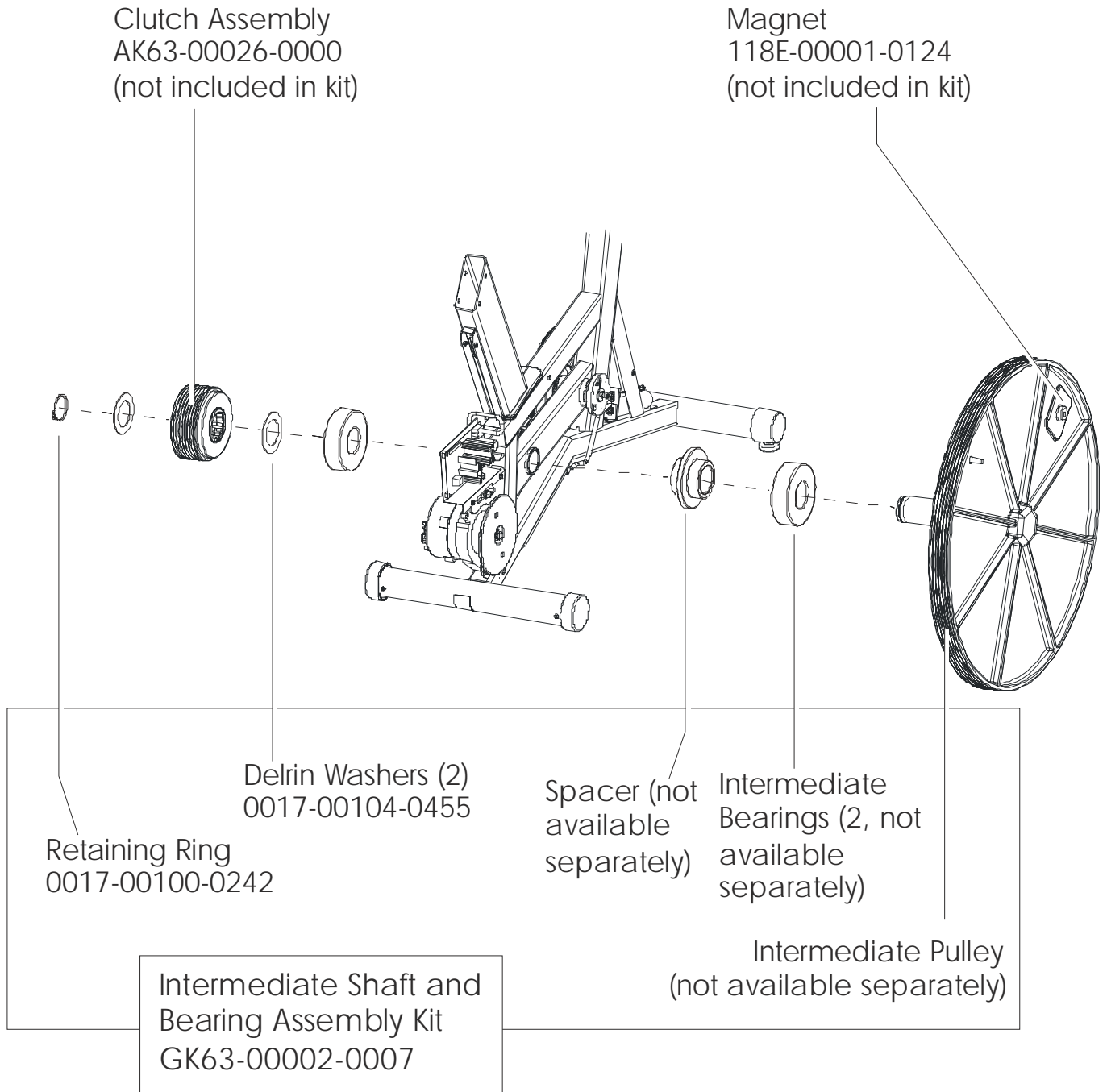


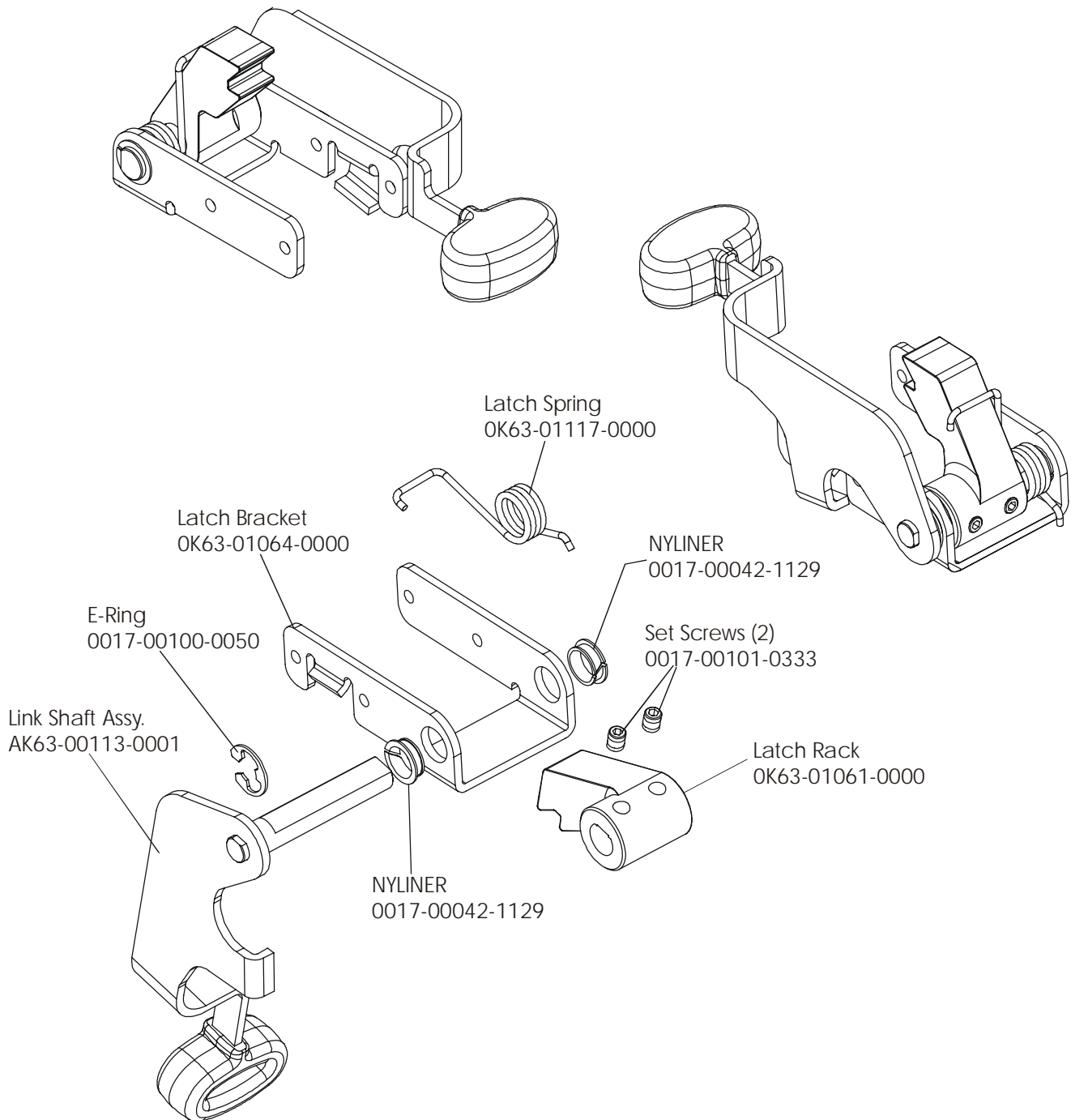
Console Assembly	Bezel/SW/W/Overlay Assy.
AK63-00290-0001 Eng	AK63-00167-0001 Eng
AK63-00290-0002 Eng Met	AK63-00167-0001 Eng Met
AK63-00290-0003 Ger Met	AK63-00167-0003 Ger Met
AK63-00290-0004 Spn Met	AK63-00167-0004 Spn Met
AK63-00290-0008 ItI Met	AK63-00167-0008 ItI Met
AK63-00290-0009 Dut Met	AK63-00167-0009 Dut Met
AK63-00290-0010 Por Met	AK63-00167-0010 Por Met

