

HAMMER[®] STRENGTH

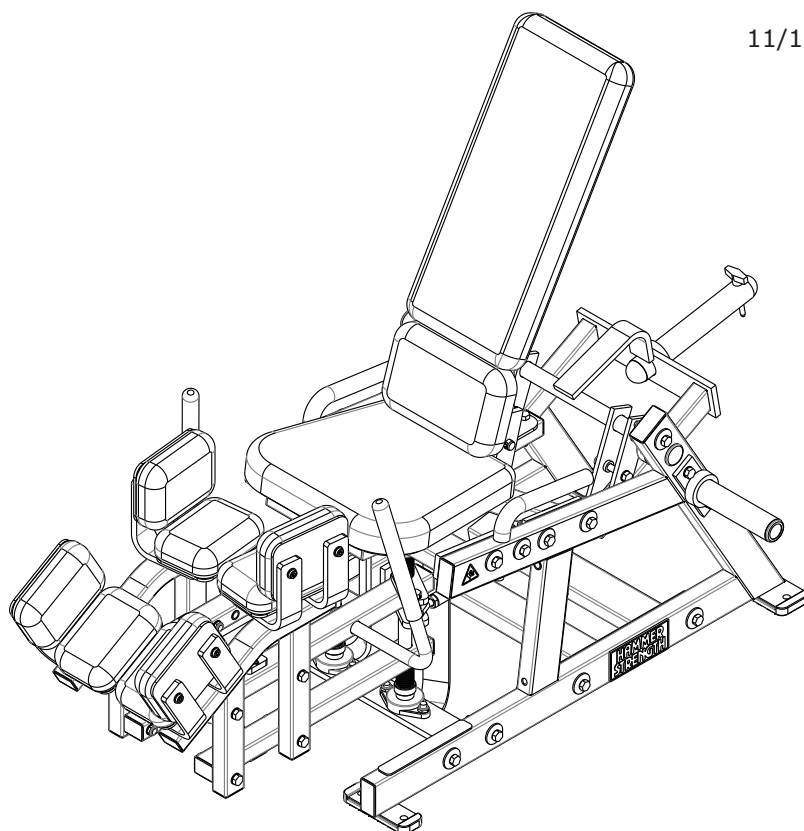
**HAMMER
STRENGTH[®]**

PLATE LOADED

PARTS MANUAL

**ABDUCTOR
PLABD & PL-ABD**

11/11/2014



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KEY

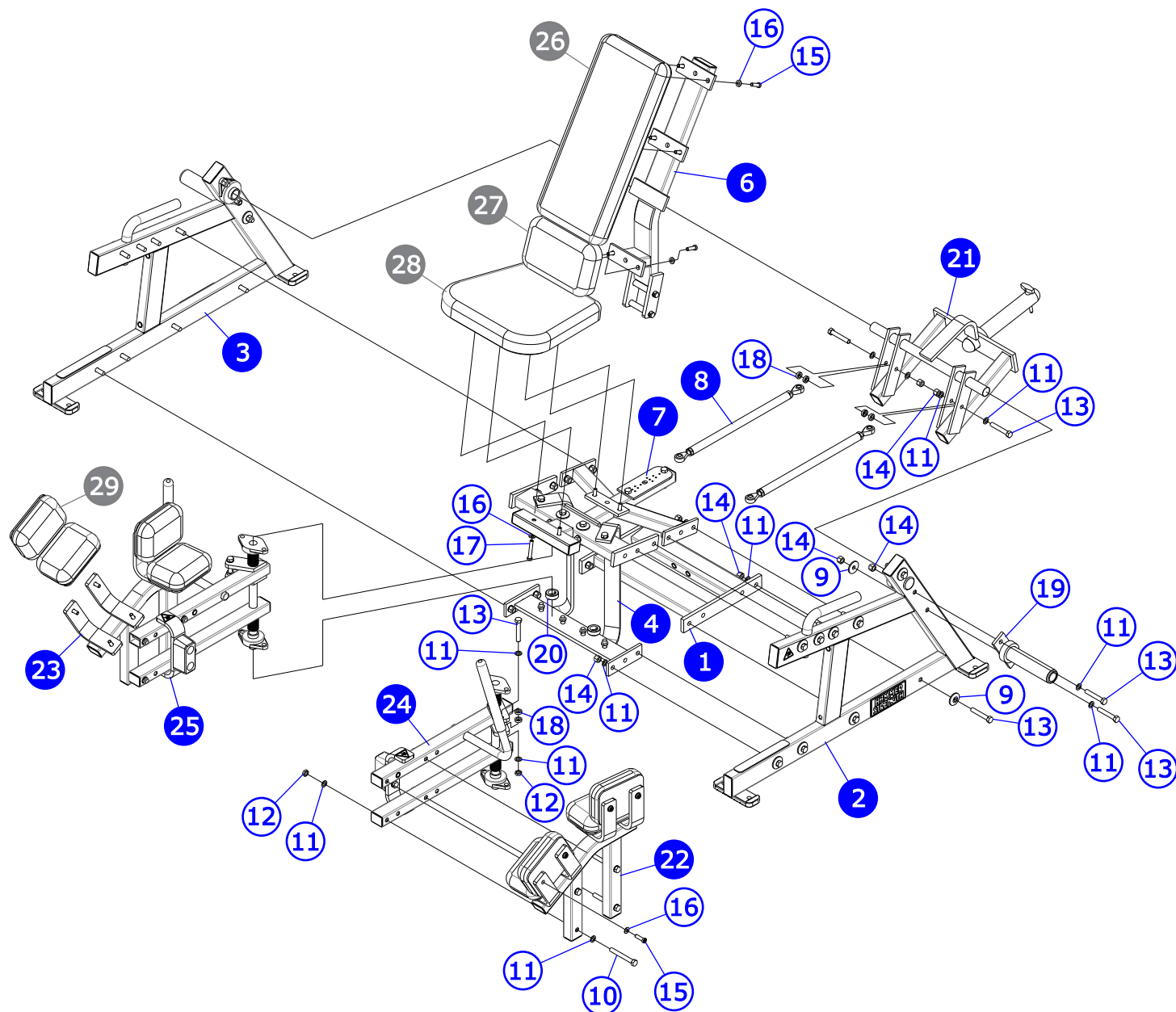
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

