

HAMMER[®] STRENGTH

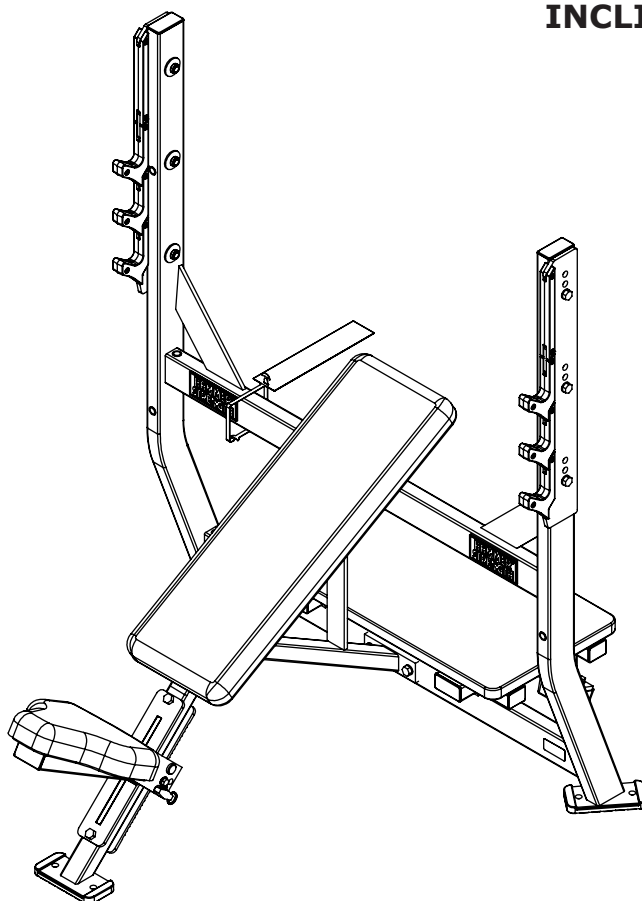
**HAMMER
STRENGTH[®]**

OLYMPIC

PARTS MANUAL

**INCLINE BENCH
OIB & O-IB**

7/10/2017