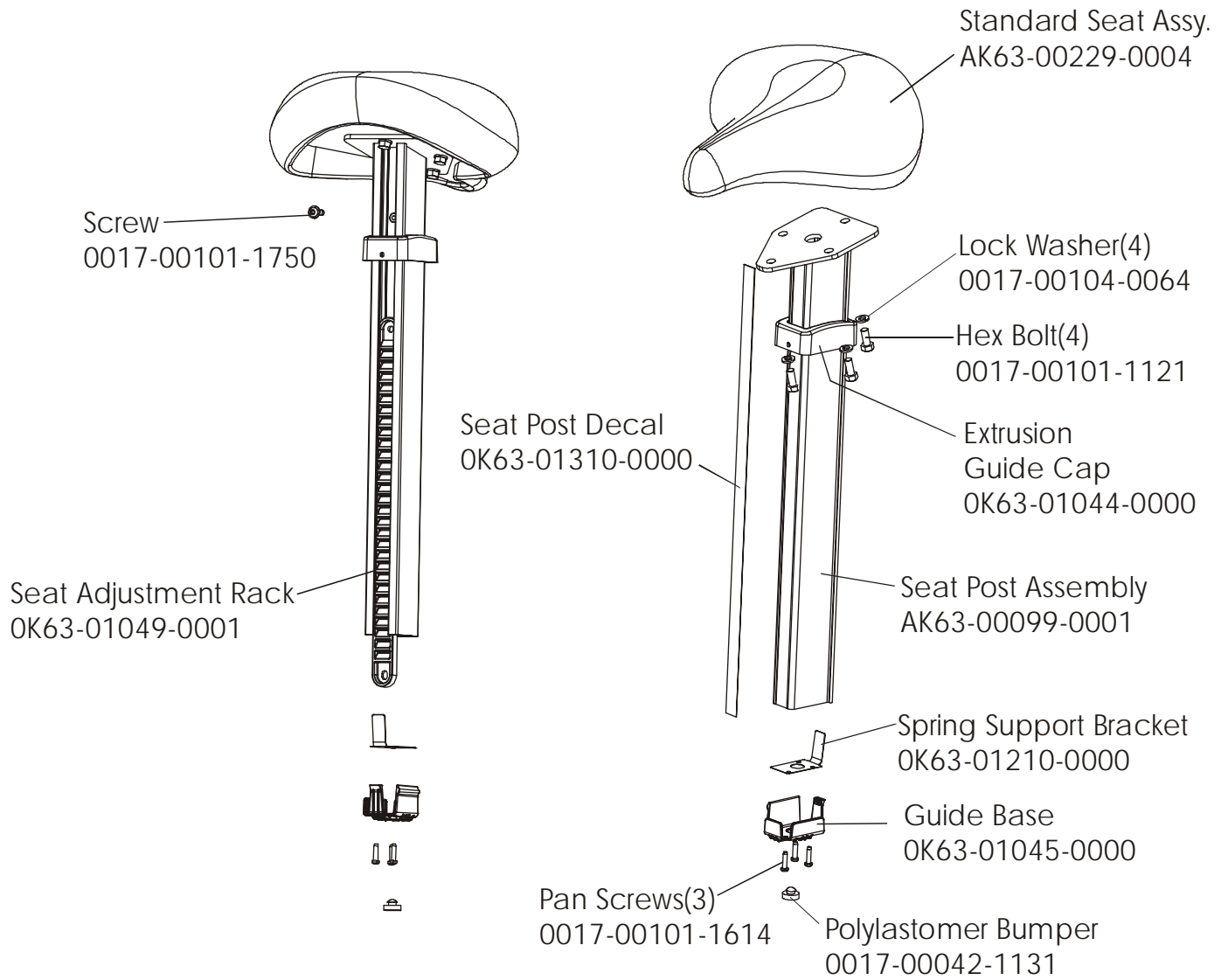






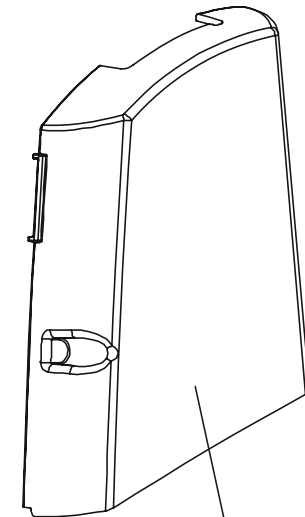
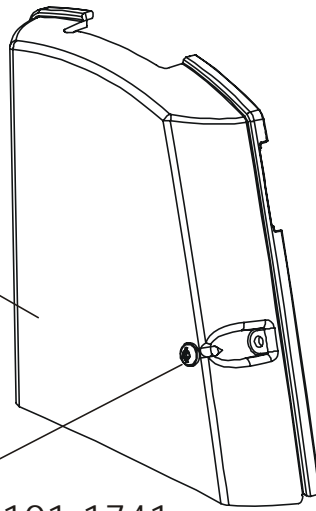