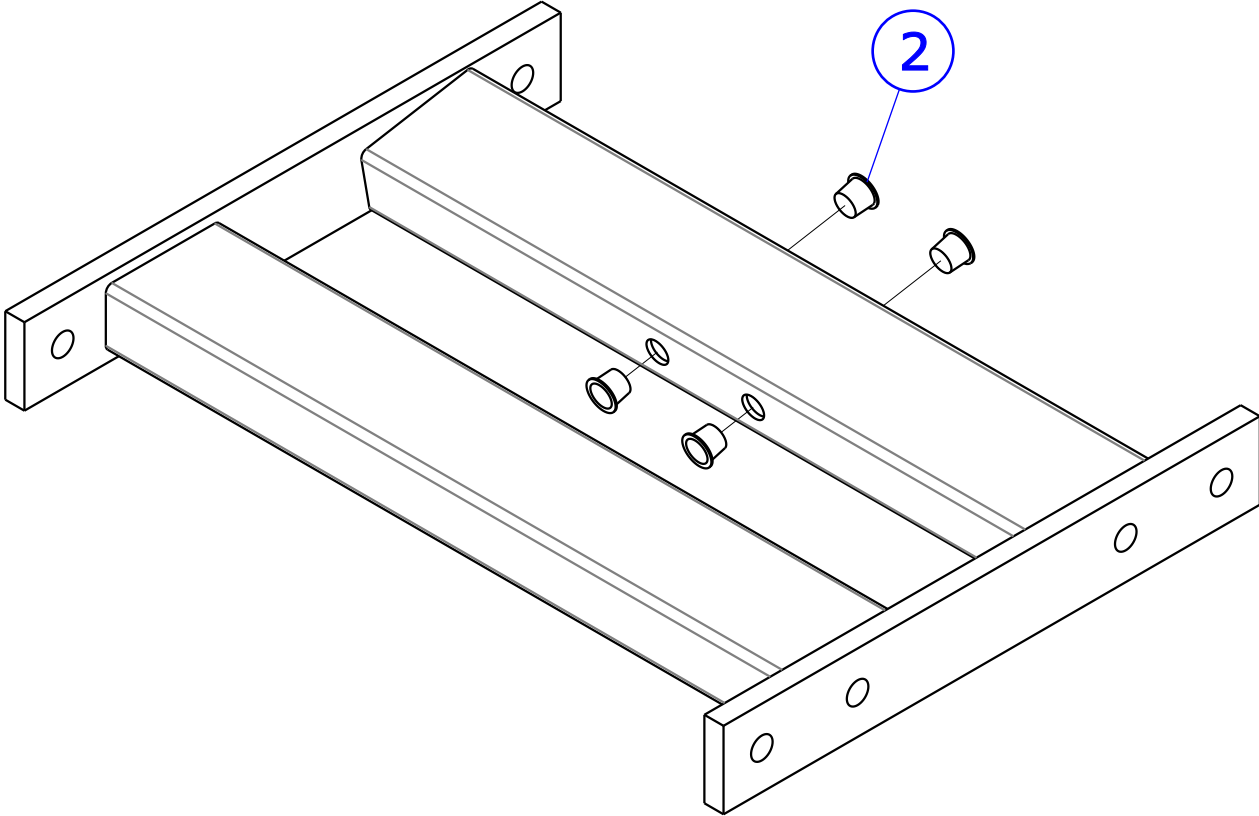
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	PLABD-CBX	ASSY, BOTTOM FRAME, PLABD
2	1	PLABD-CSFL	ASSY, SIDE FRAME, LEFT, PLABD
3	1	PLABD-CSFR	ASSY, SIDE FRAME, RIGHT, PLABD
4	1	PLABD-CWB	ASSY, WORKBOX, PLABD
6	1	PLABD-CAJST	ASSY, ADJ SEAT BACK, PLABD
7	1	PLABD-CST	ASSY, SEAT FRAME, PLABD
8	2	9330001	ASSY, HAMMER, TIE ROD
9	18	H-BACK-WASH	BACKING WASHER
10	8	HHB.5X4	1/2 X 4 BOLT
11	44	WASH.5STAR	1/2" INTERNAL LOCK WASHER
12	10	NUT.5JAMLOCK	1/2 THIN LOCK NUT
13	24	HHB.5X3	1/2 X 3 BOLT
14	22	NUT.5LOCK	1/2 DIA THICK LOCK NUT
15	24	3236204	SCREW, M10 X1.5 35MM

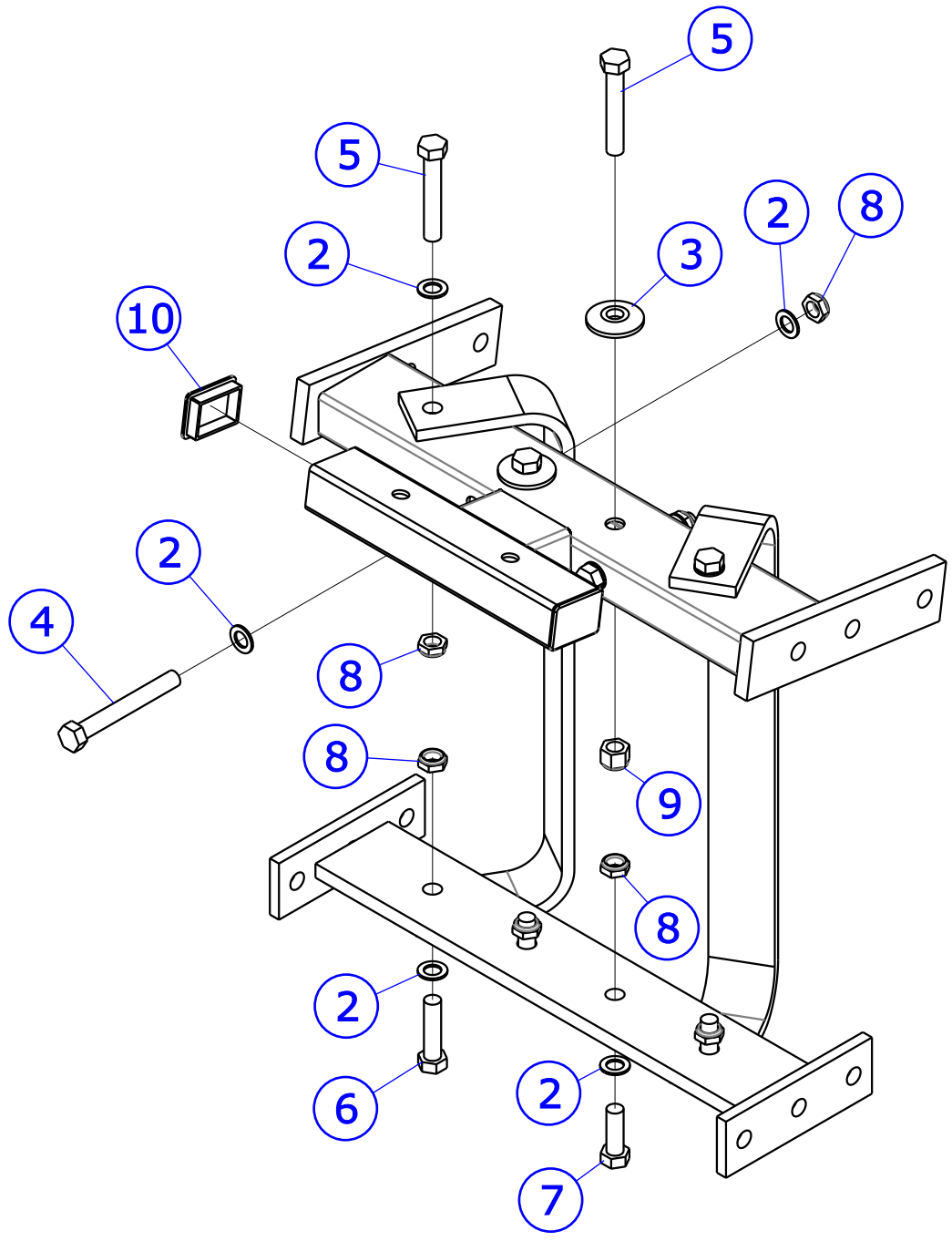
ITEM NO.	QTY.	PART NO.	DESCRIPTION
16	26	WASH.375SAE	3/8" SAE FLAT WASHER
17	2	3236210	SCREW, M10 X1.5 65MM
18	8	AB-AD SPACER	AD-AB SPACER
19	2	H-HORN-ASSY	ASSY, WEIGHT HORN
20	2	H-LCOLLAR1	1" LOCK COLLAR
21	1	PLABD-CHX	ASSY, WEIGHT ROD, PLABD
22	1	PLABD-CETCL	ASSY, ETC LEFT, PLABD
23	1	PLABD-CETCR	ASSY, ETC RIGHT, PLABD
24	1	PLABD-CMAL	ASSY, MOVEMENT ARM, LEFT, PLABD
25	1	PLABD-CMAR	ASSY, MOVEMENT ARM, RIGHT, PLABD
26	1	7398899	PAD, BACK 25 X 11-1/4
27	1	7399399	PAD, 7 X 11-1/4
28	1	8854299	PAD, SEAT 17 X 16-3/4
29	8	7563099	PAD, 8 X 6

