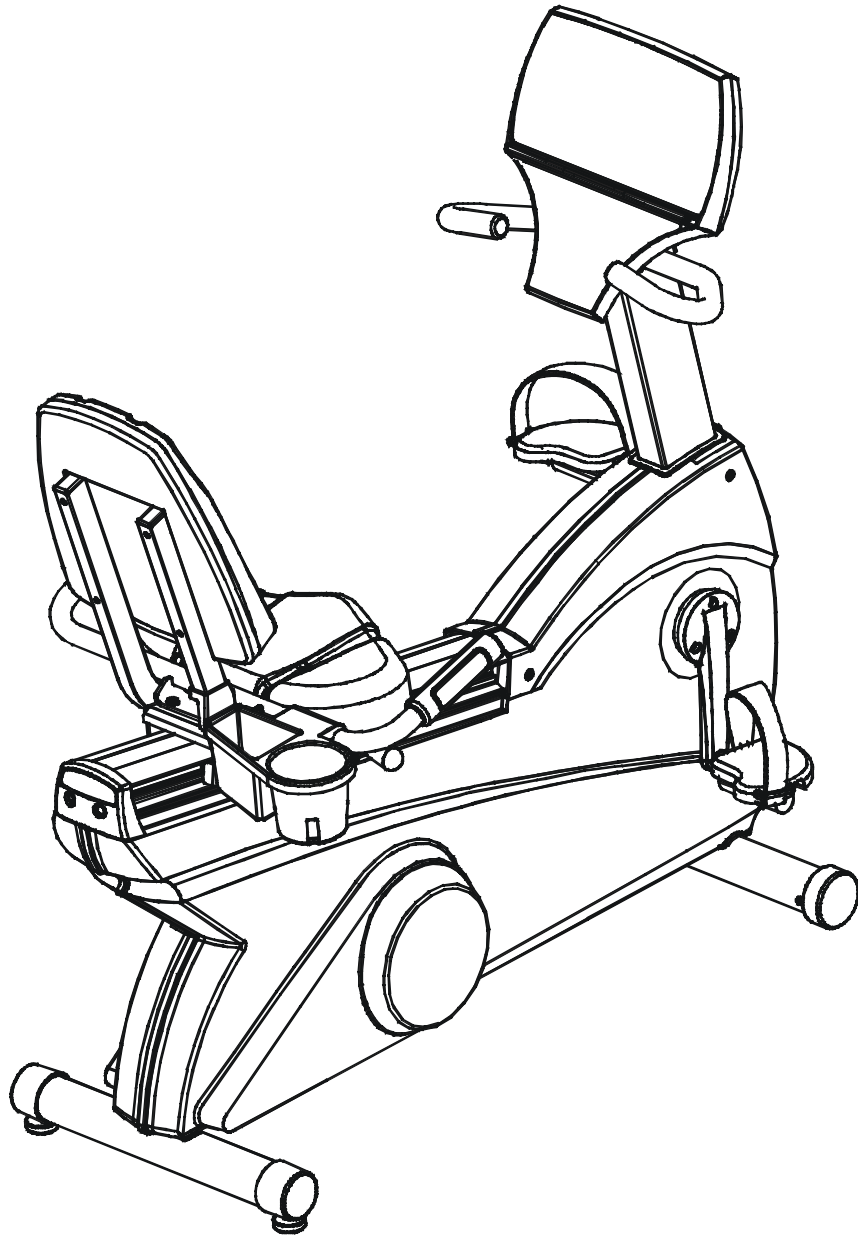


# LifeFitness

Arctic Silver 90R Recumbent Bike



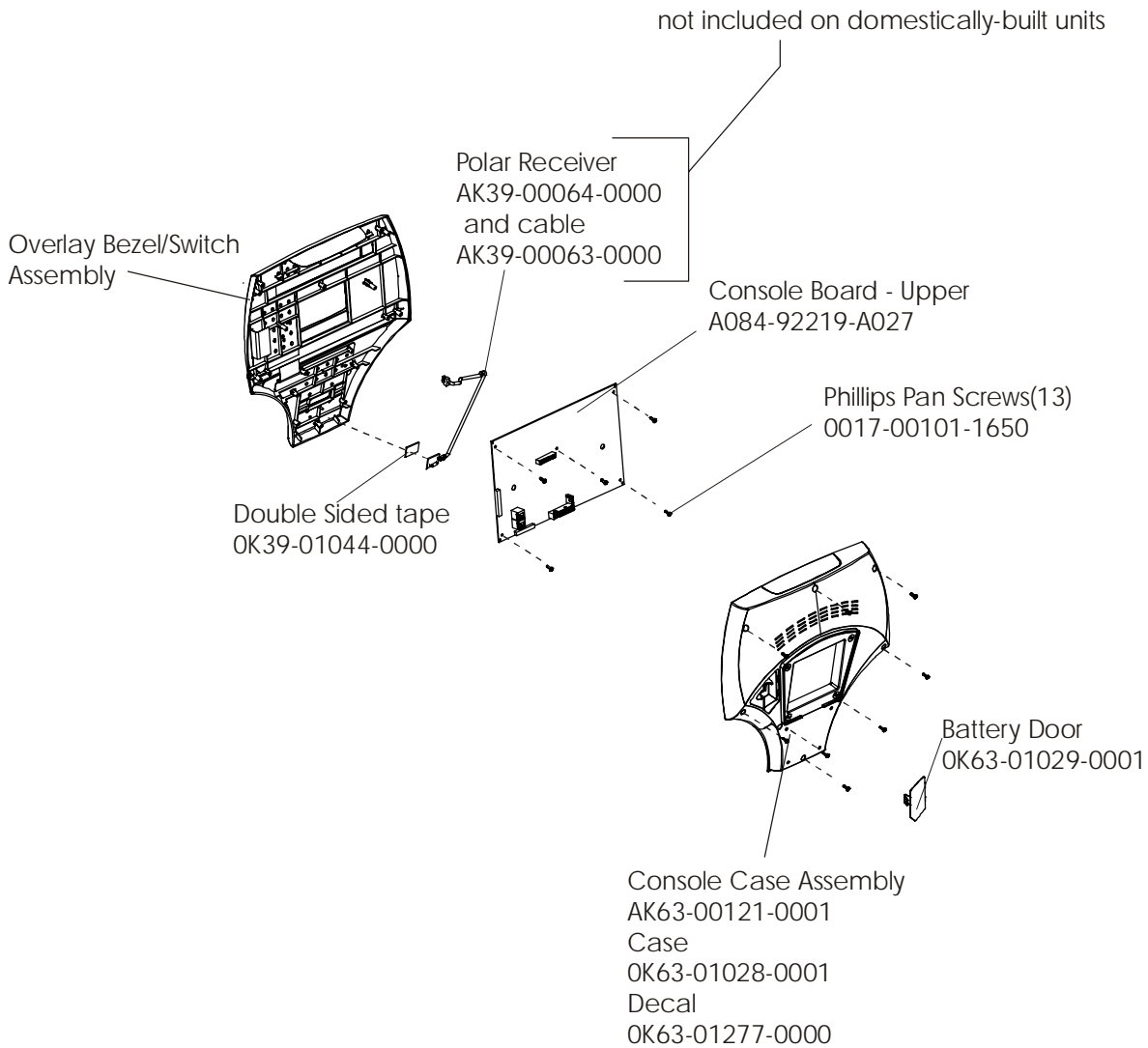
Customer Support Services  
**PARTS MANUAL** revised 29 Apr 2008

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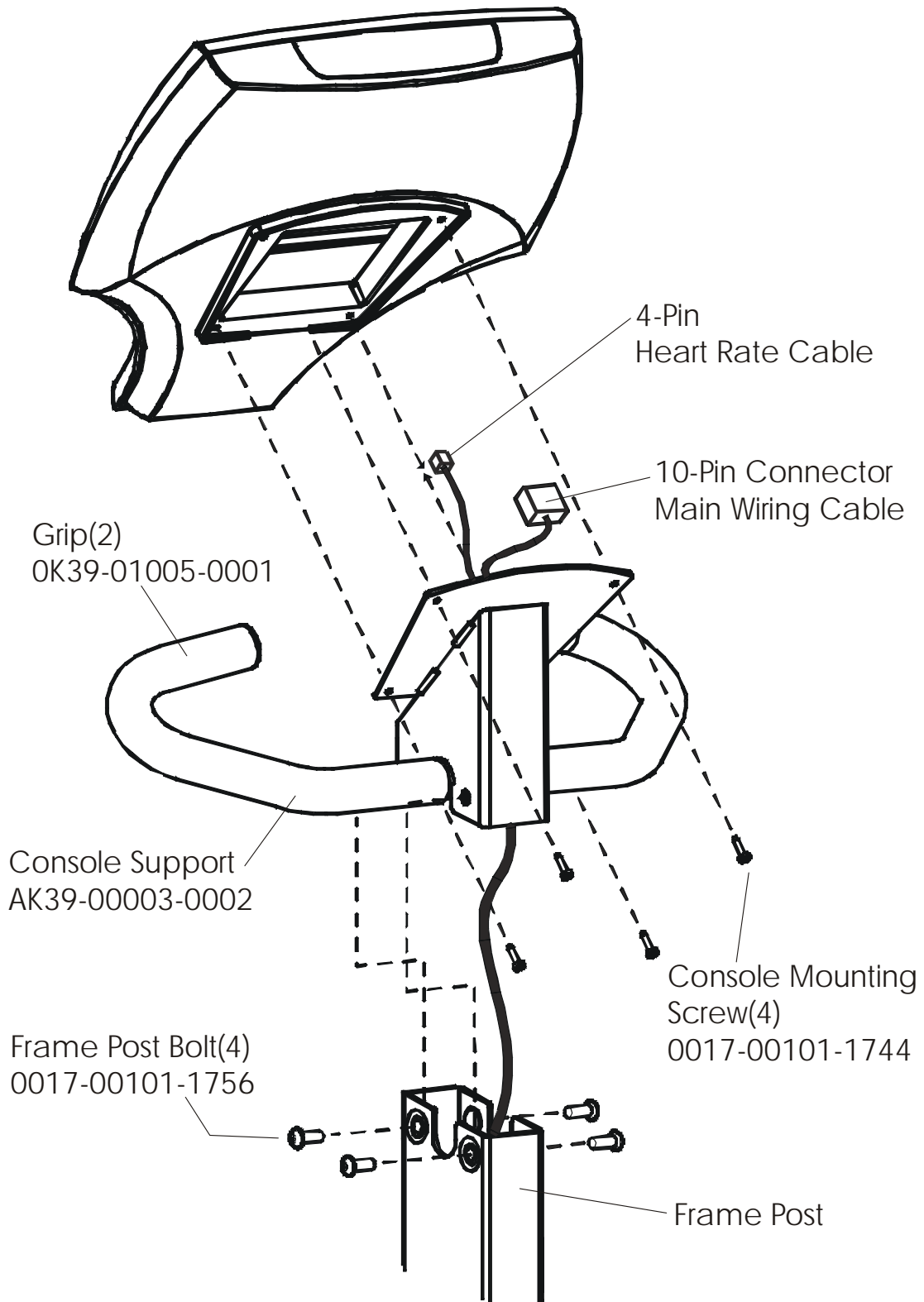