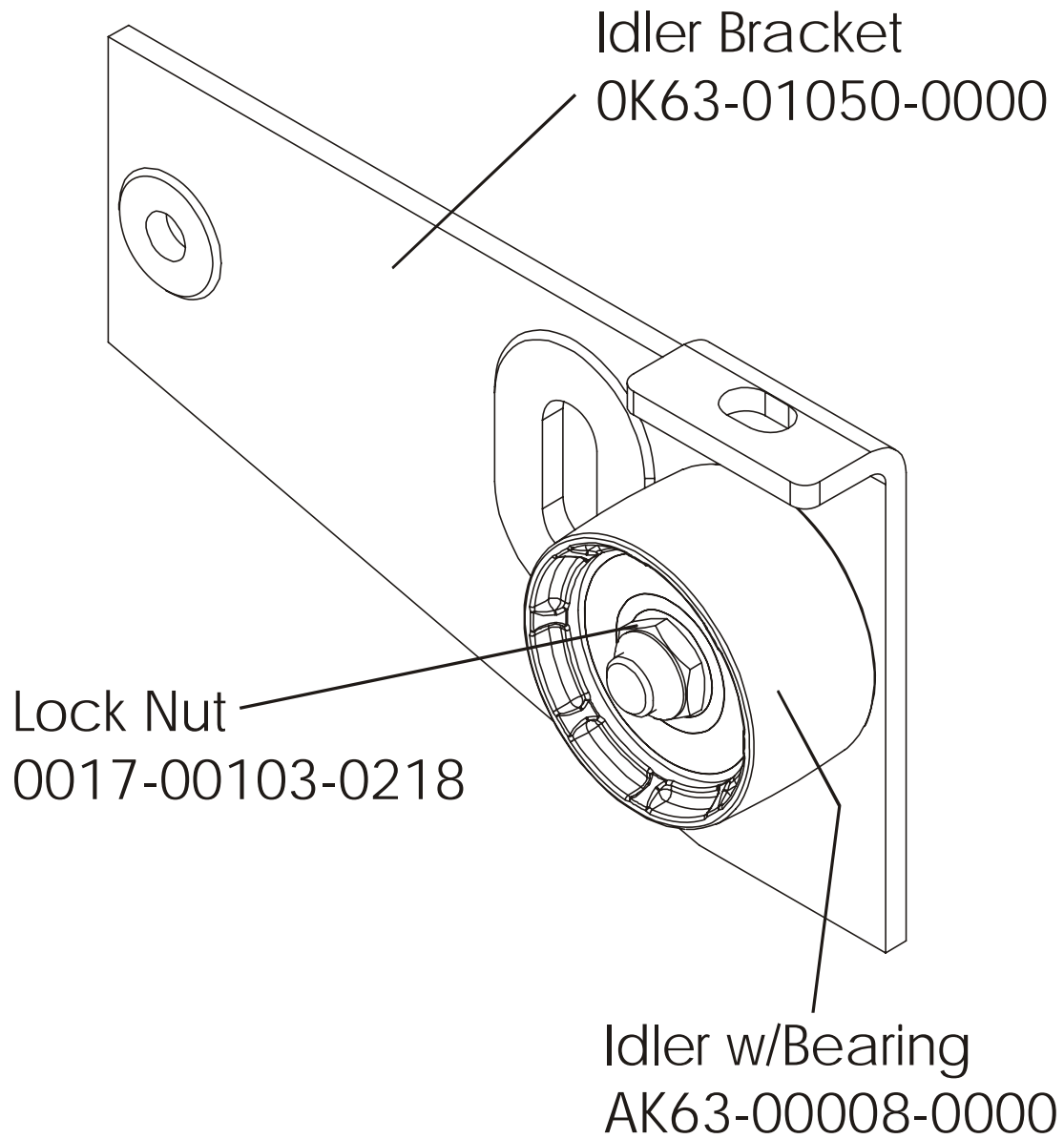


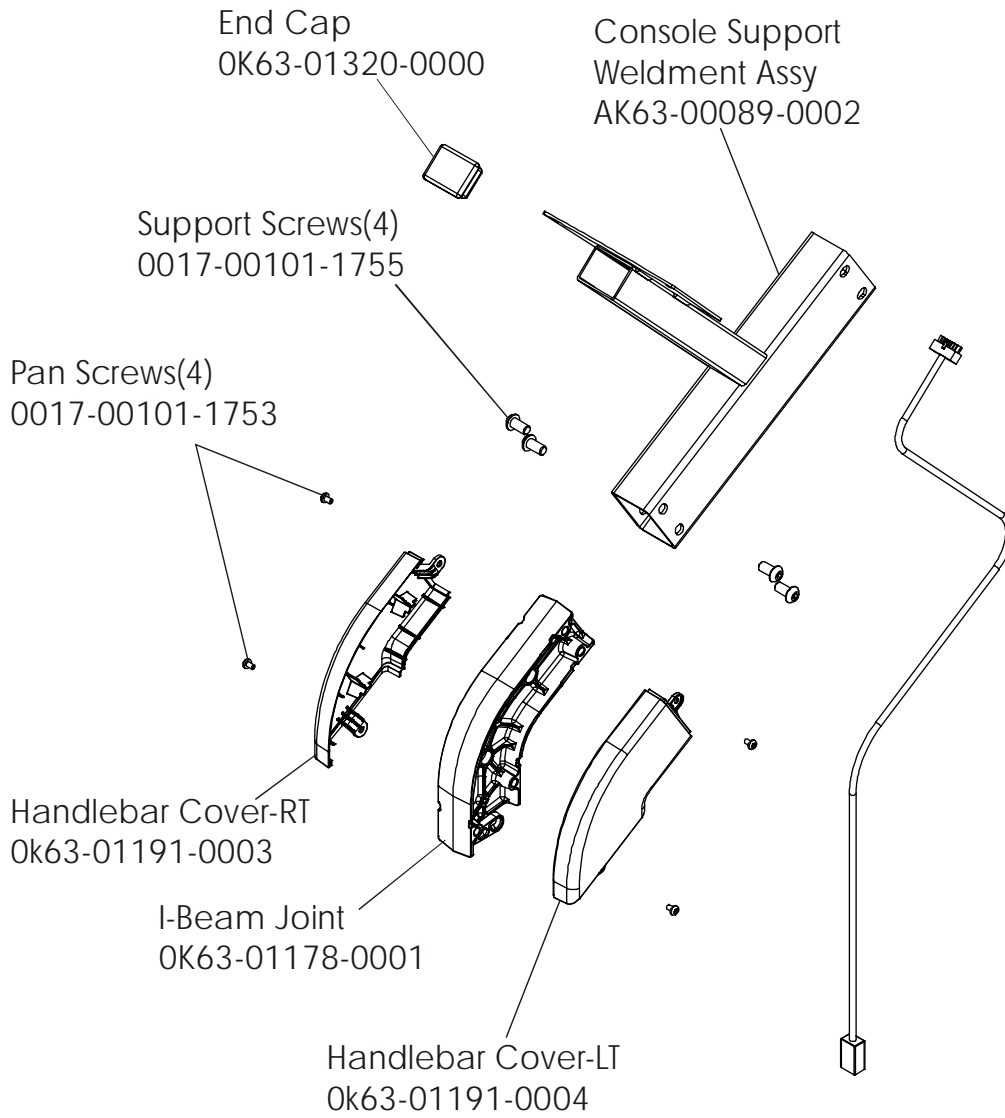
Left Seat Post Shroud