BOTTOM FRAME ASSEMBLY



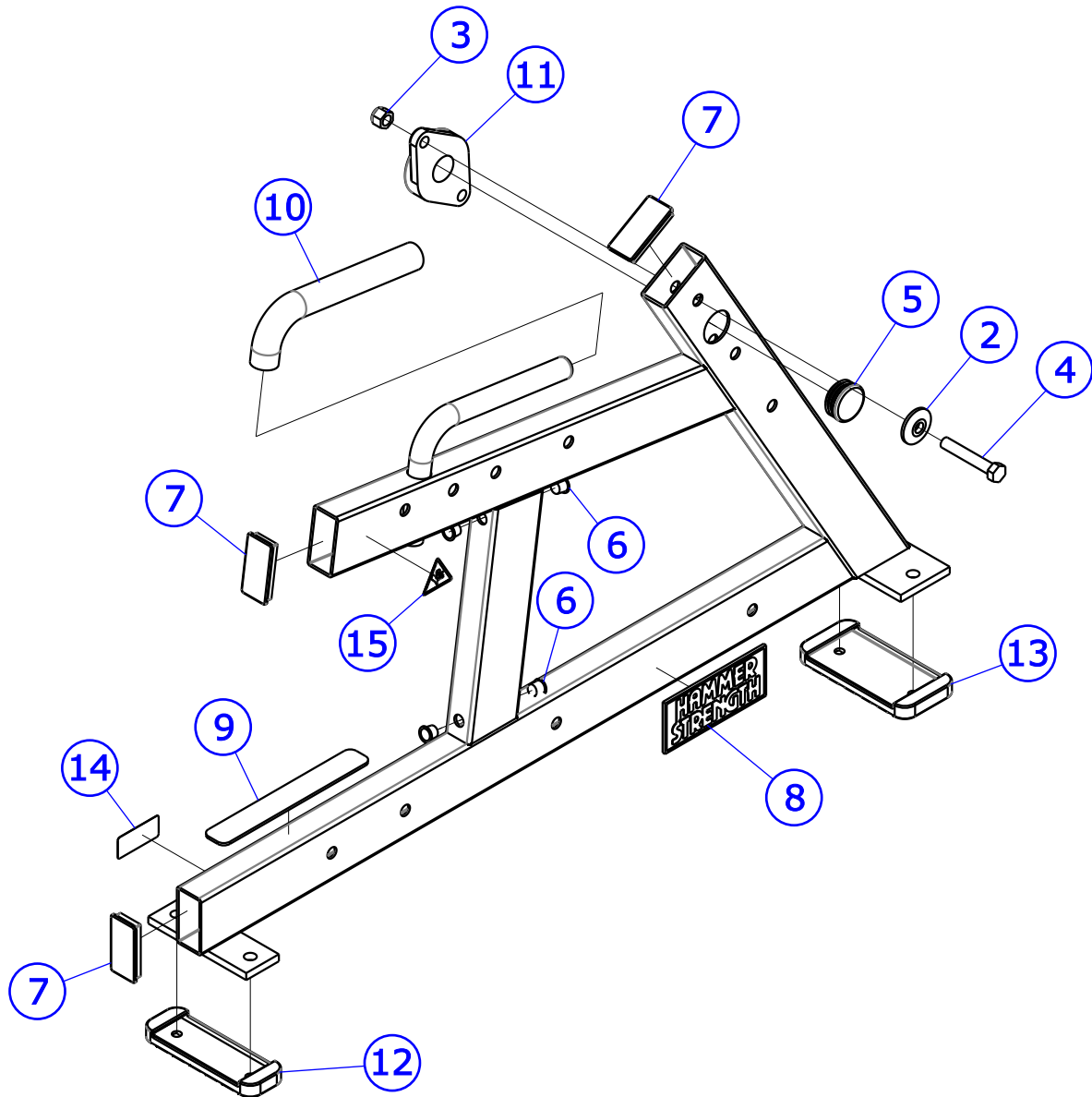
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	H-HPLUG (REG)	HOLE PLUG

WORKBOX ASSEMBLY



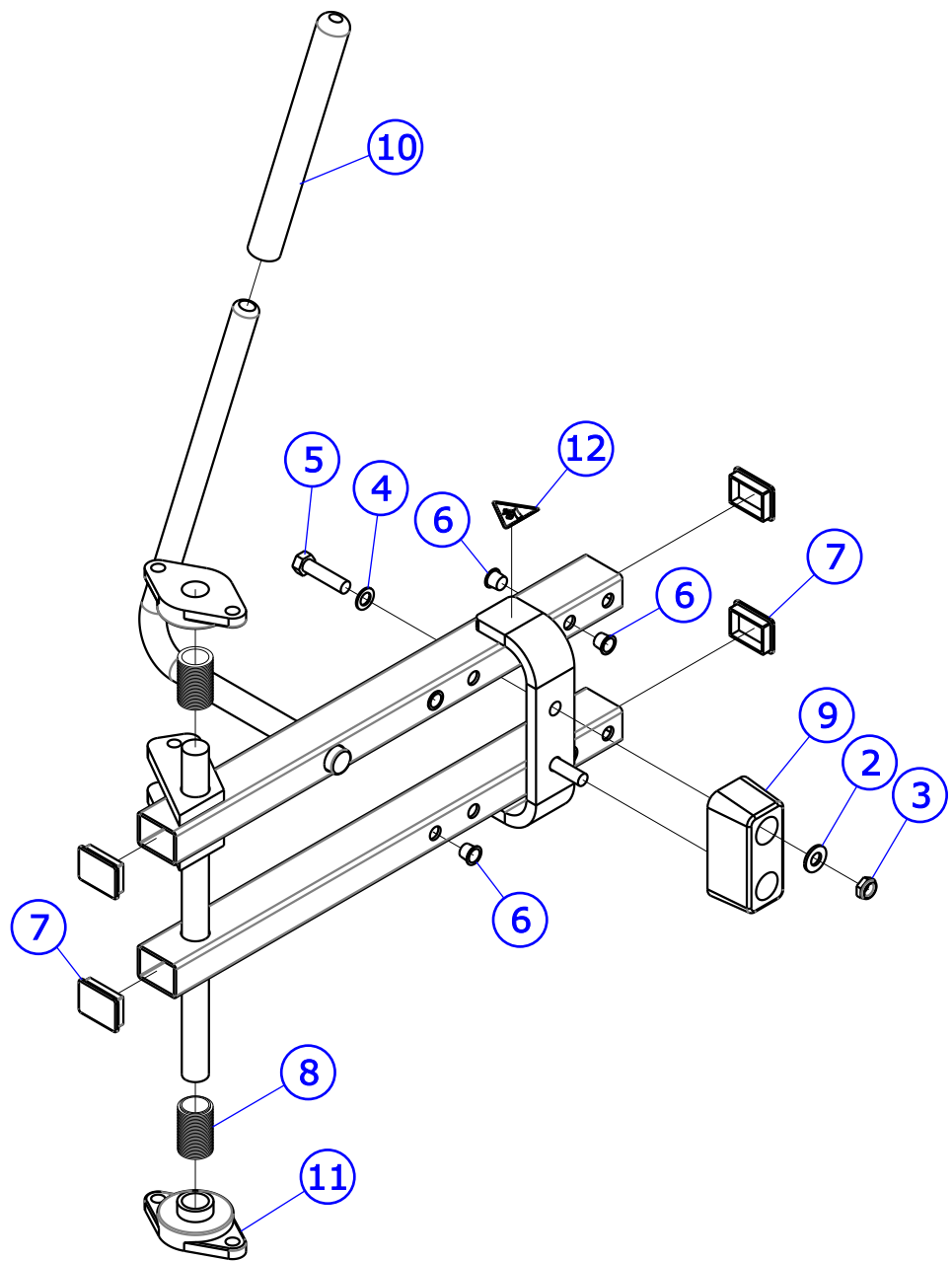
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	10	WASH.5STAR	1/2" INTERNAL LOCK WASHER
3	2	H-BACK-WASH	BACKING WASHER
4	2	HHB.5X4	1/2 X 4 BOLT
5	4	HHB.5X3	1/2 X 3 BOLT
6	2	HHB.5X2	1/2 X 2 BOLT
7	2	HHB.5X1.5	BOLT, HEX HEAD 1/2 X 1-1/2
8	8	NUT.5JAMLOCK	1/2 THIN LOCK NUT
9	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
10	2	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