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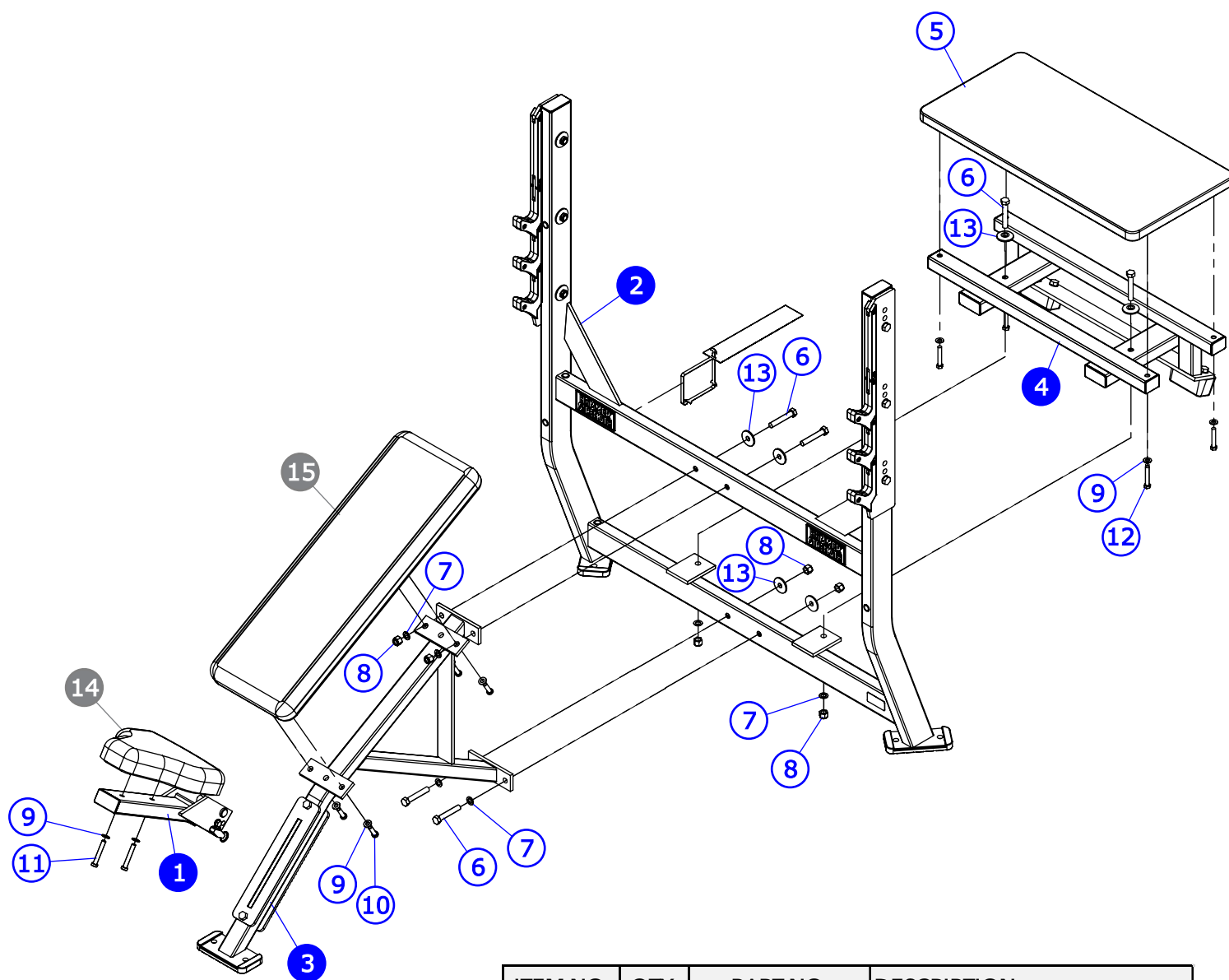
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