OK63-01092-0010

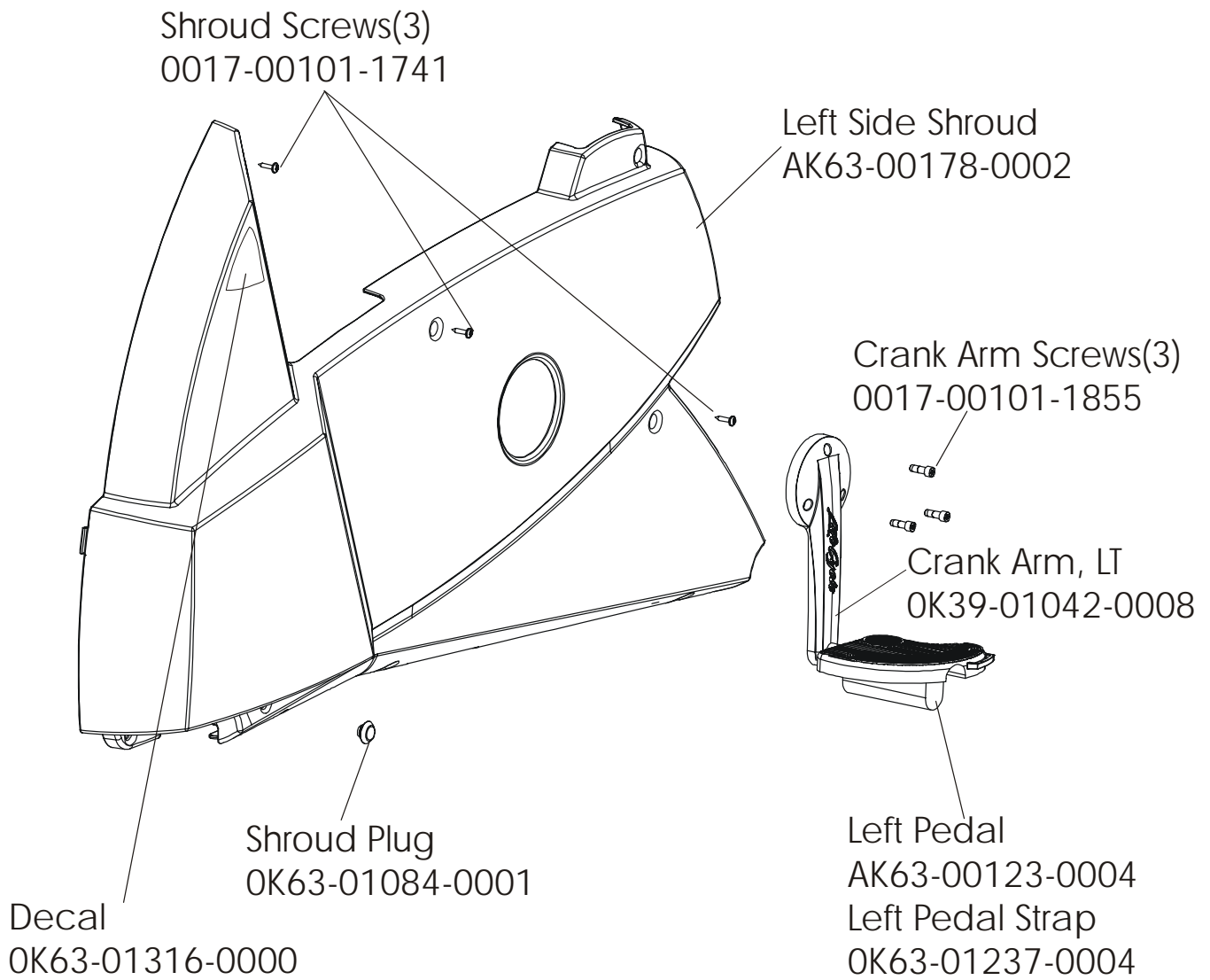
Screw
0017-00101-1741

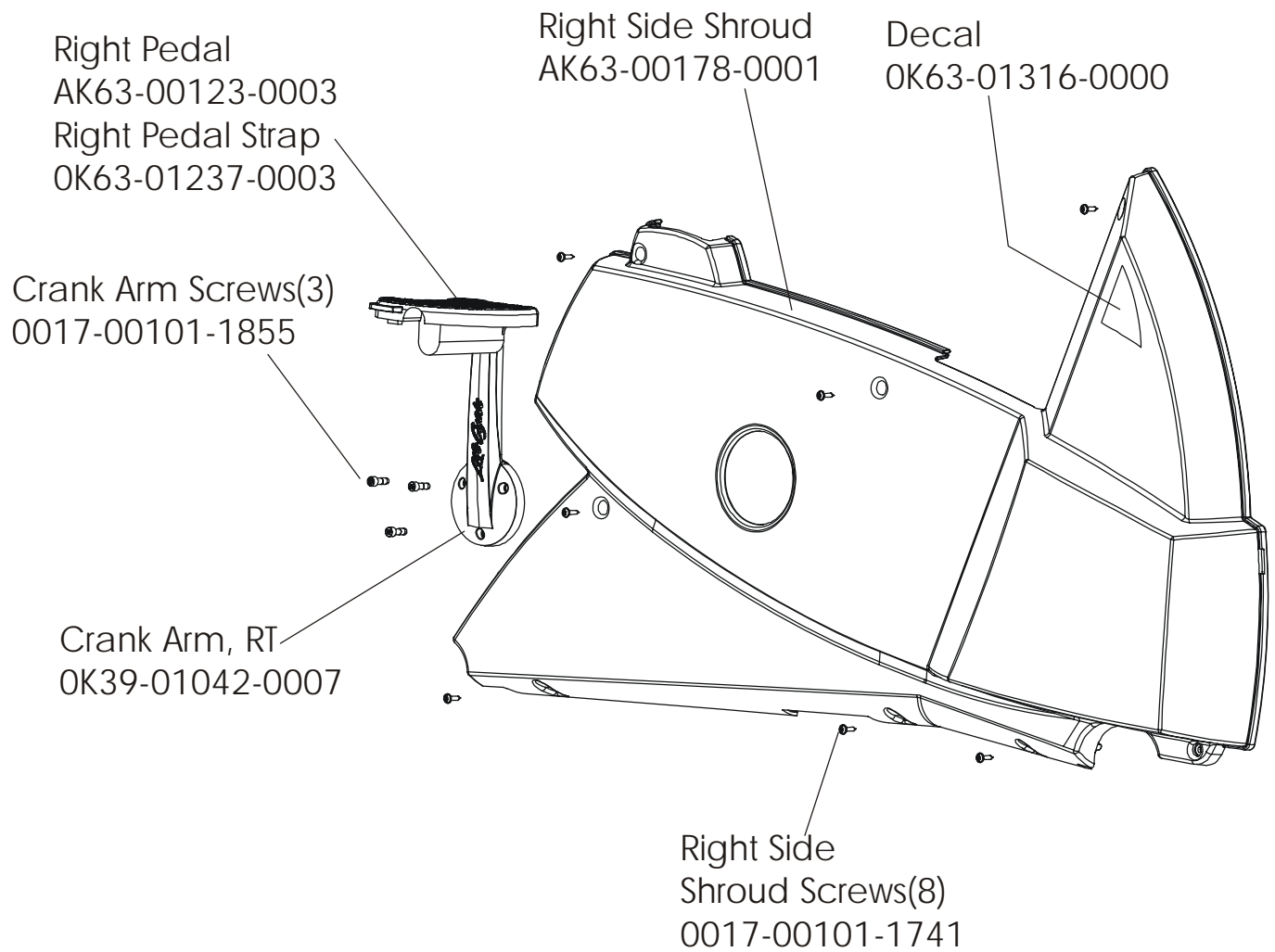