Model 90R-0XXX-04 has both Lifepulse sensors and Polar telemetry capability for reading Heart Rate and is pre-wired for attachable LCD TVs.

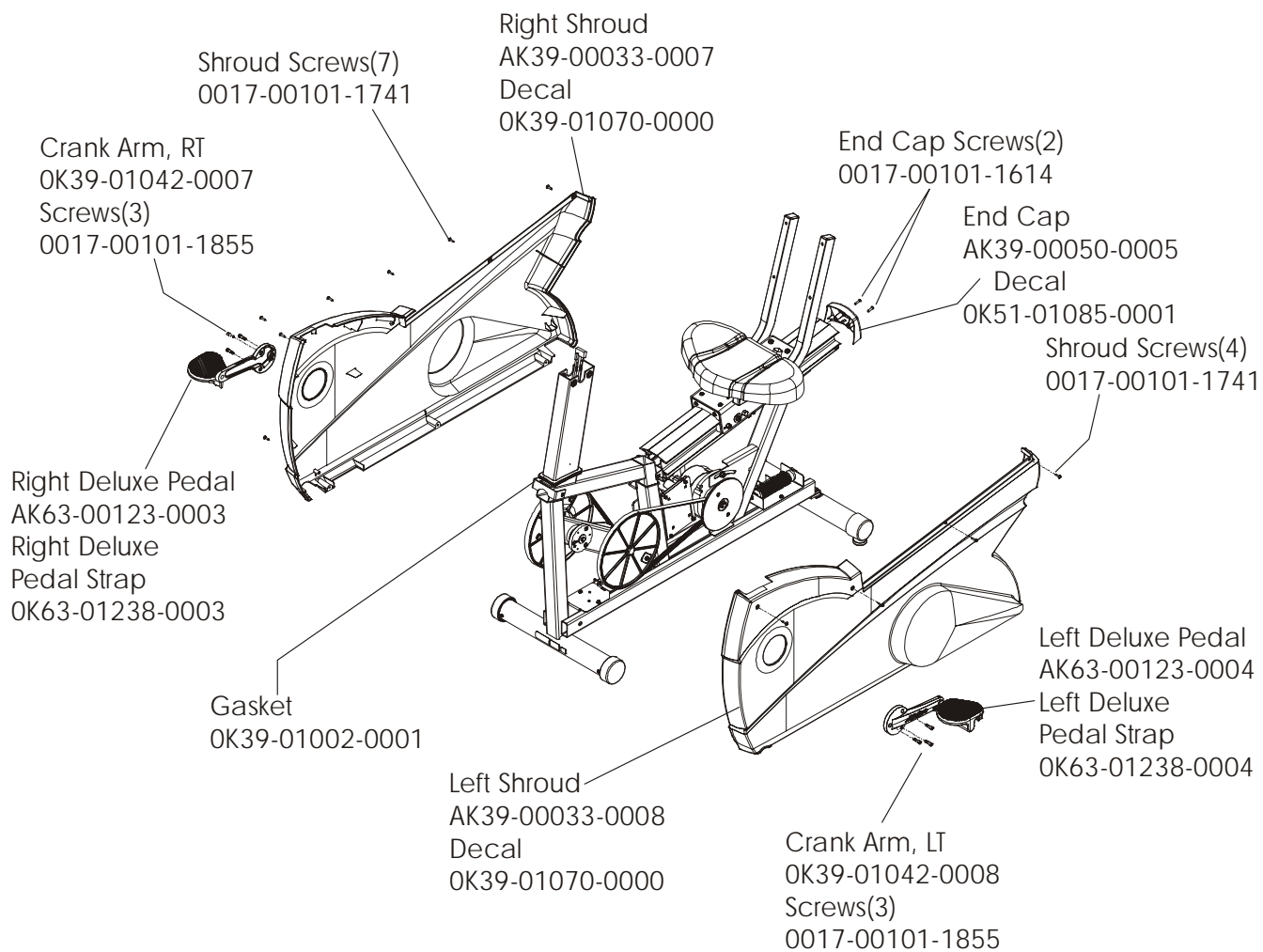
Description	Part No.
OPERATION MANUAL - (ENG)	M051-00K39-A112