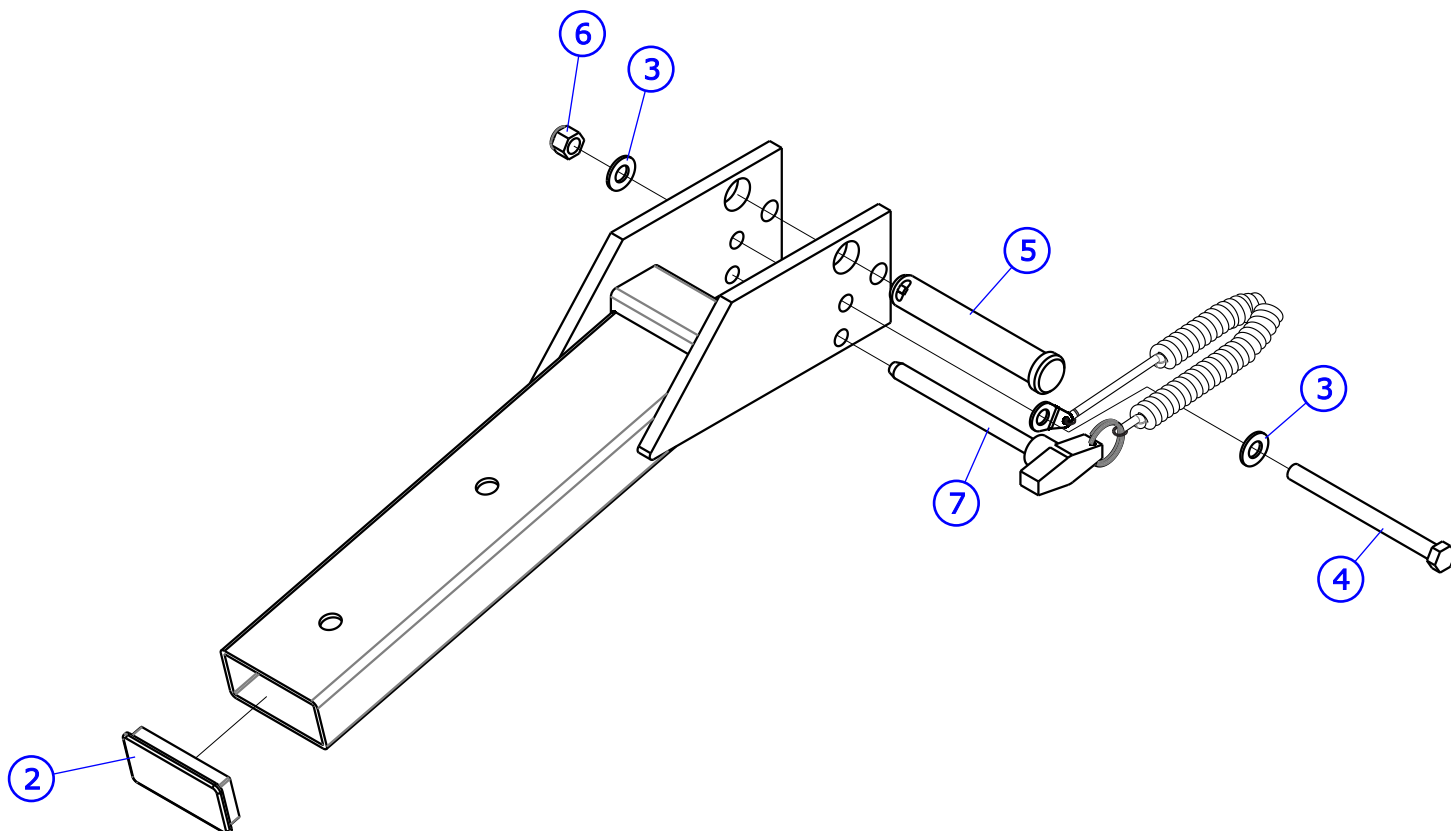
Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