Right Seat Post Shroud
OK63-01092-0009

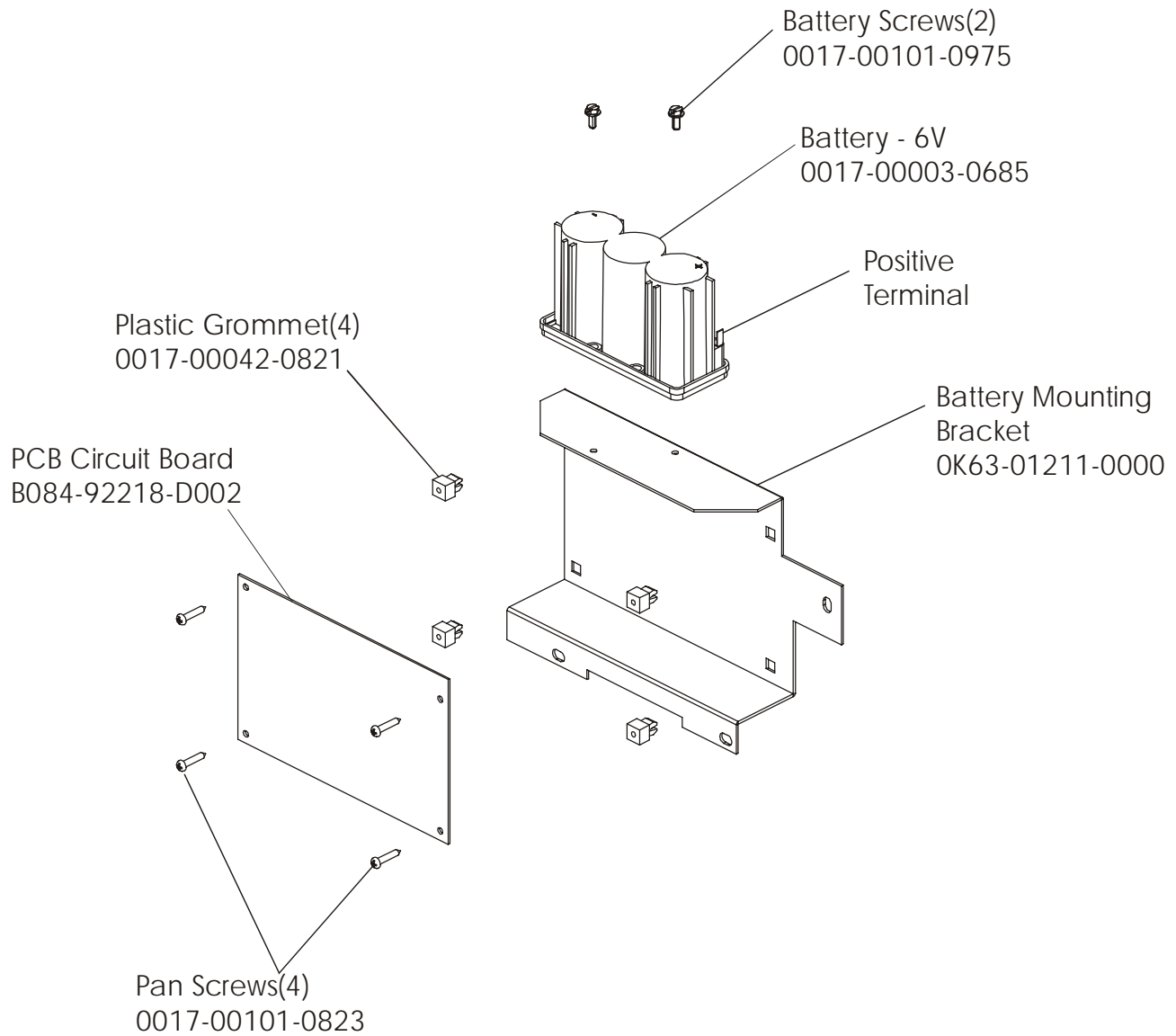