OPERATION MANUAL - (F/S/P)	M051-00K39-A113
OPERATION MANUAL - (G/D/I)	M051-00K39-A114
ACCESSORY TRAY KIT	AK39-00052-0003
HARDWARE BAG	GK39-00002-0008
CONNECTION BRACKET ASSEMBLY consists of: 90" COAX CABLE 120" POWER EXT. CABLE F-TYPE PANEL CONNECTOR	AK39-00093-0000 AK32-00020-0001 AK32-00078-0001 0017-00021-2846
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
SERVICE MANUAL	M051-00K39-A012

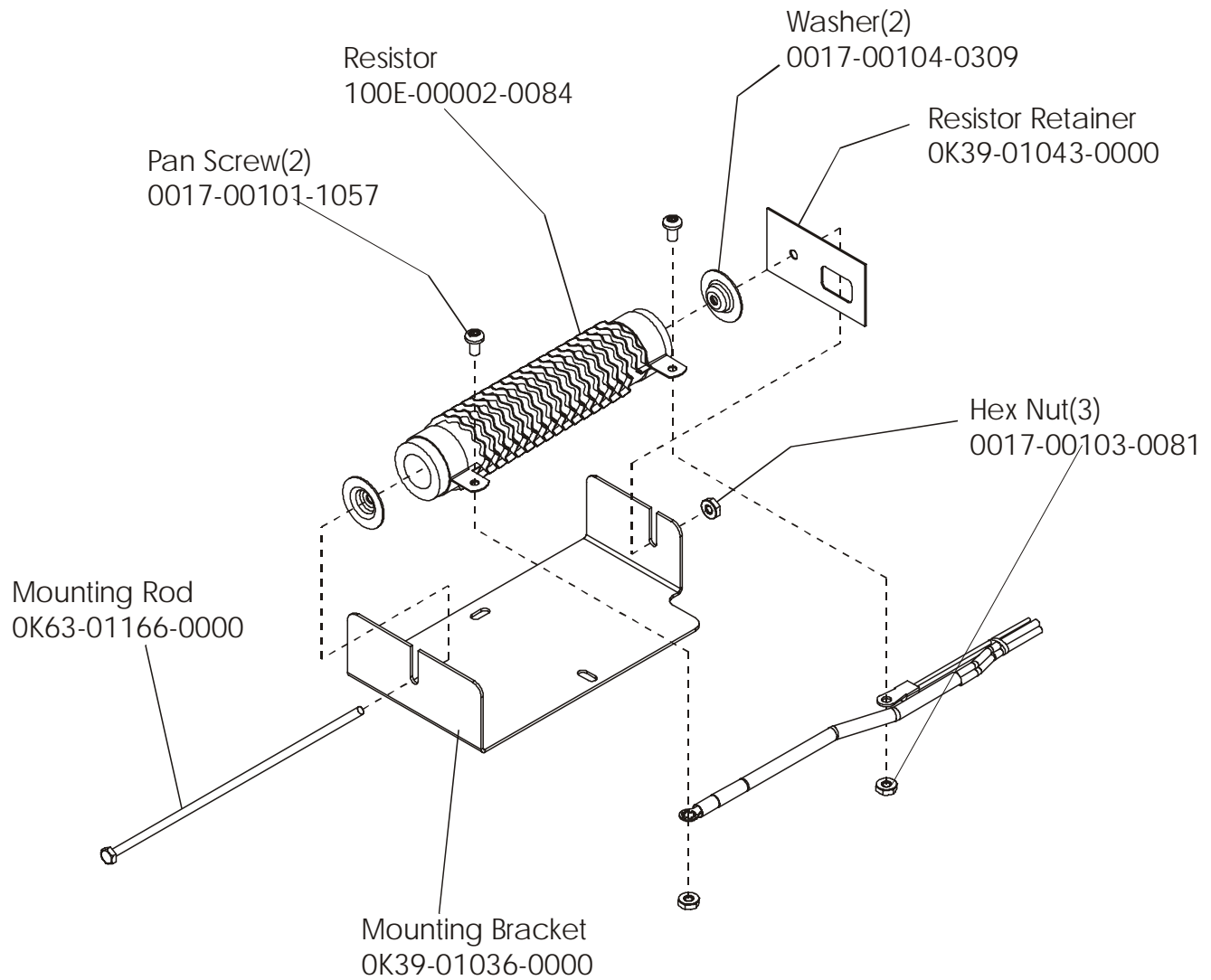
When this model is ordered with an attachable LCD TV it becomes a 90RER-0XXX-04. See the