LEFT SIDE FRAME ASSEMBLY



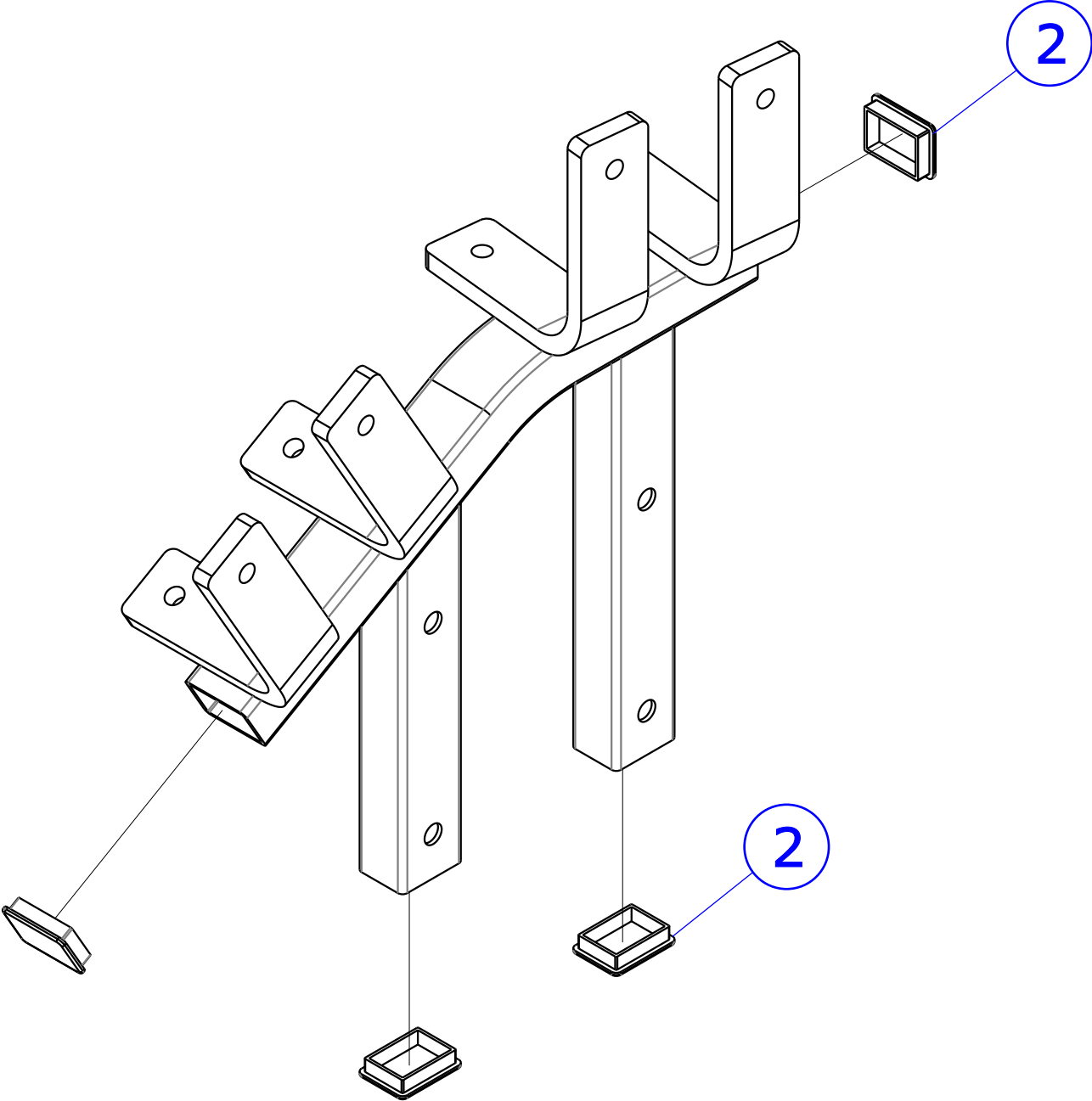
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-BACK-WASH	BACKING WASHER
3	1	NUT.5LOCK	1/2 DIA THICK LOCK NUT
4	1	HHB.5X3	1/2 X 3 BOLT
5	1	H-LOCK-PLUG(LARGE)	LARGE LOCKING PLUG
6	4	H-HPLUG (REG)	HOLE PLUG
7	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
8	1	H-NAME PLATE	NAMEPLATE (45156-P)
9	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
10	1	H-GRIP	HANDLE GRIPS (.938X16)
11	1	H-BEAR-LGE	LARGE BEAR - EFHSFTJ206-20G
12	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
13	1	MM-9	3 X 6 FLANGE RUBBER SLIPPER
14	1	-	SERIAL NUMBER
15	1	8039501	LABEL, WARNING, TRIANGLE

LEFT MOVEMENT ARM ASSEMBLY



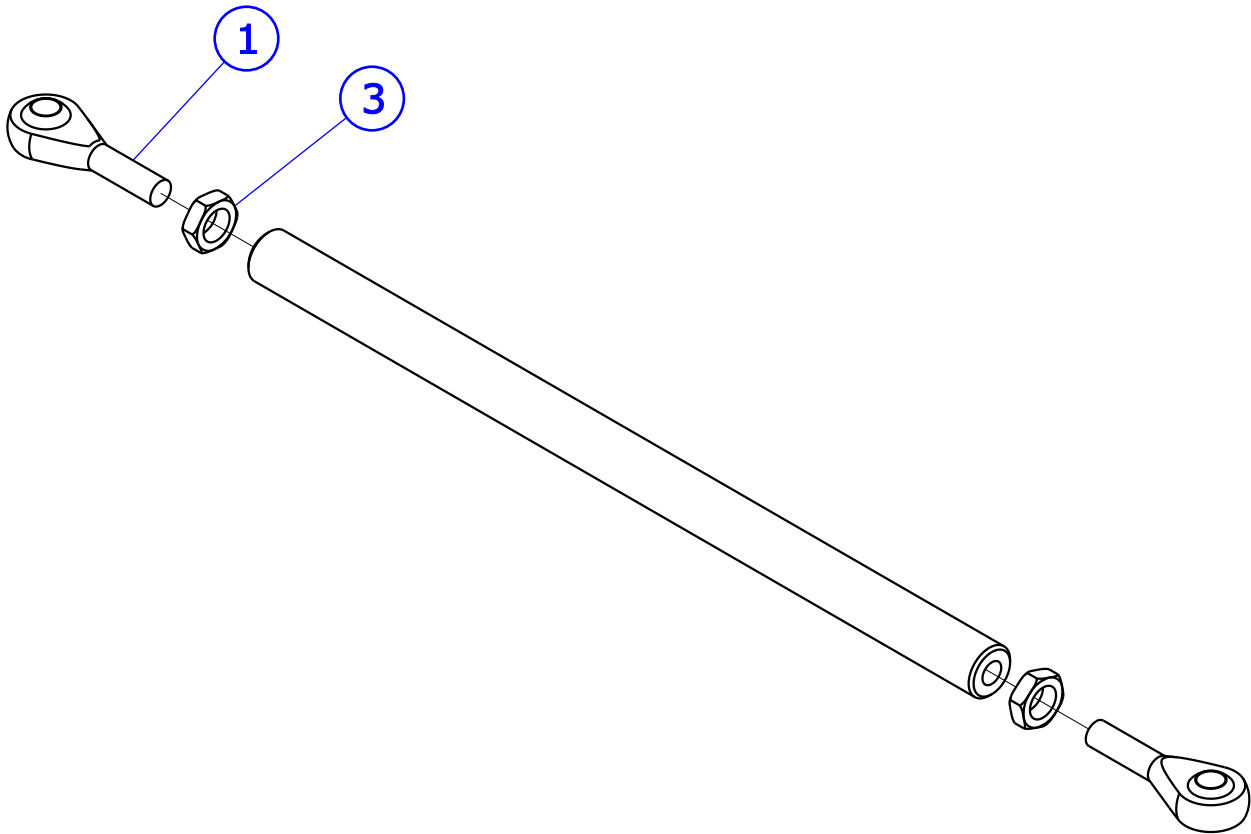
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	WASH.5SAE	1/2" SAE FLAT WASHER
3	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	2	HHB.5X2	1/2 X 2 BOLT
6	8	H-HPLUG (REG)	HOLE PLUG
7	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
8	2	ACCORDIAN	SHAFT GUARD
9	1	H-BUMP-MED	MM2 MEDIUM
10	1	H-GRIP	HANDLE GRIPS (.938X16)
11	2	H-BEAR-SML	SMALL BEARING
12	1	8039501	LABEL, WARNING,TRIANGLE