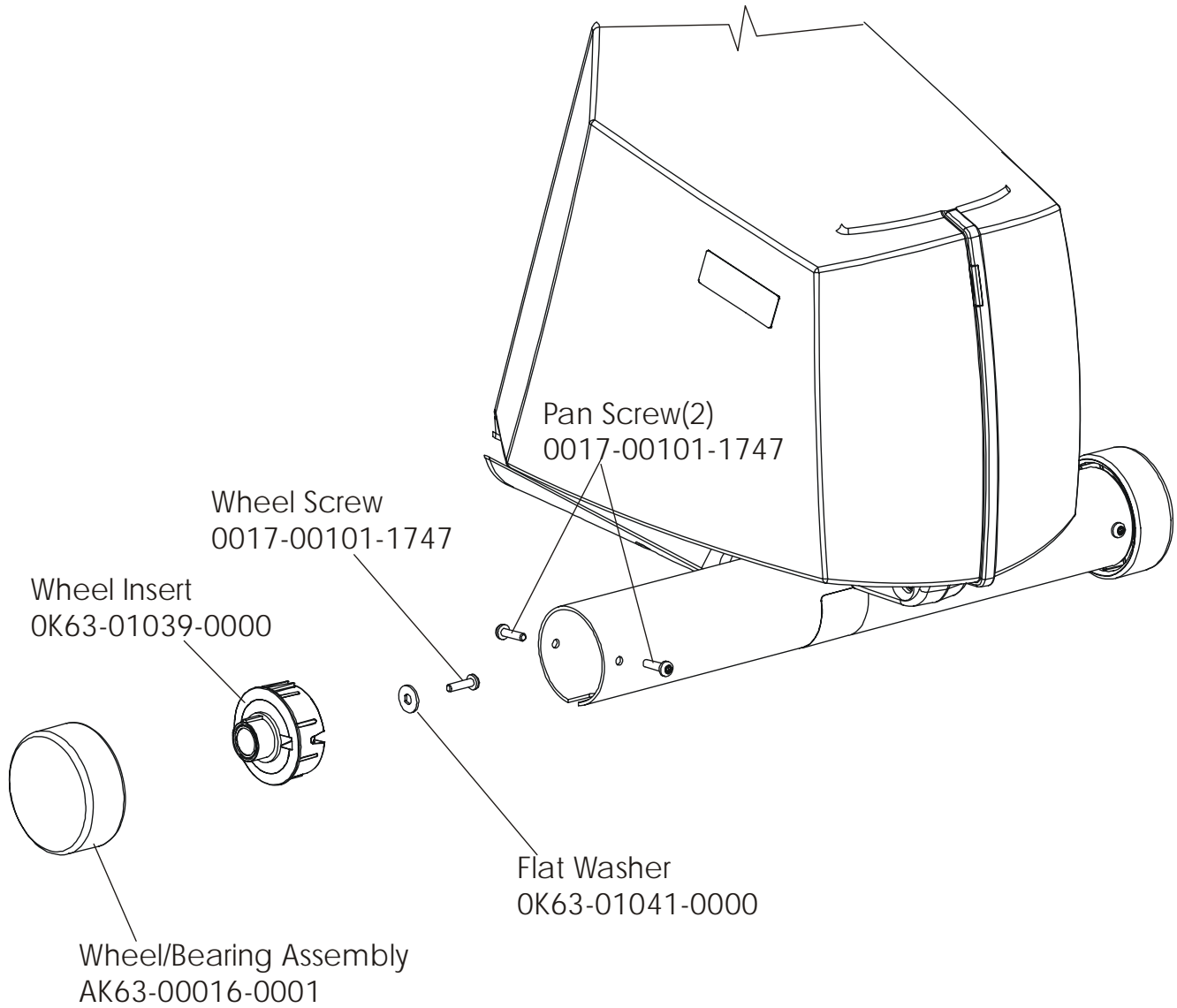


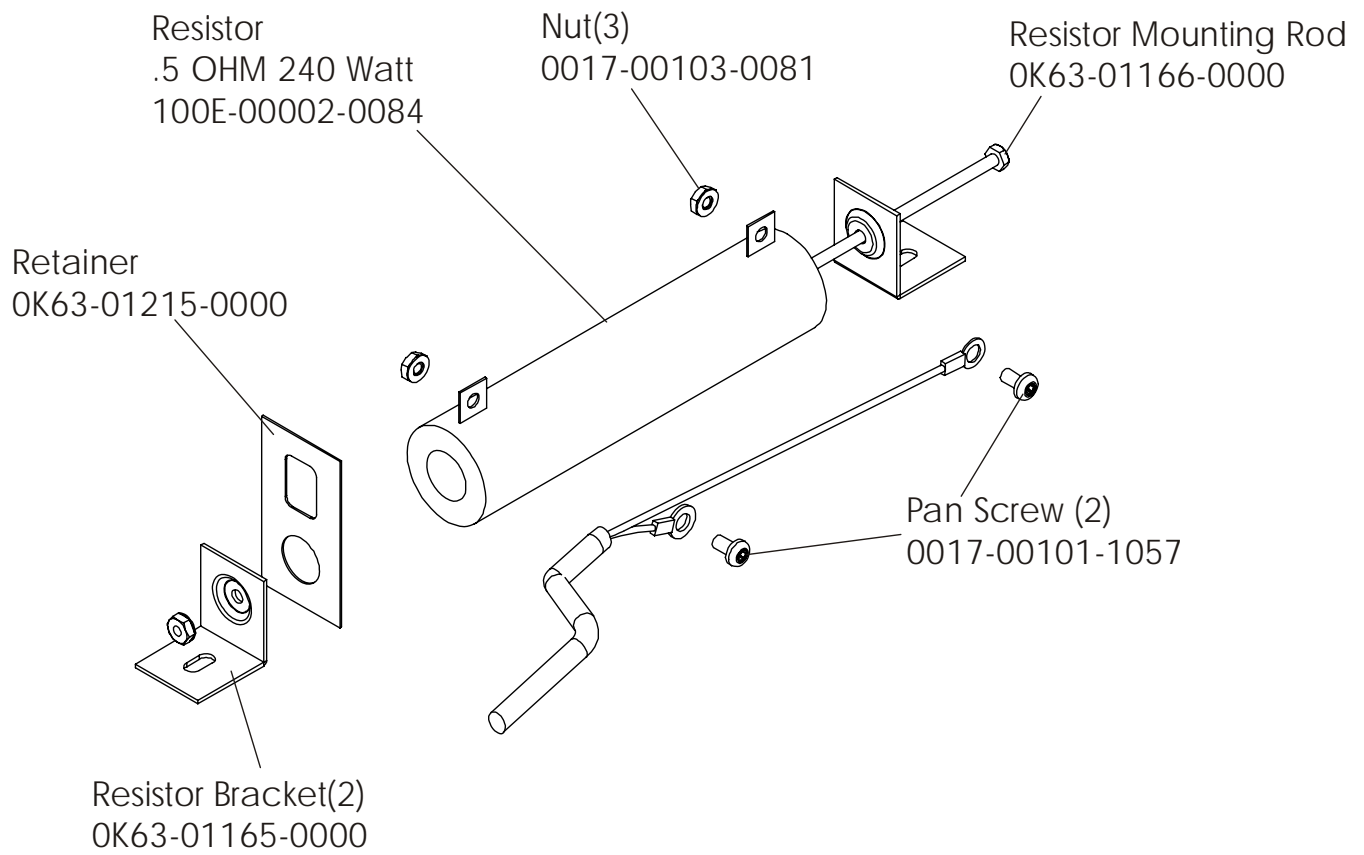


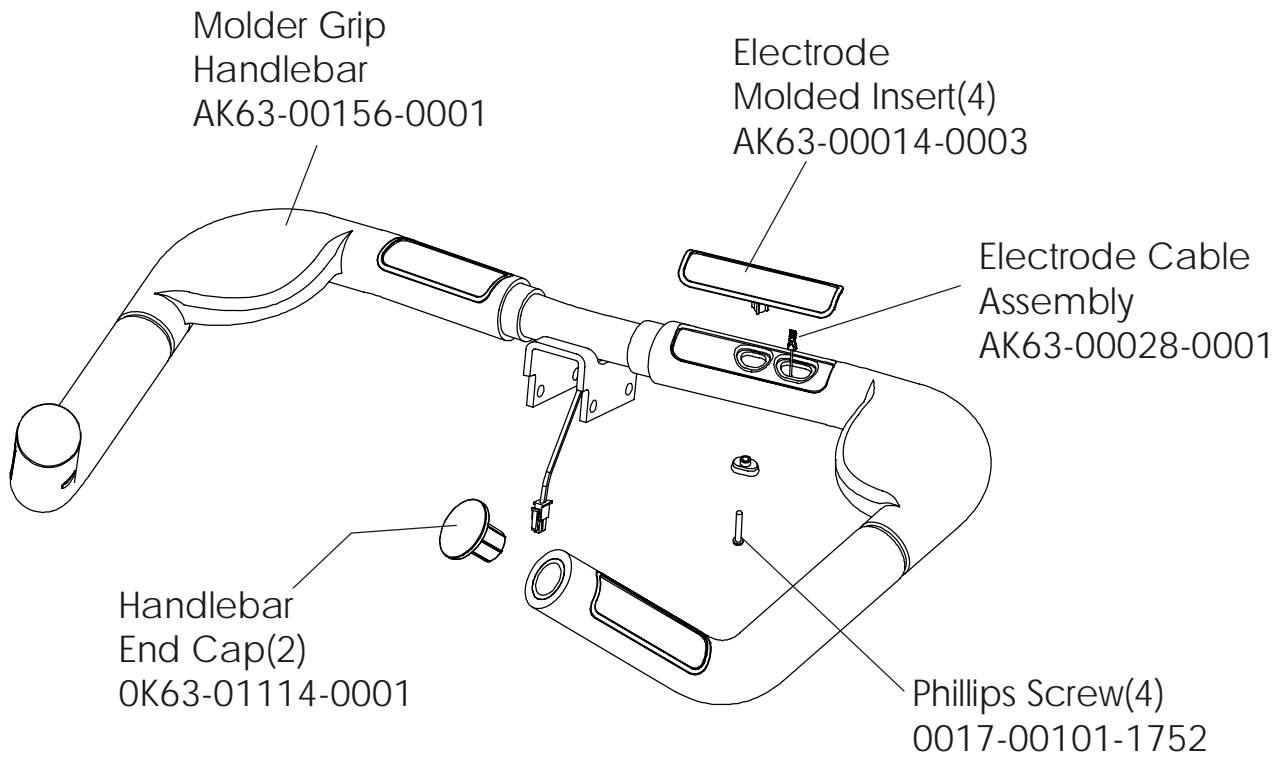