LCD-0XXX-02 Entertainment parts list for the descriptions and part numbers for the attachable LCD TV, remote, and hardware for this product.



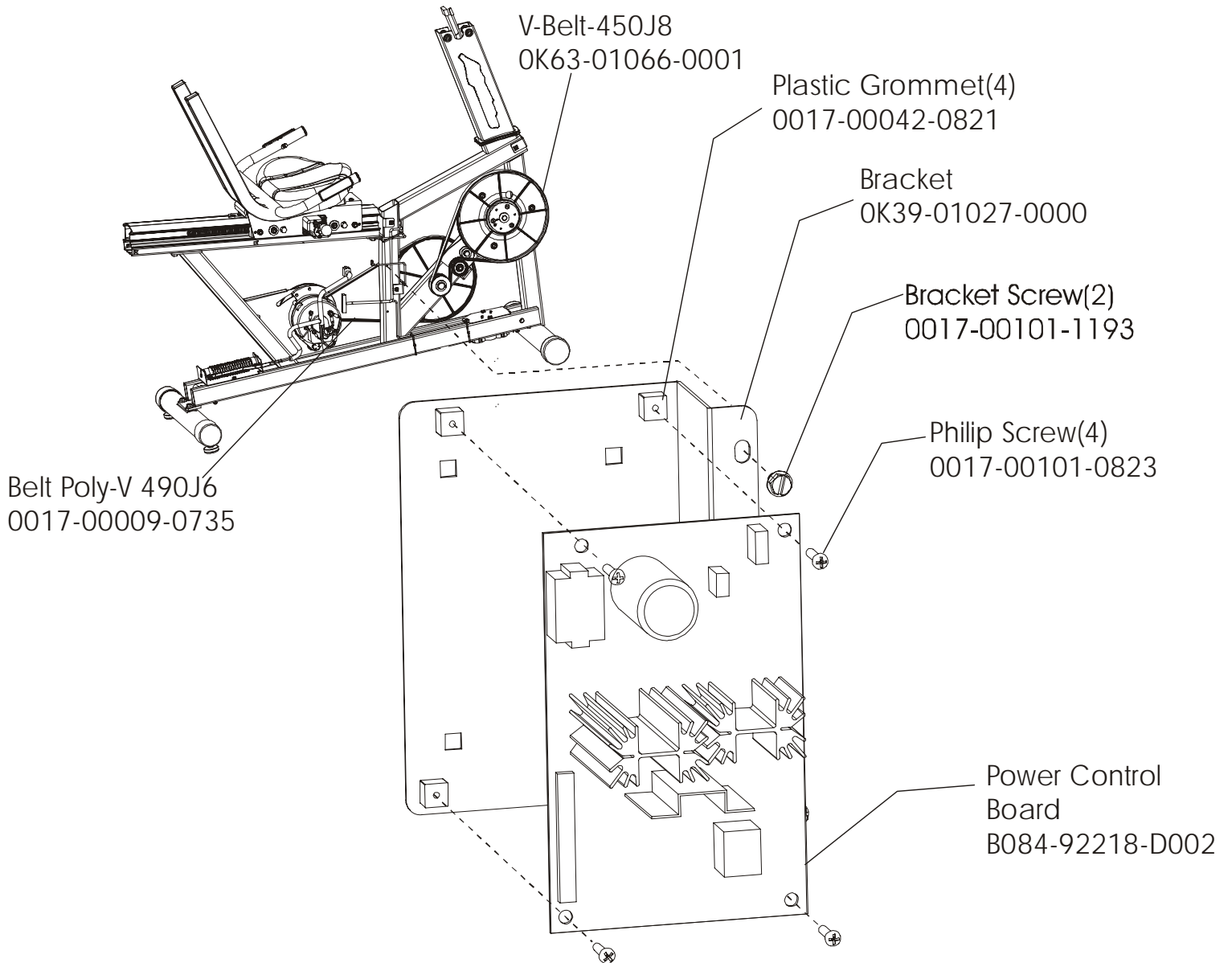
Console Assembly	Overlay/Bezel/Switch Assembly
AK39-00110-0001 Eng Eng	AK63-00167-0001 Eng Eng