ETC LEFT ASSEMBLY



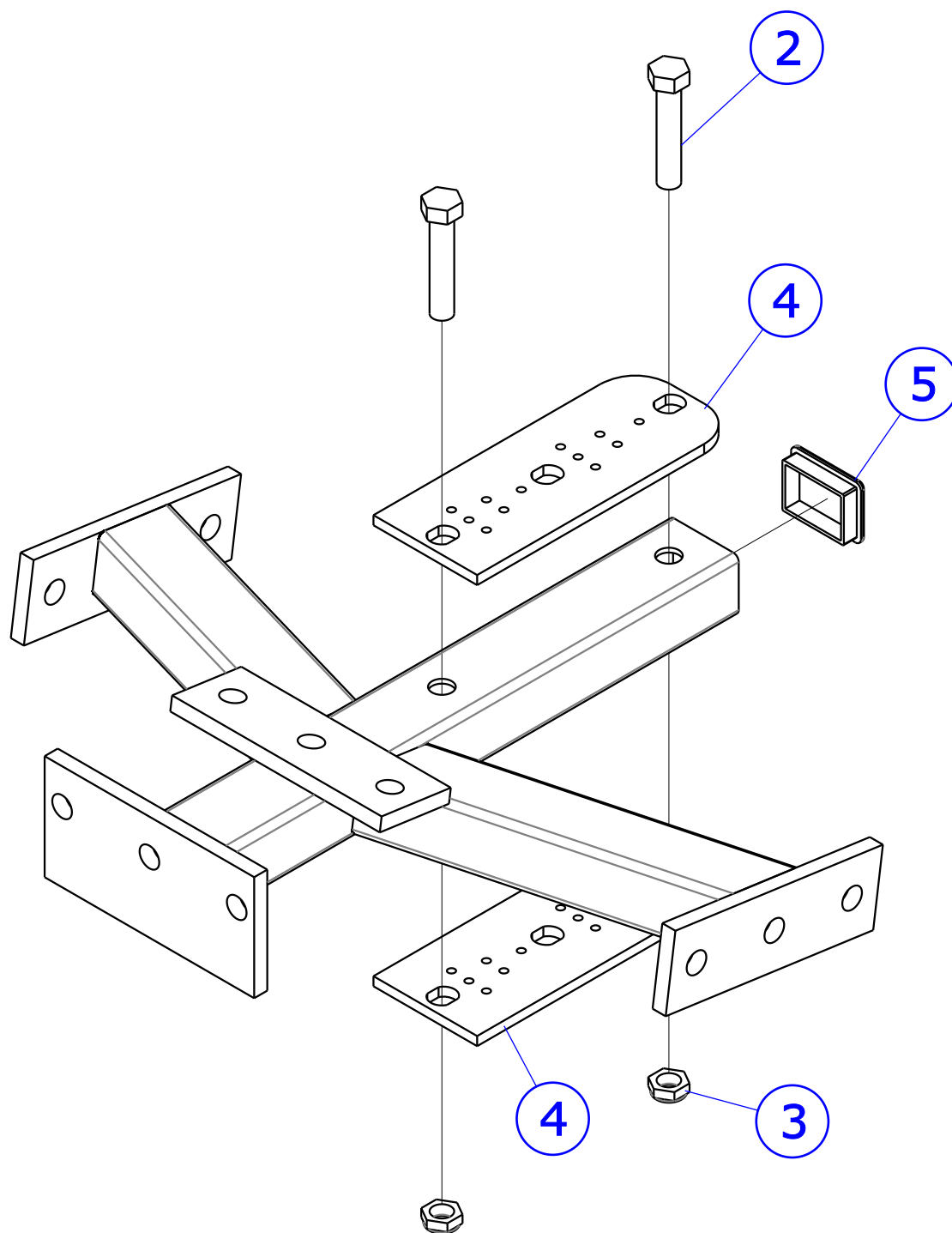
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

TIE ROD COMPONENTS



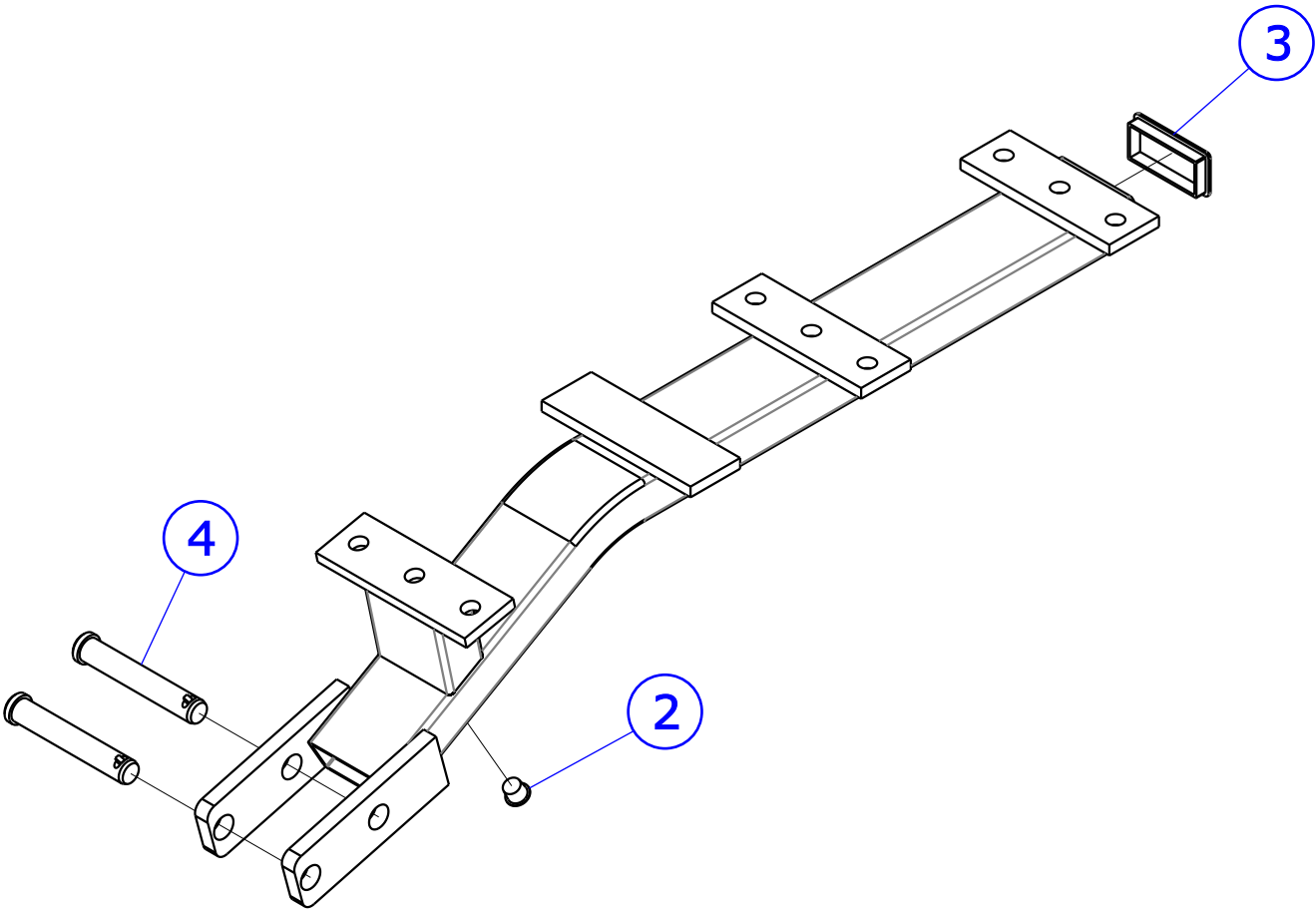
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	2	3275201	ROD END, ENGLISH MALE
3	2	3236902	NUT, M16 X 2 HEX JAM SS