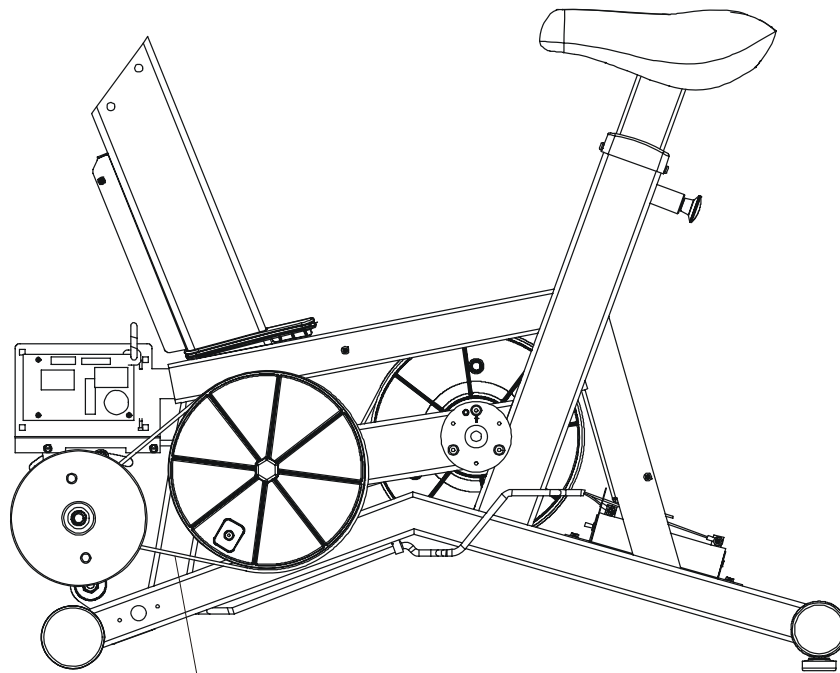
Assembly Number – AK63-00049-0000