AK39-00110-0002 Eng Met	AK63-00167-0001 Eng Met
AK39-00110-0003 Ger Met	AK63-00167-0003 Ger Met
AK39-00110-0004 Spn Met	AK63-00167-0004 Spn Met
AK39-00110-0006 Jap Met	AK63-00167-0006 Jap Met
AK39-00110-0007 Frn Met	AK63-00167-0007 Frn Met
AK39-00110-0008 Itl Met	AK63-00167-0008 Itl Met
AK39-00110-0009 Dut Met	AK63-00167-0009 Dut Met
AK39-00110-0010 Por Met	AK63-00167-0010 Por Met







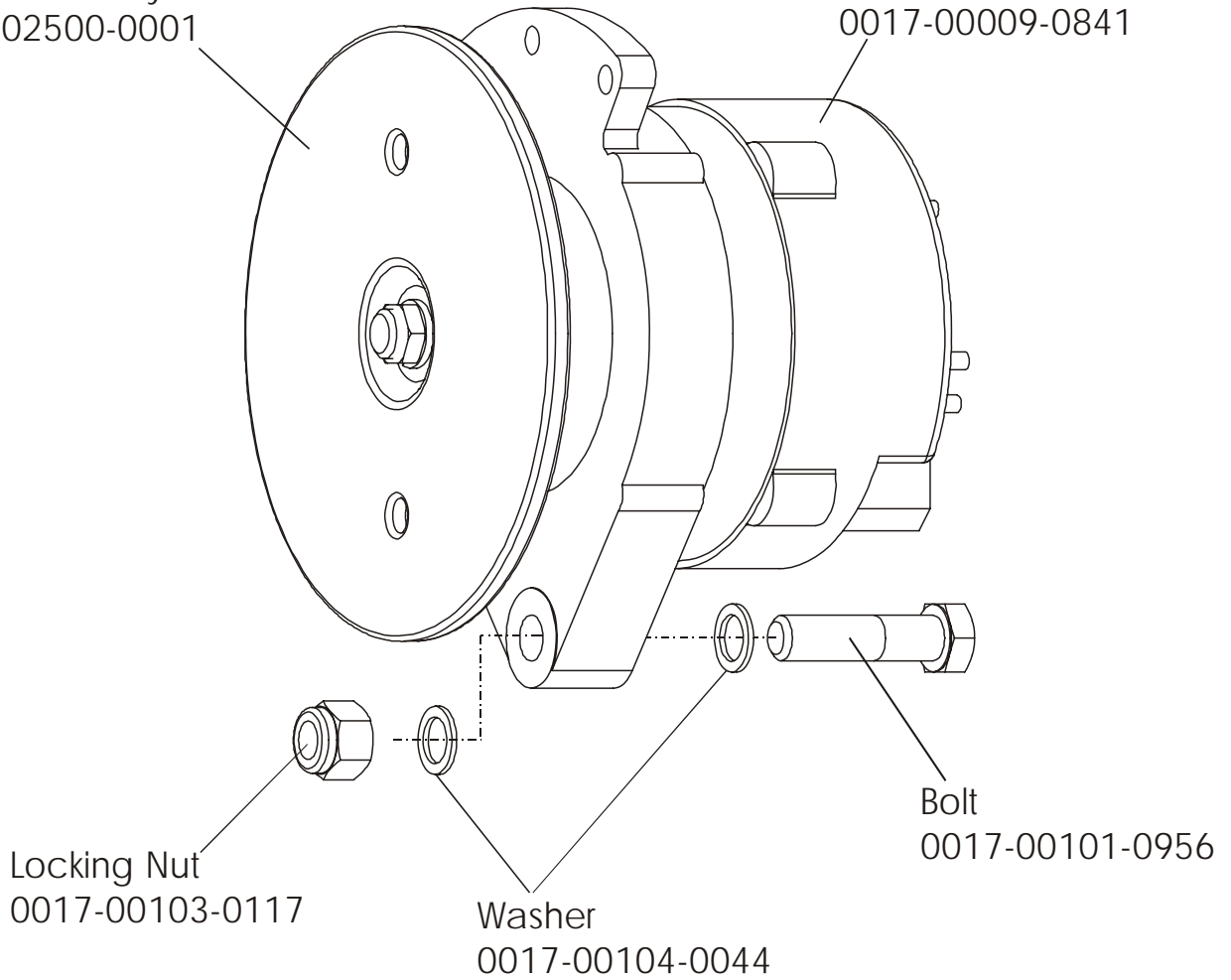
Assembly Number - AK39-00022-0001



Assembly Number – AK63-00093-0000