COMPONENT ASSEMBLY



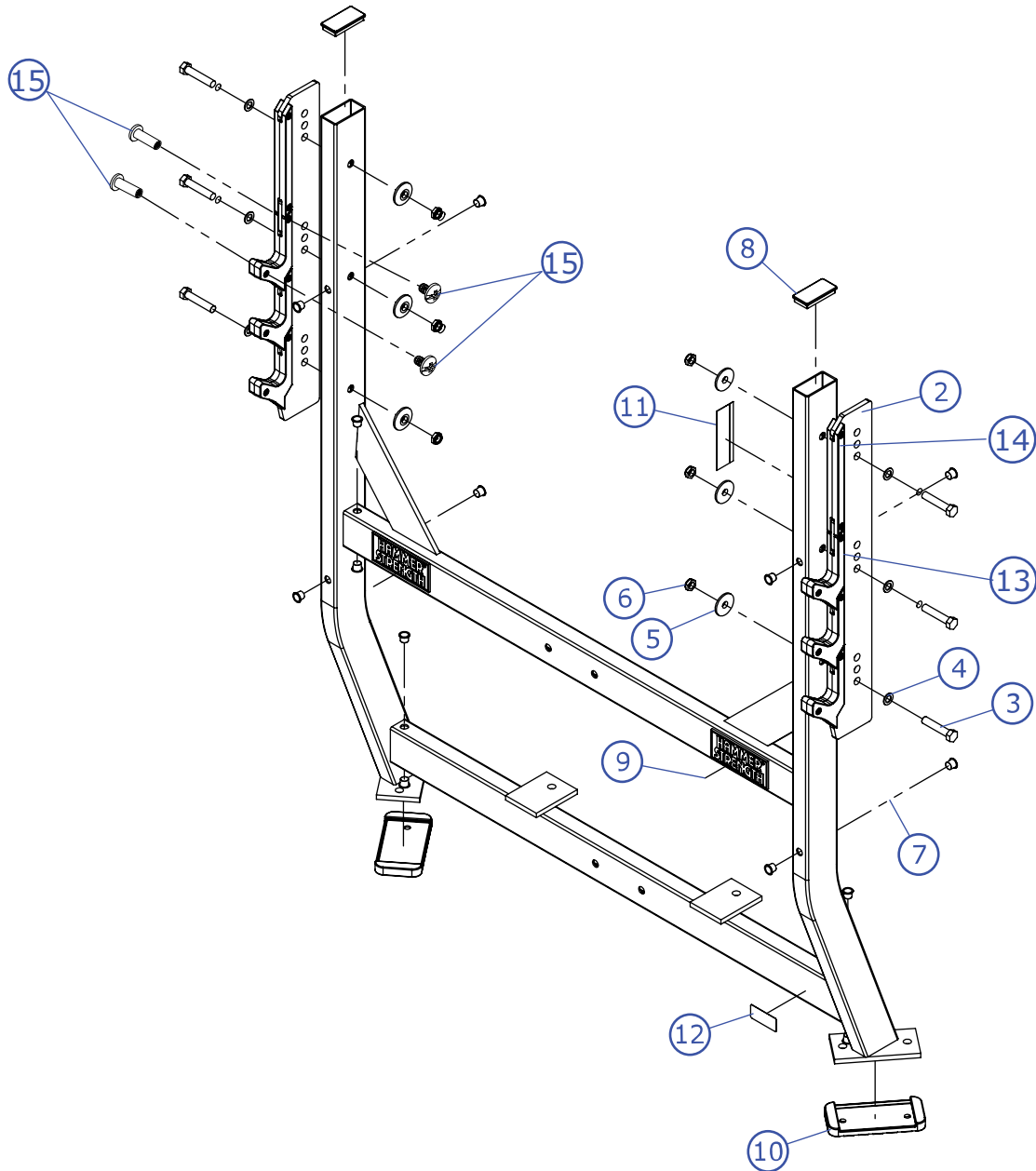
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	OIB-CAJST	ASSY, ADJ SEAT BACK, OIB
2	1	OIB-CWB	ASSY, WORKBOX, OIB
3	1	OIB-CST	ASSY, SEAT FRAME, OIB
4	1	OIB-CBX	ASSY, BASE FRAME, OIB
5	1	U-FBLP	LEG PRESS FOOTBOARD
6	6	HHB.5X3	1/2 X 3 BOLT
7	6	WASH.5STAR	1/2" INTERNAL LOCK WASHER
8	6	NUT.5LOCK	1/2 DIA THICK LOCK NUT
9	10	WASH.375SAE	3/8" SAE FLAT WASHER
10	4	3236204	SCREW, M10 X1.5 35MM
11	2	3236210	SCREW, M10 X1.5 65MM
12	4	HHB.375X2.25	STEEL BOLT 3/8 X 2.5
13	6	H-BACK-WASH	BACKING WASHER
14	1	7351999	PAD, SADDLE
15	1	7354099	PAD, BACK 32-1/2 X 11-1/4