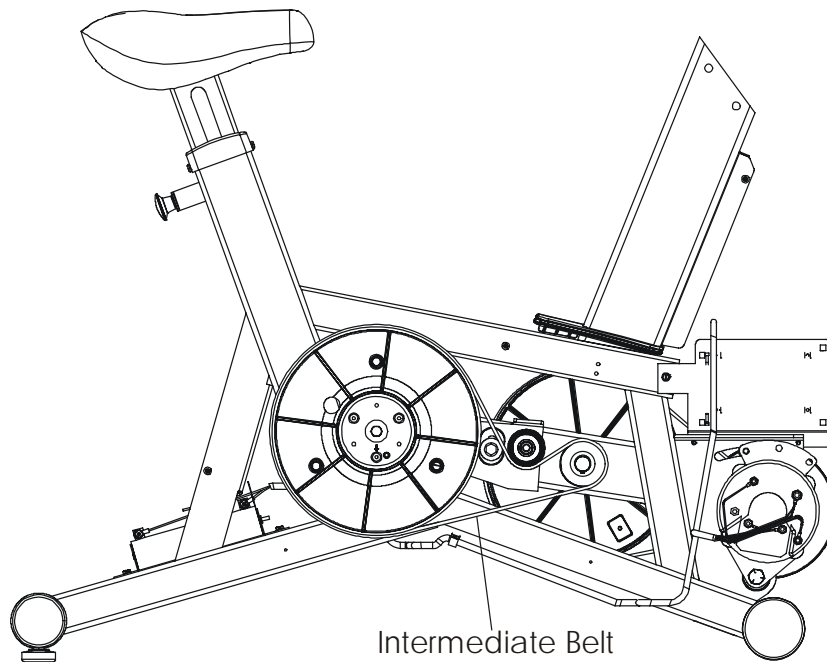








Alternator Belt
OK63-01065-0000



Intermediate Belt
OK63-01066-0001