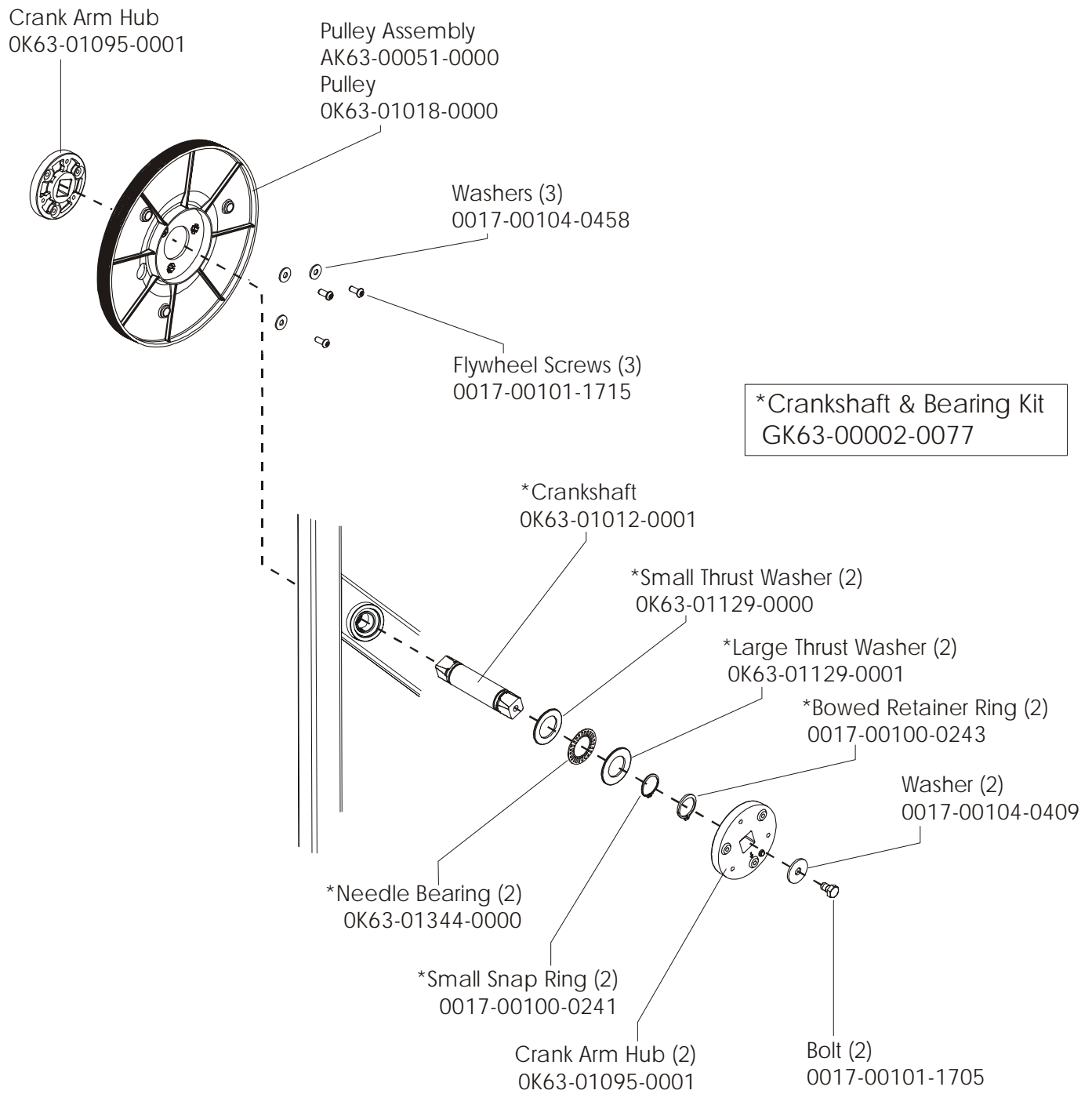
Alternator Pulley  
0K61-02500-0001

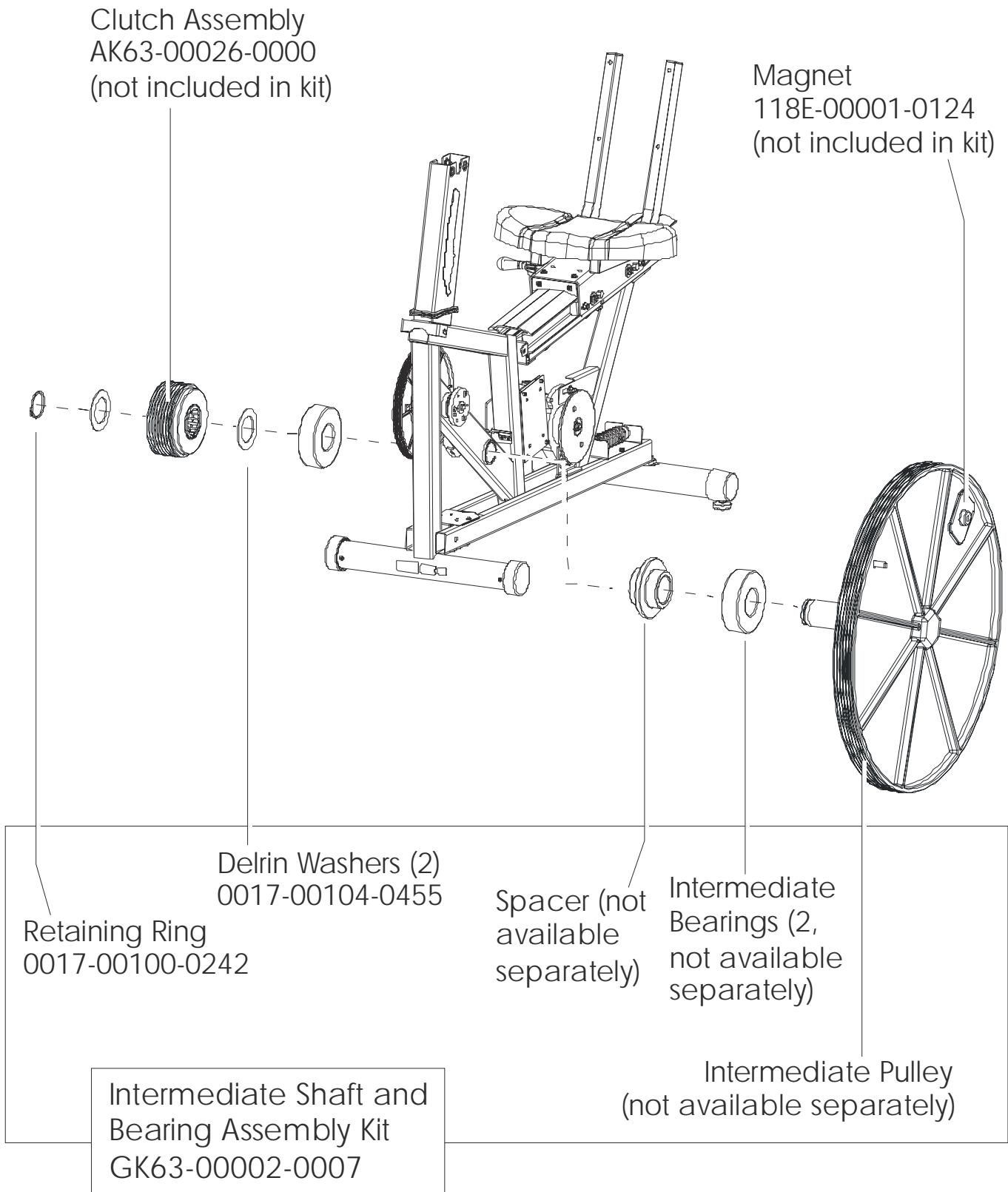
Alternator  
0017-00009-0841



ARCTIC SILVER 90R  
Crank Shaft and Bearing Assembly

90R-0XXX-04  
S/N CCA100000 and up





Idler Bracket Assembly – AK63-00021-0000