SEAT FRAME ASSEMBLY



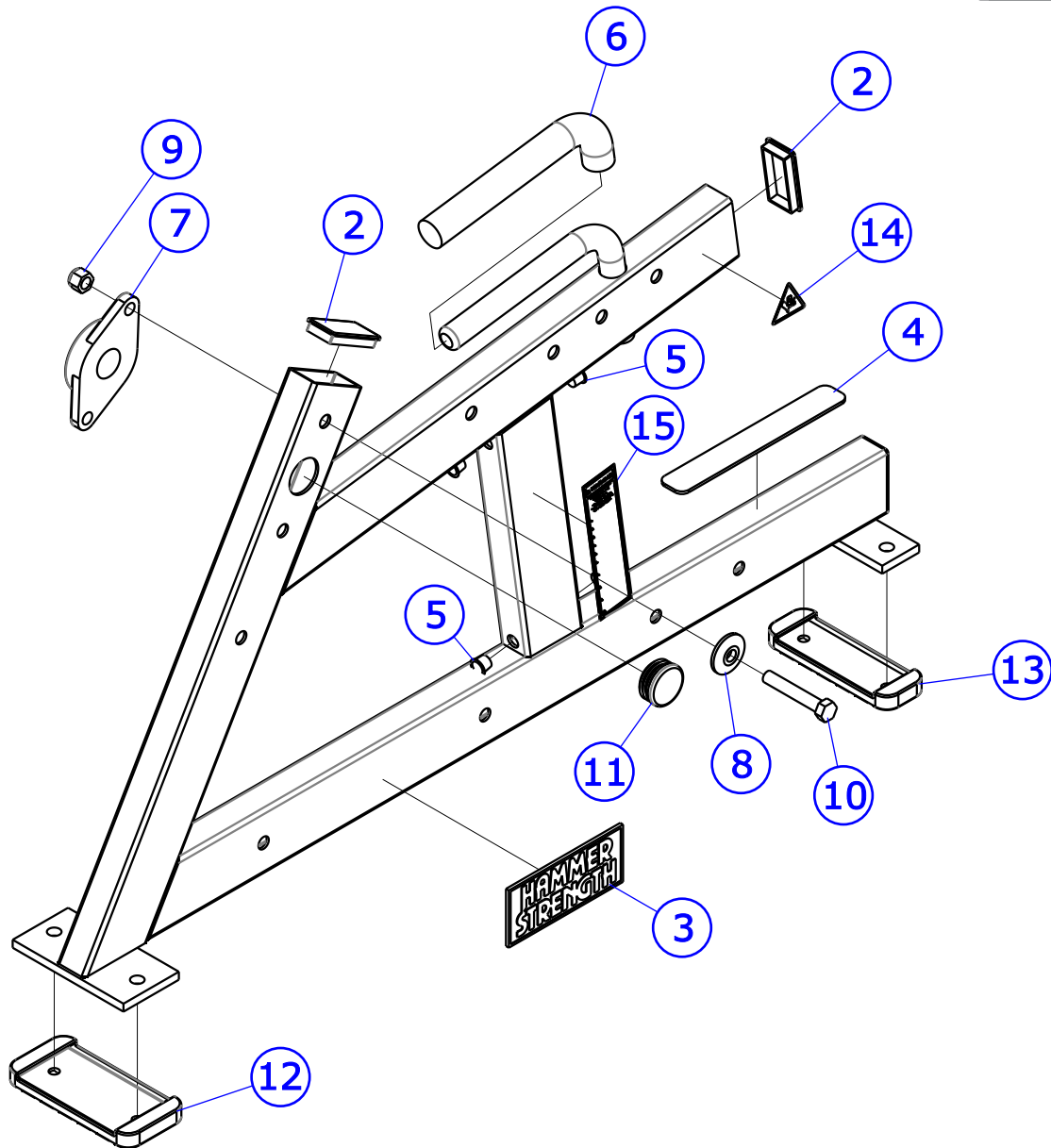
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
3	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	2	H-SEATRCKS-SHORT	ORIGINAL SEAT RACK
5	1	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