ADJ. SEAT BACK ASSEMBLY



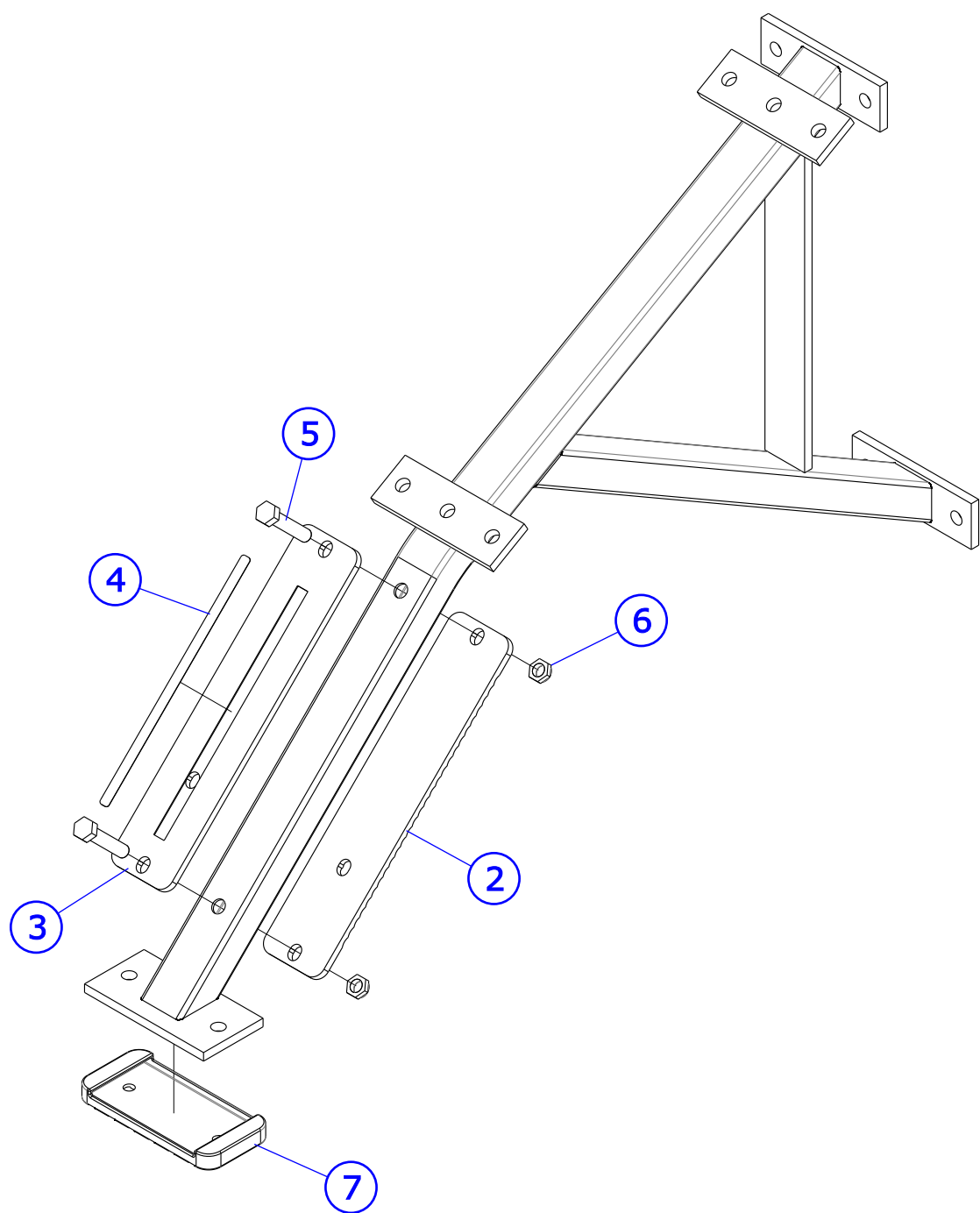
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
3	2	WASH.375SAE	3/8" SAE FLAT WASHER
4	1	HHB.375X4.5	STEEL BOLT 3/8 X 4.5
5	1	STD SEAT PIN	STD SEAT PIN
6	1	NUT.375LOCK	3/8 THICK LOCK NUT
7	1	SELECTOR PIN-4	SELECTOR PIN 4" WITH LANYARD

WORKBOX ASSEMBLY



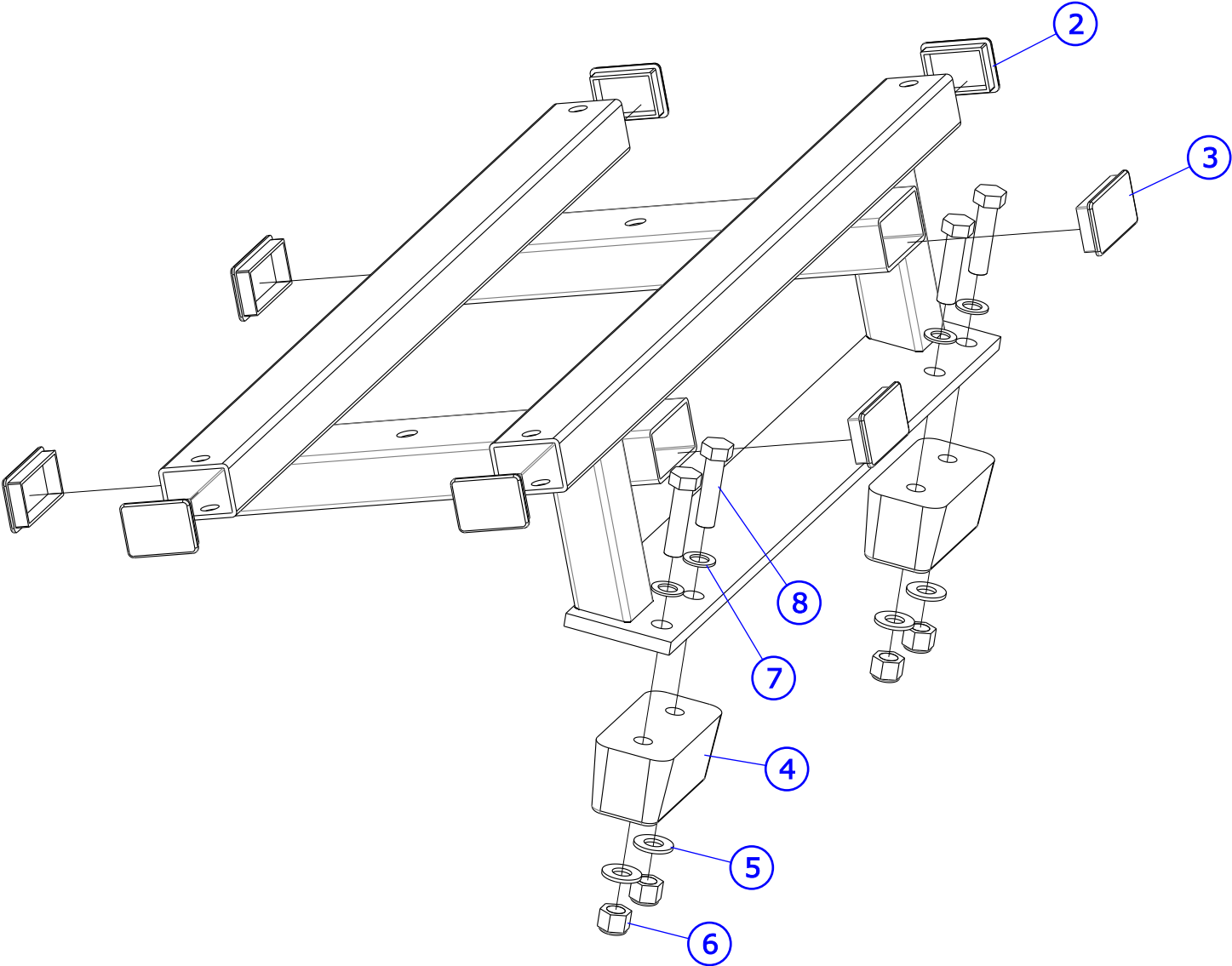
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	1003674-0093	PLATE,GUN RACK
3	6	HHB.5X2.5	1/2 X 2 1/2 BOLT
4	6	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	6	H-BACK-WASH	BACKING WASHER
6	6	NUT.5JAMLOCK	1/2 THIN LOCK NUT
7	16	H-HPLUG (REG)	HOLE PLUG
8	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
9	2	H-NAMEPLATE	HAMMER STRENGTH BADGE
10	2	MM-9	3 X 6 FLANGE RUBBER SLIPPER
11	1	8758401	FIXED BENCH WARNING DECAL
12	1	-	SERIAL NUMBER
13	6	1003673-0001	GUARD, GUN RACK
14	2	1003672-0001	GUARD, GUN RACK TOP
15	16	1003822-0001	SCREW, 10-24 X 5/16 & BARRELL, 10-24 X 3/8, BINDING POST

SEAT FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-SEATRCKS-RIB	SEATRACK BACK
3	1	H-SEATRCKS-N	PLASTIC SEAT GUIDES(PP229)NEW)
4	1	SEAT NUMBER	SEAT ADJ. NUMBER
5	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
6	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
7	1	MM-9	3 X 6 FLANGE RUBBER SLIPPER

BASE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
3	4	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
4	2	H-BUMP-MED	H-BUMP-MED
5	4	WASH.5SAE	1/2" SAE FLAT WASHER
6	4	NUT.5LOCK	1/2 DIA THICK LOCK NUT
7	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
8	4	HHB.5X2	1/2 X 2 BOLT