SEAT BACK ASSEMBLY



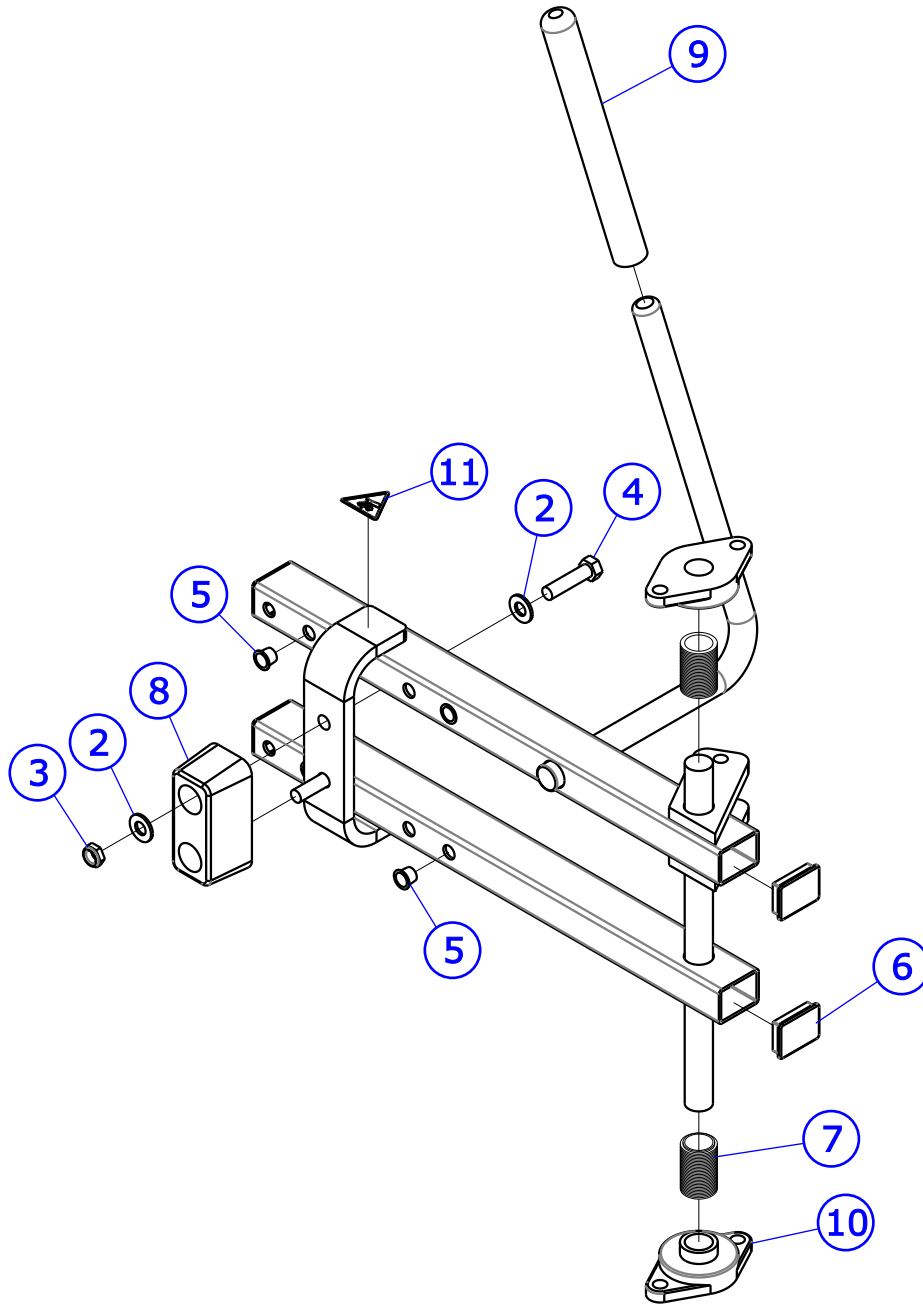
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-HPLUG (REG)	HOLE PLUG
3	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
4	2	STD SEAT PIN	STD SEAT PIN

RIGHT SIDE FRAME ASSEMBLY



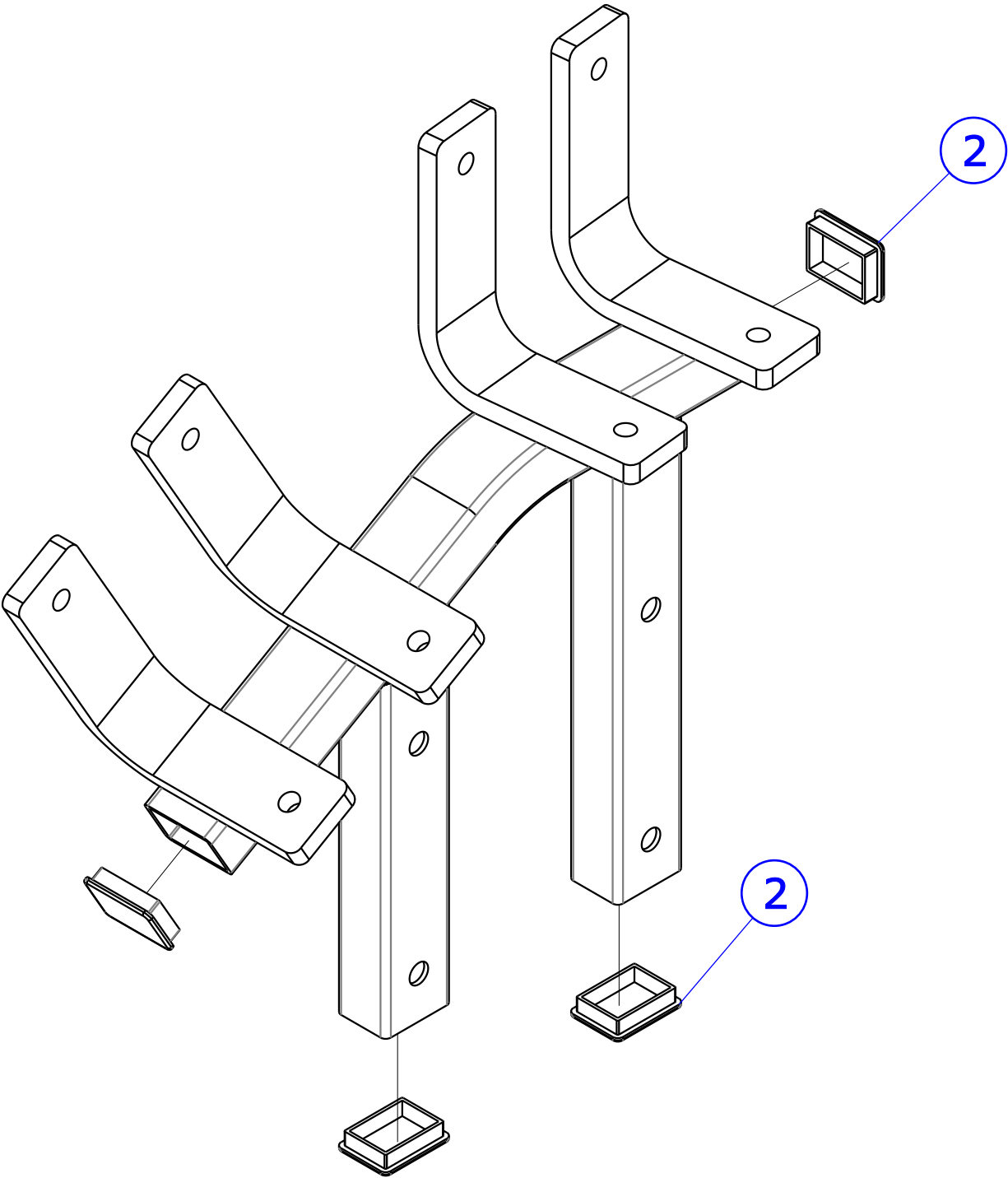
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	3	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
3	1	H-NAME PLATE	NAMEPLATE (45156-P)
4	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
5	4	H-HPLUG (REG)	HOLE PLUG
6	1	H-GRIP	HANDLE GRIPS (.938X16)
7	1	H-BEAR-LGE	LARGE BEAR - EFHSFTJ206-20G
8	1	H-BACK-WASH	BACKING WASHER
9	1	NUT.5LOCK	1/2 DIA THICK LOCK NUT
10	1	HHB.5X3	1/2 X 3 BOLT
11	1	H-LOCK-PLUG(LARGE)	LARGE LOCKING PLUG
12	1	MM-9	3 X 6 FLANGE RUBBER SLIPPER
13	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER
14	1	8039501	LABEL, WARNING, TRIANGLE
15	1	8773701	LABEL, ASTM PL VERT

RIGHT MOVEMENT ARM ASSEMBLY



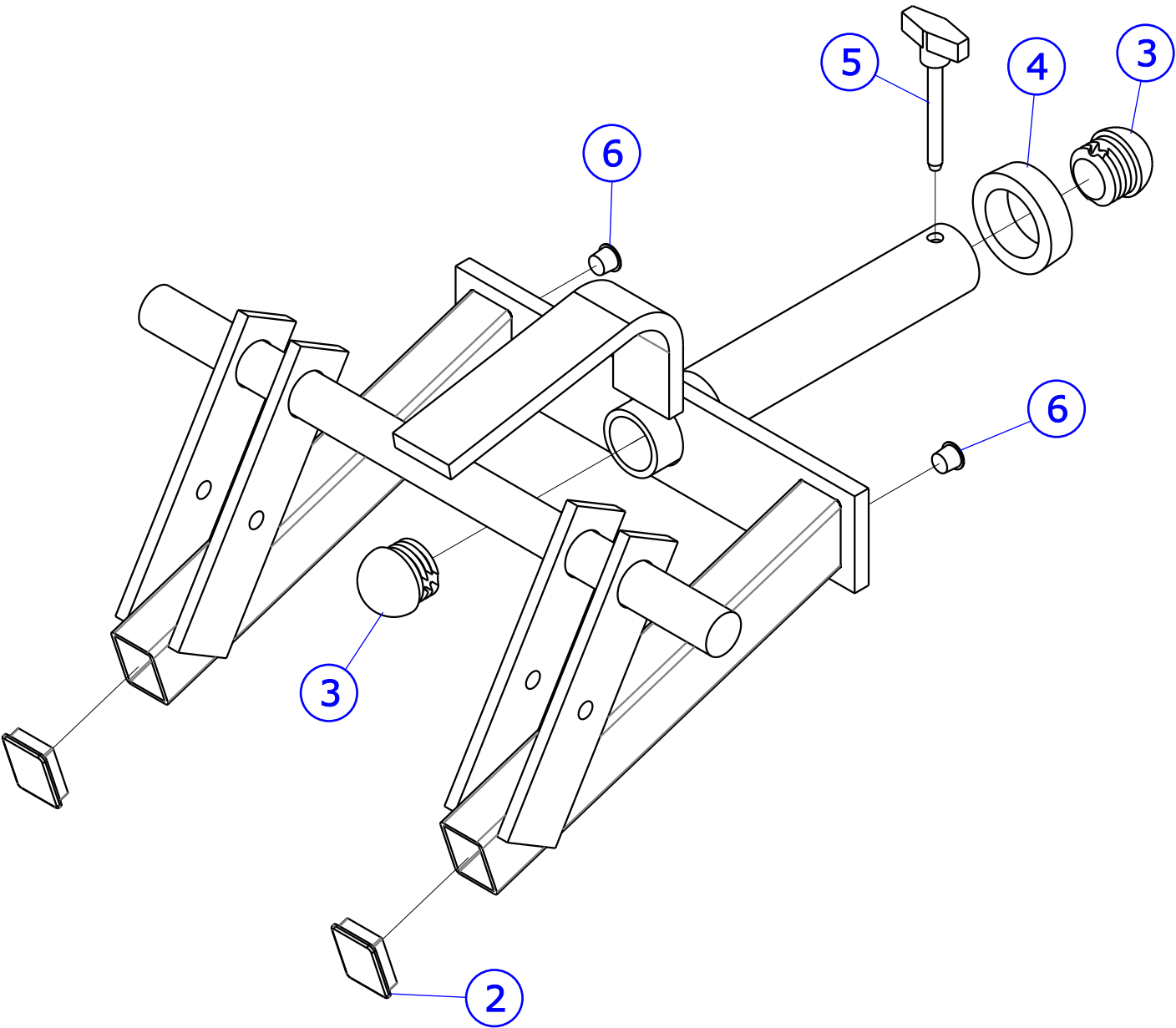
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	WASH.5SAE	1/2" SAE FLAT WASHER
3	2	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	2	HHB.5X2	1/2 X 2 BOLT
5	8	H-HPLUG (REG)	HOLE PLUG
6	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
7	2	ACCORDIAN	SHAFT GUARD
8	1	H-BUMP-MED	MM2 MEDIUM
9	1	H-GRIP	HANDLE GRIPS (.938X16)
10	2	H-BEAR-SML	SMALL BEARING
11	1	8039501	LABEL, WARNING, TRIANGLE

ETC RIGHT ASSEMBLY



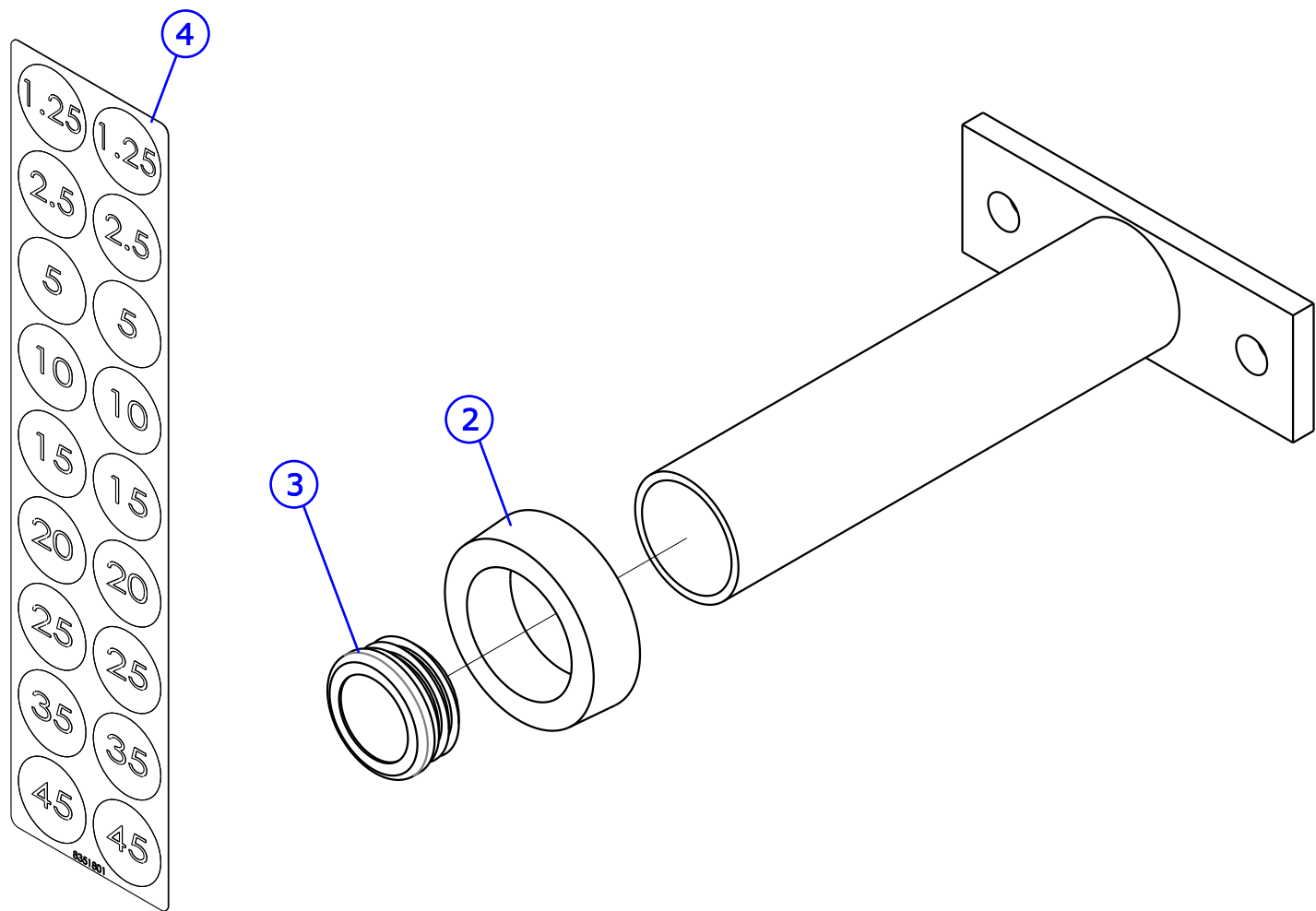
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG

WEIGHT ROD ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RC1520-1Q1	CAP:1-1/2 X 2 RECTANGLE PLUG
3	2	RUBCAP1-2	RUBBER CAP #1
4	1	H-RUBRNG	MM5 RNG
5	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
6	2	H-HPLUG (REG)	HOLE PLUG

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET